#### RESEARCH PAPER

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# **FGF21 and autophagy coordinately counteract kidney disease progression during aging and obesity**

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#### **ABSTRACT**

Chronic kidney disease (CKD) has reached epidemic proportions worldwide, partly due to the increasing population of elderly and obesity. Macroautophagy/autophagy counteracts CKD progression, whereas autophagy is stagnated owing to lysosomal overburden during aging and obesity, which promotes CKD progression. Therefore, for preventing CKD progression during aging and obesity, it is important to elucidate the compensation mechanisms of autophagy stagnation. We recently showed that FGF21 (fibroblast growth factor 21), which is a prolongevity and metabolic hormone, is induced by autophagy deficiency in kidney proximal tubular epithelial cells (PTECs); however, its pathophysiological role remains uncertain. Here, we investigated the interplay between FGF21 and autophagy and the direct contribution of endogenous FGF21 in the kidney during aging and obesity using PTEC-specific *fgf21*- and/or *atg5*-deficient mice at 24 months (*aged*) or under highfat diet (*obese*) conditions. PTEC-specific FGF21 deficiency in *young* mice increased autophagic flux due to increased demand of autophagy, whereas *fgf21*-deficient *aged* or *obese* mice exacerbated autophagy stagnation due to severer lysosomal overburden caused by aberrant autophagy. FGF21 was robustly induced by autophagy deficiency, and *aged* or *obese* PTEC-specific *fgf21*- and *atg5* double deficient mice deteriorated renal histology compared with *atg5*-deficient mice. Mitochondrial function was severely disturbed concomitant with exacerbated oxidative stress and downregulated TFAM (transcription factor A, mitochondrial) in double-deficient mice. These results indicate that FGF21 is robustly induced by autophagy disturbance and protects against CKD progression during aging and obesity by alleviating autophagy stagnation and maintaining mitochondrial homeostasis, which will pave the way to a novel treatment for CKD.

## **Introduction**

<span id="page-0-2"></span><span id="page-0-1"></span><span id="page-0-0"></span>Chronic kidney disease (CKD), represented by a persistent decrease of kidney function for over 3 months, affects more than 800 million people worldwide [[1](#page-14-0)] and is one of the most common causes of death [\[2](#page-14-1)[,3\]](#page-14-2). There are currently no curative treatments except for dialysis and kidney transplantation [\[4\]](#page-14-3). Importantly, the incidence of CKD continues to rise, partly due to the increasing population of elderly and obesity, which are well known risk factors for the progression of CKD [\[5](#page-14-4)]. Therefore, there is an urgent need to elucidate the molecular mechanism how aging and obesity progress CKD, which remains largely unknown.

<span id="page-0-4"></span><span id="page-0-3"></span>Macroautophagy (hereafter referred to as autophagy) is the essential intracellular degradation system that functions to control cellular homeostasis through the quality control of proteins and organelles [[6\]](#page-14-5). We have clarified that autophagy in PTECs protects them from acute kidney injury (AKI) [\[7](#page-14-6)] and prevents CKD progression during various chronic conditions including aging and obesity [\[8–](#page-14-7)[11](#page-14-8)]. Conversely, we have also determined that the basal autophagic activity is higher in the kidney of age- and obesity-related CKD than that in young or control kidney. Mechanistically, various age- and obesity-related stresses increase the "demand of autophagy", defined as the amount of substrates that should be degraded by autophagy to maintain cellular homeostasis, and "autophagic flux", which is the amount of autophagic substrates that autophagy actually degrades, increases in response to the increased "demand of autophagy" in the kidney of age- and obesity-related CKD. Importantly, this increase in the "demand of autophagy" does not necessarily correlate with the "autophagic flux": the "autophagic flux" has a limit called "autophagic capacity" which is defined as the maximum amount of intracellular autophagic substrates that can be degraded by autophagy. Thus, "autophagic flux" increases in parallel with the increase in "autophagic demand" under conditions that do not exceed the limit of "autophagic capacity". Conversely, a prolonged increase in the "demand of autophagy" leads to sustained transport of autophagic substrates into lysosomes, resulting in lysosomal

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<span id="page-1-2"></span>overload and dysfunction, and then leading to impaired autophagic flux [\[8](#page-14-7)[,9](#page-14-9),[12](#page-14-10)]. In other words, "autophagic capacity" cannot keep up with increased "demand of autophagy", which in turn stagnates autophagic flux (referred to as "autophagy stagnation") [\[8](#page-14-7),[9](#page-14-9),[13\]](#page-14-11). We previously established the method to assess "autophagic flux" accurately *in vivo* by measuring the turnover of autophagosomes using GFP-MAP1LC3B (microtubule-associated protein 1 light chain 3 beta) transgenic mice and lysosomal inhibitors [\[8](#page-14-7)], and we also developed the method to evaluate the "demand of autophagy" by quantifying the accumulation of autophagic substrates such as SQSTM1/p62- and ubiquitin-positive protein aggregates when autophagy is genetically or pharmacologically disrupted [[14](#page-14-12)]. To be clinically important, it has recently been reported that the increased "demand of autophagy" are closely associated with the pathogeneses of Alzheimer disease: a prolonged increase in the "demand of autophagy" leads to autophagy stagnation due to lysosomal overload, which exacerbates the pathogenesis of the disease [\[12](#page-14-10)]. In age- and obesity-related CKD, further autophagic activation that would normally be induced when the kidney is subjected to additional stresses, including ischemia, cannot be induced due to autophagy stagnation caused by a prolonged increase in the "demand of autophagy" [[8,](#page-14-7)[9\]](#page-14-9). Thus, the autophagy stagnation could contribute to the vulnerability to AKI in elderly and obese patients. We have further revealed that the autophagy stagnation is recapitulated in human patients of age- and obesity-related CKD [\[9](#page-14-9)[,15](#page-14-13)]. Based on these findings, the autophagic stagnation could be one of the common underlying molecular mechanisms that promotes CKD progression during aging and obesity. Therefore, it is important to elucidate the molecular mechanisms that stagnate autophagy as well as to clarify the intracellular compensation mechanisms against the autophagy stagnation for preventing CKD progression during aging and obesity.

<span id="page-1-6"></span><span id="page-1-4"></span><span id="page-1-3"></span><span id="page-1-1"></span><span id="page-1-0"></span>FGF21 (fibroblast growth factor 21), a hormone-like member of FGF family, has proven to control metabolic multiorgan crosstalk enhancing energy expenditure through glucose and lipid metabolism [[16](#page-14-14)]. FGF21 is mainly expressed in several metabolically active tissue organs, such as the liver, adipose tissue, and pancreas [\[17\]](#page-14-15). Recent reports elucidated that FGF21 have protective roles against age- and obesityrelated disorders. FGF21 acts as a stress hormone induced in response to diverse pathogenic conditions in several mammalian tissues, including the liver [[18](#page-14-16),[19](#page-14-17)], skeletal muscle [[20](#page-14-18),[21](#page-14-19)] and heart [\[22\]](#page-14-20), and protects against various age- and obesityrelated disorders [\[23–](#page-14-21)[25](#page-14-22)]. Furthermore, transgenic overexpression of FGF21 markedly extends lifespan in mice [\[26\]](#page-14-23). Most interestingly, recent analyses revealed the close relationship between FGF21 and autophagy; skeletal muscle-specific autophagy deficiency significantly induced FGF21 secretion from skeletal muscle, which protects against diet-induced obesity and insulin resistance [[21](#page-14-19)], implying that FGF21 could be a clue to elucidate the compensatation mechanism of autophagic stagnation during aging and obesity.

