

1 **Astrocytic CREB in nucleus accumbens promotes susceptibility to chronic stress**

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22 **Short title:** Astrocytic CREB promotes susceptibility to chronic stress

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24 **Key Words:** astrocytes, depression, stress, nucleus accumbens, CREB, RNA-
25 sequencing

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27

28 **Abstract**

29

30 **Background:** Increasing evidence implicates astrocytes in stress and depression in both
31 rodent models and human Major Depressive Disorder (MDD). Despite this, little is known
32 about the transcriptional responses to stress of astrocytes within the nucleus accumbens
33 (NAc), a key brain reward region, and their influence on behavioral outcomes.

34

35 **Methods:** We used whole cell sorting, RNA-sequencing, and bioinformatic analyses to
36 investigate the NAc astrocyte transcriptome in male mice in response to chronic social
37 defeat stress (CSDS). Immunohistochemistry was used to determine stress-induced
38 changes in astrocytic CREB within the NAc. Finally, astrocytic regulation of depression-
39 like behavior was investigated using viral-mediated manipulation of CREB in combination
40 with CSDS.

41

42 **Results:** We found a robust transcriptional response in NAc astrocytes to CSDS in
43 stressed mice, with changes seen in both stress-susceptible and stress-resilient animals.
44 Bioinformatic analysis revealed CREB, a transcription factor widely studied in neurons,
45 as one of the top-predicted upstream regulators of the NAc astrocyte transcriptome, with
46 opposite activation states seen in resilient versus susceptible mice. This bioinformatic
47 result was confirmed at the protein level with immunohistochemistry. Viral overexpression
48 of CREB selectively in NAc astrocytes promoted susceptibility to chronic stress.

49

50 **Conclusions:** Together, our data demonstrate that the astrocyte transcriptome responds
51 robustly to CSDS and, for the first time, that transcriptional regulation in astrocytes
52 contributes to depressive-like behaviors. A better understanding of transcriptional
53 regulation in astrocytes may reveal unknown molecular mechanisms underlying
54 neuropsychiatric disorders.

55

56 Introduction

57 Stress-related disorders remain one of the world's greatest public health burdens.
58 To date, research has focused primarily on the underlying persistent molecular
59 mechanisms contributing to neuronal dysfunction within limbic regions of the brain,
60 including transcriptional and epigenetic modifications mediating such lasting changes.
61 However, emerging evidence indicates that non-neuronal cells, including astrocytes, may
62 play a larger role than previously believed [1-3]. Astrocytes are well known for their ability
63 to regulate synapse formation and function, neuronal transmission, blood brain barrier,
64 and metabolic coupling—all biological processes implicated in stress and depression [1-
65 3]. Indeed, changes in astrocyte morphology, number, and function have been observed
66 in both rodent stress models and postmortem studies of human depression across many
67 brain regions [4-12]. Antidepressant treatments, including selective serotonin reuptake
68 inhibitor (SSRIs) and ketamine, result in alterations to astrocytes, including reversal of
69 stress-induced changes in astrocyte morphology [13-16]. Furthermore, manipulating
70 astrocyte function bidirectionally influences depressive-like behaviors in rodent models,
71 demonstrating the active role of astrocytes in mediating complex behavior, including those
72 associated with stress and depression [6, 8, 11, 17-21].

73 Previous work using targeted molecular approaches demonstrates dysregulation
74 of astrocytic gene expression in rodent stress models and in human Major Depressive
75 Disorder (MDD), and emerging evidence from unbiased RNA-sequencing (RNA-seq)
76 studies of bulk tissue and single cells across several brain regions also implicate
77 astrocytes [9, 12, 22-26]. However, astrocyte-specific RNA-seq in rodents – across
78 disease models – has only been performed in the prefrontal cortex (PFC), hippocampus,
79 and amygdala [9, 24, 25, 27, 28]. Furthermore, while there has been an increase in
80 sequencing studies focused on astrocytes, we know surprisingly little regarding
81 transcriptional regulators in astrocytes. Within the nucleus accumbens (NAc), a region
82 important for motivation, reward, and learning, and heavily implicated in stress and
83 depression, alterations in astrocyte number, morphology, and synapse association have
84 been observed [1, 29-31]. Despite this early literature, transcriptional responses of NAc
85 astrocytes and their potential role in regulating behavioral consequences of chronic stress
86 remain unknown.

87 We performed RNA-seq on whole-cell sorted NAc astrocytes following chronic
88 social defeat stress (CSDS), a highly validated procedure used to study depression and
89 other human stress disorders [1]. Bioinformatic analysis revealed a robust transcriptional
90 response in astrocytes from both resilient and susceptible animals. Additional analysis
91 identified key predicted astrocytic transcriptional regulators, including the transcription
92 factor, cAMP Response Element-Binding Protein (CREB). Transcriptional regulation of
93 neuronal CREB has been extensively studied in neuropsychiatric disorders, with
94 increased CREB activity within NAc neurons associated with depressive behaviors [31,
95 32]. While CREB has been implicated as a transcriptional regulator in cultured astrocytes,
96 its role in astrocytes *in vivo*, including any effects on behavior, remain elusive [33-36]. We
97 show that viral manipulation of CREB selectively in NAc astrocytes resulted in a bias
98 towards susceptibility to CSDS. In summary, we demonstrate, for the first time, that a
99 transcription factor in NAc astrocytes controls behavioral response to stress.

100

101 **Methods**

102 *Animals*

103 All experiments were performed with wildtype C57BL/6 male mice (aged 9–10 weeks,
104 The Jackson Laboratory) according to NIH guidelines and with approval from the Animal
105 Care and Use Committee of Mount Sinai. All animals were group-housed and maintained
106 on a normal 12 hr light/dark cycle (07:00 lights on; 19:00 lights off) with food and water
107 available *ad libitum*. Immediately prior to and during CSDS, mice were single-housed.
108 Every effort was made to minimize pain and discomfort.

109

110 *Chronic Social Defeat Stress (CSDS) + Social Interaction (SI) testing*

111 Experimental C57BL/6 mice are introduced into the cage of resident CD1 retired breeder
112 mice pre-screened for aggression [37, 38]. This is repeated for 5 minutes daily over 10
113 days, with housing across a perforated Plexiglass divider for the remaining 24 hr to allow
114 sensory exposure. Control mice are housed with a Plexiglass divider between another
115 wildtype control mouse and rotated to a different cage daily. The SI test for social
116 avoidance behavior was performed within 24 hr of the last CSDS session. Animal
117 exploratory behavior was recorded in an open-field arena containing a wire enclosure.

118 This enclosure was empty for the first 2.5 mins (no target present) and subsequently held
119 a novel CD1 aggressor in the second 2.5 mins (target present). The experiment was
120 conducted under red light conditions. Social avoidance (Social Interaction Ratio) was
121 calculated by dividing the time spent in the interaction zone when the target mouse was
122 present over the time spent in the zone when the target mouse was absent. Using the SI
123 ratio, mice were categorized as either susceptible (SI ratio < 0.9) or resilient (SI ratio >
124 1.1), a measure that has been shown to be highly predictive of numerous other behavioral
125 sequelae after CSDS [37, 38].

126

127 *Astrocyte Isolation*

128 Astrocytes were isolated using Miltenyi BioTech's ACSA-2 MicroBead Kit as previously
129 described [39, 40] from freshly micropunched NAc tissue (bilateral 14G punches).
130 Following astrocyte elution, a final 300 rcf centrifuge spin was performed, the supernatant
131 removed, and astrocytes resuspended in 300 μ L Tri-Reagent (Zymo). To ensure lysis prior
132 to snap-freezing on dry ice, the resuspension was vortexed for 30 seconds. All samples
133 were stored at -80°C until RNA extraction.

