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Circular RNA circWNK1 inhibits the progression of gastric cancer via regulating the miR-21-3p/SMAD7 axis

Ting Da[i1](#page-0-0) | **Shengkui Qiu[2](#page-0-1)** | **Xuesong Ga[o2](#page-0-1)** | **Chengjin Zha[o1](#page-0-0)** | **Zhenming G[e1](#page-0-0)** | **Yanmei Yan[g1](#page-0-0)** | **Chong Tang[2,3](#page-0-1)** | **Shichun Feng[2](#page-0-1)**

1 Department of Gastroenterology, Nantong First People's Hospital, Affiliated Hospital 2 of Nantong University, Nantong, China

²Department of General Surgery, Nantong First People's Hospital, Affiliated Hospital 2 of Nantong University, Nantong, China

3 Nantong Clinical Medical College, Kangda College of Nanjing Medical University, Nantong, China

Correspondence

Shichun Feng and Chong Tang, Department of General Surgery, Nantong First People's Hospital, Nantong 226001, Jiangsu Province, China. Email: fsc2200@126.com and 15051273108@163.com

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Abstract

Gastric cancer (GC) is a highly aggressive malignancy with limited treatment options for advanced-stage patients. Recent studies have highlighted the role of circular RNA (circRNA) as a novel regulator of cancer progression in various malignancies. However, the underlying mechanisms by which circRNA contributes to the development and progression of GC remain poorly understood. In this study, we utilized microarrays and real-time quantitative polymerase chain reaction (qRT-PCR) to identify and validate a downregulated circRNA, hsa_circ_0003251 (referred to as circWNK1), in paired GC and normal tissues. Through a series of in vitro and in vivo gain-offunction and loss-of-function assays, we demonstrated that circWNK1 exerts inhibitory effects on the proliferation, migration, invasion, and epithelial–mesenchymal transition (EMT) of GC cells. Additionally, we discovered that circWNK1 acts as a competitive endogenous RNA (ceRNA) for SMAD7 by sequestering miR-21-3p. Our findings were supported by comprehensive biological information analysis, as well as RNA pull-down, luciferase reporter gene, and western blot assays. Notably, the downregulation of circWNK1 in GC cells resulted in reduced SMAD7 expression, subsequently activating the TGF-β signaling pathway. Collectively, our study reveals that circWNK1 functions as a tumor suppressor in GC by regulating the miR-21-3p/ SMAD7-mediated TGF-β signaling pathway. Furthermore, circWNK1 holds promise as a potential biomarker for the diagnosis and treatment of GC.

KEYWORDS

circWNK1, gastric cancer, miR-21-3p, SMAD7, TGF-β signaling pathway

Abbreviations: ceRNA, competitive endogenous RNA; circRNA, circular RNA; EMT, epithelial–mesenchymal transition; GC, gastric cancer; miRNA, micro RNA; MREs, miRNA response elements; ncRNA, noncoding RNAs; OS, overall survival; qRT-PCR, real-time quantitative polymerase chain reaction; SMAD, the small mother against decapentaplegic protein family; SOM, self-organizing map analysis; TCGA, The Cancer Genome Atlas; TGF-β, transforming growth factor β; TGFβ-R1, type 1 TGFβ receptor.

Ting Dai, Shengkui Qiu and Xuesong Gao contributed equally to this work.

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1 | **INTRODUCTION**

Gastric cancer remains a significant health burden worldwide, with ~1 million new cases and 769,000 cancer-related deaths reported annually.^{1,2} The pathogenic mechanisms driving GC initiation, growth, progression, and metastasis are diverse and complex, involving genetic mutations, epigenetic alterations, and dysregulated molecular signaling pathways.^{[3](#page-13-1)} Elucidating these underlying molecular mechanisms is critical for identifying effective biomarkers and developing therapeutic strategies targeting tumor-specific behaviors. Further research into the molecular regulation of GC is needed to enhance our knowledge and improve patient outcomes.

Since the discovery of two functional noncoding RNAs, lineage defective [4](#page-13-2) (lin-4)⁴ and lethal 7 (let-7), 5 5 the notion that noncoding RNAs are conserved, active molecules essential to biological pro-cesses has gained acceptance.^{[6](#page-13-4)} Circular RNAs are conserved singlestranded noncoding RNA produced through back splicing of exon or intron sequences during precursor mRNA transcription.^{[7](#page-13-5)} The distinctive circular structure of circRNAs confers resistance to 3′–5′ ribonuclease degradation.^{[8](#page-13-6)} Moreover, the regulatory functions of circRNAs are being extensively investigated, particularly their role as ceRNAs.^{[9–11](#page-13-7)} As ceRNAs, circRNAs and mRNAs sharing common MREs can competitively bind miRNAs, thereby attenuating miR-NA's inhibitory effect on target mRNAs. For instance, circOSBPL10 prevents Wnt2 degradation by sequestering miR-136-5p, 12 and circNR3C1 acts as a ceRNA for cyclin D1 by sponging miR-27a-3p. 13 13 13 Our team profiled cancer-related circRNA expression in 24 pairs of GC and adjacent normal tissues in a previous study by ceRNA chip sequencing.^{[14](#page-13-10)} We constructed a GC circRNA regulatory network using SOM analysis and validated the network and molecular mechanisms of an upregulated circRNA, circTHBS1. However, downregulated circRNAs were not further investigated. Therefore, this study examines the role and potential mechanisms of the significantly downregulated circWNK1 in GC progression.

