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Phenotypic, Molecular, and Functional Characterization of CoQ7-Related Primary CoQ₁₀ Deficiency: Novel Hypomorphic Variants and Two Distinct Disease Entities

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Author Contributions

MLDL, PW, CD and MS designed and conceptualized the study. MLDL, PW, SP, TT, BS, DRC, ABO, CMG and MS performed clinical analysis of the patients. MLDL, PW and CMG performed variant analysis. MLDL drafted the manuscript. MM and CD performed functional study in yeast model system. EB performed protein structure modeling. All authors were involved with revising the manuscript. MS, DRC and ABO obtained consents. MS and CD supervised the study.

Conflict of Interest

The authors declare no conflict of interest

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A patient consent statement

Consent was obtained from the patient's family for publication of this report.

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Abstract

Primary coenzyme Q10 (CoQ₁₀) deficiency is a group of inborn errors of metabolism caused by defects in CoQ₁₀ biosynthesis. Biallelic pathogenic variants in *COQ7*, encoding mitochondrial 5-demethoxyubiquinone hydroxylase, have been reported in nine patients from seven families. We identified five new patients with *COQ7*-related primary CoQ₁₀ deficiency, performed clinical assessment of the patients, and studied the functional effects of current and previously reported *COQ7* variants and potential treatment options. The main clinical features included a neonatal-onset presentation with severe neuromuscular, cardiorespiratory and renal involvement and a late-onset disease presenting with progressive neuropathy, lower extremity weakness, abnormal gait, and variable developmental delay. Baker's yeast orthologue of *COQ7*, *CATS*, is required for growth on oxidative carbon sources and *cat5* strain demonstrates oxidative growth defect. Expression of wild-type *CATS* could completely rescue the defect; however, yeast *CATS* harboring equivalent human pathogenic variants could not. Interestingly, *cat5* yeast harboring p.Arg57Gln (equivalent to human p.Arg54Gln), p.Arg112Trp (equivalent to p.Arg107Trp), p.Ile69Asn (equivalent to p.Ile66Asn) and combination of p.Lys108Met and p.Leu116Pro (equivalent to the complex allele p.[Thr103Met;Leu111Pro]) partially rescued the growth defects, indicating these variants are hypomorphic alleles. Supplementation with 2,4 dihydroxybenzoic acid (2,4-diHB) rescued the growth defect of both the leaky and severe mutants. Overexpression of *COQ8* and 2,4-diHB supplementation synergistically restored oxidative growth and respiratory defect. Overall, we define two distinct disease presentations of *COQ7*-related disorder with emerging genotype-phenotype correlation and validate the use of the yeast model for functional studies of *COQ7* variants.

Introduction

Coenzyme Q (CoQ), also known as ubiquinone, is a lipid molecule present in all cell membranes. It has a benzoquinone ring and lipophilic polyisoprenoid tail[1]. The length of the isoprenoid tail is species dependent, but in humans, it is 10 and thus designated as CoQ₁₀[2]. The majority of CoQ₁₀ is made *de novo* in the cell, with the isoprenoid side chain synthesized via the mevalonate pathway and the benzoquinone ring synthesis involves a multi-protein complex encoded by nuclear *COQ* genes[1, 2]. CoQ₁₀ acts as an electron shuttle between complexes I and II to complex III in the mitochondrial respiratory chain[2]. Ubiquinone has antioxidant properties and is essential cofactor for uncoupling proteins and several mitochondrial dehydrogenases involved in pyrimidine biosynthesis and fatty acid β -oxidation[2].

Primary CoQ₁₀ deficiency (MIM 616733) is caused by variants in genes involved in the biosynthesis of CoQ₁₀ and associated with variable phenotypes ranging from lethal progressive encephalomyopathy to isolated single organ involvement[3]. Genes known to cause CoQ₁₀ deficiency include *COQ2* (MIM 609825)[4, 5], *COQ4* (MIM 612898)[6], *COQ5* (MIM 616359)[7], *COQ6* (MIM 614647)[8], *COQ7* (MIM 601683)[9], *COQ8A*

(MIM 606980)[10], *COQ9* (MIM 612837)[11], *ADCK3* (MIM 606980)[12], *PDSS1* (MIM 607429)[13], *PDSS2* (MIM 610564)[14] and *HPDL* (MIM 619026)[15].

COQ7 (MIM 601683) encodes the mitochondrial 5-demethoxyubiquinone (DMQ) hydroxylase (EC: 1.14.99.60), which converts 2-hexaprenyl-3-methyl-6-methoxy-1,4-benzenediol (DMQH2) to 2-hexaprenyl-3-methyl-6-methoxy-1,4,5-benzenetriol (DMeQH2); the latter is further converted to reduced form of CoQ₁₀ by ubiquinone biosynthesis O-methyltransferase encoded by *COQ3*[16]. DMQ hydroxylase interacts with ubiquinone biosynthesis protein COQ9, encoded by *COQ9*, a lipid-binding protein[17].

Homozygous missense variants in *COQ7* were first reported by Freyer et al[9] in a patient born to consanguineous parents with oligohydramnios, pulmonary hypoplasia, renal disease, hypotonia, sensorineural hearing loss, visual dysfunction, polyneuropathy, pre and post-natal growth restriction, feeding difficulties, developmental delay, developmental regression and elevation of plasma and cerebrospinal fluid (CSF) lactate[9]. Subsequently, five additional patients reported with progressive lower extremities spasticity, abnormal gait, muscle atrophy, and hearing impairment[18-22] (Table 1). More recently, a homozygous variant affecting the initiation codon of *COQ7* was identified in 3 siblings with adolescent-onset progressive distal motor neuropathy[23]. Two additional patients, compound heterozygous for the variants p.(Ile66Asn) and p.(Tyr149Cys), with axonal neuropathy and neurodegenerative disorder were reported as part of a next-generation sequencing study in a cohort of 117 patients with probable or possible mitochondrial cause[24].

Baker's yeast (*Saccharomyces cerevisiae*) is a widely used model organism to study genetic disorders. Given its ability to grow in both oxidative and non-oxidative conditions, yeast has been extensively used for functional studies of mitochondrial disorders[25]. CoQ₆, yeast's homologue of CoQ₁₀, has six isoprenoid tail[26]. A knockout of yeast *CAT5*, the homologue of human *COQ7*, lead to defective growth on non-fermentable carbon sources, including ethanol and glycerol[27].

Here, we report a new cohort of five patients with primary CoQ₁₀ deficiency caused by biallelic variants in *COQ7*. We used a yeast model to evaluate functional effects of novel and previously reported *COQ7* variants and study treatment options. Based on bioinformatic analyses and functional studies, the variants are disease causing. We establish the utility of the yeast model in CoQ₁₀ biosynthesis defects, expand clinical and genotypic spectrum of *COQ7*-related primary CoQ₁₀ deficiency, and examine potential treatment modalities.

Materials and Methods

We recruited 5 patients with predicted deleterious variants in *COQ7* through a collaborative effort among multiple institutions to characterize the clinical and molecular spectrum associated with *COQ7*-related primary CoQ₁₀ deficiency. The use of GeneMatcher facilitated the connection of clinical collaborators[28]. No interventions performed on patients and no biological specimens collected from participants for this research study. The guardians of patients signed consent forms for publication approved by Washington University IRB (Media Authorization for the Use and Disclosure of Protected Health

Information) (Patient 1), HSHS hospital system (Authorization for Disclosure of Health Information) (Patient 2), SARAH Network Rehabilitation Hospitals (Patient 3), Mendelics Analise Genomica S.A. ("Mendelics") (Patient 4), Hospital das Clinicas da Faculdade de Medicina da Universidade de Sao Paulo (HCFMUSP) (Patient 5).

Next generation sequencing

Clinical trio exome sequencing (ES) for Patients 1 and 2 was performed by GeneDx (Gaithersburg, MD) and for Patients 3-5 by Mendelics (Sao Paulo, Brazil). Sanger sequencing was used to confirm the variants identified in the patients. Variant annotation and interpretation were performed according to companies' pipeline. Variant classification is performed according to the American College of Medical Genetics recommendations[29].

