

Role of Real-Time Molecular Typing in the Surveillance of *Campylobacter* Enteritis and Comparison of Pulsed-Field Gel Electrophoresis Profiles from Chicken and Human Isolates

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The goal of the present study was to assess the contribution of real-time molecular typing, used alone or with clinical surveillance, to the prompt identification of clusters of *Campylobacter* enteritis. Potential poultry sources were sought by comparing the pulsed-field gel electrophoresis genotypes of human and fresh whole retail chicken isolates collected during the same study period. Among 183 human isolates, 82 (45%) had unique genotypes, 72 (39%) represented 26 clusters of 2 to 7 isolates each, and 29 (16%) represented three clusters of 8 to 11 isolates each. Molecular typing was useful for the confirmation of outbreaks suspected on the basis of epidemiological surveillance, but for most small clusters, no epidemiological link could be established. Thus, the added value of real-time molecular typing is questionable, since the numerous small clusters identified were of unclear public health significance. Among 177 chickens, 41 (23%) yielded campylobacter isolates; of these, 19 (46%) had genotypes similar to those of 41 (22%) human isolates. However, a temporal association was demonstrated in only a minority of cases, and most genotypes were present only in a single species, suggesting that sources other than chickens are important in human campylobacteriosis. Further investigation with samples from water and other possible environmental sources is needed to define the most efficient strategy for the application of molecular typing and identification of the source(s) of sporadic cases of campylobacteriosis.

Campylobacter enteritis is the third most frequent notifiable infectious disease in Québec Province and the fourth most frequent notifiable infectious disease in Canada. In Québec, nearly 3,000 cases of diarrheal illness are attributed annually to *Campylobacter* enteritis, more than the combined total caused by *Salmonella* and *Shigella* species, *Escherichia coli* O157:H7, and *Yersinia enterocolitica*. The epidemiology of campylobacteriosis is poorly understood. Campylobacters are endemic among domestic as well as wild animals and are ubiquitous in the environment (1). Raw milk, untreated water, and poultry have all been well documented as sources of *Campylobacter* outbreaks (5). Nevertheless, most clinical cases appear as isolated, sporadic infections for which the source is rarely identified.

Molecular strain typing methods have helped clarify the epidemiology of other bacterial infections. Pulsed-field gel electrophoresis (PFGE) is a highly reproducible and discriminatory technique for the molecular typing of *C. jejuni* (4). The combination of new protocols which provide results in 24 h (10, 14) and computerized systems for the analysis of numerous PFGE patterns across multiple gels (12) allow real-time molecular surveillance of *Campylobacter* enteritis. Canadian and American reference laboratories participating in the Centers for Disease Control and Prevention's PulseNet program al-

ready perform such surveillance for enteritis due to other bacterial pathogens (i.e., *E. coli* O157:H7, *Salmonella* spp., and *Shigella* spp.) (15), but its application to *Campylobacter* remains controversial, considering the large number of isolates that must be analyzed compared to the small number of outbreaks reported (7).

A recent preliminary molecular typing study of *Campylobacter* (12) combined with data regarding the dates and locations of isolation of the isolates suggested that 49% of the isolates from the Eastern Townships, Québec, and 39% of the isolates from Montreal belonged to clusters of potentially related isolates and that *Campylobacter jejuni* outbreaks may be more common than was previously suspected on the basis of traditional epidemiological data alone. That study (12) also indicated that clinical descriptive data were insensitive and unreliable for identification of the sources of sporadic cases of campylobacteriosis. Therefore, we hypothesized that continuous surveillance performed by combining clinical and molecular epidemiology analyses would identify related cases more rapidly and more accurately and could determine the sources of *Campylobacter* enteritis in the community.

This paper describes the application of PFGE to the real-time genotyping of isolates gathered over a 15-month period during a prospective case-control study of *Campylobacter* enteritis in the townships of the Eastern Townships, Québec, Canada. The genotypes of *Campylobacter* isolates from fresh whole retail chickens purchased in the Eastern Townships during the same study period were included for comparison.

