

Prevalence and clinical correlates of pathological affective display in Alzheimer's disease

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Abstract

This study examined the prevalence and correlates of pathological affect in Alzheimer's disease. A consecutive series of 103 patients with Alzheimer's disease were examined with a comprehensive psychiatric assessment that included the pathological laughing and crying scale (PLACS). Forty patients (39%) showed pathological affect: 25% showed crying episodes, and 14% showed laughing or mixed (laughing and crying) episodes. Patients with pathological affect crying showed significantly higher depression scores and a significantly higher frequency of major depression and dysthymia than patients with no pathological affect. Patients with mixed pathological affect showed significantly more subcortical atrophy on CT than patients with pathological affect crying. Forty seven per cent of the patients with pathological affect had no congruent mood disorder, and they showed a significantly longer duration of illness and more severe anosognosia than patients with pathological affect that was congruent with an underlying mood disorder. The study validates the PLACS, and shows the high prevalence of pathological affect in Alzheimer's disease.

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Abnormalities of facial expression have been variably termed pathological laughing and crying, emotional lability, pseudobulbar affect, and organic emotionality. Poeck¹ defined emotional lability as the sudden onset of laughing or crying, which the patient is unable to suppress, and which generally occurs in appropriate situations. Poeck also added that emotional lability is always accompanied by an alteration of mood. On the other hand, pathological laughing or crying was defined as the presence of sudden laughing or crying episodes that do not correspond to an underlying emotional change.¹

Whereas both pathological laughing and crying and emotional lability have been reported in patients with focal brain lesions² or neurological degenerative disorders,¹ empirical prospective studies in patients with Alzheimer's disease are lacking. Thus the

prevalence, clinical correlates, and mechanism(s) of pathological affect in Alzheimer's disease still remain to be examined.

For the present study we tested a consecutive series of 103 patients with Alzheimer's disease with a structured assessment for pathological laughing and crying—namely, the pathological laughing and crying scale (PLACS). We determined the prevalence of both pathological laughing and crying and emotional lability, and examined the presence of relevant demographic, psychiatric, neurological, neuropsychological, and neuroradiological correlates.

Patients and methods

PATIENTS

A consecutive series of 103 patients who met the NINCDS-ADRDA criteria for probable Alzheimer's disease and had a Hachinski ischaemic score ≤ 4 ⁴ comprised the study population.

PSYCHIATRIC EXAMINATION

After informed consent, patients were assessed with the following tests:

*Structured clinical interview for DSM-III-R (SCID)*⁵

The SCID is a semistructured diagnostic interview used to assess the major axis I DSM-III-R⁶ disorders. The SCID was given by a psychiatrist blind to the remaining clinical data, and the interview was carried out with the patient and at least one first degree relative. Based on the SCID responses, DSM-III-R axis I diagnoses were made.

*Hamilton depression scale (HAM-D)*⁷

The HAM-D is a 17 item interviewer rated scale that measures psychological and autonomic symptoms of depression.

*Hamilton anxiety scale (HAM-A)*⁸

The HAM-A is an 11 item interviewer rated scale that measures the severity of generalised or persistent anxiety.

*Bech mania scale*⁹

The Bech mania scale assesses the presence and severity of manic symptoms.

*Pathological laughing and crying scale (PLACS)*²

The PLACS is an interviewer rated scale that quantifies aspects of pathological affect, including the duration of the episodes, their relation to external events, degree of voluntary

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control, inappropriateness in relation to emotions, and degree of resultant distress. Both the reliability and validity of this scale have been previously established.² The scale is given to the patient and at least one first degree relative or caretaker in close contact with the patient. The scale consists of 16 items (eight assessing pathological laughter (PLACS-L) and eight assessing pathological crying (PLACS-C)), which are scored from 0 to 3 points.

Diagnosis of pathological affect

Following Poeck's diagnostic scheme,¹ emotional lability was defined as the presence of sudden episodes of laughing or crying in the presence of a congruent mood disorder (for example, episodes of sudden crying in the presence of major depression or dysthymia); pathological laughing and crying was defined as the presence of sudden episodes of laughing or crying in either the absence of a mood disorder, or the presence of a non-congruent mood disorder (for example, pathological laughing in the presence of a major depression). The generic term "pathological affect" was used to refer to the presence of either pathological laughing and crying or emotional lability. Based on these definitions and a clinical assessment (for example, was emotional lability displayed during the interview? Did it occur several times daily? Did it seem excessive in relation to the precipitant?) a diagnosis of pathological affect crying, laughing, or mixed type was made by a neurologist blind to the psychiatric data.