Yeast strains and growth conditions

The yeast strain used in this study was BY4741 *cat5::kanMX4 (MATa; his3 1 leu2 0 met15 0 ura3 0 cat5::kanMX4)* transformed with the empty vector pFL38 or the vector carrying the wild-type allele (wt), the humanized allele or the mutant alleles of *CAT5*. *CAT5* was amplified and cloned under its natural promoter in the centromeric vector pFL38. *CAT5* was mutagenized by a PCR Quick Change technique to obtain humanized and mutant alleles, and cloned into the pFL38 vector. The plasmid (empty, carrying the wild-type, humanized or mutant allele) was introduced in the BY4741 *cat5* strain using the LiAc-ssDNA-PEG method, after growth in YPAD medium. For all the experiments, except for transformation, cells were grown in liquid SC medium (0.69% YNB without amino acids and 0.5% ammonium sulfate (Formedium™, UK), added of 1 g/L dropout mix without uracil) in constant shaking at 28 °C or in solid SC medium using 20 g/L agar for solidification (Formedium™, UK). Media were supplemented with various carbon sources (Carlo Erba Reagents, Italy) as indicated in the results and figures. For growth analyses, the strains were serially diluted, spotted, and grown at 28 °C and 37 °C on SC medium agar plates supplemented with a fermentable carbon source, 2% glucose, or an oxidative carbon source, 2% acetate.

Oxygen consumption assay

Mitochondrial respiratory activity in yeast was evaluated by measuring oxygen consumption, using a Clark-type oxygen electrode (Oxygraph System Hansatech Instruments England) at 30 °C with 1 ml of air-saturated respiration buffer (0.1 M phthalate-KOH pH 5.0, 0.5% glucose) from yeast cell suspensions cultured for 18 h at 28 °C in liquid SC medium supplemented with 0.6% glucose until exhaustion.

Protein quantification

Yeast cells were grown as for oxygen consumption assay and protein extraction was performed with the trichloroacetic acid method. Proteins were resuspended in Laemmli sample buffer pH 6.8, separated on 4–20% precast gels (Bio-Rad, USA) and Western blotted on nitrocellulose filters. Proteins were detected with primary antibodies for Cat5 (1:2000, kindly provided by C. Clarke from University of California) and Por1 (1:10000; Abcam ab110326), followed by fluorescent secondary antibodies (anti-rabbit StarBright™ Blue 520,

anti-mouse StarBright™ Blue 700 1:5000; Bio-Rad, USA), signals were detected using Chemidoc MP Imaging System and quantified with Image Lab software (Bio-Rad, USA).

COQ8 overexpression and 2,4-diHB supplementation

To overexpress *COQ8*, *COQ8* was amplified and cloned under its natural promoter in the vector pFL36. The BY4741 *cat5* strains expressing *cat5* variants on the pFL38 vector, were transformed with the empty vector pFL36 or with pFL36-*COQ8* using the LiAc-ssDNA-PEG method, after growth in YPAD medium.

Growth analyses were performed in solid SC medium (without uracil and leucine) supplemented with glucose or acetate as carbon sources (Carlo Erba Reagents, Italy), and with or without the addition of 1mM or 2mM 2,4-dihydroxybenzoic acid (2,4-diHB) and incubated at 28°C. Oxygen consumption assay was performed as described above; when necessary 2mM 2,4-diHB was added in liquid SC medium supplemented with 0.6% glucose. 2,4-diHB was prepared at 1M in 100% ethanol and was conserved at -20°C.

For respiratory complexes subunits quantification, yeast cells were grown as for oxygen consumption assay and protein extraction was performed with the trichloroacetic acid method. Proteins were resuspended in Laemmli sample buffer pH 6.8, separated on 12% running gels and Western blotted on nitrocellulose filters. Proteins were detected with primary antibodies for SdhA (1:1000, ABclonal A2594), Core2 (1:500, kindly provided by B.L. Trumpower), Atp4 (1:10000, kindly provided by J. Velours), Cox2 (1:2500, Abcam Ab110271) and Pgc1 (1:20000, Abcam Ab113687), followed by fluorescent secondary antibodies (anti-rabbit StarBright™ Blue 520, anti-mouse StarBright™ Blue 700 1:7500; Bio-Rad, USA), signals were detected using Chemidoc MP Imaging System and quantified with Image Lab software (Bio-Rad, USA).

Homology modelling

Homology modelling of human 5-demethoxyubiquinone hydroxylase in the 33-187 amino acid range (UniProt sequence code Q99807) was based on the crystal structure of a putative bacterioferritin-related protein (Protein Data Bank, PDB, code 2VZB). The protein sequence alignment (with annotated protein secondary structure elements, and the amino acids coordinating two iron ions) is shown in Supplementary File 1. The protein model was built with SCWRL4[30]. The two iron atoms were bound to the model in positions corresponding to those observed in the putative bacterioferritin-related protein.

Results

Patients description

Patient 1—Patient 1 is a 19-year-old male of Northern European ancestry. He was born full term via vaginal delivery to a 35-year-old mother after a pregnancy complicated by oligohydramnios requiring amnio infusion. His birth weight was 3070g (28th centile), length was 52.5cm (92nd centile), and occipito-frontal circumference (OFC) was 33cm (12th centile). Apgar scores were 6, and 9 at 1 and 5 minutes, respectively. He had poor tone, and decreased air entry bilaterally. He was intubated and admitted to the NICU,

requiring conventional mechanical ventilation for 4 days. He had multiple pneumothoraces, pulmonary hypoplasia based on chest X-rays, and feeding difficulties. He received total parenteral nutrition on day of life (DOL) 2-9. He required placement of nasogastric (NG) tube due to poor suck. He had posturing at 3 weeks of life, which prompted brain imaging studies that showed hemorrhagic left middle cerebral artery infarction. Brain imaging performed at 1 month of age revealed well-defined area of cortical and subcortical left temporal infarction and early tissue loss. EEG at the time was normal. He was discharged from the NICU at 8 weeks of age.

At 4 months of age, he was admitted for failure to thrive (FTT), and noted to have hypotonia, opisthotonus, flexion contractures of the lower extremities, and myotonic jerks of his upper extremities. MRI at that time, revealed delayed myelination, increased signal in the pontine tegmentum, and minimal left temporal encephalomalacia, and brain magnetic resonance spectroscopy (MRS) showed lactate peaks in the pons and deep white matter. He had elevated lactate in blood at 8.2 mmol/L (NI: 0.5-2.2), and CSF at 5.04 mmol/L, (NI: 0.8-2.4), elevated pyruvate at 0.16mM, (NI: 0.03-0.12) with elevated lactate:pyruvate ratio at 32, (10-20). Due to continued poor feeding, he required G-button feeding between 4 to 9 months of age. Additional details of his workup are provided in Supplementary Material.

The patient has had global developmental delay since birth, with no head control until age 9 months, and was not able to sit unsupported until age 13 months. He was started on levocarnitine and a “mitochondrial cocktail” including vitamin E, ascorbic acid, pyridoxine hydrochloride, thiamine hydrochloride, and coenzyme Q. At that point, he was given the diagnosis of Leigh disease and enrolled into a dichloroacetic acid treatment trial, and continued this medication for ~7 years. He continued receiving the vitamin cocktail (CoQ10 dose was 5-10 mg/kg/day) until his COQ7-related disorder was established. His CoQ10 was then switched to ubiquinol 450 mg twice daily (~20 mg/kg/day).

He had bilateral inguinal hernia repair and orchiopexy at the age of two. He was diagnosed with moderate sensorineural hearing loss (SNHL) at the age of seven. He was diagnosed with ADHD at the age of 8 and displayed autistic traits, marked echolalia, and gesture imitations of others. Ophthalmologic examination showed mild myopic refractive error but no retinal abnormalities. At the age of 12, he had neurodevelopmental testing that showed intelligence quotient (IQ) of 44. He presented to our institution at age 14 years.

The proband’s family history is notable for two male siblings who died on day of life 1. They both had oligohydramnios and lung hypoplasia. They had no genetic testing and the underlying diagnosis was unknown. The proband has a 21-year-old healthy brother. The proband’s mother had one first trimester miscarriage. Parents are non-consanguineous and both are alive and healthy.

