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Clinical and functional heterogeneity associated with the disruption of Retinoic Acid Receptor beta

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Abstract

Purpose.—Dominant variants in the Retinoic Acid Receptor Beta (*RARB*) gene underlie a syndromic form of microphthalmia, known as MCOPS12, which is associated with other birth anomalies and global developmental delay with spasticity and/or dystonia. Here, we report 25 affected individuals with 17 novel pathogenic or likely pathogenic variants in *RARB*. This study aims to characterize the functional impact of these variants and describe the clinical spectrum of MCOPS12.

Methods.—We used *in vitro* transcriptional assays and *in silico* structural analysis to assess the functional relevance of *RARB* variants in affecting the normal response to retinoids.

Results.—We found that all *RARB* variants tested in our assays exhibited either a gain-of-function or a loss-of-function activity. Loss-of-function variants disrupted *RARB* function through a dominant-negative effect, possibly by disrupting ligand binding and/or co-activators' recruitment. By reviewing clinical data from 52 affected individuals, we found that disruption of *RARB* is associated with a more variable phenotype than initially suspected, with the absence in some individuals of cardinal features of MCOPS12, such as developmental eye anomaly or motor impairment.

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Conceptualization : VC, NC, AMHN, EM, SC, MA, DMP, AT, JLM; Data curation: NR, FB, SAL, WJ, LS, JM, PRJ, LAvdP, JNvH, ASR, GLG, MN, AN, BMA, JP, CS, DH, AD, ML, TAB, PF, VS, FE, MLJ, ES, SG, AA, AC, RFA, SS, CVD, SR, NS, DS, JRL, DGC, DG, NC, CSB, KAM, WBD, PC, DDD, CS, RH, FE; Formal analysis: VC, EM, SC, FFH, MA, DMP, AT, JLM; Writing-original draft: AT, JLM; Writing-review & editing: all the authors.

ETHICS DECLARATION

This study was approved by the CHU Sainte-Justine's research ethics board. Informed consent was obtained from all participants and data was de-identified. The DDD study has UK Research Ethics Committee approval (10/H0305/83, granted by the Cambridge South REC, and GEN/284/12 granted by the Republic of Ireland REC).

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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Conclusion.—Our study indicates that pathogenic variants in *RARB* are functionally heterogeneous and are associated with extensive clinical heterogeneity.

Keywords

retinoic acid receptor beta; retinoic acid; microphthalmia; global developmental delay; spasticity; dystonia

INTRODUCTION

Regulation of the retinoic acid (RA) pathway is essential for the development of several organs, including the brain and eye in both humans and animals.¹ In target cells, RA binds to a heterodimer complex formed of retinoic acid receptor (RAR) and retinoid X receptor (RXR). There are three subtypes of RAR (RARA, RARB and RARG) which upon dimerization with RXR bind to retinoic acid response elements (RAREs) contained in target genes to modulate their transcription with the help of coregulators. RARs are members of the nuclear receptor superfamily that share highly conserved DNA-binding (DBD) and ligand-binding (LBD) domains.² Structural analysis of the LBD has determined the presence of 12 alpha helices and three beta turns, which define the formation of a ligand-binding pocket and a hydrophobic cleft involved in coregulator recruitment. The binding of RA triggers the appropriate repositioning of helix-12 of RARs to adopt a proper docking conformation for coactivator recruitment, resulting in transcription of target genes.

We have reported that *de novo* missense variants in *RARB* cause a syndromic form of microphthalmia (MCOPS12; MIM # 615524) associated with diaphragmatic hernia/eventration, cardiac defects, Chiari malformation type 1, global developmental delay, and spasticity and/or dystonia.^{3,4} These variants are all located in the LBD of RARB and induce a gain-of-function (GOF) effect characterized by an increase of RA responsiveness in a cell-based transcriptional assay.^{3,4} Here, we report 17 novel variants in *RARB*, identified in 25 individuals with MCOPS12 features. Using transcriptional assays, we ascertained that some of the variants induced a GOF, as previously described^{3,4} whereas others caused a dominant-negative effect, suggesting that MCOPS12 is associated with some functional heterogeneity. Finally, compilation of the clinical data of 52 individuals carrying novel and known pathogenic variants indicates that the phenotypic spectrum associated with the disruption of *RARB* is broader and more variable than initially reported.

METHODS

Variant identification and classification

RARB variants were identified using clinical exome or targeted sequencing. Description of the variants is based on the NCBI reference sequence NM_000965.5, using cDNA numbering with position 1 corresponding to the A of the ATG translation initiation codon (Table S1). Variants are also described at the chromosomal level (GRCh38) using the reference sequence NC_000003.12 and at the protein level using the reference sequence NP_000956.2 (Table 1 and S1).

Transfection studies

One-hybrid luciferase reporter transcriptional assay was performed as previously described.³ Briefly, HEK293 cells were seeded in 24-well plates and transfected with 100 ng per well of expression plasmid encoding either *Gal4* DBD fusion plasmids of human wild-type or mutant *RARB* in the presence of 500 ng of UAS_{tk}Luc reporter-gene construct. To determine the dominant-negative effects of mutants, HEK293 cells were transfected with increasing concentrations of untagged *RARB* variants in the presence of a RARE_{tk}Luc reporter to assess their impact on endogenously expressed wild-type *RARB* receptor. Validation of the C98,101A defective mutant was performed in RAR triple KO mouse embryonic fibroblasts (MEFs). Cells were treated with various concentrations of all-*trans* RA (atRA) or 9-*cis* RA, or with vehicle (DMSO; 1/1,000, v/v) for 16 hrs. Luciferase values were normalized to β -galactosidase activity and expressed as a fold response compared to vehicle-treated cells. Data were derived from at least four independent experiments performed in triplicate.

