# Early Neuroaxonal Damage in Neurologic Disorders Associated With GAD65 Antibodies

Katharina Eisenhut, MD, Jennifer Faber, MD, Daniel Engels, MD, PhD, Ramona Gerhards, MD, PhD, Jan Lewerenz, MD, Kathrin Doppler, MD, Claudia Sommer, MD, Robert Markewitz, MD, Kim K. Falk, MD, Rosa Rössling, MD, Harald Pruess, MD, Carsten Finke, MD, Jonathan Wickel, MD, Christian Geis, MD, Dominica Ratuszny, MD, Lena K. Pfeffer, MD, Stefan Bittner, MD, Johannes Piepgras, MD, Andrea Kraft, MD, Jaqueline Klausewitz, MD, Brigitte Nuscher, Tania Kümpfel, MD, and Franziska S. Thaler, MD, for the German Network for Research on Autoimmune Encephalitis (GENERATE)

Neurol Neuroimmunol Neuroinflamm 2024;11:e200176. doi:10.1212/NXI.0000000000200176

# Abstract

#### **Objectives**

Neurodegeneration is considered a relevant pathophysiologic feature in neurologic disorders associated with antibodies against glutamic acid decarboxylase 65 (GAD65). In this study, we investigate surrogates of neuroaxonal damage in relation to disease duration and clinical presentation.

#### **Methods**

In a multicentric cohort of 50 patients, we measured serum neurofilament light chain (sNfL) in relation to disease duration and disease phenotypes, applied automated MRI volumetry, and analyzed clinical characteristics.

#### Results

In patients with neurologic disorders associated with GAD65 antibodies, we detected elevated sNfL levels early in the disease course. By contrast, this elevation of sNfL levels was less pronounced in patients with long-standing disease. Increased sNfL levels were observed in patients presenting with cerebellar ataxia and limbic encephalitis, but not in those with stiff person syndrome. Using MRI volumetry, we identified atrophy predominantly of the cerebellar cortex, cerebellar superior posterior lobe, and cerebral cortex with similar atrophy patterns throughout all clinical phenotypes.

#### Discussion

Together, our data provide evidence for early neuroaxonal damage and support the need for timely therapeutic interventions in GAD65 antibody-associated neurologic disorders.

# Introduction

Antibodies (Abs) against glutamic acid decarboxylase 65 (GAD65) are associated with different neurologic disorders, including stiff person syndrome (SPS), cerebellar ataxia (CA), (limbic)

Go to Neurology.org/NN for full disclosures. Funding information is provided at the end of the article.

Correspondence Dr. Thaler franziska thaler@ med.uni-muenchen.de

From the Institute of Clinical Neuroimmunology (K.E.), University Hospital, Ludwig-Maximilians-Universität Munich; Biomedical Center (BMC), Medical Faculty, Ludwig-Maximilians-Universität Munich, Martinsried; Graduate School of Sy; German Center for Neurodegenerative Diseases (DZNE) (J.F.); Department of Neurology, University Hospital Bonn, Germany; Institute of Clinical Neuroimmunology (D.E., R.G., T.K.), University Hospital, Ludwig-Maximilians-Universität Munich; Biomedical Center (BMC), Medical Faculty, Ludwig-Maximilians-Universität Munich, Martinsried; Department of Neurology (J.L.), Ulm University; Department of Neurology (K.D., C.S.), University Hospital Würzburg; Institute of Clinical Chemistry (R.M.), University Hospital Schleswig-Holstein, Lübeck; Institute of Clinical Chemistry (K.K.F.), University Hospital Schleswig-Holstein, Kiel; Department of Neurology and Experimental Neurology (R.R., H.P.), Charité - Universitätsmedizin Berlin; German Center for Neurodegenerative Diseases (DZNE) Berlin; Department of Neurology and Experimental Neurology (C.F.), Charité - Universitätsmedizin Berlin; Section of Translational Neuroimmunology (J.W., C.G.), Department of Neurology, Jena University Hospital; Department of Neurology (D.R.), Hannover Medical School; Institute of Neuroimmunology and Multiple Sclerosis (L.K.P.), Center for Molecular Neurobiology Hamburg, University Medical Center Hamburg-Eppendorf; Department of Neurology (S.B., J.P.), University Medical Center of the Johannes Gutenberg University Mainz; Department of Neurology (A.K.), Martha-Maria Hospital Halle; Department of Neurology (J.K.), University Hospital Bochum; German Center for Neurodegenerative Diseases (DZNE) (B.N.), Munich; Metabolic Biochemistry, Faculty of Medicine, Biomedical Center (BMC), Ludwig-Maximilians-Universität München; and Institute of Clinical Neuroimmunology (F.S.T.), University Hospital, Ludwig-Maximilians-Universität Munich; Biomedical Center (BMC), Medical Faculty, Ludwig-Maximilians-Universität Munich, Martinsried, Germany; Munich Cluster for Sys

The Article Processing Charge was funded by the authors.