134

135 *RNA Extraction, Library Preparation, and Sequencing*

136 RNA was extracted using Zymo's Directzol RNA MicroPrep kit following manufacturer's
137 instructions. RNA quality and quantity was assessed using Bioanalyzer (Agilent). Any
138 sample with a RIN value of less than 7.8 was excluded. 500 pg of RNA was used as input
139 in Takara's SMARTer® Stranded Total RNA-Seq Kit v2 – Pico, with ribodepletion,
140 according to the manufacturer's instructions. Sequencing libraries were generated for
141 each sample individually using Takara's Unique Dual Index Kit. Following library
142 preparation, sequencing was performed with Genewiz/Azenta on an Illumina Novaseq
143 with a 2x150 bp paired-end read configuration to produce 40M reads per sample. Quality
144 control was performed using FastQC. All raw sequencing reads underwent adapter
145 trimming and were mapped to mm10. Genes with a row sum less than 10 were excluded
146 prior to differential gene expression analysis. Differential expression was performed in R
147 version 4.0.2 using the DESeq2 package version 1.28.1 25516281, with built-in
148 independent filtering disabled. For differential expression analysis, Resilient (n = 7) and

149 Susceptible (n = 7) astrocytes were compared to Control astrocytes (n = 8). Significant
150 DEGs were determined by a 20% Log₂FC and p < 0.05. Volcano plots were generated in
151 R (v4.0.2) using tidyverse package (v1.3.1) and ggplot (v3.4.2). Venn diagrams were
152 generated using nVenn [41]. Union heatmaps were generated using Morpheus
153 (<https://software.broadinstitute.org/morpheus>).

154

155 *Rank Rank Hypergeometric Overlap (RRHO)*

156 RRHO plots were generated using the RRHO2 package (github.com/RRHO2/RRHO2).
157 Human RNA-seq data from the NAc was accessed from [42].

158

159 *Gene Ontology analysis*

160 Gene ontology for “Biological Processes 2021” database was performed in R using the
161 enrichR package with our filtered DEG lists as input [43, 44]. Plots were made with ggplot2
162 (v3.4.2). Specific terms presented are summarized if redundancies were present.

163

164 *Ingenuity upstream regulator analysis*

165 Predicted upstream regulators were identified using Ingenuity Pathway Analysis software
166 (Qiagen) with the identified DEGs lists as input. Upstream regulators were filtered to only
167 include those considered as “molecules” with Benjamini-Hochberg corrected p-values for
168 p < 0.05 and an activation z-score of greater or lesser than 0.2 [45, 46].

169

170 *Immunohistochemistry*

171 Brains were collected within 48 hr of the SI test. At time of collection, animals were deeply
172 anesthetized with peritoneal injections of 500mg/kg Fatal Plus and intracardially perfused
173 with PBS, followed by 20 mL 4% paraformaldehyde (PFA). Brains were post-fixed for 72
174 hr, and subsequently sliced at 30uM sections. Sections were blocked for 1 hr in blocking
175 buffer, followed by overnight incubation with primary antibodies in diluted blocking buffer
176 (1:3 of blocking buffer in PBS). Sections were then washed for 15 mins (3x) in diluted
177 blocking buffer before being incubated with secondary antibodies (all 1:500) in diluted
178 blocking buffer for 1.5 hr at room temperature in the dark. Three additional 15 min washes
179 in diluted blocking buffer followed the incubation in secondary antibodies (all 1:500).

180 Finally, sections were counterstained with DAPI (1:10,000) for five minutes before a final
181 wash in PBS. Sections were mounted with Fluoromount medium (Sigma #F4680) on
182 glass slides (FisherScientific #12-550-15) and covered with cover glass (FisherScientific
183 #12-548-5E). The following primary antibodies were used: NeuN (MilliporeSigma
184 #ABN91; 1:1000), Sox9 (Abcam # ab76997; 1:500), total CREB (Cell Signaling #9197L;
185 1:500), pCREB (Cell Signaling #9198S; 1:500). The following secondary antibodies were
186 used: Ch-488 (Jackson #703-546-155), Ms-Cy3 (#715-166-150), Rb-647 (#711-606-
187 152), Rb-Cy3 (#711-166-152).

188

189 *Confocal microscopy*

190 Images were taken on a Zeiss LSM780 microscope with a 40x oil immersion lens. For
191 quantification of CREB and pCREB, the settings for laser power and gain were
192 determined for control samples and subsequently not adjusted. The experimenter was
193 blinded to imaging for the Res and Sus samples. Integrated intensity of CREB and pCREB
194 were determined using Cell Profiler.

195

196 *AAV viruses*

197 Control EGFP (pAAV.GfaABC1D.PI.Lck-GFP.SV40; #105598-AAV5) and tdTomato
198 (pZac2.1 gfaABC1D-tdTomato; #44332-AAV5) viruses were purchased from Addgene
199 [47]. Astrocyte-specific CREB viruses were generated by Virovek by cloning the GFP-
200 CREB and GFP-mCREB sequence [48-50] with the GfaABC1D promoter into an AAV2/5.

201

202 *Stereotaxic surgery*

203 Mice were anesthetized with a mixture of ketamine (100mg/kg) and xylazine (10mg/kg)
204 and positioned in a small-animal stereotactic instrument (Kopf Instruments). The skull
205 surface was exposed, and 33-g syringe needles (Hamilton) used to bilaterally infuse
206 1 μ L of AAVs (diluted in sterile PBS to 2 x 10¹⁰) at a rate of 0.2 μ L/min. NAc coordinates
207 relative to the Bregma were: AP +1.3, ML +1.5, DV -4.4 at a 10° angle.

208

209 *Statistical analyses*

210 All data were plotted as mean +/- SEM, and statistical analysis was performed in Prism
211 10. Behavioral data was analyzed using one-way or two-way ANOVAs, as appropriate,
212 followed by Tukey's post-hoc test. Immunohistochemistry data was analyzed using one-
213 way ANOVA followed by Tukey's post-hoc test and Pearson r correlation. Outliers were
214 determined for immunohistochemistry data using Prism's ROUT method, with the strictest
215 cutoff of Q = 0.1%.

216

217 **Results**

218 **Astrocyte transcriptome robustly responds to chronic stress**

219 To better understand the role of astrocytes in stress and depression, we performed
220 astrocyte whole-cell sorting and RNA-seq after ten days of CSDS (Fig 1A). Male C57BL/6
221 mice were exposed to different CD1 aggressors for 5 minutes every day for 10
222 consecutive days with overnight sensory exposure (plexiglass separators in cage). Within
223 24 hr of the last defeat session, an SI test was performed and the animals were
224 subsequently separated into resilient (Res) and susceptible (Sus) categories as
225 previously published [37, 38]. Animals that displayed a high interaction ratio and
226 interaction time, and low time in the corners, were considered Res; animals with a low
227 interaction ratio and interaction time, and high time in the corners, were considered Sus
228 (Fig 1B-D). Within 48–72 hr of the last defeat session, astrocytes were collected from the
229 NAc with stress categories counterbalanced across collection days and then RNA-seq
230 was performed.

231 Volcano plots from the differential expression analysis (DESeq2) revealed a robust
232 transcriptional response in astrocytes obtained from both Res and Sus animals in
233 comparison to control astrocytes, with an equal distribution across up- and downregulated
234 genes (Fig 1E, F). The venn diagram comparison of the identified statistically-significant,
235 differentially expressed genes (DEGs; Fig 1G) revealed little overlap (11%, 177 DEGs)
236 between Res and Sus astrocytes. However, union heatmaps of DEGs revealed generally
237 similar patterns of gene expression (Fig 1H). Genes downregulated in Res astrocytes
238 were largely also downregulated in Sus astrocytes, with some exceptions. There
239 appeared to be less convergence in upregulated DEGs between Sus and Res astrocytes.

