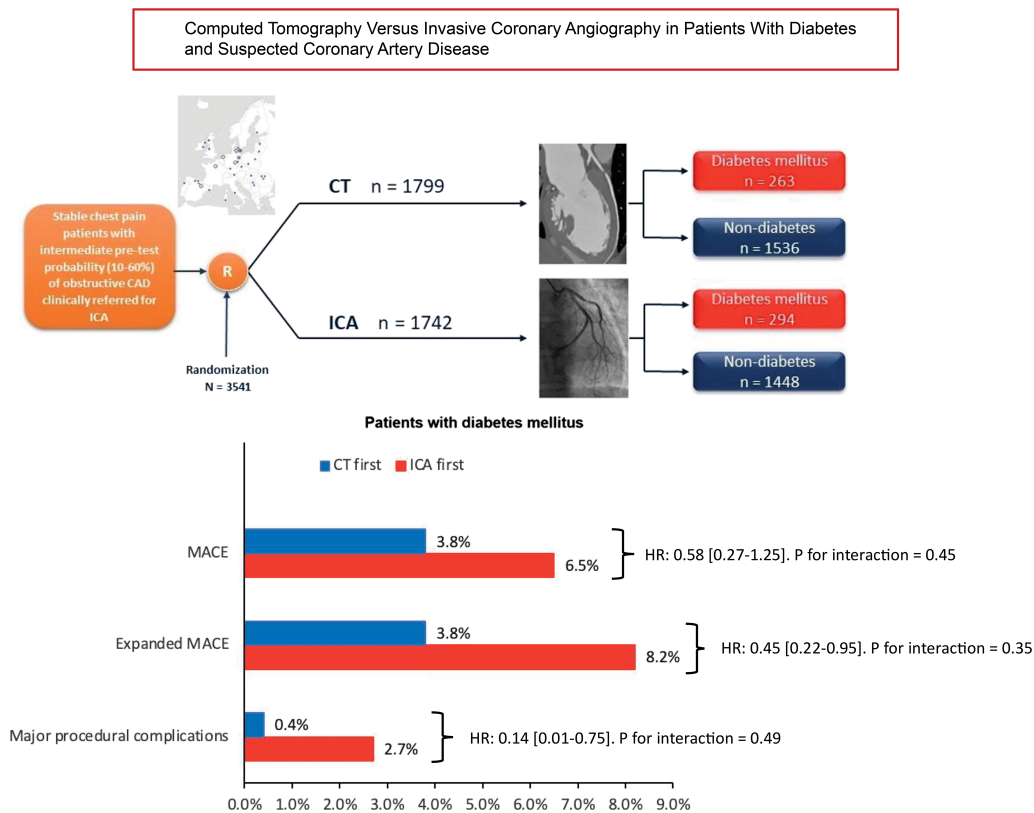


Computed Tomography Versus Invasive Coronary Angiography in Patients With Diabetes and Suspected Coronary Artery Disease

Theodora Benedek, Viktoria Wieske, Bálint Szilveszter, Klaus F. Kofoed, Patrick Donnelly, José Rodríguez-Palomares, Andrejs Erglis, Josef Veselka, Gintarė Sakalytė, Nada Čemerlić Adić, Matthias Gutberlet, Ignacio Diez, Gershon Davis, Elke Zimmermann, Cezary Kępa, Radosav Vidakovic, Marco Francone, Małgorzata Ilnicka-Suckiel, Fabian Plank, Juhani Knuuti, Rita Faria, Stephen Schröder, Colin Berry, Luca Saba, Balazs Ruzsics, Nina Rieckmann, Christine Kubiak, Kristian Schultz Hansen, Jacqueline Müller-Nordhorn, Bela Merkely, Per E. Sigvardsen, Imre Benedek, Clare Orr, Filipa Xavier Valente, Ligita Zvaigzne, Martin Horváth, Antanas Jankauskas, Filip Adić, Michael Woinke, Niall Mulvihill, Iñigo Lecumberri, Erica Thwaite, Michael Laule, Mariusz Kruk, Milica Stefanovic, Massimo Mancone, Donata Kuśmierz, Gudrun Feuchtner, Mikko Pietilä, Vasco Gama Ribeiro, Tanja Drosch, Christian Delles, Marco Melis, Michael Fisher, Melinda Boussoussou, Charlotte Kragelund, Rosca Aurelian, Stephanie Kelly, Bruno Garcia del Blanco, Ainhoa Rubio, Mihály Károlyi, Jens D. Hove, Ioana Rodean, Susan Regan, Hug Cuéllar Calabria, László Gellér, Linnea Larsen, Roxana Hodas, Adriane E. Napp, Robert Haase, Sarah Feger, Mahmoud Mohamed, Lina M. Serna-Higuaita, Konrad Neumann, Henryk Dreger, Matthias Rief, John Danesh, Melanie Estrella, Maria Bosserd, Peter Martus, Jonathan D. Dodd, and Marc Dewey

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CAD, coronary artery disease; CT, computed tomography; HR, hazard ratio; ICA, invasive coronary angiography; MACE, major adverse cardiac event.

ARTICLE HIGHLIGHTS

- In patients with diabetes, the optimal initial test for investigating stable chest pain remains unclear.
- This study investigated whether cardiac computed tomography (CT) is as effective and safe as invasive coronary angiography (ICA) in patients with diabetes referred for ICA.
- After 3.5 years, patients with diabetes had fewer expanded major adverse cardiac events and major procedure-related complications with the CT-first strategy.
- In patients with diabetes referred for ICA, CT as the initial test may be both effective and safer.



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OBJECTIVE

To compare cardiac computed tomography (CT) with invasive coronary angiography (ICA) as the initial strategy in patients with diabetes and stable chest pain.

RESEARCH DESIGN AND METHODS

This prespecified analysis of the multicenter DISCHARGE trial (NCT02400229) in 16 European countries was performed in patients with stable chest pain and intermediate pretest probability of coronary artery disease. The primary end point was a major adverse cardiac event (MACE) (cardiovascular death, nonfatal myocardial infarction, or stroke), and the secondary end point was expanded MACE (including transient ischemic attacks and major procedure-related complications).

