1	Persistent Inequities in Intravenous Thrombolysis for Acute Ischemic Stroke in the United
2	States: Results from the Nationwide Inpatient Sample
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- 25 Key words: thrombolysis, sex differences, ethnicity, epidemiology, inequities
- 26
- 27 Word count (abstract): 328
- 28 Word count (full text): 3131
- **29 Tables:** 2
- 30 Supplemental Tables: 3
- 31 Figures: 2
- 32 **References:** 30

33 Abstract

34 **Background:** Despite its approval for use in acute ischemic stroke (AIS) >25 years ago,

35 intravenous thrombolysis (IVT) remains underutilized, with inequities by age, sex, race/ethnicity,

36 and geography. Little is known about IVT rates by insurance status. We aimed to assess temporal

37 trends in the inequities in IVT use.

38 Methods: We assessed trends from 2002 to 2015 in IVT for AIS in the Nationwide Inpatient

39 Sample by sex, age, race/ethnicity, hospital location/teaching status, and insurance, using survey-

40 weighted logistic regression, adjusting for sociodemographics, comorbidities, and hospital

41 characteristics. We calculated odds ratios for IVT for each category in 2002-2008 (*Period 1*) and

42 2009-2015 (*Period 2*).

43 **Results**: Among AIS patients (weighted N=6,694,081), IVT increased from 1.0% in 2002 to 6.8%

44 in 2015 (adjusted annual relative ratio (AARR) 1.15, 95% CI 1.14-1.16). Individuals \geq 85 years

45 had the most pronounced increase from 2002 to 2015 (AARR 1.18, 1.17-1.19), but were less

46 likely to receive IVT compared to those aged 18-44 years in both Period 1 (adjusted odds ratio

47 (aOR) 0.23, 0.21-0.26) and Period 2 (aOR 0.36, 0.34-0.38). Women were less likely than men to

48 receive IVT, but the disparity narrowed over time (Period 1 aOR 0.81, 0.78-0.84, Period 2 aOR

49 0.94, 0.92-0.97). Inequities in IVT by race/ethnicity resolved for Hispanic individuals in Period 2

50 but not for Black individuals (Period 2 aOR 0.81, 0.78-0.85). The disparity in IVT for Medicare

51 patients, compared to privately insured patients, lessened over time (Period 1 aOR 0.59, 0.56-

52 0.52, Period 2 aOR 0.75, 0.72-0.77). Patients treated in rural hospitals were less likely to receive

53 IVT than those treated in urban hospitals; a more dramatic increase in urban areas widened the

54 inequity (Period 2 urban non-teaching vs. rural aOR 2.58, 2.33-2.85, urban teaching vs. rural

55 aOR 3.90, 3.55-4.28).

- 56 Conclusion: From 2002 through 2015, IVT for AIS increased among adults. Despite
- 57 encouraging trends, only 1 in 15 AIS patients received IVT and persistent inequities remained
- 58 for Black individuals, women, government-insured, and those treated in rural areas, highlighting
- 59 the need for intensified efforts at addressing inequities.
- 60

61 Introduction

Administration of intravenous thrombolysis (IVT) with recombinant tissue plasminogen activator in appropriately selected patients with acute ischemic stroke (AIS) is associated with improved mortality and functional outcomes^{1,2}. With expansion of evidence-based systems of care, such as primary and comprehensive stroke center designation, IVT use has become more widespread over time in the United States,³⁻⁶ though it remains significantly underused in eligible populations.

Additionally, marked inequities remain by sex⁷, age³, race/ethnicity^{7,8}, and geographic 68 69 location^{4,6,9}. For example, women are less likely to receive IVT than men, and individuals 70 admitted to rural hospitals are less likely to receive IVT than those admitted to urban hospitals^{3,7}. 71 While some sociodemographic inequities in IVT use have improved over the past few decades (e.g. use of IVT in individuals >85 years³ from 2005 to 2010), others remain unresolved or have 72 worsened (e.g. for women from 2007 to 2011⁷, for Black and Hispanic individuals from 2004 to 73 2010^8 , for all non-White individuals from 2007 to 2011^7 and for people living in rural areas from 74 2000 to 2010^4 and 2012 to 2017^9). 75

Furthermore, although one could postulate that use of evidence-based protocols would
reduce disparities, a recent study revealed that presentation to a primary stroke center enhanced
rate of IVT use overall but did not alleviate racial disparities⁸.

Little is known about more recent temporal trends in IVT use by sex, race/ethnicity, age, and hospital location/teaching status. Additionally, to our knowledge, differences in IVT by insurance type have not been studied in the United States. Therefore, the aim of the study was to fill these gaps by evaluating recent temporal trends in IVT among individuals with AIS, stratified by age, race/ethnicity, sex, primary insurance, hospital teaching status, and urban/rural location

84	using data from the National Inpatient Sample (NIS) from 2002 to 2015. We hypothesized an
85	overall increase in IVT and reduction in inequities over the study period.

