

# **HHS Public Access**

Author manuscript

Brain Behav Immun. Author manuscript; available in PMC 2024 February 06.

Published in final edited form as: Brain Behav Immun. 2022 February ; 100: 121–133. doi:10.1016/j.bbi.2021.11.009.

# **Neonatal chemokine markers predict subsequent diagnosis of autism spectrum disorder and delayed development**

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# **Abstract**

Immune dysregulation has been found to be related to a diagnosis of autism spectrum disorder (ASD). However, investigations in very early childhood examining immunological abnormalities such as altered neonatal cytokine/chemokine profiles in association with an aberrant developmental trajectory, are sparse. We assessed neonatal blood spots from 398 children, including 171 with ASD, which were subdivided according to severity (121 severe, 50 mild/ moderate) and cognitive/adaptive levels (144 low-functioning, 27 typical to high-functioning). The remainder were 69 children with developmental delay (DD), and 158 with typical development (TD), who served as controls in the Childhood Autism Risks from Genetics and the Environment (CHARGE) study. Exploratory analysis suggested that, in comparisons with TD and DD, CTACK (CCL27) and MPIF-1 (CCL23), respectively, were independently associated with ASD. Higher neonatal levels of CTACK were associated with decreased odds of ASD compared to TD (odds ratio [OR]= 0.40, 95% confidence interval [Cl] 0.21, 0.77), whereas higher levels of MPIF-1 were associated with increased odds of ASD (OR= 2.38, 95% Cl 1.42, 3.98) compared to DD but not to TD. MPIF-1 was positively associated with better scores in several developmental domains. Dysregulation of chemokine levels in early life can impede normal immune and neurobehavioral development, which can lead to diagnosis of ASD or DD. This study collectively suggests that certain peripheral chemokines at birth are associated with ASD progression during childhood and that children with ASD and DD have distinct neonatal chemokine profiles that can differentiate their diagnoses.

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Declaration of interests

Dr. Van de Water has a patent application involving the maternal autoantibody-related (MAR) ASD peptides described herein and has a UC Davis based startup company focusing on the development of the MAR-ASD autoantibody profile as a risk assessment for a child developing ASD. All other authors have no conflicts of interest to declare.

# **Keywords**

Autism spectrum disorder; delayed development; neonatal blood spot; neonatal cytokines; neonatal chemokines; neurodevelopment

# **Introduction**

Autism spectrum disorders (ASD) is composed of a group of complex neurodevelopmental disorders that are characterized clinically by deficits in communication, social interactions, and restricted or stereotyped behaviors (Baio et al., 2018). The latest reported prevalence is as high as one out of every 54 children in the U.S. (Maenner et al., 2020). While ASD can sometimes be reliably diagnosed by the age of two, the ability to accurately diagnose ASD depends on behavioral assessments and developmental history (Hyman et al., 2020; Lord et al., 2006). Biological signatures or biomarkers could provide a method for early ASD risk assessment, advancing the identification of at-risk children earlier than current behavioral methods (Frye et al., 2019). Effective biomarkers could also facilitate classification of disease by severity and behavior, increasing the efficacy of monitoring response to therapeutic intervention. As reviewed by Hughes et al., numerous findings have supported links of the child's immune dysfunction with their ASD diagnosis, as well as with the immune profile of their mothers (Hughes et al., 2018). Cytokines and chemokines have the potential to serve as biomarker candidates, as alterations in their profile provide an overview of immune system status. Growing evidence demonstrates that unique cytokine/ chemokine profiles in individuals with ASD can be associated with symptom severity, aberrant behaviors, and impaired cognitive/adaptive function (Ashwood et al., 2011; Han et al., 2017; Heuer et al., 2019; Krakowiak et al., 2017; Masi et al., 2017; Zerbo et al., 2014). However, the heterogeneity in individuals' demographics, cytokine/chemokine profiles, and prior study designs are hindering the determination of immune biomarkers as predictors of ASD. For example, some studies have demonstrated increased plasma levels of monocyte chemoattractant protein-1 (MCP-1) and RANTES in ASD patients (Ashwood et al., 2011; Han et al., 2017), whereas others observed decreased levels of RANTES in the newborn blood samples of children with ASD (Zerbo et al., 2014) or found comparable levels of MCP-1 in newborn bloodspots from control and ASD groups (Heuer et al., 2019). In the neonatal blood spot study by Krakowiak et al., IL-1β was positively associated with mild to moderate ASD (Krakowiak et al., 2017); however, in the study by Masi et al., severe ASD was associated with decreased level of IL-1β in females only (Masi et al., 2017). Possible explanations for these differences range from phenotypic heterogeneity, a polygenic etiology, a difference in time from birth to sample collection, and advances in technology. Although identifying a consistent postnatal biomarker for ASD remains challenging, it is promising that research on peripheral or neonatal cytokines and chemokines as predictors of ASD is growing.

Previous findings by our group demonstrated that neonatal IL-1β and IL-4 are independently associated with ASD, using newborn blood spots archived by Childhood Autism Risks from Genetics and the Environment (CHARGE) (Krakowiak et al., 2017). Children with severe ASD were more likely to have elevated IL-4 levels, whereas mild to moderate ASD

symptoms were associated with increased levels of IL-1β. IL-4 was also a marker for the differentiation between children with severe ASD and those with mild to moderate ASD. Both cytokines were correlated with behavioral and developmental scores (Krakowiak et al., 2017). As an extension of this previous work, the current study utilized an expanded sample set of archived dried neonatal blood spot samples, as well as a broader array of cytokines and chemokines to investigate cytokine/chemokine levels from children later diagnosed with ASD or with developmental delay (DD) without autism, compared to children with typical development (TD). We further subdivided ASD individuals into groups based on symptom severity and developmental and adaptive functions to identify predictors of ASD.

