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## **Opto**α**1AR activation in astrocytes modulates basal hippocampal synaptic excitation and inhibition in a stimulationspecific manner**

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## **Abstract**

Astrocytes play active roles at synapses and can monitor, respond, and adapt to local synaptic activity. While there is abundant evidence that astrocytes modulate excitatory transmission in the hippocampus, evidence for astrocytic modulation of hippocampal synaptic inhibition remains more limited. Furthermore, to better investigate roles for astrocytes in modulating synaptic transmission, more tools that can selectively activate native G protein signaling pathways in astrocytes with both spatial and temporal precision are needed. Here, we utilized AAV8-GFAP-Opto $\alpha$ 1AR-eYFP (Opto $\alpha$ 1AR), a viral vector that enables activation of G<sub>q</sub> signaling in astrocytes via light-sensitive α1-adrenergic receptors. To determine if stimulating astrocytic Optoα1AR modulates hippocampal synaptic transmission, recordings were made in CA1 pyramidal cells with surrounding astrocytes expressing Optoα1AR, channelrhodopsin (ChR2), or GFP. Both highfrequency (20 Hz, 45-ms light pulses, 5 mW, 5 min) and low-frequency (0.5 Hz, 1-s pulses at increasing 1, 5, and 10 mW intensities, 90 s per intensity) blue light stimulation were tested. 20 Hz Opto $\alpha$ 1AR stimulation increased both inhibitory and excitatory postsynaptic current (IPSC and EPSC) frequency, and the effect on miniature IPSCs (mIPSCs) was largely reversible within 20 min. However, low-frequency stimulation of Optoα1AR did not modulate either IPSCs or EPSCs, suggesting that astrocytic  $G_q$ -dependent modulation of basal synaptic transmission in the hippocampus is stimulation-dependent. By contrast, low-frequency stimulation of astrocytic ChR2 was effective in increasing both synaptic excitation and inhibition. Together, these data demonstrate that Optoα1AR activation in astrocytes changes basal GABAergic and glutamatergic

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transmission, but only following high-frequency stimulation, highlighting the importance of temporal dynamics when using optical tools to manipulate astrocyte function.

#### **Keywords**

GABA; glia; glutamate; hippocampus; optogenetics

### **1. Introduction**

Astrocytes can detect synaptic signaling through G protein-coupled receptor (GPCR) activation (Haydon, 2001; Araque et al., 2014) and respond to local neuronal activity with transient increases in intracellular  $Ca^{2+}$  levels (Agulhon et al., 2008; Bazargani and Attwell, 2016). As influential components of the tripartite synapse, astrocytes engage in extensive and specific bidirectional communication with synapses (Araque et al., 1999; Perea et al., 2009; Santello et al., 2012). In the hippocampus, many studies investigating astrocyte-neuron interactions have demonstrated astrocyte-specific modulation of excitatory transmission and/or plasticity (Jourdain et al., 2007; Perea and Araque, 2007; Navarrete and Araque, 2010; Panatier et al., 2011; Boddum et al., 2016; Adamsky et al., 2018; Covelo and Araque, 2018; Durkee et al., 2019; Mederos et al., 2019). Evidence for astrocytic regulation of basal synaptic inhibition remains limited, although previous studies have suggested a role for astrocyte-mediated modulation of fast synaptic inhibition in multiple brain areas including hippocampus, cortex, and thalamus (Christian and Huguenard, 2013; Mederos and Perea, 2019). For example, mechanical stimulation of astrocytes leads to glutamate release and a strengthening of inhibition that is dependent upon astrocytic  $Ca<sup>2+</sup>$  signaling and AMPA/NMDA receptors (Kang et al., 1998). In addition, activation of somatostatin-positive interneurons stimulates the release of ATP/adenosine from astrocytes and subsequent enhancement of inhibition via  $A_1$  adenosine receptors (Matos et al., 2018), suggesting that astrocytes can modulate both inhibitory and excitatory synaptic transmission. However, the extent to which astrocytes modulate basal synaptic inhibition in hippocampal CA1 requires further clarification.

Historically, the study of neuron-astrocyte interactions has been hampered by the limited availability of tools that selectively modulate astrocytic GPCR signaling with precise spatial and temporal control (Yu et al., 2020). Several studies have utilized Designer Receptors Exclusively Activated by Designer Drugs (DREADDs) for specific manipulation of astrocytes (Agulhon et al., 2013; Yang et al., 2015; Chen et al., 2016; Martin-Fernandez et al., 2017; Adamsky et al., 2018). DREADDs are well-suited for this purpose as they provide targeted activation of GPCR-mediated endogenous intracellular cascades native to astrocytes. A limitation of DREADDs, however, is the relative lack of temporal regulation of the activation of GPCR-mediated signaling. To overcome this drawback, in many studies the light-gated nonspecific cation channel channelrhodopsin-2 (ChR2) has been inserted into astrocyte membranes for improved temporal control (Gradinaru et al., 2009; Gourine et al., 2010; Chen et al., 2013; Perea et al., 2014; Yamashita et al., 2014; Masamoto et al., 2015; Cui et al., 2016; Tan et al., 2017; Octeau et al., 2019; Li et al., 2020). ChR2 activation, however, produces robust depolarization that likely exceeds that endogenously produced

in astrocytes, and increases extracellular  $K^+$  levels (Octeau et al., 2019). Furthermore, ChR2 activation does not recapitulate a physiologically relevant signaling cascade to drive intracellular  $Ca^{2+}$  elevations in astrocytes (Xie et al., 2015). Therefore, there remains a need for optical tools that allow for precise spatial and temporal stimulation of astrocytes with improved physiological relevance (Yu et al., 2020). Progress has been made in this regard with the recent development of an astrocyte-specific melanopsin coupled to the  $G<sub>q</sub>$ intracellular pathway (Mederos et al., 2019). The use of OptoXRs (Airan et al., 2009) in astrocytes has emerged as another potential solution. Stimulation of Optoα1 adrenergic receptor (Opto $a1AR$ )-derived constructs can drive  $Ca^{2+}$  elevations in cultured astrocytes (Figueiredo et al., 2014), alter neuronal activity both in vivo (Iwai et al., 2021) and in brain slices (Gerasimov et al., 2021), and stimulate memory enhancement in vivo (Adamsky et al., 2018; Iwai et al., 2021; Gerasimov et al., 2023). However, electrophysiological and behavioral responses using these tools have been inconsistent across studies, and results using optogenetic constructs in astrocytes appear highly sensitive to both brain region and optical stimulation paradigm.

Here, we generated an adeno-associated virus (AAV) construct, AAV8-GFAP-Optoα1AReYFP, to efficiently insert Optoα1AR specifically into astrocytes. We report that stimulation of astrocytic Optoα1AR elevates both basal synaptic GABAergic and glutamatergic transmission in CA1. The Optoα1AR-mediated enhancement of inhibition depends on the properties of the light stimulation, requiring high-frequency stimulation. This contrasts with ChR2-mediated stimulation of astrocytes, which enhances inhibition and elicits an inward tonic current at low-frequency stimulation. Together, the present data provide evidence of acute astrocytic regulation of basal excitatory and inhibitory hippocampal synaptic transmission and suggest that the temporal dynamics in which astrocytes are stimulated influence the extent of astrocytic modulation of hippocampal synaptic inhibition.

