

# A Fair Individualized Polysocial Risk Score for Identifying Increased Social Risk in Type 2 Diabetes

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## Article

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1 **A Fair Individualized Polysocial Risk Score for Identifying Increased Social Risk**  
2 **in Type 2 Diabetes**

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36 **Abstract (320 words)**

37 **Background:** Racial and ethnic minority groups and individuals facing social  
38 disadvantages, which often stem from their social determinants of health (SDoH), bear a  
39 disproportionate burden of type 2 diabetes (T2D) and its complications. It is crucial to  
40 implement effective social risk management strategies at the point of care.

41 **Objective:** To develop an electronic health records (EHR)-based machine learning (ML)  
42 analytical pipeline to address unmet social needs associated with hospitalization risk in  
43 patients with T2D.

44 **Methods:** We identified real-world patients with T2D from the EHR data from University  
45 of Florida (UF) Health Integrated Data Repository (IDR), incorporating both contextual  
46 SDoH (e.g., neighborhood deprivation) and individual-level SDoH (e.g., housing  
47 instability). The 2015-2020 data were used for training and validation and 2021-2022 data  
48 for independent testing. We developed a machine learning analytic pipeline, namely  
49 individualized polysocial risk score (iPsRS), to identify high social risk associated with  
50 hospitalizations in T2D patients, along with explainable AI (XAI) and fairness optimization.

51 **Results:** The study cohort included 10,192 real-world patients with T2D, with a mean  
52 age of 59 years and 58% female. Of the cohort, 50% were non-Hispanic White, 39%  
53 were non-Hispanic Black, 6% were Hispanic, and 5% were other races/ethnicities. Our  
54 iPsRS, including both contextual and individual-level SDoH as input factors, achieved a  
55 C statistic of 0.72 in predicting 1-year hospitalization after fairness optimization across  
56 racial and ethnic groups. The iPsRS showed excellent utility for capturing individuals at  
57 high hospitalization risk because of SDoH, that is, the actual 1-year hospitalization rate in

58 the top 5% of iPsRS was 28.1%, ~13 times as high as the bottom decile (2.2% for 1-year  
59 hospitalization rate).

60 **Conclusion:** Our ML pipeline iPsRS can fairly and accurately screen for patients who  
61 have increased social risk leading to hospitalization in real world patients with T2D.

62 **Introduction**

63 Diabetes affects 529 million people worldwide and the number is projected to more than  
64 double in the next three decades, reaching 1.3 billion by 2050.<sup>1</sup> Over 90% of diabetes  
65 cases are type 2 diabetes (T2D).<sup>2</sup> Existing research has shown that social determinants  
66 of health (SDoH)—“*the conditions in the environments where people are born, live, learn,*  
67 *work, play, worship, and age,*”<sup>3,4</sup> such as education, income, and access to healthy food,  
68 play a critical role affecting a wide range of health outcomes, including the development  
69 and prognosis of T2D.<sup>5–7</sup> Moreover, health disparities in T2D have been widely  
70 documented over the past decades.<sup>8–10</sup> Racial and ethnic minority groups and individuals  
71 experiencing social disadvantages—often rooted in their SDoH—bear a disproportionate  
72 burden of T2D and its complications.<sup>11–13</sup> As such, diabetes is a public crisis that must  
73 be managed with sensitivity to patients’ unmet social needs to improve T2D outcomes  
74 and health equity.

75

76 The US health care system has begun embracing the need to address patients’ social  
77 needs, including screening for SDoH at the point of care. For example, the Centers for  
78 Medicare & Medicaid Services (CMS) have made proposals to require SDoH screening  
79 (e.g., housing stability, food insecurity, and access to transportation) in annual beneficiary  
80 health risk assessments. Despite this push, only 16%-24% of clinics and hospitals  
81 provide SDoH screening,<sup>15</sup> and the actual utilization rate is very low.<sup>16</sup> In a national  
82 network of community health centers, only 2% of patients were screened for SDoH, and  
83 most had only one SDoH documented.<sup>17</sup> The reasons for the extremely low rate of SDoH  
84 screening are multiple.<sup>18</sup> First, existing screening tools are not automated, making them

85 difficult to adapt to clinical workflows.<sup>19,20</sup> In addition, almost all tools were developed for  
86 universal screening but were not validated to predict specific conditions and outcomes  
87 such as diabetes.<sup>21–23</sup> Furthermore, screening for individual SDoH items at the point of  
88 care is not only inefficient, increasing the provider documentation burden, but also  
89 inadequate given the known complex interplay among the SDoH.<sup>24–27</sup> *Figueroa et al.*  
90 called for using a Polysocial Risk Score (PsRS) approach,<sup>28</sup> yet existing PsRS studies  
91 include only individual-level SDoH examined in small cohort studies with limited  
92 generalizability.<sup>29–31</sup> It is essential to consider *both* contextual (e.g., neighborhood  
93 deprivation) and individual-level SDoH (e.g., if the individual has instable housing) in one  
94 model given their known *interactions*, especially for T2D, as shown by us and  
95 others.<sup>24,25,27,32</sup>

96  
97 The increasing availability of real-world data (RWD)<sup>33,34</sup>—such as electronic health  
98 records (EHRs) and administrative claims —and the rapid advancement of artificial  
99 intelligence (AI), especially machine learning (ML) techniques to analyze RWD, provides  
100 an opportunity to develop novel personalized tools and generate real-world evidence for  
101 improving not only health outcomes but also health equity by addressing contextual-level  
102 and individual-level SDoH. However, key data and methodologic barriers exist. For  
103 example, RWD lack integration with contextual or individual-level SDoH data. Moreover,  
104 most studies that used ML models for clinical applications<sup>35</sup> did not carefully consider the  
105 inherent biases in observational RWD, such as data bias where patients of low  
106 socioeconomic status may not be well-represented in EHRs due to their limited access to  
107 healthcare.<sup>36</sup> A ML model naively trained on such RWD may deliver unfair outputs for



108 racial-ethnic minority groups and socioeconomically disadvantaged individuals<sup>36</sup>, leading  
109 to increased health disparities and inequity. Moreover, the black box nature of ML models  
110 limits their adoption in clinical and health care applications; and explainable AI (XAI)  
111 techniques play a significant role in bridging the gap between complex ML models and  
112 human understanding.<sup>37–39</sup> Shapley Additive exPlanations (SHAP)<sup>40</sup> is an increasingly  
113 used, simple tool for teasing out the contribution of individual factors to a predictive model,  
114 nevertheless, it has a limited ability to explain how factors collectively affect an outcome,  
115 given the complex interactions among factors, such as complex interplay among  
116 individual-level and contextual-level SDoH. Causal structure learning methods such as  
117 the classic PC algorithm<sup>41</sup> can learn causal relationships among the factors in the format  
118 of a directed acyclic graph (DAG) from observational data, and reveal how these risk  
119 factors interact to influence outcomes, offering valuable insights into the underlying  
120 processes that drive the predictions.

121  
122 Therefore, in this study, we aimed to develop an EHR-based ML pipeline, namely iPsRS,  
123 for determining if increased social risk can predict hospitalization in T2D, with in-depth  
124 consideration of model fairness and explainability. Specifically, we used RWD from the  
125 University of Florida Health (UF Health) EHRs and incorporated both individual-level and  
126 contextual-level SDoH for the iPsRS development, optimized its fairness across racial-  
127 ethnic groups, and identified key causal factors that can be targeted for interventions.  
128 With these algorithms, our long-term goal is to develop an EHR-based individualized  
129 social risk management platform that can integrate social risk management into clinical  
130 care, leading to a necessary paradigm shift in US healthcare delivery.

