

The numb chin in breast cancer¹

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SUMMARY Numbness of the chin, an uncommon neurological symptom, was observed in 15 patients with cancer. Thirteen had breast cancer. This symptom usually heralded progressive involvement of the cranial nerves or cerebrum and denoted a poor prognosis in patients with a short 'tumour-free interval'. The pathogenesis is commonly related to dural involvement of the Vth cranial nerve at the base of the brain, although metastasis to the mandible might sometimes be implicated. The reason for the peculiar predilection for the mandibular branch of the trigeminal nerve to be affected by breast cancer is not known.

Unilateral facial numbness is an uncommon primary symptom of neurological disease. It has been reported in association with multiple sclerosis (McAlpine, Lumsden, and Acheson, 1965), syphilis (Ornstein, 1931), arachnoiditis (Hughes, 1958), sarcoidosis (Jefferson, 1957), connective tissue diseases (Ashworth and Tait, 1971), and after exposure to toxic chemicals (Collard and Hargreaves, 1947; Mitchell and Parsons-Smith, 1969). Trauma and dental abnormalities (Collard and Hargreaves, 1947) have caused the symptom and the relationship to space occupying lesions including primary nasopharyngeal cancer (New, 1922) and carotid aneurysm (Goldstein, Gibilisco, and Rushton, 1963) is well recognized. A benign sensory trigeminal neuropathy has also been described (Hill, 1954).

During the past five years we have seen 15 patients with a peculiar and distinctive symptom of numbness of the chin. Thirteen of these patients had breast cancer. The purpose of this report is to describe the clinical features of these patients, their progress, and the prognostic significance of this symptom.

PATIENTS

The patients included in this study were from a group of 2,000 patients with cancer, including 300 patients

with breast cancer, seen by members of the Division of Oncology at the Albany Medical College during the last five years. All patients volunteered the symptom spontaneously without special questioning. The common complaint was of a unilateral sense of numbness occurring in the skin adjacent to the tip of the jaw. At times the area of numbness extended as far as the angle of the jaw. Pain was almost always absent but numbness of the subjacent mucous membrane occasionally occurred. The sensory deficit was confirmed by clinical examination. Studies performed on the patients usually included radiographs of the mandible and skull, lumbar puncture, electroencephalography, and, occasionally, Hg²⁰³ or Technetium brain scans.

The clinical features, associated findings, and outcome of the 15 patients are summarized in Table 1. Thirteen patients (86%) had breast cancer and two (14%) lymphoma. All save one had metastatic disease at the time of presentation. The numb chin was the sole presenting neurological symptom in eight patients (53%). Other cranial nerves or the maxillary branch of the trigeminal nerve were involved in four patients (27%). Three patients (20%) had paraplegia, two (13%) proximal muscle weakness, and one had seizures.

Laboratory findings at the time of presentation of the neuropathy were of limited value. Radiographs of the skull showed evidence of metastatic involvement of the calvarium in seven patients. Careful study, even in retrospect, failed to reveal definite radiological evidence of bony defects in the region of the petrous temporal ridge. Figure 1 illustrates dural involvement of the base of the brain seen at necropsy

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of patient no. 3. No suggestion of this lesion was seen radiographically. Specific radiological studies of the mandible were performed on eight patients, although a less adequate view was obtained of the remainder from skull radiographs. Only two patients demonstrated mandibular metastasis. Figure 2 illustrates a radiograph of part of the mandible of patient no. 12. This shows extensive osteolysis. Lumbar puncture and electroencephalography were usually not helpful and abnormalities of brain scans performed reflected calvarial rather than intracerebral disease.

The clinical progression of the patients with breast cancer was quite variable. Five patients developed further cranial nerve involvement, two developed intracerebral metastasis, one had both posterior pituitary and intracerebral metastases, and one had a combination of posterior pituitary, intracerebral, and cranial nerve involvement. The neurological status remained unchanged in four patients but the survival of three of these patients was less than two months. One of the two patients with lymphoma had rapidly progressive cranial nerve dysfunction.

