

Inhibition of the K_{Ca2} potassium channel in atrial fibrillation: a randomized phase 2 trial

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Existing antiarrhythmic drugs to treat atrial fibrillation (AF) have incomplete efficacy, contraindications and adverse effects, including proarrhythmia. AP30663, an inhibitor of the K_{Ca2} channel, has demonstrated AF efficacy in animals; however, its efficacy in humans with AF is unknown. Here we conducted a phase 2 trial in which patients with a current episode of AF lasting for 7 days or less were randomized to receive an intravenous infusion of 3 or 5 mg kg⁻¹ AP30663 or placebo. The trial was prematurely discontinued because of slow enrollment during the coronavirus disease 2019 pandemic. The primary endpoint of the trial was cardioversion from AF to sinus rhythm within 90 min from the start of the infusion, analyzed with Bayesian statistics. Among 59 patients randomized and included in the efficacy analyses, the primary endpoint occurred in 42% (5 of 12), 55% (12 of 22) and 0% (0 of 25) of patients treated with 3 mg kg⁻¹ AP30663, 5 mg kg⁻¹ AP30663 or placebo, respectively. Both doses demonstrated more than 99.9% probability of superiority over placebo, surpassing the prespecified 95% threshold. The mean time to cardioversion, a secondary endpoint, was 47 (s.d. = 23) and 41 (s.d. = 24) minutes for 3 mg kg⁻¹ and 5 mg kg⁻¹ AP30663, respectively. AP30663 caused a transient increase in the QTcF interval, with a maximum mean effect of 37.7 ms for the 5 mg kg⁻¹ dose. For both dose groups, no ventricular arrhythmias occurred and adverse event rates were comparable to the placebo group. AP30663 demonstrated AF cardioversion efficacy in patients with recent-onset AF episodes. K_{Ca2} channel inhibition may be an attractive mechanism for rhythm control of AF that should be studied further in randomized trials. ClinicalTrials.gov registration: [NCT04571385](https://clinicaltrials.gov/ct2/show/study/NCT04571385).

Atrial fibrillation (AF) is the most common cardiac arrhythmia and is associated with reduced quality of life and increased risk of stroke, heart failure and death¹. Current treatment options for patients with AF episodes include pharmacological and electrical cardioversion as well as ‘wait and see’ approaches^{1–3}. However, current pharmacological

options for cardioversion have limited efficacy and a substantial risk of serious adverse effects, particularly an increased risk of causing potentially life-threatening ventricular arrhythmia, also known as proarrhythmia^{1,2}. Consequently, use of these drugs are restricted in patients with left ventricular hypertrophy, ischemic heart disease and

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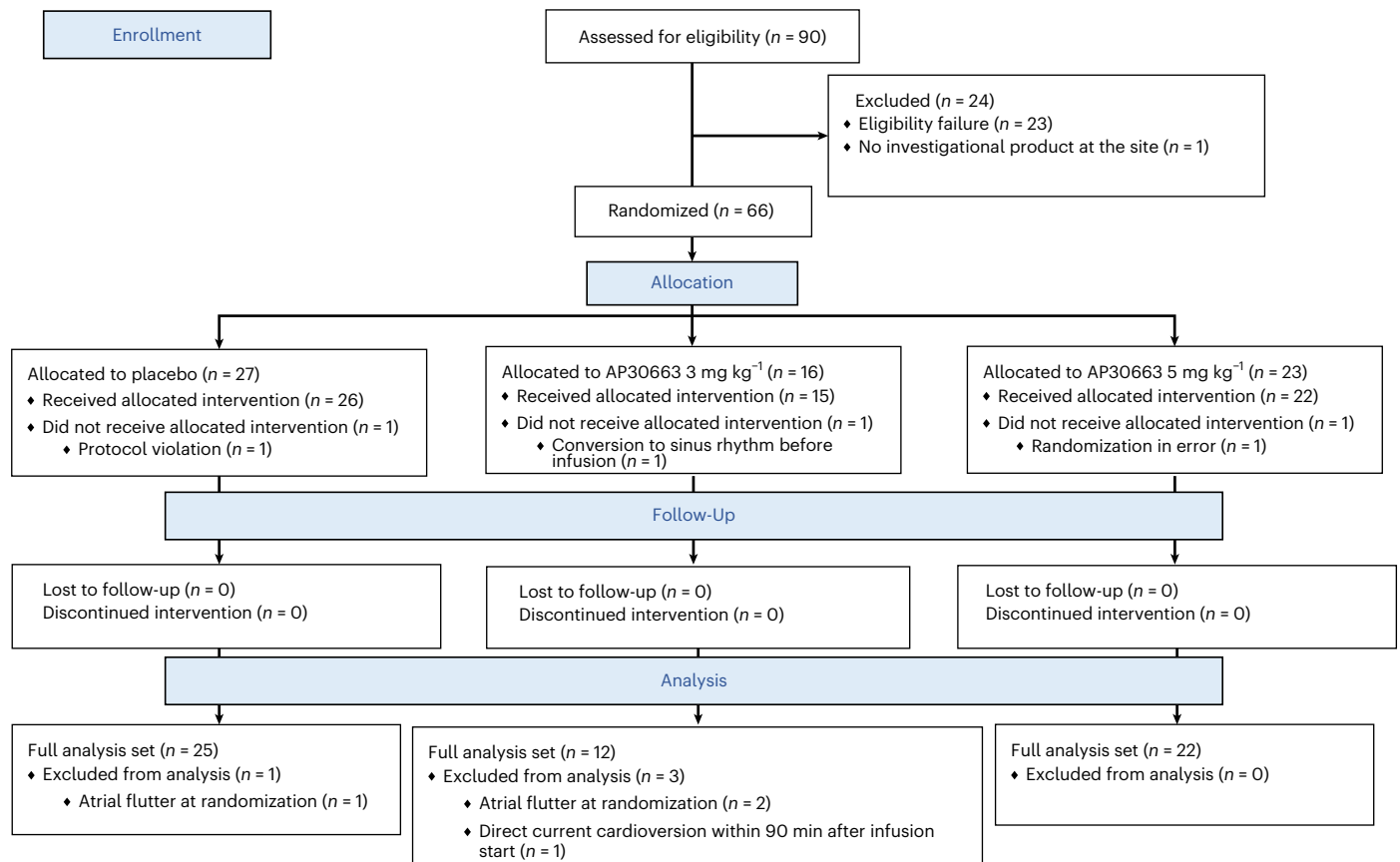


Fig. 1 | Patient flow diagram. Figure shows patient flow through the trial and reasons for exclusion. The full analysis set was used for all efficacy analyses including for the primary endpoint.

heart failure, resulting in barriers for prescribing the drugs and making many patients with AF ineligible for treatment. To avoid proarrhythmia, researchers have pursued drug targets with atrial but not ventricular effects, but have so far failed to demonstrate AF efficacy with these agents^{4–6}.

The K_{Ca}2 ion (or SK) channel is a calcium-activated potassium channel that conducts a repolarizing current in the heart. It has the strongest association with AF in genome-wide association studies among genes encoding for ion channels⁷, with no association to the electrocardiogram (ECG) QT interval⁸. Inhibiting K_{Ca}2 results in prolongation of the atrial action potential duration in tissue from humans with AF⁹; K_{Ca}2 inhibitors have demonstrated efficacy in a range of animal models of AF without ventricular effects^{10–13}. AP30663 is a new K_{Ca}2 inhibitor with demonstrated efficacy in animals^{14,15}; it was well tolerated in a phase 1 trial, although with a finding of transient QTc prolongation (see Extended Data Fig. 1 for its chemical structure)¹⁶.

The AF efficacy of K_{Ca}2 inhibition in humans has not previously been tested. In this phase 2 trial, we studied the cardioversion efficacy of a single intravenous infusion of AP30663 in patients with a recent-onset AF episode.

