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Extracellular matrix remodeling in vascular disease: Defining its regulators and pathological influence

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Abstract

Because of structural and cellular differences (i.e. degrees of matrix abundance and cross linking, mural cell density, and adventitia), large and medium sized vessels, in comparison to capillaries, react in a unique manner to stimuli that induce vascular disease. A stereotypical vascular injury response is extracellular matrix (ECM) remodeling that occurs particularly in larger vessels in response to injurious stimuli such as elevated angiotensin II, hyperlipidemia, hyperglycemia, genetic deficiencies, inflammatory cell infiltration, or exposure to proinflammatory mediators. Even with substantial and prolonged vascular damage, large and medium sized arteries, persist, but become modified by; i) changes in vascular wall cellularity; ii) modifications in the differentiation status of endothelial cells (ECs), vascular smooth muscle cells, or adventitial stem cells (each can become activated); iii) infiltration of the vascular wall by various leukocyte types; iv) increased exposure to critical growth factors and pro-inflammatory mediators; and v) marked changes in the vascular ECM, that remodels from a homeostatic, pro-differentiation ECM environment to matrices that instead promote tissue reparative responses. This latter ECM presents previously hidden matricryptic sites that bind integrins to signal vascular cells and infiltrating leukocytes (in coordination with other mediators) to proliferate, invade, secrete ECM-degrading proteinases and deposit injury-induced matrices (predisposing to vessel wall fibrosis). In contrast, in response to similar stimuli, capillaries can undergo regression responses (rarefaction). In summary, we have described the molecular events controlling ECM remodeling in major vascular diseases as well as the differential responses of arteries versus capillaries to key mediators inducing vascular injury.

Introduction

Vascularization is required for tissue development and maintenance, and blood vessels are critical for the essential exchange of gases, nutrition, and wastes, as well as the rapid circulation of hormones and other signaling molecules within our bodies¹⁻⁸. A healthy vasculature is suggested to provide key angiocrine signals to adjacent tissues to promote tissue health and differentiation^{9,10} and, furthermore, a healthy capillary vasculature appears capable of suppressing basic disease mechanisms that prevent pathologic states including

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edema, inflammation, ischemic damage, thrombosis, hemorrhage, infection, autoimmunity and fibrosis^{7,11}. In contrast, diseased vessels, in particular capillaries, are less able to promote tissue health leading to systemic injuries associated with declining tissue function that is evident in major diseases such as diabetes, hypertension, atherosclerosis, malignant cancers, and aging. A fundamental relationship of vascular structure and function is mediated by vascular wall cells and their surrounding extracellular matrices (ECM), which is necessary for proper communication between blood vessels and tissues, and, also for the propagation of flow forces as well as delivery of blood cells and plasma components throughout the circulatory system $8,12$. In this review, we highlight how this vascular cell-ECM relationship becomes altered leading to abnormalities (i.e. vascular matrix remodeling and cell phenotypic changes) that alter the function of blood vessels to cause cardiovascular disease.

Organization of ECM in Healthy Vasculature

A single layer of endothelial cells (ECs) lines the entire vascular system, and are important for communication between the circulation and organ-specific cell types^{$4,9,10,13$}. The major constituent of the vessel wall is extracellular matrix (ECM), collectively known as stroma or matrix¹². All EC-lined vessel lumens are anchored to an underlying basement membrane, a thin sheet-like ECM structure containing mainly laminin isoforms, type IV collagen, nidogens, perlecan, fibronectin, and other molecules including growth factors and the matrix metalloproteinase and Adam/Adamts proteinase inhibitor, TIMP-33,7,14–16. EC basement membrane assembly depends on heterotypic interactions with mural cells, in particular, pericytes during capillary network assembly $6,17,18$. Disruption of EC-mural cell interactions through genetic manipulations or blocking pericyte recruitment with various inhibitors leads to blockade to EC basement membrane assembly in vitro and in vivo $18-20$. ECs primarily interact with the basement membrane scaffold through adhesive interactions with key integrins on the EC surface, including the fibronectin (FN) receptor, $\alpha 5\beta 1^{21,22}$ and the laminin receptors, $\alpha 6\beta 1$ and $\alpha 3\beta 1^{3,14}$. Major EC integrins that control vascular morphogenesis in development or postnatal life (i.e. during tissue injury and repair events) appear to be α 5β1, α 2β1 (a collagen receptor), and α νβ3 (an RGD-binding receptor)²³, that can interact with many ECM proteins including vitronectin, fibrinogen, fibronectin, and denatured collagens^{23–30}. In contrast, during vessel maturation and stabilization events, ECs express other β1 integrins including α 1β1, α 3β1, and α 6β1, which are thought to interact with the BM matrix proteins, collagen type IV, laminins, nidogens, and perlecan^{3,14,17}.

In larger arteries and veins, the vessel wall is organized into three layers which are the intima, media and adventitia, each with unique ECM compositions¹². The normal arterial intimal ECM is a proteoglycan rich matrix (i.e. versican, hyaluronic acid, decorin and others) with interspersed interstitial collagens such as collagen type I, III, V and VI and adhesive ECM glycoproteins such as $FN^{12,31-33}$. In contrast, the normal vascular media ECM represents a specialized structure, with circumferential layers involving elastin/ fibrillin/ fibulins/ microfibril glycoprotein-associated matrices (termed elastic lamellae) as well as intermixed and discontinuous basement membrane components (including collagen type IV, laminins, perlecan, nidogens, FN) along with interstitial collagens12,31–36. This specialized medial ECM normally suppresses vascular smooth

muscle cell (VSMC) activation and promotes VSMC differentiated functions^{8,12,33,37}. In addition, these medial ECM matrices are also highly cross-linked by lysyl oxidase (LOX) isoforms, and transglutaminases to provide mechanical stability to the highly stressed vascular wall $8,12,33-35$. The signaling events controlling the differentiation promoting influence of this specialized ECM (and possibly its ECM-associated growth factors) are not well understood. The VSMC receptors involved in maintaining the VSMC differentiated state include integrin and non-integrin ECM receptors, which may include a combination of the elastin receptor complex³⁸, as well as integrins with affinity for components of the fibrillin/fibulin-rich matrix, basement membrane proteins and interstitial collagen components 37 . The net effect of this ECM signaling process is to promote the VSMC differentiated state maintaining cyclical contractile functions and coordinated ion channel signaling events to control these responses 37 . The ECM composition of the adventitial layer is an interstitial collagen-rich matrix deposited by adventitial layer fibroblasts that provides structural support for the vascular wall as well as the vasa vasorum capillary vasculature, and maintains Sca1+ progenitor cells in check, but ready to be activated following vessel injury39–42 .

