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Global benchmarks in primary robotic bariatric surgery redefine quality standards for Roux-en-Y gastric bypass and sleeve gastrectomy

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Abstract

Background: Whether the benefits of the robotic platform in bariatric surgery translate into superior surgical outcomes remains unclear. The aim of this retrospective study was to establish the 'best possible' outcomes for robotic bariatric surgery and compare them with the established laparoscopic benchmarks.

Methods: Benchmark cut-offs were established for consecutive primary robotic bariatric surgery patients of 17 centres across four continents (13 expert centres and 4 learning phase centres) using the 75th percentile of the median outcome values until 90 days after surgery. The benchmark patients had no previous laparotomy, diabetes, sleep apnoea, cardiopathy, renal insufficiency, inflammatory bowel disease, immunosuppression, history of thromboembolic events, BMI greater than 50 kg/m^2, or age greater than 65 years.

Results: A total of 9097 patients were included, who were mainly female (75.5%) and who had a mean(s.d.) age of 44.7(11.5) years and a mean(s.d.) baseline BMI of 44.6(7.7) kg/m^2. In expert centres, 13.74% of the 3020 patients who underwent primary robotic Roux-en-Y gastric bypass and 5.9% of the 4078 patients who underwent primary robotic sleeve gastrectomy presented with greater than or equal to one complication within 90 postoperative days. No patient died and 1.1% of patients had adverse events related to the robotic platform. When compared with laparoscopic benchmarks, robotic Roux-en-Y gastric bypass had lower benchmark cut-offs for hospital stay, postoperative bleeding, and marginal ulceration, but the duration of the operation was 42 min longer. For most

surgical outcomes, robotic sleeve gastrectomy outperformed laparoscopic sleeve gastrectomy with a comparable duration of the operation. In robotic learning phase centres, outcomes were within the established benchmarks only for low-risk robotic Roux-en-Y gastric bypass.

Conclusion: The newly established benchmarks suggest that robotic bariatric surgery may enhance surgical safety compared with laparoscopic bariatric surgery; however, the duration of the operation for robotic Roux-en-Y gastric bypass is longer.

Introduction

The establishment of global surgical benchmarks for clinically relevant and procedure-specific surgical outcomes has been reported in the literature[1]. The goal is to set the best achievable cut-offs for intraoperative and postoperative surgical outcomes in well-defined low-risk patient cohorts operated in high-volume centres across the world, also referred to as the 'best-patient-in-best-centre methodology'[2]. Benchmarks are expected to improve surgical quality and safety by providing 'goals' for outcomes, which enables comparisons between centres, surgeons, and time intervals[3]. A research consortium recently established outcome benchmarks for primary Roux-en-Y gastric bypass (RYGB) and sleeve gastrectomy (SG), as well as for secondary laparoscopic bariatric surgeries, including revisions, conversions, and reversals[4,5].

Robotically assisted surgery offers stereoscopic three-dimensional vision with direct camera control by the surgeon, tremor filtration, and articulated instruments with an increased range of motion, which allow for precise dissection and easier handsewing in anatomically confined spaces[6]. Although the adoption of the robotic platform in bariatric surgery is gaining popularity in Northern America and in Europe, concerns have been raised about higher costs and the lack of evidence demonstrating clear clinical benefits compared with laparoscopic bariatric surgeries[7]. Robotically assisted bariatric procedures are estimated to cost 2.3 times more per patient than laparoscopic procedures[8]. This is explained by the purchase, maintenance costs, and limited lifespan of the instruments of the robotic platform[9]. A recent literature review found that robotically assisted bariatric surgery was non-inferior to primary laparoscopic bariatric surgeries for perioperative outcomes and advantages of the robotic platform were limited to surgeon ergonomics[9]. The analysis of the Northern American Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) database showed that secondary robotically assisted bariatric surgery is associated with a lower incidence of postoperative complications (pneumonia, superficial surgical site infections, and bleeding) compared with laparoscopic bariatric surgeries[10].

The aim of this study was to define the highest achievable quality ('benchmark') in primary robotically assisted bariatric surgery (robotically assisted RYGB (rRYGB) and robotically assisted SG (rSG)) for low- and high-risk patients. Additionally, potential performance gaps during the learning curve of robotic bariatric surgeons were investigated and comparisons were made between the benchmark of robotically assisted bariatric surgery and those previously established for laparoscopic bariatric surgeries[4].

Methods

Study design

The establishment of benchmarks in robotically assisted bariatric surgery followed a standardized consensus-based methodology[4,11]. A multicentre retrospective cohort study was performed based on prospective institutional databases by applying the STROBE guidelines[12].

