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## **Macrophage-Restricted Overexpression of Glutaredoxin 1 Protects Against Atherosclerosis by Preventing Nutrient Stress-Induced Macrophage Dysfunction and Reprogramming**

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## **Abstract**

**Background and Aims:** Deficiency in the thiol transferase glutaredoxin 1 (Grx1) in aging mice promotes in a sexually dimorphic manner the dysregulation of macrophages and atherogenesis. However, the underlying mechanisms were not known. Here we tested the hypothesis that macrophage-restricted overexpression of Grx1 protects atherosclerosis-prone mice against macrophage reprogramming and dysfunction induced by a high-calorie diet (HCD) and thereby reduce the severity of atherosclerosis.

**Methods:** We generated lentiviral vectors carrying CD68 promoter-driven EGFP or Grx1 constructs and conducted bone marrow (BM) transplantation studies to overexpress Grx1 in a macrophage-specific manner in male and female atherosclerosis-prone LDLR<sup>-/−</sup> mice and fed these mice a HCD to induce atherogenesis. Atherosclerotic lesion size was determined in both the aortic root and the aorta. We isolated BM-derived macrophages (BMDM) to assess protein <sup>S</sup>-glutathionylation levels and loss of MKP-1 activity as measures of HCD-induced thiol oxidative

Conflict of Interest

Submission Declaration Statement

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Y.J.A., L.W, and SK performed experiments and contributed significantly to the preparation of the manuscript. A.S and M.E assisted with the experiments and data analysis and contributed to the editing of the manuscript. R.A. provided funding, designed the experiments, wrote the manuscript, generated the figures and contributed to the editing of the manuscript.

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The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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stress. We also conducted gene profiling on these BMDM to determine the impact of Grx1 activity on HCD-induced macrophage reprogramming.

**Results:** Overexpression of Grx1 protected macrophages against HCD-induced protein Sglutathionylation, reduced monocyte chemotaxis in vivo, limited macrophage recruitment into atherosclerotic lesions, and was sufficient to reduce the severity of atherogenesis in both male and female mice. Gene profiling revealed major sex differences in the transcriptional reprogramming of macrophages induced by HCD feeding, but Grx1 overexpression only partially reversed HCDinduced transcriptional reprogramming of macrophages.

**Conclusions:** Macrophage Grx1 plays a major role in protecting mice atherosclerosis mainly by maintaining the thiol redox state of the macrophage proteome and preventing macrophage dysfunction.

## **Graphical Abstract:**



Overexpression of Grx1 protects against Atherogenesis by preventing HCD-induced Protein S-Glutathionylation of the Macrophage Proteome, Macrophage and Thereby Protecting Macrophages from Reprogramming and Dysfunction. HCD feeding of mice promotes the <sup>S</sup>-glutathionylation of the macrophage proteome, including MKP-1, a master regulator of monocyte and macrophage function and activation. MKP-1 is inactivated and degraded upon <sup>S</sup>-glutathionylation, resulting in enhanced monocyte chemotaxis, increased recruitment of reprogrammed and dysfunctional MDM, and accelerated atherogenesis. Overexpression of Grx1 in macrophages preserves their protein thiol redox state, normalizes monocyte chemotaxis, and reduces macrophages accumulation and atherosclerotic lesion formation.

#### **Keywords**

atherosclerosis; glutaredoxin 1; macrophages; redox; thiols

## **Introduction**

Recruitment of monocyte-derived macrophages (MDM) to sites of tissue injury is a hallmark of acute inflammation [1]. The extent of monocyte recruitment and macrophage

accumulation is generally believed to be controlled by local inflammatory processes within that tissue [2, 3]. Macrophage activation and polarization plays a critical role in both inflammation and subsequent inflammation resolution. Dysregulation of macrophage activation and plasticity has been proposed to play a major role in impaired inflammation resolution, and in the conversion of local acute inflammation into a chronic process [4]. It is now well-established that metabolic disorders, including hyperglycemia and hyperlipidemia, induce monocyte reprogramming and dysfunction [5–8]. The functional changes observed in monocytes reprogrammed by high-calorie diets (HCD) include altered gene activation profiles in response to proinflammatory and inflammation resolving stimuli and hypersensitivity to chemoattractant and accelerated chemotaxis, resulting in increased recruitment of dysfunctional MDM to sites of inflammation and accelerated atherosclerosis [9–13].

