

HHS Public Access

Author manuscript *Nat Immunol.* Author manuscript; available in PMC 2025 January 01.

Published in final edited form as:

Nat Immunol. 2024 January ; 25(1): 41–53. doi:10.1038/s41590-023-01700-0.

BCG vaccination stimulates Integrated Organ Immunity by feedback of the adaptive immune response to imprint prolonged innate antiviral resistance

Audrey Lee¹, Katharine Floyd², Shengyang Wu¹, Zhuoqing Fang¹, Tze Kai Tan^{3,4}, Heather M. Froggatt⁵, John M. Powers⁵, Sarah R. Leist⁵, Kendra L. Gully⁵, Miranda L. Hubbard⁵, Chunfeng Li¹, Harold Hui¹, David Scoville⁶, Alistaire D. Ruggiero⁶, Yan Liang⁶, Anna Pavenko⁶, Victor Lujan¹, Ralph S. Baric⁵, Garry P. Nolan^{3,7}, Prabhu S. Arunachalam¹, Mehul S. Suthar², Bali Pulendran^{1,3,7}

¹Institute for Immunity, Transplantation and Infection, Stanford University School of Medicine, Stanford University, Stanford, CA, USA

²Department of Pediatrics, Emory Vaccine Center, Emory National Primate Research Center, Emory University School of Medicine, Atlanta, GA

³Department of Pathology, Stanford University School of Medicine, Stanford University, Stanford, CA, USA

⁴Institute for Stem Cell Biology and Regenerative Medicine, Stanford University School of Medicine; Stanford, CA, USA

⁵Department of Epidemiology, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

⁶NanoString Technologies, Seattle, WA USA

⁷Department of Microbiology and Immunology, Stanford University School of Medicine, Stanford University, Stanford, CA, USA

CODE AVAILABILITY Computer code is available upon reasonable request.

Correspondence: bpulend @stanford.edu.

AUTHOR CONTRIBUTIONS

A.L. and B.P. designed the study, interpreted the data and wrote the manuscript. A.L. led and planned the research and analyzed the data. K.F. and M.S.S. performed SARS-CoV-2 mouse experiments including challenge, viral load quantification and sample analysis. S.W. performed mouse injections and helped with tissue harvesting and processing. Z.F. contributed to scRNA-seq analysis. T.K.T. helped with CyTOF staining and data acquisition. D.S., A.D.R., Y.L. and A.P. contributed to and performed GeoMx. H.H. and V.L. helped with tissue harvesting and processing. H.M.F. and K.L.G. vaccinated mice for mouse-adapted coronavirus challenge. H.M.F., J.M.P., S.R.L. and M.L.H. performed viral infections, tissue harvesting and sample analysis for mouse-adapted coronavirus challenge. J.M.P. developed the mouse-adapted SARS-CoV-2 BA.5 virus. C.L. propagated the PR8 virus. R.S.B. provided advice and guidance to SARS-CoV-2 challenge experiments. P.S.A. provided guidance and advice. G.P.N. provided CyTOF instrument.

COMPETING INTERESTS

B.P. has served or is serving on the External Immunology Network of GSK, and on the scientific advisory boards of Sanofi, Medicago, CircBio and Boehringer-Ingelheim. R.S.B. serves on the Scientific Advisory Board of Takeda, VaxArt, and Invivyd and has collaborations with Janssen Pharmaceuticals, Gilead, Chimerix, and Pardes Biosciences. S.R.L. and R.S.B. are listed on a patent for the SARS-CoV-2 MA10 virus (US 11225508 B1, "Mouse-adapted SARS-CoV-2 Viruses and Methods of Use Thereof"). G.P.N is a co-founder and stockholder of Ionpath Inc.; G.P.N. is a co-founder and stockholder of Akoya Biosciences, Inc. and an inventor on patent US9909167.; G.P.N. is a Scientific Advisory Board member for Akoya Biosciences, Inc.; G.P.N. received research grants from Pfizer, Inc.; Vaxart, Inc.; Celgene, Inc.; and Juno Therapeutics, Inc. G.P.N is co-founder for Scale Biosciences Inc. M.S.S. has served in an advisory role for Ocugen, Inc. The remaining authors declare no competing interests.

Abstract

Bacille Calmette-Guérin (BCG) vaccination can confer non-specific protection against heterologous pathogens. However, the underlying mechanisms remain mysterious. We show that mice vaccinated intravenously with BCG exhibited reduced weight loss and/or improved viral clearance when challenged with SARS-CoV-2 (B.1.351) or PR8-influenza. Protection was first evident between 14–21 days post-vaccination and lasted ~3 months. Remarkably, BCG induced a biphasic innate response, and robust antigen-specific Th1 responses in the lungs. MyD88 signaling was essential for innate and Th1 responses, and protection against SARS-CoV-2. Depletion of CD4⁺ T cells or IFN- γ activity prior to infection obliterated innate activation and protection. Single-cell and spatial transcriptomics revealed CD4-dependent expression of interferon-stimulated genes in lung myeloid and epithelial cells. Notably, BCG also induced protection against weight loss following mouse-adapted SARS-CoV-2 BA.5, SARS-CoV and SHC014 coronavirus infections. Thus, BCG elicits "integrated organ immunity" where CD4⁺ T cells feedback on tissue myeloid and epithelial cells to imprint prolonged and broad innate antiviral-resistance.

INTRODUCTION

Vaccines provide protection against pathogens primarily through the generation of antigenspecific antibodies or cytotoxic T cell responses¹. However, epidemiological studies conducted over the years have suggested that certain live attenuated vaccines, such as the oral polio or Bacille Calmette-Guérin (BCG) vaccine, might also confer non-specific protection against unrelated infections, as indicated by a reduction in infant mortality following vaccination^{2–5}. Remarkably, the recent coronavirus disease 2019 (COVID-19) pandemic has drawn attention to the BCG vaccine, with emerging studies in human controlled trials and murine models highlighting its effectiveness in providing non-specific antiviral effects against severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)^{6–9}. However, the efficacy of BCG vaccine in the non-specific protection against SARS-CoV-2 remains contentious, as conflicting findings have been presented in other studies^{10–12}.

The BCG vaccine, which contains live attenuated *Mycobacterium bovis*, is widely used globally in the prevention against tuberculosis (TB), particularly in areas where TB is prevalent. Despite its extensive use, the precise mechanism by which the BCG vaccine confers protection against TB, let alone diverse pathogens, remains poorly understood. While CD4⁺ T cells, including Th1 and Th17 cells, have been recognized as important immune mediators in TB protection^{13–15}, other studies have not consistently identified similar immune correlates^{16,17}. Moreover, several studies have highlighted the synergistic involvement of CD8⁺ T cells and T cell-independent mechanisms, such as activated alveolar macrophages, in contributing to optimal immunity against TB^{18–20}.

The emerging concept of trained immunity, whereby innate immune cells retain long-lasting memory in the form of epigenetic or metabolic reprogramming^{21,22}, has been observed following BCG vaccination^{23,24}. In fact, a recent study revealed that following intravenous BCG vaccination in mice, bone marrow stem and progenitor cells undergo long-term reprogramming, also known as innate training, and play a role in T cell-independent

protection against TB²⁵. Training of non-specific innate cells has thus been proposed to be responsible for the non-specific effects of the BCG vaccine. In line with this notion, recent studies have suggested that enhanced cytokine responses produced by trained myeloid cells following a secondary stimulation could be a key mediator in conferring protection against heterologous pathogens^{26,27}.

While there have been mounting studies addressing the non-specific effects of BCG in the context of trained immunity, there remains a need for a comprehensive evaluation of BCG-induced immune responses and their direct impact on non-specific antiviral activity *in vivo*. A deeper understanding of the underlying mechanisms of heterologous protection is crucial for the rational design and development of universal vaccines aimed at preventing a broad range of infections. In this study, we delineated the mechanism underlying the non-specific antiviral effects exerted by the BCG vaccine against SARS-CoV-2, and reveal a pivotal role for BCG-specific CD4⁺ T cells that produce IFN- γ in imprinting a persistent antiviral innate program in the lung, mediating heterologous viral protection.

RESULTS

BCG vaccination protects mice against SARS-CoV-2 and PR8 IAV

To investigate the non-specific effects of BCG vaccine on protection against heterologous viruses, mice were administered with BCG intravenously (BCG IV) and challenged with SARS-CoV-2 B.1.351 virus at day 7, 14, 21, 28 or 42 post-vaccination. BCG had previously been shown to elicit enhanced immune responses and protection in non-human primate and murine models when administered intravenously^{7,28,29}. We found that vaccinated mice were protected from weight loss when challenged at day 21, 28, 42 post-vaccination, compared to unvaccinated control mice (Fig. 1a). Surprisingly however, the reduction in weight loss was not observed at days 7 or 14 post-vaccinated mice. In addition, mice vaccinated at days 21, 28 and 42 post-prior to challenge with SARS-CoV-2 exhibited ~41-, ~435-, and ~92-fold reduction in lung viral load respectively, as measured by the expression of SARS-CoV-2 RNA-dependent RNA polymerase gene at day 3 post-challenge (Fig. 1b). Notably, the reduction in viral load was mainly observed in the lungs and not the nasal turbinates (Fig. 1b), suggesting that protective effects were largely confined to the lungs and not the upper respiratory tract. We then performed hematoxylin and eosin (H&E) staining of lung tissues to assess the level of pathology following challenge. We found that lung inflammation was significantly reduced in mice challenged at 21 days post-vaccination, although this was not observed in day 28- or 42-vaccinated mice (Fig 1c). Immunohistochemical staining of the lungs post-challenge further revealed a lower expression of SARS-CoV-2 nucleocapsid protein (NP) that localized to alveolar type I and II pneumocytes, alveolar macrophages, and diffuse bronchiolar epithelial cells in mice challenged at day 21, 28 and 42 post-vaccination (Fig. 1c and Extended Data Fig. 1a). Notably, vaccinated mice were also protected from weight loss when challenged with SARS-CoV-2 at approximately 3 months post-vaccination (Fig. 1d). A ~2.3-fold decrease in lung viral load was observed, although this did not reach statistical significance (P=0.089) (Fig. 1d). Together, these findings suggest that BCG provided a temporal window of protection against SARS-CoV-2, beginning 14-21 days following vaccination and lasting at least until 3 months.

To assess if viral protection was limited to intravenous administration of BCG, we vaccinated mice via the intranasal route prior to SARS-CoV-2 challenge. Interestingly, we found that such mice similarly showed a reduction in weight loss and lung viral load, although not statistically significant (Extended Data Fig. 1b). Additionally, to test the extent of non-specific protection against other pathogens, we vaccinated mice via intravenous (IV), intranasal (IN), intramuscular (IM), and subcutaneous (SC) routes and infected them with a lethal dose of influenza A/Puerto Rico/8/34 H1N1 virus (PR8 IAV) at day 21 post-vaccination. We measured their weight loss and survival until 14 days of challenge. Interestingly, mice vaccinated via IV, IM, IN routes exhibited reduced weight loss (percentage of initial body weight at day 6 postchallenge, IV=93.3%; IN=94.1%; IM=88.6%; unvaccinated=81.7%) and improved survival (IV=~18.2%; IN=~75%; IM=~17.6%; unvaccinated=0%), as compared to unvaccinated control mice (Extended Data Fig. 1c). However, mice vaccinated via the subcutaneous route exhibited no effect on survival rate or weight loss (Extended Data Fig. 1c). These results demonstrated that protection conferred by BCG was dependent on the route of vaccination. In addition, mice vaccinated with intravenous BCG exhibited reduced weight loss when challenged 21 days post-vaccination with various strains of mouse-adapted coronaviruses, including Omicron BA.5, SARS-CoV, SHC014³⁰⁻³² (Extended Data Fig. 2a). A significant reduction in the extent of lung discoloration, indicative of edema and diffuse alveolar damage, was observed in vaccinated mice following challenge (Extended Data Fig. 2b). However, a decrease in live viral titer in the lungs was observed at day 2 following challenge with SARS-CoV-2 BA.5 MA10, but not with SARS-CoV MA15 or SHC014 MA15 (Extended Data Fig. 2c). This suggests that BCG vaccination potentially mediates antiviral defenses against different viral strains through distinct mechanisms.

