

Physicochemical parameters that underlie inkjet printing for medical applications

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ABSTRACT

One of the most common types of 3D printing technologies is inkjet printing due to its numerous advantages, including low cost, programmability, high resolution, throughput, and speed. Inkjet printers are also capable of fabricating artificial tissues with physiological characteristics similar to those of living tissues. These artificial tissues are used for disease modeling, drug discovery, drug screening, and replacements for diseased or damaged tissues. This paper reviews recent advancements in one of the most common 3D printing technologies, inkjet dispensing. We briefly consider common printing techniques, including fused deposition modeling (FDM), stereolithography (STL), and inkjet printing. We briefly discuss various steps in inkjet printing, including droplet generation, droplet ejection, interaction of droplets on substrates, drying, and solidification. We also discuss various parameters that affect the printing process, including ink properties (e.g., viscosity and surface tension), physical parameters (e.g., internal diameter of printheads), and actuation mechanisms (e.g., piezoelectric actuation and thermal actuation). Through better understanding of common 3D printing technologies and the parameters that influence the printing processes, new types of artificial tissues, disease models, and structures for drug discovery and drug screening may be prepared. This review considers future directions in inkjet printing research that are focused on enhancing the resolution, printability, and uniformity of printed structures.

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I. INTRODUCTION

3D printing technology is a promising additive manufacturing method for the fabrication of patient-specific constructs with many applications in healthcare and medicine, such as oral medications,¹⁻⁵ drug discovery, drug screening, drug delivery,⁶⁻⁸ regenerative medicine, tissue engineering,^{3,4,9-12} cancer studies,^{3,13-18} and disease modeling.^{3,8,11,19-21} It was invented by Zoltan, Kyser, and Sears independently around 30 years ago.²²⁻²⁴ This paper considers recent advances in the field of 3D printing technology for biomedical and pharmaceutical applications from an engineering viewpoint. Readers may consult with the other published review papers on the topic [1,5,7-9,12,14,25,26](#) to become more familiar with the medical and biological aspects of this cutting-edge technology. In this paper, we consider the mechanisms and governing effects of inkjet printers designed and developed in the past 10 years. This type of printer is the most common one used in healthcare applications. The printing mechanisms

along with engineering characteristics such as fluid type, dimension, actuator, constitutive material, and accuracy of the printer are considered. Although we examine the prototypes and experimental equipment associated with this technology, some important pioneering theoretical and computational studies on the topic will also be briefly considered to gain a better understanding of the underlying inkjet printing process.

In Secs. II–IV, we will briefly introduce various classes of 3D printing technology and review some of the most important biomedical applications of this technology. Section IV will focus on inkjet printing. We will briefly introduce various steps in inkjet printing technology and will review the research projects associated with each of these steps. We will also consider the advantages and disadvantages of this technology and discuss design parameters of inkjet printers, including properties of inks, nozzles, actuators, droplet size, and resolution. In Sec. VI, we will summarize some engineering restrictions of the 3D printers and the further development of this technology.

3D printing technologies have recently revolutionized many healthcare and medical industries. The ability to create analogous constructs of the living tissues makes this technology appealing for many healthcare and medical applications.²⁷ One of the main applications of 3D printers is in the pharmaceutical industry. 3D printers have the capability for constructing high-throughput⁸ and low-cost constructs for drug discovery,⁷ drug screening,¹¹ and drug delivery.²⁵ The other application of the bioprinters is printing organ-on-a-chip, which is considered a high-tech method. Organ-on-a-chip devices are 3D microfluidic cell culture chips that simulate the activities, mechanics, and physiological response of entire organs and organ systems. These microfluidic devices have many applications in cancer research, disease modeling, and pharmaceutical studies. Several types of organ-on-a-chip structures have been developed,²⁸ such as heart-on-a-chip,²⁹ kidney-on-a-chip,³⁰ and liver-on-a-chip structures.³¹ Bioprinting enables the printing of multiple types of materials, including biocompatible materials and live cells. This approach can be used to create organ-on-a-chip platforms for drug discovery and disease modeling.³² 3D printers have also been successfully used to create artificial skin for different applications such as grafting, wound healing,^{33,34} and personalized cancer therapy.^{35–37} One of the other biomedical applications of this technology is bone regeneration. This technology can be used to construct bone tissue for grafts,^{38,39} scaffolds,⁴⁰ and implants.^{41,42} This technique can be used for reconstructing bone at the site of skull defects, which can be caused by surgical treatments of skull tumors^{43,44} or surgical procedures^{45,46} (e.g., craniectomy).⁴⁷

In dentistry, 3D printing is used to create many types of oral and facial prostheses such as removable dentures for edentulous patients,⁴⁸ fixed prostheses such as crowns and bridges,² and obturators for patients with cleft palate.⁴⁹ The use of 3D printing in dentistry decreases chair time, reduces the cost of prosthesis fabrication, and helps patients to become more involved in treatment procedures. This technique is also applied in the orthodontic treatment of minor teeth crowding.^{50,51} Fabrication of surgical stent guides is another application of 3D printing in dentistry.⁵² Endodontists can implement this approach for endodontic procedures such as guided endodontic access and guided endodontic surgery.⁵³ In cardiovascular science, this technology can be used to regenerate functional heart valves^{21,54–58} This technology has also been used successfully to construct other tissues, such as liver,^{59,60} lung,^{61–63} kidney,^{64–66} prostate,⁶⁰ and blood

vessels.^{67–69} Each type of bioprinter has its own advantages and disadvantages, which are mentioned in Secs. II–IV.

II. FUSED DEPOSITION MODELING (FDM)

Figure 1 shows the printing mechanisms of fused deposition modeling (FDM) 3D printing. In these printers, an extruded polymer filament goes through a heated nozzle and becomes softer when heated; the filament material will then be deposited in a layer-by-layer manner on a plate to form the desired feature. In the FDM technique, the extruder speed, layer height, nozzle temperature, and plate temperature have significant effects on the printer function.^{70,71} The standard speed of the printing is 90 mm/s, which results in a 100 μm to 400 μm deposit thickness layer.²⁵ Thermoplastic polymers are commonly used to create FDM filaments; these materials exhibit low melting points for printing as well as low mechanical strength values when extruded.⁷² Poly(lactic acid) (PLA) and acrylonitrile butadiene styrene (ABS) are the most common polymers used in FDM printers.^{25,73} The fused deposition modeling technique is the most promising one for the fabrication of unit dose drug carriers. Furthermore, fused deposition modeling is a rapid prototyping technology with the ability to produce scaffolds with fully interconnected channel networks as well as control over porosity and channel size.⁷⁴

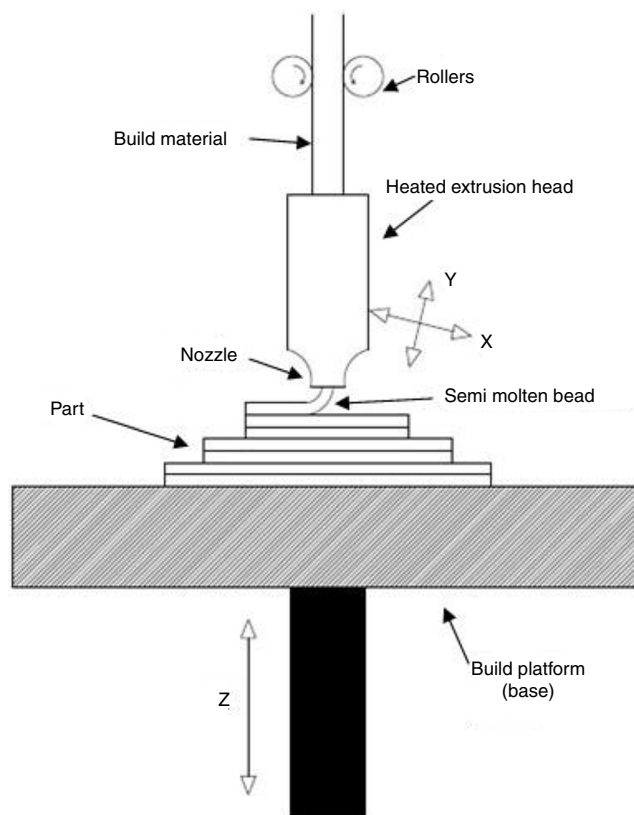


FIG. 1. Diagram of fused deposition modeling. Reprinted with permission from Chohan *et al.*, *Composites Part B: Engineer.* 117, 138–149 (2017).¹⁸⁶ Copyright 2017 Elsevier.

Extrusion bioprinting is based on dispensing hydrogels, other polymers, cells, and matrix materials through micronozzles. This technique is able to fabricate the constructs with complex geometries containing various cells. Commercialized versions of this printer are available.⁷⁵ The use of sol-gel materials, hydrogels, and reversible gels in FDM is discussed elsewhere.⁷⁶ The design of these printers can be readily modified.⁷⁷

III. STEREOGRAPHY (STL)

Figure 2 shows a schematic of STL printing technology. In this technology, the liquid resin will be photopolymerized, or solidified, in a layer-by-layer manner in a single-photon or multi-photon approach to print a solid object. Light from a lamp is directed on a specific portion of a layer of a vat, which results in polymerization of the resin in that portion of the vat.⁷⁸ The photons used in this approach can include visible light, ultraviolet light, and infrared light. However, ultraviolet light may be harmful to living cells. This problem has been addressed by using a new type of visible light crosslinkable polymer.⁷⁹ This technique has been implemented using direct light assisted writing, physical mask projection, or digital mask projection approaches.⁸⁰ These printers are usually categorized as high-resolution 3D printers; the resolution is restricted by the light source, optics, and polymerization approach. Furthermore, it is an efficient technique for patterning multiple cell types since the STL direct-write approach does not prevent proliferation of cells.⁸¹ This technique is suitable for fabricating objects with precise microscale features.^{73,82} A number of polymers have been used in STL printing such as PEGDA,^{83,84} poly(2-hydroxyethyl methacrylate) (pHEMA),⁸⁵ poly(ethylene glycol) dimethacrylate (PEGDMA),^{86,87} and poly(propylene fumarate)/diethyl fumarate (PPF/DEF).⁸⁸ The main drawback is the relatively low number of photocrosslinkable polymers that are compatible with this technique. Two photon stereolithography (TPS) can be used to print 3D structures with microscale and sub-microscale features out of polymer and inorganic-organic hybrid (e.g.,Ormocer[®]) materials. The two photon stereolithography process involves multiphoton absorption by

photoinitiator molecules, which leads to photopolymerization of material within well-defined and highly localized volumes. The absorption of laser pulses is used to generate free radicals from photoinitiator molecules. The radicalized molecules cause polymerization of the material within a small focal volume. A three-dimensional structure is obtained by polymerizing the material along the laser trace, which is moved in three dimensions with a micropositioning apparatus. One limitation of two photon stereolithography is slow processing rates.^{89,90} Stereolithography over large areas and at faster rates can be obtained through the use of a digital mirror device (DMD); in dynamic optical projection stereolithography, the UV or visible light interacts with the DMD mirror, which produces an optical pattern as directed by a computer design. The projected light, after passing the optical lens, will interact with a photosensitive material to solidify a layer of the 3D structure.^{91–93} The advantages of the stereolithography approach include the ability to create structures with a wide variety of geometries and dimensions.⁹⁴

IV. INKJET PRINTERS

Inkjet printing refers to a class of the additive manufacturing technologies for reproducing images or characters on a substrate from digital data; this process involves precisely ejecting and steering inks as droplets to predefined positions on the substrate. The droplets are usually transferred to the receiving substrate from the printhead in a non-contact manner by different mechanisms such as gravity, hydrostatic pressure, as well as piezoelectric, electrical, and thermal actuators. Inkjet-based printing technologies offer many advantages such as compatibility with biological materials, low cost, programmability, high resolution, high throughput, and high speed. The first study that examined the biomedical application of inkjet printing was reported by Klebe in 1988;⁹⁵ he used the HP inkjet printers to produce 2D and 3D synthetic tissues by depositing collagen and fibronectin. Since then, several studies have examined biomedical applications of inkjet printers in the fields of regenerative medicine,^{4,96} toxicology,⁸ disease modeling,²⁰ and pharmaceutical science.^{25,97,98} Michael Cima and his team are one of the pioneers of a 3D printing process based on inkjet printing; they fabricated ceramic parts using sub micrometer powders containing alumina and silicon nitride. Ceramic slurry was used for the sequential layering process; inkjet printing of a binder system was applied to these layers.^{99–101}

The inkjet printing mechanism consists of three main steps: (1) fluid ejection and droplet generation, (2) positioning and interaction of the droplets on the substrates, and (3) drying and solidification of the printed features to produce a solid deposit. Inkjet printers are usually classified based on the mechanism of generating droplets into two main categories: continuous inkjet printing (CIJ) and drop-on-demand (DOD) printing. In the 19th century, Raleigh showed that a stream of fluid naturally tends to break into a stream of drops because of surface tension forces.^{102,103} The CIJ printers exploit this effect to produce charged droplets from the ejected stream of liquid. In this type of inkjet printer, the stream of liquid is continuously ejected from the printhead by applying a continuous hydrostatic pressure, even if printing is not required. The stream of liquid then breaks down into the stream of droplets due to the surface tension forces. To form the desired patterns, the unwanted droplets are manipulated by the electric field and collected by a gutter. Therefore, the CIJ printing technology

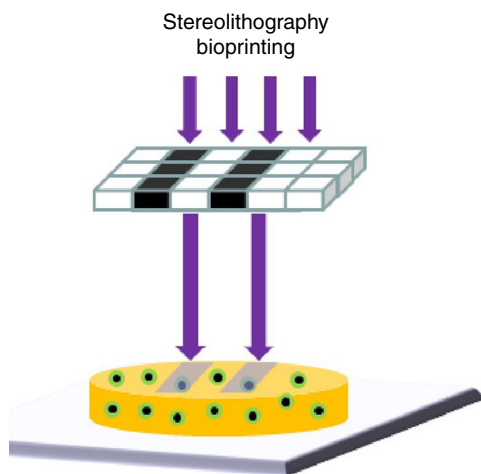


FIG. 2. Schematic of stereolithographic printing. Reprinted with permission from Mandrycky *et al.*, *Biotech. Adv.* **34**(4), 422–434 (2016).^{12,187} Copyright 2016 Elsevier.

TABLE I. Important non-dimensional numbers in the inkjet printing process.

Non-dimensional number	Definition	Physical Meaning
Reynolds number (Re)	$\frac{\rho va}{\mu}$	$\frac{\text{inertia force}}{\text{viscous force}}$
Weber number (We)	$\frac{v^2 \rho a}{\gamma}$	$\frac{\text{kinetic energy}}{\text{surface energy}}$
Ohnesorge number (Oh)	$\frac{\sqrt{We}}{Re} = \frac{\eta}{(\gamma \rho a)^{1/2}}$	$\frac{\text{viscous force}}{\sqrt{\text{inertia} \cdot \text{surface tension}}}$
Bond number (Bo)	$\frac{\rho g a^2}{\gamma}$	$\frac{\text{gravitational forces}}{\text{surface tension forces}}$

can be a wasteful process. However, this technology is widely used in industrial applications due to its high-speed capabilities.¹⁰²

The DOD printers directly eject the inks from the printheads in the form of droplets onto the substrates by various mechanisms such as thermal, electrical, and piezoelectric actuators. Fluid ejection and droplet generation do not occur simultaneously in the DOD printers. Unlike CIJ printers, the DOD printers generate individual drops when required; as such, they are less wasteful and more economical compared with CIJ printers. The DOD printers are dominant in the pharmaceutical and biomedical industries. Based on the droplet generating mechanism, the DOD inkjet printers are classified into three main groups: thermal inkjet printers, piezoelectric inkjet printers, and electrohydrodynamic inkjet printers.

