## **CLINICAL TRIAL REPORT**



# **Dendritic cell therapy with CD137L**‑**DC**‑**EBV**‑**VAX in locally recurrent or metastatic nasopharyngeal carcinoma is safe and confers clinical beneft**

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## **Abstract**

**Introduction** Epstein-Barr virus (EBV) is associated with nasopharyngeal carcinoma (NPC), and provides a target for a dendritic cell (DC) vaccine. CD137 ligand (CD137L) expressed on antigen presenting cells, costimulates CD137-expressing T cells, and reverse CD137L signaling diferentiates monocytes to CD137L-DC, a type of DC, which is more potent than classical DC in stimulating T cells.

**Methods** In this phase I study, patients with locally recurrent or metastatic NPC were administered CD137L-DC pulsed with EBV antigens (CD137L-DC-EBV-VAX).

**Results** Of the 12 patients treated, 9 received full 7 vaccine doses with a mean administered cell count of  $23.9 \times 10^6$  per dose. Treatment was well tolerated with only 4 cases of grade 1 related adverse events. A partial response was obtained in 1 patient, and 4 patients are still beneftting from a progression free survival (PFS) of currently 2–3 years. The mean pre-treatment neutrophil: lymphocyte ratio was 3.4 and a value of less than 3 was associated with prolonged median PFS. Progressors were characterized by a high frequency of naïve T cells but a low frequency of CD8<sup>+</sup> effector T cells while patients with a clinical beneft (CB) had a high frequency of memory T cells. Patients with CB had lower plasma EBV DNA levels, and a reduction after vaccination.

**Conclusion** CD137L-DC-EBV-VAX was well tolerated. The use of CD137L-DC-EBV-VAX is demonstrated to be safe. Consistent results were obtained from all 12 patients, indicating that CD137L-DC-EBV-VAX induces an anti-EBV and anti-NPC immune response, and warranting further studies in patients post efective chemotherapy. Precis.

The frst clinical testing of CD137L-DC, a new type of monocyte-derived DC, fnds that CD137L-DC are safe, and that they can induce an immune response against Epstein-Barr virus-associated nasopharyngeal carcinoma that leads to tumor regression or prevents tumor progression.

**Keywords** Nasopharyngeal carcinoma · CD137L-DC · Dendritic cell immunotherapy · EBV · Phase 1 clinical trial

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## **Introduction**

Nasopharyngeal carcinoma (NPC) is an EBV-driven malignancy with an annual incidence as high as 25–30 per 100,000, especially in ethnic groups from Southern China [[1](#page-10-0), [2\]](#page-10-1). If NPC is detected at stage I or II, treatment by chemotherapy and radiation therapy results in  $> 80\%$ 5-year survival rates. However, many patients are diagnosed with stage III or IV NPC, which have only 50–60% 5-year

survival rates. When NPC relapses or when patients develop metastatic disease, chemotherapy and radiation therapy are merely palliative with very low survival rates, resulting in approximately 50,000 deaths per year [[3\]](#page-10-2). The median PFS of metastatic NPC is 5–7 months and overall survival (OS) is 18–24 months [[4\]](#page-10-3).

Immunotherapy has hugely improved cancer treatment, and is now the fourth pillar of cancer therapy. Immune checkpoint inhibitors have been approved for treating a variety of cancer types. However, PD-1 blockade therapy benefts only a minority of NPC patients, despite PD-L1 being frequently expressed on NPC cells [\[5\]](#page-10-4). Therefore, a new type of immunotherapy for NPC is much-needed to improve patient survival [\[6](#page-10-5)].

In NPC, EBV enters latency phase 2 during which the expression of most EBV proteins is silenced as that facilitates escape from immune surveillance. However, EBNA-1, LMP1 and LMP-2 are expressed even in NPC, probably because they are essential for maintaining the infection. These proteins can therefore be targeted with immunotherapy as non-self antigens that have not been tolerized by the host, and several clinical trials are indeed utilizing EBNA-1, LMP1 and LMP-2 [[7](#page-10-6), [8](#page-11-0)].

Dendritic cells (DC) are vital antigen presenting cells (APC) that possess strong cross-presentation abilities, and are regarded as central orchestrators in bridging innate and adaptive immunity. Coupled with their importance in immunosurveillance and in establishing immunological memory, their potency in inducing anti-tumor immune responses by activating antigen-specifc cytotoxic T cells has led to the generation of DC-based tumor vaccines [[9,](#page-11-1) [10\]](#page-11-2). As DC account for less than 1% of PBMC, various approaches have been explored for the generation of DC vaccines. The most common approach is the ex vivo expansion of monocytederived DC. Peripheral blood monocytes are isolated from an apheresis product, and cultured for several days in the presence of GM-CSF and IL-4 for the diferentiation to DC. During this manufacturing process, DC are stimulated with a maturation cocktail, and pulsed with relevant tumor associated antigens or tumor lysates to enable the DC to induce tumor-specifc immune responses [\[11](#page-11-3)].

