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## Alternative Lengthening of Telomeres in Primary Hepatic Neoplasms

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### Abstract

The alternative lengthening of telomeres (ALT) phenotype is characterized by ultra-bright telomeres on fluorescence in situ hybridization (FISH) and is a marker of a unique mechanism of telomere maintenance in tumors. ALT does not occur in normal tissues. ALT has been described in hepatocellular carcinoma (5–10%) and in primary hepatic angiosarcomas (75%). To study the frequency of ALT in other primary hepatic tumors, a wide range of primary hepatic neoplasms were retrieved. The tumors included the following: intrahepatic and hilar cholangiocarcinomas (N=110), hepatic adenomas (N=35), hepatocellular carcinomas (N=30), fibrolamellar carcinomas (n=11), combined cholangiocarcinoma-hepatocellular carcinomas (N=8), carcinosarcoma (N=10), hepatoblastomas (N=5), hemangiomas (N=4), angiosarcomas (N=8), epithelioid hemangioendotheliomas (N=10), calcified nested stromal epithelial tumor (N=2), embryonal sarcoma (N=2), rhabdoid tumor (N=1), bile duct adenoma (N=1), and angiomylipoma (N=1). For epithelial tumors, ALT-FISH was positive in one carcinosarcoma (10% of cases), one cholangiocarcinoma (1% of cases), and one combined hepatocellular carcinoma-cholangiocarcinoma (13% of cases). In the hepatocellular carcinoma component of both the carcinosarcoma and the combined hepatocellular carcinoma-cholangiocarcinoma, the tumor cells showed patchy marked nuclear pleomorphism akin to that described previously for chromophobe hepatocellular carcinoma, which are typically ALT FISH positive. The ALT-positive cholangiocarcinoma also showed patchy, striking nuclear pleomorphism. For soft tissue tumors, ALT was positive in two angiosarcomas (N=2; 25% of cases). In summary, this study

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shows that ALT-FISH is positive in rare carcinosarcomas, cholangiocarcinomas, and combined cholangiocarcinoma-hepatocellular carcinoma. ALT is not a significant mechanism of telomere maintenance in hepatocellular adenomas or fibrolamellar carcinomas and was negative in all other tested primary hepatic neoplasms. ALT-FISH is also positive in a subset of primary hepatic angiosarcomas.

## Keywords

Hepatocellular carcinoma; fibrolamellar carcinoma; fibrolamellar hepatocellular carcinoma; angiosarcoma; hemangioendothelioma; cholangiocarcinoma; hepatoblastoma; alternative lengthening of telomeres; ALT; combined hepatocellular carcinoma-cholangiocarcinoma; carcinosarcoma

## 1. Introduction

Malignant cells need to maintain their telomere length in order to proliferate. There are two primary mechanisms for maintaining telomere lengths in malignant cells: (1) reactivation of the telomerase gene *TERT* through promoter mutations or other rearrangements of the *TERT* gene and (2) alternative lengthening of telomeres (ALT). A third, rare, proposed mechanism is called “ever-shorter telomeres” and was identified in neuroblastomas, where it is characterized by ultra-short telomeres without TERT mutations or ALT, with the molecular mechanism currently unknown [1]. Overall, telomerase activation is found in about 80% of all tumors and ALT is found in 10–20% of all human malignancies [2]. ALT can be detected by a variety of molecular methods, but the most commonly used technique is fluorescence in situ hybridization (FISH). ALT FISH, also called Telo-FISH, detects ultra-bright telomeres and is a robust marker of ALT [2]. ALT does not occur in normal tissues [3].

The frequency of ALT is highest in sarcomas such as osteosarcoma, chondrosarcoma, and leiomyosarcoma, where the frequency exceeds 50% [2]. In comparison, epithelial tumors have a lower frequency of ALT positivity, with the highest frequency found in neuroendocrine tumors (NET) of the pancreas (about 30%) [4]. A survey study of 6110 primary tumors found ALT positivity in 8/121 hepatocellular carcinomas (7%) and no ALT positive cases in 23 extrahepatic cholangiocarcinomas and 10 intrahepatic cholangiocarcinomas [3]. Subsequent studies found an ALT frequency of between 6–10% in hepatocellular carcinomas [5, 6]. ALT has also been reported in 8 of 12 primary angiosarcomas of the liver [7]. Despite these advances, the frequency of ALT positivity in primary tumors of the liver remains limited. The goal of this study was to perform a survey of primary liver neoplasms, extending ALT-FISH testing to a wider range of primary hepatic tumors.

ALT has been associated with a number of different mutations, including *DAXX* and *ATRX* mutations [8]. Loss of nuclear expression of *ATRX* and *DAXX* by immunohistochemistry has been shown to correlate with ALT in pancreatic neuroendocrine tumors [9], while loss of *ATRX* correlates with ALT in a subset of primary hepatic angiosarcomas [7]. For these reasons, ALT positive cases were also evaluated by *ATRX* immunostains.

