Circulating Tumor DNA Monitoring on Chemo-immunotherapy for Risk Stratification in Advanced Non–Small Cell Lung Cancer

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ABSTRACT

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Purpose: Chemoimmunotherapy (chemoIO) is a prevalent firstline treatment for advanced driver-negative non–small cell lung cancer (NSCLC), with maintenance therapy given after induction. However, there is significant clinical variability in the duration, dosing, and timing of maintenance therapy after induction chemoIO. We used circulating tumor DNA (ctDNA) monitoring to inform outcomes in patients with advanced NSCLC receiving chemoIO.

Experimental Design: This retrospective study included 221 patients from a phase III trial of atezolizumab+carboplatin+nabpaclitaxel versus carboplatin+nab-paclitaxel in squamous NSCLC (IMpower131). ctDNA monitoring used the FoundationOne Tracker involving comprehensive genomic profiling of pretreatment tumor tissue, variant selection using an algorithm to exclude nontumor variants, and multiplex PCR of up to 16 variants to detect and quantify ctDNA.

Results: ctDNA was detected (ctDNA+) in 96% of pretreatment samples (median, 93 mean tumor molecules/mL), and

Introduction

Immune checkpoint inhibitors (ICI) have revolutionized the treatment of advanced non–small cell lung cancer (NSCLC) due to the potential for durable clinical benefit, contributing to measurable improvements in patient survival (1–3). While ICI can be very active as single agents (4–7), particularly in patients with high tumoral programmed death-ligand 1 (PD-L1) expression or high tumor mutational burden (TMB), chemotherapy is often added to ICI to reduce the risk of early progression (8). Per clinical guidelines (9), the addition of chemotherapy to ICI can be considered for driver-negative NSCLC in the absence of a positive-selection biomarker (e.g., PD-L1 IHC), in

Clin Cancer Res 2023;29:4596–605

doi: 10.1158/1078-0432.CCR-23-1578

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similar ctDNA dynamics were noted across treatment arms during chemoIO. ctDNA decrease from baseline to C4D1 was associated with improved outcomes across multiple cutoffs for patients treated with chemoIO. When including patients with missing plasma or ctDNA- at baseline, patients with ctDNA- at C4D1 (clearance), had more favorable progression-free survival (median 8.8 vs. 3.5 months; HR, 0.32;0.20–0.52) and OS (median not reached vs. 8.9 months; HR, 0.22; 0.12–0.39) from C4D1 than ctDNA+ patients.

Conclusions: ctDNA monitoring during induction chemoIO can inform treatment outcomes in patients with advanced NSCLC. Importantly, monitoring remains feasible and informative for patients missing baseline ctDNA. ctDNA testing during induction chemoIO identifies patients at higher risk for disease progression and may inform patient selection for novel personalized maintenance or second-line treatment strategies.

patients with a high tumor burden, or when molecular profiling for negative selection biomarkers (e.g., EGFR, ALK) is incomplete.

The variable benefit seen across patients treated with ICI, and occasional equivocal response patterns on imaging (10–12), showcase the need for novel biomarkers for risk and response stratification. This clinical uncertainty persists in patients receiving ICI plus chemotherapy [chemo-immunotherapy (chemoIO)]. The landmark clinical trials of chemoIO were designed with four to six cycles of induction chemoIO followed by platinum-free maintenance therapy for up to 2 years (1, 13–15). However, the real-world adoption of maintenance therapy is variable in terms of timing, duration, and dosing (16). Moreover, the duration of response during maintenance therapy is unpredictable with a subset of patients achieving durable response and others developing rapid disease progression (1, 17–20). Currently, there are no biomarkers established to inform maintenance treatment strategies. In this setting, biomarkers like circulating tumor DNA (ctDNA) may offer an opportunity to risk stratify patients and identify those who will most likely achieve durable benefit (21–24). Early response biomarkers predicting downstream survival could also be beneficial for analysis of ICI clinical trials, given imaging endpoints do not always correlate with overall survival (OS; refs. 25–27).

