

# Accurate inference of population history in the presence of background selection

Trevor Cousins<sup>1</sup>, Daniel Tabin<sup>1</sup>, Nick Patterson<sup>1,2</sup>, David Reich<sup>1,2,3,4,\*</sup>, and Arun Durvasula<sup>1,2,3,5,6,\*</sup>

<sup>1</sup>Department of Human Evolutionary Biology, Harvard University, Cambridge, MA, USA

<sup>2</sup>Broad Institute of MIT and Harvard, Cambridge, MA USA

<sup>3</sup>Department of Genetics, Harvard Medical School, Boston, MA, USA

<sup>4</sup>Howard Hughes Medical Institute, Boston, MA, USA

<sup>5</sup>Department of Epidemiology, Harvard School of Public Health, Boston, MA, USA

<sup>6</sup>Center for Genetic Epidemiology, Department of Population and Public Health Sciences, Keck School of Medicine, University of Southern California, Los Angeles, CA, USA

\* These authors jointly supervised this work.

Correspondence: trevorsimoncousins@gmail.com, reich@genetics.med.harvard.edu,

arun.durvasula@med.usc.edu

## 1 Abstract

All published methods for learning about demographic history make the simplifying assumption that the genome evolves neutrally, and do not seek to account for the effects of natural selection on patterns of variation. This is a major concern, as ample work has demonstrated the pervasive effects of natural selection and in particular background selection (BGS) on patterns of genetic variation in diverse species. Simulations and theoretical work have shown that methods to infer changes in effective population size over time ( $N_e(t)$ ) become increasingly inaccurate as the strength of linked selection increases. Here, we introduce an extension to the Pairwise Sequentially Markovian Coalescent (PSMC) algorithm, PSMC+, which explicitly co-models demographic history and natural selection. We benchmark our method using forward-in-time simulations with BGS and find that our approach improves the accuracy of effective population size inference. Leveraging a high resolution map of BGS in humans, we infer considerable changes in the magnitude of inferred effective population size relative to previous reports. Finally, we separately infer  $N_e(t)$  on the X chromosome and on the autosomes in diverse great apes without making a correction for selection, and find that the inferred ratio fluctuates substantially through time in a way that differs across species, showing that uncorrected selection may be an important driver of signals of genetic difference on the X chromosome and autosomes.

## 2 Introduction

Understanding how effective population size has changed in the past – that is, reconstructing the population size trajectory  $N_e(t)$  – is crucial in order to understand the evolutionary history of any species [1]. Coalescence-based approaches to inferring  $N_e(t)$  are attractive due to their low sample size requirements (as few as two chromosomes) [2, 3, 4, 5]. These methods leverage the density of local heterozygosity to estimate the time since the most recent common ancestor (TMRCA) at each location along the genome, which is used to infer  $N_e(t)$ . However, these methods assume erroneously that loci across the genome evolve neutrally, despite the evidence of profound effects of linked natural selection on patterns of genetic variation in many species, including humans [6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16].

Simulation and theoretical studies have provided compelling evidence that selection biases inferences of  $N_e(t)$  [17, 18, 19, 20]. Using simulations, Schrider et al. [18] demonstrated that in the presence of a selective sweep, the PSMC underestimates true  $N_e(t)$  in times more recent than the onset of selection. This effect becomes greater as the frequency or intensity of sweeps increases. Johri et al. [19] simulated a model of widespread linked selection, and showed increasingly inaccurate estimates of  $N_e(t)$  at all time scales whether PSMC [2], MSMC [3], or fastsimcoal [21] was used for inferences. Using an analytical approach that models the effects of linked selection as a rescaling of  $N_e(t)$  by a locus-specific constant, Boitard et al. [20] confirmed a spurious decrease in inferred  $N_e(t)$  that comes from not accounting for these effects  $N_e(t)$ . However, the impact of BGS on inferring  $N_e(t)$  on real data remains unknown, and it is unclear how to obtain accurate estimates of this quantity in the presence of BGS.

Hudson and Kaplan [22] and Nordborg et al. [23] introduced a model to approximate the effects of BGS, by scaling local genomic  $N_e$  to account for loss of diversity due to linkage with deleterious alleles. Motivated by this approximation, McVicker et al. [6] explicitly estimated  $b_i$ , the fraction of expected neutral diversity at site  $i$ , across the human genome. They estimate that linked selection results in a genome-wide average reduction in diversity of 19–26% on the autosomes, and 12–40% on the X chromosome. Primarily, they attributed this reduction to background selection (BGS) – the loss of genetic diversity due to linkage with alleles under purifying selection – but could not rule out a contribution from selective sweeps. Later work provided evidence that selective sweeps had little effect on diversity levels in humans [7], supporting the interpretation of these patterns as largely driven by BGS - though this has been contested [24]. By leveraging whole-genome sequencing data from the 1000 Genomes project [25] and more detailed functional annotations, Murphy et al. [26] re-estimated the contribution of linked selection in shaping human genetic diversity. They generated a much-improved B-map relative to the earlier map of McVicker et al. [6], producing a set of genome wide  $b_i$  values describing the strength of BGS. They showed that this map is sufficient to explain ~60% of the variance in autosomal diversity levels at the megabase scale. They also concluded that selective sweeps have little or no effect on linked neutral diversity.

The demonstrated large effect of BGS on inferring  $N_e(t)$  [18, 19, 20], combined with the empirically large demonstrated impact of BGS in diverse species including humans [6, 26], raises questions about whether inference of population size changes from genetic variation data under the assumption of neutrality is reliable. Here, we extend the PSMC algorithm to handle local changes in the mutation or expected coalescent rate in a software package we call PSMC+. We adopt a first-order approximation to the effects of BGS as a rescaling

72 of population size with a locus-specific constant [22, 23]. Using forward-in-time simulations which explicitly  
73 incorporate selection, we demonstrate our approach is largely accurate even if BGS is widespread. We also  
74 test applications of the method when there is incomplete information about the strength of background  
75 selection across the genome, as is the case for most species. We test the accuracy of coalescent time inference  
76 in the presence of background selection and find that PSMC+ is accurate even in its presence. PSMC+ can  
77 also be used to obtain unbiased inferences even in the presence of variation in the mutation rate over the  
78 genome.

79

### 80 3 New Approaches

81 PSMC [2] models the density of heterozygous positions between two haploid genomes or within a single  
82 diploid genome, which reflects mutations that have accumulated since the two haploid genomes shared a  
83 common ancestor, to infer the time since the most recent common ancestor (TMRCA). Then, it uses this  
84 distribution to infer a piecewise constant effective population size trajectory through time,  $N_e(t)$ , integrat-  
85 ing information over all loci in the genome. To model the probability of observing a heterozygous position,  
86 PSMC uses the population mutation rate  $\theta = 4N_e\mu$  – where  $N_e$  is the local genomic effective population  
87 size, and  $\mu$  is the mutation rate per base pair per generation, which PSMC assumes is constant across the  
88 genome. However,  $\mu$  is known to vary across the genome [27, 28], and the effects of BGS are frequently  
89 modeled as variations in  $N_e$  [23, 22]. Both of these effects violate PSMC’s assumption of constant  $\theta$ , raising  
90 the potential of bias in inference of  $N_e(t)$ , which we confirm in this work.

91

92 Here, we explore three approaches to overcoming bias in inferring  $N_e(t)$  in the presence of background  
93 selection. First, we use a high resolution map of BGS to adjust the emissions model of PSMC. Second, we  
94 use a low resolution map of BGS based on distance to exon to adjust the emissions model of PSMC. Third,  
95 we use post-hoc scaling to adjust the output of PSMC based on the heterozygosity at the top 1% of sites  
96 furthest from exons. The last two approaches are useful for species where high resolution maps of BGS do  
97 not exist.

98

In detail, at a locus  $i$ , PSMC models  $m_i$ , the number of segregating sites at locus  $i$ , which given a  
coalescent time,  $t_i$ , can be written as

$$Pr(M = m_i | T = t_i) = \frac{(\theta t_i)^{m_i} e^{-\theta t_i}}{m_i!}$$

We modified the PSMC framework to condition on local variations in  $\theta$  using a factor  $f_i$ , which eliminates  
the bias in inferring  $N_e(t)$  if the true factor is known

$$Pr(M = m_i | T = t_i, F = f_i) = \frac{(\theta t_i f_i)^{m_i} e^{-\theta t_i f_i}}{m_i!}$$

99 Further details are provided in the Methods section. We refer to our modified framework as PSMC+ and  
100 have released open-source software implementing the method (see Code Availability).