RESULTS

Follow-up at a median of 3.5 years was available in 3,541 patients of whom 557 (CT group $n = 263$ vs. ICA group $n = 294$) had diabetes and 2,984 (CT group $n = 1,536$ vs. ICA group $n = 1,448$) did not. No statistically significant diabetes interaction was found for MACE ($P = 0.45$), expanded MACE ($P = 0.35$), or major procedure-related complications ($P = 0.49$). In both patients with and without diabetes, the rate of MACE did not differ between CT and ICA groups. In patients with diabetes, the expanded MACE end point occurred less frequently in the CT group than in the ICA group (3.8% [10 of 263] vs. 8.2% [24 of 294], hazard ratio [HR] 0.45 [95% CI 0.22–0.95]), as did the major procedure-related complication rate (0.4% [1 of 263] vs. 2.7% [8 of 294], HR 0.30 [95% CI 0.13 – 0.63]).

CONCLUSIONS

In patients with diabetes referred for ICA for the investigation of stable chest pain, a CT-first strategy compared with an ICA-first strategy showed no difference in MACE and may potentially be associated with a lower rate of expanded MACE and major procedure-related complications.

The incidence of diabetes is increasing worldwide, with cardiovascular disease representing the leading cause of morbidity and mortality (1). Patients with diabetes have up to two times as high a risk of developing cardiovascular disease than patients without diabetes (2,3). Moreover, diabetes is associated with a higher incidence of complex coronary artery disease (CAD), including left main or multivessel disease, calcified plaques, and high-risk anatomy (4,5). Diabetes is associated with progression of CAD, doubling cardiovascular risk and reducing average life expectancy by 4–6 years (6).

Theodora Benedek,^{1,2} Viktoria Wieske,³
 Bálint Szilveszter,⁴ Klaus F. Kofoed,^{5,6}
 Patrick Donnelly,⁷
 José Rodríguez-Palomares,^{8,9}
 Andrejs Erglis,¹⁰ Josef Veselka,¹¹
 Gintarė Šakalytė,¹² Nada Čemerlić Adić,^{13,14}
 Matthias Gutberlet,¹⁵ Ignacio Diez,¹⁶
 Gershan Davis,^{17,18} Elke Zimmermann,²
 Cezary Kepka,¹⁹ Radosav Vidakovic,^{20,21}
 Marco Francone,^{22,23}
 Małgorzata Ilnicka-Suckiel,²⁴
 Fabian Plank,²⁵ Juhani Knuuti,²⁶
 Rita Faria,²⁷ Stephen Schröder,²⁸
 Colin Berry,^{29,30} Luca Saba,³¹
 Balazs Ruzsics,^{32,33} Nina Rieckmann,³⁴
 Christine Kubiak,³⁵ Kristian Schultz Hansen,³⁶
 Jacqueline Müller-Nordhorn,³⁷
 Bela Merkely,⁴ Per E. Sigvardsen,^{5,6}
 Imre Benedek,³⁸ Clare Orr,⁷
 Filipa Xavier Valente,^{8,9} Ligita Zvaigzne,¹⁰
 Martin Horváth,¹¹ Antanas Jankauskas,¹²
 Filip Adić,^{13,14} Michael Woinke,¹⁵
 Niall Mulvihill,^{39,40} Iñigo Lecumberri,¹⁶
 Erica Thwaite,^{17,18} Michael Laule,⁴¹
 Mariusz Kruk,¹⁹ Milica Stefanovic,²⁰
 Massimo Mancone,^{22,23} Donata Kuśmierz,⁴²
 Gudrun Feuchtner,⁴³ Mikko Pietilä,^{26,44}
 Vasco Gama Ribeiro,²⁷ Tanja Drosch,²⁸
 Christian Delles,²⁹ Marco Melis,²²
 Michael Fisher,^{32,33,45} Melinda Boussousou,⁴
 Charlotte Kragelund,⁵ Rosca Aurelian,⁴⁶
 Stephanie Kelly,⁷ Bruno Garcia del Blanco,^{8,9}
 Ainhoa Rubio,¹⁶ Mihály Károlyi,⁴
 Jens D. Hove,^{47,48} Ioana Rodean,³⁸
 Susan Regan,⁷ Hug Cuéllar Calabria,⁴⁹
 László Gellér,⁴ Linnea Larsen,⁵⁰
 Roxana Hodas,¹ Adriane E. Napp,³
 Robert Haase,³ Sarah Feger,³
 Mahmoud Mohamed,³
 Lina M. Serna-Higuita,⁵¹
 Konrad Neumann,⁵² Henryk Dreger,^{41,53}
 Matthias Rief,³ John Danesh,⁵⁴
 Melanie Estrella,³ Maria Bosserdt,³
 Peter Martus,⁵¹ Jonathan D. Dodd,^{40,55} and
 Marc Dewey^{3,53,56,57,58}

¹Department of Internal Medicine, Clinic of Cardiology, George Emil Palade University of Medicine, Pharmacy, Science and Technology, Targu Mures, Romania

²County Clinical Emergency Hospital Targu Mures, Targu Mures, Romania

³Department of Radiology, Charité–Universitätsmedizin Berlin, Freie Universität Berlin and Humboldt-Universität zu Berlin, Berlin, Germany

The reference standard for diagnosing obstructive CAD is invasive coronary angiography (ICA), which has the advantage of allowing coronary revascularization to be performed in the same session as the ICA. However, the International Study of Comparative Health Effectiveness With Medical and Invasive Approaches (ISCHEMIA) found that compared with noninvasive (conservative) management, invasive management did not improve clinical outcomes in patients with diabetes and CAD (7,8). Rare, but serious procedural complications during ICA include cardiovascular death and myocardial infarction (9). Computed tomography (CT) has emerged as an accurate and safe first-line imaging test compared with stress test-

ing or ICA for the diagnosis of obstructive CAD in symptomatic patients with diabetes and chest pain (10,11). In the Prospective Multicenter Imaging Study for Evaluation of Chest Pain (PROMISE), a CT strategy reduced the risk of cardiovascular death and myocardial infarction in patients with diabetes (1.1% vs. 2.6%) but not in those without diabetes (1.4% vs. 1.3%) compared with a functional testing strategy at 3.5 years of follow-up (11). There is little randomized evidence comparing a CT-first with an ICA-first strategy for patients with diabetes referred for ICA for the investigation of stable chest pain. The recently published Diagnostic Imaging Strategies for Patients With Stable Chest Pain and

Intermediate Risk of Coronary Artery Disease (DISCHARGE) trial compared CT and ICA and found that major adverse cardiac events (MACE) were similar in both strategies and that major procedure-related complications were lower with the CT-first strategy (12). The objective of the current analysis was to evaluate the comparative effectiveness and safety of CT versus ICA in the investigation of patients with diabetes with stable chest pain referred for ICA.