First, a consecutive cohort of patients who underwent robotically assisted bariatric surgery was collected from international expert centres via personal invitation of 29 bariatric surgeons from four continents to account for inter-centre variability in surgical technique and perioperative care. Expert centres had to meet criteria promoting sufficient experience and surgical safety, whilst learning phase centres were fresh adopters of robotically assisted bariatric surgery; the reason for including learning phase centres was to demonstrate a potential application of established global benchmarks, allowing for the identification of performance gaps during the transition to robotically assisted bariatric surgery[13]. See *Table 1*. Centres without a prospective database including postoperative follow-up until greater than or equal to 90 days were not included. The final consortium included 17 centres from four continents: 13 expert centres (6 from Europe (Barcelona, Geneva, Kiel, Poitiers, Lisbon, and Strasbourg), 4 from the USA (Bethlehem, Houston, Orlando, and Port Jefferson), 2 from India (New Delhi, and Rajinder Nagar), and 1 from Australia (Adelaide); and 4 learning phase centres from Europe (Courtrai, Wiesbaden, Luxemburg, and Lyon).

Second, a set of previously applied evidence-based criteria were used to define low-risk bariatric cases, also called 'benchmark cases' (*Table 1*)[4]. According to the concept of benchmarking, the procedure-specific best achievable outcomes are established in benchmark cases operated in expert centres[1]. Expert centres had to start inclusion after completion of the learning curve (from the 51st robotically assisted bariatric surgery case operated in the centre from 1 January 2009 to 1 June 2022), whilst learning phase centres included cases up to their 50th robotically assisted bariatric surgery case[18], operated between 2020 and 2022. This approach allows for the assessment of the additional morbidity burden related to the non-benchmark patient profile and provides contemporary comparability of expert *versus* learning curve cohorts.

Third, the relevant outcome indicators for surgical quality were assessed. Benchmark cut-offs were established in expert centres, which performed greater than or equal to 22 low-risk/benchmark cases for the respective procedure, to prevent stochastic statistical noise in the case of a lower caseload. To adjust for variability, the median values of continuous variables and proportions of categorical variables were calculated for each participating centre. Benchmark cut-offs, indicating the 'best achievable' results for each outcome indicator were set at the 75th percentile of the centres' median values[1] and were established separately for low-risk (benchmark) and non-low-risk (non-benchmark) cases. The study protocol was approved by the institutional review boards of the University Hospital of Geneva (2019-01801) and of the participating centres.

Outcome variables of interest

Data accuracy was the responsibility of local investigators at each participating centre, who also collected de-identified patient-specific data into pre-programmed spreadsheets and sent them to the principal investigators via secured file transfer. Data included baseline characteristics of patients (age, sex, BMI,

Table 1 Criteria used to identify participating centres and 'benchmark' cases

Centre inclusion criteria	Low-risk patient criteria ('benchmark')	High-risk patient criteria ('non-benchmark')
Available prospective bariatric database[1] Interest in bariatric outcomes, documented by ≥1 publication on bariatric surgery[4]	Age 18–65 years[14] ASA score <IV[15]	History of laparotomy[14] Cardiovascular disease (for example cardiac arrhythmia, stroke, coronary artery disease)[16]
For expert centres	Preoperative BMI ≤50 kg/m[16]	History of thromboembolic events and/or therapeutic anticoagulation[16]
'Clinical excellence' or national reference centres with a dedicated bariatric multidisciplinary team (including endocrinologist, gastroenterologist, access to ICU and interventional radiology)[1]	Absence of any high-risk patient criteria listed in the next column	Diabetes mellitus (type 1 and type 2, as defined by the American Diabetes Association)[17]
≥2 board-certified surgeons perform bariatric surgery within the centre[1]		
Ability to offer ≥2 primary bariatric procedures and revisional bariatric surgery[1]		Obstructive sleep apnoea (recurrent episodes of upper airway collapse during sleep)[16]
Robotic bariatric learning phase (50 cases) terminated and >100 cases performed as expert[14,18]		Chronic obstructive pulmonary disease (FEV1/FVC < 0.7)[19]
Annual caseload >75 bariatric operations (laparoscopic + robotic combined and in every year between 2017 and 2021), out of which ≥25 cases/year performed by the same surgeon[1,18]		Chronic kidney disease (eGFR < 30 ml/min/1.72 m^2)[19] Inflammatory bowel disease (ulcerative colitis, Crohn's disease)[20] Immunosuppression therapy (that is steroids, calcineurin inhibitors, etc.)[21]

FEV1, forced expiratory volume 1 second; FVC, forced vital capacity; eGFR, estimated glomerular filtration rate.