Results

Patient characteristics

We enrolled patients with a current episode of AF lasting 7 days or less and randomized them to receive an intravenous infusion of 3 or 5 mg kg⁻¹ AP30663 or placebo. The trial was prematurely discontinued in December 2022 because of slow enrollment under the coronavirus disease 2019 pandemic. A total of 66 patients were randomized between 24 September 2019 and 9 December 2022. Of these, three patients did not receive the infusion and a further four were excluded from the full analysis set due to having atrial flutter instead of AF at

randomization ($n = 3$) or undergoing direct current cardioversion within the 90 min during which the primary endpoint was assessed ($n = 1$). No patients discontinued the infusion and all patients receiving the infusion completed the 30 days follow-up visit (Fig. 1). The mean age in the three groups was between 64.3 and 65.5, 68.2–80.0% were male, 13.6–40.0% had heart disease and the mean AF episode duration was 59.9–88.0 h across groups, with a shorter mean duration in the placebo group (59.9 h) compared to the active groups (3 mg kg⁻¹: 88.0; 5 mg kg⁻¹: 87.9 h) (Table 1). No other meaningful differences were observed in baseline characteristics across the three groups.

Efficacy endpoints

The primary endpoint of cardioversion within 90 min occurred in 42% (5 of 12) and 55% (12 of 22) of patients receiving AP30663 at 3 mg kg⁻¹ and 5 mg kg⁻¹, respectively, and in 0% (0 of 25) of patients receiving placebo (Fig. 2 and Table 2). The posterior probability of superiority to placebo was greater than 99.9% for both doses, thereby exceeding the prespecified level of 95% and confirming superiority for both doses versus placebo. Secondary endpoints all numerically favored the active treatment over placebo: mean time to cardioversion was 47 min (s.d. ± 23) for AP30663 3 mg kg⁻¹ and 41 min (s.d. ± 24) for AP30663 5 mg kg⁻¹. Patients who did not convert within the 90 min after the start of the infusion underwent a direct current cardioversion; a post hoc analysis of this showed 100% success in cardioversion to sinus rhythm for both AP30663 dose groups versus 88% (22 of 25) for those receiving placebo. All patients treated with AP30663 3 mg kg⁻¹ and 5 mg kg⁻¹ were in sinus rhythm 24 h after the start of the infusion, compared with 76% (19 of 25) of patients receiving placebo. One relapse of AF within 5 min after pharmacological or direct current cardioversion was seen, occurring after a direct current cardioversion in the placebo group.

Table 1 | Patient demographics and baseline characteristics in the safety analysis set

Characteristic	Placebo (n=26)	AP30663 3 mg kg ⁻¹ (n=15)	AP30663 5 mg kg ⁻¹ (n=22)
Age, years	64.3±9.23	65.4±8.48	65.5±10.38
Male sex, n (%)	18 (69.2)	12 (80.0)	15 (68.2)
Weight, kg	88.6±14.6	90.3±11.9	85.4±12.0
Duration of current AF episode, h	59.9±43.0	88.0±24.6	87.9±45.5
Prior diagnosis of AF, n (%)	6 (23.1)	5 (33.3)	4 (18.2)
Time since first AF diagnosis, years	4.3±2.8	2.4±2.7	6.7±12.3
Heart rate during AF, bpm	98.0±24.1	102.0±28.7	93.9±19.2
ECG QTcF interval, ms	408.0±17.4	418.8±27.2	409.9±25.9
Left ventricular ejection fraction, %	60.3±8.4	57.8±9.7	57.3±10.2
Left atrial dimension and diameter (anterior–posterior, end systolic), mm	47.5±9.2	51.9±9.5	45.2±7.9
Heart disease, n (%)	6 (23.1)	6 (40.0)	3 (13.6)
Ischemic heart disease, n (%)	4 (15.4)	6 (40.0)	2 (9.1)
Heart failure, n (%)	1 (3.8)	0	2 (9.1)
Valvular heart disease, n (%)	1 (3.8)	0	0
Diabetes, n (%)	8 (30.8)	8 (53.3)	4 (18.2)
Oral anticoagulant drug use, n (%)	18 (69.2)	11 (73.3)	13 (59.1)
Rate control drug use, n (%) ^a	20 (76.9)	13 (86.7)	9 (40.9)
Betaxolol, n (mean daily dose)	0	1 (10 mg)	1 (40 mg)
Bisoprolol, n (mean daily dose)	13 (6 mg)	5 (8 mg)	6 (4 mg)
Carvedilol, n (mean daily dose)	2 (38 mg)	3 (83 mg)	0
Metoprolol, n (mean daily dose)	4 (213 mg)	3 (134 mg)	0
Nebivolol, n (mean daily dose)	1 (10 mg)	2 (5 mg)	1 (5 mg)
Digoxin, n (mean daily dose)	0	0	1 (500 µg)
Prior AF ablation, n (%)	1 (3.8)	1 (6.7)	1 (4.5)

^aDefined as digoxin or beta-blocker use. There was no use of verapamil in the trial. The ± values represent the mean±s.d. unless otherwise indicated.

None of the three individuals (one allocated to placebo and two allocated to AP30663 3 mg kg⁻¹) who were excluded from the full analysis set because of having atrial flutter at randomization met the primary endpoint.

Safety endpoints

Adverse events were reported in 50% (13 of 26) of patients for the AP30663 5 mg kg⁻¹ group, 27% (4 of 15) for AP30663 3 mg kg⁻¹ and 50% (11 of 22) for placebo (Table 3). No deaths occurred and all four serious adverse events were observed in the placebo group. All four serious adverse events were recurrence of AF that led to hospitalization. Changes in systolic blood pressure were 1.2 mmHg (s.d. = 10.1) for the

AP30663 5 mg kg⁻¹ group, 3.4 mmHg (s.d. = 10.3) for AP30663 3 mg kg⁻¹ and 1.7 mmHg (s.d. = 11.7) for placebo, all measured during the infusion. Changes in diastolic blood pressure were 2.2 mmHg (s.d. = 8.3) for the AP30663 5 mg kg⁻¹ group, -2.7 mmHg (s.d. = 7.6) for the AP30663 3 mg kg⁻¹ group and -0.5 mmHg (s.d. = 7.1) for the placebo group, all measured during the infusion (Extended Data Table 1).

A mean decrease in heart rate was seen for all groups. This occurred earlier for the active groups compared to the placebo group, coinciding with the timing of conversions from AF to sinus rhythm (Extended Data Fig. 2).

A transient difference in change in QTcF was observed (Fig. 3), with an estimated maximum least squares mean effect of +37.7 ms (s.e.m. = 3.5) at 45 min for the AP30663 5 mg kg⁻¹ group, compared to +19.4 ms (s.e.m. = 4.3) for the 3 mg kg⁻¹ group and -1.3 ms (s.e.m. = 3.21) for the placebo group (Extended Data Table 2). QTcF changes for all groups, including the placebo group, remained at more than 10 ms at 24 h. No other meaningful differences in ECG markers were observed.

With Holter monitoring, the most important ventricular finding was episodes of nonsustained ventricular tachycardia seen in both the active and placebo groups with the longest episodes being four beats (Extended Data Table 3).

No apparent effect of AP30663 was observed on laboratory parameters (Extended Data Table 4).

Pharmacokinetic endpoint

The plasma concentration over time is shown in Extended Data Fig. 3.

Discussion

In this phase 2 clinical trial, AP30663, a new K_{Ca}2 ion channel inhibitor, demonstrated efficacy in cardioverting AF to sinus rhythm compared to placebo in patients with a recent-onset AF episode. There was a numerical dose–response between the two doses tested and results from all secondary endpoints supported the efficacy of AP30663.

