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The Use of Cost-Effectiveness Analysis in Sickle Cell Disease: A Critical Review of the Literature

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Abstract

Novel interventions for sickle cell disease (SCD) bring hope to patients, yet concern about thfe associated economic costs exist. Cost-effectiveness analysis (CEA) uses standardized methods, with robust underpinnings in health economics, to estimate the value of these interventions compared to usual care. However, due to the complexity and lifetime trajectory of SCD, CEAs are challenging to conduct. The objectives of this rapid review are to summarize the main characteristics, components and results of published CEAs of existing interventions for SCD, identify research gaps, and provide directions for future analyses. We identified records

Authors' contributions

DECLARATIONS

Conflicts of interest/Competing interests

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Consent for publication

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through searches of bibliographic databases, from reference lists of relevant review articles, and through consultation with experts. Thirteen CEAs met our inclusion criteria and were qualitatively synthesized. These evaluated blood transfusions (n=2), hematopoietic stem cell transplantation (n=1), pharmaceuticals (n=2), hypothetical cell or genetic therapy (n=1), screening programs (n=4), and interventions for SCD treatment complications (n=3). A limited number of potential SCD complications and treatment complications were evaluated. No study adopted a societal perspective in the base case, six studies examined lifetime cost-effectiveness, seven studies employed a Markov or discrete event simulation model, and eight studies used an outcome metric that captures both quality and length of life. To better compare the value of emerging and current therapies, future CEAs should adopt a societal perspective incorporating both medical and non-medical costs, comprehensively model SCD complexity using robust health economic simulation models over patient's entire lifespan, and capture the intervention's effect on both survival and quality of life.

Keywords

cost-effectiveness analysis; sickle cell disease; critical review

1. INTRODUCTION

Sickle cell disease (SCD) refers to a group of inherited red blood cell disorders, affecting over 20 million people throughout the world. In the United States (U.S.), the prevalence of SCD is approximately 100,000 and the majority of those affected are Black or African-American [1]. SCD can lead to a series of acute and chronic complications, such as acute pain episodes, chronic pain, stroke, acute chest syndrome, symptoms of anemia, and an increased risk of infections and organ damage [1]. These complications significantly impact patients' life expectancy and quality of life [2–4]. Moreover, the economic costs due to SCD are considerable, with annual average healthcare costs ranging from \$15,000 to \$30,000 [5–7], placing a large burden on individuals, their caregivers, and on the healthcare system.

Several treatments are currently available for treating SCD. Hydroxyurea, an antimetabolite, and for certain indications, transfusion, are accepted as standard of care [8,9]. Allogeneic hematopoietic stem cell transplantation (AlloHCT) is the only accepted treatment with curative intent [10]. However, these treatments can cause a wide range of complications. For example, blood transfusions may cause iron overload, alloimmunization and infections [9], and transplantation may cause graft versus host disease, graft failure, and transplantation-related organ toxicities and mortality [10]. Additional healthcare resources are sometimes needed to treat these complications.

Aside from the conventional treatments, several new therapies including crizanlizumab (a monoclonal antibody), voxelotor (a small molecule) and L-glutamine (a naturally occurring amino acid) have recently been approved by the U.S. Food and Drug Administration (FDA) [11]. Moreover, initial results of clinical trials of genetic therapy for SCD have been promising [12]. Indeed, the Cure Sickle Cell Initiative funded by the National Heart Lung and Blood Institute (NHLBI; https://www.nhlbi.nih.gov/science/cure-sickle-cell-initiative)

is a large collaborative research effort intended to accelerate the development of genetic therapies to cure SCD. While the development of novel pharmacologic and stem cell therapies are providing hope to many SCD patients, the accompanying high costs warrant attention [12]. For instance, the average costs of crizanlizumab and voxelotor range from approximately US\$80,000 to US\$110,000, and US\$100,000 to US\$250,000 every year respectively [13,14]. The cost of one current genetic therapy for beta-thalassemia, another hemoglobin disorder, is approximately US\$1.8 million per treatment [15].

The emergence of expensive SCD therapies makes the application of cost-effectiveness analysis (CEA) in this field timely. However, accurately capturing all the significant costs and outcomes in a CEA for SCD can be challenging. Doing so requires creation of a detailed model that simulates patients' experience over their lifetime and reflects the complex natural history of the disease. It also requires data to inform model inputs for a disease that is relatively rare. The data may include not only the medical costs and health outcomes associated with SCD, its complications, and treatments, but also non-medical burden such as the impacts on patients' education attainment and work productivity, and their caregiver's burden. Despite these limitations, lessons can be learned from published CEAs in SCD.

We conducted this rapid review of published CEAs in SCD as one of a series of landscape analyses we performed as investigators within the Cure Sickle Cell Initiative. The aim of this review is to qualitatively synthesize and evaluate the main characteristics, components and results of published CEAs of interventions for SCD. We identify current research gaps and provide directions for valuing emerging gene therapies for SCD.

