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Interaction between Apolipoprotein E and Butyrylcholinesterase Genes on Risk of Alzheimer's Disease in a Prospective Cohort Study

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Abstract

Background: An epistatic interaction between the $\epsilon 4$ allele of apolipoprotein E (*APOE* $\epsilon 4$) and the K-variant of butyrylcholinesterase (*BCHE-K*) genes has been previously reported to increase risk of Alzheimer's disease (AD). However, these observations were largely from case-control studies with small sample sizes.

Objective: To examine the interaction between *APOE* $\epsilon 4$ and *BCHE-K* on: 1) the risk of incident AD and 2) rates of change in brain volumes and cognitive performance during the preclinical stages of AD in a prospective cohort study.

Methods: The study sample for survival analysis included 691 Caucasian participants (age at baseline, 58.4 ± 9.9 years; follow-up time, 16.9 ± 9.7 years) from the Baltimore Longitudinal Study of Aging. The neuroimaging sample included 302 participants with 1,388 brain magnetic resonance imaging (MRI) scans. Cognitive performance was assessed in 703 participants over 4,908 visits.

Results: A total of 122 diagnoses (79 AD, 43 mild cognitive impairment [MCI]) were identified. Participants with both *APOE* $\epsilon 4$ and *BCHE-K* variants had a 3.7-fold greater risk of AD (Hazard ratio [HR] 95%, CI = 1.99–6.89, $p < 0.001$) compared to non-carriers of both genes (*APOE* $\epsilon 4$

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SUPPLEMENTARY MATERIAL

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x BCHE-K interaction $p = 0.025$). There was no APOE $\epsilon 4$ BCHE-K interaction effect on rate of cognitive decline and brain atrophy.

Conclusion: The APOE and BCHE genes interact to influence risk of incident AD/MCI but not rates of brain atrophy and decline in cognitive performance before onset of cognitive impairment. This may suggest that the epistatic interaction between APOE $\epsilon 4$ and BCHE-K on AD risk is disease stage-dependent.

Keywords

Alzheimer's disease; Apolipoprotein E4; Butyrylcholinesterase; epistasis; magnetic resonance imaging; mild cognitive impairment

INTRODUCTION

Late-onset Alzheimer's disease (AD) is the most common cause of dementia in older adults and more than 90% of late-onset AD cases appear to be sporadic. Genome-wide association studies have identified several risk genes for late-onset AD. However, the effects of these genes on risk for AD are exceedingly small with allelic odds ratios of 1.15 [1, 2]. The $\epsilon 4$ allele of apolipoprotein E (APOE) gene is the only risk variant that has been consistently found to be associated with sporadic late-onset AD in studies across different ethnic groups [3, 4]. The risk effect is estimated to be three- to fourfold for individuals carrying one $\epsilon 4$ allele and more than 10-fold for $\epsilon 4$ homozygous carriers [5]. In addition, some reports suggest the $\epsilon 4$ allele of APOE may be associated with decline in cognitive performance [6], hippocampal atrophy [7], and *in vivo* brain amyloid deposition [8] in cognitively normal older individuals. APOE is a polymorphic glycoprotein expressed in liver, brain, macrophages, and monocytes, and participates in transport of cholesterol and other lipids. It plays an important role in lipid homeostasis and cholesterol metabolism. Several mechanisms have been proposed to explain the role of APOE $\epsilon 4$ in AD pathogenesis, including roles in A β aggregation, tau phosphorylation, neuroinflammation, lipid metabolism, synaptic plasticity, and neurogenesis [9].

Perturbations in the cholinergic system also play an important role in many forms of dementia, including AD [10]. Furthermore, acetylcholine, the principal neurotransmitter in cholinergic neurons, is the main target of currently used drugs to treat AD [11]. The butyrylcholinesterase (BCHE) gene is both involved in regulation of cholinergic tone and has also been associated with AD risk [12]. The BCHE gene is located on chromosome 3 and the BCHE-K variant is one of the most common polymorphisms in the BCHE gene, resulting from substitution of an alanine residue to threonine at codon 539 (A539T). This polymorphism is associated with a 30% reduction in the activity of BCHE enzyme, catalyzing hydrolysis of the neurotransmitter acetylcholine [13]. Many studies have been conducted to evaluate the association between BCHE-K variant and AD risk, and a meta-analysis found that the BCHE-K variant was associated with increased AD risk with a pooled odds ratio of 1.2 [12]. BCHE-K has also been found to have associations with AD-related neuropathology, neurofibrillary tangles, and amyloid- β (A β) protein deposition [14].

Late-onset AD is a complex disease where the interactions of many genes and environmental factors likely determine lifetime risk for AD, with each gene independently accounting for only a proportion of risk [15, 16]. Gene-gene interaction, or epistasis, may be an important mechanism underlying complex diseases like late-onset AD. In a previous study, we showed that interaction between the AD risk variant gene CR1 and APOE influences brain amyloid deposition in non-demented older individuals suggesting that this epistatic interaction may modulate early events in AD pathogenesis [17, 18]. Similarly, emerging evidence has shown that APOE $\epsilon 4$ may interact with BCHE-K to increase risk of AD [19–24], hippocampal atrophy, and progression to AD in patients with mild cognitive impairment (MCI) [25, 26], as well as brain A β burden [27]. However, these observations are largely from case-control studies with small sample sizes and have not been consistently replicated. Therefore, in this study we examined the interaction between the APOE $\epsilon 4$ and BCHE-K variants on risk of incident AD or MCI prospectively in the Baltimore Longitudinal Study of Aging (BLSA), one of the longest-running prospective cohort studies of aging in the United States. We also investigated the APOE $\epsilon 4$ and BCHE-K interaction effect on longitudinal changes in brain volumes and cognitive performance before the onset of cognitive impairment in this study sample.

