

TotalSegmentator: Robust Segmentation of 104 Anatomic Structures in CT Images

Jakob Wasserthal, PhD • Hanns-Christian Breit, MD • Manfred T. Meyer, MD • Maurice Pradella, MD • Daniel Hinck • Alexander W. Sauter, MD • Tobias Heye, MD • Daniel T. Boll, MD • Josby Cyriac, MSc • Shan Yang, PhD • Michael Bach, PhD • Martin Segeoth, MD

From the Clinic of Radiology and Nuclear Medicine, University Hospital Basel, Basel, Switzerland, Petersgraben 4, 4031 Basel, Switzerland. Received January 25, 2023; revision requested February 27; revision received May 16; accepted June 14. Address correspondence to J.W. (email: jakob.wasserthal@usb.ch).

Authors declared no funding for this work.

Conflicts of interest are listed at the end of this article.

See also commentary by Sebro and Mongan in this issue.

Radiology: Artificial Intelligence 2023; 5(5):e230024 • <https://doi.org/10.1148/ryai.230024> • Content codes: **AI** **CA** **CT** **GI** **MK**

Purpose: To present a deep learning segmentation model that can automatically and robustly segment all major anatomic structures on body CT images.

Materials and Methods: In this retrospective study, 1204 CT examinations (from 2012, 2016, and 2020) were used to segment 104 anatomic structures (27 organs, 59 bones, 10 muscles, and eight vessels) relevant for use cases such as organ volumetry, disease characterization, and surgical or radiation therapy planning. The CT images were randomly sampled from routine clinical studies and thus represent a real-world dataset (different ages, abnormalities, scanners, body parts, sequences, and sites). The authors trained an nnU-Net segmentation algorithm on this dataset and calculated Dice similarity coefficients to evaluate the model's performance. The trained algorithm was applied to a second dataset of 4004 whole-body CT examinations to investigate age-dependent volume and attenuation changes.

Results: The proposed model showed a high Dice score (0.943) on the test set, which included a wide range of clinical data with major abnormalities. The model significantly outperformed another publicly available segmentation model on a separate dataset (Dice score, 0.932 vs 0.871; $P < .001$). The aging study demonstrated significant correlations between age and volume and mean attenuation for a variety of organ groups (eg, age and aortic volume [$r_s = 0.64$; $P < .001$]; age and mean attenuation of the autochthonous dorsal musculature [$r_s = -0.74$; $P < .001$]).

Conclusion: The developed model enables robust and accurate segmentation of 104 anatomic structures. The annotated dataset (<https://doi.org/10.5281/zenodo.6802613>) and toolkit (<https://www.github.com/wasserth/TotalSegmentator>) are publicly available.

Supplemental material is available for this article.

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In the past few years, both the number of CT examinations performed and the available computing power have steadily increased (1,2). Moreover, the capability of image analysis algorithms has vastly improved given advances in deep learning techniques (3,4). The resulting increases in data, computational power, and algorithm quality have enabled radiologic studies using large sample sizes. For many of these studies, segmentation of anatomic structures plays an important role. Segmentation is useful for extracting advanced biomarkers based on radiologic images, automatically detecting abnormalities, or quantifying tumor load (5). In routine clinical analysis, segmentation is already used for applications such as surgical and radiation therapy planning (6). Thus, the associated algorithms could ultimately enter routine clinical use to improve the quality of radiologic reports and reduce radiologist workload.

For most applications, segmentation of the relevant anatomic structure is the first step. Building and training a segmentation algorithm, however, are complex because they require tedious manual annotation of training data and technical expertise for training the algorithm. Providing a

ready-to-use segmentation toolkit that enables automatic segmentation of most of the major anatomic structures on CT images would considerably simplify many radiology studies, thereby accelerating research in the field.

Several publicly available segmentation models are currently available. However, these models are generally specific for a single organ (eg, the pancreas, spleen, colon, or lung) (7–11). They cover only a small subset of relevant anatomic structures and are trained on relatively small datasets that are not representative of routine clinical imaging, which is characterized by differences in contrast phases, acquisition settings, and diverse abnormalities. Thus, researchers must often build and train their own segmentation models, which can be costly.

To overcome this problem, we aimed to develop a model with the following characteristics: (a) publicly available (including its training data), (b) easy to use, (c) segments most anatomically relevant structures throughout the body, and (d) exhibits robust performance in any clinical setting. As an example application, we applied our segmentation model to a large dataset of 4004 patients

Abbreviations

BTCV = Multi-Atlas Labeling Beyond the Cranial Vault – Workshop and Challenge, NSD = normalized surface distance

Summary

TotalSegmentator provides automatic, easily accessible segmentations of major anatomic structures on CT images.

Key Points

- The proposed model was trained on a diverse dataset of 1204 CT examinations randomly sampled from routine clinical studies; the dataset contained segmentations of 104 anatomic structures (27 organs, 59 bones, 10 muscles, and eight vessels) that are relevant for use cases such as organ volumetry, disease characterization, and surgical or radiation therapy planning.
- The model achieved a high Dice similarity coefficient (0.943; 95% CI: 0.938, 0.947) on the test set encompassing a wide range of clinical data, including major abnormalities, and outperformed other publicly available segmentation models on a separate dataset (Dice score, 0.932 vs 0.871; $P < .001$).
- Both the training dataset (<https://doi.org/10.5281/zenodo.6802613>) and developed model (<https://www.github.com/wasertb/TotalSegmentator>) are publicly available.

Keywords

CT, Segmentation, Neural Networks

with whole-body CT scans collected in a polytrauma setting and analyzed age-dependent changes of the volume and attenuation of different structures.

Materials and Methods

The Ethics Committee Northwest and Central Switzerland approved the ethics waiver for this retrospective study (EKNZ BASEC Req-2022-00495).

