

# Association between serum C-reactive protein (CRP) and Omicron variant COVID-19 pneumonia in cancer patients

# A multicenter cross-sectional study at the end of 2022 in China

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#### Abstract

Cancer patients with COVID-19 have a higher infection rate and mortality rate than non-cancer patients. However, there are few studies on the correlation between the serum C-reactive protein (CRP) and cancer patients with COVID-19. This study aims to investigate the association between serum CRP and the incidence of COVID-19 pneumonia in cancer patients at the end of 2022 in China. This cross-sectional study with a retrospective cohort between December 2022 and February 2023 assessed cancer patients complicated with COVID-19 infection in 2 Chinese institutions. Logistic regression analyses were used to compute Odds ratio (OR) and 95%Cls for the association between serum CRP and the incidence of COVID-19 pneumonia in cancer patients. A total of 213 cancer patients with COVID-19 were enrolled. Eighty-six patients (40.4%) developed COVID-19 pneumonia, among which 23 patients (10.8%) progressed to severe cases. Univariate Logistic regression showed that high CRP levels were found to be an unfavorable predictor of COVID-19 outcomes (OR = 17.9, 95%Cl: 7.3, 43.6; P < .001). In the multivariate analysis, high CRP levels were associated with a higher incidence rate of COVID-19 pneumonia (OR = 9.8, 95%Cl: 2.2, 43.8; P = .003). In the multivariate logistic regression model and smooth curve fitting, we found a correlation between CRP and COVID-19 pneumonia. The serum CRP was associated with the incidence of Omicron variant COVID- 19 pneumonia in cancer patients. Hence, cancer patients with high CRP level maybe need for timely computer tomography examination and more aggressive treatment.

**Abbreviations:** CI = confidence interval, CRP = C-reactive protein, IQR = interquartile range, NLR = leukocyte to lymphocyte ratio, OR = odds ratio, SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2, WBC = white blood cell.

Keywords: cancer patients, COVID-19 pneumonia, CRP, Omicron variants

# 1. Introduction

The Omicron variants of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has caused a rapid global spread since its initial detection in November 2021, exhibiting significant differences from previous strains in terms of its epidemiological characteristics, genomics, and biological behavior.<sup>[1]</sup> Its affinity is 13 times that of the original strain and 2.8 times that of the Delta variant. However, its severity rate and case fatality rate are relatively low.<sup>[2]</sup> The Omicron variants (BA.2 and

BA.5) have presented a major challenge to Chinese COVID-19 prevention and control policies due to its unpredictable course and persistent spread. Given that Chinese government has optimized and implemented scientifically controlled epidemic prevention strategies since December 7, 2022, a large number of infections have occurred during a short period of time, and has placed a significant burden on healthcare resources.<sup>[3–5]</sup> Although most of these infections are mild, the impact of

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The institutional ethics committees of the Nanchang University reviewed and approved the study protocol.

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All data generated or analyzed during this study are included in this published article [and its supplementary information files].

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Omicron variant infections on Chinese cancer patients remains not well characterized.

Cytokine storm is a major cause of mortality in severe cases of COVID-19, and Prolonged neutropenia and T-cell deficiency (lymphopenia) or dysfunction are the high risks for progression of COVID-19.<sup>[6]</sup> Previous studies have found that neutrophillymphocyte ratio (NLR), interleukins 6, C-reactive protein (CRP) and D-dimer were related to hospitalization rates, rates of severe illness, and mortality rates following COVID-19 infection.<sup>[7–11]</sup> Cancer patients with COVID-19 have been found to be at higher risk of hospitalization, requiring oxygen support, being admitted to intensive care units, and mortality rate.<sup>[12]</sup> However, few studies have assessed the role of CRP in cancer patients with COVID-19 infection.<sup>[13–15]</sup>

Therefore, this cross-sectional study aims to assess the association between serum CRP levels and COVID-19 pneumonia in cancer patients infected with the Omicron variants from December 8, 2022 to February 1, 2023 in China.