METHODS

Overview of study design

The Baltimore Longitudinal Study of Aging (BLSA) is a prospective cohort study of community dwelling volunteer participants, beginning in 1958, and is one of the longest-running longitudinal studies of aging in the United States. The study has been detailed extensively elsewhere [28, 29]. The recruitment of participants is still ongoing and at the time of entry into the study, participants had no physical or cognitive impairment. Detailed examinations, including neuropsychological assessments and neurological, laboratory, and radiological evaluations, were conducted every 2 years. Since 2003, participants older than 80 years received yearly assessments. Written informed consent was obtained at each visit, and the study was approved by the local Institutional Review Board and the National Institute on Aging. The neuroimaging substudy of the BLSA (BLSA-NI) began in 1994 to include a subset of BLSA participants who agreed to annual neuroimaging assessment. From 1994 to 2004, participants had annual imaging assessments and were enrolled according to procedures described elsewhere [30]. Thereafter, participants aged 60–79 years had biennial BLSA and imaging visits, whereas participants aged 80 years and older had annual visits. Individuals with significant health conditions that could affect brain structure or function (i.e. stroke, closed head injury, cranial/brain surgery, metastatic cancer, gliomas, intracranial cysts with brain tissue displacement, seizure, and bipolar disorders) were excluded [31].

Participants

BLSA participants who had data available after age 50 (at risk for developing dementia) and APOE/BCHE genotype information were included in the current study. Participants with diagnosis of dementia other than AD were excluded from the analysis ($N = 28$). The final sample for survival analysis consisted of 691 participants with a mean follow-up time of 16.9 9.7 years. All participants in this study sample were Caucasians (Fig. 1).

For neuroimaging analysis, we used data collected between February 1994 and December 2015. Similar to the study sample in the survival analyses, any visits before age 50 were dropped; additionally for participants who developed MCI or dementia, any visits after the onset of cognitive impairment were also dropped. The final BLSA-NI sample consisted of 302 participants and 1,388 brain MRI scans with mean follow-up visits of 4.6 ± 4.2 (Fig. 1).

We additionally examined the APOE-BCHE interaction on trajectories of cognitive performance before onset of any cognitive impairment. Similar to the study sample in the neuroimaging and survival analyses, any visits before age 50 were dropped; additionally for participants who developed MCI or dementia, any visits after the onset of cognitive impairment were also dropped. The final sample consisted of 703 participants and 4,908 cognitive visits with mean follow-up visits of 7.0 ± 4.5 (Fig. 1).

APOE and BCHE genotyping

APOE genotypes were determined by two methods in the BLSA. Earlier assays were based on polymerase chain reaction (PCR) amplification of leukocyte DNA with HhaI restriction isotyping [32]. More recent assays used the TaqMan method, a PCR-based system using oligonucleotide probes specific for alleles that have been labeled using fluorogenic reporter dyes [33]. We defined two groups based on APOE genotype: APOE $\epsilon 4$ carriers (APOE $\epsilon 4+$) (carriers of 1 or 2 $\epsilon 4$ alleles) and non-carriers (APOE $\epsilon 4-$). On the other hand, the single nucleotide polymorphism of the BCHE gene (rs1803274) was assessed as a part of genome-wide genotyping in BLSA that used the Illumina Infinium HumanHap550 genotyping chip (Illumina, San Diego, CA), assaying > 555,000 unique SNPs per sample. Standard quality control of genotyping data was conducted including verification of data completeness, Hardy-Weinberg equilibrium, and Mendelian incompatibilities as described previously [34, 35]. Similar to APOE genotype, we assumed dominant models and two groups of BCHE-K variants were defined: (BCHE-K+) (AA or AG) and non-carriers (BCHE-K-) (GG).

Diagnosis of Alzheimer's disease and mild cognitive impairment

Cognitive status was ascertained at consensus diagnosis conferences according to established procedures described previously [36], using information from neuropsychological tests and clinical data. Briefly, all BLSA participants were reviewed at a consensus conference if they screened positive on the Blessed Information Memory Concentration score [37] (score ≥ 4), if their Clinical Dementia Rating score [38] was ≥ 0.5 using subject or informant report, or if they screened "abnormal" on the Dementia Questionnaire [36]. Diagnoses of dementia and AD were based on DSM-III-R [39] and the NINCDS-ADRDA criteria [40], respectively. MCI was diagnosed based on the Petersen criteria [41]: 1) cognitive impairment was evident for a single domain or 2) cognitive impairment in multiple domains occurred without any significant functional loss. Onset age for dementia or MCI was also determined in the adjudication consensus conferences. A total of 122 participants were diagnosed as MCI ($n = 43$) or AD ($n = 79$) during follow-up in the current study sample.