<span id="page-1-5"></span>In recent years, the relationship between FGF21 and the kidney has been extensively studied, and there is ample <span id="page-1-7"></span>evidence that administration of exogenous FGF21 ameliorates hyperlipidemia- or diabetes- induced kidney injury, mainly by improving systemic metabolic alterations in mice [[27](#page-14-24)[,28\]](#page-14-25). Recently, we have for the first time revealed that FGF21 is expressed normally at a very low level but this becomes increased during prolonged starvation in kidney PTECs, especially in autophagy-deficient PTECs [[29](#page-14-26)]. The research from the other groups verified that FGF21 is induced in the kidney during diabetic kidney disease and cisplatin-induced AKI [\[30,](#page-14-27)[31\]](#page-14-28). However, the direct contribution of endogenous FGF21 secreted locally from PTECs to kidney function has not been investigated yet, although our understanding of the systemic effects of exogenous or endocrine FGF21 is exponentially increasing.

<span id="page-1-8"></span>Based on this background information, in the present study, we investigated 1) the direct contribution of endogenous FGF21 in the kidney and 2) the possible interplay between FGF21 and autophagy in the progression of CKD during aging and obesity.

#### **Results**

## *FGF21 deficiency induces tubular injury, enlarged lysosomes, and SQSTM1/p62 accumulation in the PTECs of aged and obese mice*

To evaluate the effect of FGF21 deficiency in PTECs, we crossed the *Kap* (kidney androgen regulated protein)-Cre transgenic mice with mice bearing an *Fgf21flox* allele and generated *fgf21*-floxed *Kap*-Cre mice (*fgf21F/F*-TSKO [tissuespecific knockout]). There was no significant histological difference in the kidney between *fgf21F/F*-TSKO and CTRL (control) mice at 2-months of age (Figure S1A). We followed these mice up to 24 months (hereafter, young refers to 2-months of age and aged to 24 months of age). Biochemical and physiological parameters are shown in Table S1. There were no changes in plasma FGF21 concentration and metabolic profiles between aged CTRL and *fgf21F/F*-TSKO mice, indicating that FGF21 produced in PTECs has no effect on plasma FGF21 concentration and systemic metabolism. Periodicacid Schiff (PAS) staining demonstrated that the kidneys from *aged fgf21F/F*-TSKO mice showed more severe tubular injury such as multiple cytosolic vacuolar formation, tubular lumen dilation and tubular atrophy, which was hardly observed in aged CTRL mice ([Figure 1A](#page-2-0)). Consistently, the expression of tubular damage markers such as *Havcr1/Kim-1*  and *Lcn2/Ngal* tended to be upregulated in aged *fgf21F/F*-TSKO mice (Figure S1B and S1C). As for tubular cytosolic vacuoles in *aged fgf21F/F*-TSKO mice, the margins of the vacuoles were surrounded by the lysosomal transmembrane protein, LAMP1 [\(Figure 1A](#page-2-0)). Electron microscopy analysis revealed that aged *fgf21F/F*-TSKO mice showed enlarged lysosomes containing undigested materials and lipids in PTECs [\(Figure 1B](#page-2-0)). Furthermore, we found massive accumulation of SQSTM1/p62 (sequestosome 1), which is the ubiquitin- and MAP1LC3-binding protein removed by autophagy, thus serving as an index of autophagic degradation, in the kidneys of aged *fgf21F/F*-TSKO mice ([Figure 1C\)](#page-2-0), even though mRNA



<span id="page-2-0"></span>Figure 1. FGF21 deficiency induces tubular injury, enlarged lysosomes, and SQSTM1/p62 accumulation in the PTECs of *aged* and *obese* mice. (A) Representative<br>images of PAS staining and LAMP1 immunostaining of the kidney c counterstained with hematoxylin. Arrows indicate cytosolic vacuolar formation, and asterisks indicate atrophic tubules with lumenal dilatation. (A right) the tubular injury score was shown, and the number of cytosolic vacuole-positive tubules was counted in at least 10 high-power fields (×400) (B) electron micrographs of the kidneys of *aged* CTRL and *fgf21F/F*-TSKO mice (*n* = 3). Magnified images of lysosomes are presented. BM, basement membrane; L, lysosomes; TL, tubular lumen; \*, nucleus. (C) Representative immunoblot and quantification by densitometry of the protein level of SQSTM1/p62 using whole kidney lysates of aged CTRL and fgf215<sup>F/</sup><br><sup>F</sup>-TSKO mice are shown (n = 5). ACTB was used as loading

level was unchanged (Figure S1D), suggesting that FGF21 deficiency disrupted autophagic flux in the aged kidneys. No obvious exacerbation in interstitial fibrosis or inflammation in the kidney was observed in aged *fgf21F/F*-TSKO mice (Figure S1E, S1F, S1G, and S1H). Consistently, there were also no significant differences in renal function such as plasma creatinine, cystatin C levels and urinary albumin excretion between aged CTRL and *fgf21F/F*-TSKO mice (Table S1).

Inspired by our recent research that a high-fat diet (HFD) induces enlarged lysosomes accumulating phospholipids in PTECs [\[9\]](#page-14-9), young *Fgf21F/F*-CTRL and *fgf21F/F*-TSKO mice were fed a HFD for 2 months (hereafter, referred to as obese). As previously reported, HFD induced formation of cytosolic vacuoles in PTECs of CTRL mice, most of which were margined with LAMP1 and positively stained with Nile red, which can detect phospholipids. LAMP1-positive cytosolic vacuolar formation and the phospholipid accumulation was significantly exacerbated in *obese fgf21F/F*-TSKO mice compared with obese CTRL mice [\(Figures 1D, 1E\)](#page-2-0). Furthermore, to examine whether FGF21 deficiency leads to enlarged lysosomes in a cell-intrinsic manner, we crossed *fgf*21<sup>F/F</sup>-TSKO mice with EGFP (enhanced green fluorescent protein)-chloramphenicol acetyltransferase (ChAT) transgenic mice, in which EGFP can be detected only after Cremediated recombination [\[32](#page-14-29)]. Greater number of LAMP1 margined cytosolic vacuoles was observed in EGFP positive PTECs than in EGFP negative PTECs ([Figure 1F](#page-2-0)).

# *Autophagic flux is increased by FGF21 deficiency in the PTECs of young mice*

Next, to evaluate how basal and starvation-induced autophagic flux is altered by FGF21 deficiency in *young* mice, we crossed *Fgf21F/F* (*Fgf21F/F*-CTRL) or *fgf21F/F*-TSKO mice with GFP-MAP1LC3B transgenic mice. Chloroquine, an inhibitor of intralysosomal acidification, was administered 6 h before euthanasia and the number of GFP-positive puncta (which represent autophagosomes) was compared with and without chloroquine administration. Upon 24 h of starvation, chloroquine administration did not significantly increase the number of puncta in the PTECs of young CTRL mice, while the increase was significant in young *fgf21F/F*-TSKO mice. These results indicate that, in contrast to aged *fgf21F/F*-TSKO mice, autophagic flux is increased in the PTECs of young *fgf21F/F*-TSKO mice ([Figure 2A,B\)](#page-4-0).