Here, we aimed to determine whether ctDNA monitoring during chemoIO induction using FoundationOne Tracker, an emerging ctDNA methodology, which enables personalized ctDNA monitoring by leveraging a patient's historical tissue comprehensive genomic profiling (CGP) results, could reliably identify patients responding to treatment and predict the durability of immunotherapy benefit. We hypothesized that ctDNA analysis during induction treatment can

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Translational Relevance

Monitoring of circulating tumor DNA (ctDNA) has emerged as a potentially powerful tool for understanding therapeutic benefit in patients with advanced cancer. Here, we investigate a novel method for personalized ctDNA tracking leveraging historical tissue comprehensive genomic profiling results with algorithmic identification of tumor variants for highly sensitive monitoring. We found that ctDNA changes (decrease or complete clearance) prior to maintenance therapy can distinguish patients that achieve a durable benefit from those at risk for early disease progression. Notably, this insight can be gained without pretreatment ctDNA testing, as ctDNA detection following induction chemoimmunotherapy was highly prognostic. Moreover, longitudinal monitoring throughout induction provided additional prognostic insight, offering the possibility to continually tailor therapy strategies. These data point to tumor-informed ctDNA monitoring as a powerful tool for understanding the effect of investigational therapies, identifying patients at higher risk for disease progression, and informing patient selection for novel personalized maintenance treatment strategies.

inform patient outcomes and provide data to potentially personalize induction therapy duration and maintenance treatment strategies. To study this, we leveraged the IMpower131 study, a completed phase III trial evaluating chemotherapy versus chemoIO in patients with advanced squamous NSCLC with historical tissue CGP available as well as plasma specimens banked for ctDNA monitoring (13).

Materials and Methods

Patients and study design

Patients prospectively treated as part of the completed phase III IMpower131 trial (NCT02367794) were retrospectively selected for inclusion based on the availability of tissue CGP results (as reported previously; ref. 28) and baseline/on-treatment plasma samples. Briefly, this trial enrolled patients with stage IV squamous NSCLC and randomized them to receive atezolizumab+carboplatin+nabpaclitaxel $(A+CnP)$ or carboplatin+nab-paclitaxel (CnP) for the primary outcome analysis; a third arm received atezolizu $mab + carboplation + paclitaxel (A + CP)$ and was analyzed secondarily. Patients were treated with four or six cycles of induction therapy, and patients treated with atezolizumab continued receiving it as maintenance therapy until disease progression. Baseline PD-L1 tumor expression was evaluated in archival tissue or tissue obtained from a biopsy at screening using the SP142 PD-L1 IHC assay (Ventana Medical Systems, Inc., Tucson, AZ) and was scored by a central laboratory, as previously described (29). Expression from tumor cells (TC) and tumor-infiltrating immune cells (IC) was considered for stratifying patients into 3 groups based off PD-L1 expression: TC3 or IC3 (high expression: PD-L1 expression on \geq 50% of TC or \geq 10% of IC), TC1/2 or IC1/2 (low expression: PD-L1 expression on \geq 1% of TC or IC and < 50% of TC and < 10% of IC), and TC0 and IC0 (negative: PD-L1 expression on < 1% of TC and IC). Tissue and plasma collection for research was not a requirement for trial enrollment; rather, written informed consent from the patients was obtained separately for the collection and use of their samples for future research. These studies were conducted in accordance with the Declaration of Helsinki and approved by an institutional review board.

Tissue CGP to enable patient-specific monitoring

Tissue CGP was performed using a clinical trial assay version of Foundation Medicine tissue testing (>300-gene panel, as described previously; ref. 28) to identify patient-specific alterations, which informed the design for the FoundationOne Tracker (ctDNA) assay, a tissue-informed personalized assay for ctDNA monitoring, as described previously (30). Tissue CGP results were only available for the $A + CnP$ and CnP arms (133 and 120 patients respectively), which constituted the primary analysis population of the IMpower131 trial (13). For CGP results that passed quality control metrics, a novel, proprietary algorithm was used to select up to 16 alterations (substitutions and short indels) from both exonic and intronic regions in the CGP results while excluding non-tumor–derived variants (germline, clonal hematopoiesis (CH)-derived, sequencing artifacts). Alterations include likely or known pathogenic variants, variants of unknown significance in coding regions, variants in noncoding regions, and synonymous variants. To move forward with ctDNA analysis, a minimum of two patient-specific variants must have been identified for monitoring. The selected alterations were used to design PCR amplicons with optimized design parameters, ensuring robust specificity and sensitivity (30).