# **Methods and materials**

#### **Participants**

Archived neonatal blood spot samples corresponding to 398 children who enrolled in the Childhood Autism Risks from Genetics and the Environment (CHARGE) study (Hertz-Picciotto et al., 2006) between April 2003 and May 2009 with confirmed diagnoses (171 with ASD, 69 with DD, and 158 with TD) were used for cytokine/chemokine analysis. The CHARGE study is a population-based case-control study investigating risk factors for neurodevelopmental disorders, with participants from three groups: children with ASD, DD, and general population controls with TD. Eligible children were 2–5 years old, born in California, lived with a biological parent who spoke English or Spanish, and resided in selected regional center catchment areas at the time of recruitment. Consent was acquired from parents prior to participation. The CHARGE Study protocol was approved by the institutional review boards (IRB) at the University of California, Davis and Los Angeles, as well as the State of California Committee for the Protection of Human Subjects.

#### **Diagnostic Confirmation**

Diagnostic confirmation of the children (2–5 years of age) was performed at the University of California, Davis, MIND (Medical Investigation of Neurodevelopmental Disorders) Institute. Cognitive and adaptive functions were evaluated with Mullen Scales of Early Learning (MSEL) and Vineland Adaptive Behavior Scales (VABS), respectively. The Autism Diagnostic Interview-Revised (ADI-R) and the Autism Diagnostic Observation Schedule (ADOS) confirmed a diagnosis of ASD. The Social Communication Questionnaire was used to screen controls for ASD; children with scores 15 were evaluated with ADI-R and ADOS. Children with ASD (n=171) were subdivided according to 2-subgroups by severity and cognitive/adaptive functions. Using ADOS comparison scores and DSM-IV criteria, children showing a score of  $\,7$  were grouped into severe ASD symptoms (ASD<sub>sev</sub> [n=121]) and children exhibiting a score of <7 were categorized as mild/moderate symptoms  $(ASD<sub>mid</sub> [n=50])$ . Controls with TD had no prior diagnosis of ASD or DD, and their composite scores on MSEL and VABS were  $-70$ . Controls with DD had composite scores <70 on MSEL and/or VABS. Children with ASD who were within the typical cognitive and adaptive developmental range (both MSEL and VABS composite standard scores of  $\,70$ ) were grouped as typical to high-functioning ASD (ASD $_{hi}$  [n=27]). Those with cognitive and/or adaptive delays were grouped as low-functioning ASD (ASD $_{\text{lo}}$  [n=144]). Children who met the criteria for ASD were reclassified to the ASD group.

### **Behavioral and Developmental Assessments**

**Aberrant Behavior Checklist—**Maladaptive behavior assessment was performed using the Aberrant Behavior Checklist (ABC) whose subscales included irritability (15 items), lethargy/social withdrawal (16 items), stereotypy (7 items), and hyperactivity (16 items). Each item was rated on a 4-point Likert scale ranging from 0 (not at all a problem) to 3 (problem severe in degree).

**Mullen Scales of Early Learning—**MSEL is a standardized assessment used to determine cognitive development in young children. The scales include visual reception (nonverbal cognitive ability), fine motor, receptive language (language comprehension), and expressive language (language production). For each scale and composite, developmental quotients were calculated (by age equivalent/chronological age  $\times$  100) to overcome the floor effect.

**Vineland Adaptive Behavior Scales—**VABS is a standardized assessment to determine the level of personal and social skills needed for everyday living. The domains are communication, daily living skills, socialization, and motor skills. Developmental quotients were calculated as described above.

#### **Blood Spot Specimen collection**

Capillary blood was collected within 48 h of birth by heel stick method and spotted onto standardized filter paper for testing of various disorders as part of the Genetic Disease Screening Program. The remaining blood spots were stored at −20°C by the California Department of Public Health (CDPH).

# **Blood Spot Elution**

Three 3 mm punches of dried blood spot specimen were put into a single well in a 96-well plate and stored at −80°C until elution. In each well, 200 μl of elution buffer (phosphatebuffered saline, 0.5% bovine serum albumin, and protease inhibitors [Complete Protease Inhibitor Cocktail, Roche Diagnostics Corporation, Indianapolis, Indiana]) was added. Plates were placed on a plate shaker overnight at 4°C and the eluates analyzed immediately following elution.

#### **Total protein concentration**

Following elution, a small 4μl aliquot was used for bicinchoninic acid assay (BCA) (Thermo Scientific, Rockford, IL) to determine total protein and to normalize cytokine/chemokine levels against blood sample quantity variation (Heuer et al., 2019).

#### **Cytokine and Chemokine Measurement**

Blood spot cytokine and chemokine levels were measured using Bio-Plex Luminex (Bio-Rad, Hercules, CA) assays. Using a 40-plex chemokine panel, cytokines IFN-γ, IL-1β, IL-2, IL-4, IL-6, IL-10, IL-16, TNF-α and chemokines IL-8, 6Ckine (CCL21), BCA-1 (CXCL13), CTACK (CCL27), ENA78 (CXCL5), eotaxin (CCL11), eotaxin-2 (CCL24), eotaxin-3 (CCL26), fractalkine (CX3CL2), GCP-2 (CXCL6), GM-CSF, Gro-α (CXCL1),

Gro-β (CXCL2), I-309 (CCL1), IP-10 (CXCL10), I-TAC (CXCL11), MCP-1 (CCL2), MCP-2 (CCL8), MCP-3 (CCL7), MCP-4 (CCL13), MDC (CCL22), MIF, MIG (CXCL9), MIP-1α (CCL3), MIP-1δ (CCL15), MIP-3α (CCL20), MIP-3β (CCL19), MPIF-1 (CCL23), SCYB16 (CXCL16), SDF-1α/β (CXCL12), TARC (CCL17), and TECK (CCL25) were measured according to the manufacturer's directions. IL-12p70 and IL-13 (Bio-Rad) were also included as individual analytes to expand the 40-plex panel. Briefly, the blood spot eluate (50 μl) was incubated with fluorescent-labeled capture antibody-coated beads in a 96-well plate (shaking) for 1 h at RT. The sample-bead mix was removed, washed, and biotinylated detection antibodies added for 30 min at RT with shaking. The reaction mixture was then incubated with streptavidin-phycoerythrin at RT for 10 min (shaking). After washing, the beads were resuspended in sheath fluid on the plate shaker for 5 min. The plates were read on a Bio-Plex 200 system (Bio-Rad Laboratories, Hercules, CA, USA) and analyzed using Bio-Plex Manager software (Bio-Rad Laboratories). A five-parameter curve was used to calculate final concentrations (pg/ml). Reference samples were run on each plate for assay consistency. All samples were run blinded to child developmental outcome.