TABLE 2

CORRELATION OF SURVIVAL OF PATIENTS WITH BREAST CANCER FROM TIME OF ONSET OF NUMBNESS OF CHIN WITH DURATION OF TIME BETWEEN INITIAL DIAGNOSIS OF BREAST CANCER AND ONSET OF FIRST EVIDENCE OF METASTATIC DISEASE ('TUMOUR FREE INTERVAL')

'Tumour free interval (yr)	Median survival (months)	Range (months)	Number of patients
Over 10	48 + *	Both 48 +	2
5-10	14	—	1
1-4	5	2-24	7
Less than 1	2	1-4	3

* + signifies still alive.

Survival of the patients with breast cancer ranged from two weeks to over four years. There was little correlation between the type of progression of the neurological dysfunction and survival measured from the time of onset of mental numbness. A good correlation existed between the duration of the so-called 'disease free interval' and subsequent survival as shown in Table 2.

Treatment for the numb chin was not necessary as the symptom itself was trivial. Most patients received radiation and/or chemotherapy to control progres-

TABLE 1
CLINICAL FEATURES AND OUTCOME IN 15 PATIENTS

Patient no.	Age	Sex	Primary site of cancer	Metastatic sites	Description of numb chin	Associated neuromuscular findings	Laboratory findings at onset	Follow-up	Necropsy findings
1	49	F	Breast	Local spread, lymph nodes and bone	Numbness from tip of chin to half way to angle of right mandible	Left, peripheral VII, weakness left gluteus, hamstrings and hip flexors	Lytic lesions in calvarium, EEG normal, brain scan abnormal (due to bone disease)	Generalized rapid progression of disease. Subsequent intracerebral metastasis. Died 4 months later	NN
2	48	F	Breast	Bone only	Numbness from tip of chin to angle of left mandible	None at onset	Mixed osteoblastic and osteolytic skull lesions	Progressive involvement left V, VI, XI, and XII as well as positive Babinski in 3 months. Died at 5 months	NN
3	50	F	Breast	Local invasion chest. Osteoblastic bone lesions	Numbness extending from chin to half way to angle of right mandible	None at onset	No skull lesions	Progression in 18 months to pituitary metastasis and involvement of left VI. Died 2 yr after onset of numb chin	Extensive metastasis in lepto- and pachymeninges around pons where right IV emerges. Proximal portion of V infiltrated by tumour as was posterior pituitary

4	49	F	Breast	Mixed lytic and blastic bone lesions	Numbness of right side of face below level of eye	Involvement of maxillary V branch as well as mandibular Right V, VII, and VIII. Paraplegia	Generalized decalcification of skull. EEG shows left slow wave focus	Had cancer in frontal sinus at time of hypophysectomy. Died 8 months after onset of numb chin	Diffuse tumour involvement of the dura of the roof and base of skull and focal involvement of lepto-meninges
5	62	F	Breast	Lymph nodes and CNS	Numbness of right chin extending half way to angle of mandible	None at onset	Skull normal. EEG normal. Elevated CSF protein and cells	Rapid progression of cranial nerve involvement. Died in 2 months	NN
6	66	F	Breast	Nodes, local invasion, pleural effusion and blastic bone lesions	Numb area the size of a quarter on left side of tip of chin	None at onset	Osteoblastic lesions in skull	Symptom has persisted 4 yr. Now has retro-orbital involvement by tumour, but continues to function well	Alive with metastasis
7	49	F	Breast	Extensive lytic and blastic bone disease	Numbness in distribution of left mental nerve	Nystagmus	Normal skull x-rays at onset. Possible involvement of mandible	Progressive bone and neurological disease. Died 11 months after onset of symptom	Diffuse infiltration of occipital bone and underlying dura. 2 subdural deposits on right petrous temporal bone and base of occipital bone. No brain metastasis
8	54	F	Breast	Extensive bone disease and posterior pituitary	Numbness involving left side of chin to half way to angle of jaw	None at onset	Calvarial metastasis	Developed evidence of intracerebral metastasis after 11 months. Died after 14 months	Extensive metastasis to skull, pituitary, thalamus, cerebral and cerebellar hemispheres and dura including falx cerebri
9	70	F	Breast	Local disease, lymph nodes, bone, and lung	Numbness of small area on right side of jaw	None at onset	Skull x-ray unremarkable	Rapid progression of visceral tumour. Died in 2 months	NN
10	46	F	Breast	Local disease, lymph nodes, bone, and lung	Numb area the size of a quarter on left side of tip of jaw	None at onset	Spotty decalcification of skull. Mandible unremarkable	Died in 2 months due to generalized progression of disease. No further neurological progression	NN
11	50	F	Breast	Local disease, bone and pulmonary involvement	Numbness right side of tip of mandible	Seizures and paraparesis of legs	Skull x-rays 1 month before onset normal	Died in 2 weeks of extensive pulmonary disease	Examination of head prohibited at necropsy
12	56	F	Breast	Extensive blastic and lytic bone disease	Numbness right side of chin from tip of jaw to angle of mandible	Weakness of proximal limb girdle muscles	Definite metastatic disease in the mandible. Extensive disease in the calvarium	Died in one month due to progression of intracerebral disease	Tumour involving dura which was diffusely thickened. Also tumour in temporal bone involving foramen ovale. Isolated tumour cells found around mandibular branch of V. Mandible not examined
13	71	F	Breast	None	Numb left side of tip of mandible. Minor pain in subjacent mucous membrane of mouth	None at onset	Normal skull and mandibular x-rays. EEG normal	Spontaneously disappeared in 2 yr. No recurrence since 4 yr	Alive without metastasis
14	41	F	Reticulum cell sarcoma	Nodes, liver, spleen, bone	Numbness of right chin extending half way to angle of jaw	Proximal muscle wasting	Normal skull x-rays	Died in 1 month due to progression of systemic disease	No definite infiltration of skull or meninges with tumour
15	40	M	Lymphocytic lymphosarcoma	Nodes, lung	Numbness left side of tip of jaw	None at onset	Skull and mandible films normal	Died in 1 month due to progression of systemic disease with progressive cranial nerve involvement	Involvement of parietal area of skull and a few areas of involvement of dura by metastasis

