Pseudomonas aeruginosa antibiotic susceptibility profiles, genomic epidemiology and resistance mechanisms: a nation-wide five-year time lapse analysis

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Summary

Background *Pseudomonas aeruginosa* healthcare-associated infections are one of the top antimicrobial resistance threats world-wide. In order to analyze the current trends, we performed a Spanish nation-wide high-resolution analysis of the susceptibility profiles, the genomic epidemiology and the resistome of *P. aeruginosa* over a five-year time lapse.

Methods A total of 3.180 nonduplicated *P. aeruginosa* clinical isolates from two Spanish nation-wide surveys performed in October 2017 and 2022 were analyzed. MICs of 13 antipseudomonals were determined by ISO-EUCAST. Multidrug resistance (MDR)/extensively drug resistance (XDR)/difficult to treat resistance (DTR)/ pandrug resistance (PDR) profiles were defined following established criteria. All XDR/DTR isolates were subjected to whole genome sequencing (WGS).

Findings A decrease in resistance to all tested antibiotics, including older and newer antimicrobials, was observed in 2022 vs 2017. Likewise, a major reduction of XDR (15.2% vs 5.9%) and DTR (4.2 vs 2.1%) profiles was evidenced, and even more patent among ICU isolates [XDR (26.0% vs 6.0%) and DTR (8.9% vs 2.6%)] (p < 0.001). The prevalence of Extended-spectrum β-lactamase/carbapenemase production was slightly lower in 2022 (2.1%. vs 3.1%, p = 0.064). However, there was a significant increase in the proportion of carbapenemase production among carbapenem-resistant strains (29.4% vs 18.1%, p = 0.0246). While ST175 was still the most frequent clone among XDR, a slight reduction in its prevalence was noted (35.9% vs 45.5%, p = 0.106) as opposed to ST235 which increased significantly (24.3% vs 12.3%, p = 0.0062).

Interpretation While the generalized decrease in *P. aeruginosa* resistance, linked to a major reduction in the prevalence of XDR strains, is encouraging, the negative counterpart is the increase in the proportion of XDR strains producing carbapenemases, associated to the significant advance of the concerning world-wide disseminated hypervirulent high-risk clone ST235. Continued high-resolution surveillance, integrating phenotypic and genomic data, is necessary for understanding resistance trends and analyzing the impact of national plans on antimicrobial resistance.

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Research in context

Evidence before this study

We searched PubMed, without language restrictions, for articles published before October 1st 2022 using the terms "*Pseudomonas aeruginosa*" and "surveillance" and "resistance" and "MDR", "XDR" or "DTR". We identified multiple global surveillance programs that analyzed *P. aeruginosa* resistance trends, including concerning MDR (multidrug resistance), XDR (extensively drug resistance), and/or DTR (difficult to treat resistance) phenotypes, and some of them used whole genome sequencing (WGS) to identify globally disseminated clones and associated resistance mechanisms. We identified also some national surveys (including Spain) that analyzed the prevalence of resistance that used as well WGS to decipher the involved mechanisms and to identify widespread MDR/XDR/DTR strains. All these studies have helped to settle the current knowledge on the global burden of *P. aeruginosa* antimicrobial resistance genomics and epidemiology, by integrating information from different time points and places. We did not identify however any study that analyzed at a nationwide scale how resistance phenotypes, mechanisms and epidemiology may change over a time lapse.

Added value of this study

Taking advantage of two large-scale surveys with identical methodology, we performed a Spanish nationwide high-resolution analysis of the trends in the susceptibility profiles, the genomic epidemiology and resistance mechanisms of *P. aeruginosa* isolates from hospital-acquired infections over a five-year time lapse. Positive findings included a sharp generalized decrease in resistance to older and newer antipseudomonals, as well as a dramatic decrease in the prevalence of XDR *P. aeruginosa*. The negative counterpart was a significant increase in the proportion of XDR and carbapenem resistant strains producing concerning horizontally-acquired carbapenemases, linked to a significant progression of the world-wide disseminated hypervirulent high-risk clone ST235.

Implications of all the available evidence

Continued high-resolution surveillance, integrating both, phenotypic and genomic data, is necessary for understanding resistance trends and analyzing the impact of national and global plans on antimicrobial resistance.

Introduction

Pseudomonas aeruginosa, is among the main causes of hospital-acquired and chronic infections and is associated with high antimicrobial resistance, morbidity and mortality.[1] Indeed, antibiotic-resistant *P. aeruginosa* infections are estimated to be associated with over 300,000 annual deaths and are at the top of the WHO priority list for the need for research and development of new antibiotics.[2,3] This growing threat results from the extraordinary capacity of this pathogen for developing resistance through chromosomal mutations and from the increasing prevalence of transferable resistance determinants, particularly those encoding carbapenemases or extended-spectrum β-lactamases (ESBLs).[4,5] Combinations of such mechanisms lead to concerning and complex resistance profiles as defined by the European Centre for Disease Prevention Control (ECDC), [multidrug resistance (MDR), extensively drug resistance (XDR), and pandrug resistance (PDR)] or the infectious Diseases Society of America (IDSA) [difficult to treat resistance (DTR)].[6,7] *P. aeruginosa* has a non-clonal epidemic population structure, composed of a limited number of widespread clones, which are selected from a background of a large quantity of rare and unrelated genotypes that are recombining at high frequency.[8] Indeed, several surveys have provided evidence of the existence of XDR/DTR global clones, denominated high-risk clones, disseminated in hospitals worldwide.[9–11] Moreover, beyond classical molecular epidemiology analysis and phenotypic assessment of resistance mechanisms, Whole Genome Sequencing (WGS) studies are providing relevant information for building up the complex and evolving resistome of MDR/XDR *P. aeruginosa* high-risk clones.[12–15]

The recent introduction of newer β-lactam/β-lactamase inhibitors combinations (such as ceftolozane/tazobactam, ceftazidime/avibactam or imipenem/relebactam) has helped to mitigate, to some extent, the problem of XDR/DTR *P. aeruginosa*.[16,17] Indeed, these agents show increased stability against the classic *P. aeruginosa* chromosomally-encoded β-lactam resistance mechanisms, such as the overexpression of the chromosomal β-lactamase AmpC and efflux pumps or OprD inactivation. However they are not exempt from resistance development through emerging mutational mechanisms, such as the modification of the catalytic center of AmpC or the modification of efflux pumps substrate specificity, evidenced right upon their introduction into clinical practice.[18–21] Likewise, they are not active against most potent transferable carbapenemases, particularly the metallo-β-lactamases (MBLs), and thus their use may lead to the selection of such concerning

mechanisms.[22] Therefore, emerging resistance to older and newer antibiotics is of particular concern and should be therefore closely monitored. Taking advantage of two large-scale (over 3.000 isolates from 66 hospitals) surveys, we performed a Spanish nation-wide high-resolution analysis of the trends in the susceptibility profiles, the molecular epidemiology and the resistome of *P. aeruginosa* over a five-year time lapse.