## **2. Methods**

#### **2.1 Animals**

All animal procedures were approved by the Institutional Animal Care and Use Committee of the University of Illinois Urbana-Champaign (protocols 17161 and 20110) and conducted in accordance with AVMA Guidelines for Euthanasia in Animals and in compliance with ARRIVE guidelines. Male and female C57BL/6J mice were either bred on site or obtained from the Jackson Laboratory at 6–8 weeks of age. Mice were group-housed (up to five mice per cage) in a 14/10 h light:dark cycle with food and water available ad libitum.

## **2.2 Viral vectors**

The pAAV-GFAP-OptoA1-eYFP plasmid was constructed by replacing the CaMKIIa promoter in pAAV-CaMKIIa-OptoA1-eYFP by a 2.2 Kb GFAP promoter and verified by Sanger sequencing. The map and sequence information are available at: [web.stanford.edu/](http://web.stanford.edu/group/dlab/optogenetics/sequence_info.html#optoxr) [group/dlab/optogenetics/sequence\\_info.html#optoxr](http://web.stanford.edu/group/dlab/optogenetics/sequence_info.html#optoxr). AAV-8 (Y733F), referred to here as AAV8, was produced by the Stanford Neuroscience Gene Vector and Virus Core. In brief, AAV8-GFAP-OptoA1-eYFP was produced by standard triple transfection of AAV 293 cells (Agilent). At 72 h post-transfection, the cells were collected and lysed by a

freeze-thaw procedure. Viral particles were then purified by an iodixanol step-gradient ultracentrifugation method. The iodixanol was diluted and the AAV was concentrated using a 100-kDa molecular mass–cutoff ultrafiltration device. Genomic titer was determined by quantitative PCR. The virus was tested in cultured neurons for expected expression patterns prior to use in vivo. AAV8-GFAP-hChR2(H134R)-eYFP and AAV8-GFAP-eGFP were obtained from the UNC Vector Core. All vectors were diluted in 0.9% sterile saline to a final titer of  $1\times10^{12}$  for injections; all dilutions were performed immediately prior to injection.

#### **2.3 Stereotaxic virus injections**

Stereotaxic injections were performed in mice aged postnatal day (P)42 to P90. Animals were anesthetized using 2–3% oxygen-vaporized isoflurane anesthesia (Clipper Distributing Company) and were placed in a stereotactic apparatus (Kopf Instruments). Carprofen (5 mg/kg, Zoetis) was administered subcutaneously at the beginning of surgery for analgesia. Viral vectors were loaded into a 10-μl Nanofil syringe with a 33-gauge needle, and injections were carried out using a Micro4 injection pump controller (World Precision Instruments). Viruses were bilaterally injected (1 μl per site) into dorsal hippocampal CA1 (coordinates: 1.8 mm posterior and 1.3 mm lateral to bregma; 1.3 mm ventral to the cortical surface) at a rate of 0.12 μl/min. After each injection, the syringe was left in place for 3–5 min to allow for diffusion of the viral vector and minimize reflux along the injection track. Incisions were closed using Perma-Hand silk sutures (Ethicon). Following surgery completion, 2.5% lidocaine + 2.5% prilocaine cream (Hi-Tech Pharmacal) and Neosporin antibiotic gel (Johnson and Johnson) were applied to the incision site.

#### **2.4 Brain slice preparation**

Acute brain slices were prepared at ages P80-P145, with a range of 26–71 days after stereotaxic virus injection. Mice were anesthetized via intraperitoneal injection of pentobarbital (Vortech Pharmaceuticals, 55 mg/kg) as performed previously (Christian and Huguenard, 2013; Christian et al., 2013; Courtney and Christian, 2018) and euthanized by decapitation. Brains were immediately dissected and placed in an ice-cold oxygenated (95%  $O<sub>2</sub>/5\% CO<sub>2</sub>$ ) high-sucrose slicing solution containing (in mM) 254 sucrose, 11 glucose, 2.5 KCl, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 10 MgSO<sub>4</sub>, 0.5 CaCl<sub>2</sub>, and 26 NaHCO<sub>3</sub>. 300 µm-thick coronal slices through dorsal hippocampus were prepared using a Leica VT1200S vibratome (Leica Biosystems). Slices were hemisected, transferred to a holding chamber, and incubated in an oxygenated artificial cerebrospinal fluid (ACSF) solution containing (in mM) 126 NaCl, 2.5 KCl, 10 glucose,  $1.25$  NaH<sub>2</sub>PO<sub>4</sub>, 1 MgSO<sub>4</sub>, 2 CaCl<sub>2</sub>, and 26 NaHCO<sub>3</sub> at ~298 mOsm. For all experiments, slices were incubated in ACSF for 60 min at 32°C, then moved to room temperature (21–23°C) for at least 15 min before recording.

#### **2.5 Patch clamp electrophysiology**

Slices were placed in a fully submerged recording chamber on the stage of an upright BX51WI microscope (Olympus America) and continuously superfused with oxygenated ACSF at a rate of 2.5 ml/min at room temperature. Recordings were made using a MultiClamp 700B amplifier, Digidata 1550 digitizer, and Clampex 10 software (Molecular Devices). Recording pipettes were prepared from thick-walled borosilicate glass using a P-1000 micropipette puller (Sutter Instruments). For all experiments, access resistance was

monitored every 2–5 minutes. Only cells that displayed a low and stable access resistance  $(R_a < 20$  MΩ; <20% change in  $R_a$  for the duration of the experiment) were kept for analyses. There were no differences between groups in access resistance, input resistance, or cell capacitance.

For voltage-clamp recordings, pipettes were pulled to have an open-tip resistance of 2– 5 MΩ when filled with an internal solution containing (in mM): 130 Cs-gluconate, 8 CsCl, 2 NaCl, 10 HEPES, 4 EGTA, 4 Mg-ATP, 0.3 GTP, adjusted to 290 mOsm and pH 7.3. Individual neurons were selected for their pyramidal shape using differential infrared contrast optics through either a sCMOS camera (OrcaFlash 4.0LT, Hamamatsu) or a Retiga R1 CCD camera (Teledyne Photometrics). Slices were screened for GFP expression by brief epifluorescence illumination at 470 nm, and only neurons with nearby astrocytes displaying fluorescence were subsequently recorded. Excitatory and inhibitory postsynaptic currents (EPSCs/IPSCs) were recorded in the absence of synaptic blockers. EPSCs were recorded at a membrane holding potential ( $V_m$ ) of -70 mV, whereas IPSCs were recorded at  $V_m$  = 0 mV. The efficacy of this recording paradigm in isolating EPSCs and IPSCs, respectively, was confirmed by the abolishment of currents following application of glutamate receptor blockers APV and DNQX with V<sub>m</sub> = −70 mV, as well as the abolishment of currents following application of the GABA<sub>A</sub> receptor blocker picrotoxin with  $V_m = 0$  mV. Each cell was randomly assigned for recording of either EPSCs or IPSCs. Only one cell was recorded per slice. For miniature PSC (mEPSC/mIPSC) recordings, 0.5 μM tetrodotoxin (TTX, Abcam) was added to the bath ACSF. For optogenetic activation, 473 nm blue laser light (Laserglow Technologies) was delivered through an optical fiber 200 μm in diameter (FT200EMT, Thorlabs) placed directly above stratum radiatum/stratum pyramidale at the surface of the slice. All experiments allowed for a 2-to 3-minute period stabilization of the whole-cell configuration prior to recording, followed by a 2-minute baseline recording period. Two optical stimulation paradigms were used: 1) 20 Hz (45-ms pulses at 5 mW intensity, 5 min in duration, 90% duty cycle; partially adapted from *in vivo* experiments in Adamsky et al., 2018); 2) 0.5 Hz (1-s pulses at successive 1, 5, and 10 mW intensities, 90-s duration per intensity, 50% duty cycle).