NN = no necropsy.

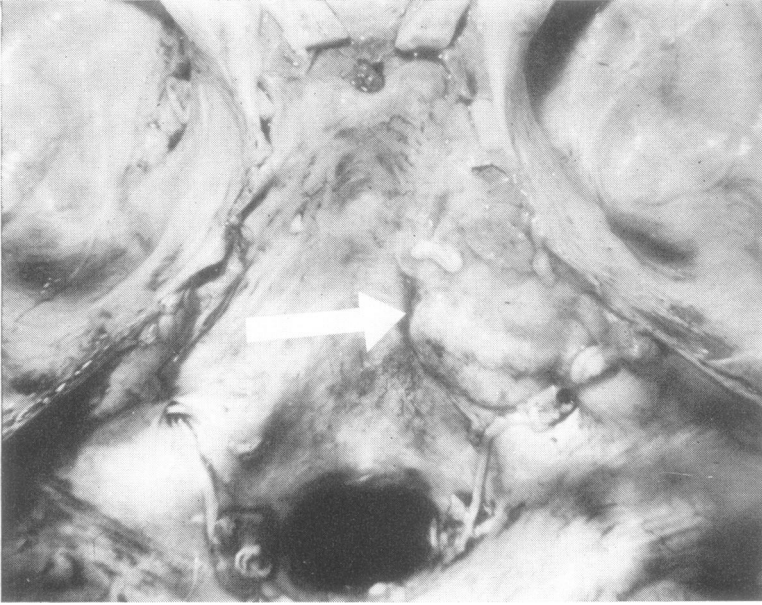


FIG. 1. *Demonstrates involvement of the dura mater at the base of the brain of patient no. 3 by tumour metastasis.*

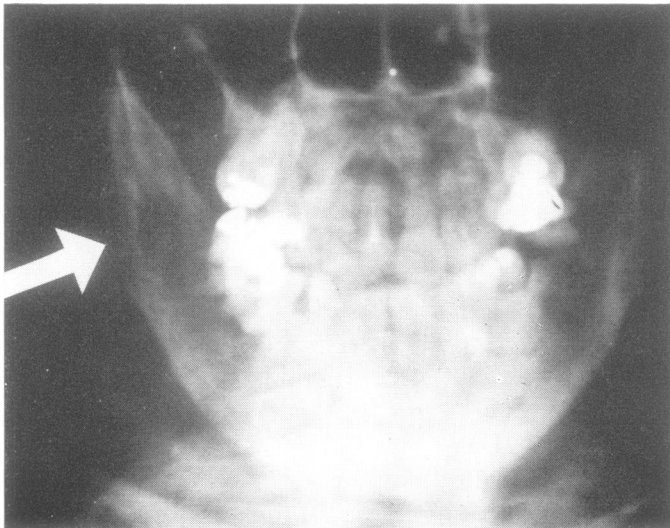


FIG. 2. *Arrow points to an area of osteolytic metastasis in the mandible of patient no. 12.*