Methods

P. aeruginosa strains and susceptibility testing

A total of 1735 *P. aeruginosa* isolates were studied in this second Spanish nation-wide survey performed under the auspices of the Spanish Society of Clinical Microbiology and Infectious Diseases (SEIMC) ensuring representation of all 17 Spanish regions. This collection included up to 30 consecutive healthcare-associated non-duplicated (one per patient) *P. aeruginosa* clinical isolates collected during October 2022 from each of the 66 participating hospitals (Figure S1). Species identification was confirmed by matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF) mass spectrometry (Bruker-Daltonics). Sample types [respiratory, urinary, bloodstream, skin soft tissue and osteoarticular (SST), others] and sources [Intensive care unit (ICU), medical ward, surgical ward, emergency room, others] were recorded for each isolate. MICs of piperacillin/tazobactam (4/4–256/4 mg/L), ceftazidime (1–64 mg/L), cefepime (1–64 mg/L), ceftolozane/tazobactam (0.5/4–32/4 mg/L), ceftazidime/avibactam (0.5/4–32/4 mg/L), aztreonam (2–128 mg/L), imipenem (0.5–64 mg/L), imipenem/relebactam (0.12/4–64/4 mg/L), meropenem (0.5–64 mg/L), ciprofloxacin (0.12–16 mg/L), tobramycin (0.25–32 mg/L), amikacin (2–128 mg/L), and colistin (0.5–16 mg/L) were determined by broth microdilution using Sensititre™ panels (Plate Code:FRCNRP2, Thermo Fisher Diagnostics, S.LU), except for imipenem/relebactam for which in house microdilution was performed according to ISO-EUCAST guidelines (http://www.eucast.org). EUCAST 2023 (v13.0) clinical breakpoints were used for interpretation of SIR categories. Results were compared with those previously obtained in the first Spanish nation-wide survey, which included 1445 isolates collected from 51 hospitals (all of them participating in the second survey) five years earlier (October 2017) with exactly the same criteria (up to 30 consecutive healthcare-associated nonduplicated isolates per hospital, same sample types and sources classification).[15,23] Likewise, the same panel of antibiotics and concentrations were tested by the same reference laboratory (Microbiology Department, Hospital Son Espases, Palma de Mallorca) using the same protocols in both surveys. Moreover, to ensure interstudy reproducibility of susceptibility results, reference strains ATCC27853 and PAO1 were included as controls. Each of the reference strains was tested in at least 6 independent occasions during each of the studies, yielding no significant

MIC differences between both periods, as shown in Table S1. To confirm reproducibility as well for testing resistant strains, 6 randomly selected XDR strains from the first (2017) study were retested in the second (2022) study yielding no significant MIC differences (Table S1). Finally, to compare SIR data for both studies, MICs of the first study were reinterpreted according to current EUCAST 2023 (v 13.0) clinical breakpoints.

According to established recommendations by ECDC,[6] the MDR profile was defined as resistance to at least one agent in at least three of seven antibiotic classes including antipseudomonal penicillins + β-lactamase inhibitor combinations (piperacillin/tazobactam), antipseudomonal cephalosporins (ceftazidime and cefepime), monobactams (aztreonam), antipseudomonal carbapenems (imipenem and meropenem), fluoroquinolones (ciprofloxacin), aminoglycosides (tobramycin and amikacin), and polymyxins (colistin) and the XDR profile as resistance to at least one agent in all but one or two antibiotic classes. Likewise, PDR profile was defined as resistance to all agents in the seven antibiotic classes. The eight category (fosfonic acids, fosfomycin) included in the ECDC recommendations was not considered given the lack of current EUCAST clinical breakpoints. On the other hand, the DTR (Difficult to Treat Resistance) profile was defined according to IDSA recommendations as resistance to all first line (classical) agents: antipseudomonal penicillins + β-lactamase inhibitor combinations (piperacillin/tazobactam), antipseudomonal cephalosporins (ceftazidime and cefepime), monobactams (aztreonam), antipseudomonal carbapenems (imipenem and meropenem), and fluoroquinolones (ciprofloxacin).[7] Thus, all DTR isolates meet the XDR criteria, since they are resistant to at least five of seven classes.

WGS

All XDR (and consequently all DTR) isolates, as well as those resistant to the any of the three newer β-lactam/β-lactamase inhibitor combinations herein evaluated (ceftolozane/tazobactam, ceftazidime/avibactam or imipenem/relebactam), and/or producing an acquired ESBL or carbapenemase from the 2022 study were fully sequenced (n = 138). Additionally, sequences from the 185 XDR isolates available from the 2017 study were included for comparison. It should be noted that a number of these isolates (n = 28) are now reclassified as MDR when applying current EUCAST breakpoints. Strains from the 2022 study that would have been classified as XDR in the 2017, but only as MDR with the current criteria (n = 19) were also sequenced to have the complete picture. Table S2 collects the information from the 342 strains sequenced from 2017 to 2022 studies.

Library preparation

Genomic DNA was obtained with a commercially available extraction kit (High Pure PCR Template

Preparation Kit, Roche Diagnostics). Indexed paired-end libraries were generated by using the Illumina DNA Prep library preparation kit (Illumina Inc, USA) and then sequenced on either, an Illumina MiSeq® benchtop sequencer with MiSeq reagent kit v3 (600 cycles) or in an Illumina Novaseq 6000 system with NovaSeq 6000 SP Reagent Kit v1.5 (300 cycles).

Variant calling
Previously defined and validated protocols were used with slight modifications.[24] The reads for each isolate were mapped against the genome of the *P. aeruginosa* reference strain PAO1 (RefSeq accession number NC_002516.2) using Bowtie 2 software, v2.2.6 (http://bowtie-bio.sourceforge.net/bowtie2/index.shtml).[25] Pileups and raw files of the mapped reads were obtained by using SAMtools, v0.1.16 (https://sourceforge.net/projects/samtools/files/samtools/),[26] and PicardTools, v1.140 (https://github.com/broadinstitute/picard). Read alignments surrounding all putative indels were realigned using the Genome Analysis Toolkit (GATK), v3.4-46 (https://www.broadinstitute.org/gatk/).[27] The list of SNPs was compiled from the raw files that met the following criteria: a quality score of ≥50, a root mean square (RMS) mapping quality of ≥25 and a coverage depth of ≥3 reads. MicroIndels were extracted from the totalpileup files by use of the following criteria: a quality score of ≥500, a RMS mapping quality of ≥25 and support from at least one-fifth of the covering reads. SNPs and indels for each isolate were annotated by using SnpEff software v4.3 ().[28] Finally, large chromosomal deletions were analyzed with Seqmonk v1.47.2 (https://www.bioinformatics.babraham.ac.uk/projects/seqmonk/) and R v4.2.3 within the RStudio v0.99.896 platform.[29]

De novo assembly
Reads were *de novo* assembled using SPAdes v3.15 with default options. De novo assemblies were used to define the sequence type (ST) by using MLST v2.23.0 according to PubMLST typing schemes (https://pubmlst.org/) *developed by Keith Jolley*.[30] Additionally, assembled reads were used to study the structural integrity of the OprD porin. As different sequence variants of OprD have been described,[31] the oprD gene was first classified according to their similarity to PAO1, LESB58, UCBP-PA14, MTB-1, FRD1 or F23197 reference sequences.