240 We also observed that, overall, the magnitude of the Log₂FC was greater in Res
241 compared to Sus astrocytes (Fig 1E-F).

242 To determine if this pattern of gene expression was confined to those genes that
243 were determined to be statistically significantly affected by CSDS or were found genome-
244 wide, we utilized Rank Rank Hypergeometric Overlap (RRHO2). RRHO2 compares
245 changes in gene expression between two datasets in a “threshold-free” manner [51].
246 RRHO2 revealed, similar to our union heatmaps, that CSDS induced some concordant
247 gene expression changes in Res and Sus astrocytes from the NAc (Fig 1I). This finding
248 suggests that, while distinct genes are found in Res and Sus astrocyte populations with
249 statistical thresholds, there is also a large population of dysregulated genes in astrocytes
250 associated with a general stress response.

251 Finally, given that bulk tissue and single-cell/nuclei RNA-seq has implicated
252 astrocyte transcriptomic dysfunction in tissue from human MDD patients, we determined
253 if astrocytes from our rodent CSDS model exhibited similar transcriptional patterns
254 compared to the human MDD transcriptome. We compared our astrocyte RNA-seq data
255 to available human bulk RNA-seq using RRHO2. We found concordance between Sus
256 and Res astrocytes, albeit to a lesser extent in Res astrocytes, compared to human MDD
257 patients (Fig 1J).

258 To determine the molecular, downstream impact of CSDS on the astrocyte
259 transcriptome we performed Gene Ontology (GO) analysis on the Res and Sus astrocyte
260 DEGs. We utilized EnrichR GO: Biological Pathways 2021 [43, 44] and identified more
261 significant GO Terms in Res compared to Sus astrocytes (111 vs 52), with only three
262 overlapping Terms (Fig 2A). This is perhaps not surprising, as while global gene
263 expression appears to be similar between Res and Sus astrocytes, there are only a few
264 overlapping significant DEGs between Res and Sus. The top 10 GO terms implicated in
265 Res astrocytes were: cytoplasmic translation (*cytoplasmic sequestering of NF-kappaB*;
266 *cytoplasmic translation*), neuronal dysfunction (*axon ensheathment in central nervous*
267 *system*), and cytoskeletal integrity (*microtubule depolymerization*; *microtubule*
268 *polymerization or depolymerization*) (Fig 2B). In contrast, post-translational protein
269 stability (*protein targeting, establishment of protein localization to membrane*; *protein*

270 *palmitoylation*) and cellular processing (*cellular response to peptide hormone stimulus;*
271 *copper ion transport*) were implicated in Sus astrocytes (Fig 2C).

272 We next determined potential transcriptional mediators governing the astrocyte
273 transcriptome in response to chronic stress by performing Ingenuity Pathway Analysis's
274 Upstream Regulator analysis. More upstream regulators were identified in Res compared
275 to Sus astrocytes (270 vs. 181), with only 124 in common between Res and Sus
276 astrocytes (Fig 2D). We identified several upstream regulators previously implicated in
277 social behavior, stress, or depression, including CD38, TCF7L2, VEGF, and BDNF [37,
278 52-55]. Of the overlapping regulators, we found that the majority were activated or
279 inhibited (direction of activation Z-score in Fig 2D) similarly in both Res and Sus (80%,
280 99/124), with only 25 (20%) found to be incongruent (Fig 2D). This again highlights both
281 an overall general transcriptional response to chronic stress in astrocytes, as well as
282 potential transcriptional regulators that may govern differential molecular and behavioral
283 consequences.

284

285 **Astrocytic CREB is regulated by chronic stress**

286 CREB1 caught our attention (Fig 2D, arrow) in the upstream regulator analysis, as
287 it was strongly predicted in both Res and Sus astrocytes, but with opposing directions in
288 the activation z-score. CREB is a well-known transcription factor that influences a variety
289 of neuropsychiatric disorders, including stress and depression in both rodent models and
290 human MDD patients [31, 32] Previous work has implicated CREB as a transcriptional
291 regulator in astrocytes [33, 34], however, the role of astrocytic CREB in stress and
292 depression has yet to be investigated. We first validated our bioinformatic findings to
293 determine if CREB was indeed activated in NAc astrocytes in response to CSDS. Male
294 C57B/L6 mice were exposed to our 10-day CSDS paradigm, with SI testing to determine
295 Res and Sus animals followed by perfusion and tissue collection. SOX9
296 immunohistochemistry was used to demarcate astrocytes in combination with antibodies
297 for total CREB or phosphorylated CREB (pCREB) (Fig 3A,B). Confocal microscopy
298 revealed a significant reduction in total CREB levels in Sus astrocytes of NAc compared
299 to both Ctrl and Res astrocytes with no significant difference between Res and Ctrl. The
300 effect seen in Sus astrocytes was observed when both subregions of the NAc were

301 considered separately (Core: Fig 3D; Shell: Fig 3E). Importantly we observed a
302 statistically significant positive correlation between SI Ratio and mean CREB integrated
303 intensity (analyzing the entire NAc) for individual animals, demonstrating that the change
304 in astrocytic CREB is not dependent on our categorical Res and Sus assignments (Fig
305 3F).

306 To determine the level of activation of CREB in astrocytes following CSDS we
307 utilized an antibody targeted against phosphorylation of CREB at Ser133, a site
308 canonically associated with increased CREB-mediated transcription [56, 57]. In contrast
309 to total CREB, we found an increase in the integrated intensity of pCREB in Sus
310 astrocytes compared to Ctrl and Res, and no significant effect between Res and Ctrl
311 astrocytes (Fig 3G). Within the NAc core, we again observed increased pCREB in Sus
312 compared to Res and Ctrl, and no significant change in Res compared to Ctrl astrocytes
313 (Fig 3H). A significant increase in pCREB in Sus astrocytes compared to Ctrl was found
314 in the NAc shell, but no difference between Res and Sus or Ctrl astrocytes (Fig 3I).
315 Correlation of the integrated intensity of astrocytic pCREB and SI Ratio revealed a
316 significant negative effect, again suggesting that the change in astrocytic CREB activation
317 is not limited to our categorical stress assignment (Fig 3J). Importantly, and as validation
318 to our above astrocyte findings, similar effects of CSDS on total CREB and pCREB were
319 determined for neurons (NeuN+ cells; Fig S1A-H) of the same animals, in line with
320 previous reports [50, 58].

321

322 **Astrocytic CREB regulates behavioral responses to chronic stress**

323 To study the impact of stress regulation of astrocytic CREB in NAc, we developed
324 AAV vectors to manipulate CREB specifically in astrocytes. We and others have
325 previously utilized viral expression of either a wildtype CREB or a dominant negative
326 CREB mutant termed mCREB (serine to alanine mutation at Ser133) to establish
327 neuronal CREB's influence on a variety of behaviors [48, 50, 59, 60]. We therefore used
328 these same designs, but with a *GfaABC1D* promotor to target viral-mediated transgene
329 expression selectively to astrocytes in NAc. Immunohistochemistry co-staining with SOX9
330 and CREB was used to validate astrocyte specificity and revealed that both CREB-GFP+
331 and mCREB-GFP+ cells only colocalized with SOX9+ cells (Fig 4C), with roughly 70% of

332 NAc SOX9⁺ astrocytes being GFP⁺ positive (Fig 4D). To validate that our viruses
333 manipulate CREB expression, a second cohort of mice were injected with unilateral NAc
334 CREB or mCREB AAVs and GfaABC1D-tdTomato AAV (Ctrl-AAV). This injection
335 paradigm allows for the examination of CREB and pCREB expression using a within-
336 subject design to account for individual variability in CREB expression levels. As
337 expected, both CREB and mCREB AAVs resulted in increased expression of total CREB
338 compared to Ctrl-AAV astrocytes (Fig 4E) [61]. Importantly, we only observed increased
339 pCREB integrated intensity in astrocytes expressing CREB-AAV, but not mCREB-AAV
340 (Fig 4F). These data confirm that our viruses selectively manipulate CREB in astrocytes
341 within NAc.

