

Potential of the Polyvalent Anti-*Staphylococcus* Bacteriophage K for Control of Antibiotic-Resistant Staphylococci from Hospitals

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The increasing prevalence of antibiotic-resistant staphylococci has prompted the need for antibacterial controls other than antibiotics. In this study, a lytic bacteriophage (phage K) was assessed in vitro for its ability to inhibit emerging drug-resistant *Staphylococcus aureus* strains from hospitals and other species of *Staphylococcus* isolated from bovine infections. In in vitro inhibitory assays, phage K lysed a range of clinically isolated methicillin-resistant *S. aureus* (MRSA) strains, *S. aureus* with heterogeneous vancomycin resistance and vancomycin resistance, and teicoplanin-resistant strains. In these assays, 14 of the MRSA strains were initially only weakly sensitive to this phage. However, propagation of phage K on these less-sensitive strains resulted in all 14 being sensitive to the modified phages. The results enforce the principle that, while certain target bacteria may be relatively insensitive to lytic phage, this can be overcome by obtaining modified phage variants from passage of the phage through the insensitive strains. Model in situ hand wash studies using a phage-enriched wash solution resulted in a 100-fold reduction in staphylococcal numbers on human skin by comparison with numbers remaining after washing in phage-free solution. Infusion of the phage into a nonimmunogenic bismuth-based cream resulted in strong anti-*Staphylococcus* activity from the cream on plates and in broth.

The increasing prevalence of antibiotic resistance in clinical isolates of *Staphylococcus aureus* is a major problem, given that the bacterium causes a wide variety of human infections ranging from simple abscesses to fatal sepsis, as well as endocarditis, pneumonia, mastitis, phlebitis, meningitis, and toxinoses (for a review see reference 24). The rapid emergence of penicillin-resistant *S. aureus* in the 1950s led to the use of methicillin and related drugs for treatment of infections. In the 1960s, methicillin-resistant *S. aureus* (MRSA) strains emerged and have since become endemic in many hospital environments (14). In addition, these MRSA strains also frequently exhibit resistance to a variety of other common antibiotics (20). Indeed, over 95% of patients worldwide with *S. aureus* infections do not respond to first-line antibiotics, for example, ampicillin and penicillin (33). Recently, the SENTRY antimicrobial surveillance program reported that 36.8% of *S. aureus* isolates ribotyped belonged to multidrug-resistant, oxacillin-resistant *S. aureus* strains (7). In Ireland, Naylor et al. (23) found that MRSA was the commonest single organism cultured from patients with complex wound and graft infections after vascular surgery. In addition, the latest data from the European Antimicrobial Resistance Surveillance System showed an increase in MRSA from 39% in 1999 to 45% in 2002 in Ireland (37). Until recently, *S. aureus* has exhibited sensitivity to the glycopeptide antibiotics vancomycin and teicoplanin, and therefore these antibiotics represent one of the last lines of defense available against staphylococcal infection. However, the recent emergence of vancomycin-resistant

S. aureus and also teicoplanin-resistant strains in hospital infections poses a major threat to this approach (13). As a result, investigations for new and alternative antimicrobials effective against *S. aureus* have become increasingly relevant.

Bacteriophages (phages) were investigated as far back as 1921 to eliminate bacteria including staphylococci in human infections (35). The majority of human phage therapy studies have been performed in Poland (29) and the former Soviet Union and have included challenges against *Staphylococcus* (for a review see reference 36). Although research on phage therapy diminished outside of the former Soviet Union with the advent of antibiotics, it has been revisited primarily as a result of the antibiotic resistance problem. This renewed interest is evident from the number of reviews published recently (2, 3, 5, 8, 9, 19, 22, 36). For *S. aureus* the potential of phage as an antibacterial therapeutic was shown by Matsuzaki and coworkers (21), who significantly reduced the mortality of mice previously injected with *S. aureus* by intraperitoneal injections of phage MR11 (21). Moreover, since the early 1990s, a variety of new companies that have placed major emphasis on bacteriophage research, with the aim of treating multidrug-resistant bacteria causing infections, have been established worldwide.

