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Hereditary Fructose Intolerance Mimicking a Biochemical Phenotype of Mucopolidosis: A Review of the Literature of Secondary Causes of Lysosomal Enzyme Activity Elevation in Serum

Carlos R. Ferreira^{1,2,*}, Joseph M. Devaney³, Sean E. Hofherr³, Laura M. Pollard⁴, Kristina Cusmano-Ozog^{2,3}

¹National Human Genome Research Institute, National Institutes of Health, Bethesda, Maryland

²Division of Genetics and Metabolism, Children's National Health System, Washington, District Of Columbia

³Division of Laboratory Medicine, Children's National Health System, Washington, District Of Columbia

⁴Biochemical Genetics Laboratory, Greenwood Genetic Center, Greenwood, South Carolina

Abstract

We describe a patient with failure to thrive, hepatomegaly, liver dysfunction, and elevation of multiple plasma lysosomal enzyme activities mimicking mucopolidosis II or III, in whom a diagnosis of hereditary fructose intolerance (HFI) was ultimately obtained. She presented before introduction of solid foods, given her consumption of a fructose-containing infant formula. We present the most extensive panel of lysosomal enzyme activities reported to date in a patient with HFI, and propose that multiple enzyme elevations in plasma, especially when in conjunction with a normal plasma α -mannosidase activity, should elicit a differential diagnosis of HFI. We also performed a review of the literature on the different etiologies of elevated lysosomal enzyme activities in serum or plasma.

Keywords

hereditary fructose intolerance; mucopolidosis; lysosomal enzyme activity; transferrin isoelectric focusing

INTRODUCTION

The elevation of multiple lysosomal enzyme activities in plasma, with severe reduction in fibroblasts and normal activities in leukocytes, is characteristic for mucopolidosis II

*Correspondence to: Carlos R. Ferreira, National Human Genome Research Institute, 10 Center Drive, Building 10, Room 5D38, Bethesda, MD 20892. ferreiracr@mail.nih.gov.

SUPPORTING INFORMATION

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or III. However, the elevation of multiple lysosomal enzyme activities in plasma has also been described in other inborn errors of metabolism, such as congenital disorders of glycosylation, galactosemia, and hereditary fructose intolerance (HFI) [Michelakakis et al., 2009]. This occurs either due to mistargeting of enzymes to compartments other than the lysosomes, eventually leading to their secretion outside of the cell, or due to defective reuptake once they are secreted extracellularly [Barone et al., 1998]. In this report, we present the most comprehensive panel of lysosomal enzyme activities to date in a patient with HFI, and propose that the diagnosis of HFI be suspected in patients with multiple elevated plasma enzyme activities, especially when accompanied by normal α -mannosidase activity. We also provide a word of caution for pediatricians who prescribe infant formula containing fructose, as this can unmask a diagnosis of HFI before introduction of solid foods.

MATERIALS AND METHODS

Lysosomal Enzyme Activities

The activities of 10 lysosomal hydrolases were measured in plasma and six were measured in cultured fibroblasts. A fixed volume of plasma or sonicate was incubated with an enzyme-specific 4-methylumbelliferone (4-MU) conjugated substrate for a specified length of time (0.5–24 hr depending on the specific enzyme). The reaction was stopped by adding a high pH buffer and the fluorescence released during the enzymatic reaction was measured by comparison to a 4-MU standard curve using a Shimadzu fluorometer. Enzyme activities were calculated after correction for sample volume and incubation time. Enzyme activities measured in fibroblasts were also corrected for the total protein concentration of the cell lysate (mg protein). Acid sphingomyelinase activity was measured in a dried blood spot using reagents provided by the Centers for Disease Control. Extract from a 3.2 mm punch was incubated with an enzyme-specific substrate for 20 hr at 37°C and the product purified by a series of liquid/liquid and solid phase extractions prior to injection and analysis on a tandem mass spectrometer. The amount of product formed was compared to a standard curve and enzyme activity was corrected for incubation time and the volume of blood present within a 3.2 mm punch from a dried blood spot card.

Measurements of plasma and leukocyte enzyme activities at 8 months were performed at a different institution, as previously described [Wenger and Williams, 1991].

Carbohydrate Deficient Transferrin (CDT)

For the isoelectric focusing, transferrin species of differing sialic acid content within the patient's plasma were separated according to their total negative charge via isoelectric focusing utilizing a Phast-gel dry isoelectric focusing system. The transferrin protein sialoforms were visualized using goat antiserum to human transferrin combined with Coomassie blue staining.