The printing steps are highly affected by the inertial, viscous, gravitational, and surface tension forces; the kinetic and surface energies also play important roles. These forces are highly affected by geometrical, fluidic, and flow properties, including density (ρ), dynamic viscosity (μ), kinetic viscosity (η), surface tension of fluid (γ), flow field velocity (v), and characteristic length (a). To obtain a better understanding of these processes, dimensionless numbers have been defined to show the relative strength of various phenomena and explain the behavior of fluids. Table 1 summarizes these dimensionless numbers. The advantages of inkjet printers include low cost, programmability, high resolution, high speed, and biocompatibility. High pressure or heat associated with thermal inkjet printing can be harmful for living cells.²⁴

V. FLUID EJECTION AND DROPLET GENERATION

Droplet generation in DOD printing technologies depends on momentum, viscosity, and surface tension. The Reynolds, Weber, and Ohnesorge numbers are used to understand the printability and the droplet formation of DOD printers. Recent papers have considered droplet formation and important printing factors.^{104–106} Several experimental and numerical studies have been performed to understand the influences of various parameters on droplet formation and ejection in DOD technologies. Although recent studies on this topic are mainly experimental, we have briefly reviewed significant numerical studies that provide a fundamental understanding of the theory associated with DOD inkjet printing technology. As an example, Xu and Basaran computationally simulated the formation of the liquid droplets in piezoelectric DOD printers.²⁴ They assumed an incompressible flow of

the Newtonian fluid (ink) in a simple capillary tube. They modeled the oscillatory flow field in the tube with the frequency of Ω ; they considered the influence of piezoelectric actuation on the flow field, and characterized droplet formation based on the Weber and Ohnesorge numbers. Their computational results show that for the Ohnesorge number of 0.1 ($Oh = 0.1$), the Weber number regulates droplet ejection in DOD inkjet printers (Fig. 3). If the Weber number is low, the generated droplet does not break up, remains suspended, and periodically oscillates at the tip of the nozzle (region A). For region B, the inertia force will be strong enough to eject the droplets from the nozzle. However, the velocity at the tip of the ejected droplets will be negative; consequently, the droplets will move toward the nozzle upon breakup, which is an undesirable phenomenon. The desired DOD drop formation mechanism will occur for the frequency and the Weber number associated with region C; in this region, the inertia force will be strong enough to eject the DOD drop with a positive velocity at the tip. Here, we should mention that the results and characteristic diagrams were all based on a nozzle with $10 \mu\text{m}$ radius (Ohnesorge number of 0.1). However, recent advancements in DOD printing technologies may result in the development of the printers

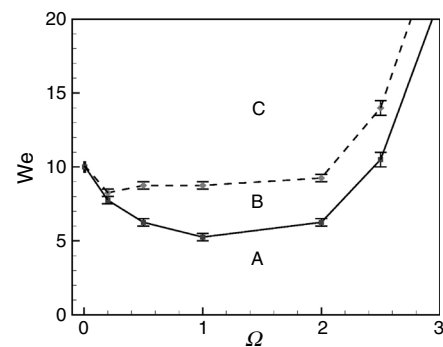


FIG. 3. Phase diagram when $Oh = 0.1$. The drop will not be generated in regime A. The drop will be generated in regime B, but the velocity of the tip at breakup is negative. A drop will be generated with positive velocity at the tip at breakup when the Weber number and frequency are in regime C. Reproduced from Xu and Basaran, Phys. Fluids **19**(10), 102111 (2007),²⁴ with the permission of AIP Publishing.

with smaller nozzle diameters. Although this diagram can be modified for the other nozzle diameters and Ohnesorge numbers, it gives the reader a good estimation of the frequency range and Weber number associated with stable droplet ejection.

For the region of droplet generation (region C), the effects of the Weber number, the Ohnesorge number, and frequency on droplet

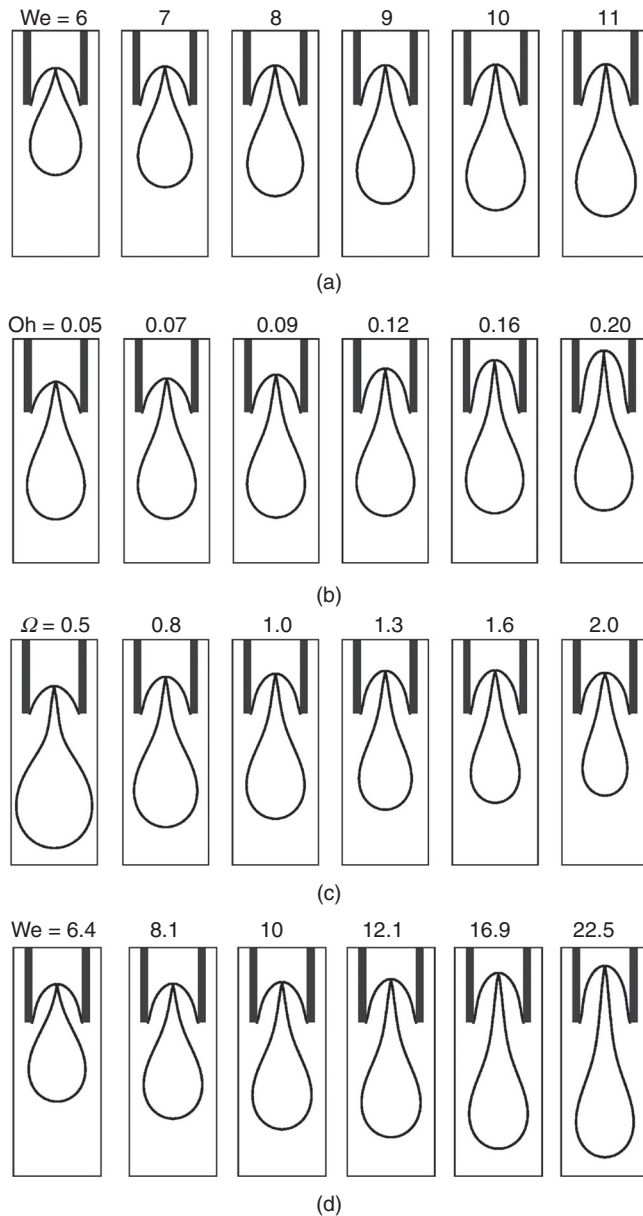


FIG. 4. Effect of Weber and Ohnesorge numbers and frequency on drop shape at breakup time: (a) $Oh = 0.1$, $\Omega = 1$, (b) $We = 10$, $\Omega = 1$, (c) $Oh = 0.1$, $We = 10$, and (d) $Oh = 0.1$, $\sqrt{We}/\Omega = \sqrt{10}$. We and Ω varied together in a situation in which the maximum amount of injected volume is kept constant at $\pi\sqrt{10}$. Reproduced from Xu and Basaran, *Phys. Fluids* **19** (10), 102111 (2007),²⁴ with the permission of AIP Publishing.

generation and ejection were evaluated. Figure 4 shows how the droplets are developed and ejected for different values of these parameters. Figure 4(a) shows that the maximum injected volume increases by the Weber number when the frequency is kept constant. Figure 4(b) illustrates that an increase in the Ohnesorge number will reduce the limiting length and the drop volume; the breakup time will increase slightly. Figure 4(c) shows that an increase in frequency causes a decrease in the maximum injected volume. Figure 4(d) indicates that the drop length at the breakup increases along with the Weber number.

Chen *et al.* investigated the influences of various design parameters (e.g., the nozzle diameter and the chamber dimension) and the driving conditions on the droplet generation and ejection (volume and velocity) in piezoelectric DOD printers.¹⁰⁷ They define the volume factor (V/D^2) as a decisive parameter in piezoelectric DOD printers. In this equation, D is the nozzle diameter and V is the driving volume change in the chamber due to the piezoelectric actuator displacement. This parameter can be used to define practical values associated with droplet generation. They assumed a typical triangle electrical waveform for driving the piezoelectric actuator (Fig. 5) and showed that a shorter driving time of the piezoelectric actuator (t_2) will result in a faster driving velocity of the droplet (S_d). They proposed the following empirical formula to show how the driving velocity of the droplet is related to the driving time of the piezoelectric actuator:

$$S_d = 125.16 \cdot t_2^{-1.33} \quad (1)$$

The results also confirmed that the geometry of the nozzle has a negligible effect on the droplet characteristics when the ratio of the nozzle plate thickness (D_t) to the nozzle diameter (D) is greater than 1 ($D_t/D \geq 1$). Figure 6(a) classifies the range of the driving volume change (V) and the droplet diameter (D) into three regions, namely “no droplet ejection,” “droplet ejection,” and “column ejection.” This figure is based on $t_2 = 10 \mu\text{s}$. The results also showed that for different values of the nozzle diameter, the same values of the volume factor (V/D^2) resulted in the same ejection velocities of the droplet.

They proposed two empirical equations to describe the design of piezoelectric-actuated droplet generation:

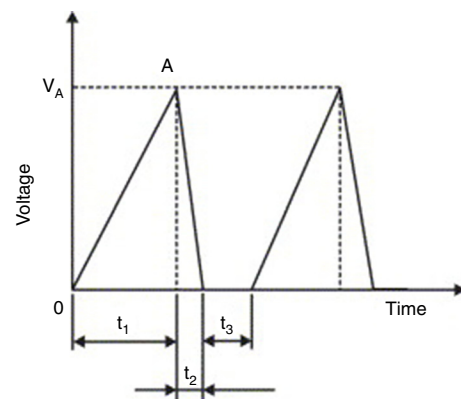


FIG. 5. Typical electrical waveform for a driving piezoelectric in which t_1 is suction time, t_2 is driving time, and t_3 is resting or dwell time. Reprinted with permission from Chen *et al.*, *Int. J. Mech. Sci.* **49**(6), 733–740 (2007).¹⁰⁷ Copyright 2007 Elsevier.

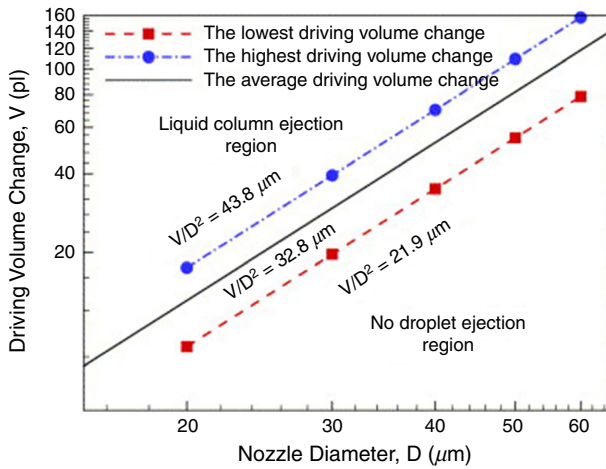


FIG. 6. Volume change vs nozzle diameter when the diameters are between 20 and 60 μm at $t_2 = 10\mu\text{s}$. Reprinted with permission from Chen *et al.*, *Int. J. Mech. Sci.* 49(6), 733–740 (2007).¹⁰⁷ Copyright 2007 Elsevier.

$$S_d = 0.3422 \frac{V}{D^2} + \text{constnt} \quad (2)$$

$$\frac{V_d}{D^{2.5666}} = 0.0001493 \frac{V}{D^2} - 0.0007763 \quad (3)$$

The first empirical formula shows that the droplet velocity (S_d) is linear with respect to the volume factor (V/D^2) with a slope of 0.3422. The second formula can be used to find the driving volume of the

piezoelectric actuator (V) and the nozzle diameter (D) in order to eject droplets with the desired volume of V_d .

Shin *et al.* aimed to find a semi-analytical method to decrease the computational cost of simulating the mass transport rate in piezoelectric DOD inkjet printers.¹⁰⁸ They assumed that fluid flow inside the tube is axisymmetric and laminar, and obtained a simplified 1D finite difference model to simulate the jet profile and droplet generation. Dadvand *et al.* developed a computational model based on the Eulerian-Lagrangian and boundary integral equation method to investigate spark bubble-generated droplet behavior. They examined axisymmetric droplet generation and ejection through a circular hole, as well as the hole at the top of a vertical cylinder. A bubble may form after ignition, which generates pressure waves with nonsymmetrical features; these pressure waves may allow a droplet that is smaller than the aperture to form and then disintegrate.¹⁰⁹

Cheng and Chiu investigated the effects of the nozzle diameter, the viscosity coefficient, and the surface tension of ink on the droplet formation.¹¹⁰ Their results showed that the smallest nozzle diameter had the fastest replenishing process, since it required the lowest amount of liquid. On the other hand, a larger period of replenishment was associated with printers containing larger nozzle diameters. The diameter of the nozzle also affected the speed of the droplets. The smaller nozzle diameters were associated with higher ink speeds. This study showed that the speed of water and ink droplets were similar. The viscosity coefficient and the surface tension of the ink used in this study was almost the same as water. By keeping the viscosity coefficient constant, an increase in the surface tension enhanced the speed of the ejected droplet. However, this finding may not be valid for the very small viscosity coefficients. For the same value of the surface

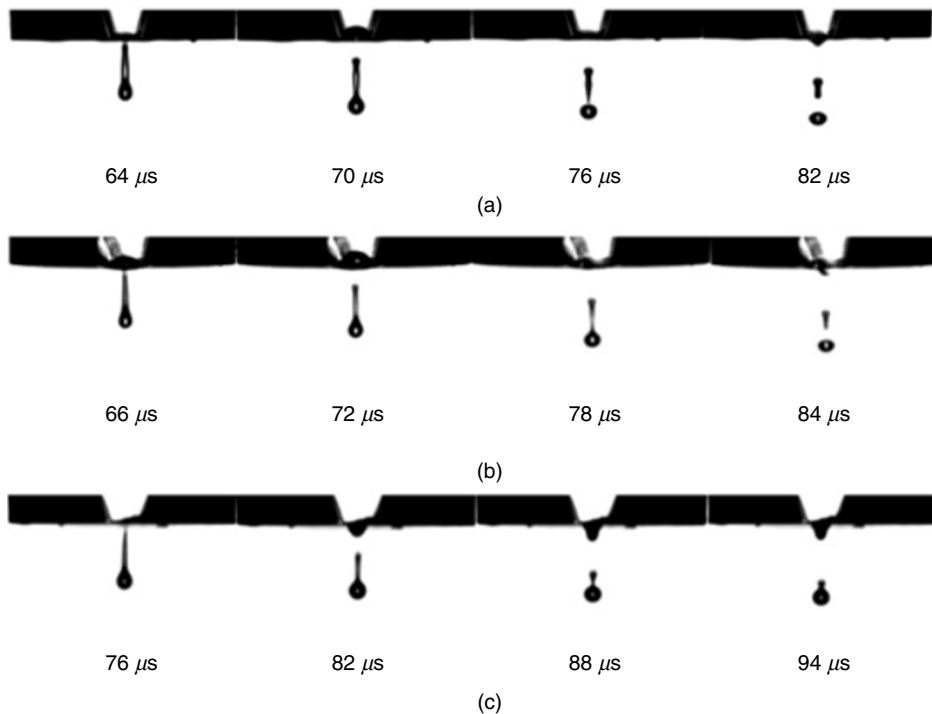


FIG. 7. Behavior of jets for fluids with different viscosity (a) glycerol 20 wt. %, (b) glycerol 40 wt. %, and (c) glycerol 60 wt. %. Reprinted with permission from Jo *et al.*, *Korean J. Chem. Engineer.* 26(2), 339–348 (2009).¹¹¹ Copyright 2009 Springer Nature.

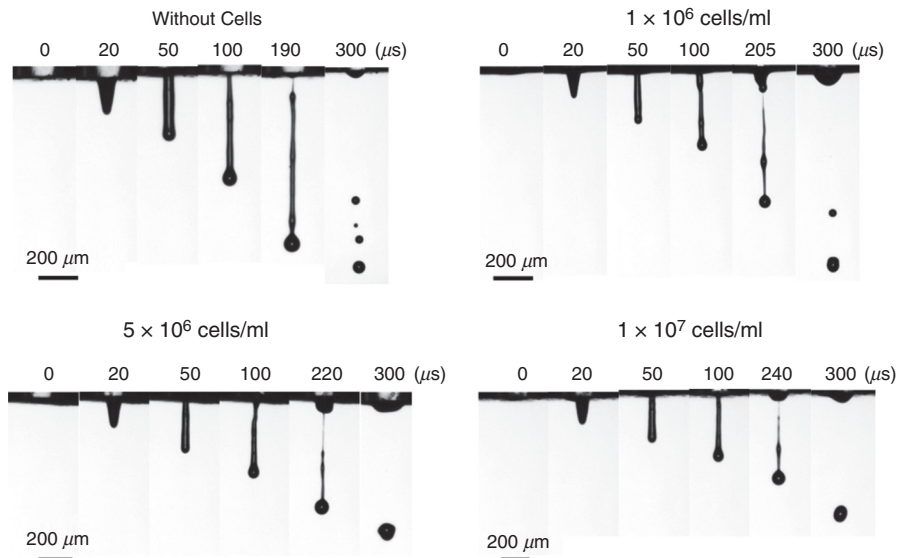


FIG. 8. Representative images of the droplet formation process under different cell concentrations. Reprinted with permission from Xu *et al.*, *Langmuir* **30**(30), 9130–9138 (2014).¹¹³ Copyright 2014 American Chemical Society.

tension, an increase in the viscosity enhanced the volume and reduced the speed of the ejected droplets.