Among currently existing drugs for pharmacological AF cardioversion, vernakalant and flecainide are the most efficacious¹. Most clinical trial data are available for vernakalant, which is a multichannel blocker that targets cardiac sodium channels and the atrium-specific potassium channel K_v1.5, but not K_{Ca}2 (refs. 17,18). Vernakalant has demonstrated superior efficacy to ibutilide and amiodarone in randomized trials^{19,20}. In a meta-analysis that included placebo-controlled trials enrolling a very similar population to ours, vernakalant had a 48% cardioversion rate within 90 min versus 6% with placebo, resulting in a 42% placebo-adjusted cardioversion rate²¹. In our trial, AP30663, at the highest dose tested, demonstrated a 55% placebo-adjusted cardioversion rate, supporting a competitive efficacy of AP30663.

The clinical efficacy of AP30663 aligns with the effects observed in animal models, where AP30663 showed a pronounced effect on the atrial effective refractory period in one pig model, and successfully cardioverted AF and prevented its reinduction in another pig model where vernakalant did not cardiovert any longer¹⁴. Other K_{Ca}2 inhibitors have shown similar AF antiarrhythmic effects in rats, guinea pigs, rabbits, pigs, dogs, goats and horses; however, none of these have been tested in humans^{10–13,22}.

AP30663 inhibits the K_{Ca}2 channel through negative allosteric modulation that decreases the calcium sensitivity of the channel. A recent study found that the K_{Ca}2 current is upregulated and is the dominant repolarizing atrial current in patients with AF because of increased Ca²⁺ sensitivity and increased trafficking of K_{Ca}2 to the cell membrane⁹. This upregulation of the K_{Ca}2 current in patients with AF contributes to the action potential shortening characteristic seen in AF; the AP30663 mechanism of action can be hypothesized to directly counteract this effect.

The safety profile of AP30663 was consistent with results from the phase 1 trial, with the exception that infusion site reactions were reported in the phase 1 trial whereas none were reported in the current trial¹⁶. Inhibition of the K_{Ca}2 channel in animal studies has been

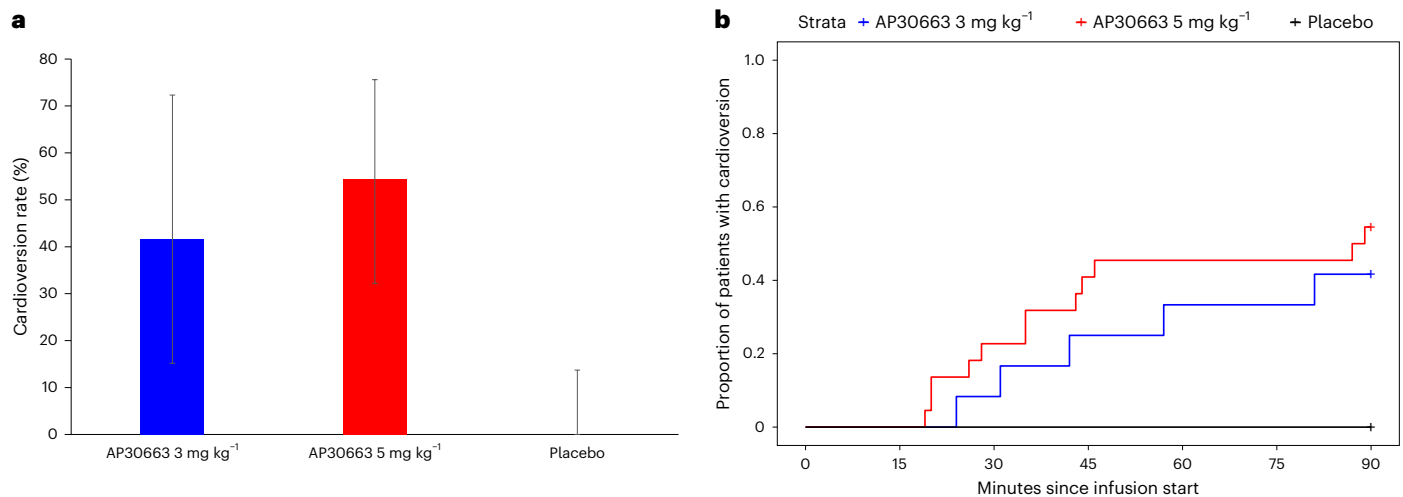


Fig. 2 | Primary endpoint of cardioversion. a, Cardioversion rates in the full analysis set. The bar heights show the percentage of patients with cardioversion; the error bars show the 95% confidence intervals (CIs). AP30663 3 mg kg⁻¹, *n* = 12 patients; AP30663 5 mg kg⁻¹, *n* = 22 patients; placebo, *n* = 25 patients. **b**, Time to cardioversion in the full analysis set.

Table 2 | Efficacy endpoints in the full analysis set

	Placebo (<i>n</i> =25)	AP30663 3 mg kg ⁻¹ (<i>n</i> =12)	AP30663 5 mg kg ⁻¹ (<i>n</i> =22)
Primary endpoint			
Cardioversion within 90 min, <i>n</i> (%)	0/25 (0)	5/12 (42)	12/22 (55)
Within-arm 95% CI, %	0–14%	15–72%	32–76%
Posterior probability of superiority versus placebo, %	NA	>99.9%	>99.9%
Secondary endpoints			
Time to cardioversion, min ± s.d.	NA	47 ± 23	41 ± 24
<i>P</i> for pairwise comparison to placebo	NA	0.001	<0.0001
Relapse of AF within 5 min after pharmacological or direct current cardioversion, <i>n</i> (%)	1/25 (4.0)	0	0
Sinus rhythm 3 h after the start of the infusion, <i>n</i> (%)	21/25 (84.0)	11/11 (100)	20/21 (95.2)
Sinus rhythm 24 h after the start of the infusion, <i>n</i> (%)	19/25 (76)	11/11 (100)	21/21 (100)
Sinus rhythm 30 days after the start of the infusion, <i>n</i> (%)	16/25 (64.0)	9/10 (90.0)	15/21 (71.4)
Patients with direct current cardioversion, <i>n</i> (%)	25/25 (100)	7/12 (58)	10/22 (45)
Successful direct current cardioversion, <i>n</i> (%) ^a	22/25 (88)	7/7 (100%)	10/10 (100)

^aPost hoc analysis. The primary endpoint was analyzed with Bayesian statistics and the prior probability of success at a dose was modeled with a uniform Beta (1,1) prior. AP30663 was considered superior to placebo if the posterior probability was greater than 0.95. Time to cardioversion was analyzed using Kaplan–Meier curves and two-sided *P* values are reported for pairwise comparison to placebo. No adjustment for multiple testing was done. NA, not applicable.

associated with central nervous system adverse effects in the form of tremors and ataxia at high doses; this was also seen with AP30663 in the safety animal studies¹⁶. However, these effects have not been observed

Table 3 | Adverse events in the safety analysis set

Event	Placebo (<i>n</i> =26)	AP30663 3 mg kg ⁻¹ (<i>n</i> =15)	AP30663 5 mg kg ⁻¹ (<i>n</i> =22)
Adverse event	13 (50.0)	19 (62.7)	16 (72.7)
Serious adverse event ^a	4 (15.4)	4 (26.7)	0
Leading to death	0	0	0
Adverse event leading to discontinuation of infusion	0	0	0
Adverse event according to organ class and preferred term			
Cardiac disorders	13 (50.0)	15 (100)	13 (59.1)
AF	11 (42.3)	12 (80)	7 (31.8)
Atrial flutter	1 (3.8)	1 (6.7)	3 (13.6)
Atrioventricular block (first-degree)	1 (3.8)	1 (6.7)	2 (9.1)
Left bundle branch block	0	0	1 (4.5)
Right bundle branch block	0	0	1 (4.5)
Left ventricular failure	0	0	1 (4.5)
Supraventricular tachycardia	1 (3.8)	1 (6.7)	0
Vascular disorders	2 (7.7)	2 (13.3)	1 (4.5)
Hypotension	0	1 (6.7)	1 (4.5)
Phlebitis	2 (7.7)	2 (13.3)	0
Hypertension	0	1 (6.7)	0
Investigations	0	1 (6.7)	1 (4.5)
Increased blood bilirubin	0	0	1 (4.5)
Electrocardiogram prolonged QT	0	1 (6.7)	0
Metabolism and nutrition disorders	1 (3.8)	1 (6.7)	1 (4.5)
Diabetes mellitus	0	0	1 (4.5)
Hypokalemia	1 (3.8)	1 (6.7)	0
Renal and urinary disorders	0	0	2 (9.1)
Hematuria	0	0	2 (9.1)
Nervous system disorders	0	0	1 (4.5)
Postural dizziness	0	0	1 (4.5)
Psychiatric disorders	1 (3.8)	1 (6.7)	0
Insomnia	1 (3.8)	1 (6.7)	0

All data are based on investigator-reported adverse events. Data reported are the number of patients (%) and number of events (*n*). ^aA serious adverse event was defined as death, a life-threatening episode, hospitalization or prolongation of existing hospitalization, a persistent or substantial disability or incapacity, or an event otherwise considered to be an important medical event.