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**Methods**

***Study design and population***

We conducted a retrospective cohort study using 2015-2021 EHR data from the UF Health Integrated Data Repository (IDR), an enterprise data warehouse integrating different patient information systems across the UF Health system. UF Health provides care to more than 1 million patients with over 3 million inpatient and outpatient visits each year with hospitals in Gainesville (Alachua County), Jacksonville (Duval County), and satellite clinics in other Florida counties. In the current study, we included patients who were (1) aged 18 and older, (2) had a T2D diagnosis, identified as having at least one inpatient or outpatient T2D diagnosis (using ICD-9 codes 250.x0 or 250.x2, or ICD-10 code E11) and  $\geq 1$  glucose-lowering drug prescription in (a case finding algorithm previously validated in EHRs with a positive predictive value [PPV]  $>94\%$ )<sup>42</sup>, and (3) had at least one encounter during both baseline period and the follow up year. The index date was defined as the first recorded T2D diagnosis in the UF Health IDR data. We traced back 3 years prior to the index date as the baseline period to collect predictor information and followed up for 1 year to collect outcome (i.e., hospitalization) information (**Figure 1**).

***Study outcome***

The study outcome was all-cause hospitalization within 1 year after the index date, identified using the first occurrence of an inpatient encounter during the follow-up year (**Figure 1**).

154 **Covariates**

155 *Demographics and clinical characteristics*

156 We collected patient demographic (age, sex, and race-ethnicity) and clinical information  
157 (comorbidities, co-medications, lab values and clinical observations) for the baseline  
158 period. Race-ethnicity included four categories, including non-Hispanic White (NHW),  
159 non-Hispanic Black (NHB), Hispanic, and 5% were other races/ethnicities. The zip codes  
160 of patient residences were collected during the baseline period for contextual-level SDoH  
161 linkage.

162

163 *Individual-level SDoH via natural language processing*

164 We employed a natural language processing <sup>43,44</sup> pipeline that was developed by our  
165 group <sup>45</sup> to extract individual-level SDoH information from clinical notes in the baseline  
166 period, including education level (i.e., college or above, high school or lower, and  
167 unknown), employment (i.e., employed, unemployed, retired or disabled, and unknown),  
168 financial constraints (i.e., has financial constraints and unknown), housing stability (i.e.,  
169 homeless or shelter, stable housing, and unknown), food security (i.e., having food  
170 insecurity and unknown), marital status (i.e., single, married or has partner, widow or  
171 divorced, and unknown), smoking status (i.e., ever smokers, never, and unknown),  
172 alcohol use (i.e., yes, no, and unknown), and drug abuse (i.e., yes, no and unknown). We  
173 also obtained insurance information (i.e., private insurance, Medicare, Medicaid, No-pay,  
174 unknown and others) from structured data.

175

176 *Contextual-level SDoH through spatiotemporal linkage with the external exposome data*

177 To obtain the contextual-level SDoH, we extracted the built and social environment  
178 measures (n=114 variables) including information on food access, walkability, vacant land,  
179 neighborhood disadvantage, social capital, and crime and safety, from six well-validated  
180 sources with different spatiotemporal scales (**Supplement Table S1**) built upon our prior  
181 work.<sup>46,47</sup> We spatiotemporally linked these measures to each patient based on their  
182 baseline residential address (i.e., patients' 9-digit zip codes). Area-weighted averages  
183 were first calculated using a 250-mile buffer around the centroid of each 9-digit ZIP code.  
184 Time-weighted averages were then calculated, accounting for each individual's  
185 residential address.

186

#### 187 **Development of ML pipeline for iPsRS**

188 **Figure 2** shows our overall analytics pipeline. First, we imputed missing data and then  
189 adopted balance processing techniques (Step 1. Preprocessing). After that, we trained  
190 a set of machine learning models by using grid search cross-validation to identify the best  
191 hyperparameters (Step 2. ML Modeling). Next, we evaluated the model prediction  
192 performance (Step 3. Performance Assessment) and utilized XAI and causal structure  
193 learning techniques to identify important causal SDoH contributing to the hospitalization  
194 outcome (Step 4. Explanation). Finally, we assessed the algorithmic fairness (Step 5.  
195 Fairness Assessment) and implemented a range of fairness mitigation algorithms to  
196 address the identified bias (Step 6. Fairness Mitigation).

197

198 *Data preprocessing*

199 We imputed missing values using the “unknown” label for categorical variables and the  
200 mean for continuous variables. Next, we proceeded to create dummy variables for the  
201 categorical variables and applied min-max normalization to the continuous variables.

202

### 203 *Machine learning model development for iPsRS*

204 We developed the iPsRS model for predicting hospitalizations in patients with T2D using  
205 three sets of input features: (1) individual-level SDoH only, (2) contextual-level SDoH only,  
206 and (3) individual- and contextual-level SDoH combined. Two classes of commonly used  
207 ML approaches, linear and tree-based models, were employed. For the linear models,  
208 we included a range of hyperparameters and penalty functions that can be utilized in  
209 constructing different models, including logistic regression<sup>48</sup>, lasso regression<sup>49</sup>, ridge  
210 regression<sup>50</sup>, and ElasticNet<sup>51</sup>. For the tree-based models, we selected Extreme Gradient  
211 Boosting (XGBoost), which is widely recognized as one of the best-in-class algorithms for  
212 decision-tree-based models and has shown remarkable prediction performance in a wide  
213 range of studies<sup>52–57</sup>. Following ML best practices, the study data set was split into a  
214 modeling set that includes 2015 to 2020 data, and an independent testing set that covers  
215 data in 2021. In the modeling set, we further split the samples into training, validation,  
216 and testing sets with a ratio of 7:1:2. A five-fold cross-validation grid search was executed  
217 on the training set to optimize the model parameters, and early stopping was adopted  
218 and performed on the validation set to avoid overfitting. We employed random over-  
219 sampling (ROS), random under-sampling (RUS), and under-sampling by matching on  
220 Charlson Comorbidity Index (CCI) to address data imbalance before model training. The

221 performance of each model was evaluated by area under the receiver operating  
222 characteristic curve (AUROC), F1 score, precision, recall, and specificity.  
223 We acquired and assigned a hospitalization risk score using the iPsRS for each patient.  
224 We then divided the ranked risk scores into 11 risk groups (top 1-5<sup>th</sup> percentile, top 6-10<sup>th</sup>  
225 percentile, and following deciles), enabling us to examine the one-year hospitalization  
226 rate by risk group.<sup>58</sup>

227

### 228 *Explainable AI and causal estimates*

229 We first utilized SHAP<sup>40</sup> – a commonly used XAI technique – to identify important SDoH  
230 features contributing to iPsRS predicting hospitalizations in T2D patients. Further, we  
231 used a causal structure learning model – the Mixed Graphical Models with PC-Stable  
232 (MGM-PC-Stable)<sup>41,59–61</sup> – to learn causal structures in directed acyclic graph (DAG)  
233 format explaining the potential causal relationships on how collectively the identified  
234 important SDoH features impact the hospitalization outcome in T2D patients.