ECM Alterations in Vascular Disease States and Vascular Cell Responses

A central manifestation of vascular wall injury is extracellular matrix remodeling, which typically occurs in two phases (like most tissue injuries) which is acute provisional ECM deposition, followed by a chronic phase characterized by replacement of the injured cellular and matrix elements with interstitial collagenous matrices containing collagen type I, III, V, and VI, FN, osteopontin, tenascin C, and various proteoglycans such as versican, aggrecan and decorin (i.e. vessel wall fibrosis response) $8,12,32,43-50$. Following vascular wall injury, the differentiation and quiescence signals supplied by the healthy vascular ECM are diminished by; i) physical loss of ECM components via ECM proteolysis; ii) exposure of previous hidden integrin-binding sites in the insoluble ECM, termed matricryptic sites^{51–53}; iii) release of ECM fragments with biological activity termed matricryptins^{52,54–59}; iv) deposition of provisional ECM components from plasma leakage^{14,26,60–63}, and; v) synthesis of injury-induced ECM proteins including cellular FN (i.e. EDA splice isoform), osteopontin and tenascin C^{64-70} . In the case of vascular wall media injury, these altered matrices serve to induce VSMC de-dedifferentiation (i.e. synthetic phenotype)⁷¹ that stimulates these cells to proliferate, invade, and deposit reparative and pro-fibrotic matrices including proteoglycans, hyaluronic acid, and interstitial collagens (such as type I, III, V, and VI $1/2$. The injured and remodeling matrices also contribute and present key growth factors including TGFβ isoforms that stimulate this pro-fibrotic vascular ECM remodeling response73. Adventitial injury can result in a further expansion of the adventitial ECM with a granulation tissue type of response due to the presence of leaky capillary vessels (from the vasa vasorum) which initiate angiogenesis and provisional ECM deposition^{39,41,74,75}. These altered matrices in conjunction with the availability of growth factors and mediators, leads to activation of fibroblasts, inflammatory cells, and Sca1+ stem cells to stimulate a pro-fibrotic ECM response with substantial interstitial collagen deposition (which further stiffens the adventitial layer)^{39,40,42,76}.

In recent years, there has been an increasing consideration of both outside-in versus insideout vessel injury responses, and how this is likely to be an important pathologic feature of most vascular wall diseases $40,75,77$. For example, wall injury can be stimulated by leakage of plasma components into the intimal space secondary to EC layer injury or similar leakage into the adventitial space due to increased vascular permeability from capillaries in the vasa vasorum. Such processes also contribute to the entry of inflammatory cells such as neutrophils, monocytes, and lymphocytes into vessel walls from either side. It is generally assumed that intimal hyperplasia, a common pathologic finding in large and medium sized vessel injuries, is primarily due to VSMC proliferation and invasion from the medial layer into this space^{5,47,78}. However, other work suggests that additional cell types including circulating stem cell fibrocytes, Sca1+ stem cell-derived cells (from the adventitia), ECs that have undergone endothelial mesenchymal transition (endo-MT) from luminal and intimal injury, and pericytes (which are highly invasive and proliferative) from adventitial capillaries may also contribute to the increased intimal cellularity $39,79,80$. To facilitate vessel wall injury responses, the adventitial layer contains many important vascular reparative cells including fibroblasts, multipotential stem cells carrying the marker Sca1+, various leukocytes including macrophages, dendritic cells, lymphocytes, and mast cells, as well as the vasa vasorum capillary vasculature composed of ECs and pericytes^{39–41,76,80}.

An important general question concerns the nature of ECM remodeling events within vessel walls that occurs following vascular injury responses arising from different disease states (Figure 1). Vascular ECM remodeling events result from; i) leakage and deposition of plasma ECM components into the vessel wall^{62,72,81}; ii) ECM degradation of basement membranes, elastic lamellae or interstitial collagen matrices by proteinases such as MMPs and elastases $58,82-85$; iii) synthesis and deposition of injury-induced ECM components including cellular FNs, osteopontin, tenascin C and proteoglycans^{8,34,47,49,65}; and iv) exposure of matricryptic integrin binding sites and release of matricryptins^{52,53,56}. These matricryptic sites include an abundance of RGD sites from unfolded collagens⁵¹, FNs including plasma $FN^{86,87}$ and an alternatively spliced FN isoform (EDA) (also "EDGIHEL" site)^{26,88,89}, osteopontin (also "SVVYGLR" and "ELVTDFPTDLPAT" sites)^{90–93} and tenascin C (also "AEIGDIEL")⁹⁴ allowing for cell injury responses mediated by αv integrins like $\alpha v \beta 3$, $\alpha v \beta 1^{95}$ and $\alpha v \beta 5$ (which bind RGD sites), and $\alpha 5\beta 1$ (which binds the RGD site within FN), as well as α 9 β 1 and α 4 β 1 (which bind the matricryptic peptide sequences in parentheses from cellular FN, osteopontin, or tenascin C). In chronic vessel injuries, i) increased proteoglycan and interstitial collagen deposition occurs in the expanded intimal space in atherosclerosis $96-98$; ii) deposition of interstitial collagenous matrices occurs along with hyaluronic acid, versican, aggrecan and decorin, and FN isoforms to replace damaged elastic lamellae in vascular media (due to vasculitis or genetic syndromes with deficient elastin or fibrillin1 matrices)^{50,99–101}; iii) increased collagen deposition occurs in the adventitial ECM in hypertension and syndromes such as aortic coarctation, which constitute vascular wall fibrosis responses $102-105$; and iv) increased ECM cross-linking occurs due to lysyl oxidases and glycation which are observed in aging and diabetes^{106–108}. Overall, these ECM remodeling changes lead to reduced vessel functional ability and vessel walls that are stiffer and less compliant.

Since integrin-dependent ECM signaling is coordinated with growth factor receptor signaling events (see below), normal vs. injury ECM matrices will present different and unique combinations of integrin-binding sites and growth factors that will dictate whether vascular cell types, such as ECs or VSMCs maintain their differentiated state and function or become activated to participate in vessel reparative events. For example, ECs can be stimulated to undergo angiogenic responses¹⁰⁹, undergo endoMT conversion¹¹⁰ or regress111, while VSMC activation leads to a "synthetic phenotype" with increased proliferation, invasion, and loss of SMC differentiation markers¹¹². These cellular responses are attempts to repair or correct the altered vessels, but they also directly contribute to the various vascular pathologies that arise.