The TGF-β signaling pathway is critical in cellular activity. Dysregulation of this pathway has been shown to promote tumorigenesis and progression by facilitating cancer cell growth, invasion, immune evasion, and metastasis.¹⁵⁻¹⁷ The SMAD family of proteins are pivotal mediators of various cellular signaling pathways. SMAD7 is an inhibitory protein that negatively regulates the TGF-β pathway by suppressing the phosphorylation of receptor-regulated SMAD proteins.^{18,19} In the cytoplasm, SMAD7 competes with SMAD2/3 for binding to the type 1 TGFβ-R1, thereby blocking signal transduction by inhibiting the phosphorylation of $SMAD2/3.²⁰$ $SMAD2/3.²⁰$ $SMAD2/3.²⁰$ In the nucleus, SMAD7 disrupts the interaction between the SMAD2/3/4 complex and $DNA.²¹$ $DNA.²¹$ $DNA.²¹$ Recent studies have shown that noncoding RNAs, including miRNAs and circRNAs, contribute to cancer progression by regulating SMAD7 and modulating TGF-β signaling.²²⁻²⁵ However, the mechanisms underlying abnormal SMAD7 expression and its role in GC progression remain poorly understood.

This study identified a novel circular RNA, circWNK1, significantly downregulated in GC cells and tissues. Functional studies

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demonstrate that overexpression of circWNK1 inhibits proliferation, migration, invasion, and EMT of GC cells. Mechanistically, circWNK1 promotes SMAD7 expression and inhibits TGF-β signaling by functioning as a sponge for miR-21-3p. Our findings suggest circWNK1 may represent a novel biomarker and promising therapeutic target for GC.

2 | **MATERIALS AND METHODS**

2.1 | **Patient samples**

This study utilized formalin-fixed paraffin-embedded surgical specimens from 72 pairs of GC tissues and matched adjacent nontumor tissues. These specimens were collected between January 2016 and January 2019 at Nantong First People's Hospital as part of routine clinical practice. All patients enrolled in this study were treatment-naïve and showed no signs of other malignancies. Patient information, including gender, age, tumor size, location, pathological differentiation, and regional or distant metastasis, was collected and evaluated. This study was conducted per the Helsinki Declaration (2013) and approved by the Ethics Committee of the Nantong First People's Hospital (No. 2022KT256).

2.2 | **Statistical analysis**

All cell culture experiments were performed in triplicate, and animal studies utilized six mice per group. The data were averaged across replicates or mice for statistical analyses using SPSS 26.0 (IBM, USA) and GraphPad Prism 8. Student's *t*-test evaluated the differences between the two groups. One-way ANOVA was used for comparisons of multiple groups. Pearson's correlation coefficient assessed the correlation between miR-21-3p and circWNK1 levels. The Kaplan–Meier method and log-rank test were used for survival analyses. Quantitative data are presented as mean ± standard deviation. *p*-values <0.05 were considered statistically significant.

2.3 | **Supplementary methods**

The methods of cell culture, oligonucleotide transfection, vector transfection, qRT-PCR, RNase R treatment, actinomycin D treatment, agarose gel electrophoresis, western blot, H&E staining, immunohistochemistry (IHC), RNA FISH, biotinylated circRNA pull-down assay, luciferase reporter assay, cell proliferation assays, transwell invasion, and migration assays, scratch wound healing assay, xenograft nude mouse model, the sequence of PCR primers, siRNAs, mimics, and inhibitors (Table [S1\)](#page-14-0), as well as the details of antibodies used in the present study (Table [S2\)](#page-14-0), are available in the Supplementary Materials.