235

### 236 *Algorithmic fairness optimization*

237 To assess the model fairness of iPsRS, we adopted seven popular algorithmic fairness  
238 metrics,<sup>36,62</sup> including predictive parity, predictive equality (false positive rate [FPR]  
239 balance), equalized odds, conditional use accuracy equality, treatment equality, equality  
240 of opportunity (false negative rate [FNR] balance), and overall accuracy equality, detailed  
241 in **Supplement S1**. We primarily focused on balancing the FNR (those whom the model  
242 deemed low risk but indeed are at high risk) across racial-ethnic groups, particularly NHB  
243 and Hispanic vs. NHW, because hospitalization is an adverse health outcome. In terms

244 of fairness, we wanted to ensure iPsRS did not have higher FNR in the disadvantaged  
245 groups (i.e., Hispanic and NHB groups) compared to the reference group (i.e., NHW). As  
246 there is no universally accepted cut-off value of fairness, we considered the parity  
247 measure of 0.80-1.25 as statistically fair and highlighted values outside this range.<sup>63</sup>

248

249 Decreasing the FNR of iPsRS means minimizing the false negative errors (i.e., those  
250 whom the model deemed low risk but indeed are at high risk) in the early detection of  
251 social risks that can lead to hospitalization. We then employed different bias mitigation  
252 techniques to optimize the algorithmic fairness of iPsRS, including pre-process (Disparate  
253 Impact Remover<sup>64</sup> [DIR]), in-process (Adversarial Debiasing<sup>65</sup> [ADB]), and post-process  
254 (Calibrated Equalized Odds Postprocessing<sup>66</sup> [CEP]) approaches. We goal was to  
255 identify the final model with a good balance between prediction utility and fairness.

256

257 Python version 3.7 with the Python libraries Sciki-learn<sup>67</sup>, Imbalanced-learn<sup>68</sup>, and  
258 statsmodels<sup>69</sup> were used for data processing, modeling, and result analysis tasks, AI  
259 Fairness 360<sup>70</sup> for model fairness mitigation tasks, and Tetrad<sup>71</sup> for causal structure  
260 learning.

261

## 262 **Results**

### 263 **Descriptive statistics of the study cohort**

264 Our final analysis comprised 10,192 eligible T2D patients in the cohort. **Table 1** highlights  
265 the demographics, individual-level SDoH, and key contextual-level SDoH of the study  
266 population by race-ethnicity. The mean age was 58 ( $\pm$  13) years, and 58% were women.

267 Of the cohort, 50% were NHW, 39% were NHB, 6% were Hispanic, and 5% were other  
268 races/ethnicities; 41% were enrolled in Medicare, 15% in Medicaid, 31% in private  
269 insurance, and 5.7% were uninsured. Compared with NHW patients, NHB patients were  
270 younger (54.6 vs. 58.5 years,  $p < 0.01$ ) and more likely to be covered by Medicaid (41%  
271 vs. 28%,  $p < 0.01$ ). We identified that 20.8% of patients were single, 58.5% were married  
272 or in a relationship, and 20.1% were widowed or divorced. Crime rates were lower in  
273 neighborhoods predominantly NHW than neighborhoods with higher diversity.

274

### 275 **iPsRS prediction model of hospitalizations in T2D patients.**

276 The best-performing models generated by XGBoost and ridge regression with three  
277 different sets of SDoH (individual-level SDoH only, contextual-level SDoH only and both  
278 combined) are shown in **Figure 3**. The models including individual-level SDoH only had  
279 reasonably good prediction utility (AUC 0.70-0.71) and adding contextual-level SDoH  
280 modestly improved the model performance (AUC 0.72), while contextual-level SDoH by  
281 themselves had suboptimal predicting performance (AUC 0.60-0.62).

282

283 In the independent testing set (the 2021 data), we calculated the one-year hospitalization  
284 rates by decile of the XGBoost-generated iPsRS, showing an excellent utility for capturing  
285 individuals at high hospitalization risk due to SDoH (i.e., one-year hospitalization risk in  
286 the top 5% of iPsRS was 28.1%, ~13 times higher than the bottom decile, **Figure 4**). In  
287 a multiple logistic regression model, after adjusting for patients' demographics and clinical  
288 characteristics, iPsRS explained 33.8% of the risk of 1-year hospitalization, per decile



289 increase of the iPsRS, the hospitalization risk increased by 22% (adjusted odds ratio=1.22,  
290 95%CI 1.15-1.29).

291

292 **Explainable AI to identify important SDoH contributing to iPsRS predicting**  
293 **hospitalization in T2D patients**

294 XGBoost (**Figure 5**) and Ridge model (**Supplement S1**) identified similar important  
295 features ranked by SHAP values. Housing stability status emerged as the most predictive  
296 feature in both models, followed by insurance type, share of tract population that are  
297 seniors beyond ½ mile from supermarket (food desert areas), and smoking status.

298

299 **Figure 6** displays our exploratory analysis with causal structure learning, applying MGM-  
300 PC-Stable method to build the causal DAGs of the key SDoH (i.e., 18 unique SDoH  
301 features by combining the top-15 features from both the XGBoost and ridge regression  
302 models), resulting in a causal graph with 19 nodes (i.e., 18 SDoH and the outcome) and  
303 36 directed edges. We identified that the aggravated assault rate in the communities  
304 where patients live is closely, causally related to the hospitalization outcome (i.e., with  
305 having a direct causal connection to hospitalization in the DAG). Furthermore, the  
306 community's rate of aggravated assault can be viewed as a common cause of both  
307 housing stability and hospitalization, forming a fork structure where housing stability and  
308 hospitalization are dependent and correlated but conditionally independent given the  
309 aggravated assault rate. This finding aligns with the insights derived from SHAP values  
310 obtained from both XGBoost and rigid learner models, which suggests that an individual-  
311 level SDoH, housing stability, plays a significant role in T2D hospitalization, but this

312 influence is conditioned by the contextual-level SDoH, specifically the rate of aggravated  
313 assault in our case.

314

### 315 **Fairness assessment and mitigation**

316 **Figure 7** displays the FNR curves across the racial-ethnic groups, where XGBoost  
317 (**Figure 7-a**) appears to be fairer than the linear model (**Figure 7-b**). The linear model  
318 shows a greater NHB and Hispanic groups than NHW (**Table 2**), suggesting the model is  
319 biased against NHB and Hispanic groups compared to NHW. The overall assessment of  
320 all seven-fairness metrics can be found in **Supplement (Table S4)**.

321 **Figure 8** shows the improvement status of fairness of the ridge model after employing  
322 the different bias mitigation techniques. Overall, DIR demonstrated an excellent balancing  
323 prediction utility (AUCROC=0.71 vs. 0.72 of the original model) and fairness (FNR ratio  
324 decreased from xx to 1.07) between the NHB vs. NHW.

325

### 326 **Discussion**

327 In this project, we developed a fair, explainable ML pipeline, namely iPSRS, for identifying  
328 how social risk impacts hospitalizations in patients with T2D. We used UF Health EHR  
329 data, including 10,192 real-world patients with T2D, and incorporated both individual-level  
330 and contextual-level SDoH. Our results demonstrated that iPSRS is a promising tool for  
331 accurately and fairly detecting patients with a higher social risk for poor outcomes,  
332 providing explainable information on focal targets for future interventions.

