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## Arrhythmia Assessment in Heterotypic Human Cardiac Myocyte–Fibroblast Microtissues

Celinda M Kofron<sup>1</sup>, Bum-Rak Choi<sup>2</sup>, Kareen L K Coulombe<sup>1</sup>

<sup>1</sup>School of Engineering, Center for Biomedical Engineering, Brown University, Providence, RI, USA.

<sup>2</sup>Cardiovascular Research Center, Cardiovascular Institute, Rhode Island Hospital and Alpert Medical School of Brown University, Providence, RI, USA.

### Abstract

Risk assessment assays for chemically induced arrhythmia are critical, but significant limitations exist with current cardiotoxicity testing, including a focus on single select ion channels, the use of non-human species in vitro and in vivo, and limited direct physiological translation. To be predictive of actual adverse clinical arrhythmic risk, arrhythmia assessment models for chemicals and drugs should be fit-for-purpose and suited for evaluating compounds in which the mechanism of action may not be entirely known. Here, we describe methods for efficient and reliable screening for arrhythmogenic cardiotoxicity with a 3D human cardiac microtissue model using purified human-induced pluripotent stem cell (hiPSC)-derived cardiomyocytes and human cardiac fibroblasts. Applying optical mapping of voltage and calcium-sensitive dyes—an established approach to evaluate cardiac action potentials and calcium transients—to 3D heterotypic cardiac myocyte–fibroblast tissues allows for the generation and functional analysis of a large number of individual microtissues to provide greater throughput and high statistical power in analyses. Hundreds of microtissues in standard cell culture plates can be produced with low variability beat-to-beat, microtissue-to-microtissue, and across hiPSC-cardiomyocyte differentiation batches, reducing the number of microtissues required per condition for predictive outputs. The platform described here can be used as a sensitive, efficient, and predictive preclinical model validated for the purpose of assessing human pro-arrhythmic risk.

### Keywords

Microtissues; Arrhythmia; Cardiac fibroblast; Early afterdepolarization; Action potential; Calcium transient; Optical mapping; Spheroids

## 1 Introduction

Cardiotoxicity is the occurrence of electrophysiological disturbance or muscle damage in the heart, and arrhythmia, which increases the risk for stroke, heart attack, heart failure, and sudden cardiac death, is the leading manifestation of chemical toxicity [1]. However, the causal relationship between specific chemicals and cardiotoxicity is not well understood. Cardiotoxic effects can be induced by industrial chemicals, environmental toxicants, and pharmaceutical drugs. Predictive assays for chemically induced arrhythmia are critical to

protecting human cardiac safety, but significant limitations exist with current cardiotoxicity testing using existing in vitro models and animal models. Human ether-go-go (HERG) channel blockade and QTc prolongation have long been used as effective and selective “biomarkers” in compound screening to identify pro-arrhythmic risk that cause Torsades de Pointes (TdP) [2, 3]. It is now widely recognized this approach does not capture all drug-induced cardiac arrhythmia mechanisms [4–8]. In vitro cell-based models are often limited to two-dimensional monolayers and lack non-cardiomyocytes, which affect the arrhythmogenic phenotype [9]. Few 3D microtissue systems are used for thorough arrhythmia assessment, preferring to focus on cellular toxicity such as through live/dead, mitochondrial, and ER imaging [10] or contractile amplitude and kinetics from microtissue edge detection or force generation [11, 12]. 3D models aimed at detecting arrhythmia risk often have limited throughput [13, 14] and focus on metrics such as beating frequency [15] or conduction velocity [16]. Animal models are complex and have limited predictability of human biological responses due to species-specific differences in ion channel content and expression that effect depolarization and repolarization kinetics of cardiac action potentials (APs) and differential sensitivity to chemical agents [17, 18]. These methods describe an efficient and reliable screening for arrhythmogenic cardiotoxicity with a 3D human cardiac microtissue model using purified hiPSC-derived cardiomyocytes and human cardiac fibroblasts.

