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## IUPHAR themed review: Opioid efficacy, bias, and selectivity

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#### Abstract

Drugs acting at the opioid receptor family are clinically used to treat chronic and acute pain, though they represent the second line of treatment behind GABA analogs, antidepressants and SSRI's. Within the opioid family mu and kappa opioid receptor are commonly targeted. However, activation of the mu opioid receptor has side effects of constipation, tolerance, dependence, euphoria, and respiratory depression; activation of the kappa opioid receptor leads to dysphoria and sedation. The side effects of mu opioid receptor activation have led to mu receptor drugs being widely abused with great overdose risk. For these reasons, newer safer opioid analgesics are in high demand. For many years a focus within the opioid field was finding drugs that activated the G protein pathway at mu opioid receptor, without activating the  $\beta$ -arrestin pathway, known as biased agonism. Recent advances have shown that this may not be the way forward to develop safer analgesics at mu opioid receptor, though there is still some promise at the kappa opioid receptor. Here we discuss recent novel approaches to develop safer opioid drugs including efficacy vs bias and fine-tuning receptor activation by targeting sub-pockets in the orthosteric site, we explore recent works on the structural basis of bias, and we put forward the suggestion that Ga subtype selectivity may be an exciting new area of interest.

#### Keywords

Opioid; Mu; Kappa; Ga-subtype bias; Selectivity; Efficacy

### 1. Introduction

Chronic pain affects millions of people, in fact, the CDC estimates that in 2021 20.9% of adults in the United States (U.S.) experienced chronic pain [1]. The primary medications

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Declaration of Competing Interest

S.M. is a co-founder of Sparian biosciences. S.M. has patents on mitragynine and related molecules.

to combat this are agonists acting at the mu opioid receptor (MOR), however, this comes with its own issues as, whilst MOR activation gives potent analgesia, side effects include tolerance, dependence, constipation, euphoria and respiratory depression [2–4]. The combination of these side effects gives MOR agonists a high abuse liability and risk of overdose, which has directly contributed to the opioid epidemic in the U.S. at present [5].

On a molecular level, activation of opioid receptors triggers conformational rearrangements that lead to interactions with G protein heterotrimers and subsequent activation and dissociation of the G protein subunits. Following G protein activation, the receptor is phosphorylated and  $\beta$ -arrestins are recruited, leading to receptor internalization [6].

Work in the early 2000's where  $\beta$ -arrestin was reported to mediate the unwanted side effects of MOR activation [7–9] shifted the opioid field towards the investigation of agonists that activate MOR through the G protein pathway without activating  $\beta$ -arrestin, known as bias or functional selectivity. After two decades of research, there are many contradictory findings on putative G protein biased MOR agonists and in fact, the " $\beta$ -arrestin mediates negative side effects" paradigm has been refuted in several studies [10–12]. Now, the field is shifting once again, with new promising works focusing on bias at the kappa opioid receptor (KOR), low efficacy at MOR leading to a wider therapeutic window [13], [14], engagement of the sodium binding site using bitopic ligands and bias between Ga subtypes. Here, we discuss new developments in the opioid field with a focus on efficacy and bias at MOR and KOR.

# 2. Is bias or intrinsic efficacy more important for determining the safety profile of opioid agonists?

In this review we will refer to residues using Ballesteros-Weinstein numbering of residues [15], shown in superscript numbers; Ballesteros-Weinstein numbering allows for comparison of residues between transmembrane (TM) domains. The first number refers to the TM, the second number is how close the residue is to the most conserved residue in the TM, which is given the number 50.

#### 2.1. Comparing bias and intrinsic efficacy

A series of studies conducted in the early 2000's showed that, in mice lacking  $\beta$ -arrestin2, morphine induced lower levels of constipation and respiratory depression whilst retaining analgesic effects [7–9]. These studies lead to the hypothesis that  $\beta$ -arrestin mediated the "bad" side effects of MOR drugs whilst the G protein pathway mediated the "good" effects. Since then, the opioid field has been dominated by the search for MOR G protein biased agonists on the hypothesis that preferential activation of the G protein pathway at MOR would lead to safer analgesics. However, in more recent years this hypothesis has been challenged by multiple independent studies, which found that in the absence of  $\beta$ -arrestin2 the negative side effects of MOR agonists remain[10–12]. In light of this, the field has shifted to other avenues to determine safter MOR analgesics, one such idea is that lower efficacy drugs represent a safer route to MOR mediated analgesia.

Efficacy is the ability of an agonist to activate a receptor and produce a response, after binding [16]. The idea that low efficacy can determine a safer side effect profile at MOR

has been studied using agonists with a range of intrinsic efficacy [13]. In vitro signalling was explored to determine possible bias then analgesia and respiratory depression was determined in vivo. Decreasing efficacy has been shown to correlate with an increasing therapeutic window, indicating that MOR agonists with lower efficacy will have less overdose liability whilst maintaining analgesic effects [13]. This study suggested that bias was not in fact related to therapeutic window, however, it should be noted that the calculations behind this study have been challenged, with the suggestion that a degree of G protein bias is required for an improved side effect profile [17].

Mixed MOR/KOR partial agonists MP1207 and MP1208 display decreased efficacy for G protein activation and minimal  $\beta$ -arrestin recruitment; in vivo, these molecules lead to analgesia with less respiratory depression and condition placed preference/aversion (CPP/CPA) relative to full efficacy ligands [18]. This gives further evidence that low efficacy is key for a safer side effect profile of opioids, however,t must be noted that polypharmacology and not bias alone may play a role here.

At the other end of the efficacy scale, a MOR superagonist, isotonitazene, has also been investigated recently and may provide clarity on the action of super potent, highly efficacious MOR agonists [19]. Isotonitazene, whilst not biased, does show extreme potency and efficacy for MOR G protein and  $\beta$ -arrestin2 pathways, relative to DAMGO. In a whole animal, isotonitazene induced greater respiratory depression with a longer duration of action, compared to DAMGO and fentanyl. This supports the idea that higher efficacy agonists have a narrower therapeutic window.

#### 2.2. New low efficacy agonists and putative G protein biased agonists

An analog of mitragynine [20], derivative SC13, has been shown to have 60% efficacy in a Ga<sub>11</sub> MOR BRET assay, relative to DAMGO, and 10% efficacy in an unamplified Nb33 assay measuring activate state human and mouse MOR, with minimal  $\beta$ -arrestin1/2 efficacy [21]. In mice, SC13 displayed dose dependent antinociception, with similar potency to morphine; at ED<sub>80</sub> doses SC13 displayed no CPP/CPA, at ED<sub>80</sub> doses SC13 displayed no inhibition of gastrointestinal passage and at 15-fold higher than ED<sub>50</sub> doses SC13 displayed no respiratory depression or hyperlocomotion. An analog of 7-hydroxymitragynine (7-OH) mitragynine (a mitragynine derivative), 11-F-OH, was tested in a cAMP and Nb33 BRET assay [22], 11-F-OH was found to have < 10% efficacy for Nb33 recruitment relative to DAMGO and ~20% efficacy for mouse MOR inhibition of cAMP accumulation. In mice, 11-F-OH displayed analgesia with similar potency as 7-OH and morphine, but with dramatically lower efficacy (~40%). These data on SC13 and 11-F-OH point to a narrow window whereby MOR efficacy around 10–20% can lead to morphine-like analgesia without unwanted side effects, but a decrease below 10% efficacy leads to a greatly attenuated analgesic effect.