2. METHODS

2.1 Search Methods and Sources

We conducted a rapid literature review following methods of the Agency for Healthcare Research and Quality guidance for rapid reviews, and adopted the population, intervention, comparator, outcomes, timing and setting/study design (PICOTS) framework to establish eligibility criteria (Appendix 2) [16]. The adopted PICOTS framework reflects deliberations and decisions made over a three month period in late 2019 by an expert panel that included a molecular biologist, clinicians who care for patients with SCD, health economists, evidence synthesis scientists, and librarians. These stakeholders represent academia, clinical practice, and the federal government. The framework was executed as a search strategy in PubMed, EMBASE, the National Health System Economic Evaluation Database, the Tufts University CEA Registry, and EconLit by two experienced health sciences librarians and one health economist with expertise in evidence synthesis (search terms can be found in Appendix 3). Additional articles were identified from the reference lists of relevant review articles and through consultations with experts. The content of this report aligns with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) Statement for reporting of systematic reviews [17].

2.2 Eligibility Criteria

We included English language articles published in peer-reviewed journals from January 2008 to June 2021 and white papers published from January 2018 to June 2021. Eligible articles included CEAs of SCD interventions with costs, effectiveness and incremental cost-effectiveness ratios (ICERs) as the outcomes. All types of interventions for SCD patients, treatment complications, and screening programs targeting newborns or pregnant women were included, while treatments targeting patients with sickle cell trait were excluded (Appendix 2).

2.3 Study Selection

Records identified through the databases, found from reference lists of relevant review articles, and from consultations with experts were merged. After duplicate records were removed, the primary reviewer (B.J.) independently screened the titles and abstracts of all references, and assessed the full text of all remaining articles for eligibility. The second reviewer (D.Q.) reviewed 10% of randomly selected references. Discrepancies between reviewers' judgements were discussed and resolved through consensus.

2.4 Data Extraction

The primary reviewer (B.J.) extracted the main characteristics of included studies (intervention type, study design, geographic region and perspective), main components of each study (time horizon, model type, cost type, effectiveness measure, source of health utilities, discounting), disease characteristics (SCD complications and treatment complications) and study results (costs, effectiveness and ICER). To covert countries' currencies to \$US, we applied the average annual exchange rates for the fiscal years [18–20]. The second reviewer (D.Q.) verified the extracted data.

2.5 Critical Appraisal

We evaluated the adherence of the cost-effectiveness studies to the health economic evaluation reporting guidelines – The Consolidated Health Economic Evaluation Reporting Standards (CHEERS), which was developed by a task force supported by the International Society for Pharmacoeconomics and Outcomes Research [21]. Eighteen items from the CHEERS Statement were used to assess the proper description of methods and the complete presentation of results (Appendix 1). Each item was judged using 'yes', 'no', 'partially or implied', or 'not applicable' options.

3. RESULTS

3.1 Study Selection

The PRISMA flow diagram outlines study selection and reasons for exclusion (Figure 1). Our search identified 166 references. One additional study was identified through consultation with experts. No additional studies that were not already contained in our search were identified from the reference lists of relevant literature review articles. After removing the duplicate articles, we screened the titles and abstracts of the remaining 128

articles and included 44 articles for full-text assessment. Thirteen articles met our final inclusion criteria and data from these were extracted.

3.2 Overview of Included Studies

The main characteristics of the included studies are presented in Table 1. Two studies estimated the value of the intervention of blood transfusion [22,23], one study evaluated transplantation [24], two studies evaluated pharmaceuticals for SCD (hydroxyurea, crizanlizumab, voxelotor and L-glutamine) [25,26], one study evaluated a hypothetical cell or genetic therapy [27], four studies examined screening programs [28–31], and the remaining three studies evaluated interventions for SCD treatment complications [32–34].

Five studies were set in the context of the U.S. [24,26,27,32,33], four in the United Kingdom (U.K.) [22,23,31,34], one in Jamaica [25], one in Spain [28], one in Angola [30], and one in Sub-Saharan Africa [29]. In the base case scenario, nine studies adopted the health care system perspective [22,23,25–29,31,34], three studies adopted the healthcare institution or hospital perspective [24,32,33], and one study did not mention the perspective [30]. One study also adopted a modified societal perspective as a scenario analysis [26].

3.3 Study Design

The key components of the study design can be found in Table 2. Eleven studies were model-based [22,23,26–34], six used a Markov model [22,26,27,29,32,33], one used a discrete event simulation model [28], one used a life table model [30], and three did not explicitly mention the model type [23,31,34]. The lifetime horizon was used in five of the model-based studies [22,26,27,29,30]. The remaining two studies summarized the costs and effectiveness outcome directly, based on longitudinal data without building a decision model [24,25]. One study followed the patients over one year and also predicted the lifetime cost-effectiveness [24]. The mean follow-up time of the other study was approximately four years [25].

3.4 Cost Inputs

Table 2 displays the types of cost inputs and effectiveness measures found in each study. All 13 studies included costs of the healthcare intervention. Twelve studies also included costs of the healthcare consequences due to the intervention (i.e. downstream healthcare resource use) [22–33]. One studies considered costs outside the formal healthcare sector in their scenario analysis, such as the effect of SCD on caregiver burden, education, and productivity [26].

3.5 Utility Inputs

Six studies employed the quality-adjusted life year (QALY) as the effectiveness measure [22–24,26,27,34]. Whilst four of the studies used health utility values that were empirically elicited from an SCD population [23,24,26,27], all the six also relied on assumptions by the authors without referencing an empirical study or values empirically elicited for non-SCD specific populations [22–24,26,27,34].