Major mediators of vascular wall injury leading to ECM remodeling in

disease states

Major scientific efforts over decades have identified key mediators that induce vascular wall injury that stimulate cellular and ECM reparative responses to the injurious stimuli. A major regulator of vascular wall injury responses are growth factors. The vascular ECM is decorated heavily with growth factors¹¹³ and growth factor binding proteins (including those that control growth factor activity such as LTBP-1, IGFBP3, CTGF, gremlin, follistatins)⁷³, and when alterations in the vascular ECM occur, this leads to marked changes in growth factor availability and activity^{3,14,99,114}. A critical growth factor that is liberated and exposed following vascular wall injury is TGFβ1. TGFβ1 is normally maintained in an inactive state due to the presence of its latency associated peptide that anchors to latency binding protein (LTBP)-173,115. Furthermore, LTBP-1 binds several ECM and ECM-associated proteins including fibrillin-1, fibulins, fibronectin, and IGFBP-373. TGFβ1 activation can occur through several mechanisms including plasmin-mediated proteolysis, or mechanical activation (causing a conformation change in the TGFβ protein) by integrin binding to the RGD site in the latency associated peptide through the integrins, $\alpha v \beta 1$, $\alpha v \beta 6$, and $\alpha v \beta 8^{73}$. Other important growth factors such as VEGF or PDGF-BB, and HB-EGF are also acutely liberated to activate ECs and mural cells, respectively, to stimulate vascular injury responses. EC luminal injury exposing underlying ECM leads to generation of thrombin and platelet activation, leading to release of many important growth factors, such as PDGFs and TGFβ1 and other mediators, including thrombospondin-1, sphingosine-1 phosphate and lysophosphatidic acid that have important signaling and acute provisional ECM assembly effects within the vessel wall. Leakage of fibrinogen, FN and vitronectin (VN) into the injured vessels allows for assembly of fibrin/FN/VN provisional matrices into the injured vessels (from the luminal side or from the adventitial capillaries).

Other key mediators that are important in vascular wall injury are angiotensin II, oxidized LDL, pro-inflammatory mediators including IL-1β, TNFα, and thrombin, circulating proteinase zymogens (plasminogen and plasma prekallikrein) that become activated to plasmin and plasma kallikrein, respectively^{116–121}. Additional mediators are leukocyte proteinases such as neutrophil elastase, cathepsin G, matrix metalloproteinases (MMP)-8 and MMP-9, mast cell proteinases, tryptase and chymase, as well as vascular cell proteinases including various MMPs, MMP-1, MMP-2, MMP-3, MMP-12, MMP-13,

Adamts4, and Adamts-582,83,122–125. Further regulators of vascular wall injury include glycated plasma proteins or glycated ECM proteins in diabetes^{126,127}, and genetic mutations in the vascular wall ECM genes including elastin, fibrillin-1, fibulins, microfibril associated glycoproteins, as well as the ECM cross-linking protein, $LOX^{12,82,101,128,129}$. Other mediators include oxygen radicals 130 , circulating metabolites like high glucose (in diabetes)¹²⁷ or homocysteine⁴⁶ and microbial products (i.e. microbiome), which can contribute toll-like receptor ligands, including lipopolysaccharide (LPS), that affects vascular cell responses in part due to macrophage production of the proinflammatory mediators, IL-1 β and TNF α ^{117,118,131–133}. In the next sections, we will present specific examples that highlight some of the unique features of these distinct but related vascular disease states where ECM remodeling plays an important pathogenic role.

Vascular ECM Remodeling in Atherosclerosis

Three major cell types play an essential pathogenic role during different stages of the atherosclerotic process, which are ECs, monocyte/macrophages, and VSMCs. As discussed below, ECM interactions with these different cell types during the evolution of atherosclerosis are fundamental regulators of these events. Atherosclerosis begins with damage to the vascular ECs in atheroprone flow-disturbed areas that both facilitates the deposition of lipids in the subendothelial space, and the accumulation of monocyte/ macrophages, to co-trigger an arterial proinflammatory process. Atherosclerotic plaque formation involves a series of sequential steps which includes; i) the accumulation of low density lipoprotein (LDL) within the intimal space; ii) conversion of native LDL to oxidized LDL; iii) EC expression of VCAM-1 allowing for monocyte recruitment into the intima and conversion to macrophages; iv) internalization of LDL by the macrophage scavenger receptors, including CD36 and $SR-B1^{134,135}$, leading to macrophage foam cell transformation; and v) formation of a fibrous cap with associated smooth muscle and remodeled interstitial collagenous matrix 136 . A pathological diffuse intimal thickening (DIT) response occurs which contains abundant de-differentiated SMCs, and other cell types that were discussed previously^{108,136}. These intimal cells are induced to migrate, proliferate, invade, and deposit ECM during atherogenesis, including interstitial collagens, FNs, osteopontin, tenascin C, and various proteoglycans. Within these active intimal lesions, we speculate that there will be a substantial increase in available matricryptic integrin binding sites (i.e. RGD and others) (Figure 1) from denatured collagens, fibronectin, osteopontin, and tenascin C that are used as matrix substrates for these proliferating and invading SMCs which act in conjunction with available growth factors to promote these cell behaviors. For example, the RGD-binding integrin, $\alpha \gamma \beta$ 3, heparin-binding epidermal growth factor-like growth factor, and TGF β are produced by and colocalized with SMCs in DIT⁹⁷. In addition, cryptic sites from ECM and other denatured proteins in injury sites could serve as adhesion sites for macrophages that are localized in the remodeled intimal ECM while they ingest LDL and accumulate lipids. Macrophages express αMβ2 and αxβ2 integrins as well as α 4β1, which bind denatured protein substrates^{137,138}, including osteopontin, an ECM protein that can readily unfold due to a lack of disulfide bonds^{91,92}. Growth factors may also be liberated from ECM binding sites through proteolysis that occurs during cell invasion or liberated from ECM following heparin release from activated mast cells (if

they are present in the adventitia of the injured atherosclerotic vessel). Since activated and proliferative SMCs are a major source of proteoglycans, including versican, aggrecan, hyaluronic acid (HA) and decorin, and such proteoglycans are enriched in DIT, these intimal proteoglycans can also facilitate the localization and accumulation of LDL to this expanded ECM space¹³⁶.

Other pathogenic factors in the development of atherosclerotic lesions are phenotypic and signaling changes that occur in the ECs lining the arterial wall that are exposed to oscillatory flow in combination with a hyperlipidemic metabolic state $81,139,140$. Under these conditions, the EC integrin, α5β1, a major fibronectin receptor, is central to activating the EC response to these injurious stimuli^{141,142}. The cytoplasmic tail of the α 5 integrin subunit is required for this response through its interactions with a phosphodiesterase isoform, PDE4D, which inactivates cyclic AMP^{141,143}. Switching the α 5 cytoplasmic tail with the α 2 integrin cytoplasmic tail blocks this α5β1 integrin-dependent EC activation response, such that the underlying atherosclerotic process in the ApoE mutant mice model is reduced $141,144$. These data indicate that EC integrins such as α 2 β 1, through its interactions with basement membrane matrices, suppresses the initiation and propagation of the atherosclerotic process. Perhaps other EC integrins such as the laminin receptors, α 6 β 1 and α 3 β 1, may also possess this ability. Thus, specific integrins, through their signaling ability, contribute to the ability of the basement membrane matrix to support EC monolayer stability and quiescence and suppress EC activation. In contrast, when vessel wall damage occurs, with increased vascular permeability or EC loss, fibronectin leaks into the vessel wall and signals ECs to drive an injury response, which includes the upregulation of NF-κB and Pak kinase signaling $81,145-147$. The deposition of provisional ECM components can also facilitate the activation of monocyte/macrophages or infiltrating VSMCs in the intimal space through interactions with fibronectin, vitronectin and fibrinogen/fibrin.