The study of MOR G protein biased agonists is perhaps made more complicated by the lack of clarity on putative G protein biased agonists; well-known agonists PZM21, TRV130 and SR-17018 all display very little  $\beta$ -arrestin2 recruitment, but their level of G protein efficacy seems to change between different studies which makes it unclear if these agonists are indeed G protein biased or if it is purely their low efficacy leading to decreased  $\beta$ -arrestin

recruitment [13], [23–27]. The range of efficacy values for these drugs is likely impacted by the assay used, the level of amplification and the receptor reserve[28]. In a recent study of TRV130, receptor reserve was depleted with pre-incubation with irreversible antagonist  $\beta$ -funaltrexamine, and TRV130 was revealed to be a partial agonist for cAMP accumulation [29]. PZM21 and TRV130 have been shown to display analgesia in vivo with lower levels of respiratory depression relative to morphine and fentanyl [23,26], however in another study, PZM21 was suggested to depress respiration to the same level as morphine [25], PZM21 has also been suggested to have a safer effect profile on account of low intrinsic efficacy [13]. TRV130, also referred to as oliceradine, has been approved by the food and drug administration (FDA) for intravenous (IV) injection in pain management [30], however, the most recent data from phase III trials does show low incidence of respiratory depression in postsurgical pain patients [31].

Recently, PZM21 has been further investigated using cryo-EM structural analysis whereby the structure of PZM21 bound to mouse MOR (mMOR) in complex with the Ga<sub>i1</sub> heterotrimer was solved [32] (PZM21-MOR-Gi-scFv complex; PDB: 7SBF). It was shown that the thiophenylalkyl moiety strongly interacts with the lipophilic vestibules (formed by TM2, TM3 and extracellular loop (ECL) 1) with residues VAL143<sup>3.28</sup>, ILE144<sup>3.29</sup>. TRP133<sup>ECL1</sup> and ASN127<sup>2.63</sup> (Fig. 1a). PZM21 was originally thought to be a key new drug candidate, however, alongside the previously discussed issues, its occupancy in CNS is reported to be moderate when systematically administrated in mice [26] and moreover, this analog is not free from causing tolerance, withdrawal symptoms [33] and abuse liability [34]. Nonetheless, the cryo-EM structure of PZM21 has been used to design novel analogs based on initial molecular modelling. Among the newly proposed compounds, FH210, with a suitable bioisosteric replacement of the thiophenylalkyl moiety to naphthyl substituted acryl amide (Fig. 1c), improves lipophilicity (FH210: logP 4.5 and PZMZ21: clogP 3.2). The corresponding cryo-EM of FH210 (FH210-MOR-Gi-scFv complex; PDB:7SCG) retains the conserved ionic interaction (salt bridge) between the ammonium group and  $ASP147^{3.32}$ and a conventional hydrogen bond within carboxamide NH and TYR3267.43, which is also displayed by PZM21. The most significant observation was the proximity of the phenol hydroxy group to HIS297<sup>6.52</sup> as previously detected in MOR bound structures of PZM21 [32], DAMGO [35], BU72 [36] and β-FNA [37]. Apart from the fundamental interactions, the cryo-EM structure of FH210 highlights an extra 31 Å<sup>2</sup> contact area within the lipophilic vestibule incorporating TM2, TM3, ECL1 and ECL2 (hydrophobic interaction with naphthyl substituent). This allows additional interactions with ASP216<sup>ECL2</sup>, CYS217<sup>ECL2</sup>, TRP133<sup>ECL1</sup> and ASN127<sup>2.63</sup> (Fig. 1b). Structural analyses with these templates provide innovative information for understanding the binding mechanism of low efficacy, low  $\beta$ -arrestin recruiting agonists and thus open opportunity to design novel safer analgesics.

#### 2.3. Is G protein bias at KOR still an important area to explore?

The concept of G protein bias at MOR leading to decreased side effects has been refuted, as negative effects remain in vivo even after the knockout of  $\beta$ -arrestin2 [10–12,38,39]. However, G protein bias and decreased  $\beta$ -arrestin signalling may still remain a viable avenue at KOR. Activation of KOR by full agonist U50,488 has been shown to activate

p38 mitogen activated protein kinase (MAPK) via a GPCR kinase (GRK) 3 and  $\beta$ -arrestin dependent pathway [40], subsequently, this KOR activated p38 MAPK pathway has been shown to mediate KOR CPA [41,42]. Further to this, antipruritic effects brought about by KOR agonists have been suggested to act without involvement of the  $\beta$ -arrestin pathway [43], in fact, the G protein biased drug nalfurafine is used clinically in the treatment of itch [44], and shows a promising separation of CPA from KOR therapeutic effects, in animals. Multiple G protein biased KOR drugs have been characterised and investigated in vivo to explore the role of G proteins vs  $\beta$ -arrestins. G protein biased drug RB-64 displays analgesia without sedation or anhedonia-like effects, however the drug still induced CPA, further to this, full agonists U69,593 and salvinorin A both induced CPA in wild type and  $\beta$ -arrestin2 KO mice in this work. 6'-GNTI has been shown to induce potent analgesia in a rat model of thermal allodynia [45] and is a partial agonist at KOR  $Ga_{oB}$  with an absence of  $\beta$ -arrestin2 recruitment [46], 6'-GNTI shows no CPA in animals. Triazole 1.1 is another KOR G protein biased agonist, which, in mice, induced antinociception and antipruritic effects, without affecting locomotor activity and in rats gave analgesia without dysphoria [47]. HS666 is a KOR G protein biased agonist that gives analgesia without altering locomotor activity or producing CPA [48]. Therefore, G protein bias at KOR may still yield analgesia without negative side effects, but this area needs to be further explored, there are several agonists that can be used as tools to investigate this.

#### 2.4. Bias and Fentanyls

Fentanyl (Fig. 2a) is a potent synthetic MOR agonist, generally used as an adjunct to anesthesiology or in patches and lozenges for breakthrough pain [49–51]. Whilst fentanyl is widely used in a clinical setting, it is also a drug of abuse due to its classic MOR side effects. Fentanyl-related overdose deaths have been increasing sharply in recent years, in the U.S. there were over 70,000 fentanyl-related overdose deaths in 2021 alone [5].

Due to the risk posed by fentanyl, understanding its pharmacology has become an important area of investigation [52]. Fentanyl is 50–100 times more potent than morphine in vivo [53] and is selective for MOR [54]. A structural basis for fentanyl's increased potency over morphine has been explored; in a comparison of the cryo-EM structures of fentanyl and morphine bound to human MOR (hMOR), it was observed that fentanyl forms  $\pi$ - $\pi$  stacking with residues TRP295<sup>6.48</sup> and TYR328<sup>7.43</sup> and forms additional interactions in a TM2/3 subpocket [27]. In fact, mutation of residues within this subpocket had a greater effect on fentanyl's potency, compared to morphine [27].  $\pi$ - $\pi$  interaction is a strong noncovalent interaction between the  $\pi$  bonds of aromatic rings [55]. This type of van der Waals force usually occur between two or more aromatic rings that are parallel to each other. In proteins amino acids such as phenylalanine, tryptophan and tyrosine can form  $\pi$ - $\pi$  interactions with aromatic attachment in the ligand [56,57]. These interactions are very imperative for protein structure and protein–ligand binding. The distance between two interacting centroids is 3.5 Å -4.5 Å [57].