The molecular mechanisms underlying monocyte reprogramming by HCD and the associated functional changes involve the increased formation of reactive oxygen species (ROS), oxidation of reactive protein thiols to sulfenic acids, resulting in increased protein <sup>S</sup>-glutathionylation, the reversible formation of mixed disulfides between the cysteine of glutathione and redox-sensitive thiols on protein cysteines [14–16]. S-Glutathionylation can lead to the inactivation of enzymes and the degradation of proteins [17–20]. A critical target of HCD-induced protein S-glutathionylation in macrophages is MAPK phosphatase 1 (MKP-1), which acts as a counter-regulator of the MAPK pathways that control monocyte adhesion and migration, and thus the recruitment of MDM into tissues [21]. <sup>S</sup>-Glutathionylation of MKP-1 inactivates the enzyme and promotes its degradation [18], resulting in the hyperactivation of p38 and ERK pathways in response to chemokine stimulation, and thereby enhanced monocyte adhesion and chemotaxis and accelerated atherogenesis [12]. MKP-1 not only controls monocyte adhesion and chemotaxis [11] but also regulates macrophage activation, autophagy and apoptosis and controls their phenotypic fate [21]. Using a redox proteomics approach and HCD-fed atherosclerosisprone LDL receptor-deficient mice, our group identified over 100 macrophage proteins that are S-glutathionylated in response to HCD-feeding [22], suggesting that exposure of blood monocytes to HCD leads to a major reprogramming of the monocyte/macrophage proteome after HCD exposure [23].

Protein S-glutathionylation is a reversible post-translational modification and thus represents a major redox signaling mechanism that plays a critical role in regulating monocyte and macrophage functions [10, 11, 15, 17, 19]. In mammalian cells and tissues, the reduction, i.e. "deglutathionylation" of protein-glutathione (GSH) mixed disulfides is catalyzed by a family of thiol transferases called glutaredoxins (Grx). During the reduction of protein-GSH mixed disulfides by Grx, a GSH molecule is transferred from the protein thiol onto the Grx molecule, forming a mixed disulfide. Free GSH selectively recycles oxidized Grx into the reduced enzyme, generating glutathione disulfide (GSSG) in the process, which in turn is reduced to two molecules of GSH by glutathione reductase (GR) [49]. Together, Grx and glutathione reductase form a unique protein thiol regulation and regeneration system distinct from the GSH-independent thioredoxin/thioredoxin reductase system [24]. The GSH/GR/Grx system plays a critical in maintaining the (thiol) redox balance of macrophages thereby protecting macrophages against dysfunction and cell death [5, 25].

Two isoforms of human Grx have been isolated and characterized, Grx1 [50] and Grx2, which shows 36% sequence identity to Grx1 [51]. Grx1, is localized primarily in the cytosol and the intermembrane space of mitochondria [26].

Our most recent data demonstrate that Grx1 deficiency sensitizes monocytes and macrophages to nutrient stress-induced dysfunction and reprogramming, accelerating dietinduced obesity, metabolic syndrome, hyperglycemia, insulin resistance and atherosclerosis [5]. Here we tested the hypothesis that overexpression of Grx1 restricted to monocytes and macrophages protects atherosclerosis-prone LDL receptor deficient mice against HCDinduced monocyte dysfunction and macrophage reprogramming, and thereby reduces the severity of atherosclerosis.

## **Methods**

#### **Animals and Diets**

LDL-R<sup>-/-</sup> (B6.129S7-*Ldlt<sup>tm1Her</sup>/J*, stock number 002207) and C57BL/6J (stock number 000664) were obtained from Jackson Laboratory. All mice were maintained in colony cages on a 12 h light/12 h dark cycle and fed a normal mouse laboratory diet unless otherwise stated. Four weeks after BMT, BM recipient mice were switched to either a maintenance diet (MD, AIN-90G, Bio-Serv) or a high-calorie diet (HCD; 21% milk fat wt/wt and 0.2% cholesterol wt/wt. diet no. F55440, Bio-Serv) for 20 weeks. Body weights were measured weekly. All studies were performed in accordance with the guidelines and regulations of and with the approval of the Wake Forest School of Medicine Institutional Animal Care and Use Committee.

#### **Lentivirus Transduction of Hematopoietic Progenitor Cells**

The CD68 promoter construct, which contains the 83-bp first intron (IVS-1) of the human CD68 gene [27], was kindly provided by Dr. David Greaves, University of Oxford. CD68- IRES-EGFP in pcDNA3.1 vector was digested ClaI/Not and inserted into the corresponding site in the pRRL.cPPT.PGK-GFP.WPRE.Sin-18 backbone (Addgene), replacing the hPGK promoter and EGFP region. Lentiviruses were produced by transfecting the vector into HEK293T cells using a lentivirus packaging kit (Origene) and then concentrated with the Lenti Concentrator (Origene). Bone marrow cells were harvested from the femurs of male or female 10-week-old C57Bl6/J mice, and hematopoietic progenitor cells were isolated by negative selection using a Robosep automated cell separator (Stem Cell Technologies) and the Mouse Hematopoietic Progenitor Cell Isolation Kit (Stem Cell Technologies). Isolated cells were resuspended in RPMI supplemented with 1% Penicillin/Streptomycin, stem cell factor (100 ng/ml), Flt-3L (100 ng/ml), IL-11 (100 ng/ml) and IL-3 (20 ng/ml) and transduced with the lentiviruses (MOI = 30) by incubating overnight at  $37^{\circ}$ C in a CO<sub>2</sub> incubator.