342 To determine if astrocytic CREB regulates behavioral responses to CSDS, we used
343 the above AAVs to virally manipulate CREB in NAc astrocytes followed by our 10-day
344 CSDS paradigm. Herein, we included both defeat and viral controls to compensate for
345 any baseline behavioral effects of virally manipulating astrocytic CREB. SI testing was
346 performed 24 hr after the last defeat session. Overexpression of astrocytic CREB was
347 associated with an increased susceptibility phenotype after chronic stress. This effect is
348 particularly striking after categorical assignment (Fig S1I), with nearly 82% of defeated
349 CREB animals assigned to Sus (9 Sus, 2 Res) compared to 40% in the EGFP control
350 group (4 Sus, 6 Res) or 58% in the mCREB group (7 Sus, 5 Res). Independent of our
351 categorical assignment, overexpression of astrocytic CREB resulted in significantly
352 decreased interaction ratio compared to both control CREB and defeated EGFP animals
353 (Fig 4H). In contrast, no significant difference was found following mCREB astrocytic viral
354 manipulation in comparison to mCREB controls or EGFP defeated animals. Time spent
355 exploring the SI aggressor was also decreased in CREB animals compared to CREB
356 controls, and time spent in the corners was increased (Fig 4I–J). No significant effect was
357 observed for EGFP or mCREB defeated animals. The above data demonstrate that
358 astrocytic CREB biases animals to a susceptible phenotype following CSDS.

359

360 Discussion

361 The data presented herein are the first to investigate the transcriptional response
362 of astrocytes in the NAc to stress, and one of very few to demonstrate that a transcription

363 factor in adult astrocytes regulates complex behavior. We demonstrate that the NAc
364 astrocytic transcriptome robustly responds to chronic stress, with both a general
365 transcriptional response to chronic stress regardless of phenotype as well as a specific
366 response in resilient versus susceptible astrocytes. Subsequent bioinformatic analysis
367 revealed potential molecular consequences of chronic stress on astrocyte function,
368 including protein stability, cytoskeletal dynamics, and neuronal dysfunction. Given the
369 limited knowledge of astrocytic transcriptional regulators, we additionally performed an
370 Upstream Regulator analysis which deduced CREB as a strong predicted upstream
371 driver, with opposite transcriptional control predicted in Res compared to Sus astrocytes.
372 Thus, the stress-specific response may be mediated by diverging transcriptional
373 regulation in astrocytes, and we indeed found that viral-mediated overexpression of
374 CREB selectively in NAc astrocytes promotes a pro-susceptible phenotypic in response
375 to chronic stress.

376 Previous work has heavily implicated astrocytes in stress and depression in both
377 rodent models and human MDD subjects [1, 62]. Targeted molecular approaches
378 revealed dysregulated astrocyte gene and protein expression across a variety of brain
379 regions [1]. Within MDD subjects, cell-type deconvolution of bulk tissue RNA-seq data,
380 and single cell RNA-seq approaches, have implicated dysregulation of astrocyte gene
381 expression [4-12, 22]. Investigations of the astrocytic transcriptional and behavioral
382 component have largely been focused on the PFC, hippocampus, or amygdala [6, 8, 11,
383 17-21]. Here, we performed RNA-seq on whole cell sorted astrocytes after chronic stress.
384 We chose to focus on the NAc given its important role in motivation, reward, and emotion-
385 related behaviors and evidence for astrocytic regulation by stress or MDD from bulk RNA-
386 seq studies in mice and humans, respectively [22, 26]. We found a robust transcriptional
387 response to stress in both Res and Sus astrocytes, including a set of gene changes
388 unique to Res, which highlights that resilience to stress is an active biological process as
389 seen previously for neurons [9, 26, 63]. Examination of statistically significant DEGs
390 revealed little overlap between Res and Sus astrocytes; however, threshold-free RRHO2
391 analysis revealed concordant patterns of gene expression. We observed that Res
392 astrocytes generally demonstrated a larger Log₂FC compared to Sus astrocytes.
393 Therefore, the lack of overlap may simply be due to a Sus transcriptional response that

394 does not reach statistical significance. On the other hand, our results may reflect both a
395 general astrocytic transcriptional response to stress, as well as phenotype-specific
396 transcriptomes. Importantly, comparison to bulk RNA-seq from human MDD patients
397 revealed concordant gene expression in both Sus and Res astrocytes, although with a
398 stronger overlap between Sus and MDD. This finding additionally suggests both a general
399 and specific astrocyte transcriptional response to stress and depression.

400 Despite an increase in sequencing studies directed at astrocyte populations, we
401 know surprisingly little about astrocytic transcriptional regulators. Bioinformatic analysis
402 of our data highlighted several predicted upstream regulators of the astrocyte
403 transcriptional response to CSDS, including some previously implicated in social
404 behavior, stress, or depression [37, 52-55]. Noteworthy, both CD38 and TCF7L2 were
405 found to be important for proper neurodevelopment associated with social behavior, but
406 within the PFC [52, 53]. While these regulators were associated with younger postnatal
407 ages, a recent study by Huang *et al.* demonstrated that global loss of astrocytic Nuclear
408 Factor-1A (NF1A), a well-known transcription factor associated with astrogliogenesis
409 during neurodevelopment, in adult animals resulted in hippocampus-specific effects on
410 transcription and behavior [64]. In the evolving field of astrocyte biology, there is a growing
411 need to investigate the regional, temporal, and contextual role of astrocyte transcriptional
412 regulation.

413 Our analysis additionally revealed CREB as a strongly predicted upstream
414 regulator, but with opposing activation states in Res compared to Sus astrocytes.
415 Previous work has also implicated CREB as a transcriptional regulator in cultured
416 astrocytes [33-36]. We confirmed this bioinformatic result with examination of the levels
417 of total and activated CREB (pCREB) in astrocytes at the protein level. We found
418 increased expression of activated CREB in Sus NAc astrocytes following CSDS,
419 consistent with the Upstream Regulator analysis. Furthermore, the levels of total and
420 pCREB correlated with an individual animal's SI score, albeit in opposite directions,
421 indicating that our results are not merely due to nominal discrete groupings. Instead, this
422 indicates that CREB expression influences responses to stress on a continuous scale.
423 Concomitantly, we found the same results in neuronal populations from the same animals,
424 in line with previous work and in support of our astrocytic results [48-50]. Neuronal CREB

425 displays a region-specific influence on stress and depression, wherein a pro-resilient
426 effect is associated with neuronal CREB expression in the PFC and hippocampus, but a
427 pro-susceptible effect in NAc [65]. Astrocyte regional heterogeneity is well documented;
428 thus, it is reasonable to assume a region-specific influence of astrocytic CREB [64, 66-
429 69]. Nevertheless, future work is needed to determine if astrocytic CREB also displays
430 region-specific influence on behavioral responses to stress.

