



# Capacity for the management of kidney failure in the International Society of Nephrology North America and the Caribbean region: report from the 2023 ISN Global Kidney Health Atlas (ISN-GKHA)

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Received 9 December 2023; revised 11 January 2024; accepted 15 January 2024

The International Society of Nephrology Global Kidney Health Atlas charts the availability and capacity of kidney care globally. In the North America and the Caribbean region, the Atlas can identify opportunities for kidney care improvement, particularly in Caribbean countries where structures for systematic data collection are lacking. In this third iteration, respondents from 12 of 18 countries from the region reported a 2-fold higher than global median prevalence of dialysis and transplantation, and a 3-fold higher than global median prevalence of dialysis centers. The peritoneal dialysis prevalence was lower than the global median, and transplantation data were missing from 6 of the 10 Caribbean countries. Government-funded payments predominated for dialysis modalities, with greater heterogeneity in transplantation payor mix.

Services for chronic kidney disease, such as monitoring of anemia and blood pressure, and diagnostic capability relying on serum creatinine and urinalyses were universally available. Notable exceptions in Caribbean countries included non-calcium-based phosphate binders and kidney biopsy services. Personnel shortages were reported across the region. Kidney failure was identified as a governmental priority more commonly than was chronic kidney disease or acute kidney injury. In this generally affluent region, patients have better access to kidney replacement therapy and chronic kidney disease–related services than in much of the world. Yet clear heterogeneity exists, especially among the Caribbean countries struggling with dialysis and personnel capacity. Important steps to improve kidney care in the region include increased emphasis on preventive care, a focus on home-based modalities and transplantation, and solutions to train and retain specialized allied health professionals.

*Kidney International Supplements* (2024) **13**, 83–96; <https://doi.org/10.1016/j.kisu.2024.01.003>

KEYWORDS: chronic kidney disease; dialysis nurses; hemodialysis; kidney care funding; kidney transplantation; peritoneal dialysis

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The International Society of Nephrology (ISN) North America and the Caribbean (NAC) region has one of the highest overall prevalences of kidney disease and kidney replacement therapy (KRT; hemodialysis [HD], peritoneal dialysis [PD], and kidney transplantation [KT]) in the world.<sup>1</sup> Yet, tremendous variation in systematic data collection exists within the region, especially among the Caribbean nations. For example, Canada captures detailed metrics on nearly every person with kidney failure, and can assess prevalence, incidence, and quality of care.<sup>2</sup> In contrast, the English-speaking Caribbean islands lack population-representative estimates of chronic kidney disease (CKD) prevalence and a KRT registry.

Recognizing that lack of epidemiologic data in turn obscures the need for resources and hampers advocacy for patients with kidney disease, the ISN-Global Kidney Health Atlas (ISN-GKHA) aims to provide on-the-ground insights from in-country experts (nephrologists, policymakers, and administrators). Three rounds of surveys spanning 6 years have been reported (2017–2023) and can further track trends in care over time. The present report seeks to describe both the current status of kidney care availability and delivery in the ISN NAC region and strategies for maintaining and improving care delivery in the region. The methodology for the 2023 survey is described in detail elsewhere.<sup>3</sup>

## RESULTS

The ISN-GKHA results are broadly categorized as literature review (Tables 1<sup>4–11</sup> and 2<sup>4,12–15</sup>; Supplementary Tables S1<sup>16,17</sup>

and S2<sup>18</sup>) and survey response (Figures 1–5; Supplementary Figures S1–S6), used to describe the state of kidney care in the ISN NAC region.

## Study setting

The ISN NAC region, as categorized for the purposes of the ISN-GKHA, includes 2 large countries (Canada and the United States [US]) and numerous islands forming an additional 16 countries (Figure 1). Canada and the US each represent over 9 million km<sup>2</sup> of surface area. However, Canada is home to around 38 million people, whereas the US is almost 10 times more populous (337 million). In contrast, countries in the Caribbean region have small total surface areas, ranging from 54 km<sup>2</sup> (Bermuda) to 13,880 km<sup>2</sup> (Bahamas; Table 1).<sup>5</sup>

Over the past decade, the region increasingly has experienced the effects of climate change. Vast regions of the US and Canada have suffered wildfires, and the Caribbean countries have weathered hurricanes and record droughts. The Southwestern US has experienced drought since 2000 (now termed “megadrought”). The Caribbean region is among the most vulnerable, with costs of climate change expected to exceed \$20 billion per year by 2050; governments are acting in the face of tremendous escalating cost to human life and infrastructure, but they are limited by debt.<sup>19</sup>

