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Study of Rivaroxaban for CeREbral Venous thrombosis: A randomized controlled feasibility trial comparing anticoagulation with rivaroxaban to standard-of-care in symptomatic cerebral venous thrombosis

Thalia S Field, MD MHSc¹, Vanessa Dizonno, MSc¹, Mohammed A Almekhlafi, MD MSc², Fouzi Bala, MD MSc^{2,3}, Ibrahim Alhabli, MD², Hubert Wong, PhD⁴, Monica Norena, MSc⁴, Karina Villaluna Maria, RN¹, Princess King-Azote, MD¹, Namali Ratnaweera, MSc¹, Steven Mancini, MD MSc¹, Stephen C Van Gaal, MD MSc¹, Laura K Wilson, MD¹, Brett R Graham, MD⁵, Luciano A Sposato, MD MBA⁶, Dylan Blacquiere, MD MSc⁷, Brian M Dewar, MLIS⁷, Mark I Boulos, MD MSc⁸, BH Buck, MD MSc⁹, C Odier, MD¹⁰, K Perera, MD¹¹, A Pikula, MD¹², A Tkach, MD¹³, George Medvedev, MD¹⁴, Carolyn Canfield, BA¹⁵, W Ben Mortenson, MD PhD¹⁶, Janel O Nadeau, MD¹⁷, Sohaila Alshimemeri, MBBS^{1,18}, Oscan B Benavente, MD¹, Andrew M Demchuk, MD², Dar Dowlatshahi, MD PhD⁷, Sylvain Lanthier, MD¹⁹, Agnes YY Lee, MD MSc²⁰, Jennifer Mandzia, MD PhD⁸, Deepa Suryanarayan, MD²¹, Jeffrey I Weitz, MD²², Michael D Hill, MSc² On behalf of the SECRET Investigators

¹Vancouver Stroke Program, Division of Neurology, University of British Columbia; Vancouver, Canada

²Department of Clinical Neurosciences and Radiology, Cumming School of Medicine, University of Calgary; Calgary, Canada

³Radiology, Tours University Hospital; Tours, France

⁴School of Population and Public Health, and Centre for Health Outcomes and Evaluative Sciences, University of British Columbia; Vancouver, Canada

⁵Division of Neurology, University of Saskatchewan College of Medicine; Saskatoon, Canada

Corresponding author: Thalia S. Field, Associate Professor, Sauder Family/Heart and Stroke Professorship of Stroke Research, University of British Columbia, Vancouver Stroke Program, Address: S169-2211 Wesbrook Mall, Vancouver BC V6T 2B5, Phone:1-604-822-1789, thalia.field@ubc.ca, Twitter: @VancouverStroke.

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⁶Department of Clinical Neurosciences, Schulich School of Medicine and Dentistry, University of Western Ontario; London, Canada

⁷Ottawa Stroke Program, Ottawa Hospital Research institute, University of Ottawa; Ottawa, Canada

⁸Sunnybrook Research Institute, Division of Neurology, University Toronto; Toronto, Canada

⁹Division of Neurology, University of Alberta; Edmonton, Canada

¹⁰Département de Neurosciences, Centre Hospitalier d'Université de Montréal, Université de Montréal; Montreal, Canada

¹¹Population Health Research Institute and Division of Neurology, McMaster University; Hamilton, Canada

¹²Krembil Brain Institute, University Health Network, University of Toronto; Toronto, Canada

¹³Kelowna General Hospital, Interior Health Authority; Kelowna, Canada

¹⁴Royal Columbian Hospital, Fraser Health Authority; New Westminster, Canada

¹⁵Department of Family Practice, Innovation Support Unit, University of British Columbia; Vancouver, Canada

¹⁶Department of Occupational Science and Occupational Therapy, University of British Columbia; Vancouver, Canada

¹⁷Marlborough Medical Clinic; Calgary, Canada

¹⁸Division of Neurology, King Saud University; Riyadh, Saudi Arabia

¹⁹Hôpital de Sacre-Coeur de Montréal, Département de Neurosciences, Université de Montréal; Montreal, Canada

²⁰Division of Hematology, University of British Columbia; Vancouver, Canada

²¹Division of Hematology, Cumming School of Medicine, University of British Columbia; Vancouver, Canada

²²Thrombosis and Atherosclerosis Research Institute, McMaster University; Hamilton, Canada

Abstract

Background: Emerging data suggest that direct oral anticoagulants (DOACs) may be a suitable choice for anticoagulation for cerebral venous thrombosis (CVT). However, conducting highquality trials in CVT is challenging as it is a rare disease with low rates of adverse outcomes such as major bleeding and functional dependence. To facilitate the design of future CVT trials, SECRET assessed (1) feasibility of recruitment, (2) safety of rivaroxaban compared to standardof-care anticoagulation, and (3) patient-centered functional outcomes.

Methods: This was a Phase II, prospective, open-label blinded-endpoint 1:1 randomized trial conducted at twelve Canadian centres. Participants were aged 18 years, within 14 days of a new diagnosis of symptomatic CVT and suitable for oral anticoagulation; they were randomized to receive rivaroxaban 20 mg daily, or standard-of-care anticoagulation (warfarin, target INR 2.0

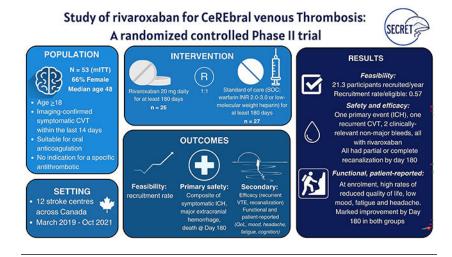
- 3.0, or low molecular-weight heparin) for 180 days, with optional extension up to 365 days. Primary outcomes were annual rate of recruitment (feasibility); and a composite of symptomatic intracranial hemorrhage (sICH), major extracranial hemorrhage, or mortality at 180 days (safety). Secondary outcomes included recurrent venous thromboembolism (VTE), recanalization, clinically relevant non-major bleeding (CRNMB) and functional and patient-reported outcomes (mRS, quality of life, headache, mood, fatigue, cognition) at days 180 and 365.

Results: Fifty-five participants were randomized. Rate of recruitment was 21.3 participants/year; 57% of eligible candidates consented. Median age was 48.0 years (interquartile range[IQR] 38.5 – 73.2); 66% were female. There was one primary event (sICH), 2 CRNMB, and one recurrent CVT by day 180, all in the rivaroxaban group. All participants in both arms had at least partial recanalization by day 180. At enrolment, both groups on average reported reduced quality of life, low mood, fatigue, and headache with impaired cognitive performance. All metrics improved markedly by day 180.

Conclusions: Recruitment targets were reached, but many eligible participants declined randomization. There were numerically more bleeding events in patients taking rivaroxaban compared to control, but rates of bleeding and recurrent VTE were low overall and in keeping with previous studies. Participants had symptoms affecting their well-being at enrolment, but improved over time.