To explore the possible cellular mechanisms of the FGF21 deficiency-mediated increase in autophagic flux of young mice, we investigated the key signaling pathways that modulate autophagy, AMP-activated protein kinase (AMPK) and MTOR (mechanistic target of rapamycin kinase) complex 1 (MTORC1). Western blot analysis using whole kidney lysates demonstrated that the levels of phosphorylated PRKAA/ AMPK and phosphorylated RPS6 (ribosomal protein S6),

downstream of MTORC1 were unchanged (Figure S2). Collectivelly, in *fgf21F/F*-TSKO mice, autophagy is activated in an AMPK- and MTOR-independent manner in young age, while autophagy is impaired with accumulation of undigested materials within enlarged lysosomes in aging.

## *FGF21 deficiency increases the demand of autophagy leading to lysosomal overburden in the PTECs of aged and obese kidney*

The above results led us to infer that FGF21 deficiency may increase the demand of autophagy, because previous report has elucidated that short-term accumulation of autophagic substrates upregulates autophagic flux whereas sustained overload of autophagic substrate impairs autophagic flux due to lysosomal overburden [[12](#page-14-10)]. Therefore, we infer that FGF21 deficiency may increase the demand of autophagy and evaluated FGF21-mediated changes in the demand of basal and starvation-induced autophagy by comparing the accumulation of autophagic substrates between young PTEC-specific *atg5*-deficient (*atg5F/F*- TSKO mice) and young PTEC-specific *fgf21*- and *atg5*-deficient mice (*fgf21F/Fatg5F/F*-TS double KO [TSDKO] mice). As expected, the accumulation of autophagic substrates (assessed by SQSTM1/p62- and ubiquitin-positive protein aggregates) was significantly increased in the PTECs of starved TSDKO mice than in starved *atg5F/F*- TSKO mice [\(Figures 3A,B\)](#page-5-0), indicating that FGF21 deficiency increases the demand of autophagy. Next, to investigate whether the enlarged lysosomes under FGF21 deficiency is actually due to aberrant autophagy, we compared the lysosomal morphology in the PTECs of obese CTRL, *fgf21F/F*-TSKO and TSDKO mice under a HFD for 2 months by assessing PAS and LAMP1 staining. We observed marked suppression of HFDinduced enlarged lysosomes in the PTECs of TSDKO mice compared with *fgf21F/F*-TSKO mice ([Figure 4A,B\)](#page-6-0). Collectively, these results indicate that FGF21 deficiency increases the demand of autophagy, leading to the increased autophagic flux in *young* mice while it can stagnate autophagy in *aged* and *obese* mice due to lysosomal overburden.

## *FGF21 deficiency accelerates kidney aging in autophagy-deficient mice*

Next, we investigated whether FGF21 is secreted from autophagy-deficient PTECs in aged kidneys, as in the case of prolonged starvation [[29\]](#page-14-26), by measuring the samples of the aged *atg5*-TSKO and CTRL mice previously reported [\[8](#page-14-7)]. *Fgf21* mRNA level was significantly increased in the isolated PTECs of aged *atg5*-TSKO mice compared with young *atg5*-TSKO mice and *aged* CTRL littermates [\(Figure 5A](#page-7-0)). The plasma FGF21 concentration was higher in aged mice compared with young mice, while it was

regions of *obese* CTRL and *fgf21F/F*-TSKO mice (*n* = 4–6). Kidney sections were counterstained with hematoxylin and immunostained for the proximal tubule marker LRP2/MEGALIN in blue. (D right) the vacuole score was shown. (E) Representative images of Nile red staining in the kidney cortical regions of *obese* CTRL and *fgf21F/F*-TSKO mice (*n* = 4). The number of Nile red-positive puncta per proximal tubule was counted in at least 10 high-power fields (×600). (F) Representative fluorescent images of the kidney cortical regions of *obese fgf21F/F*-TSKO;EGFP-ChAT mice (*n* = 4). Kidney sections were immunostained for LAMP1 (red) and counterstained with DAPI (blue). (D to F) *obese* mice were fed a high-fat diet for 2 months. Bars: 50 m (A and D), 2 m (B) and 20 m (E and F). Data are expressed as the fold change relative to the mean value of *aged* (C) or *obese* (E) CTRL mice and are provided as means ± SE. Statistically significant differences (\**P* < 0.05) are indicated.



<span id="page-4-0"></span>**Figure 2.** Autophagic flux is increased by FGF21 deficiency in PTECs of *young* mice. (A and B) *in vivo* evaluation of the autophagic flux in PTECs of young mice. (A) Representative fluorescent images of the kidney cortical regions of young CTRL;GFP-MAP1LC3B and *fgf21F/F*-TSKO;GFP-MAP1LC3B mice that were either fed or subjected to 24 hours of starvation, with or without chloroquine administration ( $n = 4$  to 5). Kidney sections were immunostained for LRP2/MEGALIN, a marker of proximal tubules (red), and counterstained with DAPI (blue). Magnified images are presented in the insets. Bars: 20 m. (B) the number of GFP-positive puncta per proximal tubule under each condition was counted in at least 10 high-power fields (×600). Data are provided as means ± SE. Statistically significant differences (\**P* < 0.05) are indicated.

comparable between aged *atg5*-TSKO mice and aged CTRL littermates (Figure S3A). To examine whether increased secretion of FGF21 from the kidney of aged *atg5*-TSKO mice protects the kidney against aging stress, we followed TSDKO mice up to 24 months, and compared the aging phenotypes, especially with aged *atg5F/F*-TSKO mice. The significant increase in *Fgf21* expression in the kidney of aged *atg5*-TSKO mice was almost completely abolished in the kidney of aged TSDKO mice [\(Figure 5B](#page-7-0)). Biochemical and physiological parameters are shown in [Table 1.](#page-8-0) There were no significant differences in most parameters among these mice, whereas the body weight was lowered in *aged atg5*-TSKO mice compared with aged CTRL. The mRNA levels of tubular injury markers *Havcr1/Kim-1* was increased in aged TSDKO mice compared with aged CTRL and *atg5*-TSKO mice [\(Figure 5C\)](#page-7-0). The proximal tubules of *aged* TSDKO showed exaggerated tubular injuries (such as brush border loss, disruption of lumen

<span id="page-4-1"></span>structure, and cast formation), as well as a massive accumulation of cytosolic amorphous substrates compared with aged *atg5*-TSKO mice ([Figure 5D](#page-7-0)). Furthermore, *aged*  TSDKO mice exhibited enhanced interstitial fibrosis as assessed by COL1A1 (collagen, type I, alpha 1) immunostaining, *Col1a1* and *Tgfb* mRNA, Masson trichrome staining, and Sirius red staining ([Figure 5E–H\)](#page-7-0) and patchy ADGRE1/F4/80-positive macrophage infiltration into the outer stripe of the outer medulla ([Figure 5I\)](#page-7-0). In recent years, cellular senescence has emerged as an important driver of aging and age-related disease in multiple organs including the kidney [[33\]](#page-14-30). Messenger RNA levels of *Cdkn2a/p19Arf* (*cyclin dependent kinase inhibitor 2A*) and immunostaining for  $CDKN1A/p21^{cip1}$  (cyclin dependent kinase inhibitor 1A) and phospho-H2AFX/γ-H2AX (H2A. X variant histone), demonstrated that cellular senescence was exaggerated in the PTECs of aged TSDKO mice (Figure S3B, S3C and S3D).