Mortality rates from the COVID-19 pandemic were staggeringly high in the US, exceeding one million people as of March 2023, the second-highest number reported across the globe.<sup>20</sup> Significantly fewer deaths were reported in Jamaica and the Bahamas (<10,000), but the mortality rate per 100,000 population was similar to that in Canada. Long-lasting effects include an erosion of public trust in public health surveillance, a low level of vaccine acceptance, especially past the primary series, and dramatic increases in healthcare worker burnout.<sup>21</sup>

## Current status of kidney care in the NAC region

In general, in the US and Canada, access to KRT is universal, and the main concerns are cost-containment, reducing dialysis-related mortality despite “adequate” treatment, and improving quality of life for persons receiving dialysis. Preventive care efforts are gaining momentum. Randomized controlled trials evaluating promising therapeutic strategies in kidney preventive care, such as stricter blood pressure targets, sodium-glucose transporter inhibitors, and glucagon-like peptide analogues, have drawn significant numbers of participants from the US and Canada. Rapid access to therapies is available, though not universally. Furthermore, initiatives to identify disease subphenotypes (including the Nephrotic Syndrome Study Network [NEPTUNE] and the Kidney Precision Medicine Project) and integrate innovative trial designs into nephrology practice (e.g., the Time to Reduce Mortality in ESRD [TIME] trial<sup>22</sup> and the Major Outcomes with Personalized Dialysate TEMPerature [myTEMP]study<sup>23</sup>) originate from this region.

**Table 1 | General demographic and economic indicators of 12 countries of the ISN NAC region, which participated in the ISN-GKHA 4–11**

Country/territory	World Bank ranking	Area (km <sup>2</sup> )	Total population (2022)	GDP (PPP; \$ billion, est. 2021 US\$)	Government health spending per person (2021 US\$)	Annual cost KRT (2021 US\$)		
						In-center HD	CAPD	Kidney transplant first year
Global median [IQR]	—	130,483,015	7,802,702,984	133.8 [39.7–545.0]	216 [23–908]	19,380.3 [11,817.6–38,005.4]	18,959.2 [10,891.4–31,013.8]	26,903.2 [15,424.5–70,749.2]
NAC median [IQR]	—	19,849,895	380,577,311	13.5 [2.0–38.6]	584 [284–1216]	39,825.9 [28,095.6–42,146.7]	39,825.9 [25,224.4–90,937.8]	265,045.3 [78,392.6–451,697.9]
Antigua and Barbuda	HIC	443	100,335	1.96	623	83,617.11	90,937.75	—
Aruba	HIC	—	—	—	—	—	—	—
The Bahamas	HIC	13,880	355,608	13.54	1216	—	—	—
Barbados	HIC	430	—	—	—	28,095.58	—	—
Bermuda	HIC	54	—	5.63	—	—	—	—
Canada	HIC	9,984,670	38,232,593	1992.05	4705	42,146.73	25,224.38	78,392.65
Jamaica	UMIC	10,991	2,818,596	29.81	211	17,622.45	—	—
St. Lucia	UMIC	616	167,122	2.57	284	—	—	—
St. Vincent and the Grenadines	UMIC	389	100,969	1.57	225	—	—	—
Trinidad and Tobago	HIC	5128	1,405,646	38.61	584	—	—	—
Turks and Caicos Islands	HIC	948	—	—	—	—	—	—
United States	HIC	9,833,517	337,341,954	22,996.1	6578	39,825.88	39,825.88	451,697.93

→ data not reported or unavailable; CAPD, continuous ambulatory peritoneal dialysis; est., estimated; GDP, gross domestic product; GKHA, Global Kidney Health Atlas; HD, hemodialysis; HIC, high-income country; ISN, International Society of Nephrology; IQR, interquartile range; KRT, kidney replacement therapy; NAC, North America and the Caribbean; PPP, purchasing power parity; UMIC, upper-middle-income country.

Yet heterogeneity is evident, with a lag in both innovation and capacity for kidney care in many countries within the Caribbean. Until the 1970s, public health efforts were focused primarily on infectious disease and maternal–child care.<sup>24</sup> Primary healthcare and noncommunicable disease–care infrastructure became a priority relatively recently, despite the fact that diabetes and hypertension are the most common causes of death,<sup>9</sup> and that the cause of kidney disease is most commonly ascribed to these conditions. With a lack of systematic registry data, tracking trends in kidney-failure incidence is challenging, but no doubt remains that capacity for kidney care needs to grow, both for prevention of progression and for care of people needing KRT.

