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Gloves, extra gloves or special types of gloves for preventing percutaneous exposure injuries in healthcare personnel (Review)

Mischke C, Verbeek JH, Saarto A, Lavoie MC, Pahwa M, Ijaz S

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[Intervention Review]

Gloves, extra gloves or special types of gloves for preventing percutaneous exposure injuries in healthcare personnel

Christina Mischke¹, Jos H Verbeek², Annika Saarto³, Marie-Claude Lavoie⁴, Manisha Pahwa⁵, Sharea Ijaz²

¹Cochrane Occupational Safety and Health Review Group, Kuopio, Finland. ²Cochrane Occupational Safety and Health Review Group, Finnish Institute of Occupational Health, Kuopio, Finland. ³Finnish Institute of Occupational Health, Turku, Finland. ⁴University of Maryland Baltimore, Baltimore, Maryland, USA. ⁵Dalla Lana School of Public Health, University of Toronto, Toronto, Canada

Contact: Jos H Verbeek, Cochrane Occupational Safety and Health Review Group, Finnish Institute of Occupational Health, PO Box 310, Kuopio, 70101, Finland. jos.verbeek@ttl.fi.

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ABSTRACT

Background

Healthcare workers are at risk of acquiring viral diseases such as hepatitis B, hepatitis C and HIV through exposure to contaminated blood and body fluids at work. Most often infection occurs when a healthcare worker inadvertently punctures the skin of their hand with a sharp implement that has been used in the treatment of an infected patient, thus bringing the patient's blood into contact with their own. Such occurrences are commonly known as percutaneous exposure incidents.

Objectives

To determine the benefits and harms of extra gloves for preventing percutaneous exposure incidents among healthcare workers versus no intervention or alternative interventions.

Search methods

We searched CENTRAL, MEDLINE, EMBASE, NHSEED, Science Citation Index Expanded, CINAHL, NIOSHTIC, CISDOC, PsycINFO and LILACS until 26 June 2013.

Selection criteria

Randomised controlled trials (RCTs) with healthcare workers as the majority of participants, extra gloves or special types of gloves as the intervention, and exposure to blood or bodily fluids as the outcome.

Data collection and analysis

Two authors independently assessed study eligibility and risk of bias, and extracted data. We performed meta-analyses for seven different comparisons.

Main results

We found 34 RCTs that included 6890 person-operations as participating units and reported on 46 intervention-control group comparisons. We grouped interventions as follows: increased layers of standard gloves, gloves manufactured with special protective materials or thicker gloves, and gloves with puncture indicator systems. Indicator gloves show a coloured spot when they are perforated. Participants were surgeons in all studies and they used at least one pair of standard gloves as the control intervention. Twenty-seven studies also included other surgical staff (e.g. nurses). All but one study used perforations in gloves as an indication of exposure. The median control group rate was 18.5 perforations per 100 person-operations. Seven studies reported blood stains on the skin and two studies reported self reported needlestick injuries. Six studies reported dexterity as visual analogue scale scores for the comparison double versus single gloves, 13 studies reported outer glove perforations. We judged the included studies to have a moderate to high risk of bias.

We found moderate-quality evidence that double gloves compared to single gloves reduce the risk of glove perforation (rate ratio (RR) 0.29, 95% confidence interval (CI) 0.23 to 0.37) and the risk of blood stains on the skin (RR 0.35, 95% CI 0.17 to 0.70). Two studies with a high risk of bias also reported the effect of double compared to single gloves on needlestick injuries (RR 0.58, 95% CI 0.21 to 1.62).

We found low-quality evidence in one small study that the use of three gloves compared to two gloves reduces the risk of perforation further (RR 0.03, 95% CI 0.00 to 0.52). There was similar low-quality evidence that the use of one fabric glove over one normal glove reduces perforations compared to two normal gloves (RR 0.24, 95% CI 0.06 to 0.93). There was moderate-quality evidence that this effect was similar for the use of one special material glove between two normal material gloves. Thicker gloves did not perform better than thinner gloves.

There was moderate to low-quality evidence in two studies that an indicator system does not reduce the total number of perforations during an operation even though it reduces the number of perforations per glove used.

There was moderate-quality evidence that double gloves have a similar number of outer glove perforations as single gloves, indicating that there is no loss of dexterity with double gloves (RR 1.10, 95% CI 0.93 to 1.31).

Authors' conclusions

There is moderate-quality evidence that double gloving compared to single gloving during surgery reduces perforations and blood stains on the skin, indicating a decrease in percutaneous exposure incidents. There is low-quality evidence that triple gloving and the use of special gloves can further reduce the risk of glove perforations compared to double gloving with normal material gloves. The preventive effect of double gloves on percutaneous exposure incidents in surgery does not need further research. Further studies are needed to evaluate the effectiveness and cost-effectiveness of special material gloves and triple gloves, and of gloves in other occupational groups.

PLAIN LANGUAGE SUMMARY

Extra gloves or special types of gloves for preventing sharps injuries in healthcare workers

Background

Healthcare workers can hurt themselves accidentally with needles or sharp instruments that have been used in patient care. This carries a small risk that the healthcare worker becomes infected with a viral disease such as hepatitis or HIV. Therefore it is important to prevent blood contact to prevent infection. We evaluated whether the use of gloves, more than one layer of gloves or special gloves can prevent needles or sharp instruments from piercing the skin. Up until June 2013, we found 34 studies that evaluated 6890 operations. There were no studies in non-surgical staff.

Two pairs of gloves compared to one pair only

In 12 studies, two pairs of gloves reduced the number of perforations in gloves by 71% compared to the use of one pair of gloves. In three studies, two pairs of gloves reduced blood stains on the skin by 65%. The reduction in self reported needlestick injuries was less clear.

Three pairs of gloves compared to two pairs of ordinary gloves

One low-quality study showed that triple gloves compared to double gloves can further reduce perforations.

A pair of thicker or special gloves compared to a pair of ordinary gloves

Five low-quality studies showed that the number of perforations was similar for thicker and thinner gloves. In two low-quality studies, the use of one pair of fabric gloves over one pair of normal gloves reduced perforations compared to two pairs of normal gloves. This was similar for gloves made from special material such as fabric or steel, used in between normal gloves.

Indicator gloves

Indicator gloves show a coloured spot when they are pierced. Two studies showed that they reduced the number of perforations per glove but not the total amount of perforations.

Sensitivity of the fingers

There were no indications that using more layers of gloves decreased sensitivity of the fingers.

Conclusions



Surgeons and surgical staff can reduce their risk of contracting a serious viral infection by wearing two pairs of gloves instead of one pair of gloves. The use of three glove layers or gloves made from special material probably reduces the risk further but these need better evaluation. We need further studies to evaluate whether gloves have a similar preventive effect in other healthcare professionals outside the operating theatre.

SUMMARY OF FINDINGS

Summary of findings for the main comparison. Double gloves compared to single gloves for preventing percutaneous exposure injuries in healthcare personnel

Double gloves compared to single gloves for preventing percutaneous exposure injuries in healthcare personnel

Patient or population: healthcare personnel

Settings: operating theatre

Intervention: double gloves

Comparison: single gloves

Outcomes	Illustrative com CI)	parative risks* (95%	Relative effect (95% CI)	No of partici- pants (studies)	Quality of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk		(studies)	(010102)	
	Single gloves	Double gloves				
Inner glove perfo- rations	Study population	on	Rate ratio 0.29 (0.23 to 0.37)	3437 (12 studies)	⊕⊕⊕⊝ moderate ^{1,2}	Includes 10 studies which measured the number of perforations and 2 studies which measured the number of gloves with 1 or more perforation Assumed risk calculated as the mean across the 10 studies that measured the number of perfora- tions Risk expressed as the number of perforations per 1000 person-operations
rations Water leak test or air test Follow-up: median	172 per 1000	50 per 1000 (40 to 64)				
1 operation	Low					
	7 per 1000	2 per 1000 (2 to 3)				
	High					
	280 per 1000	81 per 1000 (64 to 104)				
Dexterity: outer glove perforations	Study population		Rate ratio 1.10 (0.93 to 1.31)	2817 (8 studies)	⊕⊕⊕⊙ moderate ^{2,3}	Includes 6 studies that measured the number of perforations and 2 studies that measured the
- number of perfo- rations Water leak test or air test Follow-up: median 1 operation	178 per 1000	195 per 1000 (165 to 233)	(0.93 (0 1.31)	(o studies)	moderate 2,3	number of gloves with 1 or more perforations Assumed risk calculated as the mean across the 6 studies that measured the number of perfora- tions
	Low					
	8 per 1000	9 per 1000				Risk expressed as the number of perforations per 1000 person-operations

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		(7 to 10)	
	High		
	290 per 1000	319 per 1000 (270 to 380)	
*The basis for the assumed risk (e.g. the median control group risk across studies) is provided in footnotes. The corresponding risk (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI). CI: confidence interval			

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

¹In most studies the outcome assessor was not blinded (n = 5) or it was unclear if the outcome assessors were blinded (n = 6). Only one study used a combined air and water test for the outcome assessment. In most studies the randomisation (sequence generation, concealment) was unclear (n = 9) and two studies had a high risk of bias. ²Heterogeneity: $I^2 = 0\%$.

³In most studies the outcome assessor was not blinded (n = 5) or it was unclear if the outcome assessors were blinded (n = 2). Only one study used a combined air and water test for the outcome assessment. In most studies the randomisation (sequence generation, concealment) was unclear (n = 5) and two studies had a high risk of bias.

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BACKGROUND

Healthcare workers are at risk of acquiring infectious diseases through exposure at work. Exposure to blood or bodily fluids from infected patients can lead to infection with hepatitis B, hepatitis C and human immunodeficiency virus (HIV), among other pathogens. These are serious viral infections that may cause a chronic disease process or initiate cancer and eventually lead to death. According to Pruss-Ustun et al, 16,000 hepatitis C, 66,000 hepatitis B and 1000 HIV infections may have occurred worldwide among healthcare workers in the year 2000 due to occupational exposure to blood and bodily fluids (Pruss-Ustun 2005). The World Health Organization (WHO) reports that two million healthcare workers across the world experience percutaneous exposure to infectious diseases each year (WHO 2007). In Europe it is estimated that there are more than one million needlestick injuries annually (European Biosafety Network 2010). A European Union directive on prevention of sharp injuries in the hospital and healthcare sector was agreed upon in 2009, and member states were bound to implement the directive into their national legislation by May 2013.

Description of the condition

The risk of acquiring an infection is proportional to the prevalence of the infections in the patient population. Thus, in areas where hepatitis B, hepatitis C and HIV are highly prevalent, such as in certain countries in Africa, Asia and Eastern Europe, the risks are much higher than in Northern and Western Europe, Australia or in North America (Centers for Disease Control 2012; Shepard 2005). This situation has a significant impact on the health of workers and also on the healthcare system as a whole. The transmission of occupational blood-borne infectious diseases leads to absenteeism, morbidity and, in some cases, mortality among healthcare workers. This leads to a reduction in the healthcare workforce and consequently affects patients' quality of care and safety. The risk of acquiring an infectious disease at work means that healthcare workers may also suffer from psychological stress, which affects both their work and personal life (Fisman 2002; Sohn 2006). There is also an economic burden imposed on hospitals due to managing occupational exposure to blood-borne diseases, such as costs related to blood tests, treatment, outpatient visits and lost working hours.

Description of the intervention

Exposure to blood or bodily fluids, also called percutaneous exposure, occurs when healthcare workers are injured with sharp needles or instruments, or when body fluids including blood are splashed during medical procedures. These incidents are called sharps or needlestick injuries, or percutaneous exposure incidents (PEIs). The actual causes of PEIs are multifactorial and include elements such as, but not limited to, types of devices and procedures, lack of access to or availability of personal protective equipment for the healthcare workers, suboptimal use of personal protective equipment, professional inexperience and lack of training and education on infection control and occupational health principles, improper management of sharps, poor organisational climate, high workload and fatigue, working alternate shifts, and high mental pressure and subjective perception of risk (Akduman 1999; Ansa 2002; Clarke 2002; Doebbeling 2003; Fisman 2007; Ilhan 2006; Oh 2005; Orji 2002; Roberts 1999; Smith 2006; Smith 2006b; Wallis 2007). Most of these causes can be addressed by specific interventions.

There are several types of interventions to prevent infection from PEI. For hepatitis B, vaccination has been successful (Chen 2005), but vaccination is not yet possible for hepatitis C or HIV (Mast 2004). Exposure reduction therefore remains the main preventive strategy. In general, there are several strategies for reducing or eliminating exposure, such as elimination of hazards at the source (for example, the elimination of unnecessary injections) or along the path (for example, safety medical devices or workplace practices, use of personal protective equipment, etc.) (Ellenbecker 1996; Roelofs 2003). The intervention examined in this Cochrane review, the use of gloves, is in the category of personal protective equipment.

How the intervention might work

The effectiveness of intact latex gloves as protection from HIV, for instance, has been shown in mechanical tests in the laboratory (Dalgleish 1988). Wearing multiple gloves (two or more pairs of gloves) is thought to provide increased resistance to needle penetration and thus protection against the transmission of body fluids (Edlich 2003). Special materials, such as gloves made from stainless steel wire weave, are expected to have a similar effect, as demonstrated by mechanical puncture tests with a needle penetration machine (Diaz-Buxo 1991; Leslie 1996; Manson 1995; Mansouri 2010). Lefebvre 2008 demonstrated that double gloving significantly decreases the transmission of aqueous contaminant with cutting surgery needles as compared to a single glove layer. Finally, an indicator system attached to gloves might also decrease exposure to blood because it warns the user about glove punctures. Even though this would not prevent needlestick injuries as such, it could influence the person's behaviour in performing the task more safely and thus have a preventive effect.

Why it is important to do this review

There are several strategies available to reduce PEIs among healthcare workers and these are widely used. It is therefore important to know whether these preventive interventions are effective. Retrospective studies indicate that PEIs can be reduced by more than 50% by behavioural interventions, either education or the adoption of new techniques (Bryce 1999; Castella 2003). The use of safety devices may also have a significant effect (Bryce 1999; Castella 2003; Waclawski 2004). Even though the protective effect of double gloving has been shown for a long time in individual studies, it has been reported that single gloving still occurs (see also Cicconi 2010 and Haines 2011). However, the use of single gloves among healthcare workers is inconsistent and may be influenced by several factors including risk perception, healthcare culture and the availability and accessibility of supplies (Fadeyi 2011; Kinlin 2010; Timilshina 2011). Glove use should be emphasised as a key element of multimodal sharps injury reduction programmes. A systematic review might help in the better implementation of an effective intervention. Extra gloves would also help to reduce transmission of infections from healthcare workers to patients. This topic has been studied in another Cochrane Review (Tanner 2009) and the authors found two trials that reported fewer patient infections with double gloving. Needlestick injuries sustained by surgical staff were, however, not a primary outcome in that review. Our review is one of a group of Cochrane Reviews that address interventions to prevent PEIs: one on blunt needles by Parantainen 2011, one on safe devices by Lavoie 2012 and another on education and training, which is ongoing.



OBJECTIVES

To determine the benefits and harms of extra gloves for preventing percutaneous exposure incidents among healthcare workers versus no intervention or alternative interventions.

METHODS

Criteria for considering studies for this review

Types of studies

We included all randomised controlled trials (RCTs) including cluster-randomised controlled trials (c-RCTs), irrespective of language of publication, publication status or blinding.

Types of participants

Participants are healthcare workers, who are all persons professionally involved in providing health care to patients. We decided that at least 75% of the participants needed to fulfil this criterion.

Types of interventions

Inclusion criteria

We included all interventions that aim to reduce exposure to bodily fluids, including blood, by using extra gloves or special types of gloves.

We categorised interventions according to mode of action:

- increasing the number of layers of gloves;
- using thick gloves or gloves manufactured with special protective materials;
- using glove puncture indicator systems which warn the worker about glove perforations; and
- interventions with combinations of two or more of the above.

Exclusion criteria

We excluded studies carried out in the laboratory without direct (human) patient contacts.

Types of outcome measures

Primary outcomes

Exposure of healthcare workers to potentially contaminated bodily fluids, including blood, was our primary outcome measure. Exposure could be either needlestick injury, sharps injury, blood stains inside the gloves or on the skin, or glove perforations. We considered all reports of such exposure as valid measures of the outcome, including self reports, reports by the employer or empirical observations of blood stains by researchers.

Secondary outcomes

We used dexterity as a secondary outcome. We used the ratio of the number of perforations in the most outer gloves as an indication of loss of dexterity when wearing two glove layers compared to one glove layer. This is based on the assumption that a loss of dexterity as a result of double gloving would lead to a higher number of perforations in the outer gloves, whereas the inner gloves could still protect against skin perforation. In addition, we took visual analogue scales (VAS) as indicators of loss of dexterity.

Search methods for identification of studies

The search until September 2010 was part of a larger search for **all** interventions to prevent percutaneous exposure incidents (PEIs) in healthcare personnel. For interventions that are difficult to randomise we then also included non-randomised studies. After the division of the original review into four separate reviews in 2011, we used an updated search strategy that was restricted to randomised glove studies only.

Electronic searches

For the original search we first applied search terms for percutaneous exposure incident (PEI). We then combined these terms for PEI with the recommended search strings for randomised trials (Robinson 2002) and for non-randomised studies (Verbeek 2005).

We used the strategy to search CENTRAL, MEDLINE, EMBASE, NHSEED, Science Citation Index Expanded, CINAHL, OSH-update (NIOSHTIC and CISDOC), LILACS and PsycINFO from the earliest record to September 2010. In addition, we searched the databases of WHO, the UK National Health Service (NHS) and the International Healthcare Worker Safety Center until 2009 (Appendix 1).

For the updated search we simplified the original search and used only a filter for randomised studies. We searched the same databases up until June 2013, except for LILACS, because the initial search did not reveal any studies (Appendix 2).

Searching other resources

We screened the reference lists of all relevant studies for additional studies. We contacted authors of intervention studies to obtain information missing from their published reports.

Data collection and analysis

Selection of studies

Using the inclusion and exclusion criteria, authors worked independently in pairs (AS and JV, M-CL and MP) to screen the identified titles and abstracts of the references that were identified by the search strategy for potential studies. We obtained the full texts of those references that appeared to meet the inclusion criteria. We did not blind the full-text articles because we felt that this would not increase validity. We resolved disagreements between pairs by consensus. The pairs consulted a third author when disagreements persisted.

Data extraction and management

Authors worked independently in pairs to extract data from the included studies into a form (AS and JV, M-CL and MP, CM and SI). The form included the essential characteristics of the study, participants, interventions, outcomes and results. We also noted any adverse events and the sponsorship of the study. The two pairs of authors (AS and JV, M-CL and MP, CM and SI) independently assessed the risk of bias of each study, using consensus when disagreements occurred. The pairs consulted a third author when disagreements persisted. We did not mask trial names because we did not believe that this would have increased validity.

Assessment of risk of bias in included studies

For the assessment of risk of bias in studies, we used the 'Risk of bias' tool as provided in RevMan 5 (RevMan 2012). We used the items on randomisation, allocation concealment, blinding of participants and outcome assessors, incomplete outcome data and selective outcome reporting, as described in the *Cochrane* Handbook for Systematic Reviews of Interventions (Higgins 2011).

To rate the overall risk of bias in studies, we used random sequence generation, allocation concealment and blinding of the outcome assessor as the most important domains. We rated studies that had a high risk of bias in one of these three items as having a high risk of bias. We rated studies with low risk of bias in all three items as having a low risk of bias.

Measures of treatment effect

Authors reported the outcome of their studies in many different ways. We assumed that the most valid estimate of the risk of exposure for healthcare personnel was provided by the number of holes in gloves used by one person during one operation. It would have been more precise if 'operation' could have been defined as 'the number of hours engaged in an operation of average difficulty', comparable to a number of person-years at risk, but the data were not sufficient to calculate this.

We treated the results of all trials as being dichotomous and used rate ratios (RR) rather than odds ratios, because of the high prevalence of most outcomes. Some studies reported rates that were larger than one per unit because needlestick injuries or glove perforations can be sustained more than once. To address this issue, we calculated the natural logarithm (In) of the RRs and their standard errors from the number of glove perforations and the number of surgeon-operations in an Excel spreadsheet, as recommended by the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). We used the natural log of the rate ratios and their standard errors as input in RevMan where we combined them using the generic inverse variance method. We provide the raw data for all studies in additional tables (Table 1; Table 2; Table 3).

Unit of analysis issues

We intended to calculate the design effect for studies that employed a cluster-randomised design but did not make an allowance for the design effect. In studies where the operators were randomised or where the unit of randomisation was the operation or the patient and where there was only one surgeon, we assumed that there was no unit of analysis issue. In studies where the unit of analysis was the patient or operation and where there was more than one person who could sustain needlestick injuries in one operation, the outcomes could be clustered at the operator level. To avoid these issues, we calculated all outcomes per surgeon and per operation. We called this unit of analysis a surgeon-operation to indicate that this was the risk for one surgeon performing one operation.

Dealing with missing data

We contacted the authors of seven included studies but did not receive an answer or authors could not provide us with the additional information needed for the meta-analysis. We could calculate the number of operations for three studies (Carter 1996; Chua 1996; Liew 1995 Single) and the number of persons participating in the operation for three other studies (Laine 2004b 2R; Laine 2004b DI; Naver 2000) from the data presented in the article. We based our calculation on the assumption that only one pair of gloves was collected per person per procedure.

Assessment of heterogeneity

We defined studies as clinically homogeneous when they had similar populations, interventions and outcomes measured at the same follow-up point. We judged interventions to be sufficiently homogeneous when they fit into one of the categories defined in Types of interventions. We regarded all healthcare professionals as sufficiently similar to assume a similar preventive effect from glove interventions. We also considered studies similar for participants with a high and a low exposure level.

We divided outcomes into inner, outer and matched glove perforations, reported needlestick injuries, observable blood stains on the hands and dexterity reported on a VAS scale. We judged studies falling within these categories to be conceptually similar and sufficiently homogeneous to be combined in a meta-analysis.

We assessed statistical heterogeneity by means of the I² statistic. We used the values of < 40%, between 30% and 60%, between 50% and 90%, and > 75% as indicating not important, moderate, substantial and considerable heterogeneity, respectively, as proposed in the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011).

Assessment of reporting biases

We assessed publication bias with a funnel plot and with Egger's test for comparisons that had more than five studies available for inclusion.

Data synthesis

We pooled studies with sufficient data, which we judged to be clinically and statistically homogeneous, with RevMan 5 software (RevMan 2012). Where studies were statistically heterogeneous, we used a random-effects model; otherwise we used a fixed-effect model.

For studies with multiple study arms that belong to the same comparison, we divided the number of events and participants equally over the study arms to prevent double counting of study participants in the meta-analysis (e.g. Analysis 7.1; Laine 2004b DI).

Finally, we used the GRADE approach to assess the quality of the evidence per comparison and per outcome, as described in the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). Starting from an assumed level of high quality, we reduced the quality of the evidence by one or more levels if there were one or more limitations in the following domains: risk of bias, consistency, directness of the evidence, precision of the pooled estimate and the possibility of publication bias. Thus, we rated the level of evidence as high, moderate, low or very low depending on the number of limitations. For the most important comparisons and outcomes, we used the program GRADEpro to generate 'Summary of findings' tables (GRADEpro 2008).

Subgroup analysis and investigation of heterogeneity

We re-analysed the data to determine whether there was a difference in effect in studies with high exposure in the control



group. We also re-analysed subgroups from low and middleincome countries for the year of study publication since limited resources create special challenges for preventive care, as reported by World Bank 2013. We also regrouped studies that were carried out in countries with a high HIV or hepatitis C prevalence among adults, as reported by the Centers for Disease Control and Prevention (Centers for Disease Control 2012).

Sensitivity analysis

We conducted two sensitivity analyses to find out if risk of bias led to changes in the findings. We first re-analysed the results including only studies with a low risk of bias. In a second re-analysis we included all studies with a low and unknown risk of bias.

