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# **Epigenetic regulation of hybrid epithelial-mesenchymal cell states in cancer**

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# **Abstract**

Epithelial-to-mesenchymal transition (EMT) is a process by which cells lose their epithelial characteristics and gain mesenchymal phenotypes. In cancer, EMT is thought to drive tumor invasion and metastasis. Recent efforts to understand EMT biology have uncovered that cells undergoing EMT attain a spectrum of intermediate "hybrid E/M" states, which exist along an epithelial-mesenchymal continuum. Here, we summarize recent studies characterizing the epigenetic drivers of hybrid E/M states. We focus on the histone-modification writers, erasers, and readers that assist or oppose the canonical hybrid E/M transcription factors that modulate hybrid E/M state transitions. We also examine the role of chromatin remodelers and DNA methylation in hybrid E/M states. Finally, we highlight the challenges of targeting hybrid E/M pharmacologically, and we propose future directions that might reveal the specific and targetable mechanisms by which hybrid E/M drives metastasis in patients.

# **INTRODUCTION**

Epithelial-to-mesenchymal transition (EMT) has become a hallmark of solid tumor invasion and metastasis (1). Cancer cells transitioning along this epithelial-mesenchymal axis assume a series of hybrid epithelial-mesenchymal (hybrid E/M) states, which are thought to be the primary drivers of tumor metastasis (2, 3). Because hybrid E/M states are dynamic and meta-stable, the regulation of hybrid E/M plasticity is thought to be primarily epigenetic rather than genetic (2). Thus, there is a need to understand the key epigenetic regulators of hybrid E/M states. In this review, we summarize the current body of literature with an

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emphasis on how histone modification readers, writers, and erasers, as well as chromatin remodelers and DNA methylation enzymes interact with the major hybrid E/M transcription factors (TFs) to promote or inhibit hybrid E/M cell states. We also highlight the potential challenges in targeting hybrid E/M states through epigenetic inhibitors, and propose future directions that might enable new strategies to target these pro-metastatic cell states in patients.

### **HYBRID EPITHELIAL-MESENCHYMAL CELL STATES**

#### **Epithelial-to-mesenchymal transition: discovery and embryologic role**

Epithelial-to-mesenchymal transition (EMT) is a dynamic transcriptional process by which epithelial cells lose their cell-cell junctions, and gain mesenchymal characteristics, becoming more migratory and invasive (2). Cells undergo EMT through a series of transcriptional changes that generally include the upregulation of mesenchymal genes, such as N-cadherin (CDH2), fibronectin, and vimentin, and the downregulation of epithelial genes like E-cadherin (CDH1) (3, 4). Morphologically, cells undergoing EMT adopt a spindle shape with front-back polarity (5). Mesenchymal-like cells that have undergone EMT lack the intricate network of tight, gap, and adherens junctions characteristic of epithelial cells, thereby enabling migratory independence. EMT is triggered by a diverse set of signaling molecules, which induce several parallel pathways that culminate in the expression of EMT-associated genes (6). Many EMT-associated genes are transcription factors (TFs), including the six master EMT regulators Twist1/2, Snail1/2, and Zeb1/2, which serve as transcriptional activators and/or repressors of the downstream genes that produce an EMT phenotype (7).

Elizabeth "Betty" Hay first described an EMT-like process in 1968 while observing neural crest migration in chick embryo models (8, 9). Hay also demonstrated that cultured chick epithelial cells suspended in a collagen gel were capable of migrating through the collagen matrix both individually and collectively. Studies in Drosophila revealed that an EMT-like program directed by Twist and Snail mediates embryo dorsoventral polarity (10). Later research showed that EMT also enables other embryologic processes including gastrulation and neural crest migration (11). Additionally, EMT plays a role in wound healing. After an epithelial insult, cells at the wound's edge undergo EMT and migrate into the damaged extracellular matrix (ECM) (12). The migrating cells then undergo MET and restore normal epithelial architecture within the healing wound. In cancer, EMT may become aberrantly reactivated during tumorigenesis (13). Recent research efforts heavily emphasize EMT as a key driver of solid tumor invasion and metastasis. Thus, EMT and its various intermediate states in this context will be the central focus of this review.

