

Characterization of *Mycobacterium abscessus* colony-biofilms based on bi-dimensional images

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ABSTRACT *Mycobacterium abscessus* biofilm aggregates have been shown in the lungs of cystic fibrosis patients and are often tolerant to drugs. Herein, we analyzed bi-dimensional images of either fluorescent or Congo red-stained *M. abscessus* colony-biofilms grown on a membrane to monitor growth and shape of *M. abscessus* smooth and rough variants. These colony-biofilms responded differently to rifabutin and bedaquiline, thus highlighting the importance of the morphotype to properly address antibiotic treatment in patients with biofilm-related infections.

KEYWORDS *Mycobacterium abscessus*, biofilm, colony-biofilm, smooth, rough, morphotype, antibiotics

Mycobacterium abscessus (*Mabs*) infections primarily affect vulnerable populations with underlying lung disorders such as cystic fibrosis (CF) and are particularly difficult to treat with very lengthy therapeutic options that are often associated with severe side effects (1, 2). The poor treatment outcomes are largely caused by the intrinsic resistance of *Mabs* to most antibacterials (3). *Mabs* presents smooth (S) and rough (R) morphotypes based on the presence (in S) or absence (in R) of glycopeptidolipids (GPL) (4), associated with different pathophysiological outcomes in macrophages (5) and patients (6). *Mabs* can also be associated with biomaterial-related infections (7), e.g., catheter-related or prosthetic joint infections, where the main pathological mechanism involves biofilm formation (8), a feature also encountered in CF patients (9). Biofilm development contributes to bacterial persistence in harsh environments (10), rendering eradication almost impossible. Several methodologies are available for studying and quantifying mycobacterial biofilms, including growth in 96-well plates and staining with crystal violet (11–14), tetrazolium salts (15, 16), and/or analysis by confocal laser microscopy (17–19). By requiring multiple washing/staining steps, these methods are difficult to apply to *Mabs* R biofilms due to the highly hydrophobic nature of this variant and the high propensity to aggregate, causing a loss of biofilm biomass recovery. Alternatively, the biofilm-colony model consists of inducing bacterial growth on a semipermeable membrane laying on an agar plate (20). Colony-biofilms can be fed with exogenous nutritional sources or antibiotics by simply relocating the biofilm-supporting membrane to a fresh agar plate, with the advantage of preventing washing steps (21). Herein, we developed a new technique for characterizing and comparing *Mabs* S and R colony-biofilms using two-dimensional (2D) images without the need for a complex equipment.

Mabs biofilms were grown according to the method previously described (22), with minor modifications. S and R cultures of *Mabs* CIP104536^T expressing green fluorescent protein (mWasabi) were grown in Middlebrook 7H9 broth supplemented with oleic acid-albumin-dextrose-catalase (OADC) and tyloxapol (0.025%) at 37°C and 80 rpm for 72 h. Bacteria were collected by centrifugation at 3,500 rpm for 5 min, washed two times with sterile phosphate buffer saline (PBS) and then diluted to an optical density

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(OD₆₀₀) of 0.5 [$\sim 1.5 \times 10^8$ colony-forming units (CFU)/mL]. Autoclaved black polycarbonate membranes (diameter, 25 mm; pore size, 0.2 μm , Whatman, Merck, Germany) were placed onto Middlebrook 7H10 plates supplemented with OADC and inoculated with 20 μL of the bacterial suspension (OD₆₀₀ = 0.5). The membrane-supported biofilms were statically incubated for 48 h at 37°C, after which they were photographed every 24 h for 3 days (Fig. 1A). Pictures were taken using a binocular (ZEISS Axio Zoom.V16, Zeiss, Germany) equipped with a lighting device (Zeiss HXP 200C) at 7 \times zoom for detecting the mWasabi fluorescence. The spatial fluorescence over time was measured from the pictures and processed using ZEN 2 (Blue Edition) and covering only one whole diameter per colony. The colony volume was calculated by using the half-volume of an ellipsoid: $\frac{2}{3} \times \pi \times \text{FIM} \times (\text{CD}/2)^2$, where FIM is the fluorescence intensity maximum in fluorescence intensity units (FIU) and CD is the colony diameter in pixels. After taking pictures, each membrane-supported biofilm was processed for quantifying the number of CFU per membrane. For that, each biofilm was removed from the plates with sterile clamps, deposited in a 50-mL tube containing 10 mL of PBS supplemented with 0.025% tyloxapol and a mixture of 4 mm (five to six beads) and 1 mm diameter (~ 1 mL) glass beads, vortexed for 15 s, and sonicated in an ultrasonic bath (Bandelin Sonorex Super RK 255 H, Sigma Aldrich) for 5 min once for *Mabs S* and twice for *Mabs R*. The resulting homogenous bacterial suspensions were diluted in a 10-fold bank dilution, plated on Luria-Bertoni (LB) agar, and incubated at 37°C for 4 days prior to CFU counting.