BCG vaccination induced a biphasic pattern of innate activation

To understand the mechanism underlying the non-specific effects of BCG, we assessed the kinetics of cytokine and cellular immune responses in mice following BCG IV vaccination. Analysis of serum cytokines in BCG-vaccinated mice revealed a biphasic pattern in the kinetics of production of systemic inflammatory mediators, with an early peak of innate cytokines and chemokines (i.e. TNF, MCP3, CCL2, GCSF, GM-CSF) at 6 hours postvaccination, and a delayed response of enhanced magnitude and duration (i.e. MCP3, IFN- γ , TNF, RANTES) emerging around 21 days after vaccination (Fig. 2a and Extended Data Fig. 3a). Furthermore, the frequency of $CD11b^+$ dendritic cells (DCs) and activation of Ly6C⁺ monocytes, CD11b⁺ and CD103⁺ DCs in the lungs appeared to follow a similar biphasic pattern (Fig. 2b). Specifically, the frequency of CD11b⁺ DCs was significantly increased at day 1 and around day 15 post-vaccination. Likewise, in Ly6C⁺ monocytes, CD11b⁺ and CD103⁺ DCs, CD86 activation marker was upregulated at day 1 and day 15 21 postvaccination, and in Ly6 C^+ monocytes and CD11b⁺ DCs, maintained at least as long as day 42 (Fig. 2b). Interestingly, lung interstitial macrophages (F4/80⁺ macrophages) increased in frequency early at day 1, whereas the frequency of alveolar macrophages decreased beginning day 1, although their activation was enhanced till day 42 post-vaccination (Fig. 2b and Extended Data Fig. 3b).

Similarly, we found an increased proportion of macrophages in the spleen at day 1 and increased frequencies and activation of Ly6C⁺ monocytes, CD11b⁺ and CD8+ DCs beginning 15 days post-vaccination (Extended Data Fig. 4a). Reprogramming and activation of bone marrow stem cells have previously been associated with sustained training of myeloid cells^{25,33}. To identify activity in the bone marrow, we analyzed the kinetics of bone marrow stem or progenitor cells. We found that at 15 to 42 days post-vaccination, there were enhanced frequencies of Lin⁻Sca-1⁺c-Kit⁺ (LSK) cells, myeloid-biased multipotent progenitors (MPP3 and MPP2), and short-term haematopoietic stem cells (ST-HSCs), suggesting active bone marrow proliferation at these timepoints (Extended Data Fig. 4b).

To obtain further insights into the nature of the innate response at day 21 post-vaccination, we used mass cytometry (CyTOF) with a panel of key surface and intracellular signaling proteins (Extended Data Fig. 5 and Supplementary Table 1). We identified upregulation of nuclear factor-κB (NF-kB) p65 subunit in Ly6C⁺ monocytes and increased expression of phosphorylated ERK1/2 and phosphorylated STAT3, which are signaling proteins important for T cell activation and IL-10 production³⁴, in CD4+ T cells in the lungs (Fig. 2c). A trend for increased expression of inducible nitric oxide (iNOS) and phosphorylated cAMP response element-binding protein (CREB) in alveolar macrophages was also observed in the lungs (Fig. 2c). Similarly, upregulation of phosphorylated IRF3, STAT1, ERK1/2, and NF-kB p65 and STAT5, was observed in splenic CD4⁺ T cells and Ly6C⁺ monocytes, respectively (Extended Data Fig. 5). Together, these findings demonstrate that BCG vaccination induces systemic immune activation and pro-inflammatory responses at 21 to 42 days.

BCG vaccination stimulates an antigen-specific Th1 response

We next profiled the BCG-specific T cell responses in the lung and spleen following vaccination. At day 21 post-vaccination, there was a significant expansion of BCG-specific CD4⁺ T cells secreting IFN- γ , TNF, and/or IL-2, but these cells were not present at day 7 post-vaccination (Fig. 3a - c). Similarly, enhanced frequencies of BCG-specific CD4+ T cells secreting IFN- γ were observed at day 42, but were at a lower level than day 21 (Fig. 3a - c). Notably, CD4⁺ T cells induced in the lungs and spleen were predominantly of the CD4⁺ type 1 helper T (Th1) subset that are either single producers of IFN- γ or double producers of IFN- γ and TNF (Fig. 3b, d). Collectively, these findings suggest that intravenous BCG induced a systemic Th1 response in both the lung and spleen.

BCG vaccination protects against SARS-CoV-2 via MyD88 signaling

BCG is a bacterium that contains different pathogen-associated molecular patterns (PAMPS) and is known to activate multiple innate sensing pathways, such as TLR (toll-like receptor)-MyD88 (myeloid differentiation primary response gene 88) and inflammasome pathways³⁵ (Fig. 4a). To investigate the nature of the innate mechanisms contributing to non-specific protection against SARS-CoV-2 B.1.351, we challenged knock-out mice deficient in MyD88, the inflammasome component ASC (apoptosis-associated speck-like protein containing a CARD), and STING (stimulator of interferon genes) pathways (*Myd88^{-/--}*, *Asc^{-/-}*, *Sting^{-/-}* mice respectively). We found that the reduced weight loss observed in BCG-vaccinated wild-type (WT) mice upon SARS-CoV-2 B.1.351 challenge

was completely abrogated in $Myd88^{-/-}$ mice, whereas $Asc^{-/-}$ and $Sting^{-/-}$ mice exhibited similar weight loss as vaccinated WT control (Fig. 4b). The abrogation of protection against SARS-CoV-2 seen in vaccinated $Myd88^{-/-}$ mice was reflected by a concomitant lack of reduction in the lung viral loads in such mice (Fig. 4c). $Myd88^{-/-}$ abrogated the reduction of viral load in the lungs, whereas $Asc^{-/}$, and $Sting^{-/-}$ vaccinated mice showed a reduction in SARS-CoV-2 B.1.351 viral load upon challenge, albeit at a lower fold-change ($Asc^{-/-}$: ~7.8-fold; $Sting^{-/-}$: ~19-fold) compared to WT control (~41-fold) (Fig. 4c). Consistently, there was no difference in the lung pathology and SARS-CoV-2 nucleocapsid protein level at day 3 post-challenge in vaccinated compared to unvaccinated groups in $Myd88^{-/-}$ mice (Fig. 4d). In contrast, $Asc^{-/-}$ and $Sting^{-/-}$ mice administered the BCG vaccine exhibited a milder lung pathology and SARS-CoV-2 nucleocapsid protein level (Fig. 4d). These results demonstrated that the protective effect of BCG against SARS-CoV-2 was largely dependent on Myd88-signaling, but not on Asc- or Sting- dependent pathways.

To better understand the differential protection outcome in mice lacking MyD88 signaling, we analyzed the immune responses to BCG in $Myd88^{-/-}$ and WT mice. We found that pro-inflammatory cytokines, such as IFN- γ , TNF, IL-15, CCL5 and CXCL10, were barely detectable in the serum at day 18 post-vaccination in $Myd88^{-/-}$, compared to vaccinated WT mice (Fig. 4e and Extended Data Fig. 6a). However, $Myd88^{-/-}$ mice were not entirely unresponsive to the BCG vaccine, as some chemokines, such as CXCL10 and CCL2, remained detected at 6 hours post-vaccination, although at a level lower than vaccinated WT mice (Extended Data Fig. 6a). These differences in serum level of pro-inflammatory cytokines between vaccinated $Myd88^{-/-}$ and WT mice were also observed 3 days after viral challenge (Extended Data Fig. 6b). Conversely, $Asc^{-/-}$, and $Sting^{-/-}$ mice resulted in a modest decrease of IFN- γ and TNF production that is not as profound as $Myd88^{-/-}$ mice, when compared to WT mice in response to BCG (Extended Data Fig. 6c, d).

Lastly, we compared the T cell responses to BCG vaccination in $Myd88^{-/-}$ and WT mice. We found that the significant increase in the frequency of IFN- γ^+ , TNF⁺ or IL-2⁺ CD4⁺ T cells in the lungs of WT mice at day 21 post-vaccination was profoundly reduced in $Myd88^{-/-}$ mice (Fig. 4f). Collectively, these findings demonstrate that the innate and antigen-specific T cell response and heterologous protection conferred by BCG was largely dependent on the MyD88 signaling pathway.

CD4⁺ T cells and IFN-γ are critical in heterologous protection

Given that *Myd88*^{-/-} mice had severe impairments in the generation of BCG-specific CD4⁺ T cell response, serum cytokines, and heterologous protection against SARS-CoV-2 (Fig. 4), and given the synchronized kinetics of the CD4⁺ T cell response and second phase of the innate response, we postulated that cytokine feedback from the CD4⁺ T cells may stimulate the second phase of innate activation. To test this, we depleted either CD4, CD8, or both CD4 and CD8 T cells (CD4/CD8) in vaccinated mice by injecting anti-CD4 or anti-CD8 antibodies every 2 consecutive days, beginning 5 days prior to viral challenge (Fig. 5a). We found that mice depleted of CD4⁺ T cells were unable to reduce viral load in the lungs and mice depleted of both CD4⁺ and CD8⁺ T cells had only a modest reduction in viral load as compared to vaccinated WT mice, whereas mice depleted of only CD8⁺ T cells exhibited

significant reduction in lung viral load (Fig. 5a). The lack of protection in mice depleted of CD4⁺ T cells were further demonstrated in their weight loss that is comparable to unvaccinated control following viral challenge (Fig. 5b). To exclude the possibility that the observed phenotype in CD4-depleted vaccinated mice was a consequence of SARS-CoV-2 specific CD4⁺ T cells orchestrating adaptive immunity against SARS-CoV-2, we tested the effects of antibody depletion on viral challenge outcome in unvaccinated control mice and observed that CD4 and/or CD8 depletion did not affect the challenge outcome in unvaccinated mice (Extended Data Fig. 7). This is in line with a previous study indicating that SARS-CoV-2 viral load early in infection was unaffected by the absence of T cells³⁶.

As most BCG-specific CD4⁺ T cells induced by vaccination were Th1 cells that produced IFN- γ and TNF, we determined if the lack of protection observed following CD4⁺ T cell depletion could be a result of diminished IFN- γ or TNF concentration *in vivo*. To achieve this, we administered anti-IFN- γ or anti-TNF antibodies every 2 consecutive days, beginning 5 days prior to viral challenge and 1 day post-challenge (Fig. 5c). Depletion of IFN- γ abrogated the reduction in viral load and weight loss conferred by BCG vaccination (Fig. 5c). However, TNF depletion had no effect on both weight loss and viral load (Fig. 5c). These results demonstrate that CD4⁺ T cells and IFN- γ stimulated by BCG are critical mediators of viral protection.

Th1 cells and IFN- γ activate myeloid and lung epithelial cells

To further explore changes in the immune landscape within the lungs following BCG vaccination, we performed single cell RNA-sequencing (scRNA-seq) of whole lungs at day 0 and 21 post-vaccination. We obtained a total of 25,622 cells in the lungs and annotated distinct clusters of immune cells (myeloid, alveolar macrophage, NK and T cells) and non-immune cells consisting of lung epithelial (alveolar type I and II pneumocytes, club cells, pulmonary neuroendocrine cells; PNEC), endothelial and mesenchymal cells (alveolar fibroblast, airway smooth muscle cells; airway SMC, mesothelial) (Fig. 6a and Extended Data Fig. 8a).

Single cell transcriptomics further revealed a cluster of CD4⁺ T cells expressing mRNA encoding IFN- γ and subsets of myeloid and lung epithelial cells at day 21 expressing interferon-stimulated genes (ISGs), such as *Stat1* and *Bst2* (Fig. 6b and Extended Data Fig. 8b). Upregulated differentially expressed genes (DEGs) were identified across various lung immune and non-immune subsets at day 21, suggesting a tissue-wide vaccine response (Fig. 6c). We then performed overrepresentation enrichment of DEGs using blood transcriptional modules (BTMs)³⁷ and Gene Ontology (GO) biological processes^{38,39}. BTMs involved in viral sensing and innate antiviral immunity were enriched across myeloid cells, endothelial cells, alveolar fibroblasts, and particularly in alveolar type II pneumocytes, which are the target cells for SARS-CoV-2 and H1N1 influenza virus infection (Fig. 6d). This was recapitulated in enrichment with GO terms, where modules related to cytokine-mediated signaling pathway and MHC-I processes were enriched in myeloid, endothelial, fibroblast and alveolar type II cells (Extended Data Fig. 8c). Specifically, upregulated DEGs in alveolar type II pneumocytes included ISGs (*Ifi2712a, Irgm2, Psmb9*), and genes involved in MHC class I complex (*H2-Q7, H2-K1*) (Fig. 6e). We further validated the increase in

Data Fig. 9a).