333

334 Addressing patients' unmet social needs in health care settings is a complex task due to  
335 1) the insufficient SDoH records in EHRs (e.g., lack of use of Z codes for SDoH-  
336 associated diagnosis,<sup>72</sup> and extremely low utilization of existing SDoH screening surveys  
337 embedded in EHRs<sup>17</sup>), 2) the concerns about the extra burden on providers<sup>11,73,74</sup> and  
338 potential harms on patients<sup>20,22,23,75</sup>, 3) the potential data bias associated with SDoH that  
339 exists within subpopulations (e.g., racial and ethnic minority groups<sup>12</sup>), and 4) the  
340 observational nature of real-world EHR data (e.g., confounding and selection bias).<sup>76</sup>  
341 Our EHR-based iPsRS pipeline was carefully designed to overcome the abovementioned  
342 limitations. For example, our iPsRS considers both contextual SDoH (by spatiotemporally  
343 linking patients' EHR with the external exposome data using residential histories<sup>32</sup>) and  
344 individual-level SDoH (via extracting from clinical notes using our established NLP  
345 pipeline<sup>45</sup>). Our analyses suggested that adding contextual SDoH improved the  
346 prediction of hospitalization risk in T2D compared to the individual-level SDoH-only  
347 prediction. In addition, we employed ML approaches in EHR data to develop the iPsRS  
348 that can be embedded in EHR systems and automated for applications to minimize the  
349 extra burden of health care providers. Moreover, our model is designed to generate an  
350 initial iPsRS based on historical EHR data at the beginning of a medical encounter to  
351 guide targeted, in-person conversations between the patient and provider to collect  
352 additional SDoH information and update the iPsRS as needed, which has been carefully  
353 considered for its integration into existing clinical workflow to avoid potential harms to  
354 patients imposed by survey-type SDoH screenings and to promote patient-provider  
355 shared decision making on addressing patients' unmet social needs.<sup>20,22,23,75</sup>

356

357 With applications of multiple XAI and causal learning techniques. e.g., SHAP<sup>40</sup> values to  
358 identify key predictors and causal structure learning<sup>41,59-61</sup> to identify causal pathways,  
359 our iPsRS is able to generate interpretable outputs and has shown its ability to identify  
360 potential focal targets for intervention and policy programs to address patients' unmet  
361 social needs essential to their health outcomes. Specifically, our SHAP value and causal  
362 structure learning model consistently identified housing instability as one of the key,  
363 modifiable factors contributing to the increased risk of hospitalization in patients with T2D.  
364 These results demonstrate a real-world use case of our iPsRS that can be used to identify  
365 SDoH-based interventions tailored to individual patients' needs.

366

367 Another strength of our study is that we assessed the algorithmic fairness of the iPsRS  
368 and mitigated the identified bias to ensure equitable prediction across racial/ethnic groups  
369 and other sensitive attributes (i.e., sex). After fairness assessment, we identified that the  
370 ridge regression model is biased against racial and ethnic minority groups. Its prediction  
371 produced a higher FNR for both NHB and Hispanic groups compared to the NHW group,  
372 that is, NHB and Hispanic individuals who were truly at high risk of hospitalizations are  
373 more likely to be misclassified as low risk, thus more likely to miss the subsequent  
374 intervention opportunities. We applied pre-processing (DIR), in-processing (ADB), and  
375 post-processing (CEP) methods to comprehensively evaluate the effect approach to  
376 optimize iPsRS fairness. In our final model, after applying the DIR approach for bias  
377 mitigation, the iPsRS achieved an excellent prediction utility-fairness balance. That is, the  
378 AUROC was comparable (0.71 vs. 0.72 of the original model), and equal opportunity of

379 FNR between the NHB and NHW much improved (e.g., FNR ratio decreased from 1.44  
380 to 1.07).

381  
382 We consider our PsRS pipeline has important clinical implications. Our model showed an  
383 excellent utility for capturing individuals at high hospitalization risk due to SDoH (i.e., one-  
384 year hospitalization risk in the top 5% of iPsRS was 28.1%, approximately 13 times higher  
385 than the bottom decile). Our iPsRS explained 33.8% of the risk of 1-year hospitalization  
386 after adjusting for patients' demographics and clinical characteristics, suggesting that  
387 33.8% of increased hospitalization risk in T2D can be attributed to patients' unmet social  
388 needs, and factors outside patients' clinical profile. The current US health care system  
389 faces critical barriers to addressing patients' social risks essential to health.<sup>77</sup> Existing  
390 SDoH screening tools and interventions have limited efficiency and effectiveness for  
391 improving health outcomes and health equity as most of them are not tailored to address  
392 specific conditions and outcomes (e.g., T2D), and there is insufficient evidence on  
393 effective SDoH interventions, leading to a dearth of actionable knowledge (e.g., *which*  
394 *SDoH should be addressed and prioritized among which individuals and their effects on*  
395 *T2D outcomes and disparities*). RWD and AI/ML offer the opportunity to develop  
396 innovative, digital approaches to integrate social risk management into T2D care and  
397 promote a learning health community. In this project, we addressed critical methodologic  
398 barriers, including shortcomings in existing RWD infrastructure for studying SDoH, and  
399 the need for an iPsRS approach for accurate, efficient, fair, and explainable social risk  
400 screening. With these algorithms, our next step is to co-design with diverse stakeholders  
401 an EHR-based individualized social risk management platform that can integrate social

402 risk management into clinical care, leading to a necessary paradigm shift in US healthcare  
403 delivery. This tool also provides a method of consolidating multiple components of  
404 assessing SDoH into a single, comparable score which would likely increase the  
405 likelihood of utilization by clinicians at the point of care.

406

407 Our study is subject to several limitations. First, the analysis conducted in our study was  
408 based on a cohort of patients with T2D in the state of Florida. This limited geographical  
409 scope may impact the generalizability of our findings to populations from other regions.  
410 However, our real-world T2D patients from Florida were highly diverse (e.g., 39% of Black  
411 individuals) with a mixture of rural and urban populations, reflecting the demographic  
412 changes occurring across the US. Nevertheless, future research should aim to broaden  
413 the generalizability of our iPsRS through federated learning and data from different  
414 geographic regions.<sup>78</sup> Second, to ensure the automated feature, we only integrated  
415 individual-level SDoH variables that were already included in the NLP extracting SDoH  
416 pipeline (SODA<sup>45</sup>) and thus some of the important diabetes-related factors were missing,  
417 such as stress. We will continue developing NLP pipelines for expanding the list of SDoH  
418 extraction and updating our iPsRS model. Third, we based on ML practices to select and  
419 tune the proposed iPsRS, hence the searching space of models and hyperparameters is  
420 constrained. We plan to utilize AutoML pipelines to enhance model accuracy and  
421 reliability, while simultaneously minimizing the time and resources required to develop the  
422 next-generation model.

423

424 In this project, we developed an ML-based analytic pipeline, namely iPsRS, for identifying  
425 the increased social risk of hospitalizations in real-world patients with T2D. Our iPsRS  
426 has been shown as a promising tool to accurately and fairly identify patients' unmet social  
427 needs essential to adverse health outcomes. The iPsRS have the great potential to be  
428 integrated into EHR systems and clinical workflow and eventually augment current  
429 screening programs for SDoH to provide physicians with an efficient and effective tool to  
430 address SDoH in clinical settings.

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432 JB; formal analysis, YH; data curation, ZF, YL, WHC, and HT; resources, JG and JB;  
433 writing – initial draft, YH and JG; critical review and editing, JG, JB, WTD, ZF, YL, WHC,  
434 HT, LB, AAS, ER, and EAS; supervision: JB. All authors have read and agreed to the  
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441 from the corresponding author. The data are not publicly available due to privacy  
442 restrictions.

443 **Code Availability Statement:** The codes presented in this study are available on  
444 request from the corresponding author.

445 **Competing Interests:** The authors declare no conflict of interest relevant to the study.