Brain MRI

BLSA participants in the neuroimaging study underwent serial brain MRI scans. A detailed description of MRI acquisition and preprocessing procedures has been published previously [42]. Anatomical labels and global and regional brain volumes were obtained using Multi-atlas Region Segmentation Utilizing Ensemble (MUSE) [43]. MUSE generates volumes of interest using an ensemble of labeled atlases in target image space by combining different atlases, registration algorithms, and parameters, and uses a consensus labeling approach to fuse these labels into a final segmentation. The MUSE workflow for anatomical labeling has been extensively validated on the BLSA MRI dataset to achieve a consistent parcellation of brain anatomy and harmonization of longitudinal MRIs with scanner and imaging protocol differences on T1-weighted sequences in the BLSA MRI data [44]. We defined a set of brain regions to explore in longitudinal analyses based on prior work suggesting that these regions are sensitive to age-related changes [31]; the regions included total brain volume, ventricles, total gray matter, frontal gray matter, temporal gray matter, parietal gray matter, occipital gray matter, total white matter, frontal white matter, temporal white matter, parietal white matter, occipital white matter, hippocampus, entorhinal cortex, amygdala, parahippocampal gyrus, fusiform gyrus, and precuneus.

Cognitive performance measures

A comprehensive battery of cognitive tests were administered assessing global cognition, attention, memory, executive function, visuospatial ability, and language. All cognitive tests were transformed to z-scores based on baseline means and standard deviations of each test except for the Mini-Mental State Examination (MMSE). Composite scores for five cognitive domains including attention, verbal memory, executive function, language and visuospatial ability, were calculated from averaging z-scores of the individual measures. The details of individual measures in each cognitive domain have been described elsewhere [45].

Statistical analysis

Demographic comparisons evaluated potential differences in baseline age, sex, education among four groups defined by *APOE* $\epsilon 4$ and *BCHE-K* carrier status: *APOE* $\epsilon 4/BCHE-K$, *APOE* $\epsilon 4/BCHE-K+$, *APOE* $\epsilon 4+/BCHE-K$, and *APOE* $\epsilon 4+/BCHE-K+$.

For continuous variables, normality was tested using Shapiro-Wilk test. For normally distributed variables, analyses of variance was used to examine group differences. For variables that were not normally distributed, non-parametric Kruskal-Wallis test was used. For categorical variables, χ^2 tests were used to test differences between groups. Cox proportional hazards models were used to examine the relationship between time to MCI or AD onset and *APOE* $\epsilon 4$, *BCHE* genotype and their interactions while controlling for potential confounders. Age was used as the time-scale, with age at baseline as the origin. The event time for participants who developed AD or MCI was defined as the estimated age of dementia onset. Participants who survived without dementia or were lost to follow-up were censored at the age of their last visit. We adjusted for potential confounders including sex and years of education, which are established risk factors for AD/MCI. We first examined the associations between *APOE* $\epsilon 4$ carrier status and *BCHE* carrier status and risk of MCI or AD separately and then included both risk genes and their interaction

term (*APOE ε4 X BCHE-K*) in the model to test for a potential interaction effect. Results of the final model with the interaction term were presented as hazard ratios (HRs) with 95% confidence intervals (CIs) comparing the three risk groups (i.e., *APOE ε4- /BCHE-K+*; *APOE ε4+ /BCHE-K-*; *APOE ε4+ /BCHE-K+*) to the non-risk group (i.e., *APOE ε4- /BCHE-K-*). Kaplan-Meier survival estimates were used to visualize the differences in AD/MCI-free survival between the four *APOE ε4/BCHE-K* risk groups without adjusting for any confounders. Finally, a power analysis for the observed results of survival analysis were done using *power cox* command in STATA.

We explored the association between *APOE ε4* and *BCHE-K* genotype and the interactive effect of the genotypes on rates of brain atrophy and trajectories of cognitive performance using linear mixed effects models with a random intercept and random slope term; covariance structure was defined as unstructured. Time was years between baseline and follow-up visits. The outcome of interest was brain volume or cognitive performance and the predictors of interest were the 3-way interaction of *APOE ε4*, *BCHE-K*, and time, and the expansion of this 3-way interaction including *APOE ε4*, *BCHE-K*, *APOE ε4 X time*, *BCHE-K X time*, and *APOE ε4 X BCHE-K*. All models additionally included the following predictors: baseline age, sex, and the two-way interactions of baseline age, sex, *APOE ε4*, *BCHE-K* with time, and *APOE ε4 X BCHE-K*. The analyses for rates of brain atrophy was additionally adjusted for intracranial volume at baseline (defined as the first BLSA-NI visit) and scanner-type. The terms were used to calculate the rate of brain volume change in all four risk groups (*APOE ε4- /BCHE-K-*; *APOE ε4- /BCHE-K+*; *APOE ε4+ /BCHE-K-*; *APOE ε4+ /BCHE-K+*). We compared the rates of change in brain volumes/cognitive performance between *BCHE-K* carriers and non-carriers in the presence or absence of *APOE ε4*. The significance of 3-way interaction term (*APOE ε4 X BCHE-K X time*) indicated whether there is an interaction effect between *APOE ε4* and *BCHE-K* on rates of change in brain volumes/cognitive performance. Due to multiple brain volumes examined, a false discovery rate (FDR) procedure [46] was applied to correct for multiple comparisons and an FDR adjusted *p*-value (or *q*-value) <0.05 would be considered significant. We also performed a sensitivity analysis on brain volume changes among older individuals who remained cognitively normal during follow-up (*N* = 233; 952 scans). Analyses were performed using STATA version 14 software (StataCorp, College Station, TX, USA).