Datasets

Two datasets were aggregated for this study: one dataset for training the proposed model (training dataset) and a second dataset for the aging study example application (aging study dataset).

Training dataset.— To generate a comprehensive and highly variant dataset, 1368 CT examinations were randomly sampled from 2012, 2016, and 2020 from the University Hospital Basel picture archiving and communication system. CT series of upper and lower extremities ($n = 37$), CT series with missing slices ($n = 87$), and CT series for which the human annotator could not segment certain structures because of high ambiguity (eg, structures highly distorted as a result of abnormality) ($n = 40$) were excluded. The CT series were sampled randomly from each examination to obtain a wide variety of data. All images were resampled to 1.5-mm isotropic resolution. The final dataset of 1204 CT series was divided into a training dataset of 1082 patients (90%), a validation dataset of 57 patients (5%), and a test dataset of 65 patients (5%) (Fig 1A).

Aging study dataset.— All patients with polytrauma who underwent whole-body CT between 2011 and 2020 at the University Hospital Basel were initially included ($n = 4102$). Patients with

unknown age ($n = 30$) or incomplete images ($n = 33$) or who underwent studies without administration of a contrast agent ($n = 35$) were excluded. In all patients, the same examination protocol was applied: contrast-enhanced, whole-body CT in an arteriovenous split-bolus phase, with a similar amount of contrast agent. Thus, we assumed that variation of attenuation (in Hounsfield units) due to the contrast agent was minimal for all images and that the attenuation values were comparable.

Data Annotation

We identified 104 anatomic structures for segmentation (Fig 2, Appendix S1). The Nora Imaging Platform was used for manual segmentation or further refinement of generated segmentations (12). Segmentation was supervised by two physicians with 3 (M.S.) and 6 (H.C.B.) years of experience in body imaging, respectively. The work was split between them.

If an existing model for a given structure was publicly available (Appendix S2), that model was used to create a first segmentation, which was then validated and refined manually (10,13–16).

To speed the process further, we used an iterative learning approach, as follows. After manual segmentation of the first five patients was completed, a preliminary nnU-Net was trained, and its predictions were manually refined, if necessary. The nnU-Net was retrained after review and refinement of five patients, 20 patients, and 100 patients (Fig 1B).

In the end, all 1204 CT examinations had annotations that were manually reviewed and corrected whenever necessary. These final annotations served as the ground truth for training and testing. The model was trained on the dataset of 1082 patients, validated on the dataset of 57 patients, and tested on the dataset of 65 patients. This final model was independent of the intermediate models trained during the annotation workflow, which reduced bias in the test set to a minimum. Using completely manual annotations in the test set would have introduced a distribution shift and thus greater bias.

Model

We used the model from the nnU-Net framework, which is a U-Net–based implementation that automatically configures all hyperparameters based on the dataset characteristics (17,18). One model was trained on CT scans with 1.5-mm isotropic resolution. To allow for lower technical requirements (RAM and GPU memory), we also trained a second model on 3-mm isotropic resolution (for more details on the training, see Appendix S4). The runtime for the prediction of one case was measured on a local workstation with an Intel Core i9 3.5-GHz CPU and NVIDIA GeForce RTX 3090 GPU.

Statistical Analysis

Training dataset.— As evaluation metrics, the Dice similarity coefficient, a commonly used spatial overlap index, and the normalized surface distance (NSD), which measures how often the surface distance is less than 3 mm, were calculated between the predicted segmentations and the human approved ground

