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Methods and indicators to validate country reductions in incidence of hepatitis C virus infection to elimination levels set by the World Health Organization

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SUMMARY

One of the main goals of the 2016 Global Health Sector Strategy on viral hepatitis is the elimination of hepatitis C virus (HCV) as a public health problem by 2030, defined as an 80% reduction in incidence and 65% reduction in mortality relative to 2015. Although monitoring HCV incidence is key to validating HCV elimination, it can be resource-intensive for countries to measure this metric using the gold-standard method, which involves prospective HCV re-testing of people at risk. Additionally, few countries have collected quality data in 2015 to document an 80% decrease by 2030. In this paper, we first review different methods by which HCV incidence can be monitored and discuss their resource implications and applicability to various

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populations. Second, using mathematical models developed for various global settings, we assess whether trends in HCV chronic or antibody prevalence or scale-up levels for HCV testing, treatment and preventative interventions can be used as reliable alternative indicators to validate the HCV incidence target. Third, we discuss the advantages and disadvantages of an absolute HCV incidence target and suggest a suitable threshold. We then propose three options that countries can use to validate the HCV incidence target, depending on the available surveillance infrastructure.

INTRODUCTION

In 2016, the World Health Assembly adopted the Global Health Sector Strategy (GHSS) on viral hepatitis^[1]. One of the main goals of the strategy is the elimination of chronic hepatitis C virus (HCV) infection as a public health problem by 2030, defined as an 80% reduction in incidence and 65% reduction in mortality relative to $2015^{[1]}$. These targets were based on mathematical modelling conducted by our groups, which suggested that achievable scale-up of HCV treatment and preventative interventions could deliver this level of impact over 15-years^[2, 3]. While progress has been slow and uneven across countries, as of 2019, 9.4 million people had received HCV treatment compared to 5 million in $2015^{[4]}$. Some champion countries have made considerable strides and have requested guidance from the World Health Organization (WHO) on the process and criteria needed to validate that they have reached the elimination targets^[5]. In this context and considering the substantial country-level variation in the level of HCV burden, epidemic dynamics and resources, having a choice of options to validate the HCV targets is important.

Although HCV incidence is one of the key indicators for validating elimination of HCV infection as a public health problem, it can be difficult to measure reliably. The gold-standard method involves ascertaining new HCV cases prospectively among individuals at risk of infection who are followed over time. However, this approach is not efficient for measuring rare outcomes like population-level HCV incidence, as it can require large sample sizes. Alternative methods for monitoring HCV incidence, some of which build on methods developed to estimate HIV incidence^[6–8], leverage cross-sectional or routinely-collected data and have been adopted in some settings^[9–13]. Some are more feasible in certain countries than others, depending on the available surveillance infrastructure and the populations needing to be monitored, which can include the general population, sub-populations at high risk of infection (e.g., people who inject drugs (PWID), men who have sex with men (MSM)) or both. Yet, their strengths, limitations and applicability to the validation of the HCV incidence target have not been previously reviewed.

Even with a choice of methods, some countries will still find it logistically difficult to undertake large-scale studies to accurately monitor HCV incidence at the national level. The extent to which other HCV-specific indicators, which may be more easily measured, could be used as reliable alternatives to validate whether the HCV incidence target has been achieved has not been previously explored. Mathematical modelling conducted by our groups has been used to project future trends in chronic HCV prevalence and incidence following the scale-up of HCV treatment, and in some cases, HCV preventative measures, in a broad range of settings globally^[14–27]. These models can be extended to examine how well

trends in chronic HCV prevalence and coverage levels for programmatic indicators of HCV testing, treatment and preventative interventions track HCV incidence.

In addition to the challenges of measuring HCV incidence, few countries have collected 2015—typically referred to as "baseline"—incidence^[28], which is required to document a relative decrease by 2030. Having the option to validate HCV elimination against an universal threshold to be met by all countries in 2030 (herein, referred to as an absolute incidence target), would obviate the need for baseline data.

In this Health Policy paper, we (i) review methods by which HCV incidence can be monitored and discuss their applicability in different contexts, (ii) assess the extent to which certain HCV-specific indicators track HCV incidence using mathematical modelling, and (iii) discuss the advantages and disadvantages of an absolute HCV incidence target compared to the current relative target, and suggest a suitable threshold. We then recommend several options that countries could use to validate the HCV incidence target. These recommendations have informed the interim framework recently developed by WHO^[29, 30], which provides guidance on country validation of elimination of chronic HCV and hepatitis B virus infection as public health problems.

METHODS TO MONITOR HCV INCIDENCE

HCV incidence can be monitored using direct approaches through measuring new HCV infections (methods 1–3) or estimating recent infections (method 4), or indirectly through estimates derived from HCV antibody prevalence (methods 5–6). One additional method, which is based on surveillance of acute HCV infection (method 7), can help infer trends in incidence over time but can rarely be used to estimate HCV incidence. Below, we present an overview of each method, highlighting examples of previous applications and their potential for the monitoring of HCV incidence. The strengths and limitations associated with each method are presented in Table 1.