#### 2. Methods

#### 2.1. Design and patients

This study followed the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) reporting guideline.<sup>[16]</sup> This retrospective cross-sectional study assessed hospitalized patients with solid tumors who were diagnosed with Omicron variant COVID-19 between December 8, 2022 and February 1, 2023 during the Omicron variant epidemic at 2 institutions in Jiangxi Province, China, namely The Second Affiliated Hospital of Nanchang University and The First People Hospital of Fuzhou. The inclusion criteria were patients of all age groups with pathologically confirmed malignant tumors and diagnosed with Omicron variant COVID-19 by reverse transcriptase-polymerase chain reaction (RT-PCR) using nasopharyngeal swabs. Exclusion criteria were hematologic tumors and cases diagnosed only on the basis of rapid antigen testing. All hospitalized patients have received appropriate treatment and care since admission for COVID-19 according to NCCN clinical practice guidelines in oncology prevention and treatment of cancer-related infections (NCCN Guidelines),<sup>[6]</sup> such as chest computer tomography (CT) scans, routine blood tests, biochemical tests, inflammationrelated biomarkers. The institutional ethics committees of the Nanchang University reviewed and approved the study protocol.

#### 2.2. Data collection

The clinical data regarding patient characteristics, including patient age, sex, the tumor stages, history of previous treatment and comorbidities were obtained from the electronic medical records. The laboratory examinations included routine blood tests, biochemical tests, inflammation-related biomarkers, and coagulation function. All laboratory parameters were performed on the 24 hours of hospital admission. The TNM staging of solid tumors was based on the 8th edition of the AJCC staging system. Patients were definitely diagnosed with COVID-19 pneumonia by chest CT scans. Patients with COVID-19 Severity were categorized as mild, moderate, severe, and critical based on NCCN Guidelines of cancerrelated infections.<sup>[6]</sup>

#### 2.3. Statistical analysis

All data were analyzed using R software. Categorical variables were presented as frequency and percentage, while continuous variables were expressed as mean  $\pm$  standard deviation. The enrolled population was divided into 3 equal parts according

to CRP, the low CRP group reference values  $3.0 \pm 2.0 \text{ mg/L}$ , the high CRP group reference values  $137.5 \pm 62.5 \text{ mg/L}$ . Independent sample t-tests and analysis of variance (ANOVA) were used to compare groups. Univariate and multivariate logistic regression analyses were performed to assess the association between serum CRP and the incidence of COVID-19 pneumonia, Model I: no covariates were adjusted; Model II: sex and targeted therapy before COVID-19 infection were adjusted; Model III: sex, targeted therapy and anti-angiogenic therapy before COVID-19 infection were adjusted, and the OR with 95% confidence intervals (CI) were reported. Statistical significance was set at *P* < .05.

# 3. Results

#### 3.1. Patient characteristics

We conducted a retrospective analysis of 213 patients from the Department of Oncology at the Second Affiliated Hospital of Nanchang University and the First People Hospital of Fuzhou between December 8, 2022 and February 1, 2023. The flowchart illustrating the selection process is shown in Figure 1. Table 1 summarized the baseline demographic, clinical, and biochemical characteristics of the included patients. Of these patients, 41 (19.2%) had a history of comorbidities, and 130 (61%) patients were diagnosed with lung cancer, with the majority of stage IV patients (65.3%).

#### 3.2. COVID-19 pneumonia profiles

Overall, 86 (40.4%) patients developed Omicron variants COVID-19 pneumonia. There was 8 (11.3%) and 28 (40.0%) patients with COVID-19 pneumonia in the low and medium CRP groups, respectively. In the high CRP group, 50 (69.4%) patients experienced COVID-19 pneumonia. Furthermore, no patients with severe pneumonia were found in the low CRP group, 2 (2.9%) patients with severe pneumonia in the middle CRP group, and 21 (29.17%) patients in the high CRP group.

