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Geographic Disparities in Access to Liver Transplantation

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Abstract

Since the Final Rule regarding transplantation was published in 1999, organ distribution policies have been implemented to reduce geographic disparity. While a recent change in liver allocation, termed acuity circles, eliminated the donor service area as a unit of distribution to decrease the geographic disparity of waitlisted patients to liver transplantation, recently published results highlight the complexity of addressing geographic disparity. From geographic variation in donor supply, as well as liver disease burden and differing MELD scores of candidates and MELD scores necessary to receive a liver transplantation, to the urban-rural disparity in specialty care access, to neighborhood deprivation (community measure of socioeconomic status) in liver transplant access, addressing disparities of access will require a multi-pronged approach at the patient, transplant center, and national-level. Herein we review the current knowledge of these disparities – from variation in larger (regional) to smaller (census tract or zip code) levels to the common etiologies of liver disease that are particularly affected by these geographic boundaries. Geographic disparity in liver transplant access must balance the limited organ supply with the growing demand. We must identify patient-level factors that contribute to their geographic disparity and incorporate these findings at the transplant center-level to develop targeted interventions. We must simultaneously work at the national level to standardize and share patient data (including socioeconomic status and geographic social deprivation indices) to better understand the factors that contribute to geographic disparity. The complex interplay between organ distribution policy, referral patterns and variable waitlisting practices with the proportion of high MELD patients and differences in potential donor supply, must all be considered to create a national policy strategy to address the inequities in the system.

INTRODUCTION

The incidence of chronic liver disease (CLD) and rate of CLD-related hospitalizations continue to increase in the U.S., particularly in relation to nonalcoholic fatty liver disease

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(NAFLD) and alcohol-related liver disease (ALD).^{1,2} For patients who develop end stage liver disease (ELSD), the treatment of choice remains liver transplantation (LT), a lifesaving option for which disparities in access have persisted. In 1998, the Final Rule directed that organ allocation policies must not be based on LT candidates' place of residence.³ Prior to 2013, organs were first distributed at the donor service area (DSA) level, which resulted in wide variation in median MELD scores at transplant (MMaT) across DSAs.⁴ Share 35 policy allowed broader sharing within Organ Procurement and Transplantation Network (OPTN) regions with the goal of reducing waitlist mortality for patients with the highest MELD scores.⁵ Post-Share 35, although this policy led to an increase in organ offers for those with allocation MELD \leq 35, there was an overall decrease in organ acceptance rates with center and regional variations.⁶

In 2018, the United Network for Organ Sharing (UNOS) board of directors approved a distribution policy, termed 'acuity circles' (AC) that eliminated DSAs and instead used concentric circles centered around a donor hospital; this finally went into effect in 2020.⁷ UNOS's two-year post-AC report shows increase in the number of LTs, especially among waitlisted candidates with MELD score of \leq 29 and status 1 patients. At the same time, there has been a decrease in the number of waitlist removal for death or being too sick for transplant. Despite this, the variance in MMaT did not decrease as much as had been predicted.⁸ Furthermore, preliminary findings suggest that there might be center and regional variations in deceased donor LT (DDLTs) even post-AC, with regions 2, 7, and 9 not seeing an increase in DDLTs within the same allocation MELD category, and five out of twelve centers in region 5 accounting for the largest increase in DDLTs.⁴

The number of organ donors in the U.S. has been increasing over the last few years through the use of extended criteria donors (ECDs).⁹ As a result of the opioid epidemic, there has been an increase in the number of hepatitis C positive donors.^{10,11} Despite this, there are regional variations in both hepatitis C positive donors,¹² and utilization of these organs in hepatitis C negative recipients.¹³ The organ supply problem is further exacerbated by the underutilization of donation after circulatory death (DCD) livers, which contribute to a relatively low number of the overall LT activity in the U.S. (6.1%) compared to other countries (Netherlands at 49.7%, Belgium at 42.3%, Switzerland at 26.7%, Spain at 26.0%, and U.K at 20.8%).¹⁴ For instance, from 2010 to 2020, there were 18,197 DCD livers offered, of which 38.1% (6,940) were procured and 27.1% (4,928) were transplanted.¹⁴ The utilization rate (livers transplanted over livers offered) in the U.S. is far below that of other countries – Belgium (74.2%), France (69.4%), Italy (68.1%), and Switzerland (61.8%) to name a few.¹⁴