#### **Irradiation and Bone Marrow Transplantation.**

Bone marrow transplantations (BMT) were conducted as described previously [28]. Briefly, two weeks before irradiation and BMT, 10-week-old male and female LDLR−/− mice (n=35) were put on acidified water containing sulfamethoxazole (160 ng/ml) and trimethoprim (32

ng/ml). All designated transplant recipient mice were irradiated with 2 equal doses of 4.7 Gy, with 3 h between each dose (9.4 Gy total, GammaCell Irradiator). Animals were allowed a 4 h recovery period prior to BMT. The transduced hematopoietic progenitor cells were washed with PBS and resuspended at the concentration of  $5 \times 10^5$  cells/100 $\mu$ l. BM recipient mice were randomized into two groups based on the strain of their donors (EGFPMac<sup>tg</sup>: 6 males, 9 females;  $Grx1_{Mac}$ <sup>tg</sup>: 9 males, 12 females) and were injected with virus-transduced cells of the corresponding sex via the retro-orbital sinus. Animals reconstituted with the cells expressing CD68-EGFP were designated as  $EGFP_{Mac}^{tg}$  and those that received CD68-Grx1-IRES-EGFP as  $Grx1_{Mac}^{tg}$ . BM recipients were fed a maintenance diet (MD) and allowed to recover for 4 weeks prior to initiating HCD feeding. Due to dermatitis and weight loss, 2 mice from the EGFP<sub>Mac</sub><sup>tg</sup> group had to be prematurely euthanatized and were excluded from the study. Complete blood counts were performed in all animals 20 weeks after BM transplantation at the time of euthanasia.

#### **In Vivo Matrigel Chemotaxis Assay**

Each mouse received two Matrigel plugs three days prior to euthanasia as described in [9, 29]. Briefly, subcutaneous injections of Matrigel (BD Biosciences) were made on the right and left flank of each mouse, one plug containing MCP-1 (500 ng/ml) and the other plug containing vehicle. After euthanasia, plugs were surgically removed, cleaned and digested with dispase (BD Biosciences). Cells were stained with Calcein/AM (Invitrogen) and counted using an automated fluorescent cell counter (Nexcelcom Bioscience).

#### **Analysis of Atherosclerosis**

Two distinct vascular beds were used for the quantification of atherosclerosis, which was conducted as described previously [9, 12, 28]. After euthanasia, hearts and aortas were perfused with phosphate-buffered saline through the left ventricle. Hearts were separated from the aorta and embedded in Tissue-Tek Optimal Cutting Temperature compound (OCT) in a plastic cryomold (Tissue-Tek). OCT-embedded hearts were rapidly frozen on dry ice and then stored at - 80°C until further processing. For en face analysis, aortas were dissected from the proximal ascending aorta to the bifurcation of the iliac artery and fixed with 4% paraformaldehyde in PBS. Adventitial fat was removed, and aortas were opened longitudinally and stained with Oil Red O. Stained aortas were pinned flat onto a black Sylgard layed dissection dish (Living Systems), and digitally photographed at a fixed magnification. Total aortic area and lesion areas were calculated using Image-Pro Plus (Media Cybernetics). The aortic roots from OCT-embedded hearts were sectioned every 10 μm on 8 different Superfrost Plus Gold Slides (Fisherbrand). Sections on the same slide were separated by 80 μm. Sections were stained with Oil Red O, and examined under a light microscope (Leica) with an attached digital camera. Aortic lesion areas were quantified by averaging the total lesion area across 10 sections using Image-Pro Plus (Media Cybernetics) and expressed as mm<sup>2</sup>. To measure macrophage content in lesions, aortic root sections adjacent to the Oil Red O-stained sections were dried overnight and fixed in ice-cold 100% methanol. Fixed aortic root sections were blocked with 5% BSA (with 0.3% Triton-X100) and stained for 1 h at RT with an anti-CD68 antibody (Bio-Rad) and the nuclear stain DAPI (Invitrogen). Images were captured using a fluorescent microscope (Leica) and a high-resolution digital camera (Olympus). Macrophage content was calculated for each

cryosection using Image-Pro software and expressed as mm<sup>2</sup> . Non-specific staining was assessed by omitting the primary antibody.