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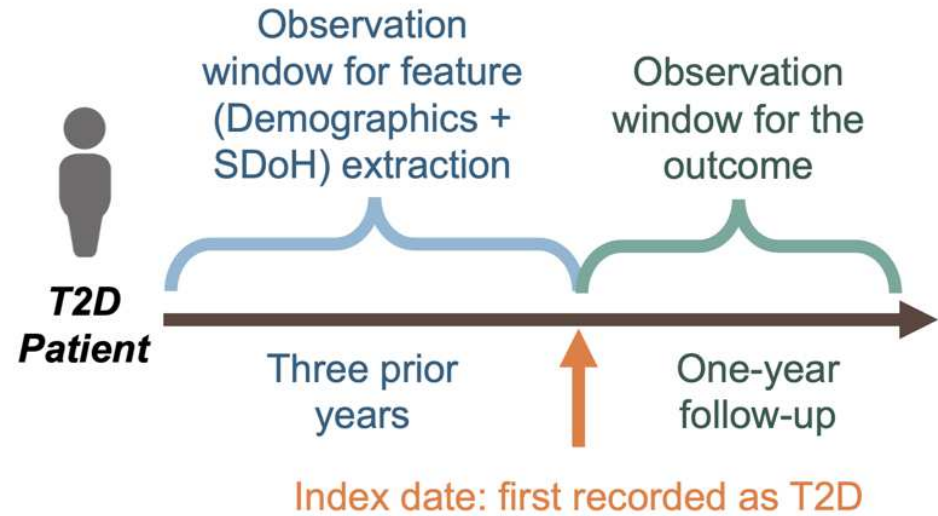
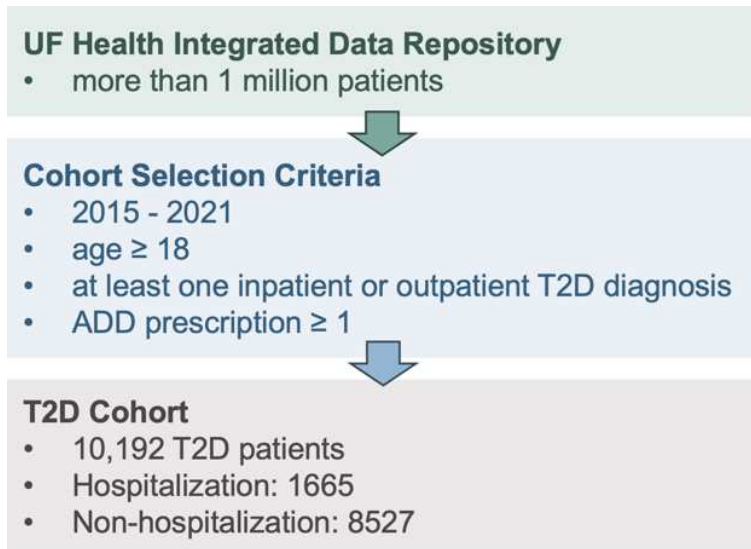
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**Figure 1** Processing workflow of the University of Florida integrated data repository type 2 diabetes cohort and the patient timeline.

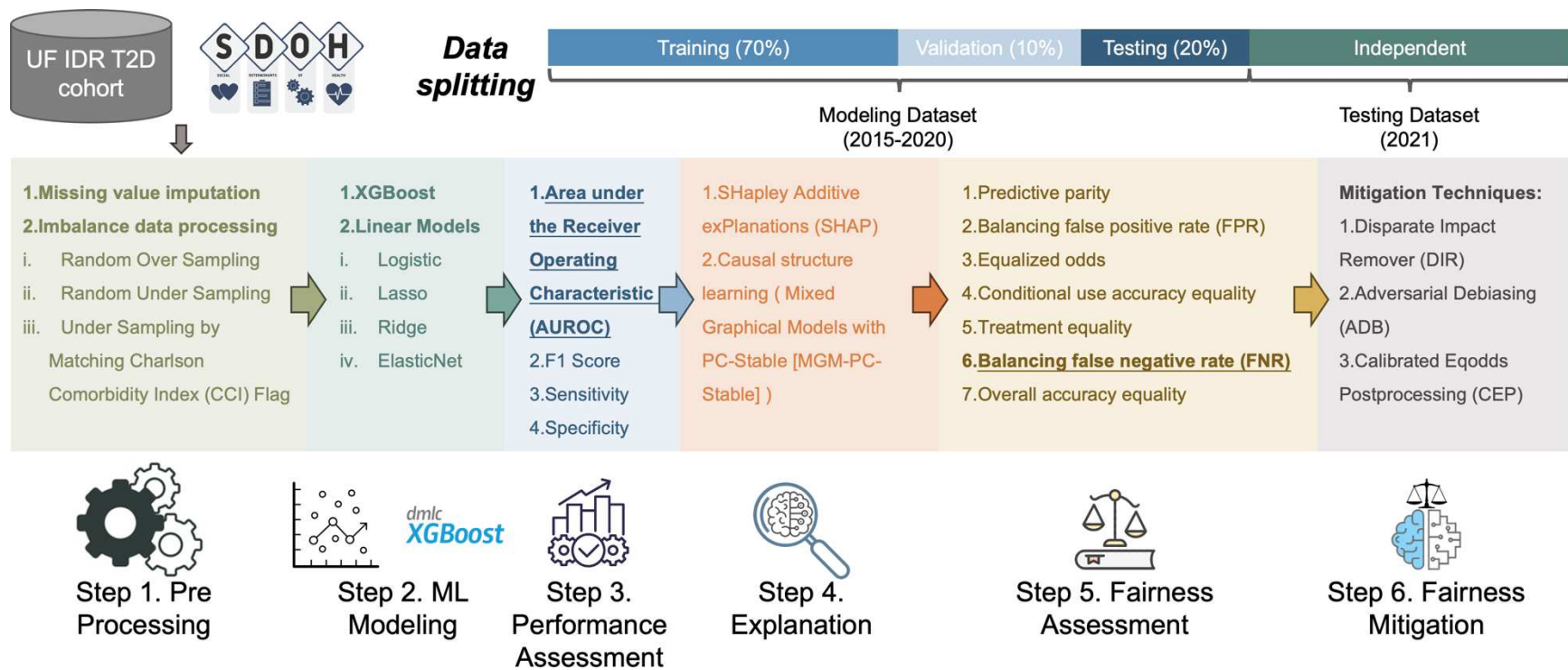
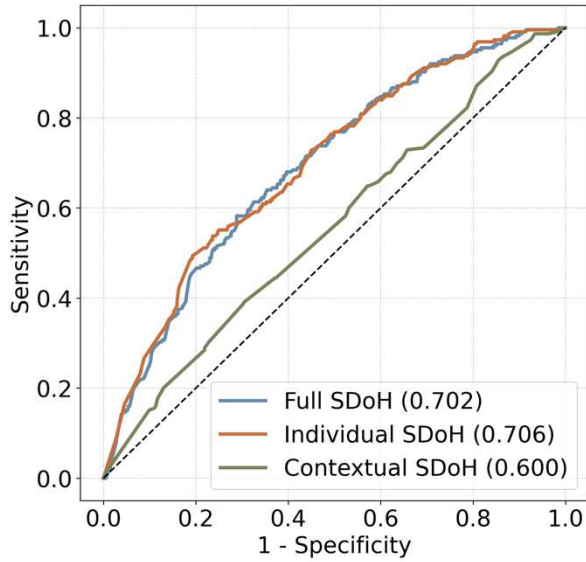
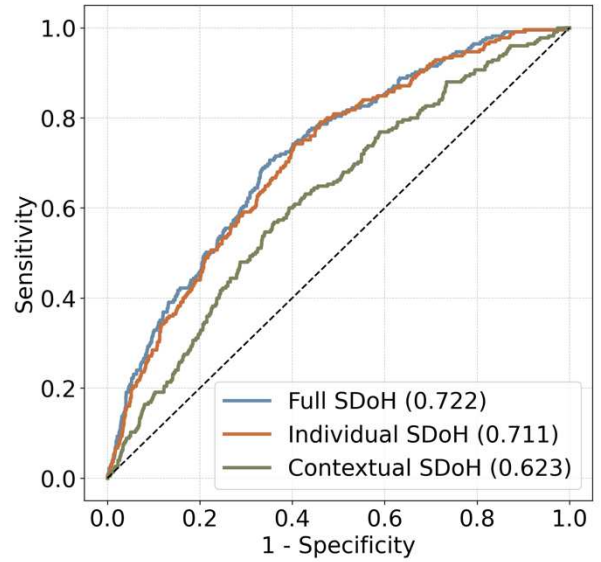


Figure 2 Data analytics pipeline.