Our 3D heterotypic cardiac myocyte–fibroblast tissue platform for arrhythmia assessment described in this chapter allows for the generation and functional analysis of a large number of individual but consistent microtissues to provide greater throughput and high statistical power in analyses. Self-assembly in commercially available molds produces organotypic heterocellular interspersions and eliminates unnatural substrate or matrix stiffness. The 3D microtissue environment enables formation of many contact sites between cells due to nonplanar distribution of gap junctional proteins in hiPSC-CMs, facilitating electrical coupling between neighboring cells to increase fidelity of arrhythmia assessment compared to 2D monolayer culture. We incorporate human cardiac fibroblasts (hCFs) to enable heterotypic cell–cell interactions characteristic of the intact myocardium [19–21] and employ culturing techniques like metabolic selection to purify and mature the hiPSC-CMs [22]. In our experiments, we use 5% primary adult normal hCF content for stable, healthy cardiac electromechanical function based on our previous work [23], yet the platform allows for alterations in cell composition and ratios to mimic physiological and pathophysiological conditions. This platform can produce hundreds of microtissues in standard cell culture plates with low variability beat-to-beat, microtissue-to-microtissue, and across hiPSC-CM differentiation batches, reducing the number of microtissues required per condition for predictive outputs [24].

To be predictive of actual adverse clinical arrhythmic risk, arrhythmia models for chemicals and drugs should evaluate both trigger and substrate mechanisms for reentry. It is generally thought that cardiac arrhythmias start from premature ventricular contractions (PVCs) due to automaticity or triggered activity such as delayed (DADs) or early afterdepolarizations (EADs), that must occur in a localized tissue mass in order to propagate and form reentry to cause ventricular tachycardia and fibrillation [25]. Therefore, successful proarrhythmic drug screening should be able to detect changes in action potential shape associated with

increased triggered activity of a small mass of tissue (not just single or a few cells), which may lead to arrhythmia initiation and propagation. In this 3D microtissue platform, visual detection is used with high temporal and spatial resolution for signal extraction and automated, unbiased quantification to define electrophysiological responses to chemicals. 3D microtissues are mounted on a temperature regulated chamber and loaded with reactive fluorescence dyes (e.g., voltage- or calcium-sensitive dyes), electrically stimulated with platinum electrodes to evoke action potentials and recorded with a high-speed camera [19]. Our analysis of cardiotoxicity as presented herein generates measurements of cardiac waveforms, including excitation and calcium, with the potential for expanding to include contraction. Measurements can include action potential excitability, stimulation delay time (ms), rise time (ms), action potential duration (APD) to 30%, 50%, 80%, 90%, and maximal relaxation (APD<sub>30</sub>, APD<sub>50</sub>, APD<sub>80</sub>, APD<sub>90</sub>, APD<sub>MaxR</sub>, respectively), presence of EADs or DADs [24], or similar metrics from the calcium transient. Multiple doses of test compounds can be perfused to investigate changes in action potential or calcium transient metrics induced by the test compounds. Tissues can be exposed to compounds acutely (short-term exposure, typically minutes to hours) or chronically (long-term exposure, typically days). The platform described here can thus be used as a robust, predictive, and efficient preclinical model of human proarrhythmic risk.

## 2 Materials

### 2.1 Cardiomyocyte Differentiation

1. 6-, 12-, or 24-well culture plates.
2. Matrigel.
3. Human-induced pluripotent stem cell line (hiPSC).
4. CDM3 basal media.
5. 6  $\mu$ M Chiron 99021.
6. 5  $\mu$ M IWP2.
7. RPMI 1640 medium with B27 supplement (RPMI/B27).
8. Lactate medium: DMEM without glucose, L-glutamine, phenol red, sodium pyruvate and sodium bicarbonate; 4 mM L-glutamine; 1 $\times$  Non-Essential Amino Acids; 1 $\times$  Glutamax; 4 mM lactate; pH 7.4.
9. Penicillin/streptomycin (p/s).
10. 100 mm culture dish.
11. Human cardiac fibroblasts (hCFs).
12. hCF media: DMEM/F12; 10% fetal bovine serum (FBS); 1% p/s; 4 ng/mL basic fibroblast growth factor.

### 2.2 Fabrication of Hydrogels and 3D Culture

1. 2% (weight/volume) ultrapure agarose in 1 $\times$  phosphate-buffered saline.

2. Microwave or hot plate.
3. 3D Petri Dish<sup>®</sup>.
4. Microtissue media: RPMI/B27; 10% FBS; 1% p/s.
5. Field culture stimulator, i.e., C-Pace EP (IonOptix).