Molecular dynamics simulation of RARB

Molecular dynamics (MD) simulations of the ligand-free form of *RARB*, and the p.(Met290Arg) and p.(Leu402Pro) receptors were carried out in GROMACS software version 2019.2⁵, using AMBER99SB-ILDN force field.⁶ Starting models were derived from X-ray crystal structure (PDB ID: 4DM8, resolution 2.3 Å) reported previously.⁷ Initial positions for mutant residues were found in Coot by optimizing fit for mutant residue to wild-type electron density and avoiding clashes with surrounding residues.⁸ During setup, the ligand-free and co-activator-free monomer of the LBD encompassing residues 171–409 was placed in a dodecahedron box (10 Å padding) with TIP3P water and neutralized by adding sodium and chloride ions to a final concentration of 150 mM. Following energy minimization, a modified Berendsen thermostat (two groups, 0.1 ps time constant, 310 K reference temperature) followed by Berendsen barostat (isotropic, coupling constant 0.5 ps, reference pressure 1 bar) were sequentially coupled to the system over 100 picoseconds. The unconstrained MD simulations ran for one hundred nanoseconds. The resulting trajectories corrected for periodic boundary condition artifacts were analyzed in Chimera⁹ and R (<https://www.R-project.org>).

RESULTS

Functional impact of novel *RARB* variants

We identified 17 novel *RARB* heterozygous variants, all absent from gnomAD, in 25 individuals with developmental eye abnormalities and/or other clinical features previously associated with MCOPS12 (Fig. 1; Table 1, S1). All of these variants are missenses, except for three canonical splice site and one truncating variant. The missense variants affect amino acids that are conserved in all *RARB* isoforms and all RAR vertebrate proteins. We classified these 17 variants as pathogenic or likely pathogenic variants based on the ACMG framework (Table S1).¹⁰

With the exception of p.(Gly103Cys) and the splicing variants, the novel *RARB* variants are located in distinct clusters within the LBD (Fig. 1). Interestingly, five amino acid residues affected by LBD missense variants (Trp218, Arg269, Phe279, Gly384, Arg387) are

thought to establish contact with atRA¹¹ whereas the remaining ones are located in close vicinity of the ligand binding pocket or in the helix-12 involved in coactivator recruitment. Previously described LBD variants were all shown to exert a GOF effect when tested using a one-hybrid luciferase reporter assay, which provides a readout of the transcriptional activity of cDNA products in response to RA (1 μ M) without any interference from endogenously expressed RARB.^{3,4} We thus sought to determine the transcriptional response of the novel LBD variants using the same approach. We found that five variants (p.(Tyr201Cys), p.(Arg269Thr), p.(Asp281Val), p.(Gly282Ser), p.(Leu402Val)) exhibited a GOF effect with significant increase in their transcriptional response to atRA and 9-*cis* RA when compared to the wild-type receptor (Fig. 2A). The similar responses using both RAR activating ligands indicate that the GOF effects were not isomer-specific. We also found that the variants p.(Phe279Val), p.(His291Leu) and p.(Arg387Leu) recently identified in individuals with MCOPS12¹²⁻¹⁴ also conferred GOF potential of activation when compared to the wild-type receptor (Fig. 2A, Table S1). Therefore, all three reported substitutions at Arg387(Cys/Ser/Leu) resulted in a GOF receptor.^{3,4} Finally, we found that the *de novo* variant p.(Gly294Val) reported in a DECIPHER individual (277774) with MCOPS12 also induces a GOF effect (Fig. 2A, Table S1).

In contrast, the novel LBD variants p.(Trp218Cys), p.(Leu285Arg), p.(Met290Arg), p.(Asn292Asp), p.(Gly384Asp), p.(Leu402Pro) and p.(Leu407Pro) were significantly less effective than the wild-type receptor in responding to RA ligands (1 μ M), indicating that loss-of-function (LOF) variants can also cause MCOPS12 (Fig. 2A). We also found that the *de novo* variant p.(Ile403Thr) reported in a DECIPHER individual (265740) with MCOPS12 exhibited a reduced response to ligands (Fig. 2A, Table S1). This variant and the closely located p.(Leu402Pro) and p.(Leu407Pro) affect residues within helix-12 that form the co-activators' interacting motif. Finally, we found that the *de novo* variant p.(Ser398*) recently described in a child with MCOPS12 exhibited LOF activity (Fig. 2A).¹⁵ As this variant is in the last exon of the gene, it is unlikely to induce nonsense-mediated decay of the transcript and may thus result in the production of a truncated protein without helix-12. We have not tested the effect of the adjacent variant p.(Gly397Trpfs*15) reported here but we predict a response similar to that of p.(Ser398*) since both are missing a functional helix-12.

We next investigated whether the regulation of mutant LOF receptors is dose-dependent. Interestingly, significant increases in activity were observed at higher RA concentrations, suggesting a potential for LOF receptors to be activated (Fig. 2B). Given the dose-dependent regulation of LOF receptors, we then tested the response of GOF receptors to diminished levels of retinoids. We noticed that while some GOF receptors remained activated at lower concentrations of RA, others became less responsive compared to wild-type RARB (Fig. 2C), suggesting that these might exhibit LOF activity in conditions of minimal access to retinoids. Such behavior is not well understood and deserves future investigation. Still, this divergent response to lower levels of retinoids might support the presence of distinct sub-classes within the family of variants with a GOF effect at the concentration of retinoids (1 μ M) used in our assay.

Dominant negative effect of loss-of-function variants

We next addressed the possibility that the LOF variants decrease the transcriptional responsiveness to RA through a dominant-negative mechanism. HEK293 cells produce RARB at high levels compared to the other RAR isoforms and transfection of these cells with a luciferase reporter under the control of a genuine RARE binding site provides a strong transcriptional readout to the endogenous response to RA ligands (1 μ M) (Fig. 3A). Under such condition, the expression of all tested LOF variants caused a significant and dose-dependent reduction in RA response, consistent with a dominant-negative behavior (Fig. 3B-E). Notably, helix-12 LOF variants were among the most effective in inducing a dominant-negative effect (Fig. 3E), along with the p.(Met290Arg) LBD variant (Fig. 3C,D). On the other hand, expression of the wild-type RARB or the GOF p.(Arg387Cys) (not shown) and p.(Arg269Thr) receptors did not down-regulate ligand responsiveness under the same conditions (Fig. 3B). We also analyzed the bi-allelic truncating variants p.(Arg119*) and p.(Ile403Serfs*15), which were identified in siblings with MCOPS12.³ Both variants dramatically decreased the transcriptional response of RARB to RA.³ Here, we found that p.(Ile403Serfs*15), which disrupts helix-12, induced a dominant-negative effect whereas p.(Arg119*), which lacks the second zinc finger essential for DNA binding, had no dominant-negative activity (Fig. 3E-F).