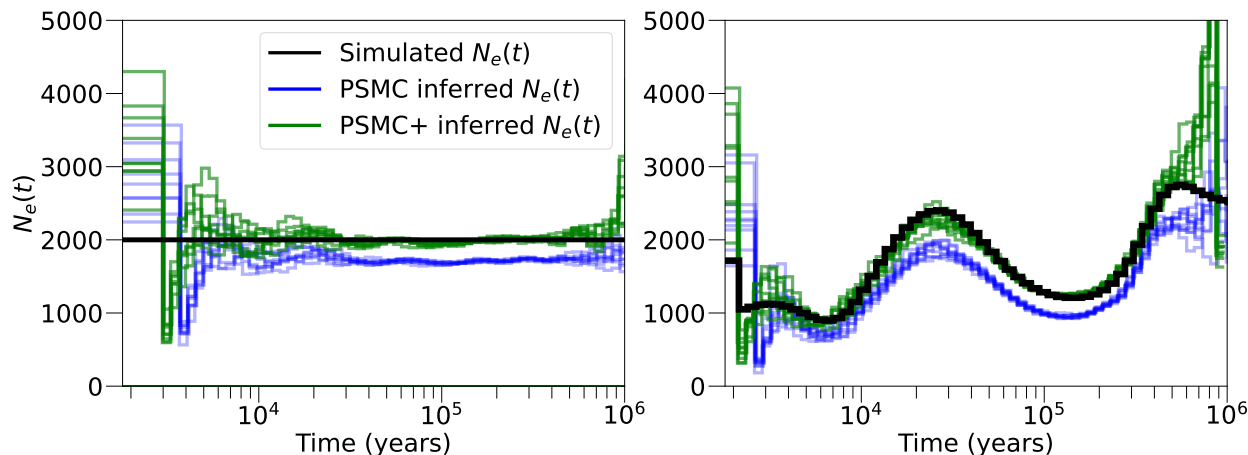


Figure 1: PSMC+ performance in forward-in-time simulations with widespread linked selection. **a)** Constant population size. **b)** Realistic demography, based on previous estimates of inferred  $N_e(t)$  in West Africans [2, 30]. We simulated a demography (black line) and performed inference with regular PSMC (blue line), then PSMC+ (green line). The PSMC estimates of  $N_e(t)$  are biased with a relative error of  $\sim 15\%$  throughout all time. Using a B-map allows PSMC+ to be approximately unbiased. We used the known map of simulated functional elements to create the B-map used given to PSMC+. 10 simulation replicates are shown for each evolutionary history.

## 101 4 Results

### 102 4.1 Simulations

103 We performed forward-in-time simulations using SLiM v3 [29] with a realistic exon map, distribution of fit-  
104 ness effects, and recombination rates (see Methods) (Supplementary Figure 1). To correct for BGS in these  
105 simulations, we used a B-map based on genetic distance to simulated exons, which while not as optimized  
106 as the one developed by Murphy and colleagues for real data, allowed us to explore the behavior of PSMC+  
107 (see Methods). We simulated both a constant population size demographic and a demographic history of  
108 population size changes similar to that as inferred in humans. We then compared  $N_e(t)$  as inferred from  
109 PSMC+ or PSMC. In what follows, we only use PSMC+ where we are inputting into the model a map of  
110 heterogeneous rates; we use “PSMC” to refer to our implementation of the original algorithm that assumes  
111 homogeneous rates across the genome.

112  
113 We find that PSMC+ is unbiased for simulations of a constant effective population size (Figure 1a),  
114 as expected based on the approximation of [22, 23] that describe the effects of BGS as well approximated  
115 by reductions in local genomic  $N_e$ . Encouragingly, this is true even in spite of the imperfections of the  
116 B-map we used. PSMC, in contrast, produced biased estimates of effective population size (15% relative  
117 bias; Figure 1a), consistent with previous simulation studies [18, 19]. We next evaluated the bias of PSMC+  
118 and PSMC under a simulation with BGS and changing effective population sizes. We simulated an  $N_e(t)$   
119 mirroring previous PSMC inferences on data from the YRI in 1KGP [25, 31]. PSMC+ was unbiased and  
120 PSMC underestimated the effective population size across the entire time range (Figure 1b).

121  
122 PSMC+ leverages a model of local scaling of the effective population size to overcome the effect of linked

123 selection on inferring  $N_e(t)$ . But even though the inferred  $N_e(t)$  from PSMC is an underestimate, we find  
124 empirically that the general shape is accurate (Figure 1). This suggested to us the possibility that we can  
125 adjust for effects of BGS on PSMC’s inference of  $N_e(t)$  by scaling the output according to the ratio of  
126 heterozygosity in exonic regions to the top 1% of regions most distant from an exon (Supplementary Figure  
127 2). More concretely, PSMC works in units of  $\theta$  and scales to absolute  $N_e$  and time in generations by using  
128  $\mu$ . If we scale the output with the ratio between  $\theta$  calculated genome-wide and  $\theta$  calculated in the top 1%  
129 of regions most distant from an exon, we can reduce the bias induced by BGS.

130  
131 We evaluated the accuracy of PSMC’s inference of TMRCA in a simulation with and without BGS  
132 (Supplementary Figure 3). Both are biased, with loci that have true TMRCA that are unusually ancient  
133 being consistently underestimated, and loci with true TMRCA that are unusually recent being consistently  
134 overestimated – this is a simple regression-to-the-mean effect, which is expected when there is limited infor-  
135 mation at any locus [32, 33]. The level of bias in the simulation with BGS is slightly greater, though this  
136 effect is minimal. This indicates that even with pervasive BGS across the genome, the ability of PSMC to  
137 reconstruct the TMRCA is not strongly affected.

138  
139 Finally, we evaluated the relative performances of PSMC+ and PSMC in the presence of mutation rate  
140 variation. If the mutation rate is not constant over the genome, this induces bias in PSMC inferred  $N_e(t)$   
141 which assumes rate homogeneity (Supplementary Figure 4a). If we feed PSMC+ the true mutation map,  
142 we are able to overcome these biases. While the true mutation map is unknown, it can be inferred from  
143 orthogonal measurements such as divergence per base pair between two distantly related species [34], the  
144 density of very rare mutations [35], or the nucleotide context [36, 37]. We note that the original PSMC  
145 paper suggested that the algorithm was robust to variation in mutation rate based on phylogenetic measures  
146 of mutation rate variation, but our results show that if the mutation rate variation is sufficiently large this  
147 is not the case. For example, drawing the mutation rate from a normal distribution with mean  $1e-07$  and  
148 variance  $5e-08$  produces significant bias in the inferred  $N_e(t)$  (Supplementary Figure 4b). The advantage of  
149 feeding a mutation map into PSMC+ rather than simply relying on the PSMC algorithm is even greater for  
150 the ability to infer local TMRCA. PSMC is not able to infer accurately the TMRCA across the genome  
151 in the presence of large variation in the mutation rate, but PSMC+ can recover this much more accurately  
152 given a mutation map (Supplementary Figure 4b).

153

## 154 **4.2 Effect of background selection on autosome effective population size and** 155 **coalescence time estimates**

156 We studied the effect of background selection on the autosomes in humans. We binned the genome into 1MB  
157 segments and assigned those segments into five quantiles based on their average B-value in a high-resolution  
158 map of BGS in humans [26]. We then ran PSMC on each quantile separately (Figure 2; Methods). For the  
159 lowest B-quantile, we observe a reduction in effective population size of as much as 50% compared to the  
160 highest quantile. More generally, we confirm that the magnitude of effective population sizes scales with the  
161 strength of B-value, consistent with previously published findings. This is not an artifact of there being less  
162 heterozygosity in low B-value bins because the effect persists even when this parameter is fixed to the same  
163 value across bins (Supplementary Figure 5).

164

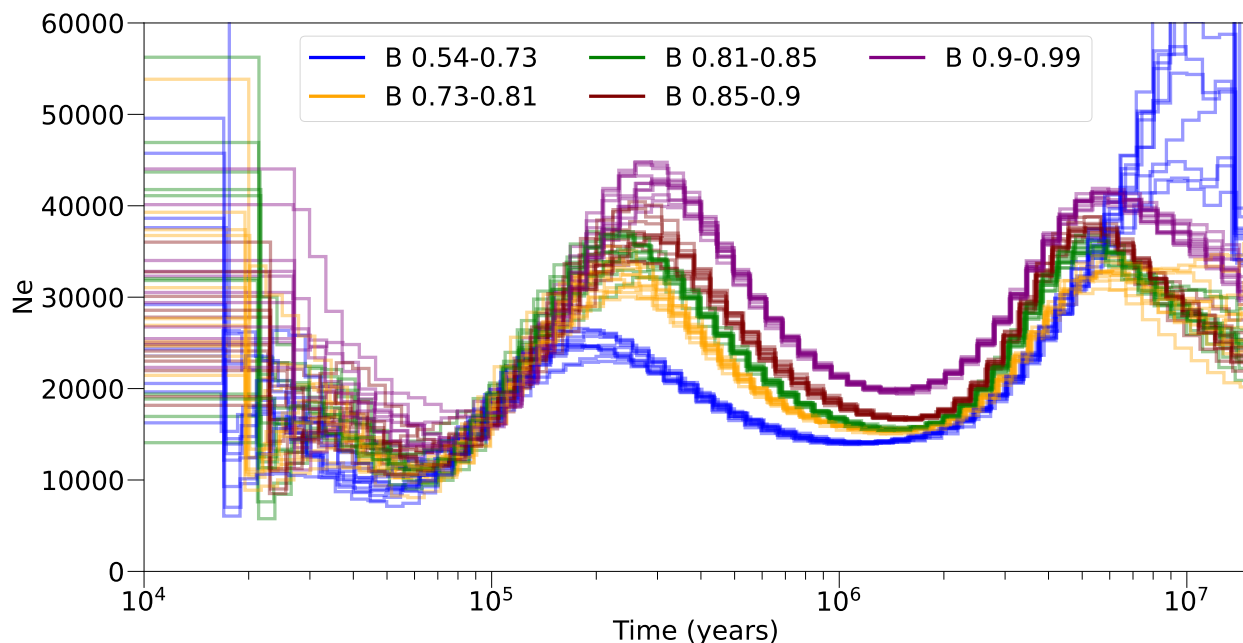


Figure 2: Inference of autosomal  $N_e(t)$  in 80 YRI samples, in bins of  $b$  value. We binned the autosome into 5 equally sized bins based on the mean  $b$  value, and ran PSMC separately on each. We see substantial differences in the  $N_e(t)$  curves across bins of  $B$  value, with the most neutral bin ( $B=0.90-0.99$ ) showing the largest  $N_e(t)$  across all time points.