Plasma ctDNA monitoring analysis

Blood was collected in cell-free DNA (cfDNA) BCT tubes (Streck, La Vista, NE) at the beginning of treatment cycles 1, 2, 3, 4, and 8. ctDNA testing was performed retrospectively on cfDNA extracted from 2 to 5 mL of plasma, as previously described (31). Using the proprietary algorithm, a confidence score was calculated for each target variant detected, as previously described (30). Tumor DNA detection in the plasma was determined on the basis of a validated combined confidence level that considers all patient-specific variants of the assay. A ctDNA-positive call required the detection of at least two patient-specific variants above the selected confidence threshold (30). ctDNA levels were reported in mean tumor molecules per mL of plasma (MTM/mL). The $A+CP$ arm was excluded from analysis due to lack of tissue, baseline plasma, or patient consent.

Statistical analysis

To minimize bias, ctDNA measurements were conducted with blinding to clinical data and patient treatment. Clinical data collection was conducted without the knowledge of ctDNA measurements. For the primary analyses, ctDNA results at cycle 4, day 1 (C4D1) were classified as a binary variable (detected/not detected) to determine the association between investigator-assessed progression-free survival (PFS), OS, and best overall response/objective response rate (ORR) with the detection of ctDNA at the start of cycle 4 (C4D1). Secondary analyses investigated quantitative changes in ctDNA (MTM/mL; ActDNA) from baseline to C4D1 during chemoIO treatment. Patients who had negative ctDNA levels (ctDNA-) at baseline were excluded from these analyses. On the basis of prior studies, prespecified cutoffs of any decrease (30), \geq 50% (22), and 100% decrease (full clearance; ref. 32) were used to stratify patients. PFS and OS analyses were landmarked from C4D1 unless otherwise stated; patients with progression/death before the landmark date were excluded. Kaplan–Meier curves were used to estimate and visualize the survival distributions in ctDNA increasing and decreasing groups. Log-rank test was used to evaluate the significance of the effect of Δ ctDNA on PFS and OS. Both univariate Cox proportional hazards regression model and multivariate models adjusting for prognostic and predictive covariates were used to estimate the hazard ratios. ^R version 4.2.1 ([www.r-project.](www.r-project.org/) [org/](www.r-project.org/)) software was used for all statistical analyses and ggplot2 and

survminer for visualization. Additional exploratory analyses were performed using a 90% decrease cutoff, ctDNA detection in plasma samples from the start of cycle 2 (C2D1), start of cycle 3 (C3D1), and start of cycle 8 (C8D1), and PFS/OS differences between four and six cycles of induction in ctDNA+ patients at C4D1, which were landmarked from the relevant treatment timepoint.

Data availability statement

All relevant data are provided within the article and its accompanying Supplementary Data. Because of Health Insurance Portability and Accountability Act requirements, we are not consented to share individualized patient genomic data, which contains potentially identifying or sensitive patient information. Foundation Medicine is committed to collaborative data analysis, and we have wellestablished and widely used mechanisms by which investigators can query our core genomic database of >600,000 deidentified sequenced cancers to obtain aggregated datasets. More information and mechanisms for data access can be obtained by contacting the corresponding authors or the Foundation Medicine Data Governance Council at data.governance.council@foundationmedicine.com. For IMpower131, qualified researchers may request access to individual patient-level data through the clinical study data request platform [\(https://vivli.org/members/enquiries-about-studies-not-listed-on-the](https://vivli.org/members/enquiries-about-studies-not-listed-on-the-vivli-platform)[vivli-platform](https://vivli.org/members/enquiries-about-studies-not-listed-on-the-vivli-platform) [vivli.org]/).

Results

Study cohort

Both historical tissue CGP results and baseline/on-treatment plasma samples were available for research from a total of 253 patients treated with either $A + CnP$ (chemoIO) or CnP (chemo). Nineteen patients (8%) were excluded across both treatment arms due to insufficient variants (<2 variants per sample) detected by tissue CGP to enable analysis with the ctDNA assay. Two additional patients (0.7%) had insufficient cfDNA extracted across all plasma samples and were excluded. Therefore, 232 of 253 patients (92%) with historical tissue profiling and plasma samples available were eligible for ctDNA analysis. For survival analysis, 11 patients were excluded due to missing baseline clinical characteristics, leaving a total of 221 patients for ctDNA outcomes analysis (Fig. 1A). Across the 221 patients included in the survival analyses, a median of 10 variants (range, 2–16) from baseline tissue CGP were selected for tracking, and no differences in the number of detected variants were seen in patients across the two treatment arms (chemoIO: 10 vs. chemo: 9.5). For patients with high TMB (≥10 mut/Mb) detected in tissue CGP, a median of 13 variants (range, 3–16) were tracked per patient, compared with a median of 7 (range, 2–16) for patients with low TMB (<10 mut/Mb) tumors (Fig. 1B).