### **EMT as a spectrum of hybrid epithelial-mesenchymal states**

Early investigations characterized EMT as a sharp transition or switch between two binary states. Key epithelial or mesenchymal genes were used as markers of either purely mesenchymal or purely epithelial states, with little attention given to the simultaneous co-expression of both gene types. It is now clear, however, that EMT manifests as a spectrum rather than a switch, and that this spectrum is comprised of several intermediate

cell states — collectively termed hybrid epithelial-mesenchymal (hybrid E/M) states (2, 14). Hybrid E/M cells express both epithelial markers (E-cadherin, cytokeratins, claudins, occludins) and mesenchymal markers (N-cadherin, vimentin, fibronectins), and they may display phenotypic characteristics of both cell types (Figure 1). Although there are no standardized biomarkers of hybrid E/M states, analysis of cancer cell lines and patient tumors have demonstrated that cells co-expressing epithelial and mesenchymal genes form the bulk of cells on this spectrum, rather than pure mesenchymal cells (15-17). Importantly, hybrid E/M states are highly plastic and are not fixed in time. Instead, cells transition along the epithelial-mesenchymal axis through a set of intermediate, meta-stable states. "Early" (or more epithelial) hybrid E/M states have a propensity to either revert to an epithelial state or, less commonly, a more mesenchymal-like hybrid E/M state. "Late" hybrid E/M states display the most plasticity and frequently interchange. However, late hybrid E/M cells may also become fully mesenchymal, where they likely remain relatively stable (14). The details of these intermediate states, including their predisposition to metastasize, and their potentially diverse characteristics across different cancers are a major focus of current EMT-related studies (14, 18).

#### **Hybrid E/M states in cancer**

EMT was first linked to cancer in 1990 when fibroblast growth factor 1 (FGF1) was shown to induce mesenchymal transformation and migration in a rat bladder carcinoma cell line (19). Later studies linked the loss of the adherens junction component E-cadherin to an increased migratory potential, thus prompting investigations into EMT as a driver of tumor invasion and metastasis (20, 21). Additional studies have also implicated various TFs and other hybrid E/M-associated factors in driving the metastatic cascade (22, 23). In patients, tumor mesenchymal gene expression is negatively associated with survival, and correlates with a higher burden of metastatic disease across many cancers (24-29), thus providing additional evidence that EMT drives patient outcomes.

In mouse models, hybrid E/M cells contribute to metastasis while fully mesenchymal cells fail to or rarely establish metastatic colonies (14, 30). Currently, hybrid E/M states are considered the primary drivers of invasion and metastasis over purely mesenchymal cells because hybrid E/M cells demonstrate both epithelial and mesenchymal characteristics, thus enabling them to migrate and travel distantly (mesenchymal phenotypes) but also effectively anchor into and colonize metastatic sites (epithelial phenotypes). For example, hybrid E/M cells invade collectively with some cell-cell junctions still intact, forming tumor projections locally or clusters of circulating tumor cells in blood vessels (31). The collective migration of hybrid E/M cells may give them strength in numbers, thus potentiating their ability to metastasize and subsequently proliferate.

Many genes in the hybrid E/M signature have well-described roles in promoting cell migration. Notably, the matrix metalloproteinases (MMPs) MMP9 and MMP11 are significantly upregulated in cells exhibiting hybrid E/M states (32, 33). MMPs are secreted from malignant cells and cause degradation of the ECM through their collagenase and gelatinase functions, thus promoting cell invasion through dense ECM networks such as basement membranes. Integrins, another group of hybrid E/M effectors, anchor intracellular

actomyosin filaments to the ECM and provide the traction necessary for cell migration (34). VIM, which encodes the type III intermediate filament vimentin, is also upregulated in hybrid E/M states and stiffens migrating cells, which produces the structural support necessary for cells to elongate and migrate through tight spaces (35).

During the metastatic cascade, hybrid E/M cells break away from the primary tumor and migrate into local structures, including nearby lymphatic channels, nerves, and blood vessels (36). Cells then travel either independently or in platelet-coated circulating tumor cell (CTC) clusters to distant organs, where they extravasate and migrate into the ECM. A subpopulation of cells may then become more epithelial-like in order to regain their stable cell-cell junctions and proliferative capacity, thus enabling them to anchor at the seeding site, proliferate, and eventually form a stable metastasis (Figure 2).