#### **2.6 Immunohistochemistry**

At 3 weeks after AAV injection, animals were euthanized via intracardiac perfusion with 20 mL of 0.1 M PBS, followed by 20 mL of 4% paraformaldehyde (PFA). Brain tissue was then collected, fixed in 4% PFA for 24 h at  $4^{\circ}$ C, and preserved in 30% sucrose solution with 0.5% sodium azide until sectioning. 40 μm-thick coronal sections were prepared using a freezing microtome (SM 2010R, Leica Biosystems). Hippocampal sections were washed 3 times with 0.01 M PBS for 5 min each at room temperature on a shaker at 140 rpm, then incubated for 1 h in a tris-buffered saline (TBS)-based blocking solution (10% normal donkey serum, 0.1% Triton X-100, 2% bovine serum albumin). Sections were then incubated with primary antibody (anti-NeuN rabbit polyclonal [1:1000, Sigma ABN78]) for 48 h at 4°C on a shaker. Sections were then washed in PBS and incubated with DyLight 594-conjugated goat anti-rabbit secondary antibody (1:1000, Vector Laboratories DI-1594) for 2 h on a shaker at room temperature. Tissue was mounted on charged glass slides and coverslipped using Vectashield Hardset Antifade Mounting Medium with DAPI (Vector

Laboratories, H-1500). Image acquisition was performed using a BX43 epifluorescence microscope equipped with a Q-Color 3 camera (Olympus) and QCapture Pro 7 software (Teledyne Photometrics).

#### **2.7 Data analysis and statistics**

Postsynaptic currents were analyzed using Stimfit software (Guzman et al., 2014) or a custom analysis package in IGOR Pro (WaveMetrics) (DeFazio et al., 2014). Passive electrical properties were calculated using Clampfit 10.4 (Molecular Devices). Data from Stimfit/IGOR were transferred to OriginPro 2016 (OriginLab, Northampton, MA, USA) or RStudio for statistical analysis. Normality assumptions were evaluated using Shapiro-Wilk tests or through analysis of QQ plots, in which normality was confirmed when data points were closely aligned with reference lines. Within-group comparisons for the 20 Hz stimulation experiments (before/after light stimulation) were made using paired t-tests. 20 Hz PSC recordings compared within the same cells over multiple timepoints were analyzed using one-way repeated-measures ANOVA (with time as the repeated factor) with Fisher's LSD post-hoc tests. Comparisons for 0.5 Hz stimulation experiments were made using two-way repeated-measures ANOVA (opsin and stimulation intensity as factors) with Fisher's post-hoc tests. Pearson's correlation coefficient (r) was used to measure the linear correlation between tonic current amplitude and EPSC frequency. P<0.05 was considered statistically significant.

## **3. Results**

#### **3.1 Astrocyte-specific expression of optogenetic constructs**

AAV8 vectors driven by the astrocyte-specific GFAP promoter were individually injected bilaterally into dorsal CA1 of wild-type C57BL/6J mice. For each mouse, one of three constructs was used: GFAP-Optoα1AR-eYFP (Optoα1AR), GFAP-hChR2(H134R)-eYFP (ChR2), and GFAP-GFP (GFP). To confirm the astrocyte-specificity of these vectors, immunohistochemistry was performed for the neuronal marker NeuN. Representative images of the targeting pattern and relative fluorescence intensity of GFP and YFP are shown (Figure 1). GFP fluorescence intensity was consistently brighter than YFP, perhaps reflecting differences in fluorophore properties, microscope fluorescence filter excitation/emission settings that were optimized for GFP and not YFP, and/or sole expression of fluorophore protein without an opsin expressed from the same vector. Note, however, that the relative intensity of YFP fluorescence was highly similar between GFAP-Optoα1AR-eYFP and GFAP-hChR2(H134R)-eYFP, and the expression pattern achieved with the Opto $a1AR$  vector was comparable to that of the ChR2 and GFP-only vectors. Colocalization was not observed between NeuN staining of CA1 pyramidal cells and the GFP or eYFP fluorescent tags of any AAV used (Figure 1).

## **3.2 High-frequency (20 Hz) optogenetic stimulation of Opto**α**1AR in astrocytes produces a sustained modulation of sIPSC frequency**

High-frequency optical stimulation of astrocytes using  $G_q$ -coupled melanopsin enhances inhibitory transmission in the medial prefrontal cortex (Mederos et al., 2021), and 20 Hz stimulation of a similar  $OptoG_q$  construct in CA1 astrocytes improves memory performance

in vivo (Adamsky et al., 2018). To examine if 20 Hz activation of Opto $a1AR$  in astrocytes modulates basal synaptic inhibition in hippocampus, whole-cell patch clamp recordings of spontaneous inhibitory postsynaptic currents (sIPSCs) were made in CA1 pyramidal cells. Slices containing astrocytes expressing either Optoα1AR or control GFP were exposed to 20 Hz blue light stimulation at 5 mW intensity for 5 minutes (closely resembling in vivo experiments described in Adamsky et al., 2018). (Figure 2A). First, we investigated the impact of 20 Hz activation of Optoα1AR or GFP in astrocytes in modulating hippocampal inhibitory transmission. 20 Hz stimulation of the Optoα1AR group led to an overall increase in sIPSC frequency compared to baseline when the analysis incorporated all sIPSCs recorded during the duration of light stimulation together (t = −2.73, p = 0.015, n = 16 cells from 5 mice), with 9 of 16 cells displaying >20% increase. This effect was not seen in the control GFP group (t =  $0.67$ , p =  $0.51$ , n = 8 cells from 2 mice) (Figure 2B, 2C). To investigate the time course of the effect, sIPSC frequency was subdivided into 30-s bins. This analysis, however, did not yield a significant difference in sIPSC frequency for any 30-s bin compared to baseline in either the Optoα1AR group (p=0.40) or the GFP group ( $p = 0.86$ ) (Figure 2D), reflecting the variability in time course of the effect within individual cells. In addition, sIPSCs from the Optoα1AR group displayed no overall change in amplitude during 20 Hz stimulation compared to baseline ( $t = 0.18$ ,  $p = 0.86$ ) (Figure 2E). When subdivided into 30-s intervals, however, sIPSC amplitude reached its average maximum at 60–90 s into the light stimulation, and its average minimum at 240–300 s, with significant differences in amplitude between these maximum and minimum timepoints ( $p =$ 0.02) (Figure 2F, top). By contrast, GFP controls did not demonstrate any changes in sIPSC amplitude either overall (t = −0.01, p = 0.99) or across time (p = 0.86) (Figure 2E; 2F, bottom).

