

1 Multi-omics Integration Identifies Genes Influencing Traits Associated with Cardiovascular 2 Risks: The Long Life Family Study

3
4 Sandeep Acharya³, Shu Liao², Wooseok J. Jung², Yu S. Kang², Vaha A. Moghaddam¹, Mary
5 Feitosa¹, Mary Wojczynski¹, Shiow Lin¹, Jason A. Anema¹, Karen Schwander¹, Jeff O Connell⁴,
6 Mike Province¹, Michael R. Brent²; ¹Division of Statistical Genomics, Washington University
7 School of Medicine, St Louis, MO, ²Department of Computer Science and Engineering,
8 Washington University, St Louis, MO, ³Division of Computational and Data Sciences, Washington
9 University, St Louis, MO, ⁴Department of Medicine, University of Maryland, Baltimore, MD.

10
11 *Correspondence: brent@wustl.edu

12 13 Abstract

14
15 The Long Life Family Study (LLFS) enrolled 4,953 participants in 539 pedigrees displaying
16 exceptional longevity. To identify genetic mechanisms that affect cardiovascular risks in the LLFS
17 population, we developed a multi-omics integration pipeline and applied it to 11 traits associated
18 with cardiovascular risks. Using our pipeline, we aggregated gene-level statistics from rare-variant
19 analysis, GWAS, and gene expression-trait association by Correlated Meta-Analysis (CMA).
20 Across all traits, CMA identified 64 significant genes after Bonferroni correction ($p \leq 2.8 \times 10^{-7}$), 29
21 of which replicated in the Framingham Heart Study (FHS) cohort. Notably, 20 of the 29 replicated
22 genes do not have a previously known trait-associated variant in the GWAS Catalog within 50 kb.
23 Thirteen modules in Protein-Protein Interaction (PPI) networks are significantly enriched in genes
24 with low meta-analysis p-values for at least one trait, three of which are replicated in the FHS
25 cohort. The functional annotation of genes in these modules showed a significant over-
26 representation of trait-related biological processes including sterol transport, protein-lipid complex
27 remodeling, and immune response regulation. Among major findings, our results suggest a role
28 of triglyceride-associated and mast-cell functional genes *FCER1A*, *MS4A2*, *GATA2*, *HDC*, and
29 *HRH4* in atherosclerosis risks. Our findings also suggest that lower expression of *ATG2A*, a gene
30 we found to be associated with BMI, may be both a cause and consequence of obesity. Finally,
31 our results suggest that *ENPP3* may play an intermediary role in triglyceride-induced
32 inflammation. Our pipeline is freely available and implemented in the Nextflow workflow language,
33 making it easily runnable on any compute platform (<https://nf-co.re/omicsgenetraitassociation>).

34 35 Introduction

36
37 The Long Life Family Study (LLFS) is a multi-center, longitudinal family study that enrolled families
38 enriched for exceptional longevity to discover genetic, behavioral, and environmental factors
39 contributing to healthy aging and long life. LLFS enrolled 4,953 participants in 539 families,
40 including probands, offspring, grandchildren, and spouses. Participants are primarily of European
41 ancestry (99%). The data it has generated include microarray genotypes, whole genome
42 sequences, gene expression from whole blood, and biomarkers of health and aging. Healthy
43 aging and long life are heritable traits [1, 2] and the LLFS cohort is exceptional in both [3]. The
44 LLFS probands and offspring were less likely to have diabetes, chronic pulmonary disease, and
45 peripheral artery disease than participants in the Cardiovascular Health Study (CHS) and
46 Framingham Heart Study (FHS) in the same age group [4]. High-density cholesterol levels were
47 higher, and pulse pressure and triglycerides were lower in the LLFS cohort than in CHS and FHS
48 [4]. In this work, we look for genes that affect cardiovascular health in the LLFS population and
49 the biological processes through which they work. We focus on 11 traits associated with

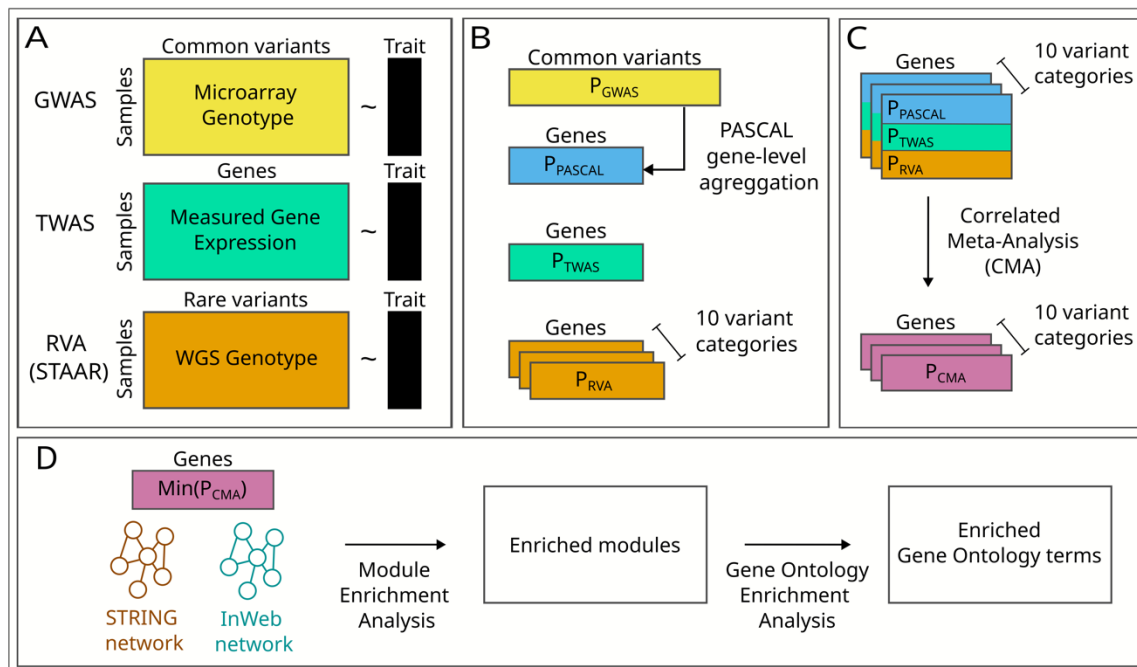
50 cardiovascular risks spanning four categories: pulmonary (forced expiratory volume, forced vital
51 capacity, and the ratio of the two), lipids (high-density lipoprotein, low-density lipoprotein,
52 triglycerides, total cholesterol), anthropometric (BMI, BMI-adjusted waist), and cardiovascular
53 (pulse, ankle-brachial index) [5-9].

54
55 Genome-wide association studies (GWAS) have identified many loci for cardiovascular-related
56 domains, including pulmonary function [10, 11], lipids [12], obesity and body fat distribution [13,
57 14], and blood pressure and ankle-brachial index [15, 16]. However, GWAS has some well-known
58 limitations. Testing millions of individual variants requires extremely small p-values and hence
59 very large cohorts. When GWAS does identify statistically significant variants, it is difficult to
60 determine which are causal and which are merely tagging a causal variant in linkage
61 disequilibrium [17]. If a causal non-coding variant is found, it is often unclear which gene it acts
62 through. We set out to address these challenges. To reduce the multiple testing burden, we
63 aggregated variant-level GWAS p-values for common variants (minor allele frequency (MAF) >
64 5%) to obtain gene-level p-values, used a SKAT-based [18] analysis method [19] to calculate
65 gene-level p-values for rare variants (MAF < 5%), [18-21] and calculated gene-level p-values for
66 association between measured gene expression levels and traits (Transcriptome-wide
67 association studies (TWAS); throughout this paper, TWAS refers to association with measured
68 gene expression levels, not predicted levels). We combined the gene-level p-values from TWAS,
69 GWAS, and rare variant analysis (RVA) using a meta-analysis approach that accounts for
70 expected correlations among these [22]. Aggregating variants to the gene level creates strong
71 evidence about which gene is implicated, which can be difficult when focusing on individual
72 variants. By incorporating evidence from TWAS, we reduce the chance that a significant gene is
73 simply tagging a nearby gene in LD (since LD does not induce correlation in the expression levels
74 of nearby genes). TWAS alone has a different problem – gene expression may be associated
75 with a trait because it is affected by the trait, rather than affecting the trait, or by a confounding
76 factor affecting both trait and gene expression. However, when there is supporting evidence from
77 genetic variants, that is less likely.