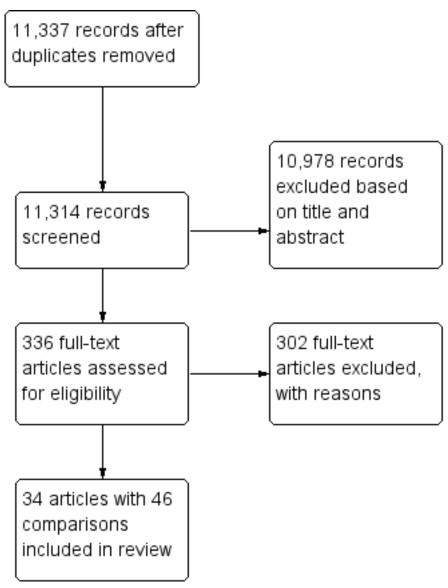
RESULTS

Description of studies

Results of the search

With the search strategy described in Appendix 1 and Appendix 2, after removal of duplicates, we had a total of 11,337 references (11,239 from our search in 2010 plus 98 from the search update in 2013). We selected 336 references for full-text reading (322 plus 14 from 2013). Out of these, we excluded those that did not fulfil our inclusion criteria or that were duplicate publications. In case the article did not provide enough data, we contacted the authors and asked them to send the missing information. If we did not receive sufficient information to judge if the study should be included, we classified the study as awaiting classification. This resulted in 34 articles eligible for inclusion in our review. Five of them had three study arms and two had two study arms. Hence the total number of intervention-control comparisons was 46 (Figure 1).

Figure 1. Study flow diagram.



In the last update before publication, we located one extra study for possible inclusion. We classified the study as awaiting classification (Guo 2012).

Included studies

Interventions

1. Increasing the number of layers of gloves

Eighteen studies evaluated whether two glove layers offer more protection than one glove layer. Since all studies were carried out among surgeons, the minimum control intervention was at least one pair of standard gloves. There were no studies that compared gloves versus no gloves in healthcare staff other than surgeons. There were no studies that compared three versus one glove layer. One study evaluated whether three glove layers are better than two. We defined wearing one glove layer as single gloving, two layers as double gloving and three layers as triple gloving. An extra layer of gloves could be both standard gloves or indicator gloves. Indicator gloves are coloured gloves, which are usually green and worn as inner gloves under a standard glove. The green colour will show an outer glove perforation when liquid leaks between both layers and the colour of the inner glove becomes highly visible for the glove wearer. Besides the different colour, indicator and standard gloves are similar in thickness and material and the protection with increased glove layers works in the same way. We only included studies using indicator gloves in the comparisons of extra gloves if they had collected all gloves used during one procedure.

1.1 Double versus single gloving

Seventeen studies used double standard gloves (Berridge 1998; Doyle 1992; Gani 1990; Jensen 1997; Kovavisarach 1998; Kovavisarach 1999; Kovavisarach 2002; Laine 2001; Laine 2004b 2R; Marín Bertolin 1997; Punyatanasakchai 2004; Quebbeman 1992; Rudiman 1999; Thomas 2001; Wilson 1996a; Wilson 1996b; Wilson 1996c). One study used double standard and indicator gloves (Avery 1999a).

Three studies specified the size of the gloves used. In Wilson 1996a, one half size larger glove was worn over one normal sized glove, Wilson 1996b used the larger glove inside and in Wilson 1996c, two normal sized gloves were used.

The control intervention was single gloving with standard gloves (single standard) in all 18 studies (Avery 1999a; Berridge 1998; Doyle 1992; Gani 1990; Jensen 1997; Kovavisarach 1998; Kovavisarach 1999; Kovavisarach 2002; Laine 2001; Laine 2004b 2R; Marín Bertolin 1997; Punyatanasakchai 2004; Quebbeman 1992; Rudiman 1999; Thomas 2001; Wilson 1996a; Wilson 1996b; Wilson 1996c).

1.2 Triple versus double gloving

One study compared three layers of standard gloves to two layers of standard gloves (Pieper 1995 l-l-l).

2. Gloves manufactured from special protective materials

Studies used all types of gloves made from special material (e.g. wire or cotton). Studies also evaluated thicker gloves, which are meant to increase protection as a result of thicker glove membranes. Special material gloves are usually permeable to liquids. Unlike thicker gloves that can also be worn as single gloves, in healthcare settings gloves made out of special material are

usually worn together with normal material gloves (latex, nitrile rubber or vinyl) in double or triple gloving.

Studies could be combined into three different comparisons. For the first comparison (special or thicker gloves versus normal gloves) we included studies that evaluated whether special material gloves are better than standard gloves or thicker gloves are better than comparable thinner gloves. Those studies compared single to single, double to double and triple to triple gloves. For the second comparison (special or thicker gloves versus a combination of gloves) we used studies that evaluated whether special material or thicker gloves are equally as effective as two other gloves. Those studies compared single to double and double to triple gloves. For the third comparison (an extra or special glove layer versus no extra layer) we used studies that evaluated whether an extra glove layer of special material or thicker gloves adds additional protection compared to not wearing this extra layer. Those studies compared double to single and triple to double gloves.

2.1 Special or thicker gloves versus normal gloves

2.1.1 Double special gloves versus double normal gloves

Five studies compared double gloving with one special material glove and one normal material glove (double special) to double gloving with two normal material gloves (double normal). Four studies used special material gloves made out of knitted fabric (cloth: Sanders 1990; Tanner 2006; cotton: Hester 1992 o-c; Underwood 1993 and one study used wire weave gloves: Louis 1998). Normal material gloves were standard gloves (standard thickness) in four studies and thicker gloves (orthopaedic gloves) in one study (Hester 1992 o-c).

The comparison was double gloving with two standard gloves (double standard) in four studies and double gloving with one standard and one thicker glove (double thicker) in one study (Hester 1992 o-c).

2.1.2 Thicker gloves versus thinner gloves

Five studies compared thicker gloves to thinner gloves. Three studies compared single thicker gloves to single thinner gloves (Carter 1996; Chua 1996; Liew 1995 Single) and two studies compared double thicker (one thicker and one standard glove) to double thinner gloves (two standard gloves) (Liew 1995 Double; Sebold 1993).

The studies compared orthopaedic gloves or other gloves designed for heavy duty to standard gloves (standard thickness) (Chua 1996; Sebold 1993), standard gloves to thinner gloves (designed to increase sensitivity) (Carter 1996) or thicker versus thinner gloves as stated by the study authors (Liew 1995 Double; Liew 1995 Single).

2.2 Special or thicker gloves versus glove combinations

2.2.1 Thicker gloves versus glove combinations

Two studies evaluated whether thicker gloves are equivalent to glove combinations. The studies compared thicker gloves to two standard gloves and thicker gloves to the combination of standard and special material gloves. Turnquest 1996 compared one layer of orthopaedic gloves (thicker than standard gloves) to two layers of standard gloves. Another study compared double thicker (inner standard, outer orthopaedic glove) to triple special gloves (inner standard glove, middle knitted fabric glove, outer standard glove) (Sebold 1993).

2.3 Extra glove layer of special or thicker gloves versus no extra layer

2.3.1 Triple special gloves versus double normal gloves

Five studies compared three layers of two normal material and one special material glove (triple special) to two layers of normal material gloves (double normal). Studies used special material gloves between two standard gloves or between one standard and one thicker glove. We included the former as triple special standard and the latter as triple special thicker. Four studies compared triple special standard to double standard gloves (Pieper 1995 lk-k; Pieper 1995 l-s-s; Sebold 1993; Sutton 1998) and one study compared triple special thicker to double thicker (outer standard gloves, inner orthopaedic gloves) (Hester 1992 o-c-o).

Special material gloves were made out of knitted fabric (cotton: Hester 1992 o-c-o; cloth: Sebold 1993), spectra polyethylene fibres (Sutton 1998), long molecule chains of poly paraphenylene terephtalamide (Kevlar; Pieper 1995 l-k-k) or stainless steel and polyester weave (Pieper 1995 l-s-s).

3. Glove puncture indicator systems

Indicator gloves are coloured standard gloves and worn under an outer standard glove (double indicator). When an outer glove perforation occurs, moisture from the operating site leaks between both layers and the colour of the inner glove (usually green) becomes highly visible for the glove wearer. The glove wearer can react faster when a perforation occurs and replace the perforated glove with a new glove.

We included two comparisons to standard gloves. The first comparison includes studies that evaluate the theory that the use of indicator gloves reduces the number of perforations in one glove and thus lowers the risk of exposure to bodily fluids (lower number of perforations per glove). The second comparison includes studies that evaluate the theory that the immediate feedback of indicator gloves enables the glove wearer to change their behaviour and protects them from getting additional perforations during the remaining surgical procedure (lower total number of perforations during one procedure).

3.1 First glove: double indicator gloves versus standard gloves

Six studies compared double indicator gloves to standard gloves (single or double) and only collected the first pair of gloves used during the procedure. Four studies compared double indicator gloves to single standard gloves (Laine 2001; Laine 2004a; Laine 2004b DI; Naver 2000). Two studies compared double indicator gloves to double standard gloves (Laine 2001; Laine 2004b DI).

3.2 All gloves: double indicator versus double standard

Two studies compared double indicator gloves to double standard gloves and analysed all gloves used during the surgical procedures (Duron 1996; Nicolai 1997).

Types of study design

All included studies were randomised controlled trials. For every surgical procedure, studies randomised operations, patients, operating teams or individual team members to the type of gloving. In all studies the intervention lasted for the duration of one operation as none of the included studies randomised participants to one type of gloving for the whole duration of the study (e.g. one surgeon has to use double gloves in all procedures during the next four months). Most studies presented the effect per number of gloves used and not per operation per person, which is the unit of randomisation. None of those studies adjusted for the cluster effect. However, we calculated the effect per personoperation and included the number of persons and operations as the denominator in the outcome measure. Hence, we included all studies as individual randomised trials.

Participants

The majority of studies included only surgeons or surgeons and their assistants. Scrub or theatre nurses were included in nine studies. One study also included dental hygienists, one study surgical technicians and three dental studies included surgeons and surgical staff. Twenty-six studies included procedures that are related to obstetrics, orthopedics or abdominal surgery. Seven studies did not specify the type of operation but two of these studies stated that the operations lasted longer than one hour. Six studies took place in dentistry workplaces.

We included thirty-one studies in the meta-analysis with an average of 115 person-operations in the intervention group (range 15 to 398) and 119 person-operations in the control group (range 8 to 443). These studies included 6890 person-operations in total.

We included two studies with the number of glove pairs used in the meta-analysis. The total number of glove pairs was 825, with 343/335 intervention/control pairs in one and 68/79 in the other study.

Outcomes

Exposure was reported as the number of glove perforations in all but one study (Quebbeman 1992). Seven studies reported incidences of blood contamination (blood stains on the skin) (Avery 1999a; Berridge 1998; Naver 2000; Quebbeman 1992; Rudiman 1999; Thomas 2001; Turnquest 1996). Two studies reported the number of self reported needlestick injuries (Doyle 1992; Marín Bertolin 1997).

Perforations were recorded with two different measures. Most studies reported any perforation to the innermost glove and some studies reported matched perforations. The first outcome considers every perforation to the innermost glove as a break of the protective barrier and therefore includes all possible exposures. The second outcome, matched perforations, considers perforations as a break in the protective barrier only if the inner glove and the outer glove are perforated in the same area (same spot, finger or side). We reported both outcomes as it is unclear which outcome measurement represents a more valid measure of the risk.

To calculate the risk, most authors used either the number of gloves or pairs of gloves as denominators. We calculated the outcome as risk per person during one operation for the risk of perforations and blood stains. If the study did not report the number of operations but the number of persons involved per operation (or the other way around) and reported the number of gloves or pairs used, we assumed that per person one pair of glove equals one operation and calculated the missing number. We calculated the number of operations for three studies (Carter 1996; Chua 1996; Liew 1995 Single) and the number of persons involved in the operation for three other studies (Laine 2004b 2R; Laine 2004b DI; Naver 2000). This might result in an underestimation of the risk, but this would



happen equally in the control and intervention group and not influence the rate ratio. Further, some studies reported inner glove perforations not as the total number of perforations but as the number of gloves or glove pairs with one or more perforations (Aarnio 2001; Carter 1996; Chua 1996; Gani 1990; Jensen 1997; Laine 2004a; Liew 1995 Double; Liew 1995 Single; Louis 1998; Marín Bertolin 1997; Naver 2000; Rudiman 1999; Tanner 2006; Turnquest 1996; Underwood 1993). This might result in an underestimation of the risk and trials are accordingly grouped in subgroups.

Glove perforations were detected by filling the gloves with water and observing the jets of water in 36 studies, including one study that added ink to the water. In four studies the gloves were filled with air and then immersed in water, after which the perforations were noted as air bubbles. In one study they were examined visually.

Six studies (Avery 1999a; Avery 1999b; Tanner 2006; Wilson 1996a; Wilson 1996b; Wilson 1996c) reported the loss of dexterity measured on a visual analogue scale but none of those studies reported the data in sufficient detail to be used in a meta-analysis. Five studies reported median scores and one study reported mean scores (Tanner 2006). However, in most studies it was unknown how many participants were included; it was very likely that the same participants were included more than once in the evaluation and interquartile range values were missing. However, 13 trials reported perforations to the outermost glove for the comparison double versus single gloves (Avery 1999a; Gani 1990; Kovavisarach 1998; Kovavisarach 1999; Kovavisarach 2002; Punyatanasakchai 2004; Rudiman 1999; Thomas 2001). If there were more perforations in the outer glove of the double gloving arm than in the single glove, this could be taken as an indication that double gloving leads to an impairment of dexterity. Therefore, we included this outcome as an adverse outcome, as a proxy measure for loss of dexterity.

Control group outcome rates

A sample of non-used gloves was investigated for perforations in several studies as a preliminary control. The number of perforations was always found to be zero or very small. Needlestick injuries or blood contamination incidences were presumed to be zero before the start of the procedure in question.

We present the control rates for studies which are included in the meta-analysis.

1. Glove perforations

The number of perforations in control groups varied greatly.

1.1 Single standard gloves

The mean control group rate in single standard gloves across 14 studies was 0.185 perforations per person-operation (range 0.008 to 0.290).

1.2 Single thinner gloves

The mean control group rate for single thinner gloves (thinner than standard gloves) was 0.307 perforations per person-operation (0.063 to 0.550) across two studies.

1.3 Double standard gloves

The mean control group rate across nine studies for double standard gloves was 0.515 inner glove perforations per person-

operation (range 0.011 to 1.067) and 0.210 matched perforations per person-operation (range 0.143 to 0.288) across four studies.

1.4 Double thicker

The mean control group rate for double thicker gloves (one standard, one thick glove) was 0.091 perforations per personoperation (one study).

1.5 Double fabric

The mean control group rate for double fabric gloves (one standard over one fabric glove) was 0.021 perforations per person-operation (one study).

2. Blood stains on the skin

The average control group rate across three studies in single gloves was 0.129 blood stains per person-operation (range 0.049 to 0.217, three studies).

3. Needlestick injuries

The mean control group rate across two studies in single gloves was 0.033 needlestick injuries per glove-pairs used (range 0.021 to 0.044).

Geographical location

More than half of the studies were conducted in Europe (19) or the USA (10). Most studies from Europe were conducted in the UK (10). Other European countries were Finland (five), Denmark (two), France (one) and Spain (one). Nine studies were from Asia (Thailand (four), India (one), Indonesia (one) and Oman (three)). Other studies were from Australia (three).

Year of study

Most studies (n = 31) were published in the 1990s. The earliest two studies were published in 1990 and the latest study in 2006.

Excluded studies

Based on the full-text articles, we mainly excluded studies because they either did not have a primary outcome measure or the methods or comparison were inadequate. For instance, two studies used behavioural changes such as glove use as outcome measure (Duerink 2006; Jeffe 1999) and one study reported alarms by an electronic device meant to detect barrier breakdowns (Caillot 1999). In one study the randomisation was unclear and the patients in the intervention and control group were significantly different (Kelly 1993). Brunton 2000 compared two single, non-sterile, powder-free gloves and Gaujac 2007 compared sterile to nonsterile double gloving. Some studies reported results from technical laboratory tests without patients involved. Many studies were of a descriptive nature and as such did not include an intervention.

Studies awaiting classification

Five studies are not yet included or excluded because the interventions are unclear. All these studies compared different types of single gloves but did not provide information on the characteristics of the gloves used. Four studies refer to the gloves only as A, B, C or D (Bliss 1992; Hwang 1999b; Hwang 1999c; Hwang 1999d) and one study reports the name of the gloves used (Newsom 1998). We contacted the authors or manufacturer but did not receive an answer. We located one study in the last search update



which is still awaiting full-text assessment and data extraction (Guo 2012).

Risk of bias in included studies

Risk of bias varied considerably over studies (Figure 2). Overall, we considered only one study to have a low risk of bias based on

adequate allocation procedures (randomisation and concealment) and blinding of the outcome assessor (Tanner 2006). We judged 17 studies to have a high risk of bias, according to their high risk in at least one of these three items (Figure 3). Other studies had both low and unknown risks of bias in these three items (n = 23).

Figure 2. 'Risk of bias' graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.

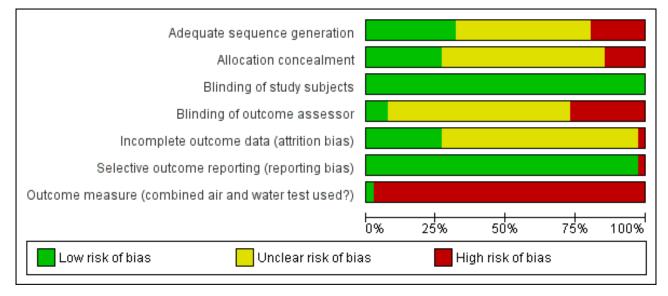




Figure 3. 'Risk of bias' summary: review authors' judgements about each risk of bias item for each included study.

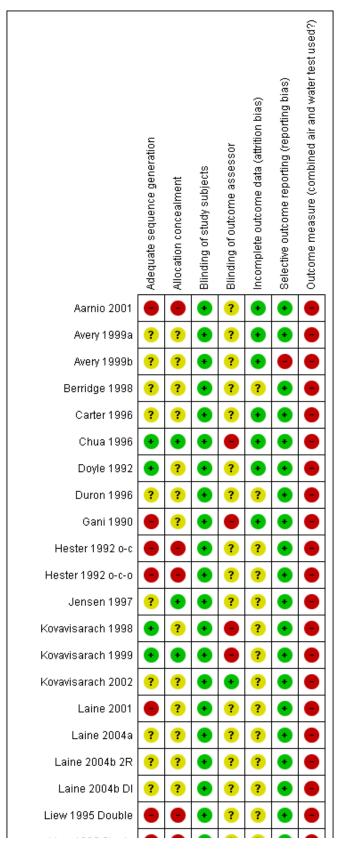
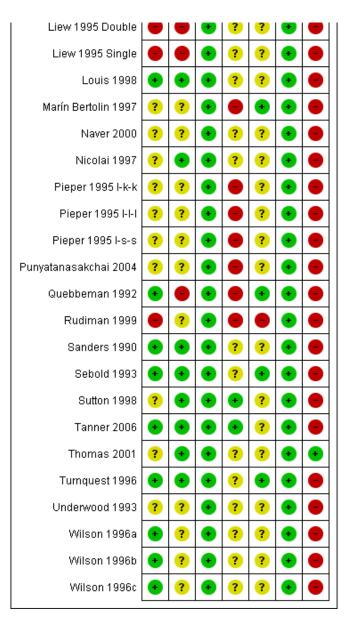




Figure 3. (Continued)



Allocation

Twenty studies did not describe the randomisation procedure and we judged the risk of bias as unknown (Figure 3). Studies that provided information reported mostly valid procedures. Thirteen studies used a draw or random number tables and here we assessed the risk of bias as low. Eight studies used inappropriate procedures and randomised according to the date of birth, hospital record numbers, hospital admission day or unit record numbers and we assessed the risk of bias as high (Aarnio 2001; Gani 1990; Hester 1992 o-c; Hester 1992 o-c-o; Laine 2001; Liew 1995 Double; Liew 1995 Single; Rudiman 1999).

The majority of studies did not report information about allocation concealment (n = 24) and we judged the risk of bias as unknown (Figure 3). Eleven studies used envelopes which were opened just before the procedure or concealment was done by the involvement of a research nurse and we judged the risk of bias as low. Six studies did not conceal the allocation and we judged the risk of bias as high

(Aarnio 2001; Hester 1992 o-c; Hester 1992 o-c-o; Liew 1995 Double; Liew 1995 Single; Quebbeman 1992).

Blinding

It is impossible to be blind the glove user to extra or different types of gloves. In spite of this lack of blinding, we assessed the risk of bias as low because it would be difficult for a surgeon to use this knowledge to change the number of needlestick injuries, blood contaminations on the skin or perforations of gloves.

However, not blinding the outcome assessor is considered a potential risk of bias, when evaluating the effect of the type of glove or gloving. For 27 studies it was unclear if the outcome assessor was blinded and we assessed the risk of bias as unclear (Figure 3). The outcome assessment should be done blind in order to be of low risk of bias and this was reported for three studies only (Kovavisarach 2002; Sutton 1998; Tanner 2006). In 11 studies, the outcome was assessed by the participants themselves or the gloves were labelled

as being used for double gloving and we judged the risk of bias as high.

Incomplete outcome data

In 29 studies the risk of bias is unknown because information was lacking as to whether all gloves were reported or it was unknown how many gloves were excluded (Figure 3). Eleven studies reported perforations or incidences for at least 90% of all gloves used during the procedures and cases randomised and we judged the risk of bias as low. One study reported that 17% of the gloves were excluded from the analysis and we judged the risk of bias as high (Rudiman 1999).

Selective reporting

All but one study reported all outcomes that were described in the methods section of the report and we judged the risk of bias as low. Avery 1999b only reported the number of outer glove perforations per type of glove and the number of inner glove perforations was missing, therefore we judged the risk of bias as high.

Other potential sources of bias

Outcome measure

The measurement of needlestick injuries was a source of bias in all studies that used this outcome (Doyle 1992; Marín Bertolin 1997; Quebbeman 1992). Needlestick injuries can only be based on self report because there are no other methods of ascertaining that an injury has occurred. Like any occupational injury, the reporting of needlestick injuries increases when workers are more aware of the problem, for example due to an awareness campaign. Any intervention has the same effects as an awareness campaign and is likely to raise the number of reported injuries. This will probably lead to an underestimation of the true intervention effect.

We considered the measurement of perforations to be at low risk of bias for studies using both a water leak test and an air inflation test. Only one study used both (Thomas 2001). Other studies used either only one of the two or visually inspected the gloves and we therefore judged them to be at high risk of bias.

Effects of interventions

See: **Summary of findings for the main comparison** Double gloves compared to single gloves for preventing percutaneous exposure injuries in healthcare personnel

There was no study that compared the use of gloves versus no intervention in healthcare staff other than surgeons.

1. Extra layers of gloves

1.1 Double versus single gloves

1.1.1 Perforations

Outcome: all perforations in the innermost glove

Eighteen trials reported this outcome. We could combine 12 of these trials in a meta-analysis (Avery 1999a; Gani 1990; Kovavisarach 1998; Kovavisarach 1999; Kovavisarach 2002; Laine 2004b 2R; Punyatanasakchai 2004; Rudiman 1999; Thomas 2001; Wilson 1996a; Wilson 1996b; Wilson 1996c) (Analysis 1.1). The use of double gloves significantly reduced the number of perforations per person-operation in the inner glove by 71% compared to single gloves (rate ratio (RR) 0.29, 95% confidence interval (CI) 0.23 to 0.37). Both subgroups showed similar results (P value = 0.15 for subgroup differences).

Six trials did not report sufficient information on the number of persons per operation and could not be included in the meta-analysis. All of those trials reported a positive effect of the intervention. Significant results ranged from 96% to 56% fewer perforations in double standard gloves compared to single standard gloves. Four trials reported enough information to show the effect as the number of inner glove perforations per total number of gloves or glove pairs used. The rate ratio in Aarnio 2001 was 0.04 (95% CI 0.00 to 0.73), in Doyle 1992 0.15 (95% CI 0.04 to 0.48), in Jensen 1997 0.30 (95% CI 0.16 to 0.57) and in Marín Bertolin 1997 0.44 (95% CI 0.23 to 0.82). Two trials did not provide information on the number of gloves used and only reported the number of perforations (Berridge 1998; Laine 2001). Both studies reported that the number of perforations to the inner glove was reduced with the double gloving method.