165 We investigated the impact of BGS on inferred coalescent times. We examined the posterior decoding of  
166 the PSMC HMM, based on the inferred coalescent parameters for each YRI individual on the autosomes.  
167 At each position, we computed the posterior mean TMRCA for each YRI individual, and then took the  
168 maximum over all individuals. We computed the correlation between the maximum TMRCA and the  $B$ -  
169 map inferred by Murphy et al. and found a statistically significant Spearman correlation coefficient of 0.35  
170 ( $p$ -value  $< 1e - 16$ ). To check that this was not specific to method of PSMC, we used RELATE [38] and  
171 ARGweaver [39] to construct an ancestral recombination graph (see Methods), from which we extracted the  
172 maximum TMRCA across all YRI. The Spearman correlation between the maximum TMRCA and  $b$ -value  
173 was 0.34 ( $p$ -value  $< 1e - 16$ ) and 0.19 ( $p$ -value  $< 1e - 16$ ) in ARGweaver and Relate, respectively. We looked  
174 at PSMC's inferred TMRCA's (for a diploid sample) and stratified these by quintiles of  $b$ -value. We observe  
175 that as the strength of BGS increases, the distribution of TMRCA gets younger (Supplementary Figure 6)  
176 (Kolmogorov-Smirnov test  $P$ -value  $< 1e - 16$  for all pairwise comparisons). These observations are expected  
177 under the standard model that regions the genome that experience stronger BGS coalesce faster than neutral  
178 regions [22, 23].

179

180 We were curious whether we could leverage differences in how BGS would be expected to influence  
181 coalescence rates in a scenarios of panmictic size changes versus population structure, a well known identi-  
182 fiability problem in PSMC [40, 41]. We performed two sets of simulations with background selection: one  
183 with ancestral population structure and one with changes in the  $N_e(t)$ , where the size changes are set such  
184 that each simulation has the same coalescence rate (Supplementary Figure 7). We stratified the simulated  
185 genomes according to the amount of background selection they experienced, ran PSMC, and found that the  
186 profiles were very similar (Supplementary Figure 7). This suggests that stratifying by intensity of expected

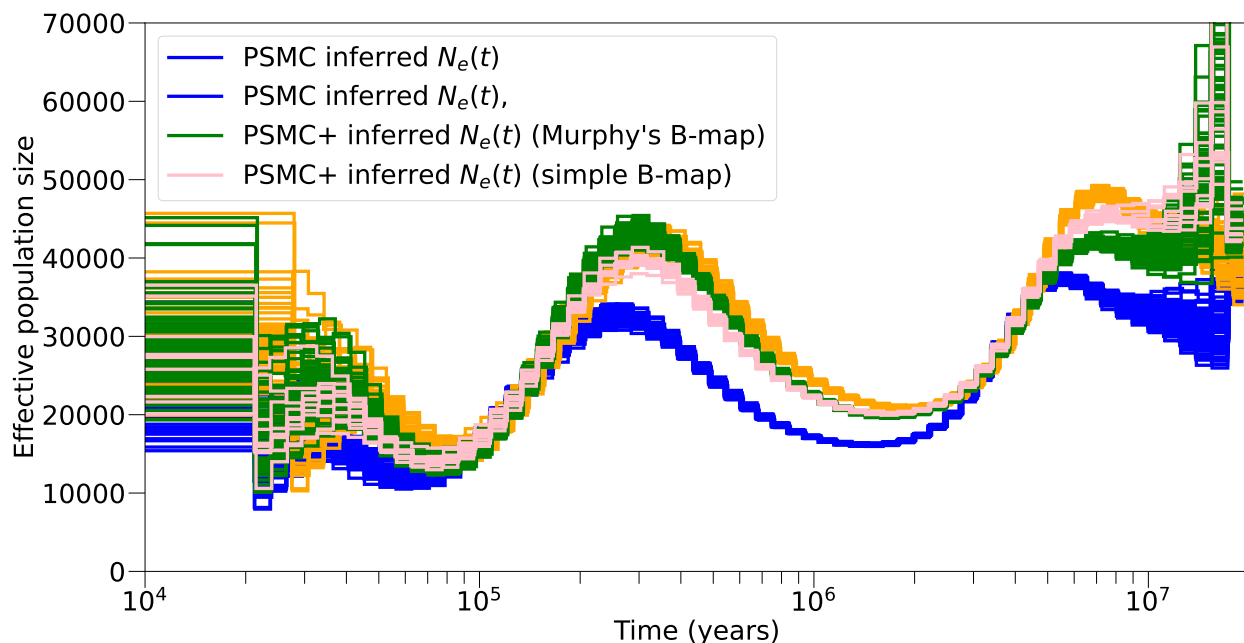


Figure 3: Inference of  $N_e(t)$  on 80 YRI samples. Inference from natural PSMC is shown in blue, PSMC+ with Murphy's B-map in green, PSMC+ with a simple B-map constructed based on distance to exon in pink, and PSMC inference scaled by the ratio of exonic to non-exonic heterozygosity in gold.

187 background selection may not be useful for distinguishing ancestral population structure from changes in  
188 effective population size.

189

### 190 4.3 Application of PSMC+ to human demographic history

191 We next applied PSMC+ to high-coverage whole genome sequencing data from YRI sequenced by the 1000  
192 Genomes Consortium (total  $n = 80$  diploid individuals; Methods). We used the B-map inferred by Murphy  
193 et al. and observe that the inferred  $N_e(t)$  by PSMC+ is elevated with respect to the PSMC inference (Figure  
194 3, green and blue lines respectively), consistent with the results on simulations (Figure 1). Using a simple  
195 B-map calculated based on distance to exon or simply scaling the PSMC inference achieves a similar result  
196 to the PSMC inference (Figure 3, pink and yellow lines respectively), verifying the utility of these approaches.

197

### 198 4.4 Effect of background selection on X to autosome effective population size 199 ratio estimation across primate species

200 We studied the ratio of X chromosome to autosome  $N_e(t)$  through time ( $R(t)$ ) on numerous great ape species,  
201 without applying any correction for background selection since we did not have B-maps constructed in the  
202 same way on both the autosomes and the X chromosome, and since we did not have B-maps in non-humans.  
203 We hypothesized  $R(t)$  would deviate from  $3/4$  due to the more extreme effects of linked selection on chro-  
204 mosome X compared to the autosomes [6]. We ran PSMC on the X chromosome and autosomes separately  
205 for humans, chimpanzees, gorillas, and orangutans (Supplementary Figure 8).