3 | **RESULTS**

3.1 | **circWNK1 is downregulated in GC cells and tissues**

In a previous investigation, 14 14 14 we identified a set of circRNA–mRNA networks with potential regulatory functions using a ceRNA microarray and SOM analysis on 24 pairs of GC tissues and adjacent nontumor tissues. After SOM analysis, the top three most upregulated and top three most downregulated circRNAs were selected for validation by qRT-PCR in tissues. The most upregulated circTHBS1 was then chosen for functional and mechanistic studies. However, the downregulated circRNAs that were validated were not further investigated. Therefore, we selected the downregulated hsa_ circ_0003251 (circWNK1) for further characterization. Our ceRNA microarray data showed that circWNK1 expression was significantly downregulated in GC tissues (Figure [1A–C](#page-3-0)), confirmed by qRT-PCR analysis on 72 pairs of GC tissues and normal tissues (Figure [1D,E](#page-3-0)). Additionally, compared with normal gastric mucosa cells (GES-1), circWNK1 expression was significantly lower in AGS, HGC-27, MKN-28, MKN-45, and NCI-N87 cells (Figure [1F](#page-3-0)). By analyzing qRT-PCR data from 72 GC and adjacent normal tissues, we generated a ROC curve for circWNK1. The AUC was 0.714 (Figure [S1A](#page-14-0)), suggesting that circWNK1 may be a biomarker for GC diagnosis. We then analyzed the correlation between circWNK1 expression in GC tissues and clinicopathological parameters of patients (Table [1](#page-4-0)). circWNK1 expression in the T3–T4 tumor stage was significantly lower than in T1–T2 stage tumors regarding the infiltration depth (Figure [1G](#page-3-0)). Furthermore, analysis based on TNM staging showed that circWNK1 expression in stage III–IV tissues was significantly lower than in stage I-II tissues (Figure [1H](#page-3-0)). We also found that circWNK1 significantly inhibited GC cell malignant differentiation, evidenced by the correlation analysis between circWNK1 expression and histological grade (Figure [1I\)](#page-3-0). Importantly, patients with low circWNK1 expression had a significantly worse 3-year OS than those with high expression (Figure [1J](#page-3-0)). These findings suggest that the downregulation of circWNK1 may be involved in GC pathogenesis.

3.2 | **Molecular characteristics of circWNK1 in GC**

The characteristic covalently closed-loop structure of circRNA is formed by the reverse joining of the 5′- and 3′-ends of exons or introns during the transcription process. In this study, we identified circWNK1 by aligning ceRNA microarray sequencing data with the circBase database, revealing that circWNK1 is derived from the WNK1 gene locus (chr12: 1003727–1006847) and composed of exons 21, 22, and 23 (Figure [2A\)](#page-5-0). Subsequently, we extracted RNA from HGC-27 cells and confirmed the head-to-tail splicing of circWNK1 by Sanger sequencing. Furthermore, we successfully amplified products from AGS and HGC-27 cell cDNA using divergent primers, validating the circular structure of circWNK1 (Figure [2B\)](#page-5-0). To determine the subcellular localization of circWNK1, we performed

FISH and qRT-PCR analysis of fractionated nuclear and cytoplasmic RNA, revealing that circWNK1 is mainly located in the cytoplasm of GC cells (Figure [2C–E](#page-5-0)). We also assessed the stability of circWNK1 and found that it exhibited a longer half-life than linear WNK1 mRNA, as shown by qRT-PCR analysis at various time points after actinomycin D treatment of AGS and HGC-27 cells (Figure [2F,G\)](#page-5-0). Moreover, RNase R digestion experiments further demonstrated the superior resistance of circWNK1 to ribonuclease cleavage (Figure [2H](#page-5-0)).

3.3 | **circWNK1 inhibits proliferation, migration, invasion, and EMT in GC cells**

To elucidate the biological role of circWNK1, we first constructed a circWNK1 overexpression plasmid and specific small interfering RNAs (si-circWNK1#1/2/3; Figure [S1B](#page-14-0)), then verified their transfection efficiency in AGS and HGC-27 cells. Notably, qRT-PCR validation showed that the circWNK1 overexpression plasmid and si-circWNK1#1/2 significantly increased and decreased circWNK1 expression in GC cells, respectively, without affecting the expres-sion of WNK1 mRNA (Figure [3A,B\)](#page-6-0). Subsequently, we conducted CCK-8 proliferation assays and observed that circWNK1 overexpression in AGS cells inhibited cell proliferation, while circWNK1 knockdown in HGC-27 cells markedly accelerated proliferation (Figure [3C,D\)](#page-6-0). Moreover, the suppressive effect of circWNK1 on proliferation was also detected through EdU and colony formation assays (Figure [3E–G](#page-6-0) and Figure [S1C](#page-14-0)). Subsequently, we explored the impact of circWNK1 on GC cell migration and invasion using transwell chambers with or without Matrigel coating. The results indicated that transfecting AGS cells with the circWNK1 overexpression plasmid strikingly inhibited cell migration and invasion. In contrast, transfecting HGC-27 cells with si-circWNK1#2 markedly promoted these processes (Figure [3H,I\)](#page-6-0). Similar results were observed in scratch assays, where overexpression and knockdown of circWNK1 inhibited the migration ability of AGS cells and promoted that of HGC-27 cells (Figure [S1D,E](#page-14-0)). Additionally, we examined the expression of EMT marker proteins in transfected cells using immunofluorescence and western blotting. Overexpressing circWNK1 led to a significant increase in the epithelial marker E-cadherin and a significant decrease in the mesenchymal marker N-cadherin, implying that circWNK1 suppresses EMT in GC cells (Figure [3J–L](#page-6-0)).