Analysis of the mutational resistome
A total of 48 genes involved in mutational resistance were selected according to findings of previous studies and analyzed.[13,32,33] The complete list of the genes studied, indicating their role in antibiotic resistance, is shown in Table S3. Nucleotide sequence variants located within these genes were filtered by using a list of natural polymorphisms that have been previously defined by our group.[34]

Phylogenic analysis
With the aim to study the diversity of XDR ST175 and ST235, core genome phylogenetic reconstruction was performed with Parsnp from the Harvest Suite package v1.2 with default parameters,[35] forcing the inclusion of all genomes (-c) and randomly selecting the reference genome (-r!). Additionally, a minimum-spanning tree (MST) for XDR and reference strains PAO1, PA14 and PA7 was inferred by using GrapeTree[36] on the basis of cgMLST scheme for *P. aeruginosa*[37] created using the open source ChewBBACCA algorithm.[38]

Acquired resistance determinants
To identify possible horizontally-acquired antimicrobial resistance genes, we used the online tool ResFinder v3.1.0. with default options (https://cge.cbs.dtu.dk//services/ResFinder/).[39] Genomic information was complemented as needed by phenotypic (such as cloxacillin and EDTA tests) and molecular (PCR + sanger sequencing) methods for the detection of acquired β-lactamases.[15]

Statistical analysis
The data set analysed included a total of 3.180 non-duplicated *P. aeruginosa* clinical isolates from two Spanish nation-wide surveys performed in October 2017 (1.445 isolates) and 2022 (1.735 isolates), as well as the 342 genomes sequenced from 2017 (n = 185) and 2022 (n = 138) studies. The following variables were considered: Prevalence of resistance to each of 13 anti-pseudomonals agents for all isolates and for ICU isolates. Prevalence of MDR, XDR and DTR resistance profiles according to sample type [respiratory urinary, bloodstream, skin soft tissue and osteoarticular, others], hospital wards [ICU, medical, surgical, emergency room, others], production of ESBLs and carbapenemases and clonal types. We investigated how the different variables varied between the two periods (2017 and 2022) using Chi-square test. The Wilcoxon signed-rank test was used to compare the proportion of hospitals showing an increase or decrease of resistance for the different antibiotics tested in 2022 vs 2017. In all cases, a p value of <0.05 was considered statistically significant. All statistical analyses were performed using GraphPad Prism 5 or IBM SPSS Statistics v22 software.

Role of the funding source
The funder of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report.

Data availability
Genomic sequences from the 2022 and 2017 studies have been deposited in the European Nucleotide Archive, under project numbers PRJEB61879 and PRJEB31047, respectively.
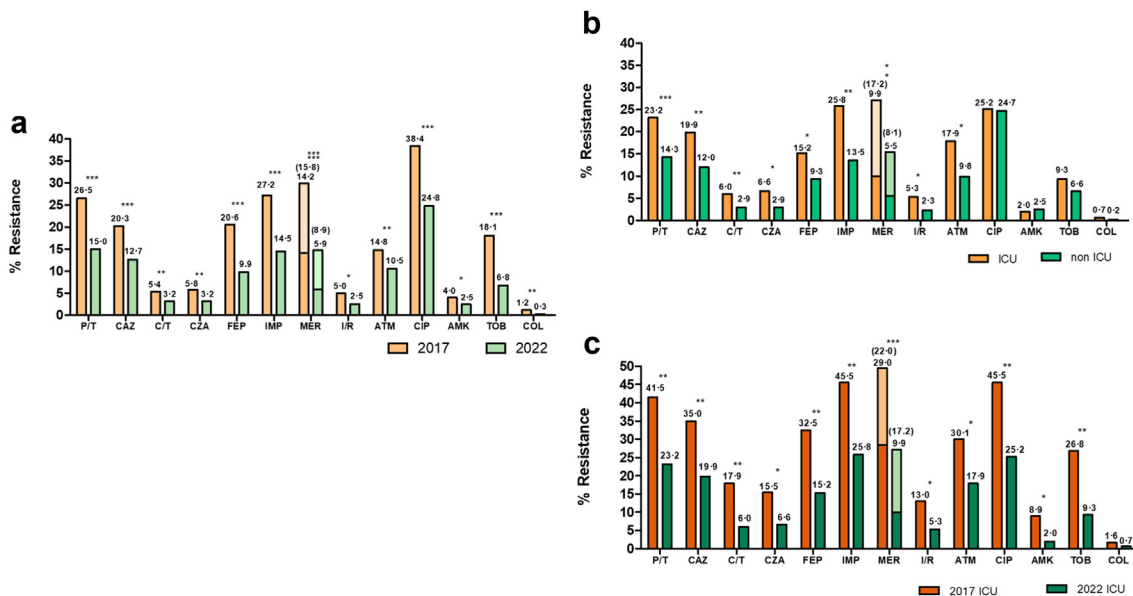
Fig. 1: a. Comparative analysis of the prevalence of resistance to 13 antipseudomonal agents in 2017 and 2022 Spanish nation-wide studies. b. Comparative analysis of the prevalence of resistance among ICU and nonICU isolates from the 2022 study. c. Comparative analysis of the prevalence of resistance in ICU isolates from 2017 to 2022 studies. In the case of meropenem, "I" (susceptible increased exposure) isolates were also represented (in a lighter tone and with numbers between brackets) in addition to resistant isolates for reference since these isolates show low level resistance. Statistical significance (Chi-square, X^2) indicated (***$p < 0.0001$; **$p < 0.01$; *$p < 0.05$).