CDT by nephelometry was measured by using antibodies that recognize transferrin isoforms that lack sialic acid, while at the same time measuring total transferrin. CDT-coated polystyrene particles then bind polystyrene particles coated with CDT-monoclonal

antibodies. CDT, depending on its concentration, inhibits this binding, thus allowing its determination by nephelometry. CDT is then calculated as a percentage of total transferrin.

Massively Parallel Sequencing

The genomic DNA was prepared for targeted sequencing using the TruSight One library preparation kit (Illumina, San Diego, CA) following the manufacturer's instructions. Following generation of FASTQ files on a NextSeq 500 sequencer (Illumina), the sequence was aligned to the hg19 reference genome using the Burrows-Wheeler Aligner (BWA) version 0.7.7. The Genome Analysis Toolkit (GATK) version 1.6 was used for variant calling, and Omicia Opal 4.8.0 was used for variant annotation.

Sanger Sequencing

The relevant portion of the *ALDOB* gene was PCR-amplified from genomic DNA. Bidirectional sequence data was obtained and compared to the published reference sequence (NM_000035.3).

CLINICAL REPORT

The patient presented to the hospital at 3 months of age with failure to thrive and greasy stools. Both her weight and weight-for-length were below the third centile, while her length was at the 10th centile. Her liver was palpable 3–4 cm below the right costal margin. An abdominal ultrasound revealed a liver size of 9.1 cm, confirming hepatomegaly, as well as increased liver echogenicity. Laboratory results revealed: (i) cholestasis, with a total bilirubin of 1.4 mg/dl (normal: <0.8), conjugated bilirubin of 1.3 mg/dl (normal: <0.4), and alkaline phosphatase of 707 U/L (normal: 125–547); (ii) hepatocellular damage, with an ALT of 245 U/L (normal: 26–61) and AST of 400 U/L (normal: 16–61); (iii) coagulopathy, with an aPTT of 53.6 sec (normal: 20.8–34.0), PT of 26.1 sec (normal: 11.4–14.0), INR of 2.52 (normal: 0.88–1.14), and fibrinogen of 159 mg/dl (normal: 200–500 mg/dl); (iv) very low HDL level of 3 mg/dl (normal: 12–60); (v) urine analysis without proteinuria or glucosuria, with negative urine reducing substances; (vi) qualitative fecal fat analysis grossly abnormal with large fat globules, 9–75 microns in diameter, so numerous that there was very little fecal background observed microscopically under high power.

Given the presence of hepatomegaly with low HDL levels, the diagnoses of Gaucher and Niemann–Pick type A or B were entertained. Leukocyte β -glucosidase activity was normal at 3.58 nmol/hr/mg (normal: 1.44–14.7), while acid sphingomyelinase activity in a dried blood spot (DBS) was elevated to the degree observed in patients with Mucopolipidosis II or III. Additional lysosomal enzyme testing in plasma was found to be suggestive of mucopolipidosis (Table I). Subsequent sequencing and deletion/duplication analysis of the *GNTTAB* and *GNTB* genes did not reveal any pathogenic alterations. Repeat testing of plasma lysosomal enzymes at 7 months of age revealed persistent elevations albeit to a milder degree (Table I).

At follow-up at 8 months, the patient still had profound failure to thrive, by now with a cachectic appearance and prominence of the veins throughout. Both her weight and length were below the third centile, with her weight being average for a 2-month-old girl, and her

length average for a 3-month-old girl. She continued to have liver dysfunction, with an AST of 367 U/L, and ALT of 208 U/L. At this point, lysosomal enzyme activities were measured in plasma, leukocytes, and fibroblasts. Leukocyte and fibroblast activities were essentially normal and only one of the three plasma enzymes measured was elevated (Table II).

At 10 months of age, her uric acid was at the upper limit of normal at 5.3 mg/dl (normal: 1.5–5.4), her serum was noticed to be lipemic, with triglycerides elevated at 345 mg/dl (normal: 33–115), without hypercholesterolemia (total cholesterol 83 mg/dl; normal: 125–170). There was some proximal renal tubular involvement, with hyperphosphaturia (phosphate/creatinine ratio 5.52 mg/mg; normal: 0.34–5.24), but there was no hyperaminoaciduria. Further workup for secondary causes of lysosomal enzyme mistargeting, including congenital disorders of glycosylation (CDGs) or HFI, was pursued. CDT measured by nephelometry was markedly increased at 20.8% (normal: <2.5%), and a transferrin isoelectric focusing (TIEF) run on a stored plasma sample obtained when the patient was 7 months old revealed a type I CDG pattern (see Fig. 1). At this point, further questioning revealed an incipient dietary history of fruit aversion now that she had recently started consuming solid foods.