## 2. Materials and Methods.

With IRB approval, cases were obtained from the pathology archives and consult service. H&E and relevant immunostains were reviewed to confirm the diagnosis.

### 2.1 Tissues studied

The first set of cholangiocarcinomas consisted of 37 intrahepatic or hilar cholangiocarcinomas; no extrahepatic cholangiocarcinomas were examined. Fifteen of the cholangiocarcinomas were from explanted livers, the remainder were resection specimens. Thirteen cases (35%) were classified as large duct cholangiocarcinomas based on morphology, the remainder as small duct cholangiocarcinomas (65%). After an ALT positive cholangiocarcinoma was identified, an additional TMA of 67 cholangiocarcinomas were studied. The TMA consists of two cores of tumor and non-tumor per patient, with 1 mm cores. On the stained TMA, 3 cases of tumor were entirely missing and 1 failed to hybridize on both cores. Four cases had a single core that was present and hybridized. Thus, the final number of analyzable cases on the TMA was 63. All cases were intrahepatic cholangiocarcinomas, with 38 (57%) having a small duct growth pattern based on morphology.

The frequency of ALT positivity in hepatocellular carcinomas is between 6–10% and has been linked to a distinctive morphology [5, 6]; this morphology consists of (1) tumor cells with moderately abundant pale to eosinophilic cytoplasm, (2) a background of low-to-moderate nuclear cytology, but admixed with scattered foci of striking nuclear atypia, and (3) often the presence of small pseudocysts. For the purposes of this study, cases were selected to extend the understanding of ALT frequency in hepatocellular carcinomas that lack this morphology, so all 30 hepatocellular carcinomas included in the study lacked the morphological findings that have been linked to ALT positive hepatocellular carcinomas. Twenty-eight cases were resection specimens and two were biopsy specimens. Tumors were graded according to the current WHO grading method: well differentiated (N=15), moderately differentiated (N=9), and poorly differentiated, (N=6). The morphological subtypes within the hepatocellular carcinoma were classified as follows [10]: not otherwise specified (N= 12), beta-catenin type morphology (N=5) [11], clear cell (N=4), scirrhous (N=4), steatohepatitic (N=3), lymphocyte rich (N=1) and myxoid hepatic adenoma [12] that had transformed to hepatocellular carcinoma (N=1). All fibrolamellar carcinomas had the classic morphology and were FISH positive for the chromosomal 19 deletion that is typical of fibrolamellar carcinoma [13, 14]. The combined hepatocellular carcinoma-cholangiocarcinomas (N=8) and carcinosarcomas (N=10) were all diagnosed based on standard morphology and immunostain methods [15, 14]; the carcinoma component of the carcinosarcomas was hepatocellular carcinoma in each case.

The 35 hepatic adenomas were diagnosed in the usual fashion using morphology supplemented with stains for reticulin, Ki-67 [16], and glypican 3 stain [17]. After a diagnosis of hepatic adenoma was made, the adenomas were subtyped using immunostains for LFABP, CRP, SAA, beta-catenin, and glutamine synthetase. Beta-catenin activation was defined as any nuclear positivity on beta catenin stain, or diffuse glutamine synthetase

staining (>50%) with either a diffuse or mosaic staining pattern. If these stains had not been performed for clinical care, they were performed when tissue was available.

All 10 epithelioid hemangioendotheliomas were primary to the liver. All 8 angiosarcomas were primary to the liver [18]. All other tumors examined showed typical morphological features.

## 2.2 ALT FISH and ATRX immunostains

Five micron thick sections were cut for ALT-FISH. Unstained slides were pretreated following a reduced pepsin FISH protocol. The Telomere PNA FISH Kit/Cy3 (Dako, Denmark) probe was applied, hybridized and washed according to the Dako protocol. This is a qualitative assay ultra-bright, large FISH signals were scored as positive.

ATRX immunostains were performed on selected cases on 5 micron sections using the following antibody: ATRX (D-5): sc-55584, Santa Cruz.

## 3. Results

ALT-FISH was performed successfully on a total of 230 of 237 cases (97%); one hepatocellular carcinoma, one cholangiocarcinoma, 4 fibrolamellar carcinomas, and one angiosarcoma failed to hybridize and were excluded from the study. Benign hepatocellular lesions were consistently ALT-FISH negative (Table 1). All of the 35 hepatic adenomas were ALT-FISH negative, including 15 *HNF1A* inactivated hepatic adenomas, 13 inflammatory adenomas, 3 unclassified adenomas, and 4 adenomas where subtype information was not available. Beta-catenin activation was seen in 2 of the inflammatory adenomas and 2 of the unclassified adenomas. Of the 4 hemangiomas, 3 were cavernous hemangiomas and 1 was an anastomosing hemangioma; all were negative for ALT FISH.

