Human brain state dynamics reflect individual neuro-phenotypes

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Neural activity and behavior vary within an individual (states) and between individuals (traits). However, the mapping of state-trait neural variation to behavior is not well understood. To address this gap, we quantify moment-to-moment changes in brain-wide co-activation patterns derived from resting-state functional magnetic resonance imaging. In healthy young adults, we identify reproducible spatio-temporal features of coactivation patterns at the single subject level. We demonstrate that a joint analysis of state-trait neural variations and feature reduction reveal general motifs of individual differences, encompassing state-specific and general neural features that exhibit day-to-day variability. The principal neural variations co-vary with the principal variations of behavioral phenotypes, highlighting cognitive function, emotion regulation, alcohol and substance use. Person-specific probability of occupying a particular co-activation pattern is reproducible and associated with neural and behavioral features. This combined analysis of statetrait variations holds promise for developing reproducible neuroimaging markers of individual life functional outcome.

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Introduction

The field of functional human neuroimaging (fMRI) has attempted to characterize the functional organization of the human brain and how it relates to individual differences (1, 2). These emerging methods can identify low dimensional representations of neural traits (i.e. subject-specific) (3, 4) or states (i.e. varying over time within a subject) (5–7) which may be predictive of behavioral phenotypes. This growing body of work suggests that fMRI may hold great potential for characterizing how complex neural signals map onto human behavioral variation.

Spontaneous fluctuations of brain activity measured at rest (i.e resting state fMRI (rs-fMRI)) are embedded in time and space, exhibiting rich spatial-temporal information that varies within (state) and between (trait) individuals. The joint properties of state-trait rs-fMRI signal variation remains poorly understood, constituting a critical knowledge gap. An individual's mental state at any given time of rs-fMRI may be influenced by many intrinsic (e.g. metabolic) (8, 9) or extrinsic (e.g. medications) factors that directly affect the circuit activity underlying complex behavior (10-18). On the other hand, there might be other dimensions that contribute to variability in large neuroimaging datasets and undermine their ability to identify clear brain-behavior relationships. One of these dimensions may be time-varying signal dynamics. For instance, personality theories posit that traits are characterized as patterns of thoughts, feeling and behavior that generalize across similar situations within individuals and differ between individuals, whereas behavioral states reflect patterns that vary over time and situations (19, 20).

Historically, rs-fMRI studies have quantified neural traits (e.g. stationary functional connectivity characterizing a subject) to study how they vary across people in relation to a given behavioral trait (e.g. fluid intelligence or a set of clinical symptoms) (21-23). The analyses of neural state dynamics or time-varying rs-fMRI connectivity can be used to understand individual differences (24). Evaluating momentto-moment changes in neural activity can provide information about latent brain states associated with task-switching and decision-making in working memory (25). Using dimension reduction of task fMRI data across multiple cognitive tasks, Shine et al. suggested that execution of diverse cognitive tasks and individual differences in fluid intelligence can be described using a dynamic flow along a low-dimensional manifold of global brain activity (26). There is a knowledge gap regarding how combined state and trait variation of spontaneous brain dynamics map onto individual variation in complex behavioral phenotypes.

A recent meta-analysis of three large consortia datasets (N=38,863 in total) has shown that brain-behavior associations in the general population have small effect sizes (e.g. |r| < 0.2) using data from thousands of individuals, when correlating neural measures from structural MRI, rs-fMRI and task fMRI activation to behavioral measures including cognitive ability or psychopathology (27). While large sample sizes are key for discovering and replicating small brain-behavior relationships on average (27), these recent advances leave the open question that there may be strong brain-behavioral effects that can be seen with quantitative approaches that consider time-varying signal dynamics (28– 30). Still, the application of state-related quantitative ap-

proaches in fMRI remain underutilized for characterizing reproducible inter-individual differences in brain-behavioral relationships (31, 32). Furthermore, combining state-related and trait-related information from rs-fMRI signals may provide convergent information about individual brain-behavior associations. To this end, we tested the hypothesis that reproducible neural-behavioral mapping may be achieved by quantifying combined state and trait information from time-varying rs-fMRI signals across the brain.

One approach that captures both trait and state neural characteristics is the analysis of co-activation patterns (CAPs) for rs-fMRI (33). This analysis focuses on momentto-moment changes in the whole brain blood oxygenation level dependent (BOLD) signals at each time point, providing a method to quantify the spatial patterns of co-activation across people and individual variation in patterns of neural temporal organization (33). Several studies have reported similar average CAP patterns in healthy human adults (33), which also show some notable sex differences (34) and are impacted by proceeding task conditions (35). Alterations of spatial and temporal organizations of CAPs (e.g. the number of time-frames occupied by a CAP state) were found across different levels of consciousness (36), schizophrenia (37), pre-psychosis (38), depression (39, 40), and bipolar disorders (41, 42). All of these studies characterized group-level effects between patients and healthy controls with a fixed number of CAPs across groups, often capturing a parsimonious snapshot of brain dynamics by selecting a small number of time points associated with high-amplitude signals in pre-selected (i.e. seed) regions. While these studies have provided insights that CAPs contain rich information, they are systematically omitting full range of BOLD fluctuations. Put differently, few studies have leveraged the entire BOLD signal range to define CAPs (7). Moreover, no study to our knowledge has investigated the properties of within and betweensubject variability across a reproducible set of CAPs that harness the entire BOLD signal fluctuation range (43, 44). Finally, no study has in turn quantified how individual differences in CAP properties map onto complex behavior.

Here, we test the hypothesis that there is a reproducible CAP feature set that reflects both state and trait brain dynamics and that this feature set relates to individual phenotypes across multiple behavioral domains. To address this, we studied rs-fMRI and behavioral data obtained from 337 healthy young adults with no family relation in the individual Human Connectome Project (HCP) S1200 data (45). To optimize neural features accounting for CAP variation within and between subjects, we develop a threeaxes model of state-trait brain dynamics using moment-tomoment changes in brain CAPs. We identify three reproducible CAPs that can be quantified at the single subject level, exhibiting recurrent snapshots of resting-state network spatial profiles and individual-specific temporal profiles. By analyzing spatio-temporal state-trait dynamics of CAP patterns, the data revealed groups of individuals that consistently exhibit behaviorally-relevant CAP characteristics. These results suggest that a critical step toward the development of reproducible brain-behavioral models may involve initial mapping of neural features that can robustly and reproducibly capture combined trait (between-subject variability) and state (within-subject variability) variance in neural features.

Results

Three brain co-activation patterns are reproducibily found in healthy subjects at rest. The analysis of moment-to-moment changes in CAPs assumes a single neural state (i.e. CAP state) per each fMRI time-frame, and identifies a set of CAPs recurring over time and across subjects by spatial clustering of fMRI time-frames (7, 33). We identify a reproducible set of CAPs from 4 runs of rs-fMRI data (15-min/run) obtained over two days from 337 healthy young adults (ages 22-37 years, 180 females) using a shuffled splithalf resampling strategy across 1,000 permutations. Here we used the entire BOLD signal fluctuation range for CAP estimations, without sparse time-point sampling. In each permutation, we randomly split the sample (N=337) into two. each involving the equal number of non-overlapping subjects (n=168 respectively, randomly excluding a subject) (Fig. 1A, Supplementary Fig. S1). To analyze CAPs at a low dimension space and to reduce the computational burden of CAP analysis that treats every 3-dimensional time-frame in the clustering process (e.g. 4,000 time-frames/subject), we used the Cole-Anticevic Brain Network Parcellation (CAP-NP) that involves 718 cortical surface and subcortical volumetric parcels (46). We averaged the preprocessed BOLD signals in the voxels belonging to each parcel (47). Therefore, within each split, a $4,000 \times 718$ array of individual rsfMRI data are temporally concatenated across subjects. The time-frames are clustered based on spatial similarity using K-means clustering, where the number of clusters (k) is estimated for each split using the elbow method varying k from 2 to 15 (see the estimated Silhouette scores from the K-means clustering solutions in Supplementary Fig. S2). Finally, a CAP was obtained by averaging the time-frames within each cluster with respect to each parcel.

We first found that there are individual differences in the number of reproducible brain states. Specifically, in both splits, the estimated number of CAPs was either 4 or 5, each exhibiting an $\approx 50\%$ occurrence rate across permutations (Supplementary Fig. S3A, B). However, interestingly, the co-occurrence of the same number of CAPs in both splits was rare (< 6%) (Supplementary Fig. S3C). In other words, a half of the sample produced 5 CAPs, while the other half produced 4 CAPs. Because each of two non-overlapping halves contain a distinct subset of samples, we hypothesized that individual difference in the number of reproducible brain states plays a role in the observed between-split differences. To test this hypothesis, we quantified the individual's preference toward a specific number of CAPs by comparing the probability of estimating 4 CAPs or 5 CAPs. The probability of estimating k CAPs was quantified using the occurrence of ksolution estimations in a split across permutations (see Methods). Indeed, there was a highly reproducible tendency for individual subjects to occupy either 4 or 5 CAPs (Fig. 1B).

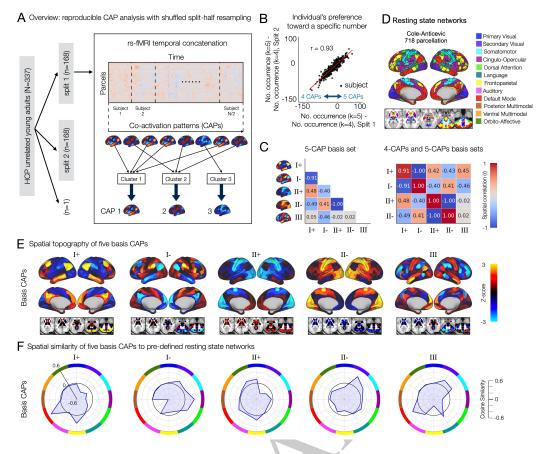


Fig. 1. A reproducible set of co-activation patterns (CAPs) in the whole-brain rs-fMRI involve recurring mixed representations of canonical resting state networks. (A) Analysis overview. In each permutation, 337 subjects are randomly split into two equal-sized groups. Within each split, a parcel-by-time array of rs-fMRI data is temporally concatenated across subjects. Time-frames are clustered based on spatial similarity using K-means clustering. The number of clusters (k) is estimated for each split. Each CAP is obtained as the centroid of each cluster (Supplementary Fig. S1). (B) Individual's statistical preference toward a specific number of CAPs (k) is reproducible. In each split, an individual's preference toward a specific number was quantified using the number of permutations that resulted in a specific solution (eg. 4 CAPs or 5 CAPs) across 1,000 permutations. Specifically, we compute the difference (occurrence of k = 5) – (occurrence of k = 4) for each subject (Methods). (C) Spatial correlation of the 5-CAP basis set (right). r values were rounded to the nearest 2 decimal digits. (D) Cole-Anticevic Brain Network Parcellation (CAP-NP) (46). (E) Spatial topography of 5 basis CAPs. (F) Spatial similarity of the 5 basis CAPs to canonical resting state networks, pre-defined using the CAB-NP parcellation in (D).