### 2.3 Optical Mapping and Action Potential Analysis

1. Olympus Macroview system with filter set for di-4 ANEPPS.
2. Photometrics Evolve128+ EM-CCD camera (see Note 1).
3. Dual Automatic Temperature Controller TC-344B, Warner Instrument to maintain  $35 \pm 1$  °C.
4. Motorized syringe pump.
5. Thorlabs motorized stage for automated repetitive recordings (see Note 2).
6. 5  $\mu$ M di-4-ANEPPS.
7. Thorlabs Solis LED light source.
8. Platinum electrode.
9. Ionoptix BioPacer field stimulator.
10. Tyrode solution of (in mM) 140 NaCl, 5.1 KCl, 1 MgCl<sub>2</sub>, 1 CaCl<sub>2</sub>, 0.33 NaH<sub>2</sub>PO<sub>4</sub>, 5 HEPES, and 7.5 glucose.
11. No. 1.5 glass coverslip.

## 3 Methods

### 3.1 Cardiomyocyte Differentiation and Cardiac Fibroblast Maintenance

1. Culture human-induced pluripotent stem cells (hiPSCs) in a high-density monolayer using CDM3 basal medium on plates coated with Matrigel.
2. Treat hiPSCs with 6  $\mu$ M Chiron 99,021 (Tocris), a glycogen synthase kinase 3 (GSK3) inhibitor at day 1, followed by 5  $\mu$ M IWP2 (Tocris), a chemical Wnt inhibitor at day 3. Cardiac phenotype, expressed by beating cells, is usually visible between days 8 and 12.
3. Harvest and replate hiPSC-CM to new culture plates coated with Matrigel in RPMI 1640 medium with B27 supplement.
4. Deprive these cells of media change for 4 days and then feed with lactate medium for 4 days, refreshing medium every 2 days. After lactate purification, feed cells with RPMI +B27 + 1% penicillin/streptomycin until harvested for microtissues assembly.
5. Maintain commercially available human cardiac fibroblasts in hCF media (see Note 3).

6. Pass cells at a 1:4 ratio and incorporate into cardiac microtissues at cell passages P2-P4.

### 3.2 Fabrication of Hydrogels and 3D Culture

1. Heat 2% agarose with microwave or hot plate to boiling.
2. Pipet molten 2% agarose into 3D Petri dish mold (i.e., molds for 24-well plates with 800- $\mu$ m-diameter rounded pegs).
3. Cool to room temperature (~5 min), separate agarose gel from the mold, and transfer to 24-well plate.
4. Equilibrate in 1 mL microtissue media for 24 h.
5. Harvest hiPSC-CM and hCF. Prepare cell seeding solution of 400,000–800,000 hiPSCs with 5% hCFs in 100  $\mu$ L of microtissue media (per well) (see Note 4).
6. Remove equilibration media from molds including media in the center cell seeding chamber. Pipet 100  $\mu$ L of cell seeding solution into the cell seeding chamber of each mold (Fig. 1a).
7. Allow cells to settle into recesses for 15–30 min. Add media to the well, outside of the 3D Petri dish to cover (1 mL for 24-well plate, 2–3 mL for 12-well plate).
8. Culture for 6–8 days with 1 Hz, 10.0 V, 4.0 ms duration bipolar pulse train field stimulation. (Fig. 1b, c, see Note 5).

### 3.3 Optical Mapping and Automated Action Potential Analysis

1. Setup for optical mapping is shown in Fig. 2a.
2. Set temperature control to 35 °C, and set constant perfusion flow (0.1–1 mL/min).
3. Transfer 3D Petri dish to temperature regulated chamber on motorized stage (Fig. 2b).
4. Place stimulation electrode, perfusion, and suction tubing in solution with 3D Petri dish. Two leads of platinum electrode should be 1 or 2 cm apart for easy calculation of stimulation strength in V/cm.
5. To reduce water vibration noise, float a glass coverslip on top of the solution in the well.
6. Load microtissues with voltage-sensitive di-4-ANEPPS in Tyrode solution for 10 min at 35 °C for measurements of membrane potential ( $V_m$ ) and wash out with Tyrode solution for 10 min.
7. Set up the stimulation protocol using 2 ms biphasic pulse with 10–15 V/cm strength, 2 s interval (0.5 Hz).
8. Adjust field of view and focus of the image. The locations of the four corners of the mold are registered from the data acquisition software to automate sequential recording of action potentials from all 35 microtissues.