Phage K is a polyvalent phage with a broad host range, inhibiting both coagulase-positive and -negative staphylococci (32). It is a member of the family *Myoviridae* (1) and has been the subject of previous studies (15–17, 28–30). The origin of phage K is unclear. Both Rountree in 1949 (32) and Rippon in 1956 (31) state that phage K of Krueger and Northrop (18) is identical to phage Au2 described by Burnet and Lush in 1935 (4). Burnet and Lush also state that the phage used by Krueger and Northrop in 1930 (18) is Au2 and suggest that phage Au2 could be derived from the H strain of *S. aureus* of Gratia and

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De Namur described in 1922 (11) but noted that "this derivation is not positively known" (4). This study evaluates phage K for the reduction of pathogenic staphylococci, including a number of coagulase-positive and -negative staphylococci associated with bovine infections and antibiotic-resistant *S. aureus* associated with human infections.

MATERIALS AND METHODS

Bacterial strains and growth media. Phage K was purchased from the American Type Culture Collection (ATCC 19685-B1). Staphylococcal strains are listed in Table 1. Strains with the prefix DPC are held in the Dairy Products Research Centre culture collection. Mu3, Mu50, ST3550, ST2573, and 8325 were purchased from the Public Health Laboratory Service (London, United Kingdom). Human MRSA strains were isolated from hospital staff, outpatients, and inpatients from Irish hospitals over a 3-year period and are held at the Cork Institute of Technology (Table 1). Strains were grown at 37°C in brain heart infusion (BHI) broth (Oxoid, Basingstoke, Hampshire, United Kingdom). Solid media contained 1.0% (wt/vol) bacteriological agar (Oxoid). All strains were stocked in BHI containing 40% glycerol and stored at -80°C.

Phage propagation. Phage K was routinely propagated on *S. aureus* DPC5246 in BHI broth. Concentrated phage K preparations were obtained by CsCl density gradient centrifugation following polyethylene glycol (molecular weight, 8,000) precipitation of phage lysates of BHI cultures. Phage propagation protocols were used as described previously (25). Phage preparations were dialyzed in 10 mM sodium phosphate buffer, pH 7, and filter sterilized prior to use (0.45- μ m-pore-size filter). Propagation of phage K on staphylococci which exhibited reduced phage sensitivity was achieved by incubating 100 μ l of phage K (approximately 10⁸ PFU/ml) with 20 ml of BHI broth containing a 1% inoculum from an overnight culture of the required host strain. Samples were incubated at 37°C overnight. Samples were then centrifuged, the supernatant was filter sterilized, and phage plaque assays were repeated. Modified phages were named according to the propagating strain.

Electron microscopy. Phage stocks were prepared from CsCl density gradients to achieve titers in excess of 10⁹ PFU/ml. Each sample was stained negatively with 1% uranyl acetate, and electron micrographs were taken at various magnifications with a JEM EX 1200 electron microscope.

Phage plaque assays. Phage plaque assays and phage sensitivity tests were performed as described previously (27). Briefly, 50 μ l of the appropriate overnight culture, 20 μ l of 1 M CaCl₂, and 1 ml of the appropriate phage dilution were added to 5 ml of BHI overlay (0.7% agar). The contents were mixed and poured onto BHI plates and incubated at 37°C for 18 h.

Phage host range and bacterial challenge. Phage K was assessed for its ability to form a clearing on a lawn of each of the staphylococcal strains. The lawn was prepared by adding 50 μ l of overnight culture (grown from a 1% inoculum with shaking at 37°C) to a molten 3-ml agar (0.7%) overlay based on BHI medium (Oxoid), which was poured over the BHI plate. After the overlay had solidified, a 10- μ l aliquot of phage was spotted onto the surface. Plates were dried and incubated at 37°C for 18 h. Clearing indicated phage sensitivity. Results were confirmed by the plaque assay technique (above). Phage challenge experiments were performed in BHI broth with shaking at 100 rpm at 37°C. Generally, overnight cultures were pregrown in BHI broth and inoculated into BHI broth such that the initial titer was approximately 10⁵ CFU/ml. Phage K was added at a multiplicity of infection (MOI) of 1 after the culture had reached approximately 10⁷ CFU/ml. Samples were then removed and plated in triplicate at regular intervals (the lower limit of detection was 10 CFU/ml). Plates were incubated overnight at 37°C. Plate counts were recorded in triplicate, and standard deviations were determined. Phage titer changes over the course of the challenge were monitored by plaque assay simultaneously.