3.6 Clinical Inputs – Disease and Treatment Complications

Seven studies considered SCD complications [22,24–28,30]. The most common complications in those studies were stroke (six studies) [22,24–26,28,30], vaso-occlusive crisis or pain crisis (five studies) [22,24,26,27,30], and acute chest syndrome (four studies) [22,24,26,30] (Appendix 4). Seven studies considered treatment complications [22–24,26,32–34]. Treatment complications from blood transfusions were most common, such as iron overload (three studies) [22,26,34], and alloimmunization (three studies) [22,32,33]. One study considered complications of allogeneic hematopoietic cell transplantation (alloHCT), such as acute and chronic graft-versus-host disease, cytomegalovirus reactivation and primary graft failure [24] (Appendix 4).

3.7 Effectiveness Measures

Apart from QALY as the effectiveness measure in six studies [22–24,26,27,34], other similar measures capturing both quality and length of life included: disability-adjusted life year (DALYs; one study) [29], healthy life years (HLY; one study) [30], and equal value of life years gained (evLYG; one study) [26]. DALYs combine years of life lost due to early death and years lost due to disability. HLYs measure disability-free life expectancy. The metric of evLYG combines quality and length of life, as do QALYs, during the baseline survival period, adding gains in length of life (not considering quality of life during added life years). Three studies used life years gained (LYG) as the measure of effectiveness [26–28]. Three studies measured health events, such as stroke, death and alloimmunization [25,32,33]. One antenatal screening study measured number of women screened [31].

3.8 Cost-Effectiveness Results

The costs, effectiveness and ICER of each intervention versus its comparator can be found in Table 3. If the studies presented the total costs and effectiveness for the entire cohort, the costs and effectiveness were converted to per person values (calculated as total costs or effectiveness divided by cohort size). The original numbers from the references can be found in Appendix 5.

Blood transfusion: The ICER for blood transfusion for primary stroke prevention in one study was estimated to be $\pounds 24,075$ (US\$37,316) per QALY gained versus no transfusion over a lifetime horizon (fiscal year 2010) [22]. The other study found that preoperative blood transfusion was less costly and more effective (dominant) than no transfusion over one year (fiscal year 2011) [23].

Transplantation: The study assessing alloHCT versus no alloHCT presented an 'ICER' over one-year post transplantation and another over a lifetime horizon [24]. However, the 'ICER' presented was not calculated as incremental costs divided by incremental effectiveness, as is standard for CEAs. This issue was also addressed in a letter to the editor by Thielen et al [35]. The results of this study revealed that alloHCT was more costly than the comparator (median: US\$430,816 vs. US\$8,245) and produced fewer QALYs (mean: 0.78 vs. 0.91) over the post-alloHCT year (fiscal year not available). The lifetime cost and effectiveness values of the intervention and comparator were not available. The original 'ICER' can be found in Appendix 5.

Pharmaceuticals: One study, conducted in Jamaica, estimated the ICER for hydroxyurea versus no hydroxyurea at J\$169,238 (US\$1,917) per stroke averted and J\$635,843 (US\$7,203) per death averted over an approximate four-year mean follow-up (fiscal year 2009) [25]. Separately, the lifetime ICER of newer drugs (crizanlizumab, voxelotor and L-glutamine) versus optimal usual care (e.g. hydroxyurea, blood transfusion) ranged from US\$604,000 per QALY gained to US\$1,086,000 per QALY gained in the U.S. (fiscal year 2019), under the assumption that the treatment effects of those new therpies do not wane over time [26].

Hypothetical cell or genetic therapy: One U.S.-based study examined the costeffectiveness of a hypothetical one-time administration cell or genetic therapy for newborns with SCD, relative to standard of care (including antibiotics, vaccinations, pain-relief medications, hydroxyurea, transfusions, and transplatation) [27]. In the base case, they assumed a lifetime durability of cure and a price of US\$2,100,000 for the hypothetical therapy. The ICER was \$140,877 per QALY gained (fiscal year 2018) under these assumptions.

Screening: The effectiveness measure varies among the screening studies. The ICER for newborn screening versus no screening was 34,169 (US\$45,445) per life year gained in Spain over ten years (fiscal year 2013) [28], US\$213 per DALY averted in Sub-Saharan Africa (fiscal year 2014)[29] and US\$2,214 per HLY gained to US\$2,824 per HLY gained in Angola over a lifetime horizon (fiscal year not available) [30]. The primary care parallel strategy (testing mother and father at the same time in primary care) and primary care sequential strategy (testing mother in primary care and then subsequently testing the father if the mother is a carrier) led to an ICER of £25 (US\$39) and £13 (US\$20) per woman screened, respectively compared to a midwife care strategy (sequential testing at the first midwife consultation) over ten weeks in the U.K. (fiscal year 2010) [31].

Interventions for treatment complications: The ICER for a prospective antigen-matching strategy versus history-based antigen-matching strategy to prevent alloimmunization following transfusion ranged from US\$10,934 per alloimmunization event averted to US\$769,344 per alloimmunization event averted over ten years, and from US\$9,082 per alloimmunization event averted to US\$1,364,247 per alloimmunization event averted over 20 years in the U.S. (fiscal year 2012) [32,33]. The ICER for deferasirox, the drug used to treat iron overload ranged from £9,232(US\$18,464) per QALY gained to £63,195 (US\$126,390) per QALY gained versus deferoxamine/desferrioxamine. When compared with deferiprone, the ICER for deferasirox ranged from £12,224 (US\$24,448) per QALY gained to £72,386 (US\$144,772) per QALY gained over one year in the U.K. (fiscal year 2007) [34].