Outcome: matched perforations

Five trials reported matched perforations. We could combine four trials in a meta-analysis (Kovavisarach 1998; Kovavisarach 2002; Punyatanasakchai 2004; Thomas 2001) (Analysis 1.2). The combined effect shows a 89% reduction of inner glove perforations when using double standard or indicator gloves compared to single standard gloves (RR 0.11, 95% CI 0.05 to 0.20).

One trial did not report sufficient data to be included in the metaanalysis and the outcome is calculated per pairs of gloves used. Jensen 1997 reported a 80% reduction of perforations using double standard gloves compared to single standard gloves (RR 0.2, 95% CI 0.09 to 0.43).

1.1.2 Needlestick injuries

Only two trials reported needlestick injuries (Doyle 1992; Marín Bertolin 1997) and showed a statistically non-significant reduction when using double standard gloves (RR 0.58, 95% CI 0.21 to 1.62) (Analysis 1.3).

1.1.3 Blood stains

Six trials reported the incidence of blood stains on the skin. Three trials (Naver 2000; Rudiman 1999; Thomas 2001) showed a 65% statistically significant reduction of blood contamination incidents on the skin for double gloves compared to single gloves (RR 0.35, 95% CI 0.17 to 0.70) (Analysis 1.4).

Three other trials could not be included in the meta-analysis. Avery 1999a could not be included because the study did not have any events, either in the double gloving or in the single gloving group. We had to exclude Quebbeman 1992 from the analysis because 28% of the participants switched from the intervention to the control group or vice versa. Berridge 1998 did not provide information on the number of gloves used but reported that blood contamination to the skin was reduced by half when wearing two pairs of gloves.

1.1.4 Dexterity

Outcome: from visual analogue scales (VAS)

There were four studies that reported the loss of dexterity for double versus single gloves, measured with a visual analogue scale, but none of these studies reported the data sufficiently to be combined in a meta-analysis. All four studies reported less dexterity



with the use of double compared to single gloves. Because of the lack of a standardised way of measuring dexterity and the lack of sufficient statistical testing, it is difficult to judge if this decreased dexterity is clinically important or not. We report their published data in Analysis 1.5.

Outcome: outer glove perforations

Thirteen trials reported outer glove perforations. Eight trials are included in the meta-analysis (Avery 1999a; Gani 1990; Kovavisarach 1998; Kovavisarach 1999; Kovavisarach 2002; Punyatanasakchai 2004; Rudiman 1999; Thomas 2001). The difference between double and single gloves was non-significant (RR 1.10, 95% CI 0.93 to 1.31) (Analysis 1.6).

We could not include five trials in the meta-analysis due to missing data and the results were inconsistent. Four studies reported the number of perforations per glove pairs used. Three studies showed non-significant results, with two of them showing an increase and one showing a decrease in outer glove perforations with double gloves (Doyle 1992, RR 0.75, 95% CI 0.42 to 1.35; Jensen 1997, RR 1.75, 95% CI 0.77 to 1.79; Marín Bertolin 1997, RR 1.20, 95% CI 0.75 to 1.92). One study showed a significant reduction of outer glove perforations with double gloves (Aarnio 2001, RR 0.26, 95% CI 0.07 to 0.92). The study Berridge 1998 did not provide information about the number of gloves used and reported more perforations for double gloves (28 compared to 18).

1.2. Triple versus double gloves

1.2.1 Perforations

Outcome: all perforations in the inner glove

One small study showed a 97% reduction of inner glove perforations with the use of three glove layers compared to two glove layers (RR 0.03, 95% CI 0.00 to 0.52) (Pieper 1995 I-I-I) (Analysis 2.1).

2. Special and thicker gloves

2.1 Double special versus double normal gloves

2.1.1 Perforations

Outcome: all perforations in the inner glove

We had four studies that compared double special gloves versus normal gloves (Hester 1992 o-c; Louis 1998; Sanders 1990; Underwood 1993) (Analysis 3.1). The difference between subgroups was high (P value = 0.003) and therefore, we did not combine studies using different special material gloves.

We combined three studies that used fabric gloves and they showed an 87% reduction of inner glove perforations when wearing one fabric and one standard glove (double special) compared to double standard gloves (RR 0.24, 95% CI 0.06 to 0.93). One study showed a non-significant reduction of inner glove perforations when using wire weave gloves in double gloving compared to double standard gloves (RR 0.73, 95% CI 0.38 to 1.38).

One study could not be included in the meta-analysis. The study reported a 57% reduction per glove pairs used when wearing one standard and one cloth glove compared to two standard gloves (Tanner 2006, RR 0.43, 95% CI 0.23 to 0.82).

2.1.2 Dexterity

There was one study that reported the VAS scores for the loss of dexterity for double with fabric glove versus double latex gloves. Participants (n = 18) reported double latex gloves to be less good for tactile sensation, general dexterity, precision with instruments, grip and power, cement handling and comfort compared to double latex gloves (Analysis 3.2).

2.2 Triple special versus double normal gloves

2.2.1 Perforations

Outcome: all perforations in the inner glove

Five studies reported perforations in the inner glove and all studies are included in the meta-analysis (Hester 1992 o-c-o; Pieper 1995 l-k-k; Pieper 1995 l-s-s; Sebold 1993; Sutton 1998). The result shows a 76% reduction in inner glove perforations when using an additional layer of special material gloves (RR 0.24, 95% CI 0.13 to 0.45) (Analysis 4.1).

2.3 Thicker versus thinner gloves

2.3.1 Perforations

Outcome: all perforations in the innermost glove

Five studies reported the number of perforations to the inner glove (Chua 1996; Sebold 1993) or the number of inner gloves with perforations (Carter 1996; Liew 1995 Double; Liew 1995 Single). Study results are inconsistent, with one study favouring thicker gloves, three studies showing non-significant results favouring thicker gloves and one study favouring thinner gloves (Analysis 5.1). We did not combine studies in the meta-analysis due to high subgroup differences (P value = 0.02; $l^2 = 80.3\%$).

Outcome: matched perforations

One small study also reported the number of matched perforations (Liew 1995 Double) and the beneficial effect of thicker gloves compared to thinner gloves was non-significant (RR 0.29, 95% CI 0.06 to 1.38) (Analysis 5.2).

2.4 Thicker gloves versus combinations of gloves

Two studies compared thicker gloves to combinations of gloves.

2.4.1 Perforations

Outcome: all perforations in the innermost glove

One study (Sebold 1993) showed a non-significant increase in perforations when using thick gloves instead of wearing one standard glove and one special material glove (RR 15.36, 95% CI 0.88 to 267.57) (Analysis 6.1). Another study (Turnquest 1996) reported the outcome per pairs of gloves and did not find a difference in perforations when wearing one layer of thick gloves compared to two layers of standard gloves (RR 0.98, 95% CI 0.44 to 2.19).

2.4.2 Blood stains

Turnquest 1996 reported the number of blood stains on the skin and could not show a difference in the number of blood stains per gloves used between the two gloving methods (RR 0.98, 95% CI 0.14 to 6.98).



3. Indicator gloves

3.1 First pair: double indicator versus standard (single or double)

3.1.1 Perforations

Outcome: all perforations in first pair of inner glove

Two studies with four study arms reported any perforation to the first inner glove (Laine 2001; Laine 2004b DI). One study with two study arms is included in the meta-analysis. The number of perforations to the first inner glove was reduced by 90% when using double indicator gloves compared to standard gloves (RR 0.10, 95% CI 0.02 to 0.45) (Analysis 7.1). The effect was larger when comparing double indicator gloves with the single gloving method (94%) than when comparing with the double standard gloving method (83%).

Laine 2001 did not provide sufficient information to be included in the meta-analysis. For the first gloves the authors reported no difference in the number of perforations to the inner glove in intervention and double standard gloves groups (six perforations in both groups) but a big difference in inner glove perforations in the intervention and single standard gloves groups (six compared to 76). However, it is unclear how many indicator and standard gloves were included in the study.

Outcome: matched perforations in first pair of gloves

Two studies reported matched perforations (Laine 2004a; Naver 2000). Using double indicator gloves reduced the number of matched perforations in the first glove pair by 91% compared to single gloves (RR 0.09, 95% CI 0.03 to 0.29) (Analysis 7.2).

3.2 All gloves: double indicator versus double standard

3.2.1 Perforations

Outcome: all perforations in all inner gloves

Two studies compared double indicator gloves with double standard gloves (Duron 1996; Nicolai 1997). The number of perforations to the inner glove during one operation was non-significantly lower when wearing indicator gloves compared to standard gloves (RR 0.72, 95% CI 0.36 to 1.42) (Analysis 7.3).

3.2.2 Dexterity

There was one study that reported the loss of dexterity, rated with VAS scores for double gloves with indicator systems versus double gloves without the system, but sensitivity and dexterity were still rated as adequate for both gloving types (Analysis 7.4).

5. Sensitivity analyses and explanation of heterogeneity

We carried out a sensitivity analysis for the comparisons that yielded positive results by leaving out all studies that we judged as being at high risk of bias for at least one of the items: random sequence generation, allocation concealment or blinding of outcome assessor. A sensitivity analysis including only low-risk studies was not possible, as only one study had a low risk of bias for all three items (Tanner 2006). For seven studies without a high risk of bias double gloving versus single gloving yielded a rate ratio of 0.33 (95% CI 0.21 to 0.51) which is almost exactly the same as the overall result of 0.29 (95% CI 0.23 to 0.37). Heterogeneity remained the same ($I^2 = 0\%$).

We left out one study with a high risk of bias from the metaanalysis that compared double special with double normal gloves. The pooled rate ratio for the two subgroups using fabric gloves increased significantly from 0.24 (95% CI 0.06 to 0.93) to 0.13 (95% CI 0.06 to 0.29) and the heterogeneity dropped from 78% to 0% (I^2 statistic).

For two studies without a high risk or bias triple special versus double normal gloves yielded a rate ratio of 0.25 (95% 0.10 to 0.65), which is similar to 0.24 (95% Cl 0.13 to 0.45), but the heterogeneity measured with the l^2 statistic increased from 33% to 56%.

We also carried out a sensitivity analysis in comparisons with high heterogeneity, leaving out studies with a high risk of bias. For two studies comparing thicker with thinner gloves the rate ratio of 0.75 (95% CI 0.55 to 1.02) remained non-significant and almost the same as 0.63 (95% CI 0.37 to 1.08), however the heterogeneity dropped from 67% to 0% (l² statistic).

6. Subgroup analyses

For the main comparison, which had clear significant results and included most of the studies (Analysis 1.1), we grouped studies from countries with a high HIV or hepatitis C prevalence in one subgroup. Ten of 12 studies belonged to the category with a HIV prevalence of more than 1% or a hepatitis C prevalence of more than 2%. For double gloving, the effect in the studies from the high prevalence countries was slightly better (RR 0.28, 95% CI 0.22 to 0.37) than in countries with a lower prevalence (RR 0.38, 95% CI 0.15 to 0.96) (Analysis 8.1). The subgroup difference was non-significant (P value = 0.54).

In a second analysis for the same comparison, we grouped studies from low and middle-income countries and studies from highincome countries in different subgroups. For double gloving the effect for high-income countries was slightly better, with a rate ratio of 0.23 (95% CI 0.16 to 0.34) compared to 0.34 (95% CI 0.24 to 0.47) for low and middle-income countries (Analysis 9.1). The difference between subgroups was non-significant (P value = 0.15).

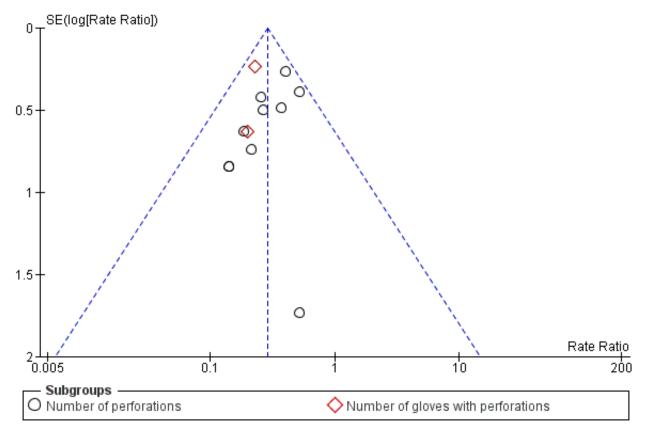
In a third subgroup analysis for the same comparison, we grouped studies according to the exposure in the control groups. We labelled studies with more than 0.2 perforations per person-operation in the control group as high-exposure studies (n = 4). For double gloving the effect in the high-exposure studies was slightly better (RR 0.27, 95% CI 0.19 to 0.39) than in studies with lower exposure rates (RR 0.31, 95% CI 0.22 to 0.43) (Analysis 10.1). The subgroup difference was non-significant (P value = 0.66).

7. Publication bias

We did not detect publication bias in our results. We generated a funnel plot for the comparison of double versus single gloves (Figure 4). The result of the Egger's test was non-significant.







DISCUSSION

Summary of main results

No study compared the effect of gloves versus no intervention in healthcare staff other than surgical staff.

There was moderate-quality evidence that double gloving in the form of using two pairs of standard thickness gloves instead of one pair reduced the risk of inner glove perforation for one person for one operation by 71% (rate ratio (RR) 0.29, 95% confidence interval (Cl) 0.23 to 0.37). The effect was larger when measuring only matched perforations (89%). The use of two glove layers also reduced the risk of blood contamination by 65% (RR 0.35, 95% Cl 0.17 to 0.70) compared to one glove layer. Double gloves reduced the number of reported needlestick injuries by 42% in two studies, but the result was not statistically significant (RR 0.58, 95% Cl 0.21, 1.62) because this was based on 16 events only. The effect of double gloves compared to single gloves was similar when restricted to studies from low-income countries, to studies from countries with a high prevalence of HIV or hepatitis C and to studies with high exposure rates.

Three layers of standard gloves or gloves made out of special material in combination with standard gloves can provide additional protection. There was low-quality evidence for a 97% reduction in the number of perforations with three layers of standard gloves compared to two layers but this is based on one small study only.

The use of double fabric gloves (one fabric and one standard material glove) compared to two standard material gloves reduced the risk of inner glove perforations by 76% (95% CI 6% to 94%) and is based on low-quality evidence from three studies only. Our sensitivity analysis (excluding one study at high risk of bias) increased the effect of double fabric gloves compared to double normal gloves from 76% to 87% (RR 0.13 95% CI 0.06 to 0.29) and the I² statistic for heterogeneity dropped from 78% to 0%.

The effect of double fabric gloves compared to double normal gloves is similar to the effect of triple special gloves (two standard and one special material glove). There was moderate-quality evidence that triple special gloves compared to double normal gloves reduced the risk of perforations by 76% (RR 0.24, 95% CI 0.13 to 0.45). This was shown for fabric, Kevlar, steel and spectra polyethylene fibre gloves.

There was moderate-quality evidence that double indicator gloves compared to standard gloves (single and double gloves) reduced the number of perforations in one glove on average by 90% (RR 0.10, 95% CI 0.02 to 0.45). When perforations occur, the glove is replaced faster with an intact glove layer. However, the use of indicator gloves did not significantly reduce the total number of inner glove perforations for one person during one operation compared to double gloves without the indicator system (RR 0.72, 95% CI 0.36 to 1.42).

In five low-quality studies, thicker gloves had a similar risk of inner glove perforations compared to thinner gloves (RR 0.63, 95% CI 0.37 to 1.08).

As a proxy measure of loss of dexterity due to double gloving, eight studies compared the number of perforations in the outer glove of the double gloves to the number of perforations in single gloves and

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Overall completeness and applicability of evidence

found this to be similar (RR 1.10, 95% CI 0.93 to 1.31).

Perforations are a proxy measure for actual needlestick injuries. We assume that needlestick injuries are proportional to the number of perforations even though we do not have good evidence to underpin this assumption. There were two studies that measured both perforations and needlestick injuries in this review. The rate ratio for these two outcomes differed substantially (RR 0.32 and RR 0.57, respectively). In the review by Parantainen 2011 there were four studies that measured both these outcomes and there was no difference between the RRs, but this could also be due to the use of blunt needles as the intervention. However, laboratory studies (Edlich 2003) showed that the penetration through two glove layers requires considerably more force than the penetration of one layer only and, thus, supports the idea that extra glove layers mechanically prevent needlestick injuries.

The measurement of needlestick injuries is notoriously difficult because it relies on self report, which is easily biased by awareness of the problem (Boal 2008). Thus it could be that reporting is more frequent with double gloving because this would draw more attention to the problem of needlestick injuries. It could also be that some needlestick injuries with single gloves do go unnoticed because less force is needed to perforate the glove barrier. Given these measurement problems it is not likely that the effect on needlestick injuries can be assessed with more certainty.

The effect of double gloving on dexterity was not fully clear in this review because only three studies measured and reported this adverse effect, with two studies showing a slight decrease in dexterity, but one study rating dexterity for double gloves as poor. As a proxy but objective measure for loss of dexterity, we assumed that needlestick injuries would be more frequent in the outer glove of double gloves than in single gloves. However, this was not the case. Additionally, we found one study that evaluated dexterity in the laboratory under standard conditions and found that double gloves did not influence dexterity (Fry 2010). We believe, therefore, that there is no serious impairment of dexterity from double gloving.

Studies included in this review covered a time period from 1990 to 2007 and apparently were initiated by the HIV epidemic and the risk of contamination for surgical staff. The number of glove studies reached a peak in the 1990s and then decreased again. We found nine studies from low and middle-income countries (at the time of the study) (World Bank 2013). Four studies were from Thailand (1998, 1999, 2002, 2004), one from Indonesia (1999), one from India (2001) and three from Oman (1996). Only three studies were from an area with more than 1% prevalence of HIV (Thailand) and 12 studies were from an area with more than 2% prevalence of hepatitis C among the adult population (Indonesia, Australia, Thailand, Oman) (Centers for Disease Control 2012).

Most studies could be described as pragmatic trials because they were carried out by the healthcare staff who were themselves at risk. This increases the applicability of the evidence but at the same time has probably decreased the quality of studies. This has also led to a lack of trials with nurses as study participants. Studies included only operations or dental procedures, excluding other healthcare procedures with exposure risks, such as blood sampling by phlebotomists. Some authors have argued that double gloves protect against sharps injuries with surgery needles but protect much less against injuries with hollow-bore needles (Bouvet 2009). It could therefore be that the effects are less in other participants with tasks different from surgery. Although one study with nurses as study participants is awaiting classification, all participants were part of the operating staff and were thus not very different from the participants of the studies included in this review.

Quality of the evidence

We included only randomised controlled trials, even though there were also many non-randomised studies available. Therefore, the studies included are the better-quality studies. Nevertheless, we rated the quality of the included studies as at best moderate. This could have resulted from most studies being performed by surgeons themselves and not being set up by a research institute. The reporting of randomisation methods and allocation concealment was especially unclear and because many studies were over 20 years old, it was impossible to get clarification from the authors.

Even though glove perforations form a fairly objective method of assessing potential exposure to blood, the differences in reporting this outcome decreased its validity. It is unclear in which direction this bias would go. Ideally one would like to know the number of perforations per physician/nurse per unit of exposure time, for example the number of perforations per 100 physician/nurse hours at risk. For operations, this would not be very difficult to calculate as was shown by Meyers 2008. Consensus on this measure is needed. We also rated the risk of bias from outcome assessment as high when the authors had not used a combined water and air test to assess perforations. Current European standards also specify that, to test gloves for perforations, both a specific water test and air test should be used to assess whether a glove achieves the acceptance quality level (level 2 for surgical gloves which means that perforations are allowed in 1.5% of new gloves) (CEN 2003). However, we believe that this bias has not influenced the results of the review to a great extent because the same measurement error would apply to both the intervention and the control group.

In spite of these limitations, and given the relatively large effect size and the consistency of the evidence, we believe there is no need for more and better studies on double gloving.

For triple gloving, special material gloves and thicker gloves, the evidence was less clear and we do see a need for more and betterquality studies.

Potential biases in the review process

We did not exclude articles in languages other than English. Therefore, even though few were found, we are confident that there is no language bias in our review. We carried out all selection and data extraction processes in duplicate and involved a third assessor if we could not easily reach consensus.

We did not see publication bias in the funnel plot of the double gloving studies and also the Egger's test was non-significant. Even though glove manufacturers must have a financial interest in the results of double gloving studies, because double gloving will

Gloves, extra gloves or special types of gloves for preventing percutaneous exposure injuries in healthcare personnel (Review) Copyright © 2014 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

increase the amount of gloves sold, we did not see involvement of the manufacturers in the included studies.

Agreements and disagreements with other studies or reviews

Several reviews have been published on the prevention of percutaneous exposure incidents in the past but only two included gloves as the intervention. Compared to the earlier review of Rogers 2000, the number of included studies increased enormously. Probably due to an non-comprehensive search strategy the authors found only four studies, whereas we located 45. Tanner 2009 is a Cochrane Review on the prevention of surgical cross-infection and glove perforations are only included as a secondary outcome. The review limited the inclusion of studies to surgical team members and included 31 randomised controlled trials. We included three more studies but did not find studies outside surgery. Two trials included in the review by Tanner 2009 assessed infections but did not find any. Based on the same studies as were included in this review, the authors concluded that double gloving protects against glove perforations even though they calculated odds ratios to assess the treatment effect. Given the high incidence of perforations odds ratios will provide an overestimate of the effect. Therefore, we believe that the rate ratios that we calculated for this review are a more appropriate estimate of the treatment effect. A more recent review by Yang identified only 10 studies, eight RCTs and two cohort studies that evaluated double gloving (Yang 2011). The authors did not perform a meta-analysis but still concluded that double gloving was effective.

AUTHORS' CONCLUSIONS

Implications for practice

We found moderate-quality evidence that double gloves reduce the risk of percutaneous exposure incidents compared to single gloves for surgeons and surgical staff. The risk of inner glove perforations was reduced by 71% (rate ratio (RR) 0.29, 95% confidence interval (CI) 0.23 to 0.37) and the risk of blood contamination by 65% (RR 0.35, 95% CI 0.17 to 0.70). The effect was less clear for needlestick injuries but this was measured in two studies only and could be biased by measurement error. Even though loss of dexterity was reported in two studies, based on measurement with visual analogue scales, double gloves were still rated as good in one study and average in another. An increase in outer glove perforations could indicate a loss of dexterity but none was found (RR 1.10, 95% CI 0.93 to 1.31).

Surgeons can achieve a further reduction in the risk of percutaneous exposure by using three pairs of gloves or extra gloves made from special material. Fabric gloves over single gloves compared to two layers of normal material gloves reduced the risk of perforations by 76% (RR 0.24, 95% CI 0.06 to 0.93). Special material gloves (fabric, Kevlar, steel or spectra polyethylene fibre

gloves) between two normal material gloves or the use of three standard material gloves did have the same preventive effect. However, we rated the evidence for the use of three glove layers or special gloves as low to moderate and it needs to be balanced against the additional costs and the influence on dexterity, which is unknown.

Evidence for thicker gloves, comparing one thick glove to two layers of normal gloves, was missing. However, the comparison of thicker gloves to comparably thinner gloves did not show a significant difference in the number of perforations (RR 0.63, 95% CI 0.37 to 1.08) and one study showed higher but non-significant rates in thicker gloves compared to the glove combination of one fabric glove over one standard glove (RR 15.36, 95% CI 0.88 to 267.57).

We conclude that the prevention of percutaneous exposure incidents can be successfully achieved with an increase in the number of glove layers, rather than by increasing the thickness of gloves. The preventive effect can be increased when using more than two layers or when using special material gloves. However, evidence is missing for the use of gloves or for the effect of extra gloves for other tasks than surgery. It is also difficult to say which type of special material glove is the best.