risk profile, and bariatric surgery history), characteristics of the index operation, 90-day postoperative complications graded by severity according to the Clavien–Dindo grading system[22], duration of stay, readmissions (time from operation, reason, and treatment), last follow-up, and postoperative BMI at 1 year. To enable the assessment of cumulative morbidity over time, the comprehensive complication index (CCI®) was used[23]. Relevant bariatric complications such as staple line/anastomotic leak, anastomotic stenosis, internal hernia, pain syndrome, and events related to the robotic platform (docking time and system malfunction) were also analysed. Postoperative weight loss was expressed as the % of total weight loss and the % of excess BMI loss, with a BMI less than or equal to 25 kg/m^2 considered normal. The console times and procedure types provided by the centres were audited externally against the centralized robotically assisted bariatric surgery database of Intuitive Surgical (Sunnyvale, CA, USA). Each submitted case was controlled for completeness by the principal investigator in Geneva and clarification was requested from the co-investigators in cases of incomplete submitted case report forms or discrepancies with the Intuitive Surgical database.

Statistical analysis
Discrete variables are described using count (%) and continuous variables are described using median (interquartile range (i.q.r.)). Multivariable logistic regression was used to compute the additional morbidity burden related to procedure type and preoperative risk profile. Statistical analysis and data visualization were carried out independently by two principal investigators (G.G. and D.G.) using R software 4.2.1 (R Foundation, Vienna, Austria).

Results
Robotic bariatric surgery cohort
A total of 9097 consecutive elective robotically assisted bariatric surgery procedures (RYGB, SG, bilio-pancreatic diversion,

single-anastomosis duodeno-ileal bypass, and revisional surgery) were performed between 2009 and 2022 at the 17 participating centres, of which 8959 cases were performed in expert centres and 138 cases were performed in learning phase centres (see the study flow chart (*Fig. S1*)). Patient characteristics of the study population are shown in *Table 2*. The proportion of benchmark cases in expert centres varied between 7% and 71% (*Fig. S2*). The procedural case mix of robotically assisted bariatric surgery showed continental variations, with the highest proportion of secondary bariatric surgeries in the USA (*Fig. S3*). The surgical history and risk strata of patients per bariatric surgery category are shown in *Fig. 1*. In expert centres, 13.74% of the 3020 primary rRYGB patients and 5.88% of the 4078 primary rSG patients presented with greater than or equal to one complication until 90 days after surgery and no patient died. There was no significant correlation between the centre volume and 90-day CCI® (R = −0.13, P = 0.670). For primary rRYGB and rSG, the median follow-up was 542 (i.q.r. 180–1080) and 90 (i.q.r. 90–168) days respectively. Of patients after rRYGB (number at risk 1737 of 3020) 83% had an uneventful 1-year follow-up and of patients after rSG (number at risk 482 of 4078) 93.9% had an uneventful 1-year follow-up. The mean(s.d.) % of total weight loss for rRYGB and rSG at 1 year was 32.2(8.8)% and 25(8.8)% respectively and the mean(s.d.) % of excess BMI loss was 77.6(36.7)% and 62.2(22.7)% respectively. Of the submitted cases 83% were successfully identified in the Intuitive Surgical robotically assisted bariatric surgery database, which was used as the basis to compute benchmark cut-offs for 'console times'.

Benchmark cut-offs for surgical quality indicators
Overall, the proportion of primary robotically assisted bariatric surgery cases was 86.5%, including 895 rRYGB and 1643 rSG low-risk/benchmark cases from expert centres. The composite 'benchmark patient' stratum was internally validated by comparing the 90-day postoperative morbidity between the benchmark and non-benchmark cohorts, as well as among the main bariatric procedures (*Fig. 2*). The preoperative risk profile

Table 2 Baseline characteristics of patients undergoing robotically assisted bariatric surgery in expert centres compared with the previously published low-risk cases undergoing laparoscopic bariatric surgery[4]