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MATERIALS AND METHODS

Isolates were collected through a case-control study and a survey of the prevalence of *Campylobacter* in fresh whole retail chickens, as described previously (11). In brief, all cases of *Campylobacter* enteritis reported by hospital microbiology laboratories to the regional public health department between 1 July 2000 and 30 September 2001 were eligible for inclusion in the case-control study. Cases were excluded if the infection was acquired outside Québec (i.e., travel outside the province during the entire 10-day period before the onset of symptoms) or if the interval between the onset of symptoms and reporting was longer than 6 weeks. Public health nurses administered a standardized epidemiological questionnaire by telephone to each case patient within 2 weeks of reporting of the case to capture demographic and clinical data, travel history, food consumption, water consumption, recreational water activity, animal contacts, and other illnesses during the 10 days before the onset of symptoms. For subjects reported on multiple occasions during the study period, only the first episode of infection was considered. The median interval from the onset of symptoms to the interview of the case patients was 13 days (range, 5 to 56 days; 90th percentile, 23 days). Microbiological laboratories were asked to send us all *Campylobacter* isolates identified between 1 July 2000 and 30 September 2001.

From November 2000 to November 2001, four fresh eviscerated whole chickens were bought weekly in different counties (one chicken per store); for each county, the number of chickens sampled monthly was proportional to the population. Retail chickens sold in the Eastern Townships are produced by multiple companies based elsewhere in Québec Province. *Campylobacter*s were isolated from the whole retail chickens as described previously (11).

Molecular epidemiology study. The molecular epidemiology study was performed in two phases to compare the identities of the isolates involved in putative outbreaks on the basis of clinical surveillance without and with molecular typing. Initially (phase I; 1 July 2000 to 30 April 2001), isolates were typed retrospectively and clinical and molecular epidemiological data were analyzed separately. During the second phase of the study (phase II; 1 May to 30 September 2001), all isolates were typed prospectively each week and clinical and molecular data were analyzed jointly, in collaboration with public health nurses.

PFGE. *C. jejuni* isolates were grown on 5% sheep blood agar for 48 h at 37°C in a microaerobic atmosphere. Bacterial colonies were harvested and resuspended in 1,000 µl of cold suspension buffer (100 mM Tris, 100 mM EDTA [pH 8.0]). The optical densities of the bacterial suspensions were then adjusted to 1.9 to 2.0 µm at 405 nm, and 340-µl aliquots were gently mixed with 12.5 µl of proteinase K (20 mg/ml) and 170 µl of Seakem Gold agarose 1.5% (FMC BioProducts, Rockland, Maine) prepared in TE (10 mM Tris, 1 mM EDTA [pH 8.0]). The resulting mixture was poured into plug molds and allowed to solidify at 4°C for 20 min. The plugs were then incubated with 5 ml of cell lysis buffer (50 mM Tris, 50 mM EDTA [pH 8.0], 1% *N*-lauroyl sarcosine) supplemented with 25 µl of proteinase K (20 mg/ml) in a 50°C water bath with constant agitation (150 rpm) for 1 h, transferred to 40-ml polypropylene flat-bottom tubes, and washed six times for 10 min for each wash in a 50°C water bath with constant agitation (150 rpm): twice with 15 ml of preheated (50°C) water and four times with 10 ml of preheated (50°C) TE (10 mM Tris, 0.1 mM EDTA [pH 8.0]). Individual plugs were then washed twice for 10 min each time at room temperature with agitation in 300 µl of 1× NE 1 buffer (New England Biolabs, Inc., Beverly, Mass.) and transferred to 300 µl of fresh buffer-bovine serum albumin (0.1 mg/ml), and the DNA was digested with 20 U of KpnI for 2 h in a 37°C water bath. The digests were electrophoresed at 200 V in a 1% SeaKem Gold agarose gel (FMC BioProducts) in 0.5× TBE (Tris-borate-EDTA) buffer at 14°C (CHEF Mapper; Bio-Rad Laboratories). The pulsing was set to ramp from 4 to 13.6 s over 14 h. The gels were stained for 20 min in 1 liter of sterile water containing ethidium bromide (1 mg/ml), destained by two washes of 30 min each in 1 liter of sterile water, and photographed under UV light by using a digital camera.