Other work supports this concept, where the growth factor, FGF-2, and its major receptor, FGFR1, have been observed to be centrally important for the ability of EC-lined vessels to remain stable and quiescent $110,148,149$. This FGF-2-dependent pathway also depends on downstream Erk1/2 activation which induces the expression of let-7 miRNAs^{148,150}. These miRNAs regulate endo-MT 151 , which destabilizes the EC vessel monolayer surface. Endo-MT changes in ECs would be expected to lead to increased vascular permeability, which allows for entry of provisional ECM proteins including FN, VN, fibrinogen/ fibrin, and other mediators, that will facilitate activation of ECs, VSMCs, pericytes, and inflammatory cells. In addition, these interactions will further enhance cellular responses to vessel injurious stimuli such as oxidized LDL, oxygen free radicals, angiotensin II, and proinflammatory mediators such as IL-1β, TNFα, and thrombin. If this FGF-2 pathway is blocked, let-7 miRNAs are reduced which then drive the production of TGFβ2, a growth factor that stimulates endo-MT152. This TGFβ2-dependent endo-MT process has been shown to play an important role in the development of atherosclerotic lesions in mice with the ApoE mutant background¹⁵².

This important work raises a critical question over the role of the EC layer in inducing underlying intimal hyperplasia. We recently defined that ECs attract pericytes during capillary assembly by producing a series of five factors that stimulate pericyte invasion,

proliferation, elongation on EC tube networks, survival, and pericyte-induced EC basement membrane assembly. These factors include PDGF-BB, PDGF-DD, endothelin-1 (ET-1), TGFβ1, and HB-EGF18,153. Individual blockade of each factor had significant inhibitory effects on pericyte interactions with EC-lined tubes, but only the combined blockade of all five factors caused profound inhibition of pericyte-EC interactions^{18,153}. Under these combined blocking conditions, the pericytes behaved as if the ECs were not present. We speculate that the intimal hyperplasia responses beneath the affected EC monolayer in atherosclerosis, may involve increased production, secretion and availability of these five EC-derived factors that could directly stimulate activated VSMC cell intimal invasion, proliferation, and ECM remodeling responses. In support of this possibility is that the endo-MT conversion of ECs (induced by loss of Erk1/2 signaling and increased TGFβ2 expression) has been reported to increase production of $ET-1^{150}$. $ET-1$ is an important stimulator of pericyte invasion and proliferation¹⁸, which could contribute to intimal hyperplasia if pericytes can migrate and invade from the adventitia or if activated SMCs similarly respond to ET-1.

Over time, atherosclerotic plaques can rupture leading to life-threatening coronary thrombosis¹⁵⁴. Plaque rupture is the most frequent cause of arterial thrombosis^{155,156} and happens when the fibrous cap is thinnest and most infiltrated by macrophage foam cells¹⁵⁴. Mechanisms leading to the thinning of the fibrous cap including loss of VSMCs and reduced interstitial collagenous matrix compared to intact caps. VSMCs are typically absent from the actual site of rupture^{157,158}. In addition, macrophage foam cells infiltrate the cap region and produce proteinases including plasminogen activators and MMPs that contribute to plaque matrix degradation and rupture. Macrophage MMPs, including MMP-1 and MMP-8, can degrade native collagens (i.e. type I and type III collagen)¹⁵⁹. In addition, the production of stromelysins such as MMP-3 and MMP-10 from vascular cells can also contribute to MMP-1 activation and plaque rupture since they can also degrade non-collagenous ECM components such as fibronectin and basement membrane components^{159,160}. Another important issue is that these MMPs are secreted as zymogens and can be activated by serine proteinases originating from plasma sources (like plasminogen and plasma prekallikrein, which are converted to active plasmin or plasma kallikrein) or from neutrophils, macrophages or mast cells, which secrete a variety of serine proteinases including neutrophil elastase, cathepsin G, plasminogen activators, chymase and tryptase $83,159,161,162$. Such enzymes will be present when there is vascular injury and could be derived following leakage from the EC luminal surface, activated VSMCs and macrophages within the intimal lesion, activated VSMCs from the media, or from adventitial cell populations.

In addition, there is evidence that plaque rupture events are increased when they are associated with intraplaque angiogenesis^{109,163}. In addition to infiltrating leukocytes like macrophages and neutrophils, ECs are also highly proteolytic cells and can strongly induce ECM proteolysis that could be important in plaque rupture events. In a previous study of human EC tube network regression in collagenous matrices, they were found to secrete proMMP-1 and proMMP-10, which when activated by various serine proteinases including plasmin and plasma kallikrein, induced marked collagen type I matrix destruction and tube collapse¹⁶¹. Interestingly, both MMP-1 and MMP-10 have been strongly implicated in human atherosclerotic plaque rupture^{160,164,165}. MMP-1 is a major interstitial collagenase

in humans, while MMP-10 (stromelysin-2), and the related MMP-3, are stromelysins, can strongly target non-collagenase ECM components, such as fibronectin, nidogens, various proteoglycans and many others^{159,162,166}. MMP-3, which is produced by VSMCs, has been implicated in aneurysm formation and is upregulated following IL-1 treatment, a key cytokine involved in atherosclerosis, aneurysms, vasculitis, and capillary regression 167 (see below). Thus, targeting of specific MMPs might represent a new therapeutic strategy to reduce plaque rupture, but also other critical vascular pathologies.

Vascular ECM remodeling in aortic aneurysms: Genetic and pro-inflammatory predispositions