Implications for research

No further studies are needed to show the preventive effect of double gloving during surgery. However, it is unclear whether the results apply to healthcare professionals who are doing tasks outside the operating theatre, such as blood collection. The use of gloves or double gloves does not seem to be common practice here, therefore randomised trials can still be carried out. These should take into account proper randomisation procedures and measurement of the outcome. Injuries occur less frequently in this setting than in the operating theatre, therefore larger sample sizes are needed. In addition, the cost-effectiveness of double gloving for other occupational groups should be evaluated. Similar trials to evaluate effectiveness and cost-effectiveness are needed for the use of gloves made from special materials.

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CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by study ID]

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arnio 2001			
Methods	Study design: randomised controlled trial Object of randomisation: patient		
Participants	Finland; September to	October 1999	
	Surgeon and sometime	es assistant surgeon	
	All vascular surgical op	perations during 2-month trial period (n = 73)	
Interventions	Intervention: double gloving with indicator glove (Biogel Indicator, Regent Medical, Malaysia) Control group: single gloving (Gammex or Nutex, Ansell Medical, Malaysia)		
Outcomes	Included in the review: number of perforations in inner gloves per gloves used		
Additional: number of perforations detected during surgery		perforations detected during surgery	
Notes	Missing information per gloving type: number of operations, number of persons per operation; no re- sponse to emails		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	High risk	According to year of birth of patient	
Allocation concealment	High risk	Year of birth unlikely concealed	
Blinding of study subjects	Low risk	Subjects not blinded, low risk of influencing outcome	
Blinding of outcome as- sessor	Unclear risk	Unknown	
Incomplete outcome data (attrition bias)	Low risk	No information about excluded data (gloves nor patients); author stated 73 operations were performed and reported data for all of them; more glove pair than operations which means likely all gloves included in analysis	
Selective outcome report- ing (reporting bias)	Low risk	Number of inner and outer glove perforations per number of gloves used reported	



Aarnio 2001 (Continued)

Outcome measure (com-High risk Standardised water filling test method (EN 455-1), air test missing bined air and water test used?)

Methods	Study design: randomised controlled trial Object of randomisation: workers			
Participants	UK			
	Two senior dental surg on HIV-positive patient	eons and three qualified dental hygienists performing routine dental treatments ts		
	Number of operations: 67 with double gloves, 71 with single gloves; approximated two persons per op- eration on average			
Interventions	Intervention: two glove	es (two surgical gloves or Regent 'reveal' glove system)		
	Control: one glove (Biogel D, Regent or Surgical glove)			
Outcomes	Outcome: number of glove perforations The total number of gloves in each group not reported Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcomes: subjective opinions of the ease of glove donning, comfort and sensitivity			
Notes				
Risk of bias				
Bias	Authors' judgement	Support for judgement		
Adequate sequence gener- ation	Unclear risk	No information provided		
Allocation concealment	Unclear risk	No information provided		
Blinding of study subjects	Low risk	_		
Blinding of outcome as- sessor	Unclear risk	No information provided		
Incomplete outcome data (attrition bias)	Low risk	4 out of 138 patients were excluded		
Selective outcome report- ing (reporting bias)	Low risk	Perforations		
Outcome measure (com- bined air and water test used?)	High risk	Water test only (water inflation technique, visual detection for contamination with blood)		



Avery 1999b

Methods	Study design: randomised controlled trial Object of randomisation: workers
Participants	UK Two principal surgeons and their assistants performing maxillofacial surgery Number studied: 1061 gloves (113 patients) Intervention group n = 453 (113 patients); control group n = 608 (113 patients)
Interventions	The workers used one of two methods of double gloving: standard Regent surgical gloves or the Reveal perforation identification system. Inner glove perforations were used as control
Outcomes	Outcome: number of outer glove perforations per total number of gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: glove comfort and sensibility
Notes	_

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Randomly allocated, no information provided on how
Allocation concealment	Unclear risk	No information
Blinding of study subjects	Low risk	_
Blinding of outcome as- sessor	Unclear risk	No information
Incomplete outcome data (attrition bias)	Low risk	All randomised cases analysed; probably all gloves included
Selective outcome report- ing (reporting bias)	High risk	Only number of unnoticed outer glove perforations per type of glove reported; number of inner glove perforations missing
Outcome measure (com- bined air and water test used?)	High risk	Inflating with water only

Berridge 1998

Methods	Study design: randomised controlled trial Object of randomisation: not reported
Participants	UK Surgeons, assistants and scrub nurses performing elective and emergency peripheral vascular surgical operations Number studied: 88 operations Intervention group n = 43; control group n = 45 Number of gloves not reported
Interventions	Double gloving The control group wore single gloves



Berridge 1998 (Continued)

Outcomes

Outcome: proportion of participants with blood-contaminated hand or digit detected by macroscopic evidence; proportion of participants with glove perforation(s) Perforation detection: the gloves were filled with water and perforations were noted as a jet of water

Notes				
Risk of bias				
Bias	Authors' judgement	Support for judgement		
Adequate sequence gener- ation	Unclear risk	Not described		
Allocation concealment	Unclear risk	Not reported		
Blinding of study subjects	Low risk	_		
Blinding of outcome as- sessor	Unclear risk	Not reported		
Incomplete outcome data (attrition bias)	Unclear risk	Unclear if all gloves used were collected		
Selective outcome report- ing (reporting bias)	Low risk	Perforations in single and double gloves and contamination reported		
Outcome measure (com- bined air and water test	High risk	Water test only; not reported whether both inner and outer gloves were tested		

Carter 1996

used?)

Methods	Study design: randomised controlled trial Object of randomisation: the order of gloves used		
Participants	UK One surgeon performing most common anorectal procedures Number studied: 280 operations (690 gloves) Intervention group n = 140 (351 gloves); control group n = 140 (339 gloves)		
Interventions	Use of Biogel Super-Sensitive gloves which are thinner but theoretically as strong as standard Biogel gloves. Standard Biogel gloves were used as control		
Outcomes	Outcome: number of perforated gloves per total number of gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water		
Notes	_		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	Unclear risk	No information	

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Carter 1996 (Continued)

Allocation concealment	Unclear risk	Not reported; likely decided by surgeon
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	No information
Incomplete outcome data (attrition bias)	Low risk	All gloves used reported as analysed
Selective outcome report- ing (reporting bias)	Low risk	Number of gloves with punctures reported
Outcome measure (com- bined air and water test used?)	High risk	Water test only

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C	llua	12	30	

Methods	Study design: randomised controlled trial Object of randomisation: the order of gloves used	
Participants	UK Two consultants, two senior registrars and two postgraduate students performing orthodontic proce- dures Number studied: 60 patients (716 gloves) Group 1: n = 238 gloves; Group 2: n = 238 gloves; Group 3: n = 240 gloves	
Interventions	Intervention: single gloving with latex glove designed for heavy duty (Biogel D, Regent hospital prod- uct) Control group either single gloving with latex standard (lightweight micro-touch glove, Johnson & Johnson) or single latex-free (N-Dex, Best Manufacturing Europe N.V.)	
Outcomes	Outcome: number of perforations per total number of gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water. Permanent black ink was added to the water to improve the detection Secondary outcome: user satisfaction	
Notes	Intervention: Biogel D Control: micro-touch	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Order of use based on randomisation code
Allocation concealment	Low risk	Not concealed until OP; OP were similar; each surgeon used both types of gloves
Blinding of study subjects	Low risk	Not possible; knowledge of gloving type judged as low risk of changing the outcome

Chua 1996 (Continued)

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Blinding of outcome as- sessor	High risk	Not blinded; 1 investigator assessed all gloves; investigator was one of the sur- geons
Incomplete outcome data (attrition bias)	Low risk	Only 4 of 720 gloves excluded
Selective outcome report- ing (reporting bias)	Low risk	Perforations reported
Outcome measure (com- bined air and water test used?)	High risk	Only water test

Doyle 1992

Methods	Study design: randomised controlled trial Object of randomisation: per operation; two operators were individually randomised to use either one or two standard gloves
Participants	UK Surgeons and their assistants performing operative obstetric and gynaecological procedures involving
	use of sharp instruments
	Number randomised: 150 glove sets (number followed 147)
	Intervention group n = 79 (glove sets); control group n = 68 (pairs of gloves)
	Total number of operations: 75 (not separately reported for control and intervention)
Interventions	Double gloves worn by surgeons and/or their assistants in the intervention group The control group wore single gloves
Outcomes	Outcome: the number of perforations per total number of (inner) glove pairs; needlestick injuries; pres ence of blood on the skin
	Measurement: not reported for presence of blood on the skin. Perforation detection: the gloves were
	filled with water and perforations were noted as a jet of water
	Secondary outcome: subjective views on impairment of dexterity when double gloved
Notes	

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Random number tables
Allocation concealment	Unclear risk	At the time of operation
Blinding of study subjects	Low risk	_
Blinding of outcome as- sessor	Unclear risk	Gloves were placed in a bag together with a questionnaire (type and other in- formation); unclear if assessor saw the questionnaire
Incomplete outcome data (attrition bias)	Low risk	_



Doyle 1992 (Continued)

Selective outcome report- ing (reporting bias)	Low risk	three of four outcomes reported: perforations, needlestick injuries, subjective impairment of dexterity
		Not reported: presence of blood
Outcome measure (com- bined air and water test used?)	High risk	Water test only; each glove was filled with approximally 500 ml of water and tested for leaks

Duron 1996

Methods	Study design: randomised controlled trial Object of randomisation: patient	
Participants	France One surgeon and two theatre nurses performing operations which comprised central venous cannula- tion and insertion of implantable catheters with ports Number studied: 100 operations (216 double glove sets) Intervention group n = 216 inner gloves; control group n = 216 outer gloves	
Interventions	Double gloving All participants double gloved and outer gloves were used as controls	
Outcomes	Outcome: number of (matching) perforations per total number of gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water	
Notes	_	

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Not described
Allocation concealment	Unclear risk	Not described
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	Not described
Incomplete outcome data (attrition bias)	Unclear risk	No information about excluded gloves
Selective outcome report- ing (reporting bias)	Low risk	All outcomes reported (perforations recognised during OP and with test)
Outcome measure (com- bined air and water test used?)	High risk	Water test only



Gani 1990

Methods	Study design: cluster-randomised controlled trial Object of randomisation: patients (corresponding to operating teams)		
Participants	Australia Surgeons, assistants and scrub nurses performing other than microsurgical operations Number studied: 218 operations (1761 gloves) Intervention group n = 846 gloves; control group n = 915 gloves		
Interventions	Double gloving The control group was single gloved		
Outcomes	Outcome: number of perforated gloves. Only matching outer-inner glove perforations were included ir the intervention group. Perforation detection: the gloves were filled with water and perforations were noted as a jet of water		
Notes	_		
Risk of bias			
Bias	Authors' judgement Support for judgement		

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Adequate sequence gener- ation	High risk	Hospital record numbers (odd versus even numbers)
Allocation concealment	Unclear risk	No information provided
Blinding of study subjects	Low risk	Not possible
Blinding of outcome as- sessor	High risk	Each member of the operating team was trained and responsible for testing all the gloves worn by him/her during the case
Incomplete outcome data (attrition bias)	Low risk	15 out of 233 cases excluded
Selective outcome report- ing (reporting bias)	Low risk	All outcomes reported
Outcome measure (com- bined air and water test used?)	High risk	Water-filling and individual digital distension (no air test)

Hester 1992 o-c

Methods	Study design: randomised controlled trial Object of randomisation: patients
Participants	USA
	Surgeons and their assistants in consecutive orthopaedic surgeries
	Number randomised: 75
	Intervention group 1: n = 25; intervention group 2: n = 25; control group: 25
Interventions	Intervention group 1: double gloving with one thicker glove and one cotton glove (outer cotton Protek, inner orthopaedic glove)
	Control group was double gloving with one thicker glove (latex inner, orthopaedic glove outer layer)
Outcomes	Outcome: the number of inner glove perforations per total number of glove sets



Hester 1992 o-c (Continued)

Perforation detection: water leak test

Notes Hester 1992 o-c: double latex versus latex-cotton. Hester 1992 o-c-l: double latex versus latex-cotton-latex

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	High risk	Based on hospital admission day
Allocation concealment	High risk	Not possible to conceal
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	Not reported
Incomplete outcome data (attrition bias)	Unclear risk	No information
Selective outcome report- ing (reporting bias)	Low risk	Perforation and needlestick, skin contamination
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Hester 1992 o-c-o			
Methods	Same as Hester 1992 o-c		
Participants	Same as Hester 1992 o-c		
Interventions	Intervention group 2: double gloving plus one cotton glove (outer standard latex, middle Protek cotton, inner orthopaedic glove) Control group was double gloving including one thicker glove (latex inner, orthopaedic glove outer lay- er)		
Outcomes	Same as Hester 1992 o-c		
Notes			
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	High risk	Same as Hester 1992 o-c	
Allocation concealment	High risk	_	
Blinding of study subjects	Low risk	_	

Hester 1992 o-c-o (Continued)

Blinding of outcome as- sessor	Unclear risk	_		
Incomplete outcome data (attrition bias)	Unclear risk	_		
Selective outcome report- ing (reporting bias)	Low risk	-		
Outcome measure (com- bined air and water test used?)	High risk	-		

Jensen 1997

Methods	Study design: randomised controlled trial Object of randomisation: two participants per OP, each individually randomised to type of glove
Participants	Denmark Principal surgeons and first assistants in consecutive intra-abdominal operations in a county hospital Number randomised: 400 glove sets Intervention group n = 200 (glove sets); control group n = 200 (pairs of gloves)
Interventions	Double gloves worn by surgeons and/or first assistants in the intervention group The control group wore single gloves
Outcomes	Outcome: the number of perforations per total number of (inner) glove pairs Measurement: double glove barrier was recorded as perforated only if both the inner and the outer glove had one or more leaks Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: participants' opinions about the use of double gloves

Notes

Risk of bias

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Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	No information
Allocation concealment	Low risk	Envelope was opened just before the beginning of the operation
Blinding of study subjects	Low risk	Knowledge about the gloving method judged as low risk of changing the out- come
Blinding of outcome as- sessor	Unclear risk	No information
Incomplete outcome data (attrition bias)	Unclear risk	Only gloves from the beginning were included; unknown how many gloves were changed and not included
Selective outcome report- ing (reporting bias)	Low risk	Perforated glove barriers reported



Jensen 1997 (Continued)

Outcome measure (com-
bined air and water testHigh riskWater test only (filling glove with water and manipulating each digit)used?)

Methods	Study design: randomised controlled trial Object of randomisation: worker		
Participants	Thailand Surgeons performing perineorrhaphies Number studied: 1400 gloves (700 patients) Intervention group n = 658 gloves; control group n = 742 gloves		
Interventions	Double gloving Control group was single gloved		
Outcomes	Outcome: number of (matching) perforations per total number of gloves Perforation detection: the gloves were filled with air, immersed in water and perforations were noted as air bubbles Secondary outcome: user satisfaction		
Notes	_		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	Low risk	Randomly selected 1 out of 2 envelopes	
Allocation concealment	Unclear risk	No information provided	
Blinding of study subjects	Low risk	Knowledge about the gloving method judged as low risk of changing the out- come	
Blinding of outcome as- sessor	High risk	Bags with gloves were labelled with method and other information	
Incomplete outcome data (attrition bias)	Unclear risk	Not reported how many operations or gloves were excluded or missing	
Selective outcome report- ing (reporting bias)	Low risk	Perforation rates	
Outcome measure (com- bined air and water test used?)	High risk	Air test only; filling with air and immersing in water	

Kovavisarach 1999

Methods

Study design: randomised controlled trial Object of randomisation: patients

Kovavisarach 1999 (Continued)

Participants	Thailand Primary surgeons in 300 caesarean sections in an antenatal clinic Number randomised: 300 Intervention group n = 150; control group n = 150		
Interventions	Double gloves worn by surgeons in the intervention group (150 glove sets) The control group wore single gloves (150 glove pairs)		
Outcomes	Outcome: the number of perforations per total number of glove pairs Measurement: both matching inner-outer perforations and double-inner perforations were recorded in the intervention group Perforation detection: the gloves were filled with air and then immersed in water and perforations were noted as air bubbles		
Notes	_		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	Low risk	Sealed envelopes, 1 out of 2	
Allocation concealment	Low risk	Randomisation at the time of operation	
Blinding of study subjects	Low risk	Knowledge about the gloving method judged as low risk of changing the out- come	
Blinding of outcome as- sessor	High risk	Bags with gloves were labelled with method and other information	
Incomplete outcome data (attrition bias)	Unclear risk	Not reported	
Selective outcome report- ing (reporting bias)	Low risk	Glove perforation rates	
Outcome measure (com- bined air and water test used?)	High risk	Air test only, filling with air and immersing in water	

Kovavisarach 2002

Methods	Study design: randomised controlled trial Object of randomisation: workers
Participants	Thailand Primary surgeons and specialist assistants performing total abdominal hysterectomy Number studied: 544 gloves (170 operations) Intervention group n = 368 gloves; control group n = 176
Interventions	Double gloving Control group was single gloved
Outcomes	Outcome: number of (matching) perforations per total number of gloves



Kovavisarach 2002 (Continued)

Perforation detection: the gloves were filled with air and then immersed in water and perforations were noted as air bubbles

Notes	_	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Not described; comment: probably done as earlier study from the same inves- tigator clearly describes use of random sequences (Kovavisarach 1999)
Allocation concealment	Unclear risk	No information; comment: earlier studies showed low risk (Kovavisarach 1999)
Blinding of study subjects	Low risk	Knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Low risk	After OP each glove in separate bag; information coded via number on bag and recorded in separate book; authors were unaware of the kind of gloving method during testing
Incomplete outcome data (attrition bias)	Unclear risk	Visible perforated gloves were changed during OP and only original gloves were used for the study (missing data); insufficient reporting of the number of exclusions
Selective outcome report- ing (reporting bias)	Low risk	Glove perforation in single and double gloving methods
Outcome measure (com- bined air and water test used?)	High risk	Air test only (filling with air and immersing in water)

Laine 2001

Methods	Study design: randomised controlled trial Object of randomisation: patients
Participants	Finland Surgeons and assistants performing different types of surgeries Number studied: 2462 gloves (885 operations) Intervention group n = 1442; control group n = 1020
Interventions	1) Double gloving with an indication system: control group 1 was single gloved, control group 2 was double gloved with two standard gloves 2) Double gloving with two standard gloves; control group was single gloved
Outcomes	Outcome: number of (matching) perforations per total number of (inner) gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water
Notes	Length of surgery: glove perforations significantly higher in surgeries longer than two hours compared to those less than two hours.
	The number of double inner gloves was the sum of indicator system and combination glove inner gloves. The number of double outer gloves was not used, only single gloves



Laine 2001 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	High risk	According to year of birth of patient (even or uneven)
Allocation concealment	Unclear risk	No information
Blinding of study subjects	Low risk	Knowledge of gloving type judged as low risk
Blinding of outcome as- sessor	Unclear risk	Gloves were labelled with identification labels; unknown what they were
Incomplete outcome data (attrition bias)	Unclear risk	Only first gloves collected; unknown how many excluded
Selective outcome report- ing (reporting bias)	Low risk	Glove perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only (EN455-1)

Laine 2004a

Methods	Study design: randomised controlled trial Object of randomisation: workers		
Participants	Finland Surgeons and assistant surgeons performing conventional and laparoscopic abdominal operations Number studied: 806 gloves (271 procedures) Intervention group n = 358; control group n = 448		
Interventions	Double gloving Control group was single gloved		
Outcomes	Outcome: number of perforated gloves per total number of gloves. Only matching outer-inner glove perforations were included in the intervention group Perforation detection: the gloves were filled with water and perforations were noted as a jet of water		
Notes	_		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	Unclear risk	Procedure not reported	
Allocation concealment	Unclear risk	Not reported	
Blinding of study subjects	Low risk	Knowledge of gloving type judged as low risk	

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Laine 2004a (Continued)

Blinding of outcome as- sessor	Unclear risk	Not reported
Incomplete outcome data (attrition bias)	Unclear risk	Not reported how many operations or gloves were excluded or missing
Selective outcome report- ing (reporting bias)	Low risk	Perforations of gloves
Outcome measure (com- bined air and water test used?)	High risk	Water test only: water-leak test (EN 455-1)

Laine 2004b 2R

Methods	Study design: randomised controlled trial Object of randomisation: workers
Participants	Finland Principal and assistant surgeons performing orthopaedic and trauma operations Number studied: 1769 gloves (349 operations) Intervention group n = 1516; control group n = 224
Interventions	Double gloving Control group was single gloved
Outcomes	Outcome: number of perforated gloves per total number of gloves. Only matching outer-inner glove perforations were included in the intervention group Perforation detection: the gloves were filled with water and perforations were noted as a jet of water
Notes	In RevMan analyses we have divided the control group evenly over the 2 study arms with 7/112 each
Risk of bias	

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	No information
Allocation concealment	Unclear risk	No information
Blinding of study subjects	Low risk	Knowledge of gloving type judged as low risk
Blinding of outcome as- sessor	Unclear risk	No information
Incomplete outcome data (attrition bias)	Unclear risk	Total does not include gloves changed during surgery; unknown how many ex- cluded
Selective outcome report- ing (reporting bias)	Low risk	Perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only (EN455-1)



Laine 2004b DI

Methods	Study design: randomised controlled trial Object of randomisation: workers	
Participants	Finland Principal and assistant surgeons performing orthopaedic and trauma operations Number studied: 1769 gloves (349 operations) Intervention group n = 1516; control group n = 224	
Interventions	Double gloving with an Control group 1 was sir Control group 2 was do	
Outcomes	Outcome: number of perforated gloves per total number of gloves. Only matching outer-inner glove perforations were included in the intervention group Perforation detection: the gloves were filled with water and perforations were noted as a jet of water	
Notes	_	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Same as Laine 2004b 2R
Allocation concealment	Unclear risk	_
Blinding of study subjects	Low risk	_
Blinding of outcome as- sessor	Unclear risk	_
Incomplete outcome data (attrition bias)	Unclear risk	_
Selective outcome report- ing (reporting bias)	Low risk	_
Outcome measure (com- bined air and water test used?)	High risk	-

Liew 1995 Double

Methods	Study design: cluster-randomised controlled trial Object of randomisation: patients
Participants	Australia Surgeons, assistants and scrub nurses performing elective orthopaedic operations Number studied: 579 gloves (107 patients) Intervention group n = 392; control group n = 187
Interventions	Double gloving including thicker latex glove (Triflex, Baxter)



Liew 1995 Double (Continued)

	Control group: double gloving including thinner latex glove (Gammex, Ansell)
Outcomes	Outcome: number of perforated gloves per total number of gloves. Only matching outer-inner glove perforations were included in the intervention group Perforation detection: the gloves were filled with water and perforations were noted as a jet of water
Notes	We have used the thicker Baxter glove as the comparison glove. Comparison is perforations in inner gloves only

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	High risk	According to unit record number
Allocation concealment	High risk	Not concealed
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	Not reported
Incomplete outcome data (attrition bias)	Unclear risk	Not reported
Selective outcome report- ing (reporting bias)	Low risk	Perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Liew 1995 Single

Methods	Study design: cluster-randomised controlled trial Object of randomisation: patients
Participants	Australia Surgeons, assistants and scrub nurses performing elective orthopaedic operations Number studied: 579 gloves (107 patients) Intervention group n = 392; control group n = 187
Interventions	Single gloving with thicker latex glove (Triflex, Baxter) Control group was single gloved with thinner latex glove (Gammex, Ansell)
Outcomes	Outcome: number of perforated gloves per total number of gloves. Only matching outer-inner glove perforations were included in the intervention group Perforation detection: the gloves were filled with water and perforations were noted as a jet of water
Notes	_
Risk of bias	



Liew 1995 Single (Continued)

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	High risk	Same as Liew 1995 Double
Allocation concealment	High risk	_
Blinding of study subjects	Low risk	-
Blinding of outcome as- sessor	Unclear risk	_
Incomplete outcome data (attrition bias)	Unclear risk	_
Selective outcome report- ing (reporting bias)	Low risk	_
Outcome measure (com- bined air and water test used?)	High risk	_