Registration: Clinicaltrials.gov NCT03178864.

Graphical Abstract



BACKGROUND AND OBJECTIVES

Cerebral venous thrombosis (CVT) affects 10–20 individuals per million annually,¹ and is most common in younger women due to its increased risks with oral contraception² and the puerperium.³ High rates of functional independence are reported, although retrospective studies report persistent headache and neuropsychiatric issues, preventing return to previous activities for many survivors.^{4,5}

Direct oral anticoagulants (DOACs) have demonstrated efficacy and safety for treatment of pulmonary embolism and deep venous thrombosis (DVT), with noninferiority compared with vitamin K antagonists (VKA) for prevention of recurrent venous thromboembolism (VTE) and superior safety with a reduction of major or clinically relevant non-major bleeding events.⁶ DOACs are yet to be recommended in guidelines for the management of CVT.^{7,8} Small randomized trials and observational studies have shifted practice over the last several years, including the randomized RE-SPECT CVT (Safety and Efficacy of Dabigatran Etexilate vs Dose-Adjusted Warfarin in Patients With Cerebral Venous Thrombosis) trial comparing dabigatran with VKA,⁹ a substudy of the EINSTEIN-Jr (Oral Rivaroxaban in Children With Venous Thrombosis) pediatric VTE trial in 117 children with CVT, comparing rivaroxaban versus VKA or low-molecular weight heparin (LMWH) anticoagulation,¹⁰ and ACTION-CVT, an international retrospective observational study comparing outcomes in individuals with CVT prescribed DOAC or VKA through routine care.¹¹ Although these studies report reassuring safety data for the use of DOACs in selected populations with CVT, high-quality data from adequately powered randomized trials are not available.

CVT is challenging to study. It is uncommon, occurring 50–100 times less frequently than DVT/PE.^{1,12} Trial recruitment may be additionally challenging due to CVT's predilection for younger women. DOACs are contraindicated in pregnancy and breastfeeding, and women may be less likely to consent to participate in secondary prevention trials.¹³ Traditional safety and efficacy outcomes in VTE trials, including major hemorrhage and recurrent VTE, may be low in this generally young population.¹⁴ Typical functional outcome scales, such as the modified Rankin Scale (mRS), may not optimally characterize the burden of persistent symptoms, such as chronic headache and fatigue, that are common after CVT but may not compromise functional independence.

SECRET was a randomized feasibility trial with the objective of informing the design of future trials in CVT. The trial compared rivaroxaban with standard-of-care anticoagulation and aimed to (1) assess feasibility of recruitment for a clinical trial of a rare disease with a predisposition toward younger women, and (2) to generate preliminary data regarding safety of DOAC compared to standard-of-care VKA or parenteral anticoagulant therapy, and (3) functional outcomes not prospectively characterized in detail in the existing literature.

METHODS

Data sharing statement

Deidentified participant data will be available, once planned subanalyses are complete, on request following an approved proposal and with a signed data access agreement. Requests should be emailed to the corresponding author.

Study design

SECRET was a Phase II, prospective parallel arm, open-label blinded-endpoint 1:1 randomized trial comparing rivaroxaban 20 mg daily (15 mg in individuals with a creatinine clearance < 50 mL/min [Cockroft-Gault equation]) with standard-of-care anticoagulation

(warfarin or LMWH) in adults presenting within 2 weeks of diagnosis of symptomatic, neuroimaging-confirmed CVT.

Participants were recruited across 12 comprehensive stroke centres in Canada. The trial was approved by the local clinical research ethics board at each site. Written informed consent was obtained from participants, or, when participants were unable to directly provide consent, from a legally authorized representative. The trial was regulated by Health Canada and adhered to ICH-GCP principles and the Declaration of Helsinki. The trial protocol is in the Data Supplement. The trial reporting was structured in keeping with the CONSORT 2010 statement and 2016 extension to randomized pilot and feasibility trials.¹⁵

Participants

Participants were aged 18 or older, were within 14 days of an imaging (computed tomography [CT] venography or magnetic resonance imaging [MR] venography)-confirmed diagnosis of CVT, and were suitable for oral anticoagulation in the judgment of the treating physician. A parenchymal brain scan (non-contrast CT or MRI) was required within 72 hours prior to randomization to assess for any baseline intracranial hemorrhage prior to initiation of study medication, but there were no specific neuroimaging-based exclusion criteria. Major exclusion criteria included known antiphospholipid antibody syndrome, an anticipated invasive procedure (e.g. thrombectomy, hemicraniectomy), being unable to swallow due to depressed level of consciousness, eCrCl < 30 mL/min, pregnancy or breastfeeding, another concurrent medical condition requiring mandatory antiplatelet or anticoagulant use, any contraindication to anticoagulation, and concomitant use of strong CYP3A4 inhibitors.

Randomization and masking

Participants were randomized in a 1:1 ratio using a fully concealed dynamic computer algorithm to receive rivaroxaban (20 mg daily) or standard-of-care anticoagulation (dose-adjusted warfarin with International Normalized Ratio [INR] 2.0–3.0, or ongoing therapeutic LMWH). Randomization was stratified by age (37 vs. >37 years) as older age is associated with a worse prognosis and is a predictor of adverse outcomes.¹⁶ Treatment was given for a minimum of 180 days, with optional extension up to 365 days at the discretion of the treating physician. Patients and treating clinicians were aware of treatment allocation but were fully masked to the allocation sequence; study evaluations were performed by an assessor unaware of treatment allocation.

Study procedures

Participants were screened locally to ensure that they had CVT confirmed on neuroimaging, met enrolment criteria, and had provided consent. Randomization occurred when the treating clinician considered the patient suitable for transition to oral anticoagulation based upon a parenchymal scan that had been performed 72 hours prior to randomization and informed consent had been obtained. Participants received their first dose of assigned treatment within 24 hours of randomization.

Interventions and outcomes—Rivaroxaban was provided by Bayer Canada and was dispensed in 20 mg tablets and taken daily with food. For patients randomized to the control arm, site investigators were provided with guidelines for antithrombotic therapy including evidence-based nomograms for INR adjustment and frequency of INR monitoring. INR monitoring was as per standard-of-care, and participants who were initiated on warfarin received bridging parenteral anticoagulation for two consecutive days after the INR was at the target of 2.0–3.0.