sion of systemic metastatic disease. The numb chin disappeared only in one patient (no. 13) who had no evidence of metastases and had no antitumour treatment.

Dural involvement by tumour was demonstrated in six of the seven patients who had necropsies. Pathological studies of the mandible were not performed.

DISCUSSION

We observed unilateral numbness of the chin in 4% of our patients with breast cancer. Except for the two patients described who had lymphoma, the entity did not occur in patients with other primary sites of tumour. The incidence of parenchymal brain metastasis is higher in lung than in breast cancer at our institution (Horton, Baxter, Olson, and Eastern Cooperative Oncology Group, 1971) but none of the patients with lung cancer have complained of numbness of the chin. Rubinstein (1969) described six patients with numbness of the chin of whom none had breast cancer but four had lymphoma or Hodgkin's disease. The reason for the predilection in our series for breast cancer to cause this symptom is not clear. It parallels, however, our experience with metastases to the posterior pituitary gland (Houck, Olson, and Horton, 1970). There was a preponderance of involvement by breast cancer and, to a lesser degree, lymphoma and leukaemia.

Our findings suggest that a single cause would not satisfactorily explain the symptom in all patients. In the patients who had tumour involving the dura mater at necropsy there seems little doubt that there was interference with the sensory pathway of the trigeminal nerve in the region of the base of the skull where it is encompassed by the dura mater. Direct tumour metastasis to the nerve as described by Barron (Barron, Rowland, and Zimmerman, 1960) may also have played a role in two patients. The radiological evidence of metastatic disease in the mandible in another two patients suggests that there may have been interruption of function of the mental nerve. Both patients, however, had dural metastasis at necropsy. The pathogenesis in four patients with breast cancer whose neurological deficit did not progress is not clear, since none of the three who died came to necropsy. The outcome of one patient, who is still alive with no evidence of metastasis for four years after her

symptom developed, raises the possibility of this being a neuropathy unrelated to direct involvement by tumour. It seems unlikely that she represents an example of benign sensory trigeminal neuropathy, since the symptomatology in this syndrome is usually short lived (Hill, 1954).

Four patients received drugs that can cause peripheral neuropathy. Three received vincristine (Sandler, Tobin, and Henderson, 1969) and one 1-acetyl, 2-picolinyl hydrazine (NSC 68626) (Olson, Horton, Pratt, Paladine, Cunningham, Sullivan, Hosley, and Treble, 1969). These drugs tend to produce a symmetrical peripheral polyneuropathy rather than a mononeuropathy and they could not be implicated, since in each case they were given after the symptom had appeared.

Our experience that the mandibular branch of the trigeminal nerve is peculiarly susceptible to the effects of tumours parallels that of Rubinstein (1969). Of his patients with involvement of the mandibular division the symptoms were most pronounced on the chin and, like ours, there was never any dysfunction of the ophthalmic division or motor branch of the Vth nerve. None of the patients had bilateral symptoms.

The reason for this peculiar predilection for involvement of the mandibular branch of the trigeminal nerve is not clear. The commonly encountered trigeminal sensory abnormality, tic douloureux, characteristically also involves the mandibular and/or the maxillary branch and rarely involves the ophthalmic division (Carney, 1967). Benign sensory trigeminal neuropathy, too, follows this pattern. Mechanical factors have been implicated in the genesis of trigeminal neuralgia (Lindsay, 1969) and may likewise play a part in our patients with numbness of the chin. It is possible that displacement or distortion of the trigeminal nerve or ganglion could have resulted from radiologically undetected contiguous bony metastasis. Spread of tumour to the trigeminal nerve from involved dura mater may have gone undetected, since necropsies were not performed on some of these patients.

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