**Narrative literature review data for countries in the ISN NAC region**

**Burden of CKD, risk factors, and health workforce.** Based on existing data review, the prevalence of CKD in the region was 11.4% (interquartile range [IQR]: 10.5%–11.7%; [Supplementary Table S1](#)).<sup>16</sup> The regional prevalence was higher than the global prevalence of 9.5% (IQR: 5.9%–11.7%). CKD prevalence ranged from 9.8% (IQR: 9.2%–10.5%) in the Bahamas to 12.9% (IQR: 12.1%–13.8%) in the US. The region had the highest incidence of mortality attributable to CKD, at a median of 4.8%, compared to the global mortality incidence of 2.4%, with 6 Caribbean countries reporting mortality incidence exceeding 4%. The number of disability-adjusted life-years per 100,000 attributed to CKD in NAC was 1169.7, versus 491.4 globally, representing the highest number of disability-adjusted life-years of all the regions. Canada was the only country in which the number of disability-adjusted life-years was lower than the global median.<sup>16</sup>

Regarding the CKD risk factors in the NAC region, obesity was most prevalent in the US (37.3%) and was lowest in Antigua and Barbuda (19.1%), whereas high blood pressure was most prevalent in St. Lucia (27.1%) and lowest in the US (12.9%; [Supplementary Table S2](#)).<sup>18</sup> The median prevalence of specialist physicians in the NAC region was 2.3 per 1000 population (vs. 1.95 globally), whereas that of medical doctors was 24.4 per 1000 population (compared to 17.7 globally). The median prevalence of nurses in the region was 45.7 per 1000 population; the US had the highest prevalence (156.9), and Jamaica had the lowest (9.4; [Supplementary Table S1](#)).<sup>17</sup>

Concordant with trends noted in CKD, Canada and the US reported incident and prevalent treated kidney-failure rates that were nearly two-fold or more higher than that of the global median, including for chronic dialysis and transplantation ([Table 2](#)).<sup>12–15</sup> The Caribbean countries lacked incident data. Available prevalence data indicated higher than global median prevalence for dialysis in Turks and Caicos Islands, and lower than global and regional median prevalence for dialysis in Jamaica. Notably, transplantation data were available from only 4 of 10 Caribbean countries, and prevalence was drastically lower, ranging from 3.1 per million

Table 2 | Kidney replacement therapy and nephrology workforce statistics in the 12 NAC countries participating in the ISN-GKHA<sup>12–15</sup>

Country/territory	World Bank ranking for income status	Published epidemiologic data						Survey response data			
		Treated kidney failure (pmp)		Chronic dialysis prevalence (pmp)		Kidney TX (pmp)		Dialysis and transplant centers (pmp)		TX	
		Incidence	Prevalence	Total	HD	PD	Incidence	Prevalence	HD	PD	PD
Global median (IQR)	—	145.5 (107.0–212.5)	822.8 (556.0–1114.0)	396.6 (105.7–687.0)	322.7 (76.3–648.8)	21.0 (1.5–62.4)	12.2 (3.0–27.8)	279.0 (58.0–492.0)	5.07 (1.56–11.12)	1.57 (0.45–3.10)	0.46 (0.23–0.75)
NAC Median (IQR)	—	309.1 (208.1–410.0)	666.8 (334.6–1415.9)	620.3 (334.6–805.6)	515.4 (321.0–678.8)	11.5 (0.0–114.2)	40.3 (2.1–76.6)	6.8 (3.7–610.3)	18.42 (13.87–26.82)	9.95 (2.81–19.81)	0.71 (0.42–3.30)
Antigua and Barbuda	HIC	—	—	515.40	515.40	0	—	—	29.90	—	9.97
Aruba	HIC	—	—	—	—	—	—	—	16.35	16.35	0
The Bahamas	HIC	—	651.10	620.30	506.10	114.20	—	3.10	19.68	2.81	—
Barbados	HIC	—	682.50	678.80	678.80	0	—	3.70	16.52	3.30	3.30
Bermuda	HIC	—	—	—	—	—	—	—	41.47	41.47	—
Canada	HIC	208.10	1415.90	805.60	639.60	166.00	40.27	610.30	8.50	1.57	0.42
Jamaica	UMIC	—	137.40	131.50	192.70	11.50	—	6.80	7.81	1.42	0.71
St. Lucia	UMIC	—	—	321.00	321.00	0	—	—	23.93	—	—
St. Vincent and the Grenadines	UMIC	—	—	—	—	—	—	—	29.71	19.81	—
Trinidad and Tobago	HIC	—	334.60	334.61	278.60	56.02	2.14	—	11.38	3.56	0.71
Turks and Caicos Islands	HIC	—	—	1882.40	1882.40	0	—	—	17.16	17.16	—
United States	HIC	410.00	2465.00	1736.00	1552.95	197.20	76.57	729.00	22.23	20.75	0.74