Determination of the frequency of emergence of BIMs insensitive to phage K. The frequency of bacteriophage-insensitive mutant (BIM) development was determined as described previously (26). The plaque assay technique was performed with an overnight culture of strain DPC5246 of known titer and phage at an MOI of 1. Plates were incubated overnight at 37°C. Any resulting colonies encountered were counted, and the BIM frequency (number of surviving colonies divided by the original bacterial titer) was determined. All experiments were performed in triplicate.

Antibiotic susceptibility testing. The methicillin resistance phenotype of the staphylococcal strains was determined by the use of antibiotic susceptibility disks obtained from Oxoid. BHI plates were overlaid with each staphylococcal strain after overnight growth. Antibiotic disks were dispensed onto each plate and,

after overnight incubation at 37°C, each plate was scored for antibiotic sensitivity by the Kirby-Bauer plate method (12).

Hand wash studies. Model hand wash experiments were performed by dipping three human fingers in a suspension of *S. aureus* DPC5246 which had been diluted from an overnight culture to approximately 10⁵ CFU/ml in quarter-strength Ringer's (Oxoid) solution for 10 s and allowing the bacterium to dry on the skin for 15 min. Finger A was then washed in Ringer's solution containing 10⁸ PFU of phage K/ml for 10 s and allowed to dry. Finger B was washed in phage-free Ringer's solution in an identical fashion. Finger C was not washed. Each of the three fingers was then rinsed in Ringer's solution and thoroughly scraped with a plastic rod for 10 s to recover the material. Staphylococcal plate counts were performed in triplicate immediately after recovery of the material from the skin on each of the three washings.

Phage cream inhibiting staphylococci. A commercial, oil-based cream containing bismuth subnitrate (Cross Vetpharm Group Ltd., Dublin, Ireland) (34) was combined with phage K at 10⁸ PFU/g. Phage cream was placed in the center of a BHI plate, which was then overlaid with the test staphylococcal strain and incubated overnight at 37°C. The phage cream was also tested in a broth culture of *S. aureus*. Briefly, 1 g of phage cream was added to 10 ml of broth that contained 10⁶ CFU of DPC5246/ml. A control tube was set up under the same conditions but without the phage cream. Samples and controls were incubated at 37°C, and bacterial-recovery counts were performed by plating 100 μ l of dilutions onto BHI agar plates after 4 h.

RESULTS

Phage K exhibits the morphology of the *Myoviridae*. In a previous study we have shown that phage K is a member of a new taxonomic group within the family *Myoviridae* based on molecular characterization of the similarity between phage genomes (25). The morphology of phage K supports this grouping in that electron microscopy exhibits characteristics of the family *Myoviridae*. Electron micrographs show that phage K has an isometric head with contractile tail (Fig. 1). Also, the basal tuft of phage K is evident; Fig. 1B clearly shows knob-like appendages extending from the baseplate. In this electron micrograph (Fig. 1B) the tail is contracted, the DNA has been ejected (head is black), and the protruding core of the tail is evident.

Phage K inhibits recently emerged drug-resistant bacteria. Phage K does not require the addition of CaCl₂ to BHI broth in order to infect, since there was no difference in plaque-forming ability when CaCl₂ was omitted from the plaque assays. In addition, increasing the concentration of CaCl₂ (0.1, 0.5, 1, 5, 10, and 20 mM) had no effect on plaque-forming ability (data not shown). To test the host range and potency of phage K, bacterial challenge experiments were performed. Details of the bacterial strains are shown in Table 1. These include an *S. aureus* type strain, 36 human MRSA strains, 4 glycopeptide-resistant strains, 4 distinct clinical isolates from bovine mastitis (10, 38), and 8 coagulase-negative non-*S. aureus* species of *Staphylococcus*. The MRSA strains have previously been shown by motif-dependent PCR to be distinct (M. Daly, personal communication; 6). Of the 53 strains, 39 were successfully lysed by phage K, as indicated by phage spot test and confirmed by plaque assay (Table 1). Plaque sizes generally ranged from 1 to 1.5 mm in diameter. Fourteen of the strains from the MRSA group were relatively insensitive to phage K in the initial challenge (Table 1). Plaque formation did not occur with any of these when phage K was used, although there was inhibition in the lawn of bacterial growth, typically at phage concentrations of 10⁸, 10⁷, and 10⁶ PFU/ml, as determined by using the plaque assay technique. This inhibition of growth at the lower dilutions occurred with all the