### **The hybrid E/M master transcription factors**

The hybrid E/M program is driven primarily by the hybrid E/M master TFs: Snail1/2, Twist1/2, and Zeb1/2. Although these TFs play a crucial role in normal development, once cells have differentiated, hybrid E/M TFs become silenced (37). However, during neoplastic transformation, hybrid E/M TFs can become reactivated and orchestrate malignant cell invasion and migration (22).

Snail1 and Snail2 function primarily as transcriptional repressors that bind the proximal promoter regions of their downstream genes (38). They then associate with repressive complexes, allowing for the transcriptional silencing of their target genes (39). In general, Snail1 and Snail2 block the cell cycle, inhibit apoptosis, and contribute to cell motility through their downstream targets (40). Notably, both Snail1 and Snail2 bind to the promoter of CDH1, as well as other epithelial genes, serving as potent repressors of their expression (39). Conversely, Snail1 and Snail2 can act as transcriptional activators of vimentin and other mesenchymal state-associated genes, thus orchestrating the progression across the hybrid E/M spectrum (41).  $SNAII/2$  genes are induced primarily by transforming growth factor β (TGF-β) signaling, although endothelial growth factor (EGF) and bone morphogenic protein 4 (BMP4) also contribute to their expression (42). Their posttranslational activity is stabilized by TNF-α through the nuclear factor kappa B (NF-kB) pathway, suggesting a role for inflammatory cytokines in promoting hybrid E/M states (43).

The hybrid E/M TFs Twist1 and Twist2 are members of the basic helix-loop-helix (bHLH) family of TFs. Twist1/2 interact with both activating and repressive complexes and thus may upregulate or downregulate their transcriptional targets (44). For example, in hybrid E/M cells, Twist1 silences *CDH1* while simultaneously upregulating *CDH2*, which encodes Ncadherin, a transmembrane protein that plays a crucial role in transendothelial migration and metastasis (45). TWIST1/2 genes become activated by TGF-β, Wnt, and NFkB signaling. Once expressed, Twist1/2 proteins can become diacetylated at coupled lysine residues, which allows them to form complexes with various coactivators, causing upregulation of their downstream genes (46).

Zeb1/2 function as transcriptional activators and repressors depending on the gene and tissue context (47). In their activating mode, Zeb1/2 associate with the p300/CPB-associated factor

(PCAF), which promotes the expression of downstream genes through its acetyltransferase activity (48). In contrast, Zeb1/2 also promote transcriptional repression by interacting with C-terminal binding protein 1 (CtBP1) and the Switch/Sucrose Non-Fermentable (SWI/SNF) associated protein BRG1, which may expose chromatin for Zeb1/2-directed silencing (49). Similar to the TWIST family, Zeb1/2 upregulate mesenchymal genes (VIM, CDH2, FN1), and downregulate epithelial genes (CDH1, occludins, claudins, cytokeratins)(47). ZEB1/2 become upregulated by processes associated with hybrid E/M states, including TGF-β and Wnt/β-catenin signaling, NFkB activity, and hypoxia (50). Interestingly, ZEB1 expression is tightly controlled by both Snail1 and Twist1, suggesting a cooperative feedback loop between the hybrid E/M master TFs (51).

Together, the hybrid E/M master TFs coordinate the expression of downstream mesenchymal and epithelial genes in order to orchestrate cell migration and invasion. Expression levels of the hybrid E/M master TFs is associated with worse survival and adverse clinical features in cancer patients, including local invasion and distant metastasis (52-56). In order to trigger gene expression changes, the hybrid E/M TFs must interact with the cell's epigenetic machinery to modulate chromatin states. The following section focuses on how both hybrid E/M TFs and pro-epithelial factors recruit general epigenetic effectors in order to promote or inhibit hybrid E/M states.