—, data not reported or unavailable; ISN, International Society of Nephrology; GKHA, Global Kidney Health Atlas; HD, hemodialysis; HIC, high-income country; IQR, interquartile range; NAC, North America & the Caribbean; PD, peritoneal dialysis; pmp, per million population; TX, transplantation; UMIC, upper-middle-income country.

population (pmp) in The Bahamas to 6.8 pmp in Jamaica, compared with a global median of 279 pmp.

**Overview of gross domestic product (GDP) and government health expenditure by individual countries.** The NAC region is one of the wealthiest in the world: the per capita GDP (expressed as purchasing power parity in current international \$) was highest in the US (\$22,996 billion) and lowest in St. Lucia (\$1.57 billion; Table 1).<sup>5</sup> Government health spending per capita in the region was higher than the global median (\$584 vs. \$216) with the US, Canada, and the Bahamas being the top 3 countries with the highest government health spending per capita (Table 1).<sup>6</sup>

**Cost of KRT in the NAC region**

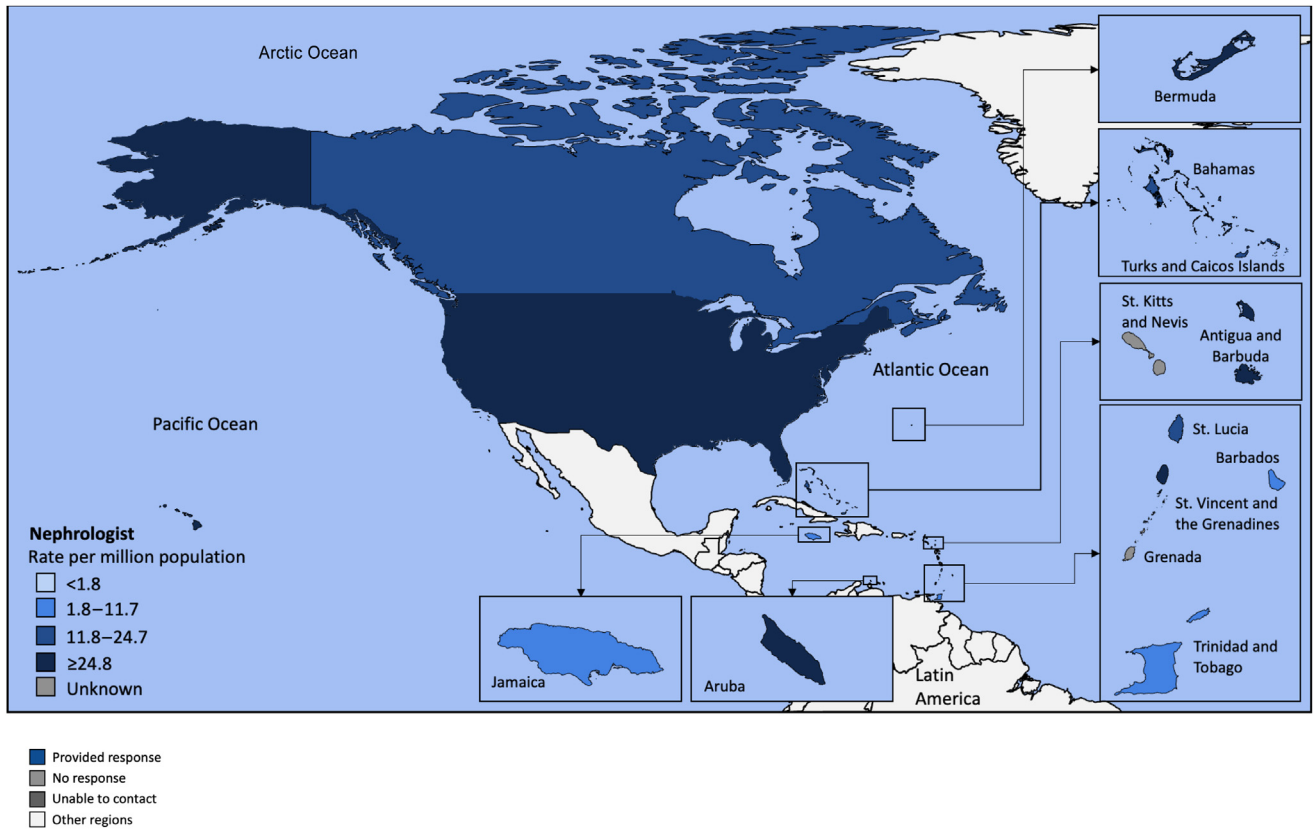
The median annual costs of in-center HD, PD, and first-year KT in the region were \$39,826, \$39,826, and \$265,045, respectively. Among countries with available cost data, Jamaica had the lowest annual cost of in-center HD (\$17,622), whereas Aruba had the highest (\$83,617) and also had the highest annual cost of PD (\$90,937). Data on the annual cost of the first year of KT were available for Canada (\$78,392) and the US (\$451,698; Table 1).<sup>7–11</sup>