German Network for Research on Autoimmune Encephalitis (GENERATE) coinvestigators are listed in the appendix at the end of the article.

This is an open access article distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivatives License 4.0 (CC BY-NC-ND), which permits downloading and sharing the work provided it is properly cited. The work cannot be changed in any way or used commercially without permission from the journal.

encephalitis (LE), and overlap syndromes,<sup>1</sup> together referred to as GAD65-Ab spectrum disorders (GAD65-Ab-SD). Neuroinflammation is suggested as relevant pathophysiologic feature at early disease stages,<sup>2-4</sup> whereas later disease stages clinically seem reminiscent to classical neurodegenerative disorders. Currently, there are only insufficient data regarding the timing of most pronounced neuroaxonal damage throughout the disease course.

Neurofilament light chain (NfL) is a marker of neuroaxonal damage<sup>5</sup> with elevated serum levels being observed in several neurologic conditions including other forms of autoimmune encephalitis<sup>6,7</sup> and multiple sclerosis (MS), where they seem to reflect the rate of tissue degeneration.<sup>8</sup>

Here, we investigated surrogates of neurodegeneration in a multicentric cohort of 50 GAD65-Ab-SD patients by analyzing serum (s)NfL levels, GAD65-Ab-levels, MRI volumetric data, and relevant clinical information.

# Methods

#### **Study Population**

Data were collected from the GENERATE registry (generate-net.de). Eleven GENERATE centers participated in the study. Inclusion criteria were (1) presentation with a typical GAD65-Ab-associated neurologic syndrome without evidence of coexisting antineuronal Abs; (2) evidence for intrathecal GAD65-Ab production; and (3) availability of a serum sample and relevant clinical data. Intrathecal GAD65-Ab production was defined by a specific antibody index of >4 (cell-based assay [CBA], indirect immunofluorescence testing [IIFT]) or >1.4 (radioimmunoassay [RIA], ELISA) for patients with CA and LE; patients with SPS were included if GAD65-Ab-positive in serum and CSF in CBA, IIFT, RIA, or ELISA. In addition, patients with available MRI data ±6 months from the date of serum sampling were included as a subcohort. Figure, A summarizes the flow chart of inclusions and exclusions. As control cohorts, we recruited age-matched and sex-matched healthy participants at the Institute of Clinical Neuroimmunology (LMU Munich, Germany) for the analysis of serum parameters (GAD65-Abs, sNfL) and at the German Center for Neurodegenerative Diseases (DZNE, Bonn, Germany) for the MRI study.

# Standard Protocol Approvals, Registrations, and Patient Consents

GENERATE was approved by the institutional review boards of all participating centers and all patients or their legal representatives as well as healthy controls gave written informed consent.

#### **Serum Analysis**

sNfL was measured in duplicates using the Simoa NFlight Advantage kit (Quanterix, #103186). Serum GAD65-Abs were remeasured centrally and quantified by human anti-GAD65 ELISA (IgG) (Euroimmun). All measurements were performed according to the manufacturer's instructions.

#### **MRI Volumetry and Analysis**

T1w MR images of each participant were processed with a fully automated image-processing pipeline using FreeSurfer (version 6.0) and CerebNet,<sup>9-11</sup> which is further delineated in the eMethods (links.lww.com/NXI/A927).

#### **Statistics**

Statistical analyses were performed with R software (version 4.2.3) or GraphPad Prism (version 9.0.2) and are described in the eMethods (links.lww.com/NXI/A927).

#### **Data Availability**

Data are available to qualified researchers based on reasonable request.

## Results

Fifty GAD65-Ab-SD patients were included—CA: n = 16, LE: n = 23, and SPS: n = 11 (Figure, A). 14% of patients showed an overlap phenotype and were categorized according to the predominant clinical phenotype. Clinical characteristics of the study cohort are specified in Table 1. Patients with CA were oldest at the time of sampling (median (IQR))—CA: 62 (55-67), SPS: 53 (41-57), LE: 41 (31-55) years). Serum GAD65-Ab levels were high in our patient cohort and very low in HCs (median (IQR))—GAD:  $15 \times 10^4$  ( $5 \times 10^4$ – $18 \times$ 10<sup>4</sup>), HC: 1 (0-2) IU/mL). sNfL levels were significantly higher in patients with GAD65-Ab-SD than in HCs (median (IQR))—GAD: 13 (9–17), HC: 9 (7–11) pg/mL) (Table 1). The increase of sNfL with age was less pronounced in patients with GAD65-Ab-SD (R = 0.29, p = 0.04; in comparison, R =0.59, *p* < 0.001 in HC; Figure, B). sNfL levels in GAD65-Ab-SD were highest at disease onset and lower with increasing disease duration (R = 0.35, p < 0.001; Figure, C). When looking at the different GAD65-Ab disease phenotypes, sNfL levels were elevated in patients with CA and LE, but not in patients with SPS (Figure, D). Notably, patients with SPS exhibited the longest disease duration at the time of sampling (median (IQR))—SPS: 6 (2–7) vs CA: 3 (1–6); LE: 2 (1–4) years) (Table 1).