### **HISTONE MODIFICATIONS IN HYBRID E/M STATES**

In eukaryotes, histones tightly wrap DNA in order to maintain genomic integrity and to regulate gene expression. The combined DNA-histone structure, the nucleosome, forms the fundamental structural subunit of chromatin, which can generally be found in two states: heterochromatin and euchromatin. Heterochromatin is transcriptionally silent since its condensed structure renders it largely inaccessible to DNA binding proteins. Conversely, euchromatin is less compact and therefore more accessible to transcriptional activators. These chromatin states are, at least in part, regulated by post-translational modifications of the N-terminal tails of the core histone proteins (57). The effectors involved in these processes are divided into three groups: those that modify histones (writers), those that remove modifications (erasers), and those that carry out the function of histone modifications (readers) (58). Additionally, a group of protein complexes known as chromatin remodelers play a crucial role in nucleosome restructuring, movement, and ejection (59). The manipulation of nucleosomes by chromatin remodelers can shield or expose DNA and therefore alter the expression of their target genes. The notable histonemodification effectors in hybrid E/M and their functions are summarized in Figure 3.

### **Histone modification writers in hybrid E/M**

The histone-modification writers can be divided into two broad groups: Methylation and acetylation writers. In general, the histone methylation writers can deposit repressive or permissive methylation marks on their target histones. Thus, histone methylation can be a marker of suppressed or active transcription of nearby genes. In contrast, the histone marks left by the acetylation writers are universally associated with the activation of transcription.

The roles of methylation and acetylation writers in hybrid E/M state regulation are listed in Table 1, with some notable examples described below (39, 60-84).

The histone lysine methyltransferases (KMTs) catalyze the transfer of up to three methyl groups to histone lysine residues, which can repress or permit transcription of nearby genes. (85). Notably, the polycomb repressive complex 2 (PRC2) is an important mediator of repressive histone methylation through its KMT subunits enhancer of zeste 1 polycomb repressive complex 2 (EZH1) and EZH2, which catalyze H3K27 methylation at sites across the genome (86). Arginine residues can also become methylated by protein arginine methyltransferases (PRMTs) (87). Like lysine methylation, arginine methylation can be transcriptionally repressive or permissive.

In hybrid E/M, studies have focused mostly on repressive methylation writers—namely through their interaction with the major hybrid E/M TFs (88). EZH2 of the PRC2 complex has been implicated as an essential driver of hybrid E/M states through its ability to bind Snai1/2 and Twist1, which guide PRC2 to epithelial gene promoter regions (39, 61-63). Here, EZH2 catalyzes repressive histone methylation of several epithelial genes, including CDH1 and the pro-epithelial TF  $SOX2(18, 60, 89)$ . However, EZH2 and PRC2 have also been described as key guardians of the epithelial state by silencing mesenchymal genes (64). EZH2 binds to and downregulates ZEB2, SNAI2, MMP2, ITGB3, and other key effectors of hybrid E/M state regulation (65). Therefore, inhibition of EZH2 can also induce hybrid E/M states in some cancers (18, 63). Together, the seemingly contradictory stimulation and abrogation of hybrid E/M by EZH2 and PRC2 highlight the complex, context-dependent nature of epigenetic cell-state regulation.

Another group of histone writers involved in regulating hybrid E/M states is the histone acetyltransferases (HATs). P300/CBP are two notable and closely related HATs that upregulate thousands of genes in the human genome. Studies have generally characterized P300/CBP as drivers of hybrid E/M states, with P300 expression levels generally correlating with mesenchymal gene expression (79). CBP may induce hybrid E/M states through its modulation of TGF-β/Wnt signaling crosstalk, which is a critical induction pathway for hybrid E/M (80). Additionally, the inhibition of P300 is associated with a shift toward epithelial-like hybrid E/M states. Under non-hybrid E/M conditions, GRHL2, an important pro-epithelial TF, prevents transactivation of P300, which in turn prevents P300-mediated upregulation of several hybrid E/M markers, including MMPs, fibronectin, and *ZEB1* (81).

### **Histone modification erasers in hybrid E/M**

The histone modification erasers are responsible for removing the marks left by histone modification writers. Both histone demethylases (HDMs) and histone deacetylases (HDACs) play important roles in hybrid E/M, and their functions are summarized in Table 2.