Since we have found CD4⁺ T cells and IFN- γ secretion to be critical for protective viral outcomes, we inferred potential cross-talk between CD4⁺ T cells and other cell types using CellChat, a cell-cell communication analysis tool as previously described⁴⁰. Strikingly, type II IFN signaling from Th1 and NK cells interacted with myeloid (monocytes, macrophages, DCs), epithelial (alveolar type I and II pneumocytes, ciliated cells), mesenchymal (alveolar fibroblast, mesothelial) and endothelial cells in the lungs (Fig. 6f). We further evaluated *in vivo* expression of cytokines across various cell types in the lungs at day 23 post-vaccination using *in vivo* Brefeldin A injection, and found CD4⁺ T cells to be the key producer of IFN- γ (Extended Data Fig. 9b).

To corroborate the finding that CD4⁺ T cells and IFN- γ are important in mediating the activation of innate and non-immune cells within the lungs, we measured CD86 activation on lung myeloid cells following depletion of CD4⁺ T cells and IFN- γ with anti-CD4 and anti-IFN- γ antibodies, respectively, following BCG vaccination in C57BL/6 mice. We found a significant decrease in CD86 activation in alveolar and interstitial macrophages, Ly6C⁺ monocytes and DCs at day 21 post-vaccination following depletion of either CD4⁺ T cells or IFN- γ (Fig. 6g and Extended Data Fig. 10). In conjunction, CD4⁺ T cell depletion in vaccinated mice resulted in a significant reduction of serum IFN- γ and TNF levels at day 18–21 post-vaccination (Fig. 6h). These results indicate that feedback from CD4⁺ T cells to immune and non-immune cells through IFN- γ signaling is essential for sustained innate activation at 3 weeks post-vaccination and could potentially be a driving factor for inducing broad protection against viruses.

Spatial transcriptomics of CD4-dependent lung antiviral immunity

To further validate that CD4⁺ T cells stimulate ISG expression in lung epithelial cells and map out the spatial localization of cell populations within the lungs 21 days after vaccination, we profiled regional lung whole transcriptomes in BCG IV vaccinated mice with or without CD4⁺ T cell depletion using the GeoMx Digital Spatial Profiler (DSP) whole transcriptome atlas (WTA) assay⁴¹. We used fluorescently-labeled CD4 and Pan-cytokeratin (PanCK) antibodies to identify CD4+ T cells and lung epithelial cells, respectively. In addition, on an adjacent serial section, we stained for BCG and myeloid cells using antibodies targeting mycobacterial antigens and CD68 to guide region of interest (ROI) selection. ROIs were selected based on the presence of CD4+ cells, PanCK+ cells, and BCG in close proximity, and a total of 29, 20, 15 ROIs were selected in BCG vaccinated, BCG vaccinated with CD4 depletion, and unvaccinated groups, respectively (Fig. 7a, b, c). Notably, we detected overlapping BCG+ and CD68+ cells, indicating the presence of BCG-infected macrophages (Fig 7b). As expected, a lack of CD4⁺ T cells was found in the lungs of CD4⁺ T cell-depleted mice, similarly in unvaccinated mice (Fig. 7d,

e). Consistently, CD4⁺ T cells detected on the GeoMx DSP displayed a high level of *Ifng* expression and genes related to T cell activation, such as *Ccl5* and *Cd48* (Fig. 7f and g).

Most importantly, ROIs from the CD4⁺ T cell depleted group exhibited significantly lower expression of a variety of ISGs as compared to BCG-vaccinated control. These ISGs include *Stat1, Bst2 and Ly6e,* which were similarly found to be upregulated in BCG-vaccinated mice in our scRNA-seq data (Fig. 7h, 7i and 6b). Notably, the level of ISG expression did not reach baseline levels as found in unvaccinated mice (Fig. 7h), synonymous with the presence of residual CD86 activation found in myeloid cells even after CD4⁺ and IFN- γ depletion (Fig. 6g). This suggests that other IFN- γ -independent mechanisms might contribute to the reactivation of lung epithelial and myeloid cells. Taken together, our findings demonstrate that ISG activation within target epithelial cells, primarily driven by CD4⁺ T cell feedback, is sufficient and necessary for eliciting non-specific viral protection. Thus, these results raise the concept of "integrated organ immunity", whereby BCG vaccination elicits a sustained antiviral program in the lung which is mediated by the dynamic interplay between the adaptive and innate immune systems, and acts in an antigen agnostic manner to provide protection against SARS-CoV-2 and influenza A virus (Fig. 8).

DISCUSSION

Our results demonstrate that intravenous vaccination with BCG confers non-specific protection against SARS-CoV-2 through a mechanism dependent on feedback of the adaptive immune response on the innate immune system, in particular antigen-specific CD4⁺ T cells imprinting an innate antiviral response in the lung. Strikingly, vaccination resulted in a biphasic pattern of innate activation characterized by an initial brief response at day 1, followed by a second prolonged response starting at between 14 and 21 days. This latter phase was synchronous with the BCG-specific Th1 response. IFN- γ secreted by such Th1 cells provided a feedback signal on the innate immune system, including myeloid cells and type II alveolar cells. Importantly, the induction of the innate and CD4⁺ T cell responses, as well as protection, was largely dependent on MyD88 signaling.

BCG-induced heterologous protection has been widely regarded to be an effect of trained immunity. Conventionally, this phenomenon is understood as involving innate cells that maintain epigenetic changes, subsequently leading to an enhanced innate response upon secondary stimulation³⁹. In particular, several studies have reported long-lasting reprogramming or training of myeloid cells, especially with monocytes, and enhanced cytokine production associated with training and their association with antiviral defense⁴¹." Consistent with this, our lab previously found that adjuvanted vaccines have the capacity to induce lasting antiviral gene program on an epigenetic and a transcriptomic level in myeloid cells^{42,43}. Strikingly, in individuals vaccinated with an adjuvanted H5N1 vaccine several weeks previously, trained monocytes which had enhanced chromatin accessibility of loci targeted by IRFs were able to resist viral infection of dengue or zika virus following *in vitro* infection⁴³. This suggests that epigenetic reprogramming of innate cells conferred nonspecific protection against viruses. Additionally, Arts et al. showed in a controlled human trial that BCG vaccination led to a reduction in viremia of live yellow fever vaccine²⁶. The protective outcome was primarily attributed to the enhanced secondary production of

cytokines associated with epigenetically trained myeloid cells²⁶. Here, our results provide a shift in the prevailing paradigm that trained immunity mediated by epigenetic imprinting of innate cells, such as monocytes, is the chief mechanism of non-specific protection^{26,27,44,45}. We found that the unique kinetics of the immune responses to BCG vaccination leads to a feedback of the adaptive immune system, notably antigen-specific CD4⁺ T cell-derived IFN- γ , on inducing a sustained antiviral innate immune state in immune cells and epithelial cells in the lung. These results represent a significant departure from the classical concept of "trained immunity," which has been proposed to be a cell intrinsic imprinting of a form of memory, mediated by epigenetic changes.

We found that BCG vaccination conferred durable protection against SARS-CoV-2 B.1.351, with protection observed even up till approximately 3 months post-vaccination. In addition, we found that BCG was effective against both SARS-CoV-2 B.1.351 and BA.5 variants, as demonstrated by the reduced weight loss and viral load in challenged mice. Interestingly, BCG appeared to be effective in the protection against weight loss from challenge with other mouuse-adapted strains of coronaviruses, specifically SARS-CoV and SHC014. However, the detailed mechanistic underpinning of this protection remains to be uncovered as a lack of difference was observed in the live viral titer in the lungs.

In line with previous studies showing predominantly Th1 and comparatively lower Th17 responses following BCG vaccination in macaques and humans^{46,47}, we found that BCG vaccination induced robust Th1 responses in the murine lungs and spleen. IFN- γ has been shown to prime various innate cell subsets, including macrophage production of anti-microbicidal products, DC antigen presentation, and NK cell cytotoxic activity⁴⁸⁻⁵⁰. In recent years, emerging studies have highlighted the importance of IFN- γ in maintaining long-term reprogramming or training of alveolar macrophages, with IFN-y secretion primarily attributed to either localized CD4⁺ or CD8⁺ T cells^{19,51}. In this context, our recent work has revealed an important role for CD8 T cell-derived circulating IFN- γ in mediating an enhanced antiviral signature in myeloid cells on day 1 following secondary vaccination with the Pfizer-BioNTech mRNA vaccine^{52,53}. However, unlike what was observed in the current paper, this antiviral signature was only observed on day 1 post-boost and not afterwards, and its impact on protection against heterologous viruses is not known. Our current study revealed that myeloid cells in the lungs were reactivated 21 days following BCG vaccination and that prolonged innate activation and protection against SARS-CoV-2 was strongly dependent on feedback from CD4⁺ T cells, in the form of IFN- γ signaling. In particular, IFN- γ signaling was found to interact with various myeloid, epithelial, and endothelial cell subsets, and notably with type II alveolar pneumocytes, which are target cells for both SARS-CoV-2 and influenza virus^{54,55}. IFN- γ could exert its effects by directly inhibiting viral replication or by inducing intracellular gene programs in target cells, such as the transcription regulator IRF1 and protein kinase R (PKR), which are essential components of innate immunity against viral infections^{56,57}. Collectively, our findings strengthen the role of cytokine feedback through adaptive-innate immune interactions in heterologous beneficial effects of vaccines.

BCG triggers multiple innate pathways leading to downstream immune activation. Previous studies have demonstrated the importance of MyD88 in promoting the immunotherapeutic

effects of BCG against bladder cancer⁵⁸. In our study, we demonstrated that an absence of MyD88 signaling suppressed the non-specific antiviral effects of BCG, suggesting its crucial involvement in mediating the immune responses induced by BCG vaccination. These findings suggest that vaccine strategies targeting the MyD88 signaling pathway could potentially be harnessed in the development of vaccines aimed at providing broad protection.

The timing of immune responses following BCG vaccination appeared to be pivotal for the observed non-specific viral protection. We have shown that BCG, particularly with the BCG TICE strain used in this study, conferred a specific time window of protection against SARS-CoV-2 virus, occurring approximately 21 days to ~3 months after vaccination. The distinctive kinetics of immune response following BCG vaccination is likely related to the life cycle and persistence of the BCG bacterium within the body ^{59,60}. Given that different BCG strains could induce varied quality, magnitude, and kinetics of immune responses^{61,62}, this could be a plausible explanation for the conflicting results regarding protection against SARS-CoV-2 virus observed in previous studies using different BCG strains in mice^{7,11}. Our findings indicate that BCG TICE specifically endows a distinct timeframe of heterologous protection in the lungs.

Furthermore, our findings indicate that the route of vaccination plays a significant role in determining the outcome of protection against heterologous viruses. Protection against Influenza A PR8 virus was achieved when BCG was administered via intravenous, intranasal, or intramuscular, but not subcutaneous routes. Similarly, protection against SARS-CoV-2 was afforded via intravenous or intranasal administration of BCG. Consistently, previous studies have suggested that BCG administered through the intravenous or pulmonary mucosal routes induced more robust innate or T cell responses in the lungs, both in mice and rhesus macaques^{14,19,46,63}. Interestingly, we also found that intramuscular administration of BCG resulted in a beneficial protective outcome, although not as striking as with intravenous or intranasal administration. Thus exploring alternative routes of BCG vaccination, such as intranasal, may hold potential for enhancing its heterologous protective effects.

The mechanistic insights provided by our study offers a strategy for developing "universal vaccines" that can confer relatively durable, non-specific protection against diverse pathogens. They suggest that mucosal delivery systems such as slow or pulsatile release kinetics nanoparticles could be used to deliver adjuvants (e.g. TLR ligands) plus an antigen and could form the basis of "universal vaccines" that exploit the dynamic interplay between the adaptive and innate immune systems to stimulate integrated organ immunity against diverse pathogens *in vivo*⁶⁴. In this regard, it must be highlighted that since humans contain antigen-specific CD4⁺ memory T cells against pathogens such as influenza or varicella zoster virus (VZV)^{65,66}, as a result of prior infection or vaccination, such T cells could be exploited in a universal vaccine by including antigens specific for them, in order to generate Th1 cells in tissues that could imprint an antiviral program locally. It is tempting to speculate that such a mechanism, involving the recruitment of pre-existing memory T cells against VZV to orchestrate an antiviral innate program, might have been at play in the recent results showing the reduced risk of COVID-19 diagnosis and hospitalization in older adults vaccinated with the AS01b adjuvanted recombinant Shingrix vaccine⁶⁷.

METHODS

Mice

C57BL/6J (strain #000664) mice were purchased from Jackson Laboratories. All mice used were female mice aged between 8 and 14 weeks old. *Mx1^{gfp}* mice were purchased from Jackson Laboratories (strain #033219) and bred in the Stanford Research Animal Facility. *Myd88^{-/-}* mice were purchased from Jackson Laboratories (strain #009088). Mice used in this study were maintained under a 12h light/12h dark cycle at a temperature of ~18–23 °C with 40–60% humidity. All animal studies were conducted by following animal protocols reviewed and approved by the Institutional Animal Care and Use Committee of Stanford University, Emory University or the Institutional Review Board of University of North Carolina at Chapel Hill. Mice were assigned to the various experimental groups randomly.