Each gel comprised 15 lanes and included SmaI digests of *Staphylococcus aureus* NCTC 8325 in lanes 2, 8, and 14 as a reference standard and a KpnI digest of *C. jejuni* strain 153B-80 in lane 13 as a reproducibility control. Lanes 1 and 15 were left blank; the remaining lanes were used for the study isolates.

BioNumerics software analysis. The PFGE fingerprinting patterns were analyzed with BioNumerics software (version 2.0 for Windows; Applied Maths, Kortrijk, Belgium). Restriction fragments were identified visually, and the PFGE patterns were normalized by interpolation to the nearest reference lane. The molecular sizes of the fragments detected for the study isolates were calculated on the basis of the sizes of the fragments of *S. aureus* NCTC 8325. Only fragments in the size range from 80 to 674 kb were analyzed; smaller fragments were not consistently resolved. Optimization of 1.0% and a position tolerance of 1.25% were applied. Dice similarity coefficients (SCs) were calculated on the basis of pairwise comparisons of the PFGE profiles of the study isolates. The

matrix of coefficients was used to generate dendrograms based on the un-weighted pair group method with arithmetic averages.

Criteria used to define clusters. Three different sets of criteria were used to define clusters of related study isolates. (i) Isolates were considered to have closely related genotypes on the basis of the molecular typing results if their PFGE profiles were related at a level equal to or greater than 0.90, as determined by the BioNumerics software analysis. (ii) Genotypically related isolates were considered clustered in space if they were cultured from patients whose infection was acquired in Québec Province; infections acquired in a foreign country were excluded. (iii) Isolates that were genotypically and geographically related were also considered clustered in time if there was less than 2 months between the times of infection with sequential isolates. Hypotheses regarding putative sources of infections were generated by analyzing the epidemiological questionnaires for related cases.

RESULTS

Clinical epidemiology data. Between July 2000 and October 2001, 201 cases of campylobacteriosis were reported, of which 43 were excluded: 18 case patients acquired the infection outside Québec, 18 resided outside the Eastern Townships, 6 could not be interviewed within 6 weeks after the onset of symptoms, and 1 declined to participate. During the study period, the mean crude incidence of campylobacteriosis was 63.1 per 100,000 population in the Eastern Townships. The median age of the case patients was 31 years (range, 11 days to 91 years), with 30 children and 128 adults. The incidence of campylobacteriosis varied considerably by age, with the highest rates occurring among children 0 to 4 years of age (169.2 per 100,000 population) and young adults 15 to 34 years of age (mean, 79.4 per 100,000 population). Additional demographic and epidemiological data are detailed elsewhere (11).

In the questionnaire, the case patients were specifically asked, as an open-ended question, what they considered to be the probable source of their infection. The responses were chicken (10%), contaminated water (9%), an animal contact (9%), raw milk (7%), beef (4%), other food (6%), traveling abroad (3%), an infectious contact (2%), and other sources

TABLE 1. Number and size of clusters of *Campylobacter* isolates identified by PFGE by using different criteria

No. of isolates per cluster	No. of clusters:		
	By use of molecular typing criteria ^a	By use of molecular typing and time criteria ^b	Suspected by public health officials
2	15	21	2
3	7	3	2
4	2	3	0
5	0	1	0
6	1	1	0
7	1	0	0
8	1	1	0
9	0	0	0
10	1	0	0
11	1	0	0
Total no. of clusters	29	30	4
Total no. of cases	101	82	10

^a One cluster of two isolates was excluded because it included different species of *Campylobacter*.

^b The combination of molecular typing, time, and space criteria yielded the same results.

(5%). However, 45% of the case patients could not identify any putative source of infection.