#### **Statistical Analysis**

Statistical analyses were performed on cytokine/chemokine levels in blood spot eluates from 398 children. Each immune marker was normalized for sampling variation in blood collection by dividing total protein content in the eluate (as determined by BCA assay). Cytokine/chemokine concentrations that fell below the minimum level of detection (MLD) were assigned a value of MLD/ $\,$ 2, and all cytokines/chemokines were natural logtransformed to normalize the distribution. GM-CSF, IL-12p70 and IL-13 levels were not detectable for >25% of the samples and were excluded from further analysis. All remaining cytokines/chemokines were above the MLD for 97% of the samples (Supplementary Table 1). Analyses were carried out using SAS version 9.4 (SAS Institute Inc., Cary, North Carolina).

Primary analyses examined the associations between individual cytokine/chemokine levels and child diagnosis using multinomial logistic regression. Mild and severe ASD cases were also examined separately in relation to DD and TD groups. Covariates in initial model fitting included mother's education attainment, gestational age, child's sex, age (hours) at blood spot collection, and years between blood spot collection and elution. Akaike information criterion (AIC) was used to select best model fit (Vreugdenhil et al., 2018).

The cytokines/chemokines was also modeled together as predictors and adjusted for covariates in a series of binary models (outcomes were ASD vs. TD, ASD vs. DD, DD vs. TD, ASD<sub>sev</sub> vs. ASD<sub>mild</sub>, ASD<sub>sev</sub> vs. TD, ASD<sub>mild</sub> vs. TD, ASD<sub>sev</sub> vs. DD, ASD<sub>mild</sub> vs. DD,  $ASD<sub>hi</sub>$  vs.  $ASD<sub>lo</sub>$ ,  $ASD<sub>hi</sub>$  vs. TD,  $ASD<sub>lo</sub>$  vs. TD,  $ASD<sub>hi</sub>$  vs. DD and  $ASD<sub>lo</sub>$ vs. DD) using the Least Absolute Shrinkage and Selection Operator (LASSO) variable selection method (Tibshirani, 1996) to identify a parsimonious subset of cytokines and chemokines that was most strongly associated with the child's diagnosis. For example, if several cytokines were highly correlated with one another and associated with a particular diagnosis, LASSO selected one of those cytokines for inclusion in a model. Adjustments for multiple comparisons were not performed for these exploratory analyses and to preclude

failing to detect immune markers that show promise in their ability to differentiate between diagnostic groups.

Secondary analyses were stratified by child's diagnosis and examined associations between the LASSO-selected cytokines/chemokines and developmental/behavioral domains measured by ABC, MSEL and VABS.

# **Results**

# **Participant demographics**

TD controls were frequency-matched to cases with ASD in 4:1 male-to-female ratio to ensure similar proportions of male/female participants in both groups (Table 1). This was not the case for the DD group where 70% were male, with 30% were female. In terms of birth season, fewer children with ASD and DD were born in the spring compared to children with TD (18% and 17% vs. 29%). Birth year was statistically different between populations, with ASD participants weighted toward the later years in the study (2003– 2006), while DD and TD participants were distributed more toward the middle of the study, peaking in 2003. The average gestational age for all three groups was similar (TD 39.3 weeks, ASD 39.6 weeks, DD 39.1 weeks). However, newborn age at the time of blood spot collection was statistically different among the three groups. The maternal education status of those in the DD group demonstrated fewer mothers with a bachelor's degree compared to mothers of children with TD and those in the ASD group (35% vs. 56% and 50%). There were no differences in regional catchment areas among the three groups as the TD controls were frequency-matched to a projected distribution of ASD cases for the regional center catchment area. In addition, no differences were found between cases with ASD and controls with TD or DD in terms of race/ethnicity, years between blood spot collection and elution, maternal age at delivery, or maternal allergies and asthma. The cases and controls were evenly distributed across the assay plates such that even representation of each study population was run on each plate.

## **Associations between neonatal cytokine and chemokine levels and child diagnosis**

#### **Comparison in total groups: ASD vs. TD, DD vs. TD and ASD vs. DD—**

We conducted multinomial logistic regression models adjusted for maternal education attainment, gestational age, child's age at blood spot collection, and years from blood spot collection to elution to determine the associations between individual cytokines/chemokines and ASD, regardless of symptom severity, compared to DD and TD. Overall, children with ASD and DD had significantly lower neonatal concentrations of nearly all cytokines and chemokines, and none were significantly higher, compared with concentrations in TD children (Fig. 1A, Table 2A). No sex differences were observed in cytokine/chemokine levels.

MDC (CCL22) and MPIF-1 (CCL23) emerged as the only chemokines whose concentrations at birth differed significantly between ASD and DD. Higher levels of MDC and MPIF-1 were each associated with a two-fold increased likelihood of having an ASD vs. DD diagnosis (MDC: OR=1.96, 95% Cl 1.09, 3.53; MPIF-1: OR=1.97, 95% Cl 1.26, 3.09)

(Fig. 1A, Table 2A). MDC and MPIF-1 concentrations were also significantly higher in TD than DD but did not differentiate between ASD and TD.