The primary feasibility endpoint was the rate of recruitment, defined as the number of participants providing informed consent and randomized annually. The primary safety outcome was a composite of all-cause mortality, symptomatic intracranial hemorrhage (sICH), and major extracranial hemorrhage as per International Society on Thrombosis and Haemostasis (ISTH) criteria¹⁷ within 180 days of randomization. sICH was defined as a new sICH OR worsening existing intracranial hemorrhage with a 33% change in hematoma volume, AND either an NIH Stroke Scale (NIHSS) score increase of 4 points, OR a change in level of consciousness as per NIHSS item 1a, AND the clinical change was thought to be attributable to the hemorrhage. All components were adjudicated by a committee whose members were blinded to treatment allocation. Secondary endpoints at 180 and 365 days included the individual components of the primary safety endpoint, clinically relevant non-major bleeding (CRNMB) as per ISTH criteria,¹⁸ recurrent VTE (recurrent CVT, defined as involvement of a new venous segment, or reocclusion of a previously recanalized segment, DVT, pulmonary embolism, or splanchnic vein thrombosis), venous recanalization as per the de Sousa criteria,¹⁹ and functional and patient-reported outcomes including the modified Rankin Scale (mRS), EuroQoL-5 Dimensions (EQ-5D-5L), Population Health Questionnaire (PHQ-9), Headache Impact Test (HIT-6), Fatigue Assessment Scale (FAS) and Montreal Cognitive Assessment (MoCA). Proxy data was accepted for the mRS but not accepted for the patient-reported outcome measures. Neuroimaging data were reviewed at an external neuroimaging core laboratory by experienced readers unaware of treatment-group assignments. Neuroimaging was not reviewed by the core lab to determine eligibility in advance of randomization. Clinical monitoring was performed by a combination of external independent monitors and coordinating centre staff.

A schedule of assessments is summarized in the Data Supplement. Follow-up visits were at days 30, 90, 180 and 365, with a further safety follow-up visit 30 days after the day 365 follow-up. Prior to the COVID-19 pandemic, only the day 30 visit was intended to be a telephone visit; following resumption of research in the context of the COVID-19 pandemic, all follow-up visits were able to be conducted in-person or remotely.

Statistical analysis

A sample of 50 patients was chosen in keeping with realistic national recruitment targets for a rare disease, and to exclude unacceptably high rates of the primary outcome as compared with current standards of care that would preclude further studies of DOACs for the treatment of CVT.²⁰ It was estimated that for a superiority trial powered for the primary safety outcome, 864 patients would provide 80% power to detect a 50% relative risk

The primary analysis population was defined as all patients, as randomized (intentionto-treat population). A modified intention-to-treat (mITT) population included those participants who consented and were confirmed to meet criteria for enrolment, and agreed to continue in the study following randomization. Participants were analyzed in their allocated treatment arm for the mITT analysis, whether or not they took the assigned treatment. The safety population was defined as all participants who took at least one dose of assigned study medication. The on-treatment cohort was defined as those participants in the mITT population who took at least 80% of their medication as treated for a minimum of the first 14 days following randomization. The per-protocol cohort was defined as those participants who took at least 80% of their medication as assigned for 180 days or longer.

Analyses of primary and secondary clinical outcomes were descriptive (counts, percentages, and 95% CI); absolute difference in proportions and 95% CIs were used to characterize differences between the rivaroxaban and standard-of-care groups. Scores for patient-reported outcomes were compared between groups using mean differences in change from baseline to day 180 or day 365, with 95% CIs. Canadian tariffs were used for the EQ-5D-5L scale.²¹ Missing data were not imputed.

Statistical analyses were performed using SAS 9.4 (SAS Institute, Cary NC) and SPSS V. 27.0 (IBM Corporation, Armonk NY).

RESULTS

Sites screened 219 individuals for participation between March 2019 and October 2021; 97 (44.3%) were determined to be eligible. (Figure 1, Figure S1). Reasons for ineligibility are outlined in the Data Supplement (Table S1). Recruitment rate was 1.78 participants/month (21.3/year) overall; recruitment rate as a proportion of screened patients was 0.25, and of eligible patients was 0.57. (Figures S2A and S2B)

Fifty-five participants were randomized to compensate for withdrawals and anticipated losses to follow-up. Of the 55 participants who were randomized, one in the standard-of-care arm was subsequently determined not to have a diagnosis of CVT and participation in the study was terminated prior to initiation of study medication; another participant in the rivaroxaban arm withdrew immediately following randomization. Fifty-three patients were included in the mITT analysis. All 26 patients in the rivaroxaban arm and 24 patients in the standard-of-care arm took the first dose of their assigned treatment. In the mITT cohort, 96% completed 180-day follow-up and 90.6% completed 365-day follow-up. Median time on treatment in the rivaroxaban group was 352 days (interquartile range [IQR] 201.5 – 365) and 333 (IQR 184–365) days in the standard-of-care group.

Baseline characteristics were similar between groups. Of the 53 patients in the mITT cohort, 66.0% were female, all identifying as cis-gender women, with the remaining 34% who were male identifying as cis-gender men. Median age was 48.0 years (IQR 38.5 - 73.2). The median time from diagnosis to enrolment was 3.0 (IQR 2 - 6) days. (Figure 2, Figure S3)

Median baseline NIHSS score was 0 (IQR 0 - 1). All but two participants received lead-in parenteral anticoagulation. (Table 1) Sinus involvement is summarized in Table S2.

No patients in the rivaroxaban group required renally-adjusted dosing of 15 mg daily. Two participants in the standard-of-care group were treated with LMWH up to day 180; the rest were transitioned to warfarin. INR data were available for 50/70 (71.4%) possible follow-ups for participants who were taking warfarin. Of those, 42/50 (84%) readings were therapeutic. There were three cross-overs within 180 days in the standard-of-care group: two participants who were initiated on apixaban following randomization, and third who switched to rivaroxaban after 162 days, short of the 180-day window (+/– 14 days). One participant was initiated on dabigatran and withdrew at day 30; pill counts could not be ascertained thus on-treatment criteria were not met and the participant was not counted as a crossover in the on-treatment analysis. One participant withdrew at day 180, and one died between days 180 and 365.

The last patient follow-up was complete in October 2022. One patient taking rivaroxaban experienced a spontaneous symptomatic subdural hemorrhage (a primary clinical and safety outcome) requiring surgical evacuation after three and a half months of therapy, prior to day 180. There were no major extracranial hemorrhages. One patient in the rivaroxaban group experienced asymptomatic worsening of the hemorrhagic component of a baseline parenchymal lesion on a scan 24 hours following randomization. By day 365, one participant in the standard-of-care arm experienced a symptomatic traumatic subdural hemorrhage and simultaneous CRNMB event from scalp bleeding; the same participant later died during a separate admission to hospital unrelated to the hemorrhage. Two patients in the rivaroxaban arm and none in the standard-of-care arm experienced CRNMB prior to day 180, one related to heavy menstrual bleeding and another related to a post-operative infection after a hysterectomy. There were no additional CRNMB events reported between day 180 and day 365.