To identify brain regions with most pronounced neuronal loss, we applied automated MRI volumetry, including a cerebellar subsegmentation, in a subcohort of 41 patients. Here, we observed cerebellar atrophy with predominance of the cerebellar gray matter (median (IQR)) [relative to estimated total intracranial volume]—GAD: 6.1 (4.5-6.8)% and HC: 6.9 (6.1-7.2)% as well as superior posterior lobe—GAD: 3.8 (2.6-4.4)% and HC: 4.4 (0.39-0.46)%. In addition, we found a reduction of cerebral cortical volume in GAD65-Ab-SD patients—GAD: 26.7 (19.6-30.6)% and HC: 29.3 (28.6-30.1)%. Throughout different clinical phenotypes,

Figure Analysis of Serum Biomarkers Reveals Elevated Levels of sNfL Early in the Disease Course



(A) Flowchart of the study cohort; \* 2 patients additionally showed no intrathecal synthesis of GAD65-Abs, and 4 other patients had missing parameters to calculate the latter; \*\* criteria for intrathecal GAD65-Ab synthesis—CA, LE: GAD65 antibody index >4 (CBA, IIFT), >1.4 (RIA, ELISA); SPS: GAD65-Ab positive in and CSF in CBA, IIFT, RIA, or ELISA); in 2 patients additionally, no serum was sampled; \*\*\* in one patient additionally no serum was sampled. (B) Association of sNfL levels and age in patients with GAD65-Ab-SD and age-matched and sex-matched HCs. (C) Association of sNfL levels with disease duration in GAD65-Ab-SD patients. Both (B) and (C) show a linear regression model adjusted for age and sex with 95% confidence intervals depicted in gray. Spearman's R is given. The Shapiro-Wilk test was applied to test for normality and was significant; thus, log transformation (base 10) was used to achieve normal distribution in (B) and (C). (D) sNfL levels were compared in patients with different clinical phenotypes (CA, LE, and SPS) to age-matched and sex-matched controls by the Kruskal-Wallis test followed by Dunn's multiple comparisons test. CA = cerebellar ataxia; HC = healthy controls; LE = limbic encephalitis; NfL = neurofilament light chain; SPS = stiff person syndrome.

similar reductions of cerebellar volumes and cerebral cortex volume were observed with an elevation of hippocampal volume only in patients with LE (Table 2).

Correlations of clinical, serologic, and imaging findings revealed strong correlation between cerebellar gray matter and cerebral cortex volume (eFigure 1, links.lww.com/NXI/ A927). sNfL levels and GAD65-Ab levels showed a negative, however nonsignificant, correlation with cerebellar and cerebral volumes. Disease duration until an immunotherapy was initiated negatively correlated with volumetric parameters (nonsignificant) (eFigure 1).

## Discussion

We performed a multimodal analysis of surrogates for neuroaxonal damage in a multicentric cohort of 50 GAD65-Ab-SD patients and report several important aspects: (1) sNfL levels are increased in patients with GAD65-Ab-SD particularly in patients presenting with CA and LE; (2) elevation of sNfL levels is pronounced in the early phase of GAD65-Ab-SD; and (3) volume loss in GAD65-Ab-SD predominantly affects the cerebellar and cerebral cortex. Similar atrophy patterns are found throughout all disease phenotypes.

