




# Impact of *AML1/ETO* Fusion on the Efficacy of Venetoclax Plus Hypomethylating Agents in Newly Diagnosed Acute Myeloid Leukemia

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## Abstract

**Background** *AML1/ETO* fusion confers favorable prognosis in acute myeloid leukemia (AML) treated with intensive chemotherapy (IC). However, the impact of *AML1/ETO* fusion on the efficacy of venetoclax in the treatment of AML is unclear.

**Objective** The aim of this study was to evaluate the efficacy of venetoclax plus hypomethylating agents (VEN/HMAs) in patients with *AML1/ETO*-positive AML.

**Patients and Methods** Patients with newly diagnosed AML in two centers were reviewed and divided into three cohorts: *AML1/ETO*-positive AML treated with frontline VEN/HMA (Cohort A), *AML1/ETO*-negative AML treated with frontline VEN/HMA (Cohort B), or *AML1/ETO*-positive AML treated with frontline IC (Cohort C). The response and survival were compared between the cohorts.

**Results** A total of 260 patients were included in the study. Patients in Cohort A had a significantly lower overall response rate (ORR) than patients in Cohort B (40.9% vs 71.2%,  $p = 0.005$ ). The median event-free survival (EFS) in Cohort A and Cohort B was 2.7 months and 7.7 months, respectively, with no significant difference. The ORR and median EFS in Cohort C were 80.8% and 14.9 months, respectively, which were significantly superior to those in Cohort A, and the advantages remained significant after propensity score matching. ORR and EFS in *KIT*-mutated patients with *AML1/ETO*-positive AML receiving VEN/HMA were much inferior to those in *KIT* wild-type patients (ORR 0.0% vs 81.8%,  $p = 0.001$ ; EFS 1.2 months vs not reached,  $p < 0.001$ ).

**Conclusions** Newly diagnosed AML patients with *AML1/ETO* fusion had a poor response to frontline VEN/HMA treatment. When determining induction therapy for patients with *AML1/ETO*-positive AML, IC should be preferred over VEN/HM.

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## Key Points

Patients with newly diagnosed acute myeloid leukemia (AML) with *AML1/ETO* fusion had a poor response to frontline venetoclax plus hypomethylating agents (VEN/HMAs).

*KIT* mutations were associated with poor prognosis in *AML1/ETO*-positive AML patients treated with frontline VEN/HMA.

## 1 Introduction

*AML1/ETO* fusion has been found in approximately 8% of newly diagnosed adult acute myeloid leukemia (AML), and approximately 90% of patients with *AML1/ETO* fusion have the French-American-British (FAB) AML-M2 subtype [1, 2]. *AML1/ETO*-positive AML had a high complete remission (CR) rate and prolonged survival, especially following consolidation chemotherapy with high-dose cytarabine [3, 4]. Venetoclax (VEN) is an oral BCL-2 inhibitor that was approved in 2018 by the US Food and Drug Administration. The combination of venetoclax with hypomethylating agents (HMAs) showed promising efficacy in AML and has been adopted as a new standard for older patients or those unfit for chemotherapy [5–8]. Because of the good prognosis of *AML1/ETO*-positive AML with intensive chemotherapy (IC), few patients received VEN/HMA therapy, and the efficacy of VEN/HMA on *AML1/ETO*-positive AML has not been reported in the literature. In the 3 years since 2019, China has borne the impact of coronavirus disease 2019 (COVID-19). To reduce the likely fatal injury caused by COVID-19, some ‘fit’ patients received VEN/HMA as first-line treatment, providing additional records of *AML1/ETO*-positive AML treated with VEN/HMA. We performed a retrospective study to analyze the impact of *AML1/ETO* fusion on the efficacy of VEN/HMA treatment in newly diagnosed AML and compare the outcomes of VEN/HMA and IC in patients with *AML1/ETO*-positive AML.

## 2 Patients and Methods

### 2.1 Study Design and Participants

Adult patients (aged  $\geq 18$  years) who were newly diagnosed with AML at the First Affiliated Hospital of Zhejiang University School of Medicine and Ningbo Medical Center Li huili Hospital from January 2020 to June 2023 were reviewed. Patients were divided into three cohorts: *AML1/ETO*-positive AML treated with frontline VEN/HMA therapy (Cohort A), *AML1/ETO*-negative AML treated with frontline VEN/HMA therapy (Cohort B), or *AML1/ETO*-positive AML treated with frontline IC (Cohort C). Venetoclax should be taken for at least 14 days per course. HMAs included azacytidine and decitabine. IC included cytarabine + daunorubicin/idarubicin, cytarabine + homoharringtonine  $\pm$  aclacinomycin, and cladribine-based regimens. Patients were required to accept at least one cycle of therapy and were followed up to a response assessment or death. The following patients were

excluded: (a) patients with acute promyelocytic leukemia; (b) patients who received prior venetoclax therapy; and (c) patients for whom the treatment strategy was changed when a partial response was achieved after one cycle of induction therapy.

The baseline and clinical characteristics were collected, including age, sex, Eastern Cooperative Oncology Group performance status (ECOG PS), type of HMAs in patients receiving VEN/HMA therapy, bone marrow blast percentage at diagnosis, FAB categories [9], secondary AML, European LeukemiaNet (ELN) 2022 risk groups [10], targeted PCR-based sequencing of somatic mutations (including *KIT* mutations, FLT ITD/TKD mutations, *TP53* mutations, *DNMT3A* mutations, and *TET2* mutations), salvage therapies after refractory or progressive disease, and allogeneic hematopoietic stem cell transplantation (allo-HSCT) in the following treatment. The differences in baseline characteristics were compared between Cohort A and Cohort B and between Cohort A and Cohort C.

### 2.2 Outcomes

The overall response rate (ORR) included CR, CR with incomplete recovery of blood counts, and morphologic leukemia-free state, and measurable residual disease (MRD) negativity was defined as  $<0.1\%$  of CD45-expressing cells with the target immunophenotype according to ELN guidelines [10]. Event-free survival (EFS) was defined as the time from the start of therapy to refractory disease, progression, or death. Overall survival (OS) was defined as the time from the start of therapy to death.

### 2.3 Statistical Analysis

Absolute numbers and percentages were used for categorical variables, and the difference between groups was analyzed by the chi-square test or Fisher’s exact test. EFS and OS were evaluated by the Kaplan–Meier method with the log-rank test. A propensity score matching (PSM) method [11] with a 1:1 matching ratio via nearest neighbor and a caliper width of 0.05 was conducted to adjust the imbalanced baseline characteristics.  $p$ -Values  $\leq 0.05$  were considered statistically significant. SPSS v.25 statistical software was used for analyses, and GraphPad Prism was used for graphing.