Over the past decades, considerable progress has been made investigating and elucidating the cellular and molecular basis for thoracic and abdominal aortic aneurysms. There are also differences in the pathogenic and genetic basis for thoracic vs. abdominal aortic aneurysms $82,168-171$. In general terms, thoracic aortic aneurysms have a frequent association with genetic mutations (or familial association) including Marfan's syndrome (fibrillin-1 loss of function)^{101,172,173}, Loeys-Dietz syndrome (with loss of function mutations in TGFβ and TGFβ receptor or downstream signaling genes including TGFBR2, TGFBR1, TGFβ2, or Smad2/3)^{174–176}, and Ehlers-Danlos syndrome (with loss of function of collagen type III ¹⁶⁹ and can occur in younger or older patients. In contrast, abdominal aortic aneurysms have strong association with risk-factors such as smoking, with some degree of association with a family history, and a lesser association with risk factors related to atherosclerotic disease, such as hypertension and hypercholesterolemia, and typically are observed in older patients from $65-75$ years of age¹⁶⁸. However, experimental models of abdominal aortic aneurysms in the mouse can be induced by combining the administration of angiotensin II with hypercholesterolemia (i.e. apoE or LDL receptor knockouts), although angiotensin II alone also is capable of causing these aneurysms, but less frequently 177–179. Common pathogenic features of these two major types of aortic aneurysms include the loss of ECM integrity in the arterial media or adventitia in conjunction with the loss of VSMCs in the arterial media, which lead to vessel ballooning and enlargement over time due to the continuous pulsatile flow and pressure forces8,12,170,171. Normally, the elastic vascular media ECM that is reinforced with interstitial collagenous matrices (that are also covalently cross-linked), the arterial VSMCrich media, as well as the adventitial collagenous matrix resist these forces to maintain the structural integrity, diameter, and function of the aorta throughout life¹². Many experimental animal models have been created to investigate the development and therapeutics of aortic aneurysms. These models include, i) genetic deletion of vascular ECM components (e.g. fibrillin-1, fibulin4) or growth factor receptors (TGFβR2); ii) administration of angiotensin II usually in combination with hypercholesterolemia; and iii) supplying ECM degrading proteinases such as elastases including the elastolytic MMP-12 enzyme; and iv) disruption of ECM cross-links using depletion of copper to inhibit LOX or via genetic deletion of LOX family enzymes^{33,35,82,99,179–183}. Furthermore, there is a clear association between proinflammatory signals and inflammatory cell infiltration with aneurysm development, particularly with abdominal aortic aneurysms $117,184$. A variety of MMPs have been strongly implicated in the pathogenic development and progression of aortic aneurysms including MMP-1, MMP-3, MMP-13, MMP-9, MMP-2, MMP-12, and MT1-MMP

 $(MMP-14)^{168,185-190}$. Thus, inducing inflammation and inflammatory infiltration enhances aneurysm development by stimulation of vascular ECM degradation mediated through inflammatory cells such as macrophages, and neutrophils, but also VSMCs, invading profibrogenic cells, and pro-angiogenic ECs.

The depletion or loss of cross-links in the elastic lamellae or interstitial collagenous matrices within the arterial media represents a major predisposing factor to develop aneurysms, which also leads to marked vascular ECM remodeling responses $33,35,82$. These critical ECM structures are then replaced by a reparative fibrosis-like matrix response, involving predominantly the deposition of interstitial collagenous matrices (type I, III, V, VI collagens) with associated proteoglycans, including versican and aggrecan (which accumulate in aneurysms), FNs, osteopontin, and tenascin C (as detailed above). This reparative ECM environment will stimulate previously quiescent SMCs to become activated to invade and proliferate in conjunction with the availability of growth factors including PDGFs, TGFβ isoforms, and HB-EGF. An important marker of activated and proliferative SMCs is αvβ3, a major RGD-binding integrin^{191,192}, and the transcription factor, KLF4, an important regulator of cell activation, injury responses, and stem cell proliferation^{71,193}. Interestingly, in mouse models of intimal injury and proliferation, conditional SMC knockout of KLF4 leads to increased intimal proliferative responses, suggesting that KLF4 has an inhibitory role in this response, despite its ability to induce SMC dedifferentiation events¹⁹³. Other studies have implicated the role of the integrin α9β1 in SMC responses to arterial media damage¹⁹⁴, which is a receptor for the injury induced ECM proteins, cellular FN (EDA splice variant)⁸⁸, osteopontin⁹⁰ and tenascin C^{94} , which express matricryptic binding sites for both RGD-binding integrins and separately, α9β1 (Figure 1).

Of great interest, are findings in the genetic disease, Williams-Beuren's syndrome, which demonstrate elastin gene deficiency¹⁹⁵. In this disease, highly proliferative VSMCs invade the aortic intimal space and occlude the lumen of the aorta causing supravalvular aortic stenosis¹⁹⁵. In addition, this elastin deficiency can also result in stenosis of other large and small arteries through the same intimal hyperplasia mechanism. Mouse knockouts of the elastin gene were developed to mimic this elastin deficiency state, and several studies demonstrated that they were able to recapitulate these findings in the mouse $181,191,196$. Genetic and phenotypic analysis of this proliferative VSMC population which expands the aortic intima and occludes the luminal space, demonstrates strong inductions of the integrin αvβ3 and blockade of this integrin in vivo using RGD peptide reagents or knockout of the β3 integrin subunit reduced the VSMC proliferative response¹⁹¹. The same group has now identified that VSMC Notch3 and Jagged-1 also control this VSMC proliferative response following elastin knockout in the mouse¹⁹². Elastin knockout leads to upregulation of jagged-1 in both VSMCs and ECs to activate Notch3 expressed on VSMCs leading generation of the Notch3 intracellular domain (NICD3), a transcriptional regulator¹⁹². They also provided evidence that NICD3 activates the expression of the β 3 integrin subunit in VSMCs, and that blockade of the Notch3 pathway inhibited the expression of the β3 integrin as well as the VSMC intimal proliferative response¹⁹². It is interesting to speculate whether the ECM remodeling events (with increased availability of RGD containing matrix binding sites) that occur following genetic or pathologic loss of the vascular elastin matrix,

might further enhance this Jagged-1 and Notch-3 signaling response to promote VSMC proliferative and invasion responses.

Finally, there is considerable interest and effort in evaluating the importance of cellmediated mechanical forces in the development of aortic aneurysms^{8,82,170,197}. Cell-matrix interactions, particularly from the vascular media VSMCs and the adventitial fibroblasts, generate forces that affect the structure and functional integrity of the aortic wall and promote mechanosensory homeostasis. The vessel wall ECM bears the great majority of stress that is exerted by blood pressure forces and protects the vascular cells from stressinduced damage¹⁷⁰. In contrast, when ECM disruptions or ECM remodeling events occur, decreased mechanosensing may ensue, leading to adaptations resulting from reduced wall stress that induce VSMC death, increased production of ECM-degrading proteinases, and thinning of the vessel wall (all characteristics of aneurysms)¹⁷⁰. In a detailed biomechanical analysis and comparison of 10 different mouse models of ascending thoracic aortic aneurysms, two major conclusions were observed which are: 1) increased circumferential material stiffness correlated well with the degree of aortic dilation in the aneurysm, and 2) decreased mechanical functionality of the aorta did not appear to contribute directly to the aneurysmal dilation¹⁹⁸. Overall, these results suggested that dysfunctional cellular sensing and/or the regulation of the altered vascular ECM environment underlies the development and progression of thoracic aortic aneurysms in the mouse¹⁹⁸.

