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Development and evaluation of an anti-candida cream based on silver nanoparticles

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Abstract

The ineffectiveness of azole drugs in treating Vulvovaginal Candidiasis (VVC) and Recurrent Vulvovaginal Candidiasis (RVVC) due to antifungal resistance of non-albicans Candida has led to the investigation of inorganic nanoparticles with biological activity. Silver nanoparticles (AgNPs) are important in nanomedicine and have been used in various products and technologies. This study aimed to develop a vaginal cream and assess its in vitro antimicrobial activity against *Candida parapsilosis* strains, specifically focusing on the synergy between AgNPs and miconazole. AgNPs were synthesized using glucose as a reducing agent and sodium dodecyl sulfate (SDS) as a stabilizer in varying amounts (0.50, 0.25, and 0.10 g). The AgNPs were characterized using UV–Visible (UV–Vis) and Fourier-Transform Infrared (FT-IR) spectroscopies, X-Ray Diffraction (XRD), Dynamic Light Scattering (DLS), Scanning Electron Microscopy (SEM), and Energy Dispersive X-Ray Analysis (EDX). Fifty strains of *Candida parapsilosis* were used to evaluate the synergistic activity. AgNPs synthesized with 0.5 g SDS had an average size of 77.58 nm and a zeta potential of –49.2 mV, while AgNPs with 0.25 g showed 91.22 nm and –47.2 mV, respectively. AgNPs stabilized with 0.1 g of SDS were not effective. When combined with miconazole, AgNPs exhibited significant antifungal activity, resulting in an average increase of 80% in inhibition zones. The cream developed in this study, containing half the miconazole concentration of commercially available medication, demonstrated larger inhibition zones compared to the commercial samples.

Keywords Silver nanoparticles · Candida · Miconazole · Antifungal activity

Introduction

Vulvovaginal Candidiasis (VVC) is one of the most common gynecologic problems, affecting around 75% of women worldwide (Willems et al. 2020). In addition, approximately 9% of VVC cases evolve into a more aggressive form known as Recurrent Vulvovaginal Candidiasis (RVVC), wherein more than three episodes are observed within one year. VVC and RVVC are caused by an overgrowth of the *Candida* species in the mucous membrane of the lower genital system, leading to inflammation of the vulva, vulvar itching, and abnormal vaginal discharge (Lírio et al. 2022; Rosati et al. 2020). In general, patients with these symptoms suffer from low self-esteem and frustration, significantly affecting their social and sexual life and that of their partners (Moshfeghy et al. 2020). *Candida albicans* is the responsive agent of more than 90% of VVC cases. However, other non-*albicans Candida*, such as *Candida glabrata*, *Candida parapsilosis*, *Candida tropicalis*, and *Candida krusei*, have also been frequently reported and, in some places, can exceed 50% of the cases (Willems et al. 2020).

The treatment of VVC is usually performed with vaginal creams containing imidazoles, triazoles or nystatin drugs for up to 14 days (Cianci et al. 2020; Farr et al. 2021). While RVVC requires a more prolonged antifungal therapy using mainly imidazole drugs for up to 6 months (Lírio et al. 2022). However, using a specific group of medications, such as azole drugs, for extended periods can trigger side effects, including a metallic taste in the mouth, headache and dizziness, and an increment in antifungal resistance, complicating the treatment (Johnson 2021; Parsapour et al. 2021; Willems et al. 2020). Indeed, it has been shown that



Extended author information available on the last page of the article

both *C. parapsilosis* and *Albicans have strains that* are less susceptible to azole treatment, limiting the choice of empirical antifungal therapy (Dhasarathan et al. 2021; Tóth et al. 2019). Therefore, the search for new drugs or azole formulations that present high activity with low side effects has been carried out by researchers worldwide (Sobel and Nyirjesy 2021).

To develop more efficient drugs against the proliferation of yeasts, researchers have used inorganic nanoparticles that provided excellent results minimizing the colonizing effects of Candida species (Mare et al. 2021; Tauseef et al. 2022). Indeed, metallic nanoparticles such as silver and gold have good biocompatibility and antifungal properties. Silver is a metal with a lower cost than gold, making it attractive for developing a new antifungal drug. In addition, it is known that silver nanoparticles with a diameter of less than 100 nm can interact with the membranes of yeast cells, leading to their destabilization and later the formation of pores and cytoplasm leakage (Szerencsés et al. 2020). However, it has been reported that AgNPs synthesized by plants have a moderate inhibitory effect against Candida spp. (Al-Bahrani et al. 2018). In contrast, when AgNPs are stabilized using sodium dodecyl sulfate (SDS), the synergetic effect improves the fungicidal activity due to better accessibility of the AgNPs into the cell (Panáček et al. 2009).