Although the colony-biofilm model was to study the effects of antibiotic treatment (21), to evaluate the biomechanical characteristics of *Mabs* biofilms (22) or growth in the presence of *Pseudomonas aeruginosa* in dual biofilms (23, 24), we have implemented a new set-up to monitor and compare the growth of fluorescent *Mabs* CIP104536^T S and R variants over time. Strains were first transformed with pMV306::Pleft**mWasabi*, generated by cloning the *Pleft**mWasabi** insert from plasmid L5 *attB*::*Pleft**mWasabi** (AddGene number #169409) (25) into the EcoRV-restricted integrative pMV306 (26). Fluorescent strains were selected Middlebrook 7H10 supplemented with 10% OADC enrichment with 0.2% glycerol and 250 $\mu\text{g}/\text{mL}$ kanamycin. Representative 2- and 2.5-dimensional pictures of a colony-biofilm of *Mabs S* overexpressing mWasabi were imaged after 1, 2, or 3 days after transferring it to a new agar plate (Fig. 1B). The 2.5-dimensional pictures represent intensity values in a two-dimensional image as a height map. This strain tended to grow mainly vertically as evidenced by measuring the fluorescence intensity of the biofilms over time, although the optimal size was reached on day 2 (Fig. 1C). To address whether the colony volume estimated from fluorescence intensity increase correlated with the number of bacilli in the growing colony-biofilm, biofilms were detached from the membranes and subjected to physical dissociation prior to CFU determination. Both the CFU per membrane (Fig. 1D) and colony volume (Fig. 1E) increased over time. Plotting the number of CFU in the function of the colony volume showed a very high positive correlation ($r = 0.843$, P -value < 0.0001) (Fig. 1F). Our results suggest that the *Mabs S* forms a biofilm-colony which hardly grows beyond day 2.

Whether *Mabs R* forms colony-biofilms was next investigated using the same set-up. Two-dimensional and 2.5D images showed that the spatial shape and growth of R biofilms differ from those of S biofilms and tend to grow more horizontally (Fig. 2A), which was confirmed by measuring the diameter of the colony-biofilms over time (Fig. 2B). While the diameter of the S variant biofilm reached 600 pixels in 3 days, this value increased up to 1,200 pixels for the R biofilm. Noteworthy, R biofilms continue to grow beyond day 2. Both the CFU per membrane (Fig. 2C) and colony volume (Fig. 2D) increased over time and a high correlation was found between the CFU number in the function of the colony volume ($r = 0.939$, P -value < 0.0001) (Fig. 2E). Overall, this indicates that the colony volume mirrors the CFU in S and R colony-biofilm and that determining the colony volume by measuring the intensity of fluorescence allows to rapidly estimate number of bacilli, a procedure particularly suited for the screening of multiple growth conditions in the same study.