RESULTS

Demographic characteristics of the study sample used in the survival analyses are shown in Table 1. Among 226 *BCHE-K* carriers, 29 were homozygous (AA) and 197 were heterozygous (AG). As a result, the minor allele frequency of *BCHE-K* was 18.5%. Among *APOE ε4* carriers, 13 were homozygous and 159 were heterozygous with the *E4* allele frequency of 13.4%. There were no differences in demographic characteristics between the four groups of participants based on their *APOE ε4* and *BCHE-K* carrier status.

Table 2 presents results from the Cox proportional hazards model with *APOE ε4*, *BCHE-K*, and their interaction term. For the separate associations between *APOE ε4* carrier status, *BCHE-K* carrier status and risk of MCI or AD (model 1 and 2), *APOE ε4* was significantly associated with risk of AD/MCI (HR = 1.76, 95% CI: 1.18–2.61, *p* = 0.005) whereas *BCHE-*

K was not significantly associated with risk of AD/MCI (HR = 1.16, 95%CI: 0.85–1.58, $p = 0.350$). The interaction between APOE $\epsilon 4$ and BCHE-K, i.e., the synergy factor [47], was 2.67, which was statistically significant ($p = 0.021$) and indicated a synergistic association between APOE $\epsilon 4$ and BCHE-K on the risk of AD or MCI. In other words, participants with both APOE $\epsilon 4$ and BCHE-K variants had a 3.7-fold greater risk of incident AD or MCI (95%CI = 1.99–6.89, $p < 0.001$). Figure 2 shows the Kaplan-Meier curves in the four risk groups defined by APOE $\epsilon 4$ and BCHE-K carrier status. The power of this observed interaction effect is 98% (interaction coefficient 0.98, standard error, 0.42, event probability, 0.18, and correlation between variables, 0.2).

Demographic characteristics of the neuroimaging sample are shown in Table 3. There were 155 participants with APOE $\epsilon 4$ -/BCHE-K-, 75 APOE $\epsilon 4$ -/BCHE-K+, 54 APOE $\epsilon 4$ + /BCHE-K-, and 20 APOE $\epsilon 4$ + /BCHE-K+. Table 4 presents the results of annual rates of change in brain volumes in the four groups, the significance of differences between groups, and the interaction effect of APOE $\epsilon 4$ and BCHE-K. After FDR correction, there was no significant interaction between APOE $\epsilon 4$ and BCHE-K on rates of change in brain volumes. In the presence of APOE $\epsilon 4$, the BCHE-K gene was associated with faster rate of ventricular enlargement ($p = 0.01$) and faster atrophy in the fusiform gyrus ($p = 0.02$); neither result was significant after FDR correction. There was a trend of interaction effect between APOE $\epsilon 4$ and BCHE-K on ventricular enlargement (interaction term (APOE $\epsilon 4$ X BCHE-K X time) $p = 0.093$); this was again not significant after FDR correction. We found that in the absence of APOE $\epsilon 4$, the BCHEK gene was associated with faster atrophy of the parahippocampal gyrus (FDR corrected $p = 0.017$). For the sensitivity analysis among older individuals who remained cognitively normal during follow-up, the results of APOE $\epsilon 4$ -BCHE-K interaction on brain volume changes showed the same direction, but the magnitude of atrophy rate of brain volumes and p value attenuated (Supplementary Table 1).

Demographic characteristics of the sample utilized for analyses of cognitive performance are shown in Table 5. There were 334 participants with APOE $\epsilon 4$ -/BCHE-K-, 187 APOE $\epsilon 4$ -/BCHE-K+, 134 APOE $\epsilon 4$ + /BCHE-K-, and 48 APOE $\epsilon 4$ + /BCHE-K+. Table 6 presents the results of annual rates of change in cognitive performance in the four groups, the significance of differences between groups, and the interaction effect of APOE $\epsilon 4$ and BCHE-K. We found a significantly faster decline in memory among BCHE-K+ individuals in the absence of APOE $\epsilon 4$. We did not find any significant interaction effects between APOE $\epsilon 4$ and BCHE-K.

DISCUSSION

In this large, prospective cohort study, we found a significant synergistic association between the APOE $\epsilon 4$ and BCHE-K variants on the risk of incident cognitive impairment, including AD and MCI, in older adults. Compared to APOE $\epsilon 4$ and BCHE-K non-carriers, participants with both APOE $\epsilon 4$ and BCHE-K variants had a 3.7-fold greater risk of incident AD or MCI. Generally, we found minimal evidence of an APOE $\epsilon 4$ and BCHE-K interaction on the rate of brain atrophy or cognitive decline in cognitively normal older individuals.

Our findings are consistent with previous case-control studies indicating an interaction between APOE $\epsilon 4$ and BCHE-K on risk of AD [19–22]. Although the “synergy factor”, ranging from 7.1 to 13.4, was larger than that observed in our study (2.67), these case-control studies were smaller in sample size and may have been more susceptible to selection bias. Lane et al. took advantage of a 36–48-month double-blind, placebo-controlled trial of rivastigmine in MCI patients. In a post-hoc analysis in participants in the placebo arm of this trial, they showed a synergistic association between APOE $\epsilon 4$ and BCHE-K on the progression from MCI to AD [25]. In the current study, we confirmed this synergistic effect on the risk of AD or MCI in a population-based prospective cohort study. However, we did not find the APOE $\epsilon 4$ BCHE-K interaction on cognitive performance before onset of impairment. In a study among patients with dementia, a significant interaction between APOE $\epsilon 4$ and BCHE was found on decline in MMSE [24]. This may indicate the APOE $\epsilon 4$ BCHE-K interaction on longitudinal changes in cognitive performance is disease stage-dependent.