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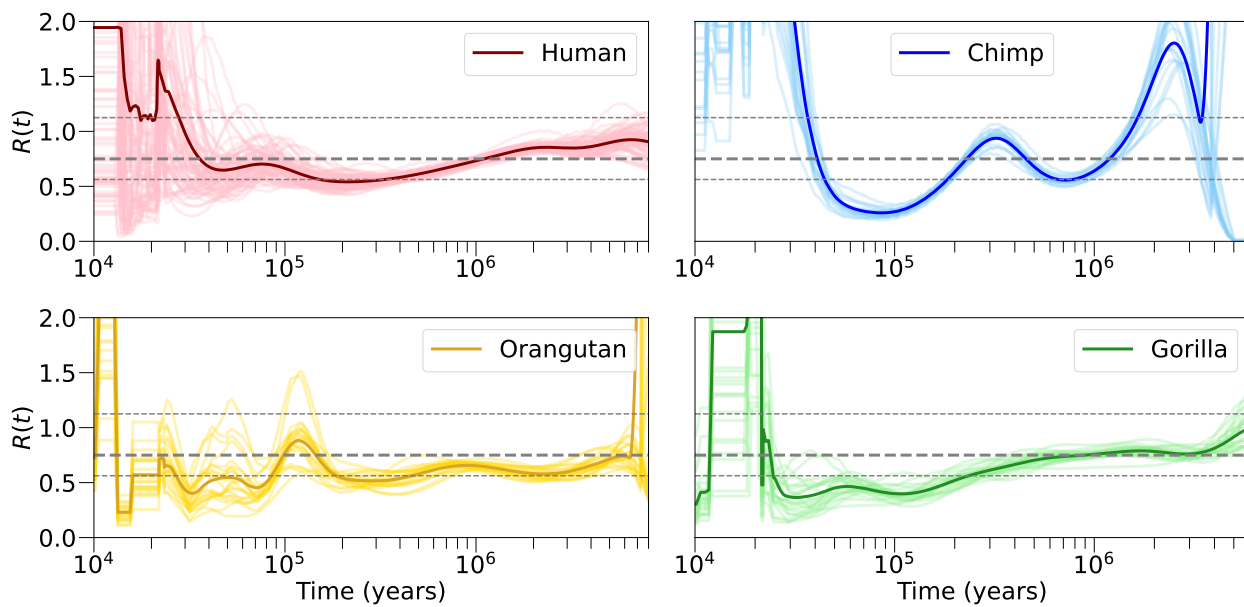


Figure 4: The ratio of  $N_e(t)$  inferred on the X chromosome to the autosomes, for humans, chimpanzees, gorillas, and orangutans. The mean is shown in the darker line, which is calculated across all individuals and bootstraps as shown in the lighter line. Under neutrality we would expect this value to be 0.75 (thick, gray, dashed line), but we observe strong deviations from this in each species, often exceeding the theoretical bounds (thin, gray, dashed lines).

207 We observe strong deviations from the expected 3/4 ratio for all species (Figure 4). A basic coalescent  
208 model with no selection and constant size suggests an upper and lower bound for  $R(t)$  of 9/8 and 9/16,  
209 respectively (see Methods), although it has been demonstrated that extremely strong founder events can  
210 generate  $R(t) < 0.3$  [42]. In chimpanzees, gorillas, and orangutans, more recently than 100ky we observe  
211 that  $R(t)$  is below 9/16. In humans we observe a similar effect, though between 100ky to 300ky. More  
212 recently than  $\sim 100$ ky we observe  $R(t)$  is elevated above 9/8. Interestingly,  $R(t)$  is around 3/4 in all species  
213 at 1My, which is the expectation under neutrality.

214

215 In each species, PSMC does not detect a founder event as severe as required by Pool and Nielsen [42]  
216 to give  $R(t) < 0.3$ , so variations in  $R(t)$  are likely not attributable to changes in  $N_e(t)$  alone. A possible  
217 explanation for the extreme values of  $R(t)$  is uncorrected background selection, although we cannot rule  
218 out additional contributions to the signals such as changes in life history traits or mutation rate variation  
219 [43, 44]. To test the hypothesis that background selection drives changes in the ratio over time, we computed  
220 the ratio of effective population sizes of the lowest B-value bin to the highest B-value bin as computed on  
221 the human autosomes (Supplementary Figure 9). Similar to the X:A ratio, we observe changes in the ratio  
222 over time, suggesting that uncorrected effects even here may be driving the signal. As discussed above, it is  
223 not clear how to run PSMC+ on chromosome X because Murphy et al. did not release a map of background  
224 selection on chromosome X, and even if it was constructed, it would be impossible to be confident it had the  
225 same resolution as the autosomal one. We also did not run PSMC+ on the other great ape species because  
226 high-resolution maps of background selection do not yet exist for those species.

227



## 228 5 Discussion

229 We developed a new method, PSMC+, for estimating effective population size trajectories ( $N_e(t)$ ), that  
230 can incorporate local variation in coalescent or mutation rates along the genome. Simulations indicate our  
231 method is unbiased in the presence of background selection (BGS). By applying PSMC+ to data from the  
232 1000 Genomes project, we identify as much as a  $\sim 30\%$  increase in the effective population size around 300kya  
233 relative to previous estimates. We also study how autosomal  $N_e(t)$  changes on the autosomes as a function  
234 of BGS, and find that at  $\sim 400$ ky in the strongest  $b$ -value bin  $N_e(t)$  is 50% the size of  $N_e(t)$  in the weakest  
235  $b$ -value bin. This qualitatively matches comparisons of the X chromosome to the autosomes where a similar  
236 maximum is achieved at this time point, suggesting background selection may be an important factor in  
237 shaping the coalescent trajectory of the X chromosome. We also test our method on a low-resolution map of  
238 BGS, the construction of which does not require high quality annotations of fitness effects. This approach  
239 seems to work well and we anticipate it will be useful in a wide variety of non-model organisms. Finally, we  
240 test the accuracy of coalescence time inference in the presence of BGS and find that the PSMC posterior  
241 decoding is robust.

242  
243 Our study has several implications for future analyses. First, while comparisons of X chromosome to  
244 autosome effective population sizes can be informative of life history traits [45], our results indicate that  
245 differences in the strength of background selection is an important factor in shaping effective population  
246 size, which complicates interpretations of X to autosome comparisons. Second, our results indicate that  
247 background selection can have a substantial impact on demographic inference. Most current methods do not  
248 explicitly handle background selection, which leads to bias in the parameter estimates. Because of differences  
249 in background selection across species, this is expected to affect some species more than others [8]. Third,  
250 simulations suggest that background selection does not reduce the accuracy in PSMC's inferred coalescence  
251 times, even though this is ignored in the underlying model. This is important for other ARG inference  
252 methods [39, 38, 46, 47, 48, 49] which also ignore the effects of selection on genealogies. Our claims that  
253 background selection affects inference of  $N_e(t)$  but does not affect inference of coalescence times may seem  
254 contradictory. We argue that, from a simulation-based perspective, the true effective population size (defined  
255 as the inverse of the coalescence rate) really is smaller than the effective population size as specified in the  
256 simulation, because deleterious mutations have purged haplotypes from the population. Thus the quantity  
257 we are reconstructing with PSMC+ can be thought of as the "neutral effective population size", which we  
258 define as the what the effective population size would be in the absence of deleterious mutations.

259  
260 We highlight several areas of future work. First, it may be possible to adjust the transition probabilities  
261 of PSMC's HMM rather than the emission model as we do here, which would more faithfully model the  
262 perturbations in genealogy due to purifying selection [50]. Second, future work will illuminate the effects  
263 of BGS on the human X chromosome, as well as the autosomes for other species. This will allow greater  
264 resolution in how BGS affects  $R(t)$ . Third, numerous maps of the *de-novo* mutation rate across the genome  
265 exist for humans [35, 36, 37, 51, 52], and studying how these affect inference of  $N_e(t)$  in PSMC+ is a possible  
266 further direction.

267  
268 Our study has several limitations. First, we follow Nordborg et al. [23] and Hudson and Kaplan [22]  
269 in modeling background selection as a reduction in the local effective population size. While this has been

270 shown to capture broad-scale effects of background selection, it assumes new mutations are so deleterious  
271 that they cannot fix in a population. Our simulations indicate that utilising this model reduces bias in the  
272 inferred  $N_e(t)$ , but it will not capture all the effects of BGS [53] as the model does not capture weak selection  
273 or the dynamics of rare variants. However, as we focus on  $N_e(t)$  more anciently than  $\sim 10$ kya, we do not  
274 expect weak selection or rare variants to be important for the inference we perform here. A possibility for  
275 future work would be to study how newer models of BGS that explicitly capture weak selection [54] affect  
276 more recent estimates of  $N_e(t)$ , which in principle could be studied by feeding PSMC+ more chromosomes  
277 and using a composite likelihood approach as in MSMC. Despite these limitations, our study provides an  
278 improved understanding of the effects of background selection on demographic history and highlights the  
279 need to consider the impact of non-neutral forces in demographic inference.

## 280 6 Methods

### 281 6.1 Data collection, processing, and annotations

282 We downloaded aligned reads (BAM files) from 81 female individuals from the 1000 Genomes Phase 3 high  
283 coverage sequencing release from the New York Genome Center [31]. These files are aligned to the version  
284 hg38 of the human reference genome. We called SNPs with bcftools mpileup, and set minimum mapping  
285 quality 20, minimum base quality 20, and adjusted mapping quality 50. We called SNPs with bcftools call  
286 and then masked rejoins of the genome where the coverage was less than half or more than double the mean  
287 coverage from chromosome 20. We also masked regions of the genome according to a strict mappability mask  
288 for hg20. One individual had excessively low heterozygosity, likely reflecting sequencing or bioinformatic er-  
289 rors, so was not used in subsequent analysis.

290  
291 The procedure for processing the other great apes was very similar. We downloaded aligned reads  
292 (BAM files) from EBI [55], including 4 chimpanzees (2 female), 6 gorillas (4 female), and 3 orangutans (1  
293 female). These were aligned to their own reference genomes: Pan\_tro 3.0 (UCSC: panTro5); gorilla, Gor-  
294 Gor4.1 (UCSC: gorGor4); orangutan WUGSC2.0.2 (UCSC: ponAbe2). We built a mappability mask for  
295 each reference genome using Heng Li's SNPable.