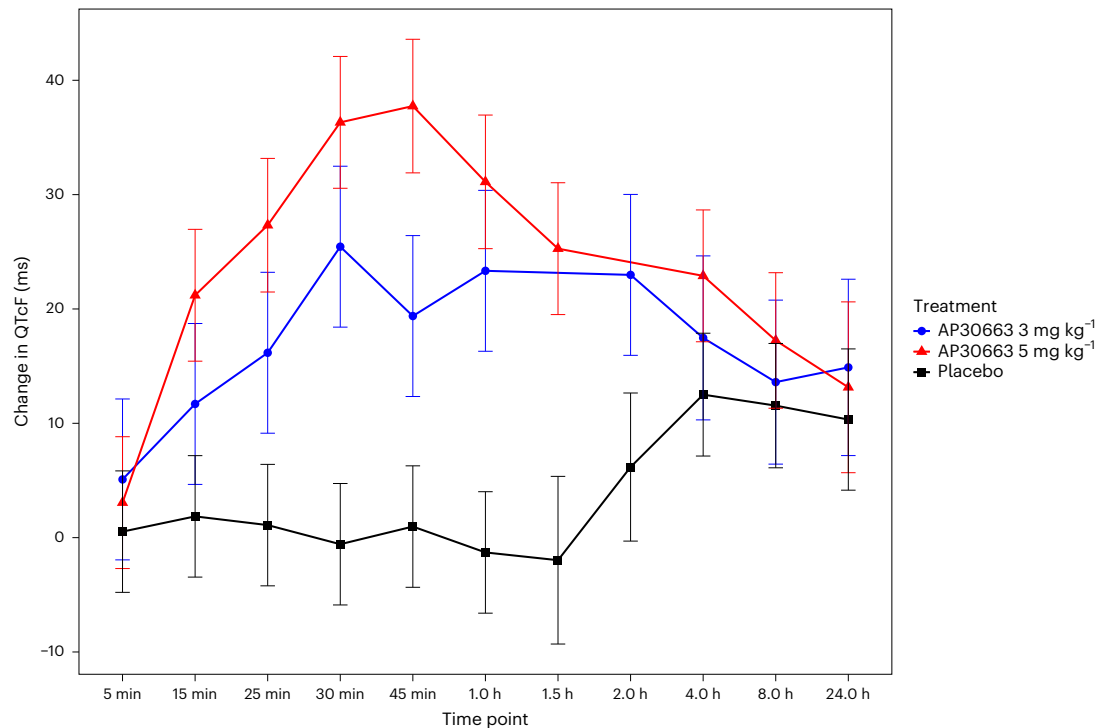


Fig. 3 | Change in QTcF from baseline in the safety analysis set. Plot showing the least squares mean and 90% CIs based on a linear mixed-effects model at the indicated time points. AP30663 3 mg kg⁻¹, *n* = 15 patients; AP30663 5 mg kg⁻¹, *n* = 22 patients; placebo, *n* = 26 patients.

with AP30663 in any of the clinical trials, including the current one. Although AP30663 caused a transient increase in the QTcF interval, no clinically relevant ventricular arrhythmias were observed in any treatment group. The increase in QTcF remained above 10 ms for all groups including the placebo group at 24 h, highlighting the difficulties in QTc assessment when comparing baseline values assessed while patients are in AF with post-baseline values assessed once patients converted to sinus rhythm, with resulting changes in heart rate. These findings suggest that the maximum increase in QTcF seen at 45 min is probably overestimated for the active groups because some patients had converted to sinus rhythm at this time point. In genome-wide association studies, no association between the genes encoding for the K_{Ca}2 channels and the QTc interval has been found⁸. Additionally, while AP30663 potently inhibits K_{Ca}2, it also inhibits the K_v11.1 channel (KCNH2 or hERG gene) to a lesser degree¹⁶. K_v11.1 inhibition is the most common cause of drug-related QTc prolongation²³; collectively, these findings suggest that the QTc increase is caused by an off-target inhibition of the K_v11.1 channel.

Existing drugs with different mechanisms of action, when effective in AF cardioversion, also show efficacy in sinus rhythm maintenance (prevention of AF recurrence)^{1,2,24–26}. Our demonstration of human cardioversion efficacy through inhibition of K_{Ca}2 suggests that this may also be a promising drug target for maintaining sinus rhythm.

This trial has some limitations. We enrolled patients with an AF episode lasting less than 7 days. Other drugs have shown decreased efficacy with longer AF durations^{27–29}, and efficacy should not be generalized to patients with longer AF episodes. The trial had a limited sample size. The early termination of the trial because of slow enrollment, which prevented testing doses higher than 5 mg kg⁻¹. Underrepresentation of female patients in the trial was another limitation. Collectively, the results of this phase 2 trial should be considered hypothesis-generating; the efficacy and safety, in particular the potential consequences of QT prolongation, need to be studied in a larger phase 3 trial.

In conclusion, the K_{Ca}2 inhibitor AP30663 demonstrated superior AF cardioversion efficacy compared with placebo in patients with

recent-onset AF episodes. AP30663 caused a transient increase of the QTc interval, but no ventricular arrhythmias were observed. K_{Ca}2 inhibition may be an attractive pathway for rhythm control of AF and should be studied in future randomized trials.

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at <https://doi.org/10.1038/s41591-023-02679-9>.

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Methods

Trial design

We conducted a phase 2 randomized, double-blind, placebo-controlled, parallel-group trial with an adaptive design with the potential to test doses between 2 and 6 mg kg⁻¹. An independent data monitoring committee reviewed unblinded safety and efficacy data during the trial and was responsible for providing recommendations to the sponsor regarding dose changes according to the adaptive design (see the ‘Statistical analyses’ section of the Methods). See Supplementary Note 1 for a list of data monitoring committee members.

The maximum number of individuals that could be enrolled based on the adaptive design was 108. Patients wore 12-lead Holter monitors to assess both efficacy and safety for at least 8 h after the infusion; the collected data were analyzed by a core laboratory for arrhythmias and semiautomated measurement of ECG intervals based on triplicate ECG extracts at prespecified time points. Patients were followed until day 30 after receiving the infusion. Please refer to the protocol in Supplementary Note 2 for further information.

In December 2022, the sponsor decided to stop the trial early because of slow enrollment, mainly due to the coronavirus disease 2019 pandemic, at a time when the sample size in the 5 mg kg⁻¹ dose allowed for sufficient statistical power to evaluate this dose. At that point in the adaptive design, subsequent interim analysis could have allowed testing of a 4 or 6 mg kg⁻¹ dose.

The trial protocol was approved by the following ethics committees: Den Videnskabssetiske Komité, Region Sjælland, Denmark and Egészségügyi Tudományos Tanács Klinikai Farmakológiai Etikai Bizottsága, Budapest, Hungary.

All participants provided written informed consent. The trial was sponsored and funded by Acesion Pharma.

ClinicalTrials.gov registration: [NCT04571385](https://clinicaltrials.gov/ct2/show/study/NCT04571385). EudraCT registration: [2018-004445-17](https://eudra.europa.eu/medres/eudra/#!/view/2018-004445-17).