#### **FACS Analysis**

To evaluate transduction efficiency and cell specificity, EGFP expression was analyzed in white blood cells (WBC) by FACS. Whole blood was collected from the facial vein and red blood cells were lysed using RBC lysis buffer (eBioscience). WBC were stained in PBS with 1% FBS for 20 min on ice with PE-labeled anti-CD11b (eBioscience, clone: M1/70) and APC-labeled anti-Ly6G (BD, clone: 1A8). The cell suspensions were analyzed using an Accuri C6 Plus flow cytometer (BD) and the gating of the cells were performed using single-color fluorochromes. FACS data analyzed using FCS Express (De Novo Software).

#### **Plasma Cholesterol and Triglycerides**

Mice were fasted overnight prior to euthanasia and blood was collected by cardiac puncture. Plasma total cholesterol and triglycerides were quantified using enzymatic assay kits per manufacturer's protocol (Wako Chemicals USA).

#### **Bone Marrow-Derived Macrophage Isolation and Culture**

To generate BMDM, bone marrow was extracted from tibia and femur bones using aseptic technique following removal of the surrounding muscle. To do so, joints were cut using a scalpel and the exposed bone marrow was flushed out the ends of the bones using a 25-gauge needle and a 10 ml syringe filled with RPMI with 2% FBS. The cell suspension was centrifuged at  $250\times g$  for 5 min to pellet cells. The supernatants were discarded, and cells were resuspended in 1mL of RPMI (10% FBS). 500,000 cells/ml were seeded into non-tissue culture treated in RPMI 10% FBS in the presence of 50 ng/ml macrophage colony-stimulating factor (M-CSF, PeproTech). Cells were used 6–8 days after harvesting.

#### **MKP-1 Activity**

The MKP-1 activity in blood monocytes was measured as described previously [12]. Briefly, phosphatase activity, measured as inorganic phosphate released from a phosphotyrosine peptide (200 μM PTP, Millipore) was measured from cell lysates in the presence or absence of MKP-1 inhibitor (40  $\mu$ M sanguinarine chloride, Tocris). The amount of inorganic phosphate released was assayed spectrophotometrically using a VersaMax spectrophotometric plate reader (Molecular Devices). Sanguinarine-sensitive phosphate released by MKP-1 was quantified with a standard curve prepared with known amounts of KH2PO4 (Malachite Green Assay, Cayman Chemical).

#### **Gene Expression Analysis**

Total RNA was isolated from bone marrow-derived macrophages using PureLink RNA mini kit (Invitrogen). Isolated total RNA was quantified using a Nanodrop (Thermo Fisher), and 1 ug was treated with DNase I (Invitrogen) followed by being reverse-transcribed into cDNA using SuperScript IV VILO (Invitrogen), according to manufacturer's instructions. Preamplified cDNA (100 ng) was mixed with TaqMan<sup>™</sup> Fast Advanced Master Mix (Applied Biosystems). Thermal cycling was performed using the ViiA™7 real-time PCR

system (Applied Biosystems). The following TaqMan<sup>™</sup> primers were used: Grx1 (*Glrx*, Mm00728386\_s1), Nox4 (Mm00479246\_m1), and Mao A (Mm00558004\_m1). Relative gene expression was determined using the comparative  $C_T$  method by comparing the  $C_T$ values of a target gene for each sample with the indicated housekeeping genes (Rn18S, Hprt,).

Gene profiling by quantitative real-time PCR was performed using custom-designed TaqMan® Array Cards, 384-format (Thermo Fisher). Preamplified cDNA (100 ng) was mixed with TaqMan™ Fast Advanced Master Mix (Applied Biosystems). Thermal cycling was performed using the ViiA™7 real-time PCR system (Applied Biosystems). Relative gene expression was determined using the comparative  $C_T$  method by comparing the  $C_T$  values of a target gene for each sample with the housekeeping gene (Rn18S).  $C_T$ values for each gene in BMDM from EGFP $_{Mac}$  and Grx1 $_{Mac}$  LDLR-deficient mice were normalized to the mean  $C_T$  value obtained for that gene in BMDM from MD-fed C57BL/6 mice. Heatmaps were generated using web-based software, Morpheus [\(https://](https://software.broadinstitute.org/morpheus) [software.broadinstitute.org/morpheus\)](https://software.broadinstitute.org/morpheus).

#### **Western Blot Analysis**

BMDM were washed with warm PBS and lysed on ice cold RIPA lysis buffer (50 mmol/l Tris-HCL (pH 7.5), 150 mmol/l NaCl, 1% NP-40, 0.1% SDS, 0.5 % sodium deoxycholate) supplemented with protease inhibitors (Roche). Total protein content in cell lysates was quantified by BCA assay (Pierce). Aliquots with equal amounts of protein were loaded and separated on SDS-PAGE gels. Proteins were transferred to PVDF membranes (BioRad) and probed using specific primary antibodies as follows; Grx1 (Novus), anti-GSH (Millipore), and β-actin (Cell Signaling). The bands were detected by chemiluminescence on Azure 600 (Azure Biosystems).