To address whether DNA binding is required for promoting the dominant-negative activity of LOF variants, we replaced two Cys residues (Cys98 and Cys101) that are essential for RARB DNA binding and transcriptional activation by Ala residues (Fig. 3G). The insertion of the C98A;C101A mutation in the p.(Met290Arg), p.(Ser398*) and p.(Leu407Pro) receptors strongly impaired their dominant-negative effects when compared with intact DBD mutants (Fig. 3H). These results suggest the requirement of DNA binding capacity and RARE occupancy as a mechanism by which the LOF variants may exert their dominant-negative potential.

Among the novel variants described here, p.(Gly103Cys) is the only one that is located in the DBD, affecting position +2 from the first of the two zinc fingers critical for DNA binding. We found that p.(Gly103Cys) reduced RARB response to RA ligands via a dominant-negative effect (Fig. 2A, 3F). Thus, despite a possible lower DNA binding to RARE elements, p.(Gly103Cys) remains effective at disrupting wild-type RARB response.

Structural impact of dominant-negative variants

To gain insight into the effect of the dominant-negative variants at the protein level, we performed all-atom MD simulations on the ligand-free LBD of the p.(Met290Arg) and p.(Leu402Pro) mutants compared to wild-type RARB. We observed that the two variants were stable over 100 ns simulations when compared to the wild-type receptor (Fig. 4A), suggesting that both variants are not sufficient to disrupt the overall fold of the LBD. However, the p.(Met290Arg) variant placed a charged residue into a hydrophobic part of the ligand-binding pocket. During simulation, Arg290 relaxed into the space normally occupied by the adjacent Phe295, a key ligand-binding residue, displacing it away and reconfiguring the ligand-binding site into a binding-incompetent conformation considering the unfavored burying of a charged residue in a hydrophobic environment (Fig. 4B). The p.(Met290Arg)

variant is therefore likely to interfere with ligand binding. Leu402 is part of helix-12 required to recruit transcriptional coactivators. The p.(Leu402Pro) variant breaks surface complementarity, removing important hydrophobic contacts, which affect helix-12 integrity and cofactor binding (Fig. 4C). These findings are consistent with a scenario where both mutants could normally interact with DNA and RXR, yet fail to engage the ligand and/or the coactivator for transcriptional activation.

Phenotypic spectrum associated with *RARB* variants

In addition to the 25 affected individuals with novel variants, we report here five new individuals with known variants, including p.(Arg387Cys) (n=3), p.(Arg387Ser) (n=1) and p.(Leu213Pro) (n=1), and we provide additional clinical information about previously described individuals with the variants p.(His291Leu) and p.(Ser398*) (Table S1)^{13,15}. In total, by combining these 32 cases with 20 previously reported ones^{3,4,12,14,16–19}, we obtained a series of 52 individuals carrying likely pathogenic or pathogenic dominant variants in *RARB* (total of 26 variants) for whom we have access to some clinical data (Tables 1 and S1). Two cases were fetuses from terminated pregnancies and six individuals were deceased, including four neonatal deaths caused by respiratory failure related to diaphragmatic hernia/eventration and two deaths in older children from infections in the context of severe motor impairment⁴. Inheritance is known in the case of 43 families: variants occurred *de novo* in 38 of them and were inherited in five, either from an affected (two families) or unaffected parent (three families). Only the parents with clinical features are included in Tables 1 and S1 and discussed hereafter. We did not include in Table 1 and in this analysis of *RARB*-related phenotypes the two DECIPHER cases that we characterized at the molecular level.

Developmental eye anomalies were the most common feature with a prevalence of 45/52 (87%) (Table 1 and S1). Affected individuals displayed a variable combination of unilateral or bilateral microphthalmos/anophthalmos (n=34), anterior segment dysgenesis (including corneal opacification, sclerocornea, Peter's anomaly and/or iris strands) (n= 22), coloboma of the iris, retina, choroid and/or optic nerve (n=22), cataracts (n=5), optic nerve hypoplasia (n=5), foveal hypoplasia (n=2), lens subluxation (n=2), blepharophimosis (n=2), and retinal dysplasia (n=2). Other ophthalmological findings were only reported once in our series (Table S1). Four individuals did not have any of these developmental eye anomalies clinically recognized.

In addition, 21/49 (43%) affected individuals showed diaphragmatic hernias and/or eventrations. Heart defects were found in a total of 15 out of 45 participants (33%) who had an echocardiography. Swallowing difficulties (16/36, 44%) were frequently observed, necessitating G-tube or nasogastric feeding in at least 13 affected individuals. Four individuals had intestinal malrotation and four others had congenital hip subluxation. Episodes of hypoglycemia of unclear etiology were reported in five affected individuals.

Most affected individuals showed severe gross motor delay. Among the 36 individuals who were 24 months of age or older and whose motor developmental history is known, 17 (47%) could not sit unassisted even as late as 18 years of age (including 3 individuals who lost the ability to sit unassisted), seven (19%) could sit unassisted but could not walk,

eight (22%) started to walk after 24 months of age, and four (11%) had no gross motor delay. Motor impairment was initially associated with axial hypotonia (30/38, 79%) and subsequently with spasticity (25/37, 68%) and/or dystonia (15/34, 44%), which was reported as progressive in five individuals.

Among the 36 individuals who were 24 months of age or older and whose language developmental history is known, 24 (67%) individuals had some language delay, including 10 who were non-verbal even as late as 18 years of age and 14 who could say a few isolated words or make short sentences, ten (28%) appeared to display normal language development, and two (6%) individuals had language delay of unspecified severity. It is noteworthy that six individuals with severe motor impairment were reported as having normal language or mild language impairment. Cognitive impairment was not systematically characterized. Intellectual disability was reported in 5 individuals whereas normal cognition was described in 4 individuals with severe motor impairment. Brain MRI showed a variable combination of Chiari malformation type 1 (14 /30, 47%), enlargement of the lateral and/or 3rd ventricles (12/30, including 8 individuals with Chiari malformation), changes in the shape or size of the corpus callosum (5/30), and white matter anomalies (5/30) (Table S1). Interestingly, the size of basal ganglia was decreased in two individuals with severe motor impairment.