Louis 1998

Methods	Study design: randomised controlled trial Object of randomisation: patients	
Participants	US Surgeons and assistants performing orthopaedic procedures Number studied: 223 inner gloves (50 operations) Intervention group n = 106; control group n = 117	
Interventions	Double gloving with po ner gloves The control group was	olyester/stainless steel wire weave gloves as outer gloves and latex gloves as in- double latex gloved
Outcomes		erforated gloves per total number of gloves the gloves were filled with water and perforations were noted as a jet of water
Notes	_	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Cards indicating glove type in shuffled envelopes, numbered from 1 to 50
Allocation concealment	Low risk	Sealed envelopes, opened at time of operation
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	No information provided



Louis 1998 (Continued)

Incomplete outcome data (attrition bias)	Unclear risk	Not enough data provided
Selective outcome report- ing (reporting bias)	Low risk	Glove perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Marín Bertolin 1997

Methods	Study design: randomised controlled trial Object of randomisation: not reported
Participants	Spain Surgeons and scrub nurses performing plastic and reconstructive surgery Number studied: 666 gloves (107 operations) Intervention group n = 338; control group n = 328
Interventions	Double gloving Control group was single gloved
Outcomes	Outcome: number of (matching) perforations per total number of (inner) gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: peroperatively detected needlestick injuries
Notes	Length of surgery: in surgeries lasting more than two hours, there were many more perforations than ir those lasting less than two hours

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Procedure not reported
Allocation concealment	Unclear risk	No information
Blinding of study subjects	Low risk	_
Blinding of outcome as- sessor	High risk	Bags were labelled with name and method; unlikely that bags got relabeled before testing, e.g. into numbers from another person then the tester
Incomplete outcome data (attrition bias)	Low risk	12 out 1092 gloves excluded
Selective outcome report- ing (reporting bias)	Low risk	Perforation rates for single, double-outer and double-inner gloves
Outcome measure (com- bined air and water test used?)	High risk	Water test only; 500 ml water and gently squeezed

Naver 2000

Methods	Study design: cluster-randomised controlled trial Object of randomisation: patient (operation)			
Participants	Number studied: 566 g	Denmark Surgeons, assistants and scrub nurses performing elective gastrointestinal surgery Number studied: 566 glove pairs Intervention group n = 260; control group n = 306		
Interventions	Double gloving with inc Control group was sing			
Outcomes	Outcome: number of perforations per total number of gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcomes: incidence of blood contamination of the hands, self detection of glove perfora- tions during surgery			
Notes	_			
Risk of bias				
Bias	Authors' judgement	Support for judgement		
Adequate sequence gener- ation	Unclear risk	Procedure not described		
Allocation concealment	Unclear risk	No information		
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome		
Blinding of outcome as- sessor	Unclear risk	No information		
Incomplete outcome data (attrition bias)	Unclear risk	Some people used more than one pair of gloves but only the first pair was in- cluded in analysis; number of excluded cases not reported		
Selective outcome report- ing (reporting bias)	Low risk	Punctures in inner and outer gloves		
Outcome measure (com- bined air and water test used?)	High risk	Water test only, filled with water (EN 455-1)		

Nicolai 1997

Methods	Study design: cluster-randomised controlled trial Object of randomisation: patients
Participants	England Surgeons, first assistants and scrub nurses performing total hip or knee arthroplasty Number studied: 362 gloves (22 operations) Intervention group n = 209; control group n = 153
Interventions	Double gloving with indicator system



Nicolai 1997 (Continued)	Control group used sta	ndard double gloves		
Outcomes	Perforation detection:	Outcome: number of glove perforations per total number of gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: self detection of glove perforations		
Notes	Exact numbers of inner	Exact numbers of inner gloves in both groups are not reported		
Risk of bias				
Bias	Authors' judgement	Support for judgement		
Adequate sequence gener- ation	Unclear risk	No information		
Allocation concealment	Low risk	Sealed envelopes		
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome		
Blinding of outcome as- sessor	Unclear risk	Information on labels not described		
Incomplete outcome data (attrition bias)	Unclear risk	No information		
Selective outcome report- ing (reporting bias)	Low risk	Glove perforations reported		
Outcome measure (com- bined air and water test used?)	High risk	Water test		

Pieper 1995 l-k-k

Methods	Study design: randomised controlled trial Object of randomisation: workers
Participants	US Oral and maxillofacial surgery residents and staff performing application of Erich arch bars Number studied: 270 gloves (30 procedures) Group 1: n = 60, Group 2: n = 90, Group 3: n = 60, Group 4: n = 60
Interventions	Group 1: double latex gloving Group 2: triple gloving including Kevlar glove Group 3: triple gloving including stainless steel glove Group 4: triple layer latex gloving
Outcomes	Outcome: number of inner glove perforations per total number of gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water
Notes	
Risk of bias	



Pieper 1995 l-k-k (Continued)

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Procedure not described
Allocation concealment	Unclear risk	Not reported
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	High risk	All gloves used for testing purposes were placed in separate bags marked out- er glove, inner glove, middle triple, inner triple, inner Kevlar, inner stainless steel
Incomplete outcome data (attrition bias)	Unclear risk	Not reported
Selective outcome report- ing (reporting bias)	Low risk	Glove perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Pieper 1995 l-l-l

Methods	Same as Pieper 1995 l-k-k
Participants	-
Interventions	_
Outcomes	-
Notes	_

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Same as Pieper 1995 l-k-k
Allocation concealment	Unclear risk	_
Blinding of study subjects	Low risk	-
Blinding of outcome as- sessor	High risk	_
Incomplete outcome data (attrition bias)	Unclear risk	_
Selective outcome report- ing (reporting bias)	Low risk	_



Pieper 1995 l-l-l (Continued)

Outcome measure (com-	High risk	_	
bined air and water test			
used?)			

Pieper 1995 l-s-s Methods Same as Pieper 1995 l-k-k Participants _ Interventions Outcomes _ Notes **Risk of bias** Bias Authors' judgement Support for judgement Adequate sequence gener-Unclear risk Same as Pieper 1995 l-k-k ation Allocation concealment Unclear risk _ Blinding of study subjects Low risk _ Blinding of outcome as-High risk _ sessor Incomplete outcome data Unclear risk _ (attrition bias) Low risk Selective outcome report-_ ing (reporting bias) Outcome measure (com-High risk _ bined air and water test used?)

Punyatanasakchai 2004

Methods	Study design: randomised controlled trial Object of randomisation: workers
Participants	Thailand Surgeons performing episiotomy repairs after vaginal delivery during a 7-month period Number studied: 900 gloves Intervention group n = 600; control group n = 300
Interventions	Double gloving Control group was single gloved



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Punyatanasakchai 2004 (Continued)

Outcomes

Outcome: number of perforated glove pairs per total number of glove pairs (also in RevMan analyses) Perforation detection: the gloves were filled with water and perforations were noted as a jet of water

Risk of bias

Notes

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Procedure not described
Allocation concealment	Unclear risk	No information provided
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	High risk	Gloves in bags were labelled; re-labelling before testing unlikely
Incomplete outcome data (attrition bias)	Unclear risk	Gloves got changed if visibly perforated and only original gloves were used for study; number of excluded gloves unknown
Selective outcome report- ing (reporting bias)	Low risk	Glove perforation rates
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Quebbeman 1992

Bias	Authors' judgement Support for judgement
Risk of bias	
Notes	_
Outcomes	Outcome: 1. Number of glove failures per total number of exposures; 2. number of glove cuts per tota number of exposures; 3. number of needlestick injuries per total number of exposures Secondary outcome: ease of use Measurement: visual detection
Interventions	Double gloving Control group was single gloved
Participants	US Surgeons and first assistants performing operations which were predicted to last more than 2 hours and to include blood loss of more than 100 ml Number studied: 284 exposures (involvement of individual surgical team member) (143 procedures) Intervention group n = 130; control group n = 154
Methods	Study design: randomised controlled trial Object of randomisation: workers

Quebbeman 1992 (Continued)

Adequate sequence gener- ation	Low risk	Randomisation chart
Allocation concealment	High risk	Participants could refuse randomisation and wear desired glove type
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	High risk	Nurse inspected finger of surgeons, knowing type of gloves used
Incomplete outcome data (attrition bias)	Low risk	All cases analysed
Selective outcome report- ing (reporting bias)	Low risk	Blood contamination of the finger, compliance
Outcome measure (com- bined air and water test used?)	High risk	Visual inspection

Rudiman 1999

Methods	Study design: randomised controlled trial Object of randomisation: patients		
Participants	Indonesia Surgeons and first assistants performing laparotomies Number studied: 180 gloves (60 operations) Intervention group n = 60 (27 operations); control group n = 120 (33 operations)		
Interventions	Double gloving Control group was single gloved		
Outcomes	Outcome measure: 1. Number of glove pairs with 1 or more inner glove perforations; 2. incidence of blood contamination Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: self detection of glove perforations		
Notes	Operations that were 2 hours or longer were significantly associated with a higher incidence of glove perforation		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	High risk	Based on hospital record numbers (odd versus even)	
Allocation concealment	Unclear risk No information		
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome	

Rudiman 1999 (Continued)

Blinding of outcome as- sessor	High risk	Self evaluation by the user of the glove
Incomplete outcome data (attrition bias)	High risk	12 out of 72 excluded
Selective outcome report- ing (reporting bias)	Low risk	Glove perforation rates for double and single glove method
Outcome measure (com- bined air and water test used?)	High risk	Water test only (glove was filled with water to the wrist and each finger was in- dividually pressured)

Sanders 1990

Methods	Study design: randomised controlled trial Object of randomisation: workers
Participants	US Surgeons performing bone manipulation and/or application of implants Number studied: 110 inner gloves (50 operations) Intervention group n = 52; control group n = 58
Interventions	Double gloving with cotton cloth outer gloves and latex inner gloves Control group used double latex gloves
Outcomes	Outcome: number of inner glove perforations per total number of inner gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: self reported glove perforations
Notes	In the control group, the number of punctures increased with the duration of the operation. A puncture was found in all operations longer than 3 hours
Risk of bias	

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Cards indicating glove type in shuffled envelopes, numbered from 1 to 50
Allocation concealment	Low risk	Sealed envelopes, opened at time of operation
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	Not reported
Incomplete outcome data (attrition bias)	Unclear risk	Not reported
Selective outcome report- ing (reporting bias)	Low risk	Number of inner glove perforations



Sanders 1990 (Continued)

Outcome measure (com-	High risk	Water test only
bined air and water test		
used?)		

Sebold 1993			
Methods	Study design: randomised controlled trial Object of randomisation: operations		
Participants	US Surgeons performing major joint arthroplasty Number studied: 284 gloves inner or outer gloves (71 operations) Intervention 1: n = 100; Intervention 2: n = 96; control group: n = 88		
Interventions	1) Double gloving with thicker glove (orthopaedic outer gloves and latex inner gloves) Control group was double latex gloves		
		atex outer gloves, cloth middle gloves and latex inner gloves ouble latex gloved; control group 2 was double gloving with thicker glove	
Outcomes	Outcome: number of inner glove perforations per total number of inner gloves Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: self detection of glove perforations		
Notes	Double versus double: Sebold 1993; triple versus double Sebold 1993		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Adequate sequence gener- ation	Low risk	Cards indicating glove type in envelopes, sealed and shuffled, numbered from 1 to 75	
Allocation concealment	Low risk	Envelopes sealed until beginning of OP	
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome	
Blinding of outcome as- sessor	Unclear risk	Not reported	
Incomplete outcome data (attrition bias)	Low risk	3 out of 25 cases in control excluded; 1 out of 25 in cloth glove group excluded	

Selective outcome report- ing (reporting bias)	Low risk	Perforations reported for inner, outer, changed gloves
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Sutton 1998

Methods	Study design: randomised controlled trial	
Gloves, extra glove	es or special types of gloves for preventing percutaneous exposure injuries in healthcare personnel (Review)	53

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Sutton 1998 (Continued)

Success 1990 (continued)	Object of randomisation: patients		
Participants	UK One surgeon performing hip and knee arthroplasty Number studied: 118 procedures Intervention group n = 56; control group n = 62		
Interventions	Use of spectra polyethylene fibre gloves (Paraderm) between two layers of latex gloves (Ansell Nutex as inner, Regent Biogel as outer) Control group used two pairs of latex gloves (Ansell Nutex as inner, Regent Biogel as outer gloves)		
Outcomes	Outcome: number of inner and outer glove perforations per total number of procedures Perforation detection: the gloves were filled with water and perforations were noted as a jet of water		
Notes	_		

Risk of bias

Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Procedure not described: "randomised (using sealed envelopes) into two groups"
Allocation concealment	Low risk	Sealed envelopes
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Low risk	Investigator testing for punctures was blind to which group the gloves be- longed
Incomplete outcome data (attrition bias)	Unclear risk	All used gloves were tested; unknown if cases (OPs) were excluded
Selective outcome report- ing (reporting bias)	Low risk	Perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Tanner 2006

Methods	Study design: randomised controlled trial Object of randomisation: operating teams	
Participants	UK Consultants, specialist registrars, senior house officers and scrub nurses performing hip or knee arthroplasty during a 4-month period Number studied: 406 gloves Intervention group n = 220; control group n = 186	
Interventions	Double gloving with knitted outer gloves and latex inner gloves Control group was double latex gloved	
Outcomes	Outcome: number of inner glove perforations per total number of inner gloves	



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Tanner 2006 (Continued)

Perforation detection: the gloves were filled with water and perforations were noted as a jet of water Secondary outcome: self detection of glove perforations

Notes

Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Random number tables
Allocation concealment	Low risk	Sealed envelopes until time of OP
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Low risk	Testers checking were blind to which group the gloves belonged
Incomplete outcome data (attrition bias)	Unclear risk	Not enough information provided
Selective outcome report- ing (reporting bias)	Low risk	Inner glove perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Thomas 2001

Bias	Authors' judgement Support for judgement
Risk of bias	
Notes	Matching outer-inner glove perforations used in RevMan analyses. Total numbers of inner and outer gloves are not reported. We have therefore presumed that the number of double inner gloves is 1/3 of the total number of gloves and that the number of single gloves is 1/3 of the total number of gloves
Outcomes	Outcome: 1. Number of (matching inner) glove perforations per total number of procedures; 2. number of visible blood contamination cases of the participant's hands per total number of procedures Perforation detection: firstly, the gloves were filled with air, immersed in water and perforations were noted as air bubbles. Secondly, the gloves were filled with water and perforations were noted as a jet of water
Interventions	Double gloving Control group was single gloved
Participants	India Surgeons and first assistants performing surgical procedures which lasted more than 1 hour Number studied: 66 procedures (396 gloves) Intervention group n = 33; control group n = 33
Methods	Study design: randomised controlled trial Object of randomisation: workers

Thomas 2001 (Continued)

Adequate sequence gener- ation	Unclear risk	Procedure not described
Allocation concealment	Low risk	Sealed envelopes until start of OP
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	Not reported (author contacted, awaiting answer)
Incomplete outcome data (attrition bias)	Unclear risk	Not reported (author contacted, awaiting answer)
Selective outcome report- ing (reporting bias)	Low risk	Outer and inner glove perforations per gloving type; matched holes for double gloving
Outcome measure (com- bined air and water test used?)	Low risk	Air and water test used

Turnquest 1996

Methods	Study design: randomi Object of randomisatic	
Participants	dures during a 6-montl	and second assistants, and surgical technicians performing obstetrical proce- h period intervention group: 169 double glove pairs; control group: 172 single glove pairs
Interventions	Double gloving Control group was sing	gle gloved
Outcomes	Perforation detection:	natching) perforations per total number of gloves the gloves were filled with water and perforations were noted as a jet of water ecognition of punctures during the procedures
Notes	_	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Computer-generated set of random numbers
Allocation concealment	Low risk	Sealed envelopes, opened at the beginning of OP
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	Not reported

Turnquest 1996 (Continued)

Incomplete outcome data (attrition bias)	Low risk	Less than 10% of gloves excluded: intervention: 44 out of 720; control: 20 out of 364
Selective outcome report- ing (reporting bias)	Low risk	Number of gloves with perforations
Outcome measure (com- bined air and water test used?)	High risk	Water test only

Underwood 1993

Methods	Study design: randomis Object of randomisatio	
Participants		istant) performing sternal wiring (following cardiac surgery)
	Number of inner gloves	s: intervention group: 80 pairs; control group: 80 pairs
Interventions	Intervention group: do	uble gloving including special material glove (inner latex and outer cotton)
	Control group: double :	standard (inner and outer standard latex glove)
Outcomes	Outcome: inner gloves	with perforations
	Perforation detection:	the gloves were filled with water and perforations were noted as a jet of water
Notes	_	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Unclear risk	Not reported
Allocation concealment	Unclear risk	Not reported

Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	Not reported
Incomplete outcome data (attrition bias)	Unclear risk	Number of used, collected and excluded gloves not reported
Selective outcome report- ing (reporting bias)	Low risk	Number of inner gloves with perforations
Outcome measure (com- bined air and water test used?)	High risk	Water leaking test only



Wilson 1996a

Methods	Study design: randomi Object of randomisatic	
Participants	Oman 32 surgeons preforming different types of operations Number studied: 384 operations Intervention 1: n = 96; intervention 2: n = 96; intervention 3: n = 96; control group: n = 96	
Interventions	Comparison of 3 different double gloving combinations: Intervention 1: normal size inner gloves and larger outer gloves Intervention 2: larger inner gloves and normal outer gloves Intervention 3: normal sized inner and outer gloves Control group was single gloved	
Outcomes		mber of (inner) glove perforations per total number of operations (also in oration detection: the gloves were filled with water and perforations were noted ser comfort, dexterity
Notes	Wilson 1996a normal size inner gloves and larger outer gloves versus single gloving. Wilson 1996b larg er inner gloves and normal outer gloves versus single gloving. Wilson 1996c normal sized inner and ou er gloves versus single gloving	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	The order of the gloving method was randomised by drawing the letters A, B, C, D out of a sealed envelope
Allocation concealment	Unclear risk	No information
Blinding of study subjects	Low risk	Not possible; knowledge about the gloving method judged as having a low risk of changing the outcome
Blinding of outcome as- sessor	Unclear risk	No information
Incomplete outcome data (attrition bias)	Unclear risk	Not reported how many operations or gloves were excluded or missing
Selective outcome report- ing (reporting bias)	Low risk	All outcomes reported
Outcome measure (com- bined air and water test used?)	High risk	Inflating with water, trying to cuff and squeezing the palm and each finger in turn, looking for the fine spray of water (water test only, no air test)

Wilson 1996b

Participants —	



Wilson 1996b (Continued)

Interventions	_	
Outcomes	_	
Notes	_	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Same as Wilson 1996a
Allocation concealment	Unclear risk	_
Blinding of study subjects	Low risk	_
Blinding of outcome as- sessor	Unclear risk	_
Incomplete outcome data (attrition bias)	Unclear risk	_
Selective outcome report- ing (reporting bias)	Low risk	_
Outcome measure (com- bined air and water test used?)	High risk	_

Wilson 1996c

Methods	Same as Wilson 1996a	
Participants	_	
Interventions	_	
Outcomes	_	
Notes	_	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Adequate sequence gener- ation	Low risk	Same as Wilson 1996a
Allocation concealment	Unclear risk	_
Blinding of study subjects	Low risk	_



Wilson 1996c (Continued) Blinding of outcome assessor Unclear risk – Incomplete outcome data (attrition bias) Unclear risk – Selective outcome report- ing (reporting bias) Low risk – Outcome measure (combined air and water test used?) High risk –

OP = operation

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion	
Brunton 2000	The aim of the intervention was not to reduce perforations - two single, non-sterile, powder-free gloves compared	
Caillot 1999	Double versus single gloving; outcome: number of electronic alarms rather than exposure injuries	
Duerink 2006	No injury outcome	
Gaujac 2007	The aim of the intervention was not to reduce perforations - double gloving with sterile gloves compared to double gloving with one sterile and one non-sterile glove	
Jeffe 1999	No injury outcome	
Kelly 1993	Unclear randomisation and significant differences between intervention and control group	

Characteristics of studies awaiting assessment [ordered by study ID]

Bliss 1992

Methods	Study design: cluster-randomised controlled trial Object of randomisation: calendar day
Participants	UK Surgeons, assistants and scrub nurses Number studied: 2604 gloves Group 1: n = 1378; Group 2: n = 1226 Not reported which group is intervention and which is control
Interventions	Comparison of 2 different glove types in single gloving situations
Outcomes	Outcome: number of glove perforations per total number of gloves Perforation detection: the gloves were filled with air, immersed in water and perforations were noted as air bubbles
Notes	The comparison was between cheaper and more expensive gloves; the authors did not report which is which



Guo 2012

600 2012	
Methods	Study design: randomised controlled trial
Participants	Nurses
Interventions	Double versus single gloves
Outcomes	Perforations
Notes	

Hwang 1999b

Methods	Study design: randomised controlled trial	
	Object of randomisation: workers	
Participants	Taiwan	
	35 physicians, 30 nurses and 1 technician routinely wearing rubber gloves	
	Number studied: 336 gloves	
	Group 1: n = 80; Group 2: n = 148; Group 3: n = 46; Group 4: n = 62	
Interventions	Comparison of four different types of (single) gloves	
Outcomes	Outcome: number of perforated or torn gloves per total number of gloves	
	Perforation detection: visual examination	
	Secondary outcome: user satisfaction, allergic reactions	
Notes	Not reported which were intervention gloves and which were control gloves	

Hwang 1999c

Methods	Study design: randomised controlled trial Object of randomisation: workers
Participants	Taiwan 35 physicians, 30 nurses and 1 technician routinely wearing rubber gloves Number studied: 336 gloves Group 1: n = 80; Group 2: n = 148; Group 3: n = 46; Group 4: n = 62
Interventions	Comparison of four different types of (single) gloves
Outcomes	Outcome: number of perforated or torn gloves per total number of gloves Perforation detection: visual examination Secondary outcome: user satisfaction, allergic reactions
Notes	Not reported which were intervention gloves and which were control gloves

Hwang 1999d

Methods	Study design: randomised controlled trial	
/ 0 1	c <mark>ial types of gloves for preventing percutaneous exposure injuries in healthcare personnel (Review)</mark> ane Collaboration. Published by John Wiley & Sons, Ltd.	61



Hwang 1999d (Continued)

	Object of randomisation: workers
Participants	Taiwan 35 physicians, 30 nurses and 1 technician wearing routinely rubber gloves Number studied: 336 gloves Group 1: n = 80; Group 2: n = 148; Group 3: n = 46; Group 4: n = 62
Interventions	Comparison of four different types of (single) gloves
Outcomes	Outcome: number of perforated or torn gloves per total number of gloves Perforation detection: visual examination Secondary outcome: user satisfaction, allergic reactions
Notes	Not reported which were intervention gloves and which were control gloves

Newsom 1998

Methods	Study design: randomised controlled trial Object of randomisation: operations
Participants	UK General surgeons and urologists performing open and endoscopic surgery Number studied: 670 gloves (317 operations) Intervention group n = 348; control group n = 322
Interventions	Use of powder-free, non-latex surgical gloves Control group used standard surgical gloves
Outcomes	Outcome: 1. Number of perforated gloves per total number of gloves; 2. number of perforated glove pairs per total number of glove pairs; 3. number of perforated gloves per total number of op- erations Perforation detection: the gloves were filled with water and perforations were noted as a jet of wa- ter
Notes	Unclear if intervention intends to prevent needlestick injuries; comparison is possibly single thicker versus single thin; awaiting answer from manufacturer

DATA AND ANALYSES

Comparison 1. Double versus single gloves

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	12		Rate Ratio (Fixed, 95% CI)	0.29 [0.23, 0.37]
1.1 Number of perforations	10		Rate Ratio (Fixed, 95% CI)	0.33 [0.24, 0.44]
1.2 Number of gloves with perfora- tions	2		Rate Ratio (Fixed, 95% CI)	0.22 [0.15, 0.34]

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Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
2 Matched inner glove perforations	4		Rate Ratio (Fixed, 95% CI)	0.11 [0.05, 0.20]
2.1 Number of perforations	4		Rate Ratio (Fixed, 95% CI)	0.11 [0.05, 0.20]
3 Needlestick injuries	2		Rate Ratio (Fixed, 95% CI)	0.58 [0.21, 1.62]
3.1 Per pair of gloves	2		Rate Ratio (Fixed, 95% CI)	0.58 [0.21, 1.62]
4 Incidences of blood contamina- tion	3	819	Rate Ratio (Fixed, 95% CI)	0.35 [0.17, 0.70]
5 Dexterity: VAS score			Other data	No numeric data
6 Dexterity: outer glove perfora- tions	8		Rate Ratio (Fixed, 95% CI)	1.10 [0.93, 1.31]
6.1 Number of perforations	6		Rate Ratio (Fixed, 95% CI)	1.05 [0.83, 1.33]
6.2 Number of gloves with perfora- tions	2		Rate Ratio (Fixed, 95% CI)	1.15 [0.90, 1.48]

Analysis 1.1. Comparison 1 Double versus single gloves, Outcome 1 Inner glove perforations.

tudy or subgroup	Experi- mental	Control	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	N	N	(SE)	IV, Fixed, 95% CI		IV, Fixed, 95% CI
.1.1 Number of perforations						
/ilson 1996c	96	32	-1.5 (0.74)		2.92%	0.21[0.05,0.91]
/ilson 1996b	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
/ilson 1996a	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
ovavisarach 1998	658	742	-0.9 (0.267)		22.41%	0.4[0.24,0.68]
ovavisarach 1999	150	150	-1.7 (0.629)	+	4.04%	0.19[0.05,0.64]
very 1999a	0	0	-0.6 (1.732)		0.53%	0.52[0.02,15.62]
homas 2001	132	132	-0.6 (0.391)		10.45%	0.53[0.24,1.13]
ovavisarach 2002	82	88	-1.3 (0.5)	+	6.39%	0.27[0.1,0.71]
aine 2004b 2R	256	112	-1 (0.488)		6.71%	0.37[0.14,0.97]
unyatanasakchai 2004	150	150	-1.3 (0.424)	_	8.89%	0.26[0.11,0.6]
ubtotal (95% CI)				◆	66.81%	0.33[0.24,0.44]
leterogeneity: Tau²=0; Chi²=5.74, di	f=9(P=0.77); I ² =0%					
est for overall effect: Z=7.2(P<0.000	01)					
.1.2 Number of gloves with perfo	rations					
ani 1990	0	0	-1.5 (0.234)		29.2%	0.23[0.14,0.36]
udiman 1999	0	0	-1.6 (0.633)	İ	3.99%	0.2[0.06,0.69]
ubtotal (95% CI)				◆	33.19%	0.22[0.15,0.34]
leterogeneity: Tau²=0; Chi²=0.03, di	f=1(P=0.85); I ² =0%					
est for overall effect: Z=6.83(P<0.00	001)					
otal (95% CI)				•	100%	0.29[0.23,0.37]
otal (95% CI)		Favours	double gloves	0.005 0.1	1 10	



Study or subgroup	Experi- mental	Control	log[Rate Ratio]		Rate Ratio			Weight	Rate Ratio	
	Ν	N	(SE)		IV, F	ixed, 9	5% CI		ιν,	Fixed, 95% CI
Heterogeneity: Tau ² =0; Chi ² =7										
Test for overall effect: Z=9.82(P<0.0001)									
Test for subgroup differences: Chi ² =2.07, df=1 (P=0.15), I ² =51.6%										
		Favours	s double gloves	0.005	0.1	1	10	200	Favours single glo	ves

Analysis 1.2. Comparison 1 Double versus single gloves, Outcome 2 Matched inner glove perforations.