431 How transcriptional regulation in astrocytes contributes to complex behavior is an
432 exciting and emerging field. We examined, for the first time, the role of astrocytic CREB
433 in regulating stress responses and demonstrated that astrocytic CREB induces a pro-
434 susceptibility phenotype. This effect was particularly prominent following categorical
435 assignment to Res or Sus categories, with over 80% of animals assigned to Sus. Outside
436 of discrete grouping, this effect was still observed, with a significant reduction in SI Ratio.
437 An important limitation to our study is the inclusion of only males. While sex differences
438 in CREB's association with MDD are inconclusive, there are known sex differences in
439 both human MDD and rodent models [22, 42, 70-72]. Future studies are needed to
440 determine the sex-specific astrocytic transcriptional response to chronic stress and how
441 astrocytic CREB may regulate depressive-like behaviors in a sex-specific manner.
442 Interestingly, we did not observe a change in SI ratio after viral expression of mCREB, a
443 dominant negative mutant, in NAc astrocytes. This was surprising, as previous work in
444 neurons demonstrates that this construct induces opposite molecular and behavioral
445 changes compared to wildtype CREB [58, 59, 61]. However, the exact molecular
446 mechanisms by which astrocytic CREB induces transcription are not fully understood,
447 and cell culture studies report contradictory results [34-36]. It is possible that
448 compensatory molecular mechanisms may be sufficient to overcome the effects of virally-
449 expressed mCREB.

450 To conclude, we demonstrate that the astrocyte transcriptome within the NAc
451 robustly responds to CSDS in both resilient and susceptible astrocytes. We furthermore
452 demonstrate that transcriptional regulation in astrocytes mediates depressive-like
453 behaviors, as viral overexpression of CREB selectively in NAc astrocytes biased animals
454 towards a susceptible phenotype. Our data strongly support the increased attention on
455 astrocytic responses in stress and depression research and highlight the importance of

456 better understanding transcriptional regulation in astrocytes which may reveal yet
457 unknown molecular mechanisms underlying neuropsychiatric disorders which can be
458 targeted with novel therapeutics.

459

460 **Acknowledgements**

461 This work was supported by funding from the NIH (R01MH051399 and R01MH129306 to
462 E.J.N.). The authors would like to thank Katherine Beach, Catherine McManus, Kyra
463 Schmidt, Nathalia Pulido, and Ezekiel Mouson for animal husbandry.

464

465 **Disclosures**

466 The authors declare no competing financial interests.

467

468 **Data Availability**

469 All RNA-seq data reported in this study will be deposited in the Gene Expression
470 Omnibus.

471

472 **References**

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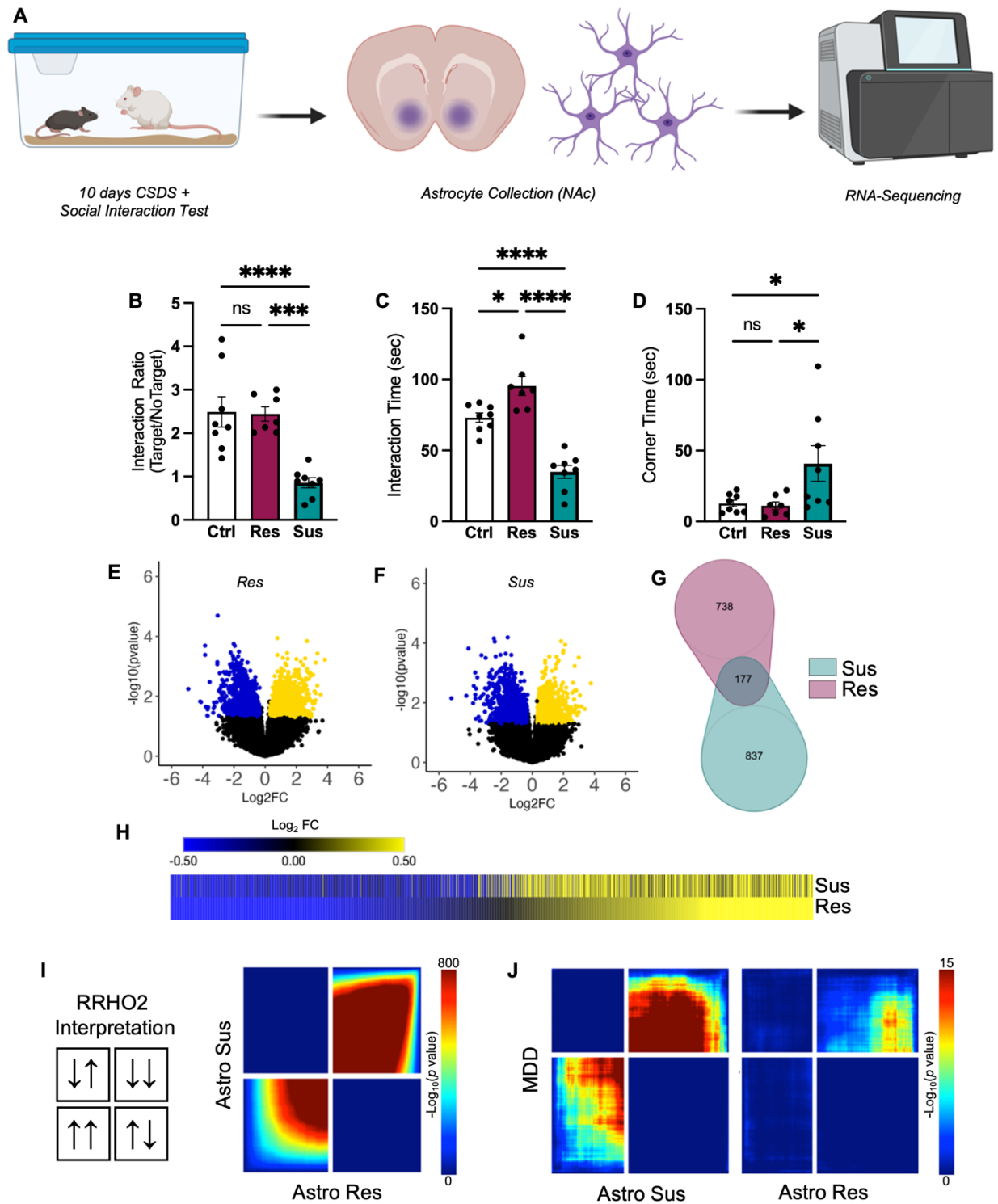
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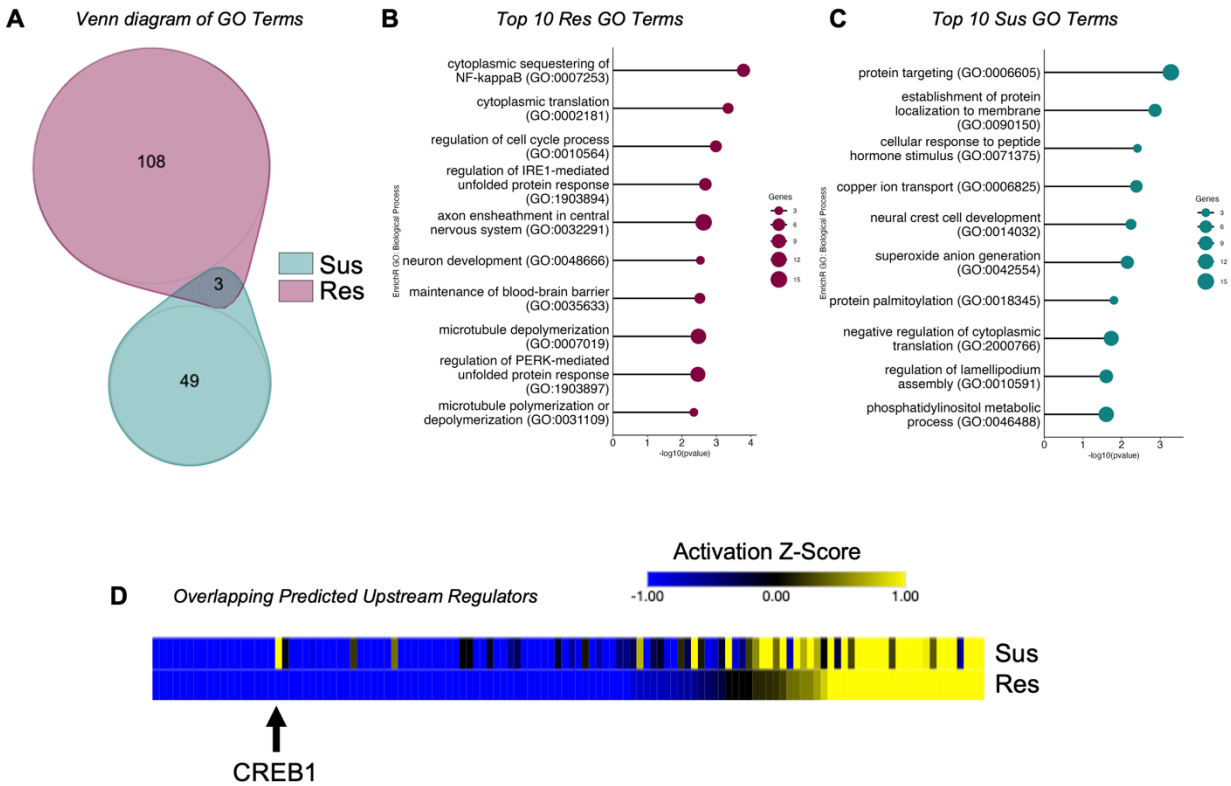
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652 **Figure 1. Astrocyte transcriptome in NAc responds robustly to chronic stress. A)**