Few studies have investigated APOE-BCHE gene-gene interaction on brain atrophy biomarkers of AD. In the post-hoc analysis of the rivastigmine trial in MCI patients described above, the authors reported an APOE-BCHE interaction on left hippocampal volume with an increased atrophy rate in the APOE $\epsilon 4$ + /BCHE-K+ group. Similar to our observation that the APOE $\epsilon 4$ BCHE-K interaction does not affect trajectories of cognitive performance in cognitively normal participants, we did not find an APOE $\epsilon 4$ BCHE-K interaction effect on rates of brain atrophy in older individuals who remain cognitively normal. We suggest that these findings again indicate disease stage-specific effects of these genes that are expressed in later stages of disease progression closer to the onset of cognitive impairment. We identified a counterintuitive finding that in the absence of APOE $\epsilon 4$, BCHE-K gene was associated with greater atrophy of the parahippocampal gyrus. It may be relevant to consider that the BCHE-K variant may exert complex and opposing roles in AD pathogenesis in different stages of the disease [48]. While lower stability of the BCHE-K variant is associated with lower enzyme activity and prolonged acetylcholine maintenance at the synapse, it may also be less efficient in inhibiting formation of A β oligomers. Whether such opposing actions are differentially exerted in specific brain regions is a hypothesis that merits consideration in future studies [49].

The APOE $\epsilon 4$ BCHE-K interaction on risk of AD may provide insights about novel mechanisms of AD pathogenesis. Studies in humans and transgenic mice suggest that apolipoprotein E influences A β clearance aggregation and deposition in the brain [9]. Although butyrylcholinesterase is a hydrolytic enzyme that regulates acetylcholine in the human brain, its non-enzymatic function involves attenuating amyloid fibril formation by an interaction of the butyrylcholinesterase protein with soluble A β [50, 51]. As a result, combined increased A β burden in APOE E4 carriers and impaired A β aggregating effects of butyrylcholinesterase in BCHE-K+ carriers may accelerate AD pathology, and subsequently increase risk of AD. This proposed mechanism was partly supported by a florbetapir PET genome-wide association study [27], which demonstrated a modulating effect of APOE and BCHE on *in vivo* A β deposition in a group of mixed cognitively normal older adults, MCI and AD patients.

The strengths of the current study included a well-characterized prospective cohort, which may reduce selection bias more commonly seen in case-control studies. The major limitation in our study is that all participants were Caucasian, which limits the generalizability of results to other ethnic groups. Furthermore, the rich neuroimaging data in the BLSA enables us to explore the APOE $\epsilon 4$ and BCHE-K interaction on early brain changes before onset of cognitive impairment. The sample size in the neuroimaging sample was relatively small, especially for the APOE $\epsilon 4$ + /BCHE+group, which may have limited our power to detect gene-gene interaction effects.

In conclusion, we found a synergistic association between the APOE $\epsilon 4$ and BCHE-K variants on risk of incident MCI or AD in this prospective cohort study. However, no interaction effect of these two genes on rate of brain volume change and cognitive performance were found. This may suggest the interaction effect between the APOE $\epsilon 4$ and BCHE-K on AD is disease stage-dependent. The identification of gene-gene interactions on complex diseases like AD may not only help provide insights into disease mechanisms, but also enable more accurate assessment of differential susceptibility to disease risk in drug trials and help target interventions towards high-risk populations.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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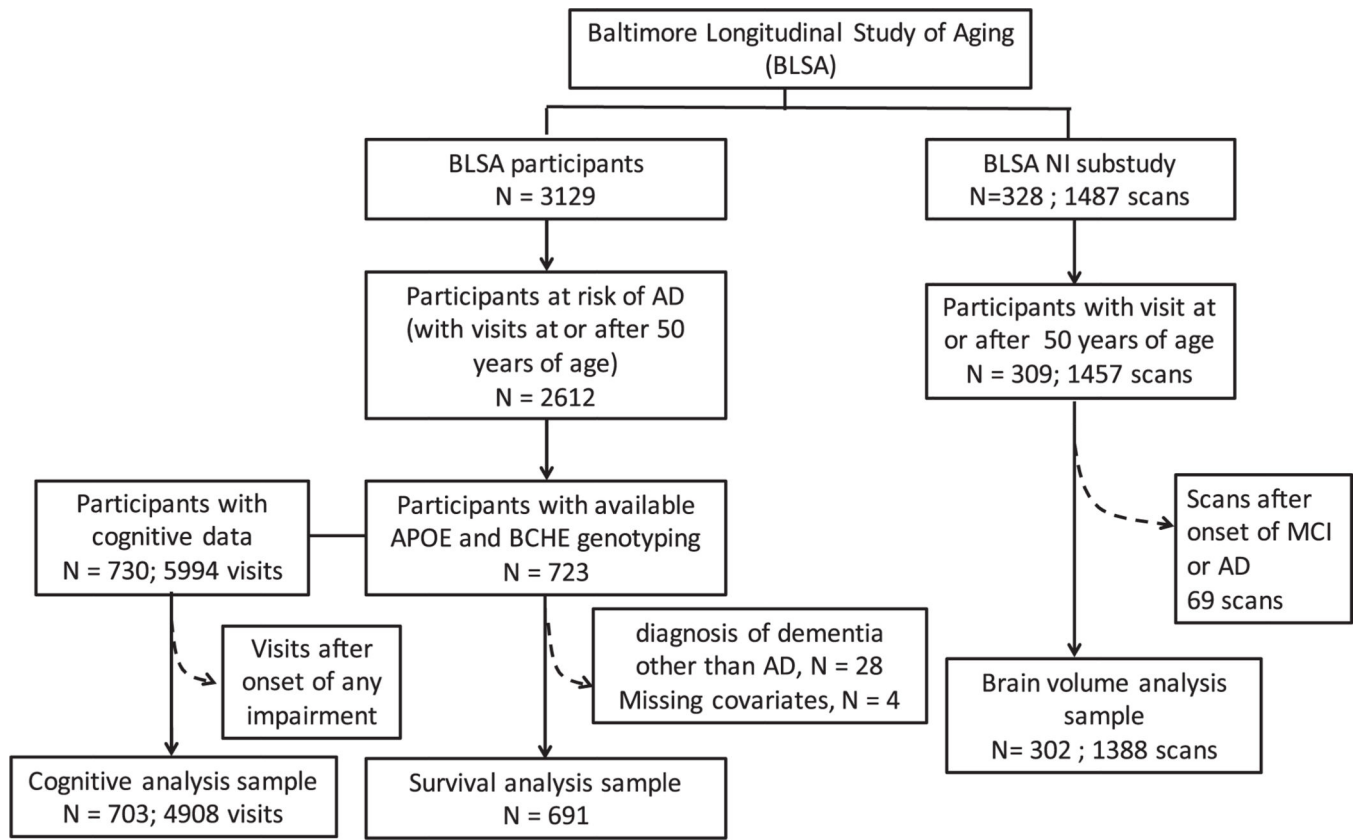