TABLE 1. Phage K sensitivity and details of bacterial strains

Host	Strain	Strain details ⁱ	Methicillin sensitivity ^h	Phage sensitivity ^f	EOP ^g	Phage sensitivity after modification	EOP after phage modification
<i>S. aureus</i>	8325	Type strain ^a	S	+	NC		
<i>S. aureus</i>	St3550	Teicoplanin resistant ^a	S	+	0.087		
<i>S. aureus</i>	St2573	Teicoplanin resistant ^a	R	+	0.11		
<i>S. aureus</i>	Mu50	VRSA ^a	R	+	NC		
<i>S. aureus</i>	Mu3	hVRSA ^a	R	+	NC		
<i>S. aureus</i>	M249318	Human MRSA ^b	R	-		+	6.75×10^{-5}
<i>S. aureus</i>	W64352	Human MRSA ^b	R	-		+	2.3×10^{-1}
<i>S. aureus</i>	W65216	Human MRSA ^b	R	-		+	2.8×10^{-4}
<i>S. aureus</i>	M231003	Human MRSA ^b	R	+	1.03×10^{-1}		
<i>S. aureus</i>	M249180	Human MRSA ^b	R	-		+	1.09×10^{-3}
<i>S. aureus</i>	MS811	Human MRSA ^b	R	-		+	2.26×10^{-3}
<i>S. aureus</i>	DPC5646	Human MRSA ^b	R	+	0.77		
<i>S. aureus</i>	DPC5645	Human MRSA ^b	R	+	0.45		
<i>S. aureus</i>	DPC5647	Human MRSA ^b	R	+	8.46×10^{-7}		
<i>S. aureus</i>	M249954	Human MRSA ^c	R	+	1.12×10^{-1}		
<i>S. aureus</i>	M250594	Human MRSA ^c	R	+	3.23×10^{-1}		
<i>S. aureus</i>	M254959	Human MRSA ^c	R	-		+	7.33×10^{-5}
<i>S. aureus</i>	M255039	Human MRSA ^c	R	-		+	1
<i>S. aureus</i>	M255409	Human MRSA ^c	R	-		+	7.6×10^{-2}
<i>S. aureus</i>	M253472	Human MRSA ^c	R	+	1		
<i>S. aureus</i>	M249739	Human MRSA ^c	R	+	1.57×10^{-1}		
<i>S. aureus</i>	M249892	Human MRSA ^c	R	+	4.10×10^{-1}		
<i>S. aureus</i>	M252776	Human MRSA ^c	R	+	1		
<i>S. aureus</i>	M251760	Human MRSA ^c	R	+	1.32×10^{-1}		
<i>S. aureus</i>	W71683	Human MRSA ^c	R	+	5.89×10^{-2}		
<i>S. aureus</i>	M253206	Human MRSA ^c	R	+	8.57×10^{-2}		
<i>S. aureus</i>	W73365	Human MRSA ^c	R	-		+	3.4×10^{-1}
<i>S. aureus</i>	M253470	Human MRSA ^c	R	+	6.93×10^{-1}		
<i>S. aureus</i>	M249025	Human MRSA ^c	R	+	1.41×10^{-1}		
<i>S. aureus</i>	M249138	Human MRSA ^c	R	+	1		
<i>S. aureus</i>	M249807	Human MRSA ^c	R	+	1.48×10^{-1}		
<i>S. aureus</i>	M250108	Human MRSA ^c	R	+	7.3×10^{-1}		
<i>S. aureus</i>	M249671	Human MRSA ^c	R	-		+	1.46×10^{-4}
<i>S. aureus</i>	W69939	Human MRSA ^c	R	-		+	1.177×10^{-3}
<i>S. aureus</i>	M253164	Human MRSA ^c	R	-		+	2.65×10^{-2}
<i>S. aureus</i>	M249678	Human MRSA ^c	R	-		+	1.75×10^{-4}
<i>S. aureus</i>	M251955	Human MRSA ^c	R	-		+	2.1×10^{-1}
<i>S. aureus</i>	M250564	Human MRSA ^c	R	+	5.1×10^{-3}		
<i>S. aureus</i>	MM77438	Human MRSA ^c	R	+	2.76×10^{-2}		
<i>S. aureus</i>	MM257671	Human MRSA ^c	R	+	5.46×10^{-3}		
<i>S. aureus</i>	MM234150	Human MRSA ^c	R	+	6.2×10^{-1}		
<i>S. aureus</i>	DPC5245	Bovine ^d	S	+	1		
<i>S. aureus</i>	DPC5246	Bovine ^d	S	+	1		
<i>S. aureus</i>	DPC5247	Bovine ^d	S	+	1		
<i>S. aureus</i>	DPC5971	Bovine ^d	S	+	0.21		
<i>S. epidermidis</i>	DPC6010 ^e	Bovine ^d	S	+	0.46		
<i>S. saprophyticus</i>	DPC6011 ^e	Bovine ^d	S	+	0.025		
<i>S. chromogenes</i>	DPC6012 ^e	Bovine ^d	S	+	0.16		
<i>S. capitis</i>	DPC6013 ^e	Bovine ^d	S	+	NC		
<i>S. hominis</i>	DPC6014 ^e	Bovine ^d	S	+	2.1×10^{-8}		
<i>S. haemolyticus</i>	DPC6015 ^e	Bovine ^d	S	+	NC		
<i>S. caprae</i>	DPC6016 ^e	Bovine ^d	S	+	0.022		
<i>S. hyicus</i>	DPC6017 ^e	Bovine ^d	S	+	0.087		