78
79 To further investigate a gene's potential for causally affecting a trait, we started with the
80 hypothesis that, among genes statistically associated with a trait, the most likely to be causal are
81 those that interact with other statistically associated genes (1) through a common molecular
82 system, and (2) serve a common biological function. To identify genes that interact with other
83 statistically associated genes through a common molecular system, we searched for network
84 modules in protein-protein interaction networks whose genes, as a group, are significantly
85 enriched for genes with suggestive/significant p-values from correlated meta-analysis. To identify
86 common biological functions served by module genes, we looked for GO biological process terms
87 significantly overrepresented among genes in the enriched modules [23].

88
89 This paper makes three contributions. First, it presents 64 genes from meta-analysis that are
90 genome-wide significant for at least one of 11 traits associated with cardiovascular risks, of which
91 29 are replicated in the FHS population. Second, it presents 13 protein-protein interaction network
92 modules significantly enriched in genes with comparatively low meta-analysis p-values for at least
93 one of the traits. Three such modules are replicated in the FHS population. Third, it presents
94 software that researchers can use to conduct similar analyses. The software is packaged as a
95 Nextflow pipeline, which containerizes each analysis step, simplifies the maintenance of software
96 dependencies, and enables deployment across multiple computing environments, including cloud
97 computing provided by data repositories [24]. The software pipeline and complete documentation
98 can be found at <https://nf-co.re/omicsgenetraitassociation/>. Figure 1 depicts the pipeline.

99
100 **Material and methods:**



101
102 Fig 1: Pipeline diagram. A) Inputs to GWAS, TWAS, and RVA. B) GWAS output is fed into
103 PASCAL, which calculates gene-level p-values. TWAS outputs gene-level p-values. STAAR splits
104 variants into ten functional categories and outputs 10 p-values per gene. C) Correlated meta-
105 analysis (CMA) is run 10 times. Each run uses outputs from PASCAL and TWAS together with
106 one variant category of STAAR, outputting 10 p-values. D) For each gene, the minimum p-value
107 from 10 CMA runs is fed into module enrichment analysis, which is also performed by PASCAL.
108 PASCAL outputs enriched modules and their p-values. E) Gene ontology over-representation
109 analysis identifies biological processes with significant over-representation among genes in each
110 module.

111
112 **Participants:**

113 The recruitment procedure, eligibility criteria, and enrollment of the LLFS participants have been
114 previously described [4]. We used data from the first clinical exam, which started in 2006 and
115 recruited 4953 individuals from 539 families. Across 11 studied traits, the participants ranged from
116 $n = 2528$ to 4166 for GWAS, $n = 595$ to 1200 for gene expression level–trait association, and $n =$
117 2528 to 4166 for rare-variant analysis. Descriptive statistics for all the traits and covariates can
118 be found in File S3. The number of participants in each analysis depended on the number of
119 participants with data for the trait, microarray genotypes for GWAS, whole genome sequencing
120 for rare-variant analysis, and RNA-Seq for TWAS.

121
122 **Cardiovascular-related traits:**

123 We used trait values from the first clinical exam. BMI was calculated as weight (kg)/height (m)²,
124 and waist as the average of three abdominal circumference measurements in cm. Pulse was
125 calculated as the average of three measurements of the sitting pulse. FEV1 and FVC were
126 measured in a portable spirometer (EasyOne, NDD Medical Technologies, Andover, MA), as
127 previously reported [4]. High-density lipoprotein (HDL), low-density lipoprotein (LDL), triglyceride

128 (TG), and total cholesterol (TC) were assessed and analyzed by the LLFS central laboratory
129 based at the University of Minnesota, as previously reported [4]. Participants were excluded if
130 fasting < 8 hours for LDL, TG, and TC. Ankle-brachial index (ABI) was derived as the average of
131 the right and left ankle-arm blood pressure ratio. We excluded participants with non-compressible
132 arteries (ABI ≥ 1.4). For all analyses, each of the traits was adjusted for age, sex, field center,
133 and square of the age. Waist and pulse were additionally adjusted for BMI. FEV1, FVC, and
134 FEV1/FVC were adjusted for height and smoking. LDL and TC were adjusted for statin use, and
135 TG was log-transformed. All traits were also adjusted for the top 10 genetic principal components
136 stepwise. After covariate adjustments, all traits were inverse normal transformed.

137

138 **GWAS and gene level aggregation of GWAS results:**

139 GWAS SNP-chip data for the LLFS participants were produced using Illumina 2.5 million
140 HumanOmni array. Genotypes were called using Bead Studio. SNPs were removed if their call
141 rate was less than 98%, if their allele frequency in the LLFS population was < 1% or > 99%, if
142 they had an allelic mismatch with 1000 Genomes Project (1000Gp3v5), or if they displayed
143 excess heterozygosity relative to Hardy Weinburg Equilibrium ($p < 1E-6$). A single-SNP
144 association test was done for all SNPs passing the quality filter by using a linear mixed model.
145 Family relatedness was accounted for using a pedigree-based kinship matrix, and an additive
146 genetic model was assumed. The SNP-level summary statistics from GWAS for SNPs with minor
147 allele frequency $\geq 5\%$ were input to PASCAL[25]. The SNPs were assigned to a gene if they lied
148 within 50kb of the gene body. PASCAL uses the sum of the chi-squared approach to calculate a
149 gene-level p-value. Document S1 describes the GWAS and gene level aggregation process for
150 the FHS population.

151

152 **Gene-expression to trait association (TWAS):**

153 The RNA extraction and sequencing were carried out by the McDonnell Genome Institute at
154 Washington University (MGI). Total RNA was extracted from PAXgene™ Blood RNA tubes using
155 the Qiagen PreAnalytiX PAXgene Blood miRNA Kit (Qiagen, Valencia, CA). The Qiagen QIAcube
156 extraction robot performed the extraction according to the company's protocol. The RNASeq data
157 were processed with the nf-core/RNASeq pipeline version 3.3 using STAR/RSEM and otherwise
158 default settings (<https://zenodo.org/records/5146005>). RNASeq on whole blood samples from the
159 LLFS participants in the first clinical visit was used for the analysis. Genes with less than three
160 counts per million in greater than 98.5% of samples were filtered out from the analysis. Samples
161 with greater than 8% of reads in intergenic regions were also filtered out. The resulting set were
162 transformed using DESeq's [26] variance stabilizing transform (VST) function. The VST
163 transformed gene expression levels were adjusted for base covariates: age, age squared, sex,
164 field center, percent of reads mapping to intergenic sequence, and the counts of red blood cells,
165 white blood cells, platelets, monocytes, and neutrophils. The gene expression level was also
166 adjusted stepwise for the RNA-seq batch and the top 10 principal components of gene
167 expression. For each trait, the adjusted gene expression residuals were used as a predictor, and
168 the adjusted trait was used as a response variable in a linear mixed model implemented in MMAP
169 [27]. A kinship matrix generated by MMAP from the LLFS pedigree was used to account for family
170 relatedness. For traits with genomic inflation factor (GIF) > 1.1, the p-values were adjusted using
171 BACON [28]. The same RNA-Seq processing steps were implemented for replication in the FHS
172 dataset.

173

174 **Rare-variant analysis (RVA) using STAAR:**

175 LLFS Whole Genome Sequence (WGS) was produced by MGI using 150bp Illumina reads.
176 Variant calls with read depth less than 20 or greater than 300 were set to missing. Variants with
177 call rate < 90% and those with excess heterozygosity ($p < 1E-6$) were excluded from the analysis.
178 Missing genotype calls in the LLFS cohort were filled in using the call with the highest phred-scale

179 likelihood from GATK. Bi-allelic SNVs with MAF < 5% and passing the above quality filters were
180 input to STAAR [19] for variant set association tests using SKAT [18]. We also employed burden
181 testing [29-32] and Aggregate Cauchy Association Test (ACAT) [33, 34] as implemented in the
182 STAAR framework. However, the resulting p-value distributions from these tests displayed a U-
183 shaped pattern, deviating from the expected uniform distribution under the null hypothesis so we
184 did not use them.