### 2.4 Differential Expressing Genes Analysis

RNA-seq datasets (BEATAML1.0-COHORT and TCGA-LAML) and simple nucleotide variation (SNV) datasets (TCGA-LAML and GENIE-UHN) were downloaded from GDC (Genomic Data Commons Data Portal: <https://portal.gdc.cancer.gov/>). Patients with *PML/RARA* fusion were excluded from analysis. Differential expressing

genes were performed with R package DESeq2 1.40.2 between *AML1/ETO*-positive and -negative patients [12]. R package clusterProfiler 4.8.3 was used for pathway analysis [13]. *AML1/ETO* fusion information was collected from clinical data provided by GDC. SNV files were handled with R packages maftools 2.16.0 [14].

### 3 Results

#### 3.1 Patient Characteristics

Between January 2020 and June 2023, 161 newly diagnosed AML patients received frontline VEN/HMA treatment,

among whom 22 patients had *AML1/ETO* fusion. Baseline characteristics are listed in Table 1. All *AML1/ETO*-positive AML patients treated with VEN/HMA (Cohort A) were in the ELN 2022 favorable risk group, while 57% of *AML1/ETO*-negative patients treated with VEN/HMA (Cohort B) were in the ELN 2022 adverse risk group ( $p < 0.001$ ). Patients in Cohort A had more concomitant *KIT* mutations (50% vs 3.6%,  $p < 0.001$ ) and fewer concomitant *DNMT3A* mutations (0.0% vs 29.5%,  $p = 0.003$ ) than those in Cohort B. In addition, patients in Cohort A were likely to be younger than those in Cohort B, but the difference was not significant. Other characteristics between the two cohorts were similar.

**Table 1** Baseline characteristics of patients

	<i>AML1/ETO</i> -positive AML with VEN/HMA (Cohort A, $n = 22$ )	<i>AML1/ETO</i> -negative AML with VEN/HMA (Cohort B, $n = 139$ )	$p$ value*	<i>AML1/ETO</i> -positive AML with IC (Cohort C, $n = 99$ )	$p$ value#
Age, y			0.054		<0.001
< 65	13 (59.1%)	52 (37.4%)		92 (92.9%)	
≥ 65	9 (40.9%)	87 (62.6%)		7 (7.1%)	
Sex			0.178		0.086
Male	8 (36.4%)	72 (51.8%)		56 (56.6%)	
Female	14 (63.6%)	67 (48.2%)		43 (43.4%)	
ECOG PS			0.669		0.003
≤ 2	10 (45.5%)	70 (50.4%)		76 (76.8%)	
> 2	12 (54.5%)	69 (49.6%)		23 (23.2%)	
Type of HMA			0.533		–
Azacitidine	19 (86.4%)	126 (90.6%)			
Decitabine	3 (13.6%)	13 (9.4%)			
Bone marrow blast			0.145		0.284
< 50%	13 (59.1%)	59 (42.4%)		46 (46.5%)	
≥ 50%	9 (40.9%)	80 (57.6%)		53 (53.5%)	
FAB-M5	6 (27.3%)	56 (40.3%)	0.244	26 (26.3%)	0.923
Secondary AML	1 (4.5%)	28 (20.1%)	0.141	2 (2.0%)	0.455
ELN 2022 risk group			<0.001		1.000
Favorable	22 (100%)	34 (24.5%)		91/95 (95.8%)	
Intermediate	0 (0.0%)	25 (18.0%)		1/95 (1.1%)	
Adverse	0 (0.0%)	80 (57.6%)		3/95 (3.2%)	
Missing	0	0		4	
<i>KIT</i> mutation	11 (50%)	5 (3.6%)	<0.001	47/95 (49.5%)	0.965
<i>FLT3-ITD/TKD</i> mutation	4 (18.2%)	25 (18.0%)	1.000	13/95 (13.7%)	0.839
<i>TP53</i> mutation	0 (0.0%)	20 (14.4%)	0.120	1/95 (1.1%)	1.000
<i>ASXL1</i> mutation	4 (18.2%)	21 (15.1%)	0.958	10/95 (10.5%)	0.527
<i>DNMT3A</i> mutation	0 (0.0%)	41 (29.5%)	0.003	2 (2.1%)	1.000
<i>TET2</i> mutation	1 (4.5%)	20 (14.4%)	0.351	8 (8.4%)	0.864
Salvage therapy	14/16 (87.5%)	74/95 (84.1%)	0.587	42/53 (79.2%)	0.707
Allo-HSCT	3 (13.6%)	19 (13.7%)	1.000	38 (38.4%)	0.027

*Allo-HSCT* allogeneic hematopoietic stem cell transplantation, *AML* acute myeloid leukemia, *HMA* hypomethylating agent, *IC* intensive chemotherapy, *ECOG PS* Eastern Cooperative Oncology Group performance status, *ELN* European LeukemiaNet, *FAB* French, American, and English, *VEN* venetoclax

\*Comparison between Cohort A and Cohort B

#Comparison between Cohort A and Cohort C

During the same study period, we included 99 patients who had *AML1/ETO*-positive AML and received frontline IC therapy in Cohort C. Four patients in Cohort C had no information on concomitant gene mutations and were unable to be classified into European ELN 2022 risk groups. Patients in Cohort C were younger ( $p < 0.001$ ) and had better performance status ( $p = 0.003$ ) than those in Cohort A. Furthermore, a greater proportion of patients underwent allo-HSCT during follow-up in Cohort C than in Cohort A (38.4% vs 12.6%,  $p = 0.027$ ). Other characteristics between Cohort A and Cohort C were similar (Table 1).

### 3.2 Outcomes of Patients Treated with VEN/HMA According to *AML1/ETO* Fusion Status

When treated with frontline VEN/HMA, patients with *AML1/ETO*-positive AML had a significantly lower ORR than patients with *AML1/ETO*-negative AML (40.9% vs 71.2%,  $p = 0.005$ ), as well as a lower MRD-negative rate (36.4% vs 66.9%,  $p = 0.006$ ). The 60-day mortality rates were similar in the two cohorts. The ORR of salvage therapy for patients who were primarily resistant to frontline therapy or relapsed after remission was 64.3% in *AML1/ETO*-positive AML and 44.9% in *AML1/ETO*-negative AML, with no significant difference (Fig. 1a). Of the 11 patients who were primarily resistant to VEN/HMA, 8 (72.7%) patients responded to the follow-up salvage chemotherapy. The median EFS and OS in *AML1/ETO*-positive AML patients were 2.7 months and not reached, respectively, which were not significantly different from those in *AML1/ETO*-negative patients (Fig. 1b, c).