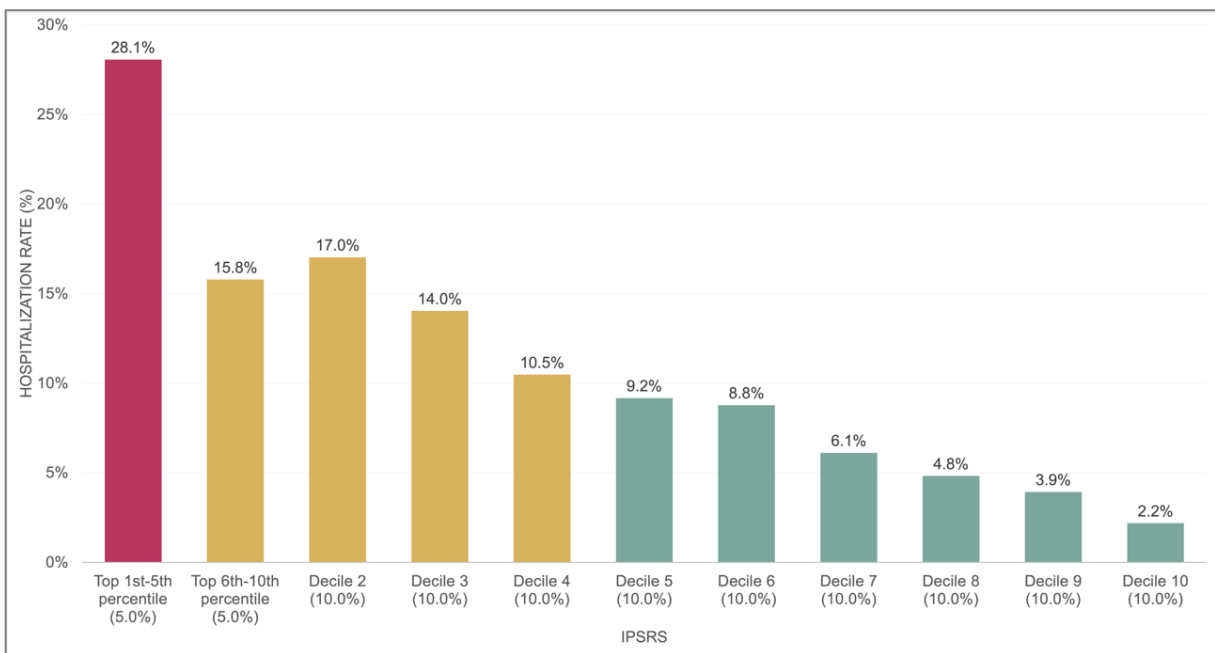


(a) XGBoost

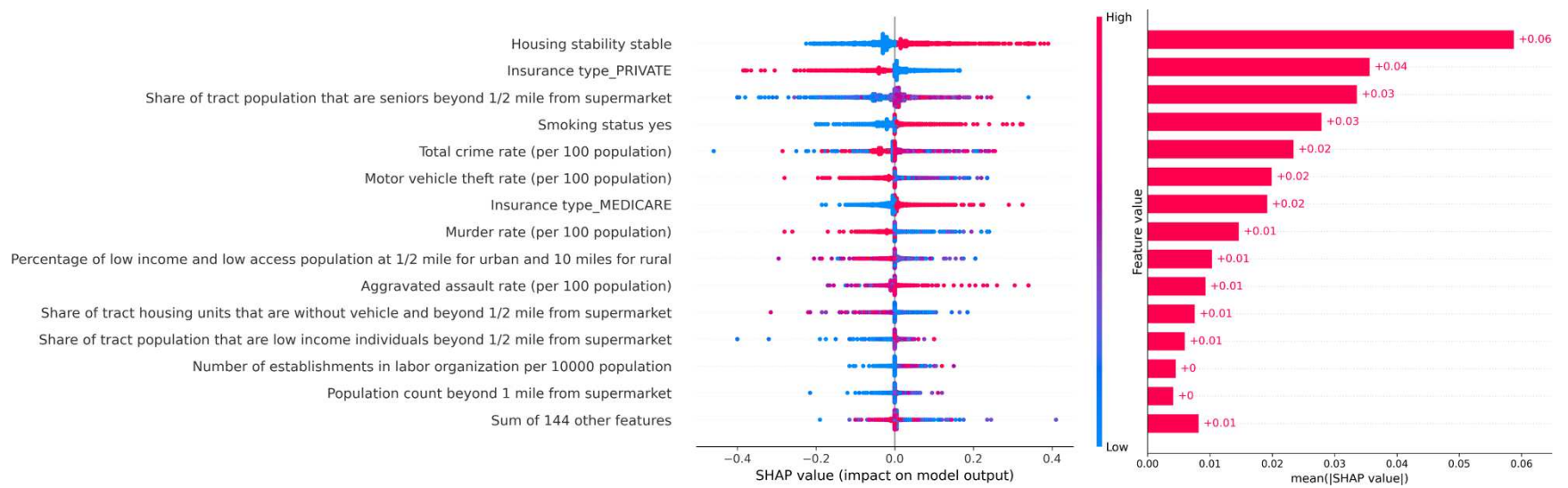


(b) Ridge regression

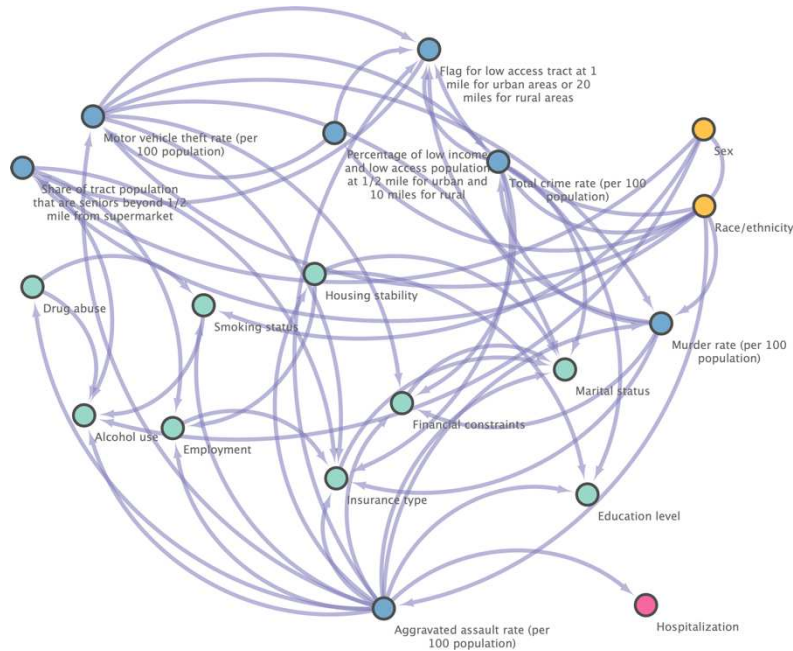
**Figure 3** Model performance assessment of XGBoost and ridge regression.