3.9 Critical Appraisal

Appendix 1 presents the results of critical appraisal of each CEA. In general, most of the items in the reporting guideline were followed. Nonetheless, several studies did not explicitly present or correctly calculate the incremental costs and effectiveness [24,29,30],

did not report the uncertainties [24,25], and did not report the heterogeneity of costeffectiveness between subgroups with different characteristics [25,31].

4. **DISCUSSION**

Few CEAs of SCD treatments have been published to date, and existing studies have been limited in scope. There are some similarities across the 13 studies that met our inclusion criteria. For example, the studies adopted the perspective of the healthcare system and most included only costs within the formal healthcare sector. However, our results reveal that published CEAs in SCD are quite heterogeneous in terms of geographic setting, intervention type, SCD complications and treatment complications included, choice of model and time horizon, and effectiveness measures used. As a consequence, cost-effectiveness findings are inconsistent across studies.

Our rapid review found that most studies were limited to a very narrow subset of disease complications and treatments. Admittedly, modeling such a complex disease, with so many complications occurring over the lifetime horizon is challenging. Estimates of necessary model input parameters require data sources that include information about the trajectory of the disease burden, treatments, and treatment complications; these data sources are few in SCD. Nevertheless, models need to incorporate these elements, as many of the complications have significant implications for survival, quality of life, and economic costs. Unfortunately real-world datasets necessary to quantify SCD incidence, costs and outcomes are limited. There are no large comprehensive national registries and extraction from electronic medical records and claim data are fraught with complications, such as inaccurate or inconsistent coding, limited clinical information, and incomplete record of care received [36]. Nonethess, the estimates may be derived from the existing large cohort studies [37–39]. In addition to needing higher quality databases, eliciting input from stakeholders, especially patients on their perceptions about which of the complications are most troubling, is critical in guiding model development.

Over the past thirty years there have been ongoing efforts to bring increased rigor to, and standardize the methodological practices and improve the comparability and quality of CEA. Transparent and complete reporting of methods and findings remains critical to the CEAs in SCD, as we note that several included studies did not explicitly present or correctly calculate the incremental costs and effectiveness, and did not report the uncertainties or heterogeneity of the findings. The CHEERS statement can be a reliable tool to enhance the quality of reporting in future studies [21]. In 2016, the Second Panel on Cost-Effectiveness in Health and Medicine also provided guidance for future studies, which has been widely referenced since then [40]. The panel recommend that all studies report reference case analyses from a health care sector perspective and a societal perspective. The societal reference case analysis should consider all parties affected by the medical interventions and include all significant outcomes and costs (i.e. those in formal and informal health care sectors as well as non-health care sector). They also recommend that health effects should be measured in terms of QALY in the reference case analysis. Moreover, they recommend that the time horizon should be long enough to capture all relevant outcomes.

While the healthcare costs attributable to SCD are substantial, the non-healthcare costs are likely substantial as well, placing high burden on patients and families. Those costs can arise from, but are not be limited to the impact of SCD on work productivity, education, household activities, and caregiver's time use [41–44]. Neglecting those costs may substantially underestimate the economic value of SCD interventions. Our review found that only one study adopted a modified societal perspective in a scenario analysis, incorporating a portion, but not all of the costs that may be incurred outside the health care system [26]. This study has shown that including such costs would substantially decrease the ICER estimates [26]. Consistent with the second panel's recommendation, we recommend that future CEAs in SCD adopt a societal perspective, explicitly incorporating the costs outside the formal healthcare sectors.

Preventing SCD complications can not only lower the risk of death, but also promote improved quality of life [2–4]. Hence, we recommend that both of these effects should be captured in CEAs using outcome measures such as QALY. We found that only eight studies used QALY or similar measures. One possible explanation for this gap might be that health utility data in the SCD population are sparse. Most of the studies relied on utility values for non-SCD specific populations (to inform the utility decrement due to complications) or based on assumptions. Additionally, in the absence of QALY or DALY as outcome measures, it is difficult to draw a conclusion about whether the intervention is cost-effective, as most established willingness to pay thresholds are based on QALYs gained or DALYs averted, both metrics that can be compared across disease states [45].

Since SCD interventions are likely to have long-term health and economic impacts, using a lifetime horizon is recommended for future CEA in SCD. This is also in line with the second panel's recommendation. Another important aspect of the natural history of SCD is that the rate and spectrum of complications varies throughout the patient's lifespan [46]. Further, patients receive different types of medical care across the life stages (e.g. pediatric care versus adult care, primary care versus specialty care) [47]. To reflect the long-term and time-varying features of SCD, a simulation model (e.g. state-transition, microsimulation or discrete event model) with a lifetime horizon would be beneficial for valuing the emerging treatments.