86

87 Methods:

88 **Population for Study**

89 Data were obtained from the National Inpatient Sample (NIS), which was developed as 90 part of the Healthcare Cost and Utilization Project (HCUP). Prior to 2012, the survey was 91 designed to approximate a stratified 20% sample of all United States community hospitals (non-92 federal, short-term, general, and specialty hospitals) serving adults in the United States. From 93 2012, the sampling strategy transitioned to 20% of patient discharges from all United States 94 community hospitals excluding rehabilitation and long-term acute care hospitals. The sampling 95 strategy selected hospitals within states that have state inpatient databases according to defined strata based on ownership, bed size, teaching status, urban/rural location, and region¹⁰. All 96 97 discharges from sampled hospitals for the calendar year were then selected for inclusion into 98 NIS. To allow extrapolation for national estimates, both hospital and discharge weights are 99 provided. Detailed information on the design of the NIS is available at http://www.hcup-100 us.ahrq.gov.

101 NIS captures discharge-level information on primary and secondary diagnoses and 102 procedures, discharge vital status, and demographics on several million discharges per year. Data 103 elements that could directly or indirectly identify individuals are excluded. The unit of analysis is 104 the discharge rather than the individual; discharges are therefore all considered independent. A 105 unique anonymous hospital identifier allows for linkage of discharge data to an NIS data set with

106	hospital characteristics. To protect subject confidentiality, NIS data only provides hospital-
107	specific identifiable information (e.g., hospital rurality, but not the rurality of patient residence).
108	We included all patients with a primary or secondary discharge diagnosis of stroke
109	(International Classification of Diseases, Ninth Revision diagnosis codes [ICD-9-CM] 433.01,
110	433.11, 433.21, 433.31, 433.81, 433.91, 434.01, 434.91, 436) at the time of hospital admission,
111	from January 2002 through September 2015. IVT administration was determined using ICD-9
112	procedure code 99.10.
113	We excluded patients with a diagnosis of acute myocardial infarction, pulmonary
114	embolism, malignancy (solid tumor without metastasis, lymphoma, metastatic cancer),
115	transferred to index hospital from another hospital, elective admissions, cases with missing
116	race/ethnicity and/or sex, and enrollment in a clinical trial (ICD-9-CM code V70.7). Please refer
117	to Supplemental Tables 1-3 for the full list of ICD-9 codes.
118	
119	Sociodemographic, Clinical, and Hospital Factors
119 120	Sociodemographic, Clinical, and Hospital Factors Individuals were categorized into the following age groups: <18 years, 18-44 years, 45-
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120 121	Individuals were categorized into the following age groups: <18 years, 18-44 years, 45- 64 years, 65-84 years, and \geq 85 years. They were also categorized by sex (women/men),
120 121 122	Individuals were categorized into the following age groups: <18 years, 18-44 years, 45- 64 years, 65-84 years, and ≥85 years. They were also categorized by sex (women/men), race/ethnicity (White, Black, Hispanic, Asian/Pacific Islander (API), Native American, other,
120 121 122 123	Individuals were categorized into the following age groups: <18 years, 18-44 years, 45- 64 years, 65-84 years, and ≥85 years. They were also categorized by sex (women/men), race/ethnicity (White, Black, Hispanic, Asian/Pacific Islander (API), Native American, other, missing), primary payer (Medicare, Medicaid, private, self-pay, no charge, other pay, missing),
120 121 122 123 124	Individuals were categorized into the following age groups: <18 years, 18-44 years, 45- 64 years, 65-84 years, and ≥85 years. They were also categorized by sex (women/men), race/ethnicity (White, Black, Hispanic, Asian/Pacific Islander (API), Native American, other, missing), primary payer (Medicare, Medicaid, private, self-pay, no charge, other pay, missing), and hospital location/teaching status (urban teaching, urban non-teaching, rural). Race/ethnicity
120 121 122 123 124 125	Individuals were categorized into the following age groups: <18 years, 18-44 years, 45- 64 years, 65-84 years, and ≥85 years. They were also categorized by sex (women/men), race/ethnicity (White, Black, Hispanic, Asian/Pacific Islander (API), Native American, other, missing), primary payer (Medicare, Medicaid, private, self-pay, no charge, other pay, missing), and hospital location/teaching status (urban teaching, urban non-teaching, rural). Race/ethnicity was determined from two HCUP administrative data elements of race and ethnicity. If the source
120 121 122 123 124 125 126	Individuals were categorized into the following age groups: <18 years, 18-44 years, 45- 64 years, 65-84 years, and ≥85 years. They were also categorized by sex (women/men), race/ethnicity (White, Black, Hispanic, Asian/Pacific Islander (API), Native American, other, missing), primary payer (Medicare, Medicaid, private, self-pay, no charge, other pay, missing), and hospital location/teaching status (urban teaching, urban non-teaching, rural). Race/ethnicity was determined from two HCUP administrative data elements of race and ethnicity. If the source supplied race and ethnicity in separate data elements, then ethnicity took precedence over race.