Neonatal levels of Gro-β (CXCL2), IL-4 and MCP-4 (CCL13), were significantly decreased in ASD compared to TD but did not differ between DD and TD (Table 2A). Meanwhile, GCP-2 (CXCL6) was significantly decreased in DD compared to TD but not differ between ASD and TD (Table 2A). In addition, significant decreases in the levels of chemokines MIP-1δ (OR=0.54, 95% Cl 0.31, 0.96), MIP-3α (OR=0.39, 95% Cl 0.16, 0.94) and MIP-3β (OR=0.61, 95% Cl 0.41, 0.91) were noted only in DD compared to TD, while level of MIP-1α was significantly lower in both ASD vs TD (OR=0.36, 95% Cl 0.15, 0.88) and DD vs TD (OR=0.34, 95% Cl 0.12, 0.99) (Table 2A).

Comparison by symptom severity: ASD<sub>sev</sub> vs. ASD<sub>mild</sub>, ASD<sub>sev</sub>/ASD<sub>mild</sub> vs. **TD and ASDsev/ASDmild vs. DD—**We subdivided ASD cases into severe and mild/

moderate groups based on symptom severity  $(ASD<sub>sev</sub>$  and  $ASD<sub>mid</sub>$ ) to examine differences in ASD subgroups and to compare the subgroups with TD and DD groups in models adjusted for the same covariates as described earlier. None of the neonatal cytokines and chemokines differed significantly between  $ASD<sub>sev</sub>$  and  $ASD<sub>mid</sub>$  (Fig. 1B, Supplementary Table 2). Therefore, we observed similar trends in association between individual cytokine/ chemokine levels and diagnosis for comparisons between subgroups  $ASD<sub>sev</sub>$  and  $ASD<sub>mid</sub>$ with TD and DD. Overall, regardless of the symptom severity, both ASD subgroups had lower level of cytokines and chemokines compared to TD (Table 2B-1). However, some cytokines/chemokines, namely, 6Ckine (CCL21), eotaxin-3 (CCL26), Gro-β (CXCL2), I-TAC (CXCL11), MCP-2 (CCL8; OR=0.47, 95% Cl 0.26), MCP-4 (CCL13), TARC (CCL17) and TNF $\alpha$  were significantly decreased in  $ASD<sub>sev</sub>$  compared to TD but did not differ when comparing ASD<sub>mild</sub> to TD (Table 2B-1). Meanwhile, IFN-γ, IL-6 and MIP-1α (CCL3) levels were significantly decreased in  $ASD<sub>mid</sub>$  compared to TD but did not differ between  $ASD<sub>sev</sub>$  and TD (Table 2B-1).

In contrast, the levels of most cytokines and chemokines did not differ significantly when we compared the two subgroups of ASD with DD except for MDC (CCL22) and MPIF-1 (CCL23) (Table 2B-2). Higher levels of MPIF-1 were associated with a 1.9-fold higher likelihood of  $ASD<sub>sev</sub>$  (OR=1.87, 95% CI 1.16, 3.00) and a 2.3-fold higher likelihood of ASDmild relative to DD (OR=2.26, 95% CI 1.23, 4.16) (Table 2B-2). MDC was the only chemokine that differentiated between  $ASD<sub>sev</sub>$  and  $ASD<sub>mid</sub>$  compared to DD; higher neonatal levels of MDC were associated with a 2.3-fold higher likelihood of ASD<sub>mild</sub> relative to DD (OR=2.30, 95% CI 1.03, 5.16) but did not differ significantly between  $ASD<sub>sev</sub>$  and DD (Table 2B-2).

**Comparison by cognitive and adaptive development: ASDhi vs. ASDlo, ASDhi/ ASDlo vs. TD and ASDhi/ASDlo vs. DD—**Next, we subdivided the ASD group into typically-to-high-  $(ASD<sub>hi</sub>)$  and low-functioning  $(ASD<sub>lo</sub>)$  subgroups according to the children's cognitive and adaptive development level based on the MSEL and VABS scores to examine associations between cytokine/chemokine levels and cognitive/adaptive function in children with ASD. Most neonatal cytokines and chemokines did not differ significantly between  $ASD<sub>hi</sub>$  and  $ASD<sub>lo</sub>$  except for MCP-1 (CCL2) (Fig. 1C, Table 2C-1). Higher levels

of MCP-1 were associated with a 3.2-fold higher likelihood of  $ASD<sub>hi</sub>$  relative to  $ASD<sub>lo</sub>$ (OR=3.18, 95% CI 1.23, 8.26) (Table 2C-1).

For comparisons of the ASD subgroups with TD, we observed significantly lower levels of cytokines/chemokines 6Ckine (CCL21), CTACK (CCL27), eotaxin (CCL11), I-309 (CCL1), MIF, SDF-1 $\alpha/\beta$  (CXCL12), TECK (CCL25), TNF $\alpha$ , in both ASD<sub>hi</sub> and ASD<sub>lo</sub> relative to TD (Table 2C-1). Meanwhile, the levels of cytokines/chemokines BCA-1 (CXCL13), eotaxin-3 (CCL26), IL-2, IL-6, IP-10 (CXCL10), I-TAC (CXCL11), MCP-2 (CCL8), MCP-3 (CCL7), MCP-4 (CCL13), MIG (CXCL9), MIP-1α (CCL3), and TARC (CCL17) were significantly lower in  $ASD<sub>lo</sub>$ , but not  $ASD<sub>hi</sub>$ , relative to TD (Table 2C-1). The levels of two chemokines, GCP-2 (CXCL6) and Gro-β (CXCL2), were only significantly lower in ASDhi relative to TD (Table 2C-1).