The differences in DCD utilization can partly be accounted for by differences in liver perfusion utilization and donor selection criteria.¹⁴ The discard rate of deceased donor livers (recovered but not transplanted) is expected to increase from 22.0% to 56.0% from 2010 to 2030.¹⁵ In 2018, there were 1685 potential grafts eligible for procurement.¹⁶ While the introduction of machine perfusion has increased utilization of marginal organs through salvage transplantation of organs that would have otherwise been discarded,⁹ less than 5.0% of DCD livers are perfused using machine perfusion in the U.S., a drastically smaller proportion compared to other countries who perfuse 20.0–100.0% of DCD livers.¹⁴

In addition, countries with established perfusion protocols have higher rates of DCD liver utilization, with more than twice as many DCD liver offers being accepted.¹⁷ The benefits of liver perfusion are vast, including transplantation of 50.0 – 71.0% of discarded livers,^{16,18} improvement in cold^{19,20} and donor warm ischemic time,²¹ reducing ischemic cholangiopathy,²² and 94% 1-year overall graft survival.²³ In the U.S., liver perfusion has the potential to increase the number of transplantable livers from high-risk donors,^{16,24} and address long cold ischemic time that might result from longer distance travel between centers.²⁵

Studies suggest that the number of potential deceased donors in the U.S. are higher than the actual number of donors, with gaps ranging from 4,500²⁶ to 31,000.²⁷ This is further compounded by the variation in organ recovery by organ procurement organizations (OPOs), with some OPOs recovering 78.0% more donors than others, irrespective of hospital types and DSAs.²⁸ Some attribute this variation in organ recovery on hospital referrals of ventilated patients to OPOs while others attribute it to center acceptance practices.^{29,30} A retrospective study across 2 DSAs covered by 2 OPOs found that only 26.0% of potential donors actually become donors, failure of hospital to refer ventilated patients to OPOs had a minor role in donor procurement variation, and center acceptance practices did not explain the differences in OPO performance.³¹ At some OPOs, 30.0% of donors fall under the subjective category of ‘noneligible’ ‘non-ideal group,’ which comprises older and DCD donors.^{32,33} As such, there have been recent calls to improve objectivity around donor selection in order to promote the utilization of all donors.^{34,35} In 2020, the Centers for Medicare and Medicaid Services (CMS) modified OPO performance metrics, with centers performing below the median in their donation area risking decertification. Early evidence showed an increase in the number of deceased donor recoveries, especially in older and DCD donors, with a decrease in the overall variation between OPOs.³⁶

As OPO metrics are being evaluated and ECDs are being increasingly utilized, we must be cognizant of cost. LT, as the only lifesaving procedure for ESLD, has annual expenditure of \$700 million annually in the U.S.,³⁷ with earlier studies showing a 17.0% increase in direct hospital cost and 30.0% increase in indirect OPO cost for ECDs.³⁸ MELD-based organ allocation and use of high-risk donors has been associated with longer hospital stay, higher overall complication rates, and thus higher cost.^{39,40} A more recent study found higher cost for DCDs per organ transplanted compared to donation after brain death (DBDs).⁴¹ A study in the Netherlands found that patients receiving DCD livers had higher rates of complications requiring intervention, acquiring higher costs than those receiving DBD livers.⁴² As liver perfusion allows us to transplant previously discarded livers and livers from high-risk donors, it remains to be seen the cumulative impact it will have on post-transplant cost. Currently, at a viability rate of 55.0%, the median cost to perform machine perfusion is \$15,400 and the cost to identify one transplantable liver is \$28,000, which is \$6000 higher than the estimated monthly Medicare cost of providing care for a MELD 30 patient.¹⁶ A Canadian study found that the mean cost of transplant for perfused livers was \$456,455 (versus \$519,222 for standard cold solution), associated with greater Quality-Adjusted Life Years (QALYs; 3.48 vs. 3.17, respectively), decreased waitlist and mortality rate.⁴³

Post-Share 35 gives us some insight on the potential costs associated with increased travel that might result from perfused livers. With broader regional sharing, Share 35 led to transplantation of sicker patients and increased distance that livers traveled.⁴⁴ A study of 9 OPOs, found an increase in the number of imported and exported organs post-Share 35, with associated increase in average cost of 6.3% and 54.0%, respectively.⁴⁵ Under acuity circles, a single transplant institution study (composed of 2 transplant centers in two different DSAs) found higher acceptance and transplantation of DCD donors post-AC. While there was no difference in percentage of donors requiring flights or distance traveled between pre- and post-AC period, the percentage of import donors (donors outside of recipient's DSA) significantly increased. Post-AC, there was a 16.0% total increased cost per accepted donor and 55.0% increased cost per declined donor, which was attributed to import, acquisition, and charter flight fees.⁴⁶ A single center study found that charter flight utilization for liver donor procurement led to significantly higher carbon emission compared to carbon emission from passenger car with 8.6% of the flights taken being within driving distance.⁴⁷

Despite ECDs, machine perfusion technologies and OPO performance metrics, graft supplies continue to be limited. In addition, these efforts only affect waitlisted patients. While race, socioeconomic, and sex-based disparities play significant roles in LT access,³⁻¹¹ growing evidence suggest geospatial factors beyond organ procurement and distribution might play an important and more upstream role. The purpose of this review is to highlight the geographic variation in LT access, from larger (regional) to smaller (census tract or zip code) levels, as well as the common etiologies of liver disease, that might contribute to geographic variation in LT access.