GOF and LOF variants were found in 34 and 15 participants, respectively (Table S2). Statistical analysis (Fisher's test) did not show any significant difference between the phenotypic manifestations associated with these two classes of variants. It is noteworthy that p.(Arg387Cys), which is present in about a third of affected individuals, appears to be associated with a relatively homogeneous phenotype with a high prevalence of diaphragmatic anomalies, swallowing difficulties, motor and language impairment and Chiari malformation type 1.

Of interest, p.(Leu402Val) is the only variant in helix-12 with a GOF effect. This variant occurred *de novo* in an individual with Chiari malformation type 1 and growth hormone (GH) deficiency but without any developmental eye anomaly or motor impairment. Although this presentation is atypical, we conclude that it likely explained by p.(Leu402Val) as discussed in details in the supplemental material.

DISCUSSION

We report here the most extensive series of individuals with pathogenic variants in the *RARB* gene. Our study indicates that these individuals display a broader and more variable phenotype than previously described. For instance, although individuals with *RARB* variants reported until now displayed developmental eye anomalies, we report here that such variants can be associated with the absence of a clinically recognized eye phenotype even in individuals with global developmental delay and severe motor impairment. Conversely, we described individuals with developmental eye anomalies but without any other clinical manifestations. The clinical heterogeneity of MCOPS12 is also illustrated by both the intrafamilial and interfamilial heterogeneity as observed by the variable presence of some cardinal features of MCOPS12 in members of the same family or in unrelated individuals

carrying the same variant allele. Given this heterogeneity, the use of the term MCOPS12, which refers to a syndromic form of microphthalmia, appears inappropriate to designate the disorders found in individuals who display isolated eye involvement or who show neurodevelopmental involvement without any eye anomaly. As the clinical manifestations associated with RARB become better delineated, a dyadic approach combining the gene name with the appropriate phenotypic descriptors or an alternative disorder naming system could potentially be considered, as recently suggested.^{20,21}

Functional heterogeneity of RARB variants

The genetic landscape associated with *RARB*-related disorders is characterized by the predominance of missense variants distributed in clusters along the LBD. This pattern raises the possibility that these variants disrupt RARB function by modulating RA ligand effect on the receptor rather than by causing haploinsufficiency. Indeed, we have previously reported that dominant LBD variants associated with MCOPS12 exhibited a GOF effect in promoting their response to RA ligands at the concentration of 1 μ M.^{3,4} Here, we show that not all of the LBD pathogenic variants exert GOF activity; rather, some of them display LOF activity. Given their distribution in multiple clusters across the LBD, we envision that the LOF variants affect the transcriptional activity of RARB via distinct mechanisms. For example, variants located in the vicinity of the ligand binding pocket could perturb proper positioning of RA in RARB. This is likely the case for the p.(Met290Arg) variant, which is predicted, based on our molecular simulation analysis, to interfere with the optimal binding of RA by disrupting the hydrophobic ligand-binding pocket without affecting the overall folding of the protein. A different mechanism could be invoked for the LOF activity of helix-12 variants. It is known that the integrity of helix-12 is an absolute requirement in establishing contacts with transcriptional coactivators to mediate proper ligand activation of nuclear receptors. Accordingly, our simulation analysis of p.(Leu402Pro) molecular dynamics has indicated a major change to the shape of the surface used to engage the coactivator, resulting in a disorganized helix-12 configuration.

Our observation that LOF variants display cross-regulation with endogenous RARB strongly suggests that they behave as dominant-negative receptors. We found that an intact DBD is required for the dominant-negative activity of LOF variants. Such requirement is consistent with the formation of RXR heterodimers with LOF receptors, thereby occupying RARE elements on DNA and hence preventing normal RXR-RARB binding to target genes. Therefore, we propose that the mechanism underlying the dominant-negative effects of these LOF variants involves a competition between functional and non-functional complexes for binding to cognate RARE elements on DNA, thereby decreasing the ligand-binding transcriptional activation of target genes. Interestingly, we also observed that the DBD variant p.(Gly103Cys) decreased ligand responsiveness via a dominant-negative effect. This variant resides in the first zinc finger of the DBD in a region that is required for proper binding of nuclear receptors to DNA.²² We thus suspect that the p.(Gly103Cys) receptor may form non-functional heterodimers through ineffective binding to DNA, thereby impeding the access of DNA sites to wild-type receptor.

We were able to functionally classify mutant receptors based on their increased or decreased responsiveness to retinoids at the concentration of 1 μ M, which has been classically used in cellular assays.^{23–26} Interestingly, we found that some GOF receptors remained activated at lower concentrations of RA while others displayed decreased responsiveness in conditions of minimal access to retinoids, raising the possibility that they have a LOF activity, possibly involving a dominant-negative effect, at these lower RA levels. Although tissue-specific RA synthesis and degradation levels remain hard to determine, studies have raised the possibility that physiological RA signaling could be triggered in the low to high nanomolar range depending on target regions during early embryonic development.^{27,28} Further studies will be necessary to fully characterize the subclasses of mutant receptors and the optimized gene dosage ‘window’ to achieve biological balance.

Impact of *RARB* haploinsufficiency

Bi-allelic truncating variants in *RARB* have been reported in two MCOPS12 families. In one of them, two affected siblings inherited the compound heterozygous variants p.(Arg119*) and p.(Ile403Serfs*15)³ whereas, in the other family, a single child inherited the homozygous variant c.78C>A:p.(C26*).²⁹ Here, we show that p.(Ile403Serfs*15), like the closely located p.(Gly397Trpfs*15) and p.(Ser398*), induces dominant-negative effects, most likely by producing a protein without a functional helix-12, whereas the upstream p.(Arg119*) variant is likely to disrupt *RARB* function by inducing haploinsufficiency of the gene. Thus, truncating variants in *RARB* have distinct effects depending on their position along the gene, as previously described for other disorders.³⁰

The fact that the parents of these affected individuals carrying the p.(C26*) or p.(Arg119*) variant were not reported to display any MCOPS12 phenotypic anomalies suggests that *RARB* haploinsufficiency may be clinically silent. However, gnomAD indicates that *RARB* has a low tolerance to haploinsufficiency (pLI: 1), reporting the presence of only 7 different heterozygous truncating variants (12 alleles; gnomAD v2.1.1 and v3.2), including 3 variants located at the very end of the coding region. Interestingly, Kalaskar and colleagues identified the DBD variant p.(Arg137Gln) in individuals with isolated bilateral colobomas and found that it was causing haploinsufficiency.¹⁹ Altogether, these observations raise the possibility that *RARB* haploinsufficiency may have some variable outcomes ranging from being silent in some individuals to causing a non-syndromic form of developmental eye anomalies in others.

