1

### Integration of 168,000 samples reveals global patterns of the human gut microbiome

Richard J. Abdill<sup>1†</sup>, Samantha P. Graham<sup>2†</sup>, Vincent Rubinetti<sup>3,4</sup>, Frank W. Albert<sup>2</sup>, Casey S. Greene<sup>3,4</sup>, Sean Davis<sup>3,4</sup>, Ran Blekhman<sup>1\*</sup>

5 1 - Section of Genetic Medicine, Department of Medicine, University of Chicago, Chicago, Illinois, USA

6 2 - Department of Genetics, Cell Biology, and Development, University of Minnesota, Minneapolis, Minnesota, USA

7 3 - Department of Biomedical Informatics, University of Colorado School of Medicine, Aurora, CO, USA

8 4 - Center for Health Artificial Intelligence (CHAI), University of Colorado School of Medicine, Aurora, CO, USA

9 † - These authors contributed equally

10 \* - Lead contact; correspondence to blekhman@uchicago.edu

# Abstract

1

2

3

4

Understanding the factors that shape variation in the human microbiome is a major goal of 12 research in biology. While other genomics fields have used large, pre-compiled compendia to 13 extract systematic insights requiring otherwise impractical sample sizes, there has been no 14 comparable resource for the 16S rRNA sequencing data commonly used to quantify microbiome 15 composition. To help close this gap, we have assembled a set of 168,484 publicly available 16 human gut microbiome samples, processed with a single pipeline and combined into the largest 17 unified microbiome dataset to date. We use this resource, which is freely available at 18 microbiomap.org, to shed light on global variation in the human gut microbiome. We find that 19 Firmicutes, particularly Bacilli and Clostridia, are almost universally present in the human gut. At 20 the same time, the relative abundance of the 65 most common microbial genera differ between 21 at least two world regions. We also show that gut microbiomes in undersampled world regions, 22 such as Central and Southern Asia, differ significantly from the more thoroughly characterized 23 microbiomes of Europe and Northern America. Moreover, humans in these overlooked regions 24 likely harbor hundreds of taxa that have not yet been discovered due to this undersampling, 25 highlighting the need for diversity in microbiome studies. We anticipate that this new compendium 26 can serve the community and enable advanced applied and methodological research. 27

### 28 Keywords

29 gut microbiome, global variation, 16S amplicon sequencing, compendium, atlas

Global patterns of the human gut microbiome

## <sup>30</sup> Introduction

The human microbiome is an important factor in understanding health and disease. Systematic 31 differences are observed between the composition of the microbiome in healthy individuals and 32 those with microbiota-linked conditions such as colorectal cancer<sup>1-3</sup> and inflammatory bowel 33 disease.<sup>4</sup> Thus, understanding and quantifying the determinants of variation in the microbiome 34 has been a major goal of microbiome research. Studies have shown that this variation is driven 35 by a variety of factors, including host genetics<sup>5</sup> and ethnicity.<sup>6–8</sup> While it is difficult to account for 36 each of these factors individually, many are tied to geographic region. For example, dietary fiber 37 and the consumption of processed foods varies between countries,9 as does the use of 38 antibiotics,<sup>10</sup> both of which are known to impact gut microbiota. Microbiome composition links 39 location, culture and human health, a dynamic that can be observed in the compositional shifts 40 experienced by individuals immigrating to the United States from Thailand,<sup>11,12</sup> Latin America and 41 Korea.<sup>13</sup> 42

Despite the importance of understanding microbiome variation between world regions. cultures. 43 and social groups.<sup>14–17</sup> many populations are practically excluded from the microbiome literature: 44 In our previous work, we demonstrated that high-income countries, such as the United States, 45 are dramatically overrepresented in public databases, while others, such as countries in eastern 46 Asia, are under-sampled compared to their population.<sup>18</sup> As with genome-wide association 47 studies,<sup>19</sup> a limited range of subjects raises the question of how broadly we can apply the known 48 links between the microbiome and human health.<sup>20,21</sup> The large number of publicly available 49 microbiome datasets could be useful in quantifying differences between the most thoroughly 50 studied world regions and those that are still comparatively uncharacterized. 51

In an environment as noisy and complex as the human gut, gaps in knowledge may be difficult to detect, and important patterns may only become apparent after collecting thousands or tens of thousands of samples. Large compendia such as ReCount<sup>22,23</sup> that have been developed for transcriptomic analysis have revealed strain-level differences in complex microbial gene expression patterns<sup>24</sup> and human gene expression modules that can be used to enhance transcriptome-wide association studies.<sup>25</sup> The human microbiome field does not have a comparable resource.

To mitigate this gap in the bioinformatic capabilities of the field, we present here the Human Microbiome Compendium, a novel collection of more than 168,000 publicly available human gut microbiome samples from 68 countries. All samples were reprocessed using state-of-the-art tools and combined into a single dataset that we have made available in multiple formats, including the MicroBioMap R Bioconductor package and a website at microbiomap.org. We use this data to evaluate patterns in microbiome composition around the world and estimate the implications of gaps in our current knowledge of the human gut.

Global patterns of the human gut microbiome

## 66 Results

#### <sup>67</sup> Bacilli, Clostridia are universal constituents of the global human gut microbiome

To generate the Human Microbiome Compendium, we started with metadata for 245,627 samples 68 of 16S amplicon sequencing available in the BioSample database maintained by the U.S. National 69 Center for Biotechnology Information (NCBI) as of October 2021, limited to those submitted in the 70 "human gut metagenome" category and flagged with the "amplicon" library strategy. The samples 71 are organized into studies, as defined in the BioProject database; we processed each study 72 separately using a pipeline centered around the DADA2 software tool.<sup>26</sup> which generates a 73 "taxonomic table" for each BioProject in which each row is a sample and each column is a single 74 taxon. We elected conventional quality-control settings that should apply to the broadest number 75 of studies: removing reads shorter than 20 nucleotides, for example, and reads with any 76 ambiguous ("N") base calls (see Methods for a comprehensive description of the pipeline and 77 quality control). Briefly, studies for which paired-end reads could not be reliably merged were 78 reprocessed as single-end after discarding reverse reads. We removed BioProjects with an 79 elevated proportion of suspected chimeric reads, those for which taxonomic classification failed 80 (indicating reads were not generated by conventional amplicon sequencing), and BioProjects for 81 which the most abundant taxa were not bacterial, generally in studies focused on archaea or 82 fungi. We focused on Illumina-based assays and discarded BioProjects reporting instruments that 83 perform pyrosequencing or long-read sequencing. 84

To integrate the data across BioProjects, we processed and quantified each BioProject's amplicon 85 sequence variants (ASVs), each representing a single unique sequence observed in the samples 86 in the BioProject. Then, each ASV was classified as specifically as possible down to the genus 87 level. The final results quantified the number of reads in each sample that were assigned to each 88 taxon. We repeated this for the 482 BioProjects in the complete dataset, which resulted in a full 89 compendium of 168,484 samples from 68 nations, encompassing 5.57 terabases of sequencing 90 data processed using a uniform pipeline (Figure 1A). Finally, for further analyses, we created a 91 filtered compendium of 150,721 samples containing at least 10,000 reads each after excluding 92 rare taxa (see **Methods**), to filter out low-quality samples with insufficient data on composition 93 and microbes that are too rare to compare between BioProjects or world regions. The processed 94 data, the Human Microbiome Compendium, is freely available in multiple formats at 95 microbiomap.org (see Data Availability), where users can browse, visualize, filter, and download 96 the data and metadata. We also created an R package, microbiomap, to facilitate further analysis 97 of the Human Microbiome Compendium data (see Data Availability). Full documentation for the 98 dataset and R package, as well as tutorials and examples of how to integrate the data into one's 99 own work, is available at microbiomap.org. 100

The median sample contained 40,830 reads, after trimming, quality filtering, and merging of paired
 reads, and 90.4 percent of samples had fewer than 150,000 reads (Figure 1B). As observed even
 in early sequencing assays of the human gut microbiome,<sup>27</sup> we find the Firmicutes phylum is by
 far the most prevalent (Supplementary Figure 1), found in 150,540 of 150,721 samples (99.9)

Global patterns of the human gut microbiome

percent), followed by Proteobacteria (144,489 samples; 95.9%), Actinobacteria (141,191
 samples; 93.7%) and Bacteroidetes (136,984 samples; 90.9%), before a sharp drop-off to phyla
 such as Desulfobacterota and Verrucomicrobia (Figure 1C). Firmicutes also contains three of the
 five most prevalent classes (Figure 1D) and five of the 10 most prevalent orders (Supplementary
 Table 1). The prevalence of the Bacteroidetes phylum, long a focus of analysis (e.g. ref<sup>28</sup>) is due
 almost entirely to the Bacteroidales order in our data (136,085 samples; 99.3 percent of
 Bacteroidetes-positive samples; Figure 1E), particularly the Bacteroidaceae family.

Visual inspection of the phylum-level relative abundances found in the compendium shows a 112 surprisingly uniform distribution for the abundance of Firmicutes (Figure 1G), which is in the top 113 two phyla of 137,091 samples (91.0 percent) and combines with Bacteroidetes, the fourth-most 114 prevalent phylum, to make up the majority of the reads classified in 51.0 percent of samples 115 (Supplementary Table 2). In samples with lower abundances of Firmicutes and Bacteroidetes, a 116 limited number of phyla take their place (Figure 1F; Supplementary Figure 2): Of the 73,859 117 samples in which at least one other phylum appears in the top two. Actinobacteria is a top-two 118 phylum in 52.1 percent of them, followed by Proteobacteria (46.2 percent). Of the 4,750 samples 119 for which neither Firmicutes nor Bacteroidetes is in the top two, Proteobacteria is in the top two 120 of 97.5 percent. We find the relative abundance distribution of Proteobacteria closely resembles 121 that of Actinobacteria, and that Desulfobacterota, despite being the fifth-most prevalent phylum 122 by appearing in 70,302 samples, is found at relative abundances lower than 1 percent in 88.8 123 percent of those samples (Figure 1G; Supplementary Figure 3). 124

We observed a wide range of alpha diversity (a measure of taxonomic richness within samples), 125 with a median Shannon diversity of 2.33 and values as high as 5.07 (Figure 1H), consistent with 126 ranges identified in previous meta-analyses of alpha diversity across multiple microbiome 127 studies.<sup>29,30</sup> To estimate the completeness of this census, we performed a sample-based 128 rarefaction analysis,<sup>31</sup> in which we selected random subsamples of different sizes without 129 replacement from the full compendium and evaluated the number of unique taxa observed in each 130 subsample (see Methods for details). The discovery rate for new taxa approached zero after 131 25,000 samples for all levels except genus, the most specific. Between subsamples of 150,000 132 samples and the full dataset of 168,484, we observed one new genus every 4831 samples 133 (Figure 1). This demonstrates that the compendium currently captures all but the rarest taxa in 134 the populations covered by the dataset, given the current distribution of reads per sample. Overall, 135 we find that there is broad variation in the composition of human gut samples (Figure 1F), but 136 within a limited selection of microbial taxa drawn mostly from the Firmicutes phylum (Figure 1E). 137