3.4 | **circWNK1 serves as an miRNA sponge for miR-21-3p**

To investigate whether circWNK1 could function as a competing endogenous RNA (ceRNA), we utilized the online databases miRanda, TargetScan, and RNAhybrid to predict potential circWNK1-targeting miRNAs. We then intersected these prediction results with miRNAs shown to be highly expressed in GC in TCGA database, identifying seven candidate miRNAs (Figure [4A](#page-7-0)). To validate the interaction between circWNK1 and these miRNAs, we performed RNA pull-down

FIGURE 1 circWNK1 downregulation in GC cells and tissues. (A) Heatmap of the top 100 differentially expressed circRNAs in microarray sequencing data. (B) Volcano plot based on ceRNA microarray sequencing results, highlighting significant downregulation of hsa_ circ_0003251. (C) Microarray data showing significant downregulation of hsa_circ_0003251 in GC tissues compared with normal tissues. (D) qRT-PCR confirming downregulation of hsa_circ_0003251 in GC tissues. (E) Fold change in hsa_circ_0003251 expression between paired GC tissues and paraneoplastic normal tissues. (F) Expression of circWNK1 was significantly downregulated in GC cells compared with normal gastric mucosa cells. (G) Association between circWNK1 expression and T stage evaluated using qRT-PCR. (H) Association between circWNK1 expression and UICC tumor TNM staging evaluated. (I) Association between circWNK1 expression and tumor histological grade evaluated. (J) Kaplan–Meier analysis showing worse overall survival for GC patients with low circWNK1 expression. **p*< 0.05, ***p*< 0.01, $***p$ < 0.001.

assays using a biotin-labeled probe specific for circWNK1. This circWNK1-specific probe enriched more circWNK1 from lysates of AGS and HGC-27 cells than a control oligo probe (Figure [4B\)](#page-7-0). We then quantified the enrichment of the candidate miRNAs in the pull-down using qRT-PCR. In AGS cells, miR-21-3p, miR-301b-5p, miR-3619-5p, and miR-551a were significantly enriched by the circWNK1 probe compared with the other candidates (Figure [4C\)](#page-7-0). Similarly, in HGC-27 cells, the circWNK1 probe enriched miR-21-3p, miR-301b-5p, miR-3200-3p, and miR-551a more than other predicted targets (Figure [4D\)](#page-7-0). We selected three enriched miRNAs based on these pull-down results for further target validation. We constructed a

luciferase reporter containing the circWNK1 sequence downstream of luciferase (LUC-circWNK1) and co-transfected it with different miRNA mimics into HEK293T cells. Only transfection with miR-21-3p mimics significantly reduced the luciferase activity (Figure [4E](#page-7-0)). We further generated a reporter with mutated miR-21-3p binding sites in the circWNK1 sequence (Figure [4F](#page-7-0)) and found no decrease in luciferase activity in cells co-transfected with miR-21-3p mimics (Figure [4G,H](#page-7-0)). These findings collectively indicated that miR-21-3p, but not other miRNAs, directly bound to circWNK1. Furthermore, the co-localization of Cy3-labeled circWNK1 and FAM-labeled miR-21-3p in the cytoplasm, as demonstrated by FISH, offers further

TABLE 1 Associations between circWNK1 expression and clinicopathological characteristics in GC patients (*n*= 72).

Note: Chi-squared test, **p*< 0.05.

substantiation of their direct interaction (Figure [3I\)](#page-6-0). In summary, we confirmed that circWNK1 acts as a sponge for miR-21-3p in the cytoplasm.

3.5 | **miR-21-3p reverses the tumor-suppressive effect of circWNK1 in GC cells**

To investigate the role of miR-21-3p in GC, we analyzed data from TCGA database and found that miR-21-3p expression was significantly upregulated in GC tissues compared with normal tissues (Figure [5A](#page-7-1)). Moreover, miR-21-3p expression escalated with the advancing tumor stage (Figure [5B](#page-7-1)). Consistent with this, qRT-PCR showed that miR-21-3p was markedly increased in GC cells and tissues compared with normal gastric mucosal cells (GES-1) and normal gastric tissues (Figure [5C,D\)](#page-7-1), implying an oncogenic role in GC. Prior to investigating whether miR-21-3p is involved in the regulatory effect of circWNK1 on GC cells, we examined the impact of miR-21-3p on circWNK1 expression. It was observed that transfection of miR-21-3p mimics and inhibitors did not affect the expression of circWNK1 in AGS and HGC-27 cells (Figure [S1F,G](#page-14-0)). Furthermore, there was no apparent correlation between the expression of circWNK1 and miR-21-3p in GC tissues (Figure [S1H](#page-14-0)), suggesting that circWNK1 might function as a "molecular sponge." Then, EdU assays showed that circWNK1 overexpression substantially suppressed AGS cell proliferation, which was dramatically reversed by co-transfection with miR-21-3p mimics (Figure [5E](#page-7-1)). Conversely, circWNK1 knockdown in HGC-27 cells increased proliferation, while co-transfection with miR-21-3p inhibitors mitigated this (Figure [5H\)](#page-7-1). Moreover, miR-21-3p mimics reversed the