Clinical and demographic characteristics of patients in this study were largely similar to the intention-to-treat population from the IMpower131 trial (8). The median age was 64 years (range, 23–81), and 85% of patients were male. Ninety-five percent of patients were previous or current smokers. High PD-L1 expression was detected in 15%, low expression in 48%, and negative expression in 37% of the patients (Supplementary Table S1). Genomic alterations detected by CGP were similar to those previously described in squamous cell NSCLC (33). TP53 (90%), CDKN2A (23%), KMT2D (19%), and PIK3CA (12%) alterations were the most frequently detected, and CDKN2A homozygous deletions (26%) and amplifications of genes on chromosome 3q26, such as SOX2 (28%) and PRKCI (19%), as well as PIK3CA amplifications (22%) were also frequently observed. No ALK

Figure 1.

Patient cohort for analysis. Per the CONSORT diagram (A), of 253 patients with tissue NGS results and plasma available, 232 (92%) were eligible for analysis using FoundationOne Tracker and 221 (87%) were included in ctDNA outcomes analysis. B, Distribution and number of monitorable variants per patient according to pathogenic status and TMB. Across the 221 patients with sufficient variants for FoundationOne Tracker, the median number of trackable variants was 13 in those with TMB ≥ 10 and 7 in those with TMB < 10. Chemo, chemotherapy; ChemoIO, chemotherapy plus immunotherapy; NGS, next-generation sequencing; VUS, variant of unknown significance.

Figure 2.

ctDNA is prevalent at baseline and highly dynamic on therapy. A, Baseline ctDNA detected per therapy arm reported as MTM/mL. B, The percentage of patients for each therapy arm with an increase, decrease, or no change in ctDNA between sequential cycles. Included any patients with available plasma at specified timepoints. C, Waterfall plot depicting the percent change in ctDNA between C1D1 and C4D1, measured in MTM/mL. Patients' best objective response is represented by the color of the bar. Chemo, chemotherapy; ChemoIO, chemotherapy plus immunotherapy; CR, complete response; MTM/mL, mean tumor molecules per mL of plasma; NE, not evaluable; PR, partial response; SD, stable disease; PD, progressive disease.

fusions were detected, and three patients had EGFR mutations (two concurrent G719S/S768I; one L858R; Supplementary Fig. S1A). Median TMB was 10.5mut/Mb (range, 0.9–91.3), and high TMB was observed in 114 tissue samples (52%; Supplementary Fig. S1B; refs. 33–35).

94% of patients still had an overall decrease in ctDNA from baseline regardless of treatment arm (Fig. 2C).

ctDNA detection and dynamics on chemoIO

Of the 221 patients with available baseline clinical characteristics, 210 patients had evaluable pretreatment baseline plasma samples across both treatment arms. ctDNA was detected in 201 patients (96%) across a wide range of MTM/mL (Fig. 2A). When dichotomizing patients using the patient cohort median ctDNA level (93 MTM/mL), there was a trend toward lower overall response rate in patients with baseline ctDNA levels above the median (47% vs. 60%). The difference in overall response rate was more pronounced in patients treated with chemotherapy alone (36% vs. 58%) than in patients treated with chemoIO (56% vs. 62%). Extending these analyses to PFS and OS in patients treated with chemoIO, we observed shorter PFS and OS in overall patients with baseline ctDNA levels above versus below the median (PFS: 6.0 vs. 8.5 months; OS: 11.1 vs. 20.7 months). In multivariate analyses, baseline ctDNA levels remained independently prognostic (PFS: HR, 2.28; 1.43–3.64; OS: HR, 2.23; 1.29–3.85). To understand how ctDNA changes may differ between treatment arms, ctDNA increase vs. decrease was assessed across all longitudinal timepoints. Most patients experienced ctDNA decrease from baseline to C2D1 (chemo: 91%; chemoIO: 90%), with 81% of patients having \geq 50% decrease and 25% having full clearance, regardless of treatment arm. Increasing ctDNA from C2D1 to C3D1 (19% vs. 13%), as well as from C3D1 to C4D1 (34% vs. 25%), was more common in patients treated with chemo alone compared with those treated with chemoIO (Fig. 2B). Yet, by C4D1