In this sense, some studies explore the synergistic effect of colloidal-AgNPs in association with traditional drugs to reduce their amount during the treatment of candidiasis, minimizing the side effects and overcoming *Candida* spp. antifungal resistance(Devi and Joshi 2012; Szerencsés et al. 2020; Vazquez-Muñoz et al. 2014). For example, the action of fluconazole and itraconazole have been enhanced in the presence of AgNPs (Guerra et al. 2020; Singh et al. 2013). Therefore, this work aims to present the development of an antifungal vaginal cream containing AgNPs and miconazole. Additionally, in vitro tests were conducted to evaluate the efficacy of the product against 50 strains of *Candida parapsilosis*.

Materials and methods

Materials

Glucose (Dinâmica, São Paulo, Brazil, purity > 98.5%), silver nitrate (Dinâmica, São Paulo, Brazil, purity > 99%), sodium dodecyl sulfate (SDS) (Synth, São Paulo, Brazil, purity > 98.5%), Mueller–Hinton agar (Himedia, India), methylene blue (Dinâmica, São Paulo, Brazil, purity > 98.5%), miconazole (Sigma, USA), and carbopol (Dinâmica, São Paulo, Brazil). All the reagents were used without further purification.



For the experiment, 50 strains of *Candida parapsilosis* the most common in fungal infections in Ceará, Brazil were selected. These strains were isolated from blood samples between 2007 and 2013. Moreover, they are part of the Yeast Collection of the Yeast Microbiology Laboratory of the Department of Clinical and Toxicological Analyses of the School of Pharmacy, Dentistry and Nursing of the Federal University of Ceará (LML/DACT/FFOE/UFC) (Menezes et al. 2012).

Synthesis and purification of AgNPs

Three colloidal suspensions containing silver nanoparticles (AgNPs) were prepared with varying amounts of the stabilizing/capping agent (SDS). Briefly, 5.55×10^{-3} mol of glucose and 3.46×10^{-4} mol (0.10 g) of SDS were solubilized in 500 mL of 5.0×10^{-3} mol L⁻¹ AgNO₃ solution. To catalyze the reaction, 1.0 mL of 0.2 mol L⁻¹ NaOH was added, and the resulting solution was heated up to 50 °C under vigorous stirring. After 30 min, the system was allowed to cool to room temperature. Next, the suspension was centrifugated at 10,000 RPM (revolutions per minute) for 20 min, washed three times with distilled water, and the AgNPs were suspended in distilled water. The resulting sample was labeled as AgNPs-0.10. The other two suspensions were prepared using 8.66×10^{-4} mol (0.25 g) and 1.73×10^{-3} mol (0.50 g) of SDS and labeled AgNPs-0.25 and AgNPs-0.50, respectively. Finally, all the samples were stored at 4 °C until further use.

Anti-candida cream formulation

The anti-candida cream was prepared using the active ingredients at 10% (w/w) concentrations for AgNPs-0.50 and 1% (w/w) miconazole (half of the commonly utilized concentration of this drug). The choice of the AgNPs-0.50 was based mainly on their antifungal activity when associated with miconazole and colloidal stability. Then, after choosing the nanoparticles, carbopol was used as a vehicle, as its bioadhesive properties are well documented, facilitating the retention of the cream in the vagina (Salah et al. 2018). The final product presented a light color, a pleasing texture, and no grittiness, as shown in Fig. 5a.

Cultivation of the strains

For the experiment, 50 strains of *Candidaparapsilosis* were previously stored in distilled water, inoculated on potato agar (Himedia Mumbai, India) and incubated at 35 °C/24–48 h. Then, they were seeded on CHROMagar Candida (Himedia Mumbai, India) to assess purity. The process was done three times to ensure purity. The identification was carried out by micromorphology on rice agar supplemented with tween 80 by verifying germ tube production, fermentation, and assimilation of carbohydrates.