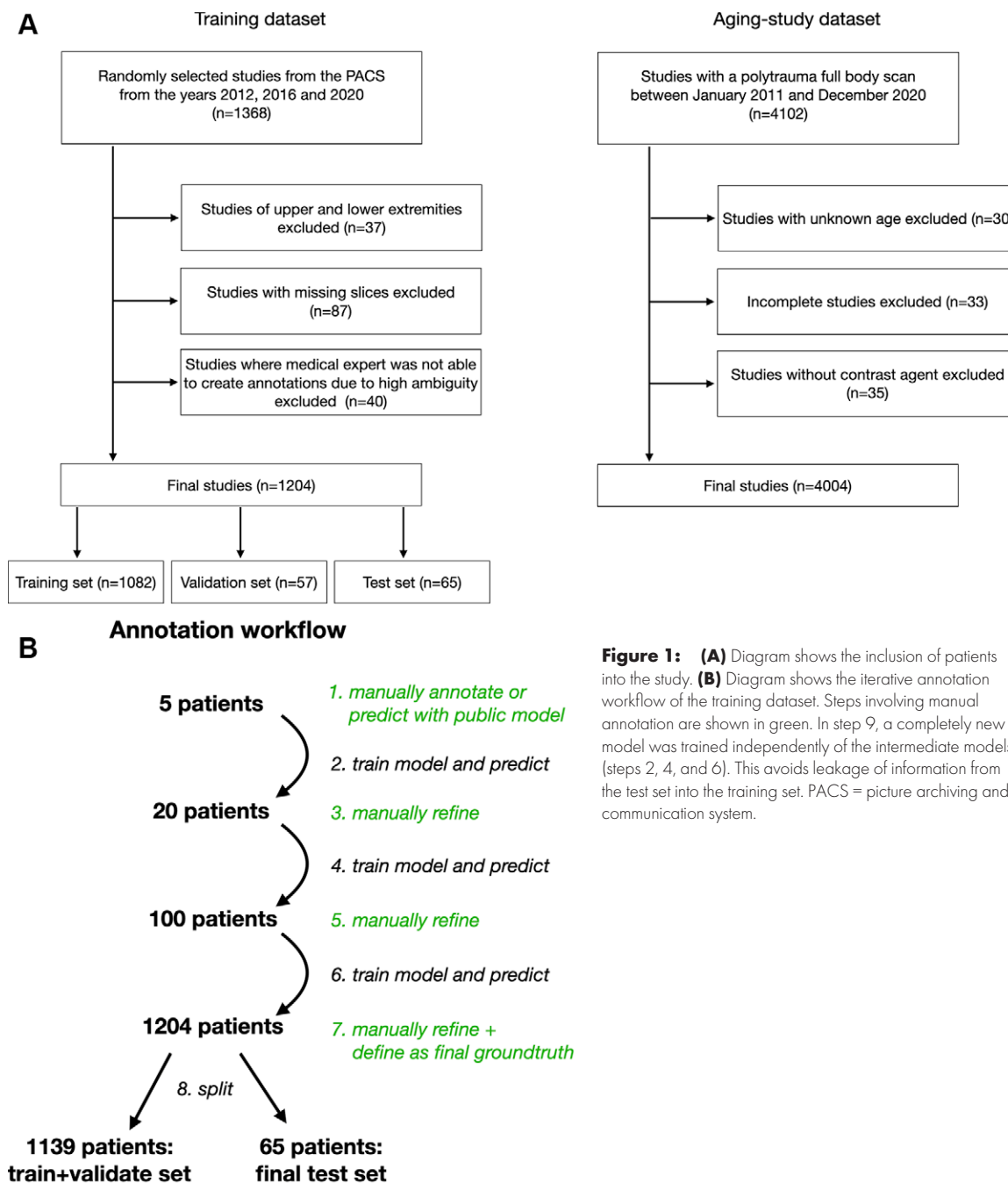


Figure 1: (A) Diagram shows the inclusion of patients into the study. (B) Diagram shows the iterative annotation workflow of the training dataset. Steps involving manual annotation are shown in green. In step 9, a completely new model was trained independently of the intermediate models (steps 2, 4, and 6). This avoids leakage of information from the test set into the training set. PACS = picture archiving and communication system.

truth segmentations. Both metrics range between 0 (worst) and 1 (best) and were calculated on the test set.

For additional evaluation, we compared our model to a nnU-Net trained on the dataset from the Multi-Atlas Labeling Beyond the Cranial Vault – Workshop and Challenge (<https://www.synapse.org/#!Synapse:syn3193805/wiki/217780>) (BTCV dataset) acquired at Vanderbilt University Medical Center. Because that dataset provided labels for only 13 structures (Appendix S5), the comparison was limited to those 13 structures. We ran two comparisons: one on our test set and one on the BTCV dataset. The 95% CIs were calculated using nonparametric percentile bootstrapping with 10000 iterations. A Wilcoxon signed rank test was used to compare the Dice and NSD metrics between our

model and the BTCV model. *P* values less than .05 were considered to indicate statistically significant differences.

Aging study dataset. — To evaluate the effect of age on different structures, the correlation between age and volume and the mean attenuation in Hounsfield units were calculated for all structures, excluding structures with failed segmentations. The segmentation of a body structure was assumed as failed if the volume of the respective body structure was too small to be anatomically plausible given by a lower bound (Table S1). The Kolmogorov-Smirnov test was used to evaluate whether continuous variables were normally distributed. The association between continuous variables was examined using