Together, these results suggest the presence of a CAP state that is reproducibly found in a subset of subjects but not in others.

To identify reproducible spatial topography of CAPs for further analyses, we generated two sets of basis CAPs independently: the 4-CAP and the 5-CAP basis sets (Supplementary Fig. S4). The 4-CAP basis set was obtained by applying agglomerative hierarchical clustering to the CAPs collected from only the permutations that resulted in the estimation of 4 CAPs. Then, a basis CAP was generated by averaging the CAPs belonging to each cluster, and the value in each parcel of the basis CAP was normalized to z-scores using the mean and standard deviation across 718 parcels (Supplementary Fig. S4). The 5-CAP basis set was also obtained using the CAPs collected from the permutations resulting in 5-CAP solutions. We found that the 4-CAP basis set consisted of two pairs of anti-correlated CAPs (I+ and I-, II+ and II-), and the 5-CAP basis set consisted of the same two pairs of anti-correlated CAPs and one additional CAP (III) (Fig. 1C). The patterns of these basis CAPs were consistent between two splits (Supplementary Fig. S5). The number (I, II, and III) and sign (+ and -) of CAPs were labeled arbitrarily. Overall, we found three CAPs recurring over time and across healthy subjects in rs-fMRI.

Patterns of whole-brain co-activation are recurrent snapshots of mixed resting state networks. As expected, the spatial patterns of three CAPs were associated with well-known rs-fMRI networks (Fig. 1E, F). CAP I involved a strong bi-polarity between the default mode and frontoparietal networks versus the dorsal attention, cingulo-opercular, somatomotor and secondary visual networks. Here, bi-polarity stands for positive versus negative cosine similarity of each CAP with distinct resting state networks (CAP+ versus CAP-). CAP II exhibited a weaker bi-polarity between the primary visual, orbito-affective, default mode, and frontoparietal networks versus the dorsal attention, somatomotor, and secondary visual networks. CAP III showed a strong bi-polarity between the default mode, somatomotor, and secondary visual networks versus the frontoparietal, dorsal attention, and cingulo-opercular networks. Considering that resting state networks are identified based on the co-fluctuations of signals in distributed brain regions, our results show that these CAPs represent recurring snapshots of the diverse signal co-fluctuations among regions involved in different functional networks at each time-frame.

CAP III is reproducibly found in some individuals but not in others. Our result in Fig. 1B suggests that there are individual differences in the number of reproducible brain states. Because CAPs are estimated using data from a group of subjects, the contribution of a single subject to this estimation is relatively small. In addition, it remains unknown whether the spatial topography of estimated CAPs are reproducible across permutations. To address these, we investigated three questions: (i) whenever 4 CAPs are estimated from a split data, are their spatial patterns reproducible across the permutations, (ii) whenever 5 CAPs are estimated from a split data, are their spatial patterns reproducible across the permutations, and (iii) is there a specific CAP state that is reproducibly missing in 4-CAP solutions when compared to the 5-CAP solutions. All 718 cortical and subcortical parcels were included in this and following analyses throughout this article.

First, we calculated the marginal distribution of spatial correlation values $(r(EC_i, BC_i))$ between the CAPs estimated from each split data (Estimated CAP; EC_i , i = 1, ..., 4or 5) and a given basis CAP (Basis CAP; BC)(Fig. 2A). Note that these pre-defined basis CAPs are the group-average and permutation-average CAPs obtained using the agglomerative hierarchical clustering of all CAPs across permutations (Fig. 1E). In each permutation, each EC_i was labeled according to the maximum rank correlation with the given basis CAP. As a result, the marginal distribution of r values showed that the spatial patterns of 4-CAP solutions and 5-CAP solutions were strongly reproducible (Supplementary Fig. S6. The CAPs estimated from each split were highly correlated with at least one of the basis CAPs, demonstrating a 1-on-1 matching for all CAPs. In addition, CAP III was reproducibly found in one split but not in another split across permutations (Fig. 2, Supplementary Fig. S7). Together, this analysis demonstrates that the presence or absence of CAP III is not a random artefact but actually associated with reproducible neural dynamics of individuals.

Spatial alignment of individual time-frames to basis **CAPs.** To find an optimal number of clusters or CAPs that are commonly found across individuals, we used an approach that considers a trade-off between the number of clusters and within-cluster similarity by combining the silhouette criteria and elbow method (Supplementary Fig. S2). To evaluate the extent of the contribution of individual co-activation patterns to the observed CAP variability, we analyzed all fMRI time-frames obtained from 337 subjects after scrubbing. For each split, we computed the spatial alignment of individual 3dimensional fMRI time-frames to the five basis CAPs (cluster centroids estimated by K-means clustering) using Pearson's correlation, identifying a basis CAP yielding the highest correlation with each time-frame. As a result, the mean and standard deviation of the maximum correlation were 0.22 ± 0.11 (Supplementary Fig. S8), indicating the substantial variability in resting state human brain dynamics. Notably, the

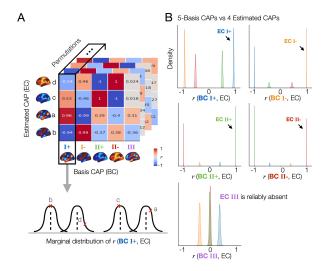


Fig. 2. The spatial patterns of the CAPs estimated across split-half permutations are reproducible, demonstrating the consistent absence of a specific spatial pattern (CAP III) in one split but not in another split across permutations. (A) Proof of concept. In this figure, we demonstrate "whenever 4 CAPs are estimated from a split data, are their spatial patterns reproducible across the permutations", and "if there is a specific CAP state that is reproducibly missing in 4-CAP solutions when compared to the 5-CAP solutions". To address these, first, Among 1.000 permutations, we only take permutations that resulted in 4-CAP solutions using the elbow method, which was 502 permutations in this data. The remaining 498 permutations mostly resulted in 5-CAP solutions, and rarely 6- or 7-CAP solutions as shown in (Supplementary Fig. S3). Spatial similarity (r, correlation coefficient) is computed between each of the estimated CAPs (EC; denoted as a, b, c, and d) and a given basis CAP (BC). In this example, we select BC 1 from the 5-CAP basis set. r values were rounded to the nearest 2 decimal digits for visualization. Finally, we obtain the marginal distribution of r values between BC 1 and the estimated CAPs across 502 permutations. (B) The CAP III is reproducibly found in the 5-CAP solutions and not in the 4-CAP solutions across permutations. We repeated the spatial similarity analysis for the 4 CAPs estimated from each split-half data, when compared to the 5-CAP basis set. In each permutation, each estimated CAP was labeled according to the maximum rank correlation with the basis CAPs. Datapoints (r-values) estimated from the CAPs with a same label were coded using the same color. The marginal distributions of r between all estimated CAPs and each BC from the 5-CAP basis set are illustrated using kernel density estimation. Results obtained from the split 1 data are shown in (B) and replicated in the split 2 data (see Supplementary Fig. S7). Note that all 718 cortical and subcortical parcels were included in this analysis. For simplicity, subcortical regions of CAPs are not visualized.

group-level spatial topography of CAPs, estimated by averaging the time-frames within each cluster, remained consistent across permutations (**Fig. 2**), enabling us to investigate individual differences in their temporal dynamics.

Reproducible state-trait neural features at the single subject level. We identified three CAPs that reflect brain-wide motifs of time-varying neural activity. Here we demonstrate a reproducible estimation of spatial CAP features at the single-subject level. The CAP analysis involves the assignment of individual time-frames to one of the estimated CAPs using the K-means clustering process (Fig. 3A). The CAPs estimated in each split were labeled using the maximum ranked correlation with the pre-identified 5-CAP basis set (Supplementary Fig. S6). In turn, this frame-wise identification of CAP states allows the estimation of temporal profiles of CAP states for individual subjects. We demonstrate that reproducible state and trait features of neural dynamics can be quantified using several key parameters of CAP temporal characteristics (see Fig. 3A).

