Clearance of an Influenza A Virus by CD4⁺ T Cells Is Inefficient in the Absence of B Cells

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The primary $CD8^+$ T-cell response protected most B-cell-deficient μ MT mice against intranasal infection with the HKx31 influenza A virus. Prior exposure did not prevent reinfection upon homologous challenge, and the recall $CD8^+$ T-cell response cleared the virus from the lung within 7 days. Depleting the $CD8^+$ T cells substantially reduced the capacity of these primed mice to deal with the infection, in spite of evidence for established $CD4^+$ T-cell memory. Thus, the control of this relatively mild influenza virus by both primary and secondary $CD4^+$ T-cell responses is relatively inefficient in the absence of B cells and $CD8^+$ T cells.

Influenza virus infection of the murine respiratory tract can be controlled by CD4⁺ or CD8⁺ T-cell-mediated processes, although the available evidence indicates that the $CD8^+$ set is more effective (2, 3, 5, 8, 27). Other viruses, such as lymphocytic choriomeningitis virus and the murine gammaherpesvirus 68, can be dealt with only by $CD8^+$ effectors (4, 13, 21). Clearance by the virus-immune CD8⁺ population has generally been considered to require cognate interaction between cytotoxic T lymphocytes (CTL) and virus-infected target cells (11, 13, 16, 28). However, recent analysis indicates that contact-dependent, perforin-mediated CTL activity is not necessary for the $CD8^+$ T-cell-mediated elimination of some viruses (7, 14). In addition, cytokines secreted (or induced) by $CD8^+$ T cells are apparently sufficient to suppress a hepatitis virus transgene expressed in mouse liver (9, 10). As a consequence, other than for the lymphocytic choriomeningitis virus model (13), there is currently no consensus on the mode of action of virus-immune CD8⁺ effector T cells.

The same is true for the CD4⁺ subset. Virus-specific CD4⁺ CTL can be detected in CD8⁺ T-cell-deficient mice, although this population is not normally found in intact animals (12, 20). However, adoptive transfer experiments with bone marrow chimeras that express major histocompatibility complex (MHC) class II glycoproteins in the lymphoid compartment (but not on radiation-resistant lung cells) indicate that the immune CD4⁺ T cells and the virus-infected respiratory epithelium do not need to make direct contact (25). Protection of these chimeric mice might thus be mediated either via cytokines secreted locally (23) as a consequence of the CD4⁺ T effectors encountering MHC class II+, bone marrow-derived, antigen-presenting cells in the pneumonic lung (25) or by CD4⁺ T-helper (Th) cells for virus-specific immunoglobulin (Ig) production in the lymphoid tissue (19, 22). The present experiments addressed the issue by analyzing the efficacy of the virus-immune CD4⁺ T-cell response in Ig $-/-\mu MT$ (15) mice depleted of CD8⁺ T cells prior to primary or secondary challenge with the HKx31 (H3N2) influenza A virus (1, 12). Previous experiments have shown that these Ig -/- mice develop a strong HKx31-specific CD4⁺ T-cell response and that Th precursor (Thp) cells persist in the long term (24).

Primary infection of CD8-depleted µMT mice. The µMT mice (15) backcrossed to a C57BL/6 (B6) $(H-2^b)$ background were supplied from a breeding colony established at St. Jude Children's Research Hospital. The B6 controls were purchased directly from Jackson Laboratory (Bar Harbor, Maine). Groups of 8- to 12-week-old female mice were anesthetized and infected intranasally (i.n.) with 240 hemagglutinating units (HAU) of the HKx31 influenza A virus (1). Some were depleted of CD8⁺ T cells by intraperitoneal treatment with monoclonal antibody (MAb) 2.43 commencing 3 days prior to virus challenge and again at 2- to 3-day intervals throughout the course of the experiments (12). Positive and negative controls were given an irrelevant rat Ig MAb instead of 2.43 or were additionally depleted with MAb GK1.5 to CD4 (1). Both the efficacy of the in vivo depletions and the appropriate dilutions of the MAbs were analyzed (26) in two-color mode on a FACScan with Cell Quest software (Becton Dickinson, Mountain View, Calif.) as follows. Single-cell suspensions of lympho-