inhibitory effects of circWNK1 overexpression on AGS cell migration and invasion (Figure [5F\)](#page-7-1). In addition, miR-21-3p inhibitors alleviated the promigratory and proinvasive effects induced by circWNK1 knockdown in HGC-27 cells (Figure [5I\)](#page-7-1). Subsequently, immunofluorescence and western blotting revealed that circWNK1 overexpression in AGS cells increased E-cadherin and decreased N-cadherin expression, and the effects were weakened by miR-21-3p mimics (Figure [5K,L](#page-7-1)). In HGC-27 cells, circWNK1 knockdown had opposite impacts on E-cadherin and N-cadherin, reversed by miR-21-3p inhibitors (Figure [5M,N\)](#page-7-1). These findings suggest that circWNK1 inhibits GC cell proliferation, migration, invasion, and EMT by sequestering miR-21-3p.

3.6 | **SMAD7 is the target gene of miR-21-3p**

To identify the target genes of miR-21-3p, we utilized four databases—miRDB, TarBase, TargetScan, and miRmap—and identified 39 overlapping target genes (Figure [6A\)](#page-9-0). Given the negative regulatory relationship between miRNAs and their target genes and the oncogenic role of miR-21-3p in GC that we validated, we selected four genes for further validation. These four genes—ALCAM, DAB2IP, SMAD7, and TAP1—have reported tumor-suppressive functions from the 39 candidates. qRT-PCR results showed that only SMAD7 expression decreased and increased correspondingly in AGS and HGC-27 cells transfected with miR-21-3p mimics and inhibitors, suggesting that SMAD7 may be a direct target of miR-21-3p (Figure [6B,C](#page-9-0)). Moreover, SMAD7 expression was significantly decreased in GC tissues compared with normal tissues (Figure [6D\)](#page-9-0). We conducted a linear analysis using TCGA database data and our

FIGURE 2 Molecular characteristics of circWNK1 in GC. (A) circWNK1 derived from exons 21–23 of the *WNK1* gene, confirmed by Sanger sequencing. (B) Successful amplification of cDNA using divergent primers in AGS and HGC-27 cells shown by northern blotting. (C) FISH indicating cytoplasmic localization of circWNK1 in AGS and HGC-27 cells. Scale bar represents 20 μm. (D, E) Enrichment of circWNK1 in the cytoplasm demonstrated by qRT-PCR of nuclear and cytoplasmic fractions. (F, G) Greater stability of circWNK1 compared with linear *WNK1* mRNA after actinomycin D treatment in AGS and HGC-27 cells. (H) Resistance of circWNK1 to exonuclease-mediated degradation shown by RNase R treatment. **p*< 0.05, ***p*< 0.01, ****p*< 0.001.

center's patient qRT-PCR data and discovered a significant negative association between SMAD7 expression and miR-21-3p levels (Figure [6E](#page-9-0) and Figure [S1I](#page-14-0)). Bioinformatic analysis predicted a putative 7-mer-m8 binding site with miR-21-3p in the 3′UTR of the SMAD7 transcript, and dual luciferase reporter genes were designed accordingly (Figure [6F](#page-9-0)). As shown in Figure [6G,H,](#page-9-0) miR-21-3p mimics significantly reduced the luciferase activity of wild-type SMAD7 in AGS and HGC-27 cells but had no effect on mutant SMAD7, indicating that miR-21-3p can specifically bind to the 3′UTR region of SMAD7. Additionally, western blot analysis revealed that SMAD7 expression was markedly inhibited in AGS and enhanced in HGC-27 cells transfected with miR-21-3p mimics and inhibitors, respectively, versus negative control (Figure [6I](#page-9-0)).

3.7 | **SMAD7 reverses the effects of circWNK1 on GC cells**

We performed rescue experiments to investigate whether circWNK1 inhibited the malignant phenotype of GC cells by regulating the expression of SMAD7. As SMAD7 is an inhibitory SMAD protein that negatively regulates the TGF-β signaling pathway, we examined the expression changes of SMAD7 and other essential TGF-β pathway proteins in co-transfected GC cells by western blot. When circWNK1 was knocked down in AGS cells, the phosphorylation of Smad2, Smad3, and upregulation of P21 expression were observed. However, this activation of the TGF-β pathway was reversed by cotransfection with a SMAD7 overexpression plasmid. Conversely,