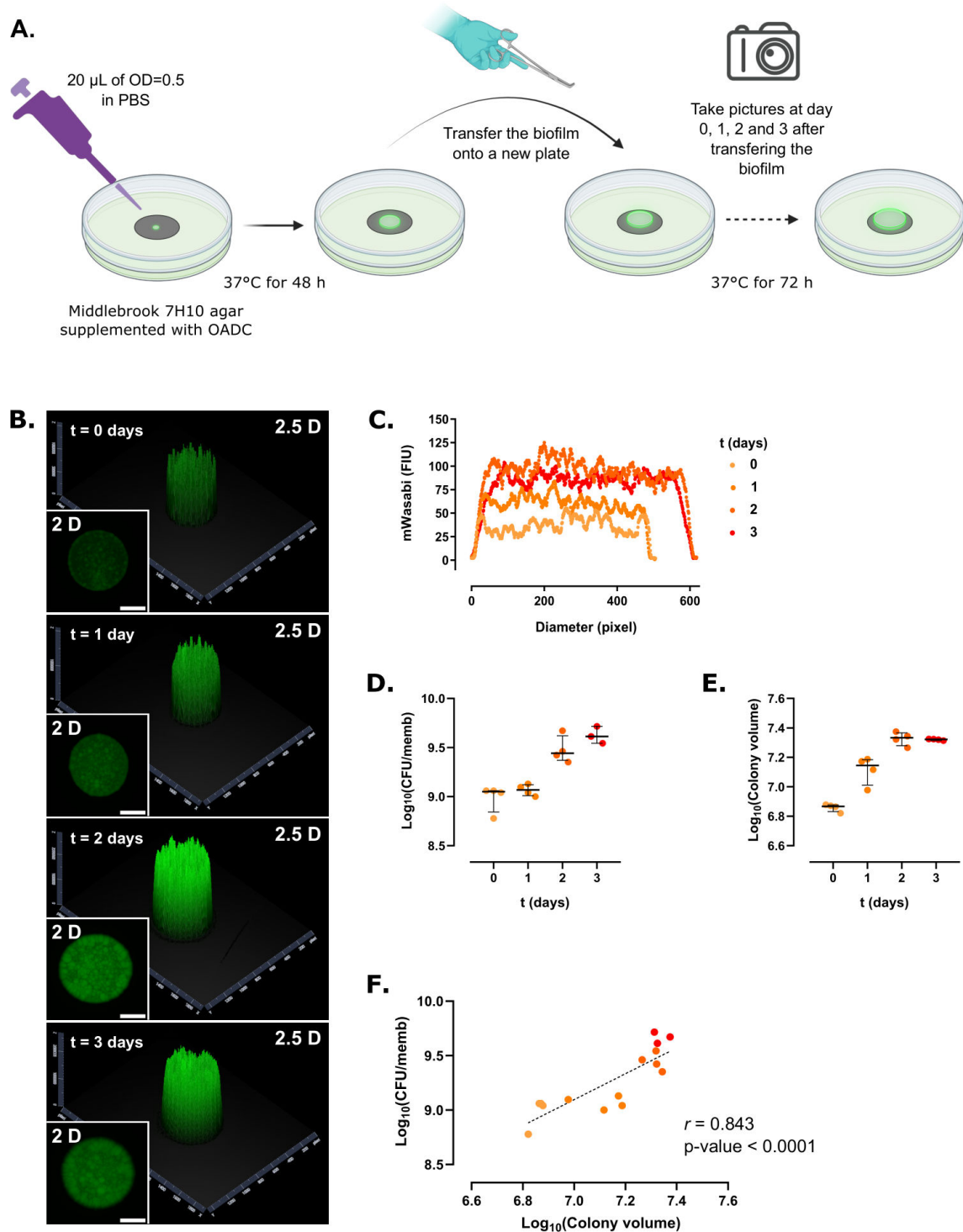


FIG 1 Colony-biofilm growth of *M. abscessus* S expressing mWasabi. (A) Schematic representation of the experimental protocol used to monitor *Mabs* biofilm growth. (B) Representative 2- and 2.5-dimensional pictures of a colony-biofilm taken at 0, 1, 2, and 3 days after transferring the biofilm-supporting membrane onto a fresh plate. White bar represents 2 mm. (C) 2D profile of a colony-biofilm estimated from the fluorescence intensity profile of the colony over time. (D) Colony-forming units (CFU) per membrane (CFU/memb) over time. (E) Colony volume over time. (F) Correlation between CFU/memb and colony volume. The discontinuous line represents the linear tendency correlation. Experiments were done using four biological replicates per strain and per time point.