Characterization of the AgNPs

Initially, the synthesized AgNPs were characterized by measuring the absorbance. It is well-known that AgNPs have a plasmon band in the UV-Vis spectrum. The presence of AgNPs in the solutions was evaluated through UV-Vis spectrophotometry in the 300-700 nm wavelength range on a Thermo Scientific GENESYSTM 10 s spectrophotometer. The FT-IR analyses were performed on a Perkin-Elmer FT-IR Spectrum ONE spectrophotometer in the 4000–400 cm⁻¹ range with a resolution of 4 cm⁻¹. Previously to the measurement, the samples were dried and mixed with potassium bromide (KBr) to obtain powder and then pressed in disk format. The diffractogram patterns were obtained using PAN analytical X-pert Pro MRD (Amsterdam, Netherlands). The pure AgNPs sample was placed on a glass support measuring 2.5×2.5 cm, and the diffractogram was collected using $K\alpha$ radiation of Cu and Ni with a negative potential of 40 kV and 30 mA. The scanning angle (2θ) ranged from 20° to 80° with a step of 0.033° per second. The Dynamic Light Scattering (DLS) analysis was performed to verify the average hydrodynamic size and polydispersity index (PDI) of the AgNPs by light scattering. Colloidal stability was evaluated by measuring zeta potential. The device used was the Nanozetasizer (Malvern, United States). Morphological evaluation of the AgNPs was performed by scanning electron microscopy (SEM). This process was done on the Quanta FEG 450 with EDS/EBSD and cooling/heating stage.

Association between miconazole and AgNPs

The association evaluation method was the disc diffusion protocol in Mueller-Hinton agar supplemented with 2% glucose and 0.05% methylene blue (Hashemi et al. 2022). Briefly, the strains were seeded on each plate, and five types of discs (22 mm) were produced using filter papers. Thus, the miconazole discs were prepared by adding 25 μ L of miconazole solution with a concentration of 1 μ g/ μ L. The discs of AgNPs-0.25 and AgNPs-0.50 were prepared by adding 25 µL of AgNPs-0.25 and AgNPs-0.50 solution, respectively. To prepare the disc of the silver nanoparticles associated with miconazole, 10 mg of miconazole were solubilized in 10 mL of each solution of AgNPs-0.25 and AgNPs-0.50. Then, the discs were prepared by adding 25 µL of each sample to the paper filter. The AgNPs-0.10 sample was not used because it did not show absorbance compatible with AgNPs (Fig. 2a). After the production of the discs, they were placed in the oven at 35 °C for 48 h for water evaporation. The discs were stored at -8 °C until the use time, which was always less than 5 days.

The strains of *C. parapsilosis* were suspended in a saline solution and distributed on plates. After this process, the five discs (described above) were placed on plates containing the yeasts and incubated for 24 h at 35 $^{\circ}$ C.

Association activity of miconazole with AgNPs could be calculated based on the inhibition zone on the agar using the formula: $((B^2 - A^2)/A^2)$, where A and B are the inhibition zones of miconazole alone and miconazole associated with AgNPs, respectively. In the absence of fungal growth, the disc size (22 mm) was used to calculate the increase in area. Furthermore, the increase in the calculated area was considered a synergy effect. At the same time, no change was characterized as indifferent, and the decrease in size was described as an antagonism between the components (da Frota et al. 2018).

Results and discussion

The synthesis conducted in this study involved the reduction of silver ions by glucose in an alkaline medium containing SDS in different concentrations. It is well-known that glucose reduces the silver ions to metallic silver through a glycolic acid oxidation process. Thus, since NaOH acts by opening the glucose molecule ring with its consecutive oxidation, it can accelerate the reduction of silver ions (Swensson et al. 2018). In addition, NaOH also leads to the formation of silver oxide, which facilitates the formation of silver zero-valent. After the first Ag⁰ nuclei appear, the growth and stabilization of the silver nanoparticles are controlled by the diffusion and the attachment rates of SDS to the surface of the silver nanoparticles. Thus, the precipitation of the system containing 0.01 g of SDS (as shown in Fig. 1) indicates that only a tiny amount of surfactant is insufficient to control the growth and stabilize the silver nanoparticles. The samples synthesized using 0.25 and 0.50 g of SDS were stable in aqueous medium systems, indicating that the stabilization of the AgNPs occurs when the molar ratio Ag⁺/SDS is less than 2.88. The reaction is represented in Fig. 1.