**Survey response data for the ISN NAC region**

**Characteristics of participating countries.** A total of 25 respondents (92% nephrologists and 8% others) from 12 countries responded to the survey (Table 1). The number of respondents varied across participating countries: Antigua and Barbuda (n = 2); Aruba (n = 2); The Bahamas (n = 1); Barbados (n = 1); Bermuda (n = 2); British Virgin Islands (n = 1); Canada (n = 2); Curacao (n = 1); Jamaica (n = 3); St. Lucia (n = 1); St. Vincent and the Grenadines (n = 1); Trinidad and Tobago (n = 1); Turks and Caicos Islands (n = 1); US (n = 5); and the Virgin Islands (n = 1). The World Bank classifies 9 countries as being high-income countries, and the remainder as upper-middle-income countries.<sup>4</sup> Of note, Cayman Islands, Guyana, Suriname, Dominica, Belize, Puerto Rico, and the US and UK Virgin Islands were surveyed as part of the ISN Latin America region. Grenada, Montserrat, St. Kitts, and Nevis did not respond to the survey.

**Health-system financing and service delivery for kidney care.** Figure 2 summarizes the funding structures for kidney care in the NAC region. PD surgery and care, and dialysis for acute kidney injury received the greatest proportion of funding from government-funded (free) services alone or a combination of government services and point-of-care fees, compared with other therapies, including nondialysis CKD, presumably encompassing preventive measures to slow progression to kidney failure. KT surgery and medications had the most heterogeneity in payor mix.

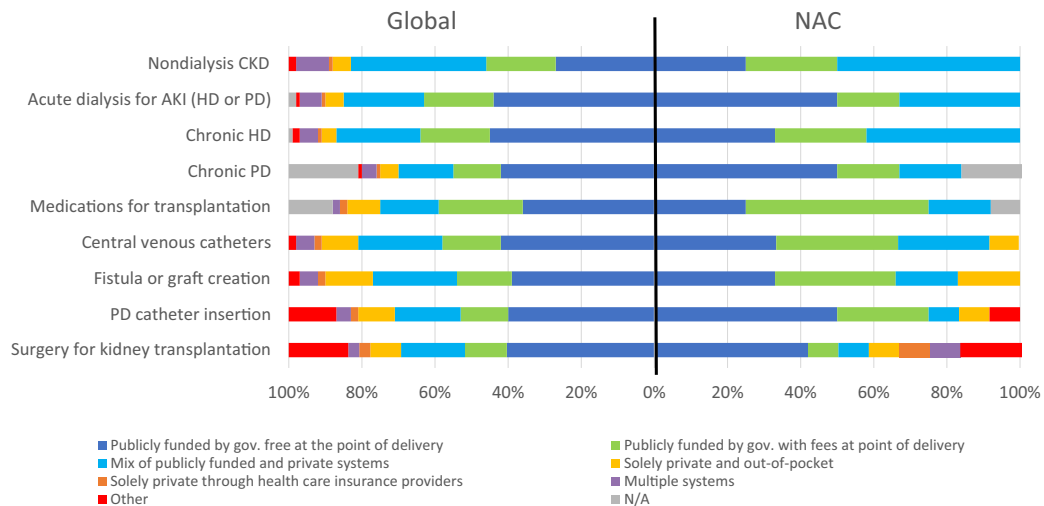
**Health workforce in kidney care.** The oversight of medical kidney care was handled primarily by individual hospitals, trusts, or organizations in 67% of countries (n = 8) in the region, and by a national body for 25% of countries (n = 3). Medical care for people with kidney disease is provided primarily by nephrologists in 83% of countries (n = 10) and by