FIG. 1. Virus clearance profiles following secondary i.n. challenge with 240 HAU of the HKx31 influenza A virus. The μ MT mice were all infected i.n. with the HKx31 virus at 6 weeks of age and then challenged i.n. by the same regimen 60, 180, or 270 days later (see Table 2, experiments 2 to 4). There was no obvious difference between the efficacy of priming for the three groups. The lungs were removed after a further 4 or 7 days and homogenized, and virus titers were determined as log_{10} 50% egg infective doses following endpoint titration in the allantoic cavity of embryonated hen's eggs (23). The panels present the virus titration results for rat Ig-treated μ MT mice (A), CD8-depleted μ MT mice (B), and CD4 and CD8 doubly depleted μ MT mice (C). As a positive control for virus infection, previously uninfected B6 mice were depleted of both CD4⁺ and CD8⁺ T cells (D). Each symbol represents one animal. Two of the four doubly depleted μ MT mice that were to have been assayed at day 15 after infection died before they could be sampled.

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FIG. 2. Flow cytometric analysis of CD8⁺ T-cell-depleted μ MT and B6 mice at 7 days after i.n. challenge with the HKx31 influenza A virus. Mice that had recovered from an identical influenza virus infection 2 months previously were treated with the MAb 2.43 against CD8, given at 2- to 3-day intervals commencing 3 days prior to infection. Pooled BAL samples and single-cell MLN suspensions were obtained from three mice and stained with conjugated MAbs against Thy1.2 (PE-53-2.1) and B220 (FITC–RA3-6B2), CD4 (PE–RM-4-5) and CD8 (FITC–53-6.72), or CD4 and CD62L (biotin–MEL-14 and then streptavidin red 670) prior to two-color flow cytometric analysis in a FACScan. The percentages of stained lymphocytes in the respective quadrants are given. Estimates of virus-specific CD4⁺ T-cell numbers in the MLN samples from these mice are presented in Table 2 (experiment 4).

cytes were blocked with 10% normal mouse serum and then stained with phycoerythrin (PE)-conjugated anti-CD4 (RM-4-5) or fluorescein isothiocyanate (FITC)-conjugated anti-CD8 α (53-6.72). The activation statuses (6, 24) of the CD4⁺ T cells were assessed by determining the level of CD62L expression (with biotin Mel-14 and then streptavidin red 670). All of the flow cytometry reagents were purchased from Pharmingen (San Diego, Calif.). At the time of sampling, the mice were again anesthetized and bled from the axilla, and single-cell suspensions were made from pooled samples (three or more) or individual mediastinal lymph node (MLN), cervical lymph node (CLN), and spleen samples. Individual lungs were removed, frozen, thawed, homogenized, and clarified by gentle centrifugation prior to determining virus titers by allantoic inoculation into embryonated hen's eggs (1).

Elimination of the CD8⁺ T cells greatly increased the susceptibility of the μ MT (but not the B6) mice to primary infection with the HKx31 influenza A virus, with only two of eight surviving in a separate group that was left until day 21 after infection (Table 1). Many of the CD8-depleted μ MT mice in three other experiments also died before they could be sampled at the later time points. All of those that were still alive at

day 21 were moribund, although no virus was detected in three of seven lung homogenates. None of the μ MT mice that were depleted of both T-cell subsets were able to terminate the infection, but both the rat Ig-treated and the CD8-depleted B6 mice all cleared the virus within 21 days. Any protection conferred by primary CD4⁺ T cells acting in the absence of antibody and the CD8⁺ subset was thus minimal.