All patients in both arms experienced at least partial recanalization (De Sousa grade 1B or greater). One patient in the rivaroxaban arm who did not meet the on-treatment definition was found to have an asymptomatic new CVT event by day 180. One patient in the control arm experienced an asymptomatic extension of their pre-existing CVT between days 180 and 365. INR at the time was subtherapeutic and the participant was switched to rivaroxaban and subsequently had an ischemic stroke. This individual subsequently was found to have the Janus Kinase-2 V617F (JAK2) mutation. There were no extracranial VTE events.(Table 2, Tables S3A, S3B, S3C)

Functional and patient-reported outcomes are summarized in Table 3. For those participants with an mRS of 1 at baseline (21/26 in the rivaroxaban arm and 21/27 in the control arm), 81.0% in the rivaroxaban arm and 66.7% in the control arm had a functional improvement of

1 category by day 180. By day 365, 82.6% of those in the rivaroxaban arm and 84.0% in the control arm had an mRS of 0–1. Mean scores at enrolment in both arms were indicative of mild-moderate depression on the PHQ-9, substantial-severe impact of headache on the HIT-6, substantial fatigue on the FAS and impaired cognitive performance on the MoCA. On average, participants experienced improvements in all patient-reported outcomes over

time between baseline and day 180 and at day 365, with no notable differences between the rivaroxaban versus control groups.

DISCUSSION

Among individuals with a recent symptomatic diagnosis of CVT, feasibility of recruitment was demonstrated, although the rarity of the disease, compounded by suboptimal consent rates and low rates of serious events, underscore that broad participation from dozens of sites internationally would be essential for an appropriately powered study of anticoagulation in lower-risk individuals. Approximately half of patients screened met eligibility criteria, but few were ineligible due to contraindications to DOACs - four were pregnant, one was breastfeeding and five had antiphospholipid antibody syndrome. Of those who were eligible, 53% provided informed consent. This is consistent with previous work examining rates of consent for secondary stroke prevention studies of antithrombotic agents¹³ Further consultation with patients is needed to understand how to improve engagement of CVT participants in randomized therapeutic trials.

Acknowledging the study's small sample size, there were numerically more bleeding events with rivaroxaban 20 mg at 180 days compared to the control arm, but rates did not exceed what has been reported in previous CVT studies comparing DOAC with warfarin.^{9–11} Rates of bleeding in the standard-of-care arm were lower than expected. Consistent with the evolving literature, there appear to be no major safety concerns for use of DOACs that would preclude their further study in CVT. At present, however, a larger phase III trial comparing DOACs to warfarin for CVT seems impractical due to a growing preference for DOACs in clinical practice. Over time, real-life treatment patterns have shifted in favour of DOACs over warfarin, both due to social distancing requirements during the pandemic, which made INR monitoring more logistically challenging,²² and with emerging evidence providing reassuring safety data.^{23,2411} Still, a study comparing other antithrombotic strategies, such as a comparison between DOACs or with novel antithrombotic agents, may potentially be feasible.¹¹

SECRET is distinct from the RE-SPECT CVT and EINSTEIN-Jr trials in that lead-in parenteral anticoagulation was not required; the other trials required a minimum of 5 days of therapy prior to initiating DOAC.⁹¹⁰ Although only two participants were randomized prior to starting any anticoagulation, 62.2% of participants were randomized within 1–4 days, and 41.5% within 2 days of diagnosis. No significant safety concerns were identified related to early initiation of DOAC therapy, including no early sICH and no early symptomatic extension of CVT. Unlike treatment of acute DVT/pulmonary embolism, where initial dosing of rivaroxaban is 15 mg bid for 3 weeks followed by 20 mg daily, participants in SECRET received initial dosing of 20 mg daily. There were also no safety concerns related to this starting dose in CVT patients. The lower dosing regimen was selected to reduce risk of early worsening of intracranial hemorrhage. However, the EINSTEIN-DVT (Oral rivaroxaban for symptomatic venous thromboembolism) dose-finding study found that efficacy and safety of rivaroxaban 20 mg daily was comparable to standard therapy for acute DVT. Further, pharmacokinetic modelling shows substantial overlap in the Pk curves for the 15 mg bid and 20 mg daily dosing regimens.^{25,26}

SECRET assessed patient-reported outcomes. Despite three-quarters of patients having a mRS in keeping with functional independence at baseline (0 - 2), there were demonstrable impairments for all metrics, which on average improved over the course of follow-up. In this younger cohort, half scored below the cutoff for cognitive impairment (<26) on the MoCA at the time of their enrolment.²⁷ Unfortunately, there were high rates of missing cognitive data on follow-up. Participants often declined to repeat cognitive testing specifically, despite options for remote administration. Determining a strategy to assess cognitive trajectories over time in this population remains a priority. Patient-reported outcomes are an important element in considering prognosis of CVT. In considering efficient outcomes for future CVT trials, an approach combining clinical and patient-reported outcomes, such as a hierarchical composite "win ratio" design, may help to maximize information gained from smaller trials in a rare disease.²⁸

This study has limitations. First, the study was underpowered to test superiority or noninferiority of one antithrombotic treatment strategy over another. Still, it provides additional randomized trial data about the safety of DOACs for treatment of CVT, even when initiated early. The number of bleeding events was numerically higher in the rivaroxaban group and, although rates were not out of keeping with previous studies examining DOACs for CVT and there were no major safety concerns identified with either treatment strategy, it is possible that a larger trial may have revealed significant differences in event rates between groups. Further, early routine follow-up imaging after initiation of therapy was not performed, so we cannot preclude asymptomatic intracranial bleeding being underreported in either group. The open-label design of the study may have also led to biases towards reporting bleeding events in the experimental arm. Second, the grant-funded nature of the study precluded central INR monitoring for participants taking warfarin. However, INR monitoring was thus reflective of clinical practice, providing generalizability, and 84% of available readings were therapeutic. Estimates of best- and worst-case-scenario estimates of times in therapeutic range are in the Data Supplement (Table S4). Further, low rates of recurrent VTE and bleeding events in the control arm do not raise concerns that INRs may have been outside of the therapeutic range more often than would be expected in routine practice. Third, it is possible that not all relevant outcomes related to bleeding were considered. Heavy menstrual bleeding may have been under-ascertained and underreported.²⁹³⁰ Fourth, some follow-up patient-reported outcome data is missing and we cannot exclude responder bias in interpreting results. Still, this information is important in designing feasible strategies to characterize the impact of CVT on survivors while minimizing assessment times and in-person follow-up. Fifth, COVID testing, although recommended during the pandemic, was performed in keeping with local protocols, thus rates of COVID-related CVT cannot be reliably reported. Individuals with CVT due to vaccine-associated thrombocytopenia with thrombosis were enrolled in a separate international registry and were not randomized into the trial.³¹ Finally, the population of CVT patients enrolled into this trial do not represent the spectrum of disease severity or pathology. In addition to excluding women who are pregnant or breastfeeding or those with antiphospholipid antibody syndrome, those with more severe presentations with depressed level of consciousness were not included, and individuals at higher risk for bleeding, such as those with head trauma or CNS infection, or recurrent VTE, such as active malignancy, were

underrepresented. The role of DOAC therapy and timing of initiation in those individuals remains an area of persistent uncertainty.