#### Table 1 Characterization of the Study Cohort

n = 100	Patients (n = 50)	CA (n = 16) <sup>a</sup>	LE (n = 23) <sup>b</sup>	SPS (n = 11)	Controls (n = 50)	p-value <sup>c</sup>
Female, n (%)	38 (76)	13 (81)	17 (74)	8 (73)	38 (76)	_
Age at onset, median (IQR), y	51 (35–56)	60 (53–63)	39 (28–53)	46 (39–51)	NA	NA
Age at assessment, median (IQR), y	54 (37–61)	62 (55–67)	41 (31–55)	53 (41–57)	54 (39–61)	0.85
Assessment after onset, median (IQR), y	3 (1–6)	3 (1–6)	2 (1-4)	6 (2–7)	NA	NA
Overlap syndrome, n (%)	7 (14)	5 (31)	2 (9)	0 (0)	NA	NA
Tumor <sup>d</sup> , n (%)	5 (10)	3 (19)	0 (0)	2 (18)	NA	NA
Other autoimmune disease diagnosed, n (%)					NA	NA
All	32 (64)	13 (81)	13 (57)	6 (55)	NA	NA
Type 1 diabetes	15 (30)	7 (44)	6 (26)	2 (18)		
GAD65 AI at diagnosis, median (IQR) <sup>e</sup>	39 (9–130)	116 (38–143)	32 (12–190)	9 (4–47)	NA	NA
CSF-specific OCB at diagnosis <sup>e</sup> , n (%)	29 (58)	6 (38)	16 (70)	7 (64)	NA	NA
CSF cell count at diagnosis, median (IQR) <sup>e</sup> , cells/µL	2 (1-4)	2 (0.3–4)	3 (1–5)	2 (2–3)	NA	NA
mRS at assessment, median (IQR)	2 (2-3)	2 (2–3)	2 (1–3)	2 (2-3)	NA	NA
mRS at assessment >2, n (%)	15 (30)	5 (31)	6 (26)	4 (36)	NA	NA
Ever received IT before assessment, n (%)	48 (96)	16 (100)	22 (96)	10 (91)	NA	NA
Time between onset and first IT, median (IQR), mo	11 (4–30)	10 (5–29)	10 (2–23)	26 (7–92)	NA	NA
Received IT before assessment, n (%)						
Azathioprine	9 (18)	4 (25)	4 (17)	1 (9)	NA	NA
Corticosteroids	38 (76)	14 (88)	18 (78)	6 (55)	NA	NA
Cyclophosphamide	4 (8)	1 (6)	2 (9)	1 (9)	NA	NA
IVIG	16 (32)	6 [38)	4 (17)	6 (55)	NA	NA
MMF	4 (8)	3 (19)	1 (4)	0	NA	NA
МТХ	2 (4)	1 (6)	1 (4)	0	NA	NA
PLEX/IA	19 (38)	7 (44)	9 (39)	3 (27)	NA	NA
Rituximab	16 (32)	5 (31)	8 (35)	3 (27)	NA	NA
Serum GAD65 Ab at assessment, median (IQR), IU/mL	$15 \times 10^4$ (5 × 10 <sup>4</sup> -18 × 10 <sup>4</sup> )	$13 \times 10^4$ (4 × 10 <sup>4</sup> -35 × 10 <sup>4</sup> )	$11 \times 10^4$ (1 × 10 <sup>4</sup> -17 × 10 <sup>4</sup> )	$17 \times 10^4$ (15 × 10 <sup>4</sup> -20 × 10 <sup>4</sup> )	1 (0–2)	<0.0001
Serum NfL at assessment, median (IQR), pg/mL	13 (9–17)	16 (13–21)	13 (9–16)	9 (7–18)	9 (7–11)	<0.0001

Abbreviations: AI = antibody index; CA = cerebellar ataxia; IA = immunoadsorption; IQR = interquartile range; IT = immunotherapy; IVIG = IV immunoglobulines; mRS = modified Rankin Scale; MMF = mycophenolate mofetil; MTX = methotrexate; NfL = neurofilament light chain; OCB = oligoclonal bands; PLEX = plasma exchange; SPS = stiff person syndrome. <sup>a</sup> One patient with CA and LE overlap syndrome developed hippocampal sclerosis.

<sup>b</sup> Twelve patients presented with temporal-lobe epilepsy; no LE patient exhibited hippocampal sclerosis at the time of assessment.

<sup>c</sup> Comparisons of all GAD patients and all controls. Statistics: Continuous variables were compared by the Wilcoxon test. Ordinal variables were compared by Fisher's exact test.

<sup>d</sup> 2x breast cancer (10 y before and 12 y after onset of disease), 1x AML (9 y after onset of disease), 1x CLL (1 y before onset of disease), 1x ovarian teratoma (10 y before onset of disease). <sup>e</sup> If not available at diagnosis, data from first spinal tap at study site.

The observed association of sNfL levels with disease duration argues for at least a relevant proportion of neuroaxonal damage occurring already early in the disease course. In line with this, recent neuropathologic evidence suggests that the disease is initially dominated by acute neuroinflammation, characterized by lymphocyte infiltration with a predominance of CD8<sup>+</sup> T cells and evidence of T-cell-mediated neuronal destruction.<sup>2</sup> Despite their still unsolved relevance, the presence of plasma cells in the brain and GAD65-Ab producing B cells in the CSF is also more pronounced early in the