Fig. 1.
Flow chart of study samples from the Baltimore Longitudinal Study of Aging.

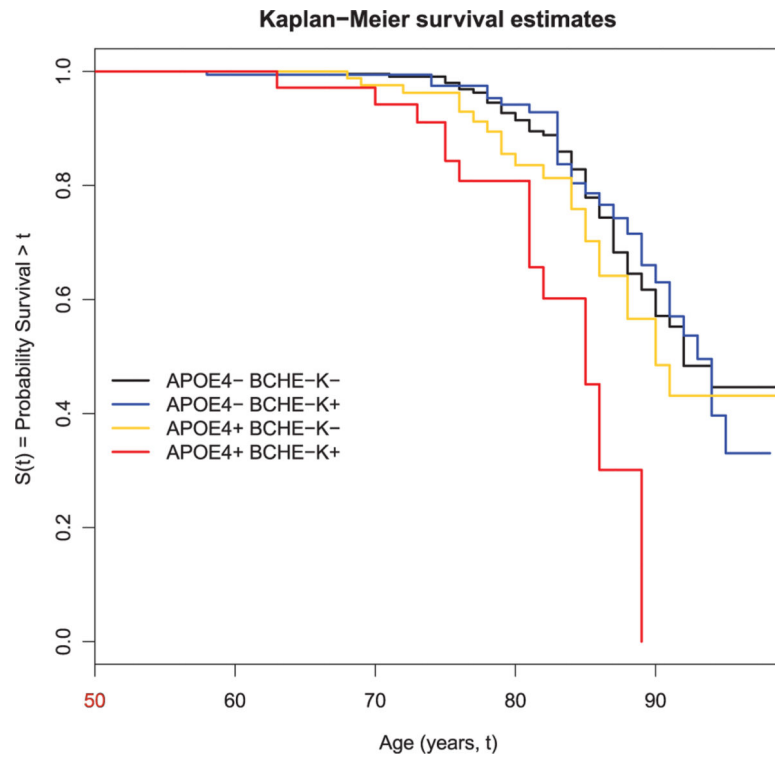


Fig. 2. Kaplan-Meier survival curves showing differences in AD/MCI-free survival between the 4 *APOE e4/BCHE-K* risk groups.

Table 1

Characteristics of the study sample by *APOE* $\epsilon 4$ and *BCHE-K* carrier status

Characteristics	Total sample (N = 691)	<i>APOE</i> $\epsilon 4$ -/ <i>BCHE-K</i> - (N = 338)	<i>APOE</i> $\epsilon 4$ -/ <i>BCHE-K</i> + (N = 184)	<i>APOE</i> $\epsilon 4$ +/ <i>BCHE-K</i> - (N = 129)	<i>APOE</i> $\epsilon 4$ +/ <i>BCHE-K</i> + (N = 44)	<i>p</i>
Age, mean (SD)	58.4 (10.0)	58.8 (10.4)	59.0 (10.3)	57.9 (9.2)	54.9 (6.6)	0.073
Female, <i>n</i> (%)	315 (45.3)	245 (42.9)	83 (45.1)	64 (49.6)	23 (52.3)	0.454
Education, mean (SD)	16.8 (2.4)	16.8 (2.4)	16.8 (2.4)	16.7 (2.5)	16.9 (2.0)	0.975
AD or MCI, <i>n</i> (%)	122 (17.6)	57 (16.9)	29 (15.8)	23 (17.8)	13 (29.6)	0.179
Person-years	52341.4	25563.2	13998.1	9495.6	3284.5	

APOE, apolipoprotein E; *BCHE-K*, K variant of butyrylcholinesterase gene; AD, Alzheimer's disease; MCI, mild cognitive impairment.