GEOGRAPHIC DISPARITIES BY REGION AND NEIGHBORHOOD

Hepatocellular Carcinoma (HCC) and policy changes to improve disparities

HCC patients comprise a significant subset of those being evaluated to undergo LT with geographic variations in HCC incidence and LT access. According to a study of the National Cancer Institute's Surveillance, Epidemiology and End Results (SEER), although the overall incidence of HCC has been declining since 2015, it has continued to rise in 26 states, correlating directly with state-level obesity and indirectly with state-level physical activity.⁴⁸ Moreover, while urban communities account for 85.0% of cases diagnosed nationally,⁴⁹ rural communities have an estimated average annual increase of 5.7% cases.⁴⁹ At a more local level, neighborhood socioeconomic factors and access to health care played a larger role in HCC incidence than individual age, sex, and race.⁵⁰ On an even more granular level, disparities in HCC incidence and stage of HCC at diagnosis exist at the zip code level, with one study showing significant "hotspot" areas with a high density of late-stage HCC and an attributable risk of 43.0% within these hotspots.⁵¹

HCC patients derive significant benefit from LT but have significant risk of waitlist dropout that is not reflected by their MELD score. As such, in 2002, HCC patients started receiving MELD exception points. This inadvertently led to increased waitlist removal for non-HCC patients by giving HCC-patients a significant advantage.⁵² In response, a six-month wait period before awarding MELD exception points and a MELD exception cap were enacted nationally, which led to improved LT access for non-HCC patients.^{53,54} However, because

of the geographic differences in MELD score necessary to get a transplant, there have been unequal access to LT for HCC patients across regions, whereby OPTN regions with long wait times (e.g. regions 1, 5, and 9) have higher rates of waitlist drop out, often related to tumor progression or liver-related death.⁵⁵ Furthermore, LT rates are significantly different between short and long wait-time regions,⁵⁶ with patients in the West being two times less likely to undergo LT than patients in the Midwest.⁵⁷ Mortality also varied, with one study showing lower death rates in regions 3, 6, and 10⁵⁸ and another study showing mortality rates ranging from 21.6% in region 4 to 42.0% in region 2.⁵⁹

To address the over prioritization of HCC patients for LT,⁵⁴ OPTN introduced a policy change to cap the first HCC exception score to MMAT within DSA minus 3 points (MMaT-3), with early results suggesting a 22.0% decrease in LT for HCC patients, especially in low and medium MELD regions.⁶⁰ These differences by region stem from geographic variation in MELD score needed to receive LT.⁶¹ Although AC was predicted to decrease this geographic variation in MMaT, early studies suggest that AC has not accomplished this goal.^{62,63} As we currently stand, for HCC patients within Milan Criteria with the same MELD exception points, there continues to be geographic variation in LT rates as a result of patients being listed in areas with very different MMaT,

Impact of Urban-Rural Area and Distance from LT Center on Waitlisting and Transplantation

Approximately 14.0% of the U.S. population live in rural areas,⁶⁴ with most transplant centers located in urban areas.⁶⁵ In fact, living > 150 miles from an LT center has been associated with 20.0% increased risk of overall mortality.⁶⁶ This is due to the fact that patients from rural regions are 29.0% less likely to undergo LT evaluation,⁶⁷ 14.0% less likely to get waitlisted, and 20.0% less likely to receive LT than patients from urban areas.^{65,68} These urban-rural differences are irrespective of OPTN regions.⁶⁸ The urban-rural LT disparity is more nuanced than just distance and specialty care location, with a patient's socioeconomic status (SES) playing a mitigating or contributing role in overcoming these barriers. OPTN policies restrict the distance a graft can travel, but do not restrict patients from being evaluated or listed at any transplant center.⁶⁹ An OPTN study of 104,914 waitlisted patients found that 2.8% were waitlisted at an LT center >500 miles from their residence, and 68.0% of that group received LT at a distant center.⁷⁰ Patients who reside in higher income neighborhoods have higher education, non-Medicaid insurance,⁷⁰ and are more likely to travel to other DSAs and regions, increasing their LT likelihood by up to 74.0%. These inter-DSA travelers tend to have compensated liver disease, low MELD,⁷¹ and originate from long wait time and high MELD regions.⁷² As expected, multiple DSA listing is associated with higher LT rates than single DSA listing (83.0% vs 36.0%) at a lower MELD (25 vs 32).⁷²