Subclass Category¹¹. Presence of the following comorbid conditions were assessed:
hypertension, dyslipidemia, alcohol abuse, obesity, smoking history, coronary artery disease,
atrial fibrillation, and Charlson Comorbidity Index¹² (which consists of 17 comorbidities;
Supplemental Table 3).

133

134 Statistical Analyses

135 National trends were estimated following HCUP methodological standards (which 136 adopted a design change in 2012), with appropriate trend weights. The observed yearly national 137 IVT utilization from 2002 to quarter 3 of 2015 was estimated using proc surveyfreq in SAS. For 138 the following demographic, comorbidities, and hospital factors, we conducted national 139 estimations by year, as well as by IVT utilization status: sex, age, race/ethnicity, national quartile 140 of household income by zip code, third-party payer, hospital region/teaching status, coronary 141 artery disease, atrial fibrillation or flutter, hypertension, dyslipidemia, obesity, smoking, alcohol 142 use, Charlson Comorbidity Index, and Risk of Mortality Subclass. Any factors with an observed 143 association with both year and with IVT utilization in univariate analysis or trend analysis 144 meaningfully in either clinical or epidemiological ways were considered as confounders that 145 could impact the temporal trend effects of IVT. To systematically compare temporal trends, we 146 divided the study period 2002-2015 into two periods - 2002-2008 (Period 1) and 2009-2015 147 (Period 2).

The temporal trend effect in IVT was tested using survey-weighted logistic models,
adjusting for sex, age, race/ethnicity, national quartile of household income by zip code,
insurance, hospital region, hospital location/teaching status, hypertension, diabetes, dyslipidemia,
obesity, coronary artery disease, peripheral artery disease, atrial fibrillation, congestive heart

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152	failure, Charlso	on Comorbidity	Index, smoking	history, and	d alcohol histor	y. In addition to the

- 153 linear temporal trend, we compared first and second seven-year periods (*Period 1* vs. *Period 2*)
- adjusting for the same covariates. For temporal trends in subgroups, we used the survey-logistic
- 155 procedure with subgroup categories in the DOMAIN statement
- 156 (https://www.hcupus.ahrq.gov/reports/methods/2003_02.jsp#sas) to request statistics for the
- 157 subpopulation. All data analyses were conducted using SAS (version 9.4; SAS Institute Inc,
- 158 Cary, NC).
- 159 The study was considered exempt from institutional review board given the use of

160 deidentified information. We followed the Strengthening the Reporting of Observational Studies

- 161 in Epidemiology (STROBE) reporting guideline¹³.
- 162
- 163 **Results:**

164 Among patients admitted with a diagnosis of AIS (weighted n=6,694,081), approximately 165 half were 65-84 years (50.5%), just under a quarter were 45-64 years (24.0%), and 21.5% were 166 \geq 85 years of age (Table 1). More than half of the study population were women (53.9%). The 167 race/ethnic distribution was as follows: White (58.9%), Black (14.5%), Hispanic (6.6%), API 168 (2.2%), and other (2.1%). Nearly two thirds of patients had comorbid hypertension (61.4%) and 169 approximately one in four had diabetes (26.6%), coronary artery disease (23.9%), or atrial 170 fibrillation (22.4%). Medicare was the most common insurance type (70.3%), followed by 171 private (16.8%) and Medicaid (6.7%). The distribution by geography was as follows: South 172 (41.0%), Midwest (22.0%), Northeast (18.5%) and West (18.5%). 173 The overall use of IVT for AIS increased from 1.0% in 2002 to 6.8% in 2015, with an 174 overall adjusted annual relative ratio (AARR) of 1.15 (95% CI 1.14-1.16). Individuals aged 18-

175	44 years had the highest rate	of IVT during	the entire p	eriod starting in 20	003 (Figure 1). Adults

- 176 18 years of age or greater had an increase in IVT over time, with those \geq 85 years having the
- 177 most pronounced increase (AARR of 1.18, CI 1.17-1.19; Period 2 vs. Period 1 adjusted odds
- 178 ratio (aOR) of 3.66, CI 3.3-4.07) (Table 2). However, compared to those aged 18-44 years, those
- 179 who were \geq 85 years were still markedly less likely to receive IVT in both Period 1 (aOR 0.23,
- 180 95% CI 0.21-0.26) and Period 2 (aOR 0.36, 95% CI 0.34-0.38; Figure 2A). Minors (age <18)
- 181 had the second lowest rate of IVT in Period 1 and the lowest in Period 2, and they were the only
- age group without a significant increase in IVT use over time (AARR 0.95, CI 0.88-1.03; Period
- 183 2 vs. Period 1 aOR of 0.94, CI 0.49, 1.77)(**Table 2**).

184 Women were less likely than men to receive IVT in Period 1 (aOR 0.81, 95% CI 0.78-

185 0.84; Figure 2B); this inequity narrowed such that women remained slightly less likely than men

to receive IVT in Period 2 (aOR 0.94, 95% CI 0.92-0.97; Figure 2B). Compared to Period 1,

187 women in Period 2 were about three times more likely than to receive IVT (aOR 2.98, 95% CI

188 2.75-3.23)(**Table 2**).