**Figure 1 | Countries in the International Society of Nephrology North America and the Caribbean region, with quartiles of nephrologist prevalence in each country shown.**

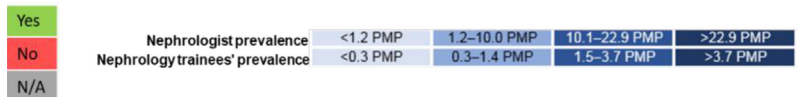
multidisciplinary teams in the remainder (17%; n = 2). The nephrologist workforce of 18.8 pmp (IQR: 11.5–29.8), is comprised mostly of adult nephrologists (19.7 pmp; IQR: 11.8–29.9), and few pediatric nephrologists (0.0 pmp; IQR:

0.0–1.3; Table 2). The number of nephrologists in the NAC region was greater than the global median of 11.8 pmp (IQR: 1.8–24.8), but lower than the median in high-income countries of 25.3 pmp (IQR: 17.9–35.4; Table 2). Three countries



**Figure 2 | Funding structures for nondialysis chronic kidney disease (CKD) and kidney replacement therapy care, globally and in the International Society of Nephrology North America and the Caribbean (NAC) region. Values represent absolute number of countries in each category expressed as a percentage of total number of countries. gov., government; HD, hemodialysis; N/A: not available; PD, peritoneal dialysis.**

Country		Availability of KRT			Availability of CKM		Funding for medications			Availability of distribution of registry				Advocacy group			Nephrology workforce (PMP)	
		HD	PD	KT	Shared decision	Choice-restricted (limited)	CKD	Dialysis	KT	CKD	Dialysis	KT	AKI	CKD	AKI	KF/KRT	Nephrologists	Nephrologist trainees
Antigua and Barbuda	2019	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	Yes	31.29	0.00	
	2023	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	Yes	29.90	0.00	
Aruba	2019	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			
	2023	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	No	No	No	No	40.88	40.88	
Bahamas, The	2019	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			
	2023	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	No	19.68	0.00	
Barbados	2019	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			
	2023	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	No	9.91	0.00	
Bermuda	2019	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			
	2023	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	No	41.47	13.82	
Canada	2019	Yes	Yes	Yes	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes	No	Yes	15.33	1.74	
	2023	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	13.08	1.31	
Cayman Islands	2019	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	16.77	0.00	
	2023	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			
Jamaica	2019	Yes	Yes	Yes	No	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	4.27		
	2023	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	4.97	0.35	
St. Kitts and Nevis	2019	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	18.83	18.83	
	2023	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			
St. Lucia	2019	Yes	No	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	18.13	0.00	
	2023	Yes	No	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	17.95	0.00	
St. Vincent and the Grenadines	2019	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	29.46	0.00	
	2023	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	29.71	0.00	
Trinidad and Tobago	2019	Yes	Yes	Yes	No	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	5.76	0.00	
	2023	Yes	Yes	Yes	No	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	8.54	0.00	
Turks and Caicos Islands	2019	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			
	2023	Yes	Yes	No	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	17.16	0.00	
United States	2019	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	29.54	1.74	
	2023	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	29.64	2.37	