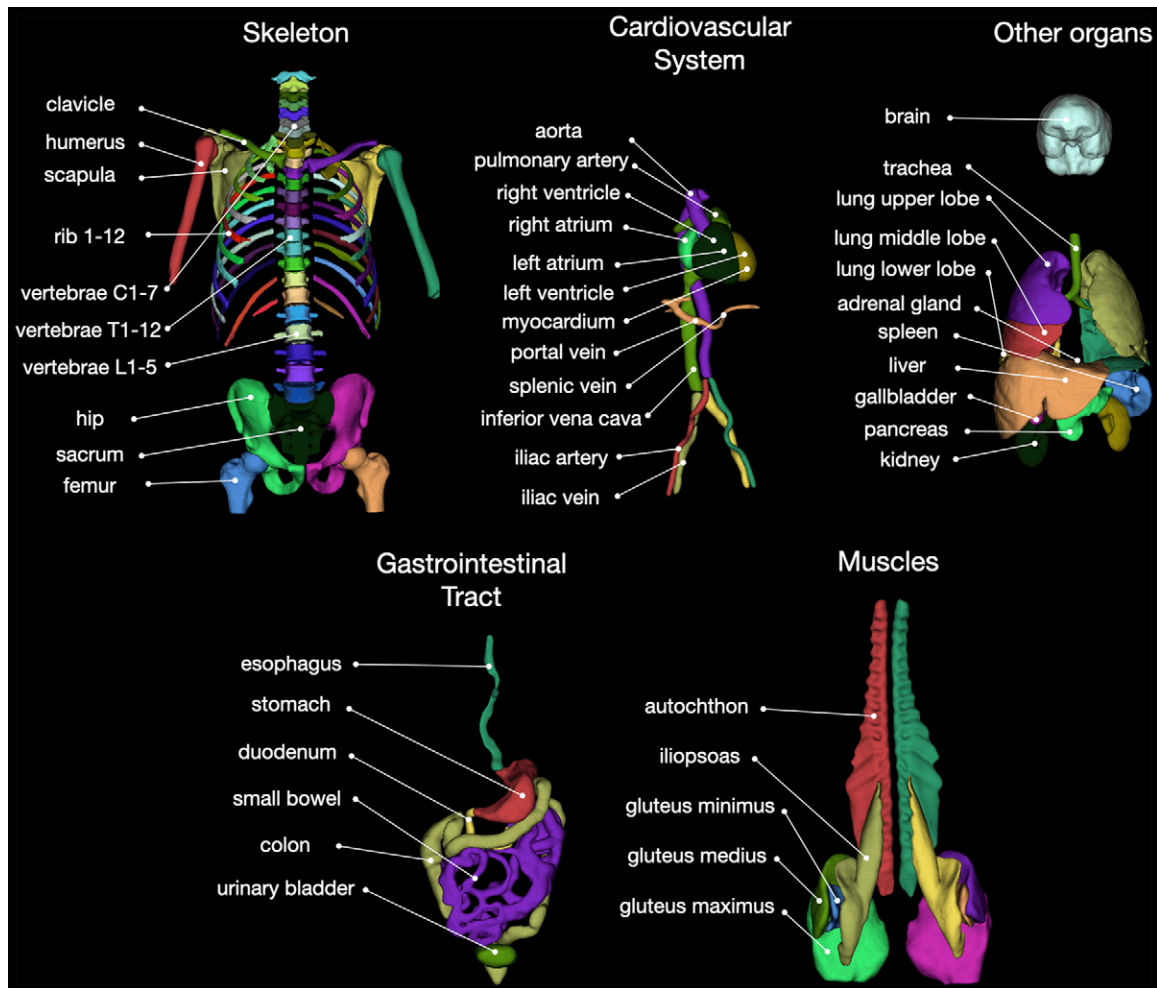


Figure 2: Overview of all 104 anatomic structures segmented by the TotalSegmentator. autochthon = autochthonous dorsal musculature.

Spearman rank correlation coefficient. Patients were grouped into four age quartiles and compared using the Kruskal-Wallis test. Post hoc analysis was performed using the Wilcoxon rank sum test. Bonferroni correction was performed, and P values less than .0001 were considered to indicate statistically significant differences. Outliers are not shown in the figures to maintain scaling.

Results

Characteristics of the Study Sample

Data on basic demographic characteristics of patients included in the training dataset of 1204 CT images are shown in Figure 3. The dataset contained a wide variety of CT images, with differences in slice thickness, resolution, and contrast phase (native, arterial, portal venous, late phase, and others). Dual-energy CT images obtained using different tube voltages were also included. Different kernels (soft-tissue kernel, bone kernel), as well as CT images from eight different sites and 16 different scanners, were included in the dataset; however, most images were acquired using a Siemens manufacturer. A total of 404 patients showed no signs of abnormality, whereas 645 showed different types of abnormality (tumor, vascular,

trauma, inflammation, bleeding, and other). Information on presence of abnormalities was not available for 155 patients because of missing radiology reports (Fig 3).

The aging study dataset of CT scans from 4004 patients showed uniform age distribution, ranging from 18 to 100 years (Fig S2). The sex distribution was less balanced (2543 men [63.5%] and 1461 women [36.5%]).

Segmentation Evaluation

The model trained on CT images with a resolution of 1.5 mm showed high accuracy. The Dice score was 0.943 (95% CI: 0.938, 0.947), and the NSD was 0.966 (95% CI: 0.962, 0.971). The 3-mm model showed a lower Dice score of 0.840 (95% CI: 0.836, 0.844), but the NSD was 0.966 (95% CI: 0.962, 0.969) because minor inaccuracies introduced by the lower resolution were still within the bounds of the 3-mm distance threshold. Thus, the 3-mm model still delivered correct results, but the borders were less precise. Results for each structure independently are shown in Figure S1 and at https://github.com/wasserb/TotalSegmentator/blob/master/resources/results_all_classes.json.

In a direct comparison of our 1.5-mm model to an nnU-Net trained on the BTCV dataset, our model achieved a significantly