On physical examination at age 19 years, patient’s height was 160.4cm (16th centile), weight 44.8kg (19th centile), OFC was 53.8cm (40th centile). The proband exhibited echolalia, anticipatory anxiety, and dysarthria, and spoke in short sentences. He could follow simple commands but needed prompting for more complex commands. He displayed axial and appendicular hypotonia. The proximal and distal muscle strength (Medical Research

Council Grade) in upper extremities was 5/5, bilateral tibialis anterior was 3/5, and bilateral hamstring and quadriceps was 4/5. He had significantly reduced ankle range of motion and mild bilateral plantarflexion contractures. There was mild appendicular ataxia bilaterally and his gait was widely based.

Patient 2—Patient 2 is a 45-year-old female who began experiencing muscle weakness symptoms around 12 years of age, such as tripping while climbing stairs. Since then, she had slowly but inexorably progressive weakness of her lower limbs. At the age of 16, she was clinically diagnosed with Charcot-Marie-Tooth (CMT). She began to notice weakness in her upper limbs in late twenties. Around the same time, she also experienced a mild decrease in temperature and pain sensation in a glove-stock distribution, as well as bilateral foot drop. At the age of 41, she was dependent on scooter for transportation. At the time, a spinal MRI revealed degenerative changes of the cervical and thoracic spines and brain MRI revealed nonspecific T2 hyperintensity in the left subcortical frontal white matter. An EMG was performed, which showed abnormal motor nerve conduction velocities (motor neuropathy) consistent with a primary axonal process. Creatine kinase level was normal. She had a history of learning disabilities and dropped out of school in the 11th grade. She had no history of developmental delay, hearing or vision loss, renal or cardiac abnormalities, or spasticity. Of note, her sister, who has similar symptoms but is more severely affected, was wheelchair-bound by the age of 30. Further details regarding her sister are unavailable.

Upon her latest evaluation at the age of 44, she was able to ambulate around her home with a walker, but is not able to walk independently. Physical examination revealed mild interosseous muscle wasting on both hands, with limited active extension of her fingers but not passive extension, as well as lower extremity weakness and muscle atrophy.

The patient started taking over the counter CoQ10 (800 mg per day) after her diagnosis was confirmed, but stopped after 3 months due to lack of improvement of her symptoms.

Patient 3—Patient 3 is a 9-year-old Brazilian female who is the second child of consanguineous parents (first cousins). She met all of her early developmental milestones and could walk independently by 14 months. At the age of 3 years, she was noted to have tiptoe gait, which progressed to feet deformity and lower limb spasticity requiring Achilles tendon lengthening at the age of 4 8/12. At the age of five, she developed pes cavus deformity with hammertoes and ankle flexion deformity. When she was six years old, she began exhibiting upper and lower limb weakness, as well as spastic gait. Her physical examination at the time revealed tendon hyperreflexia, extensor plantar response, limb muscular atrophy, and finger fasciculation. At the age of 8 years, she had nerve conduction studies, which revealed decreased amplitude in right deep peroneal and right tibial nerves, with normal conduction velocity in both nerves; these findings were consistent with axonal neuropathy. EMG showed abnormal morphology of motor unit potentials (large amplitude, long duration and increased firing frequency) and reduced recruitment pattern. Her brain MRI revealed enlargement of lateral ventricles, mainly of posterior horns, with thinner of white matter adjacent to ventricles. She was also diagnosed with intellectual disabilities and was unable to read despite receiving educational support. She has never had any seizures,

dystonia, ataxia or behavioral problems. Her growth parameters were appropriate for her age.

The patient was prescribed CoQ10 (300 mg per day) after her diagnosis with COQ7-related disorder was established. She continued receiving CoQ10 despite the lack of improvement in her neurological manifestations.

Patient 4—Patient 4 is a 9-year-old Brazilian female who was born at term via uncomplicated Cesarean section following an unremarkable antenatal history. By 15 months, she had met all of her early developmental milestones and could walk independently. She also had normal for her age language development and cognitive performance at school. When she was three years old, she began exhibiting bilateral equine posturing of her feet and pes cavus deformity with her right lower extremity being more severely affected. Her medical history was otherwise unremarkable except for an atrial septum defect that required surgical repair. Family history was notable for pes cavus deformity in her paternal grandmother. Her neurological examination at age 9 years showed tiptoe gait, pes cavus, hammertoes and foot eversion. Passive range of motion of her Achilles heels was restricted to 90 degrees bilaterally, but neither spasticity nor clonus were present. There was bilateral lower extremity weakness with predominant distal musculature involvement, graded as 3/5 in foot dorsiflexion and 4/5 in plantar flexion and knee flexion. Nerve conduction studies were normal at the age of 7 years old, but an EMG was not performed.

Patient 5—Patient 5 is a 33-year-old Brazilian female who was born to consanguineous parents (first degree cousins), with an unremarkable gestational and perinatal history. She met all of her developmental milestones until the age of five, when she began displaying inward rotation of her right foot. She had a learning disability and was diagnosed with depression when she was 15 years old. At the age of 20 years, she developed paresthesia and feet atrophy and started exhibiting frequent falls. When she was 25, she was diagnosed with cardiac arrhythmia and started on metoprolol and enalapril. At the age of 33, her physical examination revealed distal atrophy, bilateral hammer toes, curved feet, lower limb spasticity, distal weakness, Achilles and brachioradialis hyperreflexia, and an absent plantar reflex. Dysmetria, an ataxic gait, dysarthria, and microsaccadic eye movements during ocular pursuit were also present. EMG showed normal motor nerve conduction velocities and latencies, with low muscle action potential amplitudes and signs of chronic reinnervation and fibrillations, suggesting a motor axonal impairment affecting the distal musculature of all extremities.

Exome sequencing identified variants in COQ7

ES of Patient 1 identified two *COQ7* variants: a maternally-inherited variant, c.446A>G; (p.Tyr149Cys) and a paternally-inherited pathogenic variant, c.161G>A; (p.Arg54Gln). Both p.Tyr149Cys and p.Arg54Gln variants have been reported in gnomAD with very low frequency (0.00001416 and 0.00001193, respectively) (Last accessed on Nov 13, 2022). *In silico* analysis using various bioinformatic tools (Revel[31], Varsity[32], SIFT[33], MT[34]) predicts deleterious effects on protein structure and/or function. The results of *in silico* analysis and classification based on ACMG criteria of all variants in this study[29] are

presented in Table 2. All disease-associated variants, including those reported in this study, are shown in Figure 1A.

ES of Patient 2 also identified two *COQ7* variants: the above mentioned missense variant, c.446A>G;(p.Tyr149Cys) and a missense variant that is predicted to affect the start codon, c.3G>T (p.Met1?). The two variants were confirmed to present in *trans*. The variant p.Met1? has not been reported in gnomAD (Last accessed on Nov 13, 2022).

ES of Patients 3 and 4 revealed that they are homozygous for the above mentioned pathogenic variants, c.161G>A (p.Arg54Gln) and Patient 5 was homozygous for the c.3G>T (p.Met1?) variant.

Homology modelling

Homology modelling showed that p.Tyr149Cys variant affects a highly conserved residue in the core of a four helix bundle of the 5-demethoxyubiquinone hydroxylase, specifically close to the site hosting the catalytical di-iron center (Fig. 1B). Thus, p.Tyr149Cys, by substituting cysteine for tyrosine, most likely impairs the function of the bi-metallic center, whose redox activity is extremely sensitive to the type and conformation of surrounding residues, or may even cause domain unfolding.

Arg54 is found in a large conserved region on the protein surface (Figure 1), suggesting that it may be involved in protein-protein interactions. However, replacing Arg54 with glutamine, which is also hydrophilic like arginine, partially preserves the chemical-physical properties of the affected site, resulting in limited function damage and explaining the variant's mild pathogenic effect.

The previously reported variant, p.Ile66Asn, introduces a hydrophilic asparagine that disrupts a hydrophobic interaction between two helices in the four helical bundle, resulting in a domain fold alteration. p.Val141Glu is also expected to be detrimental to the domain fold because the affected valine stabilizes the four helical bundle through interactions with other hydrophobic residues that glutamic acid, an anionic residue, cannot achieve. p.Leu111Pro, and p.Arg107Trp cluster on the protein surface nearby p.Arg54Gln, but differ from the latter in that they involve non-conserved amino acid substitutions, potentially causing more disruptive effects. The conservation of the affected region, as hypothesized above, suggests that it may function as an interface for intermolecular interactions. Finally, p.Thr103Met replaces a solvent-exposed threonine, a polar residue, with the hydrophobic methionine, possibly causing conformational reorganization of the protein affected region.