The first set of cholangiocarcinomas were full resection specimens; 1 of 37 cholangiocarcinomas (3%) was ALT positive (Figure 1). The tumor had been previously treated with chemoradiation and the patient underwent liver transplantation, showing an ill-defined 2.5 cm hilar mass with 50% viable residual cholangiocarcinoma. The cholangiocarcinoma showed a large duct morphology with more striking nuclear pleomorphism than usually present in cholangiocarcinomas (Table 2). There was no angiolymphatic or perineural invasion and hilar lymph nodes were negative for carcinoma. ATRX immunohistochemistry showed retained staining (Table 2). There was no known underlying liver disease and the background liver showed mild nonspecific portal inflammation with Batts-Ludwig stage 2 fibrosis. Twenty months later, recurrent disease was detected in the abdominal wall. The abdominal wall recurrence was not available for FISH testing. Follow-up ALT-FISH on a cholangiocarcinoma TMA containing 63 intrahepatic cholangiocarcinomas showed was negative in all cases.

One of 8 cases of combined hepatocellular carcinoma-cholangiocarcinoma (13%) was ALT-FISH positive. The tumor was a single 2 cm mass in the liver of a 57-year-old woman with a history of chronic hepatitis B who was HBsAg positive and HBeAg negative. The liver also showed mild macrovesicular steatosis, but there was no fibrosis. No follow-up was available.

Sections of the tumor showed a moderately differentiated hepatocellular carcinoma with a solid and macrotrabecular growth pattern, patchy chromophobe cytoplasm and focal areas of striking nuclear atypia (Figure 2). The cholangiocarcinoma component showed a small duct morphology but did not have the patchy, distinctive nuclear anaplasia that was seen in the hepatocellular carcinoma component. ALT-FISH was positive in both components.

One of 10 cases of carcinosarcoma was ALT-FISH positive (10%). The tumor was 12 cm and occurred in a non-cirrhotic liver in a 61-year-old man. No underlying disease was evident. Sections of the primary tumor showed a moderately-differentiated hepatocellular carcinoma. The cytoplasm was >90% eosinophilic but there were focal areas of chromophobe type cytoplasm. No pseudocysts were seen. Patchy, striking nuclear atypia was prominent. The sarcomatous component was negative for keratins (pankeratin, CAM5.2) and for hepatocellular markers. The sarcoma component did not show morphological or immunostain evidence of a specific type of sarcoma. ALT was positive in the hepatocellular carcinoma component and showed equivocal positivity in the sarcoma component (Figure 3). ATRX was retained in both components. Metastatic disease to the lungs and pleura was discovered 11 months after partial hepatectomy. The metastatic disease had a sarcomatoid morphology.

Two of 8 primary hepatic angiosarcomas were ALT-FISH positive (25%) (Figure 4), both were in men with an average age of 81 years at diagnosis. One of the angiosarcomas showed an epithelioid growth pattern with scattered bizarre multinucleated giant cells (Figure 4), while the other showed a vasoformative growth pattern. Sequencing (Tempus xT) was performed on the vasoformative case and showed mutations in *TP53* and *ATRX* (c.5566+2T>G, affection splicing, predicted to lead to loss of function), but there was retained expression of ATRX protein expression (Table 2).

#### 4. Discussion

ALT positivity in hepatocellular carcinoma was first reported in a large survey study of tumors throughout the body, identifying a frequency of 7% [3]. A subsequent study on morphological findings in hepatocellular carcinoma identified a subset of hepatocellular carcinoma with distinctive morphology that included a triad of features: (1) pale to sometimes eosinophilic cytoplasm, (2) patchy areas of striking nuclear atypia, (3) and microscopic pseudocysts. This subtype was called *chromophobe hepatocellular carcinoma* and the findings were subsequently mapped back to the ALT-FISH results and found to largely identify the same group of tumors [5]. A subsequent study from South Korea confirmed the core findings for chromophobe hepatocellular carcinoma, including both the morphology and ALT-FISH positivity [6].

This survey extends the understanding of ALT positivity in primary liver tumors, identifying cases of ALT positive cholangiocarcinoma, ALT positive combined hepatocellular carcinoma-cholangiocarcinoma, and ALT positive carcinosarcoma composed of hepatocellular carcinoma-undifferentiated sarcoma. From these findings, several observations follow. First, the frequency for combined hepatocellular carcinoma-cholangiocarcinoma and for carcinosarcoma was about 10%, similar to that seen for

conventional hepatocellular carcinoma. Second, ALT does not appear to play a significant role in the biology of hepatoblastomas or fibrolamellar carcinomas. Third, all of the ALT positive cases in the liver continue to share the cytological feature of patchy but striking nuclear atypia. The hepatocellular carcinoma component, when present, also showed the pale cytoplasm first described in chromophobe hepatocellular carcinoma. Fourth, rare intrahepatic cholangiocarcinomas are ALT positive.