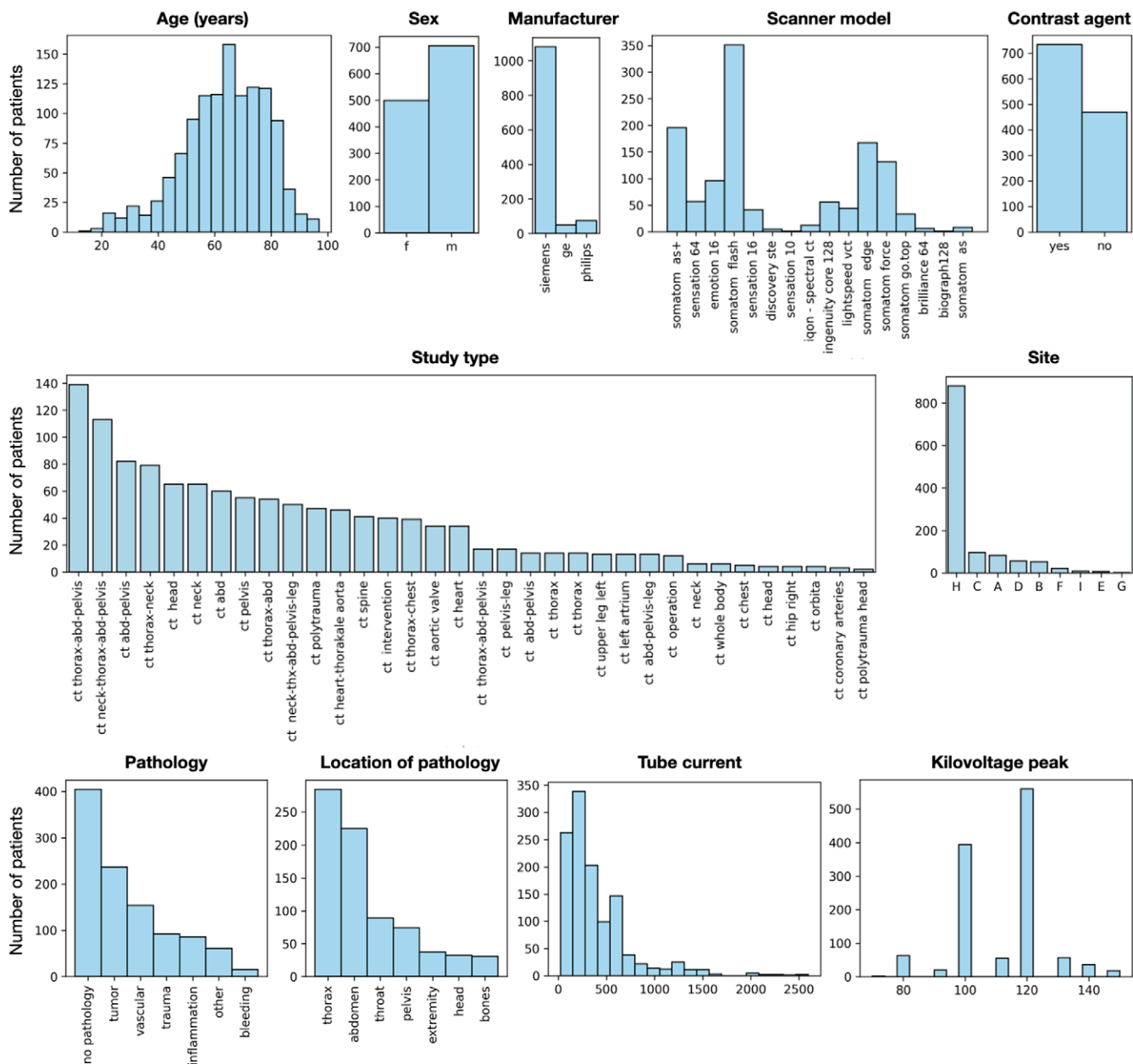


Figure 3: Graphs show the distribution of different parameters of the training dataset, demonstrating the dataset's high diversity.

higher Dice coefficient (0.932 [95% CI: 0.920, 0.942] vs 0.871 [95% CI: 0.855, 0.887], respectively; $P < .001$) and NSD score (0.971 [95% CI: 0.961, 0.979] vs 0.921 [95% CI: 0.907, 0.936]; $P < .001$) on our test set. When we tested our 1.5-mm model on the BTCV dataset, it achieved a Dice coefficient of 0.849 (95% CI: 0.833, 0.862) and NSD score of 0.932 (95% CI: 0.920, 0.943), showing generalizability to CT studies from a different continent. Our model achieved higher values ($P < .001$) than the nnU-Net trained on the BTCV dataset itself (Dice coefficient, 0.839 [95% CI: 0.821, 0.856]; NSD score, 0.915 [95% CI: 0.900, 0.930]) (for more information, see Appendix S7).

Typical failure cases.— Despite the high Dice coefficient and NSD score, our model failed in some cases. Figure 4 shows the most typical failure cases, such as missing small parts of the colon or iliac arteries and mixing up neighboring vertebrae and ribs.

Performance on pathologic cases.— Because our model was trained on a diverse dataset, it generated robust results on patients with major abnormalities. Figure 5 shows qualitative results for several abnormalities.

Runtime.— The Table shows an overview of the runtime, RAM requirements, and GPU memory requirements of the high-resolution (1.5 mm) and low-resolution (3 mm) models for three CT studies with different dimensions: a small study of an abdomen with matrix size of $512 \times 512 \times 280$ voxels, a medium-sized study of the thorax and abdomen with matrix size of $512 \times 512 \times 458$ voxels, and a large study from head to knee with matrix size of $512 \times 512 \times 824$ voxels.

Evaluation of age-related differences.— For the aging study dataset, we observed a negative correlation between age and