In 2017 fentanyl was first suggested to display bias for  $\beta$ -arrestin2, and this was given as a reason for its increased risk of respiratory depression [58]. However, since then multiple studies have been conducted exploring the potential  $\beta$ -arrestin2 bias of fentanyl, with no

general consensus, in fact fentanyl has been shown to have either no bias or even G protein bias in multiple independent studies [13], [21], [59–62]. This wide range of fentanyl pharmacology given by different studies is perhaps due to the stage of the signalling cascade that the signal is read at, degree of amplification, receptor reserve and the method of bias calculation [16], [28], [52]. Fentanyl signalling at a range of Ga subtypes has been studied, fentanyl displays a potency range from 0.9 nM to 19 nM in the order  $Ga_z > Ga_{i2} > Ga_{oA} \approx Ga_{oB} > Ga_{i1} > Ga_{i3}$ ; fentanyl recruited  $\beta$ -arrestin1/2 at a level comparable to DAMGO [24].

Fentanyl has many structural analogs, which each have unique pharmacology and varying degrees of potency and efficacy. One fentanyl analog is particularly interesting due to its extreme potency; carfentanil (Fig. 2b) has been described as a weapon of mass destruction and has been implicated in multiple overdose deaths in the last 10 years [63], [64]. Carfentanil has recently been shown to have potent  $\beta$ -arrestin2 bias and high efficacy for the  $\beta$ -arrestin2 pathway, relative to DAMGO [61]. Carfentanil's  $\beta$ -arrestin2 bias was shown to lead to potent cell surface receptor loss and rapid desensitization, the in vivo effects of this bias remain to be explored.

Lofentanil (Fig. 2c) is another highly potent fentanyl analogue, lofentanil activates both the G protein and  $\beta$ -arrestin pathways and, in fact, displays bias for  $\beta$ -arrestin1/2 relative to DAMGO and in comparison to Ga<sub>i1</sub>, Ga<sub>i2</sub>, Ga<sub>i3</sub>, Ga<sub>oA</sub> and Ga<sub>oB</sub> [65]. A cryo-EM structure of lofentanil in mMOR has been solved and can be compared to fentanyl; lofentanil forms a salt bridge with ASP147<sup>3.32</sup>, as well as further interactions with MET151<sup>3.36</sup>, TRP293<sup>6.48</sup>, ILE296<sup>6.51</sup>, ILE322<sup>7.39</sup> and TRP326<sup>7.43</sup> [65], fentanyl and carfentanil have also been shown to form similar interactions [27], [61]. Lofentanil and fentanyl both bind with their phenethyl moieties in a subpocket made up of TM2/3, and display  $\pi$ - $\pi$  stacking with TYR326<sup>7.43</sup> (Fig. 2d), in the cryo-EM structures residue GLN124<sup>2.60</sup> forms an interaction with TYR326<sup>7.43</sup>. In molecular dynamics (MD) simulations of the lofentanil cryo-EM structure, residue TYR128<sup>2.64</sup> also binds and stabilized GLN124<sup>2.60</sup>, allowing it to interact with TYR326<sup>7.43</sup> [65].

#### 2.5. Bias displayed by endogenous opioid peptides

Understanding bias and receptor selectivity on an endogenous level is important as it gives more information on how these phenomena exist naturally. Endogenous peptides such as endomorphin-1, leu-enkephalin,  $\beta$ -endorphin and dynorphin 1–17 display a range of efficacy and potency for Ga subtypes and  $\beta$ -arrestins at MOR (Fig. 3a-d). Dynorphin 1–17 displays low potency or efficacy for  $\beta$ -arrestin1/2 whilst retaining efficacy and potency at a range of Ga subtypes (Fig. 3d) [24].

Bias for different pathways has been determined for several endogenous peptides at opioid receptors; endomorphin-2 has been shown to display  $\beta$ -arrestin2 bias over G protein at MOR [66], this endogenous peptide behaves similarly to  $\beta$ -arrestin2 biased synthetic agonist carfentanil [61] but signals with lower efficacy. Peptide  $\alpha$ -neoendorphin displays bias for adenylyl cyclase inhibition over  $\beta$ -arrestin 2 recruitment [67], whilst endomorphin-1 is biased for  $\beta$ -arrestin2 vs  $\beta$ -arrestin1. Bias of endogenous peptides has also been shown as differential based on the opioid receptor subtype, the peptide BAM 18 is unbiased at

KOR and DOR but displays  $\beta$ -arrestin2 bias at MOR whilst met-enkephalin RF displays G protein bias at MOR,  $\beta$ -arrestin2 bias at DOR and no bias at KOR [68]. Given that these are all naturally occurring peptides it gives evidence that different degrees of pathway bias at different opioid receptors is an important mechanism for modulating opioid receptor response and helps to explain the presence of many endogenous opioid peptides.

#### 2.6. How do endogenous peptides display opioid subtype selectivity?

In addition to displaying varying degrees of pathway bias, endogenous peptides also display selectivity for opioid receptor subtypes; understanding this phenomenon can help aid the design of future selective opioid ligands. Cryo-EM structures of the opioid receptor family bound by endogenous opioid peptides have been solved [69]. In a comparison of the structure of KOR bound to endogenous peptide dynorphin and the structure of KOR bound to small molecule agonist MP1104 (Fig. 3e), which displays pan opioid activity [18], [70], there were key interactions between dynorphin and KOR that do not occur between MP1104 and KOR. Dynorphin forms salt bridges with residues GLU209<sup>ECL2</sup> and GLU297<sup>6.58</sup> and mutation of either of these residues leads to a decreased ability of dynorphin to activate KOR. Moreover, when KOR, MOR and DOR were compared, differences in the extracellular regions and at the top of TM6/7 were highlighted as potential selectivity filters between the receptor subtypes [69]. In particular, K305<sup>6.58</sup> in MOR was indicated as incompatible with dynorphin binding and mutation to GLU (the residue in position 6.58 in KOR) greatly increased the ability of dynorphin to activate MOR. The reverse of this was also explored, with TYR3137.36 (a TRP in MOR) indicated as creating a steric clash with endomorphin and deltorphin, preventing their binding to KOR. Conversely, there is a conserved hydrophobic region in the orthosteric binding site of MOR, DOR and KOR which allows for activation of all receptor subtypes by the YGGF opioid motif.

#### 3. Structural mechanisms of bias

#### 3.1. Is TM6/7 the key to determining bias?

Bias at opioid receptors has been largely explored in the context of searching for novel G protein biased agonists at MOR or KOR, however, the underlying mechanism of bias is not fully understood. Many studies have been conducted to investigate how bias is mediated on a molecular and structural level.