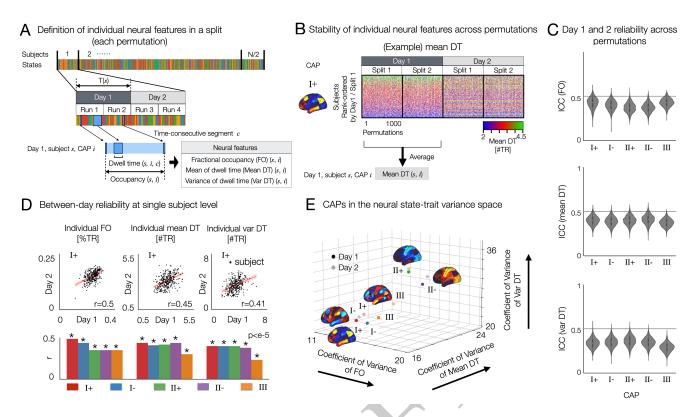


Fig. 3. Resting state brain CAPs have distinct between and within-subject variance of temporal characteristics and test-retest reliability, as revealed by the 3-axes representation of neural trait variance space. (A) Analysis overview. In each split-half data from each permutation per day, fractional occupancy (FO), within-subject mean of dwell time (Mean DT) and within-subject standard deviation of dwell time (Var DT) are estimated for each CAP state. (B) Stability of individual mean DT of CAP I+ across permutations and across two days. Individual subjects were rank-ordered from top to bottom using the split 1 data from Day 1. While the estimated mean DT values spanned from 0 to 6, the dataset exhibited sparse occurrences in the distribution tails. To enhance visual clarity across rows (subjects), a saturated colormap was employed. For an alternative representation of the same data using an unsaturated colormap, refer to **Supplementary Fig. S9**. We also found that individual Var DT and individual FO to these CAPs are reproducible across permutations and two days (**Supplementary Fig. S9**). (**C**) Days 1 and 2 reliability of FO (top), Mean DT (middle) and Var DT (bottom) in each CAP state were quantified by the intraclass correlation coefficient using two-way random effect models (ICC(2,1)). When computing ICC for CAP II, permutations resulting in the absence of CAP III was not considered, because the values of temporal metrics are zero for both days. (**D**) Test-retest reliability of neural measures between two days of scan. (top) For CAP I+ state, we show scatter plots of individual FO, within-subject mean and variance of DT between days 1 and 2. Linear fitting line (red) is shown for each scatter plot. *r*-value is measured by Pearson's correlation coefficient and considered significant when the corresponding two-sided *p*-value is less than 0.001. (bottom) For the remaining four CAP states, the same scatter plot analysis was repeated (**Supplementary Fig. S1**). We summarize the estimated *r*-value is less tha

Definitions.

- Fractional occupancy (FO(s, i)): the total number of time-frames (or MRI time of repetition; TR) that a subject s spends in CAP state i per day, normalized by the total number of time-frames spent in any CAP state by subject s per day. FO is a relative measure (%TR), such that the sum of FO of all CAP states is 1 within a subject per day. FO reflects between-subject variance (trait variance) of CAP dynamics.
- 2. **Dwell time** (DT(s, i, c)): the number of time-frames (#TR) of a time-consecutive segment c occupying the same CAP state i within a subject s per day.
- 3. *Within-subject mean of DT* (Mean DT(s,i)): the mean of estimated values of DT for all time-consecutive segments during which CAP *i* is occupied by subject *s* per day.
- 4. Within-subject variance of DT (Var DT(s,i)): the

standard deviation of estimated values of DT from all time-consecutive segments occupying a CAP i within a subject s per day. DT measures involve both trait (between-subject) and state (within-subject) components of neural dynamics.

The quantification of these CAP measures was performed for each split data per permutation. To evaluate day-to-day variability of CAP dynamics, we computed these measures for each day separately. In summary, we estimated FO, mean DT and var DT for each CAP per subject. This allowed us to average the estimated neural measures across permutations, providing a summary statistic of neural measures for each CAP for each subject per day. These statistics are statistically reproducible at the single-subject level, as shown in **Figure 3B** (48–50). Care is needed when interpreting the results, because stable individual-specific properties of state dynamics such as mean DT in this study can also be considered as traits.

In this study, we are interested in testing the hypothesis that there is a reproducible general motif of individual differences in neural co-activation dynamics, where individuals

differently occupy (or project onto). While previous work in (26) focused on a low-dimensional manifold of spatiotemporal neural activity by applying principal component analysis of rs-fMRI signal volumes, we aim to identify a lowdimensional feature space that characterizes state and trait properties of the temporal organizations of brain states. To do this, we first demonstrate that state-trait CAP dynamics are reproducible at the single subject level across permutations, whereas within-subject between-day reliability was lower than between-permutation reliability on a same day (Fig. 3B, C, Supplementary Fig. S10). First, we measured the test-retest reliability of the neural measures using a linear regression (Fig. 3D). For each CAP, we found a moderate low correlation (r < 0.5) of individual neural measures between day 1 and day 2 (Fig. 3D). CAP I+ showed the highest between-day reliability and CAP III was the lowest. See Supplementary Fig. S10 for the scatter plots from the other four CAP states. When calculating the mean and SD of correlation across all CAPs, the between-day correlation is 0.41 ± 0.07 for FO, 0.41 ± 0.06 for mean DT, and 0.38 ± 0.07 for var DT.

Secondly, we computed the intraclass correlation coefficients using two-way random effect models (ICC(2,1)) for each split in each permutation. Therefore, for each CAP, we measure 2,000 ICC values across 1,000 permutations. The average ICC across all CAPs are 0.39 ± 0.06 (Mean \pm Standard Deviation) for FO, 0.39 ± 0.05 for Mean DT, and 0.34 ± 0.06 for Var DT. These state-trait neural measures show fair test-retest (day-to-day) reliability, when compared to the meta-analytic estimate of average ICC $(0.29 \pm 0.03,$ Mean \pm Standard Error) across other studies reported using edge-level functional connectivity (51). Within-subject variance of FO across 5 CAPs are shown in Supplementary Fig. S12 across permutations. Together, these results show dayto-day variability (state) in CAP dynamics within individuals and highly reproducible between-subject (trait) variability within each day.

Joint analysis of state and trait neural variations. We propose an analytic framework of joint state and trait neural variations, taking the test-retest (or day-to-day) reliability of neural features into account. Importantly, this framework allows us to visualize how CAP properties that vary within a person (state) also vary between people (trait). In Fig. 3E, we illustrate a three-axes representation of state and trait variance components of spatio-temporal CAP dynamics. For each CAP, we estimate the normalized intersubject variance (coefficient of variance) of three neural features. Then, the five CAP states (CAPs I+/-, II+/- and III) are projected on this space. Interestingly, we found that CAP II exhibits the highest relative between-subject variation (i.e. trait) across all three measures, the FO, mean DT and var DT. Conversely, CAP III exhibits lower between-subject variance but higher within-subject variance than CAP II (as seen in the distance between the measures on two different days; see Fig. 3E). Indeed, the proposed joint analysis of state-trait neural variations provides a rich landscape of within-person and between-person variance of neural co-activations.

Neural feature reduction captures general motifs of individual variation. An important and interesting question would be whether neural features with distinct patterns of state-trait variation can provide vital information about individual differences. Put differently, we are interested in studying if there is a set of neural features that can be commonly found across a number of healthy subjects that have a reproducible set of neural co-activation properties, which can in turn be related to behavioral phenotypes. To address this question, we first collected thirty neural features estimated for each individual: three neural measures (FO, mean DT, and var DT) \times five CAPs (I+, I-, II+, II-, and III) \times 2 days. We performed the agglomerative hierarchical clustering of a subject-by-feature (337×30) matrix (Fig. 4A). We determined the number of clusters using a distance cut-off value of 70% of the final merge in the dendrogram (Fig. 4B). As a result, we found three subgroups (A, B, and C), each consisting of 163, 127 and 47 individuals (Fig. 4C).

To further study if there is a low-dimensional geometry of neural state-trait variation capturing individual differences, we applied principal component analysis (PCA) to the subject-by-feature matrix. Clearly, the three subgroups identified using hierarchical clustering were distributed in the low-dimensional space represented by the first three neural PCs, which explain 33.5%, 23.9% and 16% of variance, respectively (Fig. 4D). Notably, subgroup A shows higher scores on neural PC 1 than the other groups, and subgroup C shows higher scores on neural PC 2 than subgroup B (Fig. **4C**). Our further analysis of feature loadings on these PCs revealed a unique and reduced feature set of neural variation, each representing CAP-specific (PC 1) and general (PC 2) neural state-trait variations, which also exhibit day-to-day variability (PC 3). In addition, we found that each pair of positive and negative CAP patterns (states I+ and I-, states II+ and II-) exhibit similar temporal CAP profiles (Fig. 4E, Supplementary Fig. S11).

Specifically, the neural PC 1 is characterized by distinct temporal profiles on CAPs I/III versus CAP II. It includes higher loadings of FO, mean DT and var DT at CAPs I/III and lower loadings of DT measures at CAP II (Fig. 4F). Note that the FO is a relative measure (% TR) such that the sum of FO at all CAP states is 1, whereas the DT measures are absolute (#TR). This indicates that individuals exhibiting high scores on neural PC 1 occupy CAPs I and III for a relatively longer time, whereas individuals with low PC 1 scores occupy CAP II state for a longer time. Regarding CAP II, the FO exhibits a more pronounced negative loading on neural PC 1 compared to the dwell time measures (mean DT and var DT). On the other hand, the neural PC 2 highlights a general pattern of state persistence (high within-subject mean DT and high within-subject variance of DT), while also exhibiting a weak CAP-specific effect on FO (lower loadings of the FO at CAPs I/III and higher loadings of FO at CAP II) (Fig. 4F). In addition, in neural PC 2, the DT measures of CAP II showed higher loadings than FO. A lengthy dwell time indicates that an individual occupies a state for an extended duration before transitioning to another CAP, suggesting strong