The yellow-colored AgNPs solution exhibited a localized surface plasmon resonance (LSPR) band centered around 420 nm (Fig. 2a). This band indicates the AgNPs formation since LSPR occurred due to interaction between the permanent dipole on the AgNPs surface and electromagnetic waves. The profile of LSPR also provides information about the homogeneity of the dispersion (Alula et al. 2018). Thus, as observed in Fig. 2a, the AgNPs-0.25 and AgNPs-0.50 samples have a UV–vis absorption band centered around 420 nm. For AgNPs-0.25, the wide UV–vis absorption band indicates heterogeneously dispersed AgNPs. Whereas for AgNPs-0.50, the profile suggests a narrow monodisperse





Fig. 1 Protocol of AgNPs synthesis using sugar as reduction agent and different amounts of SDS

population of silver nanoparticles. In addition, for the AgNPs-0.25 sample, a lower absorbance was also observed, evidencing a lower production and stabilization of AgNPs. Therefore, the lower amount of SDS was a determining factor for the lower stabilization rate of the nanoparticles (AgNPs-0.10).

FT-IR evaluates the interaction between AgNPs and their stabilizing agent (Fig. 2b). In the samples, bands of around 2908, 1151, and 1011 cm⁻¹ can be assigned to v_{C-H} of-CH₂-groups and v_{asym} and v_{sym} of-SO₃-groups, respectively (Rezaei et al. 2020). These bands suggest that SDS have been effectively adsorbed on the surface of the AgNPs. The wide band of 3330 cm^{-1} refers to the hydroxyl groups, which may be derived from glucose oxidation products adsorbed onto the AgNPs surface, SDS, NaOH or absorbed moisture (Kumar et al. 2012). There were no significant changes in the FTIR spectra for both synthesized samples, indicating that the coating was effective for both nanoparticles. To analyze the interaction of sulfate groups with nanoparticles surface, which can occur via different ways (monodentate; bidentate; bridging bidentate; ion interactions), the wave number separation, Δ , between v_{asym} and v_{svm} (-SO₃-) stretches were used. In the literature, it is reported that monodentate, bidentate and bridging dentate present Δ values around < 110 cm⁻¹, 200–320 cm⁻¹ and $140-190 \text{ cm}^{-1}$, respectively (Mehta et al. 2010). In this work, a Δ value around 140 cm⁻¹ was observed, suggesting the formation of a bidentate complex on the AgNPs surface.

The hydrodynamic properties of aqueous AgNPs suspensions were studied using DLS measurements. The particle size distribution curves for the AgNPs-0.25 and AgNPs-0.50 samples are shown in Fig. 2c. The hydrodynamic size of AgNPs-0.5 was 77.58 ± 47.08 nm (mean \pm standard deviation), and the PDI (polydispersity index) was 0.189. International Standards Organization (ISOs) established that monodisperse particles must have a value of PDI < 0.05. However, it has been reported that silver colloidal systems with PDI values below 0.3 are acceptable and can be classified as narrow disperse systems (Sarkar et al. 2021; Wei et al. 2020). Therefore, this result is in accordance with the results obtained by UV-Vis spectroscopy, which presented a relatively wide half-maximum size (Cunha et al. 2018; Mehta et al. 2010). The AgNPs-0.25 sample had an average particle size of 91.22 ± 29.37 nm and a PDI of 0.225. The small amount of SDS in the synthesis of this sample (0.25 g)provided a weaker barrier to the nanoparticles growth, which resulted in a higher PDI value (0.225). Furthermore, the lower stabilizing electrostatic repulsion between the nanoparticles, due to the lower amount of SDS on the AgNPs surface, leads to cluster formation and a consequent broadening of the size distribution curve, as observed in Fig. 2c.

