

dead space fraction. Accordingly, the ventilatory ratio, a proxy of dead space, performs at least as well as the  $\text{PaO}_2/\text{FiO}_2$  ratio in predicting mortality among patients with COVID-19 with ARDS (8). Di Fenza and colleagues report a subgroup analysis that stratified patients according to ARDS severity, with the greatest benefit appearing in patients with the most severe hypoxemia ( $\text{PaO}_2/\text{FiO}_2$  ratio <100). Because part of the positive effects of NO administration is expected to be related to its vasoactive properties, it would be interesting to assess if NO could provide a significant clinical advantage in patients with a high versus a low ventilatory ratio (i.e., high vs. low alveolar dead space). This *post hoc* analysis, combined with the results stratified according to ARDS severity, may help clinicians identify patients with the highest likelihood of clinical benefit from NO as administered in this important randomized trial. ■

**Author disclosures** are available with the text of this letter at [www.atsjournals.org](http://www.atsjournals.org).

Correspondence and requests for reprints should be addressed to Domenico L. Grieco, M.D., Department of Anesthesiology and Intensive Care Medicine, Catholic University of the Sacred Heart, Fondazione 'Policlinico Universitario A. Gemelli' IRCCS., L. go F. Vito, 00168 Rome, Italy. Email: [dlgrieco@outlook.it](mailto:dlgrieco@outlook.it).

## References

- Di Fenza R, Shetty NS, Gianni S, Parcha V, Giammatteo V, Safae Fakhr B, *et al.*; Nitric Oxide Investigators. High-dose inhaled nitric oxide in acute hypoxemic respiratory failure due to COVID-19: a multicenter phase II trial. *Am J Respir Crit Care Med* 2023;208:1293–1304.
- Adhikari NKJ, Burns KEA, Friedrich JO, Granton JT, Cook DJ, Meade MO. Effect of nitric oxide on oxygenation and mortality in acute lung injury: systematic review and meta-analysis. *BMJ* 2007;334:779.
- Chow C-W, Herrera Abreu MT, Suzuki T, Downey GP. Oxidative stress and acute lung injury. *Am J Respir Cell Mol Biol* 2003;29:427–431.
- Khanduja KL, Kaushik G, Khanduja S, Pathak CM, Laldinpuui J, Behera D. Corticosteroids affect nitric oxide generation, total free radicals production, and nitric oxide synthase activity in monocytes of asthmatic patients. *Mol Cell Biochem* 2011;346:31–37.
- WHO Rapid Evidence Appraisal for COVID-19 Therapies (REACT) Working Group; Sterne JAC, Murthy S, Diaz JV, Slutsky AS, Villar J, Angus DC, *et al.* Association between administration of systemic corticosteroids and mortality among critically ill patients with COVID-19: a meta-analysis. *JAMA* 2020;324:1330–1341.
- Karki R, Sharma BR, Tuladhar S, Williams EP, Zalduondo L, Samir P, *et al.* Synergism of TNF- $\alpha$  and IFN- $\gamma$  triggers inflammatory cell death, tissue damage, and mortality in SARS-CoV-2 infection and cytokine shock syndromes. *Cell* 2021;184:149–168.e17.
- Barbeta E, Motos A, Torres A, Ceccato A, Ferrer M, Cilloniz C, *et al.*; Covid Clinic Critical Care Group. SARS-CoV-2-induced acute respiratory distress syndrome: pulmonary mechanics and gas-exchange abnormalities. *Ann Am Thorac Soc* 2020;17:1164–1168.
- Torres A, Motos A, Riera J, Fernández-Barat L, Ceccato A, Pérez-Arnal R, *et al.*; CIBERESUCICOVID Project (COV20/00110, ISCIII). The evolution of the ventilatory ratio is a prognostic factor in mechanically ventilated COVID-19 ARDS patients. *Crit Care* 2021; 25:331.