RESEARCH DESIGN AND METHODS

Trial Design and Patients

Patients with stable chest pain and at least 30 years of age who were clinically referred

⁴Heart and Vascular Center, Semmelweis University, Budapest, Hungary

⁵Department of Cardiology, Nordsjællands Hospital, University of Copenhagen, Hillerød, Denmark

⁶Department of Radiology, Copenhagen University Hospital—Rigshospitalet and Department of Clinical Medicine, Faculty of Health and Medical Sciences, University of Copenhagen, Copenhagen, Denmark

⁷Department of Cardiology, Southeastern Health and Social Care Trust, Belfast, U.K.

⁸Department of Cardiology, Hospital Universitari Vall d'Hebron, Institut de Recerca, Universitat Autònoma de Barcelona, Barcelona, Spain

⁹Centro de Investigación Biomedica en Red, CIBERCV, Madrid, Spain

¹⁰Department of Cardiology, Paul Stradins Clinical University Hospital, University of Latvia, Riga, Latvia

¹¹Department of Cardiology, Motol University Hospital, Prague, Czech Republic

¹²Department of Cardiology, Hospital of Lithuanian University of Health Sciences Kaunas Clinics, Cardiology Institute, Lithuanian University of Health Sciences, Kaunas, Lithuania

¹³Faculty of Medicine, University of Novi Sad, Novi Sad, Serbia

¹⁴Department of Cardiology, Institute for Cardiovascular Diseases of Vojvodina, Novi Sad, Serbia

¹⁵Department of Radiology, University of Leipzig Heart Centre, Leipzig, Germany

¹⁶Department of Cardiology, Basurto Hospital, Bilbao, Spain

¹⁷Department of Cardiology, Aintree University Hospital, Liverpool, U.K.

¹⁸Edge Hill University, Ormskirk, U.K.

¹⁹National Institute of Cardiology, Warsaw, Poland

²⁰Department of Cardiology, Internal Medicine Clinic, Clinical Hospital Center Zemun, Belgrade, Serbia

²¹Faculty of Medicine, University of Belgrade, Belgrade, Serbia

²²Department of Radiological Sciences, Sapienza University of Rome, Italy

²³Department of Biomedical Sciences, Humanitas University, and IRCCS Humanitas Research Hospital, Milan, Italy

²⁴Department of Cardiology, Provincial Specialist Hospital in Wrocław, Wrocław, Poland

²⁵Department of Internal Medicine III, Department of Cardiology, Innsbruck Medical University, Innsbruck, Austria

²⁶Turku PET Centre, Turku University Hospital and University of Turku, Turku, Finland

²⁷Department of Cardiology, Centro Hospitalar de Vila Nova de Gaia-Espinho, Vila Nova de Gaia, Portugal

²⁸Department of Cardiology, Alb Fils Kliniken, Göppingen, Germany

²⁹School of Cardiovascular and Metabolic Health, University of Glasgow, Glasgow, U.K.

³⁰Golden Jubilee National Hospital, Clydebank, U.K.

³¹Department of Radiology, Azienda Ospedaliero Universitaria, Cagliari, Italy

³²Department of Cardiology, Liverpool University Hospital NHS Foundation Trust, Liverpool, U.K.

³³Institute for Cardiovascular Medicine and Science, Liverpool Heart and Chest Hospital, Liverpool, U.K.

³⁴Institute of Public Health, Charité—Universitätsmedizin Berlin, Freie Universität Berlin and Humboldt-Universität zu Berlin, Berlin, Germany

³⁵European Clinical Research Infrastructure Network-European Research Infrastructure Consortium, Paris, France

³⁶Department of Public Health, Section for Health Services Research, University of Copenhagen, Copenhagen, Denmark

³⁷Bavarian Cancer Registry, Bavarian Health and Food Safety Authority, Munich, Germany

³⁸Center of Advanced Research in Multimodality Cardiac Imaging, CardioMed Medical Center, Targu Mures, Romania

³⁹Department of Cardiology, St. Vincent's University Hospital, Dublin, Ireland

⁴⁰School of Medicine, University College Dublin, Dublin, Ireland

⁴¹Deutsches Herzzentrum der Charité, Department of Cardiology, Angiology and Intensive Care Medicine, Campus Charité Mitte, Berlin, Germany

⁴²Department of Radiology, Provincial Specialist Hospital in Wrocław, Wrocław, Poland

⁴³Department of Radiology, Innsbruck Medical University, Innsbruck, Austria

⁴⁴Administrative Centre, Health Care District of Southwestern Finland, Turku, Finland

⁴⁵Faculty of Health and Life Sciences, University of Liverpool, Liverpool, U.K.

⁴⁶Department of Cardiology, George Emil Palade University of Medicine, Pharmacy, Science and Technology, Targu Mures, Romania

⁴⁷Department of Cardiology, Copenhagen University Hospital—Amager and Hvidovre, Hvidovre, Denmark

⁴⁸Department of Clinical Medicine, University of Copenhagen, Copenhagen, Denmark

⁴⁹Department of Radiology, Institut de Diagnòstic per la Imatge, Hospital Universitari Vall d'Hebron, Institut de Recerca Vall d'Hebron, Universitat Autònoma de Barcelona, Barcelona, Spain

⁵⁰Department of Cardiology, Herlev-Gentofte Hospital, Hellerup, Denmark

⁵¹Department of Clinical Epidemiology and Applied Biostatistics, Universitätsklinikum Tübingen, Tübingen, Germany

⁵²Institute of Biometry and Clinical Epidemiology, Charité—Universitätsmedizin Berlin, Freie Universität Berlin and Humboldt-Universität zu Berlin, Berlin, Germany

⁵³German Centre for Cardiovascular Research (DZHK), Partner Site, Berlin, Germany

⁵⁴Department of Public Health and Primary Care at Cambridge University, Cambridge, U.K.