The clinical significance of ALT positivity in primary liver tumors is still under active investigation. Studies on chromophobe hepatocellular carcinoma have consistently found the frequency in men and women to be similar [5, 6], which is distinct from the male predominance found in conventional hepatocellular carcinomas. Most cases are single tumors [6] and the background liver can be cirrhotic or non-cirrhotic [5, 6]. There have been mixed findings in terms of potential association with underlying liver disease, with the first paper describing an enrichment for chronic HBV [5], an observation that was not confirmed in another study [6]. To date, no prognostic significance has been identified [5, 6]. Strategies are being developed to target the ALT mechanism for cancer treatment [19], but have not reached clinical care at this time.

In terms of the other epithelial tumors, ductal adenocarcinoma of the breast and neuroendocrine tumors of the pancreas have also been shown to be ALT positive. In breast ductal adenocarcinoma, the frequency is about 6% and is associated with HER2 overexpression [20]. ALT positivity is associated with a worse prognosis in both NETs [4, 21] and breast ductal adenocarcinomas [20].

At the molecular level, ALT is strongly associated with *ATRX* mutations in sarcomas. For example, if an osteosarcoma shows loss of *ATRX* protein expression, then the tumors are ALT positive nearly 100% of the time [2]. NETs also have frequent *ATRX* mutations, but also are enriched for *DAXX* mutations, with about 40% of all ALT positive NETs having *DAXX* mutations. In hepatocellular carcinomas, other genes must play a role as *ATRX* mutations were found in only 1 of 23 cases (4%) [6] and *DAXX* mutations have not been reported [5]. TP53 mutations have been associated with the ALT pathway in gliomas, but were not found in chromophobe hepatocellular carcinomas [6].

One survey study of vascular neoplasms from different organs found ALT to be positive in about 17/70 (24%) of all angiosarcomas, with a striking enrichment for hepatic angiosarcomas, where 8/12 were FISH positive [7]; ALT positivity was also strongly associated with loss of *ATRX* protein expression. In the current study, all hemangiomas were negative. Of the 8 angiosarcomas tested, two were ALT positive and one with available testing showed an *ATRX* mutation; but neither case showed loss of *ATRX* by immunohistochemistry. None of the tested epithelioid hemangioendotheliomas were ALT-FISH positive.

ALT-FISH was negative in all tested hepatoblastomas. Conventional hepatoblastomas also lack *TERT* promoter mutations [22], suggesting a third mechanism for maintaining telomeres. Likewise, only about 20% of FLC have *TERT* promoter mutations [23, 24], and none show ALT-FISH positivity.



One of the limits of this study is that we were not able to establish the molecular mechanism for most of the ALT-FISH positive cases. Loss of ATRX or DAXX protein expression by immunostains have been used as surrogates for their respective mutations, but none of the cases in this study showed ATRX loss; DAXX stains were unavailable to us. Of note, the angiosarcoma with an ATRX mutation in this study had a mutation predicted to lead to loss of function, but showed retained nuclear expression by immunostaining. Until the underlying genetic mechanism are better understood, ALT-FISH appears to be the most robust mechanism to identify ALT positive primary liver tumors.

In summary, this ALT survey extends the types of primary epithelial liver tumors that can be ALT positive to include cholangiocarcinomas, combined hepatocellular carcinoma-cholangiocarcinoma, and carcinosarcomas. Fibrolamellar carcinomas and hepatoblastomas are negative for ALT FISH. Of the tested primary hepatic soft tissue tumors, only angiosarcomas were found to be positive.