9. Acquire fluorescence images at 979 frames/s using Photometrics Evolve +128 EM-CCD camera ( $2 \times 2$  binning to  $64 \times 64$  pixels,  $18.7 \times 18.7\text{-}\mu\text{m}^2$  resolution,  $1.2 \times 1.2\text{-mm}^2$  field of view). Record four microtissues simultaneously per scan at this magnification (see Note 6). Record action potentials from all of the microtissues in a single mold (35 microtissues per mold). Filter fluorescence images using nonlinear bilateral filter (spatial filter:  $5 \times 5$  window, temporal filter: 21-point window) to preserve AP upstrokes from blurring (Fig. 2c).
10. Check how many microtissues show action potentials evoked by electrical stimulation. For quality control, ensure more than 70% of microtissues show action potentials under 2 s pacing ( $> 25/35$  microtissues, typically excitability of 95% is an indication of a good preparation).
11. After baseline recording of all microtissues in this mold, change perfusion solution to include drug or chemical of interest. Expose for desired time frame (i.e., 20-min exposure) to E4031, a high-risk hERG channel blocker, or other compounds of interest.
12. Repeat data acquisition (**step 8**) and perfusion (**step 10**) for each concentration of compound to be tested. Total imaging time should be no more than about 1 h to minimize effects of dye toxicity.
13. The baseline drifting caused by water level fluctuation or photobleaching of dye can be subtracted using asymmetric least square method [26].
14. Process the fluorescence signal using fast Fourier transform (FFT) to construct an FFT image of the amplitude. Apply Otsu's thresholding and then segment the image to average the fluorescence signals from the regions containing each microtissue to generate an AP signal for each microtissue. Use the first and second derivatives of the AP to quantify parameters (Fig. 3a–g).
15. Quantify proarrhythmic risk metrics including excitability, stimulation time delay between stimulation pulse and peak AP upstroke (stimulation delay time,  $\text{stim}$ ), rise time of AP upstroke, AP duration (APD) to 30%, 50%, and 80% repolarization ( $\text{APD}_{30}$ ,  $\text{APD}_{50}$ ,  $\text{APD}_{80}$ ), AP duration to end of maximum repolarization rate ( $\text{APD}_{\text{MxR}}$ , determined with  $d^2F/Dt^2_{\text{max}}$ ), APD triangulation ( $\text{APD}_{\text{tri}} = \text{APD}_{\text{MxR}} - \text{APD}_{50}$ ), and the presence of EADs (% of microtissues showing EAD) (Fig. 3h, i). Changes in these metrics can provide insights into alteration in ion channel kinetics as demonstrated in Table 1.
16. Statistical analysis can compare data for AP recordings from the same mold before and after drug treatment with paired t-tests or for AP recordings from the different molds with unpaired t-tests. Variability between microtissues, molds, or batches of hiPSC-CMs can be quantified.