Copyright © 2024 by the American Thoracic Society



## Reply to Eleuteri *et al.*: High-Dose Inhaled Nitric Oxide in Acute Hypoxemic Respiratory Failure: Need for Patient Phenotyping?

Naman S. Shetty<sup>1</sup>, Mokshad Gaonkar<sup>1</sup>, Valentina Giammatteo<sup>2,5</sup>, Pankaj Arora<sup>1,6</sup>, and Lorenzo Berra<sup>2,3,4,5,\*†</sup>

<sup>1</sup>Division of Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama; <sup>2</sup>Department of Anesthesia, Critical Care and Pain Medicine, <sup>3</sup>Anesthesia Critical Care Center for Research, and <sup>4</sup>Respiratory Care Services, Massachusetts General Hospital, Boston, Massachusetts; <sup>5</sup>Harvard Medical School, Boston, Massachusetts; and <sup>6</sup>Section of Cardiology, Birmingham Veterans Affairs Medical Center, Birmingham, Alabama

ORCID ID: 0000-0003-2702-2093 (L.B.).

*From the Authors:*

We thank Eleuteri and colleagues for recognizing the importance of our study on the role of high-dose inhaled nitric oxide (iNO) in improving systemic oxygenation in patients with COVID-19 (1). We appreciate the opportunity to engage in a meaningful dialogue about our work and have provided responses to each of the three comments raised by Eleuteri and colleagues.

First, maintaining oxygenation remains the cornerstone of the management of acute respiratory distress syndrome (ARDS). Several large, robust clinical trials support that maneuvers which improve oxygenation are associated with a decreased risk of mortality in patients with ARDS (2–4). Although multiorgan failure contributes significantly to mortality in patients with ARDS, including those with COVID-19, addressing hypoxemia remains a crucial aspect of patient care. It is conceivable that certain subgroups of patients with ARDS, particularly Black patients with nitric oxide cyclic guanosine 3',5'-monophosphate system suppression or those with specific clinical characteristics or phases of ARDS, might derive more substantial advantages from iNO therapy. Exploring these nuances in patient selection and refining treatment protocols could be pivotal in unraveling the full therapeutic potential of iNO.

Second, we agree that NO production is increased in inflammatory conditions through the inducible nitric oxide synthase

Ⓒ This article is open access and distributed under the terms of the Creative Commons Attribution Non-Commercial No Derivatives License 4.0. For commercial usage and reprints, please e-mail Diane Gern ([dgern@thoracic.org](mailto:dgern@thoracic.org)).

\*L.B. and P.A. contributed equally and are considered co-senior authors of this work.

†Dr. Berra filed a patent application on June 7, 2021, for nitric oxide delivery in COVID-19 disease: PCT application number: PCT/US2021/036269.

Supported by the National Heart, Lung, and Blood Institute of the National Institutes of Health awards (R01HL160982, R01HL163852, R01HL163081, and K23HL146887) (P.A.) and by the Reginald Jenney Endowment Chair at Harvard Medical School, Sundry Funds at Massachusetts General Hospital, and laboratory funds of the Anesthesia Center for Critical Care Research of the Department of Anesthesia, Critical Care and Pain Medicine at Massachusetts General Hospital (L.B.).

Originally Published in Press as DOI: 10.1164/rccm.202311-2112LE on December 21, 2023

**Table 1.** Change in Inflammatory Markers at 48 Hours, Stratified by Study Arm

Marker	Group (n)	Unadjusted Analysis			Adjusted Analysis*		
		Mean (95% CI) <sup>†</sup>	Group Difference (95% CI)	P Value	Mean (95% CI) <sup>†</sup>	Group Difference (95% CI)	P Value
CRP	NO (32)	31.8 (-3.5, 67.2)	27.8 (-22.5, 78.2)	0.27	33.8 (1.0, 66.7)	29.6 (-15.1, 74.3)	0.18
	Control (31)	4.0 (-31.9, 39.9)					
Ferritin	NO (30)	-50.2 (-454.1, 353.7)	-24.1 (-605.3, 557.2)	0.93	-176.9 (-587.9, 234.1)	-169.7 (-737.9, 399.4)	0.55
	Control (28)	-26.1 (-444.1, 391.9)					

Definition of abbreviations: CI = confidence interval; CRP = C-reactive protein; NO = nitric oxide.