CONCLUSIONS

Engagement of multiple sites across Canada led to the effective recruitment of clinical trial participants for a rare cause of stroke, although almost half of eligible participants declined to be randomized. There were numerically more bleeding events at 180 days in patients taking rivaroxaban as compared to standard-of-care, but rates of bleeding events and recurrent VTE were low overall and in keeping with previous studies of DOAC use for CVT. Despite high rates of functional independence at baseline, initial rates of impairment related to cognition, mood, and fatigue were high, with reduced quality of life. All metrics markedly improved over time.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Registration and role of funders

The trial was registered at clinicaltrials.gov (NCT03178864). Bayer provided rivaroxaban in-kind but had no role in the conduct of the study or the analysis. The study was funded by the Canadian Institutes of Health Research, the Canadian Partnership for Stroke Recovery, the Canadian Stroke Consortium, the Heart and Stroke Foundation of Canada, Michael Smith Health Research BC, and the Vancouver Coastal Health Research Institute, and design was supported by the Clinical Trials Methodology Course (NIH-NINDS R25NS088248).

APPENDIX:

The SECRET Investigators

University of British Columbia Coordinating Centre: Thalia Field (PI), Michael Hill (co-PI, Calgary), Vanessa Dizonno (Study manager), Karina Villaluna Murray (lead monitor)

Cognitive assessments and coordination: Andrea Jones, Steven Mancini, Lauren Matsubara, Zoe O'Neill, Sarah Park, Namali Ratnaweera, Michelle Yuan

Statistical Centre (Centre for Health Outcomes and Evaluation Sciences, University of British Columbia)): Hubert Wong, Monica Norena

Neuroimaging Imaging Adjudication Core and Management (Calgary Imaging Processing and Assessment Centre, University of Calgary)): Marina Saluzzi, Ashley Dueck, Mohammed Almekhlafi, Fouzi Bala, Ibrahim Alhabli

Data management (Clinical Research Unit, University of Calgary): K. Ingrid McKibben, Qiao Zhang

Clinical events adjudication committee: Oscar Benavente (chair), Stephen Van Gaal, Deepa Suryanarayan

Data Safety and Monitoring Committee: Ken Butcher (chair), Cheryl Bushnell, Diana Aguiar de Sousa, Hubert Wong

Trial steering committee: Thalia Field, Michael Hill, Vanessa Dizonno, Oscar Benavente, Andrew Demchuk, Dar Dowlatshahi, Sylvain Lanthier, Agnes Lee, Jennifer Mandzia, Deepa Suryanarayan, Jeffrey Weitz, Hubert Wong

Vancouver General Hospital - Vancouver, British Columbia (15 participants): PI - Dr Stephen Van Gaal (April 2021 -), Dr Laura Wilson (Mar 2019 - April 2021)

Primary study coordination: Princess King-Azote

Other investigators: Oscar Benavente, Mar Lloret, Hsien Lee Lau, Genoveva Maclean, Sharanpal Mann, Colleen Murphy, Jonathan Smith, Philip Teal, Ming Yin (Dominic) Tse, Samuel Yip

Royal Columbian Hospital - New Westminster, British Columbia: PI - George Medvedev MD

Primary study coordination: VIshaya Naidoo

Other Investigators: Jaskiran Brar, Shuo Chen, Myles Horton,

Foothills Hospital - Calgary, Alberta (12): PI - Dr Michael Hill

Primary study coordination: Supriya Save

Other investigators: Shorog Althubait, Chrysi Bogiatzi, Matthew Boyko, Surbhi Chatuverdi, Shelagh Coutts, Aravind Ganesh, Kimia Ghavami, Emme Harrison, Sherry Hu, Anitha Jambula, Raed Joundi, Carol Kenney, Gary Klein, Katie Lin, Salman Mansoor, Martha Marko, Karla Ryckborst, Kayla Sage, Nishita Singh, Ming Yin (Dominic) Tse, Ankur Wadhwa, Sanchea Wasiliw

Royal University Hospital - Saskatoon, SK (5): PI - Dr Brett Graham

Study coordination: Shrijal Bhavsar, Kala Bold, Sharleen Maley, Lilian Urroz, Kaitlyn Foster, Emily Junk, Scott Corley, Aaron Gardner, Sharleen Maley, Jennifer McMullen, Ruth Whelan, Whitney Duff, Cassandra Tyson

Other investigators: Regan Cooley, Gary Hunter. Fergall Magee, Sanchea Wasyliw

London Health Sciences Centre - London ON (5): PI - Dr Luciano Sposato

Primary study coordination: Meribeth-Ann (Beth) Beauchamp, Lindsay Lambourn

Other investigators: Diana Ayan, Aleksander Khaw, Lauren Mai, Maria Bres Bullrich, Sebastian Fridman, Jennifer Mandzia

Ottawa Hospital Research Institute - Ottawa ON (4): PI - Dr Dylan Blacquiere

Primary study coordination: Brian Dewar, Zeinab Daham

Other investigators: Dar Dowlatshahi, Robert Fahad, Michel Shamy, Grant Stotts

Sunnybrook Health Sciences Centre - Toronto ON (4): PI - Dr Mark Boulos

Primary study coordination: Idris Fatadawala, Kaitlyn Lopes, Alisia Southwell

Other Investigators: Vinaya Bhandari, Tess Fitzpatrick, David Gladstone, Julia Hopyan, Maneesha Kamra, Houman Khosravani, Anne-Marie Liddy, Zhongyu Liu, Najla Popel, Keith Sivakumar, Richard Swartz, Amy Yu

University of Alberta Hospital - Edmonton, AB (3): PI - Dr Brian Buck

Primary study coordination: Paige Fairall

Other investigators: Farhat Ahmed, Juline Jabs, Leah White, Lori Piquette, Rekha Shepherd, Noman Ishaque

Centre Hospitalier de l'Université de Montréal - Montreal, Quebec (3): PI - Dr Céline Odier

Primary study coordination: Nandy-Shelwine Simon; Marlene Lapierre

Other investigators: Olena Bereznyakova, Casey Boudreau Caporuscio, Francois Cauchon, Valerie Côté, Nicole Denault, Yan Desciantre, Lyne Gauthier, Laura Gioia, Grégory Jaquin, Nadia Jadil, Sothun Lim, Alexandra Poppe, Caludia Rodriguez, Marie-Christine Rodriguez, Christian Stapf

Hamilton Health Sciences Centre - Hamilton, Ontario (2): PI - Dr Kanjana Perera

Primary study coordination: Cheyenne Vandervelde

Other investigators: Kuan Huei (Kelvin) Ng, Wes Oczkowski, Diane Lourenco, Cathay Moreau. Amber Jolie, Vinai Bhagraith, Aristeidis Katsanos, Danielle de Sa Boasquevisque, Kanchana Ratnayake

Kelowna General Hospital - Kelowna, British Columbia (1): PI - Dr Aleksander Tkach

Primary study coordination: Marie McLelland

Other investigators: Coleen Adderly, Elsadig Elamin, Camille Galloway, Michelle Smith, Tess Topor