An important advantage of using optogenetic tools is the temporal precision of activation (Deisseroth, 2015), and Optoα1AR expression in neurons allows for spatiotemporally precise manipulation of biochemical signaling and modulation of behavior in vivo (Airan et al., 2009). In theory, this temporal control could allow for cellular modulation to be reversible at short timescales. To test for this possibility, we recorded sIPSCs for 20 additional min following cessation of the 20 Hz light stimulation in a subset of cells in slices expressing Optoα1AR or GFP in astrocytes. In these cells, 20 Hz stimulation of Optoα1AR resulted in a trend for increased sIPSC frequency during the final minute of stimulation compared to baseline ( $p = 0.06$ ,  $n = 13$  cells), similar to the modulation of sIPSC frequency observed in the full group (Figure 2C). Contrary to our prediction, however, cells from the Optoα1AR group maintained an increased level of sIPSC frequency at 20 min post-stimulation ( $p = 0.02$  compared to baseline), with 8 of 13 cells displaying >20% increase (Figure 2G). This finding suggests that 20 Hz stimulation of Optoα1AR in astrocytes can exert long-lasting modulation of synaptic inhibition. In cells from the GFP group, by contrast, no changes in sIPSC frequency were seen either during the final minute of 20 Hz stimulation or at 20 min post-stimulation ( $n = 7$  cells from 2 mice) (Figure 2G). Additionally, there were no significant changes in sIPSC amplitude either during the light stimulation or at 20 min afterwards in cells from the Optoα1AR or GFP groups (Figure 2H). Altogether, these data suggest that high-frequency stimulation of Opto $a1AR$  in astrocytes

can modulate hippocampal synaptic inhibition, and that this modulation is sustained for at least 20 minutes following termination of the stimulation.

## **3.3 High-frequency (20 Hz) optogenetic stimulation of Opto**α**1AR in astrocytes enhances activity-independent hippocampal synaptic inhibition**

To determine if the effects of 20 Hz stimulation of astrocytic Optoα1AR on hippocampal synaptic inhibition require presynaptic input, miniature inhibitory postsynaptic currents (mIPSCs) were recorded under the same stimulation paradigm in the presence of tetrodotoxin (TTX, 0.5 μM) to prevent action potential firing (Figure 3A). mIPSCs recorded from the Optoα1AR group displayed an increase in frequency in response to 5 min of 20 Hz light stimulation (t =  $-3.91$ , p = 0.002, n = 14 cells from 6 mice), with 10 of 14 cells displaying >20% increase (Figure 3B). The increase in frequency was first visible after 2 minutes of light stimulation  $(p=0.01)$  and peaked within 4 minutes of stimulation (p<0.001) (Figure 3C, top). No increase in mIPSC frequency was seen in the control GFP group (t =  $-0.84$ , p = 0.42, n = 13 cells from 5 mice) (Figure 3B), suggesting that 20 Hz stimulation of Optoα1AR can acutely elicit an activity-independent mechanism producing increased frequency of GABA release onto CA1 pyramidal cells. mIPSC amplitude was not affected by light stimulation in the Opto $\alpha$ 1AR group (t = −0.98, p = 0.34) (Figure 3D). Additionally, no differences in mIPSC amplitude were observed over time (Figure 3E, top). However, there was an increase in mIPSC amplitude in cells from the GFP group ( $t = -4.10$ ,  $p < 0.001$ ) (Figure 3D) that appeared within the first 30 s of light stimulation (Figure 3E, bottom). This effect may reflect a non-specific artifact of exciting GFP in astrocytes in the absence of an opsin, underscoring the necessity for fluorophore-only controls in optogenetic experiments. It should be noted, however, that this effect reflected a very small  $(\sim 2 \text{ pA})$ average increase, and the mean amplitude of events during the light stimulation was similar between groups.

To determine if 20 Hz stimulation of astrocytic Optoα1AR leads to a sustained increase in mIPSC frequency, a subset of cells from the Optoα1AR and GFP groups were recorded for 20 additional min following cessation of the light stimulation. In cells from the Optoα1AR group, an increase in mIPSC frequency was observed during the last minute of 20 Hz light stimulation ( $p<0.001$ ), with 9 of 9 cells displaying  $>30\%$  increase compared to baseline. Additionally, increased mIPSC frequency was seen at 20 min following cessation of the stimulation ( $p = 0.03$ ), with 7 of 9 cells displaying  $>20\%$  increase compared to baseline (Figure 3F). However, in contrast to the sIPSCs, 6 of 9 cells displayed a reduction in frequency at 20 minutes post-stimulation compared to the last minute of stimulation, and this reduction was greater than 50% in 5 of these 6 cells (Figure 3F, dotted lines). These data suggest that while 20 Hz stimulation of Opto $a1AR$  in astrocytes leads to a sustained increase in mIPSC frequency, this activity-independent modulation is reversible to an extent that is not seen when firing activity is unblocked. In cells from the GFP group, no differences were seen in mIPSC frequency during light stimulation nor at 20 min after (9 cells from 4 mice) (Figure 3F). Additionally, there was no effect of 20 Hz stimulation on mIPSC amplitude in the Optoα1AR group at either timepoint. However, as observed in the full GFP mIPSC group, there was a small increase in mIPSC amplitude in the subgroup of cells recorded after light stimulation ( $p < 0.01$ ), and this increase persisted for at least 20

min ( $p < 0.01$ ). (Figure 3G). Altogether, these data indicate that high-frequency stimulation of Optoα1AR in astrocytes modulates activity-independent synaptic inhibition. In addition, although this stimulation drives an increase in mIPSC frequency that is both acute and sustained, this change appears more reversible than that observed when action potential firing is intact.

## **3.4 High-frequency (20 Hz) optogenetic stimulation of Opto**α**1AR in astrocytes modulates activity-independent hippocampal glutamatergic transmission**

Previous studies using G<sub>q</sub>-coupled optogenetic or chemogenetic tools have demonstrated that activation of this pathway in astrocytes can modulate basal excitatory neurotransmission in the hippocampus (Adamsky et al., 2018; Mederos et al., 2019). As we had observed differences in IPSC frequency in response to 20 Hz stimulation of Optoα1AR in astrocytes, we sought to determine whether the same stimulation modulates mEPSCs recorded from CA1 pyramidal cells (Figure 4A). In the Optoα1AR group, this stimulation produced an increase in mEPSC frequency compared to baseline ( $t = -5.04$ ,  $p < 0.001$ ,  $n = 10$  cells from 4 mice) (Figure 4B). The increase in frequency was first visible after 90 s of light stimulation (p=0.005) and was within 0.12 Hz of peak frequency at this time (90 s mean =  $2.77 \pm 0.46$  Hz; peak mean =  $2.89 \pm 0.33$  Hz) (Figure 4C, top), suggesting that activation of Optoα1AR in astrocytes may modulate glutamatergic transmission on a faster timescale compared to the effects on GABAergic transmission. No change in mIPSC frequency was observed in the control GFP group ( $t = 0.13$ ,  $p = 0.91$ ,  $n = 6$  cells from 4 mice) (Figure 4B, 4C bottom). Additionally, mEPSC amplitude was not changed in the Optoα1AR group either as compared to baseline (t =  $-0.56$ , p = 0.59) (Figure 4D) or across time (Figure 4E, top), and no difference in amplitude was observed in the GFP group (t =  $-0.63$ , p = 0.56) (Figure 4D, 4E). These data demonstrate that 20 Hz stimulation of Optoα1AR in astrocytes is capable of modulating hippocampal glutamatergic transmission.

## **3.5 Low-frequency (0.5 Hz) optogenetic stimulation of astrocytic ChR2, but not Opto**α**1AR, modulates hippocampal synaptic inhibition**

Responses to optogenetic stimulation are shaped by a combination of the properties of the light stimulation, the kinetics of opsin activation, and the cell expressing the opsin. The Optoα1AR is coupled to a GPCR signaling cascade, which has slower kinetics of activation and deactivation than ionotropic opsins and thus may have a broader range of effective stimulation parameters. Therefore, we tested whether an alternative stimulation paradigm of longer pulses delivered at a lower frequency for a shorter period of time would elicit similar results as the 20 Hz stimulation. Recordings of sIPSCs were made in CA1 pyramidal cells as before, and slices containing astrocytes expressing either Optoα1AR or control GFP were exposed to 0.5 Hz blue light stimulation at successive 1, 5, or 10 mW intensities for 90 s per intensity, with 2 min between stimulations (Figure 5A). Following 0.5 Hz stimulation of slices in the Optoα1AR group, there was no change in sIPSC frequency compared to baseline at any stimulation intensity or timepoint (Figure 5B and 5C, middle) ( $n = 10$  cells from 6 mice). Additionally, there was no difference in sIPSC frequency in response to light stimulation between the Opto $\alpha$ 1AR and GFP groups (Figure 5B and 5C, top) (GFP n = 10 cells from 4 mice).