Global patterns of the human gut microbiome



**Figure 1. Overview of the Human Microbiome Compendium. (A)** A list of the general steps in the data pipeline and how many samples completed each step. See **Methods** for more details about each process. **(B)** A histogram illustrating the distribution of reads that were classified in each sample. The x-axis indicates the number of reads in a given sample, and the y-axis indicates the number of samples with that number of reads. **(C–E)** The most prevalent taxa observed in the compendium. The reads in each sample are assigned the most specific taxonomic name possible, down to the genus level. Each panel illustrates results when these assignments are consolidated at the three highest taxonomic levels; in each, the y-axis lists the 10 most prevalent taxa at that level, and the x-axis indicates the number of samples in which that taxon was observed at any level. Panel **C** indicates the most prevalent phyla, and the top five are each assigned a color. These colors are used in the remaining two panels to indicate the phylum of each taxon. Panel **D** indicates the most prevalent

Global patterns of the human gut microbiome

classes of bacteria observed in the dataset, and Panel E indicates the most prevalent orders. Lower 150 taxonomic orders are illustrated in Supplementary Figure 1. (F) A stacked bar plot illustrating the 151 relative abundance of 5000 randomly selected samples from the compendium. Each vertical bar 152 represents a single sample, and the colored sections each represent the relative abundance of a 153 154 single phylum in that sample. These bars use the same colors as panel C. The samples are sorted first by the most abundant phylum's identity, followed by the second-most abundant phylum's identity, 155 followed by the combined relative abundance of these two taxa. For example, the first group on the 156 left is made up of samples in which Firmicutes was the most abundant phylum and Proteobacteria 157 was the second-most abundant. Next is samples in which Firmicutes was most abundant and 158 Actinobacteria was second-most prevalent, and so on. Another version of this figure, sorted by 159 Firmicutes relative abundance, is available as Supplementary Figure 2. (G) A density plot illustrating 160 the relative abundance of phyla across the compendium. Each line represents one of the five most 161 prevalent phyla in the dataset, using the same colors as panel B. The gray line indicates all other 162 phyla. The x-axis indicates the relative abundance of a given phylum in a single sample, and the y-163 axis indicates how many samples were observed to have that abundance of the given taxon. A 164 version of this figure using a linear y-axis is available as Supplementary Figure 3. (H) A histogram 165 illustrating the distribution of Shannon diversity observed in the compendium. The x-axis indicates a 166 167 given sample's alpha diversity, as measured by Shannon Diversity Index. The y-axis indicates the number of samples that were observed to have that score. (I) The results of a rarefaction analysis in 168 which a simulated compendium of various sizes was generated repeatedly and evaluated for 169 taxonomic richness. The x-axis indicates the number of microbiome samples in the simulated 170 compendium, and the y-axis indicates the number of unique taxa were observed in that simulation. 171 Each line indicates the number of observed taxa at successively specific taxonomic levels. 172

#### 173 World regions harbor unique microbiome signatures

Though much of the public metadata available for BioSamples is inconsistently reported <sup>32</sup>, the 174 "geo loc name" identifier was available for 92.4 percent of samples in the filtered compendium. 175 This field provides general information about where a sample was collected, and in most cases 176 directly specifies the country of origin. We manually reviewed all 455 unique "geo loc name" 177 values (Supplementary Table 3) and associated each with a standardized list of countries (see 178 Methods): we then consolidated all of these countries into eight world regions defined by the 179 United Nations Sustainable Development Goals (SDG) program (Figure 2A). As in previous 180 work,<sup>18</sup> we found that the majority of samples were from Europe and Northern America (91,144 181 samples; 60.5 percent), with the Eastern and South-Eastern Asia region a distant second at 182 17,086 samples (11.3 percent; Figure 2B). Sub-Saharan Africa was the third-most represented 183 (5538 samples; 3.7 percent), followed closely by Central and Southern Asia (5046 samples; 3.4 184 percent). 185

We observed the highest alpha diversity among the 1195 samples from Latin America and the 186 Caribbean, with a median Shannon index of 2.90 (Figure 2C). Samples from Central and 187 Southern Asia exhibited the lowest average diversity (median Shannon index=1.55), though it's 188 possible we are underestimating the diversity of under-studied world regions because of gaps in 189 reference databases used for taxonomic assignment (see **Discussion**). Pairwise comparisons 190 show significant differences in alpha diversity between all world regions (Wilcoxon rank-sum test, 191  $q < 10^{-4}$ ; Supplementary Table 4) except for Australia/New Zealand, which was not significantly 192 different from Sub-Saharan Africa (q=0.61). We also reconsidered this analysis because of 193 differences in read depth between regions: The Australia/New Zealand region had the lowest 194

Global patterns of the human gut microbiome

7

median reads per sample (30,415 reads; Figure 2D), compared to the average of 98,641 reads
 from the most deeply sequenced samples of Latin America and the Caribbean. To account for
 this, we performed a rarefaction analysis (see Methods) that allowed us to determine an average
 Shannon diversity while controlling for both reads per sample and samples per region
 (Supplementary Figure 5); the mean Shannon diversity was reduced slightly in all regions, as
 expected because of lower read counts, but none of the means differed by more than 0.2 percent
 (Supplementary Table 5).

To explore differences in microbiome composition across world regions, we used principal 202 coordinates analysis (PCoA) for visualization of the dataset (Figure 2E; see Methods). We 203 plotted the samples from each region on the same axes calculated for the dataset as a whole, 204 allowing for direct comparison between groups along two dimensions that together account for 205 44.9 percent of variation (Supplementary Figure 6). Though this approach meant the analysis was 206 heavily weighted in favor of variance observed in Europe and Northern America, using these axes 207 helps to illustrate whether samples from the rest of the world differ from those of the most 208 thoroughly characterized region. Even in these two dimensions, we observe systematic 209 differences between world regions-some, such as Australia/New Zealand, appear to cluster in 210 subsets of the main areas occupied by Europe and Northern America, but others, such as Latin 211 America and the Caribbean, occupy areas of the projected space that are far less commonly 212 observed elsewhere. This pattern continues when we evaluate more than the first two axes of 213 variation: We can observe large-scale regional differences in the distributions of the first four axes 214 (Figure 2F), and, using all eight axes extracted from the dataset (Supplementary Figures 7–13), 215 clusters defined by world region are much more compact and distinct than would be expected by 216 random (Davies-Bouldin index=6.93; p<4×10<sup>-6</sup>; Supplementary Figure 22). Though there is 217 substantial overlap between the world regions, unintuitive differences are apparent in the first two 218 axes. For example, the "hot spots" of Central and Southern Asia occupy a different space in the 219 ordination plots than the samples of Latin America and the Caribbean (Figure 2E), while the 220 samples of Europe and Northern America occupy a very similar area to the samples from Eastern 221 and South-Eastern Asia. Together, these results demonstrate a link between microbiome 222 composition and geography, even at this high level in which some regions encompass many 223 countries home to billions of people. 224

Global patterns of the human gut microbiome



225

226 Figure 2. Regional structure. (A) A map illustrating which areas were categorized into world regions. The colors here match those labeled in panel **B**. Oceania is represented here in orange, 227 though this region was excluded from these analyses because only four Oceanis samples 228 229 remained in the filtered dataset used here. (B) A bar plot illustrating the number of samples from each world region analyzed here. The x-axis illustrates total samples, and the y-axis lists all regions 230 231 evaluated. The colors used here are the same as those used in panel A. (C) A violin plot illustrating the distribution of observed Shannon index values assigned to samples from each world region. 232 233 The x-axis indicates the Shannon index value, as calculated using all unique taxonomic identifications in samples from each world region. Colors indicate the region (same as in A), and 234 the y-axis for each violin indicates the relative frequency with which diversity of a given magnitude 235 was observed. The vertical lines in each violin indicate the median value. The black points within 236 237 each violin indicate the mean Shannon diversity as determined by rarefaction analysis (see Methods). (D) A violin plot organized in the same manner as panel C, but the x-axis indicates 238 reads per sample. "Reads" in this case refers to merged reads that were included in the filtered 239 taxonomic table. (E) A series of plots illustrating the results of a principal coordinates analysis of 240 241 samples from all world regions. The top-left plot is a scatter plot in which each point is a single

Global patterns of the human gut microbiome

242	sample; the color indicates the sample's region, using the scheme described in panel <b>A</b> . The x-axis
243	is the first PCoA axis, which explains the most variation across the dataset; the y-axis is the PCoA
244	axis explaining the second-most variation. The seven other plots use the same axes, but each
245	includes only samples from a single world region. These plots use a heatmap design rather than a
246	scatter plot, to help evaluate areas with many overlapping points—yellow areas indicate portions of
247	the space with a higher concentration of samples, and dark blue areas indicate portions in which
248	few (but not zero) samples are found. The gray shadow indicates the area occupied by all points
249	from all world regions. (F) A series of density plots illustrating the distributions of the first four axes
250	of variation determined by the ordination analysis displayed in panel E. Each panel illustrates a
251	single factor; the x-axis indicates the value of that factor, and the y-axis indicates the relative
252	frequency of the value in the given world region.

#### <sup>253</sup> Uneven microbiome sampling leaves taxa undiscovered

To investigate microbiome diversity in world regions, we repeatedly subsampled each region and 254 identified the number of unique microbial taxa present in the selected microbiome samples 255 (Figure 3A; Supplementary Figures 14–17). For this analysis, we used all 4,018 taxa quantified 256 by the initial DADA2 assignment and all samples with a world region assignment. Notably, more 257 taxa are discovered in samples from Eastern and South-Eastern Asia than any other region, 258 despite having around 70,000 samples fewer than the largest region. Approximately 2.5 percent 259 of samples from Eastern and South-Eastern Asia contain more than 300 distinct taxa, but this 260 many taxa are found in only 0.05 percent of samples from Europe and Northern America. 3,662 261 of the 4,018 taxa are present in samples from Eastern and South-Eastern Asia; only 3,299 and 262 874 of these taxa are present in Europe and Northern America and Latin America and the 263 Caribbean, respectively. 264

We note that the rate of discovery drops for each world region after the first few thousand samples. On average, 371 more taxa were discovered in 2,000 samples from Eastern and South-Eastern Asia than in 1,000 samples, yet only 210 more taxa were found in 17,086 samples (all samples from the region) than in 10,000 samples in the same region, demonstrating the decline in discovery rate. This decline in discovery rate holds true for the most sampled region as well: 2,190 unique taxa were identified in the first 10,000 samples from Europe and Northern America, but the subsequent 81,144 samples uncovered only 1,109 new taxa.

The rate of discovery for Europe and Northern America falls below one new taxon per million 272 reads by the time 30,000 samples are assayed (Figure 3A inset), indicating the sequencing effort 273 required to identify new taxa in this region: when all samples from this region are included, the 274 discovery rate is a mere 0.39 taxa per million reads. By comparison, when including all samples 275 from Northern African and Western Asia, we continue to discover an average of 8.19 taxa per 276 million reads (Supplementary Figure 16). In Latin America and the Caribbean, the discovery rate 277 is 3.03 new taxa per million reads when all samples from the region are assayed. In fact, other 278 than Europe and Northern America, the lowest discovery rate observed is 2.58 taxa per million 279 reads, when all samples are assayed in Sub-Saharan Africa. The stark difference in discovery 280 rate between Europe and Northern America and that of the next-lowest region emphasizes the 281 unequal sampling between world regions, and the relatively high discovery rate in world regions 282

Global patterns of the human gut microbiome

other than Europe and Northern America indicates that many taxa may be uncovered with further
 sampling in underrepresented regions.

