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Two Cases of Sporadic Amyotrophic Lateral Sclerosis With Contrasting Clinical Phenotypes: Genetic Insights

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Abstract

Amyotrophic lateral sclerosis (ALS) is a fatal neuromuscular disease that affects individuals of diverse racial and ethnic backgrounds. There is currently no cure for ALS, and the number of efficient disease-modifying drugs for ALS is limited to a few, despite the large number of clinical trials conducted in recent years. The latter could be attributed to the significant heterogeneity of ALS clinical phenotypes even in their familial forms. To address this issue, we conducted postmortem genetic screening of two female patients with sporadic ALS (sALS) and contrasting clinical phenotypes. The results demonstrated that despite their contrasting clinical phenotypes, both patients had rare pathologic/deleterious mutations in five genes: *ACSM5*, *BBS12*, *HLA-DQB1*, *MUC20*, and *OBSCN*, with mutations in three of those genes being identical: *BBS12*, *HLA-DQB1*, and *MUC20*. Additional groups of mutated genes linked to ALS, other neurologic disorders, and ALS-related pathologies were also identified. These data are consistent with a hypothesis that an individual could be primed for ALS via mutations in a specific set of genes not directly linked to ALS. The disease could be initiated by a concerted action of several mutated genes linked to ALS and the disease's clinical phenotype will evolve further through accessory gene mutations associated with other neurological disorders and ALS-related pathologies.

Categories: Neurology, Genetics

Keywords: whole exome sequencing, next generation sequencing, postmortem genetic screening, clinical heterogeneity, amyotrophic lateral sclerosis

Introduction

Amyotrophic lateral sclerosis (ALS) is a progressive fatal neurodegenerative disease affecting upper motor neurons (Betz cells in layer V of the primary motor cortex) and lower motor neurons (brainstem cranial motor nerve nuclei and spinal anterior horn cells) in the central nervous system. It is typically characterized by an adult onset with focal muscle weakness and wasting which then spreads to the rest of the body [\[1,](javascript:void(0)) 2]. Limb onset is the most common presentation with unilateral or bilateral limb weakness. Approximately 20%-30% of ALS patients will initially experience problems with speech and swallowing as a result of bulbar muscle dysfunction (bulbar onset) [\[1,](javascript:void(0)) 3]. From the genetic standpoint, nearly 15% of ALS cases are familial (inherited, fALS) with the GGGGCC hexanucleotide tandem repeat expansion in the *C9orf72* gene accounting for 20-50% of fALS cases [\[4\]](javascript:void(0)). The other most often mutated genes in fALS are *SOD1*, *TARDBP (TDP-43)*, *FUS*, *ANG,* and *OPTN* [\[4\]](javascript:void(0)). Most ALS patients do not have a family history of the disease and represent the sporadic form of ALS (sALS) which is underpinned by multiple rare genetic variants consistent with the polygenic/oligogenic nature of the disease [\[4,](javascript:void(0)) 5]. The latter, along with the patient's age, environmental and social factors, as well as the co-existing medical conditions such as hyperlipidemia and diabetes could contribute to highly diverse clinical phenotypes of sALS [\[2,](javascript:void(0)) 4]. Therefore, treating sALS as one disease regardless of its heterogeneity could be one of the most important reasons for the failure of numerous clinical trials [\[1\].](javascript:void(0)) Hence, delineating the molecular basis and mechanisms of sALS clinical heterogeneity could provide a valuable lead for disease-modifying drug development as well as for the more efficient, personalized treatment of sALS patients and lessening a tremendous burden on their caregivers.

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Case Presentation

Body donors

Two human bodies were received through the Saint Louis University (SLU) Gift Body Program with signed informed consent from the donors.

Donor 1 (D1)

A 47-year-old female was initially referred for possible ALS. Approximately two years earlier, she fell with no significant injury. She began to experience progressive weakness in her lower extremities and falls. A year later, she was diagnosed with possible ALS. She started using a wheelchair approximately one year after symptom onset. She developed contractures in her upper extremities as well as dysarthria, dysphagia, and emotional lability of inappropriate laughing and crying. Past medical history was negative. The family history for ALS was negative. Physical examination showed a pseudobulbar effect, anarthria, facial muscle weakness, tongue fasciculation, and diffuse atrophy of limb muscles with spasticity. Reflexes were brisk. Imaging studies of the complete spine were noncontributory. Nerve conduction and electromyography were consistent with motor neuron disease. The patient developed shortness of breath and required a gastrostomy tube for nutrition. The patient passed away three years after symptom onset.