## 4 Notes

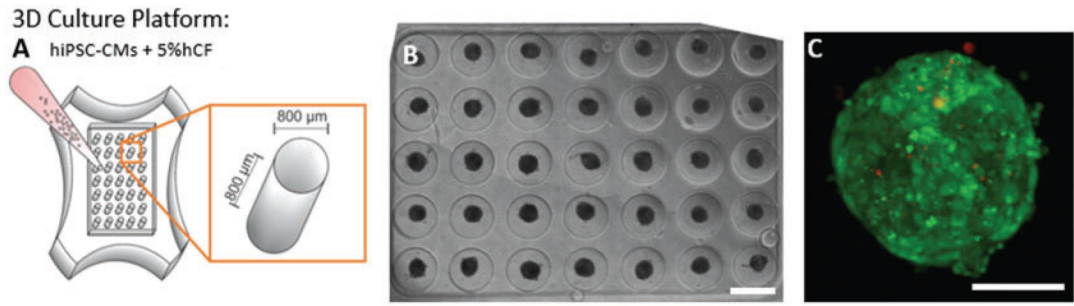
1. Other systems and cameras could be suitable. The Photometrics Evolve128+ EM-CCD camera records from  $0.3 \times 0.3 \text{ mm}^2$  to  $3 \times 3 \text{ mm}^2$  field of view with a sampling rate of 979 frames per sec.
2. In our setup, the temperature-controlled chamber is mounted on a custom-built motorized stage for automated repetitive recordings. The microscope and the perfusion system are mounted on the isolation table to eliminate possible vibration noise.
3. hCFs were maintained in 10 cm dishes and split 1:4 when 90% confluent.
4. Seeding density may need to be optimized with different phenotypes of cardiac myocytes and fibroblasts. This seeding density yielded reproducible, synchronously beating tissues that could be easily imaged.
5. Stimulation protocol and/or culture time can be adjusted for different cell types and investigations, but this protocol and timeline yields reproducible microtissues with AP similar to in vivo.
6. The data acquisition, stimulation protocol, and motorized stage are incorporated in a custom-built software (e.g., written in Interactive Data Language (IDL, Harris Geospatial Solutions) and C routines). The spatial and temporal filtering using bilateral filter, baseline adjustment using asymmetric least square algorithm, and FFT of fluorescence signals are calculated in a multicore graphics card (Nvidia Quadro P4000) to shorten calculation time.

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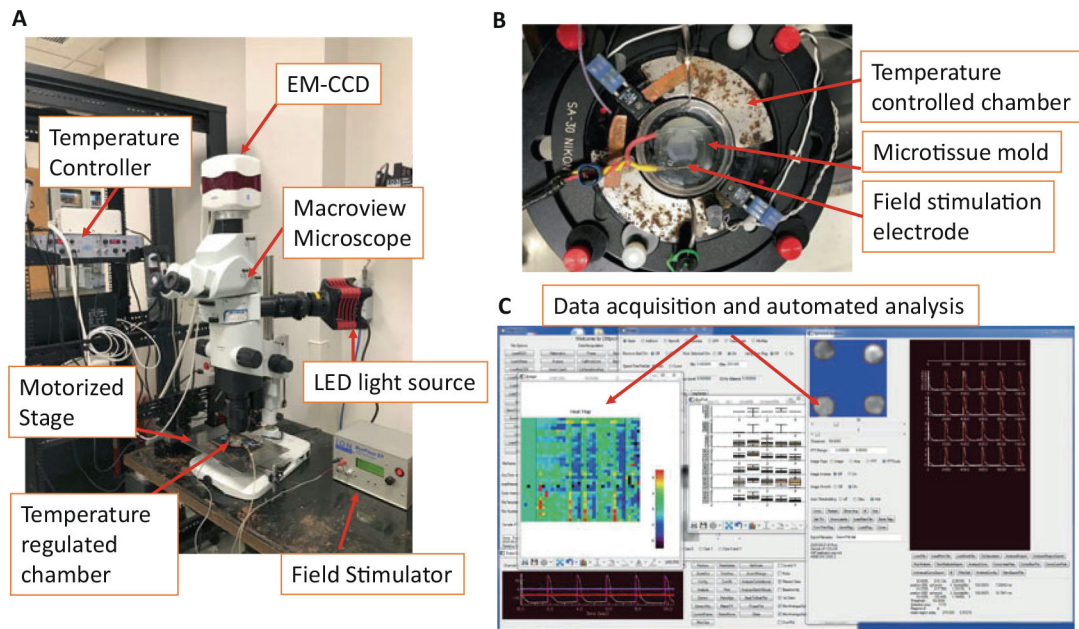
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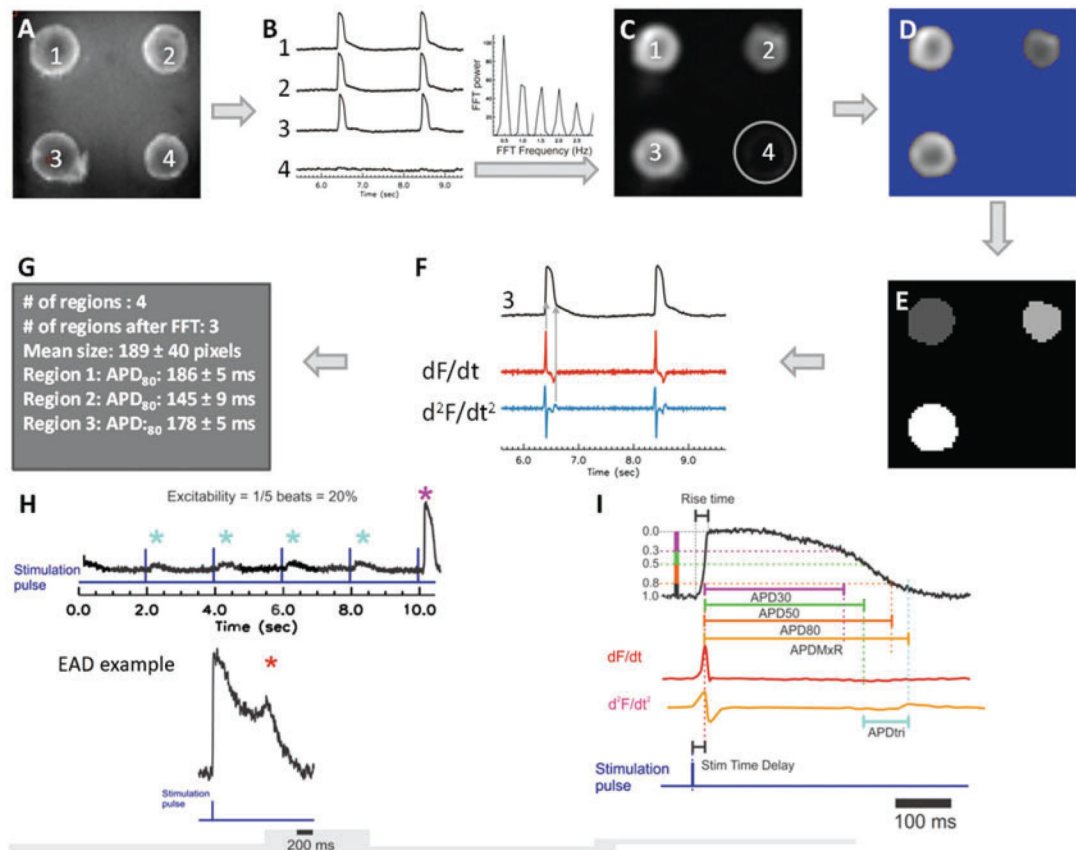