As a positive control to ensure that the 0.5 Hz stimulation of astrocytes is capable of driving alterations in hippocampal synaptic transmission, additional cells were recorded in slices with astrocytes expressing the nonspecific cation channel ChR2. The ChR2 group displayed increased IPSC frequency following 1 mW-intensity stimulation compared to baseline ( $p = 0.002$ ) ( $n = 7$  cells from 4 mice, 4 of 7 cells responding with  $>50\%$ frequency increase), as well as compared to the GFP group at 1 mW and 5 mW ( $p <$ 0.001, respectively) (Figure 5B and 5C, bottom), confirming that 0.5 Hz light delivery to astrocytes expressing ChR2 can modulate hippocampal synaptic transmission. Notably, the strength of this ChR2-mediated effect diminished over time despite an increase in stimulation intensity; there was no significant difference compared to baseline at 5 mW intensity, nor compared to either baseline or to the GFP group at 10 mW stimulation, indicating a potent rundown of the effect within minutes that increased light intensity did not overcome. Furthermore, no differences were detected in sIPSC amplitude in any experimental group at any stimulation intensity ( $F = 0.76$ ,  $p = 0.55$ ) (Figure 5D). Together, these data indicate that 0.5 Hz optogenetic stimulation of the nonspecific cation channel ChR2 in astrocytes modulates sIPSC frequency in CA1 hippocampal pyramidal cells, but the same stimulation of Opto $\alpha$ 1AR to trigger the G<sub>q</sub> signaling cascade in astrocytes is not effective.

## **3.6 Low-frequency (0.5 Hz) optogenetic stimulation of astrocytic ChR2, but not Opto**α**1AR, modulates hippocampal glutamatergic transmission**

To determine if low-frequency 0.5 Hz stimulation modulates glutamatergic transmission in the hippocampus, sEPSCs were recorded from CA1 pyramidal cells (Figure 6A). Similar to the data for sIPSCs, 0.5 Hz stimulation of slices in the Optoα1AR group did not result in an overall difference in sEPSC frequency compared to baseline at any stimulation intensity (Figure 6B, middle) ( $n = 10$  cells from 5 mice). In addition, no differences in sEPSC frequency were detected between the Optoα1AR and GFP groups at any stimulation intensity timepoint (Figure 6B, top) (GFP  $n = 10$  cells from 4 mice). However, as with sIPSCs, the ChR2 group displayed an increase in sEPSC frequency following 1 mW stimulation as compared to baseline ( $p = 0.04$ ), and compared to GFP controls at both 1 mW ( $p < 0.001$ ) and 5 mW intensities ( $p = 0.02$ ) ( $n = 9$  cells from 4 mice, 5 of 9 cells responding with >50% frequency increase) (Figure 6B, bottom). This effect also diminished over time, with no difference in response to 10 mW stimulation compared to baseline or compared to control GFP. In contrast to the findings for sIPSCs, however, analysis of sEPSC amplitude with 0.5 Hz stimulation yielded significant effects at 1 mW ( $p = 0.03$ ) and 10 mW ( $p < 0.001$ ) intensities compared to GFP controls (Figure 6C). These data indicate that low-frequency 0.5 Hz blue light stimulation does not modulate basal excitatory synaptic transmission in CA1 pyramidal cells when Optoα1AR is expressed in astrocytes, but in the case of astrocytic ChR2, this same stimulation produces increased sEPSC frequency and amplitude.

In 5 of 9 cells, 0.5 Hz stimulation of ChR2 in astrocytes when recording sEPSCs also resulted in the development of an inward "tonic" current that did not appear when recording sIPSCs. Furthermore, this inward current displayed two unique temporal profiles: a slow component that peaked in amplitude during the first 30 s of 0.5 Hz light exposure (Figure

7A, top); and an acute component that fluctuated with the on/off stimulation of the light (Figure 7A, middle and bottom). The amplitude of the slow component ranged from 31.98– 191.71 pA, with a mean time to peak amplitude of 15.09 s following 1 mW 0.5 Hz stimulation (Figure 7B). The acute component was largest during the initial 10 s of 0.5 Hz light stimulation (mean  $43.61 \pm 20.81$  pA), but recovered to 47.54% of max amplitude within 30 s of stimulation (mean  $22.88 \pm 6.96$  pA) (Figure 7C). Additionally, a strong linear correlation was observed between the amplitude of the slow component and phasic sEPSC frequency, as cells with the highest phasic sEPSC frequency displayed the greatest amplitude of the slow tonic current ( $r = 0.99$ ,  $p < 0.0001$ ) (Figure 7D). Note that this inward current was not observed in Optoα1AR or GFP groups.

### **4. Discussion**

In these studies, we employed an astrocyte-specific  $G_q$ -coupled opsin, Opto $\alpha$ 1AR, to investigate astrocytic modulation of basal synaptic transmission in hippocampal CA1. The results indicate that optical stimulation of astrocytic Optoα1AR is capable of modulating synaptic transmission, including basal GABAergic inhibition, in hippocampus. Furthermore, these effects are stimulation-specific; a high-frequency (20 Hz) stimulation of Optoα1AR in astrocytes effectively modulated hippocampal transmission, whereas a low-frequency 0.5 Hz stimulation of Optoα1AR had no effect on modulating IPSCs or EPSCs. The lack of response to 0.5 Hz stimulation was in contrast to large changes seen with low-frequency stimulation of astrocytes expressing the nonspecific cation channel ChR2. 20 Hz stimulation of astrocytic Optoα1AR led to increases in the frequency of sIPSCs, mIPSCs, and mEPSCs, and the increase in mIPSC frequency displayed a trend for reversibility within 20 min. Altogether, these studies provide evidence for stimulation-specific effects of astrocytes in modulating both GABAergic and glutamatergic transmission in hippocampal CA1 and emphasize the need to carefully consider the nature of the optical stimulation paradigms when using optogenetic tools to target astrocytes.