1. Measurement based on prospective HCV re-testing of people at risk.

This method, considered the gold-standard for measuring incidence, consists of ascertaining new HCV infection cases among susceptible (i.e., HCV antibody or HCV RNA negative) individuals who are followed prospectively and receive repeat HCV testing at regular intervals. Although it has been one of the most widely used methods, prospective cohort studies have generally been established for local research purposes rather than for nationwide surveillance. These have been conducted among high-risk groups, such as PWID^[31, 32], MSM^[33, 34] and prisoners^[35, 36], in large urban cities of high-income countries, such as the US, Canada and the UK. In the general population, Egypt is one of the few countries that implemented prospective cohort studies to measure HCV incidence^[37]. A recent study used a large community-based test-and-treat programme across 73 villages in the Nile Delta region to assess impact on HCV incidence by re-testing individuals who initially tested negative for HCV antibody infection^[5]. This approach now forms the basis of a national assessment of HCV incidence in Egypt. Since developing a nationwide prospective cohort study for the sole purpose of measuring HCV incidence is resource-intensive, and so not a realistic option for monitoring levels in the general population, the

approach undertaken in Egypt may represent a practical alternative^[5]. As countries expand HCV testing and treatment programs, they could develop an embedded HCV surveillance system, whereby individuals who initially test HCV antibody negative are tracked and re-tested.

2. Measurement based on retrospectively-collected HCV re-testing data.

This method consists of using routinely-collected health data to ascertain new HCV infection cases among susceptible individuals who receive multiple HCV tests over time as part of routine care. Aside from a few studies conducted in PWID^[38, 39] and blood donors^[40, 41], these cohorts have typically been used to measure HCV incidence among HIV-positive, and increasingly, HIV-negative MSM in care, since they are one of the few populations receiving routine HCV testing^[33, 34, 42, 43]. As with prospective cohorts, these studies have been carried out primarily in high-income settings. Recently, this method was adopted to assess progress towards HCV elimination among HIV-positive MSM in two cities in the UK^[42]. Routine health data could also be used to monitor HCV incidence as part of a prospective study, as done in Netherlands^[44], which offers scope for standardising testing procedures and data collection across individuals, thereby minimising some of the limitations associated with retrospectively-collected data. Although this method can be easily expanded to other populations (e.g., PWID attending a harm reduction programme, individuals on prison entry), it is dependent on availability of regular routine testing and data collection in defined cohorts and could frequently be biased towards individuals engaged in care.

3. Measurement based on linked repeated cross-sectional surveys.

In contrast to cohort studies, repeat cross-sectional surveys recruit a new sample of participants with each round. Yet, if some participants appear in multiple rounds and individual-level data can be linked over time, then these surveys can be used to measure HCV incidence as for a cohort study. This method has been used to estimate HCV incidence primarily among PWID in settings like Canada^[45], Australia^[10], and Greece (ARISTOTLE cohort—unpublished data). While HCV antibody or HCV RNA data collected through repeated cross-sectional surveys can be easily leveraged to estimate HCV incidence, in settings or populations with low baseline incidence or large populations, very large sample sizes would be required, as a low proportion of individuals typically participate in multiple survey rounds. This method is, therefore, likely to be primarily applicable to populations at high risk of infection (e.g., PWID, MSM).

4. Estimation based on tests for recent HCV infection.

This method, which builds on approaches developed in the HIV field^[7, 8], consists of estimating recent HCV infection through using a combination of measurable biomarkers, derived from a single sample, which change in a predictable manner following infection^[46]. Two assays have been proposed. The first one is based on detecting the RNA-only phase of HCV infection, when acutely-infected individuals have high levels of HCV plasma viremia prior to antibody seroconversion^[47]. The second consists of estimating an avidity index based on the binding capacity of HCV antibody to HCV antigen^[46]. Several studies, conducted in various settings, have demonstrated the utility of these assays—when used

separately or in combination—for the estimation of HCV incidence among PWID^[9, 47–51]. Although tests for recent infection have been used to estimate HCV incidence in other groups, like blood donors and military veterans^[47, 51], the applicability of these assays to populations with low HCV incidence is limited. Given that the duration for remaining in a recent infection state is brief (\sim 51–75 and \sim 60–180 days for the first and second approach, respectively^[9, 47]), very large sample sizes are required to estimate HCV incidence with precision especially as countries approach GHSS targets^[49]. Although such approaches represent an attractive option for populations who have high HCV incidence because it obviates the need for longitudinal follow-up, they have not yet gained traction for monitoring HCV incidence. With both approaches, there is variability and uncertainty in the duration of the recent infection state and in the probability of misclassifying nonrecent infection as recent across distinct populations, which can lead to biased incidence estimates^[9, 47–51]. To minimise this bias, both assays require calibration to the study population, which ideally would use a panel of HCV-infected individuals with a known seroconversion date^[47–49]. To enable application of this method at scale, the applicability of different assays in distinct populations and epidemiological contexts needs to be evaluated.