Jo *et al.* evaluated the effect of viscosity (1.0–11 cp) on jet stability for DOD inkjet printing with comparable surface tension values. [Figure 7](#) shows how the fluid viscosity affects jet behavior and droplet ejection.¹¹¹ In piezoelectric inkjet printing, the electric pulses periodically deform the piezoceramic plate, which generates an acoustic wave. The resonance amplifies the wave and releases the liquid out of the nozzle. The results showed that there is a maximum stable frequency, which is called critical frequency; there are no significant changes in the jet speed for various viscous liquids below this critical frequency. They showed that the more viscous liquid was more stable at higher frequencies. In turn, higher viscosity fluids were able to eliminate the remaining energy of the wave pulse in the nozzle through energy dissipation. They have also shown that slower capillary wave propagation increased the breakup time of the jet.

The effect of airflow created by the printing head-media movement has been evaluated by Link *et al.*¹¹² They conducted both experimental and computational (CFD) studies; they showed that this parameter has minor effects on the printing accuracy. They indicated that there is a small shift in the printed image due to the created airflow, which does not decrease the printing quality. Xu *et al.* experimentally examined the influences of cell suspension and concentration on droplet break time, droplet velocity, droplet size, and satellite formation during inkjet printing.¹¹³ [Figure 8](#) shows the representative snapshots of the ejected droplets. The ejection of four inks with different cell concentrations from piezoelectric DOD printers were analyzed. They examined the effects of cell concentration on the droplet shape and behavior. Their results showed that for the same actuation parameters, an increase in cell concentration was associated with a reduction in the velocity and the diameter of the ejected droplets ([Fig. 8](#)). A higher concentration of living cells in the fluid increased the breakup time. On the other hand, enhancement of the cell concentration made the ligament shorter and thinner; consequently, fewer satellite droplets were formed ([Fig. 8](#)). It should be mentioned that the

presence of the living cells in the inks had non-ideal effects on the inkjet printing process. For example, jetting of the inks caused accumulation of the living cells in the nozzle tip, which led to changes in the thin ligament direction from the nozzle center.¹¹³ [Figure 9](#) shows the typical non-ideal result.

The cell concentration increases the viscosity at a given shear rate. However, the surface tension of the fluid decreased with an increase in the concentration of living cells.¹¹³ The presence of particles such as living cells affects the intermolecular interaction; therefore, the surface tension is influenced by the presence of living cells at the liquid-gas interface. Increasing the concentration of living cells also reduces the interfacial tension.¹¹⁴ They also examined the influence of the concentration of living cells on both storage and loss moduli. It was shown that an enhancement in the concentration of living cells increased the loss modulus, viscosity, and breakup time. [Figure 10](#) shows the effect of cell concentration on the characteristic of droplets.¹¹³ Proteins may be denatured during printing due to the high shear rate, which can affect the protein structure.¹¹⁵

The performance of the piezoelectric inkjet printer can be affected by the applied voltage to the piezoelectric actuator. Several

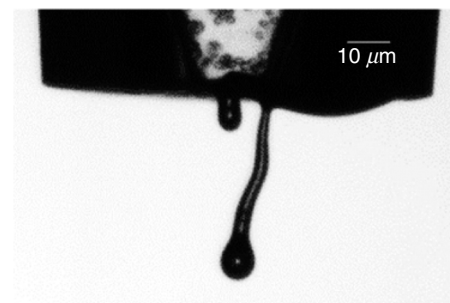


FIG. 9. Typical non-ideal behavior of jetting. Reprinted with permission from Xu *et al.*, *Langmuir* **30**(30), 9130–9138 (2014).¹¹³ Copyright 2014 American Chemical Society.

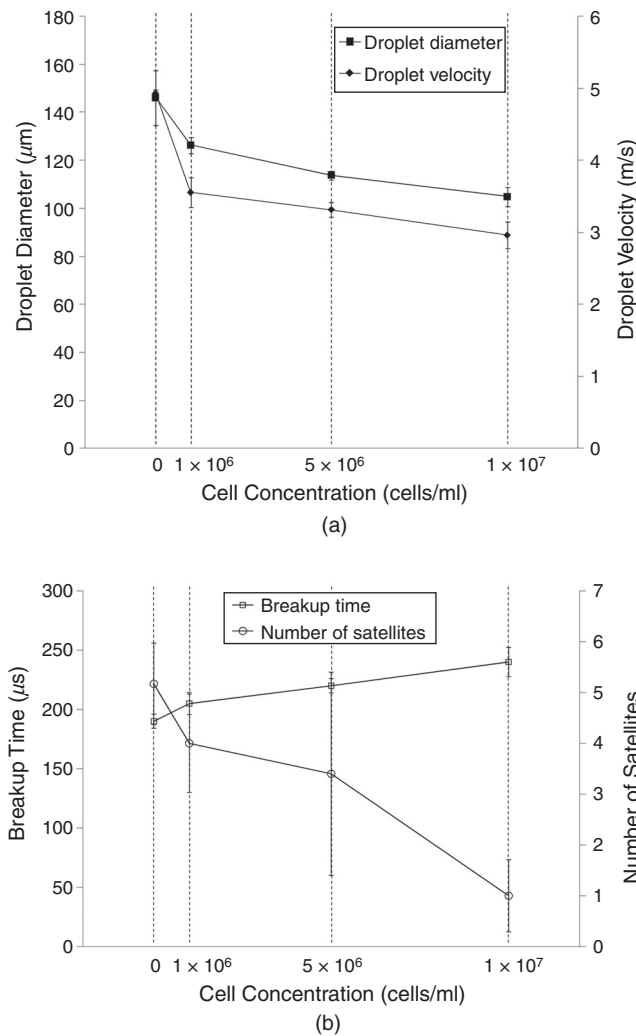


FIG. 10. Influence of the cell concentration in the ink on the diameter and velocity of the ejected droplets as well as the breakup time and number of satellites. Reprinted with permission from Xu *et al.*, *Langmuir* **30**(30), 9130–9138 (2014).¹¹³ Copyright 2014 American Chemical Society.

studies have examined the influence of the applied electric field on droplet generation and ejection; however, the results of these studies show significant contradictions. Several studies indicated that higher applied voltages generated larger droplets in piezoelectric inkjet printers.^{116–121} On the other hand, Xu *et al.* reported a decrease in the droplet volume at higher applied voltages.¹²²

Researchers have exploited external actuators, such as electric^{123–125} and magnetic fields,¹²⁶ to modulate droplet parameters such as droplet form, size, velocity, and acceleration. As an example, Du *et al.* numerically examined the influence of an electric field on charged droplets with different sizes.¹²⁷ They showed how jets were accelerated by applying an electric potential between the boundaries. An increase in the applied electric field strengthened the induced forces on the jet and accelerated the jet instability. These results are shown in Fig. 11. The results showed that by applying 90 kV, many

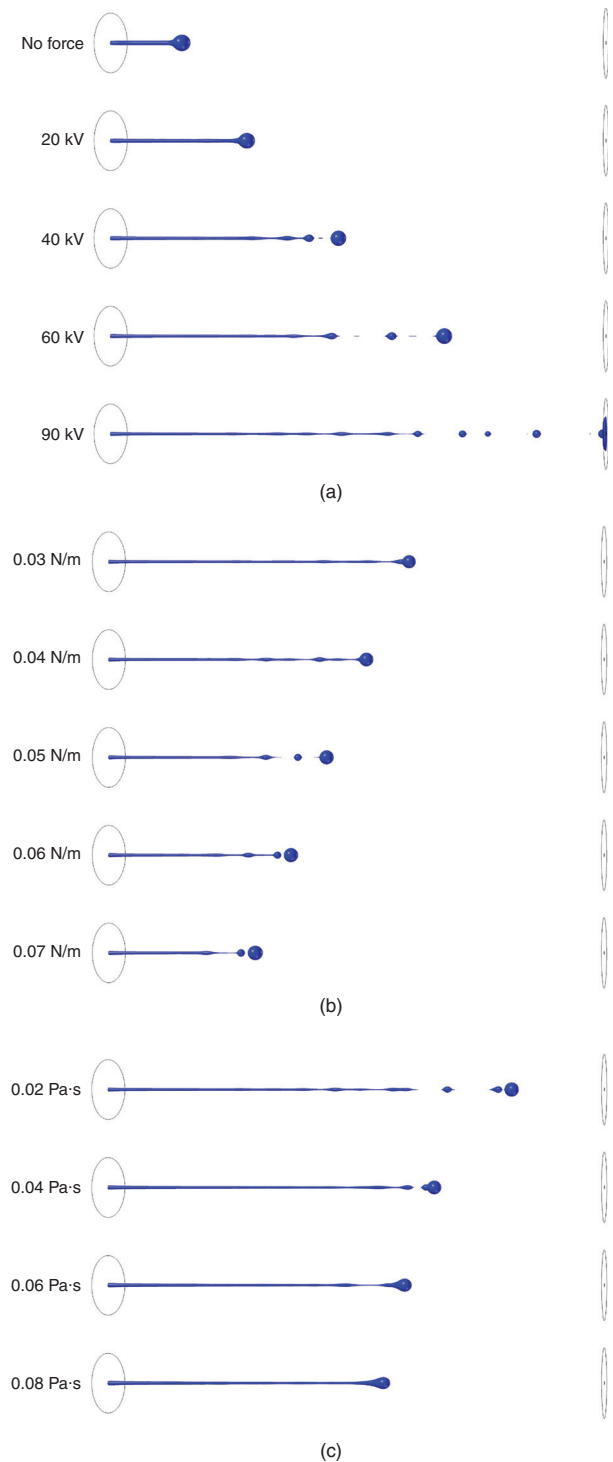


FIG. 11. (a) Shape of liquid jet at $t = 0.75$ ms, $\mu l = 0.02$ Pa s, $\gamma = 0.03$ N/m at different electric potential values. (b) The shape of liquid jets at $t = 0.55$ ms and $V_n = 90$ kV at different surface tension values. (c) Shape of liquid jets at $t = 0.65$ ms and $V_n = 90$ kV at different liquid viscosity values. Reprinted with permission from Du *et al.*, *Int. J. Multiphase Flow* **90**, 46–56 (2017).¹²⁷ Copyright 2017 Elsevier.

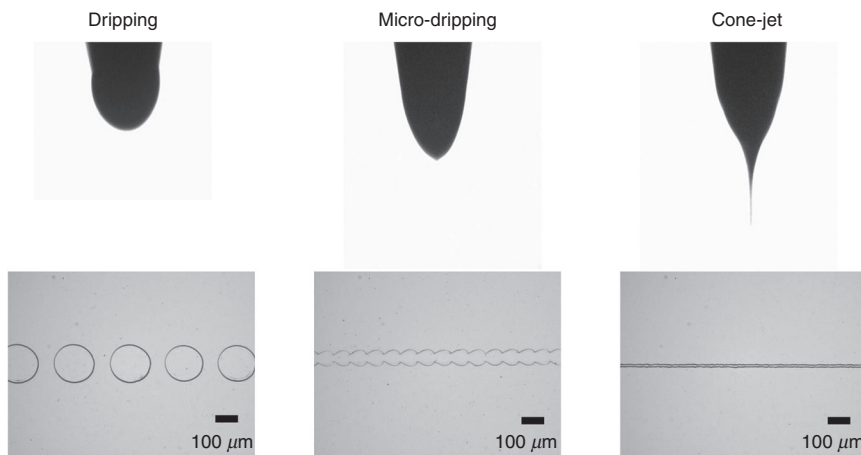


FIG. 12. Images of electrohydrodynamic (EHD) jetting modes, including dripping, micro-dripping and cone-jet, as well as the corresponding printed patterns. Flow-rate, working height, printing velocity and nozzle diameter were 0.01–0.04 $\mu\text{L}/\text{min}$, 100 μm , 20 mm/s, and 200 μm , respectively. The voltages applied for the dripping, micro-dripping, and cone-jet modes were 2.0 kV, 2.5 kV, and 2.8 kV, respectively. Reprinted with permission from Jung *et al.*, *Organic Electronics* **52**, 123–129 (2018).¹²⁸ Copyright 2018 Elsevier.

droplets were formed after 0.75 ms; however, no droplet was generated for electric fields less than 20 kV [Fig. 11 (a)]. The surface tension was another significant parameter in the jet characteristic. A higher surface tension led to a slower jet and a smaller breakoff length [(Fig. 11 (b))]. They also investigated the influence of viscosity on droplet ejection; they showed that viscosity and surface tension had similar influences on droplet ejection. Higher ink viscosities kept the droplet attached to the jet [(Fig. 11 (c))].

Jung *et al.* also used an electrohydrodynamic (EHD) jet printing process to print an ion-transistor on n-doped Si wafers that contained a 300-nm thick, thermally grown SiO_2 layer.¹²⁸ They demonstrated that various models of the droplet ejection and printing, including dripping, micro-dripping, and cone-jet models, can be obtained by modifying the applied voltage. Figure 12 shows these modes and the corresponding printed patterns.

Wang *et al.* developed a new DOD printer by replacing the conventional actuators (i.e., piezoelectric and pneumatic actuators) with electromagnetic actuators.¹²⁶ The inks used with this technology need to be metallic to be influenced by electromagnetic forces. For example, they used a nontoxic liquid metal known as gallium-indium eutectic alloy as an ink with this printing approach. The droplet generation and ejection processes were controlled by the power amplifier and signal source. It is more straightforward to control the electromagnetic pulse compared with its counterparts. Figure 13 shows snapshots of a single droplet generated by the application of a sine magnetic wave. During the first 0.01 ms, the liquid column gradually prolonged in the axial direction. At point b, the direction of the current changed, and the electromagnetic force acted as a restoring force instead of being driven. In the period of 0.01 to 0.02 ms, the energy of the stretching liquid was not adequate to overcome liquid surface tension; no droplet

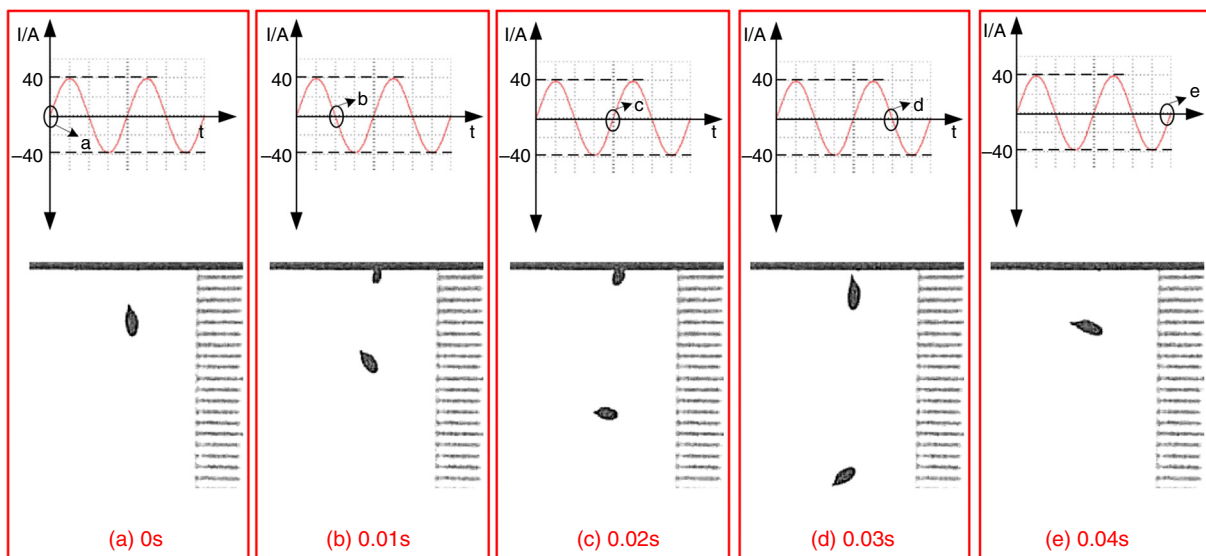


FIG. 13. Droplet generation from a nozzle with 0.448 mm diameter with sine waveform and frequency of 50 Hz. Reprinted with permission from Wang *et al.*, *Vacuum* **156**, 128–134 (2018).¹²⁶ Copyright 2018 Elsevier.