Multiple studies using MDs have suggested that MOR exists in a different state when bound to biased or unbiased agonists, it has been proposed that the receptor exists in four distinct states during activation and that morphine and TRV130 (putatively G protein biased, though contested) stabilize distinct conformational states [71]. In another study where MDs were generated for agonists that either fully recruit  $\beta$ -arrestin2 or show minimal recruitment, distinct receptor conformations were again observed; agonists that recruit  $\beta$ arrestin2 displayed inward movements at the top of TM6, outward movements at the top of TM7 and no movement of helix 8, whilst agonists that displayed minimal  $\beta$ -arrestin2 recruitment displayed outward movements at the top of TM6, inward movements at the top of TM7 and rearrangements at helix 8 [72]. Additional MD work indicated that receptor conformation rearrangements were different between morphine and PZM21 [73], which

display different levels of  $\beta$ -arrestin recruitment, though both display less than standard agonist DAMGO [24]. Similarly, in another MD study, agonist morphine was compared with TRV130 to find that allosteric coupling between the orthosteric binding site and the intracellular side of the receptor was distinct between the two ligands [74].

One mechanism that has been proposed by multiple groups and shown in multiple class A GPCRs is the differential interaction with TM6 and TM7 by biased and unbiased drugs. In 5-HT<sub>2b</sub> and  $\beta$ 2 adrenoceptor an inward shift in TM7 with minimal TM6 movement has been tied to  $\beta$ -arrestin2 bias [75], [76]. In a study of low efficacy agonist mitragynine pseudoindoxyl (MP) and  $\beta$ -arrestin biased lofentanil, cryo-EM structures of the two ligands were solved and probed to understand lofentanil's  $\beta$ -arrestin bias [65]. MDs revealed two alternative conformations of TM7; when lofentanil was bound to MOR, TM7 displayed a rotation and inward movement, this was not seen for MP, which recruits minimal  $\beta$ -arrestin [77], these two TM7 (TYR326<sup>7.43</sup>) conformations were determined to be a canonical and alternative receptor state (Fig. 4). The alternative TM7 conformation was found to be controlled by the formation of a hydrogen bond between GLN124<sup>2.60</sup> and TYR326<sup>7.43</sup> [65]. Mutation of GLN124<sup>2.60</sup>A reduces  $\beta$ -arrestin recruitment for both DAMGO and lofentanil, diminishes 100-fold potency for DAMGO, and decreases Ga<sub>i1</sub> response more than half for MP.

Within TM7, the conformation of the residue in position 7.43, which in many class A GPCRs is a tyrosine, has been tied to  $\beta$ -arrestin2 bias in multiple studies [78–80]. Mutation of TYR326<sup>7.43</sup> to PHE in MOR has different effects on different agonists; DAMGO and met-enkephalin display a decrease in potency and efficacy for both G protein activation and β-arrestin2 recruitment, whilst endomorphin-1 and endomorphin-2 display increased potency and efficacy for  $\beta$ -arrestin2 recruitment [81]. In the previously mentioned lofentanil MP study, a TYR326<sup>7.43</sup>PHE mutation reduced the maximal β-arrestin2 recruitment by 94% and 57% for DAMGO and lofentanil, respectively, whilst Ga<sub>11</sub> activation was decreased by 68%, 36% and 13% for MP, DAMGO and lofentanil respectively. The  $\beta$ -arrestin effect is more detectable for DAMGO and MP, where the mutation (TYR326<sup>7.43</sup>PHE) disrupts a direct H-bond interaction by losing the phenolic OH between ASP147<sup>3.32</sup>, TYR326<sup>7.43</sup> and GLN124<sup>2.60</sup>. Whereas, for lofentanil the  $\pi$ - $\pi$  interaction is less harmed, and it is reflected in the corresponding signaling [65]. In KOR, mutation of TYR320<sup>7.43</sup> to LEU leads to a decrease in potency of the novel ligand MP1104 for cAMP and a decrease in potency and efficacy for  $\beta$ -arrestin2 recruitment [82]. Together there is compelling evidence that interaction with TYR<sup>7.43</sup> has a key involvement in determining  $\beta$ -arrestin signalling.

Other TM7 residues have also been implicated in bias, between receptors MOR and KOR the residue in position 7.35 is different; 7.35 is a TRP and TYR, in MOR and KOR, respectively. A ligand named 3'-iodobenzoylnaltrexamide (IBNtxA [83]) is balanced at KOR but displays G protein bias at MOR; when TYR312<sup>7.35</sup> is mutated to TRP in KOR, making it MOR-like, IBNtxA displays G protein bias. This study suggests that the residue in position 7.35 may be involved in the level of  $\beta$ -arrestin2 signalling in MOR and KOR [82].

Single particle Cryo-EM has been used to generate structures of hMOR bound to DAMGO, fentanyl, morphine, SR17018, PZM21 and TRV130 [27]. Comparison of these structures

revealed that SR17018 and PZM21, which both display minimal  $\beta$ -arrestin2 recruitment, form no contacts with TM7 and unstable contacts with TM6; TRV130, which retains a small amount of  $\beta$ -arrestin2 recruitment, displays hydrophobic interactions with TM6/7 which are far weaker than those observed for fentanyl. Mutation of residues within TM6/7 resulted in minimal changes in G protein activation, and large decreases in  $\beta$ -arrestin recruitment, further supporting the hypothesis that TM6/7 interactions are required for  $\beta$ -arrestin recruitment [27].

There is mounting evidence that interactions with TM7 and the conformation of TM7 is a key mechanism for determining  $\beta$ -arrestin bias, and to some extent G protein bias, when TM7 is not engaged.

In a study of the mechanism of bias at KOR, a crystal structure of KOR in complex with G protein biased agonist nalfurafine, bound by nb39, was solved. In MDs, GLN115<sup>2.60</sup> formed favorable interactions with nalfurafine, and clashes with WMS-X600 (a  $\beta$ -arrestin biased agonist), in vitro mutation of GLN115<sup>2.60</sup>ASN reduced the potency of nalfurafine but increased the potency of WMS-X600 [84]. Nalfurafine destabilised the bond between LYS227<sup>539</sup>and GLU297<sup>6.58</sup>, mutation of LYS227<sup>5.39</sup> to ALA increased G protein coupling and reduced  $\beta$ -arrestin recruitment for nalfurafine, suggesting that this bridge is important for  $\beta$ -arrestin recruitment. Further to this, the position of residue TRP287<sup>6.48</sup> was shown to be distinct for  $\beta$ -arrestin-biased agonist WMS-X600. Mutation of TRP287<sup>6.48</sup> to ALA had a greater effect on the potency of  $\beta$ -arrestin2 recruitment for WMS-X600 compared to U50,488, the same effect was observed for nalfurafine, though this residue has been tied to general receptor efficacy in the past in MOR and in other class A GPCRS [35], [85–89].

#### 4. Targeting receptor sub-pockets to modulate efficacy and bias

#### 4.1. Modulating receptor efficacy and bias by targeting distinct orthosteric sub-pockets

In order to design opioid drugs that may give low efficacy which, as discussed above, could lead to favorable side effect profiles, it is important to understand the mechanisms by which agonists modulate efficacy and bias.