## **Statistical Analyses**

Analysis of variance (ANOVA) followed by the Fisher's Least Significant Difference test was used to compare the mean values between the experimental groups (SigmaPlot 15 software). Unless stated differently, data are expressed as mean  $\pm$  standard error of the mean (SEM).  $P<0.05$  was set as the statistical significance level.

## **Results**

#### **Macrophage-restricted overexpression of Grx1 in mice protects against atherogenesis.**

To determine the role of Grx1 in monocytes and macrophages on the development and progression of atherosclerosis, we generated atherosclerosis-prone male and female LDL receptor-deficient transgenic mice that overexpress either EGFP alone or both EGFP and Grx1 under the control of the macrophage-specific CD68 promoter (EGFP $_{\text{Mac}}$  and Grx1<sup>tg</sup><sub>Mac</sub> mice). We fed these mice either a low-calorie maintenance diet (MD) or a Western-style high-calorie diet (HCD) for 20 weeks. To verify transgene expression, RT-qPCR analysis and Western blot analysis were carried out in bone marrow-derived macrophages. We observed a 6.0-fold and a 2.8-fold increase in Grx1 mRNA levels (Fig. 1A) in male and female  $Grx1^{tg}$ <sub>Mac</sub> mice respectively. The increase of Grx1 mRNA

levels in female macrophages resulted in a 2.8-fold increase in Grx1 protein expression (Supplemental Fig. 1A+B). FACS analysis in these mice showed that >85% of blood monocytes expressed EGFP and that transgene expression was restricted to monocytes and granulocytes and only to a small extent to lymphocytes (<4%, not shown). To assess changes in Grx1 activity in macrophages, we used Western blot analysis to compare total protein  $S$ -glutathionylation levels in BMDM isolated from female HCD-fed EGFP $_{\text{Mac}}$  control mice with those in BMDM from the corresponding  $Grx1^{tg}$ <sub>Mac</sub> mice. Metabolic stressinduced protein  $S$ -glutathionylation in BMDM from HCD-fed EGFP<sup>tg</sup><sub>Mac</sub> control mice was reduced by 57% in BMDM isolated from Grx1<sup>tg</sup><sub>Mac</sub> mice (Supplemental Fig. 1C+D), confirming that Grx1 activity was significantly increased in monocytes and macrophages from transgenic Grx $1<sup>tg</sup><sub>Mac</sub>$  mice.

Atherosclerotic lesion size determined by *en face* analysis of the aortic arch and the entire aorta revealed that male and female  $Grx1^{tg}$ <sub>Mac</sub> mice showed a 55% and 44% reduction in plaque size, respectively, compared to male and female EGFP<sub>Mac</sub><sup>tg</sup> mice (Fig. 1B). To confirm these findings, we also analyzed atherosclerotic plaque size in the aortic root of these mice. Serial analysis of ORO-stained sections from the aortic root showed a 72% and 39% decrease in atherosclerotic lesion size in male and female  $Grx1_{Mac}$ <sup>tg</sup> mice, respectively, compared to the corresponding EGFP<sub>Mac</sub><sup>tg</sup> mice (Fig 1C). Macrophage content in the vessel wall was equally strongly reduced, by 61% in male and by 40% in female mice (Fig 1D). However, heart, liver, kidney, and adipose tissue weights were not affected by Grx1 overexpression (Fig. S2A–D). We also did not observe any difference in body weight between EGFP<sub>Mac</sub><sup>tg</sup> and Grx1<sub>Mac</sub><sup>tg</sup> mice in either males (33.2  $\pm$  2.4 g versus 34.4  $\pm$  2.2 g) or females  $(32.3 \pm 1.7 \text{ g}$  versus  $32.8 \pm 1.1 \text{ g}$ ). Plasma total cholesterol and plasma triglyceride levels were not different either between  $EGFP_{Mac}^{tg}$  and  $Grx1_{Mac}^{tg}$  mice in either males (cholesterol:  $893 \pm 353$  mg/dl versus  $757 \pm 125$  mg/dl; triglycerides  $551 \pm 123$  mg/dl versus  $421 \pm 98$  mg/dl) or females (922  $\pm$  402 mg/dl versus  $1107 \pm 298$  mg/dl; triglycerides 454  $\pm$  71 mg/dl versus 510  $\pm$  134 mg/dl). Together, these findings suggest that increasing Grx1 activity in monocytes and macrophages protects mice against HCD-induced atherogenesis by reducing the recruitment of MDM to sites of vascular injury, without altering plasma lipid levels.