653 Cartoon illustration of experimental design. B–C) Behavior of phenotyped animals

654 selected for astrocyte collection and RNA-seq. CSDS resulted in Res (purple) and Sus

655 (teal) phenotypes, as expected. B) Sus animals demonstrate decreased Interaction
656 Ratios compared to Ctrl and Res animals ($F_{(2,20)} = 15.63$, $P < 0.0001$; Tukey post-hoc $***p$
657 < 0.001). C) Res animals demonstrate an increase in time interacting with a novel CD1
658 aggressor compared to Ctrl and Sus animals, while Sus animals demonstrate a decrease
659 compared to Ctrl animals ($F_{(2,20)} = 38.44$, $P < 0.001$; Tukey post-hoc $*p < 0.05$; $****p <$
660 0.0001). D) In contrast, Sus animals demonstrate an increase in time spent in corners
661 compared to both Res and Sus ($F_{(2,20)} = 4.636$, $P = 0.0222$; Tukey post-hoc $*p < 0.05$).
662 Volcano plots of detected genes from E) Res and F) Sus astrocytes compared to Ctrl.
663 Upregulated DEGs are indicated in yellow, while downregulated DEGs are indicated in
664 blue. G) Venn diagram reveals little overlap between significant DEGs in Res (purple) and
665 Sus (teal) astrocytes. However, H) union heatmap demonstrates considerably similar
666 Log_2FC expression of significant DEGs where again upregulated DEGs are indicated in
667 yellow and downregulated DEGs are indicated in blue. The union heatmap nevertheless
668 does highlight DEGs that are regulated differently in Res versus Sus. I) RRHO2 threshold-
669 free genome-wide comparison confirms the union heatmap by revealing partly concordant
670 gene expression between Res and Sus. J) RRHO2 comparison of human MDD bulk RNA-
671 seq of NAc to Sus (left) and Res (right) RNA-seq of NAc astrocytes demonstrates some
672 concordant expression between the mouse and human datasets. Data represented at
673 mean \pm SEM, $n = 7$ – 8 animals per condition. RNA-seq: RNA-sequencing; CSDS:
674 chronic social defeat stress; Res: resilient; Sus: susceptible; Ctrl: control; DEG:
675 differentially expressed genes; Log_2FC : log2 fold change; RRHO2: rank rank
676 hypergeometric overlap.



677

678 **Figure 2. The astrocyte transcriptomic response to stress in NAc is phenotypically**

679 **specific.** A) Venn diagram of identified GO terms between Res (purple) and Sus (teal)

680 astrocytes reveals little overlap of downstream molecular consequences of stress on

681 astrocytes. The top 10 identified GO Terms of B) Res and C) Sus further implicate distinct

682 molecular responses between the two phenotypes. D) Union heatmap of overlapping

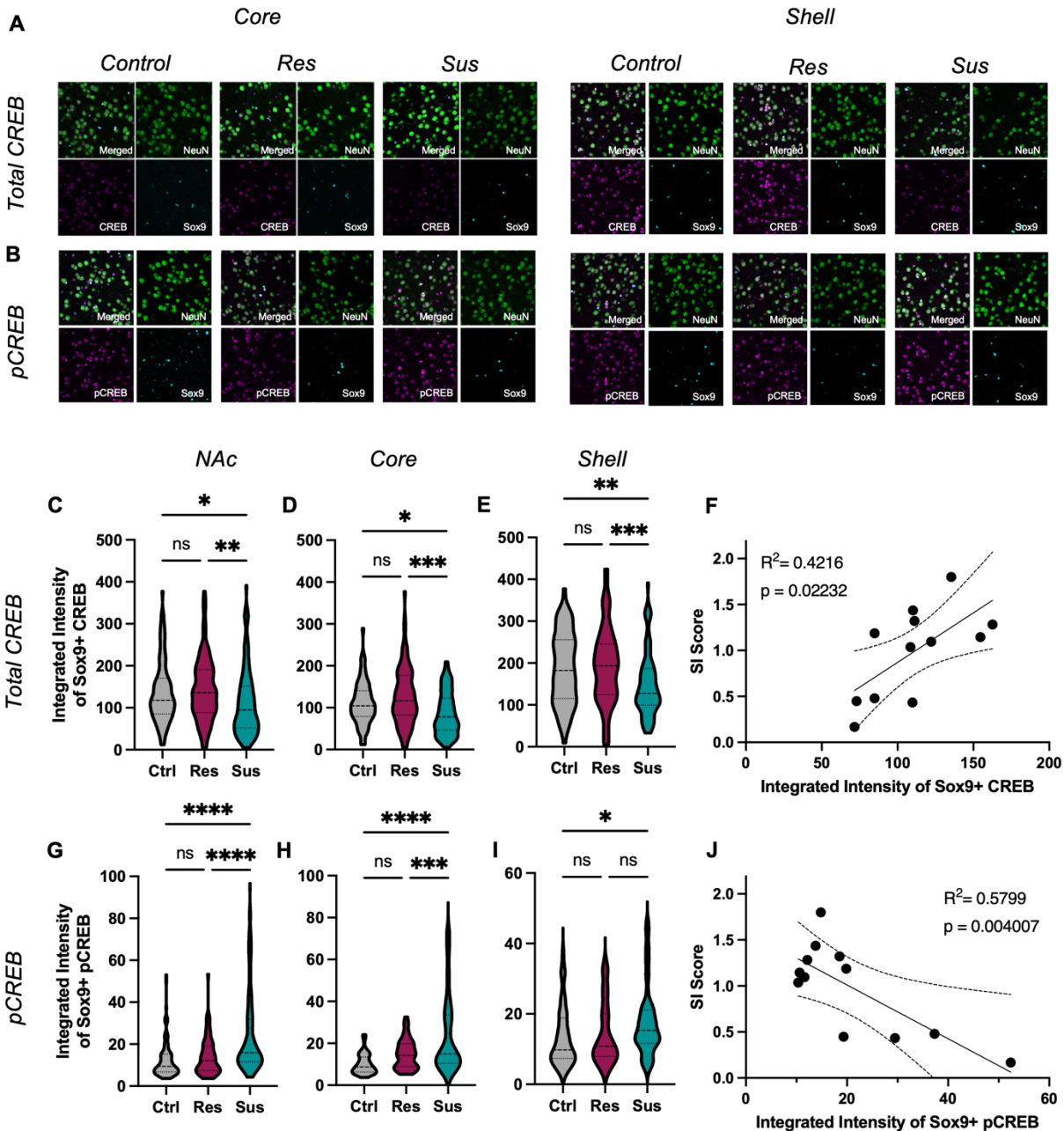
683 upstream regulators reveals similar activation states in the majority, while several

684 demonstrate opposing states of activation (blue indicates inhibited regulators, yellow

685 indicates activated regulators). The black arrow demarcates CREB1, which demonstrates

686 a predicted activation z-score in Sus and inhibition in Res astrocytes. Res: resilient; Sus:

687 susceptible.