BCG vaccination

Mice were administered a single dose of $2-8 \times 10^6$ CFU of BCG vaccine per mouse. Lyophilized BCG was first reconstituted with 1ml sterile saline and diluted accordingly. For intravenous administration, mice were injected with 100µl of BCG vaccine via tail vein injection. For intranasal administration, mice were inoculated with a total volume of 20µl of vaccine, with 10µl per nare. For intramuscular administration, mice were injected with 50µl of vaccine on the right gastrocnemius muscle. For subcutaneous administration, mice were injected with 100µl of vaccine at the base of the tail.

SARS-CoV-2 B.1.3151 viruses and cells

VeroE6-TMPRSS2 cells were kindly provided by Barney Graham (Vaccine Research Center, NIH, Bethesda, MD). The SARS-CoV-2 B.1.351 seed stock (GISAID: EPI_ISL_890360) was provided by Andy Pekosz of John Hopkins University, Baltimore, MD. Viral stocks were grown on VeroE6-TMPRSS2 cells, and viral titers were determined by plaque assays on VeroE6-TMPRSS2 cells. VeroE6-TMPRSS2 cells were cultured in complete DMEM with puromycin at 10 mg/ml (catalog number A11138–03; Gibco). All viruses used in this study were deep sequenced and confirmed as previously described⁶⁸.

SARS-CoV-2 B.1.351 mouse infections and viral burden analysis

C57BL/6 (strain #000664) mice were purchased from Jackson Laboratories. All mice used in these experiments were females 8 weeks of age. Stock B.1.351 virus was diluted in 0.9% Normal Saline, USP (catalog number RDI30296; MedLine). Mice were anesthetized with isoflurane and infected intranasally with virus (50μ l; 1×10^6 PFU/mouse) in an animal biosafety level 3 (ABSL-3) facility. Mice were monitored daily for weight loss. All experiments adhered to the guidelines approved by the Emory University Institutional Animal Care and Use Committee. At three days post-infection, mice were euthanized with an isoflurane overdose. One lobe of lung tissue was collected in an Omni Bead Ruptor tube filled with Tripure Isolation Reagent (catalog number 11667165001; Roche). Tissue was homogenized using an Omni Bead Ruptor 24 instrument (5.15 ms, 15 s) and then centrifuged to remove debris. RNA was extracted using a Direct-zol RNA Miniprep Kit (catalog number R2051; Zymo) and then converted to cDNA using a high-

capacity reverse transcriptase cDNA kit (catalog number 4368813; Thermo). To quantify RNA, IDT Prime Time gene expression master mix and were used with SARS-CoV-2 RDRP- and subgenomic-specific TaqMan gene expression primer/probe sets as previously described^{69,70}. All qPCRs were performed in 384-well plates and run on a QuantStudio5 qPCR system.

Mouse-adapted coronavirus mouse infections

Recombinant mouse-adapted coronaviruses SARS-CoV-2 BA.5 MA³⁰, SARS-CoV MA15³¹, and SHC014 MA15³² were developed and maintained as previously described⁷¹ with approval of the University of North Carolina at Chapel Hill Institutional Review Board. C57BL/6J mice were purchased from Jackson Laboratories (strain #000664). Mice used in these experiments were females 12 weeks of age. Mice were anesthetized with ketamine/xylazine and infected intranasally with 50 μ l virus diluted in PBS (1 \times 10⁵ PFU SARS-CoV-2 BA.5 MA, 1×10^4 PFU SARS-CoV MA15, 1×10^5 PFU SHC014 MA15). Mice were monitored daily for weight loss. Mice were euthanized by isoflurane overdose on days 2 and 4 after infection, with gross lung pathology scored and the inferior right lung lobe collected for titering. Lung viral titers were determined by plaque assay, where collected lungs were homogenized in 1mL PBS then clarified lung homogenates were serially diluted and added to a monolayer of Vero E6 cells then overlayed with 0.8% agarose in medium. After two (SARS-CoV MA15 and SHC014 MA15) or three (BA.5 MA10) days at 37°C, plaques were visualized with neutral red dye and counted. These experiments were performed with approval from the UNC Chapel Hill Institutional Biosafety Committee and Institutional Animal Care and Use Committee (IACUC ID: 22–155.0). Viral infections and downstream steps were performed in an ABSL-3 facility approved for use by the CDC and UNC Environmental Health and Safety, while following standard operating procedures and recommended safety requirements.

PR8 mouse infections

Influenza A/Puerto Rico/8/1934(H1N1) (PR8 virus) was a gift from Dr. Yueh-hsiu Chien lab at Stanford University. PR8 virus was propagated in Madin Darby canine kidney (MDCK) cell line (obtained from ATCC) according to protocol described previously⁷². PR8 virus stock was kept at -80°C until use. For intranasal inoculation, PR8 virus was diluted to 200 PFU in 20µl of PBS and 10µl virus was inoculated into each nare when mice were under isoflurane anesthesia.

Histopathological analysis

Lungs were preserved in 10% neutral buffered formalin followed by paraffin-embedding and sectioning. Histology was performed by HistoWitz (HistoWiz, Inc). Briefly, slides were stained with H&E or subjected to IHC with an antibody specific for SARS-CoV-2 N protein (GeneTex, #GTX635686). Stained slides were read by a boardcertified veterinary pathologist and scored from 0 to 5 for perivascular inflammation, bronchial/bronchiolar alveolar degeneration/necrosis, bronchial/bronchiolar inflammation, and alveolar inflammation or from 0 to 3 for extent of IHC positivity in the bronchi and the alveoli. A narrative description of leukocyte classes and histopathological findings observed was also provided.

In vivo depletion with antibodies

Antibodies used for depletion are anti-CD4 (BioXcell, clone GK1.5, Cat #BE0003–1), anti-CD8 β (BioXCell, clone Lyt 3.2, Cat #BE0223), rat IgG1 isotype control (BioXcell, HPRN, Cat #BE0088), rat IgG2b isotype control (BioXcell, LTF-2, Cat #BE0090), antimouse IFN γ (BioXcell, XMG1.2, Cat #BE0055), anti-mouse TNF α (BioXcell, XT3.11, Cat #BP0058). For T cell and cytokine depletions, mice were administered 3 doses of antibody intraperitonally every 2 consecutive days, starting 5 days prior to either challenge or analysis. For cytokine depletion in SARS-CoV-2 challenge, mice were given an additional dose of anti-IFN γ or anti-TNF α 1 day post-challenge.

Luminex assay

Blood was collected from mice at the indicated timepoints and serum was isolated by centrifugation in serum gel tubes. Luminex assay was performed on serum using Mouse 48-plex Procarta kits (EPX480–20834-901; Thermo Fisher) according to manufacturer's protocol and modifications as previously described⁵³. Each sample was measured in singlets. Plates were read on a FM3D FlexMap instrument with a lower bound of 50 beads per sample per cytokine/ chemokine.

Flow cytometry analysis of innate cells in lungs and spleen

Lungs and whole spleen were harvested at the indicated timepoints. Briefly, lungs were prepared by enzymatic digestion with 1 mg/ml type IV collagenase and DNase I and processed using gentleMACS. Lung suspension was then passed through a 100 µm strainer and red blood cell (RBC) lysis was performed using ACK lysis buffer (Quality Biological). Spleen was harvested from mice and treated with 1 mg/ml collagenase type IV (Worthington) 20 min at 37 °C. Whole spleen tissue was then smashed with the back of a plunger against a 100 µm strainer to obtain single cell suspension. Single cells were stained with antibodies: Zombie UV[™] (1:200 dilution; BUV496; Biolegend #423107), anti-CD16/32 Fc block (1:200; BD #553141), anti-Lv6C (1:500; BV780; BioLegend #128041), anti-Ly6G (1:400; APC-Cy7; BioLegend #127624), anti-CD19 (1:100; BB700; BD #566411), anti-CD3 (1:100; BB700; BD #742175), anti-MHCII (1:400; AF700; eBioscience #56-5321-82), anti-CD11b (1:300; BV650; BioLegend #101239), anti-CD11c (1:400; BV421; Biolegend #117330), anti-CD86 (1:300; A647; BioLegend #105020), anti-Siglec-F (1:400; PE- CF594; BD #562757), anti-CD45 (1:200; BV610; BioLegend #103140), anti-CD169 (1:200; PE-Cy7; BioLegend #142412), anti- PDCA-1 (1:200; BUV563; BD #749275), anti-CD8a (1:200; BUV805; BD #612898), anti-CD103 (1:100; PE; eBioscience #12-1031-82), anti-NK1.1 (1:200; BV510; BioLegend #108738), anti-F4/80 (1:100; BUV737; BD #749283), Ghost DyeTM Violet 510 (1:400; Tonbo Bioscience #13-0870-T100), anti-EpCAM (1:100; Biolegend #118214). Samples were then washed twice with 1x PBS + 2% FBS + 1 mM EDTA and fixed with BD Cytofix (BD #554655). Samples were analyzed on a BD FACS Symphony analyzer with BD FACS Diva v.8.0.1.

Flow cytometry analysis of cells in bone marrow

Femur and tibia were harvested at the indicated timepoints, flushed with PBS + 2% FBS, and passed through a 100 μ m strainer to obtain bone marrow single cell suspension. RBCs

were lysed using ACK lysis buffer (Quality Biological) and cells were counted. ~4–5 million cells were stained with antibodies: Mouse lineage panel containing CD3e, CD11b, Gr1, B220, Ter119 (1:50; biotin; BD #559971), CD34 (1:100; FITC; eBioscience #11–0341-85), c-Kit (1:200; APC; eBioscience 17–1171-83; Sca-1 (1:200; PE; Biolegend #122508), CD150 (1:200; PE-Cy7; Biolegend #103432), CD48 (1:100; APC-Cy7; Biolegend # 103432), Flt3 (1:100; PerCP-eFluor710; eBioscience 46–1351-82), CD41 (1:100; BV610; BD #747728), Zombie UVTM (1:200 dilution; BUV496; Biolegend #423107); CD16/32 (1:100 eFluor450; eBioscience #48–0161-82). Cells were then stained with Streptavidin (1:50; BUV737; BD #612775). Samples were then washed twice with PBS + 2% FBS + 1 mM EDTA and fixed with BD Cytofix (BD #554655). Samples were analyzed on a BD FACS Symphony analyzer with BD FACS Diva v.8.0.1.

Ex vivo stimulation of BCG-specific T cells

Lungs and spleen were harvested from mice at the indicated timepoints. Lungs were prepared by gentleMACS Lung_01_01 program, followed by incubation with 1mg/ml collagenase IV (Worthington) and DNase I (Sigma #10104159001) in PBS+2%FBS for 30 min. Lung suspension was then processed using gentleMACS Lung_02_01 program and passed through a 70µm strainer. Red blood cell lysis was performed with ACK lysis buffer (Quality Biological) and lung suspension was further processed with Percoll centrifugation. Single cells were isolated from the interphase of a 70–40% Percoll gradient. Whole spleen was harvested and processed without enzymatic digestion. Both lung or spleen single cell suspension was plated in complete RPMI 1640 medium at $1-2 \times 10^6$ cells per well in a 96-well U-shaped plate, and restimulated with either crude BCG at 2–8 x 10⁴ CFU or BCG purified protein derivative (PPD; AJ Vaccines #2390(SS)) at 20 µg/µl concentration. Cells were restimulated *ex vivo* at 37°C, 5% CO2 condition for 1.5–2h. Brefeldin-A (10 µg ml⁻¹) was added and cells were incubated overnight.

Intracellular cytokine staining assay for BCG-specific T cells

On day 2 following ex vivo stimulation, cells were stained with a protocol as previously described⁵³. Briefly, cells were stained with Ghost Dye Violet 510 (Tonbo Biosciences) for 10 min at RT in PBS+1mM EDTA. After washing, cells were blocked with Fc receptor antibody a-CD16/32 (clone 2.4G2, BD) for 5 min on ice before staining with fluorochromeconjugated antibodies in FACS staining buffer (1× PBS, 2% FBS): CD3 (1:50 dilution; clone 145-2C11, BioLegend), CD8a (1:200 dilution; clone 53-6.7, BioLegend), CD4 (1:200 dilution; clone RM4-5, BioLegend), CD44 (1:400 dilution; clone IM7, BioLegend), CD69 (1:200 dilution; clone H1.2F3; BioLegend) and CD45 (1:200 dilution; clone 30-F11, BioLegend). Cells were incubated for 20 min at 4° C and washed 2x with PBS + 2% FBS + 1 mM EDTA. Cells were then permeabilized with BD Fix/Perm for 20 min at room temperature (RT) and stained intracellularly with antibodies in 1x Perm buffer (BD Biosciences): anti-IFN- γ (1:100 dilution; clone XMG1.2, BioLegend), anti-TNF (1:100 dilution; clone MP6-XT22, BioLegend), IL-2 (1:100 dilution; clone JES6-5H4, BioLegend) and anti-IL-4 (1:100 dilution; clone 11B11, BioLegend). Cells were then washed twice with 1x Perm buffer and fixed with BD Cytofix for 10 min at room temp. Data was acquired on BD Symphony analyzer and analyzed using FlowJo v10.