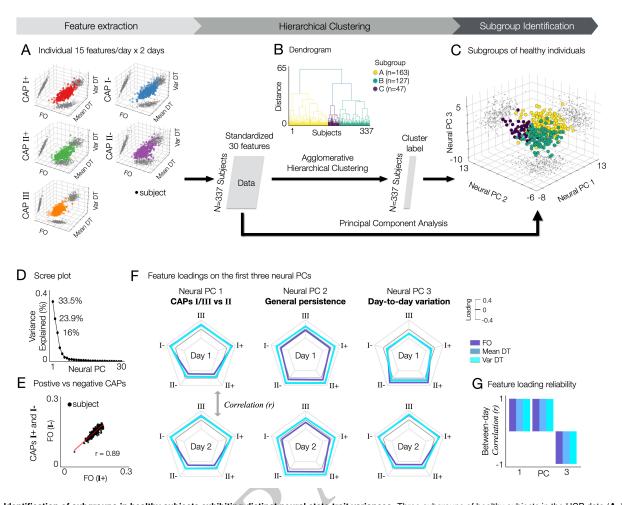


Fig. 4. Identification of subgroups in healthy subjects exhibiting distinct neural state-trait variances. Three subgroups of healthy subjects in the HCP data (**A**, **B**, and **C**) are identified using the agglomerative hierarchical clustering of thirty individual neural state-trait features, which are estimated from temporal CAP characteristics (fractional occupancy, FO; within-subject mean of dwell time, mean DT; within-subject variance of dwell time, var DT). (**A**) For each subject, thirty neural features estimated from five CAPs and two days are collected. For each CAP, each neural feature was obtained by averaging the values estimated across permutations. Each data-point in the 3-axis scatter plots indicate a subject. Individual neural features were obtained by averaging the values across permutations within subject for each day. (**B**) Agglomerative hierarchical clustering is performed on the feature matrix. In the dendrogram, three clusters are found using a distance cut-off value of 70% of the final merge. In addition, to estimate the principal geometry of this state-trait feature space identifying subgroups, we applied principal component analysis (PCA) to the feature matrix. (**C**) Clustered subjects are embedded onto a 2-dimensional space using principal component analysis. (**D**) Variance explained (%) by each neural PC. (**E**) Similarity of individual neural features between positive and negative CAPs. An example of CAPs I+ and I- are shown. See **Supplementary Fig. S11** for all results (0.9 \pm 0.04, mean \pm SD). (**F**) Loadings of each neural feature on the first three neural PCs. In each radar plot, three lines indicating FO (colored in slateblue), Mean DT (steelblue), and Var DT (turquoise) are shown for five CAPs. Feature loadings from days 1 (top) and 2 (bottom) are shown separately for an easier interpretation, while the neural PCs were obtained using neural features on each PC are reliable between days. For each neural PC, Pearson's correlation coefficient (r) was computed between two vectors of

state persistence. In contrast to the neural PCs 1 and 2 that showed strong between-day reliability, neural PC 3 showed a strong negative correlation between days (|r| > 0.9; **Fig. 4G**). In particular, neural PC 3 captures a specific component of day-to-day variability: the CAP-specific patterns observed in neural PC 1 can undergo systematic changes between days (e.g., sign-flipped feature loadings in **Fig. 4F**).

Together, our results demonstrate that both state and trait variance of spatio-temporal CAP dynamics involve pivotal information for identifying individual differences. Specifically, we identified three neural PCs that establish a low dimensional, general motif of state and trait neural co-activation variation. The third principal component of individual variation involved information about day-today variability in neural co-activation, suggesting that patterns of within-subject variations can be uniquely individualized. This can be, in turn, considered as trait-like patterns providing additional information about individual neurophenotypes. While trait variations (neural PC 1 and 2) are dominantly loaded on the general motif of individual differences, the observed state variance at the time scale of days (neural PC 3) also contributes to this low dimensional feature space, therefore reflecting neuro-phenotypes. The assessment of individual distributions of each neural measure supported these findings (Supplementary Fig. S13). In addition, we found that the FO of CAPs I and II have overall a higher mean and variability than the FO of CAP III. We observed the same patterns in the mean DT and var DT (Supplementary Fig. S13). Indeed, our analyses combining the hierarchical clustering and PCA of individual neural feature sets revealed three subgroups exhibiting distinct patterns of neural variations.

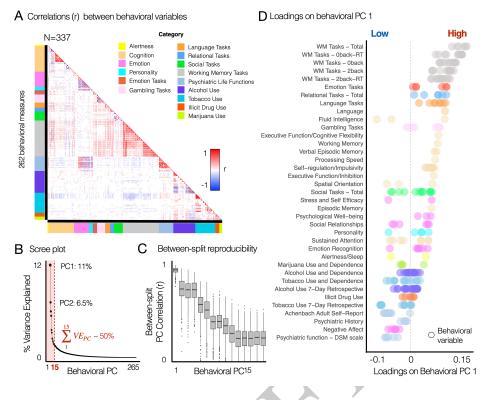


Fig. 5. Principal variations of neural state-trait features co-vary with the principal variations of behavioral phenotypes, highlighting individual life function outcomes associated with emotion regulation, cognitive function and alcohol and substance use. (A) Correlation structure between 262 behavioral variables, which were obtained from the HCP S1200 unrestricted and restricted data. Colorbars along each axis of the correlation matrix indicate color-codes for the category of each variable. Categories were defined from the HCP data dictionary available online (HCP_S1200 DataDictionary_April_20_2018.csv). Variables measuring response time (RT) from tasks were transformed into 1/RT to account for the fact that a shorter response time indicates better task performance. See **Supplementary Fig. S14** for the list of all behavioral variables. (B) The first PC explained 11.2% of variance. The first 15 PCs explaining ~ 50% of variance were considered in further analysis. (C) Across 1,000 permutations for split-half resampling, we compared if the geometry of estimated PCs in two splits are consistent. Pearson's correlation coefficient (*r*) was computed for each pair of behavioral PCs. (D) Rank-ordered loadings of each behavioral variable on the first principal component (PCA). Each data-point indicates a behavioral variables. PCA was performed for all 262 variables in (A). 39 subcategories shown on the y-axis were also defined using the HCP data dictionary. Several subcategories belonging to the same category are coded using the same color as in (A).

Principal variations of neural state-trait features covary with principal variations of behavioral phenotypes. Next, we were interested in studying to what extent individual variability quantified on this low-dimensional neural feature space was linked to variations of individual human behavior. We employed a similar dimension reduction strategy to estimate the behavioral principal components (PCs) that provide low-dimensional geometries across multiple behavioral domains where people occupy differently. This way, we can associate how individual subjects are distributed in two feature spaces respectively and how such patterns relate to each other.

To estimate the geometry of principal variations in behavioral phenotypes, we performed PCA on 262 variables across 15 behavioral domains from the HCP S1200 unrestricted and restricted behavioral data: alertness (1-2), cognition (3-39), emotion (40-63), personality (64-68), emotion task performances (69-74), gambling task performances (75-86), language task performances (87-94), relational task performances (95-100), social task performances (101-113), working memory task performances (114-167), psychiatric dimensions (168-189), alcohol use (190-222), tobacco use (223-252), illicit drug use (253-258), and marijuana use (259-262) (**Fig. 5A**). Find the list of behavioral variables in **Sup**-

plementary Fig. S14. Before performing PCA, several variables reflecting the reaction time (RT) in tasks were converted to 1/RT for a better interpretation of PC geometry.

After performing PCA, the significance of derived PCs was evaluated using permutation testing. Specifically, PCA was performed for each permutation where the order of subjects was randomly shuffled, which in turn provided a null model (23). As a result, we found 27 PCs that accounted for a proportion of variance that exceeded chance (p < 0.05across 10,000 permutations). Subsequently, we considered the first 15 PCs, which collectively explained approximately 50% of the total variance, for further analyses. Reproducibility of these 15 PCs was evaluated using a split-half permutation approach, where we randomly splitted 337 subjects into two equal sized groups (n = 168) and applied PCA for each split. Then, the similarity (Pearson's correlation) of PC geometry between the *n*-th PCs estimated from two split-halves was computed for each permutation, where n is the ranked order of each PC based on explained variance.

As a result, we found that the first behavioral PC (PC 1) explaining 11.2% of variance (**Fig. 5B**) was highly reproducible, exhibiting the similarity ($r = 0.9 \pm 0.03$, mean \pm SD across 1,000 permutations) of PC geometry between the first PCs estimated from two split-halves (**Fig. 5C**). The be-

havioral PC 1 highlighted individual life function outcomes associated with cognitive function, emotion regulation, and alcohol and substance use (Fig. 5D, Fig. 6A). The variables of working memory task performances have the highest loadings on the behavioral PC 1, followed by the emotion, relational, languages, gambling task performances, fluid intelligence, self-regulation/impulsivity, and episodic memory. In contrast, variables associated with alcohol and substance use (e.g. short-term tobacco use) and psychiatric dimensions (e.g. self-report measures of positive and negative affect, stress, anxiety, depression and social support) exhibited the lowest, negative loadings on the behavioral PC 1. Behavioral PC 2 highlighted items associated with emotion, personality and psychiatric life functions (Fig. 6B). Behavioral PC 3 highlighted substance use, showing notable high loadings of alcohol consumption habit related items on this PC (Fig. 6C).

To assess the association between the principal variation of behavioral variables and the principal variations of neural features, we first compared the distribution of individual scores on 15 behavioral PCs between the subgroups, identified using the neural features (**Fig. 4**). Individuals classified as subgroup **A** (n = 163) exhibited significantly higher scores on behavioral PC 1 compared to subgroup **B** (n = 127) ($p_{BON} < 0.05, t = 3.05$, two-sample two-sided t-tests) (**Fig. 6E**). When comparing the individual scores of behavioral PC 1 between sex, we found no relationship. We did not observe any behavioral relevance of neural state-trait dynamics in identifying subgroup **C** (n = 47). In addition, behavioral PC 3 showed a strong sex effect ($p_{BON} < 0.005$).

Next, we studied if individual scores on the behavioral PC 1 are associated with individual scores on the three neural PCs using the multiple linear regression model (behavioral PC 1 ~ neural PC 1 + neural PC 2 + neural PC 3 + age + sex). The neural PC 1 was associated with the behavioral PC 1 (partial $R^2 = 0.023$, $\beta_1 = 0.26$, SE = 0.09, t = 2.8, p = 0.005), where the multiple $R^2 = 0.041$, adjusted $R^2 = 0.026$, F(5,331) = 2.814 and *p*-value = 0.017 for the full model for predicting the behavioral PC 1 (**Fig. 5G**). The neural PCs 2 and 3 and age did not show any association. Sex exhibited a weak association with the behavioral PC 1 (partial $R^2 = 0.016$, $\beta_1 = -1.44$, SE = 0.61, t = -2.34, p = 0.02).

Reproducibility and Cross-validation of Low-Dimensional Neuro-Behavioral Association. To further evaluate the reproducibility of the neuro-behavioral association in our low-dimensional space found in Fig. 6E, we first performed the same multiple linear regression approach on a split data (random N = 168) across 1,000 permutations. Null data were generated by shuffling individual subjects in each behavioral PC data (Supplementary Fig. S15). For predicting behavioral PC 1, the resulting partial R^2 values were strongly reproducible across permutations (partial $R^2=0.025\pm0.017$ for neural PC1, $p_{BON} < e - 10$, *F*-test; overall $R^2=0.056\pm0.024$), as shown in Fig. 6F. Similar to the analysis using the entire data, sex was also a reproducible predictor of behavioral PC 1 (partial $R^2=0.02\pm0.016$, $p_{BON} < e - 10$, *F*-test). Secondly, we used the multi-

ple linear regression model trained from each split 1 data for predicting individual behavioral scores in the corresponding split 2 data across permutations (**Supplementary Fig. S16**). While the overall prediction performance was relatively low, it was highly reproducible and significantly different from null data analysis (R^2 =0.011 ± 0.013, p < e - 10, F-test).