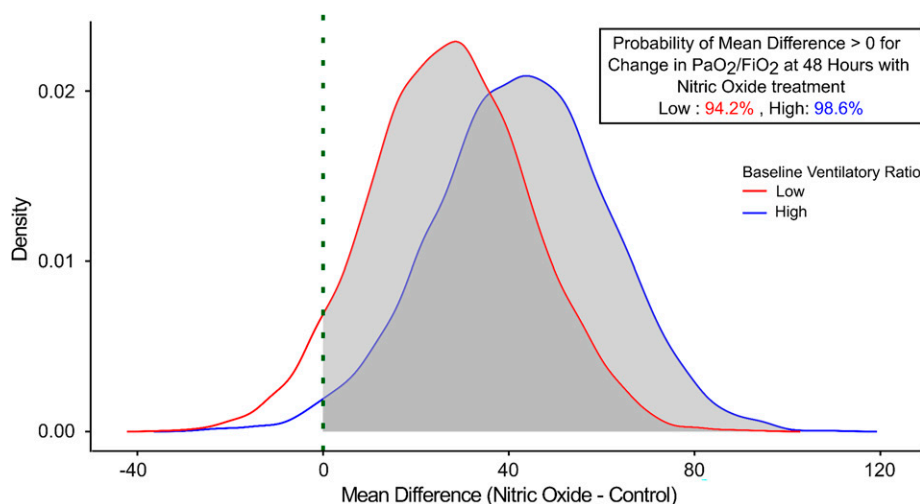
\*Adjusted for age, age<sup>2</sup>, sex, race, and body mass index.

<sup>†</sup>Values depict least squares mean and 95% confidence interval.

pathway (5). This induction of NO synthesis and production of reactive oxygen species in inflammation serves as a mediator of the immune response (5). However, iNO is unlikely to play a role in the inflammatory response because of its rapid degradation (6). On the contrary, iNO has been shown to have potent antiinflammatory action, which improves allograft function after liver transplant (7, 8) and reduces kidney injury in cardiac surgery (8). Specifically, during hemolysis, NO has been shown to react rapidly with plasma-free oxyhemoglobin to form methemoglobin, thereby reducing the oxidative burden (6). This antioxidant action of iNO led to the hypothesis that iNO reduces the risk of postoperative risk of acute kidney injury in cardiac surgery patients in whom cardiopulmonary bypass was used (9). Cardiopulmonary bypass is associated with hemolysis, and the increase in oxyhemoglobin leads to precipitation of acute kidney injury secondary to oxidative damage (9). Administration of iNO was hypothesized to convert oxyhemoglobin into methemoglobin and reduce the risk of postoperative acute kidney injury (9). This randomized controlled trial of 240 patients showed that iNO reduced the risk of postoperative acute kidney injury in cardiac surgery patients by 22% through its hypothesized antioxidant action (9). Furthermore, longitudinal measures of inflammatory markers such as C-reactive protein (CRP) and ferritin were only available in a subset of the current study population. Among the 63 patients with CRP values and 58 patients with ferritin

values, we found that the change in CRP (mean difference by treatment group, 29.6; 95% confidence interval, -15.1, 74.3) and ferritin (mean difference by treatment group, -169.7; 95% confidence interval, -737.9, 399.4) concentrations at 48 hours were similar in both study arms (Table 1). Further studies are needed to assess the role of inflammatory markers in guiding the selection of patients with ARDS who would benefit the most from treatment with iNO therapy.