189 Across all races/ethnicities, IVT rates increase; therefore, individuals were more likely to

receive IVT in Period 2 vs. Period 1 (White population OR 2.63, 95% CI 2.42-2.86; Black

191 population aOR 3.03, 95% CI 2.65-3.48; Hispanic population aOR 3.13, 95% CI 2.66-3.69;

Asian/Pacific Islander population aOR 2.84, 95% CI 2.28-3.52; other race/ethnicity aOR 3.18,

193 95% CI 2.65-3.81) (Table 2). In Period 1, Hispanic individuals were less likely than their non-

194 Hispanic White counterparts to receive IVT (aOR 0.81, 95% CI 0.69-0.94; Figure 2C), but the

- inequity resolved in Period 2 (aOR 0.96, 95% CI 0.91-1.02; Figure 2C). Inequities in IVT for
- 196 Black compared to White individuals with stroke improved without resolving. In Period 1,
- 197 compared to White individuals, Black individuals were less likely to receive IVT (Period 1 aOR

198 0.71, 95% CI 0.63-0.79; Period 2 aOR 0.81, 95% CI 0.78-0.85; Figure 2C). Compared to Period
1, Black individuals in Period 2 were three times more likely to receive IVT (aOR 3.03; 95% CI
200 2.65-3.48; Table 2).

201 In Period 1, compared to those who were privately insured, individuals with Medicare 202 were less likely to receive IVT, even accounting for age (aOR 0.59, 95% CI 0.56-0.62; Figure 203 2D). This disparity improved but persisted in Period 2 (aOR 0.75, 95% CI 0.72-0.77; Figure 204 **2D**). Compared to Period 1, those with Medicare were three times more likely to receive IVT in 205 Period 2 (aOR 2.99, 95% CI 2.76-3.24; Table 2). Those with Medicaid insurance had a similar 206 trend of marginal improvement in equity from Period 1 (aOR 0.61, 95% CI 0.55-0.67; Figure 207 **2D**) to Period 2 (aOR 0.77, 95% CI 0.73-0.81; Figure 2D), with Period 2 vs. Period 1 aOR of 208 2.97 (95% CI 2.65-3.33; Table 2). 209 Compared to those treated at rural hospitals, those treated at urban non-teaching and 210 urban teaching hospitals were more likely to receive IVT in Period 1 (urban non-teaching vs. 211 rural: aOR 1.80, 95% CI 1.52-2.12; urban teaching vs rural: aOR 3.17, 95% CI 2.65-

212 3.80)(Figure 2E). Over time, IVT use increased in both rural and urban hospitals, but at a higher

rate in urban hospitals, thus increasing the disparities in Period 2 (urban non-teaching vs. rural:

214 aOR 2.58, 95% CI 2.33-2.85; urban teaching vs. rural: aOR 3.90, 95% CI 3.55-4.28; Figure 2E),

215 with Period 2 vs. Period 1 aORs of 2.90 (95% CI 2.66-3.16) and 2.48 (95% CI 2.23-2.76) for

216 urban non-teaching and urban teaching hospitals, respectively (Table 2).

217

218 **Discussion**:

219 This is the first study to assess temporal trends in IVT in the United States by numerous

220 key sociodemographic and geographic characteristics, including race/ethnicity, sex, age,

221 insurance, hospital teaching status, and geographic location. This study confirms steadily 222 increasing IVT use across all ages in adults, with the fastest growth in those over 85 years. The 223 sex inequity in IVT improved to near complete resolution in the second half of the study period. 224 Inequities in IVT for Hispanic individuals resolved. Marked inequities in IVT remain for Black 225 individuals despite improvements over time. Individuals with Medicare and Medicaid insurance 226 remained less likely to receive IVT compared to privately-insured individuals, despite modest 227 improvements over time. The inequities by geographic location continued to worsen, such that 228 those admitted to rural hospitals were nearly three times less likely to receive IVT compared to 229 those admitted to urban non-teaching hospitals and nearly 4 times less likely to receive IVT 230 compared to those admitted to urban teaching hospitals, a finding consistent with recently 231 published data⁹.

232 Individuals with AIS \geq 85 years had the steepest relative growth in IVT. This corroborates a previous study examining trends from 2005 to 2010^3 , where individuals ≥ 85 years showed the 233 234 most rapid increase in IVT, mostly in urban and high-volume hospitals. Similarly, a study using Get With the Guidelines-Stroke data¹⁴ and a recent study in Austria¹⁵ from their national Stroke 235 236 Unit Registry noted a similarly dramatic increase in patients > 85 years of age and > 80 years. 237 Despite the increase in IVT, its absolute rates of use remained low in this age group. It is unclear 238 whether this is due to patients presenting outside the therapeutic window, inability to determine 239 last known well time in those who live alone, concerns about adverse events, or contraindications 240 due to comorbidities. The under-utilization of IVT in individuals under the age of 18 is likely 241 due to limited evidence of efficacy in this age group, lack of FDA-approval, atypical 242 presentations, and lower index of suspicion for stroke.