## **Macrophage-restricted overexpression of Grx1 in mice prevents MKP-1 inactivation induced by nutrient stress and the overrecruitment of monocyte-derived macrophages in HCD-fed mice.**

MKP-1 is a master regulator of monocyte and macrophage activation and function which, in response to HCD-induced nutrient stress, is S-glutathionylated, inactivated and subsequently degraded [21]. MKP-1 deficiency in blood monocytes induced either by HCD feeding or genetically by transplanting bone marrow from MKP-1 knockout mice, promotes monocyte hyperresponsiveness to chemokines, the overrecruitment of MDM and accelerates atherogenesis in mice [18, 30]. To elucidate the molecular mechanism underlying the atheroprotective effect of monocytic Grx1 activity, we therefore examined whether increased Grx1 expression in monocytes and macrophages prevents nutrient stress-induced MKP-1 inactivation and normalizes their chemotactic activity. To this end, we measured MKP-1 activity in BMDM isolated from  $EGFP_{Mac}^{tg}$  and  $Grx1_{Mac}^{tg}$  mice after 20 weeks of HCD-

feeding and compared these to MKP-1 activity levels in BMDM from low-calorie MD-fed mice. MKP-1 activity was reduced by 56% in male  $EGFP<sub>Mac</sub>$ <sup>tg</sup> mice and by 61% in females (Fig. 2A+B, red symbols). Overexpression of Grx1 restored monocyte MKP-1 activity to 70% in males and 67% in females relative to the MKP-1 activity measured in the respective healthy MD-fed mice (Fig. 2A, green versus gray symbols). To determine whether partially restored MKP-1 activity would also normalize the chemotactic activity of blood monocytes in vivo and reduce the recruitment of MDM, we conducted Matrigel plug assays [29] in all these mice. Indeed, compared to their respective  $EGFP<sub>Mac</sub>$ <sup>tg</sup> mice, male  $Grx1<sub>Mac</sub>$ <sup>tg</sup> mice showed a 74% reduction in MDM recruitment and females a 61% reduction (Fig. 2B), indicating increased Grx1 activity protects blood monocytes against nutrient stress-induced dysfunction and accelerated chemotactic activity.

## **Macrophage-restricted overexpression of Grx1 in mice partially reverses nutrient-stress induced macrophage reprogramming.**

HCD-feeding of mice results in the reprogramming of their macrophages [5–8, 13, 31], although the full extent of reprogramming only becomes apparent upon macrophage polarization into proinflammatory and inflammation resolving phenotypes [30]. In agreement with our previous reports [13], in the absence of polarizing stimuli, we found that only a small percentage of macrophage genes are significantly altered in their expression, i.e. increased or decreased more than 2-fold, by HCD feeding (Fig. 3). Of the 316 genes probed, in macrophages from male mice only 57 genes showed a more than 2-fold induction and 41 showed more than 2-fold suppression, whereas macrophages from female mice showed more than a 2-fold induction of only 43 genes and a more than 2-fold suppression of 43 genes (Fig. 3B+C). The majority of gene expression changes were observed in the group of polarization makers, and in genes involved in glucose and glutamine synthesis, transport and metabolism. However, there was a large sex difference in the macrophage genes affected by reprogramming. The most profound changes were observed in the induction of NADPH oxidases and NO synthases by HCD feeding. The largest expression changes were observed for Nox2 (2.1-fold), Nox4 (10.7-fold), Nos1 (10.0-fold), Nos2 (7.8-fold) and Nos3 (2.4-fold) in male macrophages and Nox4 (4.2-fold), Nos1 (5.3-fold) and Nos3 (13.2-fold) in female macrophages, confirming sex differences in macrophage gene expression in response to HCD feeding we reported previously [5].

Of all significantly induced (94) or suppressed genes (77), only 7 genes were common to both males and females in either category, indicating major sexual difference in mice in the responses of macrophages to HCD feeding. Surprisingly, overexpression of Grx1 in macrophages only partially reversed these expression changes. Of the 84 genes significantly affected by HCD feeding in male macrophages and the 71 genes in female mice, Grx1 overexpression restored expression of only 19 genes in both males and females to levels measured in MD-fed control mice. These results suggest, that the potent atheroprotective effects of Grx1 overexpression in macrophages may not (primarily) be exerted at the transcriptional level, but rather by preventing posttranslational modifications, i.e. protein <sup>S</sup>-glutathionylation (Supplemental Fig. 1C+D), which can promote enzyme inactivation, protein degradation and the reprogramming of the macrophage proteome [14, 23].