Admittedly, the CEAs conducted to date in the context of SCD provide limited information. These analyses do not typically incorporate the value of a treatment in reducing inequity in resources and expenditures for patients with SCD [48]. Some argue that research funding and pharmaceutical investment for a rare disease like SCD are not commensurate with funding and investment for more prevalent diseases [49]. Inequity also reflects in the lack of access to necessary health care among underserved population, such as SCD patients. To incorporate the equity issue in economic evaluations, future studies will likely employ innovative, emerging methods, such as distributional CEA [50]. Additionally, it is clear that treatment approaches for SCD continue to evolve, and both newly approved therapeutics and those under investigation appear promising [51–53]. A single CEA has limited ability to reflect this dynamic treatment landscape. CEAs could be updated to reflect changes in treatment modalities.

We provide recommendations to increase rigor and comparability of future CEAs in SCD. Global heterogeneity, however, should be addressed. Our review identified the existing CEAs conducted globally; these countries have various SCD burden, financial resources, healthcare systems, as well as preferences for types of SCD interventions [54–56]. Thus, the model inputs should be customized to the local population using country specific information for input parameters.. Additionaly, our study reveals the issue of global inequity in terms of CEA researches. Although the prevalence and incidence of SCD are substantially higher in Africa and Latin America than in North America and Europe [54], the former regions produced a much lower volume of CEA studies than the latter. The studies conducted in North America and Europe might shed light on the value of SCD interventions for the other regions, yet the relative ranking of cost-effectiveness of SCD interventions possibly differs across the regions. For example, screening program is likely to be more cost-effective in a region with higher incidence and prevalence of SCD. To better inform the healthcare resources allocation decisions in the countries with high SCD burden and poverty rates, it is imperative to provide them with more research resources.

Finally, we found that the ICER estimates were inconsistent across studies. This might be due not only to the properties of interventions assessed, but also the study designs (e.g. short-term versus long-term) and global heterogeneity. Of note, the study by Bradt and colleagues is part of the assessment of the Institute of Economic and Clinical Review in the U.S., revealing that the ICERs of those newly approved SCD therapies ranged from approximately \$600,000 to \$1million per QALY gained [26]. Although high, these estimates are lower than those for therapies for some other rare diseases. For instance, other assessments from the Institute for Clinical and Economic Review suggest that the ICERs for lanadelumab and the C1 esterase inhibitors for hereditary angioedema ranged from approximately \$1million per QALY gained to \$6 million per QALY gained [57], and ICERs for modulator treatments for cystic fibrosis were over \$1million per QALY gained [58]. Caution is needed in drawing conclusions from these 'high' ICERs about whether the treatments are cost-effective, since there is a general recognition that a higher value-based price can be justified for rare diseases that have a catastrophic impact on health [59].

Considering the uncertainties in modeling the cost-effectiveness of SCD, making comparisons across existing studies can inform the accuracy and validity of results. Although limited in their scope, the estimates we summarized in this review may be a useful resource against which to compare the results of future CEAs. Specifically, if a future CEA compares a genetic therapy to a conventional treatment found in this review, the projected costs and effectiveness of the conventional treatment in that new study can be compared to the estimates for that same treatment summarized in this review. Of course, researchers must use caution when making these comparisons because, as seen here, studies vary widely in many ways.

Our review is subject to several limitations. First, only English articles were included in our review. Second, we included only peer-reviewed journal articles published since 2008 and white papers published since 2018. However, a previous study suggests that decision analytic studies were rarely published prior to 2009 [60]. Finally, a quantitative

synthesis (meta-analysis) of the ICER estimates was not feasible due to the large degree of heterogeneity among the studies.

5. CONCLUSION

Our review provides direction for future research. Published CEAs of SCD are not comprehensive, yet may serve as a basis for comparisons with more robust CEAs conducted in the future. Specially, future studies should adopt a societal perspective, examine effects of interventions on both quality and length of life, and use an advanced simulation model design to capture a wide range of SCD complications and treatment complications over patients' lifetime. These modeling strategies will be essential to accurately value emerging genetic therapies, as well as other novel agents under invetigation.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Availability of data and material

Not applicable

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Key Points for Decision Makers

- This is the first literature review to identify published cost-effectiveness analyses (CEAs) of sickle cell disease (SCD) interventions. The indentified studies are heterogeneous in terms of geographic setting, intervention type, SCD complications and treatment complications evaluated, and choice of decision analytic model, time horizon, and outcome metrics. Consequently, the findings are inconsistent across the studies.
- This review illuminates the gaps in the existing CEAs in SCD, such as a limited number of SCD complications and treatment complications are included, non-medical costs are not incorporated in the base case, a simulation model or a lifetime horizon is not frequently employed to reflect the complexity of disease natural history, and an outcome metric that captures both quality and length of life is not commonly used.
- Future CEAs could incorporate the value of a SCD intervention in reducing inequity and reflect the fast evolving treatment landscape in SCD.



Figure 1.

Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) Flow diagram of studies included in this systematic review and reasons for exclusion

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Main characteristics of included cost-effectiveness analyses

Author, Year	Study Design	Region	Perspective	Intervention Type
Cherry et al., 2012[22]	 Model-based study 	• U.K.	 Healthcare system 	Blood transfusion
Spackman et al., 2014[23]	 Model-based study 	• U.K.	 Healthcare system 	Blood transfusion
Arnold et al., 2015[24]	 Observational study 	• U.S.	 Healthcare institution or hospital 	• Transplantation
Cunningham-Myrie et al., 2015[25]	 Observational study 	• Jamaica	 Healthcare system 	• Pharmaceuticals
Bradt et al., 2020[26]	 Model-based study 	• U.S.	Healthcare systemModified societal	Pharmaceuticals
Salcedo et al., 2021[27]	 Model-based study 	• U.S.	 Healthcare system 	• Hypothetical cell or genetic therapy
Castilla-Rodríguez et al., 2016[28]	 Model-based study 	• Spain	• Healthcare system	Screening
Kuznik et al., 2016[29]	 Model-based study 	 Sub-Saharan Africa 	 Healthcare system 	Screening
McGann et al. 2015[30]	 Model-based study 	• Angola	• N/N	Screening
Bryan et al., 2011[31]	 Model-based study 	• U.K.	• Healthcare system	Screening
Kacker et al., 2014 (a)[32]	 Model-based study 	• U.S.	• Hospital	• Intervention for treatment complications
Kacker et al., 2014 (b)[33]	 Model-based study 	• U.S.	• Hospital	• Intervention for treatment complications
McLeod et al., 2009[34]	 Model-based study 	• U.K.	• Healthcare system	• Intervention for treatment complications

N/A = not available; U.K. = United Kingdoms; U.S. = United States

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Table 2.

Summary of components of included cost-effectiveness analyses

Source of Discounting	 Empirically elicited for non- SCD specific population Assumed by 3.5% without 	referencing empirical study.	referencing empirical study. • Empirically elicited from SCD population • Assumed by the authors without without referencing empirical study.	referencing empirical study. • Empirical study. elicited from SCD population • Not without referencing empirical study. • Empirically elicited for SCD • Not elicited for non- SCD specific population • Not	referencing empirical study. • Empirical study. • Empirical study. sCD population • Assumed by action authors without without efferencing empirical study. empirically elicited for SCD population • Not elicited for non- SCD specific population • Utilities not used
Effectiveness S Measure I	• QALY	• QALY	• QALY	• Stroke • Death	- LY - CLY - C
Cost Type	Costs within the formal healthcare sector • Costs of the intervention • Costs of consequences due to the intervention	Costs within the formal healthcare sector Costs of the intervention • Costs of consequences due to the intervention	Costs within the formal healthcare sector • Costs of the intervention • Costs of consequences due to the intervention	Costs within the formal healthcare sector • Costs of the intervention • Costs of consequences due to the intervention	Costs within the formal healthcare sector intervention • Costs of the intervention • Costs of consequences due to the intervention Costs within the informal health care sector • Caregiver-time costs costs within the non-
Model Type	• Markov model	• N/A	• Not a modeling study	• Not a modeling study	• Markov model
Time Horizon	• Lifetime	• l year	• 1 year • Lifetime	Mean study duration • 3.82 years for intervention group group	Lifetime
Intervention	• TCD scans followed by blood transfusion where the scan revealed a blood velocity of > 200 cm/ second	 Preoperative transfusion 	• alloHCT	• Hydroxyurea	• Voxelotor • Crizanlizumab • L-glutamine
Mean Age (years)	• 5	• 17.3	 Intervention: 9.10 (SD: 6.25) Comparator: 4.23 (SD: 3.74) 	• N/A	• 24
Study population	 Children with SCD Had no prior history of stroke 	 SCD patients Undergoing low- or medium-risk surgery 	Children with SCD	Children with SCD Had a first clinical stroke	 SCD patients Had a baseline rate of 3 acute pain crises per year
Author, Year	Cherry et al., 2012[22]	Spackman et al., 2014[23]	Arnold et al., 2015[24]	Cunningham- Myrie et al., 2015[25]	Bradt et al., 2020[26]

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Discounting		• Not discounted
Source of Health Utility		 Empirically elicited for non- SCD specific population Assumed by the authors without referencing empirical study
Effectiveness Measure		۰ QALY
Cost Type	• Costs of consequences due to the intervention	Costs within the formal healthcare sector • Cost of interventions
Model Type		A/N•
Time Horizon		• 1 year
Intervention		• Deferasirox
Mean Age (years)		• Stratified by age ranging from 2 to 18+
Study population		 Patients with beta- thalassemia major or SCD
Author, Year		McLeod et al., 2009[34]

alloHCT = Allogeneic hematopoietic cell transplantation; evLYG = equal value of life year gain; DALY = disability-adjusted life year; HLY = health life year; ICER = incremental cost-effectiveness ratio; LY = life year; N/A = not available; QALY = quality-adjusted life year; SCD = sickle cell disease; SD = standard deviation; TCD = transcranial doppler ultrasound

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Table 3.