Donor 2 (D2)

A 61-year-old female began experiencing right upper extremity twitches and later noticed fasciculation in the left upper extremity. She began experiencing weakness of the left upper extremity one year prior to the presentation. Later, she developed spasms, cramps, and muscle twitches in both lower extremities. The patient did not have dysarthria, dysphagia, or shortness of breath. The family history for ALS was negative. Past medical history was significant for anxiety, depression, hyperlipidemia, osteopenia, colonic polyps, and essential tremors. Physical examination was significant for normal cranial nerves, left upper extremity motor strength of 3-4+/5 (Medical Research Council scale), atrophy of small muscles of the left hand, and brisk knee reflexes with down-going plantars. The MRI scan of the cervical spine did not show spinal stenosis. The patient underwent three nerve conduction and electromyography studies, which were consistent with motor neuron disease. Two years later, she began experiencing shortness of breath and dysphagia. She began experiencing weakness in both lower extremities. The patient sustained subdural and epidural hematomas due to a mechanical fall, from which she recovered with retrograde amnesia. The patient continued to progress and passed away 10 years after symptom onset.

Genetic analysis

The whole exome sequencing (WES) on the Next-Generation Sequencing (NGS) platform and bioinformatics analysis were performed as previously described $[6, 7]$ $[6, 7]$, with the following modifications. DNA extracted from the tibia specimens procured from the embalmed subject bodies was sequenced to a 30× depth of coverage (~4.5 Gb) on the Illumina HiSeq 2500 NGS platform in the 2 × 100 base read format. The 30× depth of coverage fulfills a requirement for the detection of human genome mutations (10× to 30×, Illumina). DNA extraction was performed by the Paleo-DNA Laboratory (Lakehead University, Canada), and the whole exome sequencing was conducted by Omega Bioservices (Norcross, GA). The cumulative exome coverage for >25× depth of coverage for D1 and D2 were 91.5% and 97.1%, respectively. The variant call and annotation were performed by the Genome Technology Access Center (GTAC, Washington University in St. Louis) using SnpSift varType and DRAGEN. The resultant data were presented in Microsoft Excel format, and rare (minor allele frequency (MAF) ≤ 0.01) pathologic/deleterious variants were identified through five consecutive filtering steps described elsewhere [\[6,](javascript:void(0)) 7]. The three final filtering steps in the bioinformatics analysis employed the SIFT [\[8\]](javascript:void(0)), PolyPhen_2-HDIV [\[9\]](javascript:void(0)), and PROVEAN [\[10\]](javascript:void(0)) algorithms. Functional annotation of the remaining variants was performed by searching the GeneCards, Google Scholar, and PubMed databases.

Results

The WES on the Illumina NGS platform revealed that DNA procured from D1 and D2 had a set of five shared genes affected in both donors by rare mutations (MAF ≤ 0.01) that were identified through a very stringent bioinformatics analysis [\[6,](javascript:void(0)) 7] as pathologic/deleterious (Table *[1](javascript:void(0))*). Importantly, genetic variants in three of those genes, *BBS12*, *HLA-DQB1*, and *MUC20*, were exact matches between D1 and D2 (Group I) (Table *[1](javascript:void(0))*).

TABLE 1: Shared genes mutated in D1 and D2 sALS subjects and their respective rare pathologic/deleterious variants (Group I). Embolden text depicts genes with an exact variant match between D1 and D2.

HET: heterozygous allele, MAF: minor allele frequency, sALS: sporadic amyotrophic lateral sclerosis.

Additionally, a large number of additional relevant genes with rare pathologic/deleterious mutations in both donors were identified and grouped, based on the database and literature searches, into the following categories: variants linked to ALS (Group II), variants linked to other neurologic disorders (Group III), and variants linked to ALS-related pathology (Group IV).

Variants linked to ALS (Group II) are listed in Tables *[2](javascript:void(0))*, *[3](javascript:void(0))*.

TABLE 2: Genes with rare pathologic/deleterious genetic variants in D1 linked to ALS (Group II).

HET: heterozygous allele, MAF: minor allele frequency, ALS: amyotrophic lateral sclerosis, sALS: sporadic amyotrophic lateral sclerosis.

TABLE 3: Genes with rare pathologic/deleterious genetic variants in D2 linked to ALS (Group II).

HET: heterozygous allele, MAF: minor allele frequency, ALS: amyotrophic lateral sclerosis, sALS: sporadic amyotrophic lateral sclerosis.

Variants linked to other neurologic disorders (Group III) are listed in Tables *[4](javascript:void(0))*, *[5](javascript:void(0))*.

TABLE 4: Genes with rare pathologic/deleterious genetic variants in D1 linked to other neurologic disorders (Group III).