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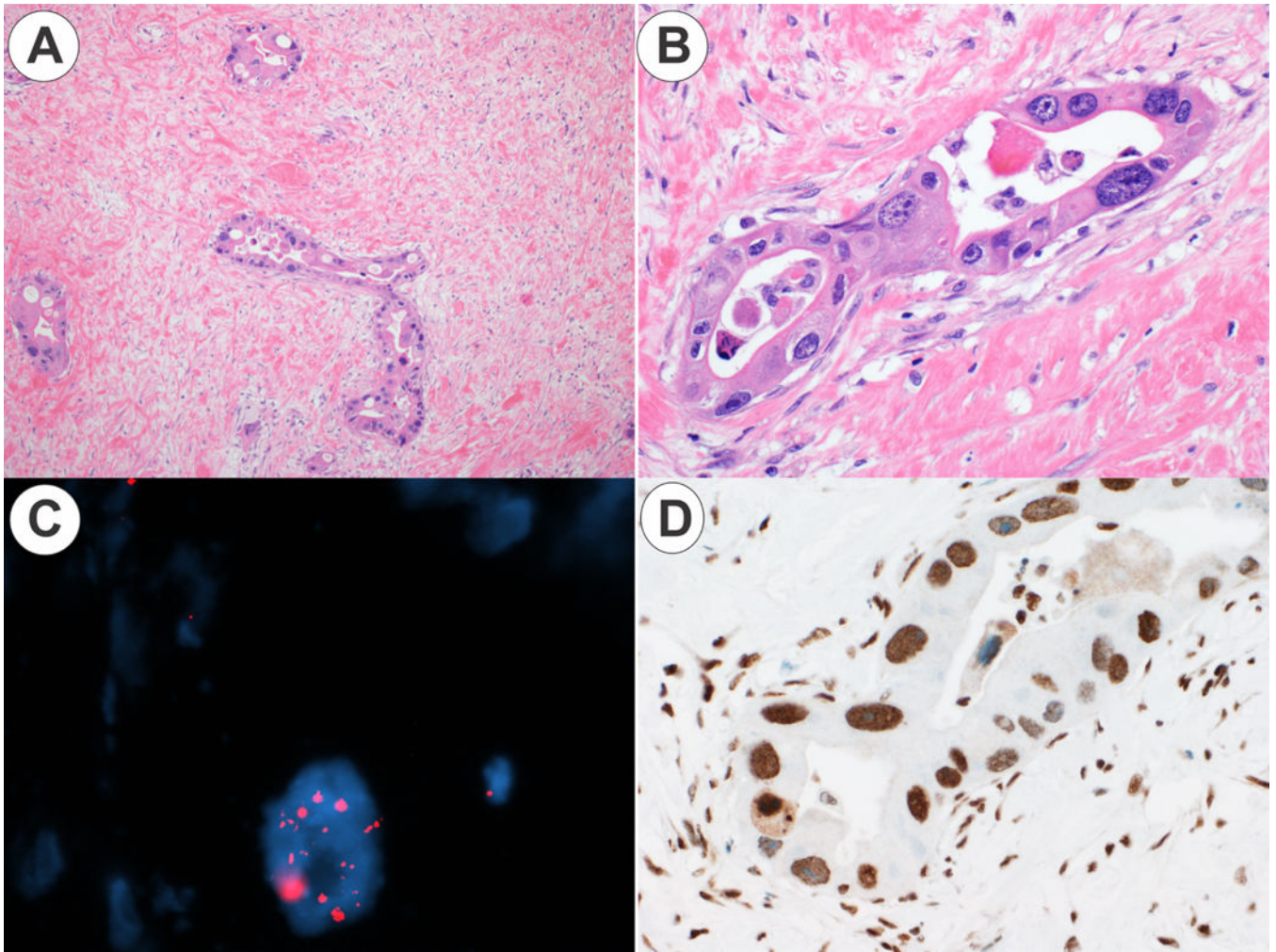
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**Highlights**