5. Estimation based on HCV antibody prevalence and duration of risk behaviour.

Three relatively similar approaches have been used to estimate HCV incidence based on HCV antibody prevalence specifically among PWID. With all three, the duration of injection drug use was used to infer time-at-risk. The first approach consists of using HCV antibody prevalence among PWID who have initiated injection drug use recently (e.g., past two-five years, herein referred to as recent PWID) as a crude proxy of cumulative HCV incidence in recent years. The second approach involves estimating HCV incidence among recent PWID by assuming the date of HCV seroconversion to have occurred at the midpoint between the date of initiation of injecting and the survey date. The third approach consists of estimating the force of infection—which is closely related to and can be expressed as the HCV incidence rate—using various parametric or non-parametric methods. The first approach has been used to monitor HCV incidence trends over time among PWID in several countries in Europe by national and international public health agencies, such as Public Health England^[52] and the European Monitoring Centre for Drugs and Drug Addiction^[53]. The other two have been used in the US^[11], Kenya^[54] and in several countries across Europe, such as the UK and Russia^[13, 55, 56]. As with method 4, this method consists of using data collected cross-sectionally, though it only requires HCV antibody prevalence and not HCV RNA, which makes it easier to implement. The same approaches can be used to estimate HCV incidence among MSM and other groups using the date of first risk behaviour, as has been done for HIV^[57].

6. Estimation based on serial measurements of HCV antibody prevalence.

Referred to as the "demographic method", this method was originally developed and used to estimate population-level HIV incidence^[6, 58]. Although this method has not yet been applied to estimate HCV incidence, the underlying principle would be similar. Age-stratified HCV antibody prevalence data, collected at two consecutive time points, could be used to estimate a measure of cumulative HCV incidence for the inter-survey period, after accounting for HCV-related mortality and potentially other demographic changes (e.g.,

in- and out-migration by HCV status). HCV RNA could also be used instead of HCV antibody, but this would require additional data for the inter-survey period, such as the number of people treated for different age groups. The feasibility and reliability of this method in estimating HCV incidence needs to be examined, as it could be an attractive option, particularly for countries which have implemented population-based surveys with measurement of HCV antibody or HCV RNA. So far, two countries – Egypt^[59] and Liberia – have integrated testing for HCV antibody and HCV RNA within their Demographic Health Survey (DHS), whereas others, like Cameroon^[60], Burkina Faso^[61] and the Democratic Republic of the Congo^[62], have tested retrospectively dried blood spot specimens collected through these same surveys. Similarly, Rwanda^[63], Nigeria^[64] and Tanzania^[65] have integrated HCV antibody or HCV RNA testing within their Population-based HIV Impact Assessment surveys (PHIA).

7. Estimation of relative HCV incidence trends based on surveillance of acute HCV infection.

This method consists of using the number of reported cases of acute HCV infection, based on routine notification by clinicians, laboratories or sentinel surveillance, to infer trends in HCV incidence. It has been used in several settings, including the US^[12], several countries in Europe and across the European Union^[66, 67], Egypt^[68] and Taiwan^[69]. Given the considerable level of under-reporting of acute HCV infection in most settings, it is unlikely that HCV incidence can be estimated unless this fraction can be corrected for, as done in the US^[70]. However, if case definitions, testing and reporting patterns have remained consistent over time, capturing a constant fraction of acute HCV cases may still be useful for monitoring trends over time, although such circumstances are unlikely in most settings, especially if HCV testing is scaledup. Therefore, this method may have limited utility for the monitoring of HCV incidence on its own, particularly given that many countries do not even have a national surveillance system for acute HCV^[71].

Key considerations: Method 1 is the preferred option for monitoring HCV incidence because it offers a direct measurement of incidence rather than an estimate and offers scope for adopting strategies to minimise bias (e.g., systematic re-testing at regular intervals). However, one of the main challenges associated with this method is that it is resource-intensive and will become difficult to implement and sustain as incidence falls even in populations with higher baseline HCV incidence, such as PWID and MSM. Furthermore, with all methods, it can be challenging to recruit a nationally representative sample particularly for populations like PWID, since there is no sampling frame. Sampling techniques developed specifically for these groups (e.g., respondent-driven sampling) should be prioritised if possible, whereas for methods that rely on existing or routine data (e.g., 2 and 7), findings may have to be triangulated with those derived through other methods. Lastly, methods 4–6 can only capture primary HCV infection and will become unreliable for an overall assessment of HCV incidence as reinfection increases following the scale-up of HCV treatment, unless they can be revised and adapted (e.g., use HCV RNA instead of HCV antibody for method 6). While measuring primary HCV infection may be sufficient to monitor incidence in the general population, it will be important to also track HCV reinfection in high-risk groups.

ALTERNATIVE INDICATORS FOR VALIDATING THE HCV INCIDENCE TARGET

We explored four indicators that could be used to infer whether a setting has reached the HCV incidence target. The modelling methods that informed this assessment are summarised in Panel 1 and described more fully in the supplementary materials. Findings are summarised in Table 2, where we also outline the minimum data needs and possible data sources for the two indicators found to be useful for the validation of the HCV incidence target.