We next evaluated the influence of antibiotics in colony-biofilm development by determining the activity of rifabutin, known to inhibit *Mabs* growth *in vitro*, in macrophages and animal models (27–29). The experimental design was similar to the one

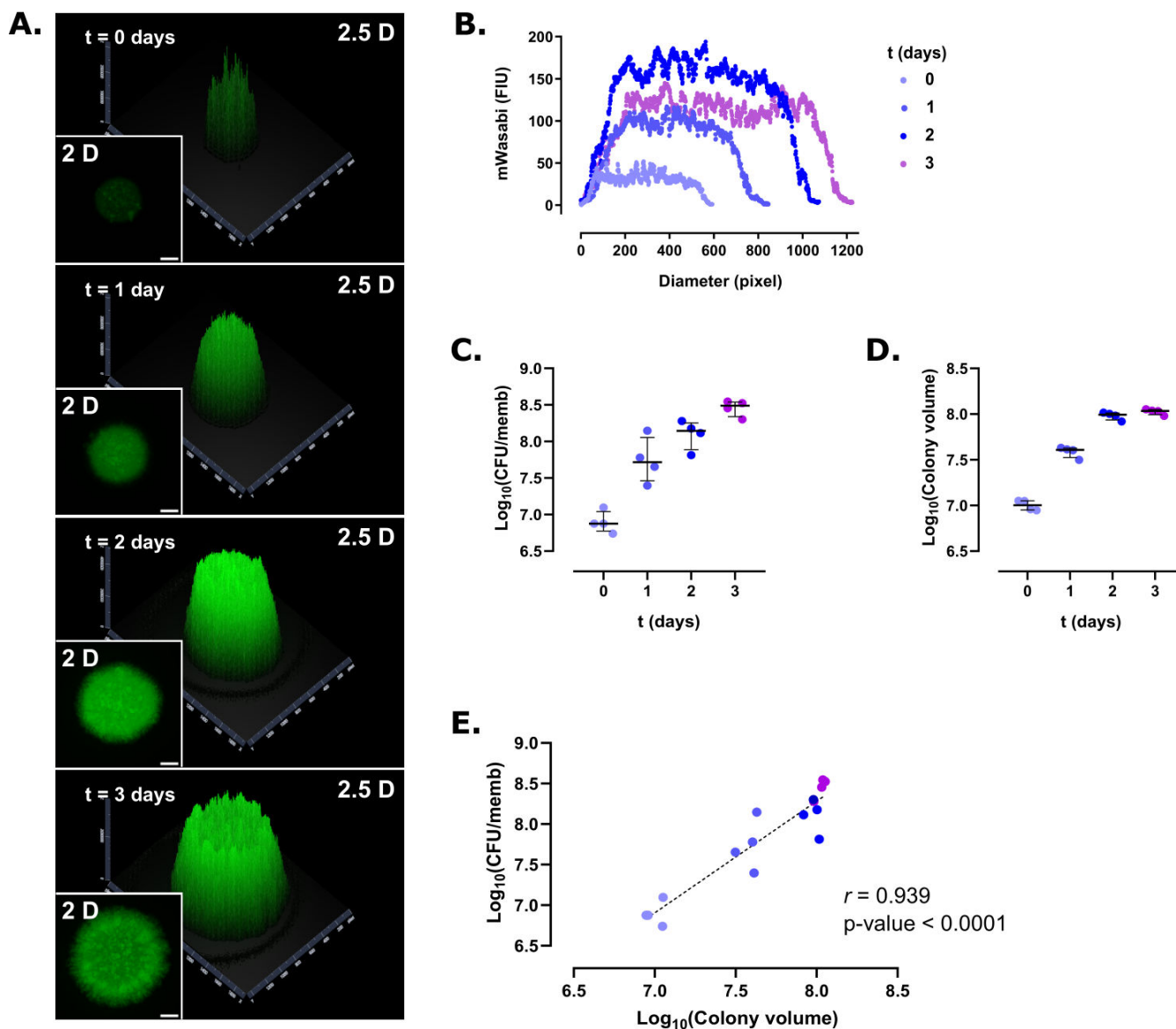


FIG 2 Colony-biofilm growth of *M. abscessus* R expressing mWasabi. (A) Representative 2- and 2.5-dimensional pictures of a colony-biofilm taken at 0, 1, 2, and 3 days after transferring the biofilm-supporting membrane onto a fresh plate. White bar represents 2 mm. (B) 2D profile of a colony-biofilm estimated from the fluorescence intensity profile of the colony over time. (C) Colony-forming units per membrane (CFU/memb) over time. (D) Colony volume over time. (E) Correlation between CFU/memb and colony volume. The discontinuous line represents the linear tendency correlation. Experiments were done using four biological replicates per strain and per time point.