To date, DC-based immunotherapies directed against NPC-associated EBV antigens are scarce. While the tolerability and safety profle of DC vaccinations are deemed positive, their correlations with immunological and clinical responses remain uncorroborated. In a phase I study, 16 patients with advanced NPC received autologous DC pulsed with HLA-restricted LMP2a epitope peptides [\[12\]](#page-11-4). Epitope specifc T cell responses were observed in 9 patients, which were sustained for 3 months post vaccination. Partial clinical responses with signs of tumor regression were found in 2 patients. A similar clinical response rate was observed in a phase 2 study [\[13\]](#page-11-5). Sixteen metastatic NPC patients

were administered autologous DC that were transduced with an adenovirus encoding a truncated LMP1 and full length LMP2. While no LMP1- and LMP2-specifc T cell responses were observed, 3 patients showed clinical beneft (CB), (1 patient with partial response (PR) and 2 patients with stable disease (SD)). Lower EBV-DNA levels were observed in 9 out of 16 NPC patients receiving HLA-A2 restricted LMP2A pulsed DC vaccine in a study by [\[14](#page-11-6)]. Patients with lower EBV-DNA levels were correspondingly found to have positive skin delayed type hypersensitivity responses against HLA-A2-restricted LMP2A peptides.

CD137 (TNFRSF9, 4-1BB) is a member of the tumor necrosis factor (TNF) receptor family [\[15](#page-11-7), [16\]](#page-11-8). High levels of CD137 are expressed on activated T cells, and crosslinking of CD137 delivers potent costimulatory signals to T cells [[17\]](#page-11-9). CD137 agonists enhance T cell activity and immune responses leading to the elimination of even established tumors in mice [[18](#page-11-10)–[20\]](#page-11-11), and are currently being tested in clinical trials for tumor immunotherapy  $[21]$  $[21]$ . The potency of the CD137 costimulatory signal became further evident by the incorporation of the cytoplasmic CD137 signaling domain in the second and third-generation chimeric antigen receptors (CAR), which has greatly enhanced the persistence of CAR T cells and anti-tumor efficacy  $[22, 23]$  $[22, 23]$  $[22, 23]$  $[22, 23]$ .

CD137 ligand (CD137L) is expressed on APC, and costimulates CD137-expressing, activated T cells. The CD137 receptor / ligand system is capable of bidirectional signaling. CD137L, just as CD137, is expressed as a transmembrane protein on the cell surface and can transmit an activating signal into APC, a process referred to as reverse signaling [\[24\]](#page-11-15). For APC the CD137L signal is activating. Reverse signaling by CD137L enhances proliferation and immunoglobulin secretion by B cells [\[25\]](#page-11-16). In hematopoietic progenitor cells CD137L signaling induces proliferation, colony formation, myeloid diferentiation, in particular to monocytes and macrophages [[26](#page-11-17)–[28](#page-11-18)]. Peripheral human monocytes are activated by CD137L signaling, evidenced by stronger adhesion, heightened secretion of proinfammatory cytokines [\[29](#page-11-19)], increased survival [[30\]](#page-11-20), proliferation (Langstein et al., 1999) and enhanced migration [[31,](#page-11-21) [32](#page-11-22)]. In human monocytes, CD137L mediates activation by combining with CD32a [\[33](#page-11-23)] and signaling through protein tyrosine kinases, p38 MAPK, ERK1,2, MEK, PI3-K) and PKA [\[34](#page-11-24)].

In addition, CD137L signaling can induce maturation of immature monocyte-derived DC leading to an enhanced expression of costimulatory molecules and of IL-12p70, and an enhanced capacity of the DC to stimulate T cell proliferation, IFN-γ secretion and in vivo migration toward a CCL19 gradient [\[35](#page-11-25)].

Furthermore, recombinant CD137 protein which induces CD137L signaling is sufficient as a sole factor to induce diferentiation of human monocytes to DC, and these resulting CD137L-DC difer considerably from in vitro generated classical DC (cDC, generated from monocytes cultured with  $GM-CSF + IL-4$ ) in cell surface marker expression and cytokine secretion. For example, CD137L-DC have a mature phenotype without addition of external maturation factors, and express lower levels of immunoinhibitory molecules PD-L1 and IL-10. Compared to cDC, CD137L-DC exhibit enhanced potency in stimulating antigen-specifc cytotoxic T cells against cytomegalovirus, Hepatitis B virus and EBV proteins [\[36](#page-11-26)–[38\]](#page-11-27).