In vivo staining of IFN-y

Mice were injected with Brefeldin A (BFA; Sigma #B6542) prior to tissue harvesting as described previously73. Briefly, mice were injected intravenously in the tail vein with 0.5mg/ml BFA suspended in 500ul PBS. 6h after BFA injection, mice were sacrificed and lung tissues were harvested. Lungs were processed to obtain single cells according to the procedure for preparing cells for innate analysis as outlined above. Single cells were then stained with surface antibodies for innate analysis as outlined above, with additional anti-TCRg/d (1:50; PE; Biolegend #118108). Cells were then permeabilized using BD Fix/Perm for 20 min at RT and stained intracellularly with anti-IFN- γ (1:100 dilution; clone XMG1.2, Biolegend), anti-TNF (1:100 dilution; clone MP6-XT22, BioLegend).

CyTOF antibody conjugation

Antibodies were conjugated to respective heavy metal isotopes with commercially available MaxPar (Fluidigm) reagents using an optimized conjugation protocol⁷⁴. In short, antibodies were reduced with 4 mM TCEP (Thermo Fisher #T2556) for 30 min at 37°C and washed two times. For conjugations using MaxPar reagents, metal chelation was performed by adding metal solutions (final, 0.05 M) to chelating polymers and incubating for 40 min at RT. Metal-loaded polymers were washed twice using a 3-kDa MWCO microfilter (Millipore) by centrifuging for 30 min at 12,000g at RT. Antibody buffer exchange was performed by washing purified antibody through a 50-kDa MWCO microfilter (Millipore) and centrifuging for 10 min at 12,000g at RT. Partially reduced antibodies and metal-loaded polymers were incubated together for approximately 90 min at 37 °C. Conjugated antibodies were washed four times and collected by two centrifugations (2 min, 1,000g, RT) into an inverted column in a fresh 1.6-ml collection tube. Protein content was assessed by NanoDrop (Thermo Fisher) measurement; antibody stabilization buffer (Candor Bioscience) was added to a final volume of at least 50 vol/vol %, and antibodies were stored at 4 °C. Conjugations to 139La, 140Ce (Trace Sciences International) were performed following the above protocol, using Fluidigm polymers.

CyTOF viability live-dead labeling by natural abundance cisplatin

Cisplatin (WR International, Radnor, Cat# 89150–634) was stored at -80° C as a stock solution at 100 mM in DMSO (Hybrimax, Sigma Aldrich). Working solutions (10 mM) were prepared fresh on the day of each experiment by diluting the stock solution into PBS at 4°C. Cells in suspension were centrifuged at 300×g for 5 minutes and resuspended in 1ml serum-free RPMI at 2×106 cells/ml. The cisplatin working solution was added to cells at a final concentration of 25 μ M for 1 min at RT, as previously described⁷⁵. The reaction was quenched with 3ml of RPMI/10% FBS. Samples were then centrifuged at 300×g for 5 min and cell pellets were resuspended in 1 ml RPMI/10% FBS and processed for mass cytometry staining.

CyTOF palladium barcoding and staining with heavy-metal conjugated antibodies

Palladium barcoding and staining with heavy metal-conjugated antibodies. To eliminate technical variability during staining or acquisition, individual samples within one experiment were palladium barcoded as described previously⁷⁶ and combined into a composite sample

before further processing and staining. Cell surface antibody master mix in Cell Staining Medium (CSM: low-barium PBS with 0.5 % bovine serum albumin (BSA) and 0.02 % sodium azide (all Sigma-Aldrich) was filtered through a pre-wetted 0.1- μ m spin-column (Millipore) to remove antibody aggregates and added to the samples. After incubation for 30 min at RT. cells were washed once with CSM. To enable intracellular staining, cells were permeabilized by incubating with ice-cold MeOH for 10 min on ice and washed two times with CSM to remove any residual MeOH. Intracellular antibody master mix in CSM was added to the samples and incubated for 1 h at RT. Cells were washed once with CSM and resuspended in intercalation solution (1.6% PFA in PBS and 0.5 μ M rhodium intercalator (Fluidigm) for 20 min at RT or overnight at 4 °C. Before acquisition, samples were washed once in CSM and twice in ddH2O and filtered through a cell strainer to obtain single cell suspension. Cells were then resuspended at 1 × 10⁶ cells per ml in ddH2O supplemented with 1× EQ Four Element Calibration.

CyTOF analysis

Pre-processing of mass cytometry data was performed using Premessa (v0.3.4). Bead-based normalization and debarcoding were performed to obtain individual FSC files for each animal. FCS files were then imported into CellEngine (CellCarta) and single live cells gated out based on cell size and DNA content. Abundance values reported by the mass cytometer were then transformed using arcsinh with a co-factor of 5. Clustering was performed with surface markers using FlowSOM with number of clusters defined as 10^{77} . Mean of abundance values was calculated for each animal and statistical test from vaccinated and unvaccinated groups was performed using Wilcoxon rank-sum test and P value < 0.05 was considered significantly different between both groups. For data visualization, column was quantile normalized for each individual marker and mean of scaled values computed and plotted for each animal using dot plot or heatmap.

Cell isolation and library preparation for scRNA-seq

To obtain lung epithelial and immune cells, lungs were harvested and processed according to a protocol as previously described⁷⁸. Briefly, lungs were lavaged with digestion medium containing RPMI 1640, elastase (Worthington), dispase II (Sigma) and DNase I (Sigma). Lungs were then harvested and incubated in the digestion medium for 45 min at 37°C. After incubation, lungs were cut into small pieces using scissors and incubated with RPMI 1640 containing liberase (Sigma) and DNase I for 30 min at 37°C. Dissociated cells were then passed through a 70µm strainer and RBCs lysed using ACK lysis buffer. To enrich for CD11b+, EpCAM+ and CD11c+ cells, cells were stained with surface antibodies from the innate analysis panel as outlined above, and sorted on the FACSAria machine. Sorted cells were then combined with the non-enriched fraction at a 3:7 ratio and resuspended in cold PBS supplemented with 1% BSA (Miltenyi) and 0.5 U/µl RNase Inhibitor (Sigma Aldrich). Cells were partitioned into Gel Beads-in-emulsion (GEMs) using the 10x Chromium 3' V3 chemistry system (10x Genomics). The released RNA was reverse transcribed in the C1000 touch PCR instrument (Bio-Rad). Barcoded cDNA was extracted from the GEMs by post-GEM RT-cleanup and amplified for 12 cycles. Amplified cDNA was subjected to 0.6x SPRI beads cleanup (Beckman, B23318). 25% of the amplified cDNA was used to perform enzymatic fragmentation, end-repair, A tailing, adapter ligation, and 10X specific sample

indexing as per manufacturer's protocol. Sequencing libraries were generated and the quality was assessed through Bioanalyzer (Agilent) analysis. Libraries were pooled and sequenced on the HiSeq 4000 instrument (Illumina) with a targeted read depth of 40,000 read pairs/cell.

scRNA-seq analysis

scRNA-seq data obtained on the 10x genomics platform was pre-processed using Cell Ranger and raw counts were imported into R (v4.2.2) and analyzed using Seurat (v3.1.4). Briefly, raw counts from 10x genomics were filtered to remove cells greater than 10% mitochondrial reads, >50,000 and <500 RNA counts. Doublet prediction was performed using the R package DoubletFinder and predicted doublets were using removed from the dataset. Filtered read counts were scaled and transformed. The top 2000 variable RNA features were used to perform PCA on the log-transformed counts. The first 22 principal components (PCs) were selected based on a scree plot to perform clustering and UMAP projections. Clustering was performed with Seurat SNN graph construction followed by Louvain community detection with a resolution of 0.4, yielding 27 clusters. Differentially expressed genes (DEGs) at day 21 compared to baseline were identified using Seurat's FindMarkers function and calculated by Wilcoxon rank-sum test with Benjamini Hochberg correction. Genes with an FDR < 0.05, absolute log fold change >0.25 compared to baseline and pct > 0.1 were considered significant. Gene set enrichment was performed using the clusterProfiler R package (v4.6.2). Over-representation analysis was performed with BTM gene modules and GO biological processes gene set. P-values for the overrepresentation analysis were determined by hypergeometric distribution. Pathways with FDR < 0.05 were considered significant. CellChat (v1.6.1) was used to identify ligand-receptor interaction pairs computed based on a communication probability⁴⁰.

GeoMx processing and analysis

Spatial profiling of mouse lung samples was performed using the NanoString Technologies GeoMx[™] Digital Spatial Profiler through the NanoString Technologies Technology Access Program (TAP) in Seattle, WA, USA. The GeoMxTM Mouse Whole Transcriptome Atlas Panel was applied to paraffin-embedded sections of mouse lung tissue. 5um sections were baked for two hours at 65C for paraffin removal before loading onto a Leica BOND RX for tissue rehydration in EtOH and ddH2O, heat-induced epitope retrieval (ER2 for 20 minutes at 100°C) and proteinase K treatment (1.0 µg/ml for 15 minutes at 37°C). Tissue sections were then hybridized with the Mouse Whole Transcriptome Atlas (WTA) probes overnight at 37°C. Following 2x 5min stringent washes (1:1 4x SSC buffer & formamide), the slides with the WTA probes were blocked before morphology marker antibody staining. Unconjugated antibodies (WTA probe slides: anti-CD4 (cat#25229, Cell Signaling Technologies | serial sections: anti-BCG, AB905, AbCam) were incubated for 1 hour, before 4 2x SSC washes. Secondary antibodies (All slides: anti-rabbit with AF594, A11037, ThermoFisher) were then incubated for 30 minutes followed by 4 washes in 2xSCC. An additional blocking step, including the addition of rabbit serum, was performed before the addition of PanCK on the WTA probe slide (488 channel, ab125212, Novus Biologicals) and CD68 on the serial section (647 channel, NBP2-33200AF488, AbCam). Syto83 (532 channel, S11364, Invitrogen) was also added to slides for nuclear staining. After region of interest (ROI) selection, UV light was directed by the GeoMx at each

AOI releasing the RNA-ID containing oligonucleotide tags from the WTA probes for collection into a unique well for each area of illumination (AOI). For library preparation, Illumina i5 and i7 dual indexing primers were added to the oligonucleotide tags during PCR to uniquely index each AOI. Next generation sequencing (NGS) library preparation was performed according the NanoString Technologies published protocol (GeoMx DSP NGS Readout User Manual (nanostring.com)). The prepared library was purified using AMPure XP beads (Beckman Coulter, San Jose, CA, USA), and the library quality was assessed using a Bioanalyzer (Agilent Technologies, Santa Clara, CA). The required sequencing depth was determined by calculating the sum of all of the areas of illumination (in um2) and multiplying the total area (in um2) by 100 (GeoMx DSP Library and Sequencing Guide (nanostring.com)). Sequencing was performed using a NextSeq2000. FASTQ files generated upon sequencing were converted to Digital Count Conversion (DCC) files using the NanoString Technologies publicly available pipeline (v2.0.21) (GeoMx[®] NGS Pipeline (illumina.com)). Through the pipeline, individual probe alignment was performed using identification of read tag sequences (RTS), and duplicate counts of probes generated during the library preparation polymerase chain reaction were removed through evaluation of the probe unique molecular identifier (UMI) sequences.

DCC files were analyzed using the publicly available NanoString Technologies GeoMxTM Digital Spatial Profiler R vignette (R package GeomxTools 3.5.0; Bioconductor v3.18; Analyzing GeoMx-NGS RNA Expression Data with GeomxTools (bioconductor.org)). The number of raw reads, the percentage of aligned reads, and the sequencing saturation of each area of illumination were evaluated to determine the quality of the library preparation. Areas of illumination were included in the analysis if they had more than 1000 raw reads, if over 80% of the reads were aligned correctly, and if the sequencing saturation was above 50%. A control sample with no target probes added, termed a "no template control," was included in the library preparation process and sequenced to estimate library preparation contamination. Negative control probes, designed using External RNA Controls Consortium (ERCC) sequences, are included in each GeoMx[™] RNA assay to estimate background noise and the limit of quantitation. For this work, the limit of quantitation was defined as the negative probe geomean plus the geometric standard deviations of the negative probes. Target probes were filtered according to their frequency in each AOI. Targets were kept in the analysis if they were detected above the limit of quantitation in >5% of areas of illumination. Targets were normalized using O3 normalization, where individual targets were normalized to the 25% most highly counted targets of all targets. Unbiased hierarchical cluster analysis was performed using all normalized targets. Statistical analyses between groups were performed using linear mixed models corrected for random slope.