Patient characteristics	Roux-en-Y gastric bypass			Sleeve gastrectomy		
	Robotic		Laparoscopic	Robotic		Laparoscopic
	Low risk (*n* = 895)	High risk (*n* = 2835)	Low risk (*n* = 4120)	Low risk (*n* = 1643)	High risk (*n* = 2590)	Low risk (*n* = 1457)
Age (years), mean(s.d.)	40.6(10.1)	47.6(10.8)	38.2(11.1)	39.3(10.7)	46.7(11.9)	37.0(.8)
Sex						
Male	98 (10.9)	741 (26.1)	818 (19.9)	248 (15.1)	863 (33.3)	407 (27.9)
Female	797 (89.1)	2094 (73.9)	3302 (80.1)	1395 (84.9)	1727 (66.7)	1050 (72.1)
Height (cm), mean(s.d.)	165(8.6)	166.5(9.8)	168.1(9.0)	165(8.2)	167.2(14.2)	167.4(8.7)
Weight (kg), mean(s.d.)	115(16.8)	122(25.4)	116.9(17.6)	116.1(15.3)	128.7(27.1)	109.3(19.1)
BMI (kg/m^2), mean(s.d.)	42(4.3)	43.9(8.1)	41.3(6.2)	42.5(3.5)	46(7.8)	38.9(5.2)
Hypertension	242 (27)	1424 (50.2)	891 (21.6)	434 (27.4)	1397 (53.9)	344 (23.6)
Gastro-oesophageal reflux disease	302 (33.7)	1440 (50.8)	905 (22.0)	196 (12.4)	572 (22.1)	170 (11.7)
Hyperuricaemia	4 (0.4)	65 (2.3)	112 (2.7)	3 (1.3)	163 (6.3)	60 (4.1)
Depression	121 (13.5)	400 (14.1)	800 (19.4)	71 (30.2)	541 (20.9)	117 (8.0)
Dyslipidaemia	101 (11.3)	830 (29.3)	935 (22.7)	178 (11.3)	873 (33.7)	388 (26.6)
Joint disorders	198 (22.1)	921 (32.5)	1200 (29.1)	40 (17.1)	994 (38.4)	269 (18.5)
Smoking	63 (7)	250 (8.8)	733 (17.8)	152 (9.7)	274 (10.6)	224 (15.4)
ASA II and III	884 (98.7)	2795 (98.5)	–	1626 (99)	2486 (96)	–
Operation characteristics						
Primary bariatric surgery	895 (100)	2094 (73.9)	4120 (100)	1643 (100)	2417 (93.3)	1457 (100)
Conversion to open	0	0	1 (0.0)	0	0	0 (0.0)
Conversion to laparoscopic		1 (0.1)	3 (0.1)	–	0	0
Operation duration (min), mean(s.d.)	147.4(48.1)	151.8(54.8)	91.3(44.7)	74.7(20.4)	85.7(28.6)	73.7(34.4)
Intraoperative drain placement	83 (9.3)	400 (14.1)	1481 (35.9)	376 (22.8)	764 (29.5)	377 (25.9)
Anastomotic technique, %	GJ: handsewn, 83.1; linear, 16.9 JJ: linear, 62.8; handsewn, 37.7	GJ: handsewn, 79.4; linear, 20.6 JJ: linear, 71.2; handsewn, 28.8	Circular, 53.5; linear, 30.5; handsewn, 15.5	–	–	–
Stapler, %	Powered Echelon Flex, 37; SureForm™ 60, 22; EndoGIA, 6.5; other, 34.5	Powered Echelon Flex, 30; SureForm™ 60, 20.1; Endowrist 45, 12.3; other, 37.6	–	SureForm™ 60, 80.2; Powered Echelon Flex, 5.1; EndoGIA, 3.5; other, 11.2	SureForm™ 60, 75.8; Powered Echelon Flex, 7.7; EndoGIA, 3.9; other, 12.6	–
Concomitant procedure, %	None, 72.6; cholecystectomy, 12; oesophagogastroduodenoscopy, 12.5	None, 74.1; oesophagogastroduodenoscopy, 18; gastric band removal, 7; cholecystectomy, 5; hiatal hernia, 2.6	None	None, 96; hiatal hernia repair, 3.3; cholecystectomy, 0.2	None, 93.3; gastric band removal, 5.1; hiatal hernia repair, 1; cholecystectomy, 0.4	None
Staple line oversewn, %	–	–	–	25.5	28.6	52.6
Mesenteric defect closure, %	87.1	89.4	86.3	–	–	–

Values are *n* (%) unless otherwise indicated. GJ, gastrojejunal anastomosis; JJ, jejunojejunal anastomosis.

and operation type significantly influenced the likelihood of any postoperative complications up to 90 days. For rRYGB and rSG, *Table 3* and *Table 4* respectively present benchmark cut-offs established for perioperative outcomes, as well as for morbidity and mortality up to 90 days after surgery, separately for benchmark and non-benchmark cases.

Benchmark cohort: robotic Roux-en-Y gastric bypass

Gastrojejunal and jejunojejunal anastomoses were handsewn in 83.1% and 37.7% of the cases respectively. A subgroup analysis compared the outcomes based on gastrojejunal-anastomosis technique in low-risk rRYGB cases operated in expert centres (*Table S4*). The median time between skin incision and the first anastomosis was 56 (i.q.r. 25–96) min and the median time between the skin incision and the second anastomosis was

88 (i.q.r. 45–131.2) min. Mesenteric defects were closed in 87.1% of cases and intraoperative drainage was placed in 9.3% of cases, whilst, in the historic laparoscopic RYGB benchmark cohort[4], these values were 15.5% and 35.9% respectively.