A gene expression analysis showed that CD137L-DC are highly similar to infammatory DC isolated from sites of infammation [[39\]](#page-11-28). This suggests that CD137L signaling is a physiological inducer for the in vivo generation of infammatory monocyte-derived DC [[40](#page-11-29)]. The higher costimulatory activity of CD137L-DCs is mediated by a higher AktmTORC1 activity and an increased Akt-driven glycolysis [\[41\]](#page-11-30).

Based on these promising fndings we aimed to translate the high potency of CD137L-DC to the beneft of NPC patients. We designed our trial based on the positive learning points of the many DC-based immunotherapy trials that have been conducted earlier (10).

As migration of DC to lymph nodes is pivotal for an immunotherapeutic effect  $[42, 43]$  $[42, 43]$  $[42, 43]$  $[42, 43]$ , we added prostaglandin E2 (PGE2) to the maturation cocktail, despite PGE2 slightly reducing overall DC activation [[38\]](#page-11-27). To further enhance CD137L-DC migration, we preconditioned injection site with tetanus and diphtheria toxoid [[44\]](#page-11-33). In addition, we used intradermal injection as this facilitates migration of CD137L-DC to regional lymph nodes [[45\]](#page-11-34).

We fnd that CD137L-DC are safe. After pulsing with EBV antigens, they can induce an immune response against EBV-associated NPC that leads to tumor regression and prevents tumor progression, and prolongs life in subgroups of patients.

## **Material and methods**

#### **Patient selection**

Eligible patients were at least 21 years old with metastatic EBV-encoded RNA (EBER)-positive NPC detected by in-situ hybridisation who were treated with systemic chemotherapy, and had achieved at least SD as the best clinical response. Additional inclusion criteria included Eastern Cooperative Oncology Group performance status of 0 or 1; adequate bone marrow (absolute monocyte count  $\geq 0.2 \times 10^9$ /l; platelet count  $\geq 100 \times 10^9$ /l; hemoglobin ≥ 8 g/dl), renal (creatinine < 1.5 times upper limit of normal), and hepatic functions (aspartate and alanine transaminase≤2.5 times upper limit of normal or≤5 times with liver metastases). Evaluable disease was not required at entry but tumor assessment at follow up was as per Response Evaluation Criteria in Solid Tumors (RECIST, version 1.1). Archival or fresh tissue samples were available. Patients were excluded if they had active autoimmune disease, had received chemotherapy or radiotherapy within 4 weeks of scheduled vaccination, were allergic to diphtheria tetanus toxoid, had acute serious infections, or were receiving corticosteroids of more than 10 mg/day of prednisolone or its equivalent or other immunosuppressive treatment. Written informed consent was obtained before any study-related procedures, and the study protocol was approved by the ethics committee of the institution (National Health Care Group DSRB Ref: 2016/00492), and was conducted in compliance with ethical guidelines in the Declaration of Helsinki, (Clinicaltrials.gov ID: NCT03282617).

## **Patient treatment**

A total of 14 patients were enrolled in this trial. Patients had metastatic NPC and had been treated with systemic chemotherapy. Median lines of prior treatment for metastatic NPC was 1 (range 1–6), the most common being cisplatin and gemcitabine. All patients were of Chinese race with 5 (41.6%) and 7 (58.4%) being of male and female gender, respectively. The mean age was 58 years (Table [1\)](#page-3-0).

A dose escalation study was done for the frst patient. The first and second injections contained  $5 \times 10^6$  and  $10 \times 10^6$ CD137L-DC, respectively, while, the full dose of  $16.7 \times 10^6$ CD137L-DC was used for all subsequent injections. After CD137L-DC were found to be safe in the dose escalation study, as many CD137L-DC as available were administered per dose for subsequent patients. Two patients did not commence treatment due to disease progression. Three patients did not receive the full 7 vaccine doses, due to trial discontinuation, disease progression and insufficient vaccine generated. Nine patients received the full 7 vaccine doses (range 2–7) with a mean administered cell count of  $23.9 \times 10^6$ .

Eligible patients underwent apheresis at least 3 weeks after the last chemotherapy dose was administered to isolate peripheral blood mononuclear cells (PBMC).