While the top phyla remain consistent across world regions, their abundance and prevalence differ 285 (Figure 3B; Supplementary Figures 18–19): In Europe and Northern America, the relative 286 abundance of Firmicutes is approximately uniformly distributed. In Sub-Saharan Africa, however, 287 the distribution of Firmicutes peaks at approximately 40 percent, with higher relative abundances 288 becoming less and less common. Samples in Northern Africa and Western Asia have nearly 289 identical distributions of Firmicutes and Bacteroidetes, though we do observe broad patterns of 290 diversity within world regions as well (Figure 3C). While Firmicutes is dominant in each region, 291 samples from Central and Southern Asia have higher relative abundances of Actinobacteria 292 (Wilcoxon test, p<2.2×10<sup>-16</sup> for Central and Southern Asia vs other) than the other regions, plus 293 correspondingly lower abundances of Bacteroides (Wilcoxon test, p<2.2×10<sup>-16</sup> for Central and 294 Southern Asia vs other; Figure 3C). 295

Global patterns of the human gut microbiome



World region

**Figure 3 Geographic regions vary in microbiome composition. (A)** The number of unique taxa discovered in subsamples of varying size from each world region. Each point represents the average number of unique taxa identified in a subsample from a given region over 1,000 repetitions. The x-axis indicates the number of microbiome samples selected, the y-axis the number of unique taxa identified in those samples, and the color indicates the world region being sampled. The inset uses the same x-axis and color scheme but displays the average number of taxa discovered per million reads on the y-axis. (B) Histograms illustrating the distribution of the relative abundance of the most prevalent phyla in the compendium. Each panel visualizes all samples from a single world region. The x-axis indicates the relative abundance of the taxon, and the y-axis indicates the number of

Global patterns of the human gut microbiome

samples (on a log scale) with the indicated relative abundance. Each line illustrates the results for a
single phylum, indicated by line color. (C) As in Figure 1F, this stacked bar chart shows the relative
abundance of the five most prevalent phyla in the compendium. Each column is a sample, and the
colored segments indicate the relative abundance of a given phylum in that sample. Phylum color
follows the same color scheme as Figure 3B. Samples are ordered first by world region (indicated
by the colored bar below the x-axis), and then by relative abundance of the 5 most prevalent phyla,
as in Figure 1F. World region color follows the same color scheme as Figure 3A.

#### 313 Systematic differences in microbiome composition between world regions

To quantify how specific microbial taxa vary between world regions, we performed differential 314 abundance analysis using a linear mixed model that accounts for BioProject, mean ASV length, 315 and amplicon used for sequencing (Supplementary Table 6), as these experimental artifacts may 316 bias results (see Methods). We focused our analysis on the 65 genera that had a minimum of 1 317 percent prevalence and 0.5 percent relative abundance in at least one world region (see 318 Methods). Pairwise comparison of each region revealed distinct differences among these genera, 319 and all 65 taxa tested were found to be significantly differentially abundant between at least one 320 pair of regions (Supplementary Table 7). The highest number of differentially abundant taxa (56) 321 were found when comparing samples from Sub-Saharan Africa to samples from Australia/New 322 Zealand, while the fewest differentially abundant taxa (8) were found between Europe and 323 Northern America and Northern Africa and Western Asia (Figure 4A). 324

As samples from Europe and Northern America make up over half of the compendium, 325 subsequent analyses focused on the differences found between Europe and Northern America 326 and each of the other world regions, to evaluate the most broadly observed differences relative 327 to the most sampled region (Supplementary Figures 20-21). Prevotella and Bacteroides were two 328 genera with the lowest adjusted p-value between Europe and Northern America and any other 329 region, indicating strong differences between world regions (Figure 4B). Bacteroides abundance 330 is higher in Europe and Northern America than Sub-Saharan Africa (q<2.2×10<sup>-16</sup>), Latin America 331 and the Caribbean (q<2.2×10<sup>-16</sup>), Central and Southern Asia (q<2.2×10<sup>-16</sup>), and Australia/New 332 Zealand (q=7.87×10<sup>-14</sup>). Conversely, Prevotella abundance is lower in Europe and Northern 333 America than Sub-Saharan Africa (q<2.2×10<sup>-16</sup>), Latin America and the Caribbean (q<2.2×10<sup>-16</sup>), 334 and Central and Southern Asia (q<2.2×10<sup>-16</sup>). Concordant with prior literature,<sup>33</sup> we observe a 335 higher relative abundance of Bacteroides in Europe and Northern America than in non-336 westernized regions such as Sub-Saharan Africa and Central and Southern Asia, and we observe 337 an increase in the abundance of Prevotella in Sub-Saharan Africa as compared to Europe and 338 Northern America (Figure 4B). 339

Closer examination of the distribution of relative abundances of different genera across world regions reveals more specific patterns. Nearly every region has a high number of samples with high abundance of Bacteroides, as evidenced by the strong peak close to 1 in **Figure 4C**. Notably, Central and Southern Asia and Sub-Saharan Africa appear to have fewer samples with such high relative abundance of Bacteroides, as these regions lack a strong peak at 1 in **Figure 4C**. Over 26 percent of samples from Europe and Northern America contain more than 30 percent Bacteroides; only 4.3 percent and 2.2 percent of samples from Sub-Saharan Africa and Central

Global patterns of the human gut microbiome

and Southern Asia, respectively, contain as much Bacteroides. Prevotella, a taxon commonly
 associated with positive health outcomes and non-western microbiomes, appears to be higher in
 abundance in Sub-Saharan Africa q<2.2×10<sup>-16</sup>) and Latin America and the Caribbean (q<2.2×10<sup>-16</sup>)
 <sup>16</sup>) when compared to Europe and Northern America. Only 19 percent of samples from Europe
 and Northern America have more than 1 percent Prevotella–visible in the strong peak near 0 in
 Figure 4C–compared to 43 percent of samples from Northern Africa and Western Asia, 61
 percent of Latin America and the Caribbean, and 65 percent of Sub-Saharan African samples.

After evaluating compositional differences between regions, we then sought to define region-354 specific signatures of gut microbiomes by identifying the taxa most closely linked to the overall 355 variance observed in principal components analysis, performed separately for each region 356 (termed here the 'variance score'; see Methods). We find variability in Europe and Northern 357 America is best represented by the relative abundances of Escherichia/Shigella (variance 358 score=0.98; Supplementary Table 8), Enterococcus (0.97), Lactobacillus (0.95), Akkermansia 359 (0.94) and Bifidobacterium (0.93), while the microbiomes of Northern Africa and Western Asia are 360 defined by the genera Prevotella (0.85), Shigella (0.81), Akkermansia (0.77), Dialister (0.57) and 361 Bacteroides (0.52). Of the top five taxa in each regional signature, all are members of the six most 362 prevalent phyla in the compendium (Figure 1C). Escherichia/Shigella was the only genus to 363 appear in the top 5 taxa for all evaluated regions. Using the top 10 taxa in each regional signature, 364 we found that six genera appear in the signatures of all world regions: Bifidobacterium, 365 Bacteroides, Prevotella, Streptococcus, Veillonella, and Shigella, which together form what we 366 could consider the core taxa most useful for explaining global variation in the human gut 367 microbiome-not necessarily the most prevalent, but the taxa that vary most widely in all regions. 368 Oppositely, there are five genera that appear in the top 10 taxa for only a single region: 369 Staphylococcus (Central and Southern Asia), Megamonas (Eastern and South-Eastern Asia), 370 Dialister (Northern Africa and Western Asia), Collinsella (Sub-Saharan Africa), and Alistipes (Latin 371 America and the Caribbean). 372

Global patterns of the human gut microbiome



**Figure 4 Taxa are differentially abundant between world regions**. (A) 65 taxa were selected to be tested for differential abundance between regions. The x and y axes are each colored by world region; at each intersection, the size of the circle and the number underneath it indicate the number of taxa that were significantly different between the two regions listed. (B) The red-white heat map illustrates adjusted p-values for regional differences when each world region is compared to Europe and Northern America. The y-axis lists all evaluated genera, the x-axis lists each region (using the same color scale as panel A), and each cell represents the strength of the differential abundance result for that taxon. The blue-green heat map illustrates mean relative abundance (log 10) of each taxon in each world region, as indicated by the x-axis. The bar chart illustrates the mean relative abundance (log 10) of one of the 5 most abundant taxa. Each colored area indicates the distribution from a single world region, using the same colors as panel A. The x-axis indicates (log 10) relative abundance of the specified genus, and the y-axis indicates the relative frequency with which that abundance is observed in the specified region. Black vertical lines indicate the median.

Global patterns of the human gut microbiome

### 389 Discussion

Here, we integrated data from 168,484 publicly available 16S rRNA amplicon sequencing 390 samples from 482 BioProjects to evaluate global variation in the human gut microbiome. We found 391 the majority of available samples were from Europe and Northern America, which has been so 392 extensively sampled that most microbiota present in the region's gut microbiomes have likely 393 already been observed, while further samples from other regions may uncover up to 20 times as 394 many new taxa per million reads. Thousands of unique taxa have also been observed in Eastern 395 and South-Eastern Asia, but samples show such remarkable diversity that there are likely many 396 more yet to be uncovered. Though practically all taxa are shared to some degree between world 397 regions, we found each region occupies a unique niche within the ordination space defined via 398 multidimensional scaling, identified dozens of taxa that are differentially abundant between each 399 region, and determined strong regional signatures indicating the primary gradients that define the 400 composition of microbiomes around the world. 401

Others have articulated the vital importance of studying microbiomes from diverse populations<sup>20,21</sup> 402 and evaluating the potential consequences of inaction.<sup>15,34</sup> Though our analysis uses only 403 samples from previous works, compiling hundreds of disparate studies enabled the evaluation of 404 differences we can observe even given the comparatively limited sample sizes. We find that 405 variance in Europe and Northern America, by far the most thoroughly sampled region, is closely 406 tied to the relative abundance of Lactobacillus (variance score=0.95), which has been linked to 407 obesity in the United States<sup>35</sup> and bipolar disorder in Austria.<sup>36</sup> It remains to be answered how 408 these results should be interpreted in Latin America and the Caribbean, where Lactobacillus is 409 practically absent from the regional signature (variance score=0.03) though not necessarily 410 absent from the microbiomes there. We also found many taxa with consistent differences in world 411 regions when compared to Europe and Northern America (Figure 4B), including highly abundant 412 genera such as Bacteroides, Bifidobacterium and Prevotella, the abundance and proportions of 413 which may play a role in inflammation,<sup>37</sup> obesity,<sup>38</sup> inflammatory bowel disease,<sup>39</sup> and the early 414 development of the pediatric gut microbiome,<sup>40</sup> among many other conditions. 415