Results

Antimicrobial susceptibility and resistance profiles

A comparative analysis of resistance rates for a panel of 13 antipseudomonal agents is shown in Fig. 1a. A statistically significant decrease in resistance for all antibiotics tested was documented in 2022 compared to 2017. In both periods, the antibiotic showing lowest resistance rates was colistin followed by amikacin, imipenem/relebactam, ceftolozane/tazobactam and ceftazidime/avibactam. In contrast, the highest resistance rates were documented for ciprofloxacin, followed by imipenem and piperacillin/tazobactam. Resistance rates were higher for all agents in the ICU (Fig. 1b), except for ciprofloxacin and amikacin, but again they were considerably lower in 2022 compared to 2017 (Fig. 1c).

The distribution of resistance profiles is shown in Fig. 2a, revealing a major decrease as well in 2022 of MDR (27.2% vs 14.8%), XDR (15.2% vs 5.9%) and DTR (4.2% vs 2.1%) profiles. PDR profiles were not detected in either period. The generalized decrease in the prevalence of XDR profiles in nearly all Spanish regions is evidenced in Fig. 2b.

As shown in Fig. 3a the distribution of clinical sample types was nearly identical in both studied periods. Interestingly, while there was a generalized reduction in the prevalence of MDR/XDR/DTR phenotypes, the decrease was highest for respiratory samples and lowest for blood cultures. Likewise, the distribution of isolates according to the hospital ward of origin was very similar for both studies (Fig. 3b). Remarkably the highest decrease in the prevalence of XDR (26.0% vs 6.0%) and DTR (8.9% vs 2.6%) in 2022 vs 2017 was documented for ICU isolates. Moreover, contrasting dramatically with 2017 results, XDR and DTR profiles were not more frequent in the ICU than in other hospital wards in 2022. The prevalence of MDR (nonXDR) profiles were, however, very similar for ICU isolates in both study periods and much higher than those documented in other hospital wards.

A paired analysis of the 51 hospitals participating in both studies further emphasizes the generalized decrease in resistance (Fig. 4). Particularly noteworthy, the percentage of XDR decreased in over 80% of the participating hospitals, while it increased in less than 10% of them. Among individual agents, the prevalence of resistance to imipenem, meropenem, tobramycin, ciprofloxacin, cefepime and piperacillin/tazobactam was decreased in >70% of the participating hospitals.

Horizontally-acquired β-lactamases and distribution of high-risk clones

The nature and prevalence of horizontally-acquired ESBLs and carbapenemases is shown in Fig. 5a. The global prevalence of acquired enzymes tended to decrease from 3.1% in 2017 to 2.1% in 2022, but statistical significance was not reached (p = 0.064). Regarding the distribution of enzymes, a slight decrease in the prevalence of VIM MBLs was documented in 2022, while GES
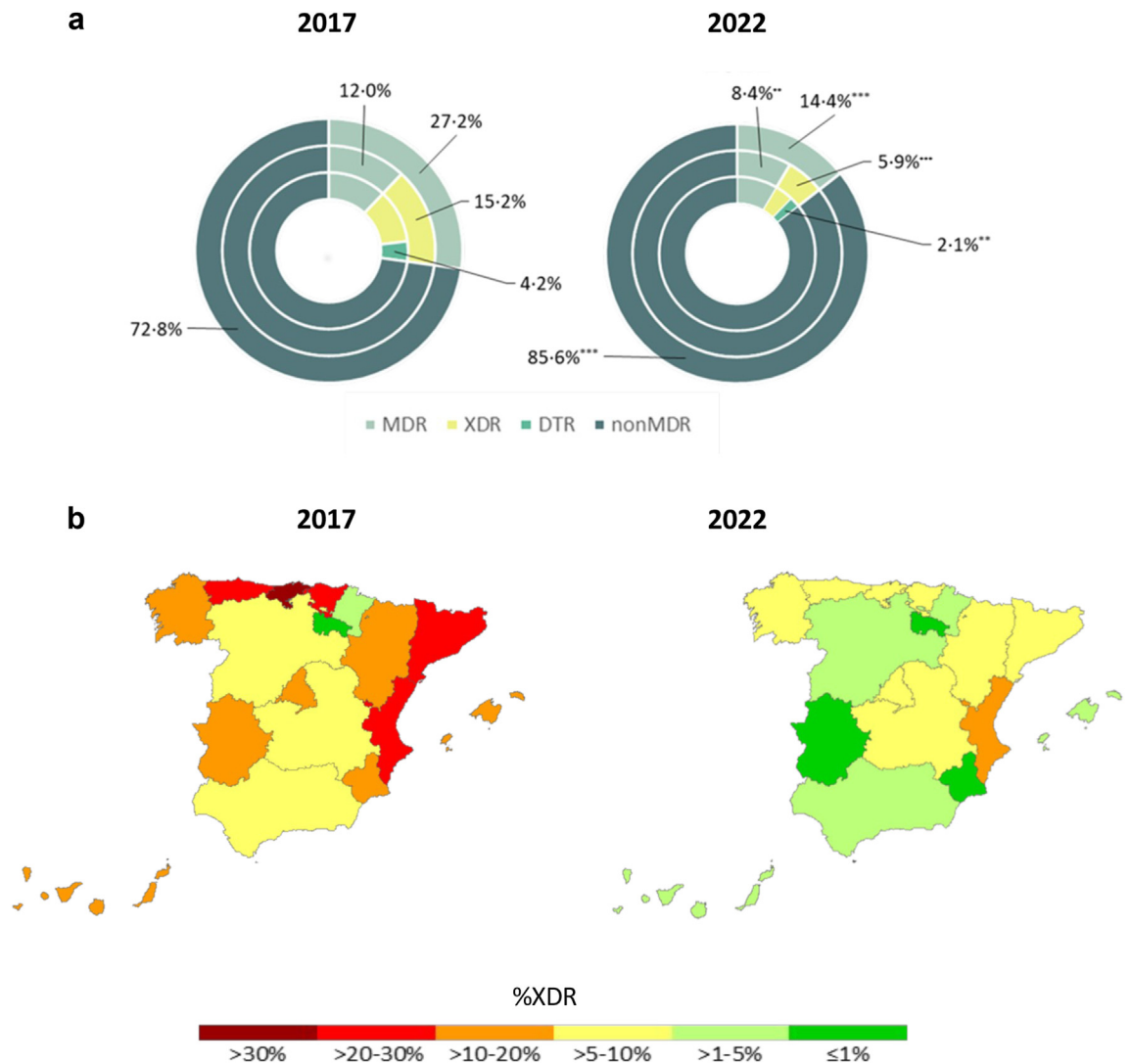
Fig. 2: a. Comparative analysis of the distribution of MDR XDR and DTR profiles in 2017 and 2022 Spanish nation-wide studies. As described in the material and methods section, XDR isolates are a fraction of MDR isolates and DTR isolates a fraction of XDR isolates. Statistical significance (Chi-square, X^2) indicated (***$p < 0.0001$; **$p < 0.01$; *$p < 0.05$). **b**. Comparative analysis of the distribution of XDR profiles in the different Spanish region in 2017 and 2022 studies.

enzymes slightly increased. However, the proportion of carbapenemase producing isolates significantly increased among XDR isolates (13.2% vs 22.3%) (Fig. 5b) and among meropenem resistant isolates (18.1% vs 29.4%) (Fig. 5c) in 2022 compared to 2017.