185
186 For each gene, variants are split into 10 functional categories, and an omnibus association test is
187 performed for each category for each gene weighted by functional annotations from the FAVOR
188 database [35], which is curated by the TOPMed Consortium. The 10 functional categories include
189 synonymous, missense, putative loss of function (plof), promoter CAGE, promoter DHS, enhancer
190 CAGE, enhancer DHS, upstream, downstream, and untranslated region (UTR) [19, 21, 35]. A
191 minimum of 2 variants is required in a category to perform a SKAT test. Document S1 describes
192 the WGS data processing steps for the FHS population.

193
194 **Correlated Meta-analysis (CMA):**
195 CMA [22] combined gene p-values from GWAS (after aggregation by PASCAL), TWAS, and RVA
196 while preventing Type I errors by accounting for dependencies between individual analyses under
197 the null as described [22, 36]. GWAS, TWAS, and RVA were performed on overlapping individuals
198 from LLFS's first clinical visit. Furthermore, genetic variants affect gene expression. Therefore,
199 each pair of inputs to CMA may be correlated. Since STAAR outputs 10 p-values per gene, one
200 for each category, we ran CMA 10 times resulting in 10 p-values per gene.

201
202 **Module enrichment analysis and Gene Ontology (GO) Over-representation Analysis:**
203 We started with modules (highly connected subnetworks) from two protein-protein interaction
204 (PPI) networks, the STRING functional PPI network [37] and the InWeb physical PPI network [38]
205 which were identified by the best-performing methods in a DREAM challenge [39]: random walk
206 algorithm R1 for STRING and modularity optimization algorithm M2 for InWeb. These modules
207 and the gene-level p-values were input to PASCAL's module enrichment algorithm [25]. Genes
208 with p-values from fewer than two CMA input sources were removed from the modules. The
209 module enrichment p-values from PASCAL were corrected for the total number of modules tested
210 using Bonferroni correction. GO over-representation analysis was done on the set of genes in
211 each enriched module by using WebGestaltR package (version: 0.4.6,) with the following
212 configuration: (organism: hsapiens, method: ORA, enrichDatabase: GO Biological Process,
213 FDRMethod: BH, FDRThreshold = 0.05) [23]. The affinity propagation feature in WebGestaltR
214 was used to eliminate GO biological processes with highly overlapping member genes.

215
216 **Framingham Heart Study (FHS) replication:**
217 FHS is a multi-generational study to identify genetic and environmental factors affecting
218 cardiovascular and other diseases [40, 41]. We used the data on the FHS participants from
219 grandchildren and offspring spouse generation who attended examination 2 for replication
220 purposes [40, 41]. Across 11 studied traits, the participants ranged from $n = 2512$ to 3341 for
221 GWAS, $n = 1080$ to 1380 for TWAS, and $n = 921$ to 1233 for rare-variant analysis. Descriptive
222 statistics for all the traits and covariates can be found in File S3. We use the same pipeline
223 described in Fig 1 to replicate the LLFS results in the FHS population. Replication analysis was
224 done on genes that were significant in LLFS by CMA or by any of the CMA inputs: TWAS, GWAS,
225 or RVA. For each trait, a gene is replicated if it meets the Bonferroni significance threshold, which
226 is adjusted for the number of genes that were significant in the LLFS population in GWAS and
227 TWAS, or for the number of gene-category pairs of significant genes in CMA and STAAR. The
228 significance threshold used for GWAS, TWAS, RVA, and CMA for both LLFS and FHS can be
229 found in Table S3. A module is replicated if it is significantly enriched after applying Bonferroni

230 correction based on the number of significantly enriched modules across all traits in the LLFS
231 population.

232

233 **GWAS Catalog Search:**

234 We used NHGRI-EBI GWAS Catalog database (version: v1.0.2-associations_e109) [42] to check
235 if the gene-trait associations with suggestive/significant signals from GWAS, TWAS, RVA, and
236 CMA have a previously known trait-associated genome-wide significant variant within the 50 kb
237 region of the gene body. Genes matching this criterion are designated as “previously associated
238 in GWAS Catalog” throughout the paper. It is important to note that the presence of previously
239 known trait-associated variants in a 50kb region around the trait-associated gene’s body does not
240 necessarily establish a causal role for the gene on the trait. However, we use this broad criterion
241 to ensure that we classify genes with any hint of previous implication as “previously associated,”
242 minimizing the risk of incorrectly classifying them as novel findings.

243

244 **Results**

245

246 Figure 1 shows the flowchart of the multi-omics integration pipeline we used to identify genes and
247 biological processes affecting 11 cardiovascular-related traits. We implemented it as a Nextflow
248 workflow, which containerizes each process [24]. This greatly simplifies the maintenance of
249 software dependencies and enables easy deployment across various computing environments.
250 The complete pipeline documentation can be found at <https://nf-co.re/omicsgenetraitassociation/>.

251

252 **Gene-level aggregation of GWAS:**

253 File S3 shows the characteristics of study participants for covariates and 11 cardiovascular-
254 related traits for GWAS, TWAS, and RVA. We employed GWAS on all traits. Genomic inflation
255 factors (GIFs) for all traits (Table S1) indicate no systematic inflation, technical bias, or population
256 stratification. We then aggregated GWAS summary statistics to the gene level using PASCAL
257 [25]. After aggregation, GIFs range from = 1.07 to 1.21 (GIFs: Table S2). 30 gene-trait
258 associations were genome-wide significant across five traits – low-density lipoprotein (LDL, 9
259 genes), total cholesterol (TC, 7 genes), High-density lipoprotein (HDL, 4 genes), waist (1 gene),
260 and triglycerides (TG, 9 genes). 26 of these gene-trait pairs are previously associated in GWAS
261 Catalog [42]. We replicated 9/30 genome-wide significant gene-trait associations in the FHS
262 population using aggregated GWAS (Table S3). One of those genes for TG, *BUD13-DT* ($p = 2.25$
263 $\times 10^{-8}$), is not previously associated in GWAS Catalog. However, *BUD13-DT* is a divergent
264 transcript and shares 82 of the 83 genetic variants that are aggregated to the gene level with
265 *BUD13*. *BUD13* is previously associated in GWAS Catalog.

266

267 **Transcriptome-wide Association Study (TWAS)**

268 We conducted TWAS on the 11 traits. After using BACON [28] to correct for inflation when GIF >
269 1.10, the GIFs range from 1.01 to 1.16 (GIFs: Table S2). After Bonferroni correction, 77 gene-trait
270 associations were genome-wide significant across five traits – TC (5), BMI (21), HDL (21), FVC
271 (1), and TG (29) (Table S5). 9 of the 77 genes are previously associated in GWAS Catalog, and
272 57 of the 77 associations were replicated in the FHS population (Table S5, Table S10). The
273 direction of the effect matches between the LLFS and the FHS population for all 57 FHS-replicated
274 associations. Of 21 genes significant for HDL, 18 were also significant for TG. Consistent with the
275 inverse relationship between HDL and TG traits, the HDL and TG β -values had opposite signs for
276 all 18 genes. 50 of the 57 replicated gene-trait associations are not previously associated with the
277 corresponding traits in the GWAS Catalog [42]. Among 9 genes previously associated in GWAS
278 Catalog, 7 were replicated in FHS – *HCAR3* (BMI $p = 1.12 \times 10^{-8}$), *HCK* (BMI $p = 3.91 \times 10^{-7}$),
279 *SLC45A3* (HDL $p = 1.42 \times 10^{-15}$), *LINC02458* (HDL $p = 7.17 \times 10^{-15}$), *ABCG1* (HDL $p = 1.98 \times$

280 10^{-9}), *ENPP3* (HDL $p = 9.68 \times 10^{-9}$), and *ABCA1* (TG $p = 5.22 \times 10^{-9}$). These previously
281 associated genes in GWAS Catalog have GWAS Catalog reported trait-associated variant(s)
282 within the 50 kb region of the gene body. The genome-wide significance of these previously
283 associated genes after TWAS and their replication in the FHS population suggests a potential
284 role as mediators linking trait-associated variants to traits. For 3 of the 7 replicated TWAS genes
285 with trait-associated variants within 50 Kb, the variants are assigned to other, closer genes in the
286 GWAS Catalog. Our analysis suggests the following reassignments: rs3747973 from *NUCKS1*
287 and *Metazoa_SRP* to *SLC45A3*, rs2245133 from *MED23* to *ENPP3*, rs2245611 from *HCAR1* and
288 *DENR* to *HCAR3*, and rs6489191 from *KNTC1* and *HCAR2* to *HCAR3* [42].