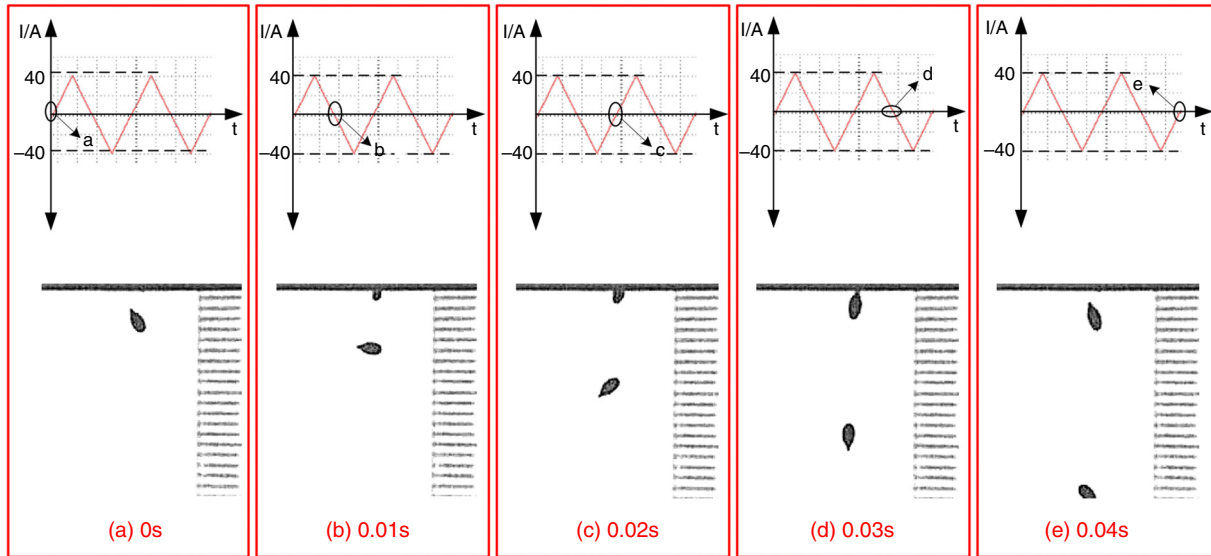


FIG. 14. Droplet generation from a nozzle with 0.448 mm diameter with triangular waveform and frequency of 50 Hz. Reprinted with permission from Wang *et al.*, *Vacuum* **156**, 128–134 (2018).¹²⁶ Copyright 2018 Elsevier.

was ejected. At this step, the column gradually elongates in the axial direction. At point C, the direction of the electromagnetic force changed for the second time; due to surface tension, the rest of the liquid column flowed back to the nozzle. After two cycles, droplet generation did not occur by triangular waveform; this phenomenon is shown in Fig. 14 in greater detail.

As can be seen in Fig. 15, the pulse waveform produced one droplet per cycle, which is similar to the two other waveforms. Li *et al.* proposed using an interchangeable microfluidic cartridge in a

piezoelectric inkjet printer, which provided better control over the droplet size, dilution ration, and reagent combination.¹²⁹ Figure 16 shows the microfluidic inkjet printing system and microfluidic cartridge component; a schematic of the mechanism associated with this system is also shown. Using this method, they reduced the volume of the ejected droplets from 23 picoliters to 10 nanoliters. The smaller droplets evaporated faster since they had a lower surface-area-to-volume ratio. Figure 17 shows the effect of the nozzle diameter and the driving voltage on the droplet volume. The droplets were smaller for

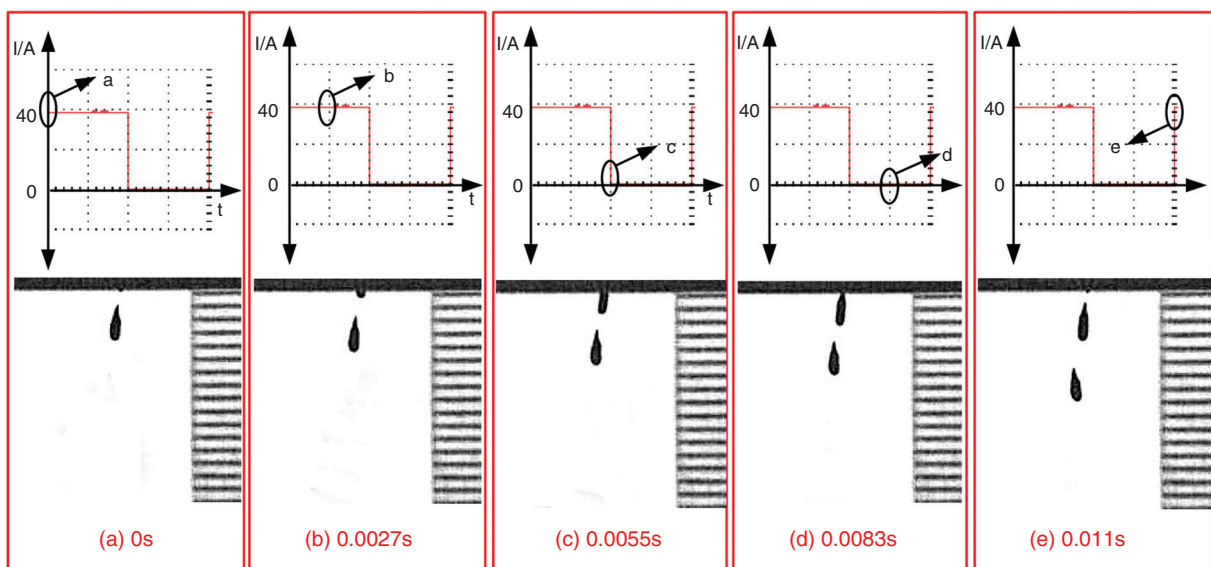


FIG. 15. Droplet generation from a nozzle with 0.448-mm diameter with pulse waveform and frequency of 90 Hz. Reprinted with permission from Wang *et al.*, *Vacuum* **156**, 128–134 (2018).¹²⁶ Copyright 2018 Elsevier.

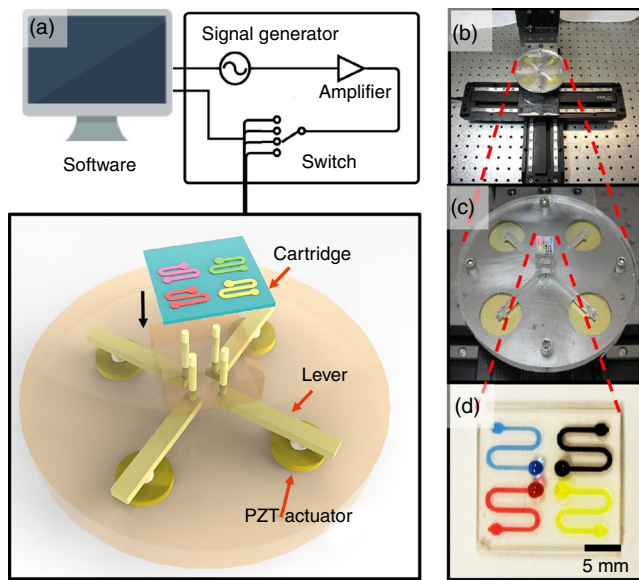


FIG. 16. (a) Schematic of microfluidic impact printing system. (b) Image of microfluidic impact printing system. (c) View of printer head with microfluidic cartridge. (d) Cartridge with four different color dyes. Reproduced from *Biomicrofluidics* 9(5), 054101 (2015),¹²⁹ with the permission of AIP Publishing.

the printing activities that involved a lower nozzle diameter and a weaker driving voltage. The other benefits of using a microfluidic cartridge include avoiding potential cross-contamination since the ink does not touch the printing actuator.

Minov *et al.* generated uniform and single droplets by exerting simultaneous control on the applied hydrostatic pressure and the piezoelectric actuator.¹³⁰ One of the undesirable factors associated with ejecting non-uniform droplets is the presence of the air bubbles in the droplets. However, the droplets can “drip out” by controlling the fluid pressure until a meniscus is visible on the nozzle tip. Changing the liquid column height in the fluid tank is a solution to reach this aim. To generate uniform droplets in a continuous inkjet printer, a piezoelectric droplet generator with an appropriate resonance frequency was used. In this technique, a pressure supplier was used to create approximate 2 kPa pressure in the liquid to generate a continuous jet.¹³⁰ Figure 18 shows uniform-sized droplets from a continuous inkjet printer.

More recently, Li *et al.* investigated the influences of the excitation parameters on the spreading characteristics of the ejected droplets.¹³¹ They aimed to improve the ejection accuracy of the piezoelectric microjets. They proposed optimization of the shape of the electric pulse to (a) control the spreading processes of the droplets from initial forming to complete spreading as well as (b) prevent droplet interaction and merging. Their results showed that the applied voltage should be reduced when the spreading response speed of the droplets reaches the necessary amount to prevent merging of the ejected droplets. By increasing the amplitude and duty ratio of the pulse voltage, the printing spacing should be increased in order to avoid interactions between the spreading process and the neighbor droplets. They also reported the effect of the duty ratio (i.e., the time it takes for a signal to finish an on-and-off cycle) and pulse voltage on

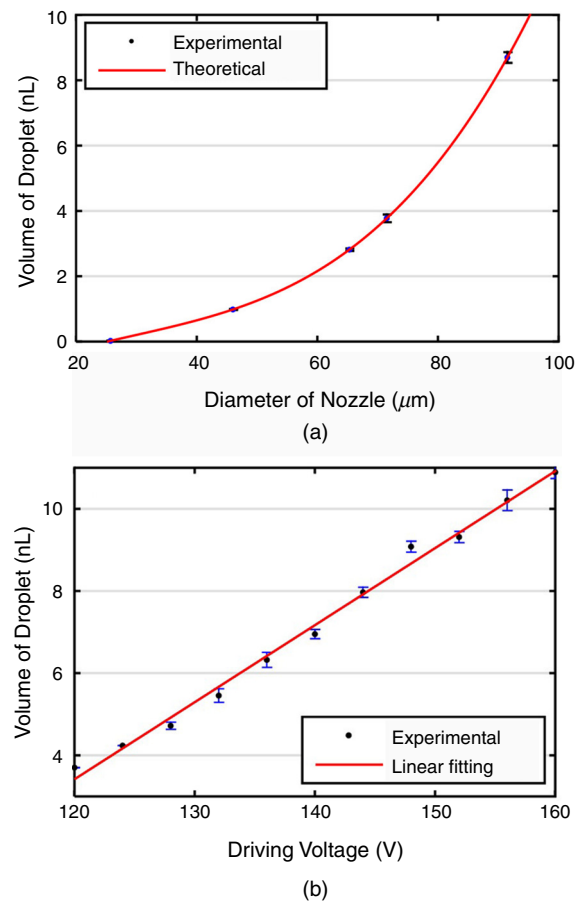


FIG. 17. The relationship between droplet volume with both (a) nozzle diameter and (b) driving voltage. A: dwell time is 1 ms, and driving voltage is 120 V, and B: dwell time is 1 ms. Reproduced from *Biomicrofluidics* 9(5), 054101 (2015),¹²⁹ with the permission of AIP Publishing.

the droplet height and diameter. The droplet height and diameter were enhanced by increasing the voltage amplitude; the rate of this enhancement was reduced by increasing the voltage above 100 V. Furthermore, the droplet diameter and the height increased by the

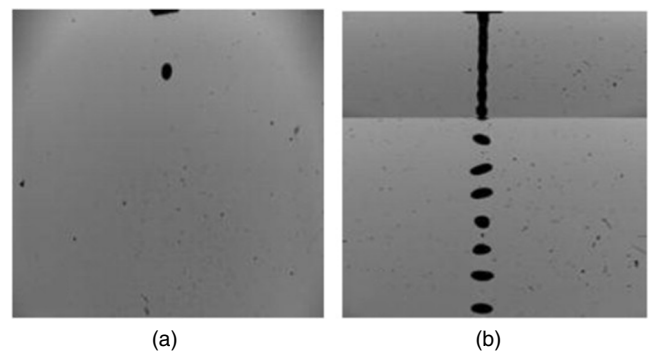


FIG. 18. Single- and uniform-sized continuous droplets. Reprinted with permission from Minov *et al.*, *Crop Protection* 69, 18–27 (2015).¹³⁰ Copyright 2015 Elsevier.

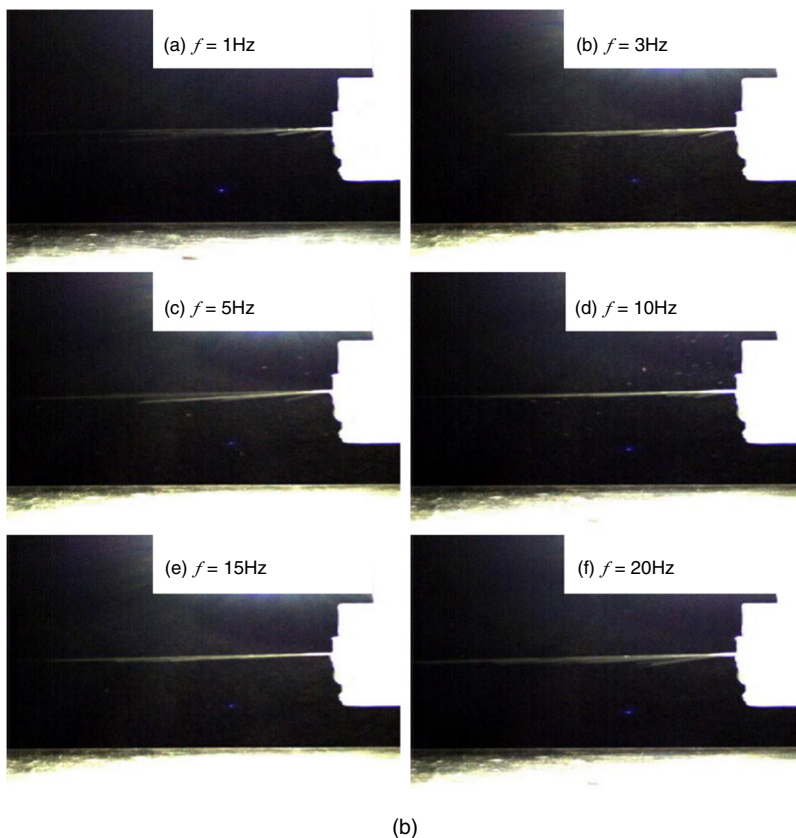
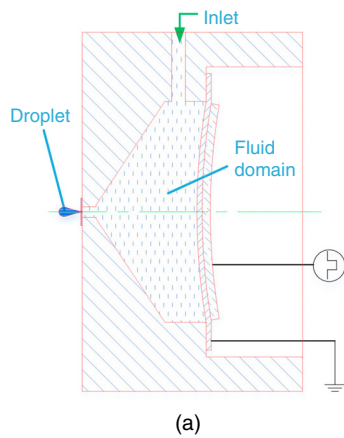


FIG. 19. Schematic picture of the piezoelectric micro-jet and the injection status (at time $t = 1 T$) of the micro-jet when operating at different frequencies. Reprinted with permission from Li *et al.*, *Ceramics Int.* **43**, S27-S35 (2017).¹³² Copyright 2017 Elsevier.

duty ratio. However, the rate of increase in these two parameters decreased for a duty ratio higher than 0.5.

Li *et al.* designed a new piezoelectric micro-jet and analyzed the influence of frequency and materials of the shell on the inkjet printing performance.¹³² Figure 19 illustrates the structure of the piezoelectric microjet. The main components of this design include the piezoelectric component, the shell, and the nozzle. They applied a square wave with the voltage amplitude of 200 V and investigated influences of frequency on the inkjet printing process.

The working fluid used in this study was water. Their results showed that an increase in the acoustic impedance intensified the nozzle pressure. However, the increase in the acoustic impedance had a negligible effect on the working frequency of the micro-jet. They also examined the impact of the working frequency on droplet generation; they showed that the injection frequency and the droplet velocity were intensified by frequency. However, the droplets no longer separated and gradually became continuous for frequency values above 200 Hz.