described above except that, after a 48-h growth, the biofilm-supporting membranes were transferred to 7H10 agar supplemented with 10% OADC and containing 75 $\mu\text{g}/\text{mL}$ rifabutin, a concentration based on previous MIC determinations (12.5 $\mu\text{g}/\text{mL}$ and 50 $\mu\text{g}/\text{mL}$ against R and S strains, respectively) (29) (Fig. 3A). Rifabutin treatment was associated with a clear drop in fluorescence intensity at day 3 (Fig. 3B), suggesting that the antibiotic stops the colony-biofilm growth, translating into a 68% decrease in the CFU per membrane (Fig. 3C and J) and a marked reduction (73%) in the colony volume (Fig. 3D). Considering the starting number of CFU per membrane, one can propose that the rifabutin effect on both *M. abscessus* S and R biofilms is inhibitory (Fig. S1). A high positive correlation was observed between the CFU per membrane and the colony volume in the rifabutin-treated versus untreated biofilms ($r = 0.899$, P -value < 0.001) (Fig. 3E). Similarly, the 72-h rifabutin treatment severely reduced the fluorescence signal in R

biofilms (Fig. 3F), accompanied by an 89% drop in the CFU numbers (Fig. 3G and J) and an 81% reduction in the colony volume (Fig. 3H). A high positive correlation was found between the number of viable bacilli and the colony volume in the rifabutin-treated versus untreated biofilms ($r = 0.907$, P -value < 0.001) (Fig. 3I). This indicates that rifabutin is more active in R biofilms than in S biofilms, in line with the higher susceptibility of R than S bacilli in planktonic state (29). This differential susceptibility of *Mabs* S and R to rifabutin (Fig. 3J) might be explained by the presence or absence of the GPL layer, which modifies the mycobacterial surface properties. Whereas the S variant displays nanoscopic surface areas with varying degrees of hydrophobicity, the R variant is homogeneously hydrophobic (30), possibly favoring direct hydrophobic interaction between rifabutin and the *Mabs* R surface (31). While these results imply that the determination of the colony volume estimated from fluorescence intensity measurement allows monitoring the evolution of biofilm growth in the presence of an antibiotic, this method, however, pre-requires to generate a fluorescent strain. Although easily achievable in type strains, this may not be the case in clinical isolates, often refractory to DNA transformation, thus adding an additional delay when one wants to rapidly compare biofilm growth of different strains. Therefore, we thought of replacing the fluorescence marker in the bacterial strain with a non-fluorescent dye directly added into the agar and able to diffuse homogeneously inside the biofilm.

Congo red (CR) is a hydrophobic diazo dye that binds to lipids and lipoproteins (32), widely used to evaluate mycobacterial surface hydrophobicity (32–35) and in biofilm-forming bacteria such as staphylococci (36, 37). We monitored the efficacy of bedaquiline using non-fluorescent S and R biofilms. White polycarbonate membranes (diameter, 13 mm; pore size, 0.2 μm , Whatman, Merck, Germany) supporting 48-h biofilms of non-fluorescent S and R variants were transferred onto 7H10 plates supplemented with 10% OADC, containing 100 $\mu\text{g}/\text{mL}$ CR (Sigma-Aldrich, Merck, United States) and supplemented with or without 1 $\mu\text{g}/\text{mL}$ bedaquiline and incubated at 37°C for 72 h. After incubation, each biofilm was photographed using the light shutter completely open with an exposure time of 1 ms. Following image processing, the colony volume was estimated as described above, except that the FIM was replaced by the difference between the maximum and minimum intensity of the gray level intensity (GLI, in GLI units or GLIU). Each membrane-supported biofilm was then processed for quantifying the number of CFU per membrane. Experiments were performed five times per strain and per condition using five biological replicates per strain and per time point.