Quantification and statistical analysis

scRNA-seq and CyTOF statistical analyses were completed as described above. Statistical analysis for other experiments was performed with Prism (GraphPad Prism v9.5.1). For comparing two groups, P values were determined using two-tailed Mann-Whitney test. For comparing multiple groups across multiple timepoints, Two-way ANOVA with Tukey multiple comparison test was performed. For comparing two groups across multiple timepoints, Two-way ANOVA with Sidak multiple comparison test was performed. For

comparison of BCG vaccinated group across multiple timepoints, one-way ANOVA followed by Tukey multiple comparison test was applied. For comparison of multiple timepoints to baseline values, one-way ANOVA with Dunnett's multiple comparison test for each timepoint compared to baseline was used. Survival analysis was performed using log-rank Mantel Cox test. Differences between groups were considered significant for P values < 0.05.

Extended Data



Extended Data Fig. 1. BCG delivered via multiple routes of vaccination conferred protection against SARS-CoV-2 and influenza A PR8.

a, Representative immunohistochemisry images depicting staining of SARS-CoV-2 nucleocapsid protein (NP). Blue circles represent expression of SARS-CoV-2 NP in focal alveoli, alveolar macrophages, alveolar pneumocytes and rare bronchiolar epithelial cells. BCG IV: Intravenous BCG vaccinated. **b**, Left, weight loss of intranasal BCG vaccinated mice followed 3 days post-SARS-CoV-2 challenge. Right, SARS-CoV-2 RNA-dependent RNA polymerse (RdRp) viral load as fold-change over mock-infected, in the lungs and nasal turbinates. Statistical analysis was performed by two-tailed Mann-Whitney test. **c**, Survival plot and weight loss of mice following PR8 infection. Mice were vaccinated via various routes including intravenous (IV), intranasal (IN), intramuscular (IM), subcutaneous (SC). BCG IV and IN, data combined from 2 independent experiments, n = 11 (BCG IV), n = 12 (BCG IN); BCG IM, data combined from 3 independent experiments (n = 16 for naïve and n = 17 for BCG IM). BCG SC, data from one independent experiment (n = 5). Survival analysis was performed using log-rank (Mantel-Cox) test. Statistical analysis for weight loss was performed by Two-way ANOVA with Sidak's multiple comparisons test. **, P < 0.01.

Lee et al.



Extended Data Fig. 2. BCG vaccination protects mice from weight loss against various strains of mouse-adapted Sarbecoviruses.

a, Experimental outline and weight loss of mice following challenge. **b**, Gross lung discoloration score at day 2 or 4 post-challenge. c, Lung viral titer at day 2 or 4 post-challenge, as assessed by plaque assay. Data representative of one independent experiment; In **a**, **b**, **c**, for SHC014 MA15, n = 8 (BCG); For SARS-CoV MA15 n = 9 (BCG); n = 7 for all other groups. Mean±SEM values are plotted. Statistical analysis was performed by Two-way ANOVA with Sidak's multiple comparisons test. *, P < 0.05; ***, P < 0.01; ***, P < 0.005; ****, P < 0.001.

Lee et al.



Extended Data Fig. 3. BCG induced prolonged serum cytokine and lung innate activation. **a**, Extended data of kinetics of serum cytokine responses measured by Luminex. Data representative of two independent experiments; n = 10 (day 0), n = 4 (day 21), n = 5 (all other time points). **b**, Flow cytometry gating strategy of lung populations (Top) and cell frequencies (CD45⁺ live cells) of innate cells in lungs (Bottom). Data is representative of two independent experiments for day 21 and one representative experiment for other timepoints (n = 5-8). Data representative of two independent experiment for all other timepoints; n = 9 (day 0), n = 5 for all other timepoints. Statistical analysis was performed by One-way ANOVA with Tukey's multiple comparisons test (**a**), One-way ANOVA with Dunnett's multiple comparison test for each timepoint compared to day 0 (**b**). *, P < 0.05; ***, P < 0.001; ****, P < 0.005; ****, P < 0.0001.

Lee et al.



Extended Data Fig. 4. BCG induced systemic innate activation and bone marrow stem and progenitor expansion.

a, Flow cytometry gating strategy, cell frequencies (CD45+ live cells), and CD86 MFI of innate cells in spleen. Data is representative of two independent experiments for day 21 and one representative experiment for other timepoints; n = 4 for day 21, n = 8 (day 0), n = 5 for all other timepoints. **b**, Flow cytometry gating strategy and frequencies of bone marrow cells (% of live cells). Data from one representative experiment. Abbreviations, LSK: Lin⁻Sca⁻¹⁺c-Kit⁺ cells, LT-HSC: Long-term HSC. ST-HSC: Short-term HSC. MPP: Multipotent progenitor. One-way ANOVA with Dunnett's multiple comparison test for each timepoint compared to day 0 (**a** and **b**). *, P < 0.05; **, P < 0.01; ***, P < 0.005; ****, P < 0.0001.



Extended Data Fig. 5. Extended data on CyTOF analysis in the spleen.

UMAP embedding of the cell clusters identified by FlowSOM clustering (left), heatmap depicting the normalized values of key surface markers across identified clusters (right). (bottom) Frequencies of CD4⁺ T cell and Ly6C^{hi} monocyte in the spleen and normalized and scaled values of intracellular markers detected by CyTOF. The box plots show median, first and third quartiles and the whiskers show 1.5x interquartile range (IQR) on either side. Statistical analysis was performed by two-tailed Wilcoxon rank-sum test. *, P < 0.05; ***, P < 0.005.



Extended Data Fig. 6. Differential immune responses to BCG vaccination in knock-out (KO) mice.

a and b, Serum cytokine responses in wild-type (WT) and *Myd88^{-/-}* mice vaccinated with BCG intravenously at baseline, 6 h and 18 days post-vaccination (**a**), and day 3 post-SARS-CoV-2 challenge (**b**). **c** and **d**, Serum cytokine responses in wild-type (WT) and *ASC^{-/-}* (**c**) and *STING^{-/-}* (**d**) mice vaccinated with BCG intravenously. Data representative of two independent experiments for *Myd88^{-/-}* and *ASC^{-/-}* (n = 6). Two-way ANOVA with Tukey's multiple comparison test (panel b, e, f). Multiple Mann-Whitney with Holm-Sidak multiple comparisons test (panel c, d). *, P < 0.05; **, P < 0.01; ****, P < 0.0001.



$Extended \ Data \ Fig. \ 7. \ SARS-CoV-2 \ RNA-dependent \ RNA \ polymerase \ (RdRp) \ level \ in \ CD4 \ and/or \ CD8 \ antibody \ depleted \ mice.$

Viral load was measured at day 3 post-challenge by quantitative PCR and is represented as fold-change over mock-infected mice (mean \pm SEM). Data representative of one independent experiment, n = 6. Statistical analysis by two-tailed Mann-Whitney test; ns, not significant.



Extended Data Fig. 8. Extended data from scRNA-seq analysis of lungs in mice at day 0 and 21 post-vaccination.

a, Top variable genes defining cell clusters identified from scRNA-seq data. **b**, Distribution of cells identified day 0 and 21 post-vaccination on the UMAP embedding. **c**, Overrepresentation analysis and enrichment of Gene Ontology (GO) biological processes across identified cell clusters, using differentially expressed genes (DEGs; log2FC cutoff > 0.25; FDR cutoff < 0.05). Enrichment was performed using hypergeometric distribution with BH correction.



Extended Data Fig. 9. Protein level expression of interferon-stimulated gene (Mx1) and IFN- γ in lung cells, and CD4⁺ T cells, respectively.

a, Mx1 median fluorescent intensity (MFI) of lung myeloid and alveolar type II epithelial cells detected using Mx1-GFP reporter mice at various timepoints post-vaccination with BCG intravenously (n = 3-5). Data representative of two independent experiments in lung myeloid cells and one representative experiment in alveolar type II cells; n = 5 for day 21, n = 4 for all other timepoints. **b**, Frequency of IFN-g+ cells (% of cell population of interest) in vivo, as measured by flow cytometry staining 6 h following Brefeldin A injection in mice. Data from one representative experiment; n = 7 for BCG, n = 4 for Unimmunized. Statistical analysis was performed by Two-way ANOVA with Dunnet's test (**a**; myeloid cells) Sidak's multiple comparisons test (**b**), and with two-tailed Mann-Whitney test (**a**; alveolar type II cells). *, P < 0.001; ****, P < 0.0001.



• Unimmunized • BCG+anti-CD4 • BCG+Isotype • BCG



Extended Data Fig. 10. Extended data showing impaired activation of lung myeloid cells following CD4⁺ T cell or IFN- γ depletion.

CD86 median fluorescence intensity (MFI) of DCs in the lungs at day 21 post-BCG IV vaccination following CD4 depletion (top) and IFN-g depletion (bottom). Data representative of one independent experiment; n = 5 (BCG+Isotype), n = 6 (Unvaccinated and BCG+anti-CD4), n = 9 (BCG) in CD4 depletion; n = 4 (Unvaccinated) and n = 5 (rest of the groups) in IFN-g depletion. Statistical analysis was performed by One-way ANOVA with Tukey's multiple comparison test. *, P < 0.05; **, P < 0.01; ***, P < 0.005; ****, P < 0.0001.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

ACKNOWLEDGEMENTS

We thank the technical support from the Stanford Shared FACS Facility. Data was collected on instruments in the Shared FACS Facility purchased by Parker Institute for Cancer Immunotherapy (PICI) or obtained using NIH S10 Shared Instrument Grant (Symphony: 1S10OD026831–01). We thank the Stanford Functional Genomics Facility for technical assistance; Dhananjay Wagh and Ed Kim for library preparation, John Coller for data analysis. The sequencing data was generated with instrumentation purchased with NIH funds (S10OD025212 and 1S10OD021763) at the Stanford Genomics Facility. We thank the Stanford Human Immune Monitoring Core (HIMC) for technical assistance in performing Luminex assays. We thank Benjamin Franco from Stanford Veterinary Service Center (VSC) for technical support. We acknowledge the pathological services provided by Histowitz, Inc. and pathological analysis provided by Dr. Julie Feldstein at HistoWitz, Inc.. Diagrams were created with BioRender.com.

DATA AVAILABILITY

scRNA-seq data generated in this study is publicly accessible in the Gene Expression Omnibus (GEO) under accession code GSE244126. Source data are provided with this paper.