Yeast complementation study

To study the functional effect of the *COQ7* variants in the patients of this cohort and previously reported variants, we used the yeast *S. cerevisiae* as a model taking advantage of the presence of the ortholog gene *CAT5*. As shown by protein alignment (Fig 2A), the human residues p.Arg54, p.Ile66, p.Arg107, p.Leu111, p.Val141 and p.Tyr149, equivalent respectively to yeast p.Arg57, p.Ile69, p.Arg112, p.Leu116, p.Val146 and p.Tyr154, are conserved from yeast to humans, while the human residue p.Thr103, equivalent to yeast p.Lys108, is not conserved but lies in a conserved stretch. Therefore, for the latter we have

created both the so-called humanized version and the putative pathological allele to compare their effect as previously described[35].

To study the effect of the presumed pathological amino acid substitutions p.Arg54Gln and p.Tyr149Cys identified in our cohort, the corresponding yeast *CAT5* codons were directly mutated, producing the mutant alleles *cat5^{R57Q}* and *cat5^{Y154C}* (Fig. 2B). The previously reported human pathogenic variants, p.Ile66Asn, p.Arg107Trp and p.Val141Glu, were also investigated using strains carrying the corresponding yeast mutant alleles (*cat5^{I69N}*, *cat5^{R112W}* and *cat5^{V146E}*) (Fig. 2B).

To evaluate the effect of these variants on mitochondrial functions, we determined the strains' oxidative growth ability using a spot assay analysis. *CAT5*-5-knock out yeast (*cat5*) transformed with the empty vector was unable to grow on oxidative carbon sources (e.g., acetate); however, re-expression of the wild-type *CAT5* allele rescued the growth defect (Fig. 2C). The expression of the *cat5^{R57Q}*, *cat5^{I69N}* and *cat5^{R112W}* alleles resulted in a mild but significant growth defect on acetate. The expression of the *cat5^{Y154C}* and *cat5^{V146E}* led to a complete inability to grow on media containing oxidative carbon sources, similar to *cat5* (Fig. 2C). These results show that the variants equivalent to those identified in this cohort's patients, *cat5^{R57Q}* and *cat5^{Y154C}*, are deleterious in yeast, confirming the pathogenicity of the human variants p.Arg54Gln and p.Tyr149Cys, respectively.

To better characterize these *CAT5* variants, the respiratory activity was assessed by measuring oxygen consumption rate. When compared to the wild-type strain, all variants showed significant reduction of the respiratory rate, but to varying degrees. The strain *cat5^{Y154C}* had a nearly complete reduction of oxygen consumption rate (7.4% residual activity), comparable to the *cat5* null mutant, suggesting an almost complete loss of function of the protein. Whereas the strain *cat5^{R57Q}* showed a mild reduction in oxygen consumption rate (70.2% residual activity), a partial respiratory activity was retained, indicating that this variant does not result in a complete loss of function of the Cat5 protein. The strain *cat5^{I69N}* resulted in a severe reduction in oxygen consumption (50.1% residual activity), while the strain *cat5^{R112W}* resulted in a mild reduction in oxygen consumption (73.7% residual activity), similar to the *cat5^{R57Q}* strain. The strain *cat5^{V146E}*, on the other hand, resulted in a nearly complete loss in oxygen consumption rate (7.2% residual activity), similar to the strain *cat5^{Y154C}* and the *cat5* null mutant (Fig. 2D).

To assess the effect of the variants on protein stability, we measured the steady-state level of the Cat5 proteins using Western blot analyses. As with the *cat5* null mutant, almost no protein was detected in the strains *cat5^{Y154C}* and *cat5^{V146E}*, whereas *cat5^{R57Q}*, *cat5^{I69N}* and *cat5^{R112W}* strains showed significant reduction in the protein amount (Fig. 2E), indicating that all mutations alter protein stability in yeast but to different extents. An alternative, but less likely, interpretation could be a decreased binding affinity of the antibody due to altered protein structure.

Human p.Thr103Met and p.Leu111Pro were also studied in yeast, either alone or in *cis* on the same allele. In addition to strains carrying the p.Leu116Pro (*cat5^{L116P}*) or p.Lys108Met (*cat5^{K108M}*) substitutions and its humanized strain *cat5^{hK108T}*, the strain *cat5^{K108M+L116P}*

and its control *cat5^{hK108T+L116P}* were created to simulate the homozygous patients for this complex allele. We performed growth test analyses that showed no differences in growth at both permissive (28 °C) and stress (37 °C) temperatures (data not shown). There were no significant differences in oxygen consumption between the wild-type strain, the humanized strain *cat5^{hK108T}* (88.7% vs. wt), and the mutant strain *cat5^{K108M}* (107.1% vs. wt), whereas the strain *cat5^{L116P}* showed a significant reduction in oxygen consumption rate (74.2% vs. wt). The strain *cat5^{hK108T+L116P}* had a defect similar to *cat5^{L116P}* (69.7% vs. wt), whereas the strain *cat5^{K108M+L116P}* had a worsening of the defect (58.4% vs. wt) (Fig. 2F). These results suggest that the substitution p.Leu116Pro, equivalent to human p.Leu111Pro, is slightly deleterious, whereas p.Lys108Met, equivalent to the human p.Thr103Met, causes a defect only when it is in *cis* as a complex allele with p.Leu116Pro, resulting in aggravation of the mutant phenotype. Western blot analyses did not show significant differences in any of these alleles (data not shown).

COQ8 overexpression and 2,4-diHB supplementation

We evaluated the effect of *COQ8* overexpression, which promotes the stabilization of the CoQ complex[36] and/or 2,4-diHB supplementation, a structural analog of 4-HB (4-hydroxybenzoic acid), the native precursor of the CoQ benzoquinone ring, on the mutants that presented an oxidative growth defect (*cat5^{R57Q}*, *cat5^{I69N}*, *cat5^{R112W}*, *cat5^{Y154C}*, and *cat5^{V146E}*); the wild-type strain and the null mutant strain were used as controls.

The null mutant *cat5* was unable to grow in the presence of 2,4-diHB without *COQ8* overexpression; however, in presence of *COQ8* overexpression, *cat5* showed partial growth in a 2,4-diHB dose-dependent manner. The leaky mutant strains (*cat5^{R57Q}*, *cat5^{I69N}* and *cat5^{R112W}*) overexpressing *COQ8* showed improvement of oxidative growth on acetate, whereas the severe mutants (*cat5^{Y154C}* and *cat5^{V146E}*) had almost no effect, suggesting that the stabilization of the complex has a beneficial effect depending on the residual activity of Cat5 mutant protein (Fig. 3A). We saw a significant improvement in oxidative growth on acetate, but to different extents, for all mutants when we added 1mM 2,4-diHB to the medium; for severe mutants, the beneficial effect of 2,4-diHB was strongly increased when *COQ8* was overexpressed (Fig. 3A). We observed a dose-dependent response by increasing the concentration of 2,4-diHB; specifically, with 2mM 2,4-diHB supplementation, severe mutants *cat5^{Y154C}* and *cat5^{V146E}* showed a significant reduction of the growth defect even without *COQ8* overexpression. Respiratory activity was assessed to further characterize the beneficial effect of *COQ8* overexpression and/or 2 mM 2,4-diHB supplementation. No significant difference was identified between the wild-type strain, the wild-type strain overexpressing *COQ8* (+ *COQ8*), the wild-type strain after 2,4-diHB supplementation (+ DHB), and the wild type with both the treatments (combo). Similarly, no significant differences were observed when the null mutant strain received same treatments (non-treated, + *COQ8*, + DHB, combo). On the other hand, all mutant strains showed significant improvement using the two treatments individually (+ *COQ8*, + DHB) or together (combo). The only exception is the *cat5^{R112W}* strain overexpressing *COQ8*, probably due to the milder defect of this strain, making it more difficult to appreciate small variations. Notably, the *cat5^{Y154C}*, and *cat5^{V146E}* strains, which had significantly decreased oxygen consumption,

demonstrated a more pronounced beneficial effect, leading to a complete restoration of respiratory activity when both treatments were combined (combo, Fig. 3B).