As mentioned in the previous section, a recent study was conducted to compare super potent highly efficacious fentanyl analogue lofentanil (Fig. 5a) and MP, which is a minor metabolite of kratom derived indole alkaloid mitragynine (Fig. 5a). MP has low efficacy for G protein activation, minimal  $\beta$ -arrestin signalling (Fig. 5b) and a subsequently improved pharmacological profile [20], [65], [90]. MP is a key agonist to study as it is reported to exhibit slower antinociceptive tolerance than that of morphine and has reduced respiratory depression at equianalgesic doses when compared with morphine [20], [77]. Lofentanil has been shown to have higher efficacy at all Ga subtypes and  $\beta$ -arrestins compared to MP. In this 2022 study, two cryo-EM structures of lofentanil (Fig. 5c) and MP (Fig. 5d), bound to MOR in complex with a Ga<sub>i1</sub> heterotrimer, were reported and compared to a previously published DAMGO MOR structure [35]. Both structurally distinguishable MOR ligands (MP and lofentanil) suitably fit in an identical orthosteric pocket formed by TM2/3/5/6/7. They also preserved the conventional salt bridge interaction between receptor ASP147<sup>3.32</sup> and protonatable amine (NH+). Similar to the phenol portion of DAMGO [35],

MP and lofentanil share a common binding pocket (central pocket, cp) majorly formed by the TM5-TM6 region; the anilide moiety from lofentanil and  $\beta$ -methoxyacrylate tail from MP are oriented in this common cp (Fig. 5e, f). Lofentanil and MP stabilize the cp by creating hydrophobic interactions with MET151<sup>3.36</sup>, TRP293<sup>6.48</sup>, ILE296<sup>6.51</sup>, ILE322<sup>7.39</sup> and TYR326<sup>7.43</sup> through anilide and  $\beta$ -methoxyacrylate moieties respectively. However, there were also dissimilar structural arrangements between the ligands, the elongated 1-phenethyl portion of lofentanil orients itself in a hydrophobic subpocket (sp1) formed by TM1/2 and ECL1/2, whilst the low efficacy ligand, MP extends its 9-methoxyaromatic ring of the indole moiety towards an extracellular outlet involving TM1, TM2 and TM7 and thus creates a unique subpocket 2 (sp2) (Fig. 5e, f). The occupation of this sp2 pocket by MP and lack of occupation of the sp1 pocket is believed to be the rationale for MP's low intrinsic efficacy at G-protein and  $\beta$ -arrestin signaling pathways compared to lofentanil and DAMGO [65]. These findings highlight that MOR ligands that signal with large differences in efficacy may be interacting with distinct orthosteric sub-pockets.

Interaction between ligands and distinct pockets in the orthosteric site leading to differential signalling has also been investigated using mixed MOR/KOR agonists. A novel structurebased hypothesis in functional selectivity was established for putative KOR and MOR biased ligands in the morphinan template. The reported active state crystal structure of KOR with the ligand MP1104 [82] (PDB: 6B73) offers opportunity to better understand the structural differences behind distinguishable pharmacology in biased and unbiased ligands [70], [82]. MP1104 behaves as a full agonist at both hMOR and KOR and robustly engages  $\beta$ -arrestin2 for both (Fig. 6a). Modelling of ligand receptor interaction indicates that the  $6\beta$ -amidophenyl part orients itself towards the TM2/3 region (Fig. 6e), which is possibly a major switch towards  $\beta$ -arrestin2 recruitment [89]. Next, an analog of MP1104, MP1202 was synthesized; whereby the 7,8 double bind in ring C of the morphinan template was reduced. [18] (Fig. 6d). Unfortunately, MP1202 was incapable of distinguishing G protein recruitment over  $\beta$ -arrestin2 at KOR (Fig. 6b). Through crystallography open database and quantum mechanics energy calculations, it was confirmed that the unsaturated ring of MP1104 is preferred to be in a boat conformation in its co-crystal structure at KOR. Yet more, the docking study in the crystal structures with MP1202 indicates similar orientation, in this way, MP1202 contacts the TM2-TM3 region at KOR. Docking analysis of 6'-GNTI, which is partial agonist in KOR for G protein activation and acts as a potent anticonvulsant and antiseizure candidate [46], [91-93], indicated its engagement at the acidic TM5-ECL2 region via a guanidino group. This TM5-ECL2 region behaves as a distinct sub-pocket at the orthosteric binding site for controlling opioid receptor functional selectivity. Considering the presence of acidic residues ASP223<sup>5.35</sup> and GLU209<sup>ECL2</sup> in TM5-ECL2 region, the next chemical modification was performed by introducing a polar and/or charged moiety at the  $6\beta$ -amidophenyl arm (Fig. 6d). Modifications of compound MP1202 to introduce more polar residues such as methylamino and methyl guanidino substitutions generated compounds MP1207 and MP1208 which have partial agonism for KOR alongside greatly reduced β-arrestin recruitment (Fig. 6c). MP1207/08 show effective analgesia with annulated CPP/CPA as well as reduced respiratory depression [18]. Supportively, an MD study of the crystal structure of MP1104 also indicated formation of a stable salt bridge interaction between amino and guanidine moieties with negatively charged

ASP223<sup>5.35</sup> and GLU209<sup>ECL2</sup> in the TM5-ECL2 region, which is achieved through the favored chair conformation (Fig. 6 f, g). Overall, this structure-based drug design points out fundamental involvement of two important sub-pockets in the orthosteric binding site. One of them is the TM2/3 subpocket (hydrophobic vestibule) which can lead to either  $\beta$ -arrestin2 bias or unbiased signaling depending upon receptor variety. The other polar TM5-ECL2 region at the entrance of the orthosteric site is responsible for making ligand G-protein bias by controlling annulated  $\beta$ -arrestin2 recruitment. A similar pattern was seen at MOR as well (not discussed because of lack of space). Overall, these findings provide an inherent mechanistic vista for understanding binding implication in balanced/biased agonism with improved pharmacology.

#### 4.2. Engaging the sodium binding site with bitopic ligands

The role of sodium in allosteric modulation was first documented in 1973 [94]. Binding of a sodium ion (Na+) in class A GPCRs has significant impact for enhancing antagonist binding and reducing agonist binding affinity. Thus, targeting this pocket with suitable ligands attracts the attention for developing low efficacy agonists. The agonist and antagonist distinguishing effect is very much sodium dependent. Lithium for example does not drive the receptor into its inactive form, other mono and divalent ions fail to separate their corresponding opioid activation [95]. During the last decade, progress of several high-resolution crystal structures of different GPCRs and their complexes have enabled the identification and probing of the mechanism of the ion binding site. These include the crystal structures of adenosine A2A receptor (PDB: 4EIY [96], 3EML [97]), β1 adrenoceptor (PDB: 4BVN [98], 4AMJ [99], 2Y02 [100], 3ZPR [101], 5A8E [102]), β2 adrenoceptor (PDB: 2RHJ [103]), protease activated PAR1 (PDB: 3VW7 [104]), delta opioid receptor (PDB: 4N6H [105], 4RWD [106]), and MOR (PDB: 4DKL[37]). These structures disclose a significant role of the binding of a sodium ion in controlling receptor functional selectivity and receptor conformational changes. Interestingly, only the sodium site is found to be conserved in all class A GPCRs and plays a crucial role in ligand binding affinity [107], [108]. A key finding is the presence of conserved aspartic acid residue, ASP<sup>2.50</sup> in this water rich allosteric sodium binding pocket. Most interestingly, the mutation of ASP<sup>2.50</sup> into either alanine or asparagine eliminates the influential effect of sodium on agonist and antagonist binding. Further studies reveal that this allosteric pocket has significant role in controlling agonist binding affinity, [108–110], mediation of receptor conformation changes [96], and regulation of bias GPCR signaling (towards either G protein or β-arrestin) [105], [111].