Table 2 Brain Segmen	ntation Including	g Cerebellar Sub	segme	entation								
Metric	All GAD (n = 41) median <sup>a</sup> (IQR), %	All HC (n = 41) median <sup>a</sup> (IQR), %	<b>р</b> ь	CA GAD (n = 13) median <sup>a</sup> (IQR), %	CA HC (n = 13) median <sup>a</sup> (IQR), %	р <sup>ь</sup>	LE GAD (n = 20) median <sup>a</sup> (IQR), %	LE HC (n = 20) median <sup>a</sup> (IQR), %	р <sup>ь</sup>	SPS GAD (n = 8) median <sup>a</sup> (IQR), %	SPS HC (n = 8) median <sup>a</sup> (IQR), %	, <b>р</b> ь
Brain segmentation												
Cortex	26.7 (19.6–30.6)	29.3 (28.6–30.1)	0.011	27.8 (21.2–31.0)	29.2 (27.0–30.1)	3.436	27.4 (19.5–31.3)	29.4 (28.7–30.2)	1.366	21.8 (16.3–28.8)	29.4 (28.7–29.9)	0.704
Amygdala	0.2 (0.2–0.2)	0.2 (0.2–0.2)	0.238	0.2 (0.2–0.2)	0.2 (0.2–0.2)	13.237	0.2 (0.2–0.2)	0.2 (0.2–0.2)	0.149	0.2 (0.2–0.2)	0.2 (0.2–0.2)	6.890
Hippocampus	0.6 (0.5–0.6)	0.5 (0.4–0.5)	0.016	0.5 (0.5–0.6)	0.5 (0.4–0.5)	2.290	0.6 (0.5–0.6)	0.5 (0.5–0.5)	0.022	0.6 (0.5–0.6)	0.5 (0.5–0.6)	3.515
Cerebellar subsegmentation												
Cerebellar gray matter	6.1 (4.5–6.8)	6.9 (6.1–7.2)	0.005	6.0 (5.0–6.4)	6.2 (5.8–6.2)	5.497	6.4 (4.6–7.0)	7.0 (6.9–7.3)	0.275	4.9 (1.8–7.0)	7.2 (6.0–7.5)	0.421
Anterior lobe <sup>c</sup>	0.8 (0.7–0.9)	0.9 (0.8–1.0)	0.059	0.8 (0.8–1.0)	0.9 (0.8–0.9)	8.951	0.8 (0.8–0.9)	0.9 (0.9–1.0)	0.688	0.7 (0.6–0.9)	0.9 (0.8–1.0)	0.140
Superior posterior lobe <sup>d</sup>	3.8 (2.6–4.4)	4.4 (0.4–0.5)	0.007	3.6 (2.9–4.1)	3.9 (3.7–4.0)	6.113	4.1 (2.6–4.7)	4.5 (4.3–4.6)	0.590	3.2 (1.0-4.4)	4.5 (3.9–4.8)	0.421
Inferior posterior lobe <sup>e</sup>	1.3 (1.0–1.4)	1.4 (1.3–1.5)	0.081	1.4 (1.2–1.5)	1.3 (1.2–1.4)	6.763	1.3 (1.0–1.4)	1.5 (1.4–1.6)	5.328	0.9 (0.3–1.6)	1.4 (1.3–1.5)	1.969
Lobule I-IV	0.4 (0.4–0.5)	0.5 (0.4–0.5)	0.029	0.4 (0.4–0.5)	0.4 (0.4–0.5)	9.751	0.4 (0.4–0.5)	0.5 (0.4–0.5)	0.245	0.3 (0.3–0.4)	0.5 (0.4–0.5)	0.281
Lobule V	0.4 (0.4–0.5)	0.4 (0.4–0.5)	0.238	0.4 (0.4–0.5)	0.4 (0.4–0.5)	10.582	0.4 (0.4–0.5)	0.5 (0.4–0.5)	1.157	0.4 (0.2–0.5)	0.5 (0.4–0.5)	0.281
Lobule VI	0.9 (0.7–1.1)	1.0 (0.9–1.1)	0.493	0.9 (0.8–1.0)	0.9 (0.8–1.0)	17.998	0.9 (0.8–1.1)	1.1 (1.0–1.1)	1.615	0.9 (0.3–1.1)	1.0 (0.9–1.1)	1.969
Crus I	1.5 (1.2–1.7)	1.5 (1.4–1.7)	0.400	1.4 (1.3–1.6)	1.5 (1.3–1.5)	15.109	1.6 (1.0–1.8)	1.6 (1.5–1.7)	8.548	1.3 (0.4–1.6)	1.6 (1.4–1.7)	0.985
Crus II	0.9 (0.5–1.1)	1.1 (1.0–1.3)	0.002	0.8 (0.5–0.9)	1.0 (0.9–1.1)	0.146	1.0 (0.6–1.2)	1.2 (1.1–1.3)	0.193	0.7 (0.2–1.0)	1.2 (1.0–1.4)	0.140
Lobule VIIb	0.5 (0.2–0.6)	0.6 (0.5–0.7)	0.002	0.5 (0.3–0.6)	0.5 (0.5–0.6)	4.921	0.5 (0.3–0.6)	0.7 (0.6–0.7)	0.067	0.3 (0.1–0.6)	0.6 (0.6–0.7)	0.704
Lobule VIIIa	0.5 (0.3–0.6)	0.6 (0.6–0.6)	0.011	0.6 (0.5–0.6)	0.6 (0.5–0.6)	13.237	0.5 (0.3–0.6)	0.6 (0.6–0.7)	0.218	0.3 (0.1–0.7)	0.6 (0.5–0.6)	1.969
Lobule VIIIb	0.4 (0.3–0.5)	0.4 (0.4–0.5)	0.567	0.5 (0.4–0.5)	0.4 (0.4–0.5)	13.237	0.4 (0.3–0.5)	0.5 (0.4–0.5)	6.278	0.3 (0.1–0.5)	0.5 (0.4–0.5)	0.985
Lobule IX	0.4 (0.3–0.4)	0.4 (0.3–0.4)	1.485	0.4 (0.3–0.4)	0.3 (0.3–0.4)	8.951	0.4 (0.3–0.4)	0.4 (0.4–0.4)	1.751	0.3 (0.2–0.4)	0.4 (0.4–0.4)	1.969
Lobule X	0.07 (0.06-0.08)	0.08 (0.07–0.08)	0.839	0.07 (0.05–0.09)	0.07 (0.07–0.08)	15.109	0.08 (0.07–0.08)	0.08 (0.07–0.09)	4.149	0.06 (0.03–0.08)	0.08 (0.08-0.09)	0.140
Vermis	0.3 (0.3–0.3)	0.3 (0.3–0.4)	0.045	0.3 (0.3–0.3)	0.3 (0.3–0.4)	3.019	0.3 (0.3–0.3)	0.3 (0.3–0.4)	1.253	0.3 (0.2–0.4)	0.4 (0.3–0.4)	0.985