688

689 **Figure 3. Astrocytic CREB regulation in NAc of susceptible mice. A–B)**

690 Representative IHC images for total (A) and pCREB (B) in astrocytes (SOX9, blue) and

691 neurons (NEUN, green) from the core (left) and shell (right) of NAc after CSDS. Across

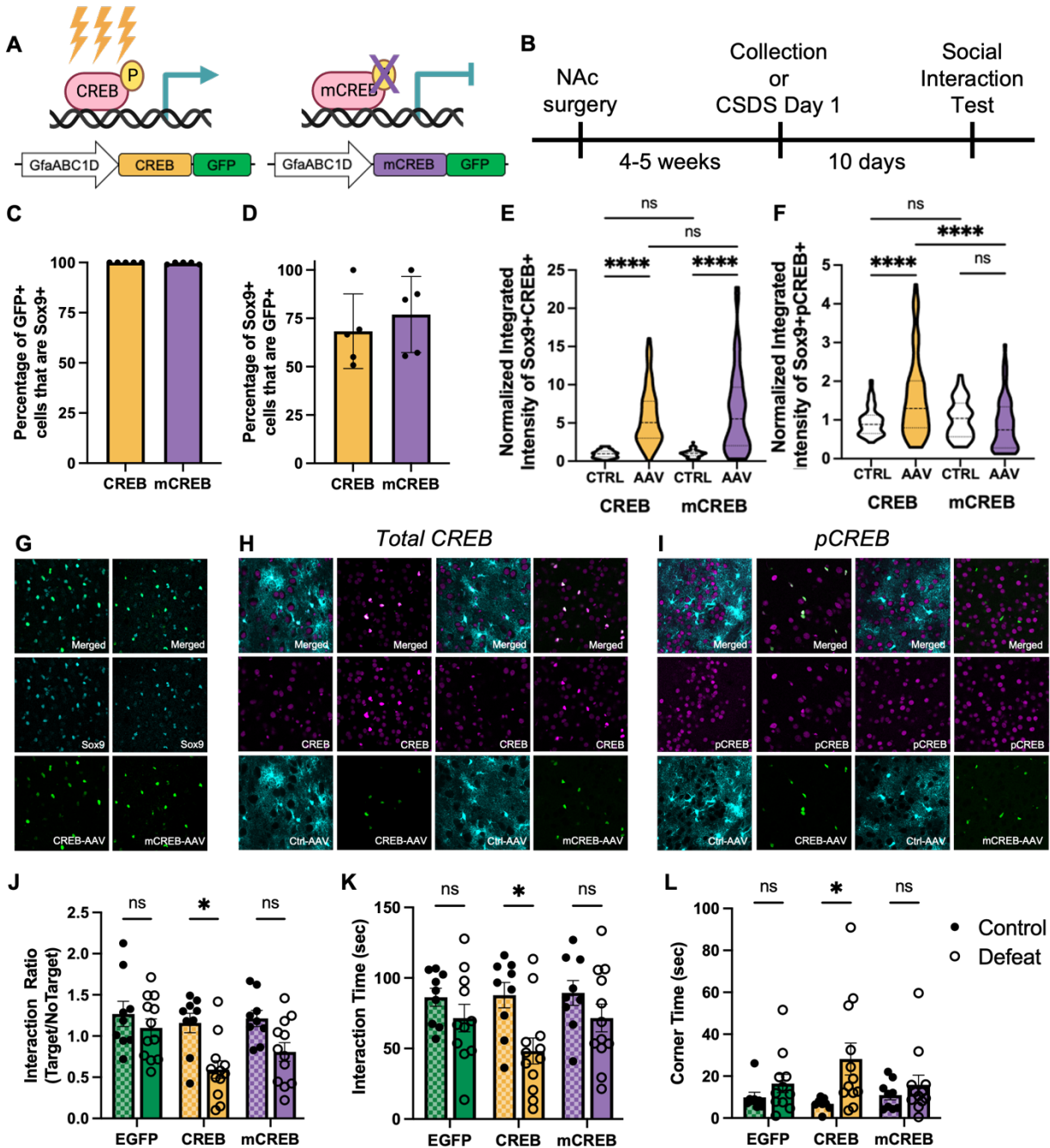
692 the C) entire NAc, total CREB expression is decreased in Sus astrocytes compared to

693 Res and Ctrl astrocytes ($F_{(2,337)} = 6.538$, $P = 0.0016$; Tukey post-hoc $*p = 0.0227$; $**p =$

694 0.0019), with no difference between Ctrl and Res astrocytes (Tukey post-hoc $p = 0.8360$).

695 Similar effects were observed in the D) core ($F_{(2,235)} = 9.976$, $P = 0.0002$; Tukey post-hoc

696 * $p = 0.027$; *** $p < 0.001$) and E) shell $F_{(2,248)} = 6.659$, $P = 0.0015$; Tukey post-hoc ** $p =$
697 0.0157 ; *** $p = 0.002$). F) Pearson r correlation of individual animal's mean total astrocytic
698 CREB expression and Interaction Ratio (SI score) reveals a strong positive correlation
699 ($r(12) = 0.649$, $p = 0.022$, $R^2 = 0.422$). G) In contrast, increased expression of the
700 canonical activated form of CREB (pCREB) was observed in Sus compared to Ctrl and
701 Res astrocytes ($F_{(2,285)} = 26.72$, $P < 0.0001$; Tukey post-hoc **** $p < 0.0001$), with no
702 difference between Res and Ctrl astrocytes (Tukey post-hoc $p = 0.109$). This increase in
703 pCREB in Sus astrocytes was observed in H) NAc core ($F_{(2,178)} = 23.49$, $P < 0.0011$; Tukey
704 post-hoc *** $p = 0.027$; **** $p < 0.001$). However, within the shell, increased pCREB in Sus
705 was only observed compared to Ctrl and not Res astrocytes ($F_{(2,150)} = 3.760$, $P = 0.0255$;
706 Tukey post-hoc * $p = 0.034$). J) Pearson r correlation of individual animal's mean astrocytic
707 pCREB expression and Interaction Ratio (SI score) reveals a negative correlation ($r(12)$
708 $= -0.762$, $p = 0.004$, $R^2 = 0.579$). Data represented as mean \pm SEM; $n = 5$ mice per
709 condition. pCREB: phosphorylated CREB; NAc: nucleus accumbens; CSDS: chronic
710 social defeat stress; Res: resilient; Sus: susceptible; Ctrl: control.