A Role for Community and Neighborhood Deprivation in Addressing Geographic Disparity

An individual's community can impact educational achievement, occupational prospects, and income opportunities, which can all directly affect health.⁷³ Several area-based measures of SES exist, including at the level of county, zip-code, or census-tract. Neighborhood deprivation indices incorporate socioeconomic indicators such as housing

stability, income/poverty, education, and employment to generate a composite index that captures the economic milieu of a particular neighborhood.^{74,75} Community health scores, a composite of community health and environmental risk, have been used as well with worse scores associated with rurality, increased distance to LT center and increased waitlist mortality.⁷⁶

In particular, neighborhood deprivation has been associated with several health outcomes including all-cause mortality,⁷⁷ cardiovascular mortality,⁷⁸ and cancer mortality.^{79–81} It is associated with increased risk of HCC,⁸² with HCC cases within hotspots being more likely to be associated with racial and ethnic minorities, foreign-born individuals, and patients with Medicaid.⁵¹ A study of Canadian administrative health data of 38,700 decompensated cirrhotic and/or HCC patients found living in a low resource neighborhood associated with 45.0% lower odds of receiving LT compared to living in a high resource neighborhood.⁸³ A single center retrospective study of 3,454 referred patients found that only a quarter were waitlisted for LT, with patients from more deprived communities being 44.0% less likely to get waitlisted.

Several studies have used neighborhood deprivation indices to assess pediatric LT from access to post-transplant outcomes. Pre-LT, increasing neighborhood deprivation was associated with higher MELD/PELD⁸⁴ and lower odds of receiving living donor LT (LDLT).^{84,85} Compared to White patients, Black and Hispanic/Latinx patients from more deprived communities had decreased hazard of receiving LDLT.⁸⁵ Post-LT, where immunosuppressive therapy is instrumental for optimal graft function, patients residing in more deprived neighborhoods had decreased rate of medical adherence. Post-LT, increasing neighborhood deprivation was associated with graft failure and death after LT.^{84,86} Neighborhood deprivation was also associated with single-parent household, caregivers with less educational attainment, and increased barriers to medication.⁸⁷ To summarize, the findings from these studies provide a compelling argument that contextual poverty impacts waitlisting, LT rates, and post-transplant outcomes.

GEOGRAPHIC DISPARITIES BY LIVER DISEASE ETIOLOGY

Geographic variation in hospitalization rates and in-hospital mortality by liver disease etiology might be an important contributor to geographic disparity in LT access. Whereas hospitalization rates and in-hospital mortality due to chronic hepatitis B (HBV) and chronic hepatitis C (HCV) have decreased between 2007 and 2016, hospitalization rates and in-hospital mortality due to alcoholic liver disease (ALD) and NAFLD have increased.^{1,88,89} By 2030, prediction models estimate that deaths associated with NAFLD will increase by 178.0%.⁹⁰ Geographic variation in hospitalizations for cirrhosis have also been identified, with hospitalization rates in the South at 37.9% compared to 19.9% in the Midwest; this variation extends beyond regions to urban-rural differences, with hospitalization rates in urban areas at 91.3% compared to 8.7% in rural areas.⁸⁹

HCV

County-level mortality related to HCV has decreased since 2005, but there remains significant heterogeneity in the West, Southwest, Appalachia, and northern Florida.⁹¹

High HCV-related mortality continues to be associated with neighborhood deprivation, educational attainment, and non-English language.⁹² Effective treatment of HCV with direct-acting antivirals (DAAs) has led to an overall decrease in HCV as an indication for LT.⁹³ Thus, widespread access to DAAs has the potential to reduce HCV-related morbidity, progression to ESLD requiring LT, and mortality. Currently, rural residents are less likely to receive DAA treatment than urban residents.^{94–96} Solutions to address these urban-rural differences in DAA treatment include the use of telehealth to educate rural primary care providers about prescribing DAAs.⁹⁵ Yet, even among patients with high sustained virological response, unemployment and low educational attainment were associated with severe liver fibrosis.⁹⁷ Addressing these disparities in DAA treatment could help decrease the LT indication for HCV.⁹³

Nonalcoholic fatty liver disease (NAFLD)/Nonalcoholic steatohepatitis (NASH)

NAFLD/NASH is the fastest growing cause of HCC in LT candidates and recipients⁹⁸ and is expected to surpass ALD as the leading indication for LT in all patients within the next few years.⁹⁹ There is geographic variation in the burden of NASH/NAFLD with Western regions having the highest rate of hospitalization (90.3/100,000) and Northeast regions having the lowest rate (67.0/100,000) of hospitalization; in addition, there is urban-rural variation in in-hospital mortality with higher rates in urban versus rural centers.¹⁰⁰