Comparisons of ASD<sub>hi</sub> and ASD<sub>lo</sub> to the DD group revealed significantly higher neonatal levels of MDC (CCL22) and MPIF-1 (CCL23) in one or both ASD subgroups relative to DD that were not observed relative to TD (Fig. 1C, Table 2C-2). Higher levels of MPIF-1 were associated with 2.6-fold higher odds of  $ASD<sub>hi</sub>$  (OR= 2.63, 95% Cl 1.19, 5.79) and 1.9-fold higher odds of  $ASD<sub>lo</sub>$  (OR= 1.88, 95% Cl 1.19, 2.97) relative to DD (Table 2C-2). Higher levels of MDC were associated with a 2.1-fold higher likelihood of  $ASD<sub>lo</sub>$  (OR= 2.12, 95%) Cl 1.14, 3.92), but MDC levels did not differ significantly between  $ASD<sub>hi</sub>$  and DD (Table 2C-2). Higher concentrations of MCP-1 were associated with an a 3.4-fold higher likelihood of  $ASD<sub>hi</sub>$  relative to DD (OR= 3.42, 95% Cl 1.25, 9.39), not observed between  $ASD<sub>lo</sub>$  and DD (Table 2C-2). MCP-1 concentrations differed significantly between  $ASD<sub>hi</sub>$  and  $ASD<sub>lo</sub>$  as described earlier. Interestingly, we did not observe significant differences in MCP-1 levels for either ASD subgroup relative to TD (Table 2C-1).

# **Identifying the strongest subset of predictors associated with ASD and DD: LASSO variable selection**

After observing the significant differences in numerous cytokine/chemokine concentrations among children with ASD, DD, and TD, we conducted an exploratory analysis using LASSO to identify the cytokines and chemokines that were most strongly associated with child diagnosis, taking the entire cytokine/chemokine profile into account. Chemokines CTACK (CCL27), MIF and MPIF-1 (CCL23) emerged as the strongest predictors of child diagnosis after conducting a series of binary models with outcomes: ASD vs. TD, ASD vs. DD, and DD vs. TD. No predictive immune markers were identified when comparing models of the following binary outcomes:  $ASD<sub>sev</sub>$  vs.  $ASD<sub>mid</sub>$  and  $ASD<sub>hi</sub>$  vs.  $ASD<sub>lo</sub>$ . Models that compared these ASD subgroups with DD and TD produced the same marker selection results as the models that included ASD as a combined group. In addition, no sex differences were observed in peripheral CTACK, MIF and MPIF-1 levels.

We conducted multinomial logistic regression with chemokines CTACK (CCL27), MIF and MPIF-1 (CCL23) as predictors and adjusted for maternal education attainment, gestational age, child's age at blood spot collection, and years from blood spot collection to elution to determine associations with child diagnosis. Higher neonatal levels of CTACK were independently associated with a 60% decrease in the odds of ASD relative to TD (OR 0.40; 95% Cl 0.21, 0.77) (Table 3A), indicating that lower CTACK levels at birth were associated

with ASD. CTACK levels did not differentiate between ASD and DD or between DD and TD. Decreased newborn levels of CTACK were particularly associated with  $ASD_{\text{sev}}$ ,  $ASD_{\text{hi}}$ and  $ASD<sub>10</sub>$  compared with TD (Table 3B–C). In contrast, higher neonatal levels of MPIF-1 were associated with a 138% increase in the odds of ASD relative to DD (OR 2.38; 95% Cl 1.42, 3.98) and a 60% decrease in the odds of DD relative to TD (OR=0.40, 95% CI 0.24, 0.68) (Table 3A). However, MPIF-1 levels did not differ significantly between ASD and TD. We also observed similar significant associations between MPIF-1 levels and all ASD subgroups  $(ASD<sub>sev</sub>, ASD<sub>mid</sub>, ASD<sub>hi</sub> and ASD<sub>lo</sub>)$  when compared to DD (Table 3B– C). MIF no longer differed significantly between ASD and TD or between DD and TD, after adjusting for CTACK and MPIF-1 levels. Therefore, from the panel of 39 cytokines/ chemokines examined, CTACK emerged as the strongest predictor of ASD relative to TD as well as MPIF-1 for DD relative to TD. No new associations emerged when ASD was divided into subsets based on symptom severity or cognitive/adaptive development level.

# **Associations between CTACK and MPIF-1 levels and development among children with ASD**

To assess whether neonatal CTACK and MPIF-1 concentrations were independently associated with behavioral or developmental patterns evaluated at age 2–5 years, the MSEL and VABS scores for each domain were individually modeled using linear regression adjusted for maternal education level. Increased MPIF-1 levels were associated with better scores on nearly all developmental domains examined (MSEL: fine motor, receptive language, expressive language, composite; VABS: communication, daily living skills, socialization, motor skills, and composite) among children with ASD, indicating less severe behaviors and impairments (Table 4). Meanwhile, CTACK was not significantly associated with any domains.

We also examined associations between neonatal CTACK and MPIF-1 levels and cognitive and adaptive development levels within the TD and DD groups; however, neither set of models revealed any significant associations between MPIF-1 or CTACK levels and the developmental domains (data not shown). ABC scales (irritability, lethargy, stereotypy, hyperactivity) were not associated with these chemokines within any diagnostic groups (data not shown).

# **Discussion**

This study aimed to expand upon previously published work (Krakowiak et al., 2017) using a larger sample size, expanding the study population to include children with developmental delay without ASD, and an increased repertoire of analytes (42 vs.17) to better assess neonatal blood spots for additional immune predictors of risk for ASD and/or developmental delay. This study further examined a possible connection between potential early markers for cognitive and adaptive development levels of children diagnosed with ASD. Our findings suggest that children diagnosed with ASD or DD have lower overall neonatal cytokine/ chemokines levels compared to those with TD, and the cytokine/chemokine profiles of children with ASD differ from those with DD. In addition, our exploratory analysis with immune markers identified by the LASSO variable selection method demonstrates that

children with ASD were more likely to have decreased neonatal levels of CTACK relative to children with TD and higher levels of MPIF-1 relative to children with DD.