<span id="page-5-0"></span>**Figure 3.** *Fgf21*-deficient PTECs are more reliant on autophagy for the degradation of increasing substrates. (A and B) Representative images of immunostaining for SQSTM1/p62 (A) and ubiquitin (B) in the kidney cortical regions of young CTRL, *atg5<sup>F/F</sup>*-TSKO, and TSDKO mice that were either fed or subjected to 48 hours of starvation ( $n = 3$  to 5). Magnified images are presented in the insets. The number of SQSTM1/p62- or ubiquitin-positive dots was counted in at least 10 high-power fields (×400). Kidney sections were counterstained with hematoxylin and immunostained for the proximal tubule marker LRP2/MEGALIN in blue. Bars: 10 m. Data are provided as means ± SE. Statistically significant differences (\**P* < 0.05) are indicated.

# *FGF21 deficiency aggravates HFD-induced kidney injury in autophagy-deficient mice*

We next examined the role of FGF21 in PTECs against HFD-induced kidney injury. Consistent with aging, *Fgf21*  mRNA level was significantly increased in the kidney of *atg5*-TSKO mice compared with CTRL littermates under a HFD for 2 months ([Figure 6A\)](#page-9-0). Then, we assessed kidney histology in *Fgf21F/F*-CTRL, *atg5F/F*-TSKO, and TSDKO mice which were fed a HFD for 10 months. We observed marked exacerbation of kidney injury [\(Figure 6B](#page-9-0)), renal fibrosis [\(Figure 6C,D](#page-9-0)), and inflammation [\(Figure 6E](#page-9-0)) in *obese* TSDKO mice.

## *FGF21 deficiency accelerates kidney aging with mitochondrial dysfunction and oxidative stress*

<span id="page-5-1"></span>Finally, we investigated the mechanism for a protective role of FGF21 against kidney disease progression. As mitochondrial dysfunction and endoplasmic reticulum (ER) stress play central roles in the progression of kidney disease [\[34](#page-14-31)[,35\]](#page-15-0), we examined the mitochondrial function and ER stress response in aged TSDKO mice. Although we could not find any difference in ER stress response among aged CTRL, *atg5*-TSKO, and TSDKO mice (Figure S4), mitochondrial function (assessed by COX [cytochrome c oxidase] and SDH [succinate dehydrogenase] staining) was significantly deteriorated in the



<span id="page-6-0"></span>Figure 4. FGF21 deficiency induces enlarged lysosomes dependent on autophagy in the kidney of *obese* mice. (A and B) Representative images of PAS staining (A)<br>and LAMP1 immunostaining (B) in the kidney cortical regions of sections were counterstained with hematoxylin (A and B) and immunostained for the proximal tubule marker LRP2/MEGALIN in blue (B). Bars: 50 μm.

kidneys of aged TSDKO mice compaired with *aged* CTRL and *atg5*-TSKO mice [\(Figure 7A\)](#page-10-0). Mitochondrial dysfunction is known to be closely associated with the progression of kidney aging and lipotoxicity via the production of reactive oxygen species (ROS) [[34](#page-14-31)]. Therefore, we assessed ROS production by oxidative stress markers, including dityrosine, 4-hydroxy-2-nonenal (HNE) and N-carboxymethyllysine (CML) staining and observed that increased ROS significantly in *aged* TSDKO mise kidneys [\(Figure 7B,](#page-10-0) S5A, and S5B). Finally, we investigated the possible mechanisms of the FGF21-mediated maintenance of mitochondrial integrity. It has been reported that FGF21 regulates the activities of SIRT1 (sirtuin 1; NAD<sup>+</sup> [nicotinamide adenine dinucleotide]-dependent deacetylase), PPARGC1A/PGC1A (peroxisome proliferative -activated receptor, gamma, coactivator 1 alpha) and TFAM (transcription factor A, mitochondrial), which are closely related to mitochondrial integrity [\[36–](#page-15-1)[39\]](#page-15-2), therefore, we examined the expression of these molecules. The results showed that mRNA expression level of *Tfam* ([Figure 7C](#page-10-0)) and the protein levels of SIRT1, PPARGC1A/PGC1A ([Figure 7D](#page-10-0)) and were significantly decreased in the kidneys of aged TSDKO mice. The expression of NAMPT (nicotinamide phosphoribosyltransferase), the rate-limiting enzyme for NAD<sup>+</sup> production essential for SIRT1 activation, was also markedly decreased in the kidneys of aged TSDKO mice ([Figure 7D](#page-10-0)). Conversely, the activity of AMPK, which is important for activation of NAMPT and SIRT1 [\[40\]](#page-15-3), was rather activated in the kidney of aged TSDKO mice (Figure S5C).

## <span id="page-6-1"></span>**Discussion**

In this study, we demonstrated that FGF21 is robustly induced by autophagy deficiency and acts in an autocrine and/or paracrine manner to protect against CKD progression during aging and obesity, notably characterized by tubular injury, inflammation, and fibrosis. Mechanistically, efficacy of FGF21 secretion from PTECs is not due to an improvement of the systemic metabolic alterations, but rather based on multifaceted cell-intrinsic and autophagy-related mechanisms; FGF21 alleviates lysosomal overburden by reducing the demand of autophagy and thus suppressing aberrant autophagy, and maintains mitochondrial homeostasis. A simple schematic drawing is shown in [Figure 8A.](#page-12-0)

Our *in vivo* experiments using PTEC-specific *fgf21* and/or *atg5*-deficient mice clearly denoted an apparent interaction between FGF21 and autophagy in the control of CKD progression during aging and obesity; FGF21 deficiency increases the demand of autophagy, leading to compensatory enhanced autophagic flux in young mice, while stagnating autophagy in aged and obese mice due to lysosomal overburden [\(Figure 8B\)](#page-12-0). Conversely, autophagy deficiency induces FGF21 secretion, which exerts marked protective effects against age- and obesity-related CKD progression in an autocrine/paracrine manner. The combination of their deficiency culminates in the significant deterioration of tubular injury, inflammation and fibrosis.