It is predicted that NASH-related HCC will increase in conjunction with the obesity pandemic, and by 2030, 49.0% of the U.S. population is projected to have obesity.^{101,102} Contextual poverty has been independently associated with increased risk of obesity^{103,104} and diabetes,^{104,105} with living in more deprived neighborhoods being associated with increased odds of obesity^{106–108} and diabetes.¹⁰⁵ Given these associations with diabetes and obesity, it is reasonable to expect that NAFLD might impact patients from more deprived communities at higher rates than patients from less deprived households.¹⁰⁹

Alcohol-associated liver disease (ALD)

ALD has been increasing in incidence in recent years, with one study demonstrating a 43.0% increase in alcohol-associated cirrhosis between 2009 and 2015.¹¹⁰ At the same time, the proportion of waitlisted patients with ALD increased from 22.0% in 2014 to 40.0% in 2019.¹¹¹ There are significant center and regional variations in LT for both chronic ALD and medically-refractory severe alcohol-associated hepatitis (AH).¹¹² While there has been a 5-fold increase in LT for AH between 2014–2019, there are variations in LT by OPTN regions and centers, with only 3 transplant centers accounting for 50.0–90.0% of LT within each region.¹¹³ These variations are partly due to differing criteria for LT across center, despite similar post-transplant outcomes.¹¹⁴

INTERNATIONAL TRENDS

Like the U.S., international geographic disparities in LT exist, making it possible to compare the effectiveness of global policies while accounting for the unique challenges of each population and healthcare system.

LT policies accounting for geographic boundaries have led to unequal results. In Canada, the Multi-Organ Transplant Program began providing LT services in 1985, which were suspended in 2001 due to staffing issues, and restarted in 2004. Since the reactivation, significant geographic differences were observed among potential LT candidates. Interestingly, the incidence of liver disease requiring LT varied significantly by provinces but had similar waitlisting rate.¹¹⁵ In Korea, organ allocation policies initially divided the country into three regions of unequal population density, which contributed to geographic disparity. To rectify this, policies of broader organ sharing based on MELD scores were implemented.¹¹⁶

The etiology of liver disease and indication for transplant also vary significantly between regions and countries. In France, the incidence of alcohol-related HCC is higher than HCV-related HCC, but varies between regions.¹¹⁷ Similarly, whereas HCC and NAFLD are the most common indications for LT in the US, in Canada it was ALD (20.5%), followed by HCC (16.6%), and then HCV (14.0%).¹¹⁵ In the United Kingdom (UK), 42.0% of patients on the liver transplant waiting list had ALD or viral hepatitis as the etiology of their cirrhosis.¹¹⁸

There have been urban-rural differences in LT access. A study of LT between 2000–2013 in Taiwan found that similar to the U.S., lower rates of LT were seen in satellite (prevalence rate ratio PRR 0.6) and rural (PRR 0.8) areas compared to urban areas.¹¹⁹ In addition, neighborhood poverty is associated with lower likelihood of LT.¹²⁰ Similarly in Canada and Brazil, neighborhood poverty is associated with lower rates of LT.^{83,115,118,119}

Challenges to increasing LT access include creating a more robust transplant network as well as meeting the personnel requirement to staff these networks.¹¹⁸ Naturally, the donor pool within any given country also impacts access to LT. For instance, in Brazil, 88% of population was unwilling to become an organ donor.¹¹⁸ Within Europe, there are highly variable donor rates, with Spain having the highest donor rate.¹²¹ Overall, these international trends reinforce that etiology of liver disease, donor characteristics, and transplant network features likely play a role in transplant geographic disparities.

WHAT CAN BE DONE TO ADDRESS EXISTING GEOGRAPHIC DISPARITIES?

From geographic variation in liver disease burden and MELD scores at transplantation, to the urban-rural disparity in specialty care access, to neighborhood deprivation in LT access, addressing geographic disparity will require a multi-pronged approach at the patient, transplant center, and national-levels. For example, higher neighborhood deprivation is associated with increased odds of obesity^{106–108} and diabetes.¹⁰⁵ As such, it is reasonable to expect NASH/NAFLD, a growing indication for LT,⁹⁹ to follow a similar trend. While the association between neighborhood deprivation and NASH/NAFLD needs further studies, community clinic outreach efforts to address diabetes and obesity, especially in more deprived communities, could potentially address the impending geographic variation in NASH/NAFLD incidence. Currently, patients residing far from transplant centers^{68,122} have lower rates of LT. One potential solution would be to provide low SES patients with reliable

transportation. A pilot study is currently underway at University of Southern California to address distance/transportation barriers by using their existing *Lyft Health* rideshare to trial a needs-based app-support program for low SES patients. Telehealth is another tool to address lack of transportation, and has been associated with decreased time from referral to evaluation and waitlisting.¹²³ To achieve its full potential, telehealth must first overcome the “digital divide”¹²⁴ that exists, with patients living in low SES communities being less likely to access high-quality internet, which is a necessary tool for telehealth.¹²⁵