The present study reports modulation of basal synaptic inhibition by astrocytes using an optogenetic tool designed to harness physiologically relevant endogenous pathways in astrocytes. High-frequency stimulation of Optoα1AR in astrocytes resulted in elevated mIPSC frequency, which suggests a potential  $Ca^{2+}$ -dependent release of a signaling molecule from astrocytes that acts upon presynaptic terminals of interneurons, subsequently increasing the probability of GABA release at inhibitory synapses. As mIPSC amplitude was not changed, quantal size does not appear to have been affected. Though the mechanism of Optoα1AR-dependent modulation of hippocampal synaptic transmission observed here remains unclear, purinergic signaling is a potential mediator of these responses, as previous literature has suggested bidirectional purinergic modulation of hippocampal synapses. Astrocytes release ATP/adenosine in a  $Ca^{2+}$ -dependent manner, and ATP/adenosine has been shown to modulate both basal excitatory neurotransmission (Di Castro et al., 2011; Panatier et al., 2011) as well as heterosynaptic depression (Serrano et al., 2006; Andersson et al., 2007; Boddum et al., 2016) in the hippocampus. Purinergic signaling can also modulate inhibitory transmission; for example, endogenous  $P2Y_1$  receptor activation in hippocampal interneurons leads to increased interneuron excitability, subsequently increasing feedforward inhibition onto CA1 pyramidal cells. Both anatomical and functional evidence (a

high density of astrocyte processes surrounding hippocampal interneurons and enhanced intracellular  $Ca^{2+}$  transients, respectively) suggests that these effects are driven by astrocytederived ATP (Bowser and Khakh, 2004). Additionally, astrocytic release of ATP/adenosine upregulates synaptic inhibition from somatostatin interneurons onto pyramidal cells in the hippocampus (Matos et al., 2018). Furthermore,  $G_q$  pathway stimulation in astrocytes in the central amygdala leads to  $Ca^{2+}$ -dependent release of ATP/adenosine and an enhancement of inhibition through activation of neuronal  $A2<sub>A</sub>$  receptors (Martin-Fernandez et al., 2017). These effects were deemed to be mediated presynaptically, in line with the increase in mIPSC frequency seen in the present studies. It is important to note that all recordings in this study were made in the absence of synaptic blockers; EPSCs and IPSCs were biophysically isolated only in the recorded cell. Though recordings made from slices in the absence of synaptic blockers may be more representative of *in vivo* conditions, the recordings represent the net result of both excitatory and inhibitory network activity, making the underlying mechanisms difficult to pinpoint. In addition, other potential mechanisms may be considered. For example, astrocytes provide metabolic support to neurons, and disruption of metabolic processes such as glycolysis and oxidative phosphorylation can alter presynaptic vesicular release (Sobieski et al., 2017). Future studies should also consider the potential impact that optical tools may have on the important metabolic roles of astrocytes.

The present study offers further evidence of stimulation-specific responses using optogenetic constructs to interrogate roles for astrocytes in modulating neural activity. For example, in a prior study, sustained optical stimulation of CA1 astrocytes expressing  $G_q$ -coupled melanopsin at 7 mW for 1 s or 3 s was insufficient to modulate sEPSCs. However, stimulation lengths of 5 s and 10 s led to transient increases in sEPSC amplitude, and stimulation lengths of 20 s and 60 s induced sustained increases in sEPSC amplitude (Mederos et al., 2019). This stimulation-specific synaptic modulation was dependent on melanopsin-induced ATP/adenosine release from astrocytes. The effects in the present study on excitatory transmission observed in response to 20 Hz, 5 mW stimulation of Optoα1AR are in line with these previously described effects of astrocyte-expressed melanopsin and extend the effects of activation of  $G_q$  signaling in astrocytes to modulation of synaptic inhibition as well. While mechanistic interrogations using pharmacological antagonists were not performed here and are an important avenue for future investigation, it is plausible that the synaptic modulation of hippocampal transmission seen here via Optoα1AR activation may arise through a similar mechanism as melanopsin-mediated effects. In the present studies, however, 0.5 Hz stimulation (repeated 1-s light pulses delivered over 90 s) of astrocytic Optoα1AR at intensities up to 10 mW did not alter EPSC frequency or amplitude, emphasizing that the efficacy of activating Optoα1AR in yielding changes in nearby synaptic transmission is stimulation-sensitive. Stimulation-specific effects are further supported by additional, and occasionally conflicting, evidence across studies. While one study using a similar Optoα1AR construct found increased sEPSC frequency during 100-ms pulse stimulation, but not during sustained 5-s stimulation (Gerasimov et al., 2021), another study using an astrocyte-specific Optoα1AR transgenic mouse found inhibited neuronal activity in somatosensory cortex during 1-s light pulses (Iwai et al., 2021). While the precise mechanisms behind these stimulation-specific differences remain unknown, these

studies reinforce the necessity to carefully consider the frequency and duration of optical stimulation paradigms when using optogenetic tools in astrocytes.

The 0.5 Hz stimulation paradigm was designed in an attempt to mimic the relatively slow activation kinetics of astrocytic GPCRs, as well as the temporal dynamics of astrocytic  $Ca<sup>2+</sup>$  signaling, which are generally seconds in length (Haustein et al., 2014; Srinivasan et al., 2015). It should be noted, however, that recent work has identified  $Ca^{2+}$  signals in astrocyte microdomains with ms timescales *in vivo* (Stobart et al., 2018). By contrast, the 20 Hz stimulation was chosen to closely mimic light delivery used in previous in vivo experiments testing a similar Optoα1AR opsin expressed in astrocytes (Adamsky et al., 2018). For the 0.5 Hz stimulation, however, it is possible that the escalating-intensity stimulation paradigm used in the present studies masked a potential effect of the higher light intensities. In addition, it is important to note that the stimulation paradigms used in these experiments are just two of many possible options, and the two stimulation paradigms used here differed in the total time of stimulation and whether or not there was an escalation of the stimulation intensity. Therefore, it is possible that the temporal frequency of the stimulation intensity is not the sole cause for the differences seen in astrocytic Optoα1AR modulation of hippocampal transmission. The present studies were also performed at room temperature to reduce the frequency of synaptic currents and more readily enable acquisition of unitary PSCs, and temperature is known to impact GPCR kinetics. Note, however, that the 20 Hz stimulation paradigm, which demonstrated efficacy at room temperature in the present experiments, was adapted from previous in vivo work using a similar Optoα1AR in astrocytes (Adamsky et al., 2018).

Low-frequency stimulation of ChR2 in astrocytes not only altered phasic synaptic excitation but produced a tonic-like inward current as well. Of note, a similar slow inward current with superimposed sEPSCs has also been shown after ChR2 activation in astrocytes in the striatum (Cui et al., 2016). Mechanistically, the tight correlation between tonic current amplitude and sEPSC frequency in the presence of light stimulation suggests that stimulation of ChR2 in astrocytes causes the release of glutamate from astrocytic stores, flooding synaptic clefts with glutamate and increasing synaptic EPSC frequency at least in part via increased binding events onto postsynaptic ionotropic glutamate receptors. Subsequent glutamate spillover could then drive the tonic inward current, possibly via activation of extrasynaptic NMDA receptors (Angulo et al., 2004; Fellin et al., 2004; Le Meur et al., 2007), which can be activated despite a hyperpolarized holding potential and the presence of  $Mg^{2+}$  in the extracellular solution (Fellin et al., 2004). Although the specific mechanisms of Optoα1AR-dependent modulation of hippocampal synaptic transmission have yet to be determined, the lack of an inward tonic current during Optoα1AR stimulation suggests that the effects on synaptic transmission do not reflect changes in astrocytic glutamate release. In this regard, ChR2 stimulation in striatal astrocytes leads to local neuronal depolarization attributed solely to transient increases in extracellular  $K^+$  (Octeau et al., 2019), indicating that stimulation of astrocytic ChR2 can also increase local neuronal excitability independently of astrocytic glutamate release.

Currently, the  $G_q$ -coupled DREADD, hM3Dq (Roth, 2016), is the most commonly used tool for targeted activation of G-protein signaling pathways in astrocytes due to its

ease of use and physiological relevance when inserted into astrocytes and activated by clozapine-N-oxide (CNO) or other similar ligand. While optogenetic tools possess their own limitations, including the inherent invasiveness of light delivery and unintended side effects of light stimulation, the Optoα1AR vector employed here may be used as an alternative to hM3Dq for astrocyte stimulation by activating the same endogenous pathway with improved temporal specificity. As CNO is typically administered over an extended period of time, and the effects of hM3Dq activation can be long-lasting, one must consider the temporal distinction between experiments that activate astrocytes using DREADDs versus optogenetic tools.