Shin *et al.* developed a novel technique to fabricate fine high-aspect-ratio electrodes. Figure 20 shows the schematic illustration of the technique and compares it with the conventional dispensing method. They developed a printing technique that applied the high

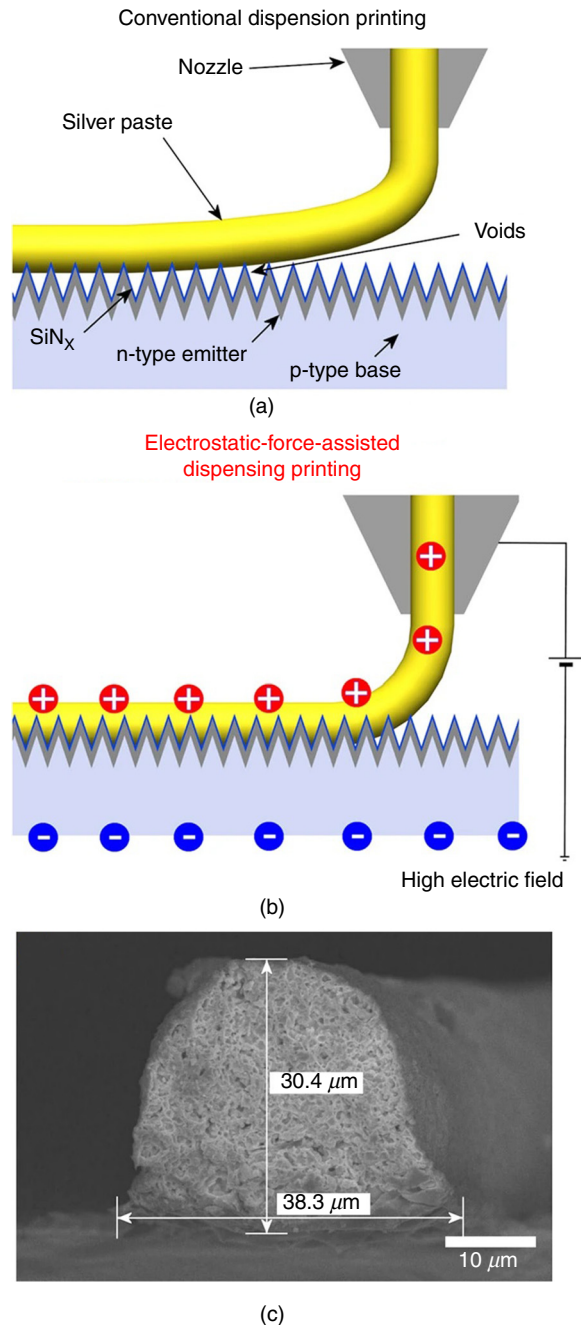


FIG. 20. Schematic illustration of the interfacial contact of the ink (silver paste) on the textured surface of a crystalline silicon solar cell printed by (a) a dispensing printing technique, (b) an electrostatic-force-assisted dispensing printing technique, and (c) a cross-sectional SEM image of its electrode. Reprinted with permission from Shin *et al.*, *Sci. Rep.* 5, 16704 (2015).¹³³ Creative Commons Attribution 4.0 International License.

electric field between the nozzle and the substrate; the electrostatic force on the accumulated charge of the meniscus pulled on the meniscus of the ink (silver paste) to form a conical shape (Taylor cone). The cone-shaped printed structures had lower contact resistivity on a textured surface compared with those made by conventional dispensing techniques. Using this technique, they reduced the contact resistivity of the electrodes from $2.19 \pm 1.53 \text{ m}\Omega \cdot \text{cm}^2$ to $0.98 \pm 0.91 \text{ m}\Omega \cdot \text{cm}^2$ (compared with those made by conventional dispensing printing). The printed structures showed better adhesion and did not easily peel off from the textured surface.¹³³

A. Positioning and interaction of droplets on substrates

Positioning and the interaction of the ejected droplets on the substrate is the second step in the printing process. The inertia, viscous, capillary, and gravitational forces affect the spreading of the droplets on the substrates. The non-dimensional numbers associated with this phenomenon are the Reynolds, Weber, Ohnesorge, and Bond numbers. The gravitational force has a negligible effect compared with the surface tension forces. The typical droplet properties are $\rho \approx 1000 \text{ kg/m}^3$, $a < 1000 \text{ }\mu\text{m}$, and $\gamma < 0.1 \text{ J/m}^2$. These values result in a Bond number considerably lower than 1 ($Bo \ll 1$). This number is the ratio of the gravitational force to the surface tension force. In turn, a Bond number considerably smaller than 1 means that the gravitational force will be negligible compared to the surface tension force. Therefore, the inertia, viscous, and capillary forces will govern droplet-substrate interaction. When the droplet impacts the substrate, it will spread, rebound, or splash. On the wetting surface, the droplet will spread more, and the diameter of the droplet will become larger. On the other hand, the droplet may recede or rebound up on a non-wetting surface. The droplet may splash on the rough substrate, which will lead to the wavy boundaries. Both surface and ink properties should be modified to enhance the droplet/substrate interaction as well as the uniformity and quality of the printed patterns. Stringer and Derby showed that the width of the linear deposit has a minimum that depends on the droplet size and the surface energy interaction of the substrate and the droplet.¹³⁴

Several studies have been conducted to modify the interaction between droplets and substrates in order to enhance printing quality and uniformity. For example, Planchette *et al.* studied the effect of substrate wettability on the shape of droplet.¹³⁵ They examined interactions of aqueous droplets with three types of substrates, including the hydrophilic fast dissolving substrate named Rapidfilm[®], the hydrophobic non-porous film from CURE Pharmaceutical[®], and the hydrophilic non-porous film from CURE Pharmaceutical[®]. Figure 21 shows profilometry of the Rapidfilm[®] and the hydrophobic non-porous film from CURE Pharmaceutical[®] before and after printing. The non-printed Rapidfilm[®] was smooth; the maximum rugosity was $2 \text{ }\mu\text{m}$. In the printed Rapidfilm[®], the depth of crater was $8.5 \text{ }\mu\text{m}$, which was surrounded by a crown with $3 \text{ }\mu\text{m}$ height and $220 \text{ }\mu\text{m}$ diameter. The non-printed hydrophobic non-porous film from CURE Pharmaceutical[®] was more rugged; the surface elevation was approximately $10 \text{ }\mu\text{m}$. The printed hydrophobic non-porous film from CURE Pharmaceutical[®] had hemi-spherical shaped protuberances with $35 \text{ }\mu\text{m}$ height and $130 \text{ }\mu\text{m}$ diameter. They also analyzed the interactions of aqueous droplets with these substrates after coating them with PEG6000; coating the substrates increased the wettability of the

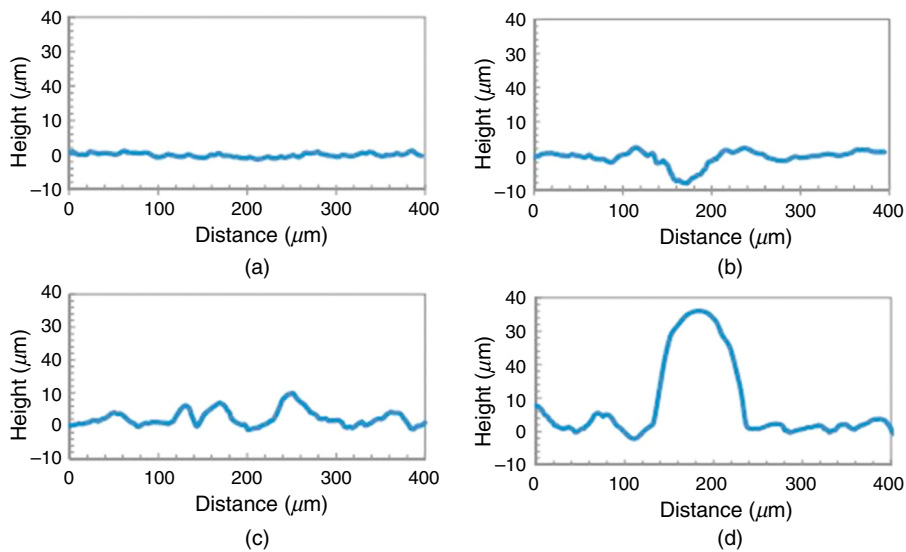


FIG. 21. Profilometry of (a) of Rapidfilm[®] Tesa Labtec without printing, (b) Rapidfilm[®] with printed spots of 10 droplets of sodium picosulfate ink, (c) hydrophobic non-porous film of CURE Pharmaceutical[®] without printing, and (d) hydrophobic non-porous film with printed spots of 10 droplets containing sodium picosulfate ink. Reprinted with permission from Planchette *et al.*, *Int. J. Pharm.* **509**(1–2), 518–527 (2016).¹³⁵ Copyright 2016 Elsevier.

substrates. The aqueous droplets had more protuberances on the uncoated hydrophobic non-porous substrate than the PEG 6000-coated one. Figure 22 shows the shape of a droplet on both coated and uncoated substrates. On the hydrophobic and porous substrates, a consistent surface texture with topological deviations of less than 12 μm was observed in the printed films. On the hydrophobic and non-porous substrates, the shape of the droplets changed to a hemispherical cap with 35 μm height after drying. Since the hydrophobic surface minimizes absorption and spreading, pre-coating the substrate with a PEG-based hydrophilic material was used to provide a more homogeneous distribution of printed APIs.

The droplet must impact the substrate in a manner that prevents splashing and leaves a single isolated spread drop on the substrate. Stow *et al.* experimentally showed that the following condition must be satisfied to prevent splashing:¹³⁶

$$We^{1/2}Re^{1/4} > f(R) \quad (4)$$

In the above equation, $f(R)$ is only a function of surface roughness. It will be around 50 for surfaces that are flat and smooth.

Pegg *et al.* conducted analytical and numerical studies to analyze elastic deformation of the substrate and highlighted the effect of a flexible substrate on the contact line velocity and jet behavior.¹³⁷ Their results showed that oscillation of the substrate caused a blow-up of splash jet and splashing. Deflection of the elastic substrate strongly

affected the radius of the contact line. If the acceleration of the contact line was negative, then the jet flow was smooth and finite. The oscillation of the substrate in the early impact stage may change the sign of the contact line. This phenomenon was shown in an elastic substrate that had a small period of natural vibration. However, positive acceleration of the contact line resulted in a blow-up of the jet flow along with secondary torus jet formation.¹³⁷

It should be noted that the surface properties of the substrate affect the shape of the printed droplets. As an example, Fig. 23 shows the shapes of the droplet on three different types of paper. These results showed that the substrate with similar properties to copy paper was the most favorable one for the preparation of a drug-delivery system by thermal inkjet printing. However, the droplet diameter was greater than the nozzle diameter. Figure 24 shows the substrates after one and nine layers of the API printing. The copy paper showed no crystals because the ink was absorbed by the substrate matrix during the printing process. In orodispersible films, the API crystals were arranged in a line formation. The crystals were observed after two cycles of printing and grew when additional layers were printed. The crystals were also observed on transparency film; these features were detected after one layer of printing. It is also noted that the copy paper contained the greatest amount of API after nine layers of API printing; the transparency film and the orodispersible material showed the next highest amounts of API.¹³⁸

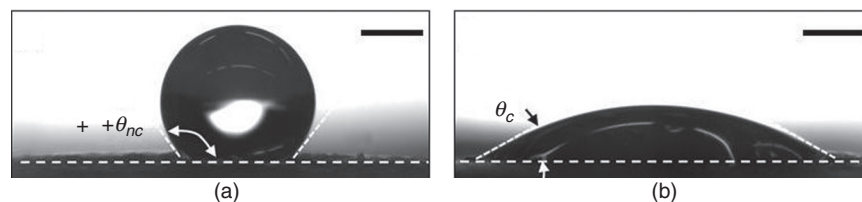


FIG. 22. Contact angle of a water droplet on uncoated and coated hydrophobic non-porous CURE Pharmaceutical[®] substrate ($\theta_{nc} = 120$ and $\theta_c = 30$). Scale bars indicate 500 μm . Reprinted with permission from Planchette *et al.*, *Int. J. Pharm.* **509**(1–2), 518–527 (2016).¹³⁵ Copyright 2016 Elsevier.

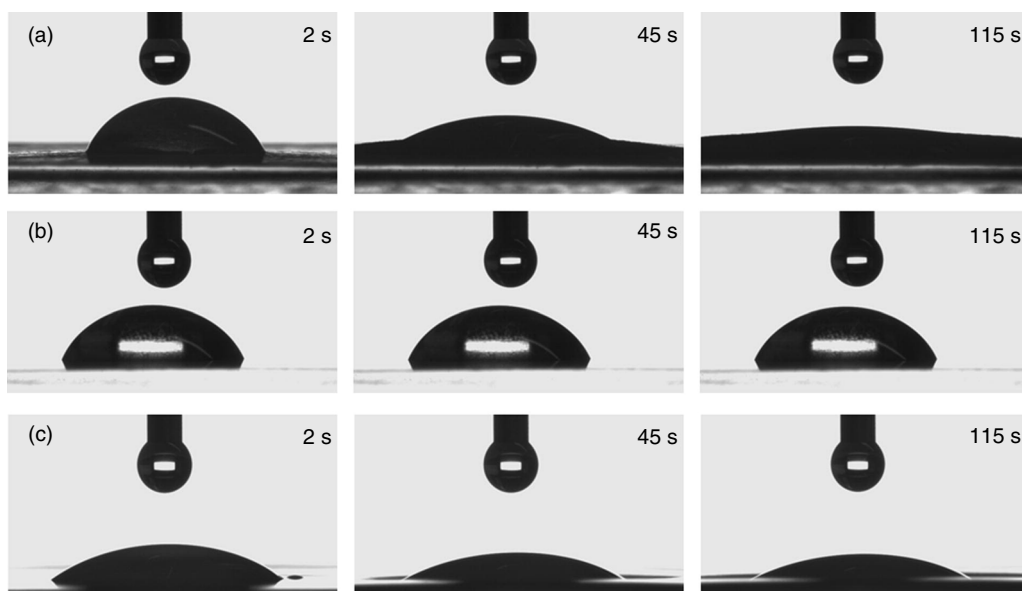


FIG. 23. Effect of various substrates on droplet shape in time: (a) copy paper, (b) transparency film, and (c) orodispersible film. Reprinted with permission from Genina *et al.*, *Eur. J. Pharm. Biopharm.* **85**(3), 1075–1083 (2013).¹³⁸ Copyright 2013 Elsevier.

Endowing the substrate with improved chemical/physical properties is an efficient approach to decrease the wetting of printed droplets and increase the printing resolution.^{139–142} Rebounding and splashing of the droplets is associated with drier substrates; on the other hand, the droplets tend to spread more on wetter surfaces, resulting in the formation of a flat disc-shaped dot.^{135,143} The surface roughness of the substrate may also cause the droplets to splash, reducing the resolution of the pattern.^{144,145}

B. Drying and other solidification mechanisms to produce a solid deposit

The patterns need to be both dried and solidified in order to complete the inkjet printing process. This step has a significant influence on the uniformity and quality of the printed pattern. Inhomogeneous evaporation of the solvent in the printed pattern is one of the main causes of non-uniformity in the printed pattern. This effect, which is known as the coffee ring effect, is caused due to accumulation of solute material at the rim of the drying droplet. Figure 25 shows an example of this effect. Convective flow in the droplet can also result in the coffee ring effect. When a coffee droplet dries on a surface, the density of color is greater at the perimeter of the droplet.^{146,147} An evaporation droplet contact line is pinned on a substrate that results in capillary flow toward the edges. Suspended material is carried to the edges of the droplet by capillary flow. This phenomenon, called the “coffee ring effect,” reduces the printing accuracy. Several mechanisms, which involve controlled evaporation of the solvent, have been reported to minimize this effect.^{148–154} Soltman *et al.* showed the effect of different drop spacings and temperatures on printed line morphologies. They showed that the coffee ring effect can be controlled by the evaporation profile of the drying drops and lines.¹⁵⁵

Marangoni flow is another phenomenon that may occur during the drying step; this phenomenon may also reduce the uniformity of the printed droplet. Marangoni flow occurs when there is a surface tension gradient in the fluid that pulls the flow away from a region of low surface tension. Depending on the droplet type, this phenomenon can carry the fluid either toward the edge of the droplet or toward the center of the droplet. Figure 26 shows a microscope image of the Marangoni flow; it is clear from this image that this phenomenon can carry the fluid to the edge. Since evaporation of the droplet is fastest at the contact edge (Fig. 27), a convective flow called outward convective flow occurs in the droplet to make up for the lost fluid. Outward convective flow in the droplet is induced because of fast evaporation at the contact edge; the formation of an uneven ring and a structure with random crystallinity is associated with this phenomenon. Figure 26 shows the effect of different solvent compositions in a TIPS-PEN [6,13 btris (triisopropylsilylethynyl) pentacene] droplet.¹⁵⁶ Incorporation of a minor component with a higher boiling point and lower surface tension than the major solvent can diminish this undesirable effect.¹⁵⁶ Lim *et al.* produced a crystal that induced a Marangoni flow in the direction opposite to the convective flow to control the evaporation process and develop a more accurate printed structure.¹⁵⁶ Tekin *et al.* also controlled the coffee ring effect by mixing a solvent in the ink to produce a homogenous polymer film.¹⁵¹

The drying process in the printed droplets must be controlled to obtain uniform thin films. Zhou *et al.* showed that the substrate temperature is an important parameter in the drying behavior due to the high surface-area-to-volume ratio for the droplets. They characterized printed droplets containing poly(3,4-ethylenedioxythiophene):poly(styrenesulfonate) on substrates with different temperatures. Figures 28 and 29 show the effect of the substrate temperature on the droplet shape and the edge angle of the droplet, respectively. They concluded that the temperature of the substrates significantly affected