REFERENCES

- Pulendran B & Ahmed R Immunological mechanisms of vaccination. Nature Immunology 12, 509– 517 (2011). [PubMed: 21739679]
- 2. Aaby P et al. Non-specific beneficial effect of measles immunisation: Analysis of mortality studies from developing countries. Bmj 311, 481 (1995). [PubMed: 7647643]
- Aaby P et al. Randomized trial of BCG vaccination at birth to low-birth-weight children: Beneficial nonspecific effects in the neonatal period? J. Infect. Dis 204, 245–252 (2011). [PubMed: 21673035]
- Lund N et al. The Effect of Oral Polio Vaccine at Birth on Infant Mortality: A Randomized Trial. Clin. Infect. Dis 61, 1504–1511 (2015). [PubMed: 26219694]
- 5. Moorlag SJCFM, Arts RJW, van Crevel R & Netea MG Non-specific effects of BCG vaccine on viral infections. Clin. Microbiol. Infect 25, 1473–1478 (2019). [PubMed: 31055165]
- Faustman DL et al. Multiple BCG vaccinations for the prevention of COVID-19 and other infectious diseases in type 1 diabetes. Cell Reports Med 3, (2022).
- 7. Hilligan KL et al. Intravenous administration of BCG protects mice against lethal SARS-CoV-2 challenge. J Exp Med 219, (2021).
- Escobar LE, Molina-Cruz A & Barillas-Mury C BCG vaccine protection from severe coronavirus disease 2019 (COVID-19). Proc. Natl. Acad. Sci. U. S. A 117, 17720–17726 (2020). [PubMed: 32647056]
- O'Neill LAJ & Netea MG BCG-induced trained immunity: can it offer protection against COVID-19? Nat. Rev. Immunol 20, 335–337 (2020). [PubMed: 32393823]
- 10. Hensel J et al. Protection against SARS-CoV-2 by BCG vaccination is not supported by epidemiological analyses. Sci. Rep 10, 1–9 (2020). [PubMed: 31913322]
- 11. Kaufmann E et al. BCG vaccination provides protection against IAV but not SARS-CoV-2. Cell Rep 38, (2022).
- Pittet LF et al. Randomized Trial of BCG Vaccine to Protect against Covid-19 in Health Care Workers. N. Engl. J. Med 388, 1582–1596 (2023). [PubMed: 37099341]
- Darrah PA et al. Article Airway T cells are a correlate of i. v. Bacille Calmette- Guerin-mediated protection against tuberculosis in rhesus macaques. Cell Host Microbe 31, 1–16 (2023). [PubMed: 36634617]
- 14. Dijkman K et al. Prevention of tuberculosis infection and disease by local BCG in repeatedly exposed rhesus macaques. Nat. Med 25, 255–262 (2019). [PubMed: 30664782]
- Kaufmann SHE Tuberculosis vaccines: Time to think about the next generation. Semin. Immunol 25, 172–181 (2013). [PubMed: 23706597]
- Cowley SC & Elkins KL CD4+ T Cells Mediate IFN-Independent Control of Mycobacterium tuberculosis Infection Both In Vitro and In Vivo. tuberculosis. The Journal of Immunology 171, (2003).
- Kagina BMN et al. Specific T cell frequency and cytokine expression profile do not correlate with protection against tuberculosis after bacillus Calmette-Guérin vaccination of newborns. Am. J. Respir. Crit. Care Med 182, 1073–1079 (2010). [PubMed: 20558627]
- Mittrücker HW et al. Poor correlation between BCG vaccination-induced T cell responses and protection against tuberculosis. Proc. Natl. Acad. Sci. U. S. A 104, 12434–12439 (2007). [PubMed: 17640915]
- 19. Mata E et al. Pulmonary BCG induces lung-resident macrophage activation and confers long-term protection against tuberculosis. Sci. Immunol 6, 1–14 (2021).
- 20. Steigler P, Verrall AJ & Kirman JR Beyond memory T cells: mechanisms of protective immunity to tuberculosis infection. Immunol. Cell Biol 97, 647–655 (2019). [PubMed: 31141205]

- 21. Netea MG et al. Defining trained immunity and its role in health and disease. Nature Reviews Immunology 20, 375–388 (2020).
- Arts RJW, Joosten LAB & Netea MG Immunometabolic circuits in trained immunity. Semin. Immunol 28, 425–430 (2016). [PubMed: 27686054]
- 23. Cirovic B et al. BCG Vaccination in Humans Elicits Trained Immunity via the Hematopoietic Progenitor Compartment. Cell Host Microbe 28, 322–334.e5 (2020). [PubMed: 32544459]
- 24. Kleinnijenhuis J et al. Long-lasting effects of bcg vaccination on both heterologous th1/th17 responses and innate trained immunity. J. Innate Immun 6, 152–158 (2014). [PubMed: 24192057]
- Kaufmann E et al. BCG Educates Hematopoietic Stem Cells to Generate Protective Innate Immunity against Tuberculosis. Cell 172, 176–190.e19 (2018). [PubMed: 29328912]
- 26. Arts RJW et al. BCG Vaccination Protects against Experimental Viral Infection in Humans through the Induction of Cytokines Associated with Trained Immunity. Cell Host Microbe (2018). doi:10.1016/j.chom.2017.12.010
- Kleinnijenhuis J et al. Bacille Calmette-Guerin induces NOD2-dependent nonspecific protection from reinfection via epigenetic reprogramming of monocytes. Proc. Natl. Acad. Sci (2012). doi:10.1073/pnas.1202870109
- Darrah PA et al. Prevention of tuberculosis in macaques after intravenous BCG immunization. Nature 577, 95–102 (2020). [PubMed: 31894150]
- 29. Kaufmann E et al. BCG Educates Hematopoietic Stem Cells to Generate Protective Innate Immunity against Tuberculosis. Cell (2018). doi:10.1016/j.cell.2017.12.031
- Leist SR et al. A Mouse-Adapted SARS-CoV-2 Induces Acute Lung Injury and Mortality in Standard Laboratory Mice. Cell 183, 1070–1085.e12 (2020). [PubMed: 33031744]
- Roberts A et al. A mouse-adapted SARS-coronavirus causes disease and mortality in BALB/c mice. PLoS Pathog 3, 0023–0037 (2007).
- 32. Menachery VD et al. A SARS-like cluster of circulating bat coronaviruses shows potential for human emergence. Nat. Med 21, 1508–1513 (2015). [PubMed: 26552008]
- 33. Mitroulis I et al. Modulation of Myelopoiesis Progenitors Is an Integral Component of Trained Immunity. Cell (2018). doi:10.1016/j.cell.2017.11.034
- 34. Saraiva M, Vieira P & O'Garra A Biology and therapeutic potential of interleukin-10. J. Exp. Med 217, (2020).
- Covián C et al. BCG-Induced Cross-Protection and Development of Trained Immunity: Implication for Vaccine Design. Front. Immunol 10, 1–14 (2019). [PubMed: 30723466]
- 36. Israelow B et al. Adaptive immune determinants of viral clearance and protection in mouse models of SARS-CoV-2. Sci. Immunol 6, (2021).
- 37. Li S et al. Molecular signatures of antibody responses derived from a systems biology study of five human vaccines. Nat. Immunol (2014). doi:10.1038/ni.2789
- 38. Aleksander SA et al. The Gene Ontology knowledgebase in 2023. Genetics 224, (2023).
- Ashburner M et al. Gene Ontology: tool for the unification of biology The Gene Ontology Consortium* (2000).
- 40. Jin S et al. Inference and analysis of cell-cell communication using CellChat. Nat. Commun 12, (2021).
- 41. Merritt CR et al. Multiplex digital spatial profiling of proteins and RNA in fixed tissue. Nat. Biotechnol 38, 586–599 (2020). [PubMed: 32393914]
- 42. Lee A et al. A molecular atlas of innate immunity to adjuvanted and live attenuated vaccines, in mice. Nat. Commun 1–13 (2022). doi:10.1038/s41467-022-28197-9 [PubMed: 34983933]
- 43. Wimmers F et al. The single-cell epigenomic and transcriptional landscape of immunity to influenza vaccination. Cell Press (2021).
- 44. Lee A, Wimmers F & Pulendran B Epigenetic adjuvants: durable reprogramming of the innate immune systemsy with adjuvants. Curr. Opin. Immunol 77, 102189 (2022). [PubMed: 35588691]
- 45. Wimmers F et al. The single-cell epigenomic and transcriptional landscape of immunity to influenza vaccination. Cell 184, 3915–3935.e21 (2021). [PubMed: 34174187]
- 46. Darrah PA et al. Prevention of tuberculosis in macaques after intravenous BCG immunization. Nature 577, 95–102 (2020). [PubMed: 31894150]

- 47. Singhania A et al. CD4+CCR6+ T cells dominate the BCG-induced transcriptional signature. eBioMedicine 74, (2021).
- 48. Dalton DK et al. Multiple defects of immune cell function in mice with disrupted interferon-γ genes. Science (80-.) 259, 1739–1742 (1993).
- Green AM, DiFazio R & Flynn JL IFN-γ from CD4+ T Cells Is Essential for Host Survival and Enhances CD8 T Cell Function during Mycobacterium tuberculosis Infection. J. Immunol 190, 270–277 (2013). [PubMed: 23233724]
- 50. Lee AJ & Ashkar AA The dual nature of type I and type II interferons. Front. Immunol 9, 1–10 (2018). [PubMed: 29403488]
- Yao Y et al. Induction of Autonomous Memory Alveolar Macrophages Requires T Cell Help and Is Critical to Trained Immunity. Cell 175, 1634–1650.e17 (2018). [PubMed: 30433869]
- Arunachalam PS et al. Systems vaccinology of the BNT162b2 mRNA vaccine in humans. Nature 596, 410–416 (2021). [PubMed: 34252919]
- Li C et al. Mechanisms of innate and adaptive immunity to the Pfizer-BioNTech BNT162b2 vaccine. Nat. Immunol 23, 543–555 (2022). [PubMed: 35288714]
- 54. Gu H et al. Adaptation of SARS-CoV-2 in BALB/c mice for testing vaccine efficacy. Science (80-.) 369, 1603–1607 (2020).
- 55. Stegemann-Koniszewski S et al. Alveolar type II epithelial cells contribute to the anti-influenza A virus response in the lung by integrating pathogen-and microenvironment-derived signals. MBio 7, (2016).
- 56. Balachandran S et al. Essential Role for the dsRNA-Dependent Protein Kinase PKR in Innate Immunity to Viral Infection. Immunity 13, (2000).
- 57. Sims SH et al. A novel interferon-inducible domain: structural and functional analysis of the human interferon regulatory factor 1 gene promoter. Mol. Cell. Biol 13, 690–702 (1993). [PubMed: 7678055]
- de Queiroz NMGP, Marinho FV, de Araujo ACVSC, Fahel JS & Oliveira SC MyD88-dependent BCG immunotherapy reduces tumor and regulates tumor microenvironment in bladder cancer murine model. Sci. Rep 11, 1–19 (2021). [PubMed: 33414495]
- 59. Kaveh DA, Carmen Garcia-Pelayo M & Hogarth PJ Persistent BCG bacilli perpetuate CD4+ T effector memory and optimal protection against tuberculosis. Vaccine 32, 6911–6918 (2014). [PubMed: 25444816]
- 60. Zhang L et al. Variable virulence and efficacy of BCG vaccine strains in mice and correlation with genome polymorphisms. Mol. Ther 24, 398–405 (2016). [PubMed: 26643797]
- Castillo-Rodal AI et al. Mycobacterium bovis BCG substrains confer different levels of protection against Mycobacterium tuberculosis infection in a BALB/c model of progressive pulmonary tuberculosis. Infect. Immun 74, 1718–1724 (2006). [PubMed: 16495544]
- Kremenovic M, Schenk M & Lee DJ Clinical and molecular insights into BCG immunotherapy for melanoma. J. Intern. Med 288, 625–640 (2020). [PubMed: 32128919]
- 63. Vierboom MPM et al. Stronger induction of trained immunity by mucosal BCG or MTBVAC vaccination compared to standard intradermal vaccination. Cell Reports Med 2, (2021).
- 64. Lu X et al. Engineered PLGA microparticles for long-term, pulsatile release of STING agonist for cancer immunotherapy. Sci. Transl. Med 12, (2020).
- Zens KD & Farber DL Memory CD4+ T cells in influenza. Curr. Top. Microbiol. Immunol 386, 399–421 (2015). [PubMed: 25005927]
- 66. Asanuma H, Sharp M, Maecker HT, Maino VC & Arvin AM Frequencies of Memory T Cells Specific for Varicella-Zoster Virus, Herpes Simplex Virus, and Cytomegalovirus by Intracellular Detection of Cytokine Expression. The Journal of Infectious Diseases 181, (1999).
- 67. Bruxvoort KJ et al. Recombinant adjuvanted zoster vaccine and reduced risk of COVID-19 diagnosis and hospitalization in older adults. medRxiv (2021).