Trial population

Male and female patients aged 18–80 years with a body weight of 50–110 kg and a current episode of symptomatic AF lasting between 3 h and 7 days were deemed eligible. Patients were required to be treated with anticoagulation according to current guidelines. Patients were allowed to have stable ischemic heart disease and heart failure (New York Heart Association classes I and II, left ventricular ejection fraction 40% or higher). Exclusion criteria included recent cardioversion, current or recent use of antiarrhythmic drug classes I or III (including amiodarone), QTcF greater than 450 ms or previous torsade de pointes episodes. The complete list of inclusion and exclusion criteria can be found in the next sections.

Inclusion criteria

The inclusion criteria were: provision of written informed consent; clinical indication for cardioversion of AF; current episode of symptomatic AF lasting between 3 h and 7 days inclusive at randomization; adequate anticoagulation according to international or national guidelines; body weight 50–110 kg inclusive (with clothes, without shoes); and male patients and postmenopausal women aged 18–80 years inclusive.

Exclusion criteria

The exclusion criteria were: significant clinical illness or surgical procedure within 4 weeks before the screening visit; present renal dysfunction (estimated glomerular filtration rate less than 30 ml min⁻¹), hepatic dysfunction (alanine aminotransferase or aspartate aminotransferase higher than three times the upper limit of normal) or uncontrolled hyperthyroidism or hypothyroidism; a history of significant mental, renal or hepatic disorder, chronic obstructive pulmonary disease or other significant disease, as judged by the investigator; any cardioversion attempt of AF or atrial flutter within 1 week before randomization. Previous failed attempt (no conversion) of pharmacological or direct

current cardioversion of previous or current AF episode; failure to find a large antecubital (or equivalent) vein for the infusion; any of the following events, or any other significant cardiovascular event as judged by the investigator, during the last 6 weeks before randomization: myocardial infarction, unstable angina pectoris or other signs of myocardial ischemia, stroke or transient ischemic attack, myocardial revascularization (percutaneous coronary intervention, coronary artery bypass graft) or other revascularization procedure; hemodynamically unstable condition as judged by the investigator; systolic blood pressure lower than 90 mmHg or higher than 180 mmHg, or diastolic blood pressure higher than 105 mmHg at randomization; blood hemoglobin lower than 100 g l⁻¹ at screening; congestive heart failure according to New York Heart Association class III or IV; left ventricular ejection fraction lower than 40% on echocardiography or other clinically significant abnormality on the echocardiogram (not older than 6 months), as judged by the investigator; known hypertrophic cardiomyopathy or significant left ventricular hypertrophy (free wall or septal thickness greater than 13 mm); any clinically significant valvular heart disease; a history or previous signs of sinus nodal disease; pacemaker or implantable cardioverter defibrillator therapy; a personal or family history of torsades de pointes, any other polymorphic ventricular tachycardia, sustained ventricular tachycardia, long QT syndrome or Brugada syndrome; QTc (QTcF) interval greater than 450 ms at randomization. When measured during AF, the mean heart rate should be 50–100 bpm. The QTcF should be calculated at AF as the mean of at least five consecutive RR intervals with consecutive QT intervals; QRS complex duration longer than 120 ms at randomization; known atrioventricular (AV) block I (prolonged PQ interval longer than 220 ms), AV block II, AV block III or complete bundle branch block; potassium in serum below 3.5 or above 5.3 mmol l⁻¹ at randomization. Patients with low potassium levels at screening may be appropriately supplemented with potassium before baseline, according to local standards. Retesting of the potassium level is required and the patient can be randomized after potassium has returned to the reference range; anticipated change in dose or initiation of loop diuretic from screening to the end of the infusion; use of any antiarrhythmic drug class I or III within 7 days or, for amiodarone specifically, 12 weeks before randomization; use of QT-prolonging drug or drug that inhibits cytochrome P450 3A4, as well as St John’s wort within 10 days before randomization; administration of an investigational drug within the preceding 3 months before randomization; administration of AP30663 at any time before randomization; a history of drug addiction or alcohol abuse within the last 12 months, at the discretion of the investigator; blood or plasma donation within the preceding 4 weeks before randomization; any suspected or manifested clinically significant infection, as judged by the investigator; involvement in the planning and conduct of the study (applies to Acesion Pharma staff, Syneos Health staff and staff at the investigational site); clinical judgment by the investigator that the patient should not participate in the study; any malignant cancer within 3 years (except for successfully treated in situ nonmelanoma skin cancer and in situ cervical cancer) of signing the informed consent form.

The trial was conducted at ten sites in Hungary and Denmark.

Trial intervention

The trial ended up testing 3 mg kg⁻¹ and 5 mg kg⁻¹ doses of AP30663 versus placebo; participants were randomized to AP30663 or placebo in a 1:1 ratio for part 1 of the trial testing the 3 mg kg⁻¹ dose and subsequently in a 2:1 ratio. Randomization was performed using a computer-generated random sequence and interactive voice and Web response system. The intravenous infusion was prepared by an unblinded team and handed over to a blinded team for administration over 30 min. Use of other antiarrhythmic class I or III drugs (including amiodarone) was prohibited until the day after receiving the infusion.

If patients did not cardiovert within the 90 min after the start of the infusion, they were to undergo an electrical (direct current) cardioversion.

Trial endpoints

The primary endpoint was the proportion of patients converting from AF to sinus rhythm within 90 min from the start of the infusion and who subsequently had no AF recurrence within 1 min of conversion. Key secondary efficacy endpoints included time to conversion from AF, the proportion of patients with relapse of AF within 5 min after pharmacological (AP30663) or direct current cardioversion and the proportion of patients in sinus rhythm at 3 and 24 h after the start of the infusion. Key secondary safety endpoints included adverse events and change in QT interval corrected using the Fridericia formula (QTcF). Pharmacokinetics were also assessed as a secondary endpoint.

Exploratory endpoints addressing the potential for treatment effect interactions with baseline variables and pharmacokinetic parameters were specified in the protocol; however, due to the limited sample size, these analyses were severely underpowered and are not reported in this article.

Statistical analyses

To ensure an efficient adaptive trial design, Bayesian statistics were used. In part 1 of the trial, a dose of 3 mg kg⁻¹ was tested; if deemed safe, a dose of 5 mg kg⁻¹ as well as potentially a dose of 2 mg kg⁻¹ were to be tested based on the results from an interim analysis. Dose testing according to the adaptive trial design was guided by achieving an AF cardioversion rate greater than 0.65 at the interim analysis; if the posterior probability of this was 0.90 or greater, the current dose would be closed for sufficient efficacy and a dose one level below would be opened, if available. If a posterior probability of this was less than 0.10, the current dose would be closed and a higher dose opened, if available. Interim analyses were done after enrolling 32 individuals in the 3 mg kg⁻¹ dose, which led to further testing of the 5 mg kg⁻¹ dose only. An interim analysis after enrolling 18 individuals in the 5 mg kg⁻¹ dose did not result in dose change. The prior probability of success at a dose was modeled with a uniform Beta (1,1) prior; the posterior distribution was modeled for each dose independently using a Beta posterior distribution. This method was also applied to the final analysis of the primary endpoint because the primary analysis and each AP30663 dose were considered superior to placebo if the posterior probability was greater than 0.95. Time to conversion was analyzed using Kaplan–Meier curves. No type I error rate control was implemented across the interim analyses or at the final analysis because this was a phase 2 non-confirmatory trial. In all analyses, individuals given placebo were pooled.

ECG parameters were analyzed based on a linear mixed-effects model; a least squares mean with 90% CIs was reported for these.

The safety analysis set was prespecified to be used for all safety analyses and consisted of all randomized participants who were administered double-blind trial treatment. The full analysis set was prespecified to be the primary one for all efficacy analyses and consisted of all randomized participants who were administered double-blind trial treatment and had an evaluable AF conversion status within 90 min from the start of the infusion.