Abbreviations: CA = cerebellar ataxia; HC = healthy controls; IQR = interquartile range; LE = limbic encephalitis; SPS = stiff person syndrome. <sup>a</sup> Values of each participant were normalized to the individual estimated total intracranial volume (eTIV) and shown as percentage of eTIV. <sup>b</sup> Bonferroni-corrected *p*-values are depicted. <sup>c</sup> Compound volume: cerebellar lobules I–V. <sup>d</sup> Compound volume: cerebellar lobules VI, VIIA [crus I, crus II], and VIIB. <sup>e</sup> Compound volume cerebellar lobules VIIIA, VIIIB, and IX. HCs are age-matched and sex-matched. Statistics: Variables were compared by the Wilcoxon test.

disease.<sup>2,3</sup> In contrast to this initial phase, where immunotherapy shows at least some effect,<sup>4,12</sup> later disease stages remain largely refractory to therapeutic interventions.<sup>13</sup>

The observed influence of timing of sampling on sNfL levels limits the value of sNfL as a biomarker to predict clinical outcome. Similarly, in patients with anti–N-methyl-D-aspartate receptor encephalitis, an impact of sampling time on sNfL levels was proposed.<sup>6</sup> However, early measurement of sNfL levels could potentially assist in patient stratification to identify those who would particularly benefit from prompt and intensive immunosuppressive treatment. The undetectable increase of sNfL levels in patients with SPS can be explained by the long disease duration at the time of sampling in this patient group. Alternatively, a rather reversible deficit in patients with SPS vs irreversible neuronal injury in other phenotypes may be discussed.

As described previously, we found similar atrophy patterns throughout all disease phenotypes with atrophy of cerebellar and cortical volumes<sup>14</sup> and elevated hippocampal volume in patients with LE.<sup>15</sup> Strikingly, cerebellar degeneration is even observed in patients without clinically evident cerebellar ataxia. These findings support the concept of GAD65-Ab–associated neurologic syndromes as a continuous disease spectrum, also reflected by the high rate of overlap phenotypes.

Limitations of our study include the limited patient number because of the rarity of the disease and the strict inclusion criteria, the cross-sectional and retrospective study design, the multicentric recruitment, the lack of a standardized protocol for MRI acquisition, and multiple comparisons in the MRI study.

To conclude, our study provides insights into sNfL dynamics throughout the disease course of GAD65-Ab-SD patients. Imaging data reveal a comparable atrophy profile throughout all clinical phenotypes. We provide evidence for early neuroaxonal damage in GAD65-Ab-SD. This finding has important clinical implications and underlines the need for timely initiation of effective therapy.

#### Acknowledgment

The authors thank Prof. Christian Haass for providing us the infrastructure for the NfL measurements in his department.