Vascular ECM remodeling in vasculitis syndromes

There are a wide variety of human vasculitides which affect vessels of all sizes and involve the infiltration of the vessels with inflammatory cells including neutrophils, monocyte/ macrophages, and lymphocytes, such as various T cell subtypes^{199–203}. The causative etiologies vary and include autoimmune reactions to vessel antigens from circulating antibodies or cytotoxic T cells, immune complex deposition, infections, drug reactions, and genetic mutations. Destruction of vessel walls occurs due to ECM degradation which can occur in the intimal, medial or adventitial matrices in large and medium sized vessels, and which can also be accompanied by cell loss due to destruction of ECs, VSMCs or adventitial cells. The vessel wall matrix destruction leads to marked ECM remodeling which is similar to that observed in the other vessel wall diseases discussed above with a vessel wall fibrosis-like response. Of great interest is that proinflammatory mediators appear to play a central role in these vascular destruction processes and include varying roles for IL-1β, IL-1 α , TNF α , IL-6 and IFN γ ^{133,199,201,202}. Blockade of such mediators is demonstrating significant clinical benefits in specific types of vasculitis. Other types of therapeutics such as corticosteroids and intravenous immunoglobulin (IVIG) have been also useful. Briefly, we will highlight several key vasculitis conditions including giant cell arteritis, Takayasu's arteritis, and Kawasaki's disease.

Giant cell arteritis is a common form of vasculitis in elderly patients, and typically observed in large and medium sized vessels of the head, and, in particular, is observed in the temporal artery, but also can involve the ophthalmic and vertebral arteries^{200,203}. The histopathology observed shows intimal hyperplasia with luminal narrowing and occasional thrombosis. These cellular and the ECM remodeling events occur downstream of elastin

lamellae destruction secondary to infiltrating leukocytes and proteinase-dependent matrix degradation. There is now considerable evidence for an autoimmune cytotoxic T cell response to the vascular media in this disease²⁰⁰. The vascular media is normally an immune privileged site and alterations in the ability of PD-1/ PD-L1 signaling to suppress cytotoxic T cell function leads to enhanced T cell mediated cytotoxicity within these arteries occurs in this type of vasculitis^{133,200}. In addition, the infiltration and activation of lymphocytes and macrophages results in the production of proinflammatory cell mediators and ECM degrading proteinases to damage the arterial media. Takayasu's arteritis is a large and medium sized vessel vasculitis that is observed in patient's typically younger than 50 $years²⁰²$. The disease can also occur in children. It typically involves the aortic arch as well as the great vessels including the brachiocephalic, carotid, and subclavian arteries. Marked luminal narrowing can occur in these vessels due to arterial media destruction combined with intimal hyperplasia and, thus, the disease process has been referred to as "pulseless disease". Infiltration of mononuclear cells including macrophages, lymphocytes, and multinucleated giant cells are observed along with medial wall destruction, extensive fibrosis, intimal hyperplasia, and luminal narrowing²⁰². Some therapeutic successes have occurred with corticosteroids and more recently with blocking antibodies directed to TNFα or IL-6, where disease remissions can occur in some cases 202 .

Kawasaki's disease is a vasculitis that involves medium and small sized vessels and has a predilection to involve the coronary arteries, with transmural inflammation involving monocyte/macrophages and activated T cells (both CD8 and CD4), and the development of aneurysms204. As with the other vasculitides, there is significant ECM remodeling that can be observed throughout the vessel wall which represents a fibrosis type of response in conjunction with observed focal disruptions of the elastin/fibrillin matrices in the arterial media. The coronary artery aneurysms can rupture causing thrombosis, and, in addition, result in myocardial infarction in pediatric patients that are typically 4 years old or younger²⁰⁴. A mouse model of Kawasaki's disease has been developed by intraperitoneal injection of a cell wall extract from the bacterium, Lactobacillus casei $(LCWE)^{204-206}$. This extract is known to activate the toll-like receptor, TLR2, which can stimulate macrophages to produce and secrete the key proinflammatory mediators, IL-1β, IL-1α, TNFα, and IL-6205. In this model, marked vasculitis of coronary arteries occurs as well as the development of coronary artery aneurysms^{205,206}. In addition, abdominal aortic aneurysms develop in a high frequency of mice injected with this bacterial extract¹⁸⁴. These profound vascular changes in either the coronary vessels or abdominal aorta in the response to LCWE administration are markedly blocked by genetic deletion of IL-1 isoforms or the IL-1 receptor gene, IL-1R1184,199,206. In addition, administration of IL-1 blocking antibodies or IL-1 receptor antagonist (IL-1RA), which interferes with the activities of IL-1β or IL-1α, also leads to blockade of the vascular damage^{199,206,207}. In contrast, administration of IL-6 blocking agents fails to inhibit the vascular damage response but does interfere with the induction of plasma acute phase reactants following injection of LCWE208. Studies in humans also supports the concept that IL-1 is an important cytokine mediator of Kawasaki's disease. Genetic analysis of these patients shows a strong induction of IL-1 and its downstream effector pathways compared to controls implying its potential pathogenic role in the disease²⁰⁹. In support of this conclusion, administration of IL-1 antagonists such

as IL-1RA has resulted in significant clinical improvement in children (including regression of coronary artery aneurysms) with Kawasaki's disease^{210–212}. Interestingly, other studies in children have also revealed clinical improvement by administration of TNFα blocking antibodies²¹³. Perhaps combining blocking reagents for IL-1 and TNF α would further improve the clinical response and outcome (see discussion below on capillary regression).

Vascular ECM remodeling in capillary regression (rarefaction)

There is an increasing appreciation that capillary regression, which is also termed capillary rarefaction, is an important regulator of major human disease states including hypertension, diabetes, heart failure (particularly heart failure with preserved ejection fraction), ischemia and infarction events, sepsis, malignant cancers, neurodegenerative diseases including Alzheimer's disease, and aging^{111,214–223}. In large, medium and small arteries, the presence of an intima, media and adventitia layer, which is structurally delineated by an EC basement membrane, by the elastic lamellae and other intervening matrices in the media, the circumferentially oriented VSMC layers, and adventitial interstitial collagenous matrices provide a highly stabilized and cross-linked ECM structure that maintains vessel structure and function despite significant vascular pathologic disease processes (Figure 2). Exposure of these larger arteries and veins to injurious stimuli in comparison to capillaries, results in both cellular and ECM remodeling responses that we have described above in atherosclerosis, aneurysms, hypertension, and vasculitis syndromes. The larger vessels survive and persist despite the injurious insults and markedly change their cellular composition, and functional abilities as they acquire inflammatory or reparative cell types, and at the same time change their ECM compositions (Figure 2). By contrast, the smallest and most numerous blood vessels are capillary tube networks, which consist of a single layer of ECs, and a single layer of pericytes present on the EC abluminal tube surface which are both attached to an intervening basement membrane matrix. These capillaries are much less stable and more dynamic, by comparison with larger arteries and veins, due to a lack of an intimal, media or adventitial layer and diminished ECM cross-linking. Exposure of less stabilized capillaries to similar injurious stimuli (compared to larger vessels) results in capillary regression or loss (Figure 2), which can lead to increased vascular permeability, hemorrhage, thrombosis, and tissue perfusion deficits with low oxygenation and nutrient delivery.