The sample size was selected based on a similar previous trial³⁰; no formal sample size calculations were made. Please refer to the Statistical Analysis Plan in Supplementary Note 3 for further information.

Data analyses were done by the contract research organization Syneos Health and by the sponsor. All authors had access to the data. SAS v.9.4 or higher and R v.3.5.2 or higher were used for the analyses. Data were collected through the electronic data capture system Medidata Classic Rave (2019–2023).

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

Data originating from the trial are considered commercially sensitive; as such, they are not publicly available. To the extent that current legislation allows it, the authors will provide access to individual deidentified participant-level data that underlie the data presented in this article to researchers who provide a methodologically sound proposal for academic purposes to interpret, verify and extend research in the article that does not violate intellectual property or confidentiality obligations, beginning 12 months after article publication. Researchers should contact the corresponding author when applying for data access. Use of data will be restricted to the agreed purpose.

References

30. Roy, D. et al. A randomized, controlled trial of RSD1235, a novel anti-arrhythmic agent, in the treatment of recent onset atrial fibrillation. *J. Am. Coll. Cardiol.* **44**, 2355–2361 (2004).

Acknowledgements

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Author contributions

N.E., M.G., U.S.S., J.G.D. and B.H.B. designed the trial. B.V. and A.G.H. amended the trial design based on input from J.T., among others. P.D., S.H.H. and D.L.B. served on the data monitoring committee. A.G.H. and B.V. monitored the trial for the sponsor while in the conduct phase. A.G.H. performed the supplementary statistical analyses. A.G.H. wrote the first draft of the paper and all authors revised it. All authors vouch for the accuracy and completeness of the reported data.

Competing interests

A.G.H., B.V., U.S.S., J.G.D., M.G. and B.H.B. are employees of Acesion Pharma and hold shares or warrants in the company. N.E. is a consultant to Acesion Pharma. P.D. received consulting fees and honoraria from Acesion Pharma. D.L.B. has served on the Advisory Boards of Angiowave, Bayer, Boehringer Ingelheim, Cardax, CellProthera, Cereno Scientific, Elsevier Practice Update Cardiology, High Enroll, Janssen, Level Ex, McKinsey, Medscape Cardiology, Merck, MyoKardia, NirvaMed, Novo Nordisk, PhaseBio, PLx Pharma, Regado Biosciences and Stasys. He has served on the Board of Directors of Angiowave (stock options), Boston VA Research Institute, Bristol Myers Squibb (stock), DRS.LINQ (stock options), High Enroll (stock), the Society of Cardiovascular Patient Care and TobeSoft. He has been the Inaugural Chair of the American Heart Association Quality Oversight Committee. He has been a consultant for Broadview Ventures and Hims. He has served on the Data Monitoring Committees of Acesion Pharma, Assistance Publique-Hôpitaux de Paris, the Baim Institute for Clinical Research (formerly the Harvard Clinical Research Institute, for the PORTICO trial, funded by St. Jude Medical, now Abbott), Boston Scientific (Chair, PEITHO trial), the Cleveland Clinic (including for the EXCEED trial, funded by Edwards), Contego Medical (Chair, PERFORMANCE 2), the Duke Clinical Research Institute, the Mayo Clinic, the Mount Sinai School of Medicine (for the ENVISAGE trial, funded by Daiichi Sankyo, and for the ABILITY-DM trial, funded by Concept Medical), Novartis, Population Health Research Institute and Rutgers University (for the National Institutes of Health-funded MINT trial). He has received honoraria from the American College of Cardiology (Senior Associate Editor, Clinical Trials and News, ACC.org; Chair, ACC Accreditation Oversight Committee), Arnold and Porter law firm (work related to Sanofi and Bristol Myers Squibb clopidogrel litigation), Baim Institute for Clinical Research (formerly the Harvard Clinical Research Institute;

RE-DUAL PCI clinical trial steering committee funded by Boehringer Ingelheim; AEGIS-II executive committee funded by CSL Behring), Belvoir Publications (Editor in Chief, Harvard Heart Letter), Canadian Medical and Surgical Knowledge Translation Research Group (clinical trial steering committees), CSL Behring (AHA lecture), Cowen and Company, Duke Clinical Research Institute (clinical trial steering committees, including for the PRONOUNCE trial, funded by Ferring Pharmaceuticals), HMP Global (Editor in Chief, Journal of Invasive Cardiology), Journal of the American College of Cardiology (Guest Editor; Associate Editor), K2P (Co-chair, interdisciplinary curriculum), Level Ex, Medtelligence/ReachMD (CME steering committee), MJH Life Sciences, Oakstone CME (Course Director, Comprehensive Review of Interventional Cardiology), Piper Sandler, Population Health Research Institute (for the COMPASS operations committee, publications committee, steering committee and USA national co-leader, funded by Bayer), Slack Publications (Chief Medical Editor, Cardiology Today's Intervention), Society of Cardiovascular Patient Care (Secretary and Treasurer), WebMD (CME steering committee), Wiley (steering committee), Clinical Cardiology (Deputy Editor), NCDR-ACTION Registry Steering Committee (Chair) and VA CART Research and Publications Committee (Chair). He is named on a patent for sotagliflozin (assigned to the Brigham and Women's Hospital who assigned it to Lexicon; neither P.D. nor the Brigham and Women's Hospital receive any income from this patent). He has received research funding from Abbott, Acesion Pharma, Afimmune, Aker Biomarine, Alnylam, Amarin, Amgen, AstraZeneca, Bayer, Beren, Boehringer Ingelheim, Boston Scientific, Bristol Myers Squibb, Cardax, CellProthera, Cereno Scientific, Chiesi, CinCor, Cleerly, CSL Behring, Eisai, Ethicon, Faraday Pharmaceuticals, Ferring Pharmaceuticals, Forest Laboratories, Fractyl, Garmin, HLS Therapeutics, Idorsia,

Ironwood, Ischemix, Janssen, Javelin, Lexicon, Lilly, Medtronic, Merck, Moderna, MyoKardia, NirvaMed, Novartis, Novo Nordisk, Otsuka, Owkin, Pfizer, PhaseBio, PLx Pharma, Recardio, Regeneron, the Reid Hoffman Foundation, Roche, Sanofi, Stasys, Synaptic, The Medicines Company, Youngene and 89Bio. He has received royalties from Elsevier (Editor, Braunwald's Heart Disease). He has been a site co-investigator for Abbott, Biotronik, Boston Scientific, CSI, Endotronix, St. Jude Medical (now Abbott), Philips, SpectraWAVE, Svelte and Vascular Solutions. He is a trustee of the American College of Cardiology. He has carried out unfunded research for FlowCo. S.H.H. and J.T. declare no competing interests.

Additional information

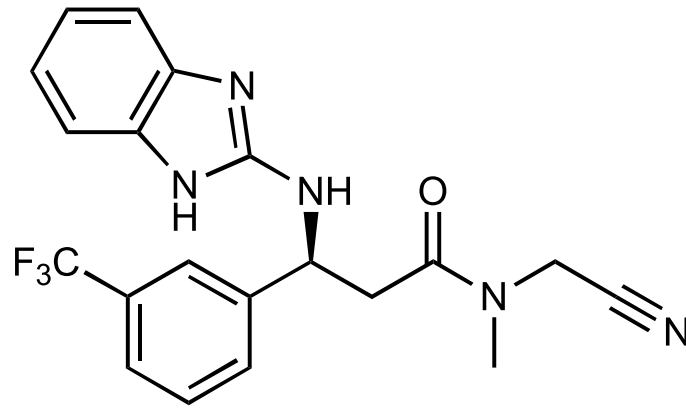
Extended data is available for this paper at <https://doi.org/10.1038/s41591-023-02679-9>.

Supplementary information The online version contains supplementary material available at <https://doi.org/10.1038/s41591-023-02679-9>.

Correspondence and requests for materials should be addressed to Anders G. Holst.