ctDNA monitoring and outcomes on ChemoIO

Given the variable outcomes on chemoIO, we investigated whether ctDNA monitoring can reliably identify patients responding to chemoIO that will achieve a more durable benefit. We focused on the C4D1 timepoint for testing because obtaining results at this stage allows for timely information to guide the planning of maintenance therapy at C5D1. Limiting the analysis to 85 patients treated with chemoIO with detectable ctDNA pretreatment, we found that most patients exhibited a decrease in ctDNA levels from baseline to C4D1 (81/85, 95.3%) and that these patients had significantly longer median PFS (6.1 vs. 2.0 months; HR, 0.14; 0.05–0.42; Fig. 3A) and median OS (15.3 vs. 5.3 months; HR, 0.25; 0.09–0.73; Fig. 3A) compared with those with a ctDNA increase. Similar results were seen for both PFS (6.1 vs. 1.9 months; HR, 0.24; 0.11–0.53) and OS (15.3 vs. 5.1 months; HR, 0.32; 0.14–0.77) when stratifying patients based on \geq 50% ctDNA decrease (78/85; Supplementary Fig. S2A). Patients with complete ctDNA clearance (full clearance) at C4D1 (100% ctDNA decrease; 44/85, 52%) had significantly improved PFS (9.9 vs. 3.5 months; HR, 0.31; 0.19–0.50) and OS (NR vs. 8.9 months; HR, 0.20; 0.10–0.39) compared with patients with $ctDNA+$ at C4D1 (Fig. 3B). Other studies have additionally used 90% decrease as a cutoff (36). As an exploratory analysis, we stratified patients based on ≥ 90% decrease in ctDNA (64/85) and saw comparable results to full clearance (Supplementary Fig. S2B). When adjusting for covariates, including PD-L1, any ctDNA decrease and full ctDNA clearance at C4D1 from baseline remained statistically significant as independent prognostic factors for

Figure 3.

ctDNA monitoring on chemoIO identifies patients with poorer outcomes on IO maintenance. Comparing C4 to C1 ctDNA levels, Kaplan–Meier analysis demonstrates favorable outcomes in patients with (A) any decrease and (B) full ctDNA clearance. In multivariate analysis using a Cox model adjusting for clinical and genomic features, ctDNA change remains a statistically significant prognostic factor (Supplementary Fig. S3).

clinical outcomes (Supplementary Figs. S3 and S4). Improved ORR was associated with decrease from baseline for all assessed cutoffs (Supplementary Table S2). The same analysis was performed for patients treated in the chemo arm, but only 90% and full clearance was associated with favorable PFS (90%: 4.9 vs. 3.3 months; HR, 0.43; 0.25–0.75; full clearance: 6.3 vs. 3.4 months; HR, 0.42; 0.25–0.69), and only full clearance was associated with improved OS (10.3 vs. 5.3 months; HR, 0.41; 0.23–0.75); the other ctDNA cutoffs were unable to identify patients with durable benefit (Supplementary Fig. S5).

We further investigated whether serial monitoring on chemoIO could offer insight into clinical outcomes. Regardless of which interval was analyzed (C1 \rightarrow C2, C2 \rightarrow C3, C3 \rightarrow C4, or C4 \rightarrow C8), any increase in MTM/mL from the prior cycle was associated with shorter median PFS and OS from the landmark time (Fig. 4A and B) and lower ORRs (Supplementary Table S3). Importantly, of 38 chemoIO patients with ctDNA clearance at C4D1, only 21 (55%) had early clearance at C2D1; and of the 23 patients with early clearance at C2D1, two developed detectable ctDNA by C4D1.