Studies showing that patients from more deprived communities are less likely to receive LT,⁸³ with only a quarter getting waitlisted for LT,⁶⁷ suggest that neighborhood deprivation could be used as a measure of SES to identify patients at increased risk of dropping out during LT evaluation. One potential solution would be incorporating neighborhood deprivation indices in LT evaluation, allowing transplant centers to identify patients who might benefit from additional support in the form of social workers, case managers, and patient navigators. These support personnel could be charged with identifying the specific barriers to LT (financial/economical, educational, cultural, social) that patients from more deprived communities face. While further research is needed to elucidate these factors, one important step would be mandatory SES data collection on all patients referred for LT, and their fate relative to listing and reasons for non-listing. An even more upstream step would be mandatory data collection on all ESLD patients, which will not only enable us to understand liver disease burden but gain insight into referral patterns. Current efforts to elucidate LT access have utilized listing to death ratio¹²⁶ and liver waitlisting ratio,¹²⁷ with each of these efforts serving as proxies for waitlist access. In addition to understanding the barriers along the LT cascade, complete data on ESLD patients could potentially allow us to increase referrals by incentivizing primary care providers and gastroenterologists. This would be similar to what currently exists for kidney referral, whereby the CMS ESRD Treatment Choices (ETC) and Kidney Care Choices (KCC) Model incentivize kidney referral, improving access to transplantation.¹²⁸

CONCLUSION

UNOS/OPTN organ allocation policies have sought to reduce geographic disparity in *organ allocation*, but these distribution policies can only impact patients once they are waitlisted. Our review highlights several patient-level disparities in LT *access*, which partly result from variation in the burden of liver disease and proportion of patients with high MELD scores across regions and DSAs. Furthermore, most transplant centers are in urban areas, contributing to the urban-rural divide in LT access. Current policies do not account for patient-level SES factors – factors that disproportionately affect patients with low SES. As such, addressing geographic disparity will require a multi-pronged approach at the patient, transplant center, and national level. At the patient-level, it will require the standardized use of robust SES measures to identify patients who might benefit from additional support to overcome LT barriers. At the transplant-center level, it will require concerted effort by centers to identify and address patient-level geographic disparities that appear to be intimately interwoven with SES. At the national-level, allocation policies should consider patient-level SES factors in balancing transplant MELD acuity and volume with graft availability.

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ABBREVIATIONS:

AC	Acuity Circles
AH	Alcohol-associated hepatitis
ALD	Alcohol-related liver disease
aMELD	Allocation MELD
HBV	Chronic hepatitis B
HCV	Chronic hepatitis C
CLD	Chronic liver disease
DDLTs	Deceased donor LT
DAAs	Direct-acting antivirals
DSAs	Donor service areas
ELSD	End stage liver disease
ETC	ESRD Treatment Choices
HHS	Health and Human Services
HCC	Hepatocellular Carcinoma
ICU	Intensive care unit
KCC	Kidney Care Choices
LT	Liver transplantation
MMaT	MELD scores at transplant
MMaT-3	MMAT within DSA minus 3 points
MELD	Model for End-Stage Liver Disease
NAFLD	Nonalcoholic fatty liver disease
NASH	Nonalcoholic steatohepatitis

OPOs	Organ procurement organizations
OPTN	Organ Procurement and Transplantation Network
PELD	Pediatric End-Stage Liver Disease
SES	Socioeconomic status
SEER	Surveillance, Epidemiology and End Results
UNOS	United Network for Organ Sharing
UK	United Kingdom
U.S.	United States