⁵⁵Department of Radiology, St. Vincent's University Hospital, Dublin, Ireland

⁵⁶Berlin Institute of Health at Charité—Universitätsmedizin Berlin, Berlin, Germany

⁵⁷Berlin University Alliance, Berlin, Germany

⁵⁸Deutsches Herzzentrum der Charité (DHZC), Berlin, Germany

Corresponding author: Jonathan D. Dodd, jonniedodd@gmail.com

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T.B. and V.W. contributed equally as first authors.

J.D.D. and M.D. contributed equally as last authors.

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for ICA were included in this investigator-led, prospective, pragmatic, multicenter, randomized controlled trial and were available for this prespecified subgroup analysis (12). Details of enrollment, randomization, overall trial design methods and main results have been previously published (12,13). Briefly, symptomatic patients referred for ICA with an intermediate pretest probability (10–60%) of CAD were randomized to either CT or ICA as the first-line test for diagnostic investigation. Clinical referral for ICA followed European Society of Cardiology guidelines during the trial (14,15). Exclusion criteria were hemodialysis treatment, no sinus rhythm, pregnancy, or other relevant medical conditions that represented concern for study inclusion. The study was conducted at 26 sites in 16 European countries, and patients were recruited from October 2015 to April 2019. Written informed consent was provided by all patients, and ethical approval was obtained from the ethics committee at Charité–Universitätsmedizin Berlin as the coordinating center, the German Federal Office for Radiation Protection, and the local or national ethics committees for each site participating in the trial. The trial was prospectively registered at ClinicalTrials.gov (NCT02400229) on 15 January 2015. Patients were randomly assigned in a 1:1 ratio to undergo either CT or ICA with the use of a web-based system to ensure concealment of group assignments after eligibility criteria had been checked. Block randomization used computer-generated and randomly permuted blocks of 4, 6, or 8 stratified according to center and the patient's sex with central assignment. A patient flowchart is presented in Supplementary Fig. 1.

Obstructive CAD was defined as $\geq 50\%$ coronary artery luminal diameter stenosis. High-risk anatomy CAD was defined as three-vessel CAD, left main coronary artery stenosis, proximal left anterior descending coronary artery stenosis, or any combination of these. As per the pragmatic trial design, while clinical sites were provided with management recommendations for contemporary treatment of cardiovascular disease (15), management decisions were made by local heart team members and referring physicians at each study site. For both randomization strategies, patients without obstructive CAD were discharged back to the referring physician, and patients with obstructive CAD were managed according to guidelines (16,17). The physical

component summary of the 12-Item Short Form Health Survey (version 2) was recorded at the time of randomization.

Outcomes

The primary study end point of effectiveness, MACE, was prespecified and defined as cardiovascular death, nonfatal myocardial infarction, or nonfatal stroke. Patients were followed up using a predefined structured questionnaire 48 h following the last study-related test, after 1 year, and finally for a maximum of up to 5 years for assessment of the primary study end point as well as detailed clinical information. Possible adverse cardiovascular events were adjudicated by independent assessors blinded to study group assignment.

Key secondary end points of effectiveness were an expanded MACE composite, including cardiovascular death, nonfatal myocardial infarction, nonfatal stroke, transient ischemic attack (TIA), and major procedure-related complications, and major procedure-related complications alone. Major procedure-related complications were defined as complications occurring during or within 48 h after a procedure (CT or ICA or related tests) and included death, nonfatal myocardial infarction, nonfatal stroke, further complications prolonging hospital admission by at least 24 h, dissection (coronary, aortic), cardiogenic shock, cardiac tamponade, retroperitoneal bleeding, cardiac arrhythmia (ventricular tachycardia, ventricular fibrillation), and cardiac arrest. Complications were classified according to the NCDR CathPCI Registry v4.4 Coder's Data Dictionary. We did not differentiate patients with type 1 and type 2 diabetes in statistical analysis because of the low number of participants with type 1 disease in the trial cohort, precluding statistical comparisons. MACE and extended MACE were the effectiveness outcomes, and major procedure-related complications were the safety outcome.

Statistical Analysis

All analyses were performed as an intention-to-treat population. Categorical variables were reported as numbers and percentages. Continuous variables were reported as mean \pm SD or median with interquartile range (IQR), as appropriate. Independent sample Student *t* test was used to compare continuous variables that satisfied normality, while nonnormally

distributed continuous variables were analyzed using the Mann-Whitney *U* test. Categorical variables were compared using χ^2 test (or Fisher exact test as appropriate), and ordinal variables were compared using linear-by-linear association testing. Cumulative curves of MACE and expanded MACE were calculated using Kaplan-Meier estimates.

Primary and secondary outcomes were analyzed using subdistribution Cox proportional hazards models with Fine and Gray adjustment for competing risks. Noncardiovascular death and unknown causes of death were considered as competing-risk events (as was cardiovascular death for nonfatal outcomes). A multivariable model was used to evaluate the heterogeneity of CT and ICA effects across patients with and without diabetes. The model included the following variables: diabetes/no diabetes, randomization groups (CT vs. ICA), and the interaction term CT/ICA * diabetes. A *P* value for interaction < 0.05 was considered significant. If a significant interaction was observed, further evaluation across the two predefined subgroups (patients with and without diabetes) was performed, adjusting for multiplicity to avoid type I error (Bonferroni factor 2 for two groups). Results were reported as hazard ratios (HRs) and 95% CIs. The Schoenfeld test was used to confirm the proportionality assumption required for Cox proportional hazards modeling. Follow-up was defined as the period from randomization until the occurrence of an outcome or otherwise censored at death (noncardiovascular events and unknown causes of death), loss to follow-up, or end of study. Although a patient could experience more than one MACE component, each patient was assessed until the occurrence of the first event. Binary logistic regression analysis was performed to evaluate the secondary end point of major procedure-related complications. A multivariable model was used to evaluate whether the odds ratio (OR) differed between the CT and ICA groups among patients with diabetes. Interaction and intervention between diabetes groups was also included. ORs and 95% CIs were estimated.