#### 3.3. Association between CRP and COVID-19 pneumonia

As shown in Table 2, in our univariate analysis of the entire cohort, high CRP was found to be an unfavorable factor of COVID-19 pneumonia (OR = 17.9, 95%CI: 7.3, 43.6; P < .001). In addition, high neutrophil-to-lymphocyte ratio (NLR) (OR = 1.1, 95%CI: 1.0, 1.2; P < .001) and age  $\ge 70$ (OR = 2.4, 95% CI: 1.3, 4.2; P = .004) were associated with higher incidence rate of COVID-19 pneumonia. High lymphocyte count (OR = 0.3, 95%CI: 0.1, 0.5; P < .001) and lung cancer (OR = 0.3, 95%CI: 0.2, 0.6; P < .001) had a lower incidence rate of COVID-19 pneumonia. In the multivariate analysis, the incidence rate of COVID-19 pneumonia was associated with CRP, age, and tumor type (Table 3). After adjustment of gender, targeted therapy and anti-angiogenic therapy, the incidence of COVID-19 pneumonia remained positively associated only with serum CRP (OR = 9.8, 95%CI: 2.2, 43.8; P = .003) and was negatively associated with lung cancer (OR = 0.3, 95%CI: 0.1, 0.7; P = .006). Nevertheless, lymphocyte count (OR = 0.6, 95%CI:0.3,1.2; P = .146), NLR (OR = 1.0, 95%CI:1.0, 1.1; P = .442), age (OR = 2.1, 95%CI:1.0, 4.6; P = .059), History of comorbidities (OR = 1.3, 95%CI:0.5, 3.2; P = .638), and tumor stage (OR = 1.2, 95% CI:0.5, 2.7; P = .662) were not significantly associated with COVID-19 pneumonia. Through the multivariate logistic regression model and smooth curve fitting, we further observed that the relationship between serum CRP and Omicron variants COVID-19 pneumonia was non-linear (Fig. 2).



Figure 1. Flowchart of patient selection.

# 4. Discussion

This cross-sectional analysis of data from December 8, 2022 to February 1, 2023 found that the association between serum CRP and Omicron variant COVID-19 pneumonia in cancer patients from China, which has certain guiding significance for the treatment and prognosis of cancer patients after contracting COVID-19. This study is the first cross-sectional study analyzing the association between serum CRP in cancer patients and

Omicron variant COVID-19 pneumonia since the change in prevention and control policy of China.

Some retrospective studies shows Omicron has a much lower risk of severe outcomes after SARS-CoV-2 infection than Delta.<sup>[1,17,18]</sup> A study from England reported that for Omicron BA.2 subvariant, the critical illness rate has dropped to 0.4% and the mortality rate has dropped to 0.3%.<sup>[19]</sup> These studies are consistent with our findings, which shows that few patients