A novel approach to modulating receptor activation is the development of bitopic ligands engaging the sodium site in MOR. These bitopic ligands were computationally designed by replacing the phenyl ring of fentanyl with flexible alkyl chain (amide N of fentanyl and carboxy of ASP114<sup>2.50</sup> distance is 13 Å) (Fig. 7a). The hypothesis was to occupy the orthosteric site (by the fentanyl scaffold) and to stretch out to the allosteric pocket (through a flexible alkyl linker) and interact with highly conserved acidic residue ASP<sup>2.50</sup> through a positively charged guanidino group or amino group [24] (Fig. 7b). Structural activity relationship (SAR) analysis of a small library of compounds in this series suggested the length of the linker as well as appropriate war head (guanidino or amino) was key to

engaging the Na<sup>+</sup> binding site. The amino warhead containing bitopics were less active compared to the guanidino group-based warhead (Fig. 8a). The greater basicity of the guanidino group compared to the amino group and greater potential to form H-bonding with other polar residues and waters in this pocket was believed to be the reasons for the greater binding affinity as well as potency of the guanidino bitopics. The length of the linker was critical in determining the signaling properties of bitopics. While the C3 alkyl chain was too short, the C11 linker was too long to engage the ASP<sup>2.50</sup> residue. Cryo-EM of the C5 and C6 linker-based analogs named C5 guano (Fig. 7c) and C6 guano (Fig. 7f) shed light into the effects of linker length on efficacy and Ga-subtype selectivity. C5 guano was found to have higher efficacy at all Ga-subtypes and no selectivity across subtypes (Fig. 8c). C6 guano on the other hand showed lower efficacy at all subtypes and, unlike established MOR controls, showed lower Gz efficacy (Fig. 8c). Both ligands showed lower efficacy at both  $\beta$ -arrestin subtypes compared to the parent template, fentanyl as well as DAMGO (Fig. 8c). Cryo-EM structures revealed that C5 guano was unable to form a strong salt bridge interaction with ASP<sup>2.50</sup>, being 4 Å away (Fig. 7d, e), whilst C6 guano formed a strong salt bridge being, 3 Å away from ASP<sup>2.50</sup> (Fig. 7g, h). This is suggestive that occupying the Na<sup>+</sup>site controls G-protein efficacy and Ga-subtype selectivity.

C6 guano displayed high selectivity for specific receptor binding (against DOR, KOR, alpha1A and alpha2A) and for functional assays (against DOR, KOR). C6 guano showed analgesia against multiple pain models, for example neuropathic pain, chronic injury and inflammatory pain. C6 guano has no respiratory depression, unlike morphine, and shows no aversion effects. C6 guano results in no hyperlocomotion when exposed by 300 nmol dose, whereas morphine does initiate from 100 nmol. As we will discuss in the following section, this novel bitopic ligand was able to distinguish not only G protein over  $\beta$ -arrestin1/2, but also displayed a degree of efficacy-based differences when screened at the full range of Ga subtypes.

#### 5. G protein Ga subtype selectivity

#### 5.1. Evidence for Ga subtypes modulating different effects in vivo

An interesting new hypothesis in the opioid field, and indeed at multiple other class A GPCRs, is the idea that selectivity for different Ga subtypes may lead to different effects in vivo and in the case of MOR and KOR could be a new avenue for the development of safer analgesics. MOR, in addition to  $Ga_{i1}$  and  $Ga_{i2}$  (most drugs are screened at these two subtypes) can also couple to  $Ga_{i3}$ ,  $Ga_{oS}$ ,  $Ga_{oB}$  and  $Ga_z$  KOR can couple to these isoforms as well as  $Ga_{gustducin}$ . The predominant isoforms in brain are  $Ga_o$  and  $Ga_z$  [112–114]. There is some evidence that different Ga subtypes may mediate different effects in vivo; when Ga subtypes were decreased individually by the introduction of antisense oligonucleotides in mice, the analgesic effects of endomorphin-1 and endomorphin-2were most affected by a reduction in  $Ga_{i1}$  and  $Ga_{i3}$ , whilst decrease of  $Ga_{i2}$  affected the analgesia induced by DAMGO, morphine and endomorphin-1 [115], [116]. In the same study,  $Ga_z$  knockout affected analgesia from all agonists studied whilst  $Ga_{oA/B}$  affected none. Further studies have also shown that different Ga subtypes are important in the supraspinal analgesia brought about by several opioid agonists [117], it has also been

suggested that spinal and supraspinal analgesia given by the same ligand may be mediated by different Ga subtypes [118]. Subtype Ga<sub>z</sub> has been studied by multiple groups; deletion of Ga<sub>z</sub> in mice has been shown to lead to a reduction in morphine analgesia [119], as well as a development of a greater degree of tolerance compared to morphine with a faster onset of action and decreased lethality [120], [121]. Ga<sub>oA/B</sub> has also been found to be important in analgesia, as a reduction in mice led to decreased supraspinal antinociception in response to morphine, methadone and nalbuphine [122]. These studies focused on analgesia and tolerance, it would be interesting to explore how individual Ga subtypes may play a role in other MOR side effects such as constipation, euphoria and perhaps most importantly, respiratory depression. There is also very little in vivo data on the role of Ga subtypes at KOR as many of these focus on MOR agonists. In addition to work on opioids, Ga subtype selectivity at the adenosine A1 receptor has been explored, the ligand BnOCPA was determined to have high selectivity for Ga<sub>oB</sub> and subsequent analgesia without harmful side effects such as bradycardia and cardiorespiratory depression [123].

#### 5.2. Agonists that activate opioid receptors with Ga subtype selectivity

The study of activation of different Ga subtypes has been made possible by the TRUPATH BRET platform [124] which is now widely used. The ability to test this range has highlighted that many previously characterized drugs do display different efficacy and potency for the range of Ga subtypes. Lower efficacy agonists in particular seem to give a wider range of potency and efficacy for different Ga subtypes [24], [65], [125], presumably due to differences in receptor reserve and efficacy being more evident with partial agonists, particularly when overexpression systems are used.

Novel agonist and mitragynine metabolite 7-OH [90], [126] has been shown to signal at MOR through Ga subtypes with a varying degree of efficacy. 7-OH showed highest efficacy for signaling through Ga<sub>z</sub> and Ga<sub>oA</sub> with very little efficacy for activation of Ga<sub>i1</sub> and Ga<sub>i2</sub>. When tested in vivo, 7-OH displayed respiratory depression similar to morphine, hyperlocomotion and CPP [24]. The novel bitopic ligand C6 guano (discussed more extensively above) was shown at MOR to display higher efficacy for Ga<sub>i1</sub> and Ga<sub>i2</sub>, in vivo this compound gave antinociception without hyperlocomotion, respiratory depression or CPP/CPA [24].

At KOR, agonists U50,488, nalfurafine, salvinorin A and WMS-X600 all display highest potency at  $Ga_z$  [84], [125]. Pentazocine has been shown to be a partial agonist at  $Ga_{i1}$  and a full agonist through  $Ga_z$ , similarly, MOR antagonist naltrexone exhibits very low partial agonism at  $Ga_{i1}$  at KOR but is able to achieve 60% of U50,488 efficacy when signalling through  $Ga_z$  [125].