Benchmark cohort: robotic sleeve gastrectomy

Gastric resection was mainly performed using the da Vinci SureForm™ 60 mm stapler (80.2%). Staple line reinforcement was performed in 24.4% of cases. Benchmark cut-offs seemed superior in rSG compared with laparoscopic SG for every surgical outcome, including operation duration, except for surgical site infections up to 90 days (less than or equal to 0.5% *versus* 0%). The cut-offs for non-benchmark rSG cases were within those established for benchmark laparoscopic bariatric surgery cases[4].
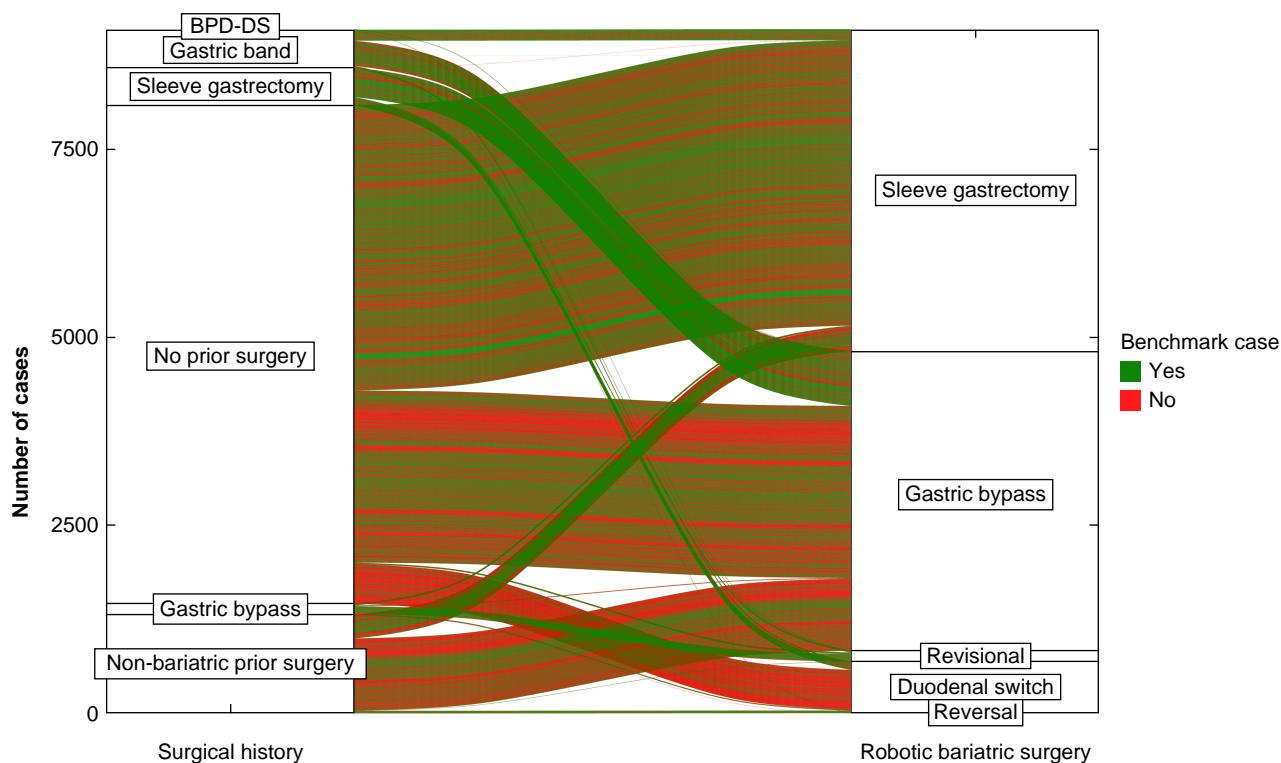
Fig. 1 Surgical history and types of robotically assisted bariatric surgery (=index operation) connected with lines showing the risk category of each case (one line = one case)

BPD-DS, bilio-pancreatic diversion with duodenal switch.

Variable		n	OR		P
Benchmark	Yes	2707		Reference	
	No	6252		1.37 (1.16,1.62)	< 0.001
Operation	Sleeve gastrectomy	4251		Reference	
	Revisional bariatric surgery	148		3.29 (2.08,5.02)	< 0.001
	Duodenal switch	674		2.80 (2.18,3.58)	< 0.001
	Gastric bypass	3882		2.61 (2.23,3.06)	< 0.001
	Reversal to normal anatomy	4		4.81 (0.24,37.72)	0.2

Fig. 2 Multivariable logistic regression analysing the role of patients' preoperative risk profile and of the operation type for the development of any complication at 90 days after robotic bariatric surgery

Benchmark: cases with a predefined low-risk profile.