Subsequent massively parallel sequencing revealed a homozygous mutation in the *ALDOB* gene: c.448G>C (p.Ala150Pro) (dbSNP ID: rs1800546), the most common mutation found in patients with HFI. Targeted Sanger sequencing confirmed the variant identified.

In retrospect, her admission to the hospital occurred 6 weeks after she was weaned. Initially she was placed on Similac[®] Soy Isomil[®] (carbohydrate source: corn syrup and sucrose) which likely led to her hospitalization. She was then placed on Similac Expert Care[®] Alimentum (carbohydrate source: sucrose ± modified tapioca starch ± maltodextrin) and had some improvement of symptoms. Once fructose restriction was initiated at 10 months, there was marked improvement in growth parameters; additionally, the CDT test normalized (not shown).

DISCUSSION

There were several factors that delayed the diagnosis of HFI in our patient. First, it is poorly recognized that several infant milk formulas contain fructose, a fact that can be easily missed and thus impact the speed with which diagnosis is achieved. Other notable findings that delayed diagnosis were the lack of emesis and the fact that she had no urine reducing substances, even in the acute setting. However, this test is known to have poor sensitivity, as it was only positive in 14 of 20 untreated HFI patients tested in one series [Baerlocher et al., 1978], and in 19 of 55 individuals in another [Odièvre et al., 1978]. She also lacked hyperaminoaciduria. On the other hand, an important diagnostic clue was the finding of lipemic serum, as lipemia and hypertriglyceridemia have been described in several patients with HFI [Odièvre, 1969; Borrone et al., 1982]. Finally, the finding of elevated serum lysosomal enzyme activities early in the course of her disease, although previously described in patients with HFI, also contributed to the diagnostic delay since the previously reported elevations were much milder— β -hexosaminidase as high as 1.5 times the upper limit of normal [Michelakakis et al., 2009; Moraitou et al., 2012] compared to 5.1 times

the upper limit of normal in our patient. There are several etiologies for the elevation of multiple lysosomal enzyme activities in serum or plasma (Table III). However, in most of these conditions the increased activities are not within levels compatible with mucopolipidosis II or III, as it was in our patient.

An elevation of arylsulfatase A serum activity to about twice the upper limit of normal (ULN) was reported in the first case report of a CDG [Jaeken et al., 1980]. Since then, there have been a few case series reporting elevation of multiple serum lysosomal enzyme activities in patients with a type I CDG pattern [Barone et al., 1998; Beccari et al., 2000], but in all cases where α -mannosidase activity was measured, it was found to be normal. The elevation of multiple lysosomal enzyme activities in serum has also been described in a case of type II CDG, that being COG7-CDG—formerly named CDG-IIe [Spaapen et al., 2005]. These abnormal lysosomal enzyme activities have been hypothesized to result from missorting, reduced intracellular reuptake, and/or decreased enzymatic stability due to defective glycosylation [Barone et al., 1998].

HFI can also cause a positive CDT test as the activity of phosphomannose isomerase is inhibited by accumulated fructose 1-phosphate [Jaeken et al., 1996]. Thus, it is not surprising that increased serum activities of different lysosomal enzymes can exist in cases of secondary disorders of glycosylation such as HFI. Michelakakis et al. [2009] and Moraitou et al. [2012] reported normal activity of plasma α -mannosidase with variable elevations of aspartylglucosaminidase and β -hexosaminidase activities in two patients with HFI, with a decrease of those activities after initiation of fructose restriction. In these prior case reports, however, the degree of elevation was not as pronounced as that seen in mucopolipidosis II or III, and thus not as pronounced as in our patient. Of note, plasma lysosomal enzyme activities decreased in our patient before the correct diagnosis was made, as she started self-restricting fructose. As in our patient, plasma lysosomal enzymes have been noted to normalize even with partial fructose restriction, while TIEF still remains abnormal [Moraitou et al., 2012]. TIEF is thus a more sensitive test than lysosomal enzyme analysis for monitoring dietary compliance in HFI. In fact, even in HFI patients on long-term dietary treatment, only 30 of 134 CDT values were found to be normal [Pronicka et al., 2007].