A reduction of the levels of some mitochondrial proteins was previously reported for the null mutant *cat5* [37]. Therefore, we measured by Western blot the levels of the respiratory complexes subunits Sdh1 (complex II), Core2 (complex III), Cox2 (complex IV) and Atp4 (complex V) to better understand the mechanism underlying the beneficial effect of the treatments (+ *COQ8*, + DHB, combo).

A significant reduction in all proteins studied was detected for the severe mutants (carrying Y154C and V146E variants) and for the null mutant strain (*cat5*), while no significant difference was visible for the leaky mutants (carrying R57Q, I69N, and R112W variants, data not shown). *COQ8* overexpression and/or 2,4-diHB supplementation were tested on *cat5*, *cat5^{Y154C}* and *cat5^{V146E}* to evaluate the potential beneficial effect. No significant improvement was detectable for the *cat5* strain with the different treatments (+ *COQ8*, + DHB, combo); while an appreciable improvement in protein quantity was detected for the *cat5^{Y154C}* and *cat5^{V146E}* strains, especially when both treatments were combined (Fig. 3C). These results suggest that the improvement of oxidative growth and respiratory activity through *COQ8* overexpression and 2,4-diHB supplementation could be partially due to increased levels of the respiratory complexes.

Discussion

We report the largest cohort of patients with *COQ7*-associated primary CoQ₁₀ deficiency and present functional studies with diagnostic and therapeutic implications. According to the clinical data from our cohort and previously reported patients, there are two main clinical phenotypes of *COQ7*-associated primary CoQ₁₀ deficiency: a neonatal-onset presentation with severe neuromuscular, cardiorespiratory and renal involvement and a late-onset disease presenting with lower extremity weakness, abnormal gait, progressive neuropathy and variable developmental delay (Table 1). Patients with neonatal-onset disease, including Patient 1 in our study and two previously reported patients [9, 20], had prenatal complications such as oligohydramnios (3/3) and IUGR (2/3). Hypotonia, spasticity, moderate-to-profound developmental delay, contractures and hearing impairment (sensorineural or mixed) are also common among neonatal-onset patients. All patients with neonatal-onset disease had respiratory involvement: two patients had lung hypoplasia and one had central hypoventilation. Two of the three patients had cardiac and renal involvement. One patient had cardiomyopathy, which led to heart failure triggered by sepsis and early death.

The disease course was more variable in patients with later-disease (11/14) [18, 19, 21, 23]. The age of onset ranged from 14 months to 12 years. Lower extremity weakness and abnormal gait were the presenting symptoms of all reported patients. Three of the patients (3/7) in this group had hearing impairment, which was less severe than the patients in the neonatal onset group (denominator is different from 11 based on availability of data in previous reports). Mild developmental delay (3/8), speech delay (3/11) and learning disabilities (5/7) are also present among patients with the late-onset disease. In this cohort,

patient 5 was found to have an adult-onset cardiac arrhythmia. There are no reports of renal or respiratory involvements in late-onset disease.

The most common variant in known patients is p.Arg54Gln, which was found in homozygous state in 3 patients and heterozygous in one patient, accounting for 7 out of 26 alleles (27%) (Siblings with same genotype were counted once). The variant p.Met1? was found in 2 families in a homozygous state and in 1 heterozygote patient and accounts for 19% (5/26) of alleles, while the complex allele p.[Thr103Met;Leu111Pro] was found in 3 homozygotes, accounting for ~23% (6/26) of alleles. The p.Tyr149Cys variant accounts for ~11% (3/26) of all alleles. All previously reported patients harbor missense variants in at least one allele. A single frameshift variant, p.Lys200Ilefs*56, was identified in a previously reported patient who was heterozygote for p.Arg107Trp; this patient exhibited severe phenotype and early death[20]. These findings indicate that *COQ7* is essential for mitochondrial function and that its complete loss is fatal in human.

Despite the small number of patients with *COQ7*-associated primary CoQ₁₀ deficiency, there is some genotype-phenotype correlation. The 3 patients who are homozygous for p.Arg54Gln (2 in this cohort and 1 reported by Wang et al, 2022[19]) had a milder phenotype with primarily muscular involvement. These patients had no hearing loss, visual impairment, cardiomyopathy or renal dysfunction. Functional studies in fibroblasts of the previously reported patient showed approximately 45% reduction of CoQ₁₀ level and drastic decrease in *COQ7* expression[19]. Protein homology revealed that the replacement of Arg54 by a glutamine partially preserves the chemical-physical properties. Residual activity of p.Arg54Gln is also observed in *CAT5*-knockout yeast strain harboring p.Arg57Gln. These findings indicate that p.Arg54Gln is likely a hypomorphic allele. The *CAT5*-knock out yeast strain harboring p.Tyr154Cys, equivalent to p.Tyr149Cys, has complete oxidative growth defect, indicating a severe impact on enzyme function. Furthermore, Western blot shows a drastic reduction of the yeast protein steady-state level. Protein modelling also indicates major impact of the variant on protein function. The p.Tyr149Cys variant has never been reported in a homozygous state suggesting a severe phenotype that can lead to lethality. A recent study described 3 siblings homozygous for p.Met1? and who exhibited adolescent-onset distal motor neuropathy[23]. Patient 2 and Patient 5 also harbor this variant that affects the initiation codon of isoform 1, a main isoform in motor neuron and fibroblast (Figure 1A)[23]. The second initiation codon is predicted to cause a frameshift and nonfunctional protein, but this is unlikely because of the milder phenotypes, while the third initiation codon is in-frame and predicted to cause a truncated protein lacking 38 amino acid residues from N-terminus involving a mitochondrial transport signaling (MTS). The loss of MTS was shown to cause protein mis-localization in other mitochondrial proteins[38], but localization of *COQ7* was not affected[23]. Instead, the protein level of *COQ7* was severely reduced in patients' fibroblasts, likely from translational defect [23]. Investigation in neuroblastoma cell line showed that *COQ7* isoform 1 was severely affected, while the two other isoforms which use different initiation codons could partially compensate for *COQ7* isoform 1 function[23]. These results, in combination with later-onset disease and milder presentation of the patients harboring p.Met1?, indicate that p.Met1? is also a hypomorphic allele.

Yeast studies facilitated the validation of pathogenicity of all the studied variants, allowing us to broaden the genotypic spectrum of this disorder and characterize the functional impact of the variants on mitochondrial function. Although a heterologous complementation approach could allow to study any mutation, the homologous complementation approach showed to be useful to study several variants due to the high similarity of protein sequences.

The variants studied can be divided into two groups: those that cause a leaky defect (yeast p.Arg57Gln, p.Ile69Asn, p.Arg112Trp and p.Leu116Pro) and those that cause a severe defect (yeast p.Tyr154Cys and p.Val146Glu). Accordingly, human p.Arg54Gln, p.Ile66Asn, p.Arg107Trp and p.Leu111Pro variants are hypomorphic alleles, whereas human p.Tyr149Cys and p.Val141Glu are amorphic alleles. The latter two were observed in patients with neonatal onset disease, indicating that the yeast study correlates well with the clinical presentation. While p.Arg107Trp was found in a patient with neonatal-onset disease who also has a frameshift variant, p.Lys200Ilefs*56, which was predicted to cause complete loss of the protein [20]. The variant p.Lys108Met, which is equivalent to human p.Thr103Met, did not cause an oxidative defect, but did worsen the phenotype of the strain carrying p.Leu116Pro (equivalent to human p.Leu111Pro)[21].