Next, we repeated the same analyses for predicting behavioral PCs 2 and 3. Neural PCs 1 and 2 showed reproducible association with behavioral PC 2 that highlights emotion, personality, and psychiatric life functions, whereas age and sex showed larger predictive power (**Fig. 6G**). For predicting behavioral PC 2, the estimated partial R^2 was 0.008 ± 0.01 for neural PC2, 0.018 ± 0.014 for age, and 0.013 ± 0.019 for sex (**Fig. 6G**). On the other hand, neural PC 2 was predictive of behavioral PC 3 highlighting a strong association with alcohol consumption habits and sex differences (**Fig. 6H**). For predicting behavioral PC 2, the estimated partial R^2 was 0.016 ± 0.014 for neural PC2 and 0.059 ± 0.036 for sex, whereas the overall R^2 for the full model was 0.098 ± 0.041 (**Fig. 6H**).

Impact of CAP III on the principal neuro-behavioral relationships. It remains unclear whether and how the presence of CAP III impacts the temporal CAP profiles of other CAPs and how it relates to individual differences in behavior. To address these, we studied the relationship of CAP III to the three neural PCs (Fig. 4) and the first behavioral PC (Fig. 5). Specifically, to quantify the probability of CAP III occurrence, we compared the probability to have 5 CAPs involving CAP III and the probability to have 4 CAPs without involving CAP III. We found that subgroup C had a high probability of CAP III occurrence, when compared to other subgroups (Fig. 7A). Individuals that have a high probability of CAP III occurrence present low scores of neural PC 1 (r = -0.26, p < 0.001) and high scores of neural PC 2 (r = 0.24, p < 0.001; Fig. 7B, C). There was no relationship to individual scores of neural PC 3 (Fig. 7D). There was a weak negative correlation between the probability of CAP III occurrence and individual scores of behavioral PC 1 (r = -0.18, p < .005; Fig. 7E). We found no correlation between the probability of CAP III occurrence and behavioral PCs 2 and 3. These results together indicate the association of spatio-temporal properties of CAP III with the neural PCs and the behavioral PC 1.

Impact of motion. To evaluate the impact of motion, the mean Frame Displacement (FD) was computed across time-frames for each subject. The estimated mean FD was 0.16 ± 0.58 across subjects (N=337). Note that we scrubbed time-frames with excessive motion (FD>0.5 mm) when estimating CAPs (**Supplementary Fig. S1**). The average number of scrubbed time-frames across subjects was 76 ± 192.6 (counts), which are $1.73 \pm 4.38\%$ of the total number of time-frames (4,400/subject before removing dummy scans) in each subject. More than 5% of total time-frames were scrubbed in 28/337 subjects (8.3%). We also measured the

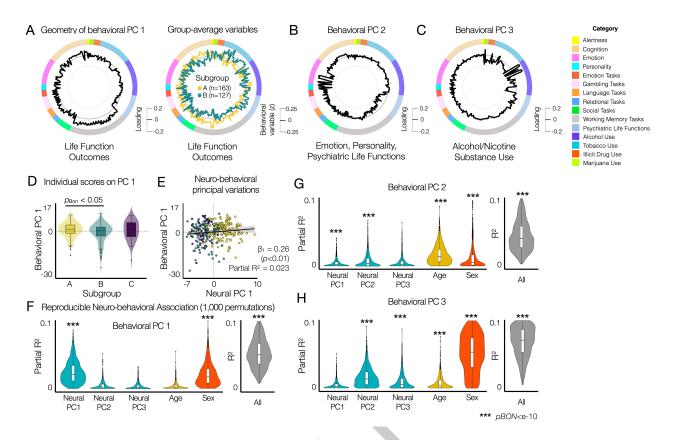


Fig. 6. Principal variations of neural state-trait features co-vary with the principal variations of behavioral phenotypes, highlighting individual life function outcomes associated with emotion regulation, cognitive function and alcohol and substance use. (A) The geometry of behavioral PC 1 (black, left circle) reflects the difference in group-average behavioral variables (standardized behavioral data, right circle) between subgroups A (yellow) and B (green). Subgroup C is not shown because no significant group differences are found in (D). (B) The geometry of behavioral PC 2. (C) The geometry of behavioral PC 3. (D) Comparison of individual PC 1 scores between subgroups identified using neural state-trait measures (Fig. 4). Two-sample two-sided *t*-tests were performed between subgroups for each behavioral PC. p_{BON} : Bonferroni corrected p-values. (E) Multiple linear regression model of three neural PC 1 with two covariates (age and sex) showed that the neural PC 1 was associated with the behavioral PC 1 (Partial $R^2 = 0.023$, $\beta_1 = 0.26$, SE = 0.09, t = 2.8, p = 0.006), where multiple $R^2 = 0.041$, adjusted $R^2 = 0.026$, F(5, 331) = 2.814, *p*-value = 0.017 for the full model. (F-H) Reproducibility analysis of the prediction of individual behavioral PC scores from neural PCs. In each permutation, PCA was performed for the neural and behavioral data from subjects in a random half of the entire sample (N = 168). Parameters of multiple linear regression models with three neural PC 1 with two covariates (age and sex) were estimated to evaluate the predictability of each behavioral PC. p_{BON} : Bonferroni corrected p-values from *F*-tests.

duration of motion (the number of consecutive time-frames with excessive motion) to assess whether there were long time-segments of motion, which might impact the estimation of temporal CAP profiles, especially analyses of CAP state transitions and dwell time. The length of motion-related continuous time-frames was 1.34 ± 0.38 on average across subjects. Repeating the analyses excluding these 28 subjects did not change the results, including the PCA of neural measures and the low-dimensional neuro-behavioral relation-ships (**Supplementary Fig. S17**).

In summary, we tested the hypothesis that there is a reproducible CAP feature set that reflects both state and trait brain dynamics and that this combined feature set relates to individual phenotypes across multiple behavioral domains. Specifically, **behavioral PC 1** highlights individual life function outcomes associated with cognition, emotion regulation, alcohol use and substance use. Individuals with high behavioral PC 1 scores are found to (i) spend longer time at CAP I than at CAP II, (ii) have higher between-subject variance and lower within-subject variance at CAP I than at CAP II, (iii) show high global persistence (longer dwell time) in all CAPs, and (iv) lower chance to have CAP III. Such neurobehavioral patterns were (v) associated with sex differences. **Behavioral PC 2** highlights emotion regulation, personality and psychiatric life functions. Individuals with high behavioral PC 2 scores are found to (i) show longer dwell time in all CAPs, (ii) spend longer time at CAP I than at CAP II, and (iii) be associated with Age. **Behavioral PC 3** highlights alcohol, nicotine and substance use. Individuals with high behavioral PC 3 scores are found to (i) have longer dwell time in all CAPs, (ii) higher chance to have CAP III, and (iii) be associated with sex differences.

Discussion

This study provides evidence to highlight the importance of quantifying both within-subject and between-subject variance components of brain dynamics and their link to individual differences in functional behavioral outcomes. Here, we show that the dynamics of rs-fMRI can be quantified via CAP analyses and reveal reproducible neural features that can maximize effects of state variance, trait variance, and test-retest reliability. We found that the human brain manifests a highly reproducible low-dimensional set of features that index brain-wide co-activation patterns. The neural feature reduction captures a general motif of individual varia-

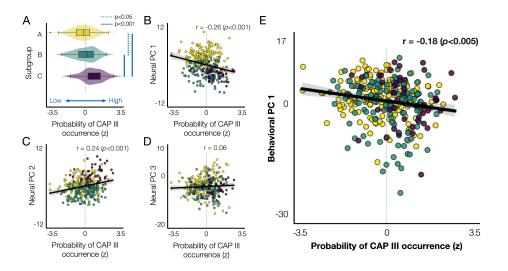


Fig. 7. The probability of CAP III occurrence is associated with the neural and behavioral PCs. (A) The probability of CAP III occurrence (*x*-axis) for each individual, which can be interpreted as an individual's preference to have CAP III, was evaluated by the difference in the occurrence of 4 CAPs versus 5 CAPs, as described in Fig. **1B**. For each subject, we computed the number of permutations (occurrence out of 1,000 permutations) when 4 CAPs were estimated and the number of permutations for the same subject to be involved when 5 CAPs were estimated. Then, for each subject, we compared the difference in the occurrence (A = 4) from each split. Then, for each individual, the Δ Occurrence was averaged over two splits. Finally, the within-subject average Δ Occurrence was normalized across subjects to *z*-scores. Individuals were color-coded by subgroups defined using the hierarchical clustering of 30 neural features (Fig. 4). (B)-(D) Scatter plots of individual's preference to have CAP III with respect to the individual scores on the neural PC 1 (B), neural PC 3 (D), and behavioral PC 1 (E).

tion, such that individuals occupy this low-dimensional statetrait neural space differently, which in turn predicts life and behavioral outcomes. State variance indexed by day-to-day variability in co-activation dynamics are loaded on this lowdimensional motif of individual variation, therefore reflecting neuro-phenotypes.

We identified three CAPs representing recurrent snapshots of mixed resting state networks in healthy young adults, which exhibit distinct spatio-temporal profiles that are reproducible at the single subject level. In turn, three subgroups of individuals were identified using hierarchical clustering of temporal CAP profiles, which mapped onto distinct aspects of CAP dynamics capturing both state (i.e. within person) and trait (i.e. between person) variance components. We found that the principal variations of neural state and trait CAP features co-vary with the principal variations of behavioral phenotypes. Put differently, we identified specific properties of rs-fMRI dynamics that mapped onto a person's life outcome profile. Critically, person-specific probability of occupying a given CAP was highly reproducible and associated with the neural and behavioral features. Collectively, these results show that a reproducible pattern of neural dynamics can capture both within-person and between-person variance that quantitatively map onto distinct functional outcomes across individuals.