The statistical analysis was performed using SAS 9.4 software (SAS Institute Inc.), SPSS for Windows version 26 (IBM Corporation), and the statistical programming language R version 4.0.3. Statistical significance was assumed for a two-sided *P* < 0.05 .

Data and Resource Availability

A data sharing statement provided by the authors is available in the Supplementary Material.

RESULTS

Baseline Patient Characteristics

Among 3,561 eligible patients from the main analysis cohort, 3,541 with complete data on diabetes were included in this prospectively defined subgroup analysis. Baseline characteristics of the study population stratified by presence of diabetes and initial test strategy (CT vs. ICA) are presented in Table 1 (additional patient characteristics can be found in Supplementary Tables 1 and 2). Diabetes was reported in 557 of 3,541 (15.7%) patients (CT group $n = 263$ vs. ICA group $n = 294$), and no diabetes in 2,984 of 3,541 (84.3%) patients (CT group $n = 1,536$ vs. ICA group $n = 1,448$). The subgroup analysis included 1,990 women (56.2%), with the distribution among women being non-significant between those with diabetes versus without diabetes and for the CT strategy versus ICA strategy. Mean age was higher in patients with diabetes (62.9 ± 8.9 years) versus without diabetes (59.6 ± 10.2 years, $P < 0.001$), which also held true for subgroups with initial CT- versus ICA-first strategies. Arterial hypertension (diabetes 81.7% vs. without diabetes 55.8%), hyperlipidemia (diabetes 63.7% vs. without diabetes 45.1%), peripheral artery disease (diabetes 2.9% vs. without diabetes 1.1%), and TIAs (diabetes 3.8% vs. without diabetes 1.5%) were more frequent in patients with diabetes. Patients with diabetes had a higher mean BMI than patients without diabetes (31.1 ± 5.8 vs. 28.4 ± 4.92 kg/m², $P < 0.001$) and a lower physical component score (42.0 ± 9.35 vs. 44.1 ± 9.12 , $P < 0.001$).

Initial Strategy Findings and Subsequent Management

Supplementary Table 3 shows initial test findings by CT or ICA, frequency of CT and ICA performed during initial management, procedural details, and revascularization in patients with and without diabetes. In both patient groups, CT was associated with a significantly shorter time from enrollment to initial test (3 vs. 8 days for patients with diabetes [$P < 0.001$] and 4 vs. 12 days for patients without diabetes [$P < 0.001$]). In the ICA group, a higher

proportion of patients with diabetes had angiographic evidence of obstructive CAD (112 [38.1%] vs. 94 [35.7%], $P < 0.001$). The proportion of patients who had a percutaneous coronary intervention (PCI) during initial management was similar in the CT and ICA groups. In contrast, in patients without diabetes, the proportion of patients treated by PCI was higher in the ICA strategy, although obstructive CAD was more frequent in patients examined by CT.

Primary Outcomes

At a median follow-up of 3.5 years (IQR 2.9–4.2), the primary end point MACE occurred in 29 patients (5.2%) with diabetes and 60 (2.0%) without diabetes (HR 2.47 [95% CI 1.56–3.91]) (Table 2 and Supplementary Table 4), with no significant interaction between diabetes groups and initial CT versus initial ICA strategy on MACE (P for interaction = 0.45). The HR for MACE with the CT strategy compared with the ICA strategy was 0.58 (95% CI 0.27–1.25) for patients with diabetes and 0.83 (95% CI 0.50–1.37) for patients without diabetes (Fig. 1). Figure 2 presents the time-to-event curves for MACE (Fig. 2A) and expanded MACE (Fig. 2B), and cumulative incidence of MACE and expanded MACE during follow-up is presented in Supplementary Tables 3 and 4. The results for the individual components of the primary end point MACE are shown in Table 2.

Secondary Outcomes

The expanded MACE composite of cardiovascular death, nonfatal myocardial infarction, nonfatal stroke, TIA, or major procedure-related complication occurred with similar frequency in patients with and without diabetes (Table 2 and Supplementary Table 5). The interaction between diabetes and study group for the expanded MACE composite was not significant (P for interaction = 0.35). We performed a further subgroup analysis stratified by diabetes. In patients with diabetes, the expanded MACE composite end point occurred less frequently in the CT group than in the ICA group (3.8% [10 of 263] vs. 8.2% [24 of 294], HR 0.45 [95% CI 0.22–0.95]) (Table 2). In patients without diabetes, the expanded MACE composite was similar in the CT and ICA groups (Table 2). Rates of secondary additional composite end points, such as

vascular death or myocardial infarction and cardiac death or myocardial infarction, were similar for the two test strategies in patients with and without diabetes (Table 2).

Major procedure-related complications occurred with similar frequency in patients with and without diabetes (Table 2 and Supplementary Table 6). We found no significant interaction between diabetes and study group for major procedure-related complications (P for interaction = 0.49). In patients with diabetes and without diabetes, the risk of having a major procedure-related complication was lower in the CT group than in the ICA group (0.4% [1 of 263] vs. 2.7% [8 of 294], HR 0.14 [95% CI 0.01–0.75] and 0.5% [8 of 1,536] vs. 1.7% [25 of 1448], HR 0.30 [95% CI 0.13–0.63]). Most major procedure-related complications were observed in relation to ICA procedures, and the frequency was highest in patients with diabetes undergoing ICA with PCI (Supplementary Table 7).