#### Table 1

# Baseline characteristics of all enrolled patients.

		CRP						
	CRP Low	Middle	CRP High	<b>-</b> .				
Characteristics	N = 71	N = 70	N = 72	<i>P</i> value				
Age (yr)				.067				
<70	55 (77.5%)	42 (60.0%)	46 (63.9%)					
≥70	16 (22.5%)	28 (40.0%)	26 (36.1%)					
Sex			( ,	.344				
Female	25 (35.2%)	17 (24.3%)	20 (27.8%)					
Male	46 (64.8%)	53 (75 7%)	52 (72 2%)					
Comorbidities	10 (0 1.0 /0)	00 (1011 /0)	02 (12.270)	113				
No	62 (87 3%)	57 (81 /%)	53 (73.6%)	.110				
Ves	9 (12 7%)	13 (18 6%)	19 (26 4%)					
Tumor types	5 (12.170)	13 (10.070)	13 (20.470)	073				
Non- Lung cancer	20 (28 2%)	31 (11 3%)	32 (11 1%)	.075				
	51 (71 8%)	20 (55 7%)	JO (55.6%)					
TNM stage	51 (71.870)	39 (33.776)	40 (33.0%)	056				
I III	19 (25 40/)	24 (24 20/)	22 (44 40/)	.050				
	10 (23.470)	24 (34.3%) 46 (65 70()	32 (44.470) 40 (EE 60()					
	53 (74.0%)	40 (00.7%)	40 (33.6%)	011				
WBG (TUYL)	$5.4 \pm 2.4$	$5.5 \pm 2.7$	$7.2 \pm 4.7$	110.				
Neutrophil(10%L)	3.6 ± 2.7	$4.0 \pm 2.4$	$6.7 \pm 8.4$	<.001				
Lymphocyte(10 <sup>s</sup> /L)	$1.2 \pm 1.2$	$0.9 \pm 0.5$	$0.9 \pm 1.0$	.008				
NLR	$3.9 \pm 3.4$	$6.1 \pm 7.3$	$10.6 \pm 14.0$	<.001				
CRP (mg/L)	$3.0 \pm 2.0$	23.2 ± 12.2	$137.5 \pm 62.5$	<.001				
Chemotherapy				.286				
No	36 (51.4%)	40 (61.5%)	35 (48.6%)					
Yes	34 (48.6%)	25 (38.5%)	37 (51.4%)					
Immunotherapy				.133				
No	34 (48.6%)	37 (56.9%)	47 (65.3%)					
Yes	36 (51.4%)	28 (43.1%)	25 (34.7%)					
Radiotherapy				.359				
No	62 (89.9%)	54 (83.1%)	65 (90.3%)					
Yes	7 (10.1%)	11 (16.9%)	7 (9.7%)					
Anti-angiogenic therapy				.217				
No	57 (81.4%)	51 (78.5%)	50 (69.4%)					
Yes	13 (18.6%)	14 (21.5%)	22 (30.6%)					
Targeted therapy	× ,		× ,	.413				
No	52 (74.3%)	48 (73.8%)	47 (65.3%)					
Yes	18 (25.7%)	17 (26.2%)	25 (34.7%)					
COVID-19 pneumonia	10 (2011 /0)	(2012,0)	20 (0 /0)	< .001				
No	63 (88,7%)	42 (60.0%)	22 (30.6%)					
Yes	8 (11.3%)	28 (40.0%)	50 (69.4%)					
Severe COVID-19	0 (11.070)	20 (10.070)	00 (00.170)	< 001				
No	71 (100 0%)	68 (97 1%)	51 (70.8%)	<.001				
Yes	0 (0 0%)	2 (2 0%)	21 (20 2%)					
100	0 (0.070)	2 (2.0 /0)	21 (20.270)					

Comorbidities included chronic obstructive pulmonary disease, hypertension and cardiovascular disease. The patient previous treatment history before COVID-19 infection included chemotherapy, radiotherapy, immunotherapy, taroeted therapy and Anti-angiocenic therapy.

ICU = Intensive Care Unit, CRP = C-reactive protein, NLR = leukocyte to lymphocyte ratio, WBC = white blood cell.

had severe Omicron variants COVID-19 pneumonia. CRP is an acute-phase protein whose concentration may increase over 1000-fold in inflammatory states.<sup>[20]</sup> Correlations between CRP concentrations and severity of COVID-19 disease have been reported in multiple series.<sup>[21-25]</sup> In a prior study of 2601 patients with COVID-19, CRP concentrations above the median value (108 mg/L) were associated with critical illness (47.6% vs 25.9%; OR 2.83, 95% CI 2.37-3.37), and mortality (32.2% vs 17.8%; OR 2.59, 95% CI 2.11-3.18), compared with CRP below the median.<sup>[21]</sup> A meta-analysis found that compared to the severe group, the non-severe group of COVID-19 patients had lower levels of CRP by analyzing 16 studies including 3962 COVID-19 patients.<sup>[25]</sup> On the contrary, A retrospective study of 85 patients with COVID-19 found that CRP levels are not related to severe COVID-19 pathology or disease severity.<sup>[26]</sup> Gao and colleagues found that there is no direct relationship between the severity of COVID-19 symptoms and the circulating levels of IL-2, IL-4, TNF- $\alpha$ , IFN- $\gamma$ , and CRP.<sup>[27]</sup> However, the sample in these studies are relatively small and selection bias may occur. In contrast, our study found that high CRP levels is significantly associated with the incidence of COVID-19 pneumonia in cancer patients.