289

290 **Rare variant analysis (RVA)**

291 We applied RVA on the same 11 traits using the STAAR package [19]. STAAR splits variants
292 into 10 functional categories and performs 10 variant set tests for each gene. The GIFs of all
293 110 STAAR-category-trait combinations (10 categories by 11 traits) range from 0.77 to 1.20
294 (GIFs: Table S2) After Bonferroni correction, we identified 194 unique gene-trait associations at
295 the genome-wide significant levels for ABI (13), LDL (2), TC (1), BMI (16), FEV1 (24),
296 FEV1/FVC (8), HDL (7), FVC (49), TG (2), pulse (3), and waist (69) (Table S6). 22/194 are
297 previously associated genes, and 5/194 associations were replicated in the FHS population
298 (Table S6, Table S10). *OR52A1* ($p = 2.56 \times 10^{-8}$) is genome-wide significant for ABI, was
299 replicated in FHS, and not previously associated in GWAS Catalog [42]. The low replication rate
300 in FHS may stem from LLFS's unique cohort enriched for exceptional longevity. Rare variants
301 unique to LLFS could drive the phenotype under study. One example is *NABP1* ($p = 2.12 \times$
302 10^{-8}), which is genome-wide significant for HDL in the upstream category. Two rare variants
303 upstream of this gene (rs10931513, rs10177406) have minor allele counts of 5 and are present
304 in the same group of individuals. GWAS on these variants for HDL shows that each one
305 individually has a suggestive p-value (betas = 2.02, $p < 8 \times 10^{-6}$). Other genes that are
306 significant in LLFS but not replicated in FHS warrant further investigation.

307

308

309

Genes	Trait	CMA p-value	GWAS catalog?	PASCAL p-value	TWAS p-value	RVA p-value	RVA category
<i>TOMM40</i>	LDL	4.9E-17	Yes	1.9E-12	7.9E-01	1.8E-17	synonymous
<i>TOMM40</i>	TC	2.7E-11	Yes	1.2E-06	2.8E-01	2.3E-10	synonymous
<i>ATG2A</i>	BMI	6.1E-08	No	1.8E-01	1.8E-07	7.5E-04	downstream
<i>AKAP12</i>	HDL	1.3E-11	No	1.0E-01	3.1E-16	NA	NA
<i>CETP</i>		1.6E-18	Yes	9.5E-22	8.8E-01	1.3E-11	missense
<i>CPA3</i>		3.4E-10	No	2.6E-01	6.2E-16	NA	NA
<i>FCER1A</i>		2.2E-08	No	6.6E-01	2.8E-16	NA	NA
<i>GATA2</i>		2.3E-11	No	5.5E-01	3.9E-21	NA	NA
<i>HERPUD1</i>		1.0E-11	Yes	8.7E-17	1.2E-01	NA	NA
<i>LINC02458</i>		1.0E-08	Yes	4.3E-01	7.2E-15	NA	NA
<i>MS4A2</i>		5.5E-11	No	1.5E-01	6.7E-16	NA	NA
<i>SLC45A3</i>		1.8E-12	Yes	7.9E-02	1.4E-15	1.4E-03	enhancer_DHS
<i>AKAP12</i>	TG	2.9E-27	No	4.7E-01	4.7E-53	NA	NA
<i>APOA5</i>		7.3E-08	Yes	2.2E-09	NA	4.5E-02	promoter_CAGE
<i>APOC3</i>		2.1E-11	Yes	8.0E-09	NA	1.0E-04	plof_ds
<i>CA8</i>		8.4E-11	No	3.8E-01	1.0E-20	4.8E-02	enhancer_CAGE
<i>CPA3</i>		3.6E-28	No	2.5E-01	8.2E-51	NA	NA
<i>ENPP3</i>		4.5E-13	No	1.5E-01	1.8E-26	1.7E-01	promoter_DHS
<i>FCER1A</i>		1.7E-18	No	8.6E-01	1.1E-41	NA	NA
<i>GATA2</i>		6.2E-35	No	3.4E-01	4.9E-66	NA	NA
<i>GCSAML</i>		9.8E-15	No	4.8E-01	7.9E-28	NA	NA
<i>HDC</i>		2.4E-28	No	3.7E-01	4.2E-67	4.4E-02	synonymous
<i>HRH4</i>		6.6E-10	No	3.7E-01	1.6E-16	2.0E-02	missense
<i>LINC02458</i>		3.6E-18	No	6.3E-01	6.5E-37	NA	NA
<i>LPL</i>		5.0E-08	Yes	4.0E-08	2.7E-01	5.4E-04	missense
<i>MS4A2</i>		3.1E-34	No	7.0E-03	2.2E-50	NA	NA
<i>MS4A3</i>		4.9E-18	No	6.8E-03	7.1E-23	NA	NA
<i>NTRK1</i>		2.3E-07	No	2.0E-01	1.0E-10	NA	NA
<i>SLC45A3</i>	3.1E-30	No	1.9E-01	7.5E-56	6.5E-05	enhancer_DHS	

310

311 **Table 1: Genes that are genome-wide significant after CMA and FHS-replicated.** 20/29
312 genes have not been previously associated with the trait in the GWAS Catalog. *TOMM40* for TC,
313 *ATG2A* for BMI, and *APOC3* for TG are more significant after CMA than after PASCAL, TWAS,
314 and RVA alone. *TOMM40* for LDL, *CETP* for HDL, and *APOC3*, *LPL*, and *SLC45A3* for TG have
315 suggestive or genome-wide significant p-values from more than one analysis. The remaining
316 genes are CMA-significant due to a highly significant p-value in one analysis.

317

318 **Correlated meta-analysis (CMA)**

319 After aggregating gene-level p-values from PASCAL, TWAS, and each category of RVA [22], we
320 obtained 10 category-specific p-values for each gene. The GIFs across all 110 category-trait
321 combinations ranged from 0.98 to 1.29 (GIFs: Table S2). After Bonferroni correction, we identified

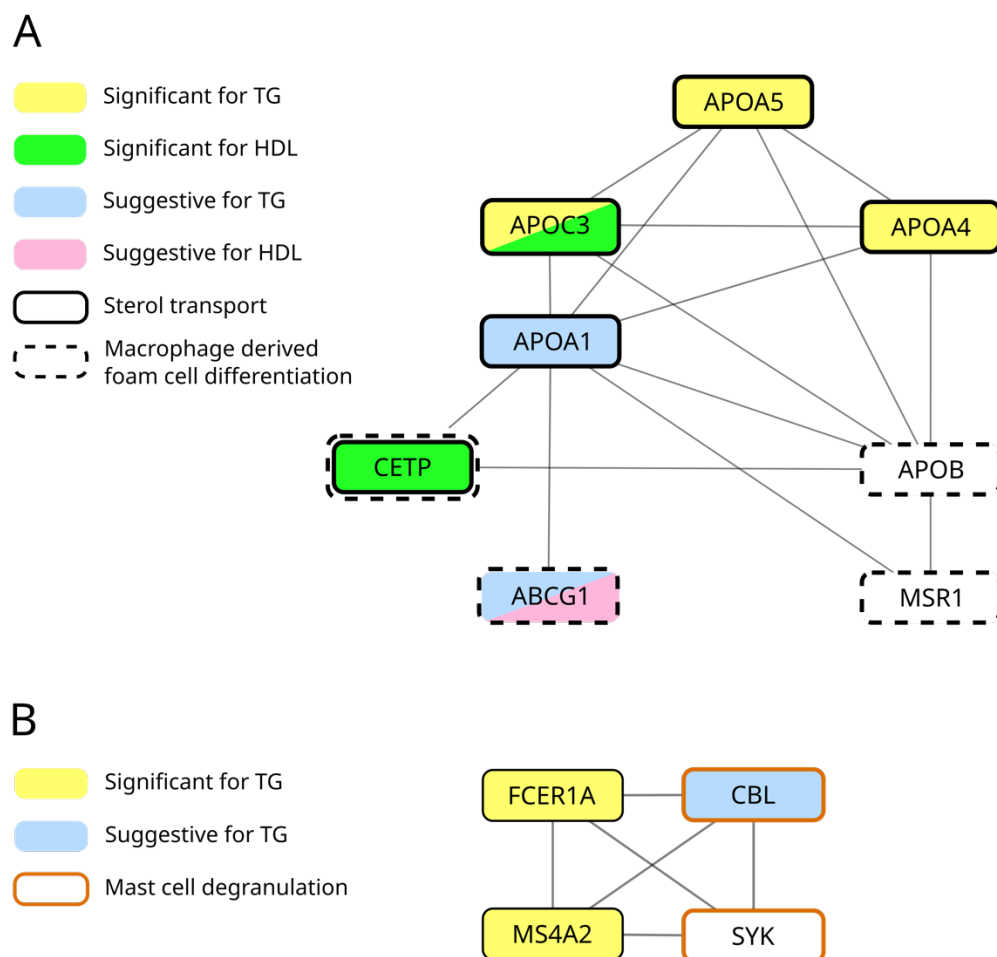
322 64 significant genes across 9 traits – LDL (6), TC (1), BMI (4), FEV1 (3), FEV1FVC (1), HDL (15),
 323 FVC (8), TG (23), and waist (3), of which 21 are previously associated genes (Table S7). Twenty-
 324 nine of 64 gene-trait associations were replicated in the FHS population, of which 9 genes are
 325 previously associated in the GWAS Catalog [42] (Table S7, Table S10). We identified 20 genes
 326 that were not previously associated and were replicated in the FHS population (Table 1), including
 327 14 for TG, 5 for HDL, and 1 for BMI.