The present study used a novel variant of Optoα1AR (Airan et al., 2009) packaged in AAV8 and driven by a GFAP promoter for astrocyte-specificity. Optoα1AR canonically drives Ca<sup>2+</sup> elevations via activation of endogenous G<sub>q</sub>, leading to the release of Ca<sup>2+</sup> from IP3-dependent intracellular stores, as previously demonstrated both in HEK cells (Airan et al., 2009) and cultured astrocytes (Figueiredo et al., 2014). Therefore, although it is unlikely that the present results are due to a  $Ca^{2+}$ -independent mechanism triggered in the astrocytes, we cannot discount this possibility. One potential explanation for the stimulation-specific modulation of hippocampal synaptic transmission seen here is that the 0.5 Hz stimulation of Optoα1AR may be insufficient to drive consistent increases in astrocytic intracellular  $Ca<sup>2+</sup>$  levels as compared to the high-frequency 20 Hz stimulation, thus failing to trigger  $Ca^{2+}$ -dependent release of signaling molecules. Future studies using the GFAP-Opto $\alpha$ 1AR construct could compare the properties of astrocytic  $Ca^{2+}$  elevations following exposure to varying stimulation paradigms.

In summary, the present data indicate that light activation of Optoα1AR effectively modulates basal synaptic inhibition as well as synaptic excitation in the hippocampus, but that this modulation requires high-frequency blue light delivery. By contrast, lowfrequency 0.5 Hz stimulation of astrocytic Optoα1AR did not affect glutamatergic or GABAergic transmission, although this stimulation produced robust responses when ChR2 was expressed in astrocytes. Overall, this work suggests that activation of AAV-transduced Optoα1AR in astrocytes can effectively alter local synaptic transmission mediated by both GABA and glutamate in the hippocampus. Furthermore, this work suggests that careful consideration should be given to the frequency and intensity of optical stimulation when using optogenetic tools to probe and manipulate glial-neuronal interactions, and the potential physiological relevance of such stimulation paradigms.

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## **Data availability:**

The datasets generated and analyzed during the current study are available from the corresponding author upon reasonable request.

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**Figure 1 –. AAV8-GFAP-Opto**α**1AR-eYFP selectively targets astrocytes in hippocampal CA1.** Example immunohistochemical images displaying astrocytic targeting of optogenetic constructs. (A) AAV8-GFAP-GFP (left) and AAV8-GFAP-GFP merged with neuronal marker NeuN (right). s.o., stratum oriens; s.p., stratum pyramidale; s.r., stratum radiatum. Scale bar, 40 μm (B) AAV8-GFAP-Optoα1AR-eYFP (left) and AAV8-GFAP-Optoα1AReYFP merged with NeuN (right). (C) AAV8-GFAP-hChR2(H134R)-eYFP (left), and AAV8- GFAP-hChR2(H134R)-eYFP merged with NeuN (right).

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**Figure 2 –. High-frequency (20 Hz) stimulation of astrocytic Opto**α**1AR increases sIPSC frequency.**

(A) Schematic representation of 20 Hz stimulation paradigm. (B) Representative sIPSC traces from individual pyramidal cells before (left) and during (right) 20 Hz stimulation of GFP (left two traces) or Optoα1AR (right two traces) in astrocytes. Insets represent expanded sections from underlined portion of trace. Scale bars: 50 pA, 1 s; inset: 50 pA, 200 ms. (C) Mean  $\pm$  SEM of sIPSC frequency before (Base) and during the full duration of 20 Hz stimulation (Light) of GFP (left, 8 cells from 2 mice) or Optoα1AR (right, 16 cells from 5 mice) in astrocytes. Lines represent individual cells. \*, p < 0.05 vs. baseline value, paired

t-test. (D) Mean  $\pm$  SEM of sIPSC frequency across time of Opto $\alpha$ 1AR (top, 16 cells from 5 mice) and GFP (bottom, 8 cells from 2 mice) during 20 Hz stimulation. Lines represent individual cells. Note that lines are used to enable identification of the same cells across the time points; increased slope at end of baseline period does not represent an increase in frequency prior to light delivery. (E) Mean  $\pm$  SEM of sIPSC amplitude before (Base) and during the full duration of 20 Hz stimulation (Light) of GFP (left, 8 cells from 2 mice) or Optoα1AR (right, 16 cells from 5 mice) in astrocytes. Lines represent individual cells. (F) Mean ± SEM of sIPSC amplitude across time in the Optoα1AR (top, 16 cells from 5 mice) and GFP (bottom, 8 cells from 2 mice) groups during 20 Hz stimulation. Lines represent individual cells. #, p < 0.05 vs. 60–90 s timepoint, 1-way repeated-measures ANOVA. Note that lines are used to enable identification of the same cells across the time points; increased slope at end of baseline period does not represent an increase in frequency prior to light delivery. (G) Mean  $\pm$  SEM of sIPSC frequency before (Base), during the final minute of 20 Hz stimulation (5'), and 20 minutes following 20 Hz stimulation (20') of GFP (left, 7 cells from 2 mice) or Optoα1AR (right, 13 cells from 4 mice) in astrocytes. Lines represent individual cells. \*, p < 0.05 vs. baseline value, 1-way repeated-measures ANOVA. (H) Mean ± SEM of sIPSC amplitude before (Base), during the final minute of 20 Hz stimulation (5'), and 20 minutes following 20 Hz stimulation (20') of GFP (left, 7 cells from 2 mice) or Optoα1AR (right, 13 cells from 4 mice) in astrocytes. Lines represent individual cells.

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**Figure 3 –. High-frequency (20 Hz) stimulation of astrocytic Opto**α**1AR increases mIPSC frequency.**

(A) Representative mIPSC traces from individual pyramidal cells before (left) and during (right) 20 Hz stimulation of GFP (left two traces) or Optoα1AR (right two traces) in astrocytes. Insets represent expanded sections from underlined portion of trace. Scale bars: 20 pA, 500 ms; inset: 20 pA, 100 ms. (B) Mean ± SEM of mIPSC frequency before (Base) and during the full duration of 20 Hz stimulation (Light) of GFP (left, 13 cells from 5 mice) or Optoα1AR (right, 14 cells from 6 mice) in astrocytes. Lines represent individual cells. \*\*,  $p < 0.01$  vs. baseline value, paired t-test. (C) Mean  $\pm$  SEM of mIPSC frequency