*AML1/ETO*-positive AML patients were all in the ELN 2022 favorable risk group, while most *AML1/ETO*-negative AML patients were in the ELN 2022 adverse risk group, which may lead to bias in survival. Thus, we further analyzed the treatment outcomes of patients in the ELN 2022 favorable risk group, including 22 patients with *AML1/ETO*-positive AML and 34 patients with *AML1/ETO*-negative AML. The ORR was 97.1% and the MRD-negative rate was 91.2% in *AML1/ETO*-negative AML patients with an ELN favorable risk, which were both much higher than those in *AML1/ETO*-positive AML patients (Fig. 1d). The median EFS in *AML1/ETO*-positive AML patients with ELN favorable risk was significantly shorter than that in *AML1/ETO*-negative AML patients (2.7 months vs 14 months,  $p = 0.003$ , Fig. 1e). The median OS in *AML1/ETO*-negative patients with an ELN favorable risk was 20.5 months, with no significant difference compared with that in *AML1/ETO*-positive patients (Fig. 1f).

We also compared the 22 *AML1/ETO*-positive patients with the normal karyotype subgroup of the 139 *AML1/ETO*-negative patients receiving VEN/HMA. The ORR was 73.8% and the MRD-negative rate was 68.2% in *AML1/*

*ETO*-negative AML patients with normal karyotype, which were much higher than those in *AML1/ETO*-positive AML patients (Fig. 1g). No significant differences were found in EFS and OS between the two groups (Fig 1h, i).

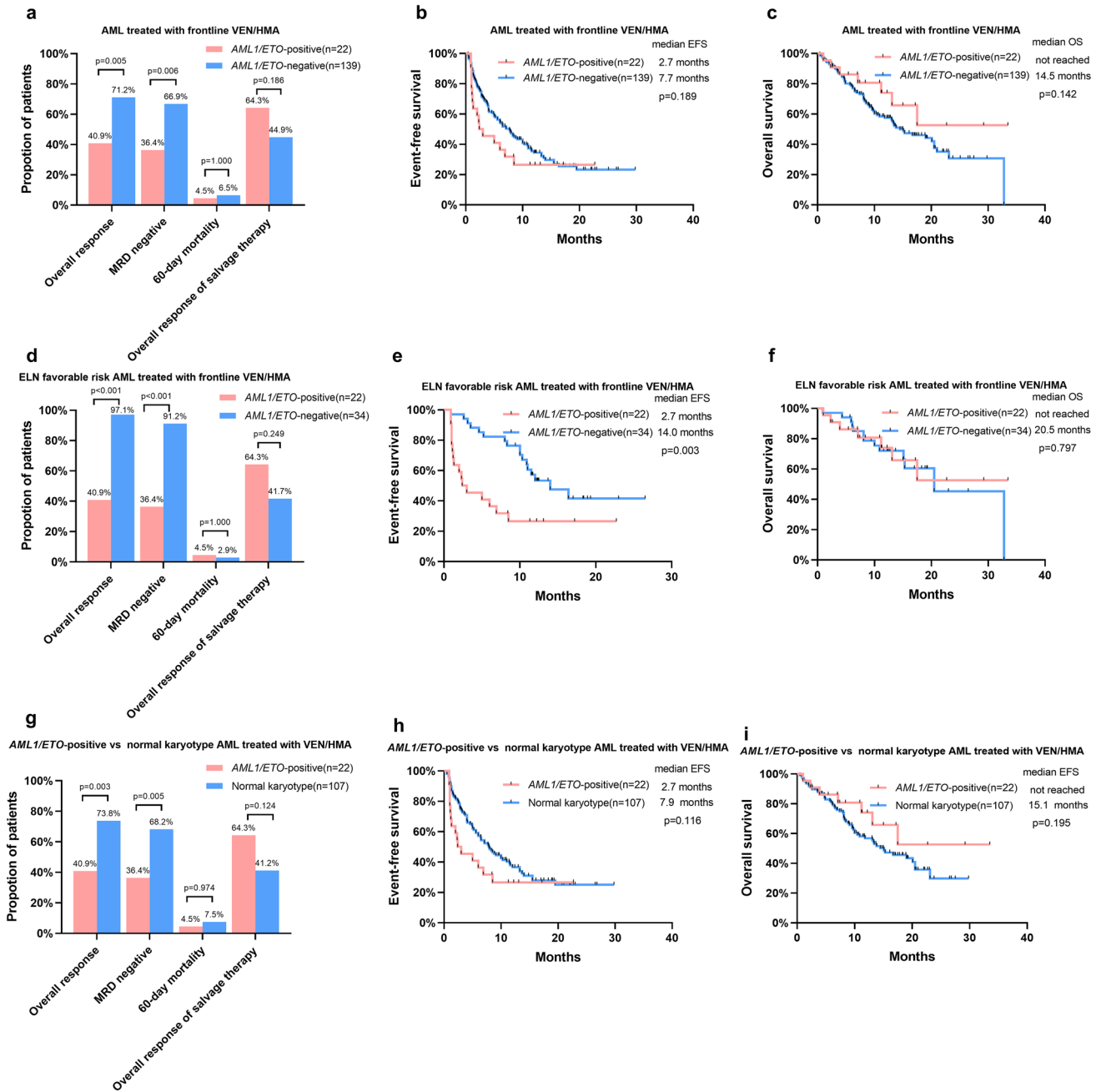
### 3.3 Outcomes of Patients with *AML1/ETO*-Positive AML According to Frontline Treatment Strategies

We analyzed the response and survival of *AML1/ETO*-positive patients treated with frontline VEN/HMA ( $n = 22$ ) or frontline IC ( $n = 99$ ). The ORR and MRD-negative rate in *AML1/ETO*-positive AML patients treated with frontline IC were 80.8% and 78.8%, respectively, which were much higher than those in *AML1/ETO*-positive patients treated with frontline VEN/HMA ( $p < 0.001$ ; Fig. 2a). The 60-day mortality and ORR of salvage therapy were similar in the two cohorts (Fig. 2a). The median EFS in patients treated with VEN/HMA was significantly shorter than that in patients treated with IC (2.7 months vs 14.9 months,  $p = 0.003$ ; Fig. 2b). The median OS in both cohorts was not reached, with no significant difference ( $p = 0.070$ , Fig. 2c).

However, there were significant differences in the baseline characteristics, such as age, performance status, and follow-up allo-HSCT, between patients treated with VEN/HMA and patients treated with IC. Thus, we analyzed the outcomes of patients after propensity matching for age, ECOG PS and follow-up HSCT. After PSM, 40 patients, including 20 patients with frontline VEN/HM treatment, were matched by a 1:1 matching ratio, and all the baseline characteristics were similar between the two matched cohorts (Table 2). The response and EFS in the propensity-matched VEN/HMA cohort were significantly inferior to those in the propensity-matched IC cohort (ORR 40.0% vs 90.0%,  $p = 0.001$ ; MRD-negative rate 35.5% vs 85.0%,  $p = 0.001$ ; median EFS 2.4 months vs 14.0 months,  $p = 0.029$ ; Fig. 2d and e). No significant OS differences were found between the two propensity-matched cohorts (Fig. 2f).