In clinical practice, many patients may not have baseline ctDNA analysis performed. Therefore, we investigated the prognostic value of $ctDNA+$ at C4D1 in all patients with available samples at this timepoint ($n = 96$), even when baseline testing was missing or baseline ctDNA levels were negative. Among the 96 analyzed samples, 43% were ctDNA+ (median, 14.6 MTM/mL; range, 0.3-787.3), and ctDNA positivity at C4D1 was associated with a lower ORR (43%) compared with those with undetectable ctDNA at the same timepoint (ctDNA-, 78%; $P < 0.001$). Patients with ctDNA- at C4D1 (55/96) had a higher PFS than their ctDNA+ counterparts (median PFS from C4D1: 8.8 vs. 3.5 months, respectively; HR, 0.32; 0.20–0.52; Fig. 5A). Median OS from C4D1 was not reached for ctDNA- patients and was 8.9 months for ctDNA+ patients (HR, 0.22; 0.12–0.39; Fig. 5B). Adjustments for clinical and genomic characteristics did not diminish the independent prognostic value of ctDNA detection at C4D1 (Supplementary Fig. S6). Results were similar when assessing ctDNA detection at other time points (Supplementary Fig. S7). We then hypothesized that in patients with $ctDNA+$ at C4D1, additional induction therapy (up to cycle 6) may provide benefit over four cycles. However, in an exploratory C6D1 landmark analysis of 34 patients who were ctDNA+ at C4D1, prolonged induction (six cycles vs. four cycles) was not associated with any improvement in PFS (2.1 vs. 3.5 months; HR, 0.76; 0.37–1.57) or OS (5.4 vs. 10.3 months; HR, 0.79; 0.36–1.72; Fig. 6A and B).

Discussion

ChemoIO is an increasingly common first-line treatment for advanced driver-negative NSCLC, with platinum-free maintenance

Figure 4.

Across serial timepoints, ctDNA increase between any sequential cycles is associated with poorer outcomes. Kaplan-Meier analysis depicting (A) PFS and (B) OS for patients with ctDNA increase versus decrease between C1D1 and C2D1, C2D1 and C3D1, C3D1 and C4D1, and C4D1 and C8D1. PFS and OS analyses were landmarked from C2D1, C3D1, C4D1, or C8D1 respectively; patients with progression/death before the landmark date were excluded. OS, overall survival; PFS, progression-free survival.

therapy recommended after induction. However, key questions remain regarding the optimal time to start ICI maintenance after chemoIO induction as well as the intensity and duration of maintenance. In current guidelines and clinical trials, ICI maintenance therapy is recommended after four or six cycles of chemoIO; however, there is lack of affirmative data to more precisely guide decisions related to subsequent maintenance therapy. Some regimens are exploring as few as two cycles of induction chemotherapy (37). Furthermore, while chemoIO with continued ICI maintenance is effective in a portion of patients, there are still those who do not exhibit durable benefit. Early determination of response or risk of progression on chemoIO induction could enable a more personalized approach those with favorable response and low risk can more confidently advance to ICI maintenance, and patients with poor response and high risk can consider alternative and potentially more intensified maintenance therapies (13, 36–38).

Here, we demonstrate that ctDNA monitoring using a tissue CGPinformed, personalized monitoring assay can identify patients with advanced NSCLC gaining benefit from chemoIO. In a prespecified analysis, we find that ctDNA changes (decrease or complete clearance) prior to initiating the maintenance phase of treatment can distinguish between patients expected to have durable benefit and those at risk of rapid progression (ctDNA decrease HR, 0.14; ctDNA clearance HR, 0.31). Notably, this insight can also be gained regardless of whether a patient had pretreatment ctDNA testing—the detection of ctDNA

following induction chemoIO had significant prognostic implications for maintenance therapy (OS HR, 0.22). Moreover, ongoing monitoring at subsequent timepoints provided additional prognostic insight, offering the possibility to continually tailor therapy for such patients. These findings are overall consistent with prior work demonstrating the potential for ctDNA monitoring to inform outcomes on immunotherapy in advanced solid tumors (21–24, 30).

Previous ctDNA monitoring studies in advanced solid tumors treated with IO (monotherapy or dual) have shown that ctDNA decrease after 6 to 9 weeks strongly predicts response and improved PFS and OS (32, 38). These studies dichotomize change in ctDNA as an increase or decrease from baseline, or evaluated 50% decrease or full clearance of ctDNA. While that analytic approach was informative, in the patients treated with chemoIO in our study, we did observe rapid and significant decreases in ctDNA across most patients at C2D1, which continued through C4D1 in both treatment arms (Fig. 2). For patients treated with chemoIO, we observed only four patients with an increase in ctDNA from baseline at C4D1 and only three patients with a <50% decrease by C4D1. The dramatic decrease in ctDNA levels seen in most patients is likely explained by the addition of chemotherapy to IO and highlights an important distinction in the interpretation of ctDNA monitoring results between IO therapy versus chemoIO. Since most patients exhibit considerable ctDNA decrease on chemoIO, an increased threshold for response (90%–100%) may be needed at C4D1 to discern a prevalent population with more or less favorable

Figure 5.