The zeta potential (ζ) is another important property related to the colloidal stability of the nanoparticles since it can estimate the surface charge magnitude related to particle stabilization. As shown in Fig. 2d, the ζ values for the AgNP-0.50 and AgNP-0.25 samples were -49.2 and -47.2 mV, respectively, which are above the estimated minimum (\pm 30 mV) to provide enough electrostatic repulsion to counteract aggregation (Bélteky et al. 2021). In these systems, the surface charges are supplied by the sulfate groups of SDS, which are negatively charged. The slightly lower absolute value obtained for the AgNPs-0.25 sample is



Fig.2 Characterization of AgNPs: **a** UV–Visible spectra for the AgNPs suspensions; **b** FTIR spectra for dried AgNPs-0.25 (blue) and AgNPs-0.50 (black) samples; **c** Size and PDI, and **d** zeta potential

measurements for AgNPs-0.25 (blue) and AgNPs-0.50 (black); and **e** X-ray powder diffractogram for the AgNPs-0.50 sample

related to a smaller amount of SDS molecules on the surface of the silver nanoparticles. The ζ values found for both silver dispersion suggested excellent colloidal stability, indicating that the shelf life of the cream produced with these nanocomposites can be long time. It is worth emphasizing that the samples remained at room temperature (25 °C) and were not light-protected for at least three months before the DLS and (ζ) analysis.

To further confirm the structure of the metallic Ag phase formed, an XRD analysis was performed. Figure 2e shows the diffraction pattern for AgNP-0.50. The peaks

at 38.2° , 44.4° , 64.6° and 77.5° 20 can be assigned to the planes (111), (200), (220), and (311) of the crystalline Ag phase with a face-centered cubic structure (JCPDS-087-0720), respectively (Soliman et al. 2021). This confirmation also can be observed from the refinement of the XRD pattern by the Rietveld method. In addition, other peaks were identified in the diffractogram, which can be assigned to the silver phosphate and the silver chloride phases. However, other works showed that these secondary phases did not influence microbiotic activity (Chandrasekharan



et al. 2022; Chudobova et al. 2013; Gordienko et al. 2019; Soliman et al. 2021).

SEM analyses were also performed to investigate the morphology of these nanoparticles, and the obtained data are shown in Fig. 3a-d. AgNP-0.25 and AgNP-0.50 samples have a spheroid structure and similar average particle size. This same morphology is also observed in other works (Sinha et al. 2012; Kora et al. 2009; Hamouda et al. 2019). However, also was noted that the clusters formed by AgNP-0.25 have a morphology more like a rod, while the clusters formed by AgNP-0.50 have a morphology spherical. This difference can be associated with less amount of SDS used during the synthesis process. As shown in the histograms (insets in Fig. 3a, b), the suspensions produced with 0.50 g SDS had an average particle size value of 92 ± 15 nm and a narrower size distribution, thereby in agreement with the results obtained by DLS. The AgNPs-0.25 samples are polydisperse, with particle size values ranging from 50 to 150 nm. As shown so far, AgNPs-0.50 suspension has higher stability and narrower dispersion than AgNP-0.25, thus, more desirable for formulations such as the vaginal cream developed in this work. Figure 3e shows the EDX spectra for the AgNPs-0.50 sample, where the principal component is noticeably silver, which absorbs energy around 3 keV. Other elements in the spectra are related to excipients from the used precursors in the reaction. There was no significant difference in the morphology of the two synthesized AgNPs suspensions.

The antibiotic susceptibility test using the *C. parapsilosis*strains is shown in Fig. 4. The increase of the inhibition area was calculated using the formula $(B^2 - A^2)/A^2$, where *A* and *B* are the inhibition zone diameters related to pure miconazole and miconazole associated with AgNPs, respectively. Figure 4a shows the inhibition zones caused by miconazole and AgNPs alone and their associations. An enhancement in fungal growth inhibition is evident when miconazole is combined with AgNPs. The average diameters of each zone as a function of three products, miconazole, miconazole + AgNPs-0.25, and miconazole + AgNPs-0.50 (Fig. 4b), as well as the increase in inhibition area compared to the



Fig. 3 SEM images of the AgNPs-0.25 (a, c) and AgNPs-0.50 (b, d); e Energy dispersive X-ray Spectroscopy (EDS) spectra of AgNP-0.50 sample





Fig.4 Sensitivity test with *C. parapsilosis*: **a** Inhibition zones caused by isolated miconazole, AgNPs and their association; **b** comparison of the mean inhibition zone diameter for miconazole 25 μ g and its association with AgNPs-0.25 and AgNPs-0.50 suspensions; **c** com-

parison of the synergic effect (through the increase in area percentage) between miconazole and the AgNPs-0.25 and AgNPs-0.50 suspensions

reference (miconazole) (Fig. 4c), were compared. Again, a synergistic effect between the two agents was observed. The AgNPs-0.50 suspension performed better since the SDS coating enabled more AgNPs to be suspended in the final product. The results showed that AgNPs are stable and have activity against *C. parapsilosis*. The next step of the work was the preparation of an anti-candida cream that combines miconazole and AgNPs.