243	This is the first study to show resolution of disparities in IVT for Hispanic individuals.
244	However, race inequities remain. This study corroborates a previous NIS study that showed that
245	Black individuals were less likely to receive IVT than White individuals ^{7,8} . A previous study
246	using the NIS database in 2004-2010 noted under-administration in Black patients regardless of
247	presentation to primary stroke centers. ⁸ Potential reasons for the marked disparity for Black
248	individuals could include provider implicit bias or discrimination, ¹⁶ or longer time to
249	presentation from factors such as poor access to care, ^{17,18} medical mistrust ¹⁹ and differences in
250	stroke preparedness (i.e. the ability to recognize signs and symptoms of stroke, knowledge to call
251	911, and action to call 911). ^{20,21} It could also be due to systematic differences in quality of care at
252	hospitals where Black patients most often present. ⁷
253	This study is the first to show an improvement in sex disparities in IVT. It is widely
254	recognized that women are less likely to receive IVT compared to men. Factors contributing to
255	sex differences in thrombolytic rates for women include delays in presentation ²² , atypical
256	presentations ²³ , underlying system-level factors ⁷ , inability to determine last known well time,
257	and provider bias ²⁴ . More research is needed to determine what has led to the reductions in sex
258	differences, but more widespread use of stroke pathways may be a factor.
259	This study is the first to evaluate nationwide temporal trends in receipt of IVT by
260	insurance type. The profound differences in IVT use by insurance type highlight the need to
261	expand healthcare access and improve quality of care for those with government insurance. An
262	example of an initiative that was successful in augmenting use of IVT was Target: Stroke quality
263	initiative ²⁵ , which led to a quicker administration of IVT with better long-term outcomes in
264	Medicare beneficiaries.

265 This study confirms a persistent trend of worsening rural-urban disparities in IVT for AIS 266 in the early 21st century^{4,6,9}. This widening disparity occurred with the steady temporal growth in 267 IVT use in urban teaching hospitals; use of IVT in rural hospitals fluctuated in the young AIS 268 patients aged 19-44 from 2001 to 2009⁶. A study from 2012 to 2017 demonstrated a persistent, 269 steady gap in IVT use for rural populations⁹. The widening urban/rural gap could be explained 270 by poor hospital and emergency medical services staffing, access to specialists, long distance to

stroke centers, and stroke literacy. These issues could be mitigated by expansion of telestroke
networks²⁶ and community outreach.

273 These sociodemographic and geographic inequities are likely due to individual, system, and societal factors^{3,4,6-9,27}; therefore a multipronged approach is needed to address them. 274 275 Barriers to elimination of inequities include: (1) fundamental drivers of inequities, namely 276 unequal distribution of wealth, education, and employment opportunities; (2) historical and 277 ongoing structural and systemic racism which have disproportionately burdened Black 278 communities with poverty, food insecurity, housing instability, and other adverse social 279 determinants of health, and led to the likelihood of Black individuals having poor access to care^{18,28} or receiving care in under-resourced, under-performing hospitals; (3) ineffective 280 281 messaging around stroke symptoms in lower income, Black, and Hispanic populations^{20,21}; (4) provider-level factors, such as unconscious bias²⁹, racism³⁰, and hesitancy to treat the elderly 282 with IVT;³ (5) patient-level factors, such as women being more likely to live $alone^{22}$ and delays 283 in presentation¹⁷, and (6) clinical factors such as atypical clinical presentations²³. 284

The study is limited by its cross-sectional design and lack of patient-level zip codes and stroke specific data such as hospital stroke center designation, last known well times, stroke severity, and individualized considerations for IVT use (e.g., personal/goals of care decisions and

288 medical contraindications not addressed by the exclusion criteria). Additionally, administrative 289 data (e.g., race/ethnicity, diagnosis) are prone to misclassification and coding errors. We 290 excluded individuals who were transferred in, so we may have underestimated IVT rates. 291 However, hospitals usually provide IVT prior to transfer, so we suspect these numbers are low. 292 The strengths of this study include that it is nationally representative, with key hospital-level 293 factors, sociodemographic characteristics, and comorbidities. 294 Further studies are needed to develop an understanding of reasons underlying persistent 295 inequities as well as recent improvements (e.g., resolution in inequities faced by Hispanic 296 individuals). It will be critical to elucidate the extent to which these inequities are caused by 297 system-, provider-, society-, and patient-level factors. Developing a more nuanced understanding 298 of the causes for persistent inequities in IVT will inform the development of effective 299 interventions for reducing them. 300 301 **Conclusions:** 302 From 2002 through 2015, IVT for AIS in the United States increased steadily in various 303 strata, with some encouraging trends of rapidly growing use of IVT among individuals ≥ 85 years 304 and a resolution of disparities for Hispanic individuals. Despite these encouraging trends, only 1 305 in 15 AIS patients received IVT, and inequities remain for Black patients, women, those with 306 Medicaid or Medicare insurance, and individuals admitted to rural hospitals. Further studies can 307 help us better understand these trends and design interventions aimed at eliminating inequities in 308 IVT for AIS. 309