Third, we agree that COVID-19 ARDS is associated with microvascular thrombosis and microangiopathy, leading to profound perfusion abnormalities, as highlighted in our article (10). We were interested in investigating the impact of iNO on the ventilatory ratio in our trial participants (1). We found that iNO did not improve the ventilatory ratio at 48 hours (1). In addition, we also present a *post hoc* analysis of the effect of iNO on improving oxygenation at 48 hours stratified by the ventilatory ratio. The study population was stratified using the median ventilatory ratio of 1.54 into low ( $n = 42$  in the treatment arm and 48 in the control arm) and high ( $n = 45$  in the treatment arm and 47 in the control arm) ventilatory ratio. We found that the probability that iNO would increase the PaO<sub>2</sub>/FiO<sub>2</sub> ratio at 48 hours was similar in both study groups, at 94.2% in the low ventilatory ratio group and 98.6% in the high ventilatory ratio group (Figure 1). Therefore, patients with severe ARDS (PaO<sub>2</sub>/FiO<sub>2</sub> ratio, <100 mm Hg) may reap the greatest

**Figure 1.** Posterior probability curves for change in PaO<sub>2</sub>/FiO<sub>2</sub> ratio at 48 hours with inhaled nitric oxide therapy stratified by ventilatory ratio.

benefit of iNO therapy, regardless of their ventilatory ratio. Precision phenotyping of ARDS based on various factors, such as clinical, physiological, and molecular markers, to better understand and tailor treatment approaches for specific subtypes or manifestations of the condition is warranted. ■

**Author disclosures** are available with the text of this letter at [www.atsjournals.org](http://www.atsjournals.org).

Correspondence and requests for reprints should be addressed to Lorenzo Berra, M.D., Department of Anesthesia, Critical Care and Pain Medicine, 55 Fruit Street, WHT 434B, Massachusetts General Hospital, Boston, MA 02114. Email: [lberra@mgh.harvard.edu](mailto:lberra@mgh.harvard.edu).

## References

- Di Fenza R, Shetty NS, Gianni S, Parcha V, Giammatteo V, Safaee Fakhr B, et al.; Nitric Oxide Investigators. High-dose inhaled nitric oxide in acute hypoxemic respiratory failure due to COVID-19: a multicenter phase II trial. *Am J Respir Crit Care Med* 2023;208:1293–1304.
- Guérin C, Reignier J, Richard JC, Beuret P, Gacouin A, Boulain T, et al.; PROSEVA Study Group. Prone positioning in severe acute respiratory distress syndrome. *N Engl J Med* 2013;368:2159–2168.
- DesPrez K, McNeil JB, Wang C, Bastarache JA, Shaver CM, Ware LB. Oxygenation saturation index predicts clinical outcomes in ARDS. *Chest* 2017;152:1151–1158.
- Goligher EC, Kavanagh BP, Rubenfeld GD, Adhikari NK, Pinto R, Fan E, et al. Oxygenation response to positive end-expiratory pressure predicts mortality in acute respiratory distress syndrome. A secondary analysis of the LOVS and ExPress trials. *Am J Respir Crit Care Med* 2014;190:70–76.
- Forstermann U, Sessa WC. Nitric oxide synthases: regulation and function. *Eur Heart J* 2012;33:829–837.
- Ichinose F, Roberts JD Jr, Zapol WM. Inhaled nitric oxide: a selective pulmonary vasodilator: current uses and therapeutic potential. *Circulation* 2004;109:3106–3111.
- Lang JD Jr, Smith AB, Brandon A, Bradley KM, Liu Y, Li W, et al. A randomized clinical trial testing the anti-inflammatory effects of preemptive inhaled nitric oxide in human liver transplantation. *PLoS One* 2014;9:e86053.
- Lang JD Jr, Teng X, Chumley P, Crawford JH, Isbell TS, Chacko BK, et al. Inhaled NO accelerates restoration of liver function in adults following orthotopic liver transplantation. *J Clin Invest* 2007;117:2583–2591.
- Lei C, Berra L, Rezoagli E, Yu B, Dong H, Yu S, et al. Nitric oxide decreases acute kidney injury and stage 3 chronic kidney disease after cardiac surgery. *Am J Respir Crit Care Med* 2018;198:1279–1287.
- Villalba JA, Hilburn CF, Garlin MA, Elliott GA, Li Y, Kunitoki K, et al. Vasculopathy and increased vascular congestion in fatal COVID-19 and acute respiratory distress syndrome. *Am J Respir Crit Care Med* 2022;206:857–873.