Learning curve of robotically assisted bariatric surgery

The baseline characteristics and surgical outcomes of the 138 cases performed at the robotic learning phase centres are reported in Tables S1–S3. Benchmark rRYGB cases performed in learning phase centres achieved outcomes within the established benchmark cut-offs, except for docking time approximately 5 min longer, whereas non-benchmark rRYGB and rSG cases did not.

Table 3 Benchmark cut-offs (75th percentile of centres' median) for low-risk (benchmark) and high-risk (non-benchmark) robotic Roux-en-Y gastric bypass compared with the previously established global benchmark cut-offs for laparoscopic Roux-en-Y gastric bypass[4]

Surgical approach	Robotic		Laparoscopic
Perioperative course	Low risk (*n* = 895)	High risk (*n* = 2835)	Low risk (*n* = 4120)
Operation duration (min)	≤162	≤167	≤120
Docking time (min)	≤13.5	≤10	–
Console time (min)	≤140	≤144	–
Conversion to laparoscopic or open surgery	0	≤0.04	0
Intraoperative or postoperative blood transfusions	0	≤1	≤2
Hospital stay (days)	≤2	≤2.2	≤4
Readmission until 90 days	≤5.6	≤7.4	≤5.5

Morbidity and mortality	Until discharge		Until 30 days		Until 90 days		
	Low risk (*n* = 895)	High risk (*n* = 2835)	Low risk (*n* = 895)	High risk (*n* = 2835)	Low risk (*n* = 895)	High risk (*n* = 2835)	Laparoscopic Low risk (*n* = 4120)
Uneventful postoperative course	>97.5	>93.5	>90.3	>84	>88.2	>80	>90
Any complication	≤2.5	≤6.5	≤9.7	≤16	≤11.8	≤20	≤10
Complication CD grade II	≤1.7	≤3.7	≤4.8	≤4.9	≤5	≤6	≤4.1
Complication CD grade ≥IIIa	≤1.4	≤3.2	≤4.2	≤5.3	≤5	≤6.7	≤5.5
Reoperation (CD grade IIIb)	≤1.4	≤1.4	≤2.5	≤3.2	≤4.3	≤4	≤4
ICU admission (CD grade IV)	≤0.8	≤1.1	≤0.8	≤1.2	≤0.9	≤1.2	0
Mortality (CD grade V)	0	0	0	0	0	0	0
CCI®	0	0	0	0	0	0	0
CCI® (in patients with ≥1 CD grade ≥II complication)	≤33.73	≤39.56	≤33.73	≤39.56	≤34.81	≤39.56	≤33.73
Complications							
Anastomotic leak	≤0.8	≤0.3	≤1.4	≤1.2	≤1.4	≤1.2	≤1.3
Motility disorder	0	0	≤0.9	≤2.2	≤1.9	≤3.5	–
Postoperative bleeding	≤0.9	≤1	≤1.3	≤1.5	≤1.3	≤1.5	≤2.2
Small bowel obstruction/internal hernia	0	≤0.4	≤0.9	≤1.6	≤2.5	≤1.9	≤2.1
Wound infection	0	≤0.2	≤0.8	≤0.7	≤0.9%	≤0.9	≤0.5
Dysphagia/gastro-oesophageal reflux disease/stenosis	0	0	≤1.4	≤1.4	≤2	≤2.8	–
Abdominal or osteo-articular pain	0	0	1.3	≤1	≤1.9	≤1.5	–
Deep-vein thrombosis/pulmonary embolism	0	0	≤0.6	≤0.6	≤0.7	≤0.7	–
Marginal ulcer	0	0	≤0.1	0	≤0.4	≤1	≤1.5

Values are % unless otherwise indicated. CD, Clavien–Dindo; CCI®, comprehensive complication index.

Adverse events related to the robotic platform

Adverse events related to the robotic platform occurred in 1.14% of cases (102 of 8959 patients) in expert centres and in 1.45% of cases (2 of 138 patients) in learning phase centres (*P* > 0.05). The most frequent adverse events were organ injury resulting from the introduction of instruments by the surgical assistant (11 patients), robotic instruments operated outside the field of vision (11 patients), or grasping-induced serosal injury (9 patients). System- and instrument-related dysfunctions included collisions between the robotic instruments and the patient (12 patients), locked-in instruments (11 patients), system errors (10 patients), and stapler misfires (9 patients).

Discussion

This multicentre study established global outcome benchmarks for the two most frequently performed robotically assisted bariatric surgical procedures by applying a standardized methodology[1,3]. Cut-offs for clinically relevant surgical outcomes were established based on a patient cohort operated in 13 high-volume expert robotic bariatric surgery centres centres across four continents. The concept of establishing benchmarks in low-risk cases has been validated by logistic regression, which showed a significantly higher OR (1.37) for any complications at 90 days in non-benchmark cases. Overall, both benchmark and non-benchmark rRYGB and rSG cases had a 90-day mortality rate of 0% and a low early postoperative morbidity rate, whereas non-benchmark patients had greater rates of readmissions and ICU admissions. This is the first benchmark study to also report benchmark cut-offs for non-benchmark cases, which are more representative of everyday practice, given the high rate of metabolic co-morbidities in the bariatric population. The main application of robotically assisted bariatric surgery was to perform primary RYGB and SG, whereas the proportion of secondary bariatric surgical cases remained low. The prevalence of adverse events related to the robotic platform itself was in the order of 1%, in expert and learning curve centres alike.