CONCLUSIONS

This prespecified subgroup analysis of the DISCHARGE trial, a prospective, multicenter, European study, aimed to assess the efficacy and safety of a CT-first strategy compared with an ICA-first strategy in patients with stable chest pain and diabetes who were referred for ICA because of suspected obstructive CAD. The analysis, which included 3,541 patients, yielded several noteworthy findings. First, there was no statistically significant difference in the occurrence of MACE at a median follow-up of 3.5 years between the CT-first and ICA-first strategies in patients with diabetes. This finding suggests that initiating the diagnostic pathway with CT is not inferior to proceeding directly to ICA in terms of MACE rates for symptomatic patients with diabetes referred for ICA. Second, the analysis demonstrated that the expanded MACE composite, which included MACE plus major procedure-related complications and TIAs, occurred less frequently in patients with diabetes who underwent the CT-first strategy. Using CT as the initial diagnostic modality may be associated with a reduced risk of adverse cardiovascular events in this specific patient population. Third, the analysis revealed a lower rate of major procedure-related complications in both patients with and without diabetes who underwent

Table 1—Baseline characteristics by diabetes group and initial test strategy

Characteristic	Diabetes			No diabetes					
	Diabetes (n = 557)	No diabetes (n = 2,984)	P	CT (n = 263)	ICA (n = 294)	P	CT (n = 1,536)	ICA (n = 1,448)	P
Age, years, mean (SD)	62.9 (9.0)	59.6 (10.2)	<0.001 (TT)	62.5 (9.0)	63.3 (8.9)	0.27 (TT)	59.8 (10.4)	59.4 (10.1)	0.28 (TT)
Sex, n (%)			0.74 (X)			0.62 (X)			0.78 (X)
Female	309 (55.5)	1,681 (56.3)		143 (54.4)	166 (56.5)		869 (56.6)	812 (56.1)	
Male	248 (44.5)	1,303 (43.7)		120 (45.6)	128 (43.5)		667 (43.4)	636 (43.9)	
Pretest probability, mean ± SD†	39.6 ± 10.4	37.3 ± 10.8	<0.001 (TT)	39.2 ± 10.6	40.0 ± 10.2	0.36 (TT)	37.1 ± 10.9	37.5 ± 10.7	0.26 (TT)
Type of chest pain, n (%)			0.91 (X)			0.25 (X)			0.06 (X)
Typical angina	76 (13.6)	426 (14.3)		33 (12.5)	43 (14.6)		198 (12.9)	228 (15.7)	
Atypical angina	264 (47.4)	1,377 (46.1)		122 (46.4)	142 (48.3)		716 (46.6)	661 (45.6)	
Nonanginal chest pain	204 (36.6)	1,100 (36.9)		100 (38.0)	104 (35.4)		575 (37.4)	525 (36.3)	
Other chest pain	13 (2.3)	81 (2.7)		8 (3.0)	5 (1.7)		47 (3.1)	34 (2.3)	
Cardiovascular risk factors, n (%)									
Arterial hypertension	455 (81.7)	1,665 (55.8)	<0.001 (X)	212 (80.6)	243 (82.7)	0.53 (X)	890 (57.9)	775 (53.5)	0.01 (X)
Hyperlipidemia	355 (63.7)	1,346 (45.1)	<0.001 (X)	164 (62.4)	191 (65.0)	0.52 (X)	707 (46.0)	639 (44.1)	0.30 (X)
Peripheral artery disease	16 (2.9)	32 (1.1)	0.002 (X)	5 (1.9)	11 (3.7)	0.19 (X)	19 (1.2)	13 (0.9)	0.37 (X)
Valve disease	23 (4.1)	166 (5.6)	0.19 (X)	11 (4.2)	12 (4.1)	0.95 (X)	83 (5.4)	83 (5.7)	0.67 (X)
Stroke	20 (3.6)	71 (2.4)	0.13 (X)	10 (3.8)	10 (3.4)	0.8 (X)	37 (2.4)	34 (2.3)	0.91 (X)
TIA	21 (3.8)	46 (1.5)	<0.001 (X)	9 (3.4)	12 (4.1)	0.68 (X)	23 (1.5)	23 (1.6)	0.84 (X)
Prolonged ischemic neurological deficit	0 (0)	5 (0.2)	0.99 (Fis)	0 (0)	0 (0)	NA	2 (0.1)	3 (0.2)	0.37 (Fis)
Carotid artery disease	20 (3.6)	62 (2.1)	0.04 (X)	9 (3.4)	11 (3.7)	0.84 (X)	29 (1.9)	33 (2.3)	0.45 (X)
Family history of premature CAD (female)	100 of 309 (32.4)	558 of 1,681 (33.2)	0.78 (X)	43 of 143 (30.1)	57 of 166 (34.3)	0.42 (X)	278 of 869 (32.0)	280 of 812 (34.5)	0.29 (X)
Chronic obstructive pulmonary disease	31 (5.6)	122 (4.1)	0.14 (X)	15 (5.7)	16 (5.4)	0.89 (X)	57 (3.7)	65 (4.5)	0.28 (X)
Cigarette smoking, n (%)			0.10 (X)			0.18			0.40
Current	84 (15.1)	558 (18.7)		51 (19.4)	33 (11.2)		291 (18.9)	267 (18.4)	
Former	189 (33.9)	929 (31.1)		80 (30.4)	109 (37.1)		457 (29.8)	472 (32.6)	
Never	268 (48.1)	1,401 (47.0)		123 (46.8)	145 (49.3)		738 (48.0)	663 (45.8)	
Missing data	16 (2.9)	96 (3.2)	NA	9 (3.4)	7 (2.4)		50 (3.3)	46 (3.2)	
BMI, kg/m ² , mean ± SD	31.1 ± 5.8	28.4 ± 4.9	<0.001 (TT)	31.2 ± 6.2	31.0 ± 5.5	0.68 (TT)	28.5 ± 4.9	28.3 ± 4.9	0.29 (TT)
Missing data, n (%)	16 (2.9)	77 (2.6)	NA	11 (4.2)	5 (1.7)		48 (3.1)	29 (2.0)	

X, χ^2 test; Fis, Fisher exact test; LL, linear-by-linear association test; NA, not applicable; TT, independent sample t test. †Calculated pretest probability of CAD obtained using an automated calculation tool, integrated into a web-based system of the electronic case report forms, which applied an updated model of the Diamond and Forrester method using patient age, sex, and the type of stable chest pain.