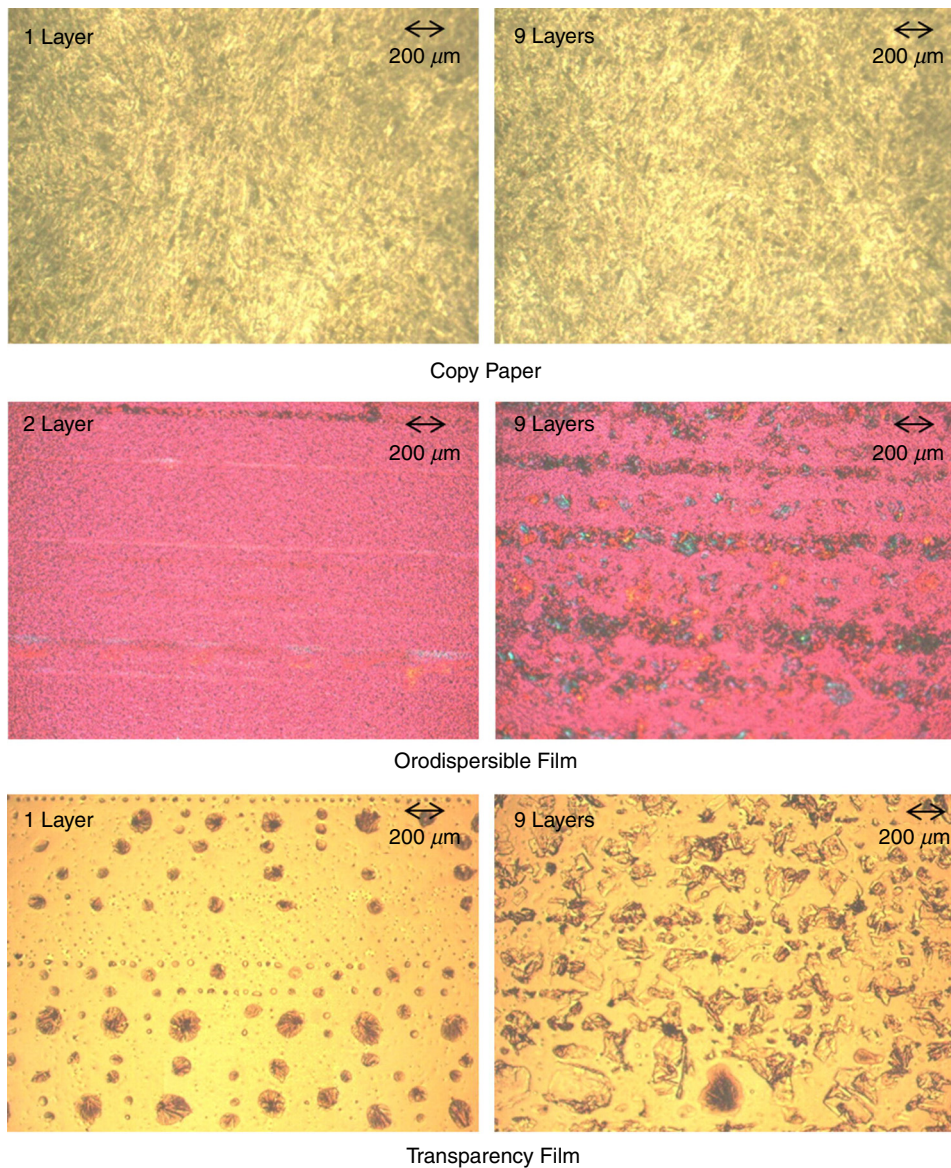


FIG. 24. Polarized light microscope micrographs of the drug-ink on the three different substrates. Reprinted with permission from Genina *et al.*, *Eur. J. Pharm. Biopharm.* **85**(3), 1075–1083 (2013).¹³⁸ Copyright 2018 Elsevier.

the shape of the dried droplets; the droplet shape can be placed in three categories, including the Gaussian shape ($<40^{\circ}\text{C}$), the transition shape (between 40°C and 50°C), and the ring-like shape ($>50^{\circ}\text{C}$). The printed patterns associated with the Gaussian shape region were taller than the printed patterns associated with the other regions. The ring-like shape was associated with the lowest height and splashing effects.¹⁵³

VI. ENGINEERING CONSIDERATIONS

There are many design parameters, including printer design and ink characteristics, which can affect the printing process and printing quality. The possible range of the processing parameters may be limited because of printer manufacturing restrictions or biological considerations. The ink properties such as surface tension and viscosity are the

most important factors affecting the printing quality. The printed patterns will also be influenced by the nozzle design parameters, including inner diameter and constitutive material, as well as the mechanisms of droplet generation and ejection. All of these parameters should be optimized to process uniform and high-resolution patterns as well as meet the biological and engineering restrictions. The cell viability characteristics in the ink prior to printing, during printing, and after printing are another design parameter that restricts printing of viable cells.^{157,158}

A. Ink properties

As mentioned previously, the viscosity and the surface tension of the ink significantly influence the quality, resolution, and uniformity of the ink printed patterns. For example, the viscosity affects the Reynolds, Weber, and Ohnesorge numbers. The surface tension also

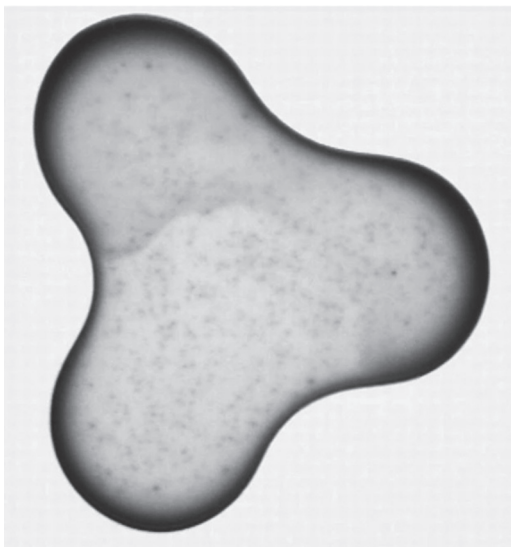


FIG. 25. Coffee ring effect after drying. Reprinted with permission from Deegan *et al.*, *Nature* **389**(6653), 827 (1997).¹⁴⁷ Copyright 1997 Springer Nature.

influences the Weber, Ohnesorge, and Bond numbers. These non-dimensional numbers significantly regulate the printing outcome. The surface tension and viscosity of typical inks in recent 3D printers is presented in Table II. These two parameters affect all of the three steps of the printing process, including fluid ejection, droplet generation,

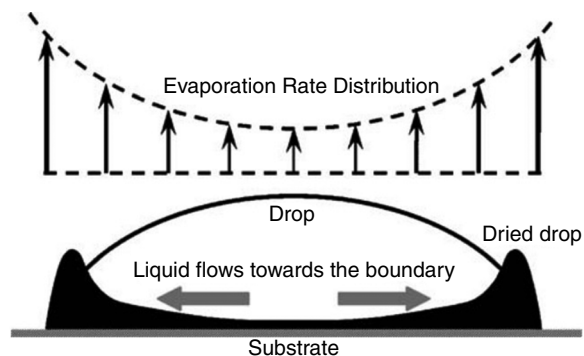


FIG. 27. Schematic of liquid [poly(3,4-ethylenedioxythiophene):poly(styrenesulfonate)] flow and the rate of evaporation in the droplet. Reprinted with permission from Zhou *et al.*, *Int. J. Adv. Manuf. Technol.* **48**(1–4), 243–250 (2010).¹⁵³ Copyright 2009 Springer Nature.

positioning of droplets on substrates, interaction of droplets on substrates, drying mechanisms, and solidification mechanisms. These parameters also influence the printability of various fluids and inks.

The viscosity of typical inks is 0.4–25 mPa·s (Table I). It can be extended to 100 mPa·s for the thermally actuated system.¹⁵⁹ It has been shown that printing in more viscous inks is associated with higher resolution in inkjet printing. However, nozzle clogging is more likely when more viscous inks are used. Lowering the ink viscosity is a mechanism to prevent nozzle clogging. However, a low ink viscosity is associated with increased spreading of the ink on the substrate and reduced resolution of the printed pattern.¹⁶⁰ It should also be mentioned that more viscous fluids tended to obstruct the nozzle, and

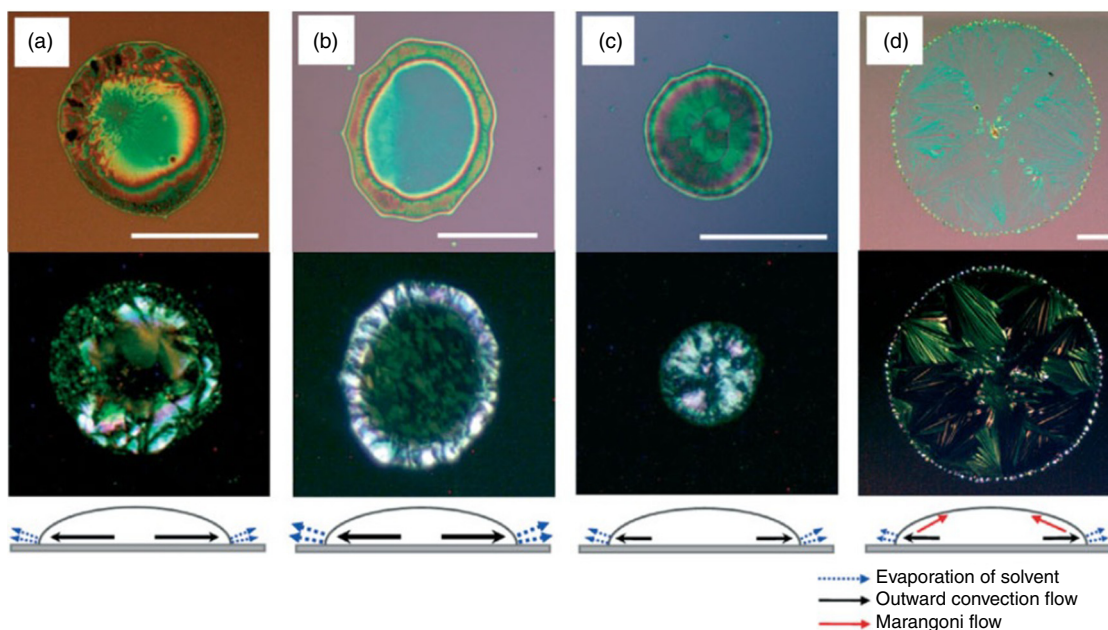


FIG. 26. Optical microscope and polarized images of inkjet-printed 6,13-bis(triisopropyl-silylethynyl) pentacene (TIPS-PEN) droplets with various solvent compositions: (a) chlorobenzene and mixed-solvents containing chlorobenzene and 25 vol. %, (b) hexane, (c) o-dichlorobenzene, and (d) dodecane. Reprinted with permission from *Adv. Funct. Mater.* **18**(2), 229–234 (2008).¹⁵⁶ Copyright 2008 John Wiley and Sons.

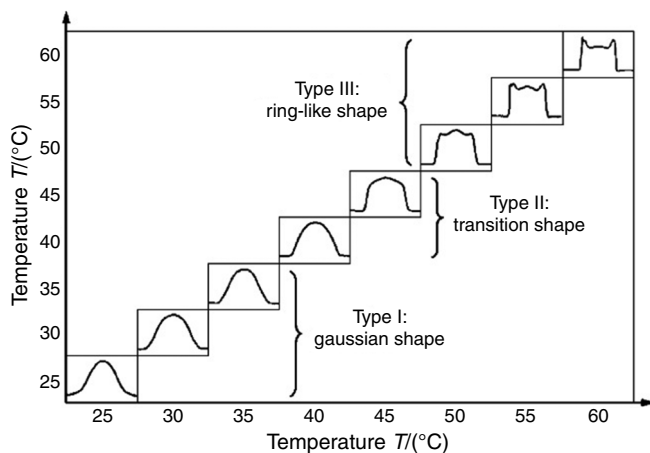


FIG. 28. Shapes of droplets on the same substrates with different temperatures. Reprinted with permission from Zhou *et al.*, *Int. J. Adv. Manuf. Technol.* **48**(1–4), 243–250 (2010).¹⁵³ Copyright 2009 Springer Nature.

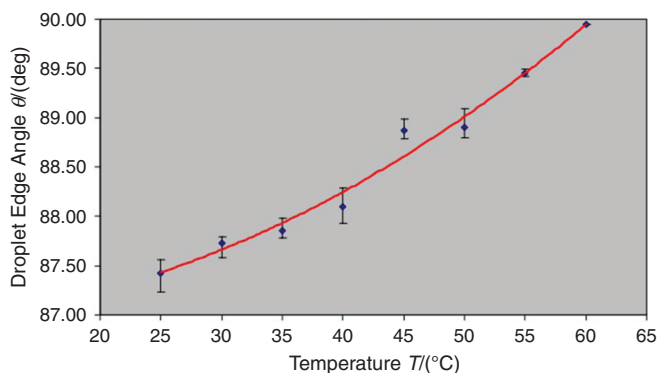


FIG. 29. Effect of substrate temperature on droplet width and edge angle. Reprinted with permission from Zhou *et al.*, *Int. J. Adv. Manuf. Technol.* **48**(1–4), 243–250 (2010).¹⁵³ Copyright 2009 Springer Nature.

consequently require higher pressure pulses for ink ejection.¹⁶¹ Nozzle-free approaches have been introduced as an alternative method for printing high viscosity inks (e.g., viscosity in the range of 1–300 mPa.s).^{162–164} However, precoating of the substrate, which is often utilized in this approach, is a time-consuming process.

TABLE II. Inks used in inkjet printing.

Ref	Ink	Ink viscosity (mPa.s)	Ink surface tension (mN.m ⁻¹)
108	Ethylene Glycol	20	50
179	Water		
185	50 Ethylene Glycol-50 Water	5.05	46.7
126	75 gallium-25 indium	1.7	624
126	75 gallium-25 indium	1.7	624
	75 gallium-25 indium	1.7	624
113	fibroblasts and sodium alginate		45.2
130	Water		
181	Dowanol		
188	Nano silver	15.7	73.5
106	Glycerol(G)-Water(W)	1–22.5	66.4–7.6
106	Glycerol(G)-Water(W)	1–22.5	66.4–7.6
106	Glycerol(G)-Water(W)	1–22.5	66.4–7.6
172	Water		
189	CuNO ₄ - Water	~ 4.45	88
183	Dowanol	10.17	15.55
183	Dowanol	10.17	15.55
183	Dowanol	10.17	15.55
184	Ethyl acetate	0.452	2.367
184	Ethyl acetate	0.452	2.367
184	Ethyl acetate	0.452	2.367
190	Water-like	0.002	35.71
191	Commercial AgNp	6.8 ± 0.7	30 ± 1
192	5 Fe ₃ O ₄ -95 (nanoparticles+ UV Curable matrix resin)	18.03	23.91
192	10 Fe ₃ O ₄ -90 (nanoparticles+ UV Curable matrix resin)	18.08	20.91
193	6 Hydroxypropyl cellulose- 94 Water	45	44.5

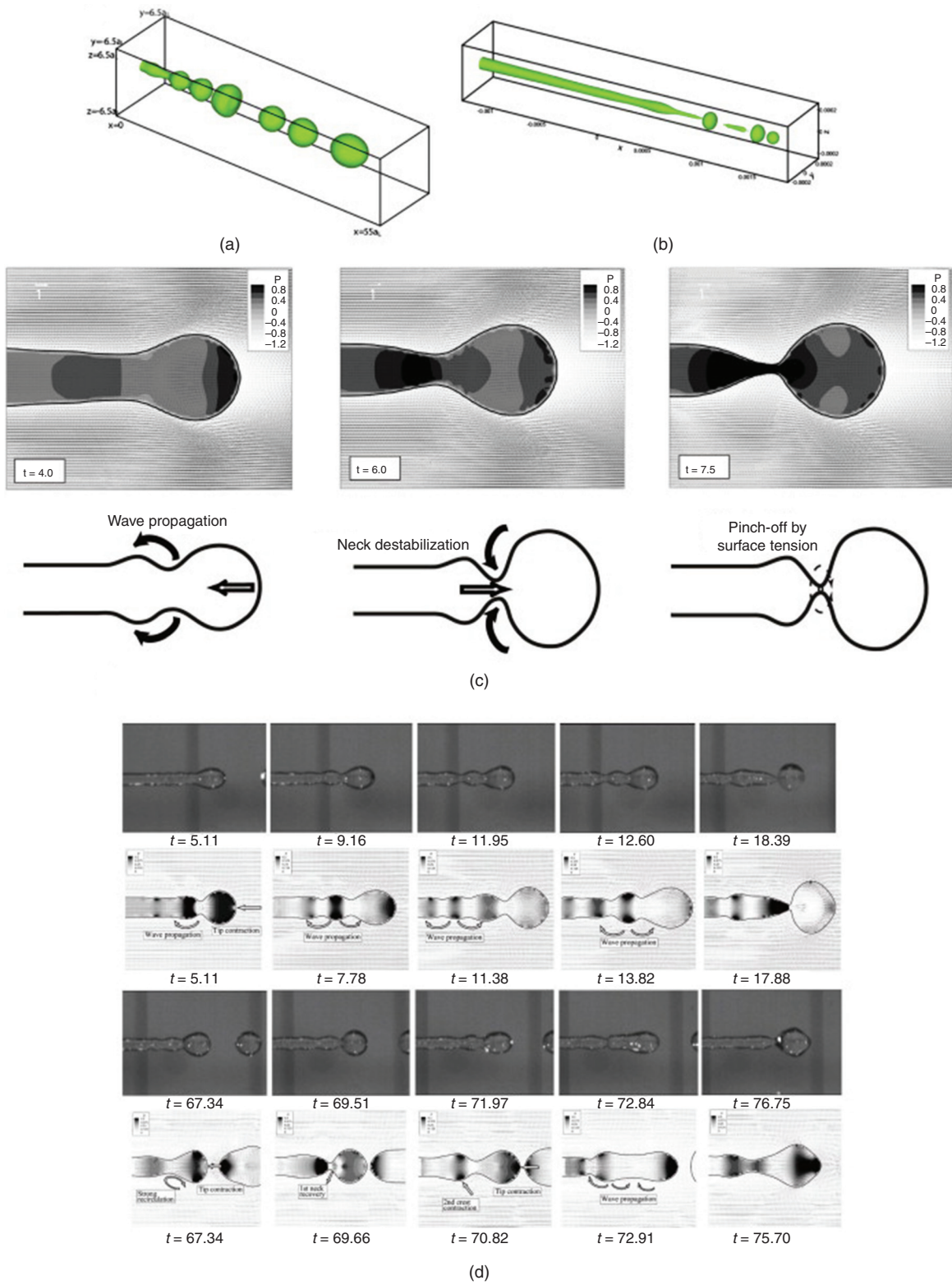


FIG. 30. Effect of surface tension ligament. Reprinted with permission from Shinjo *et al.*, *Int. J. Multiphase Flow* 36(7), 513–532 (2010).¹⁷⁰ Copyright 2010 Elsevier.