The previous study by Krakowiak et al. reported on IL-1β and IL-4 as early markers of ASD, where children with ASD had elevated levels of these cytokines depending upon their symptom intensity. Elevated IL-4 was associated with increased odds of severe ASD whereas IL-1β was associated with increased odds of mild/moderate ASD (Krakowiak et al., 2017). In the current study, although these two analytes were included in the study, neither IL-1β nor IL-4 were associated with an ASD diagnosis. Rather, lower levels of these cytokines were associated with children with DD compared to those with TD. Inconsistencies in the findings from this study and the previous one may be attributed to several notable methodological differences related to the measurement of immune markers, study population size and composition, and analytic approach. The two studies used cytokine/chemokine multiplex kits from different vendors, and the current panel had an expanded repertoire of 25 more analytes (compared to 17 analytes total in the earlier study) that included CTACK and MPIF-1, which were not previously measured. In addition, the immune markers in the current study had better detection rates compared to our prior study. For example, the current study had nearly all cytokines and chemokines detectable for  $97\%$ of the samples and only three analytes (GM-CSF, IL-12p70, IL-13) were below minimum detection levels, while previous study had one-third of the cytokines/chemokines (6 of 17) undetectable for >25% of the samples, with below-detection values imputed by multiple imputation methods. The current study was also larger with significantly more samples for the control groups, thus, providing more statistical power to detect differences among diagnostic groups and subgroups. Further, participant characteristics differed with regard to the geographic distribution (regional center catchment areas), racial/ethnic composition and other sociodemographic characteristics within diagnostic groups between the two study cohorts' area was different. Additionally, the elapsed time before neonatal blood spot collection for the DD group was greater compared to that between the ASD and TD groups. Finally, the LASSO variable selection method was novel to the current study as we wished to expand our analytic approach. Thus, several notable differences in the quality and quantity of variables such as number of immune markers, study population size and demographic characteristics, and data analysis methods between the two related studies may have collectively contributed to contrasting results.

As previous studies have not examined CTACK levels in newborn blood samples (Ghassabian et al., 2018; Heuer et al., 2019; Krakowiak et al., 2017; Suzuki et al., 2011), the association between lower CTACK levels at birth and a higher likelihood of severe, low- and typical-to-high-functioning ASD relative to TD is a novel finding in this study. CTACK, an isoform of CCL27, is best known for its role in skin inflammation and lymphocyte trafficking, particularly the cutaneous lymphocyte-associated (CLA+) memory T cells (Morales et al., 1999). Numerous findings depict CTACK function in delayed-type hypersensitivity reactions and atopic dermatitis in both human and animal models (Chen et al., 2006; Kakinuma et al., 2003). Recent studies have suggested that the function of CTACK is not restricted to the skin, but rather this chemokine may play a pivotal role in homeostasis and immune surveillance in the brain. Serum CCL27 levels have been shown to be increased in individuals diagnosed with multiple sclerosis (MS) (Khaiboullina et al., 2015), while a

follow-up study by Blatt et al. suggested that infiltrating T cells into the central nervous system (CNS) in MS patients may be of cutaneous origin (Blatt et al., 2016).

While these studies infer the possible role of T cells in the brain regarding CTACK production, secretion of CTACK may be independent of T cells but dependent on glial and non-neuronal cells that are present in the brain beginning in the early neurodevelopmental stages. For example, human astrocytes and neurons are capable of expressing CCL27 (Arimitsu et al., 2012) and its receptor, CCR10 (Flynn et al., 2003), suggesting both autocrine and paracrine effects of the chemokine within the CNS. In addition, expressions of CCL27 and CCR10 is abundant in the dentate gyrus (DG) of the hippocampus (Cartier et al., 2005; Gunsolly et al., 2010; Liu et al., 2007), cerebral cortex, and other limbic structures (Gunsolly et al., 2010) in the adult brain, indicating a critical role of CTACK in brain function throughout the lifespan. Immunologically, it is still possible that expression of CCL27 in the brain can trigger or modulate chemotaxis of memory T cells to these brain regions as the number of infiltrated T cells is at its peak during embryonic day 16 in the developing mouse brain (Tanabe and Yamashita, 2018). The holistic view of T cell involvement in early neurodevelopment is still unclear; however, increasing evidence using rodent models depicts the importance of T cell infiltration in maintaining and/or modulating CNS development (Clark et al., 2018; Derecki et al., 2010; Filiano et al., 2016; McGowan et al., 2011; Song et al., 2016). This emphasizes our observation that CTACK is indeed important in proper neurodevelopment, and deficient levels of CTACK could impede healthy neurodevelopment. Interestingly, neonatal levels of CTACK did not differ between children diagnosed with DD compared to those with TD, suggesting that the neurodevelopmental outcomes of DD and ASD are immunologically distinct. These findings provide support for the potential importance of sufficient levels CTACK in early life for healthy neurodevelopment, and thus the molecular basis of neuroimmune and neurobehavioral mechanisms involving cells that produce CTACK and express its cognate receptor in the CNS should be further examined.

The developmental characteristics of ASD and DD differ from each other in that each of the groups displays specific patterns of impairment in communication, cognition, and behaviors based on standard diagnostic tests. However, ASD and DD both lie under the spectrum of neurodevelopmental disorders, and a diagnosis of DD or ASD can change over time. As the behavioral intervention program is designed to address deficits specific to ASD, and because it is critical to identify these children as early as possible (Landa, 2018; Nahmias et al., 2019), it is important to find biomarkers with the potential to differentiate between ASD and DD cases. Here, we found that neonatal cytokine and chemokine profiles of children with ASD differ from those with DD, particularly that chemokines MDC and MPIF-1 were significantly lower in children with DD than those with ASD and TD. We did not see these differences when comparting ASD to TD subjects. This finding suggests that a significant reduction in these two chemokines in the early neonatal period. Specifically, our exploratory analysis determined that MPIF-1 was the strongest candidate to differentiate between the ASD and DD diagnostic groups, including the subgroups of ASD. Higher neonatal concentrations of peripheral MPIF-1 were associated with more than a two-fold higher likelihood of ASD compared to DD. This is of interest as a lower level of this chemokine at birth could indicate a potential role for MPIF-1 in development of executive

and cognitive function, deficits in which are hallmark features of developmental delay. Of interest for future studies would be to design a study to compare neonatal samples from ASD with intellectual deficits to DD without ASD in the context of these differentiating chemokines.