1. Trends in population-level chronic HCV prevalence.

Our modelling work suggests that, in a context where HCV elimination initiatives mainly consist of scaling-up HCV treatment and not HCV preventative interventions, changes in chronic HCV prevalence over time will closely track changes in HCV incidence (Figure 1a). We found that overall, when HCV incidence has decreased by 80% or 90% relative to baseline levels, the corresponding median decrease in chronic HCV prevalence is estimated at 79.8% (interquartile range (IQR): 78.8–80.4; Figure 1b) and 90.1% (IQR: 88.4–92.5; Figure 1b), respectively. The only exception seems to be in general population settings where PWID contribute substantially to HCV transmission (e.g., Indonesia, Bulgaria) but are not more likely to receive HCV treatment. In these contexts, the overall decrease in chronic prevalence may be greater than the corresponding decrease in HCV incidence. To achieve an equivalent decrease in incidence and prevalence, a greater rate of HCV treatment is needed in PWID than in the general population, because of their higher level of reinfection.

We also found that the relationship between chronic HCV prevalence and HCV incidence holds reasonably well if HCV elimination initiatives also include scale-up of HCV preventative interventions as part of a combined elimination approach, although in this case, a smaller decrease in chronic HCV prevalence relative to baseline (i.e., median: 73.9%; IOR: 70.0–77.3%) can equate to an 80% decrease in HCV incidence (Figure 1b). Since the moderating effect of HCV preventative interventions on this relationship is modest (Supplementary Figure 1), and in practice will be difficult to quantify, we suggest that countries should always aim for an 80% reduction in chronic prevalence. As with HCV preventative intervention, other factors that directly affect incidence (e.g., unstable housing, incarceration, prescription opioid injecting^[12, 72, 73]) and that change substantially over the course of the elimination initiative could also influence the relationship between chronic HCV prevalence and HCV incidence and should be considered. Conversely, such things as the dynamics of the epidemic, population growth and time period of the elimination initiative appear to have little impact on the relationship with chronic HCV prevalence. As described in the next section, while these factors influence the level of HCV treatment scale-up needed to decrease chronic HCV prevalence to a specific threshold, if chronic prevalence has decreased by 80%, we still expect HCV incidence to have decreased by a similar amount.

Australia and the UK are currently using similar methods to evaluate the impact of HCV elimination initiatives among PWID: observed decreases in chronic HCV prevalence paired

with measures of the scale-up in HCV treatment^[74, 75] are being used with modelling to estimate the likely decrease in HCV incidence. Similar methods are also being used in more disseminated epidemics like Georgia, where a national survey undertaken in 2015 is being repeated in 2021 to estimate the decrease in chronic prevalence resulting from their national scale-up in treatment^[76]. Our modelling for this setting^[16] suggests that the observed decrease in chronic prevalence is likely to track closely the unobserved decrease in HCV incidence (Figure 1b).

2. Scale-up levels of HCV interventions.

Our modelling suggests that the level of scale-up in HCV preventative and treatment interventions can be used to track changes in HCV incidence, although there is no universal target for these programmatic metrics that equates to an 80% reduction in HCV incidence. Indeed, our modelling suggests the required level of treatment will generally be above the baseline number of individuals chronically infected but will vary by setting, depending on several factors (Supplementary Figure 3). For example, projections suggest that the required level of treatment will decrease with the concurrent scale-up in preventative interventions or if the time period of the elimination initiative is shortened, while it will increase if there is population growth, or the epidemic is expanding. For example, the expected treatment coverage (i.e., overall percentage of baseline number of infections that are treated) was found to decrease by about 12-13% for each 10% relative decrease in incidence achieved by the scale-up of preventative interventions rather than treatment (Supplementary Figure 4). The precise effect of other factors is less clear, and so country-specific modelling will be required for validating specific countries. This method has been used to undertake an interim impact analysis of the Georgia HCV elimination initiative^[16], where data on the historical HCV epidemic and the ongoing scale-up in HCV treatment and preventative interventions (e.g., needle and syringe programs, opioid agonist treatment) were used to estimate the interim decrease in HCV incidence. The prevalence survey planned for 2021 will be used to test the modelled impact projections.

3. Other indicators.

We also considered the utility of other markers—trends in HCV antibody prevalence and scale-up of HCV testing—and they were not found to be reliable indicators of associated changes in HCV incidence. Indeed, when HCV incidence was reduced by 80% or 90%, the corresponding decrease in HCV antibody prevalence was found to be highly variable across settings and consistently much smaller (Supplementary Figure 2). Even among young or recent PWID, for whom we would expect a stronger correlation, the decrease in antibody prevalence that corresponds to an 80 or 90% decrease in incidence appears highly variable. This poor correlation is due to HCV treatment not having a direct effect on antibody prevalence, which will only decrease as a result of reductions in the numbers of new primary infections or increases in the number of people leaving the population due to death or ceasing injecting drug use. Similarly, although few models (n=2) were available to inform this assessment, our modelling suggests that the impact of HCV testing scale-up on HCV incidence would be highly variable depending on who is tested, referral rates for treatment, levels of re-testing and treatment uptake.