Functional independence measure¹⁰

The functional independence measure assesses self care, sphincter control, mobility, locomotion, communication, and social cognition on a low level scale. Higher scores indicate less impairments in activities of daily living.

Social ties checklist¹¹

The social ties checklist is a 10 item scale that assesses the quantity and quality of social supports. Scores range from 0 to 10, and higher scores indicate better social supports.

Mini mental state exam (MMSE)¹²

The MMSE is an 11 item examination that has been found to be reliable and valid in assessing a limited range of cognitive functions.

Anosognosia questionnaire-dementia¹³

The AQ-D consists of 30 questions divided into two sections. The first section assesses intellectual functioning, and the second section examines changes in interests and personality. Each answer is rated as never (0 points), sometimes (1 point), usually (2 points), and always present (3 points). Thus higher scores indicate more severe impairments. Form A is answered by the patient alone (with clarifications by the examiner if needed), whereas form B (a similar questionnaire written in the third person) is answered

by the patient's caretaker blind to the patient's answers in form A. The final score is the subtraction between scores in forms B and A. Thus positive scores indicate that the caretaker rated the patient as more impaired than the patient's own evaluation (the patient was less aware of his or her cognitive and emotional deficits).

NEUROLOGICAL EXAMINATION

Patients were examined with the unified Parkinson's disease rating scale (UPDRS),¹⁴ a semistructured scale that assesses voice, facial immobility, resting tremor, rigidity (neck and limbs), bradykinesia and hypokinesia, posture, and gait abnormalities. The UPDRS was scored by a neurologist blind to the psychiatric and radiological findings.

NEUROPSYCHOLOGICAL EXAMINATION

Patients received a comprehensive neuropsychological evaluation that consisted of the following tasks:

Buschke selective reminding test¹⁵

This test measures verbal learning and memory during a multiple trial list learning task. The patient listens to a list of words and has to recall as many words as possible. Each subsequent learning trial involves the selective preservation of only those words that were not recalled on the immediately preceding trial. The outcome measures were the long term retrieval (LTR) and the delayed recall.

Benton visual retention test¹⁶

This test assesses visual memory and visual perception. Patients are exposed to geometric designs for 10 seconds, and are immediately presented with a card containing the correct design among three different foils. The patient has to select the correct one.

Apraxia subtest of the western aphasia battery¹⁷

This test assesses the presence and severity of ideomotor apraxia.

Block design¹⁸

The block design test examines the presence of constructional apraxia. Patients are presented with red and white blocks and are asked to construct replicas of printed designs.

Digit span¹⁸

The digit span test examines auditory attention and consists of two parts. Both consist of seven pairs of random number sequences that the examiner presents at the rate of one per second. In the first part (digits forward) the patient is asked to repeat a string of numbers exactly as it is given, and in the second (digits backwards) the patient is asked to repeat a string of numbers in reverse order.

Wisconsin card sorting test¹⁹

This test measures the ability to develop new concepts and shift sets, and also requires the subjects to suppress a previously correct response and produce a new one. Assessment of the overall proficiency of the test was

judged by the number of categories achieved (maximum 6).

Trail making test²⁰

This test examines visual, conceptual, and visuomotor tracking. The patient is instructed to draw lines to connect consecutively numbered circles on a paper (part A), and then connect the same number of consecutively numbered and lettered circles on another paper by alternating between the two sequences (part B). The patient is urged to connect the circles as quickly as possible to control for graphomotor speed and visual scanning. The trial score is the time to complete part A minus the time to complete part B.

Oral word controlled association test²¹

This test examines access to semantic information with time constraint. Patients were instructed to name as many words beginning with the letter F as they could in one minute. People's names and proper nouns were not permitted. The letters A and S were then presented successively, one minute being allowed for each letter. The score was the number of words produced in one minute.

Boston naming test²²

This test measures the ability to name pictured objects. Line drawings of high and low frequency objects are presented one at a time on cards, which the patient has to name.

Token test²³

This test measures verbal comprehension of commands of increasing complexity.

Raven's progressive matrices²⁴

This test measures reasoning in the visual modality. Patients are presented with a pattern problem with one part removed and several pictured inserts, one of which contains the correct pattern. The patient has to select the missing piece to complete the pattern.