Molecular typing of *Campylobacter* isolates from patients with enteritis. A total of 184 of the 201 *Campylobacter* isolates of human origin were sent to our laboratory and typed by PFGE; 172 (93.4%) of the isolates represented *C. jejuni*; the remainder included *C. coli* ($n = 7$), *C. lari* ($n = 2$), *C. fetus* ($n = 1$), and *C. upsaliensis* ($n = 2$). Overall, 144 isolates belonged to patients included in the case-control study (102 isolates during phase I of the study and 42 isolates during phase II) and 40 isolates belonged to excluded cases (29 isolates during phase I and 11 isolates during phase II).

Among the 43 gels analyzed, there was a 100% SC between the 43 reproducibility control isolates and a 91% SC between the 124 *S. aureus* NCTC 8325 isolates (dendrogram not shown). Only one *Campylobacter* isolate was untypeable by PFGE. We identified 101 different PFGE patterns among the 183 isolates analyzed, with an overall SC of 11.7%.

Molecular typing of *Campylobacter* isolates from fresh whole retail chickens. A total of 177 chickens from 58 different food stores were cultured (median number per month, 16; range, 8 to 20) (11). *Campylobacter* spp. were cultured from 41 of the chickens (23%; *C. jejuni*, $n = 37$; *C. coli*, $n = 4$). There was no correlation between the monthly prevalence of campylobacters in chickens and the incidence of disease in humans. The prevalence of campylobacters in chickens peaked 1 month after the peak incidence of disease in humans and was not followed by an increased number of infections in humans.

Molecular typing identified 34 different PFGE patterns among the 41 chicken isolates analyzed, with an SC of 20.4%. Overall, 19 (46%) chicken isolates had a PFGE pattern similar to one or more of the PFGE patterns of 41 (22%) human isolates (Fig. 1). However, only six of these chicken isolates were isolated within 2 months before or during the same week as the five human isolates. Some form of chicken exposure was documented in each of these five patients, but chicken was the suspected source of infection in only two of them.

Analysis of clusters defined by molecular typing and time criteria. On the basis of molecular typing only, we identified 29 clusters of 2 to 11 isolates each representing 101 (55%) cases (Table 1). One cluster of two isolates was excluded because it included one isolate of *C. upsaliensis* and one isolate of *C. jejuni*. No clustered isolate was excluded for geographical reasons (i.e., an infection acquired outside Québec Province).

When molecular typing was combined with the time criteria, the number of clustered isolates was reduced to 82 (45%) isolates distributed among 30 clusters of 2 to 8 isolates each. Twenty-three clusters were identified during phase I of the study (1 July 2000 to 30 April 2001), and seven clusters were identified during phase II (1 May to 30 September 2001) (Table 2). Overall, 57% of the cases and 60% of the clusters occurred in July, August, and September. All age groups were represented among the case patients whose isolates belonged to clusters, with the highest proportion detected among young adults 15 to 34 years of age (44%) and children 0 to 4 years of age (13%).

Only two clusters had been suspected by public health nurses to be related to a common source of infection, and both clusters were confirmed by molecular typing to be a result of infection from common sources. One cluster involved three

members from the same family who acquired infection after consuming raw milk, and the second cluster represented three patients infected after consuming contaminated water from a deep well. Two additional clusters of two isolates each included patients who lived outside the Eastern Townships and were not investigated by public health nurses. During phase I, the identification of cluster 10 suggested the consumption of raw milk as a common source of infection in two patients, an association not initially suspected by public health nurses.

For essentially all the remaining clusters that were defined by molecular typing and that met the time criteria, an epidemiological factor linking the cases could not be verified. The identification of common sources was difficult because most clusters included only two to three cases each and because no information for cases living outside the Eastern Townships was available.

Even during phase II, when molecular typing was performed in real time and related isolates were identified promptly, the clustered cases could not be linked to common sources by using the epidemiological data routinely collected. Additional investigations would have been necessary to confirm more speculative possibilities. Chicken consumption was often hypothesized as the source of infection, but this risk factor was poorly discriminatory since it was present in 89% of the cases and 93% of the controls in the case-control study.