In patients with mucopolipidosis type II or III, the activity of lysosomal enzymes in leukocytes is not different than in controls. However, in patients with PMM2-CDG it has been demonstrated that the activities of several lysosomal enzyme activities are reduced in leukocytes [Barone et al., 1998]. In contrast, in a patient with COG7-CDG, several activities were found to be selectively elevated in leukocytes, and decreased in fibroblasts [Spaapen et al., 2005]. Thus, whatever the mechanism by which abnormal glycosylation affects lysosomal enzyme activities in different cell populations, it seems to be different than in mucopolipidosis.

In summary, HFI should be included in the differential diagnosis of marked elevation of multiple serum lysosomal enzyme activities, in particular when there is normal activity of α -mannosidase. Clinicians should also be aware that several infant formulas contain fructose.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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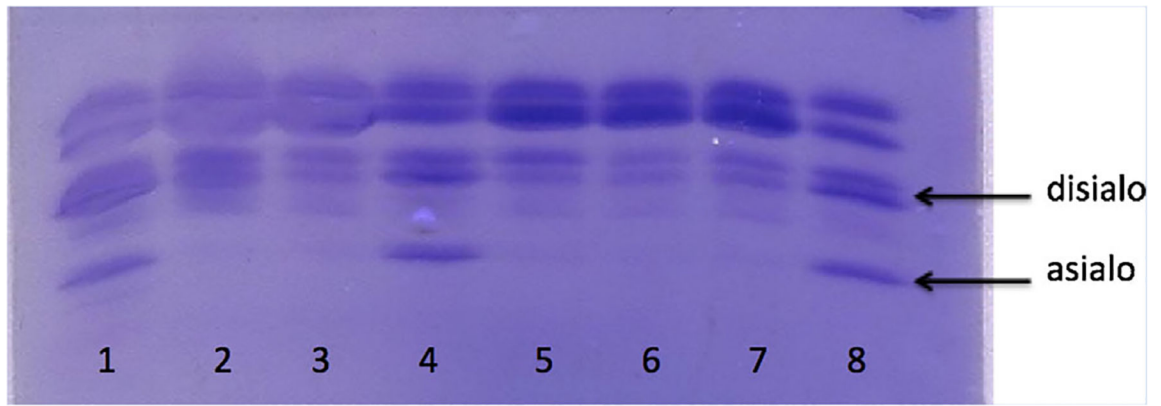


FIG. 1. Transferrin isoelectric focusing at 7 months. Lane 1: PMM2-CDG positive control; lane 2: negative control; lanes 4 and 8: patient.

Table 1.

Lysosomal Enzyme Activities in Plasma*

Enzyme	At 3 months (× ULN)	At 7 months (× ULN)	Normal range	Mucopolidosis range
α-fucosidase	1,894 (2.5×)	1,741 (2.3×)	50–743	850–3,361
β-glucuronidase	<i>154 (1.4×)</i>	86	5–111	350–1,358
β-hexosaminidase	8,037 (5.1×)	<i>1,935 (1.2×)</i>	250–1,568	6,276–20,093
α-mannosidase	39	47	20–54	842–3,285
β-mannosidase	1,035 (5.7×)	558 (3.1×)	50–181	707–2,204
α-iduronidase	1.6	46.72 (3.6×)	3–13	34–400
Iduronate-2-sulfatase	587.9	707.4	155–1,082	3,632–6,272
α-N-acetylgalactosaminidase		<i>502 (1.9×)</i>	39–264	1,595–4,931
α-N-acetylglucosaminidase		274.3	97–1,064	1,301–1,739
α-galactosidase		1.94	0.52–2.8	5–18.9
Acid sphingomyelinase (DBS)	70.7 (3.2×)	63.6 (2.9×)	1.63–22.1	45.8–302

Numbers in bold are within the ML range and those in italics are elevated, but below the ML range.

* Units of measurement: Iduronate-2-sulfatase: nmol/4 hr/ml; α-N-acetylglucosaminidase: nmol/17 hr/ml; all others: nmol/hr/ml.

Table II.