The importance of early diagnosis of CoQ₁₀ deficiencies is highlighted by its response to treatment with CoQ₁₀ supplementation[39, 40]. Supplementation can improve myopathy and renal involvement; however, it does not halt the progression of neurologic phenotypes[41]. In our cohort, Patient 1-3 received CoQ₁₀ supplementation but no significant neurologic improvement has been observed. Patients with primary CoQ₁₀ deficiency respond differently to CoQ₁₀ supplementation depending on the underlying genetic defect, organ damage at the time of treatment initiation, CoQ₁₀ pharmaceutical formulations, dose, and its dosing interval [3, 42] Since oral CoQ₁₀ supplementation is less effective once severe organ damage has already occurred, the lack of response to treatment in three of our patients may indicate prior or even prenatal neuronal damage that could not be repaired. A synthetic substrate of CoQ₁₀ biosynthesis, 2,4-diHB, was shown to bypass COQ7 hydroxylase and restore respiratory enzyme activities in fibroblasts of patients with severe COQ7 defects[21, 23]. However, it also acts as competitive inhibitor of COQ7 hydroxylase, and causes the reduction of CoQ₁₀ biosynthesis in fibroblasts of patients with residual COQ7 hydroxylase activity[21]. Our data show that overexpression of *COQ8* could restore the growth of *COQ7* leaky mutants but not *cat5* strain, indicating that the effect of *COQ8* to restore oxidative growth depends on the presence of Coq7. Coq8 functions to stabilize multiple enzymes in CoQ biosynthesis, including Coq7[37]. Supplementation of 2mM 2,4-diHB partially rescues the growth defect and the reduction of respiratory activity of both the leaky and severe mutations, possibly due to an increase in the levels of respiratory complexes. Overexpression of *COQ8* and 2 mM 2,4-diHB supplementation fully restore oxidative growth and respiratory activity for all the mutants. These results suggest additional therapeutic approaches should be studied in patients with *COQ7*-related disorder.

In this work, we studied and characterized a large cohort of patients with COQ7-related primary CoQ₁₀ deficiency. We defined two disease presentations: early-onset and late onset, each with a unique natural history and prognosis. We established Baker's yeast as a model organism to study the functional effects of *COQ7* variants. We utilized this model to study

COQ7 variants and potential treatment options. We demonstrated that a higher residual activity of COQ7 correlates with milder clinical severity, supporting an emerging genotype to phenotype relationship. We also used homology modelling to study the effect of the variants on protein structure and predict their functional impact. Despite expanding the genotypic and phenotypic spectra of this ultra-rare disorder, larger cohorts of patients are required to better define the genotype to phenotype correlation, the natural history of the disease, biomarkers of the disorders, and whether specific treatments can improve clinical findings.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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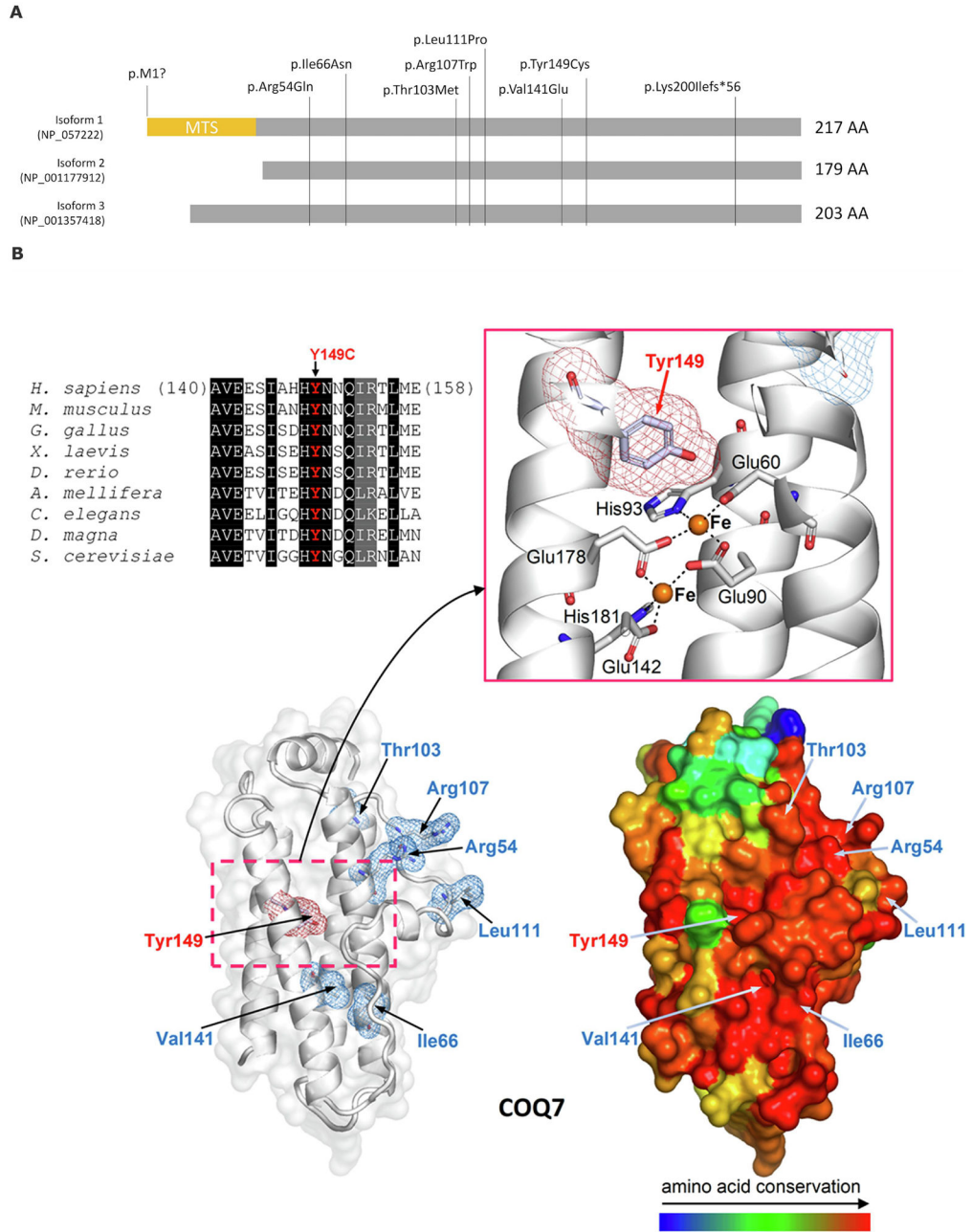


Figure 1. COQ7 protein structure and known disease-associated variants.

(A) Three main isoforms of COQ7 proteins and all known disease-associated variants reported. MTS-mitochondrial targeting sequence (adapted from Jacquier, et al[23]). (B) Multiple sequence alignment highlights the conservation of Tyr149. Columns with identical and similar residues are shadowed, respectively, in black and gray. The homology model of 5-demethoxyubiquinone hydroxylase (based on PDB structure 2VZB; see Materials and Methods for details) is shown with the site of Tyr149Cys replacement (Tyr149 is highlighted by red meshes) and of the previously reported variants p.Arg54Gln, p.Arg107Trp, p.Leu111Pro, and p.Val141Glu (highlighted by blue meshes). On the left, the COQ7 model is presented showing the protein structure as white ribbons and transparent protein surface

(the zoomed view details Tyr149, the two active iron ions, represented by orange spheres, and the metal-coordinating residues). On the right, the same model is represented as protein surface colored according to amino acid conservation (as inferred from the multiple sequence alignment of homologous proteins from the following organisms/UniProt entries: *H. sapiens*, Q99807; *M. musculus*, P97478; *G. gallus*, A0A1D5NTT1; *X. laevis*, Q640V8; *D. rerio*, F1QW05; *A. mellifera*, Q6J4P7; *C. elegans*, P48376; *D. magna*, A0A0P6DRG9; *S. cerevisiae*, P41735).