APOE ϵ 4 and *BCHE-K* interaction effect on risk of incident AD or MCI by Cox proportional hazards model

Table 2

Variable	Model 1* Adjusted HR (95% CI)	p	Model 2* Adjusted HR (95% CI)	p	Model 3* Adjusted HR (95% CI)	p
<i>APOE</i> ϵ 4	1.76 (1.18, 2.61)	0.005			1.02 (0.65, 1.60)	0.934
<i>BCHE-K</i>			1.16 (0.85, 1.58)	0.35	1.36 (0.83, 2.24)	0.219
<i>APOE</i> ϵ 4X <i>BCHE-K</i>					2.67 (1.16, 6.12)	0.021

APOE, apolipoprotein E; *BCHE-K*, K variant of butyrylcholinesterase gene; AD, Alzheimer's disease; MCI, mild cognitive impairment; HR, hazard ratio.

* Adjusted for sex and years of education.

Table 3
 Characteristics of the neuroimaging sample by *APOE* $\epsilon 4$ and *BCHE-K* carrier status

	Total	<i>APOE</i> $\epsilon 4$ - / <i>BCHE-K</i> -	<i>APOE</i> $\epsilon 4$ - / <i>BCHE-K</i> +	<i>APOE</i> $\epsilon 4$ + / <i>BCHE-K</i> -	<i>APOE</i> $\epsilon 4$ + / <i>BCHE-K</i> +	<i>p</i>
N	302	155	73	54	20	
Longitudinal visits, <i>n</i>	1388	692	349	250	97	
Follow-up visits, median (IQR)	3 (1-7)	3 (1-6)	3 (1-7)	3 (1-8)	3 (1.5-8)	0.991
Age, median (IQR)	68.2 (63.2-75.7)	69.1 (63.8-77.0)	68.4 (63.5-80.1)	65.7 (61.7-69.2)	68.0 (66.1-73.8)	0.023
Female, <i>n</i> (%)	145 (48.0)	65 (41.9)	37 (50.7)	32 (59.3)	11 (55)	0.131

APOE, apolipoprotein E; *BCHE-K*, K variant of butyrylcholinesterase gene; IQR, inter-quartile range (25%-75%).

Table 4
Annual rates of change in regional brain volumes (cm³/year) by *APOE* $\epsilon 4$ and *BCHE-K* carrier status ($N = 302$)

Brain structure	<i>APOE</i> $\epsilon 4$ -					<i>APOE</i> $\epsilon 4$ +					Interaction	
	<i>BCHE-K</i> -	<i>BCHE-K</i> +	Difference*	<i>p</i>	<i>p</i> (FDR)	<i>BCHE-K</i> -	<i>BCHE-K</i> +	Difference [†]	<i>p</i>	<i>p</i> (FDR)	<i>p</i>	<i>p</i> (FDR)
Total brain	-5.05 (0.26)	-4.80 (0.37)	0.26 (0.45)	0.571	0.877	-4.92 (0.44)	-5.81 (0.71)	-0.89 (0.83)	0.281	0.406	0.225	0.440
Ventricle	1.18 (0.075)	1.32 (0.11)	0.14 (0.13)	0.286	0.877	1.37 (0.13)	1.98 (0.21)	0.61 (0.25)	0.013	0.165	0.093	0.440
Gray matter (GM)	-4.53 (0.20)	-4.59 (0.29)	-0.060 (0.35)	0.864	0.877	-4.49 (0.34)	-5.48 (0.55)	-0.98 (0.64)	0.128	0.366	0.211	0.440
Frontal GM	-1.4 (0.073)	-1.32 (0.10)	0.080 (0.13)	0.524	0.877	-1.42 (0.12)	-1.72 (0.20)	-0.30 (0.23)	0.197	0.406	0.151	0.440
Temporal GM	-0.81 (0.036)	-0.88 (0.051)	-0.068 (0.062)	0.274	0.877	-0.79 (0.06)	-0.97 (0.098)	-0.18 (0.12)	0.117	0.366	0.393	0.568
Parietal GM	-0.64 (0.041)	-0.62 (0.059)	0.019 (0.072)	0.786	0.877	-0.66 (0.069)	-0.82 (0.11)	-0.16 (0.13)	0.238	0.406	0.244	0.440
Occipital GM	-0.47 (0.036)	-0.45 (0.051)	0.020 (0.062)	0.743	0.877	-0.42 (0.06)	-0.48 (0.10)	-0.055 (0.11)	0.635	0.635	0.567	0.638
Hippocampus	-0.06 (0.004)	-0.063 (0.005)	-0.003 (0.007)	0.69	0.877	-0.067 (0.006)	-0.085 (0.01)	-0.018 (0.012)	0.141	0.366	0.271	0.440
Amygdala	-0.019 (0.001)	-0.023 (0.002)	-0.004 (0.003)	0.127	0.822	-0.024 (0.002)	-0.027 (0.004)	-0.003 (0.005)	0.551	0.627	0.835	0.835
Entorhinal cortex	-0.042 (0.004)	-0.044 (0.005)	-0.002 (0.006)	0.733	0.877	-0.043 (0.006)	-0.053 (0.01)	-0.010 (0.012)	0.423	0.549	0.589	0.638
Parahippocampal gyrus	-0.034 (0.003)	-0.052 (0.005)	-0.018 (0.006)	0.001	0.017	-0.044 (0.005)	-0.033 (0.009)	0.011 (0.010)	0.267	0.406	0.012	0.156
Fusiform gyrus	-0.10 (0.008)	-0.11 (0.011)	-0.012 (0.013)	0.358	0.877	-0.09 (0.013)	-0.14 (0.021)	-0.053 (0.024)	0.029	0.187	0.138	0.440
Precuneus	-0.15 (0.010)	-0.14 (0.014)	0.003 (0.017)	0.877	0.877	-0.16 (0.017)	-0.18 (0.027)	-0.018 (0.032)	0.579	0.627	0.575	0.638