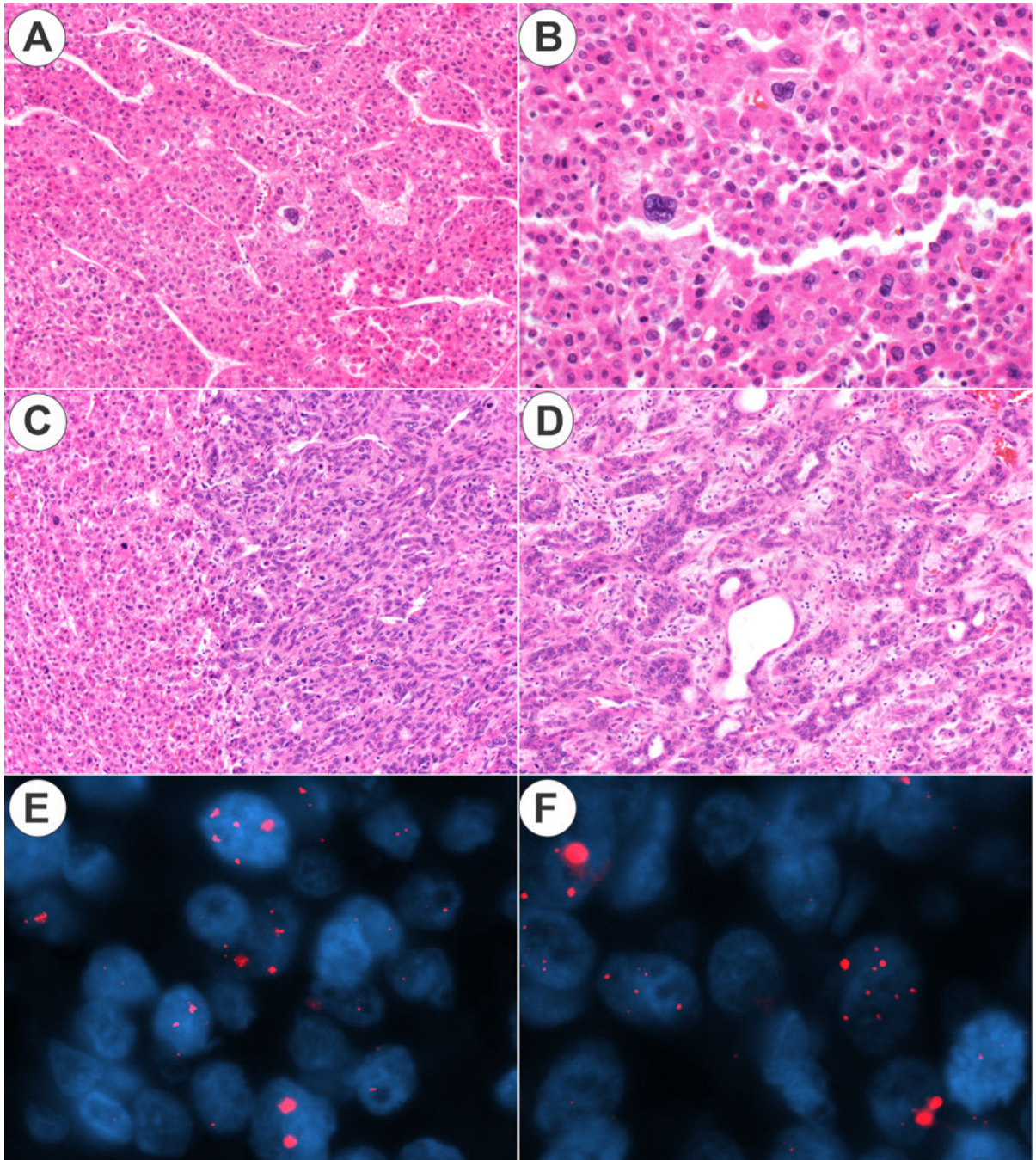
- Alternative lengthening of telomeres (ALT) phenotype can be found in several primary livetumors including hepatocellular carcinoma, combined hepatocellular carcinoma-cholangiocarcinoma, carcinosarcoma, cholangiocarcinoma, and angiosarcoma.
- Many ALT positive carcinomas show significant nuclear pleomorphism.
- Loss of ATRX by immunostaining was not seen in ALT positive cases



**Figure 1. ALT positive cholangiocarcinoma.**

Panel 1A. At low power, malignant glands are seen in dense fibrosis (original magnification 5X). Panel 1B. At higher power, there is heterogenous but striking nuclear atypia (original magnification 20X). Panel 1C. The malignant glands are ALT positive, showing scattered, large ultra-bright foci on telomere FISH. Panel 1D. An immunostain for ATRX shows strong nuclear staining (original magnification 20X).





**Figure 2. ALT positive combined hepatocellular carcinoma-cholangiocarcinoma.**

Panel 2A. At low power, the tumor has a macrotrabecular growth pattern (original magnification 10X). Patchy, striking anaplasia is evident. Panel 2B. The hepatocellular carcinoma component shows patchy nuclear atypia (original magnification 20X). Figure 2C. The interface is shown between the hepatocellular carcinoma component (left side of image) and cholangiocarcinoma component (right side of image) (original magnification 10X). Panel 2D. The cholangiocarcinoma component is shown (original magnification

10X). Panel 3E. The hepatocellular carcinoma component is ALT positive. Panel 3F. The cholangiocarcinoma component is ALT positive.