328
 329 CMA accounts for the correlation between p-values from PASCAL, TWAS, and RVA outputs, but
 330 we observed minimal correlation between the TWAS output and PASCAL or RVA output. The
 331 absolute median tetrachoric correlation across all trait-category pairs ranges from 0.001 to 0.009
 332 for [TWAS, RVA] and from 0.004 to 0.017 for [TWAS, PASCAL]. The absolute median correlation
 333 across trait-category pairs is slightly higher between RVA and PASCAL, ranging from 0.02 to 0.05
 334 (Table S8).
 335

Enriched Module	Trait	Bonf. corrected p-value	FHS-Replicated	Most Significant Biological Process (BP)	FDR (GO BP)
cma-STRING-2	BMI	4.9E-02	No	T Cell Activation	0
cma-InWeb-5	BMI	1.3E-02	No	innate immune response activating signal transduction	1.1E-05
cma-InWeb-7	BMI	9.6E-03	No	immune response regulating signaling pathway	0
cma-InWeb-58	FEV1FVC	4.4E-03	No	regulation of canonical Wnt signaling pathway	0
cma-STRING-11	FVC	4.6E-02	No	Retinol metabolic process	2.4E-12
cma-STRING-188	FVC	3.3E-02	No	JAK STAT cascade	1.8E-11
cma-InWeb-7	HDL	1.5E-02	No	positive regulation of immune response	0
cma-STRING-104	HDL	3.5E-07	Yes	sterol transport	0
cma-InWeb-46	LDL	6.3E-04	No	protein lipid complex remodeling	4.9E-10
cma-InWeb-46	TC	4.8E-03	No	plasma lipoprotein particle remodeling	4.9E-10
cma-STRING-104	TG	6.7E-04	Yes	sterol transport	0
cma-STRING-193	TG	2.0E-05	Yes	positive regulation of immune response	0
cma-STRING-48	TG	4.0E-02	No	establishment of protein localization to organelle	0

336
337
338
339
340
341

Table 2: 13 modules that are significantly enriched for genes with low CMA p-values. cma-InWeb-46 is enriched for both LDL and TC. cma-STRING-104 is enriched for HDL and TG and is FHS-replicated. The most significant Gene Ontology (GO) biological processes across lipid traits are primarily lipid-related or immune-response-related.



342
343

Fig 2: Sub-modules within enriched modules. Genes with $P < 10^{-4}$ are annotated as suggestive. Module enrichment analysis identifies trait-related genes missed by association analysis. (A) Module cma-STRING-104 is enriched for both TG and HDL. *APOB* is not significant for TG but directly interacts with genes with suggestive or significant p-values for TG. *APOB* and *MSR1* participate in macrophage-derived foam cell differentiation with two genome-wide significant genes (*CETP* and *ABCG1*). (B) *SYK* is not genome-wide significant after CMA. *SYK* interacts with significant genes for TG, *FCER1A* and *MS4A2*, and participates in mast-cell degranulation.

352
353
354
355
356

The p-values from CMA were inputted to PASCAL's module enrichment analysis method, which identifies modules whose genes, as a group, have significantly lower p-values than would be expected by chance after Benjamin-Hochberg correction for the number of tested modules [25]. We used modules from the InWeb (physical) [38] and STRING (functional) [37] protein-protein

357 interaction (PPI) networks. We identified 13 enriched modules across 7 traits – LDL (1), TC (1),
358 BMI (3), FEV1FVC (1), HDL (2), FVC (2), and TG (3) (Table 2). Of the 13, 6 modules are in the
359 physical network and 7 are in the functional one. Three of 13 modules were replicated in FHS
360 (see Methods). One replicated STRING module (cma-STRING-104) is enriched for genes with
361 suggestive/significant p-values for both HDL and for TG. It contains three genome-wide significant
362 TG genes – *APOA5* ($p = 1.56 \times 10^{-15}$), *APOC3* ($p = 2.08 \times 10^{-11}$), and *APOA4* ($p = 1.56 \times 10^{-15}$),
363 of which *APOA5* and *APOC3* were replicated in FHS. The module also contains two genome-
364 wide significant HDL genes - *APOC3* ($p = 1.64 \times 10^{-8}$) and *CETP* ($p = 1.61 \times 10^{-18}$), of which
365 *CETP* was replicated (Fig 2a). Functional annotation of genes in this module showed a significant
366 over-representation of multiple biological processes. Notably, the top 5 most significant biological
367 processes are lipid-related – sterol transport, glycerolipid catabolism, protein-lipid complex
368 remodeling, phospholipid transport, and plasma lipoprotein particle assembly (Table S9). Another
369 FHS-replicated STRING module for TG contains two replicated genes for TG that are not
370 previously associated in GWAS Catalog – *MS4A2* ($p = 3.14 \times 10^{-34}$) and *FCER1A* ($p = 1.71 \times$
371 10^{-18}) along with *SYK* (not suggestive or significant) and *CBL* (suggestive). However, the
372 expression level of *MS4A2* and *FCER1A* has been associated with TG in two previous studies
373 [43, 44]. The over-represented biological processes for this module include immune-related
374 processes such as positive regulation of immune response, mast-cell degranulation, and T-cell-
375 activation (Fig 2b). The most significant biological processes for 7 other significantly enriched
376 lipid-related modules – LDL (1), TC (1), HDL (1), BMI (3), and TG (1), are primarily lipid-related
377 or immune-related processes (Table 2). The genes in enriched modules and over-represented
378 biological processes for enriched modules can be found in File S1.

379

380

381 Discussion

382

383 The value of correlated meta-analysis

384 Using correlated meta-analysis (CMA), we developed a strategy to integrate evidence from
385 GWAS, TWAS, and rare-variant analysis (RVA). The summary statistics from all four analyses
386 can be found in File S2. After CMA, we identified 64 genome-wide significant genes across 9
387 cardiovascular-related traits. Of 29 CMA-significant and FHS-replicated genes, *TOMM40* for TC,
388 *ATG2A* for BMI, and *APOC3* for TG (triglycerides) are more significant after CMA than in
389 PASCAL, TWAS, and RVA alone (Table 1). *TOMM40* for LDL, *CETP* for HDL, and *APOC3*, *LPL*,
390 and *SLC45A3* for TG have suggestive or genome-wide significant p-values from more than one
391 input analysis (Table 1). The rest of the genes have strong evidence from TWAS. Modestly
392 significant genes with support from only one of GWAS, TWAS, or RVA were filtered out by CMA.