#### **Study Funding**

This work was funded by the Deutsche Forschungsgemeinschaft (DFG, German Research Foundation) under Germany's Excellence Strategy within the framework of the Munich Cluster for Systems Neurology (EXC 2145 SyNergy ID 390857198) and Project ID 408885537 - TRR 274, the Gemeinnützige Hertie Stiftung, LMUexcellent, and the German Federal Ministry of Education and Research (BMBF) through a grant Forschungsverbund CONNECT-GENERATE (01GM1908 and 01GM2208).

#### Disclosure

The authors report no relevant disclosures. Go to Neurology. org/NN for full disclosures.

#### **Publication History**

Received by *Neurology: Neuroimmunology & Neuroinflammation* June 1, 2023. Accepted in final form September 20, 2023. Submitted and externally peer reviewed. The handling editor was Editor Josep O. Dalmau, MD, PhD, FAAN.

#### Appendix 1 Authors

Name	Location	Contribution
Katharina Eisenhut, MD	Institute of Clinical Neuroimmunology, University Hospital, Ludwig- Maximilians-Universität Munich; Biomedical Center (BMC), Medical Faculty, Ludwig-Maximilians- Universität Munich, Martinsried, Germany; Graduate School of Sy	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept or design; analysis or interpretation of data
Jennifer Faber, MD	German Center for Neurodegenerative Diseases (DZNE); Department of Neurology, University Hospital Bonn, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; analysis or interpretation of data
Daniel Engels, MD, PhD	Institute of Clinical Neuroimmunology, University Hospital, Ludwig- Maximilians-Universität Munich; Biomedical Center (BMC), Medical Faculty, Ludwig-Maximilians- Universität Munich, Martinsried, Germany	Drafting/revision of the manuscript for content, including medical writing for content; analysis or interpretation of data
Ramona Gerhards, MD, PhD	Institute of Clinical Neuroimmunology, University Hospital, Ludwig- Maximilians-Universität Munich; Biomedical Center (BMC), Medical Faculty, Ludwig-Maximilians- Universität Munich, Martinsried, Germany	Major role in the acquisition of data
Jan Lewerenz, MD	Department of Neurology, Ulm University, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Kathrin Doppler, MD	Department of Neurology, University Hospital Würzburg, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Claudia Sommer, MD	Department of Neurology, University Hospital Würzburg, Germany	Drafting/revision of the manuscript for content, including medical writing for content; analysis or interpretation of data
Robert Markewitz, MD	Institute of Clinical Chemistry, University Hospital Schleswig-Holstein, Lübeck, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data

### Appendix 1 (continued)

Name	Location	Contribution
Kim K. Falk, MD	Institute of Clinical Chemistry, University Hospital Schleswig-Holstein, Kiel, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Rosa Rössling, MD	Department of Neurology and Experimental Neurology, Charité - Universitätsmedizin Berlin; German Center for Neurodegenerative Diseases (DZNE) Berlin, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Harald Pruess, MD	Department of Neurology and Experimental Neurology, Charité - Universitätsmedizin Berlin; German Center for Neurodegenerative Diseases (DZNE) Berlin, Germany	Drafting/revision of the manuscript for content, including medical writing for content; analysis or interpretation of data
Carsten Finke, MD	Department of Neurology and Experimental Neurology, Charité - Universitätsmedizin Berlin, Germany	Drafting/revision of the manuscript for content, including medical writing for content; analysis or interpretation of data
Jonathan Wickel, MD	Section of Translational Neuroimmunology, Department of Neurology, Jena University Hospital, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Christian Geis, MD	Section of Translational Neuroimmunology, Department of Neurology, Jena University Hospital, Germany	Drafting/revision of the manuscript for content, including medical writing for content; analysis or interpretation of data
Dominica Ratuszny, MD	Department of Neurology, Hannover Medical School, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Lena K. Pfeffer, MD	Institute of Neuroimmunology and Multiple Sclerosis, Center for Molecular Neurobiology Hamburg, University Medical Center Hamburg-Eppendorf, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Stefan Bittner, MD	Department of Neurology, University Medical Center of the Johannes Gutenberg University Mainz, Germany	Drafting/revision of the manuscript for content, including medical writing for content; analysis or interpretation of data
Johannes Piepgras, MD	Department of Neurology, University Medical Center of the Johannes Gutenberg University Mainz, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Andrea Kraft, MD	Department of Neurology, Martha-Maria Hospital Halle, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Jaqueline Klausewitz, MD	Department of Neurology, University Hospital Bochum, Germany	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data