The distribution of clonal types among XDR isolates is shown in Fig. 6. While ST175 was still the most frequent clone in 2022 a slight reduction (not statistically significant) in its prevalence was noted when comparing 2017 (45.5%) with 2022 (35.9%). However, the most remarkable finding was the statistically significant increase in the prevalence of ST235 in 2022 (12.3% vs 24.3%).

Phylogenetic reconstructions and association with horizontally acquired and mutational resistance are represented for XDR ST175 and ST235 clones in Fig. 7. As previously documented, XDR ST175 isolates were characterized by a strong mutational resistance genomic signature which included nearly uniform QRDR and *mexZ* mutations (Fig. 7a). Additionally, the most frequent cluster of ST175 isolates both in 2017 and 2022 showed the characteristic β-lactam mutational resistome described in isolates from nearly 15 years ago, including specific OprD (Q142*) and AmpR (G154R) mutations.[13] A second ST175 lineage, already documented in 2017, produced the VIM-20 variant but seemed not to have
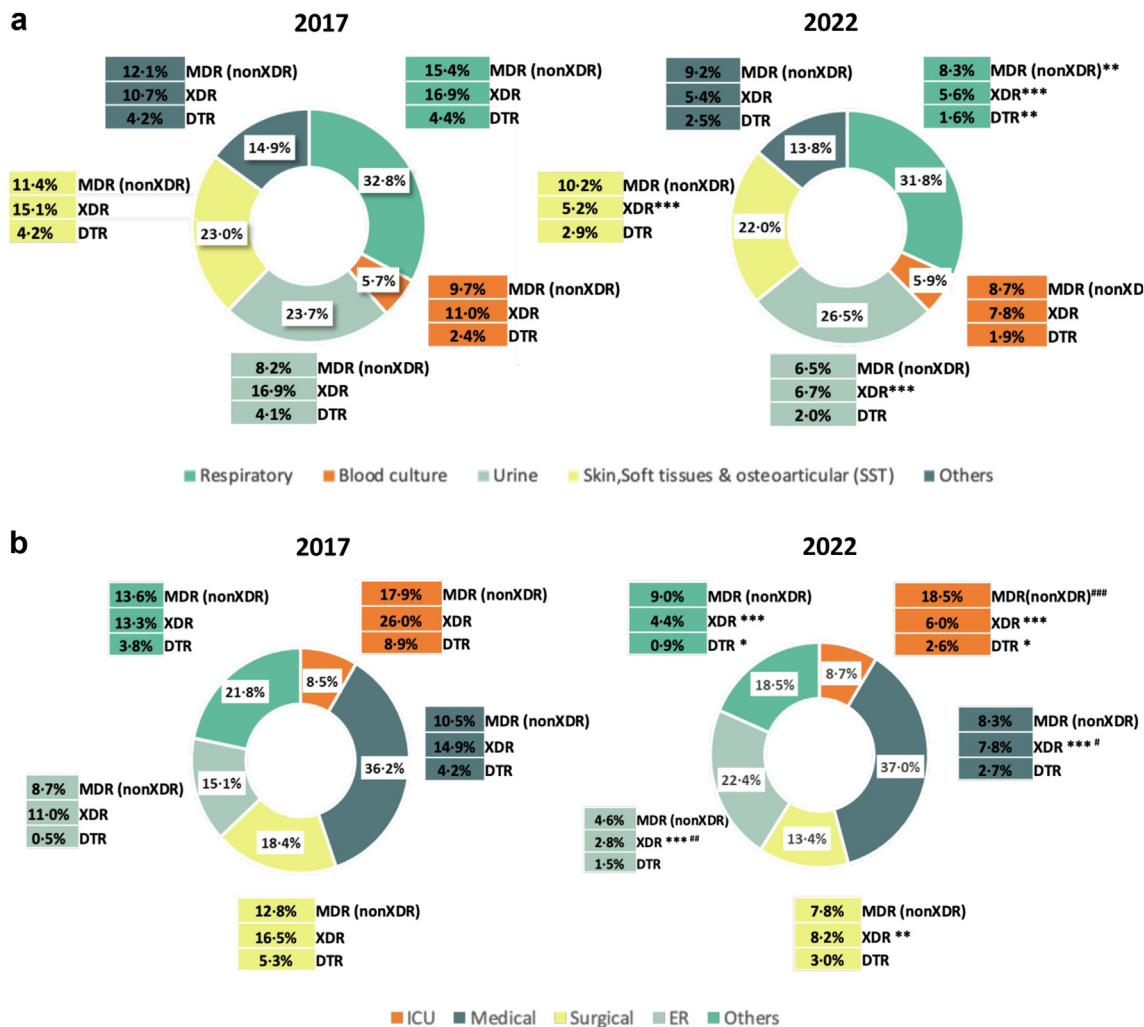
Fig. 3: Distribution of isolates and resistance profiles according to sample type (**a**) and hospital wards (**b**) in 2017 and 2022 Spanish nation-wide studies. ER, emergency room. Statistical significance (Chi-square, X^2) comparing both studies (***p < 0.0001; **p < 0.01; *p < 0.05) and between hospital wards in 2022 ($^{###}$p < 0.0001; $^{##}$p < 0.01; $^{#}$p < 0.05) are indicated.

expanded in 2022. In sharp contrast, as shown in Fig. 7b, ST235 demonstrated an overwhelming association with the production of horizontally acquired resistance determinants, particularly noteworthy ESBLs and carbapenemases, and presented a more heterogeneous mutational resistome. Clonal expansion of a ST235 epidemic lineage in multiple hospitals from the Madrid region was particularly evident in 2022 and was associated with GES enzymes production and specific *mexZ* and *parS* mutations.