393

394 Prior work using meta-analysis has primarily focused on integrating evidence from multiple GWAS
395 on different cohorts [45-47] or identifying shared/pleiotropic genetic effects across multiple traits
396 [36, 48]. Our approach integrates evidence from GWAS, TWAS, and RVA. Wang et al. 2020 [49]
397 performed a meta-analysis similar to ours by integrating methylation data (EWAS), TWAS, and
398 GWAS gene-level statistics. However, the TWAS and EWAS statistics came from a single cohort
399 without replication and the meta-analysis also did not account for the correlation between EWAS,
400 TWAS, and GWAS statistics from the same cohort. These are expected to be correlated because
401 genetic variants and methylation both affect gene expression [49].

402

403 Within the individual analyses, the replication rate in the FHS population for RVA (5/194) is lower
404 than for GWAS (9/30) or TWAS (57/77). The low replication rate for RVA is expected because
405 the FHS sub-population with whole genome sequencing and measured traits and covariates is

406 much smaller than the LLFS cohort (File S3). For the most significant functional categories of the
407 194 RVA-significant genes in LLFS, only ~4% (59 / 1530) of the variants are present and analyzed
408 in FHS.

409

410 **ATG2A and its link to obesity**

411 Autophagy-Related Protein 2 Homolog A (*ATG2A*) is a genome-wide significant gene ($p = 6.11 \times$
412 10^{-8}) for BMI after CMA and is replicated in FHS ($p = 1.5 \times 10^{-4}$). *ATG2A* is not previously
413 associated in the GWAS Catalog. The *ATG2A* protein plays a role in autophagosome formation,
414 regulation of lipid droplet morphology, and lipid-droplet dispersion during autophagy [50, 51]. In
415 vitro experiments have shown that low expression of *ATG2A* can disrupt normal autophagy.
416 Velikkakath et al. reported that silencing *ATG2A/ATG2B* via siRNA in HeLa cells leads to the
417 aggregation of large lipid droplets [50]. *ATG2A/ATG2B* double knockout in HEK293 cells led to
418 an incomplete autophagy process [51]. The association between the expression level of *ATG2A*
419 and BMI is genome-wide significant with a negative beta coefficient, which means higher
420 expression of *ATG2A* is associated with lower BMI ($\beta = -0.7$, $P = 1.8 \times 10^{-7}$). Obesity increases
421 the inhibition of autophagy [52], so the lower expression of *ATG2A*, a pro-autophagy gene, may
422 be a consequence of high BMI. On the other hand, increasing autophagy by genetic or
423 pharmacological mechanisms protects mice from obesity and sequelae such as insulin resistance
424 and fatty liver [52], so higher expression of *ATG2A* may protect against obesity and consequent
425 cardiovascular risk [53]. Indeed, autophagy regulation has been proposed as a therapy to reduce
426 the risk of obesity-associated cardiovascular diseases [54]. Thus, *ATG2A* may participate in a
427 positive feedback loop in which lower expression of *ATG2A* is both a cause and a consequence
428 of obesity.

429

430

431

432 **ENPP3: a potential mediator of TG-induced inflammation**

433 *ENPP3* is genome-wide significant ($p = 4.52 \times 10^{-13}$) for TG after CMA and replicated in FHS (p
434 $= 1.41 \times 10^{-11}$). It encodes ecto-nucleotide pyrophosphatase-phosphodiesterase 3, one of several
435 enzymes that hydrolyze extracellular ATP and thereby tamp down chronic inflammation [55].
436 Extracellular ATP is a powerful “alarmin” that signals cellular damage, activates immune cells,
437 and causes inflammation [55], a key element of atherosclerosis [56]. *ENPP3*^{-/-} mouse cells exhibit
438 lower ATP hydrolysis compared to WT cells [57]. The expression level of *ENPP3* is genome-
439 wide significant for TG with a negative coefficient ($\beta = -1.04$, $P = 1.75 \times 10^{-26}$) and the direction
440 of effect is the same in FHS. The expression level of *ENPP3* has been previously associated with
441 TG in two prior studies with the same direction of effect [43, 44]. A 2023 bidirectional Mendelian
442 randomization study found a significant effect of TG on *ENPP3* expression but no evidence for
443 reverse causation [43]. Thus, reduced expression of *ENPP3* and subsequent increase in
444 extracellular ATP concentration may be one of the mechanisms by which high TG induces
445 inflammation and promotes atherosclerosis [56].

446

447 **Role of mast cell functional genes in atherosclerosis risks**

448 *FCER1A*, *MS4A2*, *GATA2*, *HDC*, and *HRH4* are genome-wide significant for TG in LLFS CMA
449 and replicated in FHS. None of them has a TG-associated variant within 50k in the GWAS
450 Catalog. All 5 genes play a role in either mast-cell activation, mast-cell proliferation, or secretion
451 of pro-inflammatory markers [58-65]. Active mast cells affect atherosclerosis risks. In mice, local
452 activation of adventitial mast cells during atherogenesis increases plaque size, macrophage
453 apoptosis, vascular leakage, and intraplaque hemorrhage [66]. *FCER1A* and *HDC* have also been
454 experimentally linked to atherosclerosis. Homozygous deletion of *FCER1A* reduced
455 atherosclerosis in Apoe^{-/-} mice [61]. Similarly, *HDC*^{-/-} mice exhibited reduced atherosclerotic
456 lesions in an Apoe^{-/-} background [63]. Using Mendelian randomization, Dekkers et al. found a

457 significant effect of TG on all 5 genes but no evidence for reverse causation [43]. This is consistent
458 with the fact that elevated TG causes inflammation [67] and that these genes are pro-
459 inflammatory. Surprisingly, the association between TG and the expression of these pro-
460 inflammatory genes is not positive, as would be expected based on the inflammatory effect of
461 high TG levels. In fact, we see a significant negative association for all 5 genes (Table 1). The
462 expression level of these genes has been previously associated with TG in two different studies
463 with the same direction of effect [43, 44]. One explanation for the lack of a positive correlation
464 between TG and these pro-inflammatory genes is that we have measured gene expression in
465 whole blood, whereas inflammation associated with atherosclerosis occurs in plaques. However,
466 the existence of such a strong and consistent negative correlation between TG and the expression
467 of these genes is an intriguing mystery that demands further experimental investigation.

468
469 Module and GO enrichment analysis identified an additional gene, *SYK*, which may affect
470 atherosclerosis risk via a similar mechanism. *SYK* lies in an enriched TG-module (cma-STRING-
471 193) in which genes involved in mast-cell degranulation are significantly overrepresented (Fig 2b).
472 *SYK* directly interacts with *FCER1A* and *MS4A2*, two genes with known mast cell functions [58-
473 60]. An experimental study has shown that treating mice with *SYK* inhibitors significantly reduced
474 atherosclerosis lesions in atherosclerosis-prone mice [68]. This suggests that combined module
475 and GO analysis can identify important trait-related genes that are not genome-wide significant.

476 477 **A flexible and easy-to-use pipeline**

478 We introduced a multi-omics integration pipeline (Fig. 1) and provided a NextFlow implementation
479 that is easily run on a wide variety of platforms, from laptops to large compute clusters ([https://nf-
480 co.re/omicsgenetraitassociation/](https://nf-co.re/omicsgenetraitassociation/)). While we used our multi-omics integration approach to aggregate
481 signals from GWAS, TWAS, or RVA, our pipeline can also take in gene-level summary statistics from
482 epigenome-wide association studies (EWAS) [69]. While we used modules from the STRING and
483 InWeb PPI networks, our pipeline can also take in modules from other networks, such as those
484 linking transcription factors to their target genes. This flexibility makes the pipeline useful for a
485 wide range of research problems.

486
487 In the future, we plan to enhance the pipeline to address some limitations. Currently, we aggregate
488 variant-level statistics from GWAS to the gene level based on proximity to the gene. This could
489 be improved by aggregating variants in the genes' regulatory regions using publicly available
490 resources on regulatory regions and their target genes [70, 71]. The current meta-analysis
491 approach does not offer weighted aggregation of different input sources. This could be improved
492 by providing options to use various meta-analysis tools. The current implementation offers only
493 STAAR for rare variant analysis. This could be improved by offering other, less complex options.