Lysosomal Enzyme Activities at 8 Months

Plasma			
Enzyme	Activity (nmol/h/ml)	Normal control range	Mucopolidosis range ^a
β -galactosidase	95.5	5–60	91–586
α -N-acetylglucosaminidase	26.3	8.6–104	116–400
β -Hexosaminidase total	1,200	113–1,500	3,400–10,800
Leukocytes			
Enzyme	Activity (nmol/h/mg)	Normal control range	
β -galactosidase	72.5	50–120	
β -mannosidase	67.3	60–130	
β -Hexosaminidase A	155.3	145–275	
Arylsulfatase A	57.0	45–80	
Galactocerebrosidase	2.4	0.8–4.5	
Sphingomyelinase	2.9	0.5–3.5	
Glucocerebrosidase	4.0	2.8–12.0	
Acid lipase	345.2	110–500	
Fibroblasts			
Enzyme	Activity (nmol/hr/mg)	Normal control range	
α -fucosidase	24.8	12.3–130.7	
α -iduronidase	27.4	25.4–222.6	
α -N-acetylgalactosaminidase	23.4	12.6–94	
β -glucosidase	100.0	13.2–314.2	
β -galactosidase	424.2	149–608	
Sialidase	21.9	23–74	

Numbers in bold are within the ML range.

* Mucopolidosis range is different than in Table I since the test was obtained at a different institution.

Table III. Review of the Literature on Conditions Associated With Secondary Elevation of Lysosomal Enzyme Activity in Serum or Plasma

Condition	Enzyme	Increased activity compared to controls ^a	Activity similar to controls	Proposed mechanism	References
CDG type I	β-gal	1.9×	Sia,	Missorting, reduced intracellular reuptake, and/or decreased enzymatic stability due to defective glycosylation	Stibler et al. [1991]
	NAGLU	2.5×	α-man		
	ARS A	1.8×	α-fuc,		
	β-hex	1.9×	α-NAGLU,		
	β-gal	2.0×	β-man		
	β-glu	4.2×			
	Total	1.9×	α-man		
	β-hex				
	β-man	5×			
	AGA	2-6× ULN	α-man,		
COG7-CDG	β-hex	1.4-3× ULN	β-man	Abnormal enzymatic glycosylation; not explained by altered biosynthesis of M6P residues or altered localization of the CL-MPR	Beccari et al. [2000]
	ARS A	10.2× ULN	-		
	α-fuc	4.2× ULN			
	β-gal	7.8× ULN			
	Total	3.3× ULN			
	β-hex				
	β-hex A	3.3× ULN			
	β-glu	4.9× ULN			
	α-man	3.2× ULN			
	β-hex	2.0-3.8× ULN	α-fuc		
Galactosemia (untreated)	AGA	2.5-4.6× ULN	α-man	Abnormal glycosylation of enzymes	Jaeken et al. [1992]
	β-man	Up to 1.8× ULN			
	β-hex	1.8-2.6× ULN			
Hereditary fructose intolerance	AGA	2.6-4.3× ULN	α-man	Abnormal glycosylation of enzymes	Michelakakis et al. [2009]

Condition	Enzyme	Increased activity compared to controls ^a	Activity similar to controls	Proposed mechanism	References
Diabetes mellitus	β -hex	Up to 1.5 \times ULN	α -man,		Moraitou et al. [2012]
	AGA	2.2–2.6 \times ULN	β -man		
	β -hex	Up to 1.5 \times ULN	α -man,	Non-enzymatic glycation of enzymes?	Reglero et al. [1980]
	α -fuc	5.0 \times	α -gal,		
			β -gal		
		1.4 \times	α -fuc,		
		1.6 \times	β -gal,		
			β -man		
			–		
			Up to 1.3 \times		
Type 1	β -glu ^b	Up to 1.7 \times			
	β -gal	Up to 1.3 \times			
	α -gal	Up to 1.4 \times			
	α -fuc	Up to 1.5 \times			
	α -glc	Up to 1.3 \times			
	β -glc	Up to 1.7 \times			
	α -man	Up to 1.4 \times			
	α -fuc	1.5 \times	β -man		Bernard et al. [1985]
	α -fuc	1.4 \times	decreased		
	β -glu	1.4 \times	β -gal,		Goi et al. [1987]
Type 2	α -man	1.3 \times	α -fuc,		
			α -glc and β -glc		
	β -hex	2.5 \times	α -fuc	Liver damage and/or increased permeability of lysosomal membrane	Isaksson et al. [1985]
	α -man	1.7 \times			
	β -hex	2.1 \times	–		Kärkkäinen et al. [1990]
	β -glu	4.6 \times	–		Geokas and Rinderknecht [1973]
	ARS	2.4 \times			
	β -glu	1.6 \times	α -NAGLU	Abnormal enzyme trafficking due to accumulation of lysosomal	Ungewickell and Majerus [1999]