#### **CD137L**‑**DC**‑**EBV**‑**VAX vaccine generation**

The production of ex vivo CD137 ligand-generated dendritic cells (CD137L-DC) was performed in the Cell Therapy Facility of Health Science Authorities under GMP conditions (Suppl Fig. 1). To generate CD137L-DC, autologous PBMC were plated onto  $145 \times 20$  mm dishes (639160, Greiner Bio-One, Kremsmünster Austria) precoated with 5 µg/ml anti-CD137L antibody (clone 5F4, BioLegend, San Diego, CA) for 7 days. PBMC were isolated from leukapheresis products by Ficoll-Paque Premium



Table 1 Patient condition prior to CD137L-DC-EBV-Vax treatment **Table 1** Patient condition prior to CD137L-DC-EBV-Vax treatment

<span id="page-3-0"></span>CT: Chemotherapy CT: Chemotherapy

CRT: Chemo- and Radiotherapy CRT: Chemo- and Radiotherapy

CT + Bev: Chemotherapy + Bevacizumab CT+Bev: Chemotherapy+Bevacizumab

SD: Stable disease SD: Stable disease

PR: Partial response

PR: Partial response<br>CR: Complete response CR: Complete response

(17-5442-02, GE Healthcare) density gradient centrifugation, with a viability of  $\geq 80\%$ . Isolated PBMC were resuspended in RPMI-1640 medium (L0495-500, Biowest, Riverside, MO) supplemented with 10% gamma irradiated fetal bovine serum (FBS, Bovogen, East Keilor Victoria, Australia) and seeded onto anti-CD137L antibody coated dishes at a concentration of  $5 \times 10^6$  cells/ml. Cells were placed at 37 °C in a humidified incubator with 5%  $CO<sub>2</sub>$ for 7 days. Non-adherent cells were removed 24 h later, and adhered cells were replenished with media and cultured for another 6 days at 37 °C. To induce maturation, adhered cells were matured with 1 µg/ml R848 (tlrl-r848, InvivoGen, San Diego, California), 50 ng/ml IFN-γ (130-096-482, Miltenyi Biotec, Bergisch Gladbach, Germany) and 1 µg/ml PGE2 (P0409-1MG, Sigma-Aldrich, St. Louis, Missouri) for 18 h. Cells were additionally pulsed with 0.5 µg/ml Peptivator EBV LMP1 (130-095-931), 0.5 µg/ml Peptivator EBV LMP2A (130-093-616) and 0.25 µg/ml Peptivator EBV EBNA1 (130-093-614; all Miltenyi Biotec). 18 h later, EBV peptide-loaded CD137L-DC were harvested using L7hPSC harvesting solution (FP-5013, Lonza, Basel, Switzerland) or TrypLE Select Enzyme (12563, Life Technologies, Carlsbad, California). Harvested cell viability was  $\geq 50\%$ , and cells were frozen in 85% RPMI supplemented with 5% human serum albumin (CSL Behring, Australia) and 10% DMSO (Wak Chemie Medical). Cells were frozen in 5–7 aliquots of  $5 \times 10^6 - 50 \times 10^6$  cells per vial for vaccination and were stored in the vapor phase of liquid nitrogen until release for clinical use. Time requirement from apheresis to freezing of CD137L-DC was 8 days, followed by 3 weeks for quality testing.

### **Quality control of CD137L**‑**DC vaccine**

Generated CD137L-DC-EBV-Vax met with all release specifcations, including secretion of TNF≥10 pg/mL and IL-8≥1 ng/ml. Final CD137L-DC products were assessed for bacterial and fungal sterility, and the presence of mycoplasma and endotoxin. Tests were conducted by the Technischer Überwachungsverein (TÜV) SÜD, Singapore. The viability of PBMC and harvested CD137L-DC was assessed

<span id="page-4-0"></span>**Fig. 1** Study design for CD137L-DC-EBV-VAX treatment and evaluation schedule.\* Indicates time point for immune monitoring

by trypan blue staining, and a minimum of  $25 \times 10^6$  live cells were required to meet the release criteria.

## **Vaccination and assessment**

Patients received 0.5 ml of tetanus and diphtheria vaccine (Decavac®) intradermally 24 h prior to administration of intradermal CD137L-DC-EBV-VAX at the same injection site. Injections were placed near the inguinal region on alternate sides, and up to 7 vaccines were administered at 2 weekly intervals. For each CD137L-DC-EBV-VAX, approximately  $5-50 \times 10^6$  cells were administered. Vaccines were thawed and immediately used at the point of administration. Dose delays were allowed for a week to allow recovery from adverse events.