In the present study, we revealed a close interaction between autophagic stagnation and FGF21 in PTECs during aging and obesity. Meanwhile, what is the molecular mechanism underlying this interaction? As for the mechanism by which FGF21 is induced by autophagy stagnation in PTECs during aging and obesity, we speculate that once autophagy stagnation occurs in the PTECs, mitochondrial damage is exacerbated by the inability to properly remove damaged mitochondria, and the subsequent mitochondrial integrated stress response (mitoISR) induces FGF21. It has been reported that mitoISRs are activated when mitochondria are damaged in vivo, resulting in various adaptive responses to mitochondrial stress, and that FGF21 secretion is a representative stress response among mitoISRs that initiates even when mitochondria are mildly damaged [\[41](#page-15-4)]. Indeed, analysis of musclespecific *atg7*-deficient mice has reported that autophagy



<span id="page-7-0"></span>**Figure 5.** FGF21 deficiency accelerates kidney aging in autophagy-deficient mice. (A) mRNA expression levels of *Fgf21* using the isolated PTECs of *aged* CTRL and *atg5F/F*-TSKO mice (*n* = 5 to 8). (B, C and F) mRNA expression levels of *Fgf21* (B), *Havcr1/Kim-1* (C), and *Col1a1* and *Tgfβ* (F) using whole kidney lysates of aged CTRL, *atg5F/F*-TSKO, and TSDKO mice (*n* = 5 to 6). Data were normalized with *Gapdh* mRNA and presented as the ratio relative to aged CTRL kidney. (D, E, and G to I) Representative images of PAS staining (D), immunostaining for COL1A1 (E), Masson trichrome staining (G), Sirius red staining (H) and immunostaining of ADGRE1/F4/80 (I) in the kidney cortical regions of aged CTRL, *atg5<sup>F</sup> F* -TSKO, and TSDKO mice (*n* = 6–8). (D) Magnified images from aged CTRL, *atg5F/F*-TSKO and TSDKO mice indicate brush border loss as well as disruption of lumen structure in the PTECs of TSDKO mice. Arrows indicate cast formation. The tubular injury score (D right), the interstitial fibrotic area (G right), Sirius red-positive area (H right) and ADGRE1/F4/80 positive area (I right) were quantified in at least 10 high-power fields (×400), respectively. (E, G and I) kidney sections were counterstained with hematoxylin. Bars: 50 m. Data are provided as means ± SE. Statistically significant differences (\**P* < 0.05) are indicated.

<span id="page-8-0"></span>**Table 1.** Biochemical and physiological parameters of aged (24 months old) CTRL, *atg5F/F*-TSKO, and TSDKO mice.

	<b>CTRL</b>	$atq5^{F/F}$ -TSKO	<b>TSDKO</b>
Number of animals (at study entry)	8	11	10
Number of deaths	2	3	2
Tumor	0	0	
Body weight (g)	$43.3 \pm 3.4$	$32.6 \pm 3.0^a$	$36.2 \pm 3.0$
Heart weight/BW (mg/g)	$4.37 \pm 0.38$	$4.61 \pm 0.33$	$4.91 \pm 0.33$
Lung weight/BW (mg/g)	$5.21 \pm 0.62$	7.17 $\pm$ 0.54 $^{\circ}$	$6.33 \pm 0.54$
Liver weight/BW (mg/g)	$41.1 \pm 2.5$	$47.5 \pm 2.1$	$49.2 \pm 2.1$ <sup>a</sup>
Left kidney weight/BW (mg/g)	$5.25 \pm 0.44$	$5.54 \pm 0.38$	$6.01 \pm 0.38$
Mesenteric adipose tissue/BW (mg/g)	$11.43 \pm 1.80$	$9.67 \pm 1.56$	$8.63 \pm 1.56$
Epididymal adipose tissue/BW (mg/g)	$41.7 \pm 5.9$	$25.4 \pm 5.1$	$30.5 \pm 5.1$
Brown adipose tissue/BW (mg/g)	$6.62 \pm 0.70$	$5.65 \pm 0.61$	$6.23 \pm 0.61$
Soleus muscle/BW (mg/g)	$0.29 \pm 0.04$	$0.36 \pm 0.03$	$0.38 \pm 0.03$
Urea nitrogen (mmol/L)	$24.1 \pm 1.5$	$23.0 \pm 1.3$	$22.0 \pm 1.3$
Creatinine (mol/L)	$52.5 \pm 21.2$	$54.9 \pm 18.4$	$32.0 \pm 18.4$
Cystatin C (mg/L)	$1.13 \pm 0.41$	$1.88 \pm 0.33$	$1.15 \pm 0.33$
Urinary albumin/creatinine (q/qCr)	$0.26 \pm 0.12$	$0.32 \pm 0.10$	$0.25 \pm 0.10$
Glucose (mmol/L)	$8.23 \pm 1.25$	$7.22 \pm 0.94$	$7.37 \pm 0.94$
$FGF21$ ( $pq/mL$ )	$548 \pm 179$	$417 \pm 155$	$369 \pm 155$
Total cholesterol (mmol/L)	$2.30 \pm 0.16$	$2.01 \pm 0.14$	$2.24 \pm 0.14$
Triglyceride (mmol/L)	$1.82 \pm 0.34$	$1.13 \pm 0.29$	$1.84 \pm 0.29$
Free fatty acids (mmol/L)	$0.71 \pm 0.13$	$0.44 \pm 0.11$	$0.48 \pm 0.11$
Phospholipids (mmol/L)	$3.59 \pm 0.34$	$2.85 \pm 0.30$ F/F	$3.30 \pm 0.30$

Biochemical and physiological parameters were analyzed in *aged* CTRL, *atg5F/F*-TSKO, and TSDKO mice (*n* = 6–8). Values represent the mean ± SE. Statistically significant differences (a: *P* < 0.05 vs CTRL, b: *P* < 0.05 vs *atg5F/F*-TSKO) are indicated.

failure induces FGF21 [[21](#page-14-19)]. The induction of FGF21 is regulated by ATF4 (activating transcription factor 4), which is activated by mitoISR [[21](#page-14-19)]. Considering that mitochondrial damage is exacerbated by failure of mitophagy in autophagydeficient PTECs during aging [\(Figure 7\)](#page-10-0) and obesity [\[9\]](#page-14-9), autophagy stagnation that occurs during aging and obesity is also thought to induce FGF21 via the mitochondrial dysfunction-mitoISR-Atf4 axis. The next question about the mechanism that regulates these interactions is how FGF21 regulate the demand of autophagy in PTECs during aging and obesity. Although the mechanism by which FGF21 regulates the demand of autophagy remains unclear, one hypothesis is that the FGF21-TFAM signaling axis protects mitochondria, thereby reducing mitochondrial damage and decreasing the demand of autophagy. At the basal level, the kidney has been reported to be the organ with the highest mitochondrial selective autophagy (mitophagy) activity, which selectively removes damaged mitochondria [[42](#page-15-5)]. It has also been shown that a decrease in TFAM in the kidney tubules leads to significant mitochondrial damage [\[43,](#page-15-6)[44\]](#page-15-7). Taken together with the finding in this study that FGF21 regulates TFAM expression, it is likely that FGF21 induction reduces the demand of mitophagy by increasing TFAM expression and suppressing mitochondrial damage, while FGF21 deficiency increases the demand of mitophagy due to the accumulation of damaged mitochondria caused by reduced TFAM expression.