Toronto Western Hospital - Toronto, Ontario (1): PI - Dr Aleksandra Pikula

Study coordination: Shobha Singh, William To

Other investigators: Farhana Akthar, Leanne Casaubon, Anne Cayley, Lisa Crelling, , Martin Del Campo, Mingyang Gao, Cresti Hanna, Muhammad Khalid, Nga Pham, Joanna Schaafsma, Frank Silver, TIm Stewart, Patricia Tiopanas, Rely Wigner, Janice Williams

Non-standard abbreviations and acronyms:

*Acronym appears <5 times

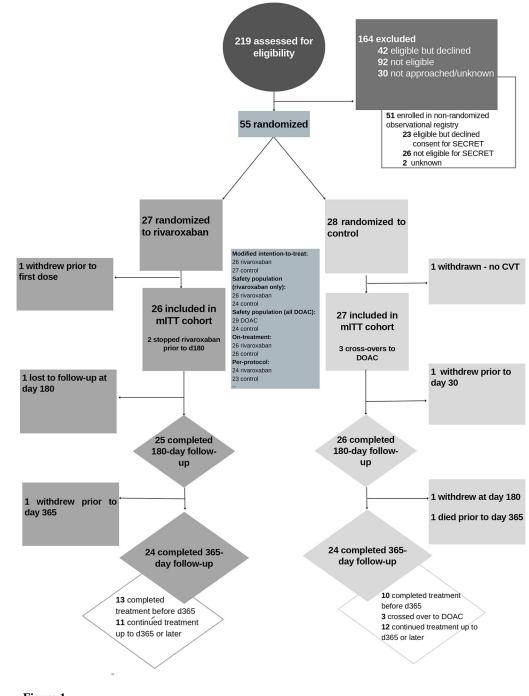
CVT	Cerebral venous thrombosis
DOACs	Direct oral anticoagulants
VTE	Venous thromboembolism
DVT	deep venous thrombosis
VKA	Vitamin K antagonists
*RESPECT	CVT trial (Safety and Efficacy of Dabigatran Etexilate vs Dose- Adjusted Warfarin in Patients With Cerebral Venous Thrombosis)
*EINSTEIN	Jr trial (Oral Rivaroxaban in Children With Venous Thrombosis)
*ACTION	CVT study (Rivaroxaban Compared to Warfarin for Treatment of Cerebral Venous Thrombosis)
LMWH	Low molecular-weight heparin
mRS	Modified Rankin Scale
СТ	computed tomography
MRI	Magnetic resonance imaging
NIHSS	NIH Stroke Scale Score
EuroQoL-5	Dimensions (EQ-5D-5L)
PHQ-9	Population Health Questionnaire
HIT-6	Headache Impact Test
FAS	Fatigue Assessment Scale
МоСА	Montreal Cognitive Assessment
mITT	modified intention-to-treat

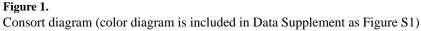
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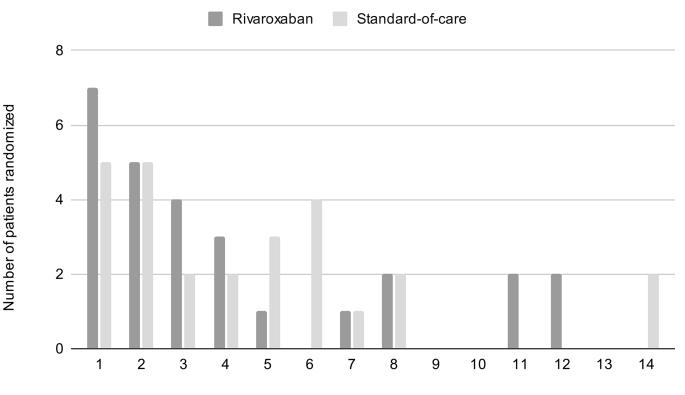
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Diagnosis to randomization, days

Figure 2.

Delay from timing of diagnosis to randomization (color diagram is included in Data Supplement as Figure S3)

Table 1.

Baseline characteristics - Modified intention-to-treat cohort

		Rivaroxaban (n=26)	Standard-of-care (n=27)	Total (n=53)
Demographics				
Age				
Median, IQR (y	ears)	48.5 (37.0 - 64.25)	48.0 (39.0 - 58.0)	48.0 (38.5 - 73.2
Range (y	ears)	19 – 74	21 - 86	19 – 86
18–29 (N	N, %)	4 (15.4)	4 (14.8)	8 (15.1)
30–39 (N	N , %)	3 (11.5)	3 (11.1)	6 (11.3)
40–49 (N	N , %)	6 (23.1)	7 (25.9)	13 (24.5)
50–59 (N	N, %)	4 (15.4)	7 (25.9)	11 (20.8)
60–69 (1	N , %)	6 (23.1)	2 (7.4)	8 (15.1)
	70	3 (11.5)	4 (14.8)	7 (13.2)
Female Sex (N, %)		18 (69.2)	17 (63.0)	35 (66.0)
Self-identified race-ethnicity (N, %)				
,	white	16 (61.5)	15 (55.5)	31 (58.5)
East A	Asian	5 (19.2)	1 (3.7)	6 (11.3)
South A	Asian	1 (3.8)	3 (11.1)	4 (7.5)
Indige	enous	1 (3.8)	1 (3.7)	2 (3.8)
(Other	2 (7.7)	7 (25.9)	9 (17.0)
Mi	ssing	1 (3.8)	0 (0.0)	1 (1.9)
Risk factors (N, %)				
Prior VTE		3 (12.0)	0 (0.0)	3 (5.8)
Active cancer		0 (0.0)	1 (3.7)	1 (1.9)
Known thrombophilia		0 (0.0)	0 (0.0)	0 (0.0)
Recent infection (within last month)		6 (23.1)	3 (11.1)	9 (17.0)
Oral contraceptive use		7 (26.9)	8 (29.6)	16 (30.2)
Other hormonal contraceptive		1 (3.8)	0 (0.0)	1 (1.9)
Hormone replacement therapy		0 (0.0)	1 (3.7)	1 (1.9)
Post-partum (6 months or less)		0 (0.0)	0 (0.0)	0 (0.0)
Surgery in the last six weeks		2 (7.7)	1 (3.7)	3 (5.7)
Dehydration in last 7 days		1 (3.8)	3 (11.1)	4 (7.5)
Inflammatory bowel disease		0 (0.0)	0 (0.0)	0 (0.0)
Family history of VTE		2 (7.7)	2 (7.4)	4 (7.5)