The increasing adoption of the robotic platform in bariatric surgery remains debatable given the increased healthcare expenditures and the lack of clear clinical benefit for patients[24]. However, the present study adds a novel aspect in favour of robotically assisted bariatric surgery. In a secondary analysis, the comparison of the benchmark cut-offs for rRYGB, reflecting the best achievable outcomes in low-risk patients operated in high-volume centres, with those published in 2019 for equally low-risk laparoscopic RYGB cases showed lower 90-day cut-offs for bleeding (0% *versus* less than or equal to 2%) and marginal ulcers (less than or equal to 0.4% *versus* less than or equal to 1.5%) after rRYGB, whilst the cut-off for operation duration was longer (less than or equal to 162 min *versus* less than or equal to 120 min)[4]. The comparison of benchmark cut-offs for robotic and laparoscopic bariatric surgery should be interpreted with caution, as they were established in different centres and during study intervals that only partially overlapped. Besides

Table 4 Benchmark cut-offs (75th percentile of centres' median) for low-risk (benchmark) and high-risk (non-benchmark) robotic sleeve gastrectomy compared with the previously established global benchmark cut-offs for laparoscopic Roux-en-Y gastric bypass[4]

Surgical approach	Robotic		Laparoscopic
Perioperative course	Low risk (*n* = 1643)	High risk (*n* = 2590)	Low risk (*n* = 1457)
Operation duration (min)	≤89.5	≤110	≤90
Docking time (min)	≤13	≤14.5	–
Console time (min)	≤64	≤71	–
Conversion to laparoscopic or open surgery	0	0	0
Intraoperative or postoperative blood transfusions	0	≤0.2	≤1.3
Hospital stay (days)	≤2	≤2	≤3
Readmission until 90 days	≤1.8	≤3.1	≤5.5

Morbidity and mortality	Until discharge		Until 30 days		Until 90 days		
	Low risk (*n* = 1643)	High risk (*n* = 2582)	Low risk (*n* = 1643)	High risk (*n* = 2582)	Low risk (*n* = 1643)	High risk (*n* = 2582)	Laparoscopic Low risk (*n* = 1457)
Uneventful postoperative course	>99	>96.8	>94.8	>90.8	>93.6	>90.8	>88
Any complication	≤1	≤3.2	≤5.2	≤9.2	≤6.4	≤9.2	≤12
Complication CD grade II	≤0.06	≤0.6	≤1.5	≤1.9	≤1.6	≤6.4	≤2.5
Complication CD grade ≥IIIa	≤0.06	≤0.2	≤0.4	≤2	≤1.3	≤2	≤5.5
Reoperation (CD grade IIIb)	≤0.06	≤0.08	≤0.12	≤0.8	≤1.2	≤1.7	≤3
ICU admission (CD grades IVa and IVb)	0	0	≤0.06	≤0.4	≤0.06	≤0.4	0
Mortality (CD grade V)	0	0	0	0	0	0	0
CCI®	0	0	0	0	0	0	0
CCI® (in patients with ≥1 CD grade ≥II complication)	≤36.71	≤31.85	≤36.71	≤31.85	≤36.71	≤31.85	≤33.73
Complications							
Leak at the staple line	0	0	0	≤0.7	0	≤0.8	≤0.15
Motility disorder	0	0	≤0.5	≤0.6	≤0.6	≤0.6	–
Postoperative bleeding	0	≤0.2	≤0.2	≤0.4	≤0.2	≤0.4	≤1.7
Small bowel obstruction/internal hernia	0	0	0	0	0	0	0
Wound infection	0	0	≤0.5	≤0.1	≤0.6	≤0.3	0
Dysphagia/gastro-oesophageal reflux disease/stenosis	0	0	0	≤1.6	0	≤2.5	≤0.27
Abdominal or osteo-articular pain	0	0	0	0	≤0.5	0	–
Deep-vein thrombosis/pulmonary embolism	0	0	≤0.2	≤0.3	≤0.2	≤0.3	–

Values are % unless otherwise indicated. CD, Clavien–Dindo; CCI®, comprehensive complication index.