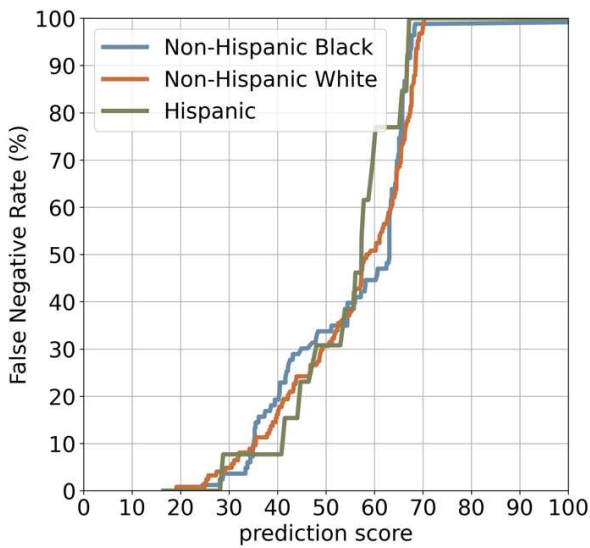
**Figure 4** One-year hospitalization risk by iPSRS decile.



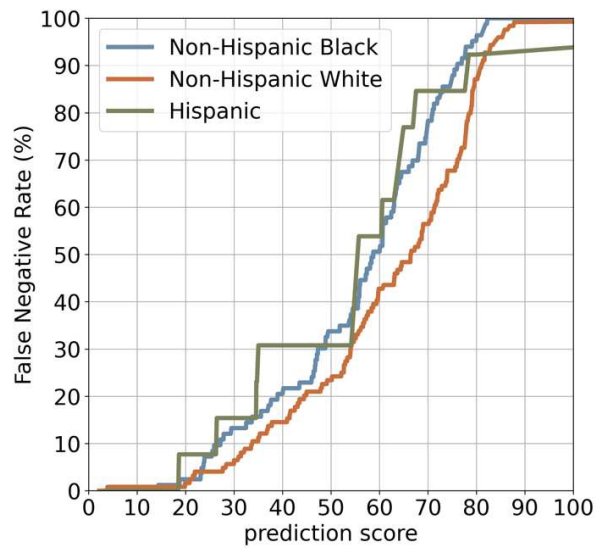
**Figure 5** Feature importance analysis with SHAP values. SHAP values from the original XGBoost. We removed the features with an “unknown” category.



**Figure 6** Causal graph generated by MGM-PC-Stable in the independent testing set. The yellow nodes present demographics, blue nodes stand for contextual-level SDoH and green nodes mean the individual-level SDoH, and the pink node indicates the outcome.



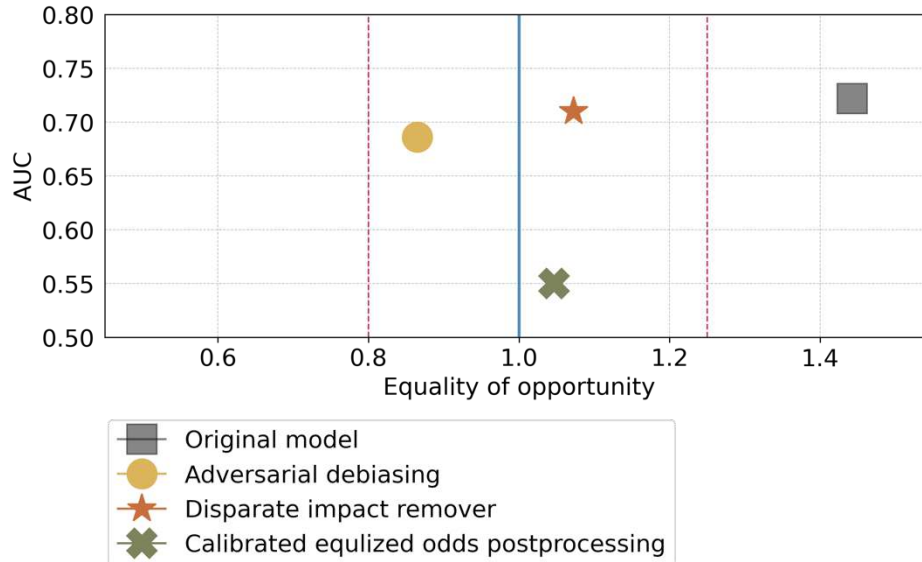
(a) XGBoost



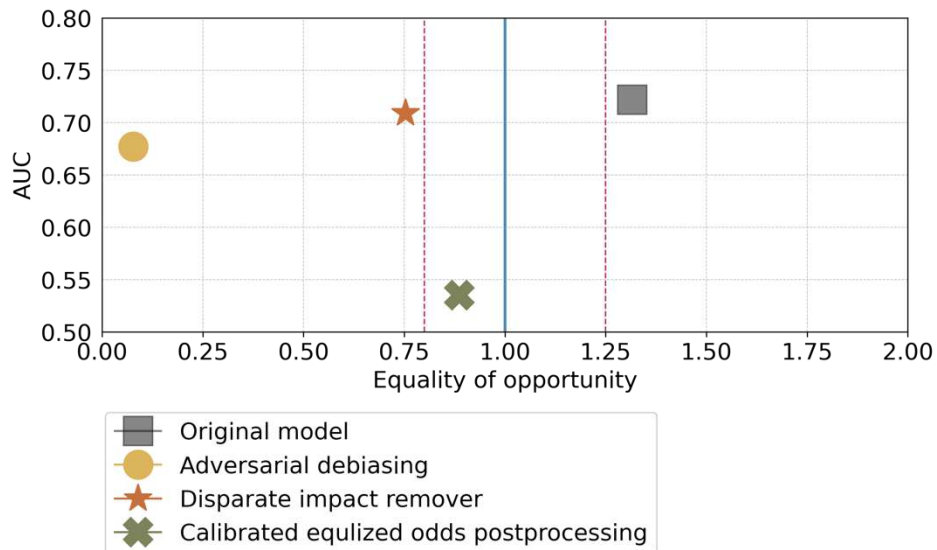
(b) Ridge regression

**Figure 7** False negative rate (FNR) curve between different populations.





(a) Mitigation results on the NHB vs NHW. CEP had the best fairness mitigation ability but led to a drastic decrease in model performance from 0.7220 to 0.5501, measured by AUROC, which is unacceptable. DIR and ADB resulted in an acceptable decrease in prediction performance, particularly with DIR's AUROC decreasing from 0.7220 to 0.7100.



(b) Mitigation results on the Hispanic vs NHW. DIR and ADB struggled to handle the fairness mitigation. These methods turned to favoritism towards the protected group (Hispanic), resulting in biased predictions for the NHW group.

**Figure 8** NHB (protected group) vs. NHW (privileged group) and Hispanic vs. NHW, respectively. The ideally fair line is represented by the blue line, while the range of statistically fair is shown by the red dots. the ridge regression model initially fell outside the range of statistically fair but became fairer when we employed the fairness mitigation methods CEP, DIR, and ADB, resulting in equal opportunity regarding FNR ratio.