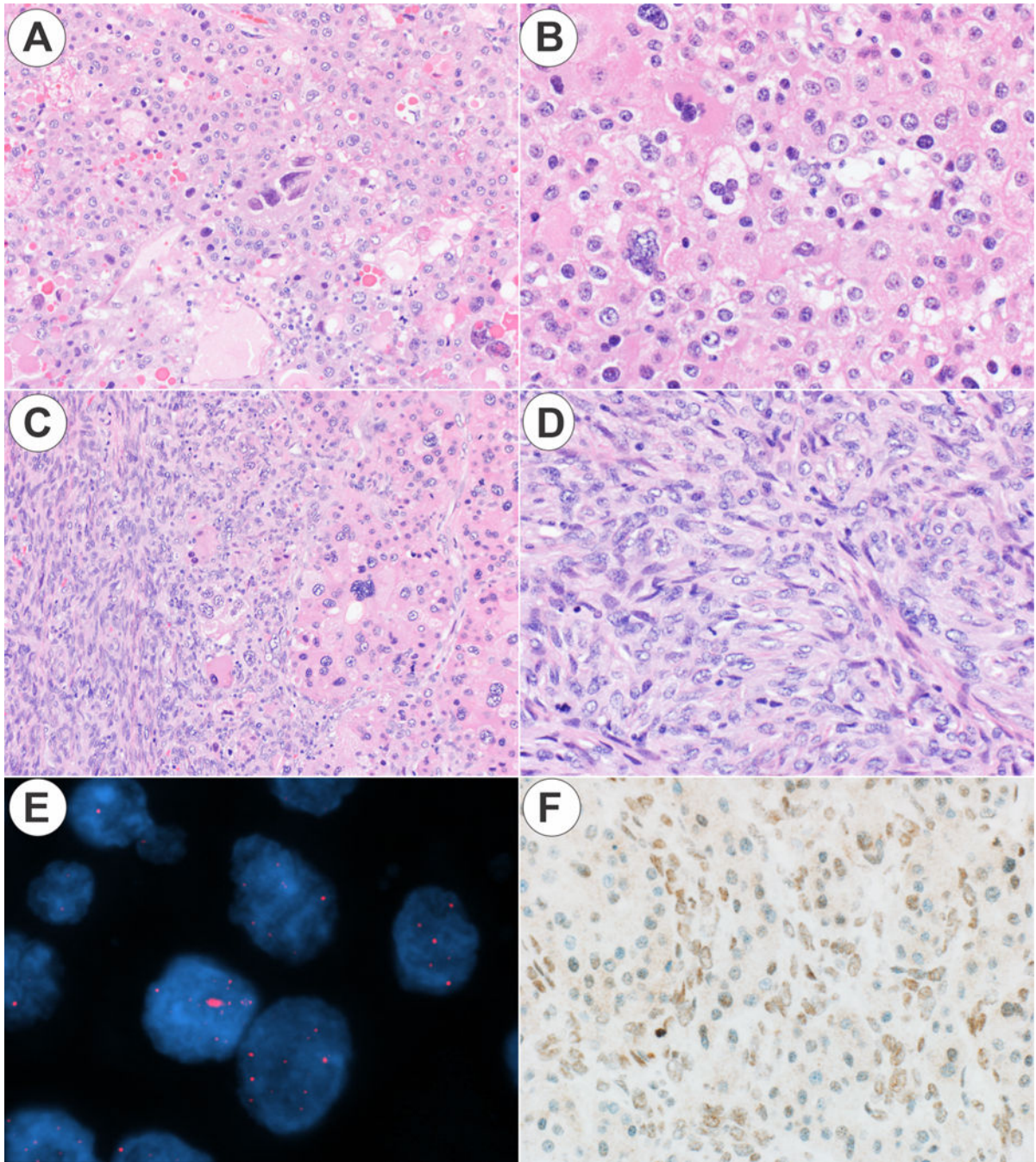
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**Figure 3. ALT positive carcinosarcoma.**

Panel 3A. The hepatocellular carcinoma component shows pale to eosinophilic cytoplasm, a small pseudocyst, and patchy nuclear anaplasia (original magnification 10X). Panel 3B. The hepatocellular carcinoma component is shown at higher magnification (original magnification 20X). Panel 3C. The interface between the sarcoma and the hepatocellular carcinoma component is shown (original magnification 10X). Panel 3D. The sarcoma component is undifferentiated (original magnification 20X). Panel 3E. The hepatocellular carcinoma component is ALT positive, while the sarcoma showed equivocal ALT staining;

the hepatocellular carcinoma component is shown. Panel 3F. ATRX protein expression was retained in both components. The hepatocellular carcinoma component is shown (original magnification 20X).