### 3.4 Subgroup Analysis Stratified by *KIT* Mutation Status

*KIT* mutations have been reported to be associated with a poor prognosis in core binding factor (CBF)-AML patients receiving IC [15–18]. We therefore performed analyses stratified by *KIT* mutation status. We first analyzed the impact of *KIT* mutations on the outcomes of patients with *AML1/ETO*-positive AML receiving VEN/HMA. The ORR and EFS in *KIT*-mutated patients with *AML1/ETO*-positive AML receiving VEN/HMA were much inferior to those in *KIT* wild-type patients (ORR 0.0% vs 81.8%,  $p = 0.001$ ; EFS 1.2 months vs not reached,  $p < 0.001$ , Table 3, Fig. 3a). OS between the two cohorts was not significantly different (Fig. 3b).

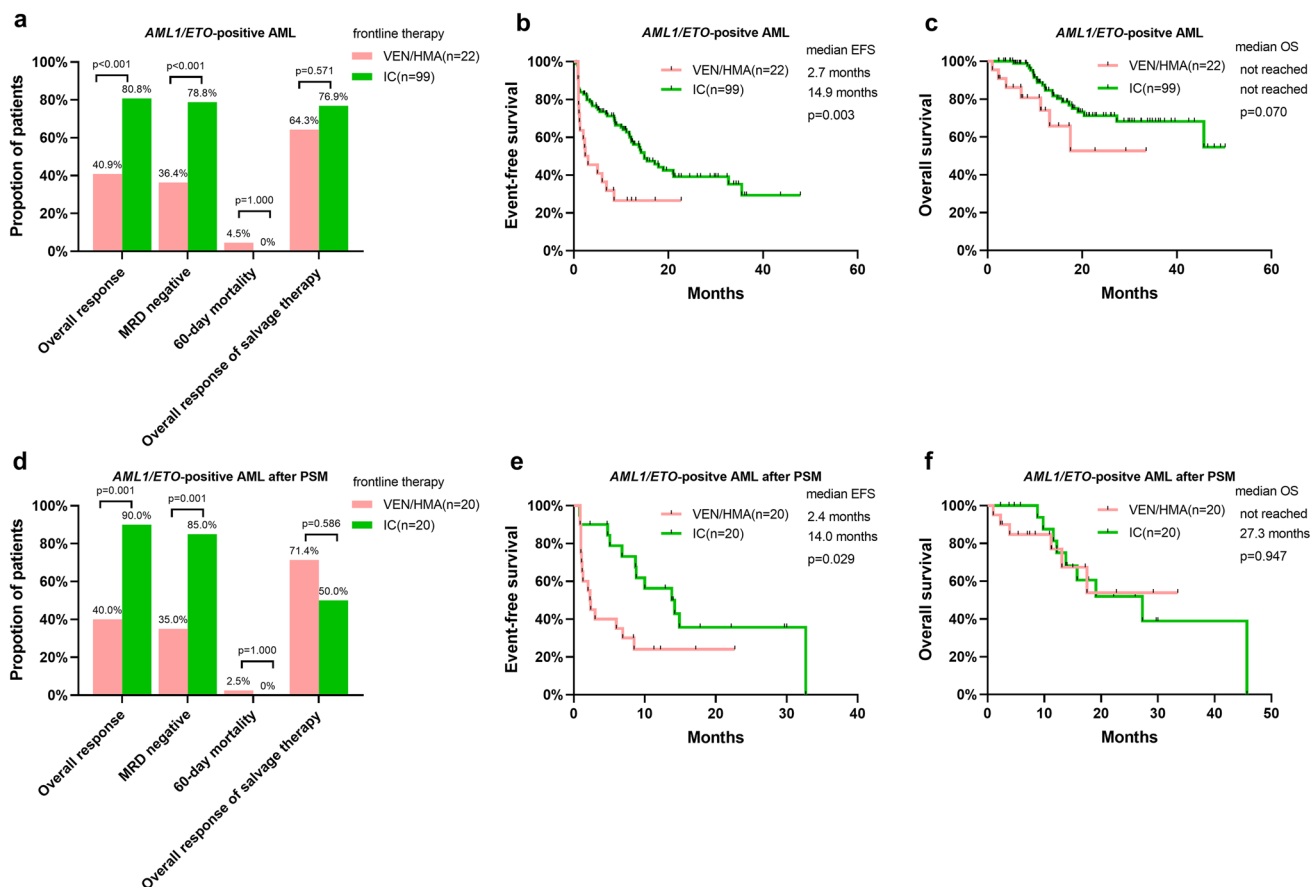


**Fig. 1** Outcomes in patients treated with frontline VEN/HMA according to *AML1/ETO* fusion status. **a** Response and early death, **b** EFS, and **c** OS in all patients. **d** Response and early death, **e** EFS, and **f** OS in patients in the ELN favorable risk group. **g** Response and early death, **h** EFS, and **i** OS in *AML1/ETO*-positive patients and

patients with normal karyotype. *AML* acute myeloid leukemia, *EFS* event-free survival, *ELN* European LeukemiaNet, *HMA* hypomethylating agent, *MRD* measurable residual disease, *OS* overall survival, *VEN* venetoclax

We then conducted subgroup analysis by *KIT* mutation status. In *KIT* wild-type patients treated with frontline VEN/HMA, no significant differences in ORR and EFS were found between patients with *AML1/ETO*-positive AML and *AML1/ETO*-negative AML (ORR 81.8% vs 70.8%,  $p = 0.708$ ; median EFS not reached vs 7.1

months,  $p = 0.190$ ; Table 3, Fig. 4a). In *KIT*-mutated patients treated with frontline VEN/HMA, the ORR and EFS for patients with *AML1/ETO*-positive AML were significantly worse than those for *AML1/ETO*-negative AML (ORR 0.0% vs 60.0%,  $p = 0.018$ ; median EFS 1.2



**Fig. 2** Outcomes in patients with *AML1/ETO*-positive AML according to frontline treatment strategies. **a** Response and early death, **b** EFS and **c** OS in all patients. **d** Response and early death, **e** EFS, and **f** OS in patients after propensity score matching for age, Eastern Cooperative Oncology Group performance status and follow-up allo-

genic hematopoietic stem cell transplantation. *AML* acute myeloid leukemia, *EFS* event-free survival, *HMA* hypomethylating agent, *IC* intensive chemotherapy, *MRD* measurable residual disease, *OS* overall survival, *VEN* venetoclax

months vs 10.0 months,  $p = 0.011$ ; Table 3, Fig. 4c). In *AML1/ETO*-positive AML without *KIT* mutations, no significant differences in ORR and EFS were found between patients treated with VEN/HMA and IC (Table 3, Fig. 4e). In *AML1/ETO*-positive AML with concomitant *KIT* mutations, the ORR and EFS for patients treated with VEN/HMA were significantly worse than those for patients treated with IC (ORR 0.0% vs 78.7%,  $p < 0.001$ ; median EFS 1.2 months vs 12.1 months,  $p < 0.001$ ; Table 3, Fig. 4g). The OS between cohorts was not significantly different (Fig. 4b, d, f, h).