Although some studies have reported on the association between CRP concentration and disease severity. Omicron B.1.1.529 variant of SARS-CoV-2 has been reported as less severe, but more transmissible than previous variants.[1,17,18] The proportion of severe COVID-19 is much higher in vulnerable populations such as cancer patients.<sup>[15,27,28]</sup> Zhou Y and colleagues recruited 103 COVID-19 cancer patients and found that NLR and CRP were important risk factors for death and developed a line chart based on these 2 factors to predict the probability of death, with an AUC of 0.918.<sup>[29]</sup> A multicenter retrospective study of 84 gynecological cancer patients found that CRP levels were significantly elevated in patients with severe infections (median 142.0 mg/L, IQR 62.4-217.1 vs median 62.3 mg/L, IQR 13.0–159.1; P = .02).<sup>[30]</sup> Most of these studies focused on Alpha strains. In this study, we did not analyze the association between CRP and severe pneumonia due to the low critical illness rate and mortality of Omicron.

# Table 2

Univariate analysis of factors associated with COVID- 19 pneumonia.

	COVID- 19 pneumonia		
	OR (95%CI)	<i>P</i> value	
Age (yr)		.004	
<70	1		
≥70	2.4 (1.3, 4.2)		
Sex		.532	
Female	1		
Male	1.2 (0.7, 2.2)		
Comorbidities	= (, =.=)	.056	
No	1	1000	
Yes	20(10,39)		
Tumor types	2.0 (1.0, 0.0)	< 001	
Non- Lung cancer	1	<	
TNM stage	0.5 (0.2, 0.0)	13/	
	1	.154	
1-111 IV			
	1.0 (0.4, 1.1)	626	
WDC (107L)	1.0 (0.9, 1.1)	.030	
		.023	
Lymphocyte(10%L)	0.3 (0.1, 0.3)	100.>	
	1.1 (1.0, 1.2)	-001	
CRP (mg/L)	1.0 (1.0, 1.0)	<.001	
CRP groups			
LOW		0.04	
Middle	5.2 (2.2, 12.6)	<.001	
High	17.9 (7.3, 43.6)	<.001	
Chemotherapy		.402	
No	1		
Yes	0.8 (0.5, 1.4)		
Immunotherapy		.144	
No	1		
Yes	0.7 (0.4, 1.2)		
Radiotherapy		.343	
No	1		
Yes	0.7 (0.3, 1.6)		
Anti-angiogenic therapy		.172	
No	1		
Yes	1.6 (0.8, 3.0)		
Targeted therapy		.606	
No	1		
Yes	1.2 (0.6, 2.2)		

Comorbidities included chronic obstructive pulmonary disease, hypertension and cardiovascular disease. The patient previous treatment history before COVID-19 infection included chemotherapy, radiotherapy, immunotherapy, targeted therapy and anti-angiogenic therapy.

CI = confidence interval, CRP = C-reactive protein, NLR = leukocyte to lymphocyte ratio, OR = odds ratio, WBC = white blood cell,

In addition, we also found through multivariate analysis that lung cancer patients were less likely to develop pneumonia after COVID-19 infection (OR = 0.3, 95% CI: 0.1, 0.7; P = .006). This is contrary to some research results.<sup>[28,31,32]</sup> This may be related to the atypical radiological manifestations of COVID-19 pneumonia, which are difficult to distinguish from obstructive pneumonia, immune-related pneumonia, and radiation-induced pneumonia.<sup>[33]</sup>

Some studies reported that other inflammatory markers are also associated with adverse outcomes in COVID-19, such as NLR, platelet/lymphocyte ratio, serum procalcitonin, ferritin, D-dimer, LDH, IL-6 etc.<sup>[34–37]</sup> Conversely, we analyzed other hematological indicators and found that lymphocyte count (P = .146) and neutrophil/lymphocyte ratio (P = .442) were not significantly correlated with occurrence of COVID-19 pneumonia. In addition, this study excluded patients with hematological malignancies. However, a retrospective study found that compared to patients with solid malignant tumors, patients with hematological diseases had an increased risk of severe COVID-19 outcomes and death (including within 7 days) (OR: 2.16, 95% CI: 1.18-3.95).<sup>[38]</sup> Molins B et al also explored the ability of different CRP subtypes to predict the prognosis of COVID-19 and found that CRP levels above 4000 ng/mL (OR: 4.551, 95% CI: 1.329–15.58) could be used as a marker for the clinical severity of COVID-19.<sup>[7]</sup> Ultimately, CRP is an applicable biomarker of COVID-19 pneumonia since it is inexpensive and widely available at most medical institutions.