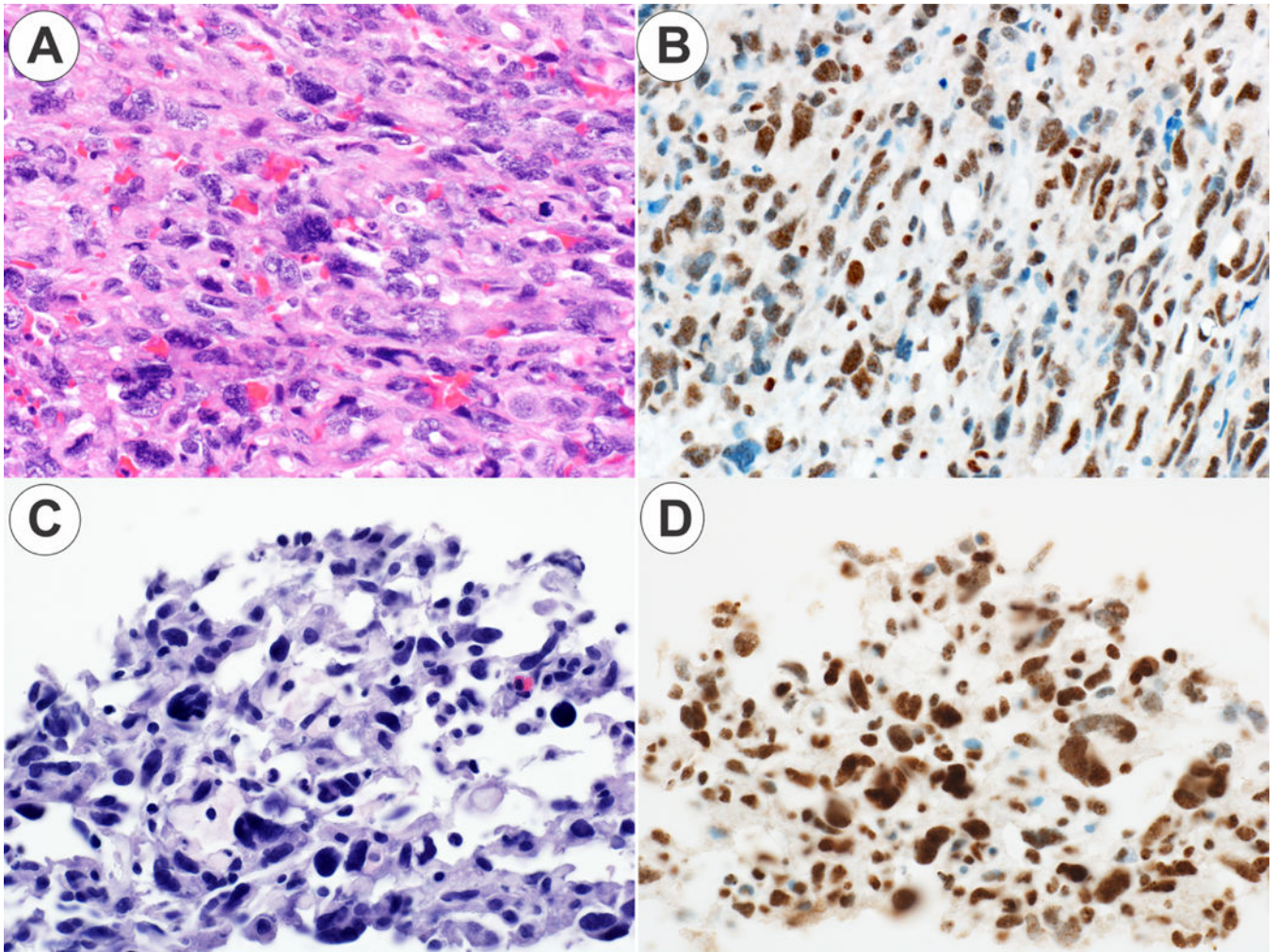
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**Figure 4. ALT positive angiosarcoma.**

Panel 4A. The angiosarcoma case 1 shows a solid, epithelioid growth pattern (original magnification 20X). Panel 4B. The angiosarcoma case 1 is ATRX positive (original magnification 20X). Panel 4C. The angiosarcoma case 2 shows a vasoformative growth pattern (original magnification 30X). Panel 4DB. The angiosarcoma case 2 is ATRX positive (original magnification 30X).

**Table 1.**

## ALT Telo-FISH results

Tumor	Number studied	Number positive (percent)
Hepatic adenoma	35	0
Hepatocellular carcinoma	30	0
Fibrolamellar carcinoma	11	0
Combined hepatocellular carcinoma-cholangiocarcinoma	8	1 (13%)
Carcinosarcoma	10	1 (10%)
Cholangiocarcinoma, resection	37	1 (3%)
Cholangiocarcinoma, TMA	63	0
hepatoblastoma	5	0
Calcified nested stromal epithelial tumor	2	0
Rhabdoid tumor	1	0
Hemangioma	4	0
Angiosarcoma	8	2 (20%)
Epithelioid hemangioendothelioma	10	0
Embryonal sarcoma	2	0
Angiomyolipoma / FNH / VMC / Bile duct adenoma	1 / 1 / 1 / 1	0 / 0 / 0 / 0
Total	230	5 (2%)
Total benign	43	0
Total malignant	187	5 (3%)

**Table 2**

ALT positive cases

<b>Tumor type</b>	<b>ALT-FISH</b>	<b>ATRX immunostain</b>	<b>Key Morphology findings</b>
Cholangiocarcinoma	Positive	Retained nuclear staining	Large duct pattern with striking nuclear anaplasia
Combined hepatocellular and cholangiocarcinoma	Positive in hepatocellular component and in cholangiocarcinoma component	Not tested	Hepatocellular carcinoma: moderately abundant eosinophilic to focally clear cytoplasm; patchy striking nuclear atypia Cholangiocarcinoma: small duct pattern; nuclear cytology homogenous without striking nuclear atypia
Carcinosarcoma	Positive in hepatocellular carcinoma component Equivocal positive in sarcoma component	Retained nuclear staining	Hepatocellular carcinoma: moderately abundant eosinophilic to focally clear cytoplasm; patchy striking nuclear atypia Sarcoma: Undifferentiated sarcoma
Angiosarcoma Case 1	Positive	Retained nuclear staining	Epithelioid, multinucleated tumor giant cells
Angiosarcoma Case 2	Positive	Retained nuclear staining	Vasoformative