**Fig. 1.**

Formation of cardiac microtissues. **(a)** Schematic of three-dimensional (3D) cardiac microtissue generation shows non-adhesive agarose gels with cylindrical recesses with hemispherical bottoms that guide self-assembly. **(b)** Phase contrast image shows consistent spherical microtissue formation after 5 days of 3D culture in all 35 microwells. Cardiac microtissues were cultured for 6–8 days with 1 Hz pacing. Scale bar, 800  $\mu\text{m}$ . **(c)** Compressed confocal z-stack image shows a representative cardiac tissue with hiPSC-CM (green) and hCF (red) stained with CellTracker dyes with a low number of interspersed hCFs. Scale bar, 100  $\mu\text{m}$



**Fig. 2.** Optical mapping acquisition and analysis. **(a)** Microscope and stimulation setup to acquire fluorescence images at 979 frames/s in  $1.2 \times 1.2\text{-mm}^2$  field of view. **(b)** Stimulation electrode setup during optical mapping image acquisition. Two linear platinum electrodes (2 cm apart) were used to field-stimulate (20 V, 4 ms biphasic stimulation pulse with 10 V/cm amplitude) all of the microtissues simultaneously (adapted from Kofron et al. 2021, Supplemental Figures). **(c)** Example of data acquisition and custom-automated analysis user interface