With respect to function, immunologically, MPIF-1 (as indicated by its name myeloid progenitor inhibiting factor 1), inhibits colony formation of bone marrow myeloid immature progenitors and their activity. MPIF-1, also known as CCL23 and MIP-3, can modulate the immune response by promoting and directing the migration of mature immune cells such as activated T lymphocytes, macrophages, and granulocytes to local sites of injury (Arruda-Silva et al., 2017; Hwang et al., 2005; Kim et al., 2010), while simultaneously reducing the number of cells in the hematopoietic progenitor pool and inducing production of granulocytes and monocytes (Patel et al., 1997). This may suggest a supportive role for MPIF-1 during development. In addition, the interaction of MPIF-1 with its chemokine receptor, CCR1, can stimulate pro-inflammatory cytokine production, including IL-1β, TNFα, and MIP-1α (Hwang et al., 2005), although in the current study, the levels of these were not elevated in newborns later diagnosed with ASD or DD, but rather were lower or did not differ from children with TD. Interestingly, in the CNS, the CCL23-CCR1 interaction can induce angiogenesis by promoting the migration of endothelial cells through upregulation of matrix metalloproteinases in the endothelium (Hwang et al., 2005; Son et al., 2006). Blood vessel formation is critical in development and neuroplasticity, and either hypo- or hyper-angiogenesis can disrupt proper blood flow to the brain, which could ultimately affect neurodevelopmental outcome.

Recently, Azmitia et al. reported persistent angiogenesis in postmortem cortex, brainstem, and cerebellum of children and young adults with ASD and proposed that the heightened neuronal activity noted in some individuals with ASD was an outcome of sustained splitting angiogenesis (Azmitia et al., 2016). Mulligan and Trauner found that more than half of the ASD patients in their study exhibited abnormal epileptiform electroencephalogram (EEG) activity (Mulligan and Trauner, 2014), which has been considered as a method of early ASD diagnosis (Bosl et al., 2018; Gurau et al., 2017). Increased neuronal connectivity is closely related to pruning and myelination of axons, and heightened EEG activity could mean initial overgrowth and early maturation of brain white matter in ASD, possibly resulting in altered behavior (O'Reilly et al., 2017). In fact, children with ASD exhibit overconnectivity rather than underconnectivity as is shown by elevation of fractional anisotropy at age of six months, followed by a reduction below that of age-matched controls at 24 months (Wolff et al., 2012). Our observation of positive associations between MPIF-1 and MSEL cognitive and VABS adaptive scores in children with ASD may potentially support the modulation in angiogenesis thereby affecting neuroplasticity and neurodevelopment. The contribution of MPIF-1 in angiogenesis and neuronal activity in the ASD participants in the current study is still unknown; however, the fact that all subgroups of  $ASD$  ( $ASD_{\text{sev}}$ ,  $ASD_{\text{mid}}$ ,  $ASD_{\text{hi}}$ , and  $ASD<sub>lo</sub>$ ) had significantly higher levels of MPIF-1 than DD demonstrates the importance of MPIF-1 homeostasis during brain development and the potential of MPIF-1 as a checkpoint for ASD versus DD. In addition, numerous ligands for CCR1 other than MPIF-1 (i.e., MIP-1α [CCL3], RANTES [CCL5], MCP-3 [CCL7], MCP-4 [CCL13], MIP-1δ [CCL15]) (Murphy et al., 2000) and the global expression of CCR1 (immune/neuronal cells, tissues)

(Patel et al., 1997; Simats et al., 2018; Stuart et al., 2015) should be taken into account when trying to better understand the mechanistic and functional role of MPIF-1 in ASD.

# **Conclusions**

Our data collectively suggest that chemokine levels measured in children shortly after birth can serve as early predictors of abnormal immune and neuroimmune development associated with ASD and DD. Lower peripheral levels of select cytokines and chemokines in both ASD and DD groups compared to TD suggest the importance of homeostatic cytokine/ chemokine levels in normal neurodevelopment. The differences in neonatal chemokine and cytokine profiles provide support for addressing the mechanisms between the immune and neuronal systems during gestation. Questions regarding the function of CTACK and MPIF-1 in brain development and their potential role in neuroplasticity should be further investigated, perhaps using a rodent model to elaborate on the effect of these select chemokines on neurodevelopment. Furthermore, continued investigation of very early immune molecule predictors of ASD and DD risk as well as understanding their functional role in neurodevelopment will be necessary to elucidate mechanistic pathways of immune dysregulation in these neurodevelopmental disorders.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

# **Acknowledgements**

This study was funded by the NIEHS Center for Children's Environmental Health and Environmental Protection Agency (EPA) grants (2P01ES011269-11, 83543201, respectively), the NIEHS-funded CHARGE study (R01ES015359), and the NICHD funded IDDRC P50 (P50HD103526). We thank Dr. Kyuyoung Lee for his help on the figures.

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# **Highlights**

- **•** Newborns later diagnosed with autism spectrum disorder (ASD) and delayed development (DD) have lower levels of cytokines and chemokines at birth compared to those with typical development (TD).
- **•** Our exploratory analysis suggests that CTACK (CCL27) and MPIF-1 (CCL23) are the strongest predictors of ASD compared to TD and DD, respectively.
- **•** Higher neonatal levels of CTACK were associated with a 60% decrease in the odds of ASD relative to TD while higher levels of MPIF-1 were associated with a 138% increase in the odds of ASD relative to DD.