Of note, some sets of isolates that were highly related by PFGE patterns (Table 1) were assigned to several different clusters on the basis of the time criteria (Table 2). For example, clusters 10, 20, and 24 occurred over 10 months and represented a single strain, as defined by PFGE. Similarly, clusters 13 and 25, which occurred approximately 1 year apart, represented a single strain (Fig. 1), which was also isolated from a chicken (strain 001B-35) during the period that the second cluster was identified. These observations suggest that there may be particular genotypes that could have a higher potential to cause outbreaks, either because of greater dissemination among sources such as water or domestic animals or because of increased virulence. Thus, the cases in cluster 13 may represent illnesses due to a single strain acquired from different sources (e.g., raw milk and chicken).

DISCUSSION

In this study, as previously (5), a classic epidemiological investigation indicated that most *Campylobacter* infections represented sporadic cases, with relatively few being part of well-defined outbreaks. Molecular strain typing effectively confirmed the outbreaks suspected by public health personnel, but it also identified many small clusters (two to seven cases) for which an epidemiological link could not be established. The analysis of clinical descriptive data was insensitive and unreliable for identification of the sources of sporadic cases of campylobacteriosis, partly due to the time delay between the onset of symptoms and the epidemiological investigation. Real-time molecular typing added little, if any, value, possibly due to the small size of the clusters identified or limitations of the questionnaire.

Hedberg et al. (7) evaluated the usefulness of molecular typing of all *Campylobacter* isolates submitted to the Minnesota Department of Health in 1994. A total of 673 isolates were