	Rivaroxaban (n=26)	Standard-of-care (n=27)	Total (n=53)
Presentation			
Symptom onset to enrollment, days			
Median (IQR)	8.0 (6.75 – 14.0)	9.0 (3 - 14.0)	8.0 (4.5 – 14.0
Diagnosis to enrollment, days, Median (IQR)	4.0 (2 - 6)	3.0 (1 - 7)	3.0 (2 - 6)
Range	1 - 14	1 – 12	1 - 14
Received bridging anticoagulation prior to randomization (N, %)	25 (96.2)	26 (96.3)	51 (96.2)
UFH	9 (34.6)	12 (44.4)	21 (39.6)
LMWH	12 (46.2)	9 (34.6)	21 (39.6)
UFH + LMWH	2 (7.7)	4 (14.8)	6 (11.3)
LMWH + Oral anticoagulant	2 (7.7)	1 (3.7)	3 (5.7)
No lead-in anticoagulation	1 (3.8)	1 (3.7)	2 (3.8)
Presenting symptoms, N(%)			
Headache	23 (88.5)	24 (88.9)	47 (88.7)
Focal sensory	5 (19.2)	8 (28.6)	13 (24.5)
Nausea/vomiting	13 (50.0)	14 (51.9)	27 (50.9)
Visual loss/blurring	7 (26.9)	7 (25.9)	14 (26.4)
Diplopia	6 (23.1)	1 (3.7)	7 (13.2)
Language disturbance	6 (23.1)	7 (25.9)	13 (24.5)
Cognitive dysfunction/encephalopathy	10 (38.5)	9 (33.3)	19 (35.8)
Focal motor	9 (34.6)	8 (29.6)	17 (32.1)
Seizure	13 (50.0)	10 (37.0)	23 (43.4)
Tinnitus	4 (15.4)	4 (14.8)	8 (15.1)
NIHSS Median (IQR)	0 (0 – 1)	0 (0 – 1)	0 (0 – 1)
0 (N, %)	15 (57.7)	18 (66.7)	33 (62.3)
1–4	7 (26.9)	7 (25.9)	14 (26.4)
5–9	4 (15.4)	2 (7.4)	6 (11.3)
Baseline neuroimaging characteristics			
Baseline imaging modality (N, %)	N=26	N=27	N=53
CT/CTV	20 (76.9)	23 (85.2)	43 (81.1)
MR/MRV	6 (23.1)	4 (14.8)	11 (20.8)
Venous edema or venous infarct (N, %)	N=25 8 (32.0)	N=26 8 (30.1)	N=51 16 (31.4)
Intracranial hemorrhage (N, %)	N=25	N=26	N=51
Any	13 (52)	8 (30.8)	21 (41.2)
HII	1 (4)	0 (0)	1 (2.0)
HI2	1 (4)	3 (11.5)	4 (7.8)
PH1	5 (20)	2 (7.7)	7 (13.7)

	Rivaroxaban (n=26)	Standard-of-care (n=27)	Total (n=53)
PH2	2 (8)	1 (3.8)	3 (5.9)
3c (subarachnoid)	4 (16)	2 (7.7)	6 (11.8)

Table 2.

Clinical and radiological outcomes - modified Intention-to-treat population *

	N, % (95%CI), rivaroxaban N=26	N, % (95% CI), standard-of-care N=27	Difference in proportions, % (95% CI)
Primary composite safety outcome, 180 days	1 3.8 (0.1 – 19.6)	0 0.0 (0.0 - 12.8)	3.8 (-3.5 - 11.2)
Secondary safety outcomes - 180 days			
All-cause mortality, 180 days	0	0	0
Major extracranial hemorrhage, 180 days	0	0	0
Symptomatic intracranial hemorrhage, 180 days	1 3.8 (0.1 – 19.6)	0 0.0 (0.0 - 12.8)	3.8 (-3.5 - 11.2)
Any intracranial hemorrhage, 180 days	2 7.7 (0.9 – 25.1)	0 0.0 (0.0 – 12.8)	7.7 (-2.6 - 17.9)
Clinically relevant non-major bleeding, 180 days	2* 7.7 (0.9 – 25.1)	0 0 (0 – 12.8)	7.7 (-2.6 - 17.9)
Major and clinically relevant non-major bleeding, 180 days	3 11.5 (2.4 – 30.1)	0 0.0 (0.0 - 12.8)	11.5 (-1.0 - 23.8)
VTE recurrence, 180 days	1 3.8 (0.1 – 19.6)	0 0 (0 – 12.8)	3.8 (-3.5 - 11.2)
VTE recurrence or CVT extension, 180 days	1 3.8 (0.1 – 19.6)	1 3.7 (0.1 – 19)	0.1 (-10.1 - 10.4)
Secondary safety outcomes - 365 days (cumul	lative)		
Primary composite safety outcome, 365 days	1 3.8 (0.1 – 19.6)	1 [†] 3.7 (0.1 – 19)	0.1 (-10.1 - 10.4)
All-cause mortality, 365 days	0 0 (0 – 13.2)	1 3.7 (0.1 – 19)	0 -3.7 (-10.8 - 3.4)
Major extracranial hemorrhage, 365 days	0	0	0
Symptomatic intracranial hemorrhage, 365 days	1 3.8 (0.1 – 19.6)	1 3.7 (0.1 – 19)	0.1 (-10.1 - 10.4)
Any intracranial hemorrhage, 365 days	2 7.7 (0.9 – 25.1)	1 3.7 (0.1 – 19)	4.0 (-8.5 - 16.5)
Clinically relevant non-major bleeding, 365 days	2 7.7 (0.9 – 25.1)	1 3.7 (0.1 – 19)	4.0 (-8.5 - 16.5)
Major and clinically relevant non-major bleeding, 365 days	3 11.5 (2.4 – 30.1)	1 ^{**} 3.7 (0.1 – 19)	7.8 (-6.4 - 22.0)
VTE recurrence, 365 days	1 3.8 (0.1 – 19.6)	0 0 (0 – 12.8)	3.8 (-3.5 - 11.2)

	N, % (95%CI), rivaroxaban N=26	N, % (95% CI), standard-of-care N=27	Difference in proportions, % (95% CI)
VTE recurrence or CVT extension, 365	1		
days	3.8 (0.1 – 19.6)	3.7 (0.1 – 19)	0.1 (-10.1 - 10.4)
Other secondary outcomes			
Venous recanalization, De Sousa grade, 180 day scan or earlier, N(%)	N=24	N=24	
0 (persistent occlusion of all vessels)	0	0	0
1A (Combination of persistent occlusions and partial recanalization, without any complete recanalization)	0	0	0
1B (Combination of persistent occlusions and complete recanalizations, with or without partial recanalizations)	4 (16.7)	2 (8.3)	8.4 (-21.1 - 21.1)
2A (Partial recanalization of all thrombosed vessels, without any persistent occlusion)	0 (0)	2 (8.3)	-8.3 (-19.4 - 2.7)
2B (Combination of partial and complete recanalization, without any persistent occlusion)	11 (45.8)	8 (33.3)	12.5 (-14.9 - 39.9)
3 (Complete recanalization of all previously thrombosed vessels)	9 (37.5)	12 (50)	-12.5 (-40.3 - 15.3)
Any recanalization, up to 180 days, N(%)			
Defined as Grade 1A or better	24 (100)	24 (100)	0
Defined as Grade 2A or better	20 (83.3)	22 (91.7)	-8.4 (-26.9 - 10.2)
Complete recanalization, up to 180 days N(%)	9 (37.5)	12 (50)	-12.5 (-40.3 - 15.3)
Venous recanalization, De Sousa grade, 365 day scan or earlier, N(%)	N=25	N=25	
0	0	0	0
1A	0	0	0
1B	4 (16.0)	2 (8.0)	8.0 (-9.9 - 25.9)
2A	0 (0)	2 (8.0)	-8.0 (-18.6 - 2.6)
2B	12 (48.0)	8 (32.0)	16.0 (-10.8 - 42.8)
3	9 (36.0)	13 (52.0)	-16.0 (-43.2 - 11.2)
Any recanalization, up to 365 days, N(%)			
Defined as Grade 1A or better	25 (100)	25 (100)	0
Defined as Grade 2A or better	21 (84.0)	23 (92.0)	-8.0 (-25.9 - 9.9)
Complete recanalization, up to 365 days, N(%)	9 (36.0)	13 (52.0)	-16.0 (-43.2 - 11.2)