Identifying reproducible neural dynamics profiles in humans. In this study (n=337, Fig. 1E), we identified three reproducible CAPs. These CAPs captured spatial patterns similar to the analysis results of zero-lag standing waves and time-lag traveling waves of rs-fMRI BOLD fluctuations previously identified by Bolt et al., using complex PCA and a variety of latent dimension-reduction methods for the HCP dataset (n = 50) (52). The spatial correspondence between the three patterns identified by Bolt et al. and the CAPs sults. Specifically, the spatial topography of CAPs I+/I- may be linked to task-positive/task-negative dynamics of BOLD signals, while CAPs II+/II- may be associated with global signal fluctuations (52). However, similar to most early studies on CAPs in rs-fMRI (33), Bolt et al. employed a sparse time point sampling strategy (15%) based on high-amplitude signals of time-courses in pre-defined regions, along with an arbitrary choice of two-cluster solution (52). The sparse time point sampling is based on a hypothesis that patterns of functional connectivity arise from discrete neural events (6), often driven by high-amplitude co-fluctuations in cortical activity (53). These studies demonstrated the spatial correspondence between estimated CAPs and widely-studied resting-state functional connectivity patterns, such as the default mode network (6, 33, 54).

discovered in our study aids in the interpretation of our re-

Nevertheless, no study to our knowledge has investigated the joint properties of within and between-subject variation of CAPs patterns across the entire BOLD signal range. Additionally, no study has examined the impact of considering the full BOLD signal range on the relationship between CAP properties and behavior (36–42). Here, we present an analytic approach that optimizes within-subject variance, between-subject variance, and test-retest reliability of identified CAPs using the entire BOLD signal range. Critically, we demonstrate reproducible spatio-temporal CAP features for each subject (**Fig. 2, Fig. 3, Supplementary Fig. S9, Supplementary Fig. S10**). In turn, we show an association between the principal variations of CAP neuro-phenotypes and the principal variation of behavioral phenotypes (**Fig. 5**).

It was beyond the scope of the present study to assess the impact of temporal sampling of BOLD signals on CAP analysis. However, previous research have suggested that focusing only on particular time points, such as those during events with high BOLD signal amplitude or strong signal correlation

with a seed region, while disregarding the remaining of the data (e.g. event-absent), may potentially result in misleading conclusions (44). Iraji et al (44) noted that event-absent time points could capture a unique and robust relationship between the default mode functional network connectivity and schizophrenia symptoms. Therefore, future investigations addressing this specific question will be helpful for determining the extent to which transient brain co-activation patterns can capture diverse characteristics of individual brain dynamics. For instance, CAP derived measures can be quantified from data with various temporal sampling strategies, such as varying the proportion of analyzed time points randomly or based on specific signal criteria. In addition, the impacts of temporal resolution of fMRI BOLD acquisition (e.g. time or repetition; TR) should be given further consideration.

A recent work suggests a method to detect individual CAPs at the subject-level by maximizing individual identifiability (55). Using the densely sampled Midnight Scan Club dataset (56), they identified four CAPs at both the group-level and single-subject level, with two CAP pairs exhibiting opposing spatial patterns, similar to the findings in this work (Fig. 1). However, their study did not address how individualized CAPs and their temporal profiles can be assessed in relation to behavior, focusing on an identical number of clusters at both levels. In contrast, we focused on identifying reproducible spatial patterns of neural co-activation (CAPs) at the group level and quantifying a reproducible feature set of temporal profiles of the CAPs at the single subject level, therefore providing a unified framework to evaluate individual differences using a joint analysis of state and trait variations of neural co-activation. Similarly, several brain states were estimated at the group level using another dynamic functional connectivity approach in (24), whereas they could identify the time-points when the state was active, allowing the estimation of FO for each state and for each subject.

Collectively, these results highlight that state-trait CAP dynamics are reproducible at the single subject level across permutations and splits (Fig. 3, Supplementary Fig. S9). For context, the statistics reported here (Fig. 3C) demonstrate higher reproducibility than the meta-analytic estimate for group-level reproducibility of area-to-area functional connectivity matrices (51). Still, the observed ICC values are fairly low, reflecting a notable variance between days. This indicates that while trait-like features are most dominant factors loaded on the general motif of individual variance, the observed state variance (between days) also contributes to this general motif. In this context, the fairly low range of ICC reflects the notable amount of within-subject variance at the time-scale of days, and supports our framework of state-trait components that together identify neural phenotypes. Similarly, Yang et al. found that CAPs identified at individual level were unstable over time across the ten scans (~ 30 minutes/scan) except a few subjects, and subject-specific CAPs became more reliable and individual specific when integrating data with longer duration (55). Therefore, we argue that such temporal fluctuations within subjects can bring critical insights into individual-specific brain organizations. Reducing the number of neural features into a reproducible set of CAPs may enable a more robust and reproducible mapping between neural features and behavior. In other words, we hypothesize that further optimization of reproducible data-reduced neural features presents a critical step toward mapping rs-fMRI signals to healthy and clinically-relevant behavioral variation and obtaining robust neuro-behavioral models.

Quantifying joint state and trait variance components of neural dynamics. The three-axes representation of spatiotemporal CAP dynamics, illustrated in **Fig. 3E**, highlights an approach to consider temporal CAP characteristics that can inform feature selection. Put differently, we show that by projecting CAP measures derived within each subject into a trait variance space, it is possible to visualize how CAP properties that vary within a person (state) also vary between people (trait).

For instance, we found that CAP II exhibits the highest relative between-subject variation (i.e. trait) across all measures presented here. Conversely, CAP III exhibits lower between-subject variance but higher within-subject variance than CAP II. This suggests that, although there is less individual variation in CAP III overall, any given person may exhibit marked variation in this pattern between days. These observations were highly reproducible and were generally agreed with the variance explained by the three patterns reported in (52). This raises the question of whether the joint consideration of both state and trait metrics can reveal key properties of neural features that, in turn, can inform their mapping to behavior. For instance, one would expect that a neural feature that varies markedly between individuals but shows little within-subject variance may serve as a reliable neural marker for tracking longitudinal behavioral changes (e.g., neurodevelopmental changes or rapid mood swings observed in certain psychiatric populations, which may not occur in healthy populations). In contrast, neural features that maximize within-subject variation, while still exhibiting notable trait variance, may be better at detecting neuro-behavioral relationships expected to undergo substantial changes over time.

Indeed, using both state and trait variance components of identified CAPs revealed three subgroups of healthy subjects. This finding aligns with the notion that using neural features with distinct patterns of state variances can provide vital information about individual differences (Fig. 4). The objective of this clustering was not to categorize individual subjects. Rather, we aimed to test whether there exists a set of neural features commonly observed across a number of healthy subjects, exhibiting reproducible neural co-activation properties that can be related to behavioral phenotypes. We first found that the three subgroups (n = 163, 127 and 47)for each group) could be projected into a data-reduced PCA model. Neural PC 1 is characterized by distinct patterns of FO and DT measures between CAPs I/III versus CAP II (CAP-specific), neural PC 2 represents the general persistence of all CAP states (general), and neural PC 3 represents day-to-day variations within individuals (Fig. 4D-F). This additional level of neural feature reduction captured a general motif of how individuals vary in terms of complex temporal patterns of neural co-activation.

While this study suggests the importance of taking state variations into account when studying neural basis of individual differences, we did not directly compare the performance of neuro-behavioral mapping when using only state features, only trait features and both state and trait features. Further studies with comprehensive experiments on state manipulations such as pharmacological neuroimaging or transcranial magnetic stimulation (TMS) can help to understand how state and trait neural features change in response to such manipulations and whether the state and trait neural features reflect unique or additive information about individual differences.

Linking neural patterns of co-activation to behavioral and life functioning. One of the key goals in human neuroimaging is to identify features that relate to human function. More specifically, do signals derived from fMRI carry information that can be related to positive or negative life functional outcomes in adults? Prior work tested this hypothesis using multi-variation canonical correlation approaches (CCA) (22). While these initial findings were compelling, it is not widely appreciated that CCA models that use many neuroimaging features are prone to overfitting. To address this issue, we investigated whether the reduced and reproducible neural feature set, identified by the joint state and trait variance components of neural dynamics, can explain variation in functional behavioral outcomes in a sample of adults representative of the general population. Here we computed a PCA model on 262 behavioral features from the HCP sample, which revealed a solution with n = 27 PCs that passed permutation testing. However, we found that the first behavioral PC captured > 11% of all behavioral variance and it was highly reproducible (between-split correlation of behavioral PC 1 loadings was r > 0.9; Fig. 5C). Therefore, we examined the relationship between the first CAP-derived neural PC (Fig. 4) and the first behavioral PC, which revealed that individuals with higher neural PC 1 scores (subgroup A, Fig. 4F) also have higher behavioral PC 1 scores (Fig. 6D, E).

These results suggest that individuals who preferentially occupy CAP I and exhibit strong state persistence also demonstrate higher cognitive and affective functional outcomes (Fig. 4, Fig. 5D). In contrast, individuals who predominantly occupy CAP II for extended periods tend to exhibit relatively lower cognitive scores, along with higher levels of alcohol and substance use. This aligns with the notion that general brain-wide patterns of co-activation in fMRI signal are associated with an individual's level of functioning. Of note, CAP II exhibited the highest relative betweensubject variation across all measures (Fig. 5D). Furthermore, CAP II showed a spatial motif that appeared to be 'global'. This is consistent with prior findings showing that a global rs-fMRI signal topography, which contained a major contribution of the fronto-parietal control network, was associated with positive and negative life outcomes and psychological function (57). Interestingly, we found that observing CAP III might be related to the composition of the studied sample. In other words, there is a group of people with high occurrence

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of CAP III (subgroup C), which if sampled in the reported permutation testing will yield a 3-CAP solution (I, II and III). A higher probability of CAP III presence across individuals was associated with lower behavioral PC 1 scores, indicating poor functional life outcome (Fig. 1, Fig. 2, Fig. 6). More specifically, individuals with high probability of CAP III neural signal pattern exhibit relatively lower cognitive function, higher alcohol use, and higher substance use.