Virus clearance during the secondary response. The extreme susceptibility of these CD8-depleted μ MT mice to primary HKx31 infection caused us to turn instead to the secondary response. Intact μ MT mice were infected i.n. with the HKx31 virus, rested for at least 2 months, and then challenged i.n. with the same dose of virus following the administration of a control rat Ig (Fig. 1A) or MAb treatment (1, 12) to eliminate the CD8⁺ (Fig. 1B) or CD4⁺ and CD8⁺ T cells (Fig. 1C). Naive B6 mice were also depleted of both T-cell populations (Fig. 1D) and challenged at the same time, together with HKx31-primed, CD8-depleted B6 mice. Flow cytometry profiles illustrating both the lack of B220⁺ B cells in the μ MT mice and the efficacy of CD8⁺ T-cell depletion in the MLN and bronchoalveolar lavage (BAL) populations (1) are shown in the first two panels of Fig. 2.

TABLE 1. Virus clearance from the lungs of MAb-depleted μMT and B6 mice

Day ^a	No. of animals that were negative/no. sampled after the following treatments ^b :									
	Rat	Ig	Anti-CD8		Anti-CD4 + anti-CD8					
	μMT	B6	μMT	B6	μMT	B6				
4	0/3	0/3	0/3	0/3	0/3	0/3				
7	1/7	0/3	0/7	2/7						
10	1/4	3/3	1/4	2/3						
14	0/3	3/3	0/3	1/3						
21	9/9	6/6	4/7	9/9	0/2	0/3				
Mortality	1/4	0/5	6/8	0/5	1/3	2/5				

^{*a*} Days after i.n. infection with 240 HAU of the HKx31 influenza A virus. The presence of virus in homogenized lung samples from individual mice was determined by measuring hemagglutination subsequent to allantoic inoculation into embryonated hen eggs (1). Mortality data are from a separate set of experimental animals that was not sampled prior to day 21.

^b Data are from three separate experiments. Each animal was injected intraperitoneally with MAb 2.43 (anti-CD8) or GK1.5 (anti-CD4) or a rat Ig control on days -3, 0, 2, 4, 7, 9, 11, 14, 16, and 18 relative to infection (1, 12).

The virus titration results for day 4 (Fig. 1A, B, and C) show that the level of infection established in the antibody-negative, immune μ MT mice was little different from that found following primary exposure (Fig. 1D). However, while 6 of 6 intact μ MT mice cleared the HKx31 virus within a week (Fig. 1A), this was not the case for 16 of 20 CD8-depleted μ MT mice assayed between days 7 and 15 after infection (Fig. 1B). Even so, the virus titers in these secondarily challenged μ MT mice depleted of the CD8⁺ effector population (Fig. 1B and 2) were much more variable than those in primed μ MT mice and naive B6 mice lacking both T-cell subsets (Fig. 1C and D). The highly activated (6, 24) CD4⁺ CD62L^{low} population that could be shown by BAL in the respiratory tracts of the CD8-depleted μ MT mice (Fig. 2) may exert some variable measure of control (Fig. 1B).

Assaying the CD4⁺ T-cell response. Virus-specific CD4⁺ Thp cell frequencies were measured by LDA, as described in detail previously (6, 24). Briefly, the $CD4^+$ T cells were enriched by first incubating spleen and lymph node populations with MAbs against MHC class II (TIB120) and CD8 (53-6.72), followed by exposure to sheep anti-mouse or anti-rat Ig-coated Dynabeads (Dynal, Oslo, Norway) to deplete the positive cells with a magnet. Flow cytometric analysis established that 85 to 95% of the remaining cells routinely stained with the PEconjugated RM-4-5 MAb against CD4 (Pharmingen). These enriched CD4⁺ T cells were cultured under LDA conditions for 96 h with virus-infected or uninfected antigen-presenting cells (APCs). The APCs were prepared from irradiated B6 spleen cells subsequent to the removal of all T cells by complement lysis following incubation with the MAb AT83 against Thy1.2. Microcultures were considered positive when the level of stimulation for the indicator CTLL line (by [³H]thymidine incorporation) was more than three times the standard deviation of the mean for CTLL cells maintained in medium alone.