<span id="page-8-2"></span><span id="page-8-1"></span>Recently, the idea of "FGF21 resistance" has been suggested and thought to contribute to the pathology of ageand obesity-related diseases as circulating FGF21 levels are increased under conditions such as aging, obesity and diabetes, despite the prolongevity and metabolic healthpromoting effects of FGF21 [[45–](#page-15-8)[48\]](#page-15-9). Moreover, "autophagy stagnation" has been known to exist in CKD progression during aging and obesity [[8,](#page-14-7)[9](#page-14-9)[,13](#page-14-11)]. Therefore, most importantly, although our findings come from the observation in <span id="page-8-3"></span>genetically manipulated mice models, we believe that our *in vivo* experiments using PTEC-specific *fgf21* and/or *atg5* deficient mice nicely reproduce clinical settings of elderly and/or obese CKD patients. Interestingly, autophagy stagnation can lead to inflammaging [\[49](#page-15-10)], whereas inflammaging can provoke "FGF21 resistance" and thus disturb physiological homeositasis in several tissues [\[23\]](#page-14-21). Although it remains to be solved whether FGF21 resistance can be developed in the elderly or obese CKD patients, a vicious cycle of "stagnation of autophagy – inflammaging - FGF21 resistance" might be created during CKD progression. Consistently, circulating FGF21 levels rise progressively with the decline of kidney function, reaching 8–15 times normal values in end stage kidney disease [\[50](#page-15-11)], and higher FGF21 levels correlate with poorer metabolic profile, higher inflammatory markers, more rapid decline of kidney function, and higher mortality in CKD patients [\[51–](#page-15-12)[53](#page-15-13)]. In this regard, the present data provide insights into the pathophysiology of CKD progression during aging and obesity, and the previously unappreciated roles of endogenous FGF21 with clinical relevance.

<span id="page-8-6"></span><span id="page-8-5"></span><span id="page-8-4"></span>It has been demonstrated that exogenous FGF21 treatment or FGF21 overexpression exhibits protective effects by enhancing autophagic flux [\[54–](#page-15-14)[57](#page-15-15)]. Conversely, we found that FGF21 deficiency also increases autophagic flux in young mice, and *fgf21*-deficient PTECs are more reliant on autophagy for the degradation of increasing substrates. Although these counterintuitive findings may ultimately be reconciled by a better understanding of the intrinsically complicated biology of FGF21, these discrepant effects of FGF21 on autophagy may reflect the difference in its concentration, its diverse metabolic functions in multiple target organs, and its ability to act as an autocrine, paracrine, and endocrine factor. Exogenous administration of FGF21 or FGF21 overexpression can activate autophagy induction by modulating several signaling pathways including SIRT1 [\[58](#page-15-16)]



<span id="page-9-0"></span>**Figure 6.** FGF21 deficiency aggeravates high-fat diet-induced kidney injury in autophagy-deficient mice. (A) mRNA expression levels of *Fgf21* using whole kidney lysates of obese CTRL and *atg5F/F*-TSKO mice under a high-fat diet for 2 months (*n* = 9 to 10). (B, C, D and E) Representative images of PAS staining (B), Masson trichrome staining (C), immunostaining for COL1A1 (D), and ADGRE1/F4/80 (E) in the kidney cortical regions of obese CTRL, *atg5F/F*-TSKO, and TSDKO mice (*n* = 4 to 6) under a high-fat diet for 10 months. The tubular injury score (B right), COL1A1-positive area (D right), and ADGRE1/F4/80-positive area (E right) were quantified in at least 10 high-power fields (x400), respectively. Kidney sections were counterstained with hematoxylin. Bars: 50 m. Data are provided as means ± SE. Statistically significant differences (\**P* < 0.05) are indicated.

and AMPK [[56](#page-15-17),[57\]](#page-15-15), whereas endogenous FGF21 in PTECs may be necessary to maintain energy homeostasis and/or reduce oxidative stress, and thus suppress aberrant autophagy. In other words, endogenous FGF21 May be coordinated with autophagy to maintain homeostasis. This notion is also supported by previous studies showing that autophagy is coordinated with other cellular activities to maintain homeostasis and is upregulated in a compensatory manner when the ubiquitin – proteasome system or chaperonemediated autophagy is compromised [\[59](#page-15-18),[60](#page-15-19)].

PTEC-specific *fgf21* deletion per se is not sufficient to lead to CKD progression in *young* mice, presumably because endogenous FGF21 in PTECs appears to play a dispensable role under basal conditions and enhanced autophagy plays a compensatory role. Constitutive up-regulation of autophagy is unable, however, to compensate for all functions of endogenous FGF21. Not only that, considering that aging and obesity lead to higher basal autophagic flux along with stagnation at later stage which jeopardize tubular functions, *fgf21*  deletion accompanied by excessive autophagy can place

## AUTOPHAGY  $\leftarrow$  499



<span id="page-10-0"></span>Figure 7. FGF21 deficiency accelerates kidney aging with mitochondrial dysfunction and oxidative stress. (A and B) Representative images of immunostaining for<br>COX and SDH staining (A), and dityrosine (B) in the kidney cort

a greater burden on lysosomal system and enhance the susceptibility of mice to the development of CKD progression during aging and obesity. Furthermore, autophagy stagnation predisposes PTECs to AKI [\[9\]](#page-14-9). We speculate that FGF21 resistance coupled to stagnation of autophagy in the kidney of elderly and obese individuals might contribute to the increased susceptibility to and severity of pathologies including AKI, maladaptive repair, and the subsequent development of CKD, which remains to be elucidated in more detail.

<span id="page-11-3"></span>Our observation that FGF21 deficiency accelerates CKD progression with oxidative stress and mitochondrial dysfunction in autophagy-deficient mice kidneys indicates that FGF21 reduces oxidative stress and maintains mitochondrial homeostasis irrespective of autophagy/mitophagy. Consistently, recent studies have reported that FGF21 induces the expression of genes involved in antioxidative pathways, including UCP2 (uncoupling protein 2 (mitochondrial, proton carrier)) and UCP3 and SOD2 (superoxide dismutase-2) [[61](#page-15-20)] and that FGF21 improves mitochondrial biogenesis/dynamics [[62](#page-15-21),[63\]](#page-15-22). Importantly, the following are reported so far in relation to the molecular mechanisms by which FGF21 functions in the maintenance of mitochondrial oxidative stress. First, FGF21 counteracts oxidative stress during cellular senescence [[36](#page-15-1)] and cardiac hypertrophy [[64\]](#page-15-23) in a SIRT1-dependent manner. Second, SIRT1 maintains mitochondrial function via the PPARGC1A/PGC1A-TFAM pathway, i.e., SIRT1 activates PPARGC1A/PGC1A by deacetylating it, and the activated PPARGC1A/PGC1A promotes transcription of TFAM [\[38](#page-15-24)[,39](#page-15-2)], which is important for the maintenance of mitochondrial integrity. Indeed, SIRT1 protein levels and *Tfam*  transcription were markedly decreased in the kidney of aged TSDKO mice compared to *aged atg5F/F*-TSKO mice [\(Figure 7D\)](#page-10-0). Furthermore, recent reports have elucidated that TFAM in PTECs is essential for kidney homeostasis by maintaining mitochondrial function [[54,](#page-15-14)[55\]](#page-15-25). Taken together, FGF21 May counter the progression of CKD by maintaining mitochondrial homeostasis partly through the SIRT1-PPARGC1A/PGC1A-TFAM pathway, although further molecular validation is needed in the future.