Experi-**Rate Ratio** Weight Rate Ratio Study or subgroup Control log[Rate mental Ratio] Ν (SE) IV, Fixed, 95% CI IV, Fixed, 95% CI Ν 1.2.1 Number of perforations 0 Kovavisarach 1998 0 -3.2 (0.72) 21.72% 0.04[0.01,0.17] 0 Thomas 2001 0 -1.6 (0.55) 37.22% 0.21[0.07,0.62] Kovavisarach 2002 0 0 -2.9 (1.025) 10.72% 0.05[0.01,0.4] Punyatanasakchai 2004 0 0 -2.2 (0.609) 30.35% 0.11[0.03,0.37] Subtotal (95% CI) 100% 0.11[0.05,0.2] Heterogeneity: Tau²=0; Chi²=3.61, df=3(P=0.31); I²=16.91% Test for overall effect: Z=6.69(P<0.0001) Total (95% CI) 100% 0.11[0.05,0.2] Heterogeneity: Tau²=0; Chi²=3.61, df=3(P=0.31); l²=16.91% Test for overall effect: Z=6.69(P<0.0001) Favours double gloves 0.005 0.1 1 10 200 Favours single gloves

Analysis 1.3. Comparison 1 Double versus single gloves, Outcome 3 Needlestick injuries.

Study or subgroup	Experi- mental	Control	log[Rate Ratio]			Rate Ratio		Weight	Rate Ratio
	N	N	(SE)		IV,	, Fixed, 95% CI			IV, Fixed, 95% CI
1.3.1 Per pair of gloves									
Doyle 1992	79	68	-1.2 (1.155)	_		•		20.45%	0.29[0.03,2.76]
Marín Bertolin 1997	343	335	-0.4 (0.586)		-	— <u>—</u>		79.55%	0.7[0.22,2.2]
Subtotal (95% CI)								100%	0.58[0.21,1.62]
Heterogeneity: Tau ² =0; Chi ² =0.47	, df=1(P=0.49); I ² =0%								
Test for overall effect: Z=1.04(P=0	.3)								
Total (95% CI)					-	•		100%	0.58[0.21,1.62]
Heterogeneity: Tau ² =0; Chi ² =0.47	, df=1(P=0.49); I ² =0%								
Test for overall effect: Z=1.04(P=0	.3)								
		Favours	double gloves	0.01	0.1	1 10	100	Favours sing	gle gloves

Analysis 1.4. Comparison 1 Double versus single gloves, Outcome 4 Incidences of blood contamination.

Study or subgroup	Double	Single	log[Rate Ratio]		Rate Ratio		Weight	Rate Ratio
	Ν	N	(SE)	N	V, Fixed, 95% CI			IV, Fixed, 95% CI
Rudiman 1999	60	60	-1.2 (0.572)				38.7%	0.31[0.1,0.94]
Naver 2000	261	306	-1.9 (0.753)		•		22.33%	0.16[0.04,0.68]
Thomas 2001	66	66	-0.5 (0.57)				38.97%	0.63[0.2,1.91]
Total (95% CI)					•		100%	0.35[0.17,0.7]
Heterogeneity: Tau ² =0; Chi ² =2.2	23, df=2(P=0.33); I ² =10.2	25%						
Test for overall effect: Z=2.96(P	=0)							
		Favours	double gloves	0.005 0.1	1 10	200	Favours sing	gle gloves

Analysis 1.5. Comparison 1 Double versus single gloves, Outcome 5 Dexterity: VAS score.

	Dexterit	y: VAS score	
Study	Notes	Double gloves	Single gloves
Avery 1999a	VAS 1 to 10 (1-2 = very poor, 3-4 = poor, 5-6 = average, 7-8 = good, 9-10 = very good)	Median (interquartile range):	Median (interquartile range):
Avery 1999a	Comfort:	Double standard: 4 (3 to 6) (poor) Double indicator: 5 (4 to 6) (average)	Single surgical: 7 (6 to 8) (good) Single Biogel: 8 (7 to 9) (good)
Avery 1999a	Sensitivity:	Double standard: 4 (3 to 5) (poor) Double indicator 5 (4 to 6) (average)	Single surgical 7 (6 to 9) (good) Single Biogel 8 (7 to 8) (good)
Avery 1999a			
Wilson 1996a	VAS 1 to 5: (1 = poor, 2 = fair, 3 = good, 4 = very good, 5 = excellent)	Median	Median
Wilson 1996a	Comfort:	Double larger outside: 3 (good)	Single standard: 4 (very good)
Wilson 1996a	Instrument handling:	Double larger outside: 3 (good)	Single standard: 4 (very good)
Wilson 1996a	Needle loading:	Double larger outside: 3 (good)	Single standard: 4 (very good)
Wilson 1996a	Knot tying:	Double larger outside: 3 (good)	Single standard: 4 (very good)
Wilson 1996a	Tissue handling:	Double larger outside: 3 (good)	Single standard: 4 (very good)
Wilson 1996a	Hand sensitivity:	Double larger outside: 3 (good)	Single standard: 4 (very good)
Wilson 1996b	VAS 1 to 5: (1 = poor, 2 = fair, 3 = good, 4 = very good, 5 = excellent)	Median	Same group as Wilson 1996a
Wilson 1996b	Comfort:	Double larger inside: 3 (good)	
Wilson 1996b	Instrument handling:	Double larger inside: 3 (good)	
Wilson 1996b	Needle loading:	Double larger inside: 3 (good)	
Wilson 1996b	Knot tying:	Double larger inside: 3 (good)	
Wilson 1996b	Tissue handling:	Double larger inside: 3 (good)	
Wilson 1996b	Hand sensitivity:	Double larger inside: 3 (good)	
Wilson 1996c	VAS 1 to 5: (1 = poor, 2 = fair, 3 = good, 4 = very good, 5 = excellent)	Median	Same group as Wilson 1996a
Wilson 1996c	Comfort:	Double normal size: 2 (fair)	
Wilson 1996c	Instrument handling:	Double normal size: 3 (good)	
Wilson 1996c	Needle loading:	Double normal size: 3 (good)	
Wilson 1996c	Knot tying:	Double normal size: 3 (good)	
Wilson 1996c	Tissue handling:	Double normal size: 3 (good)	
Wilson 1996c	Hand sensitivity:	Double normal size: 2 (fair)	

Analysis 1.6. Comparison 1 Double versus single gloves, Outcome 6 Dexterity: outer glove perforations.

Study or subgroup	Double stan- dard/in- dicator	Single standard	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	N	N	(SE)	IV, Fixed, 95% CI		IV, Fixed, 95% CI
1.6.1 Number of perforations						
Avery 1999a	0	0	1.1 (1.155)		0.58%	3.14[0.33,30.23]
Kovavisarach 1998	0	0	-0.1 (0.208)	-+	17.82%	0.87[0.58,1.31]
Kovavisarach 1999	0	0	0.2 (0.335)		6.85%	1.25[0.65,2.41]
Kovavisarach 2002	82	88	-0.2 (0.335)	+	6.85%	0.86[0.44,1.66]
Punyatanasakchai 2004	150	150	0.2 (0.258)		11.6%	1.26[0.76,2.09]
Thomas 2001	132	132	0.1 (0.313)		7.86%	1.16[0.63,2.14]
Subtotal (95% CI)				•	51.57%	1.05[0.83,1.33]
Heterogeneity: Tau ² =0; Chi ² =2.9	02, df=5(P=0.71); l ² =09	%				
Test for overall effect: Z=0.4(P=0	0.69)					
1.6.2 Number of gloves with p	erforations					
Gani 1990	0	0	0.2 (0.133)	-	43.3%	1.21[0.93,1.57]
Rudiman 1999	0	0	-0.2 (0.387)	+	5.14%	0.8[0.37,1.71]
Subtotal (95% CI)				•	48.43%	1.15[0.9,1.48]
Heterogeneity: Tau ² =0; Chi ² =1.0	01, df=1(P=0.32); l ² =0.	56%				
Test for overall effect: Z=1.14(P=	=0.25)					
Total (95% CI)				•	100%	1.1[0.93,1.31]
Heterogeneity: Tau ² =0; Chi ² =4.2	2, df=7(P=0.75); l ² =09	%				
Test for overall effect: Z=1.08(P=	=0.28)					
Test for subgroup differences: C	hi²=0.29, df=1 (P=0.59	9), I ² =0%			I	
		Favours	double gloves	0.1 0.2 0.5 1 2 5 10) Favours sin	gle gloves

Favours double gloves 0.1 0.2 0.5 1 2 5 10 Favours single gloves

Comparison 2. Triple versus double gloves

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	1		Rate Ratio (Fixed, 95% CI)	Totals not selected
1.1 Number of perforations	1		Rate Ratio (Fixed, 95% CI)	0.0 [0.0, 0.0]

Analysis 2.1. Comparison 2 Triple versus double gloves, Outcome 1 Inner glove perforations.

Study or subgroup	Triple Doul		Double log[Rate Ratio]		Rate Ratio				Rate Ratio
	Ν	Ν	N (SE)		IV, Fixed, 95% CI			IV, Fixed, 95% CI	
2.1.1 Number of perforations									
Pieper 1995 l-l-l	15	15	-3.5 (1.436)			-			0.03[0,0.52]
		I	avours triple gloves	0.001	0.1	1	10	1000	Favours double gloves

Comparison 3. Double special versus double normal

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	4		Rate Ratio (Random, 95% CI)	Subtotals only
1.1 Fabric glove, number of perfora- tions	2		Rate Ratio (Random, 95% CI)	0.27 [0.03, 2.96]
1.2 Fabric glove, number of gloves with perforations	1		Rate Ratio (Random, 95% CI)	0.17 [0.06, 0.43]
1.3 Wire weave glove, number of gloves with perforations	1		Rate Ratio (Random, 95% CI)	0.73 [0.38, 1.38]
2 Dexterity: VAS score			Other data	No numeric data

Analysis 3.1. Comparison 3 Double special versus double normal, Outcome 1 Inner glove perforations.

Study or subgroup	Favours glove liner	Control	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	N	N	(SE)	IV, Random, 95% CI		IV, Random, 95% CI
3.1.1 Fabric glove, number of perf	orations					
Sanders 1990	52	58	-2.6 (0.734)		47.71%	0.08[0.02,0.32]
Hester 1992 o-c	0	0	-0.1 (0.518)		52.29%	0.88[0.32,2.42]
Subtotal (95% CI)					100%	0.27[0.03,2.96]
Heterogeneity: Tau ² =2.55; Chi ² =7.32	2, df=1(P=0.01); l ² =	=86.35%				
Test for overall effect: Z=1.07(P=0.29	9)					
3.1.2 Fabric glove, number of glov	es with perforat	ions				
Underwood 1993	0	0	-1.8 (0.483)		100%	0.17[0.06,0.43]
Subtotal (95% CI)				•	100%	0.17[0.06,0.43]
Heterogeneity: Not applicable						
Test for overall effect: Z=3.71(P=0)						
3.1.3 Wire weave glove, number o	f gloves with per	forations				
Louis 1998	0	0	-0.3 (0.329)		100%	0.73[0.38,1.38]
Subtotal (95% CI)				•	100%	0.73[0.38,1.38]
Heterogeneity: Not applicable						
Test for overall effect: Z=0.97(P=0.33	3)					
		Favo	ours glove liner	0.001 0.1 1 10	¹⁰⁰⁰ Favours sta	indard glove

Analysis 3.2. Comparison 3 Double special versus double normal, Outcome 2 Dexterity: VAS score.

Dexterity: VAS score								
Study	Notes	Double gloves	Single gloves					
Tanner 2006	VAS 0 to 1: double with fabric glove ver- sus double latex (0 = better than latex; 0.5 = same as latex, 1 = worse than latex)	Mean score (range) (N = 18)						
Tanner 2006	Tactile sensation	0.83 (0.5 to 1)						



Dexterity: VAS score Study Double gloves Single gloves Notes Tanner 2006 General dexterity 0.76 (0.5 to 1) Tanner 2006 Precision instrumentation 0.78 (0.25 to 1) Tanner 2006 Grip and power 0.63 (0.25 to 1) 0.62 (0.43 to 1) Tanner 2006 Handling cement Tanner 2006 Comfort 0.62 (0.5 to 1)

Comparison 4. Triple special versus double normal

Outcome or subgroup ti- tle	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	5		Rate Ratio (Fixed, 95% CI)	0.24 [0.13, 0.45]
1.1 Fabric	2		Rate Ratio (Fixed, 95% CI)	0.33 [0.11, 0.99]
1.2 Spectra polyethylene fibre	1		Rate Ratio (Fixed, 95% CI)	0.33 [0.12, 0.88]
1.3 Kevlar	1		Rate Ratio (Fixed, 95% CI)	0.06 [0.01, 0.50]
1.4 Steel	1		Rate Ratio (Fixed, 95% CI)	0.12 [0.03, 0.59]

Analysis 4.1. Comparison 4 Triple special versus double normal, Outcome 1 Inner glove perforations.

Study or subgroup	Favours triple	Control	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	Ν	Ν	(SE)	IV, Fixed, 95% CI		IV, Fixed, 95% CI
4.1.1 Fabric						
Hester 1992 o-c-o	0	0	-0.7 (0.612)		28.11%	0.5[0.15,1.66]
Sebold 1993	0	0	-3.4 (1.439)		5.08%	0.03[0,0.55]
Subtotal (95% CI)					33.19%	0.33[0.11,0.99]
Heterogeneity: Tau ² =0; Chi ² =3.04, df=	1(P=0.08); I ² =67	.09%				
Test for overall effect: Z=1.97(P=0.05)						
4.1.2 Spectra polyethylene fibre						
Sutton 1998	0	0	-1.1 (0.509)		40.63%	0.33[0.12,0.88]
Subtotal (95% CI)				•	40.63%	0.33[0.12,0.88]
Heterogeneity: Not applicable						
Test for overall effect: Z=2.2(P=0.03)						
4.1.3 Kevlar						
Pieper 1995 l-k-k	0	0	-2.8 (1.061)		9.35%	0.06[0.01,0.5]
Subtotal (95% CI)					9.35%	0.06[0.01,0.5]
Heterogeneity: Not applicable						
Test for overall effect: Z=2.61(P=0.01)						
4.1.4 Steel						
Pieper 1995 l-s-s	0	0	-2.1 (0.791)	_	16.83%	0.12[0.03,0.59]
Subtotal (95% CI)					16.83%	0.12[0.03,0.59]
		Favour	s double + liner	0.001 0.1 1 10	¹⁰⁰⁰ Favours do	uble no liner

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Study or subgroup	Favours triple	Control	log[Rate Ratio]		Rate	Ratio		Weight	Rate Ratio
	N	Ν	(SE)		IV, Fixed	d, 95% CI			IV, Fixed, 95% CI
Heterogeneity: Not applicable									
Test for overall effect: Z=2.63(P=0.01)									
Total (95% CI)					•			100%	0.24[0.13,0.45]
Heterogeneity: Tau ² =0; Chi ² =6, df=4(P=0	0.2); I ² =33.35%	6							
Test for overall effect: Z=4.42(P<0.0001)									
Test for subgroup differences: Chi ² =2.96	, df=1 (P=0.4)	, I²=0%							
		Favou	rs double + liner	0.001	0.1	1 10	1000	Favours dou	ıble no liner

Comparison 5. Thicker versus thinner

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	5		Rate Ratio (Random, 95% CI)	0.63 [0.37, 1.08]
1.1 Number of perforations	2		Rate Ratio (Random, 95% Cl)	0.34 [0.18, 0.65]
1.2 Number of gloves with perfora- tions	3		Rate Ratio (Random, 95% Cl)	0.85 [0.53, 1.35]
2 Matched perforations	1		Rate Ratio (Fixed, 95% CI)	Totals not selected
2.1 Number of gloves with matched perforations	1		Rate Ratio (Fixed, 95% CI)	0.0 [0.0, 0.0]

Analysis 5.1. Comparison 5 Thicker versus thinner, Outcome 1 Inner glove perforations.

Study or subgroup	Experi- mental	Control	log[Rate Ratio]		Rate Ratio		Rate Ratio
	Ν	Ν	(SE)	IV,	Random, 95% Cl		IV, Random, 95% Cl
5.1.1 Number of perforations							
Sebold 1993	51	47	-0.7 (0.443)			17.55%	0.5[0.21,1.2]
Chua 1996	0	0	-1.3 (0.354)	_	•	20.94%	0.26[0.13,0.52]
Subtotal (95% CI)					◆	38.48%	0.34[0.18,0.65]
Heterogeneity: Tau ² =0.05; Chi ² =1.34	4, df=1(P=0.25); I ² =2	5.27%					
Test for overall effect: Z=3.3(P=0)							
5.1.2 Number of gloves with perfo	orations						
Liew 1995 Single	0	0	0.8 (0.601)		+	12.73%	2.15[0.66,6.97]
Liew 1995 Double	0	0	-0.5 (0.369)		-+-	20.36%	0.63[0.31,1.3]
Carter 1996	0	0	-0.2 (0.171)			28.42%	0.79[0.57,1.11]
Subtotal (95% CI)					•	61.52%	0.85[0.53,1.35]
Heterogeneity: Tau ² =0.07; Chi ² =3.13	1, df=2(P=0.21); l ² =3	5.59%					
Test for overall effect: Z=0.69(P=0.4	9)						
		F	avours thicker	0.01 0.1	1 10	¹⁰⁰ Favours thi	nner

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Study or subgroup	Experi- mental	Control	log[Rate Ratio]		Rate Ratio			Weight	Rate Ratio	
	N	N	(SE)		IV, R	andom, 95	% CI		<u> </u>	/, Random, 95% Cl
Total (95% CI)						•			100%	0.63[0.37,1.08]
Heterogeneity: Tau ² =0.24; Chi	² =12.24, df=4(P=0.02);	l ² =67.32%								
Test for overall effect: Z=1.68(I	P=0.09)									
Test for subgroup differences:	Chi ² =5.08, df=1 (P=0.0	02), I ² =80.3%								
			Favours thicker	0.01	0.1	1	10	100	Favours thinne	r

Analysis 5.2. Comparison 5 Thicker versus thinner, Outcome 2 Matched perforations.

Study or subgroup	Experimental	Control	log[Rate Ratio]		Rate Ratio		Rate Ratio
	N N		(SE)		IV, Fixed, 95% CI		IV, Fixed, 95% CI
5.2.1 Number of gloves with	n matched perforations						
Liew 1995 Double	0	0	-1.3 (0.802)		_ _		0.29[0.06,1.38]
			Favours thicker	0.001	0.1 1 10	1000	Favours double

Comparison 6. Thick versus glove combinations

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	1		Rate Ratio (Random, 95% CI)	Totals not select- ed
1.1 Standard glove + fabric glove, num- ber of perforations	1		Rate Ratio (Random, 95% CI)	0.0 [0.0, 0.0]

Analysis 6.1. Comparison 6 Thick versus glove combinations, Outcome 1 Inner glove perforations.

Study or subgroup	Experimental	Control	log[Rate Ratio]	Rate Ratio			io		Rate Ratio
	Ν	N N		(SE)		IV, Random, 95% Cl			IV, Random, 95% CI
6.1.1 Standard glove + fabri	c glove, number of perforat	tions							
Sebold 1993	0	0	2.7 (1.458)			_			15.36[0.88,267.57]
			Favours thicker	0.001	0.1	1	10	1000	Favours standard + liner

Comparison 7. Double indicator versus standard

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 First glove: inner perforations	1		Rate Ratio (Fixed, 95% CI)	0.10 [0.02, 0.45]
1.1 Double versus single, number of per- forations	1		Rate Ratio (Fixed, 95% CI)	0.06 [0.01, 0.49]



Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1.2 Double versus double, number of perforations	1		Rate Ratio (Fixed, 95% CI)	0.17 [0.02, 1.44]
2 First glove: matched perforations	2		Rate Ratio (Random, 95% CI)	0.09 [0.03, 0.29]
2.1 Double versus single, number of glove pairs with perforations	1		Rate Ratio (Random, 95% CI)	0.13 [0.06, 0.31]
2.2 Double versus single, number of gloves with perforations	1		Rate Ratio (Random, 95% CI)	0.04 [0.00, 0.26]
3 All used gloves: inner glove perfora- tions	2		Rate Ratio (Random, 95% CI)	0.72 [0.36, 1.42]
3.1 Double versus double, number of perforations	2		Rate Ratio (Random, 95% CI)	0.72 [0.36, 1.42]
4 Dexterity: VAS score			Other data	No numeric data

Analysis 7.1. Comparison 7 Double indicator versus standard, Outcome 1 First glove: inner perforations.