Condition	Enzyme	Increased activity compared to controls ^a	Activity similar to controls	Proposed mechanism	References
Gaucher disease	α-fuc	2.0×		phosphatidylinositol 4,5-bisphosphate impairing formation of clathrin-coated vesicles	Ockerman and Kohlin [1969]
	α-man	1.7×			
	β-hex	2.0×			
	β-gal	1.9×			
	α-gal	1.6×			
	β-gal	1.9×	α-man		
	β-hex	2.6×			
	β-glu	3.1×			
	α-fuc	1.6×			
	β-hex	1.8×			
MPS	Total hex	42.3×		Increased lysosomal membrane permeability?	Moffitt et al. [1978]
	α-man	48.8×			Nakagawa et al. [1983]
	β-gal	2.5×			Hultberg et al. [1980]
	β-glu	5.6×	α-man, α-fuc, β-glc		Chitayat et al. [1987]
MPS I	β-glu	2.8×			Ockerman 1968a
	β-hex	1.3× ULN			
	β-glu	1.6× ULN			
	β-glu	3.2×			
	β-hex	2.6×			
	β-hex	2.6×			

Condition	Enzyme	Increased activity compared to controls ^a	Activity similar to controls	Proposed mechanism	References
MPS II	ARSA	3.4×	α-man,		Hultberg et al. [1980]
	β-hex	1.3× ULN	α-fuc,		
	β-glu	1.9× ULN	β-glc		
MPS III	β-glu	1.3× ULN	α-man,		Hultberg et al. [1980]
			α-fuc,		
Metachromatic leukodystrophy	β-glu	5.2×	β-glc		Gordon and Feleki [1970]
	β-hex	3.6×	–		
	ARS A	3.9×			
	β-glu	1.3× ULN		Increased lysosomal membrane permeability?	
Tay-Sachs disease	β-glu	1.7× ULN	α-man,	Increased lysosomal membrane permeability?	Hultberg et al. [1980]
			α-fuc,		
Liver disease	β-gal	1.5×	β-glc		Ockerman [1968b]
	β-glu	3.8×	α-man,	Increased lysosomal membrane permeability?	
	α-fuc	1.8×	α-fuc,		
			β-hex.		
Liver disease			α-man was decreased		Calvo et al. [1982]
	β-hex	2.2×	β-gal	Release from damaged hepatocytes or Kupfer cells and/or decreased clearance from circulation	
	β-glc	1.9×			
	α-glc	2.0×			
	α-fuc	2.0×			
Liver cirrhosis	β-glu	1.8×	–		Nagasue et al. [1982]
	α-fuc	1.9×	–		Takahashi et al. [1994]

Condition	Enzyme	Increased activity compared to controls ^a	Activity similar to controls	Proposed mechanism	References
	α -fuc	5.8 \times	α -man		Reglero et al. [1980]
	α -gal	1.4 \times			
	β -gal	1.5 \times			
	β -hex	1.6 \times			
	β -glu	1.4 \times			
HCC	β -glu	2.6 \times^c	–		Nagasue et al. [1982]
	α -fuc	3.4 \times	–		Takahashi et al. [1994]
	α -fuc	22.1 \times			Fawzy Montaser et al. [2012]
Cancer	α -fuc	7.0 \times	α -man,	Cell damage, increased production and/or reduced clearance	Reglero et al. [1980]
	α -gal	1.6 \times	β -glu		
	β -gal	1.6 \times			
Breast cancer	β -hex	1.4 \times	α -fuc.	Cell damage, increased production and/or reduced clearance	Calvo et al. [1982]
	β -glc	1.5 \times	β -gal decreased		
Wilms tumor	β -glu	3.8 \times	β -gal	Cell damage, increased production and/or reduced clearance	Gatsing et al. [2007]
Lung cancer	ARS	Up to 5.3 \times^c	–	Excessive release from disrupted lysosomes of neoplastic cells and/or increased synthesis by tumor tissue	Wo niak et al. [2002]
Cystic fibrosis	β -hex	1.7 \times	α -man,	Cell damage	Hultberg et al. [1981]
	β -gal	4.4 \times	α -fuc		
	α -glc	1.9 \times			
	α -gal	1.8 \times			
	β -glu	1.7 \times			
	β -hex ^f	1.5–2.0 \times	α -fuc,		Krall et al. [1988]
	α -man ^g	2.0–2.4 \times	β -glu		
Porphyria cutanea tarda	β -hex	2.1 \times^d	–	Accumulation of uroporphyrin in lysosomes leading to lysosomal membrane damage	Apostolov et al. [1976]
Pregnancy	α -fuc	2.3 \times (at term)	–	Placental origin and/or estrogen induction	Isaksson et al. [1984]