Figure S2 shows the cgMLST analysis of the complete collection of XDR isolates from 2017 to 2022, further evidencing interregional transmission and persistence of several XDR clones, most noteworthy, but not only, ST175 and ST235. Increased association with acquired carbapenemases in 2022 was also documented

for other less frequent high-risk clones. For example, ST308 was less frequent in 2022, but accounted for the single case of NDM production in the complete collection. Likewise, while the overall prevalence of ST253 had slightly decreased 2022, an increased association with MBL-production was observed including a clonal expansion of a VIM-1 lineage that was detected in a single hospital from Catalonia in 2017 but in three (including the first) from the same region in 2022 (Table S2). Moreover, an additional VIM-2-producing ST253 lineage was first detected in a different region in 2022. Globally expanding KPC enzymes were however not detected in any of the two periods. Finally, while the investigation of the transferable elements (plasmids and transposons) harboring the carbapenemase genes was beyond the scope of this work, the
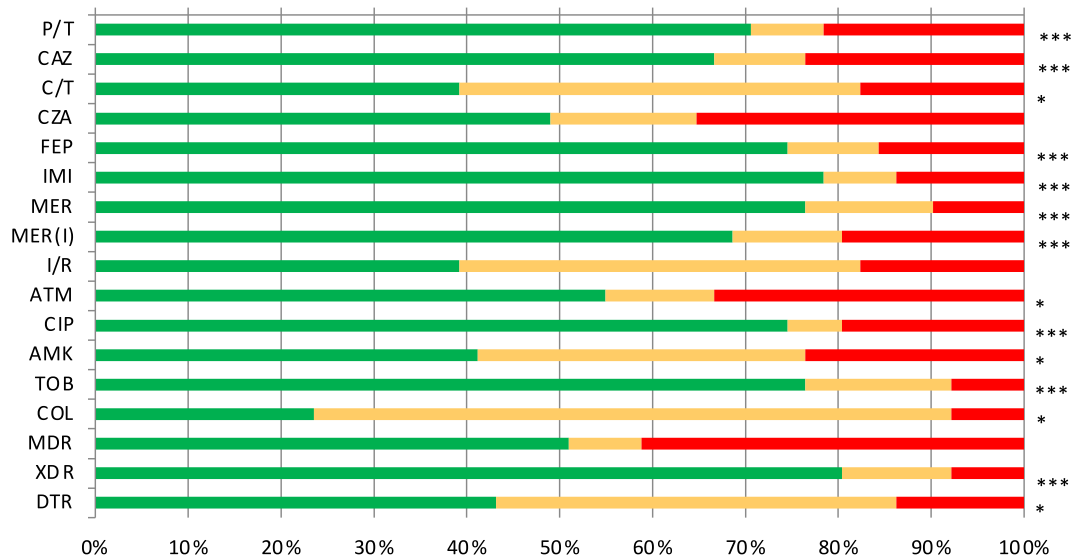
Fig. 4: Percentage of hospitals showing lower (green), equal (orange) or higher (red) resistance rates in 2022 than in 2017. Only the 51 hospitals participating in both studies were included in the analysis. Statistical significance (Chi-square, X^2) indicated (***$p < 0.0001$; **$p < 0.01$; *$p < 0.05$).

BLAST analysis of their genetic context confirmed that they were in all cases linked to class 1 integrons.

Mechanisms of resistance to newer β-lactam β-lactamase inhibitors combinations

A specific analysis of β-lactam resistance mechanisms produced by strains resistant to the newer β-lactam/

β-lactamase inhibitor combinations was performed for the 2022 study, and results are shown in Table 1. Production of horizontally acquired carbapenemases was most frequent among imipenem/relebactam resistant strains (74.4%), but less frequent among ceftazidime/avibactam resistant strains (25.0%). Particularly noteworthy, none of the ceftazidime/avibactam resistant
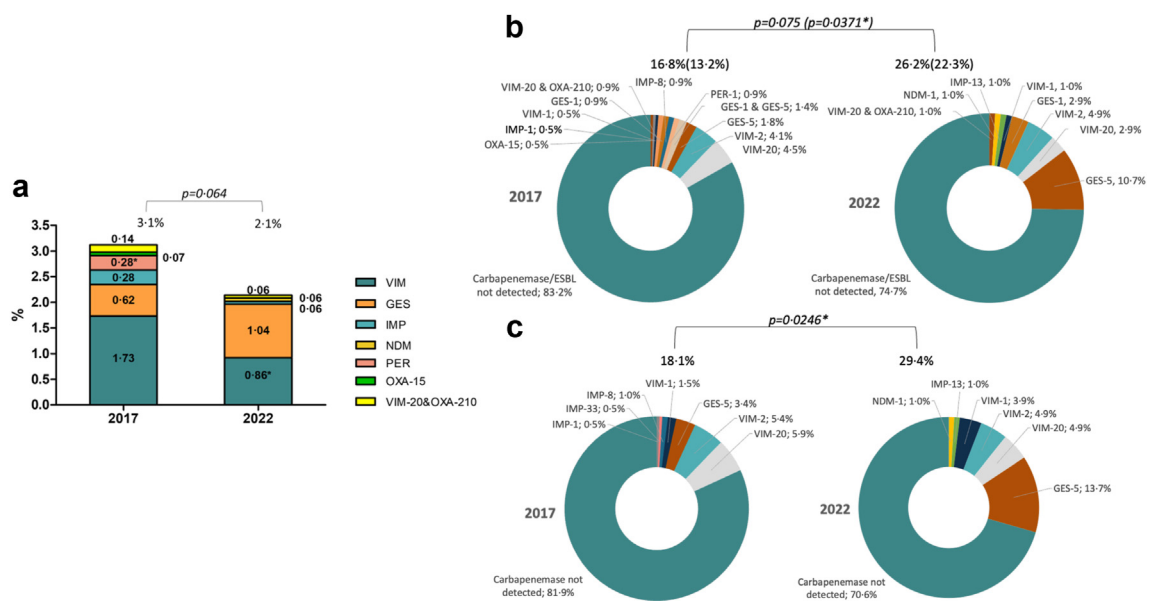
Fig. 5: a. Prevalence of ESBLs and carbapenemases for the complete collection of *P. aeruginosa* isolates from 2017 to 2022 studies. **b.** Prevalence of ESBLs and carbapenemases (carbapenemases specifically indicated in parenthesis) among XDR isolates. **c.** Prevalence of carbapenemases among meropenem resistant isolates. Statistical significance (Chi-square, X^2) indicated (*$p < 0.05$).
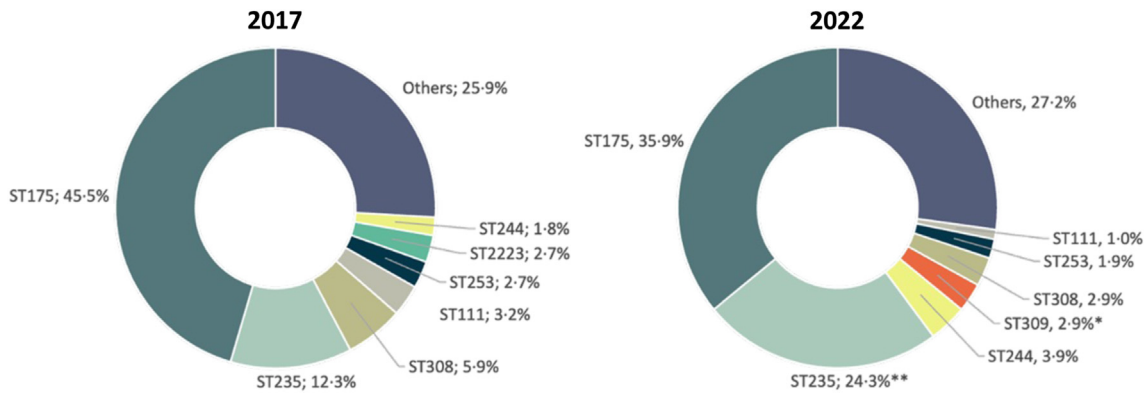
Fig. 6: Distribution of sequence types among XDR *P. aeruginosa* isolates recovered from the 2017 and 2022 studies. Statistical significance (Chi-square, X^2) for the 2017 vs 2022 comparison indicated (**$p < 0.01$; *$p < 0.05$). STs accounting for ≥2% of the XDR isolates in any of the two studies are shown individually, while all those representing <2% of isolates are included in "Others".