Patients were monitored with history and physical examination, full blood counts, chemistry (including sodium, potassium, urea, creatinine, glucose, calcium, phosphate, albumin, alkaline phosphatase, total bilirubin, lactate dehydrogenase, total protein, serum glutamic pyruvic transaminase/alanine aminotransferase (SGPT/ ALT) and thyroid-stimulation hormone (TSH, with Free T4 and Free T3), amylase) on the day of each tetanus and diphtheria vaccine administration and at each follow-up after completion of vaccination. Tumor assessments were scheduled using CT, MRI or PET CT scans at baseline, week 12 (after the  $7<sup>th</sup>$  vaccination) and every 3–6 months thereafter for follow-up till progression. Measurements of tumor responses was based on RECIST criteria 1.1. PFS was defned as the length of time from frst vaccination to the frst RECIST defned disease progression.

### **Immune response monitoring**

Whole blood was collected from patients at the following time points: Pre-treatment, 3rd, 5th and 7th vaccination and post-treatment (Fig. [1\)](#page-4-0) for the evaluation of immunological response. Plasma and PBMC were isolated for immune monitoring by multi-color flow cytometry and plasma EBV DNA clearance.



### **Flow cytometry analysis**

The average PBMC cell viability of all patient samples used for flow cytometry analysis was  $≥10\%$ . Patient PBMC were seeded at  $10^5$  cells per well in a 96-well V bottom plate and stained with Fixable Viability Stain 440UV (BD 566,332) for the exclusion of dead cells followed by Fc Receptor Binding Inhibitor Polyclonal Antibody, (eBioscience 14–9161-73). PBMC were incubated with fuorescently labeled monoclonal antibodies to determine cell lineage and activation status: T-cells were identifed with CD278 (ICOS)-BB515 (Clone DX29, BD 564,549), CD69-BB660 (Clone FN50, BD 624,295), CD197 (CCR7)- PE/Dazzle™ 594 (Clone G043H7, BioLegend 353,236), CD27-BB700 (Clone L128, BD 746,084), CD137-PE/Cyanine7 (Clone 4B4-1, BioLegend 309,818), CD223 (LAG-3)-APC (Clone 7H2C65, BioLegend 369,212), CD25-APC-H7 (Clone M-A251, BD 560,225), CD54-BV421 (Clone HA58, BD 564,077), CD45RA-BV510 (Clone HI100, BioLegend 304,142), CD3-BV570 (Clone UCHT1, BD 624,298), CD38-BV711 (Clone HIT2, BioLegend 303,528), CD127- BV750 (Clone HIL-7R-M21, BD 747,089), HLA-DR-BUV395 (Clone G46-6, BD 565,972), CD8-BUV563 (Clone HIT8a, BD 741,384), CD4-BUV615 (Clone SK3, BD 624,297), CD95-BUV737 (Clone DX2, BD 612,790); NK cells were identifed by CD56-BV605 (Clone NCAM16.2, BD 562,780), CD16-BUV805 (Clone 3G8, BD 748,850); B-cell lineage was identifed with CD40-PE (Clone 5C3, BioLegend 334,308), IgM-BB630 (Clone G20-127, BD 624,294), CD27-BB700 (Clone L128, BD 746,084), CD80- BB790 (Clone L307.4, BD 624,296), CD24-BV650 (Clone ML5, BD 563,720), CD38-BV711 (Clone HIT2, BioLegend 303,528), CD86-BV785 (Clone IT2.2, BioLegend 305,442), HLA-DR-BUV395 (Clone G46-6, BD 565,972), CD19- BUV563 (Clone HIB19, BD 741,361), IgD-BUV615 (Clone IA6-2, BD 624,297); Monocytes were identifed with CD14- AF700 (Clone M5E2, BioLegend 301,822), CD45RA-BV510 (Clone HI100, BioLegend 304,142), CD11c-BUV661 (Clone S-HCL-3, BD 624,285), CD16-BUV805 (Clone 3G8, BD 748,850); Dendritic cells and basophils were identified with CD123-PeCy5 (Clone 9F5, BD 551,065), CD11c-BUV661 (Clone S-HCL-3, BD 624,285), HLA-DR-BUV395 (Clone G46-6, BD 565,972), CD16- BUV805 (Clone 3G8, BD 748,850). Cells were acquired using a BD X-30 FACSymphony (San Jose, CA) with FACS Diva (Version 8.5) (BD Biosciences). Flow cytometry data was analyzed using Flowjo (Treestar) software (BD, version 10.7.1). The 27-color compensation matrix was evaluated in FlowJo by investigating N-by-N view feature as well as the pairwise expression of with all markers. Fluorescence minus one (FMO) experiments ran prior to this study aided with the optimization of the compensation matrix. Samples were concatenated and analyzed using FlowJo plugins

(https://flowjo.com/exchange/), namely: Downsample (Version 3.3), UMAP (Version 3.1) and Phenograph (Version 3.0). UMAP was run using the default settings (Elucidean distance function, nearest neighbors: 15 and minimum distance 0.5). PhenoGraph was run using the default number of nearest neighbors  $(K=30)$ . Immune cell subsets identified by PhenoGraph were validated through traditional gating strategy. Graphs were made in Prism 9, v9.0.0 (GraphPad Software Inc.).