### 3.5 Different Gene Expressing Analysis, Pathway Analysis and SNV Analysis of Patients with AML in Datasets

VEN/HMA did not show a satisfactory efficacy for patients with *AML1/ETO*-positive AML. We analyzed open-source

RNA-seq datasets and SNV datasets to explore the reason for poor results in these patients. The differential expressing genes analysis showed that *AML1/ETO*-positive patients expressed significantly lower *BCL2* than *AML1/ETO*-negative patients (Fig. 5a), which indicated low dependency on *BCL2* of *AML1/ETO*-positive patients. Meanwhile, *AML1/ETO*-positive patients expressed higher *CD34/CD117* and lower *CD33/CD11b*, which indicated less differentiation (Fig. 5a). Gene set enrichment analysis shows the down-regulation of the mitochondrion morphogenesis pathway in the BEATAML data set (Fig. 5b).

Concomitant gene mutations in patients with and without *AML1/ETO* fusion are shown in Fig. 5c. Unfortunately, the differences in gene mutations between *AML1/ETO*-positive patients and *AML1/ETO*-negative patients were not significant, which may be the result of a small sample size of *AML1/ETO*-positive patients. We paid special attention to the mutations in genes involved in DNA methylation such

**Table 2** Baseline characteristics of patients with *AML1/ETO*-positive AML after propensity score matching

	<i>AML1/ETO</i> -positive AML treated with VEN/ HMA ( <i>n</i> = 20)	<i>AML1/ETO</i> -positive AML treated with IC ( <i>n</i> = 20)	<i>p</i> value
Age			1.000
< 65	13 (65.0%)	13 (65.0%)	
≥ 65	7 (35.0%)	7 (35.0%)	
Sex			0.337
Male	7 (35.0%)	10 (50.0%)	
Female	13 (65.0%)	10 (50.0%)	
ECOG PS			0.752
≤ 2	10 (50.0%)	11 (55.0%)	
> 2	10 (50.0%)	9 (45.0%)	
Bone marrow blast			0.525
< 50%	12 (60.0%)	10 (50.0%)	
≥ 50%	8 (40.0%)	10 (50.0%)	
FAB-M5	6 (30.0%)	4 (20.0%)	0.465
Secondary AML	1 (5.0%)	1 (5.0%)	1.000
ELN 2022 risk group			
Favorable	20 (100%)	18 (100%)	
Intermediate	0 (0.0%)	0 (0.0%)	
Adverse	0 (0.0%)	0 (0.0%)	
Missing	0	2	
<i>KIT</i> mutation	10 (50.0%)	11/18 (61.1%)	0.492
<i>FLT-ITD/TKD</i> mutation	4 (20.0%)	1/18 (5.6%)	0.404
<i>TP53</i> mutation	0 (0.0%)	0/18 (0.0%)	
<i>ASXL1</i> mutation	4 (20.0%)	2/18 (11.1%)	0.761
<i>DNMT3A</i> mutation	0 (0.0%)	1/18 (5.6%)	0.474
<i>TET2</i> mutation	1 (5.0%)	3/18 (16.7%)	0.522
Salvage treatment	14/15 (93.3%)	8/12 (66.7%)	0.203
Allo-HSCT	3 (15.0%)	5 (25.0%)	0.693

*Allo-HSCT* allogeneic hematopoietic stem cell transplantation, *AML* acute myeloid leukemia, *HMA* hypomethylating agent, *IC* intensive chemotherapy, *ECOG PS* Eastern Cooperative Oncology Group performance status, *ELN* European LeukemiaNet, *FAB* French, American, and English, *VEN* venetoclax

**Table 3** Overall response rates for patients

	<i>AML1/ETO</i> -positive AML with VEN/HMA	<i>AML1/ETO</i> -negative AML with VEN/HMA	<i>p</i> Value *	<i>AML1/ETO</i> -positive AML with IC	<i>p</i> Value #
<i>KIT</i> wild-type	9/11 (81.8%)	96/134 (71.6%)	0.708	40/48 (83.1%)	1.000
<i>KIT</i> -mutated	0/11 (0.0%)	3/5 (60.0%)	0.018	37/47 (78.7%)	<0.001
<i>p</i> Value <sup>§</sup>	0.001	0.951			

*AML* acute myeloid leukemia, *HMA* hypomethylating agent, *IC* intensive chemotherapy, *VEN* venetoclax

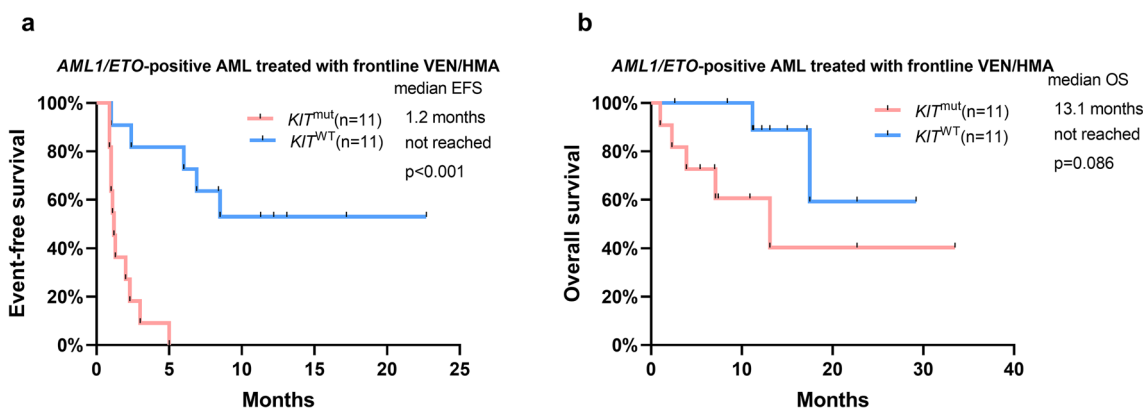
\*Comparison between *AML1/ETO*-positive AML with VEN/HMA and *AML1/ETO*-negative AML with VEN/HMA

#Comparison between *AML1/ETO*-positive AML with VEN/HMA and *AML1/ETO*-positive AML with IC

§Comparison between *KIT* wild-type group and *KIT*-mutated group

as *DNMT3A* and *TET2*. The analysis showed that although lacking statistical significance, relatively fewer patients with *AML1/ETO* fusion had *DNMT3A* mutations compared with patients without *AML1/ETO* fusion (8.3% vs 17.9%,

$p = 0.287$ ). The probabilities of *TET2* mutations were similar in *AML1/ETO*-positive patients and *AML1/ETO*-negative patients (16.7% vs 12.3%,  $p = 0.527$ , Fig. 5d).