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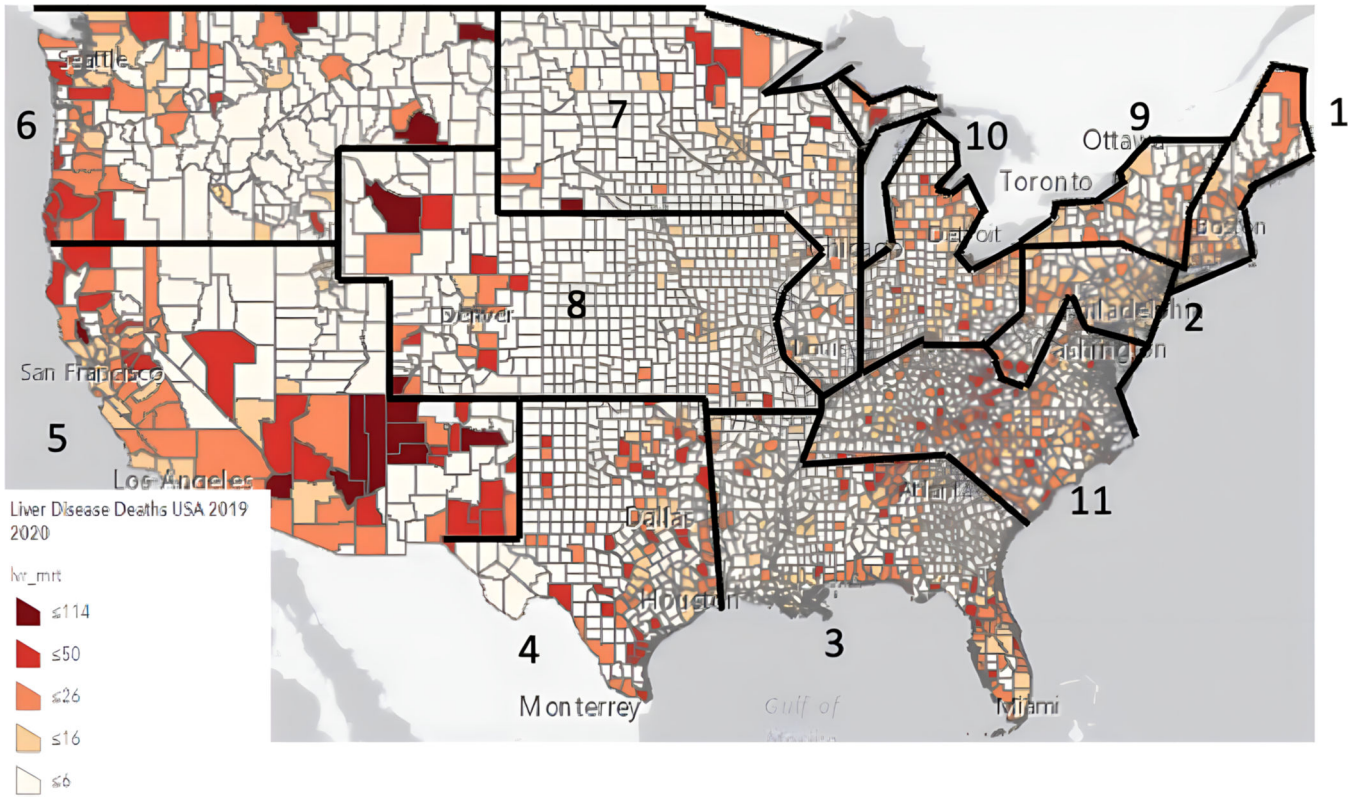