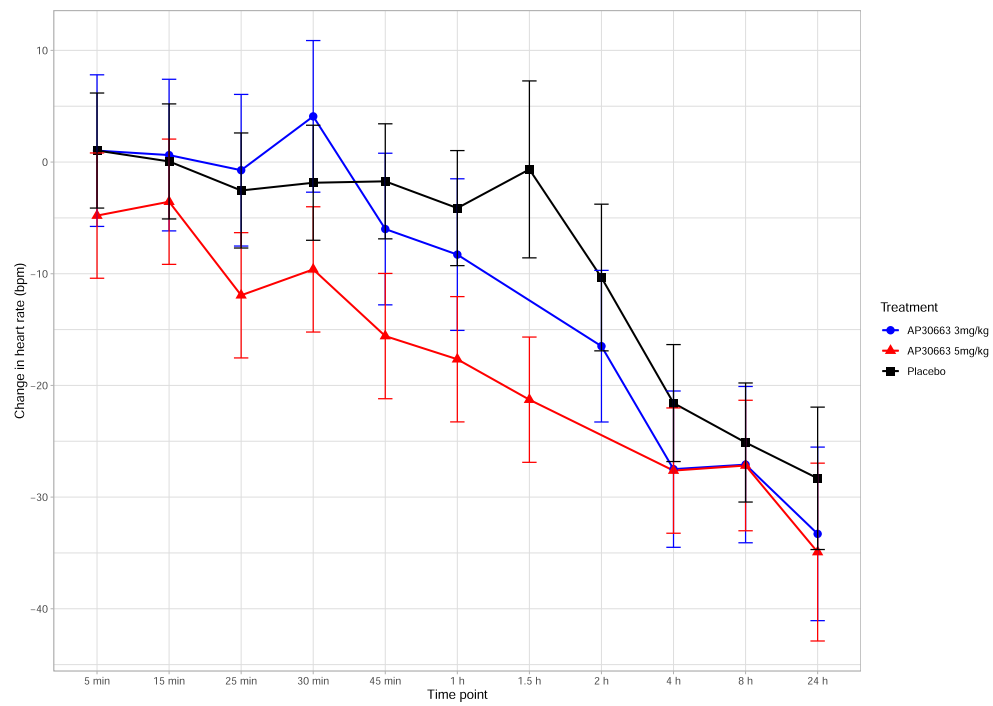
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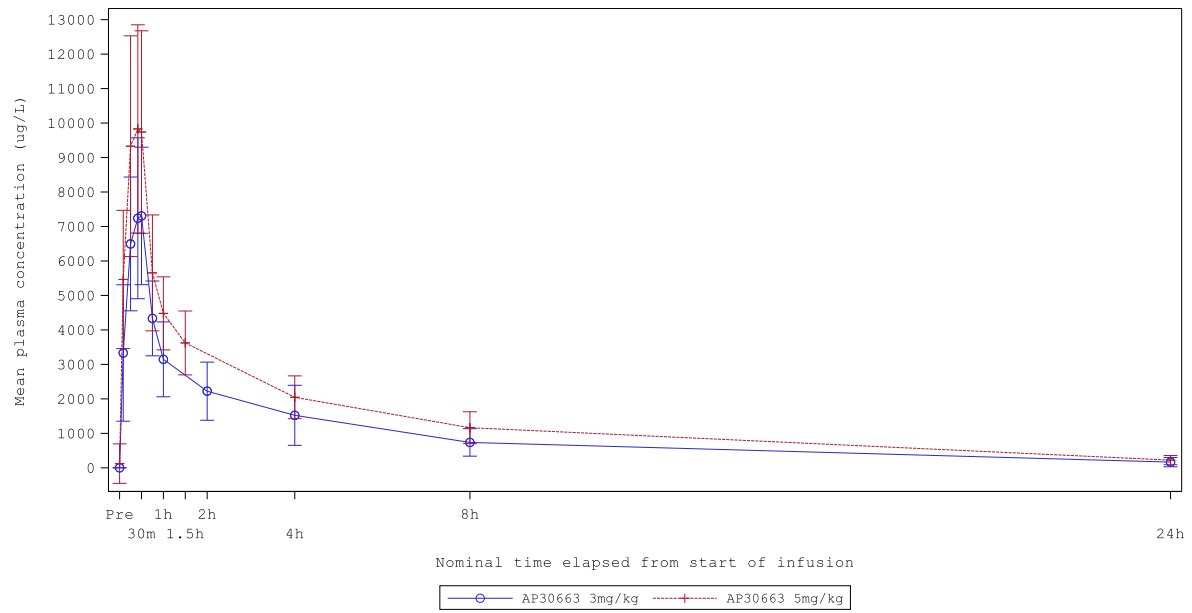


AP30663

Extended Data Fig. 1 | AP30663 chemical structure. AP30663 chemical name: (3*R*)-3-[(1*H*-1,3-benzodiazol-2-yl)amino]-*N*-(cyanomethyl)-*N*-methyl-3-[3-(trifluoromethyl)phenyl]propenamide.



Extended Data Fig. 2 | Changes in heart rate in the safety analysis set. The plots show least squares mean and 90% CI based on a linear mixed-effects model. AP30663 3 mg/kg n = 15 patients, AP30663 5 mg/kg n = 22 patients, Placebo n = 26 patients.



Extended Data Fig. 3 | AP30663 mean plasma concentration in the pharmacokinetic analysis set. H: hours. Error bars show the standard deviation. AP30663 3 mg/kg n = 15 patients, AP30663 5 mg/kg n = 22 patients.

Extended Data Table 1 | Changes in blood pressure in the safety analysis set

Assessment and time point	Statistic	Placebo (N = 26)	AP30663 3mg/kg (N = 15)	AP30663 5mg/kg (N = 22)
Diastolic Blood Pressure (mmHg)				
Day 1 (During infusion)	Mean	-0.5	-2.7	2.2
	SD	7.11	7.60	8.32
	Min	-18	-16	-12
	Max	10	11	20
Day 1 (Post-infusion)	Mean	-1.5	0.3	-0.6
	SD	7.71	7.80	10.97
	Min	-18	-14	-20
	Max	12	11	21
Day 2	Mean	-5.5	-3.2	-3.0
	SD	8.33	11.24	12.73
	Min	-23	-26	-22
	Max	8	21	25
Systolic Blood Pressure (mmHg)				
Day 1 (During infusion)	Mean	1.7	3.4	1.2
	SD	11.72	10.30	10.01
	Min	-24	-11	-15
	Max	31	32	20
Day 1 (Post-infusion)	Mean	-1.2	4.5	-1.2
	SD	11.81	20.26	8.19
	Min	-45	-47	-16
	Max	19	35	16
Day 2	Mean	-1.8	4.0	2.5
	SD	15.98	18.47	12.93
	Min	-43	-22	-17
	Max	34	43	41

Extended Data Table 2 | Changes in ECG QTcF interval in the safety analysis set

Time point	Statistics	Placebo (N = 26)	AP30663 3mg/kg (N = 15)	AP30663 5mg/kg (N = 22)
5 min	n	26	15	22
	LS Mean	0.5	5.1	3.1
	SE	3.21	4.26	3.49
	90% CI	(-4.79; 5.84)	(-1.94; 12.13)	(-2.70; 8.83)
15 min	n	26	15	22
	LS Mean	1.9	11.7	21.2
	SE	3.21	4.26	3.49
	90% CI	(-3.45; 7.17)	(4.66; 18.73)	(15.43; 26.96)
30 min	n	26	15	22
	LS Mean	-0.6	25.4	36.3
	SE	3.21	4.26	3.49
	90% CI	(-5.89; 4.74)	(18.41; 32.48)	(30.55; 42.08)
45 min	n	26	15	21
	LS Mean	1.0	19.4	37.7
	SE	3.21	4.26	3.53
	90% CI	(-4.34; 6.28)	(12.34; 26.42)	(31.90; 43.59)
1 h	n	26	15	21
	LS Mean	-1.3	23.3	31.1
	SE	3.21	4.26	3.54
	90% CI	(-6.61; 4.02)	(16.30; 30.37)	(25.27; 36.96)
4 h	n	25	14	22
	LS Mean	12.5	17.5	22.9
	SE	3.25	4.34	3.49
	90% CI	(7.14; 17.88)	(10.30; 24.64)	(17.13; 28.66)
8 h	n	24	14	20
	LS Mean	11.5	13.6	17.2
	SE	3.29	4.34	3.59
	90% CI	(6.11; 16.98)	(6.43; 20.77)	(11.32; 23.17)
24 h*	n	16	11	10
	LS Mean	10.3	14.9	13.1
	SE	3.74	4.67	4.53
	90% CI	(4.15; 16.51)	(7.18; 22.60)	(5.68; 20.62)