NEURORADIOLOGICAL EXAMINATION

Computed tomography was carried out on most of the patients within one week of the clinical evaluation (CT could not be done on

13 patients due to scheduling problems). After informed consent, all CT was carried out on a General Electric 8800 CT scanner. Scans were obtained parallel to the orbitomeatal line, with a slice thickness of 5 mm. The slices were digitised with IMAGE software (National Institutes of Health, Bethesda, MD), and area measurements were carried out on a Quadra 700 computer (Apple Computers, Cupertino, CA) using the Digital Imaging Processing System software (Hayden Image Processing Group, Madison, WN). The following measurements were made^{25 26}:

Sylvian cistern ratio

This is the area of the sylvian cistern (left or right) at the level of the pineal gland, divided by the whole brain area, $\times 100$.

Frontal horn ratio

This is the area of the frontal horn (left or right) at the level of the foramen of Monro divided by the area of the whole brain at the same level, $\times 100$.

Ventricle brain ratio

This is the area of the lateral ventricle (left or right) at the waist level over the whole brain area at the same level, $\times 100$.

Temporal horn ratio

This is the area of the temporal horn (left or right) at the level of the suprasellar cistern, divided by the brain area at the level of the pineal gland, $\times 100$.

Cortical sulci ratio

This is the sum of the area of the four widest sulci divided by the brain area at the level of the pineal gland, $\times 100$.

STATISTICAL ANALYSIS

Statistical analysis was carried out on means and SDs, by one way and multivariate analyses of variance (ANOVA, MANOVA) and Tukey post hoc tests. Frequency distributions were analysed with contingency tables. All P values are two tailed.

Results

Based on the clinical assessment for pathological affect, 26 patients (25%) showed pathological affect crying, 14 patients (14%) showed pathological affect laughing or mixed, and 63 patients (61%) showed no pathological affect.

DEMOGRAPHIC FINDINGS (TABLE 1)

No significant between group differences were found in age, sex, education, and severity of dementia. Patients with mixed pathological affect, however, had a significantly longer duration of illness ($F(2,100) = 5.95$, $P < 0.05$).

NEUROLOGICAL FINDINGS (TABLE 1)

A two way ANOVA with repeated measures (factor 1: group, repeated measure: UPDRS scores) showed no significant group effect

Table 1 Demographic and neurological findings

	Alzheimer's disease		
	No pathological affect	Pathological crying	Pathological mixed
No of patients	63	26	14
Age	74.4 (7.7)	72.5 (7.1)	72.0 (7.7)
Sex (% women)	76 (48)	77 (20)	57 (8)
Education (y)	10.0 (4.6)	8.5 (5.8)	12.3 (4.5)
Duration of illness (y)**	4.2 (2.2)	3.8 (2.2)	6.5 (3.4)
Dementia severity:			
Mild	48 (30)	35 (9)	29 (4)
Moderate	44 (28)	42 (11)	50 (7)
Severe**	8 (5)	23 (6)	21 (3)
Resting tremor	0.32 (0.6)	0.36 (0.6)	0.10 (0.3)
Rigidity	0.45 (0.8)	0.63 (0.8)	0.50 (0.7)
Body bradykinesia	0.86 (1.1)	0.84 (1.1)	0.60 (1.0)
Posture	0.63 (0.9)	0.68 (1.0)	0.90 (1.1)
Gait	0.56 (0.9)	0.57 (0.8)	0.30 (0.6)

Values are means (SD).

** $P < 0.01$.

($F(2,100) = 2.67$, NS), and no significant group \times UPDRS item interaction ($F = 1.05$, NS). Thus, all three groups of patients with Alzheimer's disease had a similar severity of extrapyramidal signs.

Table 2 Psychiatric findings

	Alzheimer's disease		
	No pathological affect	Pathological crying	Pathological mixed
Major depression (% patients)**	16 (10)	43 (11)	21 (3)
Dysthymia (% patients)**	24 (15)	38 (10)	29 (4)
No depression (% positive)	60 (38)	19 (5)	50 (7)
Hamilton depression scale**	8.7 (7.1)	16.5 (8.3)	8.6 (4.7)
Hamilton anxiety scale (score)**	8.4 (7.7)	14.3 (7.5)	11.2 (9.0)
Bech mania scale (score)	1.0 (3.1)	1.1 (2.0)	2.6 (8.5)
Functional independence measure (mean)	63.0 (9.9)	63.3 (6.8)	59.2 (10.1)
PLACS-laughing (score)**	0.0	0.0	1.8 (4.6)
PLACS-crying (score)**	1.8 (2.6)	11.9 (2.9)	7.3 (7.1)
Social ties checklist (score)	3.5 (1.6)	4.5 (1.6)	3.8 (1.8)

Values are means (SD).