Key considerations: The relationships found between these four indicators and HCV incidence should be considered in the context of several limitations. First, given that this assessment is based on secondary analyses, there are variations across mathematical models with respect to the underlying structure, parameterisation and calibration, and the impact of these differences on findings is difficult to predict. However, the consistent relationships observed between some indicators and HCV incidence, despite these differences, strengthens our confidence in these results. Second, there were few models that considered certain indicators (e.g., HCV testing) and specific risk groups (e.g., MSM) or that evaluated the effect of HCV prevention strategies in general population settings. Further modelling work is needed to consider these aspects. Finally, it is very important that our model-based findings are supported by empirical data. This step is essential for determining whether the assumptions underlying our mechanistic models, which link scaleup in HCV interventions to changes in HCV prevalence and incidence, are accurate. A recent study conducted in an Australian prison setting lends some support to our findings, as our modelled projections of HCV incidence following the scale-up of HCV treatment were found to be very similar to observed data^[77].

Aside from these limitations, the reliability of any alternative indicator in estimating HCV incidence will closely depend on the quality of data used and its representativeness for the target population. Ongoing population-based prevalence surveys like the DHS and PHIA offer a platform for including HCV testing to measure chronic HCV infection. These surveys are one of the best options to capture nationally representative estimates, yet are expensive and therefore conducted infrequently, and also liable to bias due to certain groups being systematically excluded (e.g., prisoners, mobile and homeless individuals for household surveys).^[78] Conversely, routine testing data such as among women attending antenatal clinics or blood donors could provide easy and ready access to a cross-section of the population, yet the estimates obtained might not be representative of the whole population and may not be available on a national scale^[78]. The challenge of achieving representativeness when measuring chronic HCV prevalence in high-risk populations like PWID and MSM is amplified, given that there is no sampling frame. For these groups, more complex sampling designs, such as those adopted in bio-behavioural surveys can help minimise bias^[79] and these surveys represent a good option for monitoring chronic HCV prevalence. Otherwise, scale-up levels of HCV interventions are often derived through administrative and programmatic data and, as with other indicators, these can be limited by sparse geographic coverage, systematic under-representation of certain groups and, because they are not generally collected for research purposes, could be incomplete, missing, or poorly archived. Given that different data sources have different weaknesses, combining multiple sources, if available, can strengthen the robustness of estimates.

ABSOLUTE HCV INCIDENCE TARGET

An absolute HCV incidence target carries several advantages and disadvantages compared to the current relative target (Panel 2). Importantly, it obviates the need for baseline incidence data, which is a challenge faced by most countries^[28]. To ensure HCV elimination is achieved in all groups who are contributing sufficiently to HCV transmission, separate absolute targets are needed for the general population and for specific high-risk groups,

particularly PWID. Since empirical data on HCV incidence are scarce, targets would have to be derived from modelled estimates^[1, 25, 80, 81], which are uncertain. For the general population, assuming an 80% reduction relative to the WHO 2015 global estimate^[1], the threshold that countries would need to meet would be about 5 per 100,000 person-years. Based on our modelling of 88 countries^[25], 1% of countries would not have to decrease incidence to meet this threshold, whereas 10%, 46% and 44% of countries would have to decrease incidence by <50%, 50–80%, >80%, respectively (Supplementary Table 3). For PWID, based on a single study that has estimated the global HCV incidence in this group^[25], the equivalent threshold would be about 2 per 100 person-years (Supplementary Table 3).

Using the same mathematical models as before, we examined whether an absolute estimate of chronic HCV prevalence in 2030 would track the absolute HCV incidence target, and so could serve as a reliable alternative indicator. Our results suggests that no universal prevalence target exists either for the general population or PWID (Supplementary material).

PROPOSED PROCESS FOR VALIDATING THE HCV INCIDENCE TARGET

The populations that need to be monitored in different countries to validate the HCV incidence target will vary depending on their level of contribution to HCV transmission. It is therefore essential that the first step be an assessment of these contributions to ensure that all populations who contribute sufficiently are reached by HCV elimination initiatives and are included in the validation process (Panel 3). Based on the different methods and indicators presented, we propose three options that countries could use to validate the incidence target in each of these populations (Figure 2).

The first option is to monitor HCV incidence and to validate the estimate(s) against either an absolute incidence threshold or the original GHSS relative target, depending on the available data and epidemiological context. Countries can select any of the seven methods for monitoring HCV incidence. However, given that some are highly likely to produce biased estimates or may not be useful for capturing HCV reinfection when treatment is scaled-up, these should be generally triangulated with findings derived from other methods. Method 1 is the preferred option, however this is likely to be resource-intensive, and therefore not feasible for many countries.

Second, if HCV incidence cannot be monitored reliably but trends in chronic HCV prevalence can be, at least at the beginning and end of the elimination initiative, these estimates could be used as alternative indicators to validate the HCV incidence target. If chronic HCV prevalence has decreased by 80%, it can be generally assumed that HCV incidence has also decreased by about 80%. Since chronic HCV prevalence is generally more easily measured than HCV incidence, this option represents a simpler alternative.

Third, if neither HCV incidence nor trends in chronic HCV prevalence can be measured reliably, data on the levels of HCV treatment and preventative interventions scale-up could be used to model their expected impact on incidence. The data demands associated with this option are greater compared to the second option and country-specific modelling is needed.

In addition to data on the level of HCV interventions scale-up, information is also needed on HCV prevalence (chronic or antibody) at baseline and other characteristics of the local HCV epidemic and population (e.g., stability of the HCV epidemic, main risk groups accounting for HCV transmission, population growth). This option presents an alternative for countries that generally have robust data on HCV elimination initiatives but limited data on HCV incidence and chronic prevalence.