FIGURE 3 circWNK1 inhibits proliferation, migration, invasion, and EMT in GC cells. (A, B) Validation of knockdown and overexpression efficiency of circWNK1 using qRT-PCR. (C) Inhibitory effect of circWNK1 overexpression on AGS cell proliferation assessed by CCK-8 assay. (D) Effect of circWNK1 knockdown on HGC-27 cell proliferation assessed by CCK-8 assay. (E–G) EdU incorporation assays evaluating proliferation after circWNK1 overexpression in AGS cells or knockdown in HGC-27 cells. Scale bars represent 50 μm. (H, I) Investigation of circWNK1 overexpression or knockdown effects on GC cell migration and invasion using transwell assays. Scale bars represent 200 μm. (J, K) Assessment of E-cadherin and N-cadherin expression in AGS and HGC-27 cells using immunofluorescence upon circWNK1 overexpression or knockdown. Red signal: E-cadherin, green signal: N-cadherin, blue nuclei stained with DAPI. Scale bar represents 50 μm. (L) Western blot analysis examining the effects of circWNK1 overexpression or knockdown on E-cadherin and N-cadherin levels in GC cells. **p*< 0.05, ***p*< 0.01, ****p*< 0.001.

in HGC-27 cells, the inhibitory effect of circWNK1 overexpression on TGF-β signaling was reversed after co-transfection with siRNA targeting SMAD7 (Figure [7A\)](#page-10-0). To further investigate whether circWNK1's effects on GC cell proliferation and metastasis are mediated by SMAD7, functional rescue experiments were performed. EdU

assays and colony formation assays showed that the promoting and inhibiting effects on GC cell proliferation by circWNK1 knockdown and overexpression, respectively, were abolished when SMAD7 was overexpressed or knocked down (Figure [7B,C](#page-10-0) and Figure [S2A,C\)](#page-14-0). These results implicated SMAD7 as a critical mediator of circWNK1's

regulation of cell proliferation. Similarly, increased migration and invasion of AGS cells after circWNK1 knockdown were significantly attenuated following co-transfection with SMAD7 overexpression plasmids (Figure [7D,E](#page-10-0) and Figure [S2B\)](#page-14-0). Overexpression of circWNK1 significantly inhibited HGC-27 cell migration and invasion, which

was abrogated by si-SMAD7 co-transfection (Figure [7F,G](#page-10-0) and Figure [S2D](#page-14-0)). Moreover, immunofluorescence detected expression changes of EMT-related proteins in rescue experiments. In AGS cells, knockdown of circWNK1 increased N-cadherin expression and decreased E-cadherin expression, and effects were reversed

FIGURE 5 Overexpression of miR-21-3p reverses circWNK1's inhibitory effect on GC cells. (A, B) Analysis of TCGA database reveals increased miR-21-3p expression in GC tissues and its association with advancing tumor stage. (C) qRT-PCR confirms the upregulation of miR-21-3p in GC cell lines. (D) qRT-PCR validates miR-21-3p upregulation in GC tissues. (E–G) EdU and transwell assays assess changes in proliferation, migration, and invasion of AGS cells after transfection with miR-21-3p mimics and circWNK1 overexpression plasmid. (H–J) EdU and transwell assays evaluate changes in proliferation, migration, and invasion of HGC-27 cells following transfection with the miR-21- 3p inhibitor and si-circWNK1#2. (K, L) Immunofluorescence staining and western blot analysis demonstrate the effect of co-transfection on E-cadherin and N-cadherin expression in AGS cells. (M, N) Immunofluorescence staining and western blot analysis investigate the effect of co-transfection on E-cadherin and N-cadherin expression in HGC-27 cells. **p*< 0.05, ***p*< 0.01, ****p*< 0.001.

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FIGURE 6 *SMAD7* as target gene of miR-21-3p. (A) Venn diagram shows common target mRNAs of miR-21-3p, highlighting four tumor suppressor genes. (B, C) qRT-PCR examines the expression of the four predicted targets in GC cells following transfection with miR-21-3p inhibitors and mimics. (D) qRT-PCR detects miR-21-3p expression in GC tissues. (E) Linear analysis shows a negative correlation between SMAD7 and miR-21-3p. (F) Putative binding site of miR-21-3p to SMAD7 and mutant sequence. (G, H) Luciferase reporter assays assess the binding of miR-21-3p to *SMAD7* 3′UTR. (I) Western blot measures SMAD7 expression after miR-21-3p inhibitors or mimics transfection. **p*< 0.05, ***p*< 0.01, ****p*< 0.001.

by SMAD7 overexpression (Figure [7H,I](#page-10-0)). In HGC-27 cells, the effects of circWNK1 overexpression on E-cadherin and N-cadherin were reversed by SMAD7 knockdown (Figure [7J,K\)](#page-10-0). Collectively, these results indicated that circWNK1's inhibitory effects on GC cell proliferation, migration, invasion, and EMT are principally mediated through SMAD7.