## **EBV DNA quantifcation**

Plasma samples were stored at -80 °C, and levels of EBV DNA in plasma were determined based on the Epstein-Barr nuclear antigen (EBNA)-1 gene using the Clarity EBV Quantifcation Kit (JN Medsys, Singapore).

## **Results**

#### **Toxicity and adverse efects**

CD137L-DC-EBV-VAX-based immunotherapy was well tolerated with only 4 cases (33.3%) of grade 1 related adverse events, most commonly observed at the injection site reaction. No G3-4 toxicities were observed. All vaccinations were safely administered with no major toxicity, and none of the patients developed any clinical or biochemical signs of autoimmune disease.

#### **Patient response**

To determine clinical outcomes, we measured best response (RECIST), clinical benefit (CB) rate and PFS. CB was defined as the sum of complete response (CR), partial response (PR) or stable disease (SD) for at least 24 weeks from treatment start. CB was seen in 5 cases (42%) with 1 PR and 4 SD of 2–3 years (Table [2](#page-6-0)). There was no CR, and 58% had progressive disease (Suppl. Figure 2).

The median PFS was 16.5 weeks (range 3–136 weeks). The lowest PFS (3 weeks) was in a patient with 6 prior lines of treatment including a checkpoint inhibitor. The median OS was 90.5 weeks (range 10–161 weeks) (Table [2](#page-6-0), Fig. [2](#page-6-1)). At present, patients with SD are still alive.

The mean pretreatment neutrophil: lymphocyte ratio (NLR) was 3.4, and patients with a CB were characterized by a lower pretreatment and lower pre-2nd dose NLR of approximately 2.5, whereas the NLR of patients without a CB was above 4, although this diference was statistically not signifcant (Table [3\)](#page-6-2). Further, a NLR of less than 3 was associated with prolonged median PFS (42 vs 14 weeks, *p*=0.01), (Fig. [3\)](#page-6-3). The hazard ratio was 0.11 (95% CI; 0.02

<span id="page-6-0"></span>



PFS: Progression free survival

EMLA: Lidocaine/prilocaine cream

\*: censored



<span id="page-6-1"></span>**Fig. 2** Kaplan Meir curve of patient survival. Red, solid line, represents Overall survival (OS). Blue, dashed line, represents Progression-free survival (PFS)

<span id="page-6-2"></span>**Table 3** Mean neutrophil: lymphocyte ratio (NLR) and clinical benefit. Listed are NLS of all 12 treated patients  $\pm$  standard deviation

Mean N:L ratio	Clinical Benefit	No clinical benefit	p value
Pretreatment	$2.4 + 0.7$	$4.1 + 2.5$	0.17
Pre-2nd dose	$2.5 + 1.2$	$4.5 + 2.1$	0.09

 $-0.65$ ), indicating that a patient with a NLR < 3 had a 89% lower risk of progression than a patient with a N:L≥3 at a given time point.

A 77-year-old Chinese woman with locally advanced NPC (EBV011), involving bilateral cavernous sinuses and difuse bony metastases at diagnosis, who had been treated with 6 cycles of systemic chemotherapy of cisplatin and gemcitabine with partial response was enrolled on the



<span id="page-6-3"></span>**Fig. 3** A low neutrophil: lymphocyte (N:L) ratio correlates with survival. The median PFS (mPFS) was signifcantly longer in patients with a pre-treatment N:L ratio < 3. HR: hazard ratio for risk of progression. CI confdence interval

CD137L-DC-EBV-VAX, and had a successful expansion of CD137L-DC. She received 7 vaccinations with  $27.89 \times 10^6$ cells per dose. Repeat PET CT scans 2 months after vaccination showed a metabolic response as well as a partial response in the left level 2 cervical lymph node (Suppl. Figure 3), indicating a response to the vaccination therapy. This was associated with a reduction in the plasma EBV DNA copy numbers post-vaccination (350 to 180 copies/ml).