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Results of the base case scenario in included economic evaluations of interventions for sickle cell disease

Author, Year	Study Population	Time Horizon	Intervention vs. Comparator	Currency (fiscal year); Effectiveness Measure	Costs (per person) of Intervention vs.	Effectiveness (per person) of Intervention vs.	ICER as Reported by Authors of Original Publication
Blood Transfusion					Comparator	COMPANATO	
Cherry et al., 2012[22]	 Children with SCD Had no prior history of stroke 	• Lifetime	 Intervention: TCD scans followed by blood transfusion where the scan revealed a blood velocity of > 200 cm/ Comparator: TCD scans only 	• £(2010); QALY	• 52,472 • 38,720	• 14.87 • 14.30	• £24,075 (US\$37,316) per QALY gained
Spackman et al., 2014[23]	 SCD patients Undergoing low- or medium-risk surgery 	• 1 year	 Intervention: Preoperative transfusion Comparator: No transfusion 	• £(2011); QALY	• 1,706 • 2,442	• 0.71 • 0.70	 Less costly, more effective
Transplantation							
Arnold et al.,		• 1 year	• Intervention: alloHCT	VTAO -(A/10/9911 -	• 430,861 • 8,245	• 0.78 • 0.91	• More costly, less effective ${}^{\acute{\tau}}$
2015[24]		• Lifetime	• Comparator. Neteried but without alloHCT	- USA(INA), CALI	• N/A • N/A	• N/A • N/A	• N/A [†]
Pharmaceuticals							
Cunningham-		Mean study duration	• Intervention:	• J\$(2009); stroke		• 0.03 • 0.13	• J\$169,238 (US\$1,917) per Stroke averted
Myrie eĭ al., 2015[25]	Children with SCD Had a first clinical stroke	 5.82 years for intervention group 4.47 years for control group 	Hydroxyurea • Comparator: No hydroxyurea	• J\$(2009); death	• 86,710 • 69,941	• 0.00	• 1\$635,843 (US\$7,203) per death averted
]	• US\$(2019); LY		• 15.35 • 14.34	• US\$238,000 per LY gained
			• Liner venuoli. L- glutamine • Comparator: Optimal	• US\$(2019); evLYG	• 1,414,000 • 1,174,000	• 8.96 • 8.07	• US\$270,000 per evLYG gained
Bradt et al., 2020 2020[26]	• ACD patterns • Had a baseline rate of 3 acute pain crises per year	• Lifetime	usual care alone	• US\$(2019); QALY		• 8.47 • 8.07	• US\$604,000 per QALY gained
			 Intervention: Crizanlizumab Comparator: Optimal usual care alone 	• US\$(2019); LY	• 2,046,000 • 1,174,000	• 16.36 • 14.34	• US\$432,000 per LY gained

Author, Year	Study Population	Time Horizon	Intervention vs. Comparator	Currency (fiscal year); Effectiveness Measure	Costs (per person) of Intervention vs. Comparator*	Effectiveness (per person) of Intervention vs. Comparator [*]	ICER as Reported by Authors of Original Publication
				• US\$(2019); evLYG		• 9.78 • 8.07	• US\$509,000 per evLYG gained
				• US\$(2019); QALY		• 8.87 • 8.07	• US\$1,086,000 per QALY gained
				• US\$(2019); LY		• 16.37 • 14.34	• US\$550,000 per LY gained
			 Intervention: Voxelotor Comparator: Optimal usual care alone 	• US\$(2019); evLYG	• 2,291,000 • 1,174,000	• 9.96 • 8.07	• US\$589,000 per evLYG gained
				• US\$(2019); QALY		• 9.10 • 8.07	• US\$1,082,000 per QALY gained
Hypothetical cell or	genetic therapy						
Salcedo et al.			• Intervention: Hypothetical cell or	• US\$(2018); LY	• 2.372.482	• 29.9 • 26.2	${}^{\star}_{\mathcal{I}} \mathrm{V/N} \bullet$
2021[27]	• Newborns with SCD	• Lifetime	genetic therapy • Comparator: Standard of care	• US\$(2018); QALY	• 1,175,566	• 26.4 • 17.9	• US\$140,877 per QALY gained
Screening							
Castilla- Rodríguez et al., 2016[28]	• Newborns	• 10 years	 Intervention: Newborn screening program Comparator: No screening 	• € (2013); LY	• 5	• 8.66 • 8.66	• 🕄 4,169(US\$45,445) per LY gained
Kuznik et al., 2016[29]	• Newborns	• Lifetime	 Intervention: Newborn screening and prophylactic intervention Comparator: No screening 	• US\$(2014); DALY	• 16 • 0	s A/N S A/N	• US\$213 per DALY averted
McGann et al., 2015[30]	• Newborns	• Lifetime	 Intervention: Newborn screening and reatment program for sickle cell anemia Comparator: No screening 	• US\$(N/A); HLY	• 44 • 0	N/A <i>ll</i> • N/A <i>ll</i>	• US\$2,214 per HLY gained – US\$2,824 per HLY gained
Brvan et al.	Pregnant women (hiological mothers	Presnancv to	 Intervention: Primary care sequential Comparator: Midwife care 	• £(2010): woman	• 18 • 15	• 0.29 • 0.03	• £13(US\$20) per woman screened
2011[31]	• Their partners (biological fathers)	conclusion	 Intervention: Primary care parallel Comparator: Midwife care 	screened	• 20 • 15	• 0.26 • 0.03	• £25(US\$39) per woman screened