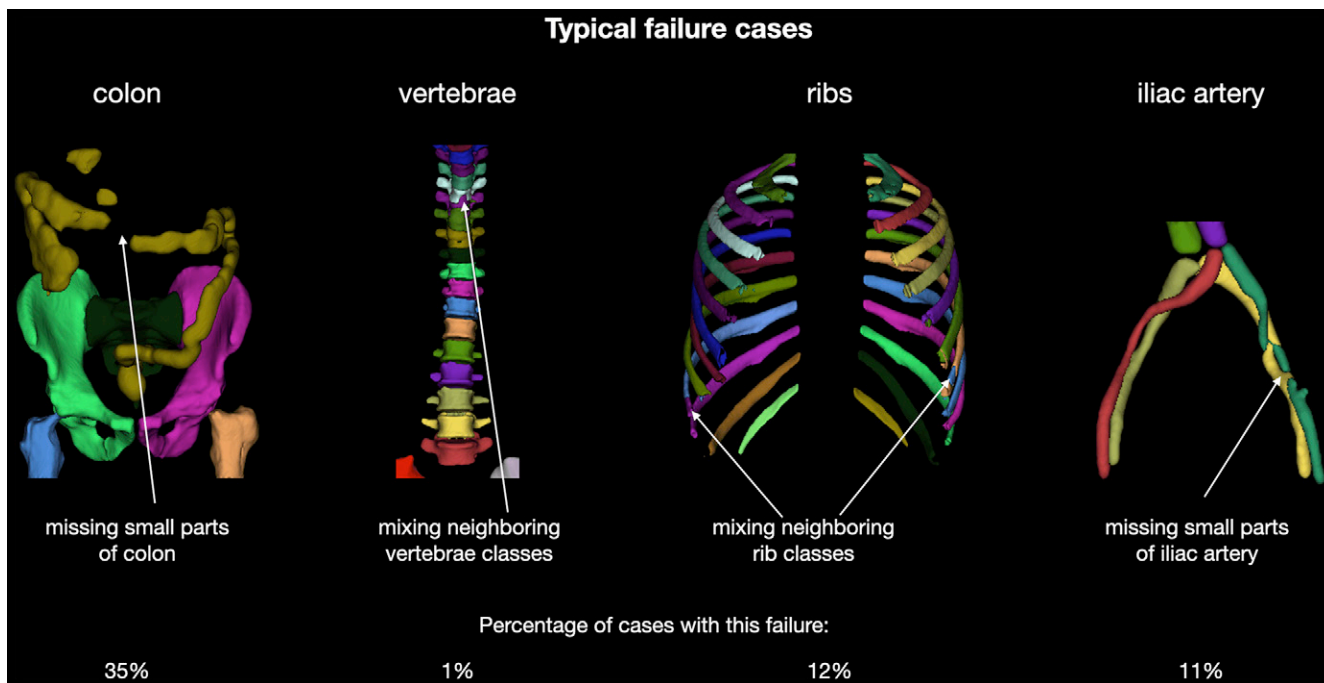


Figure 4: Overview of typical failure cases of the proposed model. Users should be aware that these problems may occur.

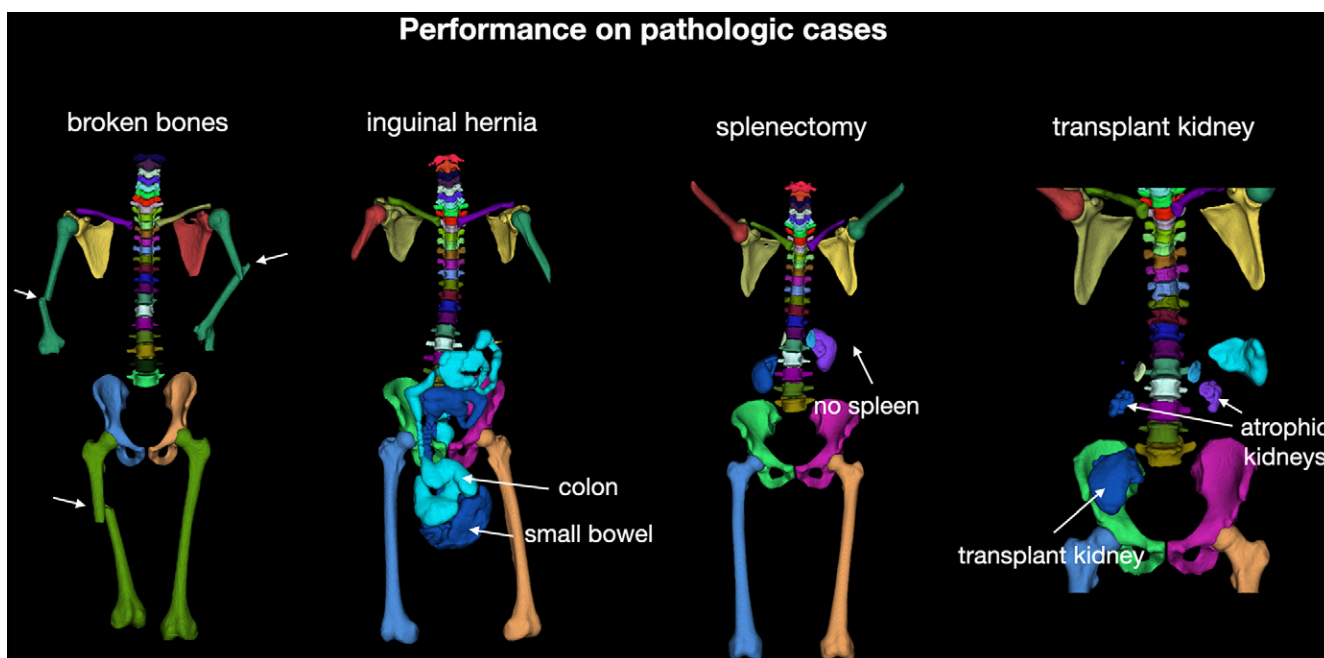


Figure 5: Overview of performance of the proposed model on different abnormalities on the test set. Our model showed robust, accurate results even when structures were distorted (broken bones), displaced (bowels displaced by inguinal hernia), completely missing (splenectomy), or duplicated (transplant kidney).

attenuation in the clavicle ($r_s = -0.53$; $P < .0001$), hips ($r_s = -0.61$; $P < .0001$ [Fig 6]), and all ribs and the scapula (Fig S3). A moderately negative correlation was observed between age and mean attenuation of the lumbar vertebrae (lumbar vertebra 4, $r_s = -0.55$; $P < .0001$).

Negative correlations between age and attenuation were also observed for the musculature, with moderate to strong correlations for the autochthonous dorsal musculature ($r_s = -0.74$; $P < .0001$) and gluteal musculature (gluteus maximus: $r_s =$

-0.51 [$P < .0001$]; gluteus medius: $r_s = -0.61$ [$P < .0001$]; gluteus minimus: $r_s = -0.79$ [$P < .0001$]). Age was moderately to strongly negatively correlated with CT attenuation and volume of the iliopsoas muscle, respectively ($r_s = -0.57$ [$P < .0001$] and $r_s = -0.61$ [$P < .0001$]) (Fig 6).

A positive correlation was observed between the volume of the aorta and patient age ($r_s = 0.64$; $P < .0001$) (Fig 6), most likely due to aneurysm development. The correlation was less positive for the iliac arteries ($r_s = 0.33$; $P < .0001$).