CR diffuses through the membrane and is incorporated inside the growing biofilms while providing the biofilm a reddish color that allows the gray level in black-and-white photography to be assessed. Bedaquiline inhibits the ATP synthase (38) and is bacteriostatic against *Mabs* *in vitro* (MIC of 0.12 $\mu\text{g}/\text{mL}$) (39) but, to our knowledge, has not been evaluated in *Mabs* biofilms. Bedaquiline reduced growth of S biofilms (Fig. 4A through D and I) but not of R biofilms (Fig. 4 E through I), causing a 29% decrease in the CFU per membrane (P -value = 0.0317) (Fig. 4B) and a 27.5% decrease in the colony volume (P -value = 0.0317) (Fig. 4C) for the S strain. The R biofilm appeared more tolerant to bedaquiline as judged by the CFU counts (Fig. 4F), although a significant 28% decrease in the colony volume was noticed (P -value = 0.0317) (Fig. 4G). Only S biofilms showed a high correlation between the CFU per membrane and colony volume ($r = 0.639$, P -value = 0.0467) (Fig. 4D and H). The anti-biofilm effect of bedaquiline observed on S biofilms supports an inhibitory effect on *Mabs* S proliferation, in line with the observation showing that bedaquiline inhibits the growth and biofilm formation of oral streptococci (40). Overall, it can be inferred that the CR-derived method can be applied to non-fluorescent mycobacterial strains, e.g., clinical strains, to rapidly determine the effect of various antibiotics on biofilms. Importantly, to demonstrate that the same results generated using the CR-based methodology are comparable to those using the fluorescence assay, we repeated the experiment demonstrating the efficacy of rifabutin against the S and R biofilms with CR. The results obtained are essentially similar to those