Study or subgroup	Experi- mental	Control	log[Rate Ratio]	Rate R	atio	Weight	Rate Ratio
	Ν	Ν	(SE)	IV, Fixed,	95% CI		IV, Fixed, 95% CI
7.1.1 Double versus single, number	of perforations						
Laine 2004b DI	0	0	-2.7 (1.035)			52.13%	0.06[0.01,0.49]
Subtotal (95% CI)						52.13%	0.06[0.01,0.49]
Heterogeneity: Not applicable							
Test for overall effect: Z=2.65(P=0.01)							
7.1.2 Double versus double, numbe	er of perforations						
Laine 2004b DI	0	0	-1.8 (1.08)		-	47.87%	0.17[0.02,1.44]
Subtotal (95% CI)						47.87%	0.17[0.02,1.44]
Heterogeneity: Not applicable							
Test for overall effect: Z=1.62(P=0.1)							
Total (95% CI)						100%	0.1[0.02,0.45]
Heterogeneity: Tau ² =0; Chi ² =0.44, df=	=1(P=0.51); I ² =0%						
Test for overall effect: Z=3.04(P=0)							
Test for subgroup differences: Chi ² =0	.44, df=1 (P=0.51),	l ² =0%					
		Favours	indicator glove	0.01 0.1 1	10 1	.00 Favours sing	gle glove

Study or subgroup	Experi- mental	Control	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	Ν	Ν	(SE)	IV, Random, 95% (IV, Random, 95% Cl
7.2.1 Double versus single, numbe	er of glove pairs	with perforatio	ns			
Naver 2000	0	0	-2 (0.431)		74.35%	0.13[0.06,0.31]
Subtotal (95% CI)				•	74.35%	0.13[0.06,0.31]
Heterogeneity: Not applicable						
Test for overall effect: Z=4.69(P<0.00	001)					
7.2.2 Double versus single, numbe	er of gloves with	perforations				
Laine 2004a	0	0	-3.3 (1.013)	-	25.65%	0.04[0,0.26]
Subtotal (95% CI)					25.65%	0.04[0,0.26]
Heterogeneity: Not applicable						
Test for overall effect: Z=3.29(P=0)						
Total (95% CI)					100%	0.09[0.03,0.29]
Heterogeneity: Tau ² =0.26; Chi ² =1.42	2, df=1(P=0.23); I ²	=29.82%				
Test for overall effect: Z=4.1(P<0.000	01)					
Test for subgroup differences: Chi ² =	1.42, df=1 (P=0.2	3), I ² =29.82%			L	
		Favours i	ndicator gloves	0.005 0.1 1 1	^{10 200} Favours si	ngle gloves

Analysis 7.2. Comparison 7 Double indicator versus standard, Outcome 2 First glove: matched perforations.

Analysis 7.3. Comparison 7 Double indicator versus standard, Outcome 3 All used gloves: inner glove perforations.

Study or subgroup	Experi- mental	Control	log[Rate Ratio]			Rate Ratio	Weight	Rate Ratio
	Ν	Ν	(SE)		IV, R	andom, 95% Cl		IV, Random, 95% CI
7.3.1 Double versus double, nu	mber of perforations							
Duron 1996	0	0	0.5 (1.732)			+	- 4.01%	1.7[0.06,50.78]
Nicolai 1997	0	0	-0.4 (0.354)			- <mark></mark>	95.99%	0.69[0.35,1.39]
Subtotal (95% CI)						•	100%	0.72[0.36,1.42]
Heterogeneity: Tau ² =0; Chi ² =0.26	6, df=1(P=0.61); l ² =0%							
Test for overall effect: Z=0.96(P=	0.34)							
Total (95% CI)						•	100%	0.72[0.36,1.42]
Heterogeneity: Tau ² =0; Chi ² =0.26	6, df=1(P=0.61); l ² =0%							
Test for overall effect: Z=0.96(P=	0.34)							
		Favours i	ndicator gloves	0.01	0.1	1 10	100 Favours sta	andard gloves

Analysis 7.4. Comparison 7 Double indicator versus standard, Outcome 4 Dexterity: VAS score.

Dexterity: VAS score									
Study	Notes	Double indicator	Double standard						
Avery 1999b	VAS 1 to 10 (values not provided for all scores; 7 = good, 6 = adequate)	Median (interquartile range):	Median (interquartile range):						
Avery 1999b	Comfort	Double indicator: 6 (5 to 7) (= adequate)	Double standard: 6 (5 to 7) (= adequate)						
Avery 1999b	Sensitivity	Double indicator: 5 (4 to 6) (= adequate)	Double standard: 5 (4 to 6) (= adequate)						

Comparison 8. Subgroup analysis: prevalence, double versus single

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	12		Rate Ratio (Fixed, 95% CI)	0.29 [0.23, 0.37]
1.1 HIV > 1% or hepatitis C > 2%	10		Rate Ratio (Fixed, 95% CI)	0.28 [0.22, 0.37]
1.2 HIV < 1% and hepatitis C < 2%	2		Rate Ratio (Fixed, 95% CI)	0.38 [0.15, 0.96]

Analysis 8.1. Comparison 8 Subgroup analysis: prevalence, double versus single, Outcome 1 Inner glove perforations.

Study or subgroup	Experi- mental	Control	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	Ν	Ν	(SE)	IV, Fixed, 95% CI		IV, Fixed, 95% CI
8.1.1 HIV > 1% or hepatitis C > 2%	6					
Gani 1990	0	0	-1.5 (0.234)		29.2%	0.23[0.14,0.36]
Kovavisarach 1998	658	742	-0.9 (0.267)		22.41%	0.4[0.24,0.68]
Kovavisarach 1999	150	150	-1.7 (0.629)		4.04%	0.19[0.05,0.64]
Kovavisarach 2002	82	88	-1.3 (0.5)		6.39%	0.27[0.1,0.71]
Punyatanasakchai 2004	150	150	-1.3 (0.424)	- _	8.89%	0.26[0.11,0.6]
Rudiman 1999	0	0	-1.6 (0.633)		3.99%	0.2[0.06,0.69]
Thomas 2001	132	132	-0.6 (0.391)	+	10.45%	0.53[0.24,1.13]
Wilson 1996a	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
Wilson 1996b	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
Wilson 1996c	96	32	-1.5 (0.74)	t	2.92%	0.21[0.05,0.91]
Subtotal (95% CI)				◆	92.76%	0.28[0.22,0.37]
Heterogeneity: Tau ² =0; Chi ² =7.43, o	df=9(P=0.59); I ² =0%)				
Test for overall effect: Z=9.62(P<0.0	0001)					
8.1.2 HIV < 1% and hepatitis C < 2 $$	2%					
Avery 1999a	0	0	-0.6 (1.732)	•	0.53%	0.52[0.02,15.62]
Laine 2004b 2R	256	112	-1 (0.488)		6.71%	0.37[0.14,0.97]
Subtotal (95% CI)					7.24%	0.38[0.15,0.96]
Heterogeneity: Tau ² =0; Chi ² =0.04, o	df=1(P=0.85); I ² =0%)				
Test for overall effect: Z=2.05(P=0.0	04)					
Total (95% CI)				•	100%	0.29[0.23,0.37]
Heterogeneity: Tau ² =0; Chi ² =7.84, o	df=11(P=0.73); I ² =00	%				
Test for overall effect: Z=9.82(P<0.0	0001)					
Test for subgroup differences: Chi ²	=0.38, df=1 (P=0.54), I²=0%				
		Favours	double gloves	0.01 0.1 1 10	¹⁰⁰ Favours sin	gle gloves

Comparison 9. Subgroup analysis: income of countries, double versus single

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	12		Rate Ratio (Fixed, 95% CI)	0.29 [0.23, 0.37]

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1.1 Low and middle-income	6		Rate Ratio (Fixed, 95% CI)	0.34 [0.24, 0.47]
1.2 High-income countries	6		Rate Ratio (Fixed, 95% CI)	0.23 [0.16, 0.34]

Analysis 9.1. Comparison 9 Subgroup analysis: income of countries, double versus single, Outcome 1 Inner glove perforations.

Study or subgroup	Experi- mental	Control	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	Ν	N	(SE)	IV, Fixed, 95% CI		IV, Fixed, 95% CI
9.1.1 Low and middle-income						
Kovavisarach 1998	658	742	-0.9 (0.267)		22.41%	0.4[0.24,0.68]
Kovavisarach 1999	150	150	-1.7 (0.629)		4.04%	0.19[0.05,0.64]
Kovavisarach 2002	82	88	-1.3 (0.5)		6.39%	0.27[0.1,0.71]
Punyatanasakchai 2004	150	150	-1.3 (0.424)		8.89%	0.26[0.11,0.6]
Rudiman 1999	0	0	-1.6 (0.633)		3.99%	0.2[0.06,0.69]
Thomas 2001	132	132	-0.6 (0.391)	-+	10.45%	0.53[0.24,1.13]
Subtotal (95% CI)				•	56.17%	0.34[0.24,0.47]
Heterogeneity: Tau ² =0; Chi ² =3.9,	df=5(P=0.56); I ² =0%					
Test for overall effect: Z=6.4(P<0.	.0001)					
9.1.2 High-income countries						
Avery 1999a	0	0	-0.6 (1.732)		0.53%	0.52[0.02,15.62]
Gani 1990	0	0	-1.5 (0.234)		29.2%	0.23[0.14,0.36]
Laine 2004b 2R	256	112	-1 (0.488)		6.71%	0.37[0.14,0.97]
Wilson 1996a	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
Wilson 1996b	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
Wilson 1996c	96	32	-1.5 (0.74)		2.92%	0.21[0.05,0.91]
Subtotal (95% CI)				•	43.83%	0.23[0.16,0.34]
Heterogeneity: Tau ² =0; Chi ² =1.83	3, df=5(P=0.87); l ² =0%)				
Test for overall effect: Z=7.59(P<	0.0001)					
Total (95% CI)				•	100%	0.29[0.23,0.37]
Heterogeneity: Tau ² =0; Chi ² =7.8 ⁴	4, df=11(P=0.73); l ² =0	%				
Test for overall effect: Z=9.82(P<	0.0001)					
Test for subgroup differences: Ch	ni²=2.11, df=1 (P=0.15), I²=52.55%				

Comparison 10. Subgroup analysis: exposure, double versus single

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Inner glove perforations	12		Rate Ratio (Fixed, 95% CI)	0.29 [0.23, 0.37]
1.1 Low exposure: < 0.20 perforations	8		Rate Ratio (Fixed, 95% CI)	0.31 [0.22, 0.43]
1.2 High exposure: > 0.20 perforations	4		Rate Ratio (Fixed, 95% CI)	0.27 [0.19, 0.39]

Analysis 10.1. Comparison 10 Subgroup analysis: exposure, double versus single, Outcome 1 Inner glove perforations.

Study or subgroup	Experi- mental	Control	log[Rate Ratio]	Rate Ratio	Weight	Rate Ratio
	N	Ν	(SE)	IV, Fixed, 95% CI		IV, Fixed, 95% CI
10.1.1 Low exposure: < 0.20 pe	rforations					
Wilson 1996b	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
Wilson 1996a	96	32	-1.9 (0.845)		2.24%	0.14[0.03,0.75]
Wilson 1996c	96	32	-1.5 (0.74)		2.92%	0.21[0.05,0.91]
Kovavisarach 1998	658	742	-0.9 (0.267)		22.41%	0.4[0.24,0.68]
Avery 1999a	0	0	-0.6 (1.732)	•	0.53%	0.52[0.02,15.62]
Kovavisarach 1999	150	150	-1.7 (0.629)		4.04%	0.19[0.05,0.64]
Laine 2004b 2R	256	112	-1 (0.488)		6.71%	0.37[0.14,0.97]
Punyatanasakchai 2004	150	150	-1.3 (0.424)		8.89%	0.26[0.11,0.6]
Subtotal (95% CI)				•	49.97%	0.31[0.22,0.43]
Heterogeneity: Tau ² =0; Chi ² =3.9	6, df=7(P=0.78); I ² =0%)				
Test for overall effect: Z=6.63(P<	0.0001)					
10.1.2 High exposure: > 0.20 p	erforations					
Gani 1990	0	0	-1.5 (0.234)		29.2%	0.23[0.14,0.36]
Rudiman 1999	0	0	-1.6 (0.633)	+	3.99%	0.2[0.06,0.69]
Thomas 2001	132	132	-0.6 (0.391)	-+	10.45%	0.53[0.24,1.13]
Kovavisarach 2002	82	88	-1.3 (0.5)	 +	6.39%	0.27[0.1,0.71]
Subtotal (95% CI)				•	50.03%	0.27[0.19,0.39]
Heterogeneity: Tau ² =0; Chi ² =3.6	9, df=3(P=0.3); l²=18.6	7%				
Test for overall effect: Z=7.25(P<	0.0001)					
Total (95% CI)				•	100%	0.29[0.23,0.37]
Heterogeneity: Tau ² =0; Chi ² =7.8	4, df=11(P=0.73); l ² =0	%				
Test for overall effect: Z=9.82(P<	0.0001)					
Test for subgroup differences: Cl	ni²=0.19, df=1 (P=0.66), I²=0%				
		Favours	double gloves 0	005 0.1 1 10	200 Favours sin	

Favours double gloves 0.005 0.1 1 10 200 Favours single gloves

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	Interver	ntion			Control				Rate rati	0		95% CI	
Study	# Events	# Per- sons per opera- tion	# Op- era- tions (or glove pairs)	Rate per person per operation	# Events	# Per- sons per opera- tion	# Op- era- tions (or glove pairs)	Rate per person per operation	RR	lnRR	SE ¹	Lower	Upper
Intervention: increas Comparison: double													
Outcome: matched pe	erforations p	er person-	operation										
Kovavisarach 1998	2	1.00	329	0.0061	53	1.00	371	0.1429	0.043	-3.157	0.7203	_	_
Kovavisarach 2002	1	1.00	82	0.0122	20	1.00	88	0.2273	0.054	-2.925	1.0247	_	_
Punyatanasakchai 2004	3	1.00	150	0.0200	27	1.00	150	0.1800	0.111	-2.197	0.6086	_	_
Thomas 2001	4	1.00	66	0.0606	19	1.00	66	0.2879	0.211	-1.558	0.5501	_	_
Outcome: inner glove	perforation	s per perso	on-operati	on									
Gani 1990	22	3.86	103	0.0553	108	3.85	115	0.2439	0.227	-1.4835	0.2339	_	_
Rudiman 1999	3	1.00	60	0.0500	15	1.00	60	0.2500	0.200	-1.609	0.6325	_	_
Avery 1999a	0.5	1.85	67	0.0040	1	1.83	71	0.0077	0.524	-0.646	1.7321	_	_
Kovavisarach 1998	19	1.00	329	0.0578	53	1.00	371	0.1429	0.404	-0.906	0.2674	_	_
Kovavisarach 1999	3	1.00	150	0.0200	16	1.00	150	0.1067	0.188	-1.674	0.6292	_	_
Kovavisarach 2002	5	1.00	82	0.0610	20	1.00	88	0.2273	0.268	-1.316	0.5000	_	_
Laine 2004b 2R	6	1.41	90	0.0473	14	1.36	81.0	0.1271	0.372	-0.989	0.4880	_	

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Punyatanasakchai 2004	7	1.00	150	0.0467	27	1.00	150	0.1800	0.259	-1.3499	0.4241	_	
Thomas 2001	10	1.00	66	0.1515	19	1.00	66	0.2879	0.526	-0.642	0.3907	_	
Wilson 1996a	2	1.00	96	0.0208	4.7	1.00	32	0.1458	0.143	-1.946	0.8452	_	
Wilson 1996b	2	1.00	96	0.0208	4.7	1.00	32	0.1458	0.143	-1.946	0.8452	_	
Wilson 1996c	3	1.00	96	0.0313	4.7	1.00	32	0.1458	0.214	-1.540	0.7400	_	
Outcome: matched pe	erforations	s per glove j	pair										
Jensen 1997	8	_	100	0.0800	40	_	100	0.4000	0.200	-1.609	0.3873	0.09	
Outcome: inner glove	perforatio	ons per glov	e pair/glove	25									
Aarnio 2001	0.5	_	196 (gloves)	0.0026	12	_	204 (gloves)	0.0588	0.043	-3.138	1.443	0.00	
Jensen 1997	12	_	100	0.1200	40	_	100	0.4000	0.3	-1.204	0.329	0.16	
Marín Bertolin 1997	14	_	338	0.0414	31	_	328	0.0945	0.438	-0.825	0.322	0.23	
Doyle 1992	3	_	79	0.0380	24	_	68	0.3529	0.108	-2.229	0.612	0.03	
Outcome: number of i	nner glove	e perforatio	ns										
Berridge 1998	4	_	_	_	18	_	_	_	_	_	_	_	
Laine 2001	6	_	_	_	38	_	_	_	_	_	_	_	
Outcome: outer glove	perforatio	ons per pers	on-operatio	on				_					
Avery 1999a	3	1.85	67	0.0242	1	1.83	71	0.0077	3.1447	1.1457	1.1547	_	
Gani 1990	117	3.86	103	0.2943	108	3.85	115	0.2439	1.2064	0.1877	0.1334	_	
Kovavisarach 1998	41	1.00	329	0.1246	53	1.00	371	0.1429	0.8723	-0.1366	0.2080	_	
Kovavisarach 1999	20	1.00	150	0.1333	16	1.00	150	0.1067	1.2500	0.2231	0.3354	_	

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Kovavisarach 2002	16	1.00	82	0.1951	20	1.00	88	0.2273	0.8585	-0.1525	0.3354	—	_
Punyatanasakchai 2004	34	1.00	150	0.2267	27	1.00	150	0.1800	1.2593	0.2305	0.2578	_	_
Rudiman 1999	12	1.00	60	0.2000	15	1.00	60	0.2500	0.8000	-0.2231	0.3873	_	_
Thomas 2001	22	1.00	66	0.3333	19	1.00	66	0.2879	1.1579	0.1466	0.3132	_	_
Outcome: outer glove	perforatio	ons per glov	e pair										
Aarnio 2001	3	_	196	0.0153	12	_	204	0.0588	0.2602	-1.3463	0.6455	0.07	0.92
Doyle 1992	21	_	79	0.2658	24	_	68	0.3529	0.7532	-0.2835	0.2988	0.42	1.35
Jensen 1997	47	_	100	0.4700	40	_	100	0.4000	1.1750	0.1613	0.2151	0.77	1.79
Marín Bertolin 1997	38	_	343	0.1108	31	_	335	0.0925	1.1972	0.1800	0.2420	0.75	1.92
Outcome: number of o	outer glove	e perforatio	ons										
Berridge 1998	28	_	_	_	18	_	_	_	_	_	_	_	_
Outcome: blood stains	s on the sk	in per perso	on-operati	on									
Avery 1999a	0	1.85	67	-	0	1.83	71	_	-	_	_	_	_
Naver 2000	2	2.66	98	0.0077	15	2.66	115	0.0490	0.156	-1.8549	0.7528	_	_
Rudiman 1999	4	1.00	60	0.0667	13	1.00	60	0.2167	0.308	-1.1787	0.5718	_	_
Thomas 2001	5	1.00	66	0.0758	8	1.00	66	0.1212	0.625	-0.4700	0.5701	_	_
Outcome: number of b	lood stain	is on the sk	in										
Berridge 1998	4	_	_	_	8	_	_	_	_	_	_	_	_
Outcome: needlestick	injuries pe	er used glov	ve pair										
Doyle 1992	1	_	79	0.0127	3	_	68	0.0441	0.287	-1.2486	1.1547	0.03	2.76
Marin-Bertolin 1997	5	_	343	0.0146	7	_	335	0.0209	0.698	-0.3601	0.5855	0.22	2.20

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outcome: inner glov	e perforation:	s per perso	on-operati	on									
Pieper 1995 l-l-l	0.5	1.00	15	0.0333	16	1.00	15	1.0667	0.031	-3.466	1.4361	_	_
Calculation: SE = SQR : confidence interval					ratio; SE: sta	andard erro	or						
able 2. Raw data:	special glov				Control				Rate rati			95% CI	
Study	# Events	# Per- sons	# Op- era- tions	Rate per person	# Events	# Per- sons	# Op- era- tions	Rate	RR	lnRR	SE	Lower	Upper
		per opera-	(or glove	per		per opera-	(or glove						
		tion	pairs)	operation		tion	pairs)						
Intervention: specia Comparison: double		us double	normal										
Outcome: inner glov	e perforation:	s per perso	on-operati	on									
Hester 1992 o-c	7	3.50	25	0.0800	8	3.50	25	0.0914	0.875	-0.134	0.5176	_	_
Louis 1998	16	2.00	25	0.3200	22	2.00	25	0.4400	0.727	-0.319	0.3286	_	_
Sanders 1990	2	1.00	25	0.0800	26	1.00	25	1.0400	0.077	-2.565	0.7338	_	_
Underwood 1993	5	2.00	40	0.0625	30	2.00	40	0.3750	0.167	-1.791	0.4830		_
Outcome: inner glov	e perforation	s per glove	pair										
Tanner 2006	12		73	0.1644	42		110	0.3818	0.431	-0.843	0.3273	0.23	0.82

iew 1995 Double	2	3.00	32	0.020833	7	3.00	32	0.0729	0.286	-1.253	0.8018	_	—
Dutcome: inner glove	perforatio	ns per pers	on-operat	tion									
Carter 1996	61	1.00	140	0.4357	77	1.00	140	0.5500	0.792	-0.233	0.1714	_	_
Chua 1996	9	1.00	119	0.0756	69	1.00	238	0.2899	0.261	-1.344	0.3544	_	_
Liew 1995 Double	12	3.00	32	0.1250	19	3.00	32	0.1979	0.632	-0.459	0.3687	_	_
Liew 1995 Single	9	3.00	22	0.1364	4	3.00	21	0.0635	2.148	0.764	0.6009	_	_
Sebold 1993	8	1.00	25	0.3200	14	1.00	22	0.6364	0.503	-0.687	0.4432	_	_
Intervention: specia Comparison: triple s		us double I	normal										
Outcome: inner glove	perforatio	ns per pers	on-operat	tion									
Hester 1992 o-c-o	4	3.50	25	0.0457	8	3.50	25	0.0914	0.500	-0.693	0.6124	_	_
Pieper 1995 l-k-k	1	1.00	15	0.0667	8	1.00	7.5	1.0667	0.063	-2.773	1.0607	_	_
Pieper 1995 l-s-s	2	1.00	15	0.1333	8	1.00	7.5	1.0667	0.125	-2.079	0.7906	_	_
Sebold 1993	0.5	1.00	24	0.0208	14	1.00	22	0.6364	0.033	-3.419	1.4392	_	_
Sutton 1998	5	1.00	56	0.0893	17	1.00	62	0.2742	0.326	-1.122	0.5088	_	_
Intervention: special Comparison: thick gl		glove com	bination										
Outcome: inner glove	perforatio	ns per pers	on-operat	tion									
Sebold 1993	8	1.00	25	0.3200	0.5	1.00	24	0.0208	15.360	2.732	1.458	_	_
Outcome: matched p	erforations	per glove p	pair										

Table 2. Raw data: special gloves (Continued)

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	ator glov Intervei				Control				Rate Ra	itio		95% CI	
Study	# Events	# Per- sons per opera- tion	# Op- era- tions (or glove pairs)	Rate per person per operation	# Events	# Per- sons per opera- tion	# Op- era- tions (or glove pairs)	Rate per person per operation	RR	lnRR	SE	Lower	Uppe
Intervention: indicator glo Comparison: first glove: ir		ove versus	standard g	çlove									
Outcome: matched perford	tions per p	person-ope	ration										
Laine 2004a	1	1.00	115	0.0087	38	1.00	156	0.2436	0.036	-3.333	1.0131	_	_
Naver 2000	6	2.66	98	0.0230	53	2.66	115	0.1733	0.133	-2.019	0.4307	_	_
Outcome: inner glove perfo	orations pe	er person-o	peration										
	1	1.38	88.5	0.0082	6	1.41	90	0.0473	0.173	-1.753	1.0801	_	_
Laine 2004b DI (versus double)			88.5	0.0082	14	1.36	81	0.1271	0.064	-2.742	1.0351	_	_
	1	1.38											
double) Laine 2004b DI (versus sin-													
double) Laine 2004b DI (versus sin- gle)					38	_	_		_			_	_

Outcome: blood stains on the skin per glove pair

oves, extra	Table 3. Raw data: Intervention: indica Comparison: all glo	ator gloves			standard										
gloves	Outcome: inner glov	e perforations p	er person-o	peration											
or sp	Duron 1996	1	1.00	54	0.0185	0.5	1.00	46	0.0109	1.7037	0.5328	1.7321	_	_	
ecial typ	Nicolai 1997	16	3.00	13	0.4103	16	3.00	9	0.5926	0.6923	-0.3677	0.3536	_	_	_

See footnotes Table 1.