Table 2—Primary and secondary end points adjusted for diabetes and initial testing strategy (CT vs. ICA)

End point	Diabetes (n = 557)			No diabetes (n = 2,984)			P for interaction†
	CT (n = 263)	ICA (n = 294)	Effect size* (95% CI)	CT (n = 1,536)	ICA (n = 1,448)	Effect size* (95% CI)	
MACE	10 (3.8)	19 (6.5)	0.58 (0.27–1.25)	28 (1.8)	32 (2.2)	0.83 (0.50–1.37)	0.45
Nonfatal myocardial infarction	8 (3.0)	7 (2.4)	1.28 (0.46–3.53)	15 (1.0)	12 (0.8)	1.18 (0.55–2.51)	0.89
Nonfatal stroke	1 (0.4)	8 (2.7)	0.14 (0.02–1.09)	9 (0.6)	12 (0.8)	0.71 (0.30–1.68)	0.15
Cardiovascular death	2 (0.8)	5 (1.7)	0.43 (0.08–2.27)	5 (0.3)	9 (0.6)	0.52 (0.18–1.57)	0.86
Expanded MACE	10 (3.8)	24 (8.2)	0.45 (0.22–0.95)	40 (2.6)	55 (3.8)	0.68 (0.45–1.02)	0.35
Vascular death or myocardial infarction	9 (3.4)	9 (3.1)	1.11 (0.44–2.81)	16 (1.0)	14 (1.0)	1.07 (0.52–2.20)	0.94
Cardiac death or myocardial infarction	9 (3.4)	10 (3.4)	1.01 (0.41–2.48)	18 (1.2)	19 (1.3)	0.89 (0.47–1.70)	0.83
All-cause death, myocardial infarction, or stroke	16 (6.1)	28 (9.5)	0.63 (0.34–1.17)	52 (3.4)	54 (3.7)	0.91 (0.62–1.32)	0.33
Major procedure-related complications during initial management, OR (95% CI)‡	1 (0.4)	8 (2.7)	0.14 (0.01–0.75)	8 (0.5)	25 (1.7)	0.30 (0.13–0.63)	0.49

Data are n (%) unless otherwise indicated. *Effect sizes are HRs unless otherwise indicated. †P value for group * center interaction. ‡A complete list of all major procedure-related complications and their relationships is provided in Supplementary Tables 3 and 4. MACE included cardiovascular death, nonfatal myocardial infarction, or nonfatal stroke, and expanded MACE included cardiovascular death, myocardial infarction, stroke, TIA, or major procedure-related complication.

the CT-first strategy compared with those in the ICA-first group.

The strengths of the DISCHARGE trial lie in its pragmatic design, which reflects real-world clinical practice, and the high completeness of follow-up, ensuring robust data collection. Also of note, we did not find higher nondiagnostic CT scan rates in patients with diabetes compared with those without diabetes. Additionally, the trial aimed to achieve equal representation of both men and women, a crucial aspect for contemporary cardiac trials that enhances the generalizability and comprehensiveness of the findings across sexes (18). Although current chest pain guidelines assign cardiac CT as a class 1 indication for patients with stable chest pain, patients with diabetes are not explicitly addressed (19), and there is little randomized controlled trial evidence of the comparative effectiveness and safety of cardiac CT in patients with diabetes referred for ICA.

CAD is a major cause of mortality in patients with diabetes, and most adult patients are at a high or very high risk for future cardiovascular events (20). According to cardiovascular prevention clinical practice guidelines of the European Society of Cardiology, patients with at least a 10-year history of diabetes are at very high risk for future cardiovascular events if they have target organ damage and at a high risk for future cardiovascular events if they have no target organ damage (4,6). Young patients with diabetes duration of <10 years and no other risk factors are considered at moderate risk of developing future cardiovascular events. The influence of diabetes on MACE rates in patients initially referred for ICA has not yet been widely investigated in large multicenter populations. The PROMISE trial investigators compared CT with functional testing and demonstrated that in patients with diabetes and low pretest probability of obstructive CAD, a CT strategy results in fewer adverse cardiovascular outcomes compared with a functional test strategy, and they suggested that CT be considered as the initial diagnostic modality in patients with diabetes and chest pain (11). The Scottish Computed Tomography of the Heart Trial (SCOT-HEART) investigators compared CT with standard care, randomizing 4,146 patients with stable chest pain, 11% of whom had diabetes, to standard care with or without CT (21). Patients with diabetes (n = 444) had