** $P < 0.01$.

Table 3 Neuropsychological findings

	Alzheimer's disease		
	No pathological affect	Pathological crying	Pathological mixed
<i>Buschke SRT:</i>			
Long term storage	25.5 (21.0)	21.6 (14.9)	16.3 (18.1)
Delayed recall	2.1 (2.7)	1.5 (1.6)	1.2 (2.2)
Benton visual retention test	4.2 (2.4)	4.3 (2.5)	3.9 (2.8)
Token test	16.7 (7.4)	16.7 (7.5)	13.8 (10.5)
Boston naming test	12.7 (5.2)	12.8 (4.8)	10.7 (6.2)
Wisconsin card sorting test: categories	1.7 (1.8)	1.6 (2.2)	1.9 (2.1)
Controlled oral word association test	28.5 (9.5)	25.5 (11.4)	24.2 (9.0)
Raven's progressive matrices: percentile	35.1 (29.9)	33.1 (35.9)	30.3 (29.7)
Digits forward	5.0 (1.2)	4.6 (1.4)	5.0 (1.2)
Digits backward	3.1 (1.1)	3.0 (1.3)	3.5 (1.2)
Block design	2.7 (2.4)	2.4 (2.4)	2.6 (2.6)
Analogies (WAIS)	8.8 (6.8)	9.1 (7.9)	6.8 (7.3)
Mini mental state exam	19.6 (5.9)	18.0 (6.4)	16.3 (8.9)

Values are means (SD).

Table 4 Neuroradiological findings

	Alzheimer's disease		
	No pathological affect	Pathological crying	Pathological mixed
<i>Temporal horn ratio:</i>			
Left	31.1 (41.8)	25.2 (32.1)	43.1 (39.7)
Right	33.2 (36.7)	22.9 (18.4)	35.5 (37.5)
<i>Sylvian cistern ratio:</i>			
Left	171.8 (86)	143.7 (86)	139.8 (60)
Right	140.5 (74)	133.0 (69)	164.9 (102)
<i>Frontal horn ratio:</i>			
Left	196.0 (58)	188.6 (59)	213.6 (79)
Right	188.4 (63)	176.0 (57)	194.7 (75)
<i>Lateral ventricle ratio:</i>			
Left**	602.6 (200)	560.0 (193)	681.0 (234)
Right	563.4 (171)	555.2 (186)	589.9 (182)
Cortical sulci ratio	3.9 (0.8)	4.2 (0.8)	3.8 (0.7)

Results are means (SD).

** $P < 0.01$.

Table 5 Pathological crying and laughing and emotional lability

	Emotional lability	Pathological crying-laughing
No of patients	21	19
Age (y)	71.3 (6.7)	73.7 (5.6)
Duration of illness (y)*	3.5 (2.0)	6.2 (2.6)
<i>Dementia severity (% patients):</i>		
Mild	42 (9)	21 (4)
Moderate	29 (6)	63 (12)
Severe	29 (6)	16 (3)
Hamilton depression scale*	19.0 (7.2)	7.3 (3.6)
Hamilton anxiety scale (score)*	15.5 (7.0)	9.2 (8.2)
Anosognosia questionnaire-dementia*	8.9 (18.4)	24.8 (27.2)

Values are means (SD).

* $P < 0.05$.

PSYCHIATRIC FINDINGS (TABLE 2)

A MANOVA for depression, anxiety, mania, activities of daily living, global cognitive functions, and social ties scores showed a significant main effect (Wilks' Lambda (12,188) = 0.71, $P = 0.001$), and between group differences were further analysed with independent one way ANOVAs. There were significant between group differences in HAM-D scores ($F(2,100) = 11.4$, $P = 0.0001$). Patients with pathological affect crying had significantly higher depression scores than patients with either mixed pathological affect ($P < 0.001$), or patients with no pathological affect ($P < 0.0001$). Moreover, patients with pathological affect crying also showed a significantly higher frequency of major depression and dysthymia than patients with no pathological affect or mixed pathological affect ($\chi^2 = 13.3$, $df = 4$, $P = 0.01$). There were also significant between group differences in HAM-A scores ($F(2,100) = 5.37$, $P < 0.01$). Patients with pathological affect crying had significantly higher anxiety scores than patients with no pathological affect ($P = 0.001$).