**Fig. 3** **a** EFS and **b** OS in *AML1/ETO*-positive patients treated with frontline VEN/HMA according to *KIT* mutation status. *AML* acute myeloid leukemia, *EFS* event-free survival, *HMA* hypomethylating agent, *OS* overall survival, *VEN* venetoclax

## 4 Discussion

*AML1/ETO*-positive AML patients usually have a good prognosis following intensive chemotherapy, but there is still a subset of patients who are ‘unfit’ for IC. The combination of venetoclax and hypomethylating agents has been an effective strategy for ‘unfit’ AML. However, the assessment of ‘fitness’ is imperfect, and the determination of ‘fit’ or ‘unfit’ for IC is somewhat subjective and may be influenced by many factors [19, 20]. For instance, during the COVID-19 epidemic, the emphasis on low-intensity therapies made it possible for ‘fit’ patients to receive VEN/HMA therapy [21]. Therefore, it is necessary to understand the impact of VEN/HMA in AML patients with *AML1/ETO* fusion and determine whether *AML1/ETO*-positive AML prefers IC or VEN/HMA.

To our knowledge, this is the first cohort study to report the efficacy of VEN/HMA treatment in patients with *AML1/ETO*-positive AML. Our study suggested that patients with *AML1/ETO*-positive AML had a significantly lower ORR with VEN/HMA frontline therapy than those who had *AML1/ETO*-negative AML, and they also had a significantly shorter EFS after being balanced for ELN risk. Moreover, for *AML1/ETO*-positive AML, the ORR and EFS were worse in patients treated with frontline VEN/HMA than in those treated with frontline IC.

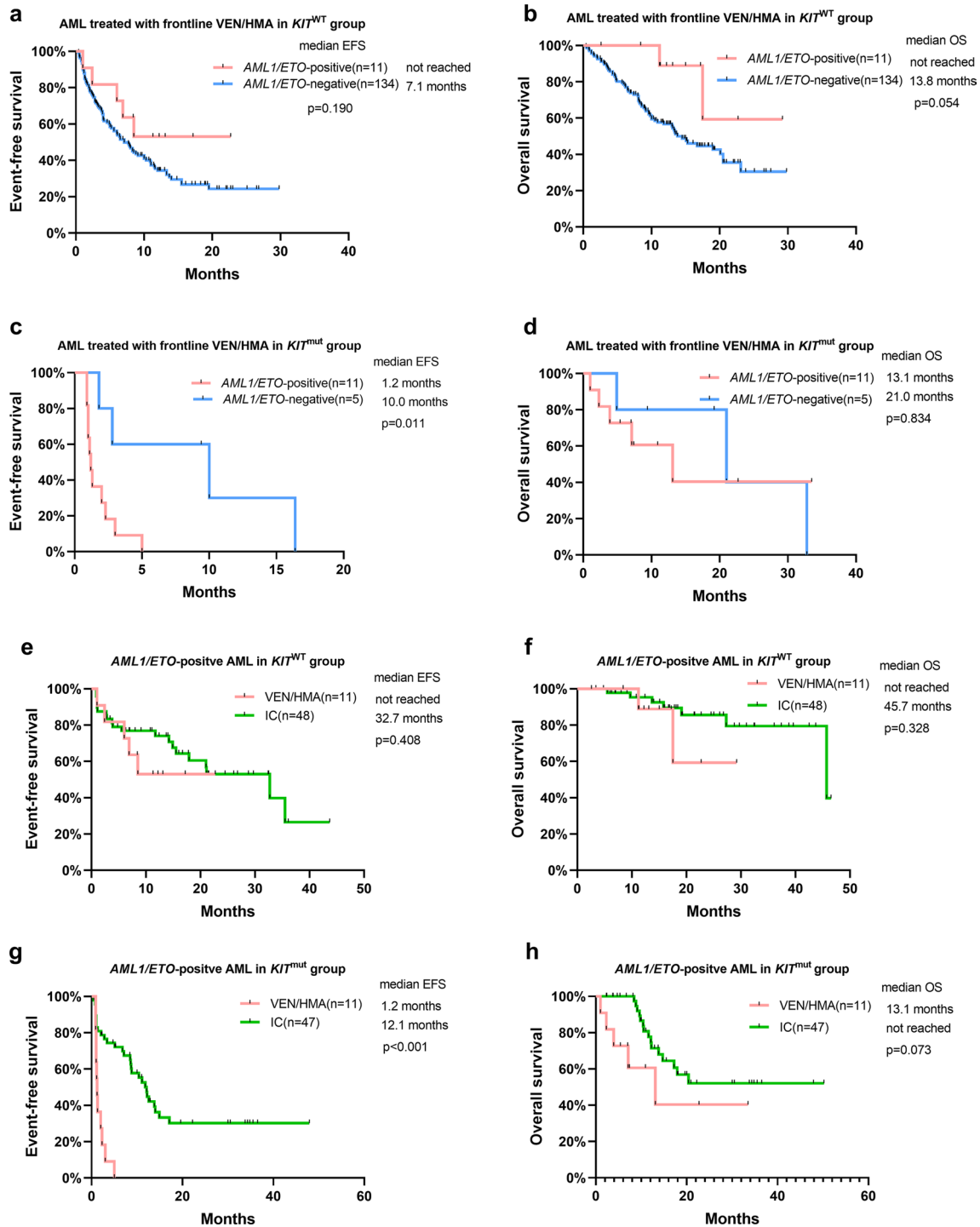
In this study, most patients who relapsed or were refractory to VEN/HMA received intensive salvage chemotherapies, and 64.3% of them reached complete remission with a prolonged duration of response. Moreover, intensive salvage chemotherapy can still achieve a high response rate in *AML1/ETO*-positive patients with primary resistance to VEN/HMA. These results suggested that *AML1/ETO*-positive AML patients who failed VEN/HMA therapies still have a good prognosis after salvage treatments with IC, which

may be one of the reasons explaining the lack of significant differences in overall survival between cohorts.