#### Appendix 1 (continued)

Name	Location	Contribution
Brigitte Nuscher	German Center for Neurodegenerative Diseases (DZNE), Munich; Metabolic Biochemistry, Faculty of Medicine, Biomedical Center (BMC), Ludwig- Maximilians-Universität München, Munich, Germany	Major role in the acquisition of data
Tania Kümpfel, MD	Institute of Clinical Neuroimmunology, University Hospital, Ludwig-Maximilians- Universität Munich; Biomedical Center (BMC), Medical Faculty, Ludwig-Maximilians- Universität Munich, Martinsried, Germany	Drafting/revision of the manuscript for content, including medical writing for content; study concept or design; analysis or interpretation of data
Franziska S. Institute of Clinical Thaler, MD Neuroimmunology, University Hospital, Lud Maximilians-Universität Munich; Biomedical Cer (BMC), Medical Faculty, Ludwig-Maximilians- Universität Munich, Martinsried, Germany; Munich Cluster for Sys		Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept or design; analysis or interpretation of data

#### Appendix 2 Coinvestigators

Coinvestigators are listed at links.lww.com/NXI/A926.

#### References

- Budhram A, Sechi E, Flanagan EP, et al. Clinical spectrum of high-titre GAD65 antibodies. J Neurol Neurosurg Psychiatry. 2021;92(6):645-654. doi:10.1136/jnnp-2020-325275
- Troscher AR, Mair KM, Verdú de Juan L, et al. Temporal lobe epilepsy with GAD antibodies: neurons killed by T cells not by complement membrane attack complex. Brain. 2022;146(4):1436-1452. doi:10.1093/brain/awac404
- Biljecki M, Eisenhut K, Beltran E, et al. Antibodies against glutamic acid decarboxylase 65 are locally produced in the csf and arise during affinity maturation. *Neurol Neuroinflamm.* 2023;10(3):e200090.
- Arino H, Gresa-Arribas N, Blanco Y, et al. Cerebellar ataxia and glutamic acid decarboxylase antibodies: immunologic profile and long-term effect of immunotherapy. JAMA Neurol. 2014;71(8):1009-1016. doi:10.1001/ jamaneurol.2014.1011
- Zetterberg H, Blennow K. Fluid biomarkers for mild traumatic brain injury and related conditions. Nat Rev Neurol. 2016;12(10):563-574. doi:10.1038/ nrneurol.2016.127
- Brenner J, Mariotto S, Bastiaansen AEM, et al. Predictive value of serum neurofilament light chain levels in anti-NMDA receptor encephalitis. *Neurology*. 2023; 100(21):e2204-e2213. doi:10.1212/WNL.000000000207221
- Day GS, Yarbrough MY, Kortvelyessy P, et al. Prospective quantification of CSF biomarkers in antibody-mediated encephalitis. *Neurology*. 2021;96(20):e2546-e2557. doi:10.1212/WNL.000000000011937
- Kuhle J, Kropshofer H, Haering DA, et al. Blood neurofilament light chain as a biomarker of MS disease activity and treatment response. *Neurology*. 2019;92(10): e1007-e1015. doi:10.1212/WNL.000000000007032
- Faber J, Schaprian T, Berkan K, et al. Regional brain and spinal cord volume loss in spinocerebellar ataxia type 3. *Mov Disord*. 2021;36(10):2273-2281. doi:10.1002/ mds.28610
- 10. Buckner RL, Head D, Parker J, et al. A unified approach for morphometric and functional data analysis in young, old, and demented adults using automated atlas-

based head size normalization: reliability and validation against manual measurement of total intracranial volume. *Neuroimage*. 2004;23(2):724-738. doi:10.1016/j.neuroimage.2004.06.018

- Faber J, Kugler D, Bahrami E, et al. CerebNet: a fast and reliable deep-learning pipeline for detailed cerebellum sub-segmentation. *Neuroimage*. 2022;264:119703. doi:10.1016/j.neuroimage.2022.119703
- Dalakas MC, Fujii M, Li M, Lutfi B, Kyhos J, McElroy B. High-dose intravenous immune globulin for stiff-person syndrome. N Engl J Med. 2001;345(26):1870-1876. doi:10.1056/NEJMoa01167
- Thaler FS, Zimmermann L, Kammermeier S, et al. Rituximab treatment and long-term outcome of patients with autoimmune encephalitis: real-world evidence from the GENERATE registry. *Neurol Neuroimmunol Neuroinflamm.* 2021;8(6):e1088. doi:10.1212/NXL0000000000001088
- Dade M, Giry M, Berzero G, et al. Quantitative brain imaging analysis of neurological syndromes associated with anti-GAD antibodies. *Neuroimage Clin.* 2021;32:102826. doi:10.1016/j.nicl.2021.102826
- Harms A, Bauer T, Witt JA, et al. Mesiotemporal volumetry, cortical thickness, and neuropsychological deficits in the long-term course of limbic encephalitis. *Neurol Neuroimmunol Neuroinflamm.* 2023;10(4):e200125.