The presence of the dominant-negative p.(Ile403Serfs*15) in trans with the haploinsufficient p.(Arg119*) in MCOPS12 siblings is puzzling. Even though the parent carrying p.(Ile403Serfs*15) appears asymptomatic, we cannot exclude the possibility that MCOPS12 in this family is caused by this dominant-negative variant, with minimal contribution of the haploinsufficient variant. Additional studies will be required to further investigate the clinical impact of *RARB* haploinsufficiency.

Three *RARB* variants occur at canonical splice sites. The individual with c.991+1G>A shows an isolated developmental eye anomaly whereas the individual with c.1150+1G>T displays developmental eye anomalies with a history of mild developmental delay. Both of these variants were inherited from unaffected parents. In contrast, c.1151–1G>C

occurred *de novo* in an individual with a much more severe disorder, including eye anomalies, global developmental delay, and motor impairment (Table 1, S1). In silico splice site analysis using varSEAK (<https://varseak.bio/>) predicts that c.991+1G>A and c.1150+1G>T induce the skipping of exons 6 and 7, respectively, resulting in the creation of a frameshift, and that c.1151–1G>C activates a cryptic splice acceptor site in intron 7, 42 bp from the boundary with exon 8 (the last exon of the gene), also introducing a frameshift. A possible interpretation of these results is that c.991+1G>A and c.1150+1G>T cause haploinsufficiency by inducing nonsense-mediated decay and/or the production of a truncated protein without any ability to dimerize and bind DNA whereas the more distal splice variant c.1151–1G>C induces a dominant-negative effect by selectively disrupting helix-12. Unfortunately, validation of this hypothesis was not possible as we could not have access to RNA samples from the participants.

Parallel with other nuclear receptors

To date, defects in almost half of the 48 nuclear receptor genes have been involved in human disorders.³¹ Both GOF and dominant-negative variants have been described in these disorders.^{32–37} Interestingly, some of these variants act through similar mechanisms to those described for RARB. For example, most LOF variants in the LBD of the thyroid hormone receptors *THRA* and *THRB*, including missense and truncated variants located in helix-12, have been reported to cause thyroid hormone resistance via a dominant-negative effect over the wild-type receptor, either by decreasing ligand affinity and/or by disrupting co-activator recruitment.^{36–39} Of note, dominant-negative *THRA* and *THRB* receptors could be rescued using higher concentrations of the ligand *in vitro* and administration of THR agonists has been shown to decrease the biochemical and clinical anomalies associated with thyroid hormone resistance.^{36,37} Our findings suggest that a similar mechanism might prevail to rescue the transcriptional response of dominant-negative RARB receptors with higher RA concentrations, opening up the possibility of using selective RARB agonists to treat MCOPS12.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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DATA AVAILABILITY

Data and materials individually are available upon request.

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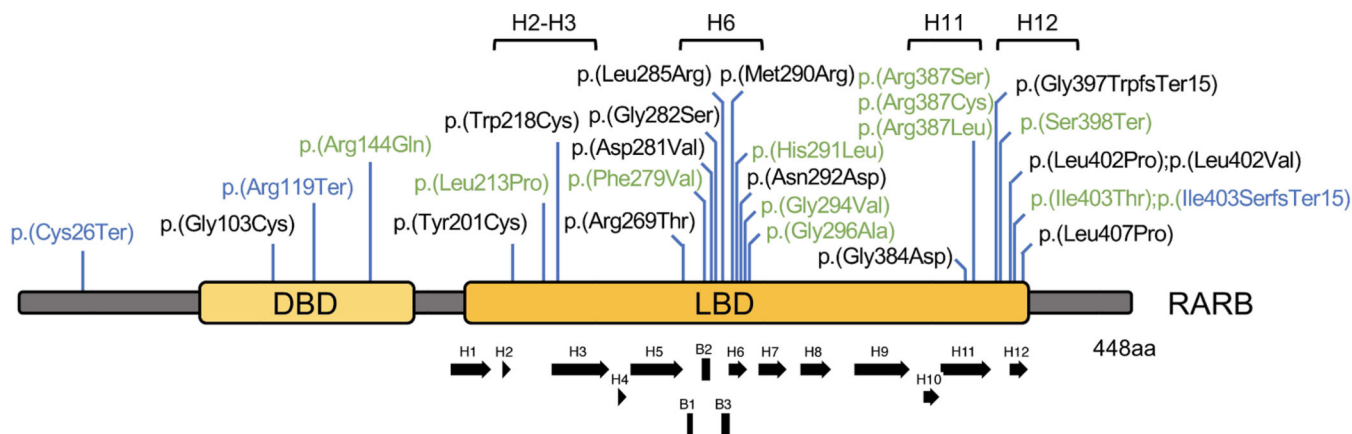


Figure 1. Localization of RARB variants

Schematic representation of the position of bi-allelic (blue) and dominant (novel in black, previously reported in green) coding variants along the RARB protein. Also shown are the positions of the 12 α -helices (H1-H12) and the three β -turns (B1-B3) of the protein. DBD, DNA binding domain; LBD, ligand binding domain.