Still, there is reason for caution in drawing strong conclusions from such a broad range of samples 416 collected for very different reasons in hundreds of projects. First, world region may be confounded 417 with why the samples were collected, and the data currently does not have consistent metadata 418 related to host health. Relatedly, reference databases may have less coverage of taxa that appear 419 more commonly outside of Europe and North America,<sup>41,42</sup> which would result in more unidentified 420 taxa and deflated diversity estimates in samples from other regions of the world. Regarding our 421 analysis, any combination of studies raises concerns about batch effects, or artifactual findings 422 that are caused by technical details but appear to be of biological origin.<sup>43,44</sup> We are optimistic 423 that these effects are minimized in large-scale analyses—in our previous work, we found batch 424 correction of large compendia is ineffective when there are many "batches" (in this case, 425 projects)—as the number of batches grows, the disparate project-level effects are overshadowed 426 by the legitimate biological signal, which is more consistent across studies.<sup>45</sup> Lastly, the dataset 427 compiled for this project does not resolve the broad issue of representational imbalances in global 428 human microbiome research,<sup>18,46,47</sup> though there are many ongoing projects that seek to increase 429

Global patterns of the human gut microbiome

16

the diversity of microbiome research—projects such as the African Microbiome Program are
 expanding work not only in humans, but agricultural microbiomes as well,<sup>48</sup> and initiatives like
 H3ABioNet aim to address some of the structural challenges to expanding the populations under
 study.<sup>49,50</sup>

In addition to our findings on global variation, we are also optimistic about the Human Microbiome 434 Compendium's utility as a way to better utilize existing resources: The National Institutes of Health 435 have directly invested more than \$1 billion in human microbiome research.<sup>51</sup> and raw data for tens 436 of thousands of microbiome samples are uploaded to SRA every year, plus many more from 437 collaborators in the International Nucleotide Sequence Database Collaboration (INSDC), which 438 includes organizations in Japan and the European Union. Although these are world-class 439 repositories for a huge variety of genomic data, this raw data is difficult to manage at scale: The 440 primary utility of compendia such as recount3, a database of uniformly processed RNA-seq data, 441 is that these sequencing reads have already been processed, curated and combined together 442 into a unified dataset. There are several microbiome resources like this: the MicrobiomeHD 443 project integrated data from 28 case-control studies <sup>52</sup>; the most recent version of GMrepo 444 includes 45,111 amplicon sequencing samples <sup>53</sup>; and the curatedMetagenomicData project<sup>54</sup> 445 now includes data from 22,588 whole-metagenome shotgun samples.<sup>55</sup> These projects focus on 446 human-curated data with uniform metadata, a valuable asset to the field. However, these projects 447 still represent a small fraction of the available samples; we hope our compendium, several times 448 larger than those currently available, will be useful in situations where sample size is a more 449 important factor than thorough annotation, such as performing further meta-analysis or providing 450 context for other datasets (e.g. ref<sup>56</sup>). 451

In summary, we present here the Human Microbiome Compendium, a new, large-scale collection
 of human gut microbiome data. We use this compendium to study microbiome variation at a global
 scale, comparing world regions and showing that some regions likely have many taxa that remain
 undiscovered due to undersampling. We expect this compendium will be a valuable resource for
 the community and enable novel insights into the microbial ecology of the human gut.

## 457 Methods

Sample selection. We retrieved metadata for all BioSamples categorized in the NCBI 458 Taxonomy<sup>57</sup> under "human gut metagenome" on 9 October 2021. After removing samples that 459 could not be associated with a BioProject or sequencing run, we selected only those for which 460 the library source was "genomic" or "metagenomic," excluding the values "metatranscriptomic," 461 "transcriptomic," "viral RNA," "synthetic" and "other." Of these, we then limited the dataset to 462 samples with a "library strategy" value of "amplicon" (and not values such as "WGS" and "RNA-463 Seg"). This left 245,627 samples across 1,437 BioProjects. We then excluded BioProjects that 464 contained less than 50 samples meeting our criteria, leaving us with a list of 234,875 samples in 465 811 BioProjects. 466

Because pyrosequencing technologies developed by companies such as 454 Life Sciences and
 Ion Torrent require different processing steps, we then sought to remove BioProjects containing

Global patterns of the human gut microbiome

pyrosequencing data and other sequencing instruments that use processes dissimilar from 469 Illumina sequencing, such as MinION. We used the SRA Toolkit APIs to retrieve sequencing 470 instrument information for each sample and evaluated BioProjects that reported using 454 or Ion 471 Torrent instruments. We found 19 such instruments ("454 GS FLX Titanium," "Ion Torrent PGM," 472 "454 GS FLX," etc.), but manual review revealed one instrument was consistently mislabeled: In 473 many BioProjects (PRJNA685914 and PRJNA605031, for example) the sequencing instrument 474 was reported as "454 GS" even though the authors report elsewhere in the BioProject that they 475 used sequencers such as Illumina's MiSeg platform, which we were not attempting to remove. 476 More careful examination revealed these BioProjects (and many others) performed their analysis 477 using Mothur,<sup>58</sup> a popular microbiome analysis tool, and "454 GS" is Mothur's default entry for the 478 "instrument" field when uploading to SRA.<sup>59</sup> To avoid removing applicable samples, we removed 479 BioProjects reporting using any of the pyrosequencing instruments except for "454 GS." 480

Sequencing data retrieval. Samples were exported from the database one BioProject at a time; 481 each BioProject had a file listing all accessions of runs associated with samples meeting the 482 criteria described above. This file was used as the input for the "fasterg-dump" tool<sup>60</sup> from the 483 SRA Toolkit maintained by NCBI. This tool downloads the data from the Sequence Read Archive 484 and splits the information into FASTQ files for downstream processing. We used samples from 485 all available INSDC members-of the completed samples, 126,452 were from the Sequence 486 Read Archive (74 percent), 38,971 were from European Nucleotide Archive, and 5249 were from 487 the DNA Data Bank of Japan. We did not include projects in which more than 10 samples failed 488 to download, which was generally caused by files missing from SRA. 489

Amplicon processing. If the number of files for forward reads matched the number of files for 490 reverse reads, we processed the BioProject as paired-end sequencing. If there was a mismatch, 491 or there were no reverse reads, we processed the BioProject as single-end data. In both cases, 492 we used DADA2 v1.14.0 to process the data.<sup>26</sup> We used general settings that we believed would 493 be effective across many BioProjects,<sup>61</sup> aiming to maintain as many samples as possible while 494 excluding low-guality data: We did not trim a set number of bases from either end, nor did we limit 495 the maximum length of a read. We removed reads shorter than 20 nucleotides, reads with any 496 ambiguous ("N") base calls, and any reads that aligned to the phiX genome (if present, almost 497 certainly as a control in Illumina sequencing runs). We also disabled guality-based truncation of 498 reads. Paired-end reads were merged with a minimum overlap of 20 bases. In some cases, the 499 process of merging reads failed, and close to zero forward reads were merged with their paired 500 reverse read, likely due to sequencing strategies that involve non-overlapping reads or reads with 501 very minimal overlap. For BioProjects in which fewer than 50 percent of forward reads were 502 merged successfully, we discarded the reverse reads rather than concatenating them, to avoid 503 situations in which merging failed because of low-quality calls or mismatched forward and reverse 504 read files. In those cases, the reverse reads were removed, and these BioProjects were re-505 processed as single-end data. If the number of forward reads did not match the number of reverse 506 reads in a sample, we attempted to use DADA2 to detect the sequence identifier field in the 507 FASTQ file to match the samples that could be salvaged. If this was unsuccessful, we removed 508 the reverse reads and reprocessed these as single-end data as well. Taxonomic assignment was 509 performed by DADA2 using the SILVA database release 138.1.62,63 We believe this was the most 510

Global patterns of the human gut microbiome

reliable way to process this data, given the lack of information about project-level sequencing strategies. The merging process in paired-end datasets would be much more effective with more knowledge of study design and primer choices, for example, particularly in cases where the amplicon length was greater than the read length and the paired-end reads did not overlap. In addition, DADA2 recommends building separate error models for each sequencing run,<sup>64</sup> but only BioProject could be reliably inferred, which means ASV inference at the study level may not capture run-level patterns.

Though we removed obviously non-applicable samples (mycobiome assays using the 18S rRNA 518 gene rather than 16S, for example), we did not pursue more stringent filtering. To minimize the 519 number of legitimate samples removed from the compendium, we avoided making discretionary 520 decisions about removing samples or BioProjects from the compendium that we encountered 521 during analysis-for example, 199 samples from BioProject PRJEB25853 are included because 522 they were deposited in the "human gut metagenome" category, though manual review of the 523 metadata shows the samples are actually from a novel assay of the vaginal microbiome.<sup>65</sup> We 524 plan to expand the automated curation processes used to review results for future iterations of 525 the compendium but will continue to favor approaches that are too permissive rather than risk 526 filtering out legitimate samples with compositions that don't "look right." We also plan to integrate 527 more metadata from both samples and projects to enable more precise filtering. 528

Pipeline success. Due to resource constraints, we did not attempt to process BioProjects with 529 fewer than 50 samples, which accounted for 10,752 out of 245,627 samples. Of the 234,875 530 samples we processed, we found 31,887 samples (13.6 percent) contained non-applicable data-531 BioProjects that targeted fungi or archaea, for example, and mislabeled BioProjects that used 532 shotgun or nanopore sequencing instead of 16S amplicon sequencing. Another 31,509 samples 533 (13.4 percent) were excluded because extracting acceptable results, if possible at all, would have 534 required manual intervention and more knowledge of the sequencing strategy: DADA2 identified 535 excessive chimeric reads in some BioProjects, for example, and we excluded any BioProject in 536 which at least five of the first 10 samples processed contained more than 25 percent chimeric 537 reads. Several BioProjects were also excluded because they contained samples associated with 538 multiple sequencing runs, or were associated with samples that could not be downloaded. 807 539 samples were removed from BioProjects because all of their reads were filtered out. 540

Dataset for analysis. We combined BioProject-level taxonomy tables into one large matrix 541 containing 168.464 samples (from 482 BioProjects) for rows and 4018 unique taxonomic 542 identifiers for columns, making up the Human Microbiome Compendium. For most of the analysis 543 reported in this paper, we applied additional quality control steps: First, we removed 16,781 544 samples (10 percent) with fewer than 10,000 reads. We then removed 2018 taxonomic entries 545 (50 percent) with fewer than 1000 total reads across all remaining samples, and a further 578 546 taxa (14 percent of the original) that were detected in fewer than 100 samples. After these taxa 547 were removed, we again evaluated the sample read counts and removed another 19 samples 548 that now had less than 10,000 reads. (The removal of these 19 samples did not push any more 549 taxa below the above thresholds.) We then evaluated the proportion of reads in each sample for 550 which a taxonomic assignment could not be assigned at at least the phylum level. We removed 551

Global patterns of the human gut microbiome

943 samples for which more than 10 percent of the sample's reads had an unassigned phylum.
This left us with 150,721 samples and 1422 taxa. This filtered compendium was used in almost
all presented analysis, except for Figures 11 and 3A where we used the unfiltered compendium
with 168,464 samples.

