



Corrigendum to “Nutritional and activity recommendations for the child with normal weight, overweight, and obesity with consideration of food insecurity: An Obesity Medical Association (OMA) Clinical Practice Statement 2022” [Obesity Pillars 2 (2022) 100012]



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The authors regret an error in our recent article, ‘Nutritional and activity recommendations for the child with normal weight, overweight, and obesity with consideration of food insecurity: An Obesity Medical Association (OMA) Clinical Practice Statement 2022.’ The content of Table 2 of the manuscript was mistakenly duplicated in Table 3. We have provided the correct content for Table 3 below. The authors would like to apologise for any inconvenience caused.

Table 3

General intake guidelines (normal weight): 5–18 years. From 5 to 18 years of age, the recommendations for children in all food categories increase in volume as the children grow and develop. There is a continued emphasis on the inclusion of non-starchy vegetables; desserts, sweets, and other added-sugar foods are best avoided.

	5–9 years	10–14 years	15–18 years
Milk and Milk Products <i>Serving: 1 cup of milk or cheese, 1 ½ oz of natural cheese, 1/3 cup shredded cheese; encourage low-fat dairy sources</i>	2.5–3 cup/day	3 cups/day	3 cups/day
Meat and Other Protein Foods <i>Serving: (1oz equivalent) = 1oz beef, poultry, fish, ¼ cup cooked beans, 1 egg, 1 Tbsp peanut butter, ½ oz of nuts</i>	4–5 oz/day	5 oz/day	5–6 oz/day
Breads, Cereal, and Starches	5–6 oz/day	5–6 oz/day	6–7 oz/day
Fruits <i>Serving: 1 cup of fruit or ½ cup dried fruit</i>	1½ cups/day	1½ cups/day	1½–2 cups
Vegetables (<u>non-starchy</u> vegetables to include sources of vitamin C and A: broccoli, bell pepper, tomatoes, spinach, green beans, squash) <i>Serving: (1 cup equivalent) = 1 cup of raw or cooked vegetables; 2 cups of raw leafy green greens</i>	1½–2 cups/day	2–3 cups/day	3+ cups/day
Fats and Oil	4–5 tsp/day	5 tsp/day	5–6 tsp/day
Miscellaneous desserts, sweets, soft drinks, candy, jams, jelly	none	none	none

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