## **Discussion**

between glutathione (GSH) and protein thiols [15, 17]. The formation of these mixed disulfides, referred to as "protein S-glutathionylation", is a reversible post-translational modification of cysteine residues, and represents a major redox signaling mechanism that play a critical role in regulating monocyte and macrophage functions [5, 10, 11, 15, 17, 19]. We showed that overexpressing Grx1 protects against metabolic stressinduced protein S-glutathionylation and completely prevents monocyte "priming" and dysfunction by metabolic stress in vitro [10, 32]. We also showed that loss of monocytic Grx1 activity disrupts the immunometabolic balance in mice and derepresses sexually dimorphic oxidative stress responses in macrophages, i.e., the differential expression of NO synthetases and NADPH oxidases in male and female monocytes and macrophages [5]. Here we now demonstrated that macrophage-restricted overexpression of Grx1 protects LDL receptor-deficient (LDLR−/−) mice against atherosclerosis (see **Graphical Abstract**). Our findings are in good agreement with gene-disease association data from the Comparative Toxicogenomics Database (CDT) in the Harmonize database, which suggest a strong association of Glrx1 with atherosclerosis and heart disease [33].

To elucidate the molecular mechanisms underlying the protective effect of macrophagerestricted overexpression of Grx1, we examined whether increasing Grx1 activity in macrophages would restore the transcription profile of macrophages dysregulated by HCD feeding. We conducted transcriptional profiling using our custom-designed TaqMan® Array Cards and confirmed our previous data on the sexual dimorphic expression profile of NADPH oxidases and NO synthases in male and female macrophages in response to HCD feeding [5]. We also confirmed that, with the exception of Nox2 in male macrophages, induction of NOX and NOS expression was reversed in macrophages isolated from  $Grx1<sub>Mac</sub>$  mice, suggesting that increasing  $Grx1$  activity protects macrophages not only by reversing oxidative "damage", i.e. protein S-glutathionylation and degradation, but also indirectly by suppressing HCD-induced ROS and RNS production. Surprisingly, of the macrophage genes significantly affected by HCD-exposure, 84 in male and 71 in female mice, only a small fraction, 23% and 27%, respectively, were restored to the level found in mice fed a low-calorie MD diet. These findings suggest that while induction of ROS and RNS may be essential for HCD-induced monocyte priming and macrophage dysfunction, transcriptional reprogramming is not the sole mechanism underlying HCDinduced macrophage reprogramming and dysfunction. Posttranslational modifications of key macrophage proteins induced by HCD feeding, such as protein  $S$ -glutathionylation, may also have a profound and lasting impact on macrophage function, and thus on vascular inflammation and atherogenesis.

Induction and activation of NOX and NOS is likely an early event in HCD-induced macrophage dysfunction and reprogramming. We reported previously that in THP-1 monocyte-like cells, metabolic stress induced by high concentrations of glucose plus native human LDL (HG+LDL) induces Nox4 expression,  $H_2O_2$  formation and actin S-glutathionylation and increases their sensitivity to MCP-1 induced chemotaxis [10]. Overexpression of Nox4 mimicked these effects whereas Nox4 knockdown or

overexpression of Grx1 reversed these effects, supporting the hypothesis that induction and activation of NOX and NOS is an early and necessary event in HCD-induced macrophage reprogramming and dysfunction. Increased production of ROS and RNS in response to nutrient stress likely also accounts for the increase in protein S-glutathionylation we observed in macrophages isolated from HCD-fed atherosclerosis-prone LDLR<sup>-/−</sup> mice [23]. Our redox proteomics data revealed that over 100 macrophage proteins are <sup>S</sup>-glutathionylated in response to HCD-feeding. Because S-glutathionylation can lead to the activation [34] or inactivation of enzymes [11, 19], and in some cases their degradation  $[18–20]$ , the scale of protein S-glutathionylation that occurs in macrophages in response to HCD feeding suggest a major reprogramming of the macrophage proteome. Indeed, here we confirmed that HCD feeding leads to a major increase in protein S-glutathionylation in macrophages, which is prevented in mice overexpressing Grx1 in monocytes and macrophages. This finding further supports our hypothesis that HCDinduced S-glutathionylation and subsequent reprogramming of the macrophage proteome is an early and required step in atherogenesis. Together with our previous findings that hematopoietic overexpression of glutareductase is sufficient to protect mice against HCDinduced atherogenesis demonstrates a central role for the GSH-dependent antioxidant system in protecting macrophages from HCD-induced oxidative stress, dysfunction and reprogramming.

The redox-regulated phosphatase, MKP-1, is central to macrophage biology as this enzyme regulates signaling, polarization, functions and survival [21]. Deletion of MKP-1 mimics the effect of HFD on macrophages, promoting monocyte priming and dysfunction, macrophage reprogramming and dysregulation and accelerating atherogenesis [12, 18]. Under conditions of oxidative stress, MKP-1 is S-glutathionylated on the active site cysteine and subsequently degraded. Overexpression of Grx1 preserved MKP1 activity in macrophages from HCD-fed  $Grx1<sub>Mac</sub>$  mice, suggesting that maintaining MKP-1 activity in macrophages is likely the main mechanism by which increased Grx1 activity in macrophages prevents atherogenesis in mice. By preserving MKP-1 activity, monocyte responsiveness to chemokines is normalized as evidenced by reduced MDM accumulation in MCP-1-loaded Matrigel plugs. Reduced recruitment of MDM in turn explains the reduction of macrophage content in aortic lesions, which likely contributed to reduced plaque size in  $Grx1_{Mac}$  mice. Furthermore, we showed previously that loss of MKP-1 activity enhances the polarization of macrophages into pro-inflammatory or "M1" phenotypes and dampens their conversion into an inflammationresolving or "M2" phenotypes [12]. Thus, by preserving MKP-1 activity, overexpression of Grx1 not only limits the number of MDM recruited into atherosclerotic lesion but also restores their potential to convert into inflammation resolving macrophages.