494 495 **Declaration of interests:**

496
497 The authors declare no competing interests.

498 499 **Acknowledgments:**

500 We are grateful to the entire Long Life consortium, its participants, and its investigators, without
501 whom this work would not have been possible. We would particularly like to Dr. Bharat
502 Thyagarajan, Dr. Allison Kuipers, and Hannah Campbell for consultations on the 11
503 cardiovascular risk traits analyzed here. This work was supported grant AG063893 from the
504 National Institute on Aging.

505
506 The Framingham Heart Study is conducted and supported by the National Heart, Lung, and Blood
507 Institute (NHLBI) in collaboration with Boston University (Contract No. N01-HC-25195,

508 HHSN268201500001I and 75N92019D00031). This manuscript was not prepared in collaboration
509 with investigators of the Framingham Heart Study and does not necessarily reflect the opinions
510 or views of the Framingham Heart Study, Boston University, or NHLBI.

511

512 **Data and code availability:**

513 The code used to do all association analyses is available at [https://nf-](https://nf-co.re/omicsgenetraitassociation/)
514 [co.re/omicsgenetraitassociation/](https://nf-co.re/omicsgenetraitassociation/). The summary results from GWAS, TWAS, RVA, and CMA on
515 all 11 traits for the LLFS cohort are available in File S2. The input datasets have not been
516 deposited in public repositories due to data use constraints.

517

518 **References:**

519

520

521 1. Brooks-Wilson, A.R., *Genetics of healthy aging and longevity*. Hum Genet, 2013. **132**(12):
522 p. 1323-38.

523 2. Perls, T. and D. Terry, *Understanding the determinants of exceptional longevity*. Ann
524 Intern Med, 2003. **139**(5 Pt 2): p. 445-9.

525 3. Wojczynski, M.K., et al., *NIA Long Life Family Study: Objectives, Design, and Heritability*
526 *of Cross-Sectional and Longitudinal Phenotypes*. J Gerontol A Biol Sci Med Sci, 2022.
527 **77**(4): p. 717-727.

528 4. Newman, A.B., et al., *Health and function of participants in the Long Life Family Study: A*
529 *comparison with other cohorts*. Aging (Albany NY), 2011. **3**(1): p. 63-76.

530 5. Barter, P., et al., *HDL cholesterol, very low levels of LDL cholesterol, and cardiovascular*
531 *events*. N Engl J Med, 2007. **357**(13): p. 1301-10.

532 6. Miller, M., et al., *Triglycerides and cardiovascular disease: a scientific statement from the*
533 *American Heart Association*. Circulation, 2011. **123**(20): p. 2292-333.

534 7. Flint, A.J., et al., *Body mass index, waist circumference, and risk of coronary heart*
535 *disease: A prospective study among men and women*. Obes Res Clin Pract, 2010. **4**(3): p.
536 e163-246.

537 8. Ramalho, S.H.R. and A.M. Shah, *Lung function and cardiovascular disease: A link*. Trends
538 Cardiovasc Med, 2021. **31**(2): p. 93-98.

539 9. Korhonen, P.E., et al., *Ankle-brachial index is lower in hypertensive than in normotensive*
540 *individuals in a cardiovascular risk population*. J Hypertens, 2009. **27**(10): p. 2036-43.

541 10. Wyss, A.B., et al., *Multiethnic meta-analysis identifies ancestry-specific and cross-*
542 *ancestry loci for pulmonary function*. Nat Commun, 2018. **9**(1): p. 2976.

543 11. Shrine, N., et al., *New genetic signals for lung function highlight pathways and chronic*
544 *obstructive pulmonary disease associations across multiple ancestries*. Nat Genet, 2019.
545 **51**(3): p. 481-493.

546 12. Graham, S.E., et al., *The power of genetic diversity in genome-wide association studies of*
547 *lipids*. Nature, 2021. **600**(7890): p. 675-679.

548 13. Locke, A.E., et al., *Genetic studies of body mass index yield new insights for obesity*
549 *biology*. Nature, 2015. **518**(7538): p. 197-206.

550 14. Shungin, D., et al., *New genetic loci link adipose and insulin biology to body fat*
551 *distribution*. Nature, 2015. **518**(7538): p. 187-196.

- 552 15. Murabito, J.M., et al., *Association between chromosome 9p21 variants and the ankle-*
553 *brachial index identified by a meta-analysis of 21 genome-wide association studies.* *Circ*
554 *Cardiovasc Genet*, 2012. **5**(1): p. 100-12.
- 555 16. Evangelou, E., et al., *Genetic analysis of over 1 million people identifies 535 new loci*
556 *associated with blood pressure traits.* *Nat Genet*, 2018. **50**(10): p. 1412-1425.
- 557 17. Donnelly, P., *Progress and challenges in genome-wide association studies in humans.*
558 *Nature*, 2008. **456**(7223): p. 728-31.
- 559 18. Wu, M.C., et al., *Rare-variant association testing for sequencing data with the sequence*
560 *kernel association test.* *American Journal of Human Genetics*, 2011. **89**(1): p. 82-93.
- 561 19. Li, X., et al., *Dynamic incorporation of multiple in silico functional annotations empowers*
562 *rare variant association analysis of large whole-genome sequencing studies at scale.* *Nat*
563 *Genet*, 2020. **52**(9): p. 969-983.
- 564 20. Auer, P.L. and G. Lettre, *Rare variant association studies: considerations, challenges and*
565 *opportunities.* *Genome Med*, 2015. **7**(1): p. 16.
- 566 21. Report, T., *Dynamic incorporation of multiple in silico functional annotations empowers*
567 *rare variant association analysis of large whole- genome sequencing studies at scale.*
- 568 22. Province, M.A. and I.B. Borecki. *A correlated meta-analysis strategy for data mining*
569 *"OMIC" scans.* in *Pacific Symposium on Biocomputing*. 2013.
- 570 23. Wang, J., et al., *WebGestalt 2017: A more comprehensive, powerful, flexible and*
571 *interactive gene set enrichment analysis toolkit.* *Nucleic Acids Research*, 2017. **45**(W1):
572 p. W130-W137.
- 573 24. Ewels, P.A., et al., *The nf-core framework for community-curated bioinformatics*
574 *pipelines.* *Nat Biotechnol*, 2020. **38**(3): p. 276-278.
- 575 25. Lamparter, D., et al., *Fast and Rigorous Computation of Gene and Pathway Scores from*
576 *SNP-Based Summary Statistics.* *PLoS Computational Biology*, 2016. **12**(1).
- 577 26. Love, M.I., W. Huber, and S. Anders, *Moderated estimation of fold change and dispersion*
578 *for RNA-seq data with DESeq2.* *Genome Biology*, 2014. **15**(12): p. 1-21.
- 579 27. O'Connell, J. *Mixed Model Analysis for Pedigrees and Populations (MMAP)* [Github] 2017
580 08/01/2022]; Available from: <https://mmap.github.io/>.
- 581 28. van Iterson, M., et al., *Controlling bias and inflation in epigenome- and transcriptome-*
582 *wide association studies using the empirical null distribution.* *Genome Biology*, 2017.
583 **18**(1).
- 584 29. Morgenthaler, S. and W.G. Thilly, *A strategy to discover genes that carry multi-allelic or*
585 *mono-allelic risk for common diseases: a cohort allelic sums test (CAST).* *Mutat Res*,
586 2007. **615**(1-2): p. 28-56.
- 587 30. Li, B. and S.M. Leal, *Methods for detecting associations with rare variants for common*
588 *diseases: application to analysis of sequence data.* *Am J Hum Genet*, 2008. **83**(3): p. 311-
589 21.
- 590 31. Madsen, B.E. and S.R. Browning, *A groupwise association test for rare mutations using a*
591 *weighted sum statistic.* *PLoS Genet*, 2009. **5**(2): p. e1000384.
- 592 32. Morris, A.P. and E. Zeggini, *An evaluation of statistical approaches to rare variant*
593 *analysis in genetic association studies.* *Genet Epidemiol*, 2010. **34**(2): p. 188-93.
- 594 33. Liu, Y., et al., *ACAT: A Fast and Powerful p Value Combination Method for Rare-Variant*
595 *Analysis in Sequencing Studies.* *Am J Hum Genet*, 2019. **104**(3): p. 410-421.