TABLE III. Engineering design of inkjet printers.

Ref	Nozzle material	Nozzle (inner diameter)	Droplet diameter	Actuation	Droplet velocity	Breakoff length
108	Glass	60 (μm)	Less than 80	PZT ^a		680 (μm)
179	Glass	354 (μm)	869 (μm)	PZT ^a		1323 (μm)
185	Glass	50 (μm)		PZT ^a		39 (μm)
126		448 (μm)		PEF ^b		<1437 (μm)
126		448 (μm)		PEF ^b		
126		448 (μm)		PEF ^b		
113	Glass	120 (μm)	147 (μm)	PZT ^a		935 (μm)
130	Glass	123.4 \pm 5.2 (μm)	390.2 \pm 4.6 (μm)	PZT ^a	0.49 \pm 0.01 (m/s)	
181				PZT ^a	9 (m/s)	333 (μm)
188		27 (μm)	54.6–45.1 (μm)	PZT ^a		
106	Glass	30 (μm)		PZT ^a		**
106	Glass	30 (μm)		PZT ^a		***
106	Glass	30 (μm)		PZT ^a		****
172		50 (μm)	10–30 (μm)	PZT ^a		
189	Nozzle-free	Nozzle-free		TST ^c		
183				PZT ^a	6.5 (m/s)	0
183			5.047 pL	PZT ^a	5.51 (m/s)	
183			5.03 pL	PZT ^a	5.51 (m/s)	
184	Glass	50 (μm)	12, 13.4, 23.4 (μm)	PZT ^a	0.84, 1.08, 2.61 (m/s)	
184	Glass	50 (μm)	6.2, 7.99, 10.2 (μm)	PZT ^a	0.67, 1, 1.2 (m/s)	
184	Glass	50 (μm)	1.1, 2, 5.9 (μm)	PZT ^a	1.83, 1.47, 2.55 (m/s)	
194	Glass	36		PZT ^a	8 (m/s)	
192		35	70–75	PZT ^a		
195		30	26	PZT ^a		

^a $\sqrt{10}$ Piezoelectric.^bPulse electromagnetic force.^cThermo cavitation technique.

**In low viscosity fluid (0 G-100W and 20 G-80W), satellites are observed. By increasing the viscosity (40 G-60W and 60 G-40W), the droplet has no satellite and is solitary. In further increasing the viscosity (70 G-30W), no droplet is generated.

***Due to high surface tension, no droplet is generated in 70 G-30W ink.

****This waveform can eject the 70 G-30W ink.

Mixing materials or cross-linkers with different concentrations is one of the solutions for controlling viscosity.¹⁶⁵ Heating of the ink is another solution that is commonly used in thermal inkjet printers. However, this approach may damage living cells or biological materials in the ink.^{165,166} Printing of inks containing cells has got more attention recently.^{167–169} It has been demonstrated that viscosity increases with cell concentration at a given shear rate. However, the surface tension of the fluid decreases along with an increase in the living cell concentration.^{113,114} Surface tension also has an important effect on drop formation at the nozzles. In piezoelectric inkjet printers, a drop is ejected when the electric pulse exceeds a threshold value. A higher surface tension is associated with a larger threshold value. If the electric field is not strong enough, then the drop remains stable or oscillates at the nozzle tip. In addition to viscosity, the surface tension is an important parameter in drop formation. Surface tension also plays an important role in ligament behavior; this behavior can be described in two directions. In the generating line direction, it leads to a neck radius

increase; in the peripheral direction, surface tension decreases the neck radius (Fig. 30)^{161,170,171}

B. Nozzle properties

The nozzle is one of the most important elements of the inkjet printer since it has important effects on the functionality and precision of the 3D printing process. Direct interactions of the nozzle with the ink and the droplet significantly affect the quality, uniformity, and resolution of the printed structures. The inner diameter of the nozzle of the inkjet printer highly affects the Reynolds, Weber, Ohnesorge, and Bond numbers. Therefore, this parameter must have an important influence on the three steps of printing, including (a) ejecting fluids and generating droplets, (b) droplet/substrate interaction, and (c) drying and solidification. Table III summarizes the inner diameter of recently developed 3D printers; this parameter ranges from 20 μm – 500 μm . Table IV shows the voltage rising/falling/dwelling time, voltage, frequency, and waveform from several studies. The

TABLE IV. Waveform characteristics of piezoelectric inkjet printers.^a

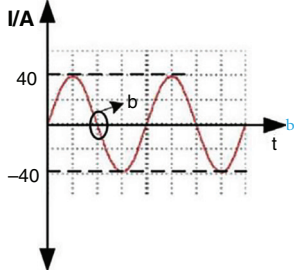
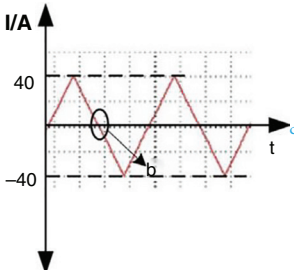
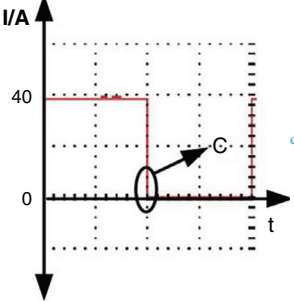
Ref	Voltage rising/falling/ dwelling time (μs)	Voltage (V)	Frequency (Hz)	Waveform	Waveform
108	7/7/18	85	3000		
179	$\frac{t_{\text{falling}}}{t_{\text{rising}}} = 0.26$	220	102	Triangular	
185	(2/2/6)	60	1000	Unipolar Trapezoidal	
126	$b = 10 \mu\text{s}$	$\frac{I}{A} = 40$ I is input current	50	Sine	
126	$b = 10 \mu\text{s}$	$\frac{I}{A} = 40$	50	Triangular	
126	$c = 5.510 \mu\text{s}$	$\frac{I}{A} = 40$	90	Pulse wave	

TABLE IV. (Continued.)

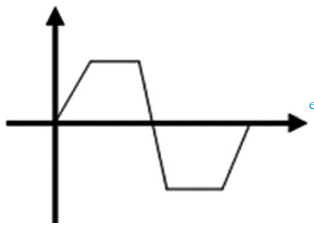
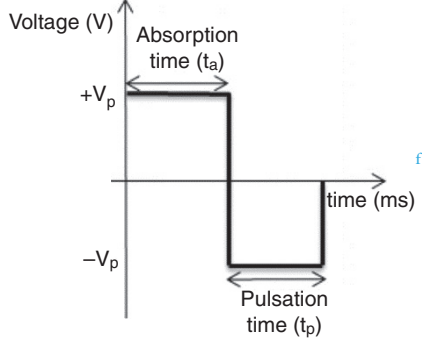
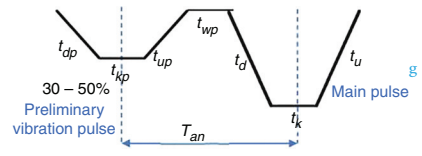
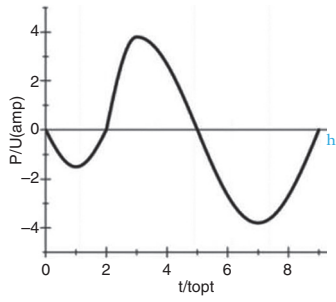
Ref	Voltage rising/falling/ dwelling time (μ s)	Voltage (V)	Frequency (Hz)	Waveform	Waveform
113	3/3/20	45	50	trapezoidal	
130	$t_a = 0.7$ & $t_p = 1$ t_a : Absorption time t_p : Pulsation time	4.5	8000		
181	$t_{dp} = t_{kp} = t_{up} = t_{up} = t_{wp}$ $= t_d = t_k = t_u = 2$	14		Preliminary vibration (30%)	
188		3.7-4.5		Similar to sine	

TABLE IV. (Continued.)

Ref	Voltage rising/falling/ dwelling time (μ s)	Voltage (V)	Frequency (Hz)	Waveform	Waveform
106	5/5/14	12	1000	Single wave	
106	5/5/14	20	1000	Double waveform	
106	5/5/14 $T_{echo}=14$, $T_{final}=5$	20	1000	Bipolar waveform	
172	Table S1 of the ESI	50–150	10		

TABLE IV. (Continued.)

Ref	Voltage rising/falling/ dwelling time (μs)	Voltage (V)	Frequency (Hz)	Waveform	Waveform
189				Acoustic shock wave	
183		14		Basic	
183	mentioned in the waveform	15		U	
183	mentioned in the waveform	16		W	
184	mentioned in the waveform		500	Unipolar	
184	mentioned in the waveform		500	Bipolar	

TABLE IV. (Continued.)

Ref	Voltage rising/falling/ dwelling time (μs)	Voltage (V)	Frequency (Hz)	Waveform	Waveform
184			500	Tripolar	
195	3/3/16	20	10000	Unipolar Trapezoidal	

^aEach similar row numbers in the tables (II, III, and IV), from row 1 (Ref. 93) to row 21 (Ref. 165) shows the results of the same study.

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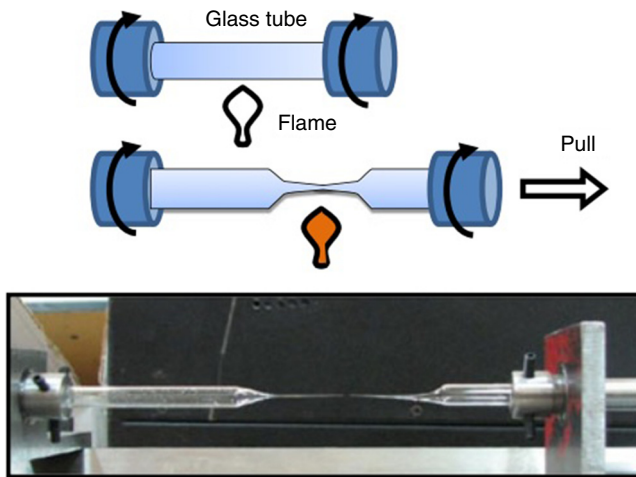


FIG. 31. Glass nozzle fabrication process. Reprinted with permission from Sadeghian *et al.*, *Int. J. Adv. Manuf. Technol.* **70**(5–8), 1091–1099 (2014).¹⁷⁹ Copyright 2013 Springer Nature.

nozzles are also constructed from glass. The surface properties of the nozzle greatly influence the printing efficiency. Table III considers both the inner diameter of the nozzle and the diameter of the generated droplets. It is clear that these two diameters are not identical. The difference can be explained by considering the nozzle-substrate distance, mechanical vibration of the printer, substrate properties, and drop solidification process.^{157,162}

The data shown in Table II indicate that the droplets start to grow as they are ejected; in turn, their diameters are slightly higher than the inner diameters of the nozzle. In the piezoelectric actuators, the electric pulse shapes can be modified to control the droplet diameter and decrease the diameter of the ejected droplets.^{162,172} Reducing the size of the ejected droplets can be achieved by changing the print-head type.¹⁷³ Efforts are under way to develop more precise methods of nozzle fabrication. The micro-electroforming method was one of the initial methods for nozzle fabrication.^{174,175} Photolithography has recently been used to fabricate nozzles for printers.^{176–178} Another creative fabrication method was proposed by Sadeghian *et al.*, which involves fabrication of glass-based nozzles. They heated the center of a glass tube with a flame to a temperature that exceeds the glass transition temperature and pulled on the material from one side until the glass neck formed a sharp taper to fabricate the nozzle.¹⁷⁹ They subsequently ground the tip of the nozzle to obtain the appropriate roundness tolerance and diameter. Figure 31 shows the schematic and image associated with this process. The nozzle tip must have appropriate surface properties to enhance printability; for example, increased wettability at the tip of the nozzle was associated with merging of droplets. This undesired phenomenon reduced the accuracy of the printer; it was addressed by applying a hydrophobic coating to the glass nozzle.¹⁷⁹

C. Actuator properties

Actuators are responsible for ejecting droplets in inkjet printers. These components are usually embedded at the nozzles on the printers to eject droplets from the nozzle by various mechanisms, including piezoelectric crystal actuation, electromagnetic forces, thermal

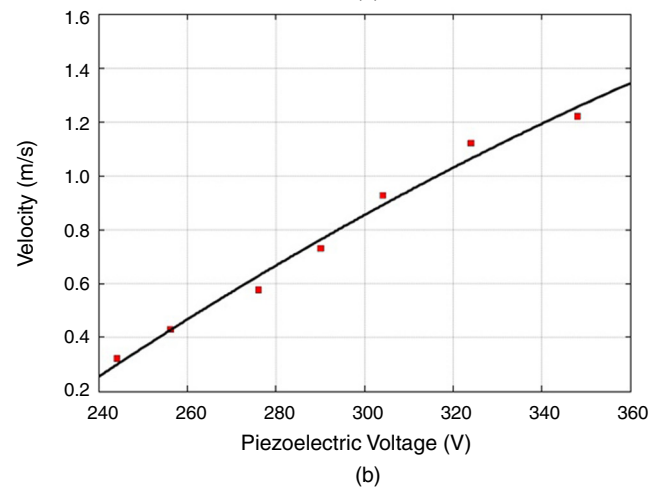
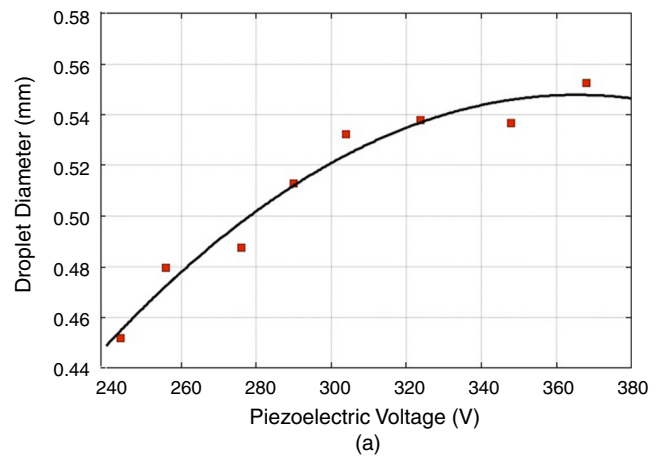