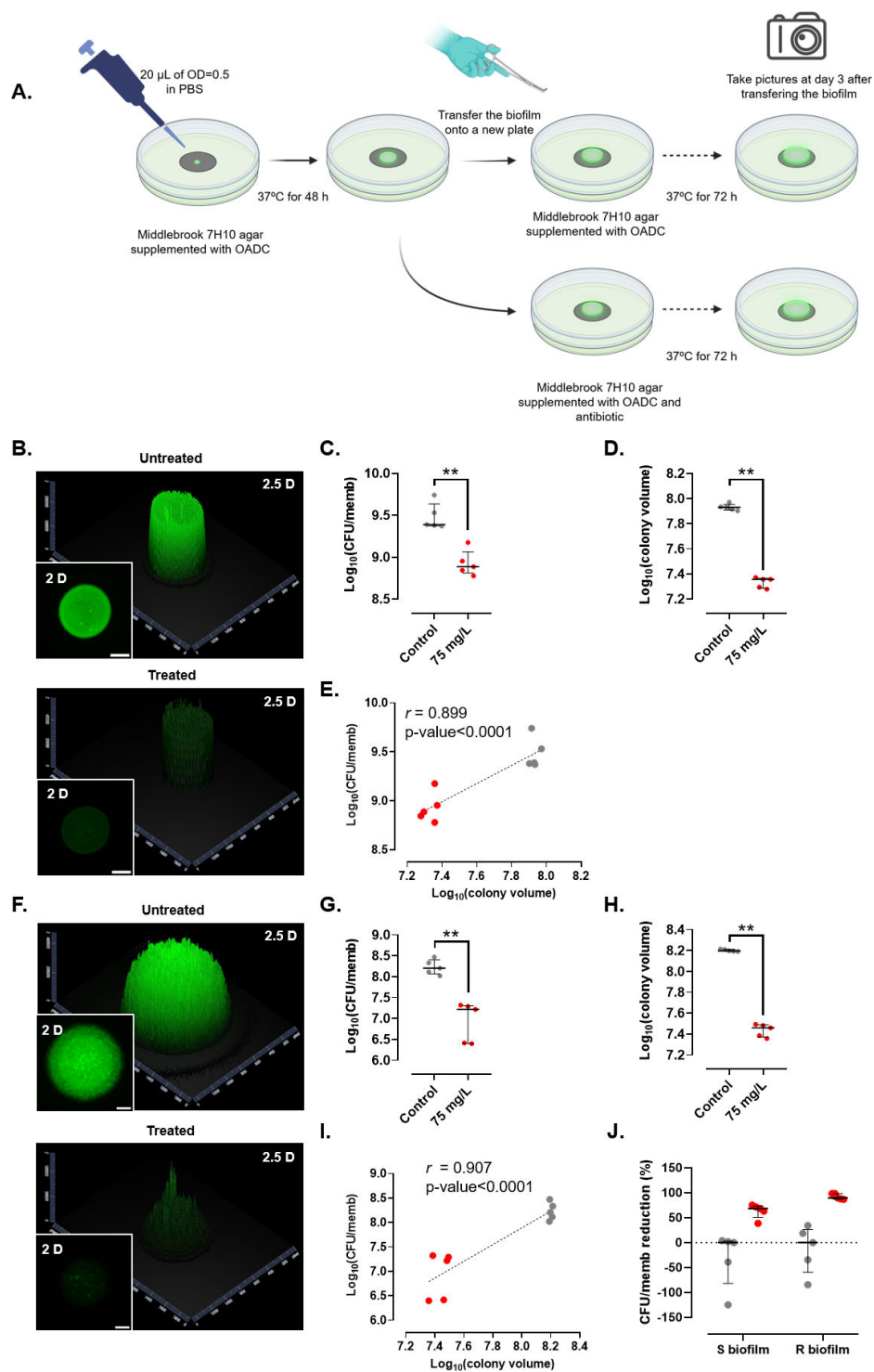


FIG 3 Effect of rifabutin on fluorescent *M. abscessus* S (B–E) and R (F–I) biofilms. (A) Schematic representation of the experimental protocol used to monitor the effect of drugs on biofilm growth. (B, F) Representative 2- and 2.5-dimensional pictures of a colony-biofilm in the absence (upper panels) or presence (lower panels) of rifabutin, 3 days after transferring the biofilm-supporting membrane onto a fresh plate. White bar represents 2 mm. (C, G) Colony-forming units per membrane (CFU/memb) with or without treatment. (D, H) Colony volume with or without treatment. (E, I) Correlation between CFU/memb and colony volume with or without treatment. The discontinuous line represents the linear tendency correlation. (J) CFU/memb reduction in S and R biofilms. Untreated biofilms are in gray and rifabutin-treated biofilms are in red. **, P -value < 0.01 for Wilcoxon test. Experiments were done using five biological replicates per strain and condition.