We suggest that it will not be possible to validate whether a country has achieved the HCV incidence target if they do not have quality data to inform one of these three options in all populations contributing sufficiently to HCV transmission. Given the large time lag (i.e., 20-30 years) between HCV acquisition and symptomatic infection, other indicators, like the number of hospital admissions related to HCV, liver cancer or liver transplantations attributable to HCV, cannot be used for validating the HCV incidence target. Although options one and two only require data on HCV incidence and chronic HCV prevalence, respectively, information on the level of HCV prevention and treatment scale-up are still important for contextualising the observed decreases over time or, if an absolute incidence target is used, the single low estimate. Aside from the scale-up of HCV interventions, many other factors can be implicated in decreasing incidence, such as changes in risk behaviour or in injection drug use initiation and cessation patterns. Understanding the reasons behind the observed decreases is important to preventing a resurgence in HCV infection and this process can be supported through mathematical modelling. Most of our recommendations regarding the process to validate the HCV incidence target have been included in the interim guidance framework for country validation of viral hepatitis elimination recently published by WHO^[29]. The feasibility of the various elimination criteria proposed in the guidance document will be evaluated as part of a series of country pilots conducted across the WHO regions^[29].

CONCLUSION

There are different methods to monitor HCV incidence that countries can use to validate the HCV incidence target, depending on the resources available and the populations needing to be monitored. In settings where HCV incidence cannot be monitored, our work suggests that monitoring trends in chronic HCV prevalence or trends in HCV preventative and treatment interventions linked with mathematical modelling could serve as reliable alternatives to determining whether the HCV incidence target has been achieved. As the 2030 deadline for eliminating HCV infection as a public health problem approaches, these options can afford countries some of the flexibility needed to adopt methods and indicators for validating the HCV incidence target that are best suited to their context.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Panel 1: Summary of modelling methods

We used projections from 17 dynamic HCV transmission models^[14–27] to examine whether four different indicators could be used to validate the relative HCV incidence target, which was defined as an 80% or 90% decrease in HCV incidence since baseline, depending on the study. We also considered if an absolute prevalence indicator could be used to validate an absolute incidence target. We firstly used up to 17 models (number used depends on the indicator) to examine the relationship between HCV incidence and (i) chronic HCV prevalence, (ii) HCV antibody prevalence, (iii) scale-up level of HCV treatment and (iv) scale-up level of HCV screening, each for when the HCV incidence target has only been achieved through scaling-up HCV treatment. Second, and based on up to 10 models that also included HCV preventative interventions, we examined these same relationships when the HCV incidence target has been achieved through scaling-up both HCV treatment and HCV preventative interventions. This second step was done to assess whether the scale-up of HCV incidence based on HCV treatment scale-up only.

Models were conducted among PWID^[17, 18, 21, 23, 27] (n=9), MSM^[19] (n=1) and the general population^[14, 15, 20, 22, 24–26] (n=7) with all models simulating the prevention benefits of HCV treatment in those populations. The general population models also included PWID or a generic 'high-risk' sub-group and accounted for their contribution to HCV transmission, with all models assuming universal HCV treatment access for all modelled sub-groups. Modelled settings included: stable or expanding populations; stable or changing HCV epidemics; and settings with different baseline burdens of chronic HCV. The elimination time frame also had a variable starting point, ranging from 2015 to 2021, although the endpoint was consistently 2030. Given these differences across models, we were able to speculate on the influence of different factors on the relationship between each indicator and HCV incidence. We were only able to conduct stratified analyses for the effect of preventative interventions on chronic prevalence because otherwise the number of models was too small.

Panel 2: Advantages and disadvantages of an absolute compared to a relative HCV incidence target

Advantages	Disadvantages
 Obviates the need to collect HCV incidence data at baseline Benefits countries which already have low baseline HCV incidence, as it prevents need for further reduction Directs global efforts towards countries with high baseline HCV incidence, and thus, higher need for intervention Sets a universal threshold below which the rate of HCV transmission can be considered negligible, independent of setting 	 Penalises countries with high baseline HCV incidence, as these would need to achieve greater reductions than if a relative target was used Does not provide information on the past trajectory of HCV incidence

Panel 3: Populations to be monitored to validate the HCV incidence target

Given that population-based studies are unlikely to capture representative samples of people who inject drugs (PWID), men who have sex with men (MSM), homeless individuals, prisoners and other populations at high risk of HCV acquisition, dedicated

resources are needed to estimate HCV incidence in these groups. In some countries, most new HCV infection cases are concentrated in these groups, making them the primary target group for monitoring HCV incidence and for achieving HCV elimination. In these settings, general population-level incidence data may not be necessary. PWID are one of the most highly affected groups by infection with HCV and, according to modelling analyses conducted by our group^[25], contribute 43% of all new HCV transmission globally. Furthermore, in 88% of countries globally, 20% of new HCV infection cases occur among PWID (Supplementary Table 3), suggesting that HCV incidence in this group should be monitored in nearly all settings in order to document the incidence elimination target, unless supportive data indicates otherwise. Overall, the distribution of HCV transmission across different populations in a country is expected to vary, and so it is crucial that all countries have a good understanding of which populations are contributing sufficiently to HCV transmission to ensure that they are captured in the monitoring and validation process.