Our results converge with several findings using other dynamic functional connectivity approaches. Vidaurre et al. used Hidden Markov Model to identify 12 brain states using the HCP-YA rs-fMRI datasets and derived two metastates, each being a set of brain states that are more likely to transit between each other (24). They found that the FO of brain states and their associated metastates are subject-specific and behaviorally relevant, highlighting several well-being, intelligence and personality traits (24). It would be interesting to evaluate, using the same subjects studied in this work, if brain activity during cognitive tasks exhibit a similar set of CAP features and low-dimensional state-trait variances to those estimated using rs-fMRI and how they are related to such highorder metastates (24) and the low-dimensional global brain activity found across multiple cognitive tasks (26).

This strongly supports the idea that reproducible functional co-activation patterns in the human brain can map onto behavioral outcomes that have implications for mental health. Here we found this pattern by considering only the first PCs of the neural and behavioral feature spaces. It remains unknown whether further feature optimization of CAP dynamics would reveal stronger effects in relation to more severe mental health symptoms, which can be detected in clinical samples. In fact, spatial and temporal organization of CAPs has been linked to psychiatric symptoms in previous work (37–42). However, it is unknown if the neural features derived from CAPs that are reproducible in the healthy general adult population are also predictive of severe psychiatric symptoms. In other words, it is possible that there are CAPs (and associated state-trait variance components we quantified) that are only detectable in individuals who experience a certain level of symptom severity. In this context, it is vital to consider the likelihood and the timescale on which state neural measures are defined - namely how likely is a state to be present in a person and how long does it last to be relevant for behavior. Relatedly, it is key to consider how much betweenperson variation there has to be in a given CAP state pattern to reveal individual symptom variation across a clinical sample - thus making it a trait-like neural marker of psychiatric symptoms. The results of this study highlight how critical it might be to parse transient (state) or persisting (trait) CAP properties when it comes to clinical applications.

In other words, mental health symptoms can be considered to vary between people (i.e. as a trait) or vary within a person (i.e. as a state), which can be quantified separately. Trait anxiety, for example, is the tendency of a person to experience anxious affect across a broad range of contexts and for extended periods of time. In contrast, state anxiety is clinically defined anxiety occurring in the present moment

(58, 59). The current findings suggest that the probability of exhibiting high anxiety in general and the likelihood of being anxious at any given moment may be linked to the same underlying neural co-activation pattern occurrence. We posit that this may be a general phenomenon that can be extended to other mental health outcomes. Therefore, it would be valuable in future work to study the combined contributions of state and trait neural features in predicting the severity and likelihood of occurrence for a mental health outcome (60).

Our results in the reproducible neuro-behavioral associations highlighted the neural relevance of behavioral PCs 1, 2 and 3. Individuals with higher cognition (behavioral PC 1) spent longer time at CAP I than at CAP II. The behavioral PC 2 showed an association with neural PCs 1 and 2, as well as age and sex. In relation to resting state functional connectivity, While CAPs I and II show differences in the regions of language, primary visual, and cingulo-opercular networks, the overall patterns of these CAP states involved opposing patterns of brain activity in the default mode and frontoparietal networks versus the regions belonging to the secondary visual, somatomotor and dorsal attention networks (61). This suggests a relation to the cortical hierarchy that spans from unimodal sensorimotor cortices to transmodal association cortices and a potential role in functional connectivity development during childhood through adolescence (62).

Finally, an important consideration here is that we did not evaluate the impact of sample size on the estimation of CAPs and their properties. It is unknown if the low-dimensional feature set that captures a general motif of individual variation found in this study is particular for the samples in the HCP S1200 dataset or generalizable to larger and more diverse samples of the general population. In datasets with dense sampling over days, months or years, we may find another dimension of within-subject (state) variation that contributes to the general motifs of individual differences. It is possible that with a smaller sample size or different composition of the sample, there might be a reduced chance of observing a specific CAP (e.g. CAP III) or even detect new CAPs. This could occur because a particular CAP may be rare, especially when it relates to a neural pattern that is uncommon in the general population, which may be the case for neuropsychiatric or neurological symptoms. Another important aspect to consider is the extension of this work to pediatric and adolescent samples, given that there may be a substantially different configuration of CAPs as the human brain develops. Besides, in the present study, we focused on examining the patterns of CAPs in healthy young participants with no family relation. Using other dynamic functional connectivity approaches (e.g. Hidden Markov Model), it has been suggested that the FO of brain states are subjectspecific and highly heritable (24). Exploring the full HCP S1200 dataset in future work may help to address these questions and whether these CAPs and related neural measures are heritable and more similar between monozygotic or dizygotic twins.

Conclusions

Understanding how the brain generates co-activated patterns of neural activity over time is critical to derive reproducible brain-wide patterns of neural dynamics that occur in humans. Here we advance this goal by quantifying state (withinsubject) and trait (between-subject) variance components of neural co-activations. We do so by leveraging rich spatialtemporal information embedded in the entire range of rsfMRI BOLD signals, which reveals three co-activation patterns (CAPs) that reflect brain-wide motifs of time-varying neural activity. Critically, we demonstrate a reproducible estimation of spatial CAP features at the group level and the temporal characteristics of CAP states at the single-subject level. We found that distinct parameters of CAP temporal characteristics, such as occupancy and persistence, can be studied together and represented as either state or trait features. In turn, we show that a low-dimensional neural feature space captures both state and trait variation in CAP parameters, which in turn exhibit behaviorally-relevant characteristics. Specifically, people who showed longer time spent in a given CAP, longer persistent periods within a CAP, as well as higher variation in transitioning between all CAPs, also showed higher cognitive function, improved emotion regulation, and lower alcohol and substance use. Critically, personspecific probability of occupying a particular CAP was highly reproducible and associated with both neural and behavioral features. This highlights the importance of studying CAPderived measures as a neural marker that may be altered as a function of mental health symptoms and may change developmentally. Collectively, these results show a reproducible pattern of neural co-activation dynamics in humans, which capture both within- and between-subject variance that in turn maps onto functional life outcomes across people.

Materials and Methods

Human Connectome Project (HCP) dataset (45). Participants were recruited from Washington University (St. Louis, MO) and the surrounding area. We selected participants from the S1200 release of the HCP who had no family relations, resulting in a total of 337 participants included in our analyses. The dataset contains resting-state fMRI data from 180 females and 157 males, with age range 22-37 (mean age=28.6, SD=3.7), 90% right-handed. Whole-brain echoplanar imaging data were collected with a 32 channel head coil on a modified 3T Siemens Skyra (Connectome Skyra) at WashU with time to repetition (TR)=720 ms, time to echo (TE)= 33.1ms, flip angle=52, bandwidth=2,290 Hz/pixel, in-plane field of view (FOV) = $208 \times 180mm$, 72 slices, and 2.0 mm isotropic voxels, with a multi-band acceleration factor of 8. rs-fMRI blood-oxygen-level-dependent (BOLD) images were collected over 2 days. On each day, 2 runs (14.5 min/run) of rs-fMRI were collected with opposite phase encoding directions (L/R and R/L). Subjects were instructed to keep eyes open with fixation on a cross-hair. Task-based imaging data were also collected, but not used in the present study. Structural MRIs were collected using the following

parameters: T1-weighted (0.7 mm isotropic resolution, TR=2,400 ms, TE=2.14 ms, flip angle=8, in-plane field of view= 224×224) and T2-weighted (0.7 mm isotropic resolution, TR=3,200 ms, TE=565 ms, variable flip angle, in-plane field of view= 224×224). Find additional details about the dataset in (63).

Data preprocessing. We preprocessed rs-fMRI using the following steps corresponding to the steps advanced by the HCP consortium: i) the 'minimal preprocessing' pipeline outlined by (64), which involves intensity normalization, phase-encoding direction unwarping, motion correction, and spatial normalization to a standard template MSMAll (65), Angular Deviation Penalty (ADP) version; ii) High-pass filtering (0.009 Hz); iii) ICA-FIX for artifact removal (66). Next, the 'minimally preprocessed' rs-fMRI in each run was represented in the Connectivity Informatics Technology Initiative (CIFTI) file format that combines surface-based data representation for cortex and volume-based data for subcortex gray matter locations (i.e. 'grayordinates'). Additional analyses were performed with Workbench v1.2.3 and Matlab 2014b (The Mathworks), using Quantitative Neuroimaging Environment & Toolbox (QuNex) (23, 47).

Previous studies focusing on CAP analysis showed consistent CAP properties across the voxel and region levels (37, 67). To analyze CAPs at a low dimension space and to reduce the computational burden of CAP analysis that treats every 3-dimensional time-frame in the clustering process, we applied the Cole-Anticevic Brain Network Parcellation (CAB-NP) parcellation (46). The CAP-NP parcellation is comprised of (i) 180 bilateral cortical parcels (a total of 360 across both left and right hemispheres), consistent with the Human Connectome Project's Multi-Modal Parcellation (MMP1.0) (65), and (ii) 358 subcortical parcels defined using resting-state functional BOLD covariation with the cortical network solution (46). To remove any potential artifact at the onset/offset of each run, the first 100 frames were removed from every rs-fMRI run for each subject. To normalize rs-fMRI data in each run, the mean of each run was removed from each time series. Subsequently, rs-fMRI BOLD runs were concatenated in order of acquisition (rs-fMRI runs 2-1-4-3, R/L first, then L/R), resulting in a $4,000 \times 718$ array of rs-fMRI data for each subject.

CAP analysis. We identified moment-to-moment changes in the whole brain rs-fMRI BOLD signals at each time point and quantified the spatial patterns of co-activation (CAPs) across individuals, as well as individual variations in CAP temporal organization (33). The analytic framework proposed in this study is described in **Supplementary Fig. S1** and implemented using Python 3.6.15 using the Yale High Performance Computing resources. In each permutation, N = 337 subjects are randomly split into two equal-sized groups (n = 168, non-overlapping subjects). We used the shuffled split-half resampling strategy for several reasons. First, applying Kmeans clustering once to the concatenated time-series of the entire sample results in single values of neural measures per subject. Using such a simple approach, the individual reliability of CAP measures from the concatenated time-series across various sample populations could not be quantified. Our approach allowed for the estimation of statistical reproducibility of neural measures for each subject, when a subject was included in different sample populations, therefore reducing potential sampling bias. In addition, we could use the same split-half resampling scheme for the cross-validation of neuro-behavioral association analysis, by training a neurobehavioral model from split 1 data and testing the model on the remaining split 2 data.