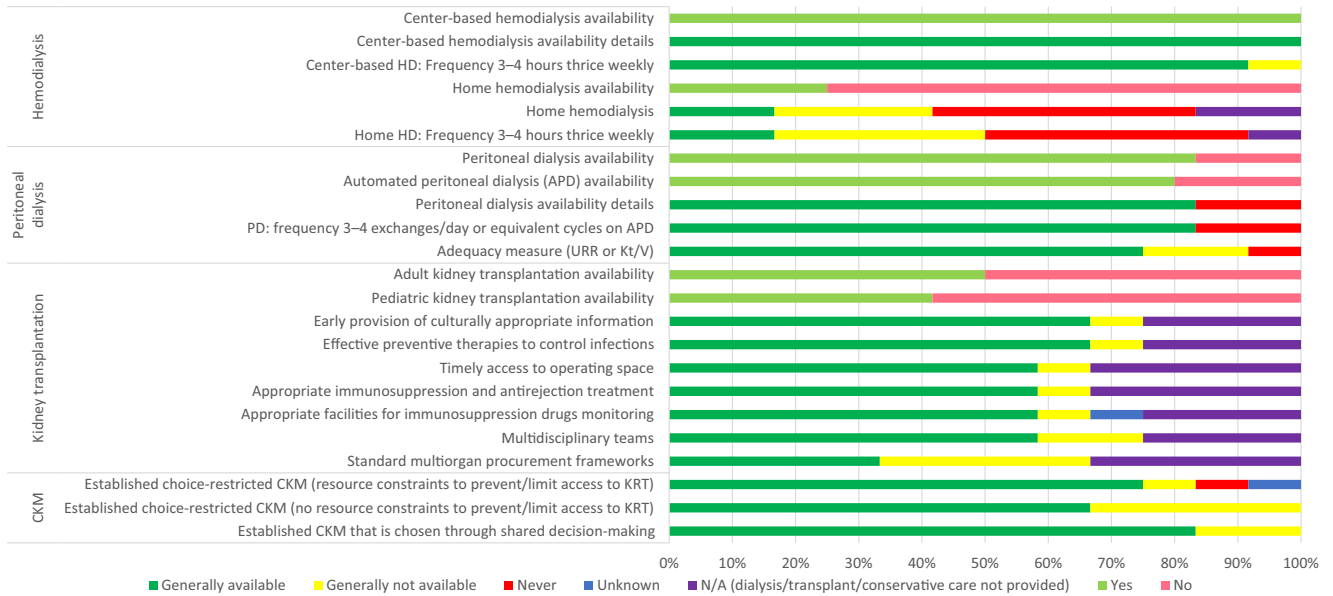


**Figure 3 | Country-level scorecard showing availability of kidney replacement therapy (KRT), funding of medications, registry, and advocacy groups in the International Society of Nephrology North America and the Caribbean region, 2019 and 2023.** Funding for medications refers to 100% public funding by the government (free at the point of delivery). AKI, acute kidney injury; CKD, chronic kidney disease; CKM, conservative kidney management; HD, hemodialysis; KF, kidney failure; KRT, kidney replacement therapy; N/A, not available; PD, peritoneal dialysis; PMP, per million population.

in the region (Barbados, Jamaica, and Trinidad and Tobago) had fewer than 10 nephrologists pmp.

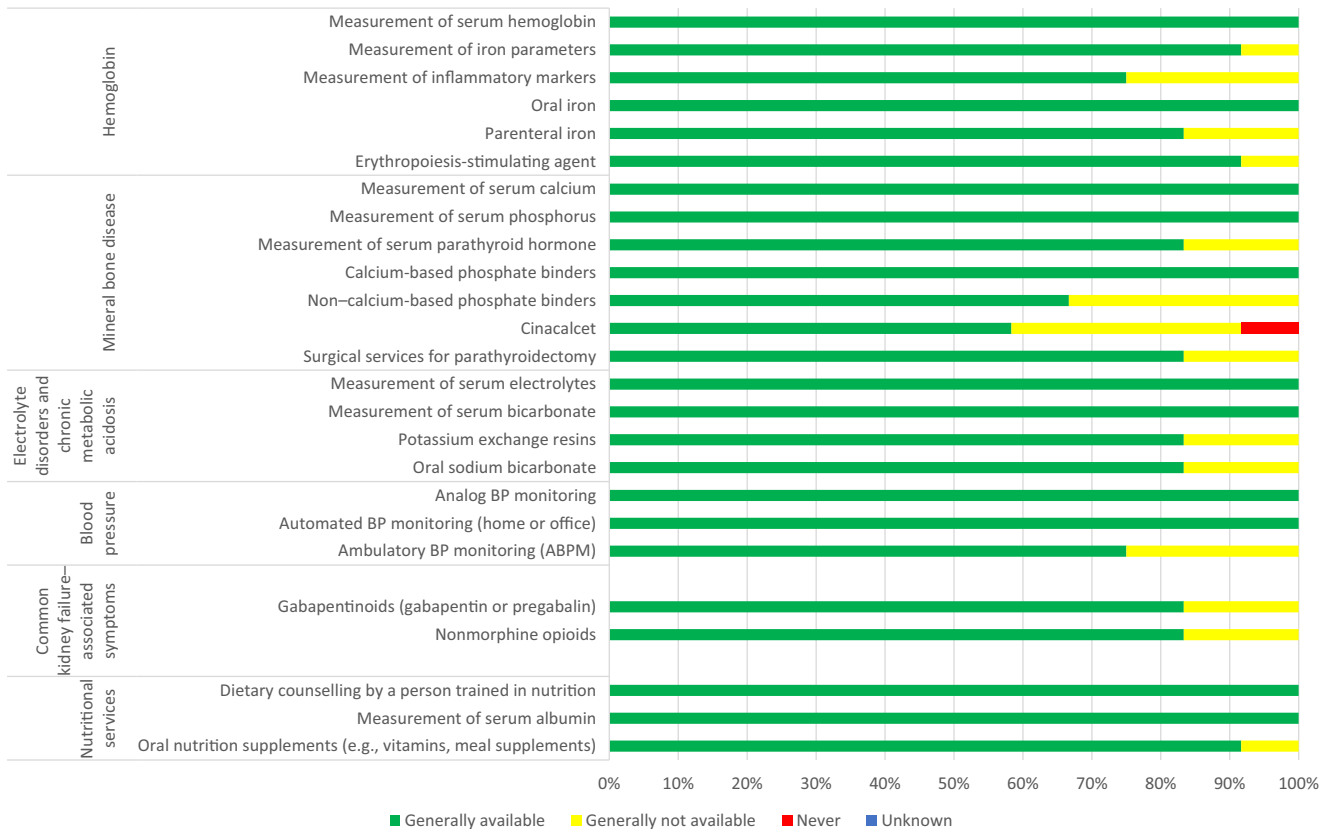
Shortages of kidney care providers were reported by all respondents. Specifically, a shortage of surgeons and