Condition	Enzyme	Increased activity compared to controls ^a	Activity similar to controls	Proposed mechanism	References
	β-glu	2.3× (at term)			Vaysse et al. [1990]
	β-hex	5.0× (at term)			Woollen and Turner [1965]
	α-man	2.5× (at term)			
	α-fuc	2.3× ^e			
	β-hex	8.2×			
	β-glu	4.5×			
Oral contraceptives	β-glu	1.3–6.8× ^h		Labilisation of lysosomal membranes?	Briggs and Briggs [1975]
Graves disease (untreated)	α-glc	1.3×	β-gal	Increased synthetic rate of lysosomal enzymes?	Guillou et al. [1982]
	β-glu	2.2×			
	Hex	1.6×			
	α-fuc	1.8×			
	α-man	1.5×			
	β-hex	2.5×	α-man		Komosi ska-Vassev et al. [2003]
	β-glu	18.0×			
	β-gal	3.0×			
	α-fuc	2.2×			
Myocardial infarction	β-hex	1.3×	α-fuc	Cell damage	Calvo et al. [1982]
	β-glc	1.3×			
	α-glc	1.4×			
Acute pancreatitis	β-hex	1.7×	α-fuc, β-gal	Cell damage	Calvo et al. [1982]
	β-glc	1.6×			
Silicosis	β-hex	1.4×	β-glu	Activation of pulmonary macrophages	Koskinen et al. [1984]
Malnutrition	β-glu	2.1×		Liver dysfunction and/or vitamin A deficiency-induced lysosomal leakage	Begum and Ityerah [1970]
	β-glu	2.2×	Hex		Omene et al. [1979]
Rifampicin + isoniazid (tuberculosis treatment)	β-glu	3.5×		Enzymatic induction	Perry et al. [1978]
	β-hex	1.6×			

Condition	Enzyme	Increased activity compared to controls ^a	Activity similar to controls	Proposed mechanism	References
HIV infection	β-glu	Up to 16.2× ⁱ	α-man, α-gal, β-gal	Release from HIV-infected leukocytes	Saha et al. [1991]
	α-man	Up to 3.4× ^c	β-glu,		Litgering et al. [1995]
	β-hex	Up to 2.9× ^c	β-gal		
	β-hex	1.4×	β-hex A,		
	α-man	2.0×	β-glu,		Costanzi et al. [1996]
	β-man	1.9×	β-gal		

α -fuc, α -fucosidase; α -glc, α -glucosidase; α -man, α -mannosidase; AGA, Aspartylglucosaminidase; ARS, ARS; β -gal, β -galactosidase; β -glc, β -glucosidase; β -glu, β -glucuronidase; β -hex, β -hexosaminidase; β -man, β -mannosidase; CDG, Congenital disorders of glycosylation; CI-MPR, cation-independent mannose 6-phosphate receptor; HCC, Hepatocellular carcinoma; M6P, mannose 6-phosphate; MPS, mucopolysaccharidosis; NAGLU, NAGLU; Sia, Sialidase; ULN, upper limit of normal.

^aExpressed as mean activity in the disease state divided by mean activity in controls. When the mean activity for controls is not provided, the comparison is made against the upper limit of the normal range. When comparing means, only data that was shown to be statistically significant—with a $P < 0.05$ —and increased by at least 25% is included in the table. Numbers are rounded to the nearest decimal.

^bCorrelates with glycemic control.

^cIncreases with stage of disease.

^dIncreases in active stage.

^eIncreases throughout pregnancy.

^fIncreases with severity of pulmonary involvement.

^gOnly in patients >13 years old; increases with severity of pulmonary involvement.

^hIncrease with dose.

ⁱCorrelates inversely with CD4 count.