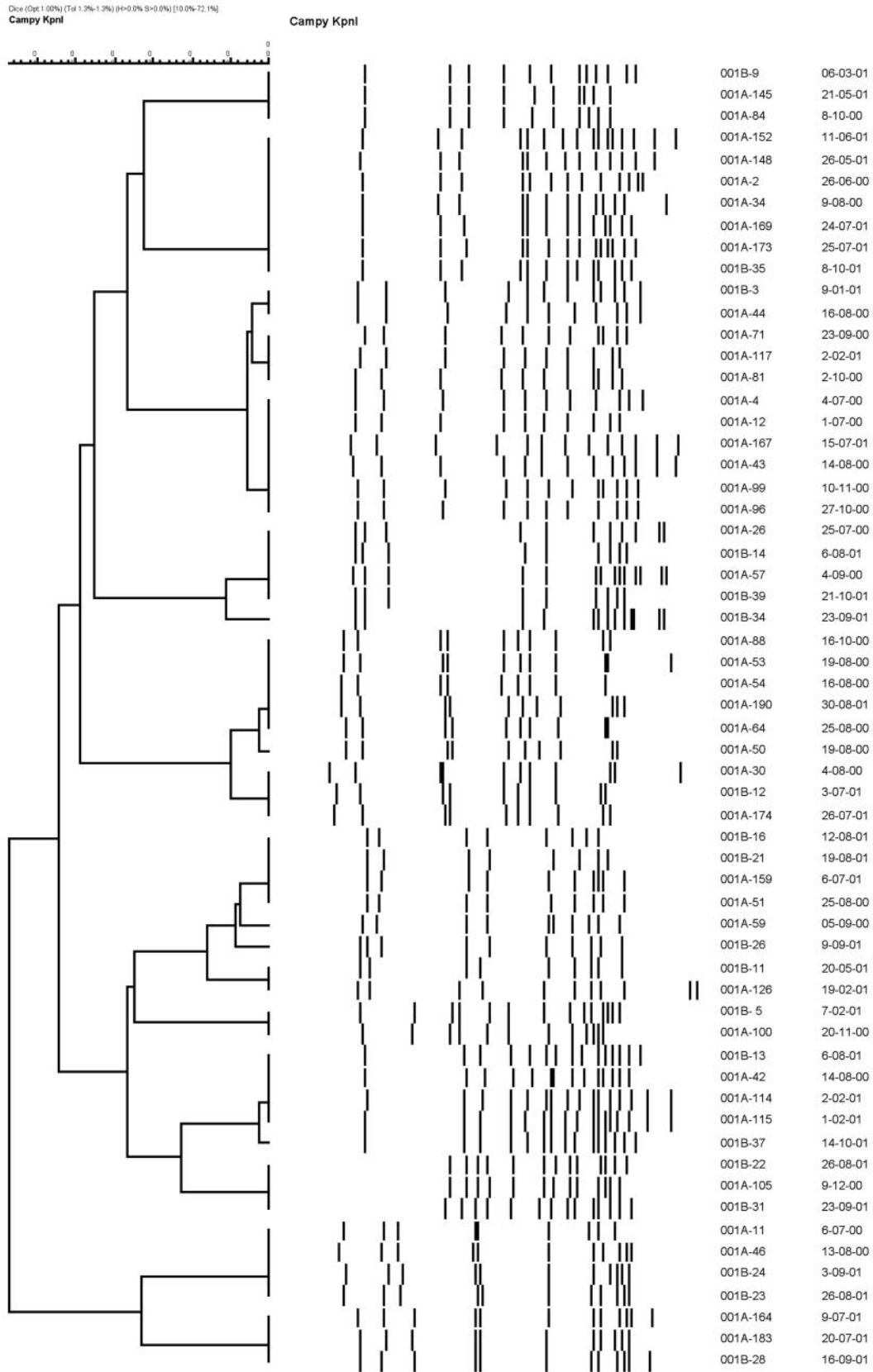


FIG. 1. Dendrograms representing relatedness among PFGE profiles of KpnI digests of 41 human (001A prefix) and 19 chicken (001B prefix) isolates of *C. jejuni*.

TABLE 2. Description of clusters identified by use of molecular typing (PFGE) and time criteria

Study phase and cluster no.	Isolate no.	Patient age (yr)	Date (day/mo/yr)	City of residence	Source suspected by patient	Source suspected by public health officials	
Phase I	1	001A-1	24	2/07/00	Sherbrooke	Unknown	Unknown
		001A-6	21	4/07/00	East Angus	Chicken	Chicken, cross-contamination
		001A-7	19	6/07/00	Fleurimont	Untreated ground water	Untreated groundwater, chicken
		001A-25	41	28/07/00	Montreal	Excluded	
	2 ^a	001A-10	36	10/07/00	Fleurimont	Unknown	Deep-well water contamination ^b
		001A-13	12	17/07/00	Fleurimont	Chicken or water	Deep-well water contamination ^b
		001A-23	19	26/07/00	Sherbrooke	Contaminated water	Deep-well water contamination ^b
	3 ^c	001A-19	26	24/07/00	Ste-Anne de Bellevue	Excluded	
		001A-20	25	24/07/00	Ste-Anne de Bellevue	Excluded	
	4	001A-12	28	1/07/00	Blainville	Excluded	
		001A-4	34	4/07/00	Rock Forest	Water, travel	Chicken, cross-contamination
		001A-43	82	14/08/00	Sherbrooke	Water or Chinese buffet	Untreated water at a camping site
		001A-44	27	16/08/00	Sherbrooke	Water contamination at work	Water contamination at work, chicken
		001A-71	25	23/09/00	Sherbrooke	Unknown	Cross-contamination
		001A-81	31	2/10/00	Bonsecours	Infectious contact	Infectious contact, cross-contamination
		001A-96	18	27/10/00	Sherbrooke	Chicken	Raw milk cheese, poorly cooked chicken
	001A-99	54	10/11/00	Windsor	Chicken	Poorly cooked chicken	
5	001A-3	26	26/06/00	Bromptonville	Club sandwich	Club sandwich	
	001A-45	61	13/08/00	Magog	Unknown	Chicken in a restaurant	
6	001A-11	72	6/07/00	Windsor	Unknown	Farm animals, deep well	
	001A-46	48	13/08/00	Magog	Pâté de campagne	Chicken in a restaurant	
7	001A-21	78	24/07/00	Ville St-Laurent	Excluded		
	001A-60	45	5/09/00	Lennoxville	Brook water	Brook water	
8	001A-26	15	25/07/00	Audet	Unknown	Farm, deep well, raw milk	
	001A-57	35	4/09/00	Sherbrooke	Unknown	Farm, deep well	
9	001A-37	14	5/08/00	Lennoxville	Unknown	Horses, deep well, chicken	
	001A-32	21	11/08/00	Sherbrooke	Iguana	Cats, bird, iguana	
10	001A-38	33	7/08/00	St-François Xavier	Unknown	Raw milk	
	001A-65	16	25/08/00	Danville	Raw milk	Raw milk	
11	001A-30	34	4/08/00	Sherbrooke	Unknown	Chicken	
	001A-54	75	16/08/00	Windsor	Soup	Raw ground beef	
	001A-50	25	19/08/00	Asbestos	Unknown	Chicken and mussels in a restaurant	
	001A-53	55	19/08/00	Asbestos	Lasagna	Pork in a restaurant	
	001A-64	27	25/08/00	Trois-Lacs	Unknown	Deep well, untreated water	
	001A-88	2	16/10/00	Stoke	Excluded		
12	001A-35	16	9/08/00	Sherbrooke	Unknown	Brook water, chicken in a restaurant	
	001A-85	32	11/10/00	Sherbrooke	Water	Poorly cooked chicken/raw milk	
13	001A-2	33	26/06/00	St-Camille	Unknown	Cook, deep well, chicken	
	001A-34	15	9/08/00	Richmond	Raw milk	Raw milk, chicken	
14	001A-29	1	2/08/00	Stoke	Unknown	Infectious contact, farm animals	
	001A-52	30	25/08/00	Ascot	Unknown	Work in kindergarden, cross-contamination	
15	001A-51	16	25/08/00	Rock Forest	Unknown	Abattoir, farm, chicken in a restaurant	
	001A-59	42	5/09/00	Rock Forest	Unknown	Poorly cooked chicken, chicken in a restaurant	
16	001A-73	54	22/09/00	Valcourt	Excluded (relapse)		
	001A-93	17	18/10/00	Fleurimont	Poorly cooked chicken	Poorly cooked chicken	