711

712 **Figure 4. Astrocytic CREB in NAc promotes susceptibility to chronic stress.**

713 Cartoon illustrations of A) AAVs to increase CREB activity (left, CREB, yellow) or

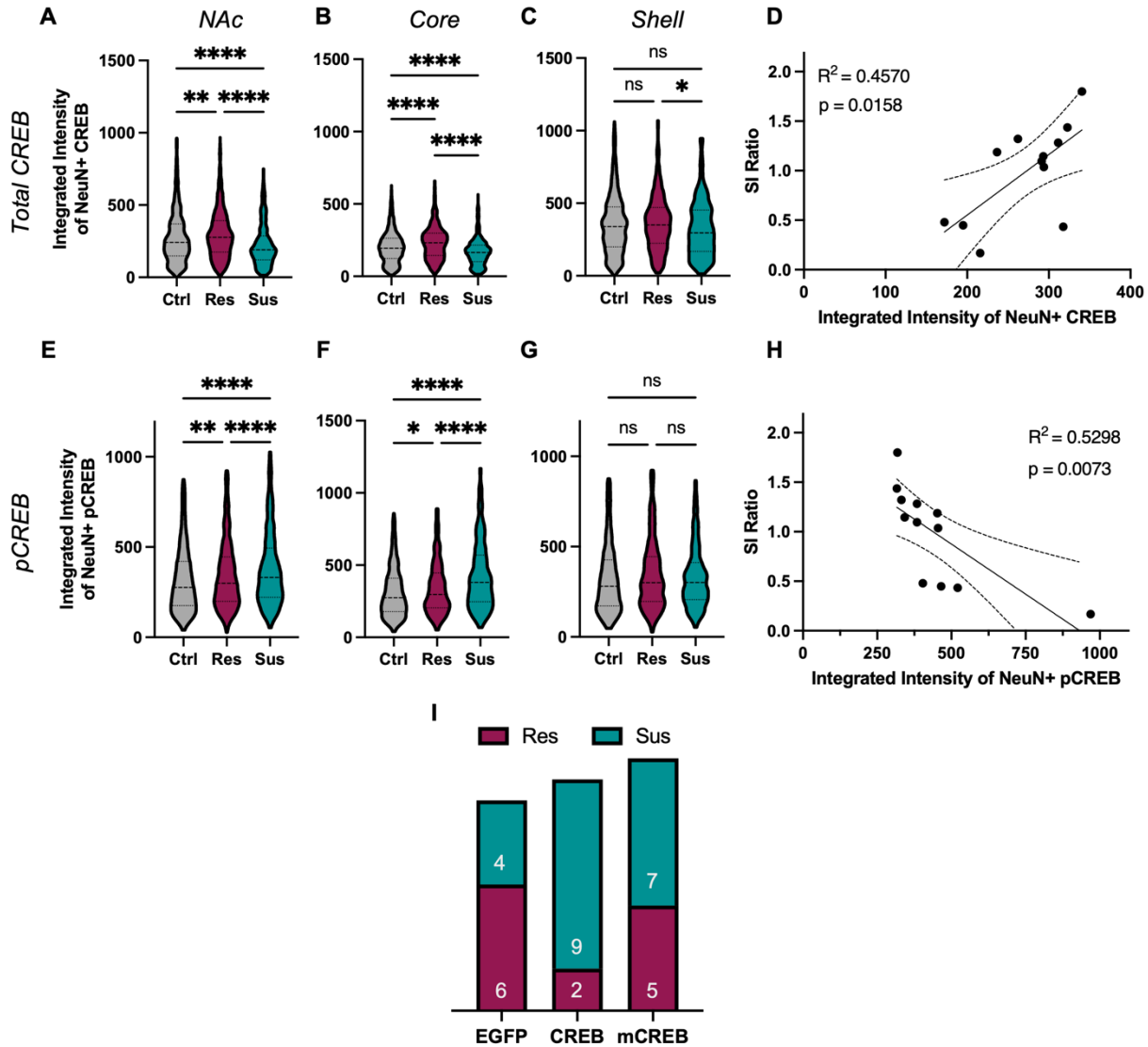
714 downregulate CREB activity via expression of a dominant negative mutant (right,

715 mCREB, purple) selectively in NAc astrocytes and B) experimental timeline. C) The

716 percentage of AAV-targeted cells (GFP+) that are astrocytes (SOX9+) demonstrates

717 astrocyte-specific AAV expression. D) Both CREB and mCREB AAVs target roughly 70%

718 of astrocytes within the NAc. E) Increased expression of total CREB was observed with
719 both AAVs, as expected, compared to contralateral Ctrl-AAV expressing astrocytes
720 ($F_{(3,292)} = 60.61$, $P < 0.001$; Tukey post-hoc **** $p < 0.0001$). F) Importantly, only the CREB-
721 AAV increased levels of pCREB ($F_{(3,246)} = 14.23$ $P < 0.0001$; Tukey post-hoc **** $p <$
722 0.0001), with no difference found in mCREB expressing astrocytes (Tukey post-hoc **** p
723 < 0.0001). H) Overexpression of CREB selectively in NAc astrocytes decreased the
724 Interaction Ratio following CSDS (two-way ANOVA; main effect of AAV ($F_{(2,56)} = 3.46$, $P =$
725 0.0381 ; main effect of Defeat ($F_{(1,56)} = 16.04$, $P = 0.0002$) in comparison to both control
726 CREB animals (Tukey post-hoc * $p = 0.0152$) and defeated EGFP animals (Tukey post-
727 hoc * $p = 0.0208$). I) Decreased Interaction Time (two-way ANOVA; main effect of Defeat
728 ($F_{(1,56)} = 9.819$, $P = 0.0027$; Tukey post-hoc * $p = 0.0415$) and J) increased time in
729 corners (two-way ANOVA; main effect of Defeat ($F_{(1,56)} = 7.431$, $P = 0.0087$; Tukey post-
730 hoc * $p = 0.0450$) was also observed in defeated CREB animals compared to control
731 CREB animals. Data represented as mean +/- SEM; for C-F) $n = 5$ animals per condition;
732 for H-J) $n = 9$ control and 12 defeat animals per condition).



733

734 **Supplemental Figure 1.** Across the A) entire NAc, total CREB expression was decreased
 735 in Sus neurons compared to Res and Ctrl neurons, and increased in Res neurons
 736 compared to between Ctrl ($F_{(2,3275)} = 50.60$, $P < 0.0001$; Tukey post-hoc $**p = 0.0016$;
 737 $****p < 0.0001$). Similar effects were observed in the B) core ($F_{(2,1717)} = 51.68$, $P < 0.0001$;
 738 Tukey post-hoc $****p < 0.001$). C) In the shell, total CREB expression was only decreased
 739 in Sus neurons compared to Res, with no significant difference compared to Ctrl ($F_{(2,1568)} =$
 740 4.271 , $P = 0.0141$; Tukey post-hoc $*p = 0.012$). D) Pearson r correlation of individual
 741 animal's mean total neuronal CREB expression and Interaction Ratio (SI score) revealed
 742 a strong positive correlation ($r(12) = .676$, $p = 0.0158$, $R^2 = 0.4570$). E) In contrast,
 743 increased expression of pCREB was observed in Sus and Res compared to Ctrl neurons
 744 ($F_{(2,3762)} = 36.28$, $P < 0.0001$; Tukey post-hoc $**p = 0.0013$, $****p < 0.0001$) in total NAc.

745 This increase in pCREB in Sus neurons was observed in F) NAc core ($F_{(2,1951)} = 56.72$, P
746 < 0.0001 ; Tukey post-hoc **** $p < 0.001$), but not in the G) shell ($F_{(2,1833)} = 2.782$, $P =$
747 0.0622). H) Pearson r correlation of individual animal's mean neuronal pCREB expression
748 and Interaction Ratio (SI score) revealed a negative correlation ($r(12) = -0.728$, $p =$
749 0.0073 , $R^2 = 0.5298$). I) Phenotype assignment for defeated animals following viral-
750 mediated astrocytic CREB manipulation and CSDS. Data represented as mean \pm SEM;
751 $n = 5$ mice per condition. pCREB: phosphorylated CREB; NAc: nucleus accumbens;
752 CSDS: chronic social defeat stress; Res: resilient; Sus: susceptible; Ctrl: control.