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Figure 1a:

Correlation between relative decrease in chronic HCV prevalence and HCV incidence over the course of the HCV elimination initiative for different scale-up levels in HCV treatment without concurrent scale-up in HCV preventative interventions "Gen pop" denotes results from a model of HCV transmission in the general population; PWID denotes results from a model of HCV transmission among PWID

90% reduction in HCV incidence target



Figure 1b:

Estimated decrease (%) in chronic HCV prevalence when an 80 or 90% decrease in HCV incidence is achieved from scaling-up HCV treatment with or without the concurrent scale-up of HCV preventative interventions. Overall estimates reflect the median and interquartile range of the individual point estimates. GP denotes results from a model of HCV transmission in the general population; PWID denotes results from a model of HCV transmission among PWID; and MSM denotes results from a model of HCV transmission

among MSM. In the scenarios including preventative interventions, the level of scale-up is given in Supplementary Table 1.



Figure 2:

Proposed process to validate the hepatitis C virus (HCV) incidence target *If a high-risk population (e.g., people who inject drugs) contributes 20% of ongoing incident HCV infections, then it should definitely be monitored because reaching an 80% decrease in country-level incidence would be impossible without decreasing incidence in that group. However, even if a high-risk population contributes 10% and <20%, then it should still probably be monitored because decreasing incidence in that group could still be important for reaching the HCV incidence target.

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Table 1:

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METHOD	STRENGTHS	TIMITATIONS
Measurement based on prospective HCV re- testing of people at risk	 Can be used to estimate primary HCV infection or HCV reinfection Systematic data collection procedures can be implemented to maximise data quality and participant retention in follow-up Offers scope for adopting different sampling methods to recruit a nationally representative sample 	 Not an efficient study design for rare outcomes: sample size requirements could be very high if incidence is low May not well represent true HCV incidence due to losses to follow-up and changes in behaviour due to risk reduction counselling Expensive if HCV RNA testing is performed to capture reinfections Resource intensive given the need to track individuals over time
Measurement based on retrospectively-collected HCV re-testing data	 Can be used to estimate primary HCV infection or HCV reinfection Is an efficient study design for rare outcomes like HCV acquisition because it is relatively easy and inexpensive to obtain large sample sizes by capitalising on existing data 	 Limited application, since few population groups receive routine HCV testing May not well represent true HCV incidence because there is no standardised data collection protocol (e.g., HCV testing interval may be too wide and variable) and participants receive risk reduction counselling May not be generalizable to target population since method is based on convenience sample of individuals in contact with healthcare services and re-attending for care
Measurement based on a linked repeated cross- sectional study	 Can be used to estimate primary HCV infection or HCV reinfection Can capitalise on cross-sectional surveys, which may be already ongoing or are generally easier to implement relative to offons tudies Offens scope for adopting different sampling methods to recruit a nationally representative sample 	 May not well represent true incidence if participants captured in multiple survey rounds are systematically different to those who are not Not an efficient study design for rare outcomes like HCV acquisition: sample size requirements could be very high if incidence is low May lead to statistically imprecise estimates if too few participants are linked over time Can be difficult to implement if survey participation is kept anonymous although methods can be used to link participants even with anonymised data Expensive if HCV RNA testing is performed to capture reinfections
Estimation based on tests for recent HCV infection *	 Faster because a single sample derived from one survey is needed Limitations typically related to longitudinal follow-up (i.e., bias resulting from participant attrition and changes in behaviour due to risk reduction counselling) are circumvented Can capitalise on cross-sectional surveys, which may be already ongoing or are generally easier to implement Offers scope for adopting different sampling methods to have a nationally representative sample 	 Only been used to estimate primary HCV incidence; unclear whether the antibody-avidity assay can be adapted to capture HCV reinfection Unless assay is adequately calibrated to target population, it may over-estimate true primary HCV incidence due to potential for misclassification of non-recent infection as recent Requires large sample sizes because the average duration of the recent infection state is short—not feasible if incidence is no and, for the viraemic pre-seroconversion assay, if the antibody prevalence is too high Expensive because it requires HCX RAA testing Requires elaborate laboratory infrastructure (at least for the antibody-avidity assay)
Estimation based on HCV antibody prevalence and duration of risk behaviour	 Lower cost and faster because a one-time measurement and a single test (HCV antibody) is needed Limitations relating to longitudinal follow-up (i.e., losses to follow-up, changes in behaviour due to risk reduction counselling) are circumvented Offers scope for adopting different sampling methods to have a nationally representative sample Can capitalise on cross-sectional surveys, which may be already ongoing or are generally easier to implement 	 Cannot be used to estimate overall incidence, as these methods typically focus on people with recent onset of risk behaviour (e.g., people who have recently started injecting), who often have a higher risk of HCV infection than everyone else Multiple simplifying assumptions are made, which could lead to biased estimates if they do not hold (e.g., HCV acquisition should not have occurred prior to initiation of injecting. HCV acquisition occurred at the midpoint between the date of injecting and date of the survey, HCV incidence has remained stable over time) Use of self-reported data to define duration of risk behaviour could introduce errors, leading to a mis-estimation of incidence Restricting the sample to individuals with a recent onset of risk behaviour can considerably reduce the statistical precision of estimates
Estimation based on serial measurements of HCV antibody prevalence	 Limitations relating to longitudinal follow-up (i.e., losses to follow-up, changes in behaviour due to risk reduction counselling) are circumvented Offers scope for adopting different sampling methods to 	 Requires two consecutive survey measurements of HCV antibody prevalence to estimate HCV incidence and three time points to monitor trends, thus could be expensive Other relevant data (e.g., HCV-related mortality, level of in- and out-migration by HCV status) may not be available or be of poor quality which could introduce bias and/or uncertainty in the estimation