HET: heterozygous allele, MAF: minor allele frequency, ALS: amyotrophic lateral sclerosis, sALS: sporadic amyotrophic lateral sclerosis.

TABLE 5: Genes with rare pathologic/deleterious genetic variants in D2 linked to other neurologic disorders (Group III).

ALS: amyotrophic lateral sclerosis.

Variants linked to ALS-related pathology (Group IV) are listed in Tables *[6](javascript:void(0))*, *[7](javascript:void(0))*.

TABLE 6: Genes with rare pathologic/deleterious variants in D1 linked to ALS-related pathology (Group IV).

ALS: amyotrophic lateral sclerosis.

TABLE 7: Genes with rare pathologic/deleterious genetic variants in D2 linked to ALS-related pathology (Group IV).

ALS: amyotrophic lateral sclerosis

Analysis of the specific groups presented in those tables revealed significant differences between D1 and D2. Specifically, D1, with early bulbar onset and fast sporadic ALS (sALS) progression, had 21 mutated genes in Group II (Table *[2](javascript:void(0))*) and 22 genes in Group III, including two genes linked to Myasthenia Gravis (MG) (HLA-DQB1 and ZBTB10) (Table *[4](javascript:void(0))*). In contrast, D2, with late limb onset and slow sALS progression, had only nine variants in Group II (Table *[3](javascript:void(0))*), 39 mutated genes in Group III, including one gene linked to MG (HLA-DQB1), along with three genes linked to Charcot-Marie-Tooth (CMT) disease (AHNAK2, C1orf185, and RILP), and a homozygous mutation in the causative gene for the autosomal recessive form of CMT disease, AHNAK2 [\[11\]](javascript:void(0)) (Table *[5](javascript:void(0))*). There were 14 and 27 mutated genes, respectively, for D1 (Table *[6](javascript:void(0))*) and D2 (Table *[7](javascript:void(0))*) in Group IV. The cumulative distribution of genetic variants between Groups II-IV for both donors is presented in Figure *[1](javascript:void(0))*. As seen from this Figure, only the number of variants linked to ALS in D1 and D2 (21 vs 9) appears to correlate with the severity of their respective clinical phenotypes.

FIGURE 1: Distribution of rare pathologic/deleterious variants in D1 and D2 among the following categories: red - variants linked to amyotrophic lateral sclerosis (ALS) (Group II); blue - variants linked to other neurological disorders (Group III); yellow - variants linked to ALSrelated pathology (Group IV); and beige - ungrouped variants. Numerals represent the total number of variants in the respective categories.

Discussion

The genetic screen (WES) of the two sALS subjects with contrasting clinical phenotypes provided two lines of novel information that are very important for our understanding of disease development and heterogeneity. First, there was a presence of five genes that were mutated in both subjects, with three of those genes, *BBS12*, *HLA-DQB1*, and *MUC20*, characterized by identical rare pathologic/deleterious genetic variations (Table *[1](javascript:void(0))*). Neither BBS12, HLA-DQB1, nor MUC20 have been previously linked to ALS, but they participate in important biological pathways potentially perturbed in ALS. Indeed, BBS12 is one of the ciliopathy-related genes that differentially modulate neuronal differentiation in the cerebral cortex [\[12\]](javascript:void(0)). HLA-DQB1 belongs to the human major histocompatibility gene (MHC) family and, by its participation in adaptive immunity, may elicit neuroprotection in the CNS [\[13\]](javascript:void(0)); it is also linked to neurological disorders such as MG and multiple sclerosis (MS) [\[14\].](javascript:void(0)) MUC20, expressed in the brain [\[15\]](javascript:void(0)), regulates hepatocyte growth factor (HGF)/c-Met signaling [\[16,](javascript:void(0)) 17], which promotes motor neuron survival by synergizing with ciliary neurotrophic factor (CNTF) [\[18\]](javascript:void(0)).