In summary, our studies demonstrated a critical role for monocytic Grx1 in protecting against atherosclerosis. The two main mechanisms underlying the atheroprotective effects of this thiol transferase involve suppressing the expression of ROS and RNS-generating enzymes and maintaining the thiol redox state of the proteome in these cells. Our findings also suggest that intervention strategies aimed at increasing Grx1 activity may be of significant therapeutic value in the prevention and possibly the treatment of atherosclerosis. Our recent report linking HDAC2 inhibition to increased Grx1 expression and activity in macrophages supports this concept [35].

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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## **Abbreviations:**



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## **Highlights**

- **•** Macrophage-restricted Grx1 overexpression suppresses atherogenesis in LDLR−/− mice.
- **•** Overexpression of Grx1 restores MKP-1 activity in macrophage.
- **•** Overexpression of Grx1 normalizes recruitment of monocyte-derived macrophages.
- **•** Grx1 overexpression partially restores gene profiles of HCD-exposed macrophages.

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**Figure 1: Macrophage-Restricted Overexpression of Grx1 Reduces Atherosclerotic Plaque Size and Macrophage Content in the Vessels.**

A) Grx1 mRNA levels in BMDM isolated from 4 male and 5 female  $EGFP<sub>Mac</sub>$ <sup>tg</sup>  $\bullet$  and 5 male and 5 female Grx1<sub>Mac</sub><sup>tg</sup> mice fed a HCD for 20 weeks. **B**) Quantitation of the aortic lesion area. **C**) Quantitation of the lesion area in the aortic root. **D**) Quantitation of macrophage content in atherosclerotic lesions. Lesion size and macrophage content of lesions was measured in 6 male and 9 female  $EGFP<sub>Mac</sub>$ <sup>tg</sup> ( $\bullet$ ) and 8 male and 11 female Grx1<sub>Mac</sub><sup>tg</sup> mice (•) after 20 weeks on HFD. All data are expressed as mean  $\pm$  SEM. Oneway ANOVA followed by Fisher's Least Significance Difference test was used to compare the mean values between experimental groups.



**Figure 2: Overexpression of Grx1 Restores MKP-1 Activity and Reduces Monocyte Chemotaxis and Recruitment of Monocyte-Derived Macrophages**

**A)** MKP-1 activity in BMDM isolated from 3 male and 3 female C57BL/6 mice fed a MD (•), 4 male and 5 female  $EGFP<sub>Mac</sub>$ <sup>tg</sup> mice (•) and 5 male and 5 female  $Grx1<sub>Mac</sub>$ <sup>tg</sup> mice (•) fed a HCD for 20 weeks. **B**) Recruitment of MDM in vivo determined in 6 male and 9 female EGFP<sub>Mac</sub><sup>tg</sup> (•) and 9 male and 11 female Grx1<sub>Mac</sub><sup>tg</sup> mice (•) fed a HCD for 20 weeks. Monocyte chemotaxis and MDM recruitment was determined using the Matrigel Plug assay as described in "Methods". All data are expressed as mean ± SEM. One-way ANOVA followed by Fisher's Least Significance Difference test was used to compare the mean values between experimental groups.



**Figure 3: Grx1 Overexpression Only Partially Restores Gene Profiles Dysregulated by HCD Feeding in Macrophages Isolated from Male and Female LDLR-Deficient Mice. A)** Heat maps obtained by gene profiling conducted by qRT-PCR using custom-designed Taqman® Array Cards and mRNA isolated from BMDM from randomly selected male and female MD-fed C57BL/6 mice and HCD-fed  $EGFP_{Mac}^{tg}$  and  $Grx1_{Mac}^{tg}$  LDLR-deficient mice as described under "Methods". The 316 genes were grouped by macrophage activation states and metabolic pathways (Table 1). **B+C)** Venn diagrams illustrating the number of genes in BMDM obtained from male and female  $EGFP_{Mac}^{tg}$  mice upregulated  $(\bullet, \bullet)$  or downregulated (•,•) more than 2-fold by HCD feeding.

## **Table 1: Target genes and primers used for targeted gene profiling by qRT-PCR.**

See "Methods" for details.