AgNPs-0.50 was the sample chosen to produce the cream because it had better dispersion, colloidal stability and antifungal activity when associated with miconazole. Therefore, a cream based on this combination was developed

(Fig. 5a) to evaluate its antimicrobial effect on *C. parapsilosis* (Fig. 5b). Carbopol was used as the vehicle because of its gelling and bioadhesion properties, which are suitable for application in the vagina, as well as its ability to deliver the drug in a controlled way (Tayah and Eid 2023; Salah et al. 2018; Patil et al. 2022).

The approach of our formulation is in line with the established strategies outlined in the work of Kumar and Poornachandra, which used AgNPs as a carrier for miconazole, achieving a controlled release for up to 6 h (Kumar and Poornachandra 2015). In addition, Salah, Awad and Makhlouf have shown that carbopol can delay the release



Fig. 5 a Anti-candida cream made with miconazole and silver nanoparticles; **b** view of the petri dish containing the cream and *C. parapsilosis* **c** comparison of the inhibition zone diameter derived from the cream synthesized in this work and a record market



of drugs by carrier systems such as Eugragit ® RS 100. Furthermore, the authors provided insights into the mechanisms behind the sustained release behavior observed in similar gel formulations (Salah et al. 2018). Therefore, there is reason to believe that the combination of AgNPs-0.50 with miconazole and Carbopol will increase therapeutic efficacy by releasing this drug in a controlled way, avoiding resistance mechanisms.

The obtained cream was compared to a commercial cream with 2% miconazole (Fig. 5c) and proved very suitable since it increased the average diameter of the inhibition zone. It is important to record that the formulation development in this work has a 50% smaller quantity of miconazole. In addition, despite the dark coloration of the AgNPs, the prototype cream had a light-colored appearance, which makes it acceptable for marketing. Although further studies must be performed, the herein-prepared cream proved promising due to its evident antifungal effect.

It is essential to consider the safety implications of using AgNPs in biomedical applications. Several factors contribute to the toxicity of AgNPs, including their size, surface charge, surface chemistry, and concentration. At higher concentrations, AgNPs can induce cytotoxicity by causing oxidative stress, DNA damage, and cellular apoptosis (Jian



et al. 2022). The specific dosage at which AgNPs exhibit toxicity can vary between different cell types, experimental conditions, and exposure durations (Mondal et al. 2020; AlJindan and AlEraky 2022). They can also interfere with cellular processes and disrupt the normal functioning of organelles (Radhakrishnan et al. 2018).

Conclusion

AgNPs were easily obtained through a simple and environmentally friendly method and characterized by UV–Vis, FT-IR, XRD, and EDX analysis. The AgNPs produced were stable and monodisperse (AgNP-0.25 and AgNP-0.50), showing activity against *C. parapsilosis* when isolated or in combination with miconazole. The formulation of the cream was easy to perform [miconazole (1%) + AgNP-0.50 (10%)]. The results of the cream were also satisfactory, considering the 50% reduction of the concentration of miconazole compared to the concentration in a cream already registered on the market and still having larger inhibition zones.

Considering the potential toxicity associated with AgNPs, it is crucial to strike a balance between their antimicrobial efficacy and safety. Future research should aim to optimize the concentration and formulation of AgNPs to minimize potential adverse effects while maximizing their therapeutic benefits in the treatment of Vulvovaginal Candidiasis (VVC) and Recurrent Vulvovaginal Candidiasis (RVVC). The potential toxic effects of AgNPs at the concentration used in this study should be carefully considered and thoroughly investigated. Understanding the biocompatibility and safety profile of AgNPs is crucial for their successful translation into clinical applications.

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Data availability Not applicable.

Declarations

Conflict of interest The authors have no relevant financial or non-financial interests to disclose.

Ethical approval This study did not involve the use of any human or animal model.

Informed consent Not applicable.

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