The histone demethylase LSD1 exhibits opposing functions in hybrid E/M. When bound to Snail1, LSD1 removes activating H3K4 methylation marks from epithelial genes, including CDH1, CLDN7, and KRT8 (90, 91). LSD1 also becomes activated by EGFR signaling, a known stimulator of hybrid E/M, and facilitates EGFR-induced migration (92). However, when bound to the Mi-2/Nucleosome Remodeling Deacetylase (NuRD) repression complex,

LSD1 associates with histone de-acetylases and silences targets of TGF-β signaling, which inhibits hybrid E/M states and reduces tumor metastasis in vivo  $(93)$ . Thus, similar to other histone modifiers that associate with multiple complexes, LSD1 activity and its effect on hybrid E/M are highly context-specific (94).

Histone deacetylation is carried out by the histone deacetylases. HDACs play a role in repressing the expression of genes in acetylated genomic regions. Removal of acetyl groups increases the positive charge of histones and causes DNA to tighten its loops around nucleosomes. The HDAC1/2 de-acetylase complex, which modulates the expression of thousands of genes, is recruited to the CDH1 promoter by both Snail1 and Zeb1 (95, 96). Together, HDAC1 and HDAC2 serve as important silencers of epithelial genes during hybrid E/M transformation. HDAC1, but not HDAC2, may also be required for TGF-β-induced hybrid E/M gene expression and invasion (97). When bound to the SMAR1 chromatin remodeling complex, HDAC1 is recruited to the SNAI2 promoter, where it de-acetylates histones and represses SNAI2 expression, thus dampening hybrid E/M states (98).

The combined nucleosome remodeling and de-acetylase NuRD complex similarly exhibits opposing roles in hybrid E/M. The NuRD complex can be bound by Twist1 and recruited to the CDH1 promoter, thus silencing E-cadherin and promoting hybrid E/M states (99). However, NuRD also interacts with the histone de-methylase LSD1 and silences targets of TGF-β-signaling, which inhibits hybrid E/M and decreases metastasis formation in vivo (93). The effects of two additional HDACs, SIRT1 and HDAC2, on hybrid E/M states are summarized in Table 2 (90-93, 95-108). Thus, similar to the histone de-methylases, HDACs exhibit both pro- and anti-hybrid E/M activity.

### **Histone modification readers in hybrid E/M**

While writers and erasers are the authors of histone marks, the histone-modification readers are the key effectors of those marks. These proteins recognize and bind to specific histone modifications to promote gene upregulation, gene silencing, or chromatin remodeling (109). Both histone methylation and histone acetylation readers contribute to hybrid E/M gene expression, and their roles are outlined in Table 3 (49, 108, 110-123).

The direct contribution of histone methylation readers to hybrid E/M states has not been extensively studied, and therefore represents a potential direction for future studies. However, one family of histone acetylation readers—the bromodomain and extraterminal domain (BET) family–has become a focus of many studies. The BET family proteins serve as docking sites for transcriptional co-activators as well as histone acetylation complexes in order to sustain gene expression and maintain open chromatin (124).

BRD4, the most extensively characterized BET protein, has been implicated in facilitating hybrid E/M gene expression. In prostate cancer, BRD4 was shown to bind to the enhancer and promoter regulatory units of SNAI1 and SNAI2, thus driving their expression and promoting hybrid E/M-associated invasive and migratory phenotypes (111). BRD4 inhibition abrogates TGF-β-induced hybrid E/M, suggesting that BRD4 is required for TGF $β$  signaling and its subsequent gene regulation changes (111, 112). BRD4 also contributes to hybrid E/M states through its protein-protein interaction with di-acetylated Twist1. Once

bound to Twist1, BRD4 potently upregulates Twist1 targets, including key mesenchymal genes and WNT5A, an important inducer of hybrid E/M cell states (113-115).

#### **Chromatin remodelers in hybrid E/M**

The chromatin remodeling complexes are responsible for moving, ejecting, or restructuring tightly wound nucleosomes (125). Chromatin remodeling activity is indispensable for normal physiologic gene expression as well as changes in cells state in response to external stimuli (126). In eukaryotes, the SWI/SNF and NuRD complexes are the most well-studied complexes to date. In general, the SWI/SNF complex disrupts the equal spacing between nucleosomes, which allows for upregulation of newly exposed genes. Conversely, the NuRD complex simultaneously restructures chromatin and de-acetylates histones in order to downregulate its target genes. The SWI/SNF and NuRD complexes can promote or inhibit hybrid E/M depending on context-specific factors and the co-activators they associate with. Their effects are summarized In Table 3.