A number of past and recent studies have been performed to address the underlying basis for capillary tube network regression. Three distinct categories appear to underlie this process, and include i) ECM proteolysis that degrades the matrix scaffolds in which capillary tubes are embedded that involves MMP-1 and MMP-10, and activating serine proteinases such as plasmin and plasma kallikrein^{161,224–227}; ii) proinflammatory mediators such as IL-1β, TNFa, thrombin and IFN γ , which appear to directly induce regression of blood capillaries¹¹¹, but also lymphatic capillaries²¹⁶; and iii) growth factor deficiency states which have been described in the context of the declining availability of VEGF during aging²²⁸ .

ECM proteolysis is a key mechanism by which capillary vessels can regress. ECs are remarkably proteolytic and can readily degrade the matrices in which they are embedded.

A series of in vitro as well as in vivo findings support this conclusion. Using a serum-free defined system of EC tubulogenesis in 3D collagen matrices, the addition of plasminogen led to conversion to plasmin by EC plasminogen activators, which further activated pro-MMP-1 and pro-MMP-10, which degraded the matrix causing tube regression 224 . Other serine proteinases including plasma kallikrein, the neutrophil-derived serine proteinases, neutrophil elastase and cathepsin G, and the mast cell serine proteinases, chymase and tryptase, are all capable of activating pro-MMP-1 and pro-MMP-10 to induce EC tube $regression¹⁶¹$. Of great interest are findings that EC-pericyte interactions decrease this mechanism of MMP-dependent tube regression by the production of TIMP-2 and TIMP-3, the latter is primarily made by pericytes 225 . Several genetic knockout studies in mice also support these findings. Hdac7 knockouts in mice lead to marked elevations of MMP-10 and decreased levels of TIMP-1, leading to an embryonic lethal phenotype caused by vascular network breakdown with hemorrhage²²⁷. In addition, genetic deletion of the epigenetic modifier, CHD4, resulted in plasminogen and plasmin-dependent vascular network regression that also was embryonic lethal226. Finally, mouse knockout of the MMP inhibitor, RECK, caused ECM degradation which again resulted in vessel breakdown and embryonic lethality during vascular development 229 .

Another mechanism of capillary regression occurs following exposure of capillary tubes to pro-inflammatory mediators^{111,214}. Using a serum-free defined human capillary tube assembly model, a broad screen of defined factors identified that the major proinflammatory mediators, IL-1β, IL-1α, TNFα and thrombin had potent pro-regressive activity which was further enhanced when the mediators were combined¹¹¹. Macrophage activation by the tolllike receptor agonists, Pam3CSK4 (which activates TLR2), or lipopolysaccharide (which activates TLR4), both lead to the secretion of pro-regressive activity that was completely neutralized by blocking antibodies to IL-1β and TNFα, but not IL-1α or IL-6¹¹¹. Addition of IL-6 to capillary tubes failed to induce regression. This study also identified other factors with pro-regressive activity including IFN γ , BMP-9, BMP-10, IL-4, TGF β 1 and TGFβ2 while many other members of the IL-1 and TNF protein families did not possess pro-regressive activity¹¹¹. Additional work demonstrated that the physiological process of hyaloid vascular regression in the postnatal mouse eye could also be abrogated by blocking antibodies to IL-1β and TNFα or by administration of the anti-inflammatory mediator, IL- 10^{111} . An important point is that these pro-regressive mediators selectively induced EC tube collapse and apoptosis, while the pericytes remained intact, but appeared to be activated during and following the regression process¹¹¹. Perhaps these pericytes could then participate in regenerative processes after injury to promote angiogenesis and tissue repair events including matrix remodeling (i.e. tissue fibrosis responses). The observed pericyte responses that we have described 111 are very analogous to the VSMC responses observed in the large vessel wall injuries discussed above. It is remarkable, but perhaps not surprising, that separate studies evaluating the molecular basis for capillary regression have identified many of the same mediators and causative etiologies (e.g. hypertension) that are known to regulate the development of key large and medium sized vessel disease processes in humans including atherosclerosis, aneurysms, and vasculitis (Figure 2).

Conclusions

In this review, we have addressed how vascular injuries of varying types (and which manifest as major human vascular disease states) lead to pathological vessel wall changes which include ECM remodeling. The key ECM remodeling events that occur involve; i) entry and deposition of plasma-derived ECM components; ii) synthesis and deposition of injury-induced ECM components from vascular wall cells or inflammatory cells; iii) ECM degradation from MMPs, Adamts, and serine proteinases such as elastase; iv) ECM deposition to remodel and fill in injured vessel areas due to ECM degradation or vascular cell loss (i.e. VSMC loss); v) exposure of matricryptic sites within insoluble ECM proteins (such as RGD) to facilitate vascular cell and inflammatory cell activation within the injured wall; vi) release of soluble ECM fragments (matricryptins) which can further activate these cells; and vii) with sustained vessel injury, ECM remodeling involving interstitial collagen deposition along with the deposition of proteoglycans and FNs, representing a vessel wall fibrosis response (Figure 1). We highlighted specific vascular diseases, including atherosclerosis, aneurysms, vasculitides, and capillary regression, and discussed how the unique events within the vascular wall are affected by cellular infiltration, proliferation, and invasion, cell-mediated ECM proteolysis, and how growth factors, peptides and proinflammatory mediators differentially affect arteries compared to capillaries. It is intriguing to consider just how stable large and medium sized are, even when exposed to significant injurious stimuli over time (Figure 2). These vessels can thicken and become mechanically stiffer due to intimal hyperplasia, media, or adventitial injury with substantial interstitial collagen deposition, or they can undergo aneurysmal dilation or undergo dissections due to focal ECM loss, particularly of the elastic lamellae. In contrast, capillaries, being much less stable, are prone to regress after exposure to the same injurious agents (Figure 2).

It has become increasingly apparent that particular growth factors, peptides, and proinflammatory mediators are fundamentally important in these vascular diseases and for the development of ECM remodeling events within the different vessel types. Such vascular disease-inducing factors include angiotensin II, ET-1, oxidized LDL, hyperglycemia, TGFβ isoforms, IL-1β, IL-1α, TNFα, thrombin IFNγ, MMP-1, MMP-3, MMP-10, MMP-12, Adamts4, Adamts-5, and various serine proteinases including plasmin, plasma kallikrein and neutrophil elastase. In addition, therapeutic blockade of some of these molecules has substantially aided in the clinical treatment of these vascular diseases. For example, the identification of IL-1β as an important mediator in many vascular diseases has led to improved therapeutics for atherosclerosis, and vasculitides, and in the future could be used for preventing capillary regression. In most clinical studies to date, only one of the proinflammatory mediators is targeted at a time. It would be interesting to combine blocking agents directed to multiple mediators to see how much further the clinical benefit might be. In our studies of capillary regression, we have shown that thrombin enhances the pro-regressive impact of molecules such as IL-1β and TNF α ^{111,216}; we suggest that adding thrombin inhibition (by inhibiting Factor Xa), in combination with antagonists of IL-1β and TNFα, might also aid in such therapeutic approaches. Finally, the development of more

specific MMP or Adamts inhibitors, or greater use of the combined MMP and Adamts inhibitor, TIMP-3, might further enhance the therapeutics of many vascular wall injuries.