In the absence of a baseline monitoring timepoint, ctDNA detection on chemoIO can inform subsequent outcomes on IO maintenance. Kaplan-Meier analysis depicting (A) PFS and (B) OS for all patients with an available C4 sample (including those with no baseline sample or negative baseline ctDNA levels). In multivariate analysis using a Cox model adjusting for clinical and genomic features, ctDNA positivity remains a statistically significant prognostic factor (Supplementary Fig. S6). IO, immunotherapy; OS, overall survival; PFS, progression-free survival.

outcomes. Furthermore, it is important to consider the durability of benefit while on chemoIO. Our serial monitoring analyses showed that an increase in ctDNA levels between any subsequent ontreatment timepoints (C2D1 to C3D1 or C3D1 to C4D1) was associated with poorer clinical outcomes (Fig. 4; Supplementary Table S2). Decreasing ctDNA levels from pretreatment to C4D1 was informative using all evaluated cutoffs, with greater reductions of ctDNA providing more confidence in durable benefit. On the basis of this study, for chemoIO, on-treatment serial monitoring up to C4D1 and assessment at C4D1 as a single timepoint can both be informative for response assessment and risk stratification, but interpreting the magnitude of change in ctDNA is different than with ICI therapy alone. Further cohort analyses could be beneficial in further characterizing the optimal timing for ctDNA response

Figure 6.

Additional cycles of induction therapy are not associated with improved outcomes in patients with ctDNA detection at C4D1. Kaplan–Meier analysis depicting (A) PFS and (B) OS for patients treated with chemoIO receiving four vs. six cycles of chemo induction therapy. ChemoIO, chemotherapy plus immunotherapy; OS, overall survival; PFS, progression-free survival.

analysis on chemoIO, such as the ongoing efforts by Friends of Cancer Research (22).

ChemoIO induction is effective in advanced NSCLC, with the majority of patients achieving response. There is greater uncertainty in the duration of benefit on IO maintenance. However, ctDNA monitoring may still have additional utility by allowing for early detection of nonresponders to chemoIO induction. Our serial monitoring analyses showed that an increase in ctDNA levels between any subsequent on-treatment timepoints (baseline to C2D1, C2D1 to C3D1, or C3D1 to C4D1) was associated with poorer response and long-term clinical outcomes (Fig. 4; Supplementary Table S2). In fact, an increase/decrease in ctDNA at C2D1 relative to baseline was associated with similar ORR as increase/decrease in ctDNA at C4D1 relative to baseline. Importantly, ctDNA remained dynamic across induction timepoints for some patients, with some having ctDNA increase after full clearance at C2D1 and others experiencing slower reductions of ctDNA, not obtaining clearance until C4D1. Taken together, this highlights the potential utility and significance of having multiple timepoints, specifically for assessing benefit of IO maintenance.

For patients with an inadequate ctDNA response after chemoIO, it remains uncertain what the best management approach is. In an exploratory analysis, we investigated whether, in these high-risk molecular nonresponder patients, additional cycles of induction chemotherapy resulted in prolonged PFS. Yet, additional chemotherapy cycles did not confer improved outcomes for these patients in our study. These results may not be surprising given the historical literature finding that additional platinum-based chemotherapy beyond the first four cycles resulted in no survival benefit in advanced NSCLC (39). Instead, such patients may require early access to emerging salvage therapies including targeted agents, (40, 41) antibody–drug conjugates, (42, 43) or new immunotherapies to alter their treatment outcomes.

While here we study a tissue-informed ctDNA monitoring approach, we and others have reported on tissue-naïve approaches for ctDNA monitoring as well. In a recent analysis of the IMpower150 trial of chemoIO in advanced NSCLC (44), a ctDNA panel covering >300 genes was used to test for somatic alterations at baseline and on-treatment. Despite avoidance of common germline and CH variants, the study team found that paired analysis of white blood cells was needed to further filter germline and CH variants. This and other tissue-naïve approaches have been able to provide prognostic insight from ctDNA monitoring in advanced NSCLC, (45) yet the risk of false-positive test results from CH remains a persistent concern (46), particularly at lower tumor fraction. Use of a tumorinformed approach offers an opportunity to reduce the risk of mistakenly tracking germline and CH signal, and the potential for increased sensitivity by tracking multiple patient-specific variants. Further development work would be needed to establish scalable tissue-naïve monitoring tools that can offer reliable sensitivity while avoiding confusing CH signal.