Overview of Runtime, RAM Requirements, and GPU Memory Requirements of High- (1.5 mm) and Low-Resolution (3 mm) Models on Three Different-sized CT Studies

Study Size (Voxels)	1.5-mm Model			3-mm Model		
	Runtime	RAM (GB)	GPU Memory (GB)	Runtime	RAM (GB)	GPU Memory (GB)
Small (512 × 512 × 280)	1 min 17 sec	7.6	6.1	34 sec	7.4	5.2
Medium (512 × 512 × 458)	2 min 49 sec	10.6	8.5	53 sec	8.4	7.4
Large (512 × 512 × 824)	3 min 32 sec	11.8	11.4	1 min 23 sec	10.6	7.5

Note.—The three CT studies were as follows: one small study of only the abdomen with matrix size of 512 × 512 × 280 voxels, one medium study of the thorax and abdomen with matrix size of 512 × 512 × 458 voxels, and one large study from head to knee with matrix size of 512 × 512 × 824 voxels. The runtime was measured on a local workstation with an Intel Core i9 3.5-GHz CPU and a NVIDIA GeForce RTX 3090 GPU.

Regarding organ volumetry, age was negatively correlated to kidney volume ($r_s = -0.49$; $P < .0001$) and pancreas volume ($r_s = -0.49$; $P < .0001$).

The same analysis was done for all 104 classes (Fig S3).

Discussion

In this study, we developed a tool for segmentation of 104 anatomic structures on 1204 CT datasets obtained using different CT scanners, acquisition settings, and contrast phases. The tool demonstrated high accuracy (Dice coefficient of 0.943) and works robustly on a wide range of clinical data, outperforming other freely available segmentation tools. Furthermore, we evaluated and reported age-related changes in volume and attenuation in multiple organs using a large dataset of more than 4000 CT examinations.

Numerous models are available for segmentation of single or several organs on CT images (eg, the pancreas, spleen, colon, or lung), and work has also been conducted on segmenting several anatomic structures in one dataset and model (7–11). All previous models cover only a small subset of relevant anatomic structures and are trained on small datasets that are not representative of routine clinical imaging, which involves different contrast phases, acquisition settings, and diverse abnormalities (18).

To our knowledge, only three other studies have examined segmenting a larger number of structures on CT images. First, the algorithm reported by Chen et al (6) segments 50 different structures. Apart from the fact that many organs and anatomic structures are still not represented in that model, neither the dataset nor the model is publicly available, and the dataset is relatively homogeneous (most of the training data came from the same scanner using the same CT sequence). Second, the algorithm developed by Shiyam Sundar et al (19) segments 120 structures, and their model is publicly available. However, the model requires 256 GB of RAM, making it difficult to apply. Moreover, the training data consist of fewer than 100 individuals, making the model less robust for broad application to any CT data. Third, the algorithm developed by Trägårdh et al (20) segments 100 structures. However, because the 339 training samples are homogeneous, the model does not perform well on images with diverse slice or body orientations or involving different contrast phases.

Many segmentation models and datasets are not publicly available, which strongly reduces their benefit to the scientific community (6,21–23). Datasets that are made available often require time-consuming paperwork to request access (eg, UK Biobank, National Institutes of Health National Institute of Mental Health Data Archive) or are uploaded to data providers that are difficult to use (eg, The Cancer Imaging Archive, which requires a third-party download manager) or rate limited (eg, Google drive). We made our model easily accessible by providing it as a pretrained Python package. Our model requires less than 12 GB of RAM and does not require a GPU. Thus, it can be run on a normal laptop. In addition, our dataset is freely available to download; it does not require any access requests and can be downloaded with one click.

An nnU-Net based model was used for the present study because it was shown to deliver accurate results across a wide range of tasks and has been established as the standard for medical image segmentation, outperforming most other methods (19). It might be possible to improve on the default nnU-Net through more hyperparameter optimization and exploration of newer models, such as transformers (24).

Our model has multiple potential applications. Besides its use for surgery, rapid and readily available organ segmentation also allows for individual dosimetry, as shown for the liver and kidneys (6). Automated segmentation may also enhance research and provide normal or even age-dependent values (eg, Hounsfield units and volume) and biomarkers for clinicians. Combined with a lesion-detection model, our model could be used to estimate body part-specific tumor load. Moreover, our model can be used as a first step in building models to detect specific abnormalities. More than 4500 researchers have already downloaded our model (<https://zenodo.org/record/6802342>), using it for a wide range of applications.

With our aging study, we demonstrated a sample application for our comprehensive segmentation model that could provide insights into the age dependency of organ volumes and attenuation. Such big-data evaluations were previously not feasible or required substantial time by expert researchers. Using a dataset of more than 4000 patients who underwent polytrauma CT, we showed correlations between age and volume of many segmented