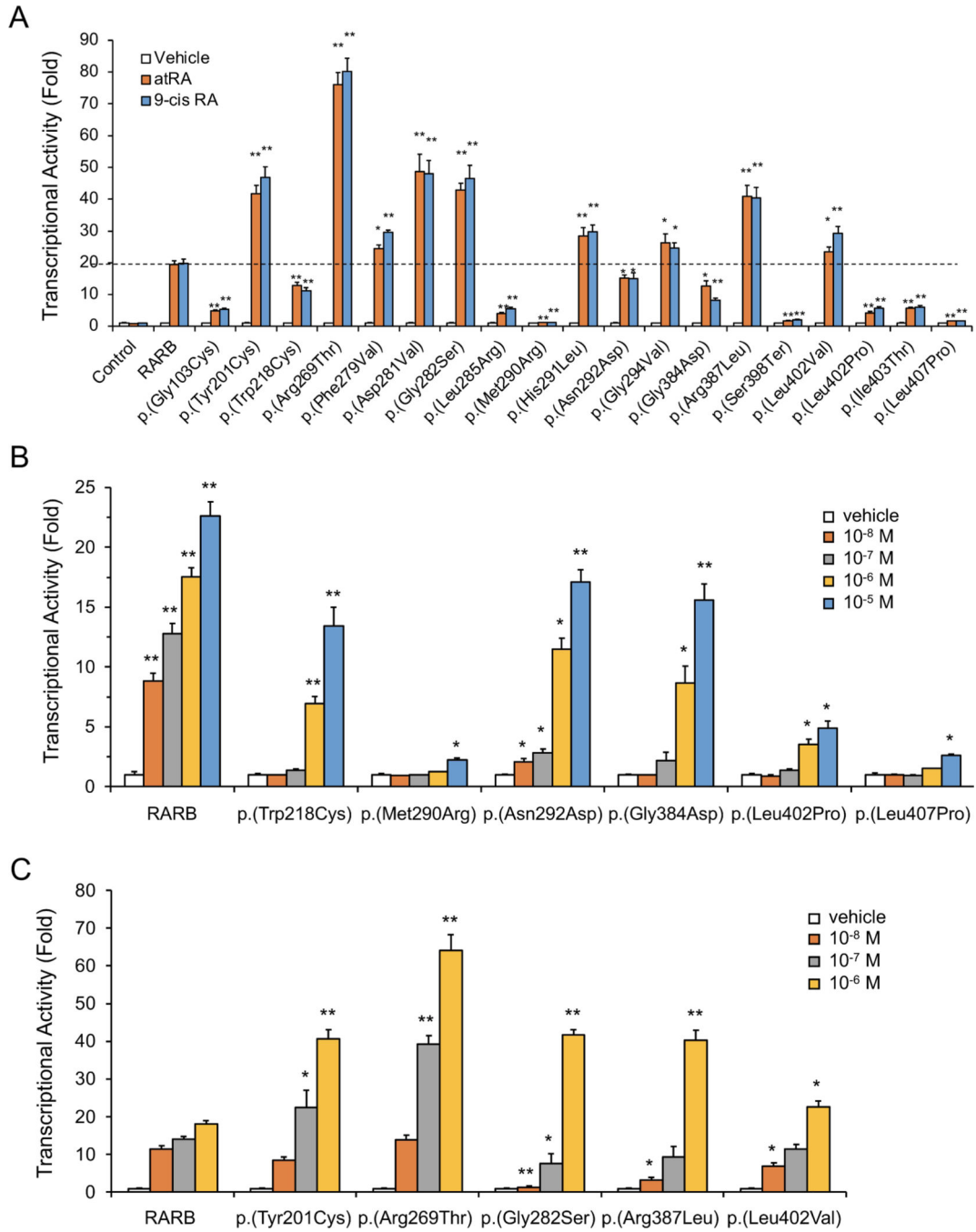


Figure 2. Transcriptional response of RARB variants to RA ligands

(A) Human embryonic kidney HEK293 cells were transfected with Gal4 fusion plasmids of wild-type human RARB or the indicated genetic variants in the presence of UAS_{tk}Luc reporter luciferase gene construct. Cells were then treated with 1 μ M atRA, 1 μ M 9-*cis* RA, or vehicle (DMSO; 1/1,000, v/v) for 16 hr. Luciferase values were normalized to β -galactosidase activity and expressed as a fold response compared to vehicle-treated cells set at 1.0 for each mutant. Empty Gal4-transfected cells were used as a negative control. Data (mean \pm SEM) were derived from at least four independent experiments performed

in triplicate. *, $p < 0.05$; **, $p < 0.01$ versus wild-type RARB response to each respective RA ligand. **(B)** The same assay as in (A) was used to assess the impact of increasing concentrations of atRA on the transcriptional response of loss-of-function variants. *, $p < 0.05$; **, $p < 0.001$ versus untreated mutant RARB response. **(C)** Similar as in (B) except that GOF variants were tested to decreased concentrations of atRA. *, $p < 0.05$; **, $p < 0.001$ versus wild-type RARB treated in the same condition.