**Table 1** Summary of demographic, individual-level SDoH, and key contextual-level SDoH of the study population.

	<b>Overall (n=10192)</b>	<b>NHW (n=5133)</b>	<b>NHB (n=4011)</b>	<b>Hispanics (n=495)</b>	<b>Others (n=553)</b>	<b>p-value</b>
<b>Age</b>	58.45	60.19	56.39	55.95	59.42	0.0049
<b>Sex</b>						0.0018
<i>Male</i>	4267 (41.9%)	2470 (48.1%)	1330 (33.2%)	212 (42.8%)	255 (46.1%)	
<i>Female</i>	5925(58.1%)	2663 (51.9%)	2681 (66.8%)	283 (57.2%)	298 (53.9%)	
<b>Race/ethnicity</b>						<0.001
<i>NHB</i>	4011 (39.4%)	0 (0.0%)	4011 (100.0%)	0 (0.0%)	0 (0.0%)	
<i>NHW</i>	5133 (50.4%)	5133 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
<i>Hispanics</i>	495 (4.9%)	0 (0.0%)	0 (0.0%)	495 (100.0%)	0 (0.0%)	
<i>Others</i>	553 (5.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	553 (100.0%)	
<b>Insurance type</b>						<0.001
<i>Medicare</i>	4183 (41.0%)	2214 (43.1%)	1610 (40.1%)	170 (34.3%)	189 (34.2%)	
<i>Private</i>	3169 (31.1%)	1663 (32.4%)	1144 (28.5%)	148 (29.9%)	214 (38.7%)	
<i>Medicaid</i>	1511 (14.8%)	558 (10.9%)	804 (20.0%)	97 (19.6%)	52 (9.4%)	
<i>Nopay</i>	579 (5.7%)	228 (4.4%)	285 (7.1%)	38 (7.7%)	28 (5.1%)	
<i>Unknown</i>	537 (5.3%)	362 (7.1%)	84 (2.1%)	32 (6.5%)	59 (10.7%)	
<i>Others</i>	213 (2.1%)	108 (2.1%)	84 (2.1%)	10 (2.0%)	11 (2.0%)	
<b>Marites status</b>						<0.001
<i>Single</i>	2116 (20.8%)	743 (14.5%)	1221 (30.4%)	80 (16.2%)	72 (13.0%)	
<i>Married or has partner</i>	3570(35.0%)	2073 (40.4%)	1069 (26.7%)	179(36.2%)	249 (45.0%)	
<i>Widow or divorced</i>	2050 (20.1%)	888 (17.3%)	1052 (26.2%)	65 (13.1%)	45 (8.1%)	
<i>Unknown</i>	2456 (24.1%)	1429 (27.8%)	669 (16.7%)	171 (34.5%)	187 (33.8%)	
<b>Smoking status</b>						<0.001
<i>Ever smokers</i>	4096 (40.2%)	2331 (45.4%)	1473 (36.7%)	149 (30.1%)	143 (25.9%)	
<i>Never</i>	5588 (54.8%)	2525 (49.2%)	2380 (59.3%)	321 (64.8%)	362 (65.5%)	
<i>Unknown</i>	508(5.0%)	277(5.4%)	158 (3.9%)	25(5.1%)	48(8.7%)	
<b>Alcohol use</b>						<0.001
<i>Yes</i>	2631 (25.8%)	1381 (26.9%)	1012 (25.2%)	123 (24.8%)	115 (20.8%)	
<i>No</i>	6650(65.2%)	3223(62.8%)	2737(68.2%)	325 (65.7%)	365 (66.0%)	
<i>Unknown</i>	911 (9.0%)	529 (10.3%)	262 (6.5%)	47(9.5%)	73(13.2%)	
<b>Drug abuse</b>						<0.001
<i>Yes</i>	500 (4.9%)	225 (4.4%)	253 (6.3%)	16 (3.2%)	6 (1.1%)	
<i>No</i>	8487 (83.3%)	4218 (82.2%)	3409 (85.0%)	417 (84.2%)	443 (80.1%)	
<i>Unknown</i>	1205 (11.8%)	690 (13.4%)	349 (8.7%)	62(12.5%)	104 (18.8%)	
<b>Education level</b>						<0.001
<i>College or above</i>	<b>978 (9.6%)</b>	<b>518 (10.1%)</b>	<b>376 (9.4%)</b>	38 (7.7%)	46 (8.3%)	
<i>High school or lower</i>	<b>1110 (10.9%)</b>	<b>461 (9.0%)</b>	<b>563 (14.0%)</b>	50 (10.1%)	36 (6.5%)	
<i>Unknown</i>	<b>8104 (79.5%)</b>	<b>4154 (80.9%)</b>	<b>3072 (76.6%)</b>	407 (82.2%)	471 (85.2%)	
<b>Employment</b>						<0.001

<i>Employed</i>	3996 (39.2%)	2078 (40.5%)	1489 (37.1%)	207 (41.8%)	222(40.1%)	
<i>Unemployed</i>	1439 (14.1%)	570 (11.1%)	760 (18.9%)	57 (11.5%)	52 (9.4%)	
<i>Retired or disabled</i>	1948 (19.1%)	1017 (19.8%)	782 (19.5%)	68 (13.7%)	81 (14.6%)	
<i>Unknown</i>	2809(27.6%)	1468 (28.6%)	980 (24.4%)	163 (32.9%)	198 (35.8%)	
<b>Housing stability</b>						<0.001
<i>Homeless or shelter</i>	80 (0.8%)	32 (0.6%)	44 (1.1%)	3 (0.6%)	1 (0.2%)	
<i>Stable housing</i>	4215 (41.4%)	1971 (38.4%)	1933 (48.2%)	160 (32.3%)	151 (27.3%)	
<i>Unknown</i>	5897 (57.9%)	3130 (61%)	2034 (50.7%)	332 (67.1%)	401 (72.5%)	
<b>Food security</b>						<0.001
<i>Having food insecurity</i>	7052(69.2%)	3416 (66.5%)	2982 (74.3%)	300 (60.6%)	354 (64.0%)	
<i>Unknown</i>	3140 (30.8%)	1717 (33.5%)	1029 (25.7%)	195 (39.4%)	199 (36.0%)	
<b>Financial constraints</b>						0.0092
<i>Has financial constraints</i>	5172 (50.7%)	2386 (46.5%)	2323 (57.9%)	216 (43.6%)	247 (44.7%)	
<i>Unknown</i>	5020(49.3%)	2747 (53.5%)	1688 (42.1%)	279(56.4%)	306 (55.3%)	
<b>Percentage of low income and low access population at 1/2 mile for urban and 10 miles for rural</b>	0.2625 (0.1965)	0.1944 (0.1733)	0.3528 (0.1946)	0.2579 (0.1740)	0.2442 (0.1685)	0.1708
<b>Share of tract population that are seniors beyond 1/2 mile from supermarket</b>	-0.1661 (0.0949)	-0.1635 (0.1035)	-0.1669 (0.0831)	-0.1734 (0.0837)	-0.1779 (0.1000)	< 0.001
<b>Murder rate (per 100 population)</b>	0.0075 (0.0043)	0.0064 (0.0040)	0.0089 (0.0041)	0.0076 (0.0041)	0.0074 (0.0044)	< 0.001
<b>Aggravated assault rate (per 100 population)</b>	0.3867 (0.1365)	0.3767 (0.1704)	0.3980 (0.0753)	0.3994 (0.1489)	0.3858 (0.1060)	< 0.001
<b>Motor vehicle theft rate (per 100 population)</b>	0.2348 (0.0882)	0.2042 (0.0921)	0.2718 (0.0684)	0.2420 (0.0785)	0.2440 (0.0794)	< 0.001
<b>Flag for low access tract at 1 mile for urban areas or 20 miles for rural areas counts</b>						< 0.001
<i>Yes</i>	4630 (45.4%)	2091 (40.7%)	2031 (50.6%)	253 (51.1%)	306 (55.3%)	
<i>No</i>	5562 (54.6%)	3042 (59.3%)	1980 (49.4%)	242 (48.9%)	247 (44.7%)	

**Table 2** Statistical parity (equal opportunity) by different models on various feature sets.

Black & White	Full SDoH	Individual-level	Contextual-level SDoH
Xgboost	1.03	0.98	1.24
Ridge regression	1.44	1.18	1.45
Hispanic & White	Full SDoH	Individual-level	Contextual-level SDoH
Xgboost	1.22	1.00	1.63
Ridge regression	1.32	1.73	2.12

## Supplementary Files

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- [SupplementTablesS4.pdf](#)
- [SupplementTablesS5.pdf](#)
- [SupplementTablesS6.pdf](#)
- [SupplementTablesS7.pdf](#)
- [Supplementsfinal.docx](#)