*KIT* mutations were found in 12.8–46.8% of *AML1/ETO*-positive AML [15, 22]. In patients with *AML1/ETO*-positive AML, *KIT* mutations were associated with poor survival [16]. In our study, similar to previous data from intensive therapies, *KIT* mutations were associated with lower ORR and shorter EFS in *AML1/ETO*-positive AML patients treated with frontline VEN/HMA. The subgroup analysis showed that in the *KIT*-mutated subgroup, *AML1/ETO* positivity had a significant effect on the poor response and survival of AML patients treated with frontline VEN/HMA, while the effect was not significant in the *KIT* wild-type subgroup. Of the 11 patients with coexisting *AML1/ETO* fusion and *KIT* mutations who were treated with frontline VEN/HMA, none achieved CR, suggesting that VEN/HMA therapies should be used with great caution in this subgroup of patients. The analysis is subject to some bias because of the small sample size. Further studies with larger sample sizes are needed to confirm the results.

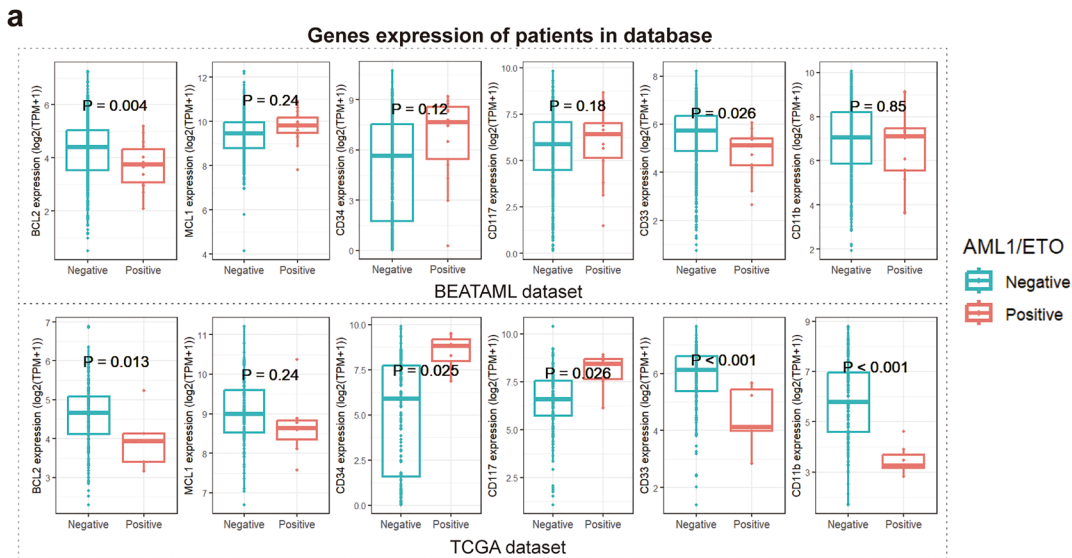
Resistance to venetoclax arises through various mechanisms, including dysregulation of BCL-2 family apoptotic proteins, p53 inactivation, activating kinase mutations, and altered mitochondrial structure [23, 24]. Database analysis in our study showed that *AML1/ETO*-positive patients have lower BCL2 expression and down-regulation of the mitochondrion morphogenesis pathway, which may lead to resistance to venetoclax. Previous studies have showed that AML with mature differentiation (such as monocytic AML) primarily relies on MCL-1 for survival instead of BCL-2 and is more resistant to venetoclax than primitive AML [25, 26]. However, *AML1/ETO*-positive patients presented less differentiation, indicating that the resistance is not due to the blast maturation state. Previous studies have shown that activating kinase mutations play an important role in venetoclax resistance [24]. *FLT3* mutations and mutations that activate



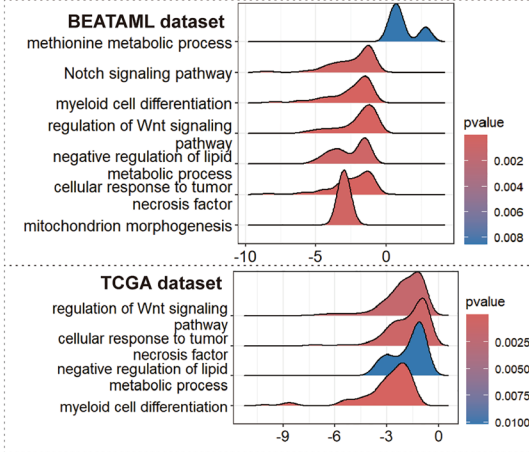


**Fig. 4** Outcomes in patients stratified by *KIT* mutation. **a** EFS and **b** OS in patients treated with frontline VEN/HMA in the *KIT* wild-type group according to *AML1/ETO* fusion status. **c** EFS and **d** OS in patients treated with frontline VEN/HMA in the *KIT*-mutated group according to *AML1/ETO* fusion status. **e** EFS and **f** OS in patients with *AML1/ETO*-positive AML in the *KIT* wild-type group accord-

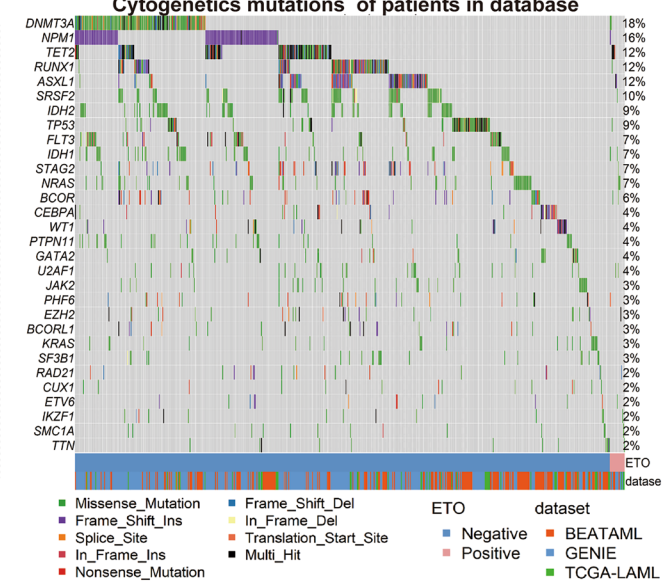
ing to frontline treatment strategies. **g** EFS and **h** OS in patients with *AML1/ETO*-positive AML in the *KIT*-mutated group according to frontline treatment strategies. *AML* acute myeloid leukemia, *EFS* event-free survival, *HMA* hypomethylating agent, *IC* intensive chemotherapy, *OS* overall survival, *VEN* venetoclax