**Fig. 3.**

Automated analysis pipeline and definition of metrics. (a) A grayscale snapshot of fluorescence from microtissues at  $3.2\times$  magnification during optical mapping shows individual microtissues are numbered 1–4. (b) Sample membrane voltage ( $V_m$ ) traces recorded from the corresponding microtissues in panel a. Note that electrical stimulation did not evoke APs in microtissue #4 (where the fluorescence trace shows a flat line). Fast Fourier transform (FFT) was used to distinguish responsive microtissues from non-responsive microtissues lacking APs. (c)  $\text{FFT}_{\text{max}}$  image shows that the microtissue (#4) without APs is automatically removed in  $\text{FFT}_{\text{max}}$  (circle). (d) Automated thresholding using Otsu's thresholding to remove background and speed analyses. (e) Blob coloring algorithm to detect individual microtissues. Signals within the same microtissue are averaged to acquire high signal-to-noise ratio and fidelity of data analysis. (f) Automated analysis (of sample trace #3, black) uses the first derivative ( $dF/dt$ , red trace) for detecting AP upstroke to calculate AP duration to a defined recovery amplitude (see Fig. 1g) or uses the maximum peak of the second derivative ( $d^2F/dt^2$ , blue trace) for assessing the end of maximum repolarization rate to calculate AP duration  $\text{APD}_{\text{MxR}}$ .  $\text{APD}_{\text{MxR}}$  is useful when motion artifacts or other interference on fluorescence recordings such as fluctuation in water level is suspected to elevate fluorescence level during repolarization or reproducible  $\text{APD}_{80}$  measurement with low variation is not as reliable. (g) Sample output shows  $\text{APD}_{80}$  statistics from the three excitable individual microtissues. Schematics of the AP metrics that were defined (with units) as: (h) “excitability” (%) measured from the percentage of captured

APs during 10 s duration of recording with 2 s pacing cycle length (top) and occurrence of “early afterdepolarization” (EAD) reported as (%) of microtissues showing EADs (bottom, \*) and (i) “stimulation time delay” (ms; stim delay) between stimulation pulse and evoked AP upstroke ( $dF/dt_{\max}$ ), “rise time” (ms) of AP, “AP duration” (ms) to 30%, 50%, and 80% repolarization ( $APD_{30}$ ,  $APD_{50}$ ,  $APD_{80}$ ), “APD to maximum repolarization” (ms;  $APD_{MxR}$ ) defined as time between AP upstroke and the end of rapid repolarization marked by  $d^2F/dt^2_{\max}$ , “APD triangulation” (ms;  $APD_{tri}$ ) defined as  $APD_{MxR} - APD_{50}$ . Adapted from Kofron et al., 2021, Fig. 1 and Supplemental Figures

**Table 1**

## Quantitative metrics and physiological targets of the AP

<b>Metric (units)</b>	<b>Ion channels involved</b>	<b>Ion currents</b>
Excitability (%) and stimulation time delay	Na channels (Na <sub>v</sub> 1.5, 1.1, others)	I <sub>Na</sub>
	Inward rectifier K <sup>+</sup> channel (Kir2.1)	I <sub>K1</sub>
Rise time (ms)	Na channel (Na <sub>v</sub> 1.5)	I <sub>Na</sub>
APD <sub>30</sub> (ms)	Late Na channels (Na <sub>v</sub> 1.1, others)	I <sub>Na,late</sub>
	Ca channels (Ca <sub>v</sub> 1.2)	I <sub>CaL</sub>
	K channels (Kv4.2/4.3, Kv1.4)	I <sub>to</sub>
APD <sub>50</sub> (ms)	Late Na channels (Na <sub>v</sub> 1.1, others)	I <sub>Na,late</sub>
	Ca channels (Ca <sub>v</sub> 1.2)	I <sub>CaL</sub>
	K channels (hERG, KvLQT, Kv4.2/4.3, Kv1.4)	I <sub>to</sub> , I <sub>Kr</sub> , I <sub>Ks</sub>
APD <sub>80</sub> , APD <sub>MxR</sub> (ms)	K channels (hERG, KvLQT, Kir2.1)	I <sub>Kr</sub> , I <sub>Ks</sub> , I <sub>K1</sub>
APD <sub>tri</sub> (ms) = APD <sub>MxR</sub> - APD <sub>50</sub>	Late Na channels (Na <sub>v</sub> 1.1, others)	I <sub>Na,late</sub>
	Ca channels (Ca <sub>v</sub> 1.2)	I <sub>CaL</sub>
	K channels (hERG, KvLQT, Kv4.2/4.3, Kv1.4, Kir2.1)	I <sub>to</sub> , I <sub>Kr</sub> , I <sub>Ks</sub> , I <sub>K1</sub>
EADs (count/AP)	K channels (hERG, KvLQT)	I <sub>Kr</sub> , I <sub>Ks</sub>
	Late Na channel (Nav1.5)	I <sub>Na,late</sub>