**Calculation of Shannon diversity.** To calculate the Shannon index for individual samples, we used the "diversity" function in the vegan R package v2.6.4,<sup>66,67</sup> using natural logarithms and all columns in the filtered dataset—that is, ASVs were consolidated if their taxonomic assignments matched exactly, but counts were not consolidated at any single taxonomic level. This data was also used to calculate each sample's Simpson's Index and species count via vegan's "diversity" and "specnumber" functions respectively.

Rarefaction analysis, taxon discovery rate. We estimated the relationship between 562 compendium size (in number of samples) and total taxa observed by performing a sample-based 563 assessment.<sup>31</sup> Specifically, we built simulated compendia of various sizes between 1 and 150,000 564 by subsampling the filtered analysis dataset and counting the number of unique taxa observed in 565 each subsample at each taxonomic level. We repeated each compendium size simulation 150 566 times and plotted the mean observed taxa at each taxonomic level; this allowed us to build curves 567 plotting observed taxa against compendium size.<sup>68,69</sup> Generally, the x-axis of this curve would plot 568 total reads, rather than total samples, to account for variation in the number of "observations" (i.e. 569 a single read from a single microbe) in different size compendia. Here, we visualized total samples 570 instead (Figure 1H) to incorporate the differences in read depth actually observed in the data. 571 The trade-off is that these metrics will likely underestimate future taxa observed if used to 572 extrapolate forward into larger compendium sizes, as the distribution of reads per sample (Figure 573 **1B**) will likely shift as time passes and sequencing costs continue to drop. 574

**World region alpha diversity comparison.** We compared alpha diversity measurements between all regions using the Wilcoxon rank-sum test,<sup>70</sup> with multiple test correction done using Hochberg's method<sup>71</sup> as implemented in the R "stats" package's "wilcox.text" and "p.adjust" functions respectively. The calculations were performed using the filtered compendium dataset used in other analyses, but was limited to samples with a world region annotation other than "unknown."

**Rarefaction analysis, regional alpha diversity.** We estimated regional alpha diversity (in the filtered analysis dataset) by selecting 1000 random samples from each world region (enough that each region could provide all samples without replacement), then rarefied each of these samples down to 10,000 randomly selected reads each. From these rarefied samples, we determined the mean Shannon diversity for each region, then repeated the entire process 1000 times.<sup>72</sup>

Country and region inference. We were able to obtain a "geo\_loc\_name" tag from the NCBI
 BioSample database (https://www.ncbi.nlm.nih.gov/biosample/) for 155,584 of 168,484 samples
 (92.4 percent). These tags held 455 unique values, which were associated with countries by
 manually reviewing the values and associating them with a country (Supplementary Table 3).
 Most tags contained enough context to confidently assign a country name: The most common tag
 value was "usa:new york" found in 14,142 samples from six BioProjects, followed by "usa" (12,510

Global patterns of the human gut microbiome

20

samples in 46 BioProjects). However, the third-most common tag was "missing" (5532 samples;
27 BioProjects), and other tags such as "not applicable" (4317 samples) and "not available" (3481 samples) appeared many times. Overall, we were able to assign a country to 447 of the 455 unique values (98.2 percent) representing 153,152 samples (90.9 percent). In total, we found 68 countries represented in the geo\_loc\_name values—to simplify comparisons, we consolidated these assignments into eight world regions defined by the United Nations Sustainable Development Goals (SDG) program (Figure 2A).

World region inference accuracy estimate. To assess the accuracy of our process for 599 associating samples with their country (and therefore region) of origin, we selected a random 600 sample of microbiomes and manually determined the country of origin (Supplementary Table 9). 601 primarily by finding publications referencing the data but also using other metadata associated 602 with the samples and parent BioProjects. We found the "geo loc name" tags to reliably include 603 country names, which gave us confidence in our ability to infer country from tag, but the additional 604 factor of interest is whether samples were mislabeled by the original authors. Between these two 605 factors, we assumed 95 percent accuracy for our sample-size calculation, which was designed to 606 detect this level of accuracy at a precision of ±5 percent at a 95 percent confidence interval.73 607 This results in a sample size of 73.0; after accounting for a 25 percent "dropout" rate (samples 608 with a "geo loc name" tag but no other means with which to verify it), our new sample size was 609 97.3. Because some BioProjects are 60 times larger than others, we wanted to mitigate the effect 610 of selecting many samples from one large, single-country BioProject by first selecting 100 random 611 BioProjects, then selecting one sample from each project to evaluate. To verify the accuracy of 612 our inferences, we first looked for an explicit statement of the study's country of origin in the project 613 description in the BioProject database. If this did not yield an answer, we looked to any 614 publications linked to the BioProject and searching Google Scholar for several factors indicating 615 a link to the BioProject: First, we searched the BioProject accession, then its corresponding SRA 616 accession (such as "ERP006059" for BioProject PRJEB6518), then its ID number (such as 617 "bioproject 589558" for BioProject PRJDB6499), then any unique phrases from the BioProject title 618 or description. If the paper did not explicitly state a country of origin for the subjects, we considered 619 the classification confirmed if the paper included ethical approval from an institutional review 620 board in that country. If none of these steps could confirm a country, we classified it as a dropout. 621 Of 100 samples evaluated, eight were dropouts. Two were deemed not applicable because the 622 papers described samples that were incubated prior to sequencing. Of the remaining 90, we were 623 able to validate that all 90 had world region assignments that were confirmed by either the 624 BioProject description or a publication associated with the data. With a 100 percent success rate, 625 we can then use the rule of three<sup>74</sup> to estimate that the lower bound of the confidence interval (at 626 our original 95 percent confidence level) is 96.67 percent accuracy. 627

Principal coordinates analysis. We began by using the matrix of read counts to build a distance matrix between all samples using the robust Aitchison distance.<sup>75</sup> We then performed multidimensional scaling (**Figure 4**) using the "divide and conquer" approach described by Delicado and Pachon-Garcia<sup>76</sup> and implemented in the "bigmds" R package. We extracted 8 principal coordinates and used 16 points as the overlap between partitions.<sup>77</sup>

Global patterns of the human gut microbiome

World region cluster evaluation. We measured the effectiveness of regional clustering by 633 calculating the Davies–Bouldin Index<sup>78,79</sup> of the regional clusters formed in the 8-dimensional 634 space generated by the ordination described above. This gave us a single score (6.93), but no 635 context for comparison, so we estimated a p-value by performing a bootstrap analysis in which 636 we generated 250,000 additional scores using the same data but with regional labels that were 637 shuffled without replacement. This provided a distribution to which we could compare the real 638 score, but the observed range of values in the shuffled data was 83.98-468.73, resulting in an 639 estimated p-value of 0. 640

Differential abundance analysis. We further filtered the dataset used for analysis for genera 641 with a mean relative abundance of at least 0.5 percent and prevalence of at least 1 percent in any 642 world region, resulting in 65 remaining genera. We then filtered the samples to include only those 643 with at least 1000 reads in the 65 genera. This resulted in analysis of 123,346 samples and 65 644 genera. To test these taxa for differential abundance, we used a linear mixed model using the 645 Ime4 and ImerTest R packages.<sup>80,81</sup> We modeled world region as a fixed effect, and to account 646 for technical artifacts included BioProject, mean ASV length, and amplicon as random effects. We 647 ran a single model for each taxon, running each model 7 times so that each world region could 648 be the reference variable, to enable pairwise comparison between each region-region pair as 649 follows: 650

taxon abundance ~ region + (1 | BioProject) + (1 | amplicon) + (1 | mean ASV length)

To account for the inherent compositionality of microbiome data, the taxon abundances were centered log-ratio transformed after adding a pseudocount of 1 to any 0 values, and subsequently scaled to a mean of 0 and standard deviation of 1. The p-values outputted from each model were multiple-test corrected using Benjamini-Hochberg. For figure presentation, p-values lower than  $2.2 \times 10^{-16}$  were adjusted to  $2.2 \times 10^{-16}$ . The full results of this analysis are reported in Supplementary Table 7.

World region taxon discovery rate. To generate the region-level taxon discovery rate curves 658 shown in Figure 3A, we performed the following analysis: For each world region, we selected n 659 random microbiome samples from the region and recorded the number of unique taxa present in 660 these samples. We repeated this subsampling 1.000 times for each sample size, and reported 661 the mean in Figure 3A. We repeated this strategy for all listed sample sizes in all world regions. 662 This data is available in Supplementary Table 10. To verify that the curves for each world region 663 in Figure 3A are distinct, we performed pairwise Wilcoxon rank-sum tests on each region-region 664 pair for all possible sample sizes, comparing the number of unique taxa discovered over all 1000 665 repetitions for each region. This data is available in Supplementary Table 11. The inset panel in 666 Figure 3A was generated using the same sampling strategy, but we also recorded the total 667 number of reads in the selected samples. We then calculated the number of taxa discovered per 668 one million reads for each repetition, and reported the mean in the inset in Figure 3A. We 669 calculated 95 percent confidence intervals for this value by bootstrapping with 1000 repetitions 670 and present this data in Supplementary Figure 16. 671

Global patterns of the human gut microbiome

World region signature determination. We used principal components analysis (PCA) to 672 extract the taxa that are most closely linked to overall variance observed in the microbiomes of 673 each region, which results in a heuristic we refer to here as the variance score. This score ranges 674 from 0, indicating no relationship, to 1, indicating that the major axes of variation in the region also 675 perfectly explain the variation observed in that taxon. We started with the taxonomic table of each 676 region, applied the robust centered log ratio transformation to the read counts,<sup>75</sup> then applied PCA 677 to each region separately. We kept as many principal components (PCs) as was required to 678 account for at least 50 percent of variance in each region's data. We then used the resulting 679 eigenvectors to calculate a score for each taxon observed in that region that indicates how much 680 variance of that taxon was explained by the selected PCs. These proportions range between 0 681 and 1 and are used as the variance score for each taxon. The key assumption is that if a subset 682 of principal components explains the majority of variance in the dataset, and those same PCs 683 explain a high proportion of variance for a single taxon, then that taxon is more strongly linked to 684 overall variability in the dataset than taxa that are poorly captured by the selected PCs. 685

Amplicon inference. We used the amplicon sequence variants (ASVs) generated by DADA2 for 686 each BioProject to infer the sequencing strategy used by each BioProject-primarily determining 687 which of the nine hypervariable regions were targeted for amplification, but also the size of the 688 amplicon targeted. To do this for each BioProject, we retrieved the sequence of all ASVs detected 689 in that BioProject. We aligned each ASV to the sequence of the full E. coli 16S rRNA gene 690 sequence, obtained from GenBank<sup>82</sup> under accession J01859.1.<sup>83</sup> using the striped Smith-691 Waterman library<sup>84</sup> integrated into scikit-bio v0.5.8.<sup>85</sup> If the optimal alignment covered 70 percent 692 or less of the full ASV sequence, the alignment was discarded and the ASV was classified as 693 unknown. For the remaining ASVs, the coordinates of the alignment were used to determine 694 which of the nine hypervariable regions were covered by the ASV, as defined by Chakravorty et 695 al.<sup>86</sup> A region was considered to be covered if more than half of its length was covered by the 696 ASV—for example, if an ASV's alignment starts just before the beginning of V3 and ends 60 bases 697 into the 107-base V4 region, that ASV would be classified as "V3-V4." If the same alignment 698 ended only 20 bases into the V4 region, that ASV would be classified only as "V3." Beginning 699 region and ending region (i.e. "V3" and "V4" from this example) were tallied separately. If more 700 than half of all ASVs were categorized in a single starting region, that region was determined to 701 be the starting region for the entire BioProject. If more than half of all ASVs were categorized in 702 the same ending region, that region was determined to be the ending region for the entire 703 BioProject. In situations where the threshold was met for only the starting or ending region 704 (generally because of wide variation in ASV length), the opposite region was determined using 705 the known region and the average ASV length. In situations where the ending region was 706 determined to be before the starting region, the assignments were discarded under the 707 assumption that this indicated multiple sets of primers were used. 708

709 **Website for high-level exploration.** We designed a website to serve as an entry point to the 710 Human Microbiome Compendium, hosted at https://microbiomap.org. The website displays 711 important links to downloads and materials, provides a brief overview of the project and data, and 712 features controls and visualizations for answering basic questions about the data. A search box 713 allows users to check if a sample, BioProject, or taxon of interest is present in the data, and

Global patterns of the human gut microbiome

interactive maps and charts show sample counts at different geographic and taxonomic levels.