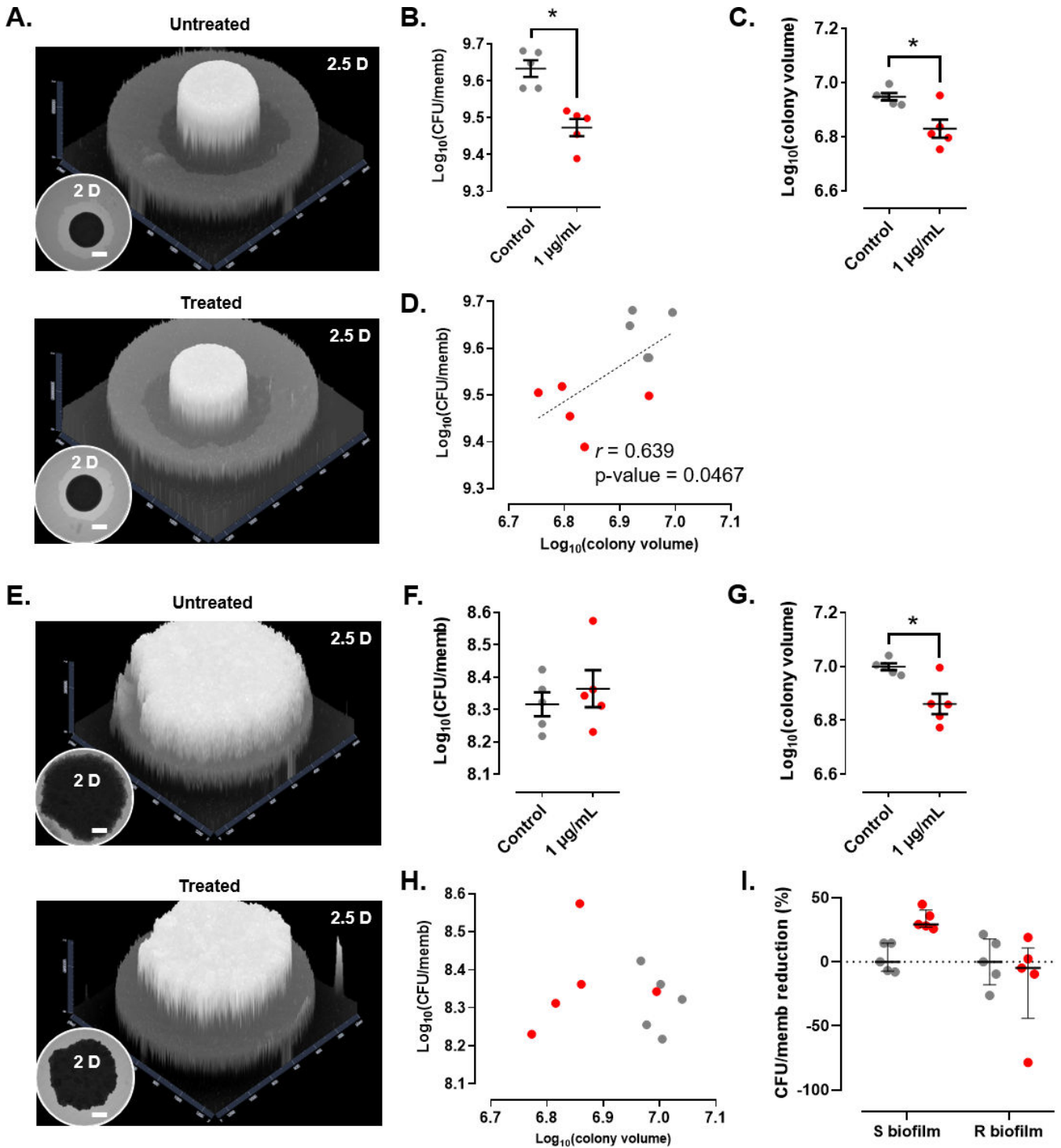


FIG 4 Effect of bedaquiline on non-fluorescent *M. abscessus* S (A–D) and R (E–H) biofilms. (A, E) Representative 2- and 2.5-dimensional pictures of a colony-biofilm in the absence (upper panels) or presence (lower panels) of bedaquiline, 3 days after transferring the biofilm-supporting membrane onto a fresh plate. White bar represents 2 mm. Black and white must be inverted to represent the 2.5D figures. (B, F) CFU/memb with or without treatment. (C, G) Colony volume with or without treatment. (D, H) Correlation between CFU/memb and colony volume with or without treatment. The discontinuous line represents the linear tendency correlation. (I) CFU/memb reduction in S and R biofilms. Untreated biofilms are in gray and bedaquiline-treated biofilms are in red. *, P -value <0.05 for Wilcoxon test. Experiments were done using five biological replicates per strain and condition.

obtained by monitoring fluorescence (Fig. S2), thus validating the usefulness of the CR-based approach.

This study presents, however, a few limitations: (i) the starting time point to monitor the biofilm growth corresponds to 48 h after inoculation of the bacterial suspension onto the membrane, implying that potential differences in growth/drug activity may be overlooked during the first 48 h; (ii) the OD/CFU ratio between the S and R morphotypes in the initial inoculum onto the membranes varies, implying that the CFU per membrane of each morphotype should be compared; (iii) units (FIU \times pixel² or GLIU \times pixel²) may not be comparable between studies since both factors are depending on the fluorescent reporter used or on the software from which images are acquired and processed; (iv) the use of the FIM to calculate the volume of a colony may oversimplify the differences in the colony contours between both *Mabs* variants since, although the S morphotype shows a more uniform dome-shaped morphology, the R morphotype has an irregular shape with ridges; (v) although the fluorescent and non-fluorescent *Mabs* strains used in this study possess the same genetic background, high levels of expression of the fluorescent protein may affect the growth rates and the biomass yield (41, 42), thus influencing biofilm development; (vi) the percentage of agarose in the medium onto which the colony-biofilm is growing modifies the biofilm characteristics in both variants (Fig. S3). While *Mabs* S showed no changes related to CFU per membrane, the colony volume dropped significantly with a high agarose concentration (1.5%). In contrast, for *Mabs* R, this high agarose concentration showed an increase in the CFU per membrane and a decrease in colony volume.

In summary, the methods described here allow to rapidly estimate the volume associated with each biofilm, which may be very helpful to characterize growth evolution and/or the potential impact of drugs on both fluorescent and non-fluorescent *Mabs* colony-biofilms. This study also reveals that S and R biofilms show distinct tolerance to bedaquiline, thus underscoring the importance of the morphotype to adequately address antibiotic treatment in patients with biofilm-related infections.

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ADDITIONAL FILES

The following material is available [online](#).

Supplemental Material

Supplemental materials and methods, Fig. S1, Fig. S2, Fig. S3 (AAC00402-23-S0001.pdf). Additional experimental details, additional results.

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