FIG. 32. Effect of voltage amplitude on (a) droplet diameter and (b) droplet velocity. When frequency = 250 Hz, nozzle diameter = 0.307 mm, and compression time/suction time = 0.26. Reprinted with permission from Sadeghian *et al.*, *Int. J. Adv. Manuf. Technol.* **70**(5–8), 1091–1099 (2014).¹⁷⁹ Copyright 2013 Springer Nature.

actuation, and pneumatic pumps. Although each type of these actuators relies on a different mechanism, all of the actuator types have the same purpose, which is to overcome the ink surface tension and eject the droplets. Piezoelectric and thermal actuators are more commonly used; however, electromagnetic actuators have also been developed.^{126,180}

The piezoelectric actuator is commonly used in 3D printers. The embedded piezoelectric crystal at the printhead of the inkjet printer converts an electric voltage to mechanical stress, which generates an acoustic wave to eject the ink from the nozzle. Control over this type of actuator is more straightforward than over other types of actuators. Thermal actuators are also used in 3D printing. These printers contain a small thin film heater in the fluid chamber. The direct contact of the ink and the heating source raises the ink temperature to produce and expand bubbles in the inks, causing ejection from the nozzle. The heating process in these actuators should be strong enough to generate bubbles. The heating process should also be regulated to reduce damage to the ink.¹⁶¹ In electromagnetic actuators, the pressure pulse is

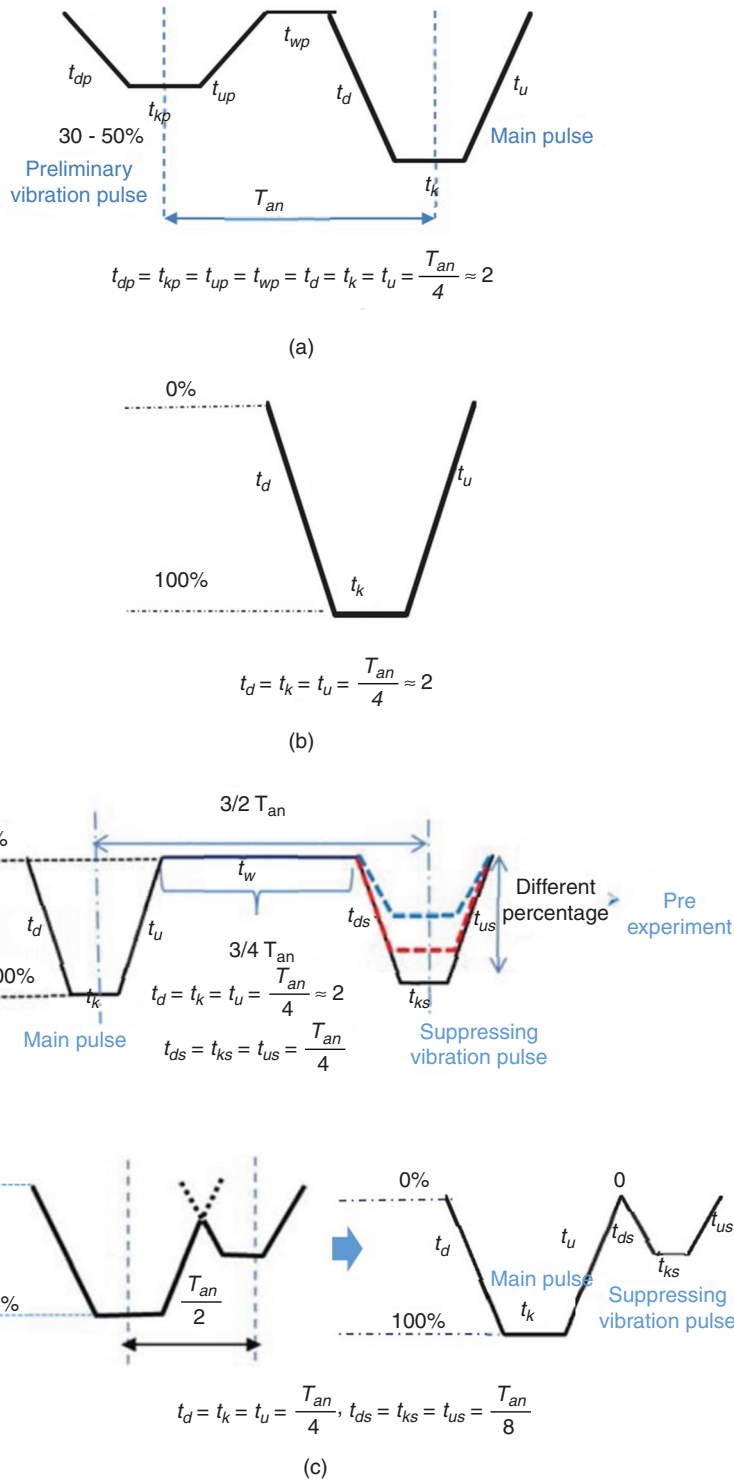


FIG. 33. Waveform profiles: A: Preliminary vibration, B: Basic waveform, and C: Suppressing vibration. Reprinted with permission from Oktavianty *et al.*, *Int. J. Mech. Aero. Ind. Mechatron. Manuf. Engineer.* 11(4), 880–889 (2017).¹⁸¹

generated by an electromagnetic force. This type of actuator is suitable for printing metallic inks.¹²⁶

Piezoelectric actuators are commonly used for printing. Table III summarizes the design parameters of recent piezoelectric printers.

These actuators convert the electric voltage to mechanical stress to accomplish droplet ejection. The shape of the electric pulses is the critical factor that affects the performance of these printers; this parameter is characterized by the applied voltage, the suction time, the

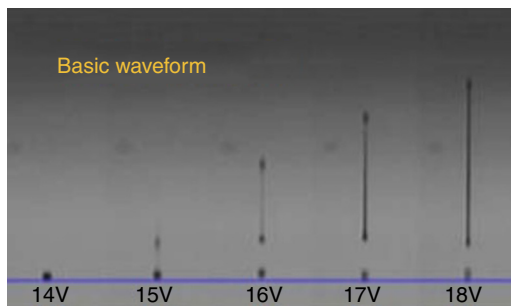


FIG. 34. Droplet shape for basic waveform at $1000\ \mu\text{m}$ from nozzle. Reprinted with permission from Oktavianty *et al.*, *Int. J. Mech. Aero. Ind. Mechatron. Manuf. Engineer.* 11(4), 880–889 (2017).¹⁸¹

compression time, and the signal frequency. Many studies have been carried out to understand the influence of the electric pulse on droplet generation. For example, the effects of voltage and the ratio of compression time and suction time have been investigated by Sadeghian *et al.*¹⁷⁹ They showed that stronger voltages generated larger droplets. Higher intensities of electric voltage produced larger displacements of the diaphragm, produced stronger forces, and ejected larger droplets; it also increased the velocity of the droplet. Figure 32 shows the effect of the voltage amplitude on the droplet diameter and velocity.

There is a direct relationship between the excitation signal slope and the voltage amplitude. The diaphragm velocity increases along with the excitation signal slope. When a droplet leaves the nozzle, the local speed near the center is higher than at other locations. At higher voltage amplitudes, the breakoff length is longer, which leads to lower accuracy. Here, the breakoff length is defined as the elongation of the fluid before droplet formation. The elongation length defines the minimum distance between the nozzle and the substrate; shorter length results in higher accuracy.

An applied voltage of the range of 290 V to 339 V did not generate satellite droplets in the piezoelectric printer used in this study. However, the satellite droplets generated applied voltages of 339 V and 362 V. The satellites merged with the main droplet for voltages higher than 362 V. When the compression period is not sufficient, the droplets were unable to be ejected from the nozzle. An increase in the ratio of the compression time to the suction time resulted in larger ejected droplets. The longer compression time provided more time for the jet to exit the nozzle.¹⁷⁹ The results of this study confirmed that the applied voltage should be precisely optimized to achieve the best performance in droplet generation and ejection. These two processes can be easily controlled by optimizing the electric pulse shape.

A complete understanding of drop formation is needed to improve the quality of the printing process. Oktavianty *et al.* developed an experimental setup to control the droplet formation process, droplet shape, droplet volume, and droplet velocity in inkjet printers by optimizing the waveform.¹⁸¹ The actual natural period of the inkjet printers (T_{an}) can be used to determine the time parameters of the actuation pulse. Figure 33 explains recommendations for calculating the waveform parameters based on the natural period of the inkjet printer. Almost all of the droplet characteristics are influenced by the piezoelectric element actuating waveform. In order to optimize the piezoelectric actuating waveform performance, three different types of

waveforms, including basic waveform, high-speed jetting waveform (bipolar waveform), and negative waveform, were studied; the optimum value of dwell time was then determined (Fig. 33). The waveform shape was optimized to achieve the best droplet generation process; moreover, the velocity and volume of the ejected droplets were optimized. Figure 34 illustrates how the intensity of the applied voltage modulates the generation of the ligament and satellites for the basic waveform voltage. Liu and Derby studied drop-on-demand inkjet behavior experimentally. Droplet behavior can be described by the dimensionless number Z , which is the inverse of the Ohnesorge number, and the Weber number of the fluid jet before formation of the droplet (We_j). By satisfying $2 < We_j < 25$, stable drop generation can be obtained. Lower values are associated with the inhibition of drop ejection, and higher values lead to the onset of satellite drop formation. If $Z < 50$, by decreasing the Z , the critical value for We_j will increase because of viscous dissipation in drop formation. If $Z \approx 0.3$, then droplet ejection is impossible. However, a large range for inks is able to form a droplet.¹⁸²

Prevention of ligaments or satellites, which are considered a significant limitation to inkjet printing, has been considered.¹⁸³ A new actuation waveform was developed that could generate both single- and multi-droplet forms. Figure 35 demonstrates the proposed waveform and the ejected droplets. Ejection of droplets with no satellites or ligaments was achieved for up to five main pulses. This mechanism can be used to generate and eject different droplet sizes (e.g., five different droplet sizes) from the same nozzle by optimizing the waveform of the applied voltages. Their results showed that the printer is able to generate and eject droplets with appropriate shapes at an applied voltage between 14 V and 18 V. A preliminary vibration was applied to omit satellite and weeping features (see Fig. 35). These experimental results showed that preliminary vibration and a long dwell time are needed for multi-droplet ejection. They calculated the dwell time without droplet ejection and demonstrated generation of a clear spherical droplet by applying the “U” shape waveform shown in Fig. 36.

Snyder *et al.* proposed an *ad hoc* manual recalibration of the actuation waveform for various types of materials. This method does not use a large number of parameters for defining waveforms; however, it is not applicable to all waveforms. This method proposed an automatic waveform tuning method that includes: (a) overcoming the need for complex models by estimating drop velocity and volume measurement; (b) using algorithm-based stochastic optimization for tuning the waveform; and (c) enabling high order waveform exploration to increase the performance of the jetting system and material combination. The combination of computer vision detection of dispensed drops and global optimization of performance by algorithm was assessed. Control over drop volume and velocity were achieved at the same time.¹⁸⁴

Chang *et al.* investigated the influences of the dwell time on the drop formation.¹⁸⁵ Their results show that for a specific voltage and frequency, the droplet velocity increased the dwell time from zero to $24\ \mu\text{s}$. A further increase in the dwell time reduced the velocity. Their results also show that a droplet would not form for a dwell time longer than $42\ \mu\text{s}$. The study also showed that if the voltage is not strong enough to generate droplets, the meniscus oscillates at the nozzle and will not eject from the nozzle. They indicated that the optimal dwell time of l/c and $2l/c$ is a good choice for ejecting drops when

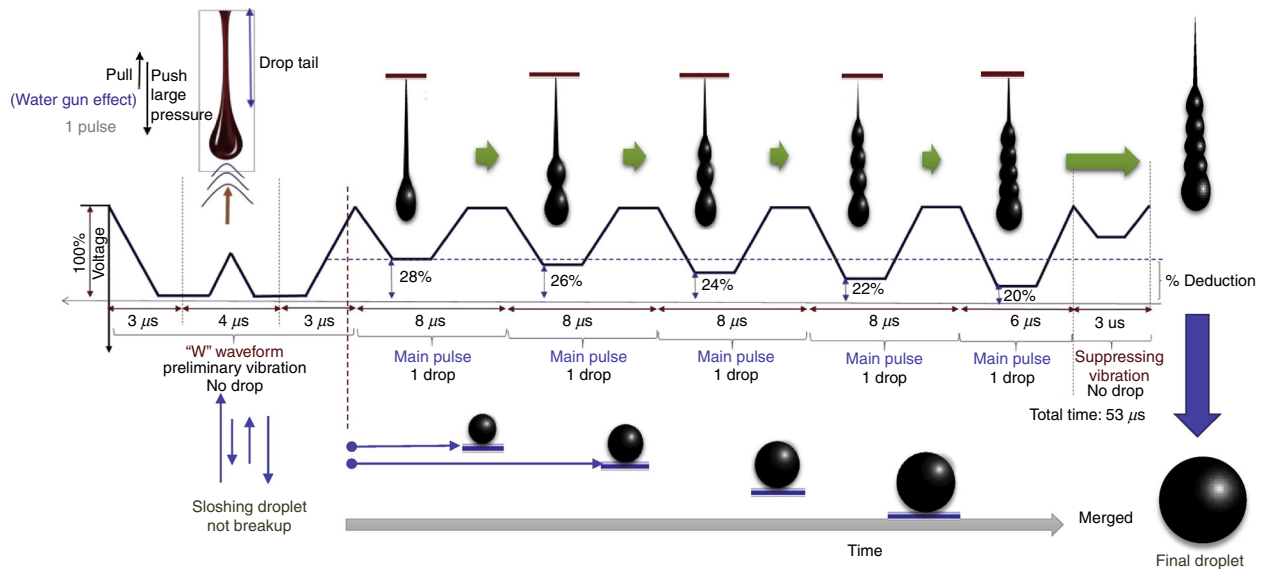


FIG. 35. Conceptual drawing of multi-drop ejection. Reprinted with permission from Oktavianty *et al.*, *Add. Manuf.* **25**, 522–531 (2019).¹⁸³ Copyright 2019 Elsevier.

determining the excitation waveform; in these equations l is the length of glass tube and c is the effective sound speed in a glass tube.¹⁸⁵

VII. CONCLUSIONS AND PERSPECTIVES ON FUTURE RESEARCH

There is a high demand in the medical and pharmaceutical industries for printed products that can be used in a variety of applications, including disease modeling, drug discovery, drug screening, and artificial tissues. One of the most common types of printers in the medical and pharmaceutical industries is the inkjet printer. Some of the unique advantages of inkjet printers include low cost, programmability, high resolution, high throughput nature, and high speed. Other advantages include the capability to fabricate artificial tissues with precise features; this capability has attracted attention in the medical and pharmaceutical industries. This review considered the recent developments in inkjet printing, including fundamental parameters of inkjet printing technology and recent studies involving the topic. We also discussed the effects of various engineering and design parameters

such as ink viscosity, surface tension, printing parameters, and actuation mechanism.

Although this technology has recently been developed for medical and pharmaceutical applications, many restrictions need to be addressed to commercialize inkjet printing technology. As an example, new printers should be developed for printing inks containing living cells. In addition, more sophisticated inkjet printing procedures and inks should be developed for printing fragile drugs and cells.

The resolution of the inkjet printers should be enhanced to provide greater functionality and more precise printing outcomes. The chemical properties of the inks, mechanical properties of the inks, surface properties of the substrates, and the ink/substrate interactions should be optimized to enhance the resolution, printability, and uniformity of the printed structures. Advances in printing technology to reduce the vibration of printheads and increase the accuracy of droplet ejection will enhance the uniformity and resolution in the printed patterns. Finally, new inkjet printing technologies will need to meet national regulatory requirements in terms of printing uniformity prior to commercialization by the medical and pharmaceutical industries.

AUTHORS' CONTRIBUTIONS

All authors contributed equally to the work.

DATA AVAILABILITY

The data are available in the article or in the cited references.

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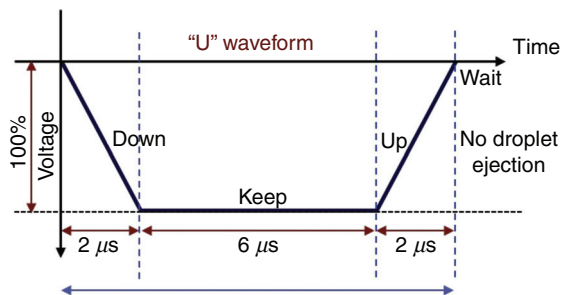


FIG. 36. “U” waveform profile as preliminary vibration. In this figure, t_{keep} = dwell time. Reprinted with permission from Oktavianty *et al.*, *Add. Manuf.* **25**, 522–531 (2019).¹⁸³ Copyright 2019 Elsevier.

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