^a Public Health Laboratory Service.^b Cork University Hospital, Cork, Ireland.^c Waterford Regional Hospital, Waterford, Ireland.^d Dairy Products Centre, Fermoy, County Cork, Ireland.^e Coagulase negative.^f Spot assay results. +, phage sensitive; -, not phage sensitive.^g EOP, efficiency of plating; NC, not countable (plaques are too small to count, but confluent lysis occurs at $>10^7$ PFU/ml).^h Sensitivity to methicillin at 5 μ g/ml. S, sensitive; R, resistant.ⁱ VRSA, vancomycin-resistant *S. aureus*; hVRSA, heterogeneous vancomycin-resistant *S. aureus*.

apparently insensitive MRSA strains. When phage K was incubated with these strains in broth, modified phage K variants, which were capable of forming clear plaques on their respective hosts, could be obtained for all of the 14 insensitive strains (Table 1).

In addition, two of the modified phages, namely, phage

K.W64352 and phage K.W65216, were assayed for their ability to lyse or cross-react with all the other phage-insensitive strains in the study. Where phage K.W64352 was used, normal plaque formation was evident on the majority of strains but, notably, plaques were pinpoint on strains W65216, M249180, 254959, and M251955, although the plaque numbers (efficiencies of

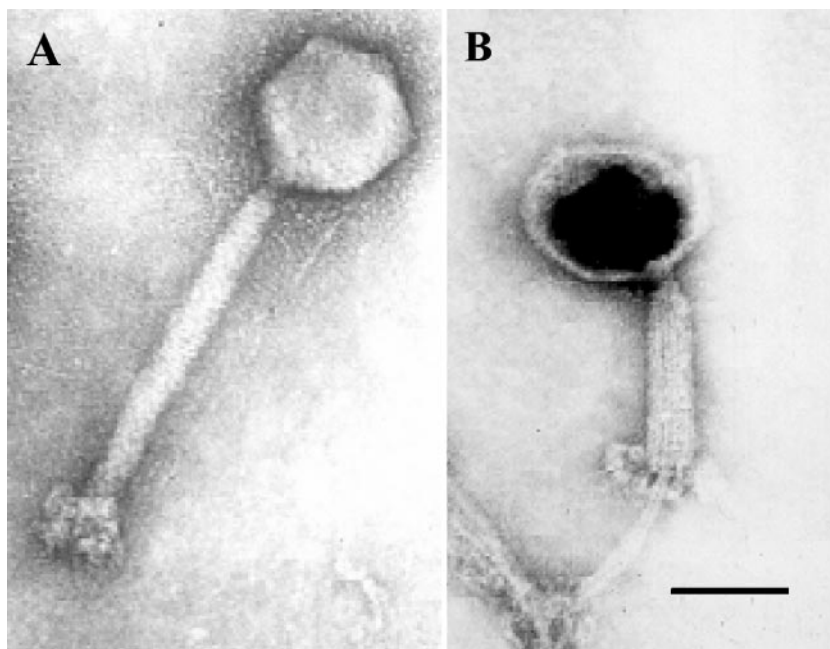


FIG. 1. Electron micrograph images of phage K negatively stained with 1% uranyl acetate. (A) Phage K with a contractile tail. (B) Phage K with tail contracted and empty phage head. Scale bar, 100 nm.

plating) were similar to those for strain DPC5246. These pinpoint plaques suggest that these strains may have phage resistance systems in addition to restriction modification (r/m), which permit only a relatively low burst size. Similarly, when phage K.W65216 was used, plaques were faint and pinpoint on strains W64352 (propagating host for phage K.W64352), M249138, M255409, and W69939. As with phage K.W64352, efficiency of plating on these strains was similar to that for strain DPC5246. This indicates that r/m is the principal cause of the phage insensitivity in the 14 isolates. It also indicates that there is common specificity among the r/m systems harbored by these strains.