- Users can select a country or world region on the map, and the taxonomic level chart will adjust to show sample counts associated with the selected feature.
- The website was implemented as a React single-page application, scaffolded and bundled with Vite, to allow for cleaner implementation of interactive features. The D3 library was used for more complex visualizations and interactions. The entire project utilizes TypeScript to ensure full static type safety.
- The website's data is generated by a set of pre-processing "compile" scripts, which automatically download the latest Human Microbiome Compendium data files from the place of record, then restructure and pare-down the data into a more practical, static subset for efficient display on the web. These scripts run before any build of the website, and can also be run on a schedule or ondemand.
- Bioconductor package implementation. We implemented a Bioconductor<sup>87</sup> package,
   MicroBioMap (https://github.com/seandavi/MicroBioMap), that provides convenient access to
   compendium data. Data are loaded into a Bioconductor TreeSummarizedExperiment object,<sup>88</sup>
   providing opportunities to use our compendium data with extensive Bioconductor microbiome
   analysis and visualization tools. The package includes documentation and example use cases.
- Software tools. The diagram in Figure 1A was created using Lucidchart (https://lucidchart.com).
   Most analyses were performed using R 4.2.2. Analyses requiring a high-performance computing
   environment, the rarefaction curves in Figure 1 and the multidimensional scaling analysis from
   figure 2, used R 4.3.1. Maps use the Equal Earth projection<sup>89</sup> and the rnaturalearth R package.<sup>90</sup>
- 735 Other information
- 736 Supplementary information
- 737 **Supplementary Figure 1:** Prevalence at the family and genus levels.
- 738 **Supplementary Figure 2:** Relative abundance across samples.
- 739 **Supplementary Figure 3:** Relative abundance of top phyla.
- 740 **Supplementary Figure 4:** Diversity across world regions.
- 741 **Supplementary Figure 5:** Rarefaction diversity estimates.
- 742 **Supplementary Figure 6:** Scree plot for the compendium-wise ordination analysis.
- 743 **Supplementary Figures 7–12:** Ordination plots.
- 744 **Supplementary Figure 13:** Ordination results.

Global patterns of the human gut microbiome

- 745 **Supplementary Figure 14:** Region-level discovery curve with 95% confidence intervals
- Supplementary Figure 15: Region-level discovery curve (x-axis: sample size vs y-axis: taxa per
   read)
- Supplementary Figure 16: Region-level discovery curve (x-axis: number of reads vs y-axis:
   unique taxa)
- Supplementary Figure 17: Region-level discovery curve (x-axis: sample size vs y-axis: taxa per
   million reads) same as 3A inset, but with error bars
- 752 **Supplementary Figure 18:** Histograms from fig 3B with individual y-axes
- 753 **Supplementary Figure 19:** Histograms from fig 3B with linear y-axes
- 754 **Supplementary Figure 20:** Ridgeline plots of differentially abundant taxa 6–35
- 755 **Supplementary Figure 21:** Ridgeline plots of differentially abundant taxa 36–65
- 756 **Supplementary Figure 22:** Cluster strength analysis.
- 757
- 758 **Supplementary Table 1:** Observed prevalence at each taxonomic level

Supplementary Table 2: Frequency of combinations of top-two phyla in each sample. Each row
 indicates the most abundant phylum in a sample, each column indicates the second-most
 abundant, and the cells indicate how many samples were observed with a given combination.

- 762 **Supplementary Table 3:** geo\_loc\_name values associated with countries
- 763 **Supplementary Table 4:** Pairwise world region alpha diversity comparison.
- 764 **Supplementary Table 5:** Regional rarefaction summary statistics
- 765 **Supplementary Table 6**: BioProject-level inferred metadata on amplicon choice and ASV length
- 766 **Supplementary Table 7:** Differential abundance analysis results
- 767 Supplementary Table 8: Regional signatures
- 768 **Supplementary Table 9**: World region inference analysis notes
- 769 **Supplementary Table 10:** Region-level discovery rate results
- **Supplementary Table 11:** Results of Wilcoxon rank-sum test to compare region-level discovery
- 771 rate curves

Global patterns of the human gut microbiome

#### 25

#### 772 Acknowledgements

We thank the members of the Blekhman lab for helpful discussion. We also thank Chad L. Myers,
R. Stephanie Huang, Anna Selmecki, and William Harcombe for advice. This work was completed
with resources provided by the University of Chicago's Research Computing Center and the
Minnesota Supercomputing Institute. This work was supported by NIH grant R01LM013863 (to
R.B. and C.S.G.).

- 778 Data availability
- 779 Data and code from this study is available on multiple platforms:
- The full microbiomap dataset is available for download from Zenodo at https://doi.org/10.5281/zenodo.8186993
- The open-source microbiomap R package is available on GitHub at
   https://github.com/seandavi/MicroBioMap
- The code used for data processing of the raw data, plus the code used to generate the figures in this manuscript, is available on GitHub at https://github.com/blekhmanlab/compendium v1.
- An interactive website at microbiomap.org includes summary data for the compendium,
   links for downloads, and information about ongoing updates to the project.
- 789 Declaration of interests
- The authors declare no competing interests.
- 791 Author contributions
- 792 Conceptualization: RJA, SPG, RB, FWA
- 793 Data curation: RJA, SPG, VR
- 794 Formal analysis: RJA, SPG
- 795 Software: RJA, VR, SD
- <sup>796</sup> Supervision: FWA, CSG, SD, RB
- 797 Writing original draft: RJA, SPG, VR
- 798 Writing review & editing: FWA, CSG, SD, RB

Global patterns of the human gut microbiome

#### References

- 1. Bullman, S., Pedamallu, C.S., Sicinska, E., Clancy, T.E., Zhang, X., Cai, D., Neuberg, D., Huang, K., Guevara, F., Nelson, T., et al. (2017). Analysis of Fusobacterium persistence and antibiotic response in colorectal cancer. Science *358*, 1443–1448. 10.1126/science.aal5240.
- Hale, V.L., Jeraldo, P., Chen, J., Mundy, M., Yao, J., Priya, S., Keeney, G., Lyke, K., Ridlon, J., White, B.A., et al. (2018). Distinct microbes, metabolites, and ecologies define the microbiome in deficient and proficient mismatch repair colorectal cancers. Genome Med. *10*, 78. 10.1186/s13073-018-0586-6.
- 3. Burns, M.B., Montassier, E., Abrahante, J., Priya, S., Niccum, D.E., Khoruts, A., Starr, T.K., Knights, D., and Blekhman, R. (2018). Colorectal cancer mutational profiles correlate with defined microbial communities in the tumor microenvironment. PLoS Genet. *14*, e1007376. 10.1371/journal.pgen.1007376.
- 4. Matsuoka, K., and Kanai, T. (2015). The gut microbiota and inflammatory bowel disease. Semin. Immunopathol. *37*, 47–55. 10.1007/s00281-014-0454-4.
- 5. Goodrich, J.K., Waters, J.L., Poole, A.C., Sutter, J.L., Koren, O., Blekhman, R., Beaumont, M., Van Treuren, W., Knight, R., Bell, J.T., et al. (2014). Human genetics shape the gut microbiome. Cell *159*, 789–799. 10.1016/j.cell.2014.09.053.
- 6. Brooks, A.W., Priya, S., Blekhman, R., and Bordenstein, S.R. (2018). Gut microbiota diversity across ethnicities in the United States. PLoS Biol. *16*, e2006842. 10.1371/journal.pbio.2006842.
- 7. Deschasaux, M., Bouter, K.E., Prodan, A., Levin, E., Groen, A.K., Herrema, H., Tremaroli, V., Bakker, G.J., Attaye, I., Pinto-Sietsma, S.-J., et al. (2018). Depicting the composition of gut microbiota in a population with varied ethnic origins but shared geography. Nat. Med. *24*, 1526–1531. 10.1038/s41591-018-0160-1.
- Mallott, E.K., Sitarik, A.R., Leve, L.D., Cioffi, C., Camargo, C.A., Jr, Hasegawa, K., and Bordenstein, S.R. (2023). Human microbiome variation associated with race and ethnicity emerges as early as 3 months of age. PLoS Biol. *21*, e3002230. 10.1371/journal.pbio.3002230.
- 9. De Filippo, C., Cavalieri, D., Di Paola, M., Ramazzotti, M., Poullet, J.B., Massart, S., Collini, S., Pieraccini, G., and Lionetti, P. (2010). Impact of diet in shaping gut microbiota revealed by a comparative study in children from Europe and rural Africa. Proc. Natl. Acad. Sci. U. S. A. *107*, 14691–14696. 10.1073/pnas.1005963107.
- 10. Langdon, A., Crook, N., and Dantas, G. (2016). The effects of antibiotics on the microbiome throughout development and alternative approaches for therapeutic modulation. Genome Med. *8*, 39. 10.1186/s13073-016-0294-z.
- 11. Vangay, P., Johnson, A.J., Ward, T.L., Al-Ghalith, G.A., Shields-Cutler, R.R., Hillmann, B.M., Lucas, S.K., Beura, L.K., Thompson, E.A., Till, L.M., et al. (2018). US Immigration

Global patterns of the human gut microbiome

Westernizes the Human Gut Microbiome. Cell *175*, 962–972.e10. 10.1016/j.cell.2018.10.029.