296  
297 We downloaded a map of background selection released by Murphy et al. We converted their files to bed  
298 format and used LiftOver [56] to convert the coordinates from hg19 to hg20 (GRCh37 to GRCh38). We  
299 filled in missing values b values with 1, which largely overlapped with the uncallable regions from the hg20  
300 mappability mask.

### 302 6.2 Scaling coalescent time

303 In humans, we use a mutation rate per generation per base pair of  $1.25 \times 10^{-8}$  [57, 58, 59, 60] and generation  
304 time of 29 years [61]. As suggested in [62], we use the following mutation rate, generation time parameters  
305 in chimpanzees  $1.78 \times 10^{-8}$ , 24, gorillas  $1.42 \times 10^{-8}$ , 19, orangutans  $2.03 \times 10^{-8}$ , 27.

### 306 6.3 Stratifying the autosome by B value and running PSMC

307 We stratified the autosome into 5 equally sized bins of b value (measured by the amount of autosome in each  
308 bin). The cutoffs b value cutoffs we used were: [0.53-0.72), [0.72-0.8), [0.8-0.85), [0.85-0.89), [0.89-0.98]. The  
309 B value varies continuously along the genome. This is a problem for our analysis, because we would like to  
310 model local genealogies, which extend over a stretch of the genome. To solve this, we averaged the B value  
311 over 1Mb. Then, we treated each 1Mb segment as a separate chromosome, and ran PSMC separately for  
312 each B value bin. Our choice of 1Mb is motivated by the fact that the B value does not vary much across  
313 segments of 1Mb (average standard deviation of B value across 1Mb segment, dragged in windows of 100kb  
314 = 0.065). We did not analyze the X chromosome because Murphy et al., 2023 did not release a B value map  
315 for the X chromosome.

### 317 6.4 Adjusting the PSMC model to account for heterogeneous rates

PSMC [2] is a HMM where the hidden states are the discretised coalescence times  $Z = (z_1, \dots, z_L)$  and the observations  $X = (x_1, \dots, x_L)$  are the series of homozygotes or heterozygotes along a diploid chromosome. The transitions between the hidden states are governed by the SMC or SMC' framework, and are a function of the population size changes. The emission model describes the probability of a mutation arising given a coalescence time. PSMC works in units of the population mutation rate,  $\theta = 4N_e\mu$ , where  $N_e$  is the long term effective population size and  $\mu$  is the de-novo mutation rate per generation per base pair. In our implementation, the genome is binned into  $k$  base pairs (typically  $k = 100$ ) and thus  $x_i$  takes values in  $(1, \dots, k)$ . The number of mutations in a bin is then modeled as a Poisson and we write:

$$P(X = x_i | Z = z_i) = \frac{(k\theta z_i)^{x_i} e^{-k\theta z_i}}{x_i!}.$$

Given a map of variations in  $\theta$ ,  $F = (f_1, \dots, f_L)$ , the emission probabilities can be simply adjusted with:

$$P(X = x_i | Z = z_i, F = f_i) = \frac{(f_i k \theta z_i)^{x_i} e^{-f_i k \theta z_i}}{x_i!}.$$

318 These can then easily be built into the PSMC model with standard HMM machinery [63] [64] [65].

### 319 6.5 Simulations of background selection

320 We performed forward in time simulations using SLiM v3.7.1 [29]. We simulated 150 megabase chromosomes,  
321 which are comparable in size to human chromosome 8 and X. We rescaled the population sizes and mutation  
322 rates by a factor of 10 to ensure our simulations did not consume an impractical amount of memory. We  
323 simulated exons using a realistic map. We simulated non-synonymous mutations with selection coefficients  
324 from from a gamma-distributed DFE with shape=0.513 and scale=5.38, based off of Kim et al. [66]. We  
325 simulated a burn in of 20,000-40,000 generations with a population size of 2,000 diploid individuals.

326  
327 We simulated 20 individuals with 10 replicates. We used a mutation rate of 1.25e-7 per base pair per  
328 generation, which is ~10x higher than the human mutation rate [67], because we wanted the genome-wide  
329 heterozygosity to be of similar magnitude to that in humans. We used a constant recombination rate of  
330 1e-8 per basepair per generation. We did not scale the recombination rate as we found doing so reduced the

331 strength of BGS due to linkage being too weak. Our simulations recapitulate to a large extent the effect of  
332 BGS as seen in humans, when measuring diversity as a function of distance from non-synonymous mutations  
333 (Supplementary Figure 5).

## 334 6.6 Theoretical bounds of $R(t)$ under neutrality

Here we derive the upper and lower bounds of  $R(t)$  - defined as  $N_e(t)$  inferred on the X chromosome divided by  $N_e(t)$  inferred on the autosomes - for a panmictic population of constant size. Suppose we have  $m$  reproducing males and  $f$  females. Then the probability that two random contemporaneous children share a father is  $1/m$  and  $1/f$  for the mother. Consider two uncoalesced autosomal lineages; the probability that in a given generation they both go through a female is  $1/4$  and similarly for a male. Then, the coalescent rate on the autosomes is

$$c_A = \frac{1}{4} \left( \frac{1}{2f} + \frac{1}{2m} \right) = \frac{1}{8} \left( \frac{1}{f} + \frac{1}{m} \right)$$

Similarly, for two uncoalesced X chromosomes lineages, the probability they both go through a female is  $4/9$ , through a male is  $1/9$ , so the coalescent rate is

$$c_X = \frac{4}{9(2f)} + \frac{1}{9m} = \frac{2}{9f} + \frac{1}{9m}$$

so

$$\frac{c_A}{c_X} = \frac{9(f+m)}{8(f+2m)}$$

For  $f \gg m$  we get  $9/16$ , and for  $m \gg f$  we get  $9/8$ , so we obtain bounds:

$$\frac{9}{16} < \frac{c_A}{c_X} < 9/8.$$

335 We note that dramatic changes in population size or population structure can create more extreme ratios of  
336  $R(t)$  [68] [42].

## 337 6.7 Constructing a simple Bmap

Under the expectation that parts of the genome most distant from coding regions are least likely to be affected by linked selection, we calculated a simple B-map, by first computing the normalized distance of each base pair to its closest exon (measured in genetic distance). As the effects of BGS are better modeled at length scales larger than one base pair, we take the mean exon distance in a window of some size  $w$ . Moreover, because the likelihood of a recombination event between two loci decreases exponentially as the physical or genetic distance between them increases, we can create a new B-map by simply transforming the normalized distance  $x$  with

$$K(y) = s \left( \frac{1}{1 + e^{-cx}} - \frac{1}{2} \right) + \gamma$$

where  $\gamma$  controls the minimum  $b$  value,  $c$  controls the rate of decay, and  $s$  is defined such that  $K(y)$  is always between  $b$  and 1:

$$s = 2 \left( \frac{1 + e^{-r}}{1 - e^{-r}} \right) (1 - \gamma).$$

338 In both our simulations (Figure 1) and the YRI (Figure 3), we set  $w=1e+06, \gamma = 0.6$  and  $c = 100$ .

## 339 6.8 Software and data availability

340 PSMC+ is freely available to download and use [github.com/trevorcousins/PSMCplus](https://github.com/trevorcousins/PSMCplus) .