The SWI/SNF complex plays a central role in mediating hybrid E/M gene expression changes. Zeb1 binds the SWI/SNF subunit BRG1 and recruits it to Zeb1 target sites. BRG1 is then required for Zeb1-mediated gene silencing, particularly at the CDH1 promoter. BRG1 (SMARCA4) expression levels are associated with pro-hybrid E/M gene expression changes and poor clinical outcomes in several cancers, including colorectal cancer and prostate cancer (49, 117, 118). Interestingly, however, loss of the SWI/SNF subunit ARID1A (which is commonly mutated in numerous cancers), is associated with increased hybrid E/M gene expression, suggesting that the SWI/SNF complex may also play a role in blocking hybrid E/M states (119).

The chromatin remodeling function of the NuRD complex also exhibits pro- and anti-hybrid E/M activity. The NuRD complex binds Snail1, Zeb1, and Twist1 and is recruited to several epithelial-related gene promoters, including CDH1 (99, 120, 121, 127). Emerging evidence also suggests that NuRD can assume an anti-hybrid E/M role by evicting SWI/SNF from the promoters of hybrid E/M master TF genes, thus silencing their expression and abrogating hybrid E/M states (123). Therefore, like the SWI/SNF complex, the NuRD complex can promote or inhibit hybrid E/M depending on context-specific factors and the co-activators it associates with.

In summary, the effectors of histone modifications contribute to both pro-hybrid E/M and pro-epithelial processes. The transition from epithelial to hybrid E/M states likely relies on the transcriptional changes induced by epigenetic writers and erasers. Once in hybrid E/M states, cells may modulate their expression of both epithelial and mesenchymal genes to progress along the epithelial-mesenchymal axis. Additionally, the sustained activity of histone modification readers likely stabilizes transcription in order to maintain the intermediate hybrid E/M states that drive tumor invasion and metastasis. Ultimately, the cells that reach a full mesenchymal state must exhibit a near-complete silencing of epithelial genes (Figure 4).

# **DNA METHYLATION AS AN ADDITIONAL REGULATORY MECHANISM IN HYBRID E/M**

DNA methylation is an additional epigenetic process that influences gene expression and cell differentiation. The DNA methyltransferase (DNMT) family of enzymes primarily methylates cytosines within CpG dinucleotides (128). DNMT1 maintains CpG methylation of newly synthesized DNA whereas the de novo methyltransferases, DNMT3A and DNMT3B, are primarily responsible for modifying unmethylated cytosines at CpG sites (129, 130). Generally, DNA methylation of promoters silences gene expression (128). Conversely, DNA de-methylation is facilitated by the ten-eleven translocation (TET) family of enzymes. In combination with DNA base excision repair mechanisms, TET enzymes restore an unmethylated cytosine residue to the sequence. Both DNMTs and TETs have been implicated in many human disease processes (131-133). In cancer, global DNA hypomethylation of tumors was observed decades ago (134). Today, it is well-established that aberrant DNA methylation is a hallmark of many tumor types, whereby certain genes are abnormally silenced or expressed (1, 135). The roles of DNMTs and TET enzymes in hybrid E/M are summarized in Table 4 (83, 121, 136-139).

Under hybrid E/M conditions, DNMTs generally silence epithelial genes. DNMT1 in particular has demonstrated an important role in driving hybrid E/M states thorough its interaction with Snail1/2 (136, 137). In parallel, TET hydroxylases, which remove repressive DNA methylation marks, become transcriptionally silenced by hybrid E/M signaling pathways (139). Interestingly, DNMT inhibition shows mixed results with regard to hybrid E/M. Pan-DNMT inhibition prevents TGF-β-induced hybrid E/M gene expression and metastatic phenotypes in ovarian and prostate cancer cells (137, 140). However, in lung adenocarcinoma cells, the DNMT inhibitor decitabine blocks hybrid E/M in one cell line but not in the other (138).

Generally, the TET2 and TET3 hydroxylases counteract hybrid E/M states by removing methylation marks on epithelial genes in order to maintain their active transcription. However, hybrid E/M-associated signaling pathways, including TGF-β-signaling, recruit DNMT3A and the NuRD complex to the TET2 and TET3 promoters, silencing their expression and thus exposing epithelial genes for epigenetic silencing (121, 139).