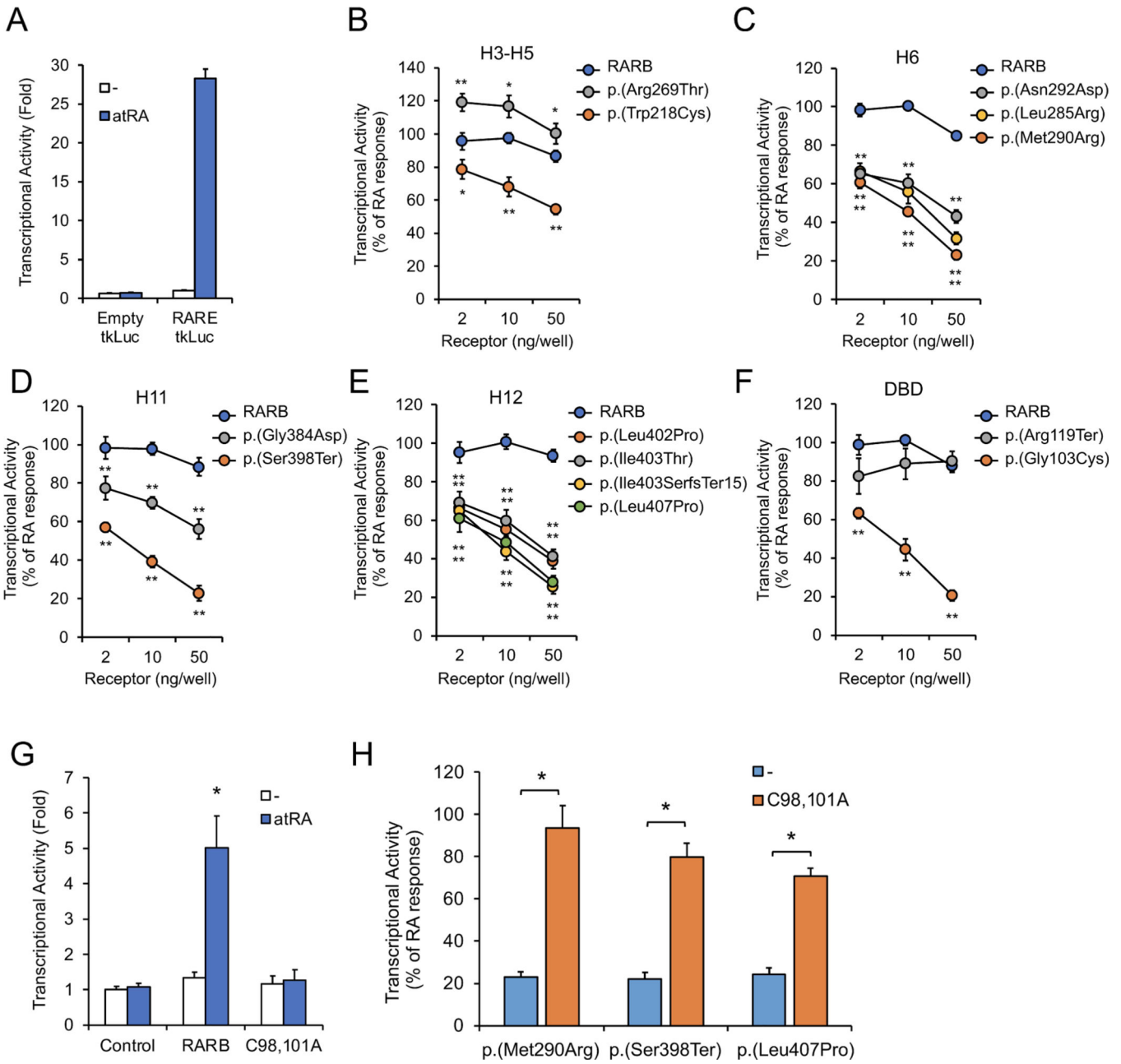


Figure 3. Dominant-negative effects of RARB variants

(A) Endogenous response of HEK293 cells to atRA. Cells were transfected with a RAREtkLuc reporter luciferase gene construct or an empty tkLuc reporter as a negative control, and then treated with 1 μ M atRA or vehicle (DMSO; 1/1,000, v/v) for 16 hr. Luciferase values were normalized to β -galactosidase activity and expressed as a fold response compared to vehicle-treated RAREtkLuc-transfected cells set at 1.0. (B to F) HEK293 cells were seeded in 24-well plates and transfected as in A with a RAREtkLuc reporter in the presence of increasing concentrations of plasmids encoding wild-type RARB or each indicated variant. Luciferase values were normalized to β -galactosidase activity and dominant-negative activity was determined as the % change of endogenous RA response

determined as in A and set at 100%. Data (mean \pm SEM) were derived from at least four independent experiments performed in triplicate. *, $p < 0.05$; **, $p < 0.005$ versus wild-type RARB-transfected cells in the same conditions. **(G)** The C98,101A mutation in the DNA binding domain abolished RARB response to RA. RAR triple KO MEFs were transfected or not (control) with wild-type or C98,101A mutated RARB in the presence of the RAREtkLuc reporter and treated with RA (1 μ M at RA, 16h). Luciferase values were expressed as fold (mean \pm SEM) compared to untreated cells. Data were derived from at least four independent experiments performed in triplicate. *, $p < 0.01$. **(H)** DBD integrity is indispensable for dominant-negative activity of LOF variants. HEK293 cells were transfected with each indicated LOF variant in the context or not of the C98,101A mutation, and treated as in G in the presence of the RAREtkLuc reporter. Dominant negative activity was determined as the % change of endogenous RA response set at 100%. Data (mean \pm SEM) were derived from at least four independent experiments performed in triplicate. *, $p < 0.05$.

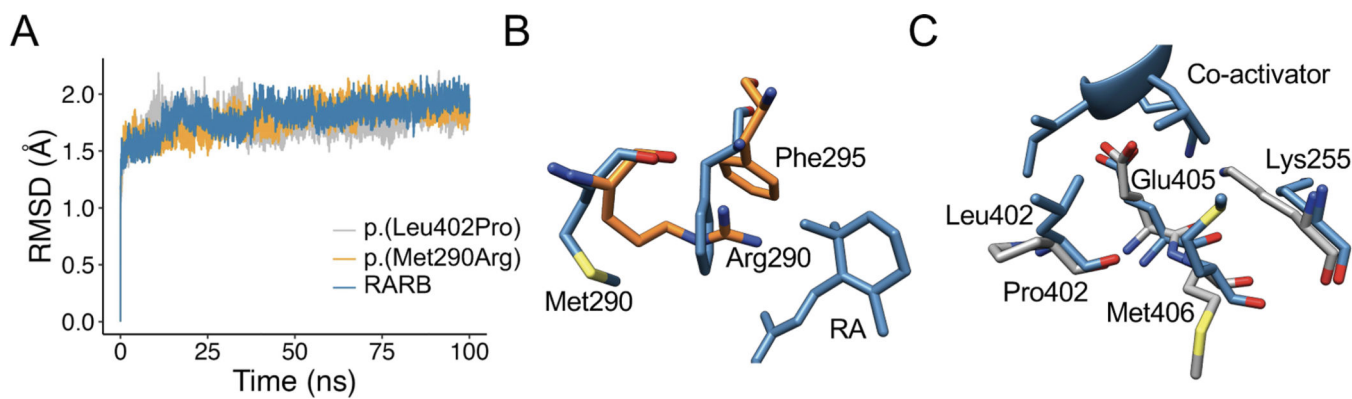


Figure 4. Molecular dynamics simulation of RARB variants structural changes

(A) Root mean square deviation traces over 100 ns all-atom molecular dynamics (MD) trajectories have been performed for p.(Met290Arg) and p.(Leu402Pro) variants and compared to wild-type RARB. Results show that all receptor forms were stable under simulation. (B) The p.(Met290Arg) variant results in repacking of side chain residues in the binding pocket: wild-type structure used to set up simulation (blue, PDB ID 4DM8) versus a frame from the end of the mutant simulation (orange). Arg290 extends towards the ligand pocket, pushing aside Phe295, a key contact residue. (C) The p.(Leu402Pro) variant changes the shape of coactivator binding surfaces, removing important hydrophobic contacts to the co-activator helix (top): wild-type structure used to set up simulation (blue, PDB ID: 4DM8) versus a frame from the end of the mutant simulation (grey).