<span id="page-11-2"></span><span id="page-11-1"></span><span id="page-11-0"></span>While several reports have shown that FGF21 activates SIRT1 [[36](#page-15-1),[37](#page-15-26),[65](#page-15-27)], it is still unclear why SIRT1 is activated by FGF21. In this study, we examined the expression of NAMPT, a rate-limiting enzyme for NAD<sup>+</sup> synthesis, which is essential for SIRT1 activation, and found that NAMPT expression was also decreased in the kidney of aged TSDKO mice [\(Figure 7C](#page-10-0)). Conversely, AMPK, an important activator of NAMPT and SIRT1 [[40](#page-15-3)], was rather activated in aged TSDKO mice (Figure S5C), suggesting that the decreased expression of NAMPT and SIRT1 in the kidney of aged TSDKO mice is AMPK-independent. The detailed mechanism by which FGF21 activates NAMPT and SIRT1 requires further investigation in the future.

In conclusion, we report that FGF21 is robustly induced by autophagy disturbance to protect against CKD progression by maintaining mitochondrial homeostasis during aging and obesity, which will pave the way to a novel treatment of CKD.

#### **Materials and methods**

#### *Mice*

*Kap*-Cre mice, GFP-MAP1LC3B transgenic mice, *Atg5* floxed mice [\[7](#page-14-6)], and EGFP-ChAT mice [[32](#page-14-29)] all with a C57BL/6N background were as described previously. *Fgf21*-floxed mice was originally obtained from the Jackson Laboratory (Bar Harbor, ME, USA). To generate *Fgf21* floxed *Kap*-Cre mice (*fgf21F/F*-TSKO mice), *Fgf21*-floxed mice, in which exons 1–3 of the *Fgf21* gene is flanked by two lox P sequences, were crossed with the *Kap*-Cre transgenic mice. To generate PTEC-specific *fgf21*- and *atg5* deficient mice (*fgf21 F/F atg5 F/F*-TSDKO mice), *Fgf21* floxed mice were crossed with  $atg5$ <sup>F/F</sup>-TSKO mice. All mice were housed in box cages, maintained on a 12-h light/12-h dark cycle. *In vivo* autophagy flux assay using chloroquine (Sigma-Aldrich, C6628) were described previously [\[8](#page-14-7)]. For studying the effects of HFD-induced obesity, eight-week-old mice were fed an ND (12.8% of kcal from fat: 5% fat, 23% protein, and 55% carbohydrate) or HFD (62.2% of kcal from fat: 35% fat, 23% protein, and 25% carbohydrate) (Oriental Yeast, HFD-60) for 2 or 10 months. All animal experiments were approved by the institutional committees of the Animal Research Committee of Osaka University and conformed to the Japanese Animal Protection and Management Law (No.25).

#### *Antibodies and reagents*

We used the following antibodies; LRP2/MEGALIN (low density lipoprotein receptor-related protein 2) (a gift from Dr. Michigami, Department of Bone and Mineral Research, Osaka Medical Center and Research Institute for Maternal and Child Health, Osaka, Japan), LAMP1 (BD Biosciences, 553792), SQSTM1/p62 (Medical and Biologic Laboratory, PM045 for western blotting, Progen, GP62-C for immunostaining), ubiquitin (Cell Signaling Technology, 3936), COL1A1 (Abcam, ab34710), ADGRE1/F4/80 (BIO-RAD, MCA497), CDKN1A/p21<sup>cip1</sup> (Abcam, ab109199), phospho-H2AFX/γ-H2AX (Ser139; EMD Millipore, 05–636-I), dityrosine (Japan Institute for the Control of Aging, MDT-020P), 4HNE (Japan Institute for the Control of Aging, MHN-020P), CML (Transgenic, KH024), phosphorylated PRKAA/AMPK Cell Signaling Technology, 2535), AMPK (Cell Signaling Technology, 2532), phosphorylated RPS6 (Ser235/236; Cell Signaling Technology, 2211), NAMPT (Bethyl Laboratories, A300-372A), SIRT1 (EMD Millipore, 07–131), PPARGC1A/

are presented in the insets (A). Kidney sections were counterstained with hematoxylin (B). The relative intensity was quantified in at least 10 high-power fields (×400), respectively. Bars: 50 m. (C) mRNA expression levels of *Ppargc1a/Pgc1a* and *Tfam* using whole kidney lysates of *aged* CTRL, *atg5F/F*-TSKO, and TSDKO mice (*n*  = 5 to 6). Data were normalized with *Gapdh* mRNA. (D) Representative immunoblot and quantification by densitometry of the protein level of SIRT1, PPARGC1/PGC1A and NAMPT using whole kidney lysates of *aged* CTRL, atgs<sup>F/F</sup>-TSKO, and TSDKO mice are shown (*n* = 5 to 6). ACTB was used as loading control. Data are expressed as the fold change relative to the mean value of aged CTRL mice and are provided as means ± SE. Statistically significant differences (\**P* < 0.05) are indicated.



<span id="page-12-0"></span>Figure 8. FGF21 is robustly induced by autophagy disturbance to protect against CKD progression during aging and obesity. (A) endogenous FGF21 is significantly induced under autophagy stagnation, and protects against age- and obesity-related CKD progression by alleviating autophagy stagnation and maintaining mitochondrial homeostasis. (B) There exists an apparent interaction between FGF21 and autophagy in PTECs; FGF21 deficiency increases the demand of autophagy, leading to the increased autophagic flux in *young* mice while autophagy is stagnated due to lysosomal overburden in aged and obese kidney.

PGC1A (Abcam, ab54481), ACTB (Sigma-Aldrich, A5316), biotinylated secondary antibodies (Vector Laboratories, BA-1000 [anti-rabbit IgG], BA-2001 [anti-mouse IgG], BA-4000 [anti-rat IgG], BA-7000 [anti-guinea pig IgG]), horseradish peroxidase-conjugated secondary antibodies (DAKO, P0448 [anti-rabbit IgG], P0447 [anti-mouse IgG]), and Alexa Fluorconjugated secondary antibody (Invitrogen, A31572 [antirabbit Alexa Fluor 555], A21434 [anti-rat Alexa Fluor 555]).

#### *Histologic analysis*

Histological analysis was performed as described previously with modification [[8\]](#page-14-7). Antigen retrieval on paraffinembedded sections, double staining for SQSTM1/p62 (or ubiquitin) and LRP2/MEGALIN, quantifying the percentage of the COL1A1 (or Sirius red, ADGRE1/F4/80, dityrosine, 4HNE, CML)-positive area, electron microscopy analysis, Masson trichrome-, Nile red-, and COX/SDH- staining, quantifying the percentage of fibrotic area were described previously [\[8](#page-14-7)[,9](#page-14-9)]. The tubular injury score and the vacuole score were assessed using PAS-stained sections. Tubular injury was defined by loss of brush border, cytosolic vacuolar formation, tubular lumen dilation and tubular atrophy, and kidney tubular cells of the cortex were scored from 0 to 10 according to the percentage of injured tubules. Tubular vacuolation was graded semiquantitatively from 0 to 10 according to the percentage of vacuolated tubules as described previously [\[66\]](#page-15-28). In all quantitative or semiquantitative analysis of histological staining, at least 10 high-power fields were reviewed for each tissue by two nephrologists (A.T. and T.N-H.) in a blinded manner.