Bacterial challenge experiments. Challenge experiments were performed in BHI broth with MRSA strain DPC5645. This involved adding phage K to an exponential culture of DPC5645 at 37°C. The potency of phage K is illustrated in this challenge experiment (Fig. 2); within 30 min phage K started to reduce bacterial numbers, and within 2 h the phage had reduced the MRSA isolate (DPC5645) from 5.7×10^6 CFU/ml to an undetectable level. Plate counts confirmed that there were no viable bacteria remaining in the BHI broth 10 h after phage treatment, indicating that no BIMs had formed during the challenge (Fig. 2). Indeed, further plate counts 25 h after phage infection confirmed the absence of BIMs in this experiment.

The absence of BIMs from this experiment agreed with the results of a plaque assay procedure to detect and enumerate BIMs, in that, at an MOI of 1, BIM formation on plates did not occur.

Inhibition of *S. aureus* on skin by phage wash. Phage K was assessed for its ability to reduce the numbers of MRSA on human skin with strain DPC5246 as a test strain. These human trials demonstrated that washing in phage-free Ringer's solu-

tion was associated with a slight reduction in the number of challenge organisms. When phage K was included in the wash at a titer of 1.4×10^8 PFU/ml, the number of staphylococci remaining was reduced a further 100-fold (Fig. 3). This experiment was performed 10 times, and results were consistent throughout.

Phage inhibition of *S. aureus* in a bismuth-based cream. Phage K also exhibited inhibition of the indicator strain DPC5246 in a bismuth-based cream. The phage cream was placed in the center of an overlaid plate with the indicator strain DPC5246. A zone of inhibition is seen surrounding the phage cream (Fig. 4A), which shows that the cream containing phage has killed the surrounding bacteria by bacteriolysis. Importantly, the phage cream was also shown to kill the indicator strain when placed in broth cultures of the challenge organism. Following a 4-h incubation at 37°C, the control sample contained 8×10^7 CFU of DPC5246/ml (Fig. 4B, i) whereas no viable bacteria were detected in the test sample (Fig. 4B, ii), showing complete kill by the phage cream within 4 h.