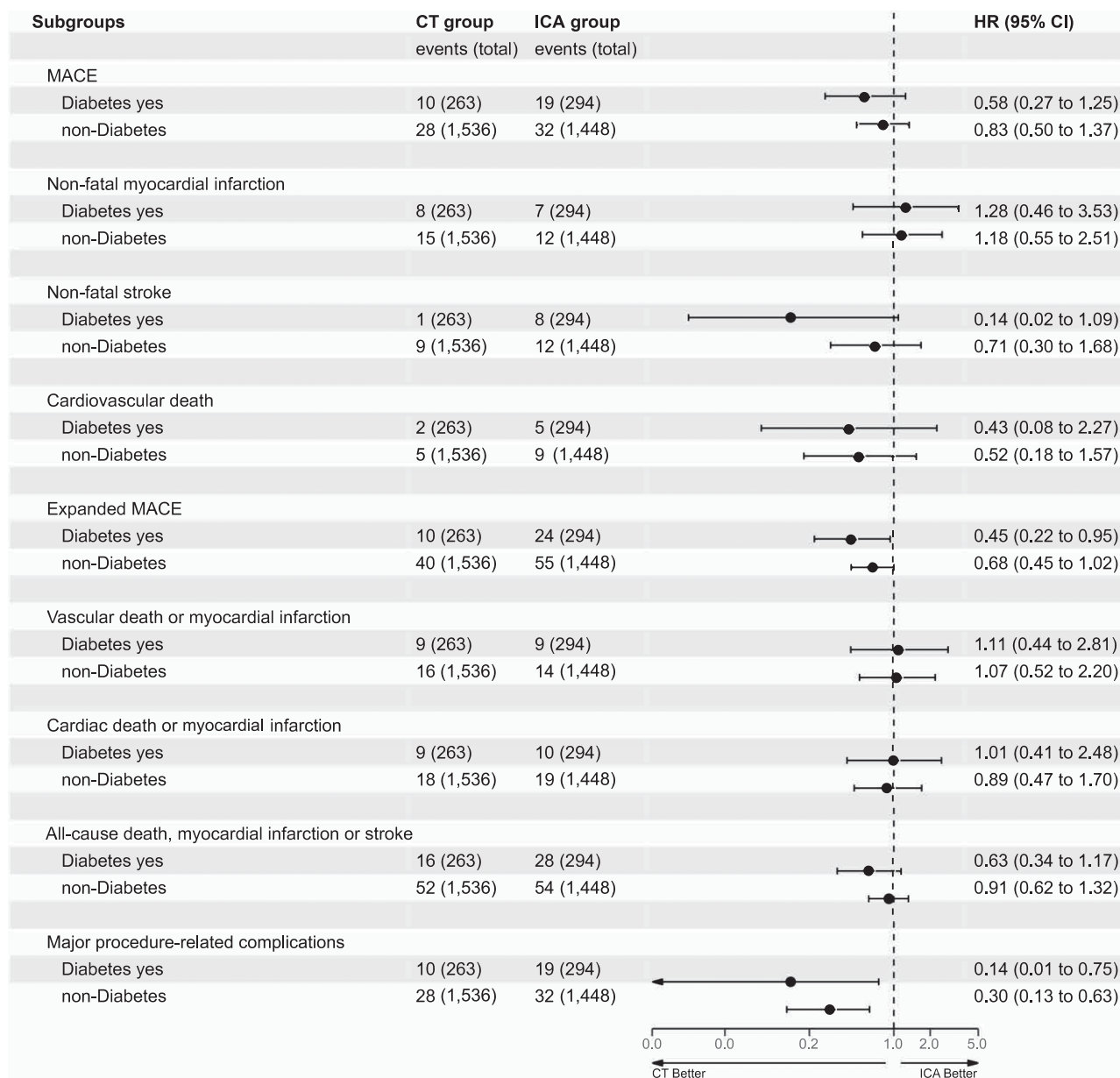


Figure 1—Forest plot of interactions between patients with and without diabetes and initial testing strategy (CT vs. ICA) for MACE and expanded MACE calculated using subdistribution Cox proportional hazards models with Fine and Gray adjustment for competing risks. Nonfatal stroke and major procedure-related complications occurred less frequently in patients with diabetes in the CT group.

a significantly lower risk of myocardial infarction and cardiac mortality with CT-guided management compared with standard of care (3.1% vs. 7.7%, HR 0.36 [95% CI 0.15–0.87]). Our findings add to this existing evidence by suggesting that cardiac CT may become the primary imaging modality for the investigation of patients with diabetes and stable chest pain while improving patient outcomes and safety relative to other strategies.

We acknowledge some limitations of the DISCHARGE trial. The awareness of group assignments among patients and

investigators may have introduced bias into the reporting of outcomes, potentially favoring the CT-first strategy. Moreover, the trial allowed for variations in management decisions based on European guidelines, which may have led to heterogeneity in individual approaches but also increased external validity. The low event rate observed in the trial suggests that further research with extended follow-up periods might provide additional insights into a CT-first strategy in stable, symptomatic patients with diabetes.

In conclusion, this subgroup analysis of the DISCHARGE trial provides valuable insights into the use of cardiac CT as the initial diagnostic modality in patients with diabetes and stable chest pain referred for ICA. The results suggest that a CT-first strategy is noninferior to an ICA-first strategy in terms of MACE rates but may offer potential benefits in terms of reduced expanded MACE and major procedure-related complications. These findings contribute to the growing evidence supporting the application of CT in patients with diabetes suspected of having obstructive CAD. However,

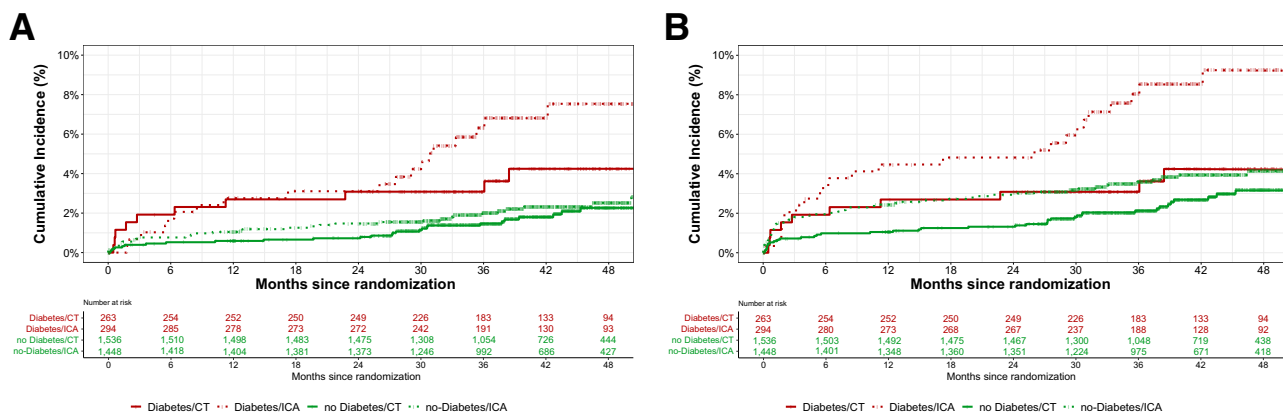


Figure 2—Time-to-event curves for MACE and expanded MACE end points. *A*: At a median follow-up of 3.5 years, no interactions were found between patients with and without diabetes and initial testing strategy (CT vs. ICA) for MACE (P for interaction = 0.45). *B*: At a median follow-up of 3.5 years, no interactions were found between patients with and without diabetes and initial testing strategy (CT vs. ICA) for expanded MACE. However, the HRs for expanded MACE occurred less frequently in patients with diabetes in the CT group compared with the ICA group (0.45 [95% CI 0.22–0.95]) compared with patients without diabetes (0.68 [95% CI 0.45–1.02]).

additional research with longer follow-up periods is warranted to confirm and expand these observations.

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