The algorithmic approach for selection of tumor variants used here is pragmatically designed for clinical care, allowing generation of a personalized ctDNA assay using a tumor tissue CGP result without the need of paired germline sequencing. To minimize risk of analytic false-positives, a sample is only identified as ctDNA-positive if two or more variants are detected. However, on occasion, a nontumor variant (e.g., germline, CH, or other nontumor somatic) may be tracked along with the other tumor-derived variants. Of note, the cohort studied here had greater prevalence of elevated TMB (52%) than we saw in our recent analysis of real-world NSCLC outcomes on immunotherapy (40%; ref. 7), potentially increasing the feasibility of the monitoring approach studied. The impact of TMB and the number of variants tracked on immunotherapy monitoring deserves further investigation, though in this study, sensitivity analysis found no obvious impact of the number of tracked variants on monitoring and associated outcomes (Supplementary Fig. S8).

In conclusion, here we quantify the potential clinical insights from ctDNA monitoring on patients with advanced NSCLC receiving chemoIO. Importantly, ctDNA monitoring is not a replacement for baseline predictive biomarkers but may be able to complement these. ctDNA monitoring was prognostic across a range of cutoffs and a range of timepoints. Our data suggest that CGP-informed ctDNA monitoring can distinguish patients with favorable versus poor outcomes on immunotherapy maintenance, potentially allowing the development of precision maintenance treatment strategies. Future utility studies should investigate specific management approaches for patients undergoing ctDNA monitoring on chemoIO.

Authors' Disclosures

B. Pellini reports grants from BMS Foundation and BMS and personal fees from Merck, BMS, AH Merus, AstraZeneca, Regeneron, Illumina, Guardant Health, Foundation Medicine, Guidepoint, MJH Life Sciences, MLI, Bio Ascend, Grupo Pardini, GBOT, Play to Know AG and Doctaforum outside the submitted work. R.W. Madison reports personal fees from Foundation Medicine Inc. and Roche Holding AG during the conduct of the study. M.A. Childress reports employment by Foundation Medicine and stock ownership with Roche. S.T. Miller reports personal fees from Foundation Medicine Inc. and Roche Holding AG during the conduct of the study. O. Gjoerup reports other support from Roche outside the submitted work. J. Cheng reports employment by Genentech, Inc. and hold shares of Roche stock. R.S.P. Huang reports other support from Foundation Medicine during the conduct of the study and other support from Foundation Medicine outside the submitted work. M. Krainock reports other support from Natera during the conduct of the study. P. Gupta reports employment by Genentech/Roche. W. Zou reports other support from Roche outside the submitted work. D.S. Shames reports employment by Genentech Inc. and stock ownership in Roche Holdings. S. Moshkevich reports other support from Natera, Inc. outside the submitted work. M. Ballinger reports other support from Genentech, Inc. during the conduct of the study; other support from Genentech Inc. outside the submitted work; employment at Genentech, Inc., and Roche stock ownership. M.C. Liu reports other support from Natera during the conduct of the study and funding to Mayo Clinic from Eisai, Exact Sciences, Genentech, Genomic Health, GRAIL, Menarini Silicon Biosystems, Merck, Novartis, Seattle Genetics, and Tesaro; and ad hoc advisory board meetings with financial compensation deferred to Mayo Clinic from AstraZeneca, Celgene, Roche/Genentech, Genomic Health, GRAIL, Ionis, Merck, Pfizer, Seattle Genetics, and Syndax. A. Young reports personal fees from Foundation Medicine during the conduct of the study. G.R. Oxnard reports personal fees from Foundation Medicine and Roche during the conduct of the study. M.A. Socinski reports grants and personal fees from Genentech and AZ; grants and other support from Spectrum and Beigene; grants from Novartis, Cullinan, Pfizer, and Daiichi Sankyo; personal fees and other support from Lilly; grants, personal fees, and other support from Mirati; other support from BMS; and personal fees from Regeneron, G1 Therapuetics, Jazz, and Janssen outside the submitted work. No disclosures were reported by the other authors.

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Acknowledgments

This study was supported by Foundation Medicine, Inc. (R.W. Madison, M.A. Childress, S.T. Miller, O. Gjoerup, R.S.P. Huang, A. Young, G.R. Oxnard).

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Note

Supplementary data for this article are available at Clinical Cancer Research Online (http://clincancerres.aacrjournals.org/).

Received May 25, 2023; revised July 21, 2023; accepted September 8, 2023; published first September 13, 2023.

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