- 12. Le Bastard, Q., Vangay, P., Batard, E., Knights, D., and Montassier, E. (2020). US Immigration Is Associated With Rapid and Persistent Acquisition of Antibiotic Resistance Genes in the Gut. Clin. Infect. Dis. *71*, 419–421. 10.1093/cid/ciz1087.
- 13. Peters, B.A., Yi, S.S., Beasley, J.M., Cobbs, E.N., Choi, H.S., Beggs, D.B., Hayes, R.B., and Ahn, J. (2020). US nativity and dietary acculturation impact the gut microbiome in a diverse US population. ISME J. *14*, 1639–1650. 10.1038/s41396-020-0630-6.
- Yatsunenko, T., Rey, F.E., Manary, M.J., Trehan, I., Dominguez-Bello, M.G., Contreras, M., Magris, M., Hidalgo, G., Baldassano, R.N., Anokhin, A.P., et al. (2012). Human gut microbiome viewed across age and geography. Nature *486*, 222–227. 10.1038/nature11053.
- 15. Gupta, V.K., Paul, S., and Dutta, C. (2017). Geography, Ethnicity or Subsistence-Specific Variations in Human Microbiome Composition and Diversity. Front. Microbiol. *8*, 1162. 10.3389/fmicb.2017.01162.
- 16. Vujkovic-Cvijin, I., Sklar, J., Jiang, L., Natarajan, L., Knight, R., and Belkaid, Y. (2020). Host variables confound gut microbiota studies of human disease. Nature *587*, 448–454. 10.1038/s41586-020-2881-9.
- 17. Porras, A.M., Shi, Q., Zhou, H., Callahan, R., Montenegro-Bethancourt, G., Solomons, N., and Brito, I.L. (2021). Geographic differences in gut microbiota composition impact susceptibility to enteric infection. Cell Rep. *36*, 109457. 10.1016/j.celrep.2021.109457.
- 18. Abdill, R.J., Adamowicz, E.M., and Blekhman, R. (2022). Public human microbiome data are dominated by highly developed countries. PLoS Biol. *20*, e3001536. 10.1371/journal.pbio.3001536.
- 19. Popejoy, A.B., and Fullerton, S.M. (2016). Genomics is failing on diversity. Nature *538*, 161–164. 10.1038/538161a.
- Amato, K.R., Arrieta, M.-C., Azad, M.B., Bailey, M.T., Broussard, J.L., Bruggeling, C.E., Claud, E.C., Costello, E.K., Davenport, E.R., Dutilh, B.E., et al. (2021). The human gut microbiome and health inequities. Proc. Natl. Acad. Sci. U. S. A. *118*. 10.1073/pnas.2017947118.
- 21. Shanahan, F., Ghosh, T.S., and O'Toole, P.W. (2023). Human microbiome variance is underestimated. Curr. Opin. Microbiol. *73*, 102288. 10.1016/j.mib.2023.102288.
- 22. Collado-Torres, L., Nellore, A., Kammers, K., Ellis, S.E., Taub, M.A., Hansen, K.D., Jaffe, A.E., Langmead, B., and Leek, J.T. (2017). Reproducible RNA-seq analysis using recount2. Nat. Biotechnol. *35*, 319–321. 10.1038/nbt.3838.
- Wilks, C., Zheng, S.C., Chen, F.Y., Charles, R., Solomon, B., Ling, J.P., Imada, E.L., Zhang, D., Joseph, L., Leek, J.T., et al. (2021). recount3: summaries and queries for large-scale RNA-seq expression and splicing. Genome Biol. 22, 323. 10.1186/s13059-021-02533-6.

- 24. Lee, A.J., Doing, G., Neff, S.L., Reiter, T., Hogan, D.A., and Greene, C.S. (2023). Compendium-Wide Analysis of Pseudomonas aeruginosa Core and Accessory Genes Reveals Transcriptional Patterns across Strains PAO1 and PA14. mSystems *8*, e0034222. 10.1128/msystems.00342-22.
- 25. Pividori, M., Lu, S., Li, B., Su, C., Johnson, M.E., Wei, W.-Q., Feng, Q., Namjou, B., Kiryluk, K., Kullo, I.J., et al. (2023). Projecting genetic associations through gene expression patterns highlights disease etiology and drug mechanisms. Nat. Commun. *14*, 5562. 10.1038/s41467-023-41057-4.
- 26. Callahan, B.J., McMurdie, P.J., Rosen, M.J., Han, A.W., Johnson, A.J.A., and Holmes, S.P. (2016). DADA2: High-resolution sample inference from Illumina amplicon data. Nat. Methods *13*, 581–583. 10.1038/nmeth.3869.
- 27. Eckburg, P.B., Bik, E.M., Bernstein, C.N., Purdom, E., Dethlefsen, L., Sargent, M., Gill, S.R., Nelson, K.E., and Relman, D.A. (2005). Diversity of the human intestinal microbial flora. Science *308*, 1635–1638. 10.1126/science.1110591.
- 28. Mariat, D., Firmesse, O., Levenez, F., Guimarăes, V., Sokol, H., Doré, J., Corthier, G., and Furet, J.-P. (2009). The Firmicutes/Bacteroidetes ratio of the human microbiota changes with age. BMC Microbiol. *9*, 123. 10.1186/1471-2180-9-123.
- 29. Sze, M.A., and Schloss, P.D. (2016). Looking for a Signal in the Noise: Revisiting Obesity and the Microbiome. MBio 7. 10.1128/mBio.01018-16.
- 30. Pinart, M., Dötsch, A., Schlicht, K., Laudes, M., Bouwman, J., Forslund, S.K., Pischon, T., and Nimptsch, K. (2021). Gut Microbiome Composition in Obese and Non-Obese Persons: A Systematic Review and Meta-Analysis. Nutrients *14*. 10.3390/nu14010012.
- Gotelli, N.J., and Colwell, R.K. (2001). Quantifying biodiversity: procedures and pitfalls in the measurement and comparison of species richness. Ecol. Lett. *4*, 379–391. 10.1046/j.1461-0248.2001.00230.x.
- Kasmanas, J.C., Bartholomäus, A., Corrêa, F.B., Tal, T., Jehmlich, N., Herberth, G., von Bergen, M., Stadler, P.F., Carvalho, A.C.P. de L.F. de, and Nunes da Rocha, U. (2021). HumanMetagenomeDB: a public repository of curated and standardized metadata for human metagenomes. Nucleic Acids Res. 49, D743–D750. 10.1093/nar/gkaa1031.
- 33. Gorvitovskaia, A., Holmes, S.P., and Huse, S.M. (2016). Interpreting Prevotella and Bacteroides as biomarkers of diet and lifestyle. Microbiome *4*, 15. 10.1186/s40168-016-0160-7.
- He, Y., Wu, W., Zheng, H.-M., Li, P., McDonald, D., Sheng, H.-F., Chen, M.-X., Chen, Z.-H., Ji, G.-Y., Zheng, Z.-D.-X., et al. (2018). Regional variation limits applications of healthy gut microbiome reference ranges and disease models. Nat. Med. 24, 1532– 1535. 10.1038/s41591-018-0164-x.
- 35. Peters, B.A., Shapiro, J.A., Church, T.R., Miller, G., Trinh-Shevrin, C., Yuen, E., Friedlander, C., Hayes, R.B., and Ahn, J. (2018). A taxonomic signature of obesity in a large study of American adults. Sci. Rep. *8*, 9749. 10.1038/s41598-018-28126-1.

- 36. Painold, A., Mörkl, S., Kashofer, K., Halwachs, B., Dalkner, N., Bengesser, S., Birner, A., Fellendorf, F., Platzer, M., Queissner, R., et al. (2019). A step ahead: Exploring the gut microbiota in inpatients with bipolar disorder during a depressive episode. Bipolar Disord. *21*, 40–49. 10.1111/bdi.12682.
- Iljazovic, A., Roy, U., Gálvez, E.J.C., Lesker, T.R., Zhao, B., Gronow, A., Amend, L., Will, S.E., Hofmann, J.D., Pils, M.C., et al. (2021). Perturbation of the gut microbiome by Prevotella spp. enhances host susceptibility to mucosal inflammation. Mucosal Immunol. 14, 113–124. 10.1038/s41385-020-0296-4.
- Dong, T.S., Guan, M., Mayer, E.A., Stains, J., Liu, C., Vora, P., Jacobs, J.P., Lagishetty, V., Chang, L., Barry, R.L., et al. (2022). Obesity is associated with a distinct brain-gut microbiome signature that connects Prevotella and Bacteroides to the brain's reward center. Gut Microbes *14*, 2051999. 10.1080/19490976.2022.2051999.
- 39. Prasoodanan P K, V., Sharma, A.K., Mahajan, S., Dhakan, D.B., Maji, A., Scaria, J., and Sharma, V.K. (2021). Western and non-western gut microbiomes reveal new roles of Prevotella in carbohydrate metabolism and mouth-gut axis. NPJ Biofilms Microbiomes 7, 77. 10.1038/s41522-021-00248-x.
- 40. de Goffau, M.C., Jallow, A.T., Sanyang, C., Prentice, A.M., Meagher, N., Price, D.J., Revill, P.A., Parkhill, J., Pereira, D.I.A., and Wagner, J. (2022). Gut microbiomes from Gambian infants reveal the development of a non-industrialized Prevotella-based trophic network. Nat Microbiol *7*, 132–144. 10.1038/s41564-021-01023-6.
- 41. Pasolli, E., Asnicar, F., Manara, S., Zolfo, M., Karcher, N., Armanini, F., Beghini, F., Manghi, P., Tett, A., Ghensi, P., et al. (2019). Extensive Unexplored Human Microbiome Diversity Revealed by Over 150,000 Genomes from Metagenomes Spanning Age, Geography, and Lifestyle. Cell *176*, 649–662.e20. 10.1016/j.cell.2019.01.001.
- 42. Thomas, A.M., and Segata, N. (2019). Multiple levels of the unknown in microbiome research. BMC Biol. *17*, 48. 10.1186/s12915-019-0667-z.
- 43. Wesolowska-Andersen, A., Bahl, M.I., Carvalho, V., Kristiansen, K., Sicheritz-Pontén, T., Gupta, R., and Licht, T.R. (2014). Choice of bacterial DNA extraction method from fecal material influences community structure as evaluated by metagenomic analysis. Microbiome *2*, 19. 10.1186/2049-2618-2-19.
- 44. Blekhman, R., Tang, K., Archie, E.A., Barreiro, L.B., Johnson, Z.P., Wilson, M.E., Kohn, J., Yuan, M.L., Gesquiere, L., Grieneisen, L.E., et al. (2016). Common methods for fecal sample storage in field studies yield consistent signatures of individual identity in microbiome sequencing data. Sci. Rep. *6*, 31519. 10.1038/srep31519.
- 45. Lee, A.J., Park, Y., Doing, G., Hogan, D.A., and Greene, C.S. (2020). Correcting for experiment-specific variability in expression compendia can remove underlying signals. Gigascience 9. 10.1093/gigascience/giaa117.
- 46. Bah, S.Y., Morang'a, C.M., Kengne-Ouafo, J.A., Amenga-Etego, L., and Awandare, G.A. (2018). Highlights on the Application of Genomics and Bioinformatics in the Fight Against Infectious Diseases: Challenges and Opportunities in Africa. Front. Genet. *9*, 575. 10.3389/fgene.2018.00575.