*

location of CVT is described in Supplementary Table S2; intention-to-treat, safety, on-treatment and per-protocol analyses are in Supplementary Tables S3A, S3B, S3C

*Menorrhagia and vaginal bleeding secondary to infection

 † The same subject experienced two components of the composite outcome (symptomatic intracranial hemorrhage and death) and is counted as one composite safety event

** Major and clinically relevant non-major bleeding events happened simultaneously for this subject (subdural hemorrhage and scalp bleeding) and are counted as one event for combined major bleeding and clinically relevant non-major bleeding

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Outcome, mean (SD) or median (IQR)	Baseline, N completing assessment	ng assessment	Day 180, N			Day 365, N		
	Rivaroxaban (N=26)	Standard-of-care (N=27)	Rivaroxaban (N=25)	Standard-of-care (N=26)		Rivaroxaban (N=24)	Standard-of-care (N=25)	
mRS, median (IQR) n(%),	n=24 2 (1 – 3)	n=27 2 (1 – 2.5)	n=24 1 (0 – 2)	n=26 1 (0 - 1)		n=23 1 (0 – 1)	n=25 1 (0 - 1)	
0 1	2 (8.3) 6 (25.0)	6 (21.4) 7 (25.9)	9 (37.5) 8 (33.3)	10 (38.5) 11 (42.3)		10 (43.5) 9 (39.1)	12 (48.0) 9 (36.0)	
, w	9 (37.5) 6 (25.0)	8 (29.6) 5 (18.5)	7 (29.2) 0	5 (19.2) 0		3 (13.0) 1 (4.3)	2 (8.0) 1 (4.0)	
4 v	0 (0.0) 1 (4.2)	1 (3.7) 0 (0.0)	0	0 0		0	0 (0.0) 0 (0.0)	
9	0 (0.0)	0 (0.0)	0	0		0	1 (4.0)	
	Rivaroxaban	Standard-of-care	Rivaroxaban	Standard-of-care	Difference in proportions, % (95% CI)	Rivaroxaban	Standard-of-care	Difference in proportions, % (95% CI)>
mRS 0–1, (N, %)	8 (33.3)	13 (47.3)	17 (70.8)	21 (80.8)	-10 (-37.0 - 9.1)	19 (82.6)	21 (84.0)	-1.4 (-22.5 - 19.7)
mRS shift for baseline mRS>0 (N, %)	I	I	17/21 (81.0)	14/21 (66.7)	14.3 (-12.0 - 41.0)	17/20 (85.0)	16/20 (80.0)	5.0 (-18.1 - 28.5)
	Rivaroxaban	Standard-of-care	Rivaroxaban	Standard-of-care	Mean difference, change from baseline to d180, rivaroxaban v control, 95% CI	Rivaroxaban	Standard-of-care	Mean difference, change from baseline to d365, rivaroxaban v control, 95% CI
EQ5D-5L, N	22	27	22	25	0.01 (-0.08 - 0.09)	20	23	$-0.02\ (-0.15\ -0.1)\ 0.1)$
Mean (SD) Median (IQR)	0.76 (0.16) 0.77 (0.65 – 0.89)	0.73 (0.17) 0.79 (0.59 – 0.89)	0.89 (0.07) 0.91 (0.87 – 0.95)	0.89 (0.09) 0.93 (0.82 – 0.95)		0.87 (0.10) 0.9 (0.84 – 0.95)	0.85 (0.15) 0.9 (0.85 – 0.95)	

Outcome, mean (SD) or median	Baseline, N completing assessment	ng assessment	Day 180, N			Day 365, N		
(IQR) on meman								
РНQ-9, N	21	27	21	25	-2.55 (-5.46 - 0.36)	19	23	-2.3 (-5.96 - 1.35)
Mean (SD)	6.52 (4.05)	9.15 (5.68)	3.81 (4.24)	3.80 (4.28)		4.68 (5.16)	4.57 (3.79)	
Median (IQR)	6.0(4-9)	9.0 (5 – 13)	3.0 (0 – 6)	3.0 (0 – 6)		3.0(0-8)	4.0 (2 – 6)	
HIT-6, N	20	27	21	25	0.9 (-5.83 - 7.63)	19	23	4.13 (-2.81 - 11.08)
Mean (SD)	59.70 (9.63)	56.78 (11.85)	47.00 (9.72)	44.08 (9.53)		43.53 (7.80)	20.48 (7.42)	
Median (IQR)	60.5 (58 – 64)	58.0 (49 – 67)	48.0 (36 – 54)	40.0 (36 – 51)		41.0 (36 – 50)	20.0 (15 – 23)	
FAS, N	19	24	21	25	-1.72 (-8.02 - 4.57)	20	23	0.29 (-6.71 - 7.29)
Mean (SD)	23.21 (9.16)	25.83 (10.01)	18.57 (7.43)	19.72 (7.29)		18.10 (6.66)	20.48 (7.42)	
Median (IQR)	22.0 (16-32)	24.5 (17 – 32)	17.0 (12 – 24)	19.0 (13 – 25)		16.5 (36 – 49)	20.0 (15 – 23)	
MoCA, N	17	24	15	16	$1.64 \ (-1.54 \ -4.82)$	14	15	1.59 (-1.1 - 4.27)
Mean (SD)	24.71 (3.55)	22.88 (3.83)	25.4 (5.12)	26.13 (3.07)		26.93 (1.87)	28.36 (1.50)	
Median (IQR)	25 (23 – 28)	24.5 (21 – 26)	26 (25 – 28)	27 (25 – 28)		27 (26–28)	29 (27.75 – 29.25)	
<26, N(%)	10 (58.8)	16 (66.7)	5 (33.3)	5 (31.1)		2 (13.3)	1 (7.1)	
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Summaries involving change in scores from baseline are based on participants with both baseline and follow-up scores.

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