#### *Biochemical parameters*

Blood samples were collected from mice under anesthesia. Plasma was obtained after centrifugation (15 min, 845  $\times$ g, 4°C) and concentrations of urea nitrogen, creatinine, cystatin C, glucose, total cholesterol, triglycerides, free fatty acids, phospholipids, FGF21 were measured using the BUN-Test-Wako (Wako, 279–36201), the CRE-EN Kainos (Kainos, TKA7500), cystatin C (mouse) ELISA kit (BioVendor, RD291009200R), the Glucose CII-test (Wako, 439–90901), the Cholesterol E-test (Wako, 439–17501), the Triglyceride E-test (Wako, 432–40201), the NEFA C-test (Wako, 279– 75401), the Phospholipid C-test (Wako, 433–36201), and the Mouse/Rat FGF21 Quantikine ELISA Kit (R&D Systems, MF2100). Urinary albumin excretion was measured with the Microfluoral<sup>TM</sup> microalbumin test (Progen, PR2005). All kits were used in accordance with the manufacturer's protocols.

#### *Quantitative RT-PCR and western blot analysis*

<span id="page-13-0"></span>Quantitative RT-PCR and western blot analyses were performed as described previously [[67\]](#page-15-29). The sequences of the primers used were as follows: *Fgf21*-F, 5´-tacacagatgacgaccaaga-3´; *Fgf21*-R, 5´ ggcttcagactggtacacat-3´; *Sqstm1/p62*-F, 5´-atgtgcatatgctgacgcct-3´; *Sqstm1/p62*-R, 5´- caggcctagggaaagcagag-3´; *Havcr1*-F, 5´-tcagct cgggaatgcaca-3´; *Havcr1*-R, 5´-tggttgccttccgtgtct-3´; *Lcn2*-F, 5´ ctacaaccagttcgccatgg-3´; *Lcn2*-R, 5´-acactcaccacccattcagt-3´; *Col 1a1*-F, 5´-acgccatcaaggtctactgc-3´; *Col1a1*-R, 5´-actcgaacgggaat ccatcg-3´; *Tgfb* (transforming growth factor beta)-F, 5´-ttgcttcag ctccacagaga-3´; *Tgfb*-R, 5´-tggttgtagagggcaaggac-3´; *Cdkn2a/ p19Arf*-F, 5´-gcaggttcttggtcactgtg-3´; *Cdkn2a/p19Arf*-R, 5´-gatcg cacgaacttcaccaa-3´; *Ppargc1a/Pgc1a*-F, 5´-atgtgtcgccttcttgctct-3´; *Ppargc1a/Pgc1a* -R, 5´-atgtagtgcctggggacctt-3´; *Tfam*-F, 5´-gagc agctaactccaagtcag-3´; *Tfam*-R, 5´-gagccgaatcatcctttgcct-3´; Atf4 (activating transcription factor 4)-F, 5´-ccttcgaccagtcgggtttg-3´; *Atf4*-R, 5´-ctgtcccggaaaaggcatcc-3´; *Ddit3/Chop* (DNA damage inducible transcript 3)-F, 5´-gaagcctggtatgaggatct-3´; *Ddit3/ Chop*-R, 5´-actgaccactctgtttccgt-3´; *Hspa5/Bip* (heat shock protein 5)-F, 5´-ctgggtacatttgatctgactgg-3´; *Hspa5/Bip*-R, 5´-gcatcct ggtggctttccagccat-3´; *Dnajb9/Erdj4* (DnaJ heat shock protein family (Hsp40) member B9)-F, 5'-gaattaatcctggcctccaa-3'; *Dnajb9/Erdj4*-R, 5´-cagggtggtacttcatggct-3´; *Xbp1s* (X-box binding protein 1; spliced form)-F, 5´-gagtccgcagcaggtg-3´; *Xbp1s*-R, 5 ´-gtgtcagagtccatggga-3´; *Gapdh* (glyceraldehyde-3-phosphate dehydrogenase)-F, 5´- aactttggcattgtggaagg −3´; *Gapdh*-R, 5´ acacattgggggtaggaaca −3´.

#### *Statistical analysis*

All results are presented as means ± standard error (SE). Statistical analyses were conducted using GraphPad Prism 7 software (GraphPad software). As appropriate, statistical analysis was performed using unpaired Student-t-test, oneway or two-way analysis of variance (ANOVA) followed by Student-Newman-Keuls post hoc test, or Kruskal Wallis test followed by Dunn's multiple comparison post hoc test. Statistical significance was defined as *P* < 0.05.

#### **Abbreviations**

ACTB actin, beta AKI acute kidney injury AMPK AMP-activated protein kinase ATF4 activating transcription factor 4 ATG autophagy related<br>
ChAT chloramphenicol a ChAT chloramphenicol acetyltransferase<br>CDKN1A/p21<sup>cip1</sup> cyclin dependent kinase inhibitor  $CDKN1A/p21^{cip1}$  cyclin dependent kinase inhibitor 1A<br>CDKN2A/p19<sup>Arf</sup> cyclin dependent kinase inhibitor 2A

ADGRE1/F4/80 adhesion G protein-coupled receptor E1 cyclin dependent kinase inhibitor 2A

CKD chronic kidney disease CML N-carboxymethyllysine COL1A1 Collagen, type I, alpha 1 COX cytochrome c oxidase CRE creatinine<br>
CTRI control CTRL DDIT3/CHOP DNA-damage inducible transcript 3 DNAJB9/ERDJ4 DnaJ heat shock protein family (Hsp40) member B9 EGFP enhanced green fluorescent protein<br>ER endoplasmic reticulum endoplasmic reticulum FGF21 fibroblast growth factor 21<br>GAPDH glyceraldehyde-3-phosphate glyceraldehyde-3-phosphate dehydrogenase GFP green fluorescent protein HAVCR1/KIM-1 hepatitis A virus cellular receptor 1 HFD high-fat diet HNE 4-hydroxy-2-nonenal HSPA5/BIP heat shock protein 5<br>KAP kidney androgen reg KAP kidney androgen regulated protein<br>
LAMP1 lysosomal-associated membrane pr lysosomal-associated membrane protein 1 LCN2/NGAL lipocalin 2 LRP2 low density lipoprotein receptor-related protein 2 MAP1LC3B/LC3 microtubule-associated protein 1 light chain 3 beta mitoISR mitochondrial integrated stress response<br>MTORC1 mechanistic target of rapamycin kinase mechanistic target of rapamycin kinase complex 1 NAD nicotinamide adenine dinucleotide NAMPT nicotinamide phosphoribosyltransferase PAS periodic-acid schiff peroxisome proliferative activated receptor, gamma, coactivator 1 PTEC proximal tubular epithelial cell ROS reactive oxygen species RPS6 ribosomal protein S6 SDH succinate dehydrogenase complex SIRT1 sirtuin 1 SOD superoxide dismutase SQSTM1/p62 sequestosome 1 TFAM transcription factor A, mitochondrial TGFB/TGFβ transforming growth factor, beta TSDKO tissue-specific double knockout TSKO tissue-specific knockout UCP uncoupling protein (mitochondrial, proton carrier) phospho-H2AFX/γ-H2AX phosphorylated H2A.X variant histone XBP1s X-box binding protein 1; spliced form

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#### **Disclosure statement**

No potential conflict of interest was reported by the authors.

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