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**Fig. 1. Adjusted odds ratio plot comparing neonatal cytokine and chemokine concentrations** in (A) ASD, DD, and TD, (B) subgroups of ASD  $(ASD<sub>sev</sub>, ASD<sub>midd</sub>)$ , DD, and TD, (C) subgroups of  $ASD (ASD<sub>hi</sub>, ASD<sub>lo</sub>) DD$ , and TD. Odds ratio is depicted by the heat map with highest ORs in red to lowest in blue. Each figure has its own heat map. Relative P-value is depicted by circle size. P-values that are below 0.001 are bolded.

l,

# **Table 1:**

Participant demographic and clinical characteristics, N=398



 ${}^{a}$ TD controls were frequency-matched to a projected distribution of ASD cases on age, sex, and regional center catchment area

b Includes Black/African American, American Indian/Alaska Native, Asian, Pacific Islander/Native Hawaiian, Multi-racial

 $c$  Months grouped by season as follows: Winter = December to February, Spring = March to May, Summer = June to August, Fall = September to November

 $d_1$  participant (ASD) was missing maternal allergies/asthma; allergies include the following types: environmental (e.g., seasonal, pet, mold), food, skin, medication, or other

 $e<sup>e</sup>$  participants were missing gestational age (1 ASD, 1 TD)

f Southern California regions include Los Angeles, Kern, Orange, San Diego, Tri-counties, and Inland

 ${}^{\cancel{E}}P$ -values for categorical and continuous variables calculated with Chi-square test and one-way analysis of variance (ANOVA), respectively

# **Table 2A:**

Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD, DD, and TD<sup>a</sup>





 ${}^{a}$ Multinomial logistic regression models were adjusted for maternal education attainment, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 171 ASD, 69 DD and 158 TD; OR = adjusted odds ratio, CI = confidence interval,  $P = P$ -value

## **Table 2B-1:**

Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (severe, mild to moderate symptoms) and  $TD^a$ 





 ${}^{a}$ Multinomial logistic regression models were adjusted for maternal education attainment, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 121 ASD (severe), 50 ASD (mild), and 158 TD; ASD severity was defined using ADOS severity scores, where  $\frac{7}{1}$  indicated severe and <7 indicated mild to moderate symptoms; OR = adjusted odds ratio, CI = confidence interval,  $P = P$ -value

 $b$ ASD<sub>SeV</sub> vs ASD<sub>mild</sub> results are in the Supplementary Table 2.

## **Table 2B-2:**

Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (severe, mild to moderate symptoms) and  $DD^a$ 





 ${}^{a}$ Multinomial logistic regression models were adjusted for maternal education attainment, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 121 ASD (severe), 50 ASD (mild), and 69 DD; ASD severity was defined using ADOS severity scores, where ≥7 indicated severe and <7 indicated mild to moderate symptoms; OR = adjusted odds ratio, CI = confidence interval,  $P = P$ -value

# **Table 2C-1:**

Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (typical to highfunctioning, low-functioning) and  $TD^a$ 





 ${}^{a}$ Multinomial logistic regression models were adjusted for maternal education attainment, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 27 ASD (high), 144 ASD (low) and 158 TD; Mullen Scales of Early Learning (MSEL) and Vineland Adaptive Behavior Scales (VABS) composite standard scores were used to define high/low cognitive and adaptive development levels, where both MSEL and VABS scores of 70 indicated typical to high-function and a score of <70 on either MSEL or VABS indicated low-function; OR = adjusted odds ratio, CI = confidence interval, P  $= P$ -value

## **Table 2C-2:**

Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (typical to highfunctioning, low-functioning) and  $DD^a$ 





 ${}^{a}$ Multinomial logistic regression models were adjusted for maternal education attainment, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 27 ASD (high), 144 ASD (low), and 69 DD; Mullen Scales of Early Learning (MSEL) and Vineland Adaptive Behavior Scales (VABS) composite standard scores were used to define high/low cognitive and adaptive development levels, where both MSEL and VABS scores of 70 indicated typical to high-function and a score of <70 on either MSEL or VABS indicated low-function; OR = adjusted odds ratio, CI = confidence interval, P  $= P$ -value

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Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD, DD, and TD in one model, N=398 a



increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 171 ASD, 69 DD and 158 TD; OR =

adjusted odds ratio, CI = confidence interval

adjusted odds ratio, CI = confidence interval

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# **Table 3B:**

Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (severe, mild to moderate symptoms), DD, and TD in one Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (severe, mild to moderate symptoms), DD, and TD in one model,  $N = 398<sup>a</sup>$ 



increase in the In-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 121 ASD-severe, 50 ASD-mild, 69 DD and increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 121 ASD-severe, 50 ASD-mild, 69 DD and were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit 'Multinomial logistic regression model was adjusted for maternal education, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines Multinomial logistic regression model was adjusted for maternal education, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines 158 TD; OR = adjusted odds ratio, CI = confidence interval 158 TD; OR = adjusted odds ratio, CI = confidence interval Author Manuscript

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# **Table 3C:**

Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (high, low cognitive and adaptive functioning), DD, and TD in Adjusted odds ratios comparing neonatal cytokine and chemokine concentrations in ASD (high, low cognitive and adaptive functioning), DD, and TD in a one model, N=398



were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit were ln-transformed and normalized for total protein (pg/mg total protein); OR represents the fold change in the odds of having one diagnosis relative to another diagnosis or no diagnosis for every 1-unit increase in the In-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 27 ASD-high, 144 ASD-low, 69 DD and increase in the ln-transformed cytokine/chemokine (or for every e-fold increase in cytokine/chemokine levels); 398 participants comprised the following groups: 27 ASD-high, 144 ASD-low, 69 DD and 'Multinomial logistic regression model was adjusted for maternal education, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines Multinomial logistic regression model was adjusted for maternal education, gestational age, child's age at blood spot collection, and years from blood spot collection to elution; cytokines/chemokines 158 TD; OR = adjusted odds ratio, CI = confidence interval 158 TD; OR = adjusted odds ratio, CI = confidence interval

#### **Table 4:**

Developmental characteristics of 2–5-year-old children with ASD in relation to their neonatal CTACK and MPIF-1 concentrations,  $N=171^a$ 



a<br>Linear regression models were adjusted for maternal education (High school, Some college vs. Bachelor degree) and CTACK or MPIF-1 (both were included in one model); β-coefficient (estimate) represents the change in developmental quotient (DQ) for a 1-unit increase in ln-transformed chemokine (pg/mg total protein), with a higher DQ indicating a better developmental outcome; DQ is defined as the developmental age divided by chronological age and multiplied by 100, with Mean = 100 and Standard Deviation = 15; CI = confidence interval