## **EBV DNA plasma levels**

EBV DNA levels in plasma are a surrogate marker for EBVassociated cancers [[46\]](#page-12-0). There were profoundly higher concentrations of EBNA-1 DNA in plasma of patients with progressing NPC than in patients who experienced a CB (Fig. [4\)](#page-7-0). In patients with detectable EBNA-1 DNA levels, a general decrease in plasma levels was observed for patients with CB (responder and SD). In the progressors group, 1 out of 4 patients showed reduced EBNA-1 DNA levels after receiving all 7 vaccinations.

## **Immunological response**

A phenograph analysis, which takes into account all markers for a cell type, revealed that the progressors were characterized by a high frequency of naïve T cells but a low fre-quency of CD8<sup>+</sup> effector T cells at all time points (Fig. [5a](#page-8-0)). The situation was diferent for patients with a CB. Those with SD had a low frequency of naïve T cells but a high frequency of  $CD8<sup>+</sup>$  memory T cells (Fig. [5](#page-8-0)a) and of  $CD4<sup>+</sup>$ 

memory T cells (CD27<sup>−</sup> EM and Central Memory) (Fig. [5b](#page-8-0)). The patient with a PR had a high frequency of  $CD4<sup>+</sup>$  central memory (CM) T cells and of  $CD4+CD8+T$  cells at all time points. Furthermore, the patient showed an increase in effector  $CD8<sup>+</sup>$  T cell effector memory (EM) and terminally diferentiated efector memory (TEMRA) and plasmacytoid DC ( $pDC$ ) frequencies, especially after the  $3<sup>rd</sup>$  vaccination (Fig. [5](#page-8-0)c). There was a stark diference in the starting number (Pre-dose) of CD4/CD8 double positive T cells between progressors, patients with SD and the PR (Fig. [5d](#page-8-0)). It may be worthwhile to evaluate in future studies whether this could be used as a prognostic marker for disease progression.

## **Discussion**

DC immunotherapy trials have been conducted in a number of cancers with various DC types. In this frst clinical trial with CD137L-DC, the primary objective was to evaluate the safety profle of CD137L-DC-EBV-VAX. Tolerability was



<span id="page-7-0"></span>**Fig. 4** EBV DNA levels in patient plasma. Data from patients with progressing disease are in gray and black. Data from patients with stable disease are in green, and the responder is in blue



<span id="page-8-0"></span>**Fig. 5** Flow cytometric analysis of PBMCs from patients treated with CD137L-DC-EBV-VAX. Frequencies (upper panels) and total number (lower panels) of **a** CD8<sup>+</sup> T cell subsets), **b** CD4<sup>+</sup> T cell subsets,

**c** pDCs, and of **d** CD4/CD8-double positive T cells. Depicted are means±standard errors



**Fig. 5** (continued)

demonstrated with only grade 1 immune related events in 4 of the 12 patients. This good tolerability is in line with many other DC-based clinical trials [[47,](#page-12-1) [48\]](#page-12-2).

Although, assessing the safety profle was the primary aim of this trial, further evaluations on the efficacy of CD137L-DC-EBV-VAX were conducted. One of the 12



**Fig. 5** (continued)

patients experienced a tumor shrinkage (PR) which puts this objective response rate of 8.5% in the range of other DC immunotherapy trials [[49](#page-12-3), [50](#page-12-4)]. More interestingly, in addition to the one PR, 4 patients had a prolonged PFS beyond the expected median of 5–7 months compared to chemotherapy treatment in patients with metastatic NPC. These patients' PFS have also exceeded the expected median overall survival of about 18–24 months [[4\]](#page-10-3). The 4 patients with SD continue to show no signs of relapse 2–3 years post treatment. It is noteworthy that this therapeutic efect has been achieved by CD137L-DC-EBV-VAX alone, without the concomitant administration of adjuvants that are often required for DC to induce a strong immune response [\[51](#page-12-5)]. Therefore, the data from this phase I trial suggest that in selected metastatic patients with low tumor burden (low EBV DNA) and a high risk of relapse, e.g. N3 or T4 disease, a CD137L-DC-EBV-VAX vaccine may induce durable disease control, especially after debulking the tumor with efective chemotherapy.

The only approved DC vaccine, Sipuleucel-T (Provenge), is utilized for treatment of prostate cancer. It did not induce any objective response but it prolonged overall survival by 4.1 months without delaying disease progression [[52\]](#page-12-6). It is well known that the objective response rate for immunotherapies is generally low, but they nevertheless often prolong survival, with an increase in overall median survival for DC vaccines of at least 20%, [\[49](#page-12-3)], and a maximum of 344% [\[53](#page-12-7)].