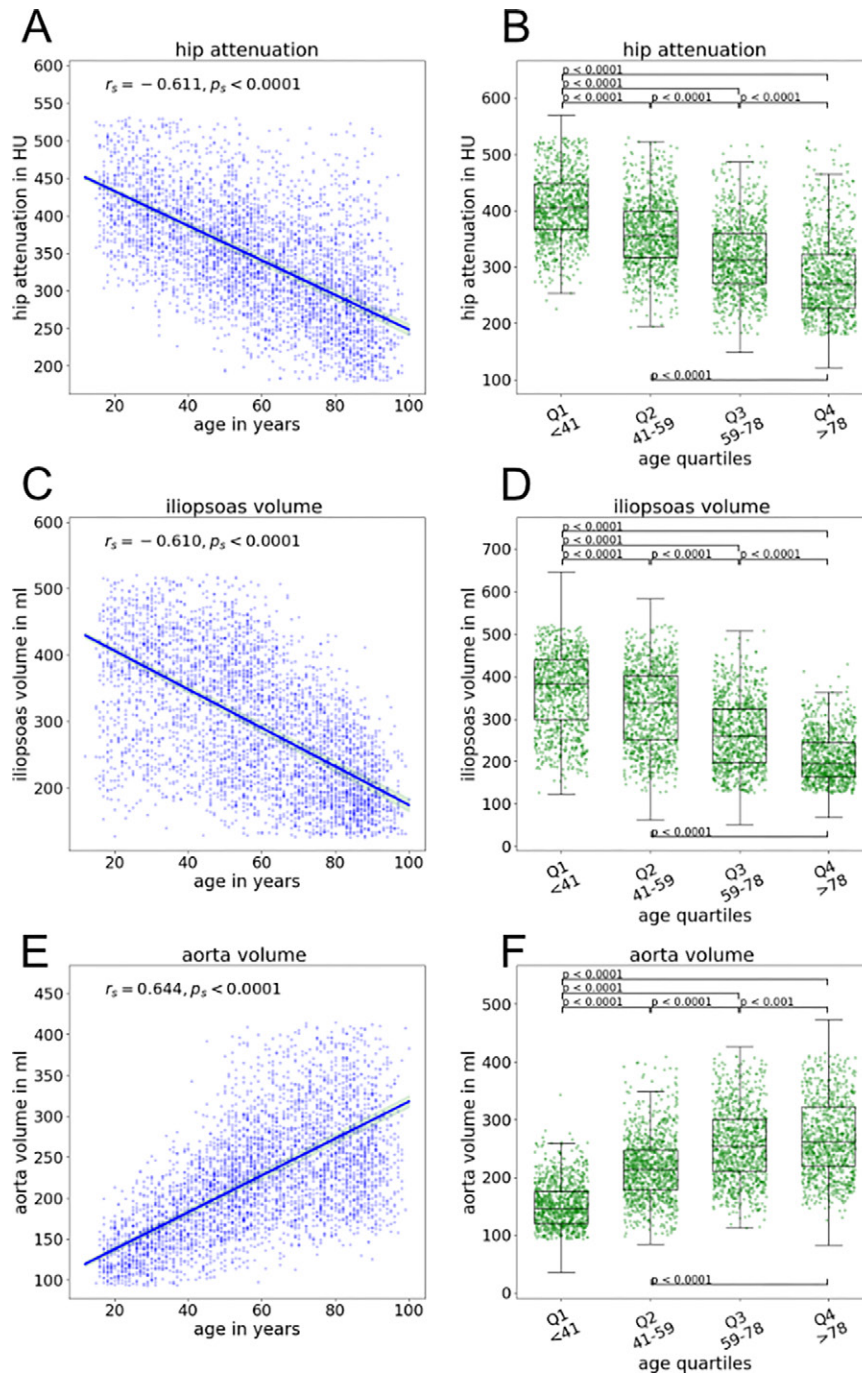


Figure 6: Example correlations of CT attenuation and volume with patient age. **(A)** Graph shows negative correlation between hip attenuation and patient age. **(B)** Box plots of hip attenuation for age quartiles show a decrease with increasing age. **(C)** Graph shows negative correlation between iliopsoas muscle volume and patient age. **(D)** Box plots of iliopsoas muscle volume for age quartiles show a decrease with increasing age. **(E)** Graph shows positive correlation between aortic volume and patient age. **(F)** Box plots of aortic volume for age quartiles show an increase with increasing age. For box plots, the central mark indicates the median, the bottom and top edges of the box indicate the 25th and 75th percentiles, respectively. Whiskers extend to the most extreme data points not considering outliers and are defined by the 25th percentile subtracted by 1.5 times the IQR or the 75th percentile added by 1.5 times the IQR, respectively. Outliers are not displayed.

organs. Common literature values for normal organ sizes and age-dependent organ development are typically based on sample sizes of a few hundred patients. The number of diverse application examples, such as the evaluation of organ size or density as a function of age, sex, ethnicity, disease, medication intake, or

drug use, is almost limitless and can provide a new (radiologic) approach for evaluating the physiology of disease processes.

A limitation of our study was that male patients were over-represented in the study dataset, possibly because more men are part of the overall hospital population (25). We consider our

model to serve as the basis for large radiologic population studies. For example, the model can be used to obtain new reference values for organ volumes or to create a new approach for evaluating different diseases using segmentation. In future research, we plan to add more anatomic structures to our dataset and model. Furthermore, we are preparing a more detailed aging study by using more patients, correcting for confounders, and analyzing more correlations.

In conclusion, we developed a CT segmentation model that is (a) publicly available (<https://github.com/wasserth/Total-Segmentator>), including training data (<https://doi.org/10.5281/zenodo.6802613>); (b) is easy to use; (c) segments most anatomically relevant structures in the whole body; and (d) works robustly in any clinical setting.

Author contributions: Guarantors of integrity of entire study, J.W., H.C.B., M.S.; study concepts/study design or data acquisition or data analysis/interpretation, all authors; manuscript drafting or manuscript revision for important intellectual content, all authors; approval of final version of submitted manuscript, all authors; agrees to ensure any questions related to the work are appropriately resolved, all authors; literature research, J.W., H.C.B., M.P., A.W.S., T.H., M.B., M.S.; clinical studies, J.W., A.W.S., M.S.; experimental studies, J.W., M.T.M., M.P., D.T.B., J.C., S.Y., M.B., M.S.; statistical analysis, J.W., H.C.B., A.W.S., M.S.; and manuscript editing, J.W., H.C.B., M.T.M., M.P., A.W.S., T.H., D.T.B., J.C., M.B., M.S.

Data sharing: Data generated by the authors or analyzed during the study are available at: <https://doi.org/10.5281/zenodo.6802613> and <https://github.com/wasserth/TotalSegmentator>.

Disclosures of conflicts of interest: J.W. No relevant relationships. H.C.B. No relevant relationships. M.T.M. No relevant relationships. M.P. No relevant relationships. D.H. No relevant relationships. A.W.S. No relevant relationships. T.H. No relevant relationships. D.T.B. No relevant relationships. J.C. No relevant relationships. S.Y. No relevant relationships. M.B. No relevant relationships. M.S. No relevant relationships.

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