- 596 34. Liu, Y. and J. Xie, *Cauchy combination test: a powerful test with analytic p-value*
597 *calculation under arbitrary dependency structures*. J Am Stat Assoc, 2020. **115**(529): p.
598 393-402.
- 599 35. Zhou, H., et al., *FAVOR: functional annotation of variants online resource and annotator*
600 *for variation across the human genome*. Nucleic Acids Res, 2023. **51**(D1): p. D1300-
601 D1311.
- 602 36. Feitosa, M.F., et al., *Genetic pleiotropy between pulmonary function and age-related*
603 *traits: The Long Life Family Study*. J Gerontol A Biol Sci Med Sci, 2022.
- 604 37. Szklarczyk, D., et al., *STRING v10: protein-protein interaction networks, integrated over*
605 *the tree of life*. Nucleic Acids Res, 2015. **43**(Database issue): p. D447-52.
- 606 38. Li, T., et al., *A scored human protein-protein interaction network to catalyze genomic*
607 *interpretation*. Nat Methods, 2017. **14**(1): p. 61-64.
- 608 39. Choobdar, S., et al., *Assessment of network module identification across complex*
609 *diseases*. Nature Methods, 2019. **16**(9): p. 843-852.
- 610 40. Splansky, G.L., et al., *The Third Generation Cohort of the National Heart, Lung, and Blood*
611 *Institute's Framingham Heart Study: design, recruitment, and initial examination*. Am J
612 Epidemiol, 2007. **165**(11): p. 1328-35.
- 613 41. Kannel, W.B., et al., *An investigation of coronary heart disease in families. The*
614 *Framingham offspring study*. Am J Epidemiol, 1979. **110**(3): p. 281-90.
- 615 42. Sollis, E., et al., *The NHGRI-EBI GWAS Catalog: knowledgebase and deposition resource*.
616 Nucleic Acids Res, 2023. **51**(D1): p. D977-D985.
- 617 43. Dekkers, K.F., et al., *Lipid-induced transcriptomic changes in blood link to lipid*
618 *metabolism and allergic response*. Nature Communications, 2023. **14**(1).
- 619 44. Inouye, M., et al., *An immune response network associated with blood lipid levels*. PLoS
620 Genet, 2010. **6**(9): p. e1001113.
- 621 45. Thompson, J.R., J. Attia, and C. Minelli, *The meta-analysis of genome-wide association*
622 *studies*. Brief Bioinform, 2011. **12**(3): p. 259-69.
- 623 46. Zeng, H., et al., *Meta-analysis of genome-wide association studies uncovers shared*
624 *candidate genes across breeds for pig fatness trait*. BMC Genomics, 2022. **23**(1): p. 786.
- 625 47. Kavvoura, F.K. and J.P.A. Ioannidis, *Methods for meta-analysis in genetic association*
626 *studies: A review of their potential and pitfalls*. Human Genetics, 2008. **123**(1): p. 1-14.
- 627 48. Zhang, Q., M. Feitosa, and I.B. Borecki, *Estimating and testing pleiotropy of single*
628 *genetic variant for two quantitative traits*. Genet Epidemiol, 2014. **38**(6): p. 523-30.
- 629 49. Wang, B., et al., *Integrative Omics Approach to Identifying Genes Associated With Atrial*
630 *Fibrillation*. Circ Res, 2020. **126**(3): p. 350-360.
- 631 50. Velikkakath, A.K., et al., *Mammalian Atg2 proteins are essential for autophagosome*
632 *formation and important for regulation of size and distribution of lipid droplets*. Mol Biol
633 Cell, 2012. **23**(5): p. 896-909.
- 634 51. Valverde, D.P., et al., *ATG2 transports lipids to promote autophagosome biogenesis*. J Cell
635 Biol, 2019. **218**(6): p. 1787-1798.
- 636 52. Namkoong, S., et al., *Autophagy Dysregulation and Obesity-Associated Pathologies*. Mol
637 Cells, 2018. **41**(1): p. 3-10.
- 638 53. Ortega, F.B., C.J. Lavie, and S.N. Blair, *Obesity and Cardiovascular Disease*. Circ Res, 2016.
639 **118**(11): p. 1752-70.

- 640 54. Castaneda, D., et al., *Targeting Autophagy in Obesity-Associated Heart Disease*. Obesity
641 (Silver Spring), 2019. **27**(7): p. 1050-1058.
- 642 55. Di Virgilio, F., A.C. Sarti, and R. Coutinho-Silva, *Purinergic signaling, DAMPs, and*
643 *inflammation*. Am J Physiol Cell Physiol, 2020. **318**(5): p. C832-C835.
- 644 56. Peng, X. and H. Wu, *Inflammatory Links Between Hypertriglyceridemia and*
645 *Atherogenesis*. Curr Atheroscler Rep, 2022. **24**(5): p. 297-306.
- 646 57. Tsai, S.H., et al., *The ectoenzyme E-NPP3 negatively regulates ATP-dependent chronic*
647 *allergic responses by basophils and mast cells*. Immunity, 2015. **42**(2): p. 279-293.
- 648 58. Turner, H. and J.P. Kinet, *Signalling through the high-affinity IgE receptor Fc epsilonRI*.
649 Nature, 1999. **402**(6760 Suppl): p. B24-30.
- 650 59. Galli, S.J. and M. Tsai, *IgE and mast cells in allergic disease*. Nat Med, 2012. **18**(5): p. 693-
651 704.
- 652 60. Wu, C., et al., *Single-cell transcriptomics reveals the identity and regulators of human*
653 *mast cell progenitors*. Blood Adv, 2022. **6**(15): p. 4439-4449.
- 654 61. Shi, G.P., I. Bot, and P.T. Kovanen, *Mast cells in human and experimental cardiometabolic*
655 *diseases*. Nat Rev Cardiol, 2015. **12**(11): p. 643-58.
- 656 62. Krystel-Whittemore, M., K.N. Dileepan, and J.G. Wood, *Mast Cell: A Multi-Functional*
657 *Master Cell*. Front Immunol, 2015. **6**: p. 620.
- 658 63. Wang, K.Y., et al., *Histamine deficiency decreases atherosclerosis and inflammatory*
659 *response in apolipoprotein E knockout mice independently of serum cholesterol level*.
660 Arterioscler Thromb Vasc Biol, 2011. **31**(4): p. 800-7.
- 661 64. Hofstra, C.L., et al., *Histamine H4 receptor mediates chemotaxis and calcium mobilization*
662 *of mast cells*. J Pharmacol Exp Ther, 2003. **305**(3): p. 1212-21.
- 663 65. Li, Y., et al., *The STAT5-GATA2 pathway is critical in basophil and mast cell differentiation*
664 *and maintenance*. J Immunol, 2015. **194**(9): p. 4328-38.
- 665 66. Bot, I., et al., *Perivascular mast cells promote atherogenesis and induce plaque*
666 *destabilization in apolipoprotein E-deficient mice*. Circulation, 2007. **115**(19): p. 2516-25.
- 667 67. Bernardi, S., et al., *The Complex Interplay between Lipids, Immune System and*
668 *Interleukins in Cardio-Metabolic Diseases*. Int J Mol Sci, 2018. **19**(12).
- 669 68. Hilgendorf, I., et al., *The oral spleen tyrosine kinase inhibitor fostamatinib attenuates*
670 *inflammation and atherogenesis in low-density lipoprotein receptor-deficient mice*.
671 Arterioscler Thromb Vasc Biol, 2011. **31**(9): p. 1991-9.
- 672 69. Rakyan, V.K., et al., *Epigenome-wide association studies for common human diseases*.
673 Nat Rev Genet, 2011. **12**(8): p. 529-41.
- 674 70. Gao, T. and J. Qian, *EnhancerAtlas 2.0: An updated resource with enhancer annotation in*
675 *586 tissue/cell types across nine species*. Nucleic Acids Research, 2020. **48**(D1): p. D58-
676 D64.
- 677 71. Fishilevich, S., et al., *GeneHancer: genome-wide integration of enhancers and target*
678 *genes in GeneCards*. Database : the journal of biological databases and curation, 2017.
679 **2017**: p. 1-17.
680