310 Disclosures

- 311 Dr. Joynt Maddox receives research support from the National Heart, Lung, and Blood
- 312 Institute (R01HL143421 and R01HL164561), National Institute of Nursing Research
- 313 (U01NR020555) National Institute on Aging (R01AG060935, R01AG063759, and
- 314 R21AG065526), and National Center for Advancing Translational Sciences (UL1TR002345)
- 315 and from Humana. She also serves on the Health Policy Advisory Council for the Centene
- 316 Corporation (St. Louis, MO) and as an Associate Editor for the Journal of the American Medical
- 317 Association (JAMA).
- 318 Dr Towfighi receives research support from the National Institute of Neurological Disorders and
- 319 Stroke (R01NS093870) and National Institute of Minority Health and Health Disparities
- 320 (P50MD017366).
- 321

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422

423 Figure Legends

- 424 Figure 1. Proportion of acute ischemic stroke patients who received IVT by age from 2002 to
- 425 2015 (unadjusted)
- 426 Figure 2 A. Dichotomized comparison of IVT use between *Period 1* vs. *Period 2* by age
- 427 Figure 2B. Dichotomized comparison of IVT use between *Period 1* vs. *Period 2* by sex
- 428 Figure 2C. Dichotomized comparison of IVT use between *Period 1* vs. *Period 2* by
- 429 race/ethnicity
- 430 Figure 2D. Dichotomized comparison of IVT use between *Period 1* vs. *Period 2* by insurance
- 431 Figure 2E. Dichotomized comparison of IVT use between *Period 1* vs. *Period 2* by hospital
- 432 location/teaching status
- 433

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Alcohol abuse	150,854	2.3±0.02
Charlson Comorbidity Index		
0	5,160,840	77.1±0.06
1	1,013,298	15.1±0.05
2	361,693	$5.4{\pm}0.03$
3+	158,250	$2.4{\pm}0.02$
Risk of Mortality Subclass		
Minor	1,619,730	24.2 ± 0.09
Moderate	2,845,438	42.5±0.1
Major	1,365,900	20.4 ± 0.06
Extreme	814,571	12.2±0.06
Missing	47,737	$0.7{\pm}0.1$
Insurance		
Medicare	4,702,599	70.3±0.1
Medicaid	451,058	6.7 ± 0.07
Private (including HMO)	1,122,618	16.8±0.1
Self-Pay	257,539	$3.9{\pm}0.05$
No Charge	25,637	$0.4{\pm}0.02$
Other Pay	124,216	$1.9{\pm}0.04$
Missing	10,414	$0.2{\pm}0.01$
Household income		
<\$45,000	1,835,301	27.4±0.3
\$45-60,000	1,681,387	25.1±0.2
\$60-80,000	1,570,078	23.5±0.2
>\$80,000	1,464,540	21.9±0.3
Missing	142,775	2.1 ± 0.05
Hospital Location/Teaching		
Status		
Rural	870,369	13.0±0.2
Urban Non-Teaching	2,844,987	42.5±0.3
Urban Teaching	2,953,365	44.1±0.4

Geographic Region			434
Northeast	1,237,316	18.5±0.3	435
Midwest	1,472,593	22.0±0.3	
South	2,745,210	41.0±0.4	436
West	1,238,961	18.5±0.3	437

438

439 SE: Standard error

440 HMO: Health Maintenance Organization

Table 2: Rate of IVT from 2002 to 2015 by age groups, race/ethnicity, sex, insurance, and hospital

location/teaching status

	Rate of IVT use, percent (95% CI)		aOR*(95% CI)	AARR†(95% CI)
	Period 1 (2002-2008)	Period 2 (2009-2015)	Period 2 vs Period 1 (2009-2015 vs 2002-2008)	2002-2015
Age				
<18 years	1.42 (0.72, 2.11)	1.33 (0.81, 1.84)	0.94 (0.49, 1.77)	0.95 (0.88, 1.03)
18-44 years	3.87 (3.51, 4.23)	8.77 (8.36, 9.19)	2.39 (2.14, 2.67)	1.13 (1.11, 1.14)
45-64 years	2.51 (2.34, 2.69)	6.2 (6.01, 6.39)	2.56 (2.37, 2.77)	1.14 (1.13, 1.15)
65-84 years	1.64 (1.53, 1.75)	4.37 (4.23, 4.5)	2.74 (2.53, 2.95)	1.14 (1.13, 1.15)
≥85 years	0.93 (0.84, 1.01)	3.31 (3.17, 3.44)	3.66 (3.3, 4.07)	1.18 (1.17, 1.19)
Sex				
Women	1.55 (1.44, 1.66)	4.47 (4.33, 4.6)	2.98 (2.75, 3.23)	1.16 (1.15, 1.17)
Men	1.9 (1.78, 2.02)	4.72 (4.57, 4.86)	2.56 (2.38, 2.76)	1.14 (1.13, 1.15)
Race/ethnicity				
White	1.86 (1.71, 2)	4.75 (4.62, 4.88)	2.63 (2.42, 2.86)	1.14 (1.13, 1.15)
Black	1.32 (1.15, 1.49)	3.9 (3.73, 4.07)	3.03 (2.65, 3.48)	1.16 (1.14, 1.18)
Hispanic	1.51 (1.27, 1.74)	4.56 (4.31, 4.81)	3.13 (2.66, 3.69)	1.17 (1.15, 1.19)