# **FUTURE CHALLENGES AND STRATEGIES FOR TARGETING EPIGENETIC REGULATORS OF HYBRID E/M**

Clinical targeting of hybrid E/M cell states has garnered interest as a way to reduce the burden of metastasis in cancer patients (3). However, inhibiting hybrid E/M states with epigenetic drugs has proven challenging for two key reasons. Firstly, the redundant activities of epigenetic complexes makes targeting specific epigenetic events difficult. For example, the silencing of CDH1 in hybrid E/M cell states is accomplished by the coordination of DNMTs, histone methyltransferases, and HDACs. Therefore, upon inhibition of one of these epigenetic proteins, other silencers may increase their activity and overcome the effects of the drug. Similarly, closely related epigenetic proteins can compensate for each other when

one is inhibited. For example, the effect of EZH2 inhibitors is partially reduced by the compensation of EZH1, which can assume the place of EZH2 in the PRC2 complex and fulfill many of its oncogenic roles (141).

Secondly, many epigenetic complexes play seemingly simultaneous pro-epithelial and prohybrid E/M roles in the same cells. Given that epigenetic complexes like PRC2 and SWI/SNF carry out their functions across the entire genome, they should be viewed as mediators rather than direct drivers of hybrid E/M gene expression. For example, because gene silencing is crucial for both pro-epithelial and pro-hybrid E/M cell state changes, it follows that PRC2—which is indispensable for genome-wide epigenetic silencing—would play an important role in silencing both epithelial and hybrid E/M genes. Thus, inhibiting these master regulators of transcription is likely to produce broad, global effects rather than hybrid E/M-specific effects.

To overcome the redundant activities of epigenetic complexes, further attention should be directed to combinations of epigenetic therapies that produce larger and more durable transcriptional responses. For example, if targeting epithelial gene silencing in hybrid E/M cells, one might consider combining a DNMT inhibitor with HDAC or histone methyltransferase inhibitors. This approach might help to reduce the likelihood of the development of drug resistance, as it targets two independent but related epigenetic processes. Thus, further studies are needed to determine the most effective combination therapies for targeting hybrid E/M and cancer more broadly.

In order to surmount the challenges presented by the simultaneous pro-hybrid E/M and pro-epithelial functions of many epigenetic complexes, future research efforts should aim to understand the cellular contexts that influence the activity of epigenetic complexes. The rapid advancement of single cell genomics has enabled the study of cell-type specific transcriptional activity, and will likely continue to grow as an indispensable tool to understand how epigenetic complexes function in hybrid E/M versus epithelial-like cells within the same tumor. The majority of existing literature exploring epigenetic regulation of hybrid E/M has been uncovered from bulk cell and tissue RNA samples, which may mask the heterogeneity of hybrid E/M states within cellular subpopulations (142). Thus, what may seem like simultaneous pro-hybrid E/M and pro-epithelial activity from the same epigenetic complex might actually be a collection of unique epigenetic activities stratified by different cell states (i.e. various meta-stable hybrid E/M states). A better understanding of the way cell-state context influences epigenetic complex activity is needed (143). Additionally, future studies should aim to elucidate targets that specifically inhibit pro-hybrid E/M epigenetic activity while permitting pro-epithelial activity. To this end, one approach might be the development of small molecule inhibitors that specifically target the interaction of hybrid E/M TFs with epigenetic complexes. Similarly, a better understanding of how the hybrid E/M TFs interact with transcriptional machinery and epigenetic complexes through deep mutational scanning or small molecule screening might uncover novel methods to target the master hybrid E/M TFs, which to-date have proven difficult to drug.