Continued on following page

TABLE 2—Continued

Study phase and cluster no.	Isolate no.	Patient age (yr)	Date (day/mo/yr)	City of residence	Source suspected by patient	Source suspected by public health officials
17	001A-76	75	1/10/00	Cookshire	Unknown	Chicken in a restaurant
	001A-83	68	10/10/00	Cookshire	Unknown	Untreated water
18	001A-77	22	1/10/00	Richmond	Unknown	Raw milk
	001A-79	1	2/10/00	Sherbrooke	Contact with farm animals	Contact with farm animals
19	001A-101	19	25/11/00	Sherbrooke	Hamburger	Infectious contact, chicken in a restaurant
	001A-112	4	20/01/01	Sherbrooke	Unknown	Chicken in a restaurant
20	001A-102	4	1/12/00	Sherbrooke	Unknown	Cross-contamination, cats
	001A-103	33	4/12/00	Fleurimont	Unknown	Infectious contact, work in a kindergarden, raw milk
	001A-106	4	19/12/00	Richmond	Unknown	Unknown
	001A-108	55	27/12/00	Richmond	Unknown	Unknown
21	001A-115	37	1/02/01	Sherbrooke	Unknown	Assistant cook
	001A-114	9	2/02/01	Valcourt	Turtles or water	Poorly cooked chicken
22	001A-116	3	4/02/01	Ascot	Unknown	Unknown
	001A-122	32	4/03/01	Valcourt	Travel	Raw milk cheese
	001A-141	59	30/04/01	Coaticook	Unknown	Chicken in a restaurant, animal auction, cross-contamination
	001A-147	34	2/06/01	Val-Joli	Raw milk cheese	Raw milk cheese
23	001A-128	43	21/03/01	East Angus	Chicken	Sheep breeding, deep well, chicken in a restaurant
	001A-139	80	22/04/01	Eastman	Water from a surface well	Well, groundwater, raw milk cheese, chicken in a restaurant
Phase II						
24	001A-138	87	22/04/01	Rock Forest	Unknown	Deep well, chicken in a restaurant
	001A-142	60	2/05/01	Victoriaville	Excluded	
	001A-143	3	7/05/01	Windsor	Raw milk	Deep well, chicken breeding, raw milk
25	001A-148	18	26/05/01	Sherbrooke	Chicken croquettes	Chicken croquettes
	001A-152	67	11/06/01	Outside Eastern Townships	Excluded	
	001A-169	25	24/07/01	Weedon	Unknown	Chicken
	001A-173	54	25/07/01	Gartby Station	Excluded	
26 ^a	001A-163	7	23/06/01	Wotton	Raw milk	Raw milk and secondary infectious contact ^d
	001A-162	33	27/06/01	Wotton	Raw milk	Raw milk and secondary infectious contact ^d
	001A-166	4	7/07/01	Wotton	Infectious contact (same family)	Raw milk and secondary infectious contact ^d
27	001A-164	2	9/07/01	Bromptonville	Animal contact	Zoo visit, chicken
	001A-183	51	20/07/01	Sherbrooke	Unknown	Chicken, pink pork
28	001A-174	49	26/07/01	Sherbrooke	Unknown	Chicken
	001A-190	46	30/08/01	Ascot	Infectious contact	Infectious contact, chicken
29	001A-176		25/07/01	Sherbrooke	Excluded	
	001A-178	66	1/08/01	Sherbrooke	Unknown	Poorly cooked chicken
30 ^c	001A-187		19/08/01	Outside Eastern Townships	Excluded	
	001A-188		19/08/01	Outside Eastern Townships	Excluded	