#### 5.3. How does one receptor activate Ga subtypes differentially?

The question arises, how is this differential potency and efficacy achieved by agonists signalling through different Ga subtypes at the same receptor? The structural mechanism for this has been explored using cryo-EM structures of KOR in complex with  $Ga_{i1}$ ,  $Ga_{oA}$ ,  $Ga_z$  and  $Ga_{gustducin}$ , bound by two different ligands, which display similar efficacy but varying potency for the Ga subtypes [127] (Fig. 9a–d). The interaction site between KOR

and G proteins is made up of the intracellular side of KOR and the  $\alpha$ N and  $\alpha$ 5 helices of the Ga subunit. G $\alpha_{oA}$  interacted with KOR primarily through the  $\alpha$ 5 helix whilst G $\alpha_{i1}$ , G $\alpha_{oA}$ , and G $\alpha_{gustducin}$  interacted via both  $\alpha$ 5 and  $\alpha$ N, and different positioning of the  $\alpha$ N helix was observed (Fig. 9e, f). Residue ARG156<sup>3.50</sup> was highlighted as a key residue for the interaction of KOR and G protein, this residue appeared to be most important for the interaction with G $\alpha_{gustducin}$ . Another residue that is involved in the interaction between KOR and Ga is ASN336<sup>8.49</sup> (a helix 8 KOR residue that interacts with  $\alpha$ 5), which, when mutated to alanine leads to a small rightward shift in potency for G $\alpha_{i1}$ , G $\alpha_{oA}$ , and G $\alpha_z$  alongside an abolishment in the coupling of G $\alpha_{gustducin}$ .

#### 5.4. Calculating bias factors from previously published TRUPATH BRET data

For this review, we used previously published concentration-response curves for a range of agonists, where TRUPATH BRET was used to investigate Ga subtypes at MOR, and we calculated bias factors. Data was first re-fit to the Black-Leff operational model [128] to generate  $\log(\tau/K_A)$ , also known as the transduction ratio. Bias factors were then calculated using DAMGO as a standard agonist (as it activates Ga subtypes through MOR with similar potency), this generated  $\log(\tau/K_A)$ , all other Ga subtypes were then compared to the activation of MOR through Ga<sub>i1</sub> to generate  $\log(\tau/K_A)$ . This method used for calculating bias is previously published [18], [61], [129], [130].

Interestingly, of the range of agonists we tested, all appeared to have some degree of bias for one or more of the Ga subtypes compared to  $Ga_{11}$  and relative to DAMGO. Morphine, a prototypical morphinan agonist showed bias for Ga subtypes  $Ga_{oA}$  and  $Ga_z$  (Fig. 10a). Carfentanil, which was previously shown to be biased for  $\beta$ -arrestin2 [61], also displayed bias for GaoA relative to DAMGO and compared to Gail (Fig. 10b). We investigated two endogenous peptides, leu-enkephalin and beta-endorphin, leu-enkephalin displayed bias for  $Ga_{oB}$ ,  $Ga_{oA}$  and  $Ga_{z}$  (Fig. 10c) whilst beta-endorphin displayed bias for  $G_{z}$  (Fig. 10d). We also carried out these calculations for two low efficacy agonists, PZM21 and TRV130, which are reputed to display G protein bias over  $\beta$ -arrestin (though this finding has been contested). PZM21 appears to have bias for  $Ga_{i2}$ ,  $Ga_{oB}$  and  $Ga_z$  over  $Ga_{i1}$  (Fig. 10e) whilst TRV130 has bias for Ga<sub>12</sub> and, of all the agonists studied here, displayed the largest bias for Ga<sub>oB</sub>, Ga<sub>oA</sub> and Ga<sub>z</sub> (Fig. 10f). This was of particular interest as these putative G protein biased agonists have been tested thoroughly against Gai subtypes, with far less exploration of  $Ga_0$  and  $Ga_z$  effects. These findings highlight the ability of different, structurally distinct agonists, with differing efficacies, to display bias between Ga subtypes (compared to  $Ga_{il}$ ) and relative to DAMGO). The paradigm of G protein vs  $\beta$ -arrestin is far more complex than initially thought, and these calculations highlight that the full array of Ga subtypes should be considered when a new agonist is introduced.

#### 6. Future directions and conclusions

Here we have discussed new advances in the field of opioid pharmacology, with a focus on bias and efficacy.

There is growing evidence that G protein bias at MOR may not be as therapeutically revolutionary as first thought [10–12], and instead low efficacy for both the G protein and

 $\beta$ -arrestin pathway may be required for safer analgesia when activating MOR [13]. Indeed, many low efficacy MOR agonists have been shown to have favorable effect profiles in vivo [18], [21], [24], [65]. Novel approaches to achieve MOR partial agonism have also been investigated, including engagement of the sodium binding site using bitopic ligands, by which addition of a guanidine linker to potent, widely abused, fentanyl turns it into a partial agonist that displays no respiratory depression or CPP [24]. However, there is evidence that this window for efficacy that provides analgesia without negative side effects may be narrow and efficacy measurements for partial agonists must therefore be thoroughly tested with multiple assays [21], [22]. KOR also presents a possible avenue for designing new safer analgesics, there is still evidence at KOR that bias for the G protein pathway over  $\beta$ -arrestin may lead to analgesia with reduced side effects [40–42], [84].

Perhaps the most interesting new area to be explored recently is Ga subtype specificity, both MOR and KOR activation can lead to signalling through multiple Ga subtypes, at MOR there is evidence that different side effects could be mediated by different Ga subtypes [115–122], though this is not fully elucidated and warrants further investigation. In this review we investigated existing data detailing activation of MOR through the Ga subtype range and we calculated bias between Ga subtypes. Our calculations indicate that several MOR agonists may be displaying previously unknown Ga subtype bias, which brings a new level of complexity to the G protein vs  $\beta$ -arrestin paradigm, and we theorize that, selectivity between individual Ga subtypes may be a new area worth exploring. The evidence that putative G protein biased agonists TRV130 and PZM21 may be signalling with very different potency at different Ga subtypes perhaps adds some clarity on why different groups often find very varied signalling patterns and bias from these agonists, especially when some groups have used assays where specific Ga subtypes (usually Ga<sub>i1</sub> or Ga<sub>i2</sub>) are measured, whilst other groups use downstream assays such as inhibition of cAMP, where the endogenously expressed Ga subtypes are all included.

It is interesting to note that pain is a complex condition; pain can occur acutely, or chronically (lasting more than 3 months) and pain can originate from different sources, for instance neuropathic pain which originates from neural tissue, cancer pain or post-surgical pain [131]. Opioids are often used in many pain situations such as fentanyls used in the clinic for short-acting relief of acute pain [50], or the prescription of opioids for chronic pain, which is considered to be the route of the opioid epidemic in the U.S. Side effects of respiratory depression and euphoria occur rapidly, whilst tolerance and dependence can develop over time [132], and there is evidence that these effects are not all mediated by the same pathway [10-12]. It is therefore important to use these novel approaches to determine new opioid analgesics to decrease the side effect profile in both the context of acute and chronic pain. It is also possible that there may not be a "one fit for all" analgesic that is efficacious in the treatment of all types of pain, it is key to test analgesics in multiple models of acute nociception and chronic pain and there is also merit in developing analgesics for very specific pain contexts. Modulating opioid receptor activation through different Ga subtypes may be a viable method for the generation of analgesics for specific pain contexts as there is evidence that different Ga subtypes are key in the analgesia brought about by existing opioid analgesics [115], [117], the question now is, are these Ga subtypes differentially involved in specific side effects of opioids or even types of pain?