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ICER as Reported by Authors of Original Publication	More costly, less effective		• US\$412,132 per alloimmunization event averted	• US\$10,934 per alloimmunization event averted	 US\$12,558 per alloimmunization event averted – US\$147,915 per alloimmunization event averted 	• US\$759,799 per alloimmunization event averted	• US\$7,344 per alloimmunization event averted	 US\$9,082 per alloimmunization event averted – US\$261,638 per alloimmunization event averted 	• US\$369,479 per alloimmunization event averted	• US\$769,344 per alloimmunization event averted
Effectiveness (per person) of Intervention vs. Comparator*	• 0.26 • 0.29		• 0.25 • 0.46	• 0.25 • 0.46	• 0.25 – 0.31 • 0.46	• 0.41 • 0.60	• 0.41 • 0.60	• 0.41 – 0.46 • 0.60	• 0.08 • 0.36	• 1.06 • 1.30
Costs (per person) of Intervention vs. Comparator [*]	• 20 • 20		• 247,201 • 162,623	• 164,866 • 162,623	• 164,556 - 185,700 • 162,623	• 433,064 • 287,313	• 288,721 • 287,313	• 288,619 – 325,057 • 287,313	• 456,376 • 236,978	• 286,025 • 195,959
Currency (fiscal year); Effectiveness Measure					• US\$(2012);	aronnulation event			• US\$(2012); alloimmunization	event
Intervention vs. Comparator	 Intervention: Primary care parallel Comparator: Primary care sequential 		 Intervention: Prospective antigen- matching Comparator: History- based antigen-matching 	 Intervention: Perfectly informed antigen-matching Comparator: History- based antigen-matching 	 Intervention: Imperfectly informed antigen-matching Comparator: History- based antigen-matching 	 Intervention: Prospective antigen- matching Comparator: History- based antigen-matching 	 Intervention: Perfectly informed antigen-matching Comparator: History- based antigen-matching 	 Intervention: Imperfectly informed antigen-matching Comparator: History- based antigen-matching 	 Intervention: Prospective limited matching Comparator: History- based limited matching 	 Intervention: Prospective extensive matching
Time Horizon				• 10 years			• 20 years		• 10 years	
Study Population) complications			• SCD patients	• Ondergoing circonic prood transfusion			 SCD patients Undergoing chronic blood transfusion 	• Had been transrusion naive initially
Author, Year		Intervention for SCI			Kacker et al.,	2014 (a)[32]			Kacker et al., 2014 (b)[33]	1 4 7

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Author, Year	Study Population	Time Horizon	Intervention vs. Comparator	Currency (fiscal year); Effectiveness Measure	Costs (per person) of Intervention vs. Comparator*	Effectiveness (per person) of Intervention vs. Comparator [*]	ICER as Reported by Authors of Original Publication
			 Comparator: History- based extensive matching 				
		- 30 voore	 Intervention: Prospective limited matching Comparator: History- based limited matching 		• 502,938 • 344,544	• 1.86 • 2.10	• US\$640,814 per alloimmunization event averted
		- 20 years	 Intervention: Prospective extensive matching Comparator: History- based extensive matching 		• 799,565 • 15,649	• 0.13 • 0.41	• US\$1,364,247 per alloimmunization event averted
			 Intervention: Prospective limited matching Comparator: History- based limited matching 		• 169,720 • 127,562	• 0.64 • 0.81	• US\$252,708 per alloimmunization event averted
	 SCD patients Undergoing chronic blood transition 	10 yeas	 Intervention: Prospective extensive matching Comparator: History- based extensive matching 		• 271,488 • 162,016	• 0.04 • 0.25	• US\$541,939 per alloimmunization event averted
	Incurace partents whith a prior history of transfusion and possible alloimmunization		 Intervention: Prospective limited matching Comparator: History- based limited matching 		• 271,272 • 201,192	• 1.05 • 1.25	• US\$355,630 per alloimmunization event averted
		- 20 years	 Intervention: Prospective extensive matching Comparator: History- based extensive matching 		• 433,806 • 254,993	• 0.07 • 0.30	• US\$775,069 per alloimmunization event averted
McLeod et al.,	 Patients with beta- thalassenia major or SCD 	• l year	 Intervention: Deferasitox Comparator: Deferoxamine/ desferrioxamine 	• £(2007); QALY	• 4,386 - 18,594 • 2,733 - 7,219	• 0.84 • 0.66	• £9,232 (US\$18,464) per QALY gained – • £63,195 (US\$126,390) per QALY gained
[+c]6007	• Stratured by age ranging from 2 to 18+ years		 Intervention: Deferasirox Comparator: Deferiprone 		• 4,386 – 18,594 • 2,194 – 5,565	• 0.84 • 0.66	• £12,224(US\$24,448) per QALY - • £72,386(US\$144,772) per QALY gained

alloHCT = allogeneic hematopoietic cell transplantation; evLYG = equal value of life year gain; DALY = disability-adjusted life year; HLY = health life year; ICER = incremental cost-effectiveness ratio; N/A = not available; SCD = sickle cell disease; TCD = transcranial doppler ultrasound

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* The costs and effectiveness were converted to per person value if not reported. The original number from the references can be found in Appendix 5.

 $\dot{\tau}$ The ICER provided by Amold et al. was not calculated as incremental costs divided by incremental effectiveness. The original ICER can be found in Appendix 5. t^{4} salcedo et al. provided the ICER measured as costs per QALY gained but did not provide the ICER measured as costs per LY gained. \$Kuznik et al. provided the DALYs averted but did not provide the mean DALYs for intervention and for comparator. ${{ ^{/}}}$ McGann et al. provided the HLYs gained but did not provide the mean HLYs for intervention and for comparator.