strains produced a GES-5, in contrast to 33.3% of imipenem/relebactam resistant strains. Conversely, susceptibility rates among the 16 GES-5 producers was 93.8% for ceftazidime/avibactam, 68.8% for ceftolozane/tazobactam and 6.3% for imipenem/relebactam. As expected, susceptibility rates for MBL producers were below 10% for the three combinations. Regarding the mutational resistome, AmpC Ω-loop mutations were exclusively seen in ceftolozane/tazobactam (15.1%) and ceftazidime/avibactam (12.5%) resistant isolates, but not in those resistant to imipenem/relebactam. Moreover, ceftazidime/avibactam resistance was strongly associated with mutations in regulators of the expression of the efflux pump MexAB-OprM (55.4%).
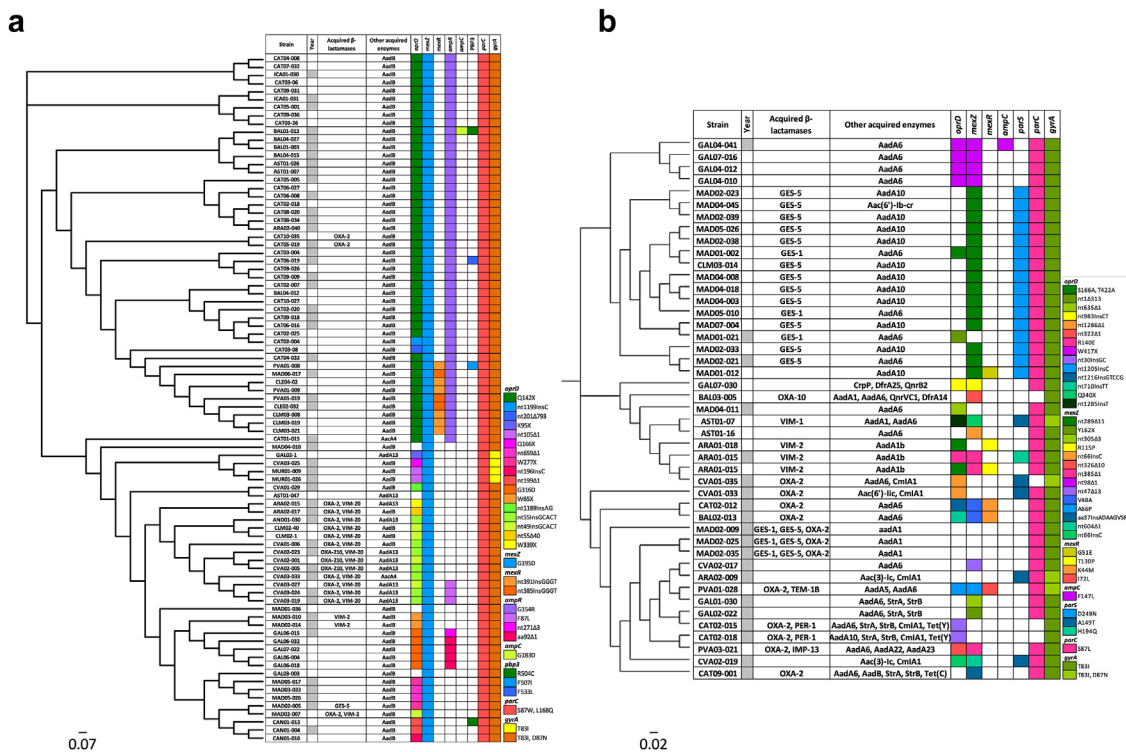
Fig. 7: Core genome phylogenetic reconstruction of the 2017 and 2022 XDR ST175 (**a**) and ST235 (**b**) *P. aeruginosa* isolates. Year column labeled in gray and white corresponds with 2017 and 2022 isolates, respectively. Following columns correspond to β-lactamases and other acquired enzymes. Code description of changes in most commonly mutated genes (*oprD, mexZ, mexR, ampR, ampC, parS*, PBP3, *parC* and *gyrA*) is represented on hand-side. Each colour of each column corresponds to a single mutation.

Discussion

The May 2015 World Health Assembly (WHA) adopted a global action plan on antimicrobial resistance, after reaching the conclusion that it "threatens the very core of modern medicine and the sustainability of an effective, global public health response to the enduring threat from infectious diseases". The five main objectives established included to (i) improve awareness and understanding of antimicrobial resistance (ii) to strengthen the knowledge through surveillance and research (iii) to reduce the incidence through prevention measures (iv) to optimize the use of antibiotics and (v) to develop the economic case for sustainable investment in new medicines, diagnostic tools, vaccines and other interventions. Some years before (November 17th 2011), the EU commission requested member states to develop national action plans on antimicrobial resistance, and in the case of Spain the first version was approved in 2014 with objectives similar to those adopted in the WHA (https://resistenciaantibioticos.es/es). Moreover, in 2018 the WHO published a priority list for the need for research and development of new antibiotics, in which carbapenem resistant *P. aeruginosa*, along with *Enterobacterales* and *Acinetobacter baumannii* were in top (critical) position.[3]

Within this scenario, in 2017 we performed a first nation-wide survey of *P. aeruginosa* antimicrobial susceptibility, resistance mechanisms and molecular epidemiology using whole genome sequencing tools.[15] Overall resistance was found to be high, exceeding 20% for each available antipseudomonal except for toxic polymyxins and the newer β-lactam β-lactamase inhibitor combinations ceftolozane/tazobactam and ceftazidime/avibactam that were being introduced into clinical practice at that time. Moreover, MDR profiles were documented in nearly 30% of the isolates and XDR patterns in over 15%. The molecular epidemiology analysis performed revealed that close to half of the XDR isolates belonged to a single clone, ST175, that was

associated with a specific resistome signature and that had been already detected for over one decade in Spanish hospitals, but that was quite uncommon in other countries besides France.[13,40] Fortunately, the prevalence of the most concerning resistance mechanisms, inactivating even the newer β-lactam combinations, the horizontally-acquired carbapenemases, was relatively low even among XDR strains.