Asian/Pacific Islander	1.79 (1.4, 2.17)	4.91 (4.54, 5.27)	2.84 (2.28, 3.52)	1.15 (1.13, 1.18)		
Other	1.69 (1.41, 1.96)	5.17 (4.82, 5.52)	3.18 (2.65, 3.81)	1.15 (1.13, 1.18)		
Insurance						
Medicare	1.5 (1.39, 1.6)	4.35 (4.21, 4.48)	2.99 (2.76, 3.24)	1.15 (1.14, 1.16)		
Medicaid	1.54 (1.38, 1.7)	4.46 (4.23, 4.68)	2.97 (2.65, 3.33)	1.15 (1.13, 1.16)		
Private (including HMO)	2.51 (2.34, 2.68)	5.72 (5.51, 5.92)	2.36 (2.18, 2.55)	1.13 (1.12, 1.14)		
Other pay	1.96 (1.75, 2.16)	4.69 (4.45, 4.93)	2.47 (2.19, 2.77)	1.14 (1.12, 1.16)		
Hospital location	/teaching status					
Rural	0.78 (0.66, 0.9)	1.57 (1.43, 1.7)	2.02 (1.72, 2.38)	1.11 (1.09, 1.13)		
Urban non- teaching	1.40 (1.29, 1.5)	3.94 (3.74, 4.14)	2.90 (2.66, 3.16)	1.17 (1.16, 1.18)		
Urban teaching	2.44 (2.19, 2.68)	5.84 (5.66, 6.02)	2.48 (2.23, 2.76)	1.13 (1.12, 1.15)		
* adjusted odds ratio of receiving IVT comparing 2009-2015 vs 2002-2008. Adjusted for female sex, age,						

* adjusted odds ratio of receiving IVT comparing 2009-2015 vs 2002-2008. Adjusted for female sex, age, race/ethnicity, national quartile of household income by zip code, insurance, hospital region, hospital location/teaching status, hypertension, diabetes, dyslipidemia, obesity, coronary artery disease, peripheral artery disease, atrial fibrillation