^a Clusters suspected by public health officials.^b Three cases occurred among members of the same family. Water analysis was requested.^c Clusters not investigated by public health officials because cases resided outside the Eastern Townships.^d Three cases in the same family.

grouped into 248 distinct PFGE patterns, 74% of which were represented by only 1 or 2 isolates each. Routine epidemiological methods identified two outbreaks and nine other case clusters involving 4% of all isolates. Use of PFGE revealed eight more temporal clusters involving 9% of all isolates. Cases that could not be linked with other cases by PFGE pattern, time, or geographic location accounted for 87% of the reported isolates. These results are consistent with our conclusion that molecular typing identifies relatively few additional cases representing potential common-source clusters. Perhaps more importantly, the observation that most clinical *Campylobacter* isolates represent unique genotypes suggests that there is little yield to using scarce public health resources to investigate sporadic cases.

Our study also indicated, as others have (2, 3, 6, 8, 9, 13), that humans and chickens can be infected by related genotypes of *Campylobacter*. Overall, the PFGE patterns of 19 (46%) of the chicken isolates matched those of 1 or more of the human isolates. However, a temporal association was demonstrated in only a minority of cases and the majority of genotypes causing clinical illness were never found among chicken isolates, suggesting that sources other than chickens make an important contribution to human campylobacteriosis.

Our results may have been influenced by several technical factors. The selective enrichment methods may have failed to recover strains with poor fitness *in vitro*. Since only a single isolate was analyzed per chicken, the presence of multiple different strains in individual animals may have been missed. Since our epidemiological surveillance was done on a regional basis, we had limited information for many case patients living outside the Eastern Townships. A provincial or national surveillance system might have identified additional clusters; however, typing and investigation of such a large number of isolates might be unwieldy.

The most efficient strategy for the surveillance and investigation of sporadic cases of campylobacteriosis remains undefined. Should molecular studies be reserved for case clusters putatively identified by epidemiological surveillance? Conversely, should all cases be analyzed first by molecular strain typing and then should the epidemiological investigation be directed only at genotypically related cases? Should small clusters of two to four cases be investigated at all, since the yield appears to be very low? Resolution of these questions will require a more comprehensive analysis of *Campylobacter* strains in all sources, including water (e.g., by less selective isolation methods and analysis of multiple isolates per sample), and by more precise and portable genotyping systems (e.g., multilocus sequence typing).

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