3.8 | **circWNK1 contributes to tumor growth and metastasis in vivo**

To investigate the role of circWNK1 in tumor growth in vivo, stable circWNK1 knockdown or overexpressing GC cells were subcutaneously injected into the inguinal region of nude mice to establish a subcutaneous tumor model. Examination of tumor volume and weight revealed that the proliferation of subcutaneous tumors formed by circWNK1-overexpressing AGS cells was significantly inhibited versus control (Figure [8A,B\)](#page-11-0). Conversely, the volume and weight of subcutaneous tumors formed by circWNK1 knockdown HGC-27 cells were markedly increased (Figure [8D,E](#page-11-0)). Ki-67 staining revealed that circWNK1 overexpression and knockdown in AGS and HGC-27 cells, respectively, inhibited and promoted the proliferation of subcutaneous tumors (Figure [8C,F\)](#page-11-0). Furthermore, a model for lung metastasis was created by injecting fluorescence-labeled GC cells with stable circWNK1 silencing or overexpression into the tail veins of nude mice. Four weeks after injection, an in vivo imaging system was used to examine lung metastasis. Compared with the control, lung metastasis of circWNK1-overexpressing AGS cells was significantly inhibited, while circWNK1 knockdown HGC-27 cells showed enhanced metastasis (Figure [7G,H](#page-10-0)). H&E staining of mouse lungs corroborated these results

FIGURE 7 SMAD7 reverses the effects of circWNK1 on GC cells. (A) Western blot shows altered expression of key TGF-β pathway proteins in AGS and HGC-27 cells after co-transfection. (B, C) EdU assay demonstrates the reversal of circWNK1's antiproliferative effect by SMAD7. (D–G) Transwell assays show SMAD7 abolishing anti-migratory and anti-invasive effects of circWNK1. (H, I) Immunofluorescence and western blot reveal the reversal of EMT promotion induced by circWNK1 knockdown in AGS cells. (J, K) Immunofluorescence and western blot demonstrate the reversal of EMT inhibition by circWNK1 overexpression in HGC-27 cells. $*p$ < 0.05, $*p$ < 0.01, $**p$ < 0.001.

FIGURE 8 circWNK1 contributes to tumor growth and metastasis in vivo. (A and B) Stable circWNK1-overexpressing AGS cells were injected subcutaneously into nude mice. Tumor volume was measured weekly, and tumors were harvested and weighed at 4 weeks. (C) Representative Ki-67 staining of subcutaneous tumors from stable circWNK1-overexpressing AGS cells. (D and E) Stable circWNK1 knockdown HGC-27 cells injected subcutaneously into nude mice. Tumor volume was measured weekly, and tumors were harvested and weighed at 4 weeks. (F) Representative Ki-67 staining of subcutaneous tumors from stable circWNK1 knockdown HGC-27 cells. (G and H) Fluorescently-labeled stable circWNK1-overexpressing or knockdown GC cells injected into mouse tail veins. Bioluminescent imaging detected in vivo fluorescence intensity. Representative images were shown, and fluorescence intensity was statistically evaluated. (I and J) Representative H&E lung metastasis nodule images and quantification from mice with different interventions. **p*< 0.05, ***p*< 0.01, ****p*< 0.001.

(Figure [8I,J](#page-11-0)). These in vivo data demonstrated that circWNK1 inhibits GC cell proliferation and metastasis.

4 | **DISCUSSION**

It is widely recognized that the human genome contains many functional ncRNAs. $26,27$ circRNAs, a newly identified class of ncR-NAs, have been shown to participate in various cellular processes,

especially tumor proliferation, invasion, metastasis, and therapeutic resistance. $8,28$ This study identified circWNK1 as significantly downregulated in GC by analyzing previous microarray data and validating candidates by qRT-PCR. Functional assays in vitro and in vivo indicated that circWNK1 is a tumor suppressor in GC. Mechanistically, circWNK1 functions as a ceRNA that sequesters miR-21-3p, reversing its inhibitory effect on SMAD7, and consequently regulating GC cell proliferation, migration, invasion, and EMT (Figure [9](#page-12-0)).

The unique covalent closed-loop structure, formed through reverse splicing, endows circRNAs with more excellent stability than linear mRNA. 29 29 29 We confirmed that circWNK1 has a longer half-life and increased resistance to RNase R versus WNK1 mRNA. Moreover, circRNAs demonstrated abundant, tissue-specific expression, conferring utility as disease biomarkers.^{[30](#page-14-2)} Previous studies have revealed diverse, dynamic circRNA roles in tumorigenesis, 13 13 13 immune responses, 31 31 31 and infections. 32 32 32 In this study, we found that high expression of circWNK1 was associated with better prognosis and negatively correlated with GC infiltration depth and differentiation. However, we did not assess circWNK1 in plasma, so we could not conclude that it is a liquid biopsy biomarker for GC.