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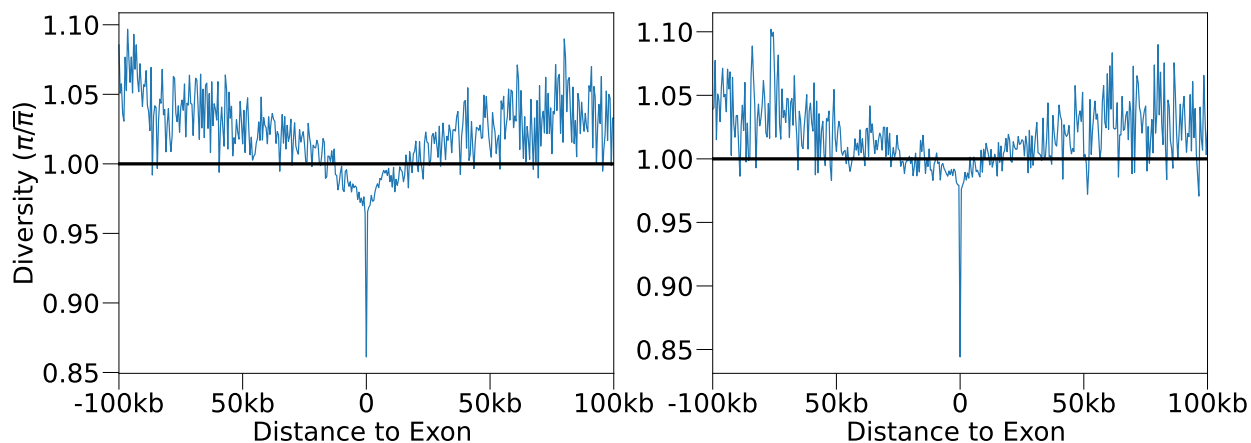
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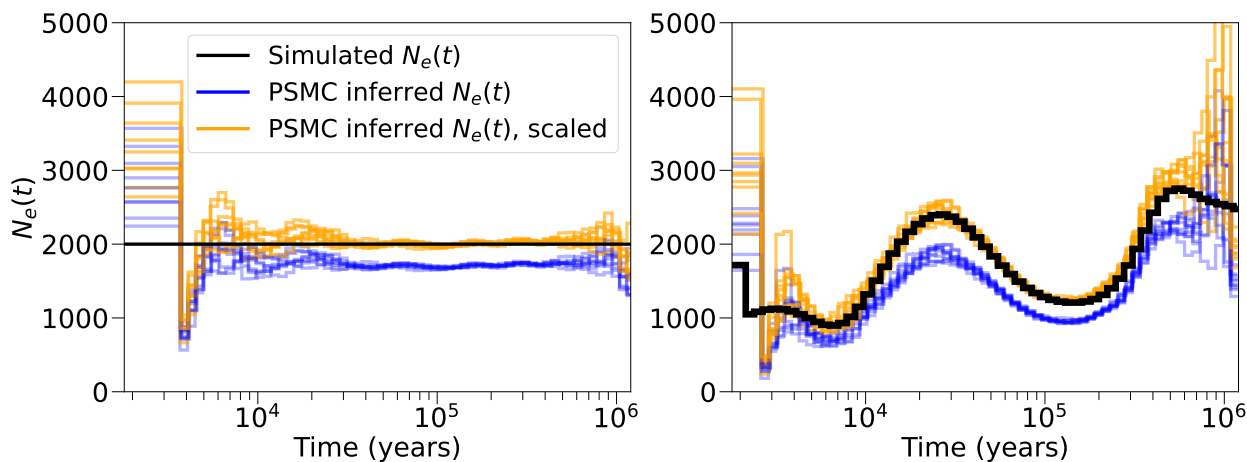


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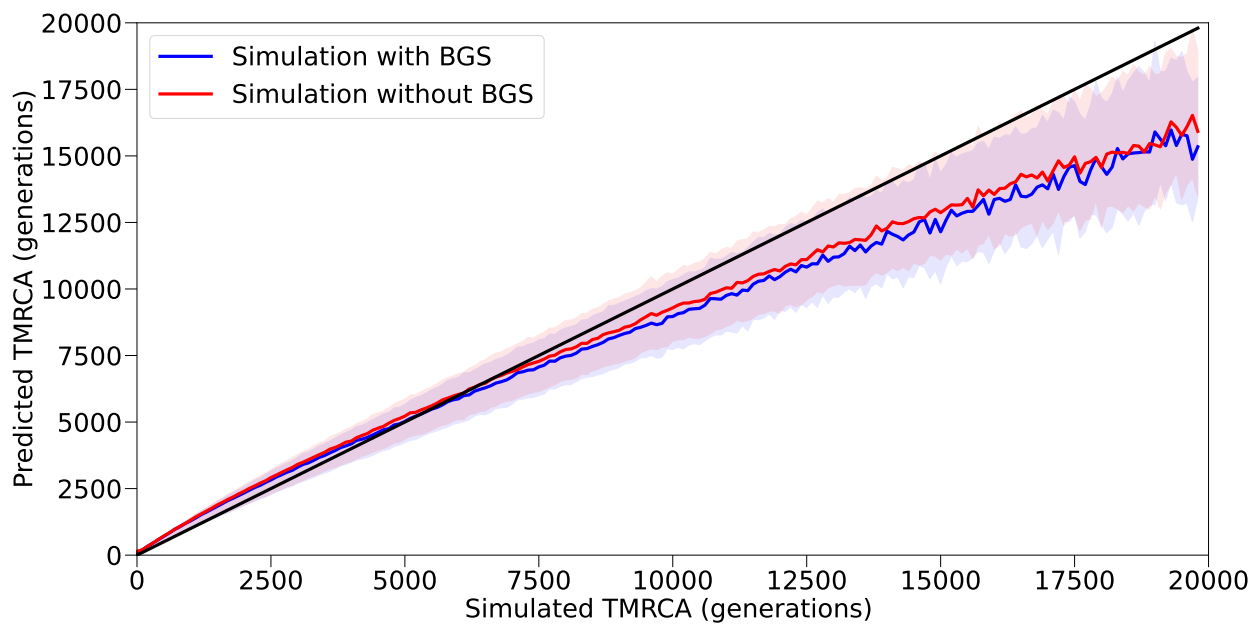
## 510 8 Supplementary Figures



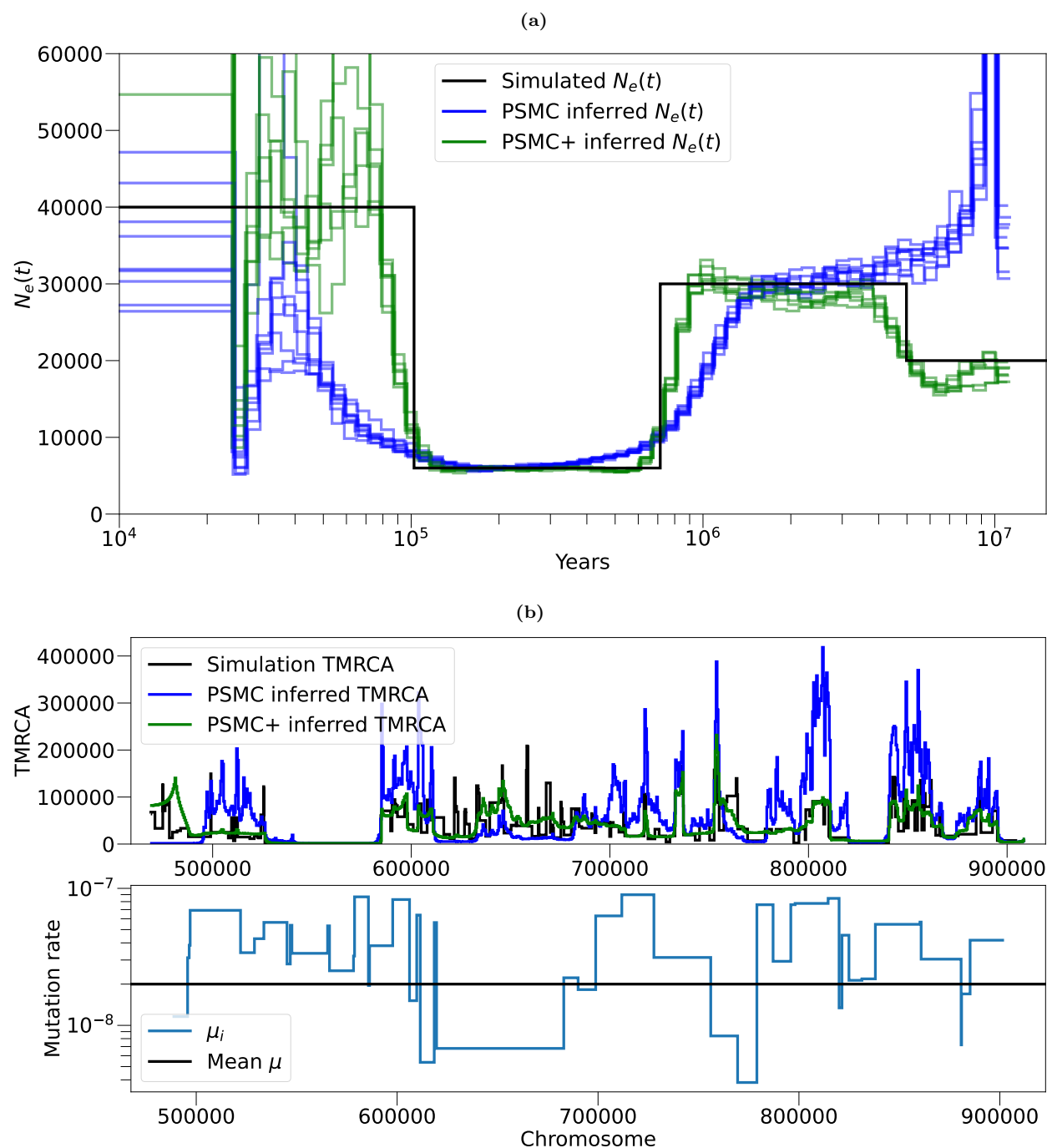
Supplementary Figure 1: Our forward-in-time simulations of background selection show a similar effect in shaping genome wide diversity as seen in humans [26]. We calculate the observed diversity as a function of distance to exon, and see a strong positive association for a) the constant-sized population and b) the changing-size population. We calculate diversity relative to the genome wide average, as indicated by the black line.