DISCUSSION

With the increased incidence of community-acquired and hospital-acquired drug-resistant staphylococci, the need for new approaches to combat this versatile pathogen is paramount. Phage K is a polyvalent or broad-host-range anti-staphylococcal phage. Based on morphology, phage K has previously been assigned to the family *Myoviridae*, order *Claudovirales* (1). In this study we demonstrate that phage K inhibits nine different species of *Staphylococcus*, namely, *S. aureus*, *S. epidermidis*, *S. saprophyticus*, *S. chromogenes*, *S. capitis*, *S. hominis*, *S. haemolyticus*, *S. caprae*, and *S. hyicus*. It is inhibitory to a wide range of distinct *S. aureus* strains from

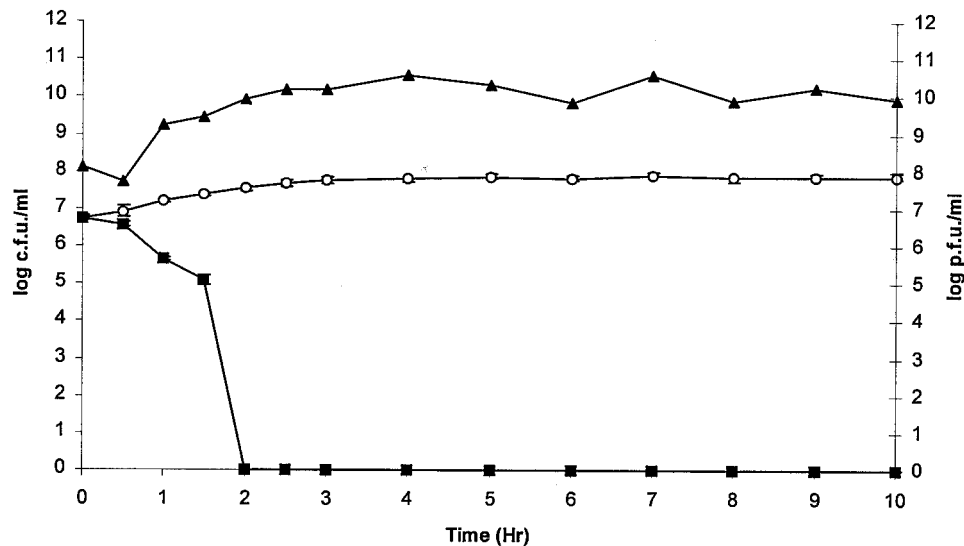


FIG. 2. Challenge of a MRSA isolate (DPC5645) with phage K at 37°C. Phage was added at an MOI of 1 when the culture reached approximately 10^7 CFU/ml. ▲, phage titer values. DPC5645 was undetectable in BHI broth 2 h after phage addition. ■, DPC5645 plus phage K; ○, control DPC5645 without phage K. Values of CFU per milliliter are the means \pm standard deviations of the means.

different hospital sources which were isolated over the last 3 years and also veterinary sources; we feel that these are representative of the problematic strains presently associated with infections in Ireland. Of particular interest is the inhibitory effect on recently emerged methicillin-resistant strains (obtained from hospital staff, outpatients, and inpatients). These studies show that phage K could be modified to hit less-sensitive strains, especially the MRSA strains, with better efficiency simply by passing the phage through the target strain, which ordinarily would not allow plaque formation. Modified derivatives of phage K still produced clear plaques on phage K-sensitive strains, and, in addition, individual modified variants were capable of inhibiting the other strains, which were previously only weakly sensitive to phage K. These data suggest the

presence of restriction modification activity in these MRSA isolates and also that there is a large degree of common specificity among the r/m systems harbored by these strains. The modified phages generated in this study could be combined with phage K in a cocktail to increase the host range of the phage preparation.

The bacterial challenge with phage K indicated that no bacteria remained 2 h after phage addition in cases where up to 10^7 CFU/ml were used. Moreover, no BIMs had emerged 25 h after phage infection. The plate assay confirmed that BIM formation frequency was zero with this phage. Hence we suggest that BIM formation should not compromise the use of phage K to prevent or treat infections. Our laboratory has recently made similar observations with respect to BIM formation in *Escherichia coli* O157:H7, which again should not compromise the application of phage to combat this pathogen (26).

The mode of application of phage is an area, which warrants study for possible application in the hospital environment. Therefore we designed preliminary experiments exhibiting the potential of phage K for use in a hand wash or cream. Antibacterial activity from the phage cream is evident, and indeed this cream exhibits antibacterial activity for several days at room temperature.