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Abbreviations

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Highlights

- **1.** Vascular wall extracellular matrix remodeling is an important pathogenic feature of many vascular disease states.
- **2.** Vascular injuries induce changes in vascular wall cells from a homeostatic, more differentiated state to an activated, more proliferative, invasive, and de-differentiated state that occurs in part due to their responses to an altered ECM environment.
- **3.** Vascular ECM remodeling events include accumulation of provisional ECM proteins from vascular leakage, exposure of matricryptic sites from ECM proteolysis and deposition of injury-induced ECM proteins, and replacement of degraded elastic lamellae or basement membrane matrices with proteoglycan- and interstitial collagen-rich matrices.
- **4.** Large and medium sized arteries can withstand considerable cellular and ECM remodeling changes that persist and progress over time due to exposure of injurious stimuli to the vascular wall, while capillaries will more readily undergo regression responses (rarefaction) in response to the same stimuli.

Figure 1. ECM remodeling events occurring following arterial wall injury: Cellular and functional consequences.

A healthy arterial wall schematic is depicted with its appropriate cellular and ECM components. The concentric elastic lamellae in healthy arterial walls provides elastic and compliant properties that are critical to normal arterial function, along with other key ECM matrices including basement membrane components underlying the ECs and interspersed among VSMCs and interstitial collagen matrices in the media and adventitia. These matrices contribute to vessel wall stabilization, maintenance of cell differentiation status and suppression of cellular activation. In the diseased arterial wall schematic, we depict changes that can occur in various vascular disease states, including intimal expansion with cell accumulation due to disruption of the internal elastic lamina, alterations in the vascular media including disruptions in the concentric elastic lamellae, loss of VSMCs, and ECM remodeling changes due to enhanced proteoglycan and interstitial collagen deposition, and increased adventitial thickening due to further interstitial collagen deposition. Such ECM changes lead to vascular wall injury responses including enhanced vascular cell proliferation and invasion (into the intimal space from the media or from the adventitial space into the media), changes in the differentiation status of ECs, VSMCs or adventitial stem cells, proteolytic destruction of ECM components, accumulation of inflammatory cells such as monocyte/macrophages, neutrophils and lymphocytes, and synthesis and replacement of damaged ECM by new proteoglycan and interstitial collagen matrices. We also describe five key steps which contribute to different stages of vascular ECM remodeling. First, the leakage and deposition of plasma-derived ECM components into the vessel wall (pFN, VN, fibrinogen). Second, ECM degradation of basement membranes, elastic lamellae or interstitial collagen matrices by proteinases such as MMPs and elastases. Third, synthesis and deposition of injury-induced ECM components (i.e. cFNs, OPN, TNC and proteoglycans), which induce exposure of matricryptic integrin binding sites: recognized through αv, α5β1, α9β1, and α4β1 integrins and, also through the macrophage

integrins, αMβ2 and αxβ2. Fourth, increased proteoglycan deposition including versican and aggrecan, increased interstitial collagen deposition, and injury-induced matrices cFN (EDA splice variant), OPN, and TNC to replace degraded ECM components. Fifth, the replacement of functional elastic lamellae with rich interstitial collagenous matrices as well as proteoglycans leads to a stiffer and less compliant vessel wall. cFN: cellular fibronectin; EDA: fibronectin extra domain A; pFN: plasma fibronectin; OPN: osteopontin, TNC: tenascin C, RGD: arginine–glycine–aspartic acid, VN: vitronectin.

Figure 2. Comparative structure and injury responses of the arterial versus capillary vasculatures under healthy and disease states.

A single layer of endothelial cells (ECs) lines the entire vascular system, while the ECM is the major constituent of the vessel wall, particularly in larger vessels. Arteries and arterioles both have three ECM layers: tunica intima (a single layer of ECs attached to the subendothelial layer and internal elastic lamina), tunica media (circumferential layers of vascular smooth muscle cells and elastic lamellae with interspersed basement membrane and interstitial matrix components), and tunica adventitia (separated from tunica media by external elastic lamina and contains fibroblasts, progenitor cells, immune cells, and a capillary vasculature embedded in interstitial collagenous matrices). On the contrary, capillaries consist only of a single layer of ECs, a thin sheet of basement membrane, and surrounding pericytes. Compared to arteries and arterioles, capillaries have the least amount of matrix crosslinking and mural cell cellularity, which is represented by smooth muscle in arteries/arterioles, and pericytes in capillaries. Because of the structural and ECM differences between arteries/arterioles compared to capillaries, the two vessel groups react in a markedly distinct manner when exposed to injurious stimuli. ECM remodeling in response to injury occurs mostly in arteries and least in capillaries. Under disease states, capillaries are most prone to vascular regression due to inherently less interstitial collagen matrices (and a lack of an elastin-rich matrix), fewer mural cells, and reduced matrix cross-linking compared to arteries and arterioles. During injury responses, arteries and arterioles undergo matrix degradation (including degradation of elastic lamellae, interstitial collagens, and basement membrane), physical and functional cell loss with SMC dedifferentiation events, reactive ECM remodeling that includes provisional matrix deposition, exposure of previously hidden matricryptic integrin binding sites, and synthesis of new injury-induced ECM components as well as interstitial collagens and proteoglycans (i.e. vessel fibrosis response); and intimal hyperplasia of activated SMCs as well as other

cell types which accumulate from the circulation or the adventitia. Key growth factors, such as TGFβ isoforms, and proinflammatory mediators such as IL-1β, TNF α and thrombin are liberated during these injuries to regulate these processes. These adverse changes in arteries and arterioles lead to mostly chronic disease states (the larger more stable vessels persist) including atherosclerosis, hypertension, aneurysms (microaneurysms in very small arteries and arterioles), and vasculitis. In contrast, capillaries readily undergo inflammatory mediator-induced tube regression with EC loss and accompanying degradation of the basement membrane. A spectrum of responses occurs downstream of capillary regression including increased vascular permeability, tissue hemorrhage, and parenchymal cell dysfunction or loss due to ischemia, lack of nutrients, or reduced removal of waste products. EC: endothelial cell, ECM: extracellular matrix, BM: basement membrane, SM: smooth muscle cell.