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METHOD	STRENGTHS	SNOILYLIWIT
	have a nationally representative sample • Can capitalise on cross-sectional surveys, which may be already ongoing (e.g., for HIV surveillance) or are generally easier to implement	 Large-scale studies can only be conducted once every couple of years, therefore, this method may not capture current trends in HCV incidence Assumes a similar recruitment scheme and participant response by age groups between survey rounds Requires large sample sizes Requires additional data to capture HCV reinfection (e.g., HCV RNA, number of people who were treated and cured for different age groups)
Estimation of relative HCV incidence trends based on surveillance of acute HCV infection	 Relatively easy and inexpensive to implement on a large scale by capitalising on existing data 	 Applicability of this method is limited since not many countries perform serological testing to distinguish between acute HCV and other types of viral hepatitis It does not provide an estimate of HCV incidence because few participants with acute HCV seek testing, case ascertainment is prone to misclassification, and clinician reporting and data capture may be incomplete Trends over time could mis-estimate trends in HCV incidence if the case definition of acute HCV, testing patterns or the reporting system have changed over time

* Strengths and limitations apply to both assays classified as tests of recent infection (i.e., viraemic pre-seroconversion assay and antibody avidity assay), unless indicated otherwise

Alternative indicator	Relationship with HCV incidence	Factors that can affect relationship with HCV incidence	Minimum country-level data needed and their data sources (only included for useable indicators 1 and 3)
1. Trends in chronic HCV prevalence	Tracks trends in HCV incidence well in different settings and populations	 Prevention intervention scale-up and other factors directly affecting HCV incidence Population heterogeneity in risk and targeting of HCV treatment <i>Note: numerous other factors did not affect the relationship*</i> 	Trends in chronic HCV prevalence at baseline and endpoint of HCV elimination initiative for all population groups contributing significantly to HCV transmission <i>Data Sources</i> Gold standard for general population is population-based surveys (PHA). Other routine testing data, the thath Survey (DHS) or the HIV Impact Assessment surveys (PHA). Other routine testing data, such as among pregnant women or blood donors, may be useable but likely to have biases. Gold standard for populations at high rusk of infection (e.g., PWID, MSM, prisoners) are national bio-behavioural surveys (already done for HIV in many settings). Routine testing within services or institutions such as harm reduction programs, sexual health clinics or prisons may be useable but likely to have biases.
2. Trends in HCV antibody prevalence	Does not track HCV incidence well: relationship is highly variable, even among young or recent PWID	 Prevention intervention scale-up Population turnover Population heterogeneity in risk and targeting of HCV treatment 	N/N
3. Scale-up levels of HCV interventions	Tracks trends in HCV incidence well but no universal target can be set; country-specific modelling is needed	 Prevention intervention scale-up Population growth Underlying epidemic dynamics Elimination time frame Population heterogeneity in risk and targeting of HCV treatment 	 The following data are needed for all population groups that are contributing significantly to HCV transmission: Baseline chronic or antibody HCV prevalence and historic trends in prevalence <u>Data Sources</u>: similar as for #1 Scale-up levels of HCV treatment and HCV preventative interventions <u>Data Sources</u>: of hoministrative data (e.g., health records, prescription registries), programmatic data (e.g., data collected as part of harm reduction programs or community clinics) and self-reported data collected as part of harm reduction programs or community clinics) and self-reported data controvespecific studies or systematic reviews, such as for estimating the infectiveness of OST and NSP in PWID^[82]; evidence is limited for community-level interventions and so may need to rely on indirect data or conservatively discount their effect allogether Population size for different risk groups <u>Data Sources</u> country-specific size estimation studies
4. Scale-up levels of HCV testing	Does not track HCV incidence well: relationship is highly variable	 Prevention intervention scale-up Population sub-groups that are tested and retested Downstream cascade of care (e.g., referral for care, uptake of HCV treatment) 	N/A
Abbreviations: N/A = r * The models considerii or increasing), levels of	tot applicable; NSP = needle and s is the chronic HCV prevalence in population growth (stable or grov	syringe program; OST = opioid substitution treat dicator also varied in terms of their baseline prev ving), and time period over which elimination w	ment valence of chronic HCV infection, risk group modelled, underlying dynamics of the epidemic (stable as achieved. None of these factors seemed to affect the relationship between chronic prevalence and

Table 2:

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