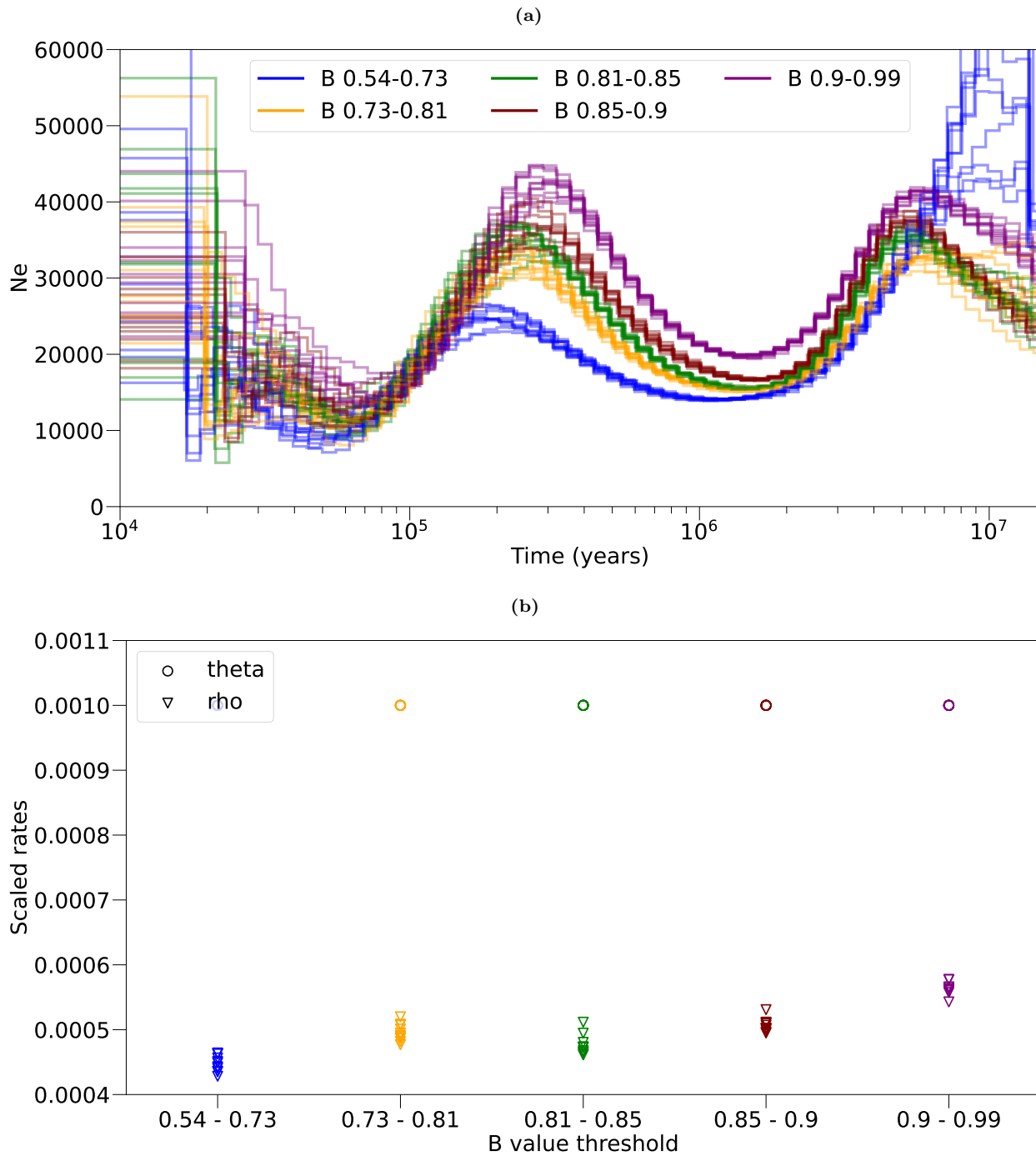
Supplementary Figure 2: PSMC's inference of  $N_e(t)$  is biased in simulations with widespread linked selection (blue lines). Scaling PSMC's inference of  $N_e(t)$  (gold lines) is able to accurately overcome these effects. Same simulations as in Figure 1: **a)** Constant population size. **b)** Realistic demography, based on previous estimates of inferred  $N_e(t)$  in West Africans [2, 30].



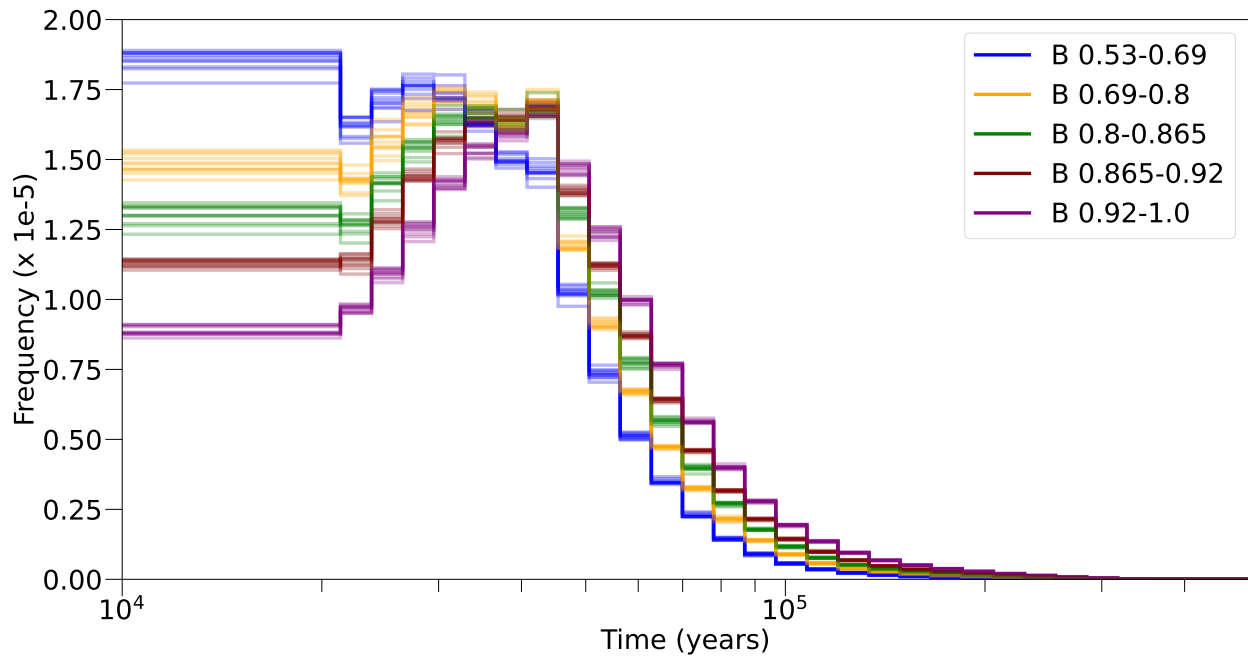
Supplementary Figure 3: Accuracy in the inferred coalescence times from PSMC, in a simulation with and without BGS. The blue line shows inference in a model with BGS, and the red line without. We calculated accuracy by taking the posterior mean at each position and comparing this to the simulated value.