circRNAs modulate intracellular activities via various mechanisms, $7,33$ including acting as ceRNAs, 34 forming functional com-plexes through interactions with RNA-binding proteins^{[35](#page-14-6)} and encoding peptides or proteins.^{[36](#page-14-7)} Using bioinformatics analysis, we sought to illuminate the downstream mechanisms of circWNK1, identifying miR-21-3p as a critical functional target. Recent investigations have underscored the oncogenic role of miR-21-3p across a range of malignancies. Notably, in colon cancer, miRNA sequencing has indicated a considerable upregulation of miR-21-3p expression relative to normal mucosa, suggesting its significant role in colon carcinogenesis.^{[37](#page-14-8)} miR-21-3p has also been associated with tumor immunosuppression by binding to the 3′UTR of TAP1 and downregu-lating its expression.^{[38](#page-14-9)} Furthermore, miR-21-3p has been implicated in promoting cell proliferation and anti-apoptosis in esophageal cancer by regulating TRAF4. 39 However, the precise role of miR-21-3p in the progression of GC remains to be fully elucidated. Our research demonstrates that miR-21-3p upregulation promotes proliferation, migration, invasion, and EMT of GC cells and counteracts the tumor-suppressive effect of circWNK1 overexpression. These data support an oncogenic role of miR-21-3p in GC progression and

indicates that circWNK1 operates as a molecular sponge that sequesters miR-21-3p.

GC progression.

miRNAs suppress target mRNA expression by binding to the 3′UTR in a sequence-specific manner.^{[40,41](#page-14-11)} In our research, we confirmed that miR-21-3p directly binds to the 3′UTR region of SMAD7, significantly reducing both its mRNA and protein levels. As an inhibitor protein of the TGF-β pathway, SMAD7 functions to block or attenuate signal transduction either by inducing TGF-βR1 degradation through the recruitment of SMURF2 (E3 ubiquitin ligase) or by inhibiting the phosphorylation of SMAD2 to prevent the po-lymerization of SMAD2 and SMAD4.^{[21](#page-13-14)} Dysregulation of the TGF-β family signaling pathway has been implicated in developmental abnormalities and disease, while enhanced TGF-β signaling has been linked to cancer and fibrosis.⁴²⁻⁴⁴ Our study suggests that circWNK1 regulates SMAD7 expression via a ceRNA mechanism, subsequently influencing TGF-β signaling and tumor progression in GC. The TGF-β signaling pathway has been broadly studied in various epithelial can-cers, including breast, lung, pancreatic, and colorectal cancers.^{[17,45](#page-13-17)} Our rescue experiments indicated that circWNK1 primarily activates TGF-β signaling in GC cells by acting as ceRNA for SMAD7. Although our in vivo and in vitro experiments confirmed that circWNK1 inhibits GC progression by sponging miR-21-3p and suppressing SMAD7 expression, it remains unclear whether circWNK1 can also function as an anti-oncogene through other pathways.

In conclusion, our study highlights the crucial role of circWNK1 in suppressing tumor growth in GC through its inhibitory effects on cell proliferation, migration, invasion, and EMT. Specifically, we have identified circWNK1 as an miR-21-3p sponge, which subsequently enhances SMAD7 expression to exert its tumor-suppressive function. These significant findings provide valuable insights into the molecular mechanisms involved in GC progression, and propose circWNK1 as a promising diagnostic biomarker and therapeutic target for GC patients.

AUTHOR CONTRIBUTIONS

Ting Dai: Investigation; writing – original draft. **Shengkui Qiu:** Formal analysis; funding acquisition; investigation; writing – review and editing. **Xuesong Gao:** Data curation; funding acquisition; software. **Chengjin Zhao:** Software; validation. **Zhenming Ge:** Methodology. **Yanmei Yang:** Supervision; validation. **Chong Tang:** Conceptualization; funding acquisition; project administration. **Shichun Feng:** Conceptualization; funding acquisition; project administration; supervision.

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CONFLICT OF INTEREST STATEMENT

The authors declare no conflict of interest.

DATA AVAILABILITY STATEMENT

The article includes all data in the study, and further inquiries can be directed to the corresponding authors.

ETHICS STATEMENTS

Approval of the research protocol by an Institutional Reviewer Board: This study was approved by the Ethics Committee of Nantong First People's Hospital (2022KT256).

Informed Consent: All procedures were conducted in accordance with the guidelines outlined in the Declaration of Helsinki principles, and informed consent was signed by all participants.

Registry and Registration No. of the study/trial: N/A.

Animal Studies: All animal studies were approved by the Ethics Committee of the Experimental Animal Center of Nantong University (P20220218-011).

ORCID

Shengkui Qiu <https://orcid.org/0000-0002-6018-7706> *Shichun Fen[g](https://orcid.org/0000-0002-0008-5193)* <https://orcid.org/0000-0002-0008-5193>

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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