Table 1. Characteristics of individuals with pathogenic/likely pathogenic variants in *RARB*

Variant (NP_000956.2)	Inheritance ¹	Functional impact ²	Number of individuals (gender)	Developmental eye defect ³	Diaphragmatic hernia/ eventration ³	Swallowing difficulties ³	Heart defects ³	Gross motor delay ³	Language delay ³	Intellectual disability ³	Hypotonia ³	Spasticity ³	Dystonia ³	Chiari malformation type 1 ³
p.(Gly103Cys)	de novo	LOF	1 (M)	1/1	0/1	0/1	0/1	0/1	0/1	0/1	0/1	0/1	0/1	nr
p.(Arg137Gln)	inherited	LOF	2 (1M:1F)	2/2	nr	nr	nr	nr	nr	nr	nr	nr	nr	nr
p.(Tyr201Cys)	de novo	GOF	1 (M)	0/1	0/1	0/1	0/1	1/1	1/1	na	1/1	0/1	0/1	1/1
p.(Leu213Pro)	de novo	GOF	3 (F)	3/3	0/2	1/1	3/3	2/2	2/2	2/2	2/3	2/2	2/2	1/3
p.(Trp218Cys)	de novo	LOF	1 (F)	1/1	1/1	0/1	0/1	na	na	na	na	na	na	nr
p.(Arg269Thr)	inherited	GOF	4 (1M:3F)	4/4	0/4	2/3	1/1	4/4	2/2	1/1	2/3	3/4	1/4	1/1
p.(Phe279Val)	de novo	GOF	1 (M)	1/1	1/1	nr	nr	nr	na	na	nr	nr	nr	nr
p.(Asp281Val)	de novo	GOF	1 (F)	0/1	0/1	0/1	0/1	1/1	1/1	0/1	1/1	0/1	1/1	0/1
p.(Gly282Ser)	de novo	GOF	3 (2M:1F)	2/3	2/3	1/3	0/3	3/3	3/3	na	3/3	2/3	0/3	1/3
p.(Leu285Arg)	de novo	LOF	1 (F)	0/1	0/1	0/1	0/1	1/1	0/1	0/1	1/1	1/1	1/1	0/1
p.(Met290Arg)	inherited	LOF	1 (F)	1/1	0/1	0/1	0/1	1/1	nr	1/1	nr	nr	nr	0/1
p.(His291Leu)	de novo	GOF	1 (M)	1/1	1/1	0/1	0/1	1/1	0/1	nr	1/1	1/1	1/1	0/1
p.(Asn292Asp)	de novo	LOF	1 (M)	0/1	0/1	0/1	0/1	1/1	0/1	nr	1/1	1/1	0/1	1/1
p.(Gly296Ala)	de novo	GOF	1 (F)	1/1	0/1	nr	0/1	1/1	1/1	Nr	1/1	1/1	1/1	0/1
	inherited	nd	1 (F)	1/1	0/1	0/1	0/1	0/1	0/1	0/1	0/1	0/1	0/1	nr
	inherited	nd	1 (F)	1/1	0/1	0/1	0/1	1/1	1/1	nr	0/1	0/1	0/1	nr
	de novo	nd	1 (M)	1/1	0/1	0/1	0/1	1/1	1/1	nr	1/1	1/1	0/1	0/1
p.(Gly384Asp)	de novo	LOF	2 (F)	1/2	0/2	0/2	0/2	2/2	?	0/1	2/2	1/2	1/2	nr
p.(Arg387Cys)	de novo	GOF	15 (8M:7F)	15/15	12/15	7/8	8/15	10/10	9/9	1/1	9/9	6/8	3/5	6/8
p.(Arg387Ser)	de novo	GOF	2 (M)	2/2	1/2	1/1	1/2	1/2	1/2	0/1	1/1	1/2	1/2	0/1
p.(Arg387Leu)	unknown	GOF	1 (F)	1/1	0/1	nr	0/1	1/1	1/1	nr	1/1	nr	nr	nr
p.(Gly397Trpfs*15)	de novo	LOF	1 (M)	1/1	0/1	0/1	1/1	1/1	0/1	0/1	0/1	1/1	1/1	0/1
p.(Ser398*)	de novo	LOF	1 (M)	1/1	1/1	1/1	0/1	1/1	0/1	0/1	1/1	1/1	1/1	0/1
p.(Leu402Val)	de novo	GOF	1 (F)	0/1	0/1	0/1	1/1	0/1	0/1	0/1	0/1	0/1	0/1	1/1
p.(Leu402Pro)	de novo	LOF	3 (1M:2F)	3/3	1/3	2/2	0/3	2/2	2/2	1/1	1/2	2/2	1/2	2/2

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Variant (NP_000956.2)	Inheritance ¹	Functional impact ²	Number of individuals (gender)	Developmental eye defect ³	Diaphragmatic hernia/ eventration ³	Swallowing difficulties ³	Heart defects ³	Gross motor delay ³	Language delay ³	Intellectual disability ³	Hypotonia ³	Spasticity ³	Dystonia ³	Chiari malformation type 1 ³
p.(Leu407Pro)	de novo	LOF	1 (M)	1/1	21/49 (43)	16/36 (44)	16/46 (35)	36/40 (90)	na	na	1/1	1/1	0/1	0/1
Number of individuals with a given feature (%)			52 24M:28F	45/52 (87)	21/49 (43)	16/36 (44)	16/46 (35)	36/40 (90)	25/34 (74)	6/15 (40)	30/38 (79)	25/37 (68)	15/34 (44)	14/30 (47)

ce reported in at least one individual;

nt based on the functional studies performed herein;

corresponds to the number of individuals for whom the presence or absence of a given feature was reported. Variants in bold were not previously reported in the literature.