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APPENDICES

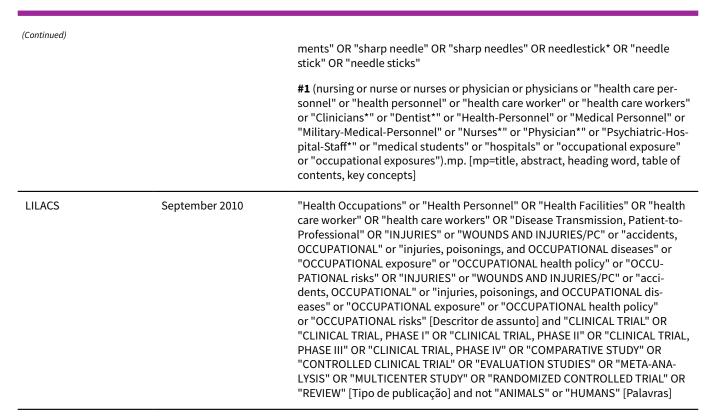
Appendix 1. Search strategies 2010

Database	Period of search	Search strategy						
EMBASE	1974 to September	#6 #5 AND [humans]/lim AND [embase]/lim						
	2010	#5 #3 AND #4						
		#4 [randomized controlled trial]/lim OR [controlled clinical trial]/lim OR ran- dom* OR 'double blind' OR 'single blind' OR (singl* OR doubl* OR trebl* OR tripl* AND (blind* OR mask*)) OR 'single blind procedure'/exp OR 'double blind procedure'/exp OR 'triple blind procedure'/exp OR placebo* OR 'controlled study'/exp OR 'cross sectional study'/exp OR 'crossover procedure'/exp OR 'latin square design'/exp OR 'follow up'/exp OR 'comparative study'/exp OR 'evaluation studies'/exp OR 'evaluation study' OR prospectiv* OR volunteer*]						
		#3 #1 AND #2						
		#2 'health care personnel'/exp OR 'health care personnel' OR 'health care worker'/exp OR 'health care worker' OR 'health care workers' OR 'health care facilities and services'/exp OR 'medical profession'/exp OR 'nursing as a pro- fession'/exp OR ('virus transmission'/exp AND 'patient'/exp AND professional)						
		#1 'needlestick injury'/exp OR needlestick* OR 'needle stick'/exp OR 'sharp injury' OR 'sharp injuries' OR 'sharp medical' OR 'sharp instrument' OR 'sharp needle' OR 'sharp needles' OR sharps OR 'percutaneous exposure' OR 'percutaneous injury' OR 'percutaneous injuries' OR 'percutaneous trauma' OR 'stick injury' OR 'stick injuries' OR 'stab wound'/exp OR 'face injury'/de OR 'eye injury'/de OR 'arm injury'/de OR 'hand injury'/de OR 'needle'/exp OR (splash* AND ('blood'/exp OR blood OR secretion* OR fluid* OR 'body fluid'/exp OR 'body fluids'/exp))						
Wiley	1993 to September	#3 #1 AND #2						
InterScience: <i>The Cochrane Library</i> databases: CENTRAL and NHSEED	2010	#2 EXP Needlestick Injuries (MeSH) OR needlestick* OR "needle stick OR "needle sticks" OR "percutaneous exposure" OR "percutaneous exposures" OR "percutaneous injury" OR "percutaneous injuries2 OR "stick injury" OR "stick injuries" OR Wounds, Stab (MeSH) OR Wounds, Penetrating (MeSH) OR Facial injuries (MeSH) OR EXP Eye Injuries, Penetrating (MeSH) OR Forearm Injuries (MeSH) OR EXP Hand Injuries (MeSH) OR [splash* AND blood OR secretion* OR fluid* OR EXP Body Fluids (MeSH) OR EXP Bodily Secretions (MeSH)]						
		#1 EXP Health Occupations (MeSH) OR EXP Health Personnel (MeSH) OR EXP Health Facilities (MeSH) OR "health care worker" OR "health care workers" OR Disease Transmission, patient-to-Professional (MeSH)						
Science Citation Index	1986 to 5 October 2010	#4 #1 AND #2 AND #3						
Expanded		#3 TS=(random* OR control* OR trial OR trials OR "single blind" OR "double blind" OR "triple blind" OR "latin square" OR placebo* OR comparative OR "follow up" OR prospectiv* OR "cross over" OR volunteer*)						
		#2 TS=(needlestick* OR "needle stick" OR "needle sticks" OR "stick injury" OR "stick injuries" OR "wound stab" OR "stab wound" OR "penetrating wound" OR "penetrating wounds") OR TS=(sharp* AND (injury OR injuries OR medical OR instrument*)) OR TS=(percutaneous AND (exposure OR exposures OR in- jury OR injuries)) OR TS=(injur* AND (facial OR eye OR eyes OR arm OR hand OF						

(Continued)		
		finger OR fingers)) OR TS=(splash* AND (blood OR secretion* OR fluid OR flu- ids)) OR TS="blood borne infection"
		#1 TS=("health care worker" OR "health care workers" OR "health occupa- tions" OR "health personnel" OR physician* OR nurse* OR hospital* OR clinic OR clinics)
CINAHL	1982 to September	#5 #3 AND #4
	2010	#4 "randomized controlled trial" or "clinical trials" or "clinical trial" or "ran- dom allocation" or "double blind". or "single blind" or ((singl* or doubl* or tre- bl* or tripl*) and (blind* or mask*)) or "latin square" or placebo# or random* or "research design" or "comparative study" or "comparative studies" or "evalu- ation study" or "evaluation studies" or "follow up study" or "follow up studies" or "prospective study" or "prospective studies" or "cross over study" or "cross over studies" or control* or prospective* or volunteer or (MH "Clinical Trials+") or (MH "Nonrandomized Trials") or (MH "Crossover Design")
		#3 #1 AND #2
		#2 TX "needlestick injury" or needlestick# or "needle stick" or "needle sticks" or "sharp injury" or "sharp injuries" or "sharp medical device" or "sharp med- ical devices" or "sharp instrument" or "sharp instruments" or "sharp needle" or "sharp needles" or "percutaneous exposure" or "percutaneous exposures" or "percutaneous injury" or "percutaneous injuries" or "stick injury" or "stick injuries" or "wounds, stab" or "wounds, penetrating" or "facial injuries" or "eye injuries, penetrating" or "arm injuries" or "forearm injuries" or "hand in- juries" or "finger injuries" or (splash# and (blood or secretion# or fluid#)) or ("occupational exposure" and ("body fluid" or "body fluids" or blood))
		#1 (MH "Health Occupations") OR health occupations or (MH "Health Person- nel+") or (MH "Health Facilities+") OR health facilities or TX "health care work- er" or TX "health care workers" or (MH "Personnel, Health Facility+") or (MH "Occupational Health Services+") or (MH "Occupational Hazards+") or (MH "Occupational Exposure") or TX "health care personnel" or (MH "Health Per- sonnel+") or (MH "HIV Infections+")
OSH UPDATE	NIOSHTIC-2: 1900 to	#15 #13 AND #14
(NIOSHTIC-2 and CIS- DOC)	September 2010 CISDOC: 1987 to	#14 PY{2007} OR PY{2008} OR PY{2009}
	September 2010	#13 #7 AND #12
		#12 #8 OR #11
		#11 #9 AND #10
		#10 GW{blind* OR mask*}
		#9 GW{singl* OR doubl* OR tripl* OR trebl*}
		#8 GW{random* OR control* OR trial OR trials OR comparativ* OR evaluation* OR "latin square" OR placebo OR "follow up" OR prospectiv* OR "cross over" OR volunteer*}
		#7 #1 AND #6
		#6 #2 OR #5
		#5 #3 AND #4
		# 4 GW{splash*}
		#3 GW{blood OR fluid* OR secretion*}

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(Continued)		
		#2 GW{"sharp medical" OR "sharp instrument" OR "sharp instruments" OR needlestick* OR "needle stick" OR "needle sticks" OR "sharp injury" OR "sharp injuries" OR "stab wound" OR "stab wounds" OR "wound penetrating" OR "stick injury" OR "stick injuries" OR "percutaneous injury" OR "percutaneous injuries" OR "percutaneous exposure" OR "percutaneous exposures" OR "sharp needle" OR "sharp needles"}
		#1 GW{nurse OR nurses OR physician OR physicians OR hospital* OR "health occupation" OR "health occupations" OR "health personnel" OR "health care personnel" OR "health care worker" OR "health care workers" OR "health worker" OR "health workers"}
MEDLINE in PubMed	From 1950 to Septem-	#5 Search #1 AND #2 AND (#3 OR #4)
	ber 2010	#4 Search effect*[tw] OR control[tw] OR controls*[tw] OR controla*[tw] OR controle*[tw] OR controli*[tw] OR controll*[tw] OR control'*[tw] OR evalua- tion*[tw] OR program*[tw]
		#3 ("Randomized Controlled Trial"[pt] OR "Controlled Clinical Trial"[pt] OR "Randomized Controlled Trials as Topic"[mh] OR "Random Allocation"[mh] OR "Double-Blind Method"[mh] OR "Single-Blind Method"[mh] OR "Clin- ical Trial"[pt] OR "Clinical Trials as Topic"[mh] OR "clinical trial"[tw] OR ((singl*[tw] OR doubl*[tw] OR trebl*[tw] OR tripl*[tw]) AND (mask*[tw] OR blind*[tw])) OR "latin square"[tw] OR Placebos[mh] OR placebo*[tw] OR ran- dom*[tw] OR "Research Design"[mh:noexp] OR "Comparative Study"[pt] OR "Evaluation Studies as Topic"[mh] OR "Follow-up Studies"[mh] OR "Prospec- tive Studies"[mh] OR "Cross-over Studies"[mh] OR control- s*[tw] OR controla*[tw] OR controle*[tw] OR controli*[tw] OR control'*[tw] OR prospectiv*[tw] OR volunteer*[tw]) NOT (Animals[mh] NOT Humans[mh)
		 #2 "Needlestick injuries"[mh] OR needlestick*[tw] OR "needle stick"[tw] or "needle sticks"[tw] OR "sharp injury"[tw] OR "sharp injuries"[tw] OR sharp-s[tw] OR "sharp medical device"[tw] OR "sharp medical devices"[tw] OR "sharp medical in-strument"[tw] OR "sharp medical instruments"[tw] OR "sharp medical instruments"[tw] OR "sharp needles"[tw] OR "sharp needles"[tw] OR "sharp needles"[tw] OR "sharp medical instruments"[tw] OR "sharp needles"[tw] OR "sharp needles"[tw] OR "sharp medical instruments"[tw] OR "percutaneous exposure"[tw] OR "percutaneous injury"[tw] OR "percutaneous injuries"[tw] OR "stick injury"[tw] OR "percutaneous injuries"[tw] OR "stick injury"[tw] OR "stick injury"[tw] OR "Stick injuries"[tw] OR "Wounds, Penetrating"[mh:noexp] OR "Foreial injuries"[mh:noexp] OR "Eye Injuries, Penetrating"[mh] OR "Arm Injuries"[mh:noexp] OR "Foreiarm Injuries"[mh:noexp] OR "Body Fluids"[mh])) #1 "Health Occupations"[mh] OR "Health Personnel"[mh] OR "Health Facili-
		ties"[mh] OR "health care worker"[tw] OR "health care workers"[tw] OR "Infec- tious Disease Transmission, Patient-to-Professional"[mh]
PsycINFO (OvidSP)	1967 to September 2010	#5 limit 4 to all journals
	2010	#4 #1 AND #2 AND #3
		#3 random* OR control* OR trial OR trials OR comparativ* OR evaluation* OR ((singl* OR doubl* OR tripl* OR trebl*) AND (blind* OR mask*)) OR "latin square" OR placebo* OR "follow up" OR prospectiv* OR "cross over" OR volun- teer*
		#2 (splash* AND (blood OR secretion* OR fluid OR fluids)) OR ("eye injuries" AND penetrating) OR (wound* AND (stab OR penetrating)) OR "percutaneous exposure" OR "percutaneous exposures" OR "percutaneous injury" OR "per- cutaneous injuries" OR "stick injury" OR "stick injuries" OR "sharp injury" OR "sharp injuries" OR "sharp medical" OR "sharp instrument" OR "sharp instru-



Appendix 2. Search strategy update 2010 to 2013

Database	Period of search	Search strategy						
EMBASE	September 2010 to June 2013	#1 [randomized controlled trial]/lim OR [controlled clinical trial]/lim OR ran- dom* OR 'double blind' OR 'single blind' OR (singl* OR doubl* OR trebl* OR tripl* AND (blind* OR mask*)) OR 'single blind procedure'/exp OR 'double blind procedure'/exp OR 'triple blind procedure'/exp OR placebo*						
		#2 'needlestick injury'/exp OR needle* OR 'sharp injury' OR 'sharp injuries' OR 'sharp medical' OR 'sharp instrument' OR 'sharp needle' OR 'sharp needles' OR sharps OR 'percutaneous exposure' OR 'percutaneous injury' OR 'percuta- neous injuries' OR 'percutaneous trauma' OR 'stick injury' OR 'stick injuries' OR 'stab wound'/de OR 'needle'/exp OR (splash* AND ('blood'/exp OR blood OR secretion* OR fluid* OR 'body fluid'/exp))						
		#3 glove* OR 'double gloving'						
		#4 #1 AND #2 AND #3 (69)						
		#5 #4 AND [1-9-2010]/sd (13)						
Wiley	2007 to June 2013 (CEN-	#1 MeSH descriptor: [Needlestick Injuries] explode all trees (83)						
InterScience: The Cochrane	TRAL Issue 5/NHSEED Issue 2)	#2 MeSH descriptor: [Wounds, Stab] explode all trees (103)						
<i>Library d</i> atabases: CENTRAL and		#3 MeSH descriptor: [Wounds, Penetrating] this term only (167)						
NHSEED		#4 needle* or "percutaneous exposure" or "percutaneous exposures" or "per- cutaneous injury" or "percutaneous injuries" or "stick injury" or "stick in- juries":ti,ab,kw (Word variations have been searched) (4766)						



(Continued)		
		#5 MeSH descriptor: [Bodily Secretions] explode all trees (7011)
		#6 MeSH descriptor: [Body Fluids] explode all trees (4000)
		#7 blood or secretion* or fluid*:ti,ab,kw (Word variations have been searched) (128034)
		#8 #5 or #6 or #7 (134181)
		#9 splash*:ti,ab,kw (Word variations have been searched) (15)
		#10 #8 and #9 (5)
		#11 #1 or #2 or #3 or #4 or #10 (4943)
		#12 MeSH descriptor: [Gloves, Protective] explode all trees (162)
		#13 glove* or "double gloving":ti,ab,kw (Word variations have been searched) (414)
		#14 #12 or #13 (414)
		#15 #11 and #14 (41 Cochrane Library records)
Science Citation Index Expanded	2010 to June 2013	#1 TS=(random* OR control* OR trial OR trials OR "single blind" OR "double blind" OR "triple blind" OR "latin square" OR placebo* OR comparative OR "follow up" OR prospectiv* OR "cross over" OR volunteer*)
		#2 TS=(needle* OR "stick injury" OR "stick injuries" OR "wound stab" OR "stab wound" OR "penetrating wound" OR "penetrating wounds") OR TS=(sharp* AND (injury OR injuries OR medical OR instrument*)) OR TS=(percutaneous AND (exposure OR exposures OR injury OR injuries)) OR TS=(splash* AND (blood OR secretion* OR fluid OR fluids)) OR TS="blood borne infection"
		#3 TS=(glove* OR "double gloving")
		#4 #1 AND #2 AND #3 (23)
CINAHL plus with full text through EBSCO	Up until October 2013	(MH "gloves") OR "glov*" plus relevant filter for randomised controlled trials as implemented in CINAHL
OSH UPDATE (NIOSHTIC-2 and CIS- DOC)	2010 to June 2013	#1 GW{random* OR control* OR trial OR trials OR comparativ* OR evaluation* OR "latin square" OR placebo OR "follow up" OR prospectiv* OR "cross over" OR volunteer*} (188990)
		#2 GW{blind* OR mask*} AND GW{singl* OR doubl* OR tripl* OR trebl*} (1240)
		#3 #1 OR #2 (189162)
		#4 GW{needle* OR "sharp medical" OR "sharp instrument" OR "sharp in- struments" OR "sharp injury" OR "sharp injuries" OR "stab wound" OR "stab wounds" OR " penetrating wound " OR "stick injury" OR "stick injuries" OR "percutaneous injury" OR "percutaneous injuries" OR "percutaneous expo- sure" OR "percutaneous exposures" } (2858)
		#5 GW{blood OR fluid* OR secretion*} AND GW{splash*} (365)
		#6 #4 OR #5 (3109)
		#7 GW{glove* OR "double gloving"} (7440)
		#8 #3 AND #6 AND #7 (388)
		\mathbf{mo} mo



(Continued)		
		#10 #8 AND #9 (70)
		#11 DC{OUNIOS OR OUCISD}
		#12 #10 AND #11 (3)
MEDLINE in PubMed	September 2010 to June 2013	<pre>#1 ("Randomized Controlled Trial"[pt] OR "Controlled Clinical Trial"[pt] OR "Randomized Controlled Trials as Topic"[mh] OR "Random Allocation"[mh] OR "Double-Blind Method"[mh] OR "Single-Blind Method"[mh] OR "Clin- ical Trial"[pt] OR "Clinical Trials as Topic"[mh] OR "clinical trial"[tw] OR ((singl*[tw] OR doubl*[tw] OR trebl*[tw] OR tripl*[tw]) AND (mask*[tw] OR blind*[tw])) OR "latin square"[tw] OR Placebos[mh] OR placebo*[tw] OR ran- dom*[tw] OR "Research Design"[mh:noexp] OR "Comparative Study"[pt] OR "Evaluation Studies as Topic"[mh] OR "Follow-up Studies"[mh] OR "Prospec- tive Studies"[mh] OR "Cross-over Studies"[mh] OR control[tw] OR control- s*[tw] OR controla*[tw] OR controle*[tw] OR controli*[tw] OR control'*[tw] OR prospectiv*[tw] OR volunteer*[tw]) NOT (Animals[mh] NOT Humans[mh]) (5114514) #2 "Needlestick injuries"[mh] OR needle*[tw] OR "sharp injury"[tw] OR "sharp</pre>
		#2 Needlestick injuries [im] OR needle [tw] OR sharp injury [tw] OR sharp injuries"[tw] OR sharps[tw] OR "sharp medical device"[tw] OR "sharp medical devices"[tw] OR "sharp instrument"[tw] OR "sharp medical instrument"[tw] OR "sharp medical instrument"[tw] OR "sharp medical instrument"[tw] OR "sharp medical instrument"[tw] OR "sharp needle"[tw] OR "sharp needle"[tw] OR "sharp needles"[tw] OR "percutaneous exposure"[tw] OR "percutaneous exposure"[tw] OR "percutaneous injuries"[tw] OR "stick injury"[tw] OR "stick injuries"[tw] OR "percutaneous injuries"[tw] OR "stick injury"[tw] OR "stick injuries"[tw] OR "bernutation"[tw] OR "stick injury"[tw] OR "percutaneous injuries"[tw] OR "bernutation"[tw] OR "stick injury"[tw] OR "stick injuries"[tw] OR "bernutation"[tw] OR "bernutati
		#3 "Gloves, Protective"[Mesh] OR glove*[tw] OR "double gloving" (8631)
		#4 #1 AND #2 AND #3
		#5 #4 AND "2010/09/01"[Date - Entrez] : "3000" [Date - Entrez] (41)
PsycINFO (ProQuest)	2009 to 2013	#1 random* OR control* OR trial OR trials OR comparativ* OR evaluation* OR ((singl* OR doubl* OR tripl* OR trebl*) AND (blind* OR mask*)) OR "latin square" OR placebo* OR "follow up" OR prospectiv* OR "cross over" OR volun- teer* (956861)
		#2 (splash* AND (blood OR secretion* OR fluid OR fluids)) OR (wound* AND (stab OR penetrating)) OR "percutaneous exposure" OR "percutaneous injury" OR "percutaneous injuries" OR "stick injury" OR "stick injuries" OR "stick injury" OR "stick injuries" OR "sharp medical" OR "sharp instrument" OR "sharp instruments" OR needle* (4311)
		#3 glove* OR "double gloving" (1881)
		#4 #1 AND #2 AND #3 (7)
		Limit to Publication year 2009 – (4)

WHAT'S NEW

Date	Event	Description
10 October 2013	Amended	The original version of this protocol was published with the title: "Prevention of percutaneous injuries with risk of hepatitis B, he- patitis C, or other viral infections for health-care workers". How-



Date	Event	Description
		ever, it turned out that the scope was far too wide and would result in an unmanageable amount of studies for one review. Therefore the decision was taken to split the protocol into four new ones. The other three new titles are: "Blunt versus sharp su- ture needles for preventing percutaneous exposure incidents in surgical staff", "Devices for preventing percutaneous exposure injuries caused by needles in health care personnel" and "Educa- tion and training for preventing percutaneous exposure injuries in health care personnel".

CONTRIBUTIONS OF AUTHORS

Jos Verbeek and Christina Mischke are the co-ordinators of the review work. Annika Saarto (previously Parantainen), Marie-Claude Lavoie and Manisha Pahwa participated in the writing of the review and protocol. Sharea Ijaz participated in the data extraction and the writing of the Discussion section.

DECLARATIONS OF INTEREST

Christina Mischke none known.

Jos H Verbeek none known.

Annika Saarto none known.

Marie-Claude Lavoie none known.

Manisha Pahwa none known.

Sharea Ijaz none known.

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Internal sources

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Provided salaries and office facilities and resources as well as support to attend Cochrane Collaboration training sessions for Manisha Pahwa and Marie-Claude Lavoie

External sources

• No sources of support supplied

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

According to the original review protocol, at least 75% of the healthcare workers in a study had to work in direct patient care, whereas the rest could be assisting personnel. In practice, it proved difficult to judge whether this criterion was fulfilled. We therefore applied a more global judgement as to whether the majority of participants were healthcare workers with direct patient contacts.

We originally planned to reanalyze data to determine whether there was a difference in effect in workers with high exposure, such as surgeons. However, all included studies included surgeons and we decided to group studies, according to the rate in the control groups, into high and low-risk studies.

NOTES

The protocol for this review was first published as "Prevention of percutaneous injuries with risk of hepatitis B, hepatitis C, or other viral infections for healthcare workers" (Parantainen 2008). Our initial idea was to include all interventions used to prevent needlestick injuries. However, after the publication of the protocol it became apparent that very many studies would be eligible for inclusion. The decision



was therefore made to split the protocol up into four new protocols. The other protocols are titled: "Blunt versus sharp suture needles for preventing percutaneous exposure incidents in surgical staff" (Parantainen 2011), "Devices to prevent needle recapping for preventing percutaneous exposure injuries in health care personnel" (Lavoie 2012) and "Education and training for preventing percutaneous exposure injuries in health care personnel".

The original protocol was hosted by the Hepato-Biliary Group but due to the heavy involvement of Jos Verbeek and the Occupational Safety and Health Group, the new titles were registered under their aegis. The Hepato-Biliary Group continues to be involved in an advisory capacity.

INDEX TERMS

Medical Subject Headings (MeSH)

*Gloves, Protective; *Health Personnel; Equipment Design; Hand Injuries [*prevention & control]; Indicators and Reagents; Needlestick Injuries [*prevention & control]; Randomized Controlled Trials as Topic

MeSH check words

Humans