Figure 1:
Mortality by County (per 100,000 persons) and UNOS Regions

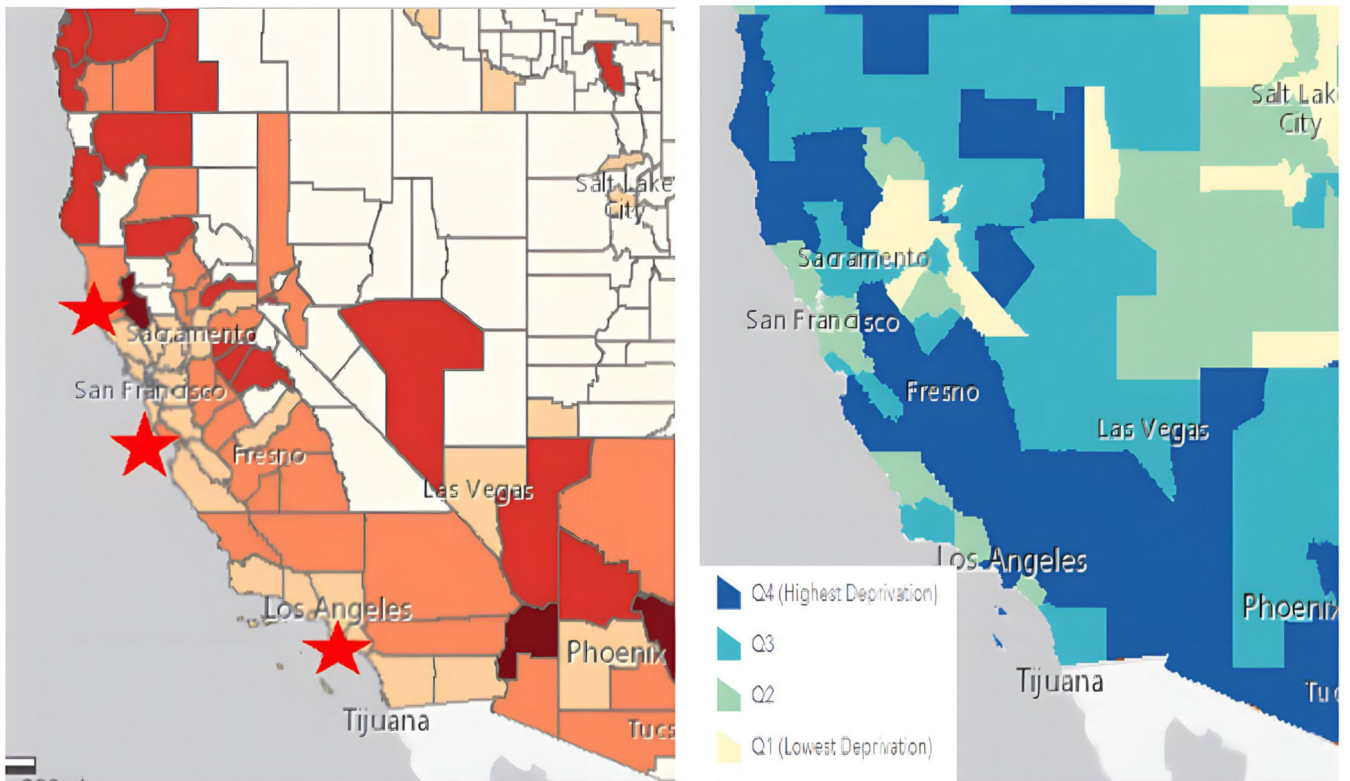


Figure 2:
Mortality by County (per 100,000 persons)
Bottom Left: Transplant Centers
Bottom Right: Neighborhood Deprivation

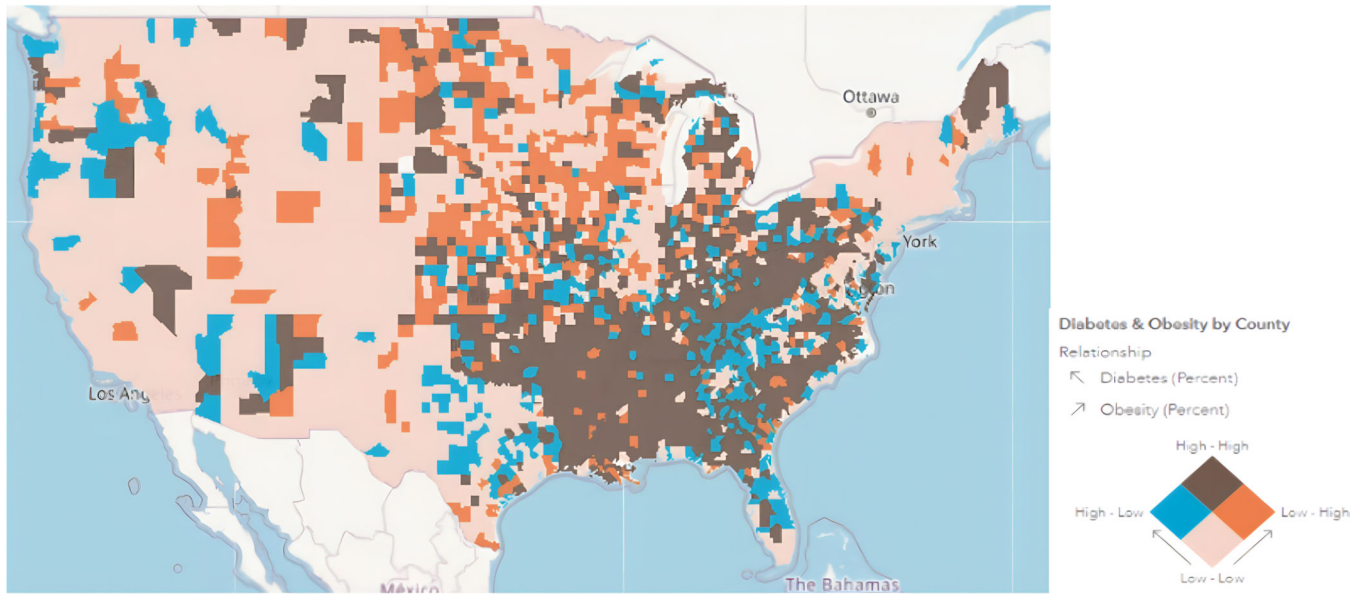


Figure 3:
The Future of NAFLD? Trends of Diabetes & Obesity by County

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