differences in surgeons' experience, differences in surgical technique may also contribute to the observed improved outcomes. The proportion of handsewn *versus* stapled anastomoses in the laparoscopic series was 15% *versus* 85% respectively[4], whilst the opposite was found in the robotic cohort, with a handsewn gastrojejunostomy rate of 83%. The reductions of postoperative bleeding and marginal ulceration observed in this study are consistent with recent findings based on the MBSAQIP database[25] and support that the handsewn anastomosis technique reduces ischaemia or bleeding compared with the circular stapled anastomosis technique[26]. A meta-analysis including 83 studies also found a significantly lower rate of stenosis in rRYGB compared with laparoscopic RYGB[27,28]. Nevertheless, the operation duration cut-off for rRYGB was longer compared with laparoscopic RYGB, which might be imputable to the high rate of handsewn anastomoses. Linear stapled gastrojejunostomy in rRYGB has been found to reduce operating time[29], which could be confirmed in the benchmark rRYGB cohort, but had no significant impact on the 90-day overall complication rate.

Regarding rSG, the robotic approach appears to offer greater surgical safety than laparoscopy for most outcome parameters. These findings contrast with the MBSAQIP database analysis[30,31], which found, on average, a 26 min increase in operating time for rSG and slightly higher odds for any infectious complication. Importantly, the MBSAQIP database analysis did not stratify patients based on their risk profiles and did not include data on surgeon experience or volume. Accordingly, this may reflect outcomes of centres with various

levels of robotically assisted bariatric surgery expertise. The marked differences in operative techniques between the rSG and the historical laparoscopic SG benchmark cohorts must also be emphasized. In the rSG cohort, 80% of the stapling was performed with the robotic SureForm™ and the oversewn staple line rate was 25%. In the laparoscopic SG cohort, the oversewn staple line rate was instead 53% and it is assumed that the proportion of powered staplers was minimal, as they were introduced after the beginning of the study's inclusion interval. SG is a relatively high-pressure system[32] and a software-based algorithm for stapling could have contributed to the observed reduction of staple line bleeding and leaks, whilst a lower oversewn staple line rate may explain why operation duration was similar. The results of this study should be interpreted in light of its major limitations. First, owing to the retrospective design and wide geographical and time spans of the study, confounding factors and changes in perioperative policies over time (that is Enhanced Recovery After Surgery (ERAS) guidelines in bariatric surgery first published in 2016[33]) may have influenced outcomes, particularly the duration of hospital stay. The present study included cases operated between 2009 and 2022, which overlaps with the data collection interval of the primary laparoscopic bariatric surgery benchmark study (2012–2017)[4], thus enabling comparison. Nevertheless, over the course of the 13-year data collection interval, improvements in instrumentation and equipment, as well as the increasing clinical experience, may have contributed to improved surgical safety, independently of the robotic platform. Second, data on the costs related to robotically assisted bariatric surgery were

not collected and could not be estimated, as the available procedural cost estimation tools were developed for laparoscopic bariatric surgeries[34]. The reduced duration of stay, lower frequency of major complications, and the environmental cost[35] attributable to the robotic platform are further factors that should be taken into account in future studies to provide a cost-efficiency analysis of robotic *versus* laparoscopic bariatric surgery. Third, the current methodology for establishing global surgical benchmarks is hampered by logistic obstacles. Formal external audit of the database was not possible given the worldwide distribution of the centres and the lack of external funding. However, each included case was compared with the Intuitive Surgical database to confirm the accuracy of the procedure name and console time to prevent misreporting. Regular updates of the surgical benchmarks should ideally include a standardization of the surgical technique and be automatized in the future by the development of prospective registries using the robotic platform itself. Of note, the promising outcomes achieved in the learning phase centres may have been influenced by the Hawthorn effect.

The main findings demonstrate the feasibility of robotically assisted bariatric surgery in both expert and learning phase centres. The outcome benchmarks may be used as a reference for evaluating and stimulating surgical performance among bariatric surgery centres worldwide. In a secondary analysis, benchmarks for robotically assisted bariatric surgery, especially rSG, seemed superior to those established in the historical laparoscopic bariatric surgery cohort. These observed benefits are multifactorial and are not solely related to the robotic platform itself. The robotic approach allows easier performance of the handsewn anastomosis technique in patients with visceral obesity and allows software-based stapling, both of which may contribute to the decreased rate of postoperative bleeding, anastomotic stenosis/ulceration, and gastrointestinal leak. Nevertheless, improvements in perioperative medicine and growing expertise in minimally invasive surgery over time are also likely strong contributors to the observed quality improvement. Actualization of global benchmarks for laparoscopic bariatric surgery is needed to demonstrate whether the established outcome standards for robotically assisted bariatric surgery are achievable laparoscopically.

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Disclosure

Supplementary material

Supplementary material is available at *BJS* online.

Data availability

Data are available from the authors upon request.

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