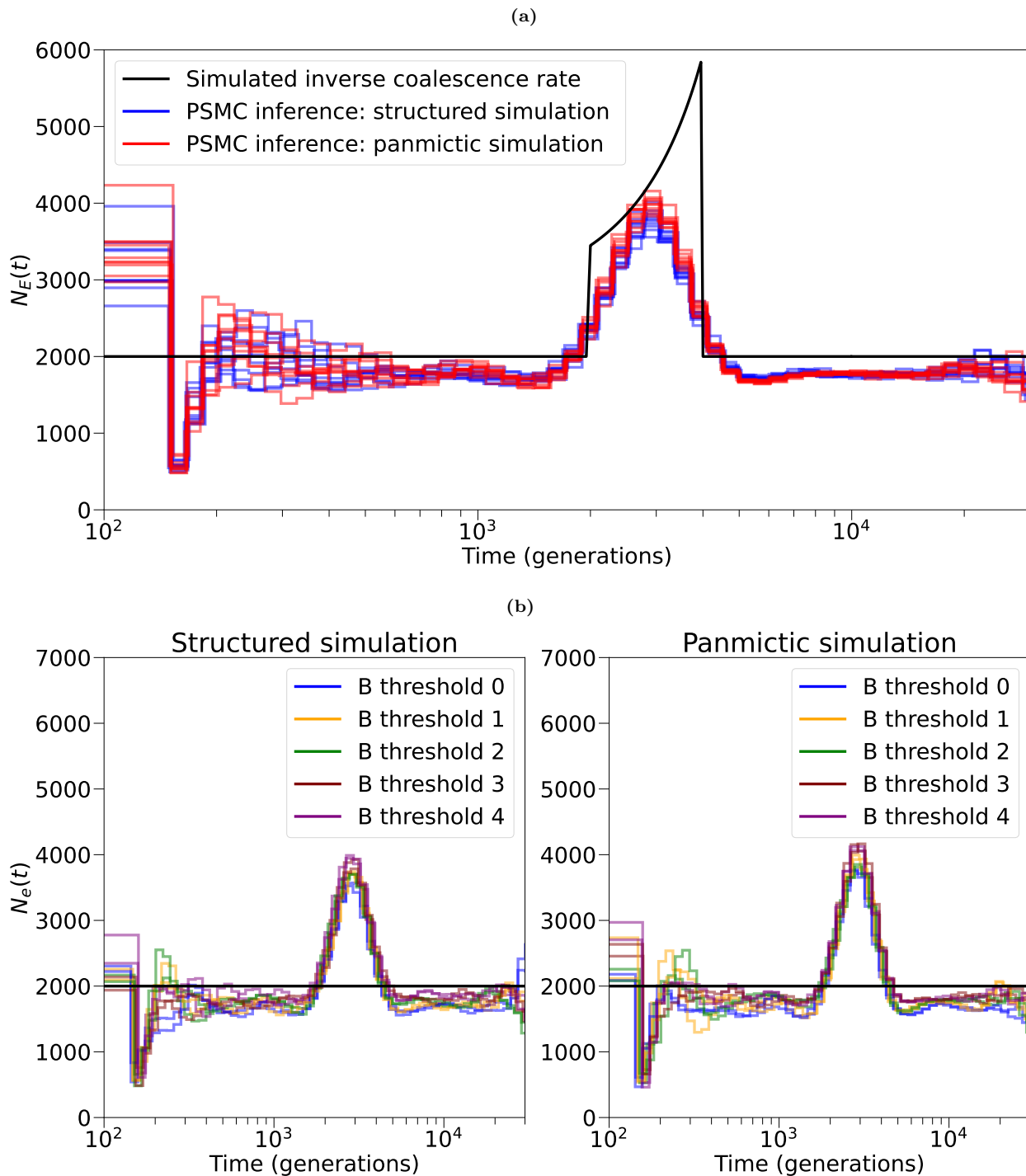
Supplementary Figure 4: The effect of mutation rate variation in inferring  $N_e(t)$  or the TMRCA across the genome. An arbitrary mutation rate map  $M$  that changes every  $d$  base pairs was generated, where  $d$  is exponentially distributed with rate 100kb. The mutation rate in each interval was drawn by taking the absolute value from a normal distribution with mean  $1e-07$  and standard deviation  $5e-08$ . The recombination rate was set as  $1e-08$ . a) Inferring  $N_e(t)$  with PSMC or PSMC+. The simulated  $N_e(t)$  is shown in black. PSMC inference on a simulation with mutations generated by  $M$  shown in blue, which is not able to accurately recover  $N_e(t)$ . PSMC+ inference on the same simulation, is able to overcome the effect and infer  $N_e(t)$  more accurately. b) Inference of TMRCA across the genome (top panel). The black line represents the simulated TMRCA. Posterior mean from the PSMC decoding is shown in blue, which is not able to capture the TMRCA distribution. Posterior mean from the PSMC+ decoding is shown in green, which is able to overcome the effect and infer the TMRCA more accurately. Bottom panel shows the local variations in  $M$ .

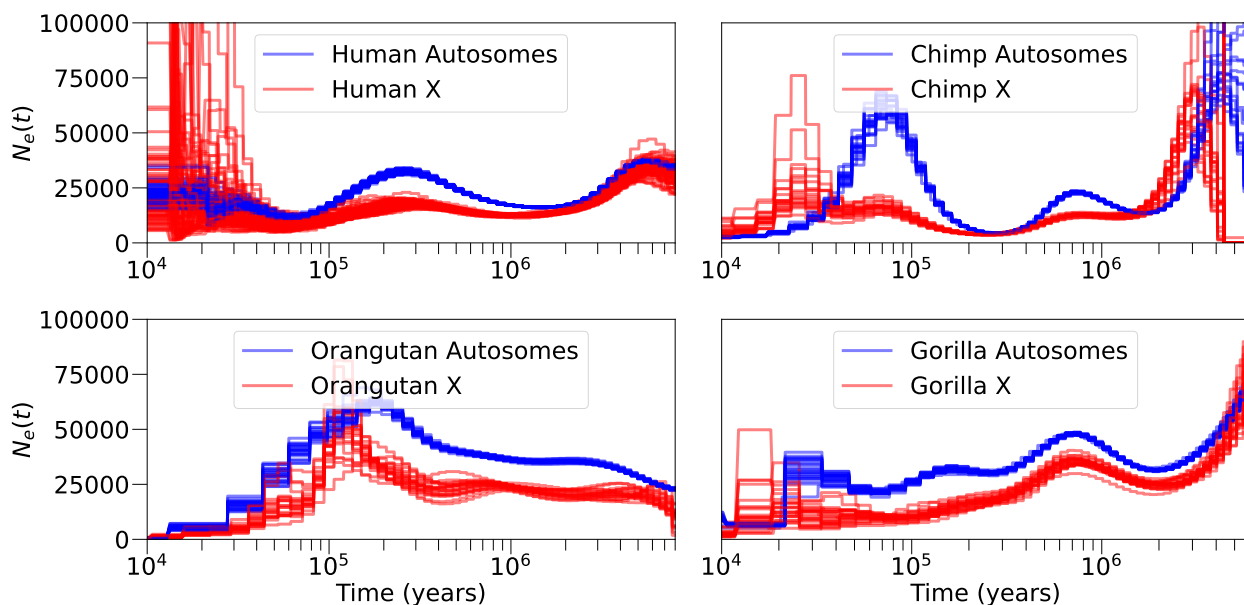


Supplementary Figure 5: a) Inference of autosomal  $N_e(t)$  in 80 YRI samples in bins of  $b$  value, though with fixed to the same value across each bin (similar to Figure 2 which used a calculated from the data). b) Each  $b$  quintile uses  $\theta=0.001$  (circles), but  $\rho$  (triangles) is inferred as part of the EM algorithm and varies per quintile. This demonstrates that the differences in inferred  $N_e(t)$  per  $b$  are not attributable to difference in heterozygosity per quintile.

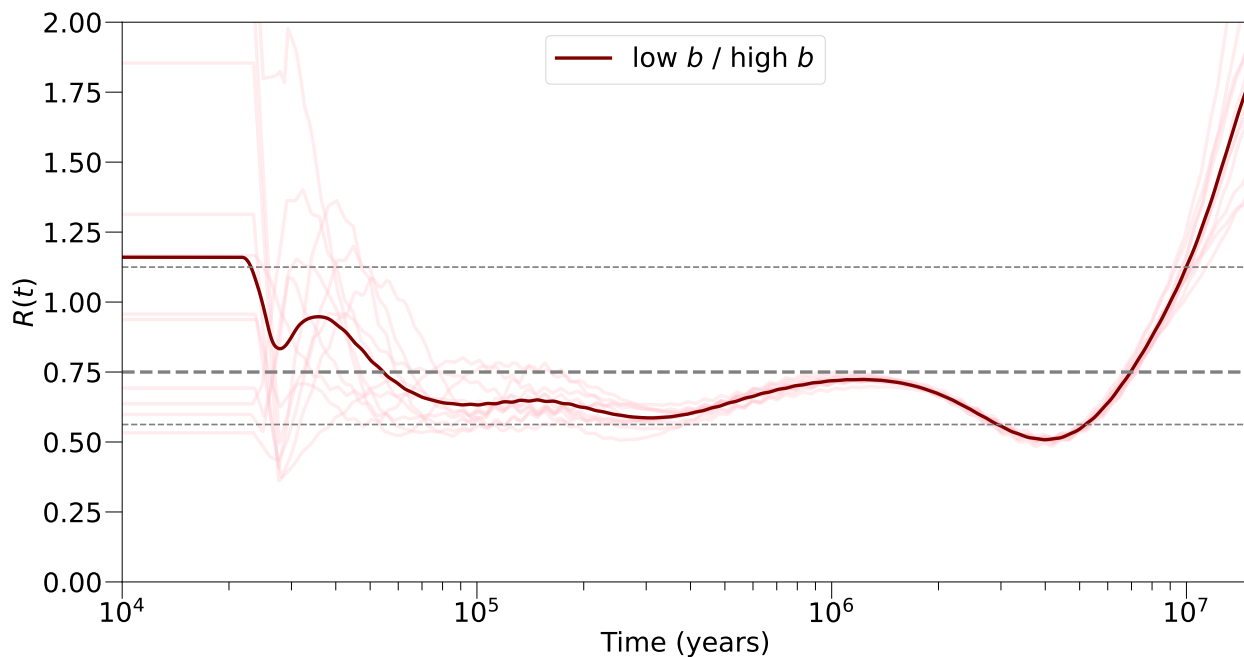


Supplementary Figure 6: Effect of background selection on inferred TMRCA. We plot the distribution of TMRCA in coalescent units in quintiles of  $b$  value. In the lowest bin of  $b$  value, we see an excess of recent pairwise TMRCA, consistent with the action of linked negative selection lowering the effective population size and reducing the TMRCA.





Supplementary Figure 8: PSMC's inferred  $N_e(t)$  on the autosomes and X chromosome humans, chimps, gorillas, and orangutans.



Supplementary Figure 9: The ratio of  $N_e(t)$  inferred on the strongest  $b$  value bin to the weakest  $b$  value bin, in Figure 2 (blue and purple lines, respectively).