† slope of log linear of IVT administration from 2002-2015

IVT: Intravenous thrombolysis

aOR: adjusted odds ratio

AARR: adjusted annual relative ratio

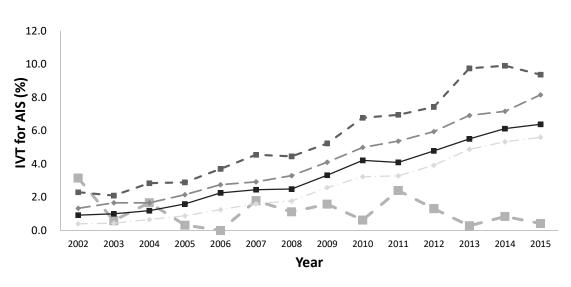
CI: Confidence interval

HMO: Health Maintenance Organization

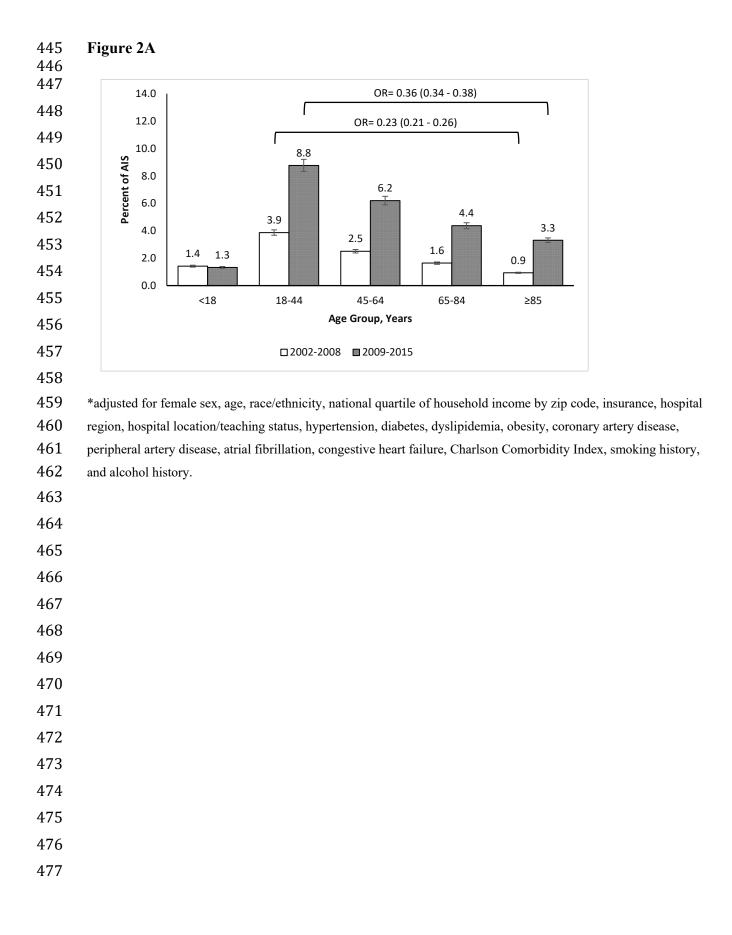
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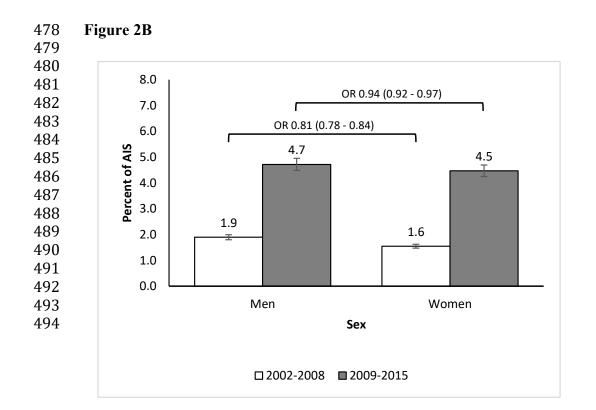
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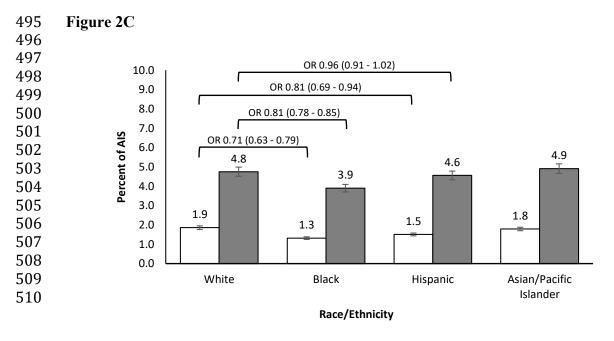


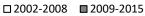
-■ •age <18 -■ age 18-44 - - - age 45-64 - age 65-84 - age ≥85



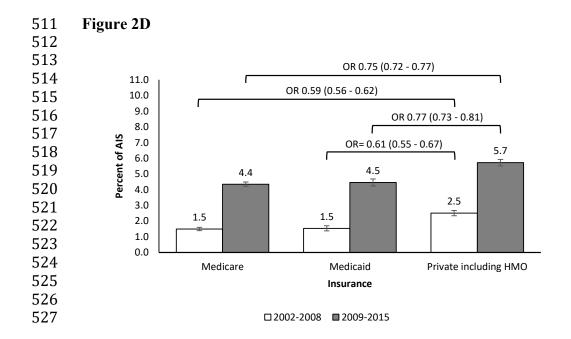


*adjusted for female sex, age, race/ethnicity, national quartile of household income by zip code, insurance, hospital region, hospital location/teaching status, hypertension, diabetes, dyslipidemia, obesity, coronary artery disease, peripheral artery disease, atrial fibrillation, congestive heart failure, Charlson Comorbidity Index, smoking history, and alcohol history.

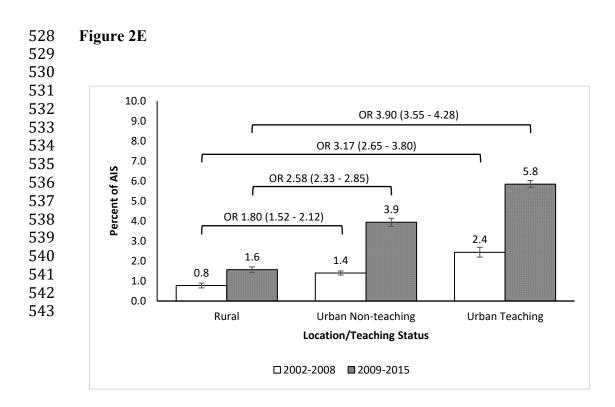




*adjusted for female sex, age, race/ethnicity, national quartile of household income by zip code, insurance, hospital region, hospital location/teaching status, hypertension, diabetes, dyslipidemia, obesity, coronary artery disease, peripheral artery disease, atrial fibrillation, congestive heart failure, Charlson Comorbidity Index, smoking history, and alcohol history.



*adjusted for female sex, age, race/ethnicity, national quartile of household income by zip code, insurance, hospital region, hospital location/teaching status, hypertension, diabetes, dyslipidemia, obesity, coronary artery disease, peripheral artery disease, atrial fibrillation, congestive heart failure, Charlson Comorbidity Index, smoking history, and alcohol history.



*adjusted for female sex, age, race/ethnicity, national quartile of household income by zip code, insurance, hospital region, hospital location/teaching status, hypertension, diabetes, dyslipidemia, obesity, coronary artery disease, peripheral artery disease, atrial fibrillation, congestive heart failure, Charlson Comorbidity Index, smoking history, and alcohol history.