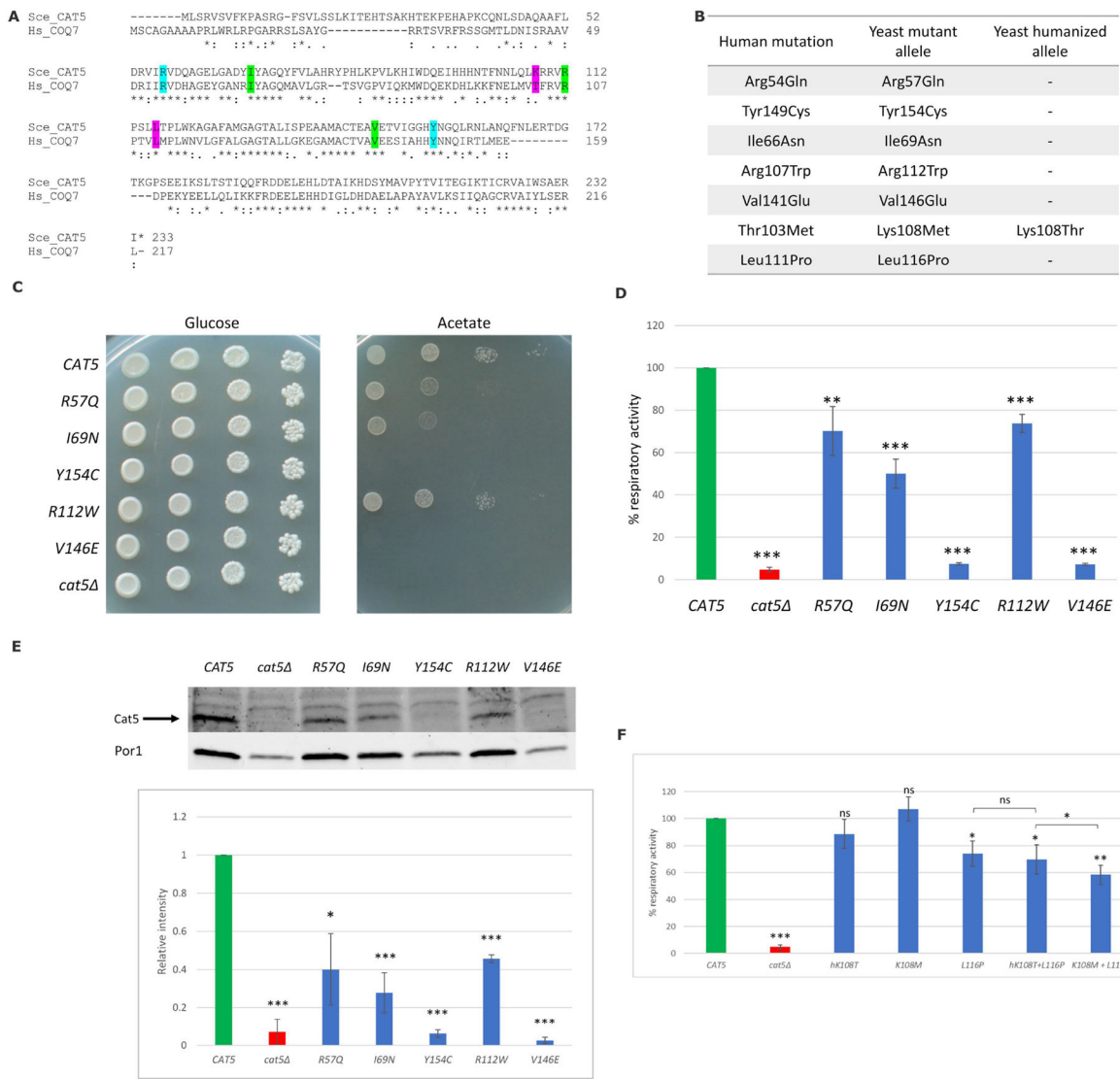


Figure 2. Functional studies of *COQ7* variants using a yeast model system.

(A) Alignment (Clustal Omega) of the human *COQ7* and the yeast *Cat5* proteins. The residues affected in our cohort's patients are highlighted in cyan, residues affected in previously reported patients are highlighted in green, and two additional residues identified in compound homozygous state in patients are highlighted in pink. Amino acids are indicated as conserved (*), with strongly similar properties (:), or with weakly similar properties (.); (B) Amino acid changes found in the patients and the corresponding humanized and mutant yeast alleles; (C) The *cat5* strain harboring wild-type, mutant alleles or the empty vector were serially diluted and spotted on SC (without uracil) agar plates supplemented with the fermentable carbon source 2% glucose or the non-fermentable carbon source 2% acetate and incubated at 28°C; (D) Cells were grown at 28°C in SC medium without uracil supplemented with 0.6% glucose. Values are represented as the mean of at least three values \pm SD. The green bar indicates the wild-type strain; the blue bars indicate strains carrying the alleged pathological mutations; the red bar indicates the null mutant strain. Statistical analysis was performed using a one-tail paired Student's t-test: ** $p < 0.01$,

*** $p < 0.001$; (E) Representative Western blot on total protein extract using an anti-Cat5 polyclonal antibody and anti-Por1 as loading control; signals were first normalized to Porin and then to the wild-type to which the value 1.0 was assigned. Densitometric analysis is reported in the histogram below the blot and was performed on at least three independent blots using Image Lab Software (Bio-Rad). Statistical analyses were performed using a one-tail paired Student's t-test: * $p < 0.05$, *** $p < 0.001$; (F) Cells were grown at 28°C in SC medium without uracil supplemented with 0.6% glucose. Values are represented as the mean of at least three values \pm SD. The green bar indicates the wild-type strain; the blue bars indicate strains carrying the humanized allele or the alleged pathological mutations; the red bar indicates the null mutant strain. Statistical analyses were performed using a one-tail paired Student's t-test: ns: not significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. All comparisons are referred to the wild-type unless indicated with brackets.

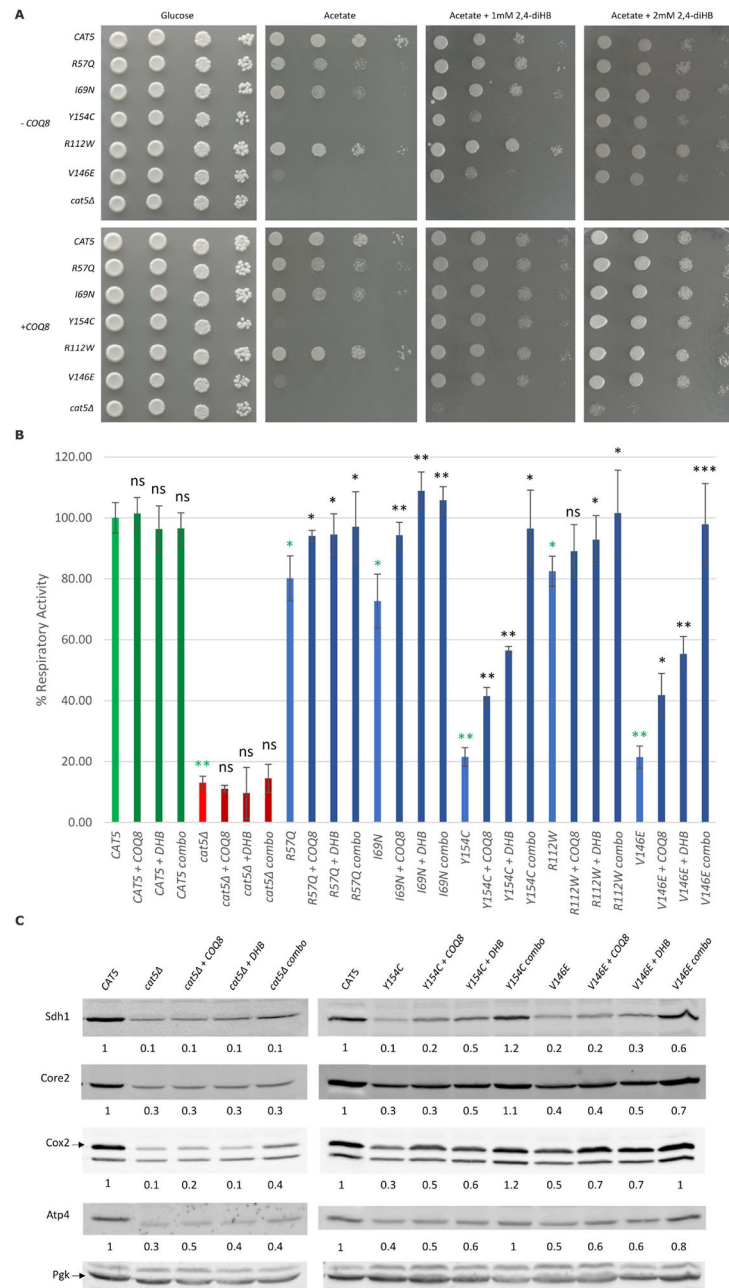


Figure 3. 2,4-Dihydrobenzoic acid supplementation and overexpression of *COQ8* synergistically rescued oxidative growth defect of mutant *cat5* strain.