Patients with pathological affect (either crying or mixed) had significantly higher PLACS total scores than patients without pathological affect ($F(2,100) = 72.1$, $P < 0.0001$). Finally, patients with pathological affect crying had significantly higher PLACS-C scores than patients with mixed pathological affect ($P < 0.0001$), whereas patients with mixed pathological affect had significantly higher PLACS-L scores than patients with pathological affect crying ($P < 0.0001$).

NEUROPSYCHOLOGICAL FINDINGS (TABLE 3)

A MANOVA for neuropsychological tests showed no significant main effect (Wilks' Lambda = 0.74, $df = 28$, 156; NS). Thus patients with either pathological affect crying, mixed pathological affect, or no pathological affect showed a similar severity and profile of cognitive impairments.

NEURORADIOLOGICAL FINDINGS (TABLE 4)

Computed tomography was carried out in 90 patients. A three way ANOVA with repeated measures (factor 1: group, repeated measures: site and size) showed a significant group \times size \times site interaction ($F(6,261) = 3.80$, $P = 0.001$). Patients with mixed pathological affect had a significantly larger left lateral ventricle than patients with either pathological affect crying, or no pathological affect ($P < 0.0001$). Patients with no pathological affect showed a significantly larger left lateral ventricle than patients with pathological affect crying ($P < 0.01$). No significant between group differences were found in measurements of cortical atrophy (table 4).

PATHOLOGICAL LAUGHING AND CRYING, AND EMOTIONAL LABILITY (TABLE 5)

Twenty one of the 40 patients (53%) with pathological affect had emotional lability (pathological affect display congruent with the emotional disorder), whereas the remaining 19 patients (47%) had pathological laughing or crying.

Patients with pathological laughing or crying had a significantly longer duration of illness ($F(1,38) = 6.78$, $P < 0.05$), and significantly higher anosognosia scores ($F(1,38) = 4.59$, $P < 0.05$), whereas patients with emotional lability had significantly higher Hamilton depression ($F(1,38) = 27.6$, $P < 0.0001$), and anxiety scores ($F(1,38) = 4.12$, $P < 0.05$). No other significant between group differences were found in the remaining clinical and neuroradiological variables.

DEPRESSION WITH OR WITHOUT PATHOLOGICAL AFFECT

Twenty five (47%) of the 53 patients with depression had pathological affect. The frequency of dysthymia and major depression in depressed patients with or without pathological affect was similar (dysthymia 60% and 50% respectively, and major depression 40% and 50% respectively). Depressed patients with pathological affect had significantly more severe dementia than depressed patients without pathological affect ($\chi^2 = 5.70$, $df = 2$, $P < 0.05$), but no significant between group differences were found in demographic, neuropsychological, neuroradiological, or psychiatric variables.

Discussion

This study examined the prevalence and correlates of emotional lability in a consecutive series of 103 patients with Alzheimer's disease, and there were several important findings. Firstly, 39% of a consecutive series of patients with Alzheimer's disease showed pathological affect. Secondly, patients with pathological affect crying showed significantly higher depression and anxiety scores, and a significantly higher frequency of major depression and dysthymia than patients with no pathological affect. Patients with mixed pathological affect showed significantly more severe subcortical atrophy than patients with pathological affect crying. Thirdly, whereas 53% of patients with pathological affect had an underlying mood disorder that was congruent with the type of pathological affect display, the remaining 47% had either no mood disorder, or a mood disorder not congruent with the type of pathological affect display. Finally, about 50% of the patients with Alzheimer's disease with depression also had pathological affect.

Before further comments, it is necessary to consider some limitations of the study. Clinical criteria for the diagnosis of pathological affect have not been developed, and we diagnosed pathological affect based on a semi-structured interview. The finding, however, that patients with pathological affect had significantly higher PLACS scores than patients without pathological affect, and the finding that patients with pathological affect crying had significantly higher PLACS crying scores than patients with mixed pathological affect, provides partial validation of our diagnostic scheme. Whereas pathological affect was associated with more severe dementia, no signifi-

cant differences between patients with and without pathological affect were found on neuropsychological tests. This discrepancy may be explained by the fact that the severity of dementia was assessed with the clinical dementia rating,²⁷ which not only considers cognitive functioning, but social functioning and activities of daily living as well.