Finally, in order to successfully target hybrid E/M and metastasis in patients using epigenetic therapies, a better understanding of the intersection between hybrid E/M and its epigenetic

regulators with other relevant hallmarks of cancer—including metabolic reprogramming and immune evasion—is needed. For example, hybrid E/M cells have a unique susceptibility to fatty acid receptor inhibitors because of their dependence on lipid metabolism for energy (144). Because epigenetic complexes likely play a role in generating this fatty acid-dependent cell state, they might serve as adjunctive therapy targets to either maximize the effect of metabolic inhibitors or perhaps to reduce the likelihood of adaptive resistance development. Similarly, hybrid E/M cells exhibit a unique ability to both evade and suppress anti-tumor immunity, and they contribute significantly to immune checkpoint blockade (ICB) resistance in tumor mouse models (145, 146). Future investigations might explore the ways that epigenetic complexes are recruited by hybrid E/M TFs to induce ICB resistance, which may occur through several mechanisms including the repression of genes related to antigen presentation and the silencing of potentially immunogenic somatic mutations scattered across the genomes of malignant cells. Many additional examples of the intersectionality between hybrid E/M cell states and other hallmarks of cancer remain to be uncovered. Therefore, future hybrid E/M research should focus on multidisciplinary topics that allow for a more comprehensive understanding of how hybrid E/M cell states affect tumor biology, therapy response and resistance, and ultimately patient outcomes.

# **CONCLUSION**

Invasion and metastasis of solid tumors remains a leading cause of cancer-related death. While countless studies have revealed the epigenetic regulators of hybrid E/M states, to date there are no known therapies that abrogate hybrid E/M and its associated phenotypes in patients. Specific epigenetic regulators and complexes often play opposing roles in promoting and inhibiting hybrid E/M states. Additionally, the gene expression changes associated with hybrid E/M states, such as the silencing of E-cadherin, are the result of redundant and overlapping epigenetic mechanisms. Therefore, future efforts to leverage epigenetic inhibitors as suppressors of hybrid E/M states must focus on potential combination therapies or inhibitors of specific, pro-hybrid E/M protein-protein interactions. Additionally, a better appreciation of the intersection of hybrid E/M and its epigenetic regulators with other hallmarks of cancer might uncover novel therapeutic avenues that lead to more effective and less toxic treatments for cancer patients in the future.

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## **DATA AVAILABILITY STATEMENT**

There is no relevant primary data for this publication.

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### **Figure 1. Hybrid E/M states are plastic and phenotypically heterogeneous.**

Representative model of hybrid E/M states. Early and late hybrid E/M states display the most plasticity, while mesenchymal and epithelial cells remain relatively stable. Invasiveness is highest in the mesenchymal population. Early hybrid E/M and late hybrid E/M cells likely exhibit the greatest metastatic potential. Hybrid E/M states show simultaneous expression of epithelial and mesenchymal genes. See also: Pastushenko et al. (14), Nieto et al. (2).



### **Figure 2. Hybrid E/M states contribute uniquely to invasion and metastasis.**

Both hybrid E/M and mesenchymal cells are able to invade through the extracellular matrix, however the hybrid E/M cells are most likely to seed at a metastatic site. Restoration of epithelial identity in a population of these cells allows for secondary tumor establishment and growth.



**Figure 3. Key players in histone-modification biology that contribute to hybrid E/M states.** The histone writers, readers, and erasers modify and carry out functions of covalent histone modifications. The histone remodelers can shift or eject nucleosomes in order to modulate the expression of nearby genes. The listed proteins are those that have been shown to play a role in modulating hybrid E/M states.



**Figure 4. Model of the contribution of histone modifications to hybrid E/M state plasticity.**

In epithelial cell states, epithelial genes are active and mesenchymal genes are generally silent. Histone modification readers remain bound and maintain open or closed chromatin to stabilize the epithelial state. Additionally, pro-epithelial TFs remain active at epithelial gene promoters. During hybrid E/M induction and in hybrid E/M states, histone writers and erasers silence epithelial genes and de-repress mesenchymal genes in conjunction with promesenchymal TFs. The hybrid E/M states are heterogeneous and highly plastic. In the fully mesenchymal state, histone modification readers maintain open chromatin at mesenchymal genes and closed chromatin at epithelial genes, thus contributing to the relative stability of this state.

### **Table 1.**

Histone modification writers broadly exhibit pro-hybrid E/M activity.



### **Table 2.**

Histone modification erasers contribute to both pro-hybrid E/M and pro-epithelial processes.



### **Table 3.**

Histone modification readers largely exhibit pro-hybrid E/M activity while the chromatin remodelers display opposing functions.



### **Table 4.**

DNA methylation contributes to both hybrid E/M and epithelial state maintenance.