*In protocol version 4.0, Holter monitoring was shortened from 24 to 8 hours post-infusion. Based on a linear mixed-effects model

Extended Data Table 3 | Ventricular tachyarrhythmia on Holter in the safety analysis set

Treatment Group	Finding on Holter Monitoring
Placebo	Nonsustained ventricular tachycardia, 2 episodes, longest of 3 beats
AP30663 3mg/kg	Nonsustained ventricular tachycardia, 3 episodes, longest of 4 beats
AP30663 3mg/kg	Nonsustained ventricular tachycardia, 1 episode 4 beats
AP30663 3mg/kg	Nonsustained ventricular tachycardia, 4 episodes, longest of 3 beats
AP30663 5mg/kg	Nonsustained ventricular tachycardia, 1 episode 4 beats
AP30663 5mg/kg	Nonsustained ventricular tachycardia, 1 episode 3 beats
AP30663 5mg/kg	Nonsustained ventricular tachycardia, 1 episode 3 beats
AP30663 5mg/kg	Nonsustained ventricular tachycardia, 8 episodes, longest of 4 beats

Extended Data Table 4 | Changes in biochemistry parameters in the safety analysis set

		Placebo (N=26)	AP30663 3mg/kg (N=15)	AP30663 5mg/kg (N=22)
Alanine Aminotransferase (U/L) Day 2	n	25	11	19
	Mean	-1.8	3.6	-0.3
	SD	10.61	13.46	8.01
Last Assessment	n	25	13	19
	Mean	-4.1	-1.9	-9.9
	SD	14.38	15.29	16.03
Aspartate Aminotransferase (U/L) Day 2	n	24	11	18
	Mean	-3.1	3.9	-4.1
	SD	11.11	11.12	7.68
Last Assessment	n	25	13	19
	Mean	-7.0	0.3	-7.4
	SD	18.35	10.75	17.55
Bilirubin (umol/L) Day 2	n	25	12	19
	Mean	0.420	0.442	2.942
	SD	6.3580	6.4902	8.0325
Last Assessment	n	24	13	19
	Mean	-3.808	-3.849	0.516
	SD	8.8312	8.5129	4.2389
Creatinine (umol/L) Day 2	n	25	12	21
	Mean	-3.8	-4.6	-2.1
	SD	14.65	7.55	10.23
Last Assessment	n	25	13	20
	Mean	-7.0	-4.8	-5.2
	SD	16.31	16.53	13.20
Gamma-Glutamyltransferase (U/L) Day 2	n	24	10	20
	Mean	-8.6	-7.9	-15.2
	SD	16.07	31.26	41.21
Last Assessment	n	24	12	20
	Mean	-16.5	-6.3	-44.9
	SD	35.49	25.99	129.56
Glucose (mmol/L) Day 2	n	25	12	19
	Mean	-0.142	0.867	0.402
	SD	1.6699	2.9255	1.9149
Last Assessment	n	25	12	19
	Mean	0.088	0.567	-0.177
	SD	1.1771	4.1528	0.6888
Glomerular Filtration Rate, Estimated (mL/min/1.73m ²) Day 2	n	25	12	21
	Mean	3.5568	3.1158	2.6667
	SD	10.84190	6.41852	7.93934
Last Assessment	n	25	13	20
	Mean	5.4720	3.6554	4.5000
	SD	11.29816	10.99321	11.40406
International Normalised Ratio (RATIO) Last Assessment	n	24	10	18
	Mean	0.177	0.035	0.276
	SD	0.3683	0.2718	0.6024
	Median	0.035	0.075	0.050
	Min	-0.33	-0.42	-0.19
Activated Partial Thromboplastin Time (sec) Last Assessment	n	19	9	7
	Mean	8.44	4.98	10.47
	SD	19.818	17.454	22.272
	Median	6.00	2.00	1.00
	Max	46.0	29.2	57.7

Last Assessment is Day 30 or early discontinuation visit.

Reporting Summary

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Reporting on sex and gender	Subjects self-reported sex. No analyses by sex have been reported due to the limited sample size making such subgroup analyses difficult, if not impossible to interpret.
Reporting on race, ethnicity, or other socially relevant groupings	No data on race was collected in the trial and all subjects self-reported to be "Not Hispanic or Latino". No analyses by ethnicity was performed in the trial.
Population characteristics	Reported in Table 1
Recruitment	Subjects were recruited through hospitals in Hungary and Denmark. Subjects were required to have an recent onset episode of atrial fibrillation and were identified mostly in emergency rooms or through collaboration with general practitioners when they presented with an acute episode of atrial fibrillation. Subjects were approached by a health care professional and asked if they would be interested in participating in the trial.
Ethics oversight	The trial protocol was approved by the following ethics committees: Den Videnskabetiske Komité, Region Sjælland, Alléen 15, 4180 Sorø, Denmark; Egészségügyi Tudományos Tanács Klinikai Farmakológiai Etikai Bizottsága, Széchenyi István tér 7-8, Budapest, Hungary.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

Life sciences Behavioural & social sciences Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see nature.com/documents/nr-reporting-summary-flat.pdf

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	The sample size was selected based on a similar previous trial (doi:10.1016/J.JACC.2004.09.021), and no formal sample size calculations were made.
Data exclusions	Subjects were excluded from the primary analysis if they did not fulfill the following pre-specified definition of the full analysis set: randomised participants who were administered double-blind study treatment and have an evaluable AF conversion status within 90 min from the start of infusion. The exclusion was done to ensure that only participants that could contribute data to the primary analysis were included in this. No data points were excluded in the analysis.
Replication	As this was a stand-alone clinical trial no replication was performed.
Randomization	Randomization was performed with the use of a computer-generated random-sequence and interactive voice- and web-response system
Blinding	The trial was double-blind, meaning that both subjects and investigators were blinded to treatment allocation.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

Methods

- n/a | Involved in the study
- Antibodies
- Eukaryotic cell lines
- Palaeontology and archaeology
- Animals and other organisms
- Clinical data
- Dual use research of concern
- Plants

- n/a | Involved in the study
- ChIP-seq
- Flow cytometry
- MRI-based neuroimaging

Clinical data

Policy information about [clinical studies](#)

All manuscripts should comply with the ICMJE [guidelines for publication of clinical research](#) and a completed [CONSORT checklist](#) must be included with all submissions.

Clinical trial registration	The trial was pre-registered in EudraCT: number 2018-004445-17. Later, it was also registered in ClinicalTrials.gov: number NCT04571385
Study protocol	Available in the Supplementary Appendix
Data collection	The trial was conducted at 10 hospital sites in Hungary and Denmark and patients were randomized between September 24, 2019, and December 9, 2022. Data was entered by site personal into an electronic data capture system (Medidata Rave Classic) and verified by sponsor monitors based on source documents.
Outcomes	The primary and secondary endpoints were prespecified in the trial protocol and in the Eudra CT and Clinicaltrials.gov public trial registries. The primary endpoint of cardioversion within 90 minutes was assessed by the investigator and verified centrally based on Holter monitoring read by a core laboratory. The secondary efficacy outcomes were assessed by the investigator and, if Holter monitoring was available at the assessment time (Holter monitoring was done for at least 8 and up to 24 hours after infusion start), this was used to verify the assessment.