Given the range of novel approaches discussed in this review, it does beg the question, which approach is best? Whilst the approaches do range, from G protein bias at KOR, bitopic ligands engaging the sodium allosteric site, partial agonists, Ga subtype specificity and targeting distinct receptor sub-pockets, there does appear to be a theme of low efficacy. Evidence points to an efficacy window whereby receptor activation of either MOR or KOR, can lead to analgesia with decreased side effects relative to agonists with higher efficacy [13], [18], [21], [24]. However, given the broadness of pain, as discussed above, it is possibly better to have multiple different approaches to this problem, and it may be the case that one approach could be highly efficacious for one pain context and less effective in another. The field is moving away from  $\beta$ -arrestin vs. G protein bias and towards a wide range of novel methods for safer opioid analgesics.

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#### Fig. 1.

Images of cryo-EM structures of MOR bound to (a) PZM21 and (b) analogue FH210. Key residues interacting with each ligand are highlighted and labelled. TMs have been labelled, TM7 is not shown, two water molecules are included in the FH210 structure. Images were made in ChimeraX from the cryo-EM structures obtained from the protein databank for PZM21 (PDB: 7SBF) and FH210 (PDB: 7SGC). (c) Chemical structures of PZM21 and its modified analog with a naphthyl substituted acryl amide, FH210.



#### Fig. 2.

Molecular structures of (a) fentanyl, (b) carfentanil and (c) lofentanil. (d) Image of the superimposed MOR bound fentanyl and lofentanil cryo-EM structures, displaying how the two analogues overlap in the binding site. ASP147<sup>3.32</sup> and TYR326<sup>7.43</sup> are shown and labelled, the TMs are labelled, the top of TM7 is removed for clarity. Images were made in ChimeraX from the cryo-EM structures obtained from the protein databank for MOR bound to fentanyl (PDB: 8EF5) and lofentanil (PDB: 7T2H).



#### Fig. 3.

Concentration-response curves of endogenous peptides (a) endomorphin-1, (b) leuenkephalin, (c) beta-endorphin and (d) dynorphin 1–17. Concentration-response curves were generated from MOR TRUPATH BRET and a MOR  $\beta$ -arrestin1/2 recruitment BRET assay. (e) Image of the superimposed poses of the cryo-EM structures of KOR bound to endogenous peptide dynorphin and small molecule MP1104, ribbons from the dynorphin bound KOR structure are shown, with residues E209<sup>ECL2</sup> and E297<sup>6.58</sup> highlighted and labelled. TMs are labelled, TM7 has been removed for clarity. Images were made in

ChimeraX from the cryo-EM structures obtained from the protein databank for dynorphin (PDB: 8F7W) and MP1104 (PDB: 6B73). Material from: Faouzi et al. [24].



#### Fig. 4.

(a) Image of TYR326<sup>7.43</sup> in the canonical and alternative conformation. (b) Plot showing the frequency of the intracellular TM7 rotation in MD simulations with MP, DAMGO and lofentanil (LFT).

Material from Qu et al. [65].



#### Fig. 5.

(a) Molecular structures of lofentanil, DAMGO and MP, moieties are colour coded to indicate central and sub-pocket binding. (b) Concentration-response curves of MOR activation by lofentanil, DAMGO and MP, data was generated using TRUPATH BRET and a  $\beta$ -arrestin1/2 BRET assay. (c) Cryo-EM map of MOR bound to MP and in complex with G $\alpha_{i1}\beta\gamma$  (PDB: 7T2G). (d) Cryo-EM map of MOR bound to lofentanil (LFT) in complex with G $\alpha_{i1}\beta\gamma$  stabilized by ScFv16 (PDB: 7T2H). (e) Image showing the side-view of the receptor with MP and LFT occupying the central pocket. (f) Image from the top-view of the receptor showing the overlay of MP and LFT and the occupancy of the two sub-pockets. Material from Qu et al. [65].



#### Fig. 6.

 $\beta$ -arrestin recruitment of (a) MP1104, (b) MP1202 and (c) MP1207/MP1208 measured using a TANGO assay and using human KOR, highlights the decreased  $\beta$ -arrestin recruitment of MP1207/MP1208. (d) Chemical modifications on MP1104 for development of biased analogues. (e) MP1202 ring C favors the boat conformation (green stick) at KOR and resides in a region between TM2-TM3, (f) MP1207 and (g) MP1208 ring C favors a chair conformation (brown stick) at KOR and resides in theTM5-ECL2 region. Material from Uprety et al. [18].



#### Fig. 7.

(a) Diagram detailing the design of bitopic ligands on the fentanyl backbone. (b) Diagram of the bitopic ligand occupying the orthosteric and allosteric pockets in MOR. (c) Cryo-EM structure of MOR bound to bitopic ligand C5 guano, in complex with Ga<sub>i1</sub> $\beta\gamma$  stabilised by ScFv16 (PDB: 7U2L) (d) C5 guano reaches the sodium binding site and (e) interacts with residues in the allosteric sodium binding site. (f) Cryo-EM structure of C6 guano bound to MOR, in complex with Ga<sub>i1</sub> $\beta\gamma$  stabilised by ScFv16 (PDB: 7U2K). (g) C6 guano is able to reach the sodium allosteric site and (h) is close to residues in this site. Material from: Faouzi et al. [24].



#### Fig. 8.

(a) Chemical modification on fentanyl for development of lead bitopic ligands. (b)  $\beta$ -arrestin1 and  $\beta$ -arrestin2 recruitment to MOR measured for 10  $\mu$ M agonist, using a BRET assay. (c) TRUPATH BRET concentration-response curves of G protein activation at MOR for fentanyl, C5 guano and C6 guano. Material from: Faouzi et al. [24].

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#### Fig. 9.

Images showing the cryo-EM structures of KOR in complex with (a)  $Ga_{i1}\beta\gamma$  (PDB: 8DzP), (b)  $a_{oA}\beta\gamma$  PDB: 8DZQ), (c)  $a_{z}\beta\gamma$  (PDB: 8DZQ) and (d)  $Ga_{gustducin}\beta\gamma$  (PDB: 8DZR). (e) Image of all four structures superimposed, showing only the receptor and Ga subunits, colour-coded. (f) All four Ga subunits superimposed, highlighting the different positioning of the GaN helix.

These structures and observations were first published in Han et al. [127].

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#### Fig. 10.

Graphs showing the  $log(\tau/K_A)$  values as calculated by fitting concentration-response curves obtained from Faouzi et al. [24] to the operational model and comparing first to DAMGO and then between Gail and the other Ga isoforms measured. Bias calculations were carried out for (a) morphine, (b) carfentanil, (c) leu-enkephalin, (d) beta-endorphin, (e) PZM21 and (f) TRV130. Error bars show the pooled SEM for the  $log(\tau/K_A)$  values. Statistical significance was determined using a one-way ANOVA with šídák post-test to compare between each pair as indicated by pairwise comparisons, (ns = no significance, \* p < 0.05; \*\*\* p < 0.0002; \*\*\*\* p < 0.0001.