The absence of B cells and associated germinal centers resulted in a 10-fold decrease in the size of the μ MT spleen (24), which in turn reduced the total virus-specific Thp cell numbers compared with those of the B6 controls (Table 2, experiments 1 and 4). This effect has been described previously and is associated with a tendency for HKx31-specific CD4⁺ memory T cells to localize to the μ MT regional lymph nodes rather than (as is normally the case) to the spleen (24). Depleting the CD8⁺ subset (Fig. 1) did not obviously modify either the primary (Table 2, experiment 1) or the secondary (experiments 2 and 3) CD4⁺ T-cell response. Furthermore, there was no evidence for any transient exhaustion (18) of the virus-specific Thp set comparable to that observed previously for the diminished CD8⁺ CTL precursor cell population in CD4⁺ T-celldeficient, MHC class II -/- mice (17). Even when the CD8⁺ subset is absent, the CD4⁺ T cells in the lymph nodes are not consumed (17, 18) in an attempt to provide an alternative effector population. Thus, the failure of the CD4⁺ T-cell effector mechanism(s) to deal reproducibly with influenza virus in the CD8-depleted μ MT mice (Table 1; Fig. 1B) was not due to a defect in total Thp cell numbers (Table 2) or to any lack of activation of the CD4⁺ set that had localized to the lung (Fig. 2).

The present analysis establishes that the capacity of clonally expanded CD4⁺ T cells (Table 2) to deal with an influenza A virus in the absence of CD8⁺ T cells and Ig-secreting B cells is both limited and variable (Table 1; Fig. 1B). This may reflect the fact that the various components of the immune system generally work in concert to terminate respiratory virus infections (17, 19, 22). Activated CD8⁺ T cells are normally the predominant lymphocytes in the virus-infected lung (1, 26).

TABLE 2. Quantitation of the CD4⁺ T-cell response

Expt no. and mouse strain	Days after virus challenge ^a		CD8	No. of virus-specific Thp cells ^b			
	Pri- mary	Secon- dary	depietion	CLN	MLN	Spleen	Total
1							
μMT	7		+	ND	3,018	2,571	5,589
·			_	ND	1,484	2,813	4,297
	10		+	ND	7,106	14,336	21,442
			_	ND	1,778	4,507	6,285
B6	7		+	ND	632	22,308	22,940
	10		+	ND	1,026	46,683	47,709
2							
μMT	180		_	336	6,161	8,486	14,983
·	180	3	_	5,967	2,022	6,218	14,207
	180	4	-	4,563	2,620	4,501	11,684
3							
μMT	270		_	4,294	7,119	1,303	12,716
·	270	4	_	841	2,197	2,510	5,548
	270	4	+	778	214	1,762	2,754
	270	7	_	1,741	1,580	12,296	15,617
	270	7	+	3,334	1,828	1,617	6,779
4							
μMT	60	7	+	9,376	8,985	12,748	31,109
$B6^d$	60	7	+	7,154	297	118,406	125,857

^{*a*} All mice were infected i.n. with 240 HAU of the HKx31 influenza virus. This was repeated for the secondary challenge.

^b The numbers of CD4⁺ T cells responding to uninfected and influenza virusinfected APCs were calculated by dividing the CD4⁺ T-cell counts for each organ by the respective frequencies determined by LDA (6, 24). The values for uninfected APCs were subtracted from the values for influenza virus-infected APC. ND, not done.

^c Prior to and during primary (experiment 1) or secondary (experiments 2, 3, and 4) challenge with HKx31, the mice received intraperitoneal injections of MAb 2.43 against CD8 or a rat Ig control 3 days prior to infection, at the time of infection, and every 2 to 3 days thereafter until the conclusion of the experiment (1).

^d The input virus would presumably have been neutralized immediately by circulating antibody (19, 22) in these immunologically intact mice.

The major role of the $CD4^+$ subset in the murine influenza virus model may be to provide the lymphokines that promote both Ig production (19, 22) and the proliferation of the virus-specific $CD8^+$ effectors (17, 23, 27).

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