Bold text indicates $p < 0.05$.

* indicates difference in annual rates of change in regional brain volumes (cm³/year) between *BCHE-K* carriers and non-carriers in the absence of *APOE* $\epsilon 4$.

[†] indicates difference in annual rates of change in regional brain volumes (cm³/year) between *BCHE-K* carriers and non-carriers in the presence of *APOE* $\epsilon 4$. Linear mixed-effects models that included age, sex, time, baseline ICV, scan type, *APOE* $\epsilon 4$, *BCHE-K* and two-way interactions of age, sex, *APOE* $\epsilon 4$, *BCHE-K* with time, *APOE* $\epsilon 4$ x *BCHE-K*, and three-way interaction of *APOE* $\epsilon 4$ x *BCHE-K* x time were used to determine annual rates of change. Continuous variables were mean-centered.

Table 5Characteristics of the cognitive sample by *APOE* $\epsilon 4$ and *BCHE-K* carrier status

	Total	<i>APOE</i> $\epsilon 4$ - / <i>BCHE-K</i> -	<i>APOE</i> $\epsilon 4$ - / <i>BCHE-K</i> +	<i>APOE</i> $\epsilon 4$ + / <i>BCHE-K</i> -	<i>APOE</i> $\epsilon 4$ + / <i>BCHE-K</i> +	<i>p</i>
N	703	334	187	134	48	
Longitudinal visits, <i>n</i>	4908	2400	1335	851	322	
Follow-up visits, median (IQR)	6 (4–9)	6 (4–10)	6 (1–21)	6 (4–10)	6 (3–8)	0.1845
Age, median (IQR)	63.1 (60.8–71.5)	63.5 (60.7–72.3)	63.1 (61.1–71.7)	62.0 (60.5–70.2)	63.7 (61.3–67.6)	0.278
Female, <i>n</i> (%)	309 (44.0)	136 (40.7)	85 (45.5)	64 (47.8)	24 (50)	0.378

APOE, apolipoprotein E; *BCHE-K*, K variant of butyrylcholinesterase gene; IQR, inter-quartile range (25%–75%).

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Table 6

Annual rates of change in domain-specific cognitive performance (z-scores/year) by *APOE* $\epsilon 4$ and *BCHE-K* carrier status ($N = 703$)

Cognitive domain	<i>APOE</i> $\epsilon 4$ -			<i>APOE</i> $\epsilon 4$ +			Interaction <i>p</i>
	<i>BCHE-K</i> -	<i>BCHE-K</i> +	Difference*	<i>BCHE-K</i> -	<i>BCHE-K</i> +	Difference [†]	
Global cognition	-0.039 (0.007)	-0.048 (0.010)	-0.009 (0.012)	-0.047 (0.013)	-0.048 (0.020)	-0.001 (0.023)	0.747
Verbal memory	-0.023 (0.004)	-0.036 (0.005)	-0.013 (0.006)	-0.039 (0.006)	-0.050 (0.011)	-0.011 (0.012)	0.92
Attention	-0.022 (0.003)	-0.024 (0.004)	-0.002 (0.005)	-0.029 (0.005)	-0.036 (0.008)	-0.007 (0.009)	0.596
Executive function	-0.029 (0.002)	-0.028 (0.003)	0.001 (0.004)	-0.033 (0.004)	-0.038 (0.007)	-0.005 (0.008)	0.464
Language	-0.033 (0.002)	-0.037 (0.003)	-0.005 (0.004)	-0.037 (0.004)	-0.041 (0.006)	-0.005 (0.007)	0.983
Visuospatial ability	-0.028 (0.003)	-0.026 (0.004)	0.002 (0.005)	-0.025 (0.005)	-0.023 (0.009)	0.002 (0.010)	0.976

Bold text indicates $p < 0.05$.

* Indicates difference in annual rates of change in domain-specific cognitive performance (z-scores/year) between *BCHE-K* carriers and non-carriers in the absence of *APOE* $\epsilon 4$.

[†] indicates difference in annual rates of change in cognitive domains (z-scores/year) between *BCHE-K* carriers and non-carriers in the presence of *APOE* $\epsilon 4$. Linear mixed-effects models that included age, sex, time, *APOE* $\epsilon 4$, *BCHE-K* and two-way interactions of age, sex, *APOE* $\epsilon 4$, *BCHE-K* with time, *APOE* $\epsilon 4$ x *BCHE-K*, and three-way interaction of *APOE* $\epsilon 4$ x *BCHE-K* x time were used to determine annual rates of change. Continuous variables were mean-centered.