Within each split, a $4,000 \times 718$ array of preprocessed rs-fMRI data are temporally concatenated across subjects. The following steps were performed for each split data using scikit-learn 1.3.2 with Python. (i) Time-frames with excessive motions (Frame displacement > 0.5mm) are scrubbed (23, 68, 69). The HCP minimal preprocessing pipeline included motion correction (64); therefore, we avoided using a too conservative threshold for motion scrubbing and retained as many potentially useful frames as possible in our analysis. (ii) The remaining time-frames are clustered based on spatial similarity using the K-means clustering algorithm with Lloyd's algorithm, varying the number of clusters (k) from 2 to 15. (iii) An optimal number of clusters k is estimated. (iv) Using the K-means solutions with the optimal number \hat{k} , CAPs are defined as the cluster centroids, by parcel-wise averaging of the time-frames within each cluster.

Number of clusters. While the estimation of the number of clusters k is critical in CAP analysis, the field is lacking a consensus on the optimal criterion to determine it (70). Earlier works used predefined arbitrary numbers ranging from 6 to 30 and reported that CAPs estimated using a small k are consistently found in results using a larger k (7, 37, 71). It has been suggested that a large k may reduce cluster stability, for example, when a small number of time-frames are allocated to a cluster due to a short rs-fMRI acquisition duration (72). Yang et al. calculated the silhouette scores for the clustering results varying k from 2 to 21 in both group and individual level analyses and chose k = 4 as a trade-off to ensure the reliable estimation of spatiotemporal dynamics (55).

To find an optimal number, we used an approach that considers a trade-off between the number of clusters and withincluster similarity (e.g. silhouette criteria (73)). We observed that the silhouette score was monotonically decreasing with the increase of k (Supplementary Fig. S2), in agreement with Yang et al. (37). In our study, to determine an optimal number of clusters, we varied the number of clusters (k)from 2 to 15. For each k, the K-means clustering was initialized using the k-means++ algorithm, by selecting randomlygenerated centroids using sampling based on an empirical probability distribution of the points' contribution to the overall inertia. Inertia was defined as the sum of squared distances of samples to their closest cluster center. The maximum iteration for a single run was set to 1,000 to avoid that the algorithm stops before fully converging. Silhouette coefficient is estimated for the K-means solution using each k. Finally,

an optimal number \hat{k} is determined by applying the elbow method for the estimated Silhouette scores. The elbow point was defined when we observe a significant change in the rate of decrease of the Silhouette score as k increases, using the KneeLocator class in Python's kneed package.

Basis CAP generation. The occurrence rate (%) of the $\hat{k} = a$ solution was calculated by the number of permutations resulting in *a* clusters divided by the total number of permutations (1,000). Co-occurrence rate (%) of the $\hat{k} = a$ solution in both splits was determined by the number of permutations resulting in the same number of clusters divided by the total number of permutations. See Part (1) of the procedure diagram in **Supplementary Fig. S4**).

A set of basis CAPs can be obtained using the agglomerative hierarchical clustering of the CAPs estimated from the permutations resulting in the same number of clusters ($\hat{k} = a$), as follows. For each split, let's first denote that $h_{MAX}/1,000$ permutations resulted in $\hat{k} = a$ solution. (1) We collect the \hat{k} CAPs $(P \times \hat{k})$ and concatenate them across h_{MAX} permutations to produce a $(P \times \tilde{k}h_{MAX})$ array, where P is the number of parcels. (2) Agglomerative hierarchical clustering is applied to this array to identify \hat{k} clusters based on spatial similarity. (3) In each cluster, coactivation values in each parcel are averaged across CAPs assigned to the same cluster, generating an average (basis) CAP. (4) The values in each parcel of the basis CAP are normalized to Z-scores, using the mean and standard deviation across the parcels in the whole brain. Steps (3) and (4) are repeated for all k clusters, resulting in k basis CAPs. See Part (2) of the diagram in Supplementary Fig. S2).

Individual preference for a specific CAP. The probability of CAP occurrence, which can be interpreted as an individual's probabilistic preference for a specific CAP, was quantified by examining the number of permutations that resulted in a specific solution k. To do this, we compared the probability to have k CAPs involving the CAP of interest and the probability to have k-1 CAPs without involving the CAP of interest, assuming a reproducible estimation of spatial topography of k CAPs across permutations, similar to the approaches comparing full and reduced models. Specifically, across 1,000 split-half permutations, a subject is involved in split 1 data for p_1 permutations and in split 2 data for $p_2 = 1,000 - p_1$. Then, when only considering split 1 data from these p_1 permutations, we can compute the number of permutations that resulted in k and the number of permutations that resulted in k-1. In each split, for each subject, we compute the difference (occurrence of k CAPs) minus (occurrence of k-1 CAPs) to quantify an individual's preference for a specific CAP. To associate these with behavioral variables (normalized), we normalized the individual's probabilistic preference for a specific CAP using Ztransformation across subjects.

Neural dimension reduction. To identify the principal geometry of the state-trait neural feature space, thirty neural

features are estimated for each individual: three neural measures (FO, mean DT, and var DT) × five CAPs (I+, I-, II+, II-, and III) × 2 days. These neural features were collected across subjects to create a subject-by-feature matrix. Two analyses are performed on this subject-by-feature matrix. First, agglomerative hierarchical clustering was applied to the feature matrix, using *scikit-learn 1.3.2*. The ward linkage criterion with Euclidean metric was used to minimize the variance of the clusters being merged. The number of clusters was determined using a distance cut-off value of 70% of the final merge in the dendrogram. Second, PCA was applied to this subject-by-feature matrix to estimate the principal geometry of this state-trait feature space identifying subgroups.

Behavioral data analysis. The analysis of behavioral data was implemented using the method described in (23). We performed PCA on 262 variables across 15 behavioral domains from the HCP S1200 unrestricted and restricted behavioral data (Supplementary Fig. S14). Behavioral variable names and the corresponding domains used in this analysis were identical to the variable names provided by the HCP data dictionary for the S1200 data release. When both age-adjusted and un-adjusted data are available, we use ageadjusted data only. To study the association between individual scores on the first behavioral PC and individual scores on the first three neural PCs, we use the multiple linear regression model (behavioral PC 1 \sim neural PC 1 + neural PC 2 + neural PC 3 + age + sex). The association between a neural PC and the behavioral PC 1 was assessed by calculating the partial R^2 , regression coefficient β , standard error (SE). The significance of regression coefficients was determined by computing the corresponding t-scores. Partial R^2 was defined as the coefficient of partial determination which is measured by the proportional reduction in sums of squares after a variable of interest is introduced into a model. Visualization and statistical analyses were conducted using Python 3.6.15 and R Studio v.2022.12.0.

Data Availability. All primary results derive from data that is publicly available from sources described above.

Code Availability. Codes used in this paper are available from https://github.com/Kangjoo/pycap.

Ethics Statement. In the collection of HCP Young Adult S1200 data, each participant provided their review and signature on the informed consent document at the start of day 1, as directed by the institutional review board (IRB) at Washington University at St. Louis, USA (45). K.L, J.L.J. and A.A. have obtained the acceptance of HCP Open Access Data Use Terms for access to all HCP data. K.L further obtained the approval for access to Restricted Data generated by HCP, WU-Minn-Ox HCP. All analyses conducted in this work were approved by the IRB at Yale University (IRB number: 1111009332), Connecticut, USA. This work is 100% based on human effort, and no artificial intelligence (AI)-assisted technologies were used in the production of this article.

Declarations. A.A. and J.D.M. hold equity with Neumora Therapeutics (formerly BlackThorn Therapeutics), Manifest Technologies, and are co-inventors on the following patents: Anticevic A, Murray JD, Ji JL: Systems and Methods for Neuro-Behavioral Relationships in Dimensional Geometric Embedding(N-BRIDGE), PCT International Application No.PCT/US2119/022110, filed March 13, 2019 and Murray JD, Anticevic A, Martin WJ: Methods and tools for detecting, diagnosing, predicting, prognosticating, or treating a neurobehavioral phenotype in a subject, U.S. Application No.16/149,903, filed on October 2, 664 2018, U.S. Application for PCT International Application No.18/054, 009 filed on October 2, 2018. J.L.J. is an employee of Manifest Technologies, has previously worked for Neumora, and is a co-inventor on the following patent: Anticevic A, Murray JD, Ji JL: Systems and Methods for Neuro-Behavioral Relationships in Dimensional Geometric Embedding (N-BRIDGE), PCT International Application No.PCT/US2119/022110, filed March 13, 2019. C.F. consults for Manifest Technologies and formerly consulted for RBNC (formerly BlackThorn Therapeutics). G.R. consults for and holds equity in Neumora and Manifest Technologies. L.P. is an employee of Manifest Technologies. J.H.K. holds equity in Biohaven Pharmaceuticals, Biohaven Pharmaceuticals Medical Sciences, Clearmind Medicine, Epi-Vario, Neumora Therapeutics, Tempero Bio, Terran Biosciences, Tetricus, and Spring Care. J.H.K. consults for AE Research Foundation, Aptinyx, Biohaven Pharmaceuticals, Biogen, Bionomics, Limited (Australia), BioXcel Therapeutics, Boehringer Ingelheim International, Cerevel Therapeutics, Clearmind Medicine, Cybin IRL, Delix Therapeutics, Eisai, Enveric Biosciences, Epiodyne, EpiVario, Evidera, Freedom Biosciences, Janssen Research & Development, Jazz Pharmaceuticals, Leal Therapeutics, Neumora Therapeutics, Neurocrine Biosciences, Novartis Pharmaceuticals Corporation, Otsuka America Pharmaceutical, Perception Neuroscience, Praxis Precision Medicines, PsychoGenics, Spring Care, Sunovion Pharmaceuticals, Takeda Industries, Tempero Bio, Terran Biosciences, and Tetricus. All other co-authors declare no competing interests.

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