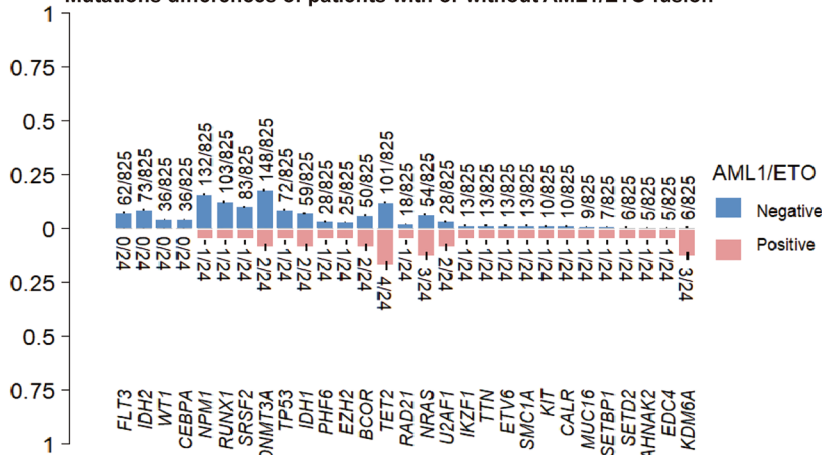
**b** GSEA pathway analysis of AML/ETO positive patients



**c** Cytogenetics mutations of patients in database



**d** Mutations differences of patients with or without AML1/ETO fusion



**Fig. 5** Different gene expressing analysis, pathway analysis, and SNV analysis of AML patients in datasets. **a** *BCL2* expression between AML patients with and without *AML1/ETO* fusion. Expression was in logarithm. *p*-Value was calculated by DESeq2. **b** Pathway enrichment result. X axis value presented the quantitative results of pathway enrichment. Down-regulated pathways were at the left side of zero. **c** Gene mutations and **d** mutation abundance of AML patients with and without *AML1/ETO* fusion. *AML* acute myeloid leukemia, *GSEA* gene set enrichment analysis, *SNV* simple nucleotide variation

the Ras/Raf/MEK/ERK pathway may drive expressions of MCL-1 [27, 28]. Co-mutations (e.g., *KIT*, *FLT*, *RAS*) are common in *AML1/ETO*-positive AML, which may possibly result in activated signal transduction pathways and lead to venetoclax resistance. Further studies of venetoclax resistance are urgently needed in patients with *AML1/ETO* fusion, as well as in patients with *inv(16)*, *MLL* rearrangement, *inv(3)*, or other more rare fusions, who are also likely to be resistant to VEN/HMA.

Hypomethylating agents exert anti-tumor effects by reversing DNA methylation. Mutations in genes involved in DNA methylation such as *DNMT3A* and *TET2* may predict good prognosis with HMAs in patients with myeloid malignancies [29–31]. Previous studies reported that in patients with *AML1/ETO*-positive AML, the incidence of a *DNMT3A* mutation is about 3–6%, and the incidence of *TET2* mutations is about 7–11% [32, 33]. In our study, the mutation rate of *DNMT3A* in *AML1/ETO*-positive patients was significantly lower than that in *AML1/ETO*-negative patients. In the SNV analysis of AML patients in datasets, we also found a low probability of *DNMT3A* mutations in *AML1/ETO*-positive patients, which may contribute to the poor response of *AML1/ETO*-positive patients to HMAs.

Our study demonstrated the importance of using IC in *AML1/ETO*-positive AML, even in relatively older patients, because of the vastly superior outcomes compared with VEN/HMA. However, in the truly elderly or frail patients who are unable to tolerate IC, lower intensity strategies other than VEN/HMA should be explored. Targeted therapy (e.g., *FLT 3* inhibitors, *IDH* inhibitors) is an option for patients with targetable mutations. However, treatment for patients without targeted mutations is a great challenge. Low-dose cytarabine (LDAC) has shown low CR rates, ranging from 7 to 32% [34]. Glasdegib, a hedgehog inhibitor, was approved to be used in combination with LDAC in older or unfit patients with AML based on a phase II trial showing better efficacy than LDAC alone [35]. However, the CR rate (17%) and OS (8.8 months) demonstrated by the combination therapy are not very satisfactory. Nucleoside analogs have been shown to improve the outcomes in older AML patients. In a phase II study of older patients with AML treated with cladribine plus LDAC alternating with decitabine, a

CR rate of 58% was achieved with a median OS of 13.8 months [36]. In another phase II study, LDAC and cladribine combined with venetoclax alternating with azacitidine demonstrated a CR rate of 93% in older patients [37]. In previous studies, the effect of low-intensity treatment in the subgroup of *AML1/ETO*-positive AML had not been described separately. Combination therapy with cladribine may be a choice for this group of patients based on the available data. Further clinical trials are urgently needed in older patients with *AML1/ETO* fusion.

Our study also affirmed that ELN risk stratification, which was developed from intensively treated patients, may not be suitable for VEN/HMA-treated patients. Patients treated with VEN/HMA need their own risk stratification criteria, which is an important issue that future studies need to address.

There were a few limitations of the current study. First, because it was a retrospective study, the baseline characteristics between cohorts were not completely comparable. Although propensity score matching reduces the bias, it further reduces the number of patients included in the analysis. Then, because of the lack of prospective design, the combinations and dosages of induction therapies for patients in the same treatment subgroup varied, and the treatment strategies after achieving remission differed. Lastly, more accurate subgroup analyses were limited by the small sample size of patients with *AML1/ETO*-positive AML receiving VEN/HMA. Larger and better matched cohort studies are needed to validate our results.

## 5 Conclusions

Our study suggested that newly diagnosed AML with *AML1/ETO* fusion had a poor response to frontline VEN/HMA treatment, especially in the *KIT*-mutated subgroup. When determining induction therapy for patients with *AML1/ETO*-positive AML, intensive chemotherapy should be preferred over VEN/HMA therapy.

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## Declarations

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**Conflict of Interest** Dian Jin, Haoguang Chen, Jingsong He, Yi Li, Gaofeng Zheng, Yang Yang, Yi Zhao, Jing Le, Wenxiu Shu, Donghua

He, and Zhen Cai declare that they have no conflicts of interest that might be relevant to the contents of this manuscript.

**Ethics Approval** This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by the Ethical Review Committee of The First Affiliated Hospital of Zhejiang University School of Medicine (approval No. IIT20230774A).

**Consent to Participate** The requirement for written informed consent was waived as it was a retrospective study.

**Consent for Publication** Not applicable.

**Availability of Data and Material** Data archiving is not mandated but data will be made available upon reasonable request.

**Code Availability** Not applicable.

**Author Contributions** Conceptualization and funding acquisition: Donghua He, Zhen Cai; Methodology and Writing - original draft preparation: Dian Jin, Haoguang Chen; Formal analysis: Jingsong He; Investigation: Yi Zhao; Writing - review and editing: Yi Li, Gaofeng Zheng; Resources: Yang Yang, Jing Le, Wenxiu Shu.

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