Copyright © 2024 by the American Thoracic Society



## Erratum: Idiopathic Pulmonary Fibrosis Is Associated with Common Genetic Variants and Limited Rare Variants



In the article by Peljto and colleagues published in the December 15, 2023 issue of the *Journal*, the authors incorrectly assigned sex to a small proportion of subjects in the validation cohort. The corrected data resulted in a change of the sex variable for 74 of 916 cases included in the validation analyses. Since some of the analyses adjusted for sex, there were minor changes to the *P* values reported in the article; there were no changes to the values published for the discovery cohort. The incorrect *P* values appear in the fourth column of Table 2 and the fourth and sixth columns of Table 3. The corresponding *P* values in the RESULTS section have also been updated. The authors state that none of the conclusions of the article have changed.

For the convenience of our readers, the *Journal* is replacing the online version of the article with a corrected version. ■

## Reference

- Peljto AL, Blumhagen RZ, Walts AD, Cardwell J, Powers J, Corte TJ, Dickinson JL, Glaspole I, Moodley YP, Vasakova MK, Bendstrup E, Davidsen JR, Borie R, Crestani B, Dieude P, Bonella F, Costabel U, Gudmundsson G, Donnelly SC, Egan J, Henry MT, Keane MP, Kennedy MP, McCarthy C, McElroy AN, Olaniyi JA, O'Reilly KMA, Richeldi L, Leone PM, Poletti V, Puppo F, Tomassetti S, Luzzi V, Kokturk N, Mogulkoc N, Fiddler CA, Hirani N, Jenkins RG, Maher TM, Molyneaux PL, Parfrey H, Braybrooke R, Blackwell TS, Jackson PD, Nathan SD, Porteous MK, Brown KK, Christie JD, Collard HR, Eickelberg O, Foster EE, Gibson KF, Glassberg M, Kass DJ, Kropski JA, Lederer D, Linderholm AL, Loyd J, Mathai SK, Montesi SB, Noth I, Oldham JM, Palmisciano AJ, Reichner CA, Rojas M, Roman J, Schluger N, Shea BS, Swigris JJ, Wolters PJ, Zhang Y, Prele CMA, Enghelmayer JI, Otaola M, Ryerson CJ, Salinas M, Sterclova M, Gebremariam TH, Myllämiemi M, Carbone RG, Furusawa H, Hirose M, Inoue Y, Miyazaki Y, Ohta K, Ohta S, Okamoto T, Kim DS, Pardo A, Selman M, Aranda AU, Park MS, Park JS, Song JW, Molina-Molina M, Planas-Cerezales L, Westergren-Thorsson G, Smith AV, Manichaikul AW, Kim JS, Rich SS, Oelsner EC, Barr RG, Rotter JI, Dupuis J, O'Connor G, Vasan RS, Cho MH, Silverman EK, Schwarz MI, Steele MP, Lee JS, Yang IV, Fingerlin TE, Schwartz DA. Idiopathic pulmonary fibrosis is associated with common genetic variants and limited rare variants. *Am J Respir Crit Care Med* 2023;207:1194–1202.

Copyright © 2024 by the American Thoracic Society

Ⓢ This article is open access and distributed under the terms of the Creative Commons Attribution Non-Commercial No Derivatives License 4.0. For commercial usage and reprints, please e-mail Diane Gern ([dgern@thoracic.org](mailto:dgern@thoracic.org)).