Although pathological affect has often been reported in patients with Alzheimer's disease,¹ this is, to our knowledge, the first study to examine the prevalence of this disorder with standardised instruments. We found that 39% of patients with Alzheimer's disease showed pathological affect. Most of them (25%) showed pathological crying and 14% showed laughing or mixed (laughing and crying) episodes. The question that now arises is what is the mechanism of pathological affect in Alzheimer's disease? Patients with pathological affect crying showed a significantly higher frequency of major depression and dysthymia, and significantly higher depression and anxiety scores than patients with no pathological affect. Thus the presence of pathological affect crying in Alzheimer's disease may be a marker of an underlying depression. On the other hand, patients with mixed pathological affect showed similar depression, anxiety, and mania scores to patients with Alzheimer's disease without pathological affect, suggesting that mixed pathological affect is not related to an underlying mood disorder. Patients with pathological laughing or crying showed significantly higher anosognosia scores (they were less aware of their cognitive and behavioural problems) than patients with emotional lability. Because anosognosia in Alzheimer's disease may be related to deficits in a self monitoring system related to cognitive functions,²⁸ pathological laughing or crying may result from a lack of self monitoring of affective display.

Our study suggests the presence of two types of pathological affect in Alzheimer's disease. The first type is emotional lability (sudden episodes of crying or laughing in the presence of a congruent mood disorder): most patients with pathological affect crying had either dysthymia or major depression. The second type of pathological affect in Alzheimer's disease is pathological laughing or crying (sudden episodes of crying or laughing in the absence of a congruent mood disorder): about half of the patients with pathological affect had either no underlying mood disorder, or an affective disorder that was incongruent with the pathological affective display (for example, pathological affect laughing in the presence of a major depression). Whereas there were significant between group differences in duration of illness and depression, anxiety, and anosognosia scores, future studies should further validate these types of pathological affect.

Ross and Stewart²⁹ have recently proposed a mechanism for emotional lability. They hypothesised that depression causes "state changes" in the limbic system so that the threshold for displaying mood congruent

extreme affective behaviours is lowered. They further suggested that if this lowered threshold is combined with a brain lesion that reduces the neocortical control of limbic behaviours, pathological affect would result. Our study provides partial support for this hypothesis, as almost half of the patients with Alzheimer's disease with depression had pathological affect. There were no significant differences, however, in CT measurements of brain atrophy between depressed patients with Alzheimer's disease with or without pathological affect, suggesting that depression and brain atrophy are not sufficient to produce emotional lability. Moreover, we could not find significant differences between depressed patients with Alzheimer's disease with pathological affect and depressed patients with Alzheimer's disease without pathological affect in terms of demographic, psychiatric, neurological, or neuropsychological variables.

A mechanism for pathological laughing and crying was proposed by Poeck.¹ A review of the medical literature showed that most patients with pathological laughing and crying had lesions involving the internal capsule and the basal ganglia, the substantia nigra, cerebral peduncles and caudal hypothalamus, and the pyramidal tracts.¹ Based on these findings, Poeck speculated that pathological laughing and crying may be produced by the interruption of a control system lying at the base of the brain stem, somewhere between the medulla oblongata and the thalamus. In support, Andersen *et al* have recently reported that patients with severe pathological crying after stroke had large bilateral pontine lesions, and suggested that pathological crying may result from damage to the raphe nuclei in the brainstem or ascending serotonergic projections.³⁰ The present study provides partial support for this hypothesis, as patients with mixed pathological affect had significantly more severe subcortical atrophy (at the level of the left lateral ventricle) than patients with Alzheimer's disease with no pathological affect or emotional lability. Another important finding was that patients with pathological crying and laughing had significantly more anosognosia than patients with emotional lability, suggesting that pathological crying and laughing may result from a lack of self monitoring of affective display.

In conclusion, our study showed that pathological affect is a frequent finding among patients with Alzheimer's disease. More studies are required to establish the mechanism of pathological affect in Alzheimer's disease, and to examine whether emotional lability and pathological laughing and crying in patients with Alzheimer's disease show a specific response to treatment with tricyclic antidepressants or dopaminergic agonists.

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