In this work, we decided to repeat the survey under the same conditions and using the same methodological approach in order to determine for the first time how the antimicrobial susceptibility, the molecular epidemiology and the resistance genomics had evolved at a nation-wide level during a five-year period. To our initial surprise we documented a major generalized reduction of antimicrobial resistance, affecting nearly all older as well as newer antipseudomonal agents. Particularly astonishing was the significant reduction of the prevalence of XDR strains from over 15% to below 6%. The reduction was patent in all regions and was even more evident in the ICUs with XDR profiles decreasing from 26% to 6%. A significant reduction of DTR profiles was as well documented in 2022, but should be noted that resistance to fluoroquinoles was the highest of all tested agents in both periods, supporting the concern on the use of these antibiotics as first line agents communicated by the European Medicines Agency (EUPAS37856 report).

While the factors underlying such a dramatic reduction are likely multifactorial and complex, the efforts of the Spanish national plan of antibiotic resistance (PRAN) should be acknowledged, including the implementation of country-wide infection control initiatives such as the Zero resistance in ICUs and antimicrobial stewardship programs.[41,42] Another potential factor to consider is the role of the newer β-lactam β-lactamase inhibitor combinations that were active against the most prevalent XDR strains (ST175) and have been the first choice treatment for such infections in the last five years.[43] The COVID-19 pandemic and associated

Resistance mechanism/mutations	Ceftolozane/tazobactam resistant, n = 53 (%)	Ceftazidime/avibactam resistant, n = 56 (%)	Imipenem/relebactam resistant, n = 39 (%)
ESBL/Carbapenemases	29 (54.7)	16 (28.6)	30 (76.9)
ESBL GES-1	4 (7.5)	2 (3.6)	1 (2.6)
Carbapenemases	25 (47.2)	14 (25.0)	29 (74.4)
GES-5	9 (17.0)	0	13 (33.3)
MBLs	16 (30.2)	14 (25.0)	16 (41.0)
Narrow spectrum OXAs (only)	3 (5.7)	2 (3.6)	0
oprD	23 (43.4)	32 (57.1)	18 (46.2)
ampC regulators (*dacB, ampD, ampR*)	29 (54.7)	29 (51.8)	19 (48.7)
ampC (Ω-loop)	8 (15.1)	7 (12.5)	0
mexAB-OprM regulators (*mexR, nalC, nalD*)	16 (30.2)	31 (55.4)	13 (33.3)
ftsI (PBP3)	1 (1.9)	4 (7.1)	2 (5.1)
galU	1 (1.9)	3 (5.4)	2 (5.1)

Table 1: Mechanisms detected among ceftolozane/tazobactam, ceftazidime/avibactam or imipenem/relebactam resistant strains from the 2022 study.

measures, even if already highly relaxed by the last trimester of 2022, could have had an impact as well on resistance transmission.[44]

However, not all are positive findings in our survey, and at least two highly concerning and related facts need to be considered. The first is a significant increase in the proportion of carbapenemase-producing strains among XDR and carbapenem resistant isolates. The second is the documentation of a major progression of the word-wide disseminated high-risk clone ST235. Indeed, this concerning clone is strongly associated with epidemic settings and the acquisition of horizontally-acquired resistance determinants in hospitals world-wide, playing a determinant role in the global variation of the prevalence of carbapenemase-producing strains.[45–47] Moreover, in addition to its strong association with epidemic dissemination and horizontally-acquired resistance, ST235 is associated with a higher virulence, due to the production of the ExoU toxin, unlike other MDR/XDR clones such as ST175.[48–50] Therefore, findings of this study point towards a growing role of hypervirulent carbapenemase-producing ST235, and thus suggest that this clone should be subjected to an specific surveyance and that efforts should be made for the implementation of rapid diagnostic techniques for such infections in the national health system. Moreover, from the antimicrobial development perspective, efforts should likely be directed towards alternatives providing an optimal coverage of carbapenemase-producing *P. aeruginosa.*

The strengths of this work include the high number of hospitals participating in both surveys performed under the same experimental conditions and methodological approaches, providing robust data on how the antimicrobial susceptibility, the molecular epidemiology and the resistance genomics had evolved at a nation-wide level during a five-year period. However, the study has also some relevant limitations. First, the clinical characteristic of the *P. aeruginosa* infections were not analyzed, including risk factors, source of bacteremia, management and outcomes, and therefore conclusions related to these relevant aspects cannot be reached. Second, while the study revealed a major change in the epidemiology of *P. aeruginosa* antibiotic resistance at a nation-wide level, it was not designed to decipher the underlying causes of such findings that need to be analyzed in subsequent studies. Likewise, while the investigation of the transferable elements (plasmids and transposons) harboring the carbapenemase genes was beyond the scope of this work, it will be useful to characterize them in future studies to understand their potential dissemination across strains. Moreover, it will be of future interest to scale the findings from this single nation initiative to the European and/or global levels. Moreover, although the study includes the analysis of the resistance phenotypes and genotypes for the most relevant classical antipseudomonals, and the three most relevant newer

β-lactam β-lactamase-inhibitors combinations already approved, the continuous introduction of new players such as the recently commercialized siderophore-cephalosporin cefiderocol or next generation of β-lactamase inhibitors under investigation, including those able to inhibit PBP2 (such as zidebactam) or MBLs (such as taniborbactam) need to be added in future surveillance initiatives. Finally, given the large number of statistical tests performed, some false positive results could have occurred with the 0.05 threshold, but the obtained p values, below 0.01 in most cases, support their true significance.

In summary, taking advantage of two large-scale surveys, we performed a Spanish nation-wide high resolution analysis of the trends in the susceptibility profiles, the molecular epidemiology and the resistome of *P. aeruginosa* over a five-year time lapse. Positive findings included a sharp generalized decrease in resistance to older and newer antipseudomonals, as well as a dramatic decrease in the prevalence of XDR *P. aeruginosa.* The negative counterpart was a significant increase in the proportion of XDR and carbapenem resistant strains producing concerning horizontally-acquired carbapenemases, linked to a significant progression of the major high-risk clone ST235. Continued high resolution surveillance, integrating phenotypic and genomic data, is necessary for understanding resistance trends and analyzing the impact of National plans on antimicrobial resistance.

Articles

Appendix A. Supplementary data

Supplementary data related to this article can be found at https://doi.org/10.1016/j.lanepe.2023.100736.

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