Previous DC trials demonstrated that observed immune responses do not necessarily correlate with the clinical response. Only increased circulating TAA-specifc CD8<sup>+</sup> T cells, eosinophilic blood count, strength of allergic reactions at the DC injection site, and a CD4+ T cell response in sentinel lymph nodes were found to correspond to clinical outcome [[48\]](#page-12-2). Further, the mode of analysis is of importance since the DC-stimulated anti-Her2 CD4<sup>+</sup> T cell response correlated with the clinical response signifcantly only in the sentinel lymph nodes but not in the peripheral blood [\[54](#page-12-8)].

CD137L-DCs were found to be more efficacious in vitro than moDCs generated with  $GM-CSF + IL-4$ , as they induced stronger cytotoxic immune responses against tumor-associated viruses such as EBV and HBV [\[37,](#page-11-35) [38](#page-11-27)]. In this study, we fnd that the clinical response initiated by CD137L-DCs is in the range of that of other types of moDCs with a low objective tumor response rate but prolonged patient survival [[48](#page-12-2), [49\]](#page-12-3). It is impossible to elucidate why we did not see superior potency of CD137L-DCs in vivo as we had done earlier in vitro. However, comparisons are difficult, and can be misleading due to different cancer types, treatment protocols and patient cohorts.

The fact that patients with a lower pretreatment NLR, i.e. relatively more lymphocytes, had a longer median PFS corroborates the rationale of this study, since it is the lymphocytes that were stimulated by CD137L-DC-EBV-VAX, and that could exert an anti-NPC immune response. Further, neutrophils in cancers are often immunosuppressive, and limit anti-cancer T cell responses [[55\]](#page-12-9).

The 4 patients with a PR were characterized by immune parameters that set them apart from the patients who experienced CB, already before the frst vaccination. Among those were higher numbers of naive  $CD4^+$  and  $CD8^+$  T cells. It may well be that some of these cells had suppressive activity.

Pre-treatment concentrations of plasma EBV DNA positively correlate with tumor volume [[56\]](#page-12-10). This may explain that a high EBV DNA load in plasma of our patients was associated with disease progression. Therefore, the observed decrease in plasma EBV DNA concentration during the vaccination period could be an indication of the efficacy of CD137L-DC-EBV-VAX. Alternatively, it could mean that the vaccination works best with a reduced tumor burden, implying that the optimal time for vaccination would be after tumor debulking by an efective chemotherapy.

In most single arm DC studies, the immunological response has not correlated well with the clinical response. However, in this study, we do see a correlation of CB with the T cell (especially memory and efector) response. Therefore, combining CD137L-DC with immune checkpoint inhibitors should be effective. Particularly, since immune checkpoint inhibitors together with cDC already demonstrated synergism in inducing anti-melanoma responses [[57,](#page-12-11) [58](#page-12-12)]. The combination of CD137L-DC with Wnt3a/GSK3b inhibitors may also be useful as Wnt3b inhibition in T cells is known to boost the memory T cell response [\[59](#page-12-13)], or with CD137 agonists since CD137 stimu-lation promotes effector and memory CD8 T cell responses [\[60,](#page-12-14) [61\]](#page-12-15). Alternatively, adding an anti-VEGF antibody to CD137L-DC treatment could enhance T cell migration into the malignant tissue [[62](#page-12-16), [63](#page-12-17)]. Of note, CD137L-DC-EBV-VAX, possibly as a combination therapy, may also be benefcial in other EBVassociated malignancies such as lymphoepithelioma.

The limited efficacy of DC vaccines and its poor correlation to clinical success can be attributed to several factors, ranging from DC generation methods, antigen loading technique and vaccine delivery approaches (Sabado et al., 2016; Garner et al., 2020). In this trial, pulsing CD137L-DC with EBV peptides have proven to be expensive. Thus, alternative strategies that can further enhance the quality and efficacy of DC vaccines should be explored. One approach could be to transfect CD137L-DC with antigen-expressing vectors such as recombinant adenovirus [[1](#page-10-0)].

To date, management of relapsed NPC continues to remain extremely challenging. Palliative therapy remains to be the frst-line treatment for relapsed NPC patients, although various experimental treatments, such as targeted therapy and immunotherapy, have been explored [\[64,](#page-12-18) [65](#page-12-19)]. The good safety and tolerability as well as the encouraging patient response and the enhanced immune parameters provide a basis for further developing and testing CD137L-DC vaccines for immunotherapy, and CD137L-DC-EBV-VAX may give relapsed NPC patients a chance for extending health and life.

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#### **Declarations**

**Conflict of interest** There are no conficts of interest to declare.

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