(A) Oxidative growth: the *cat5* strain harboring wild-type and mutant alleles or the empty vector with or without *COQ8* overexpression (\pm *COQ8*) were serially diluted and spotted on SC agar plates supplemented with the fermentable carbon source 2% glucose or the non-fermentable carbon source 2% acetate, with or without the addition of 2,4-dihydroxybenzoic acid (2,4-diHB) and incubated at 28°C (B) Respiratory activity: Non-treated strains, strains with *COQ8* overexpression (+ *COQ8*), with 2 mM 2,4-diHB supplementation (+ DHB) or with both treatments (combo) were grown at 28°C in SC medium without uracil and leucine supplemented with 0.6% glucose. Values are represented as the mean of at least three values

±SD. The green bars indicate the wild-type strains; the blue bars indicate strains carrying different *COQ7* variants; the red bars indicate the null mutant strains. Light colors for the non-treated strains, and dark colors for the treated strains. Statistical analysis was performed using a one-tail paired Student's t-test comparing the non-treated mutant strains with the non-treated wild type strain (green asterisks) or comparing the treated strains to the relative non-treated strain (black asterisks/ns). ns: not significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. (C) Representative Western blots for the evaluation of respiratory complexes subunits levels on the wild-type strain, *cat5* strain and strains carrying Y154C and V146E variants with *COQ8* overexpression (+ *COQ8*), 2,4-diHB supplementation (+ DHB) and with both the treatments (combo). Antibodies used: Sdh1 for complex II; Core2 for complex III; Cox2 for complex IV; Atp4 for complex V; Pgk as loading control. The quantification was performed on two independent blots using Image Lab Software (Bio-Rad).

Table 1Clinical and biochemical characteristics of known patients with *COQ7*-associated primary CoQ10 deficiency

	Freyer et al, 2015	Wang et al, 2017	Kwong et al, 2019	Hashemi et al, 2020	Wang et al, 2022	Jacquier et al, 2022 (II-2)	Jacquier et al, 2022 (II-1)	Jacquier et al, 2022 (II-3)
Variant	c.422T>A p. (Val141Glu)	c.332T>C (p.Leu111Pro) c.308C>T (p.Thr103Met)	c.599_600 delinsTAATGCATC (p.Lys200Ilefs*56) c.319C>Tp. (Arg107Trp)	c.332T>C (p.Leu111Pro) c.308C>T (p.Thr103Met)	c.161G>A (p.Arg54Gln)	c.3G>T (p.Met1?)	c.3G>T (p.Met1?)	c.3G>T (p.Met1?)
Zygoty	Homozygous	Homozygous (both)	Compound heterozygous	Homozygous (both)	Homozygous	Homozygous	Homozygous	Homozygous
Gender	Male	Female	Male	Female	Male	Male	Female	Male
Consanguinity	+	+	-	+	+	-	-	-
Gestational age when born	Full term	37 weeks	33 weeks	38 weeks	39 weeks	N/A	N/A	N/A
Prenatal complications	Oligohydramnios, fetal lung hypoplasia, IUGR	Gestational diabetes	IUGR, cardiomegaly, TR, oligohydramnios	-	-	N/A	N/A	N/A
SGA	+	-	+	-	-	N/A	N/A	N/A
Age at onset of symptoms	Birth	14 months	Birth	2 years	15 months	12 years	9 years	10 years
Age at last examination/evaluation	9 years	6 years	12 months	9 years	4.5 years	36 years	25 years	42 years
Developmental delay	Moderate	-	Profound	-	+	-	-	--
Intellectual disabilities	N/A	-	N/A	-	N/A	N/A	N/A	N/A
Learning difficulties	+	+(Inattention)	N/A	+(Inattention)	N/A	N/A	N/A	N/A
Abnormal tone (hypo/hypertonia/spasticity)	Hypotonia, contracture of LE	Spastic paraparesis, mild truncal hypotonia	Generalized hypotonia	Spasticity	Hypotonia, spasticity, contracture LE	LE stiffness	N/A	N/A
LE Weakness	+	+	+	+	+	+	+	+
LE Spasticity	+	+	+	+	+	+	+	N/A
Muscular atrophy	+	+	+	-	N/A	+	N/A	+
Abnormal gait	+	+	N/A	+	+	+	+	+
Speech delay	-	N/A	N/A	-	+	N/A	N/A	N/A
Ophthalmologic	Visual dysfunction	-	Ptois, bilateral visual loss	-	N/A	Myopia	N/A	N/A
Audiologic	Mixed HL	Low frequency SNHL	Profound hearing impairment	Mild SNHL	N/A	-	N/A	N/A
Cardiovascular	Systemic hypertension and LVH	N/A	Severe hypertrophic cardiomyopathy, TR and pericardial effusion	-	N/A	-	N/A	N/A
Respiratory	Lung hypoplasia with persistent	-	Central hypoventilation	-	N/A	N/A	N/A	N/A

	Freyer et al, 2015	Wang et al, 2017	Kwong et al, 2019	Hashemi et al, 2020	Wang et al, 2022	Jacquier et al, 2022 (II-2)	Jacquier et al, 2022 (II-1)	Jacquier et al, 2022 (II-3)
	pulmonary Hypertension of newborn							
Renal	Renal dysfunction with small dysplastic kidneys with impaired cortical differentiation	–	Multiple renal cysts and diffusely increased echogenicity with accentuation of cortico-medullary differentiation.	–	N/A	N/A	N/A	N/A
Gastrointestinal	Feeding difficulties, FTT	–	Feeding difficulties, FTT	–	N/A	N/A	N/A	N/A
Brain MRI	Normal	Normal	Subdural hematoma, basal ganglial and thalami hypodensities with abnormal lactate peak	Normal	Increased T2A and Flair signal in the supratentorial bilateral periventricular white matter.	Normal	N/A	N/A
EMG	Peripheral sensorimotor polyneuropathy of axonal and demyelinating type	N/A	N/A	Normal	N/A	Pure motor axonal neuropathy affecting predominantly distal lower extremities. .	Pure motor axonal neuropathy affecting predominantly distal lower extremities. .	N/A
Respiratory chain enzymes	Complex I + III and IV deficiency	N/A	Complex II + III deficiency with normal isolated activity of complex II and complex III	N/A	N/A	N/A	N/A	N/A
Biochemical findings								
Blood (amino acids, carnitine/ acylcarnitine profile, ie)	N/A	Normal	Elevated alanine	Normal	N/A	N/A	N/A	N/A
Hyperlactatemia (mean value and range)	+	–	+	–	N/A	N/A	N/A	N/A
Urine (amino acids, organic acids, ie)	Moderately increased excretion of fumarate and malate	Normal	Increased lactate, pyruvate, 3-hydroxybutyrate, dicarboxylic aciduria and TCA cycle intermediates.	N/A	Normal	N/A	N/A	N/A
CSF (amino acids, lactate, ie)	Elevated CSF lactate and slightly increased albumin	Elevated CSF lactate, slight decrease in total protein	N/A	N/A	N/A	N/A	N/A	N/A
Treatment	CoQ10	CoQ10 11.4 mg/kg twice daily	CoQ10 20 mg/kg/d	CoQ10	None	N/A	N/A	N/A

Abbreviation: ASD- atrial septal defect; CoQ10- Coenzyme Q10; CSF- cerebrospinal fluid; EMG- electromyography; FTT- failure to thrive; HL- hearing loss; IUGR- intrauterine growth retardation; LE- lower extremities; LVH- left ventricular hypertrophy; N/A- not available; SGA- small for gestational age; SNHL- sensorineural hearing loss; TCA- tricarboxylic acids; TR- tricuspid regurgitation. Shaded columns- patients with neonatal-onset presentation of COQ7-associated primary CoQ10 deficiency

Table 2

In silico prediction and ACMG classification of the missense variant

	c.446A>G;(p.Tyr149Cys)	c.161G>A;(p.Arg54Gln)	c.3G>T (p.Met1?).
Revel	Deleterious (moderate) (0.83)	Deleterious (supporting) (0.7)	Uncertain (0.35)
Variety	Deleterious (0.96)	Deleterious (0.9)	Deleterious (0.96)
SIFT	Deleterious (supporting) (0)	Uncertain (0.001)	Deleterious (supporting) (0)
MT	Deleterious (1)	Deleterious (1)	Deleterious (1)
CADD score	27.2	27.0	24.9
gnomAD allele frequency	0.00001416	0.00001193	0
ACMG Classification	PS3, PM2, PP3, PP4	PS3, PM2, PP3, PP4	PVS1, PM2, PP4, PP5
Interpretation	Likely Pathogenic	Likely pathogenic	Likely Pathogenic

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