In the context of the hand wash experiment, and in particular the interpretation of the bacterial counts after treatment with phage, it is noteworthy that the killing of bacteria by phage could continue during the washing, recovery, and plating process. Nevertheless, the washing and plating (which involved significant dilution in Ringers solution) were done immediately, and it is likely that the killing rate during this process would not be significantly different from that in a situation where the material was left on the skin. It is noteworthy that washing in Ringers solution in the absence of phage or any other antibacterial agent reduced the titer of staphylococci on skin only slightly. It is also noteworthy that, while the presence

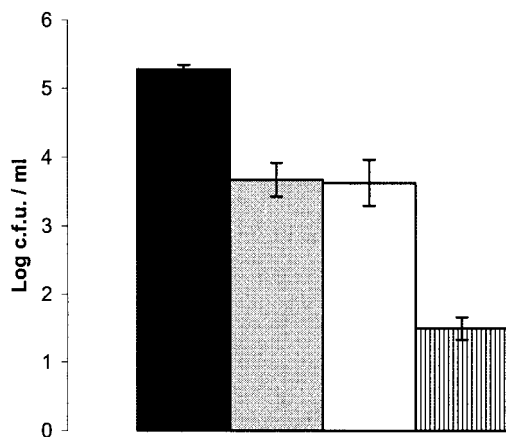


FIG. 3. Graph of phage K hand wash challenge against *S. aureus* DPC5246. Black bar, bacterial numbers in the original suspension; grey bar, unwashed control; white bar, washed control (washed with Ringer's solution containing no phage); hatched bar, titer after washing in Ringer's solution containing phage. Values shown are the means \pm the standard deviations of the means.

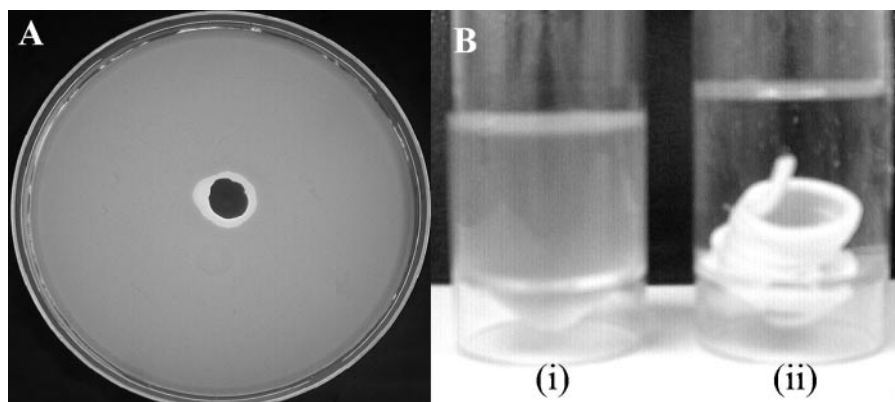


FIG. 4. Activity of phage cream. (A) Activity of cream on an agar plate overlaid with the indicator strain DPC5246. (B) Activity of phage cream in BHI broth. (i) Control broth containing DPC5246 and no phage cream; (ii) broth containing DPC5246 and phage cream.

of phage reduced the staphylococcal titer on skin, it did not eliminate the bacterium completely. Nevertheless it is apparent from the results that washing hands in the presence of phage K has the potential to significantly reduce the numbers of problematic *S. aureus* strains that are resident on human hands. As mentioned earlier, additional modified phages could also be incorporated into the hand wash to improve the host range. If applied, this approach would be very likely to have the effect of reducing transmission of staphylococci from hands to patients in a hospital environment.

With regard to the inclusion of phage in the cream, its antibacterial effect is self-evident from the in vitro experiment described. This suggests that such phage creams could find applications in the treatment of local skin infections. Nevertheless, the results on the host range of unmodified phage K described in Table 1 suggest that creams should also contain modified phage to improve their antibacterial activity.

In this study we demonstrate that the exclusively lytic phage K (25) has particular applications in the prevention and/or treatment of infections caused by antibiotic-resistant staphylococci. In this respect, we have shown its ability to kill a broad range of newly isolated pathogenic staphylococci, including both human and veterinary strains. Moreover, the study details some preliminary findings which show the potential of delivering the phage in an antistaphylococcal cream or hand wash.

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