- 47. Allali, I., Abotsi, R.E., Tow, L.A., Thabane, L., Zar, H.J., Mulder, N.M., and Nicol, M.P. (2021). Human microbiota research in Africa: a systematic review reveals gaps and priorities for future research. Microbiome *9*, 241. 10.1186/s40168-021-01195-7.
- 48. Makhalanyane, T.P., Bezuidt, O.K.I., Pierneef, R.E., Mizrachi, E., Zeze, A., Fossou, R.K., Kouadjo, C.G., Duodu, S., Chikere, C.B., Babalola, O.O., et al. (2023). African microbiomes matter. Nat. Rev. Microbiol. 10.1038/s41579-023-00925-y.
- 49. Mulder, N.J., Adebiyi, E., Adebiyi, M., Adeyemi, S., Ahmed, A., Ahmed, R., Akanle, B., Alibi, M., Armstrong, D.L., Aron, S., et al. (2017). Development of Bioinformatics Infrastructure for Genomics Research. Glob. Heart *12*, 91–98. 10.1016/j.gheart.2017.01.005.
- 50. Shaffer, J.G., Mather, F.J., Wele, M., Li, J., Tangara, C.O., Kassogue, Y., Srivastav, S.K., Thiero, O., Diakite, M., Sangare, M., et al. (2019). Expanding Research Capacity in Sub-Saharan Africa Through Informatics, Bioinformatics, and Data Science Training Programs in Mali. Front. Genet. *10*, 331. 10.3389/fgene.2019.00331.
- 51. NIH Human Microbiome Portfolio Analysis Team (2019). A review of 10 years of human microbiome research activities at the US National Institutes of Health, Fiscal Years 2007-2016. Microbiome 7, 31. 10.1186/s40168-019-0620-y.
- 52. Duvallet, C., Gibbons, S.M., Gurry, T., Irizarry, R.A., and Alm, E.J. (2017). Meta-analysis of gut microbiome studies identifies disease-specific and shared responses. Nat. Commun. *8*, 1784. 10.1038/s41467-017-01973-8.
- 53. Dai, D., Zhu, J., Sun, C., Li, M., Liu, J., Wu, S., Ning, K., He, L.-J., Zhao, X.-M., and Chen, W.-H. (2022). GMrepo v2: a curated human gut microbiome database with special focus on disease markers and cross-dataset comparison. Nucleic Acids Res. *50*, D777– D784. 10.1093/nar/gkab1019.
- 54. Pasolli, E., Schiffer, L., Manghi, P., Renson, A., Obenchain, V., Truong, D.T., Beghini, F., Malik, F., Ramos, M., Dowd, J.B., et al. (2017). Accessible, curated metagenomic data through ExperimentHub. Nat. Methods *14*, 1023–1024. 10.1038/nmeth.4468.
- 55. Schiffer, L., and Waldron, L. (2023). Get started. curatedMetagenomicData v3.7.3. https://waldronlab.io/curatedMetagenomicData/articles/curatedMetagenomicData.html.
- 56. Shin, H., Price, K., Albert, L., Dodick, J., Park, L., and Dominguez-Bello, M.G. (2016). Changes in the Eye Microbiota Associated with Contact Lens Wearing. MBio 7, e00198. 10.1128/mBio.00198-16.
- 57. Schoch, C.L., Ciufo, S., Domrachev, M., Hotton, C.L., Kannan, S., Khovanskaya, R., Leipe, D., Mcveigh, R., O'Neill, K., Robbertse, B., et al. (2020). NCBI Taxonomy: a comprehensive update on curation, resources and tools. Database *2020*. 10.1093/database/baaa062.
- 58. Schloss, P.D., Westcott, S.L., Ryabin, T., Hall, J.R., Hartmann, M., Hollister, E.B., Lesniewski, R.A., Oakley, B.B., Parks, D.H., Robinson, C.J., et al. (2009). Introducing mothur: open-source, platform-independent, community-supported software for

Global patterns of the human gut microbiome

describing and comparing microbial communities. Appl. Environ. Microbiol. 75, 7537–7541. 10.1128/AEM.01541-09.

- 59. Westcott, S., and Schloss, P.D. (2021). Mothur "sracommand.cpp" (GitHub). Version 1e6af22. https://github.com/mothur/mothur/blob/ba42f8ddea4f30e8cf261633dd0ea5133f1f559a/so urce/commands/sracommand.cpp#L80
- 60. SRA Tools Wiki (Github). https://github.com/ncbi/sra-tools.
- 61. Lee, M. (2019). Happy Belly Bioinformatics: an open-source resource dedicated to helping biologists utilize bioinformatics. J. Open Source Educ. 2, 53. 10.21105/jose.00053.
- 62. Quast, C., Pruesse, E., Yilmaz, P., Gerken, J., Schweer, T., Yarza, P., Peplies, J., and Glöckner, F.O. (2013). The SILVA ribosomal RNA gene database project: improved data processing and web-based tools. Nucleic Acids Res. *41*, D590–D596. 10.1093/nar/gks1219.
- 63. McLaren, M.R., and Callahan, B.J. (2021). Silva 138.1 prokaryotic SSU taxonomic training data formatted for DADA2. 10.5281/ZENODO.4587955.
- 64. Callahan, B. A DADA2 workflow for Big Data (1.4 or later). https://benjjneb.github.io/dada2/bigdata.html.
- Bik, E.M., Bird, S.W., Bustamante, J.P., Leon, L.E., Nieto, P.A., Addae, K., Alegría-Mera, V., Bravo, C., Bravo, D., Cardenas, J.P., et al. (2019). A novel sequencing-based vaginal health assay combining self-sampling, HPV detection and genotyping, STI detection, and vaginal microbiome analysis. PLoS One *14*, e0215945.
   10.1371/journal.pone.0215945.
- 66. Shannon, C.E. (1948). A Mathematical Theory of Communication. Bell System Technical Journal *27*, 379–423.
- 67. Oksanen, J., Simpson, G., Blanchet, F., Kindt, R., Legendre, P., Minchin, P., O'Hara, R., Solymos, P., Stevens, M., Szoecs, E., et al. (2022). vegan: Community Ecology Package. https://CRAN.R-project.org/package=vegan
- 68. Sanders, H.L. (1968). Marine Benthic Diversity: A Comparative Study. Am. Nat. *102*, 243–282. 10.1086/282541.
- Li, K., Bihan, M., Yooseph, S., and Methé, B.A. (2012). Analyses of the microbial diversity across the human microbiome. PLoS One 7, e32118. 10.1371/journal.pone.0032118.
- 70. Wilcoxon, F. (1945). Individual Comparisons by Ranking Methods. Biometrics Bulletin *1*, 80–83. 10.2307/3001968.
- 71. Hochberg, Y. (1988). A sharper bonferroni procedure for multiple tests of significance. Biometrika *75*, 800. 10.2307/2336325.

- 72. Schloss, P.D. (2023). Rarefaction is currently the best approach to control for uneven sequencing effort in amplicon sequence analyses. bioRxiv. 10.1101/2023.06.23.546313.
- 73. Naing, L., Winn, T., and Rusli, B.N. (2006). Practical Issues in Calculating the Sample Size for Prevalence Studies. Archives of Orofacial Sciences, 9–14.
- 74. Jovanovic, B.D., and Levy, P.S. (1997). A Look at the Rule of Three. Am. Stat. *51*, 137– 139. 10.1080/00031305.1997.10473947.
- 75. Martino, C., Morton, J.T., Marotz, C.A., Thompson, L.R., Tripathi, A., Knight, R., and Zengler, K. (2019). A Novel Sparse Compositional Technique Reveals Microbial Perturbations. mSystems *4*. 10.1128/mSystems.00016-19.
- 76. Delicado, P., and Pachon-Garcia, C. (2020). Multidimensional Scaling for Big Data. arXiv [stat.CO]. 10.48550/arXiv.2007.11919.
- 77. Borg, I., and Groenen, P.J.F. (2005). Modern Multidimensional Scaling: Theory and Applications (Springer Science & Business Media). 10.1007/0-387-28981-x.
- 78. Davies, D.L., and Bouldin, D.W. (1979). A cluster separation measure. IEEE Trans. Pattern Anal. Mach. Intell. *1*, 224–227. 10.1109/tpami.1979.4766909.
- Walesiak, M., and Dudek, A. (2020). The Choice of Variable Normalization Method in Cluster Analysis. In Education Excellence and Innovation Management: A 2025 Vision to Sustain Economic Development During Global Challenges, K. S. Soliman, ed. (International Business Information Management Association (IBIMA)), pp. 325–340.
- 80. Bates, D., Mächler, M., Bolker, B., and Walker, S. (2015). Fitting Linear Mixed-Effects Models Using Ime4. J. Stat. Softw. 67, 1–48. 10.18637/jss.v067.i01.
- 81. Kuznetsova, A., Brockhoff, P.B., and Christensen, R.H.B. (2017). ImerTest Package: Tests in Linear Mixed Effects Models. J. Stat. Softw. *82*, 1–26. 10.18637/jss.v082.i13.
- 82. Clark, K., Karsch-Mizrachi, I., Lipman, D.J., Ostell, J., and Sayers, E.W. (2016). GenBank. Nucleic Acids Res. 44, D67–D72. 10.1093/nar/gkv1276.
- 83. Ehresmann, C., Stiegler, P., Fellner, P., and Ebel, J.P. (1972). The determination of the primary structure of the 16S ribosomal RNA of Escherichia coli. 2. Nucleotide sequences of products from partial enzymatic hydrolysis. Biochimie *54*, 901–967. 10.1016/s0300-9084(72)80007-5.
- 84. Zhao, M., Lee, W.-P., Garrison, E.P., and Marth, G.T. (2013). SSW library: an SIMD Smith-Waterman C/C++ library for use in genomic applications. PLoS One *8*, e82138. 10.1371/journal.pone.0082138.
- 85. scikit-bio http://scikit-bio.org/.
- Chakravorty, S., Helb, D., Burday, M., Connell, N., and Alland, D. (2007). A detailed analysis of 16S ribosomal RNA gene segments for the diagnosis of pathogenic bacteria. J. Microbiol. Methods *69*, 330–339. 10.1016/j.mimet.2007.02.005.

- 87. Huber, W., Carey, V.J., Gentleman, R., Anders, S., Carlson, M., Carvalho, B.S., Bravo, H.C., Davis, S., Gatto, L., Girke, T., et al. (2015). Orchestrating high-throughput genomic analysis with Bioconductor. Nat. Methods *12*, 115–121. 10.1038/nmeth.3252.
- 88. Huang, R., Soneson, C., Ernst, F.G.M., Rue-Albrecht, K.C., Yu, G., Hicks, S.C., and Robinson, M.D. (2020). TreeSummarizedExperiment: a S4 class for data with hierarchical structure. F1000Res. 9, 1246. 10.12688/f1000research.26669.2.
- 89. Šavrič, B., Patterson, T., and Jenny, B. (2019). The Equal Earth map projection. Int. J. Geogr. Inf. Sci. 33, 454–465.
- 90. South, A. (2017). World Map Data from Natural Earth [R package rnaturalearth version 0.1.0]. https://cran.r-project.org/package=rnaturalearth.