The study has certain limitations. Firstly, being a retrospective study, it inevitably carries inherent selection biases. Secondly, the Charlson Comorbidity Index has been identified as an independent prognostic indicator for COVID-19 patients, especially during the Omicron dominance period.[39,40] In our study, we did not independently assess the prognostic significance of Charlson Comorbidity Index following COVID-19 Omicron infection in cancer patients. However, we did analyze the impact of complications (such as chronic obstructive pulmonary disease, hypertension, cardiovascular disease, etc) on COVID-19 outcomes. Thirdly, the sample size in this study was relatively limited, and a larger sample might unveil associations between serum CRP levels and severe COVID-19 pneumonia in cancer patients. Finally, this study specifically focused on the Omicron variants (BA.2 and BA.5). As SARS-CoV-2 continues to evolve, new strains may emerge in the future.<sup>[41]</sup> Hence, exploratory studies are imperative to investigate the

#### Table 3

#### Multivariate analysis of factors associated with COVID-19 pneumonia.

	COVID- 19 pneumonia							
	Model I OR(95%CI)	<i>P</i> value	Model II OR(95%CI)	<i>P</i> value	Model III OR(95%CI)	P value		
Age (yr)		.044		.054		.059		
<70	1		1		1			
≥70	2.2 (1.0, 4.6)		2.2 (1.0, 4.7)		2.1 (1.0, 4.6)			
Comorbidities		.540		.604		.638		
No	1		1		1			
Yes	1.3 (0.5, 3.3)		1.3 (0.5, 3.3)		1.3 (0.5, 3.2)			
Tumor types		.004				.006		
Non- Lung cancer	1		1	.006	1			
Lung cancer	0.3 (0.2, 0.7)		0.3 (0.1, 0.7)		0.3 (0.1, 0.7)			
TNM stage		.771		.611		.662		
-	1		1		1			
IV	1.1 (0.5, 2.4)		1.2 (0.5, 2.8)		1.2 (0.5, 2.7)			
Lymphocyte(10 <sup>9</sup> /L)	0.6 (0.3, 1.2)	.125	0.6 (0.3, 1.2)	.148	0.6 (0.3, 1.2)	.146		
NLR	1.0 (1.0, 1.1)	.378	1.0 (1.0, 1.1)	.428	1.0 (1.0, 1.1)	.442		
CRP (mg/L)	1.0 (1.0, 1.0)	.397	1.0 (1.0, 1.0)	.391	1.0 (1.0, 1.0)	.411		
CRP groups								
Low	1				1			
Middle	3.5 (1.4, 9.0)	.009	4.3 (1.6, 11.7)	.004	4.3 (1.6, 11.8)	.004		
High	8.5 (2.0, 36.7)	.004	9.8 (2.2, 43.5)	.003	9.8 (2.2, 43.8)	.003		

Comorbidities including patients on mechanical ventilation and extracorporeal mechanical oxygenation (ECMO) and end organ dysfunction. Modell: no covariates were adjusted; model II: sex and targeted therapy before COVID-19 infection were adjusted; model III: sex, targeted therapy and anti-angiogenic therapy before COVID-19 infection were adjusted.

CI = confidence interval, CRP = C-reactive protein, NLR = Ieukocyte to lymphocyte ratio, <math>OR = odds ratio.



Figure 2. Association between the serum CRP and the incidence of COVID-19 pneumonia in cancer patients. CRP = C-reactive protein.

molecular mechanisms and epidemiological characteristics of these new variants. Additionally, the association between cancer treatment-related toxic side effects and COVID-19 infection remains unknown and necessitates further prospective studies.

# 5. Conclusion

In conclusion, this study found that cancer patients with higher serum CRP were more likely to suffering Omicron variant COVID- 19 pneumonia. Therefore, chest CT images are recommended when cancer patients with Omicron variant COVID- 19 diseases have high CRP levels.

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## Author contributions

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