The other two genes mutated in both subjects, but with mismatched rare pathologic/deleterious genetic variants, were *ACSM5* and *OBSCN*. *ACSM5* encodes a mitochondrial enzyme, acyl-coenzyme A synthetase, which catalyzes the activation of medium-chain length fatty acids by coenzyme A (CoA), to produce an acyl-CoA, the initial step in fatty acid metabolism. *ACSM5* is mostly expressed in the liver and adipose tissue, where it plays an essential role in energy storage and metabolism [\[19\]](javascript:void(0)). Heterozygous copy number variation due to a deletion of exons 13 and 14 of *ACSM5* has been associated with dyslipidemia in humans [\[20\]](javascript:void(0)). A single-nucleotide polymorphism in *ACSM5* has also been linked to altered intramuscular fat content and its fatty acid composition in pigs [\[21\].](javascript:void(0)) Therefore, it would be reasonable to suggest that altered *ACSM5* function could be linked to dysregulated energy metabolism in ALS patients, where hypermetabolism has been reported as one of ALS's distinct phenotypical features [\[22,](javascript:void(0)) 23]. *OBSCN* was the only shared gene between the two subjects that has been previously associated with ALS but in a rather uncommon manner. Compound heterozygous de novo mutations with MAF < 0.01 were identified in the two ALS patient-parent trios: p.A7260T (inherited from the father) and p.R1361 (inherited from the mother); p.R5515C (inherited from the father) and p.R5920H (inherited from the mother) [\[24\].](javascript:void(0)) None of these variants were present in the current study. Yet *OBSCN* encodes a structural component of striated muscles and plays an important role in myofibrillogenesis [\[25\]](javascript:void(0)) as well as in the development of the heart, skeletal muscle, and brain [\[26\]](javascript:void(0)). Most

likely, by virtue of being an important muscle structural component, *OBSCN* has been also associated with skeletal muscle atrophy [\[27\]](javascript:void(0)) and primary myopathy [\[28\].](javascript:void(0))

What is the meaning of the presence of the shared mutated genes in two sALS subjects with contrasting clinical phenotypes and their relevance to the disease initiation and progression? We hypothesize that based on a close link between those genes and major physiological domains perturbed in ALS - neuronal development and motor neuron survival (*BBS12, MUC20, OBSCN*), adaptive immunity (*HLA-DQB1*), skeletal muscle development and function (*OBSCN*), as well as energy metabolism (*ACSM5*) - the respective heterozygous mutations due to their presumed low penetrance would prime the individuals for sALS without its initiation. The disease in the primed individuals will then be triggered by mutations in the genes associated with ALS (Tables *[2](javascript:void(0))*, *[3](javascript:void(0))*) The exact type and number of genes involved in the priming step could vary, but they still must be linked to the same major physiological domains perturbed in ALS as described above.

The second line of important information obtained during the study and pertinent to sALS development and propagation is that the genetic data presented above indicated a possible contribution from other neurologic disorders, including those of MG and CMT, to the ALS clinical presentation (Tables *[4](javascript:void(0))*, *[5](javascript:void(0))*). Indeed, as an extreme case of such contribution, the co-occurrence of ALS and MG has been previously reported in several publications [\[29-33\]](javascript:void(0)) and was shown statistically not to be coincidental [\[32\]](javascript:void(0)), highlighting possible common pathologic changes in the adaptive immune response [\[32\],](javascript:void(0)) affecting, most likely, the complement cascade [\[34\]](javascript:void(0)). Importantly, similar to the clinical presentation of D1, patients with co-occurring ALS and MG more frequently had bulbar onset ALS with a fast-progressing course [\[31\]](javascript:void(0)). Also important, the MG form with the auto-antibody against muscle-specific kinase (MuSK) could alone mimic bulbar onset ALS [\[35\]](javascript:void(0)). The cooccurrence of ALS with CMT disease has also been reported where slow-progressing CMT started first then followed by fast-progressing ALS [\[36\]](javascript:void(0)). It is quite possible that a large number of mixed ALS/CMT cases could have been left unnoticed due to similarities in ALS and CMT clinical phenotypes [\[37\]](javascript:void(0)), attributed to common genetic underpinnings [\[37-39\]](javascript:void(0)).

Conclusions

Altogether, our data are consistent with the hypothesis of sALS development and heterogeneity, where the Group I genes could prime an individual for ALS, the Group II genes could trigger the disease, and genes from Groups III and IV would specify further the disease's pathologic components and its clinical phenotype. This hypothesis provides a novel mechanistic approach to our understanding of the sALS etiology and heterogeneity that should bestow novel venues for delivering more efficient and personalized treatment for sALS patients, as well as identifying new highly promising leads for the development of disease-modifying drugs.

Additional Information

Author Contributions

All authors have reviewed the final version to be published and agreed to be accountable for all aspects of the work.

Concept and design: John R. Martin III, Andrey Frolov, Ghazala Hayat

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Critical review of the manuscript for important intellectual content: John R. Martin III, Ghazala Hayat, Miguel A. Guzman

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Disclosures

Human subjects: All authors have confirmed that this study did not involve human participants or tissue. **Conflicts of interest:** In compliance with the ICMJE uniform disclosure form, all authors declare the following: **Payment/services info:** All authors have declared that no financial support was received from any organization for the submitted work. **Financial relationships:** All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. **Other relationships:** All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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