METHODS-ONLY REFERENCES

- Edara VV et al. Infection- and vaccine-induced antibody binding and neutralization of the B.1.351 SARS-CoV-2 variant. Cell Host Microbe 29, 516–521.e3 (2021). [PubMed: 33798491]
- 69. Vanderheiden A et al. Type I and Type III Interferons Restrict SARS-CoV-2 Infection of Human Airway Epithelial Cultures. J. Virol 94, (2020).
- 70. Vanderheiden A et al. CCR2 Signaling Restricts SARS-CoV-2 Infection. MBio 12, (2021).
- 71. Feng Y et al. Broadly neutralizing antibodies against sarbecoviruses generated by immunization of macaques with an AS03-adjuvanted COVID-19 vaccine (2023).
- Szretter KJ, Balish AL & Katz JM Influenza: Propagation, Quantification, and Storage. Curr. Protoc. Microbiol 3, (2006).
- 73. Kovacs SB, Oh C, Aachoui Y & Miao EA Evaluating cytokine production by flow cytometry using brefeldin A in mice. STAR Protoc 2, (2021).
- Hartmann FJ et al. Scalable conjugation and characterization of immunoglobulins with stable mass isotope reporters for single-cell mass cytometry analysis. in Methods in Molecular Biology 1989, 55–81 (Humana Press Inc., 2019). [PubMed: 31077099]
- 75. Fienberg HG, Simonds EF, Fantl WJ, Nolan GP & Bodenmiller B A platinum-based covalent viability reagent for single-cell mass cytometry. Cytom. Part A 81 A, 467–475 (2012).
- 76. Zunder ER et al. Palladium-based mass tag cell barcoding with a doublet-filtering scheme and single-cell deconvolution algorithm. Nat. Protoc 10, 316–333 (2015). [PubMed: 25612231]
- 77. Van Gassen S et al. FlowSOM: Using self-organizing maps for visualization and interpretation of cytometry data. Cytom. Part A 87, 636–645 (2015).
- Nakano H, Nakano K & Cook DN Isolation and purification of epithelial and endothelial cells from mouse lung. in Methods in Molecular Biology 1799, 59–69 (Humana Press Inc., 2018). [PubMed: 29956144]



Figure 1. BCG vaccination protects mice against challenge with SARS-CoV-2.

a, Experimental outline and weight loss of BCG IV vaccinated and unvaccinated control mice following SARS-CoV-2 challenge at day 7, 14, 21, 28, 42 post-vaccination. Mean % starting weight and % starting weight of individual mice are shown here. **b**, Log_{10} fold-change of SARS-CoV-2 RNA-dependent RNA polymerase (RdRp) gene in lungs and nasal turbinates over mock-infected mice, as measured by RT-PCR. c, Pathology score and SARS-CoV-2 nucleocapsid protein (NP) score of lung tissue sections measured at D3 post-challenge. Bottom, Representative H&E stained lung sections from unvaccinated, BCG IV, mock-infected mice with circles and rectangle representing peribronchiolar, perivascular inflammation and alveolar inflammation, respectively. d, Weight loss (left) and lung viral load (right) of mice challenged with SARS-CoV-2 at approximately 3 months post-vaccination. In panel **a** and **b**, data combined from two independent experiments at D21 (n=12) and D42 (n=6), and representative of one independent experiment at day 7, 14, 28 (n=6). In c, data representative of two independent experiments; n=6 for all groups, n=10 for mock. In d, data representative of one independent experiment (n=10). In b and d, mean±SD are shown in plots. Statistical analysis was performed by Two-way ANOVA with Sidak's multiple comparisons test for weight loss (a and d), multiple Mann-Whitney (twotailed) with Holm-Sidak multiple comparisons test (b and c), and Two-tailed Mann-Whitney test for viral load (d). *, P < 0.05; **, P < 0.01; ****, P < 0.0001.



Figure 2. BCG vaccination induced a biphasic pattern of innate activation.

a, Serum cytokine measured by Luminex assay at various timepoints post-BCG IV vaccination. Data representative of two independent experiments; n=10 (day 0), n=4 (day 21), n=5 (all other time points). **b**, Frequency (% live CD45⁺ cells) and activation indicated by CD86 median fluorescence intensity (MFI) of innate cell populations in the lungs post-BCG IV vaccination. Data representative of two independent experiments at day 21 (n=4) and one independent experiment for all other timepoints; n=9 (day 0), n=5 for all other timepoints. c, top, CyTOF analysis of lung immune cells at day 21 post-vaccination. Uniform Manifold Approximation and Projection (UMAP) of 17,638 total live cells obtained in the lungs of unvaccinated (unvax) and BCG IV vaccinated mice. bottom, Normalized and scaled mean values of intracellular markers found in CD4⁺ T cells, Ly6C⁺ monocytes, and alveolar macrophages (AM) in individual mice, visualized as dot plots and distribution plot (pERK1-2 in CD4⁺ T cells). Unvax, Unvaccinated. Data representative of one independent experiment (n=5). Individual and mean values are shown in plots. Statistical analysis was performed by One-way ANOVA with Tukey's multiple comparisons test (a), Dunnett's multiple comparison test for each timepoint compared to day 0 (b), Two-tailed Wilcoxon rank-sum test (c). *, P < 0.05; **, P < 0.01; ***, P < 0.005; ****, P < 0.0001.



Figure 3. BCG vaccination induced a robust Th1 profile at 21 days post-vaccination. **a**, BCG-specific lung CD4⁺ and CD8⁺ T cell responses at baseline, day 7, 21, 42 post-BCG IV vaccination, as analyzed by *ex vivo* stimulation with crude BCG. Left, representative flow cytometry plot of CD4⁺ T cells expressing IFN- γ or TNF. Data combined from two independent experiments for D21 (n=14) and D0 (n=9), and representative of one independent experiment for D7 (n=5). **b**, Lung CD4⁺ T cell proportion of T cell subsets at day 21. **c**, Spleen CD4⁺ T cell responses at baseline, day 7, 21 post-BCG IV vaccination. **d**, Spleen CD4⁺ T cell proportion of T cell subsets at day 21 (D0, n=3; D7 and D21, n=5). D0 and D21 data combined from 2 independent experiments (D0, n=9; D21, n=14). Day 7 and 42 data representative of one independent experiment (n=5). Individual and mean values are shown in plots. Statistical analysis was performed by One-way ANOVA with Tukey's multiple comparisons test. ns, not significant, *, P < 0.05; **, P < 0.01; ***, P < 0.005; *****, P < 0.001.



Figure 4. Protection against SARS-CoV-2 B.1.351 conferred by BCG vaccination is dependent on MyD88 signaling.

a, Diagram depicting the innate signaling pathways induced by BCG bacterium. **b**, Experimental outline and weight loss of vaccinated and unvaccinated knock-out mice following SARS-CoV-2 challenge. Data shown is mean \pm SEM. **c**, SARS-CoV-2 viral load in lungs and nasal turbinates at D3 post-challenge expressed as fold-change over mock-infected mice. In panel **b** and **c**, Wild-type (WT), *Myd88^{-/-}* and *Asc^{-/-}* data combined from two independent experiments, n=11 (Unvaccinated for WT, Myd88-KO), n=12 (BCG IV for WT, Myd88-KO and ASC-KO). *Sting^{-/-}* data representative of one independent experiment, n=5 (Uvaccinated), n=6 (BCG IV). **d**, Pathology score and SARS-CoV-2 nucleocapsid protein (NP) score of lung tissue sections measured at D3 post-challenge in knock-out models (n=6). **e**, Serum cytokine responses in BCG IV and unvaccinated WT and *Myd88^{-/-}* mice pre-challenge. Data combined from two independent experiments (n=12 for all groups and n=13 for *Myd88^{-/-}* BCG IV). **f**, T cell responses in BCG IV and unvaccinated *Myd88^{-/-}*

compared to WT mice. Data representative of two independent experiments, n=5 (*Myd88*^{-/-} Unvaccinated and WT BCG), n=6 (*Myd88*^{-/-} *BCG*), n=4 (WT Unvaccinated). The same WT controls were used but visualized on separate plots. Statistical analysis was performed by Two-way ANOVA with Tukey's multiple comparison test (panel **b**, **e**, **f**). Multiple Mann-Whitney (two-tailed) with Holm-Sidak multiple comparisons test (panel **c**, **d**). ns, not significant, *, P < 0.05; **, P < 0.01; ****, P < 0.0001.

Lee et al.



Figure 5. CD4+ T cells and IFN- γ production play a critical role in the heterologous protection mediated by BCG vaccination.

a, Experimental outline and lung SARS-CoV-2 viral load (Mean±SEM) following T cell depletion and challenge. Data representative of two independent experiments (n=6). **b**, Weight loss (Mean±SEM) of BCG IV vaccinated and unvaccinated control mice following T cell depletion and SARS-CoV-2 challenge. Data combined from two independent experiments; n=12 for all groups, n=6 for Unvaccinated+anti-CD4 and/or CD8. **c**, Lung viral load and weight loss (Mean±SEM) from SARS-CoV-2 challenge following cytokine depletion. Data combined from two independent experiments; n=18 for isotype control groups; For IFN- γ , n=9 (Unvaccinated), n=14 (BCG); For TNF, n=9 (Unvaccinated), n=13 (BCG). The same unvaccinated controls were used for CD4 and/or CD8 depletion experiments but visualized on separate plots. Statistical analysis was performed by Twoway ANOVA with Tukey's multiple comparison test (panel **b**, **c** weight loss). Multiple Mann-Whitney (two-tailed) with Holm-Sidak multiple comparisons test (panel **a**). ns, not significant, *, P < 0.05; **, P < 0.01; ****, P < 0.001.



Figure 6. Th1 cells and IFN-γ drive the activation of myeloid cells and lung epithelial cells.

a, UMAP projection of 25,622 total lung cells clustered from scRNA-seq of day 0 and 21 BCG IV vaccinated mice. Alveolar type II pneumocytes (ATII), myeloid cells, and CD4⁺ T cells are highlighted in red circles. **b**, UMAP projection colored by scaled expression of markers. c, Differentially expressed genes (DEGs) at day 21 versus day 0 (absolute log2FC > 0.25, FDR < 0.05; differential analysis performed by Wilcoxon rank-sum test with Benjamini Hochberg (BH) correction). d, Blood transcriptional modules (BTMs) enrichment of day 21 versus day 0 DEGs from identified lung cell subsets (FDR < 0.05). Enrichment was performed using hypergeometric distribution with BH correction. e, Volcano plot showing DEGs in alveolar type II epithelial cells. Significant DEGs are highlighted in red (log2FC cutoff > 0.25; FDR cutoff < 0.05). **f**, Chord diagram and heatmap showing inferred IFN- γ signaling network. Edge color and arrow represents sender source and edge weights indicate interaction strength represented by computed communication probability. g, CD86 activation in lung innate cells after CD4 or IFN-y depletion in day 21 post-BCG IV vaccinated mice. Data representative of one independent experiment; n=5 (BCG+Isotype), n=6 (Unvaccinated and BCG+anti-CD4), n=9 (BCG) in CD4 depletion; n=4 (Unvaccinated) and n=5 (rest of the groups) in IFN- γ depletion. h, Serum IFN- γ and TNF levels at day 19-21 in BCG IV vaccinated mice following CD4⁺ T cell depletion. Data representative of

two independent experiments; n=9 (BCG), n=11 (BCG+Isotype), n=12 (rest of the groups). Statistical analysis was performed by One-way ANOVA with Tukey's multiple comparison test; *, P < 0.05; **, P < 0.01; ***, P < 0.005; ****, P < 0.0001 (g and h). scRNA-seq data was generated from cells pooled from n=5 mice at day 21 and 0, respectively. Abbreviations: AM, Alveolar macrophage; IM, interstitial macrophage; ATI, Alveolar type I; ATII, Alveolar type II; PNEC, Pulmonary neuroendocrine cells; SMC, smooth muscle cells; Lymphatic EC, Lymphatic endothelial cells.



Figure 7. Spatial transcriptomics of CD4-dependent innate antiviral program in lungs. a, Representative image of GeoMx ROIs selected on BCG-vaccinated mouse lung with CD4 and pan-cytokeratin (PanCK) staining. **b**, Magnified image of representative ROI from BCG-vaccinated group. **c**, Representative image of serial lung sections stained with BCG and CD68 myeloid markers. **d and e**, Representative image of GeoMx lung sections from CD4-depleted BCG-vaccinated and unvaccinated groups, respectively. **f and g**, *Ifng* and key differentially expressed genes (DEGs) expressed in CD4⁺ cells in BCG-vaccinated and unvaccinated group detected from spatial transcriptomics using GeoMx. DEGs are taken from scRNA-seq data in Fig. 6. **h and i**, Interferon-stimulated gene (ISG) expression in PanCK⁺ epithelial cells detected from spatial transcriptomics using GeoMx. Statistical analysis was performed by unpaired, two-tailed Wilcoxon rank-sum test with Benjamini-Hochberg correction. Data representative of one independent experiment. In panel **f and g**, area of interest (AOIs) are plotted with n=30 (BCG), n=9 (Unvaccinated). In panel **h and**

i, n=31 (BCG), n=20 (BCG+anti-CD4), n=15 (Unvaccinated). The box plots show median, first and third quartiles and the whiskers show 1.5x interquartile range (IQR) on either side. **, FDR < 0.01; ****, FDR < 0.0001.



Figure 8. Model depicting integrated organ immunity induced by BCG, leading to non-specific protection in the lungs.

BCG administered intravenously triggers the MyD88 pathway, resulting in a biphasic pattern of systemic innate activation and production of cytokines. Second phase of sustained innate activation occurred between day 14 to 21 post-vaccination and was synchronous with upregulated BCG-specific Th1 responses at day 21. IFN- γ secreted by Th1 cells provided a feedback signal on lung myeloid and alveolar type II cells. This mechanism imprints an innate antiviral microenvironment within the lungs that is protective against SARS-CoV-2 and influenza A.