across time in the Optoα1AR (top, 14 cells from 6 mice) and GFP (bottom, 13 cells from 5 mice) groups during 20 Hz stimulation. Lines represent individual cells. \*\*, \*\*\*,  $p < 0.01$ , p < 0.001 vs. baseline value, 1-way repeated-measures ANOVA. Note that lines are used to enable identification of the same cells across the time points; increased slope at end of baseline period does not represent an increase in frequency prior to light delivery. (D) Mean ± SEM of mIPSC amplitude before (Base) and during the full duration of 20 Hz stimulation (Light) of GFP (left, 13 cells from 5 mice) or Optoα1AR (right, 14 cells from 6 mice) in astrocytes. Lines represent individual cells. \*\*, p < 0.01 vs. baseline value, paired t-test. (E) Mean  $\pm$  SEM of mIPSC amplitude across time in the Opto $\alpha$ 1AR (top, 14 cells from 6 mice) and GFP (bottom, 13 cells from 5 mice) groups during 20 Hz stimulation. Lines represent individual cells. \*\*,  $p < 0.01$  vs. baseline value, 1-way repeated-measures ANOVA. Note that lines are used to enable identification of the same cells across the time points; increased slope at end of baseline period does not represent an increase in frequency prior to light delivery. (F) Mean  $\pm$  SEM of mIPSC frequency before (Base), during the final minute of 20 Hz stimulation (5'), and 20 minutes following 20 Hz stimulation (20') of GFP (left, 9 cells from 4 mice) or Optoα1AR (right, 9 cells from 4 mice) in astrocytes. Lines represent individual cells. \*, \*\*\*, p < 0.05, p < 0.001 vs. baseline value, 1-way repeated-measures ANOVA. Dotted lines represent 6 cells that showed reversibility of effect. (G) Mean  $\pm$  SEM of mIPSC amplitude before (Base), during the final minute of 20 Hz stimulation (5'), and 20 minutes following 20 Hz stimulation (20') of GFP (left, 9 cells from 4 mice) or Optoα1AR (right, 9 cells from 4 mice) in astrocytes. Lines represent individual cells. \*\*, p < 0.01 vs. baseline value, 1-way repeated-measures ANOVA.

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### **Figure 4 –. High-frequency (20 Hz) stimulation of astrocytic Opto**α**1AR increases mEPSC frequency.**

(A) Representative mEPSC traces from individual pyramidal cells before (left) and during (right) 20 Hz stimulation of GFP (left two traces) or Optoα1AR (right two traces) in astrocytes. Insets represent expanded sections from underlined portion of trace. Scale bars: 20 pA, 500 ms; inset: 20 pA, 100 ms. (B) Mean ± SEM of mEPSC frequency before (Base) and during the full duration of 20 Hz stimulation (Light) of GFP (left, 6 cells from 4 mice) or Optoα1AR (right, 10 cells from 4 mice) in astrocytes. Lines represent individual cells. \*\*\*,  $p < 0.001$  vs. baseline value, paired t-test. (C) Mean  $\pm$  SEM of mEPSC frequency across time in the Optoα1AR (top, 10 cells from 4 mice) and GFP (bottom, 6 cells from 4 mice) groups during 20 Hz stimulation. Lines represent individual cells. \*, \*\*, p < 0.05, p < 0.01, vs. baseline value, 1-way repeated-measures ANOVA. Note that lines are used

to enable identification of the same cells across the time points; increased slope at end of baseline period does not represent an increase in frequency prior to light delivery. (D) Mean  $\pm$  SEM of mEPSC amplitude before (Base) and during the full duration of 20 Hz stimulation (Light) of GFP (left, 6 cells from 4 mice) or Optoα1AR (right, 10 cells from 4 mice) in astrocytes. Lines represent individual cells. (E) Mean ± SEM of mEPSC amplitude across time in the Optoα1AR (top, 10 cells from 4 mice) and GFP (bottom, 6 cells from 4 mice) groups during 20 Hz stimulation. Lines represent individual cells. Note that lines are used to enable identification of the same cells across the time points; increased slope at end of baseline period does not represent an increase in frequency prior to light delivery.

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**Figure 5 –. Low-frequency (0.5 Hz) blue light stimulation of astrocytes expressing ChR2, but not Opto**α**1AR, increases sIPSC frequency.**

(A) Schematic representation of 0.5 Hz light stimulation paradigm. (B) Representative sIPSC traces from individual pyramidal cells before (left) and during (right) 0.5 Hz blue light stimulation delivered to slices expressing GFP (top), Optoα1AR (middle), or ChR2 (bottom) in astrocytes. Insets represent expanded sections from underlined portion of trace. Scale bars – GFP and Opto $\alpha$ 1AR: 50 pA, 1 s; inset: 50 pA, 200 ms; ChR2: 100 pA, 1s; inset: 100 pA, 200 ms. (C) Mean ± SEM of sIPSC frequency across time of GFP (top, 10 cells from 4 mice), Optoα1AR (middle, 10 cells from 6 mice), and ChR2 (bottom, 7 cells from 4 mice) groups during 0.5 Hz stimulation. Lines represent individual cells. \*\*, p < 0.01 vs. baseline values.  $\# \#$ ,  $p < 0.001$  vs. GFP control group, 2-way repeated-measures ANOVA. Note that lines are used to enable identification of the same cells across the time points; increased slope at end of baseline period does not represent an increase in frequency prior to light delivery. (D) Mean ± SEM of sIPSC amplitude in GFP (left, 10 cells from 4

mice), Optoα1AR (middle, 10 cells from 6 mice), and ChR2 (right, 7 cells from 4 mice) groups across stimulation intensities. Lines represent individual cells.  $B =$  baseline.

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**Figure 6 –. Low-frequency (0.5 Hz) stimulation of astrocytes expressing ChR2, but not Opto**α**1AR, increases sEPSC frequency and amplitude.**

(A) Representative sEPSC traces from individual pyramidal cells before (left) and during (right) 0.5 Hz blue light stimulation delivered to slices expressing GFP (top), Optoα1AR (middle), or ChR2 (bottom) in astrocytes. Insets represent expanded sections from underlined portion of trace. Scale bars – GFP and Optoα1AR: 20 pA, 1 s; inset: 20 pA, 200 ms; ChR2: 50 pA, 1s; inset: 50 pA, 200 ms. (B) Mean  $\pm$  SEM of sEPSC frequency across time of GFP (top,  $n = 10$  cells from 4 mice), Opto $\alpha$ 1AR (middle,  $n = 10$  cells from 5 mice), and ChR2 (bottom, 9 cells from 4 mice) groups during 0.5 Hz stimulation. Lines represent individual cells.  $*, p < 0.05$  vs. baseline values. #, ###,  $p < 0.05$ ,  $p < 0.001$ vs. GFP control group, two-way repeated-measures ANOVA. (C) Mean ± SEM of sEPSC amplitude of GFP (left,  $n = 10$  cells from 4 mice), Opto $\alpha$ 1AR (middle,  $n = 10$  cells from 5 mice), and ChR2 (right, 9 cells from 4 mice) groups across stimulation intensities. Lines represent individual cells. #, ###,  $p < 0.05$ ,  $p < 0.001$  vs. GFP control group, two-way repeated-measures ANOVA. B = baseline.





**Figure 7 –. Low-frequency (0.5 Hz) stimulation of astrocytes expressing ChR2 induces both slow and acute tonic inward currents.**

(A) Representative sEPSC trace from an individual pyramidal cell during 0.5 Hz blue light stimulation delivered to slices expressing astrocytic ChR2. Insets represent expanded sections from underlined portion of trace. Blue lines indicate times of light stimulation. Scale bars: top, 50 pA, 5 s; middle: 50 pA, 1 s; bottom: 50 pA, 200 ms. (B) Mean  $\pm$ SEM (red markers) of the maximum amplitude of the slow tonic current (left) and time to max amplitude of slow tonic current (right). Dots represent individual cells (5 cells in which tonic currents were elicited, out of 9 recorded). (C) Mean  $\pm$  SEM (red markers) of the average acute tonic current during first 30 s of blue light exposure. Dots and connected lines represent individual cells. (D) Slow tonic current amplitude plotted in relation to the frequency of phasic sEPSCs in the same cells. Dots represent individual cells; linear regression line of best fit indicates strong correlation. \*\*\* p < 0.0001, Pearson's correlation.