interventional radiologists to create arteriovenous HD access was most commonly reported (n = 8; 67%), followed by shortages of pediatric nephrologists (n = 7; 58%), transplant surgeons (n = 7; 58%), surgeons and/or



**Figure 4 | Availability of choice in kidney replacement therapy or conservative kidney management (CKM) for people living with kidney failure in the North America and the Caribbean region.** Values represent absolute number of countries in each category expressed as a percentage of total number of countries. HD, hemodialysis; Kt/V, clearance time per volume; N/A, not available; PD, peritoneal dialysis; URR, urea reduction ratio.

interventional radiologists to place PD access (n = 7; 58%), vascular access coordinators (n = 7; 58%), transplant coordinators (n = 7; 58%), dialysis technicians (n = 7; 58%), and palliative care physicians (n = 7; 58%). A shortage of nephrologists was reported in 5 Caribbean countries.



**Figure 5 | Availability of services for kidney care in the International Society of Nephrology North America and the Caribbean region.** Values represent absolute number of countries in each category expressed as a percentage of total number of countries. BP, blood pressure.

**Capacity of KRT provision and availability of conservative kidney management (CKM).** Long-term in-center HD was available in all countries in the region and was the predominant form of dialysis, with a prevalence ranging from 192.7 to 1882.4 pmp (Figures 3 and 4; Table 2). The median number of HD centers was higher in the NAC region than globally (18.4 vs. 5.1 pmp), ranging from 7.8 pmp in Jamaica to 41.5 pmp in Bermuda. Notably, home HD, PD, particularly automated PD, and KT were not universally available in responding countries. Long-term PD was unavailable in Antigua and Barbuda and St. Lucia, and transplantation was unavailable in Aruba, Bermuda, The Bahamas, St. Vincent and the Grenadines, St. Lucia, and Turks and Caicos Islands (Figures 3 and 4; Table 2). Similarly, CKM, chosen through shared decision-making, was not universally available. Even where CKM was reported to be available, core CKM care components were not accessible, highlighting care gaps (Figures 3 and 4). The quality of dialysis and transplantation measures across the region are summarized in Supplementary Figure S1.

Overall, 4 countries (33%) reported within-country variation in the organization of kidney-failure care, and 3 countries (25%) reported within-country variation in the cost of kidney-failure care in their country (Supplementary Figure S2). One third of countries ( $n = 4$ ; 33%) reported differences in kidney-failure care delivery for children versus adults, with 7 countries (58%) reporting differences in KRT access (Supplementary Figure S2). These differences in access were more marked for PD than for HD, with 3 countries (60%) reporting that children had more access than adults to PD. Sixty percent of countries reported that adults had more access than children to KT.

**Availability of services for CKD monitoring and management.** Although the ISN NAC region had generally comprehensive availability of services to monitor and treat complications of CKD, some countries in the region lacked availability of treatment for bone-mineral disorders (in the form of non-calcium phosphate binders and calcimimetic agents) and symptoms of kidney failure (Figure 5).

**Capacity for identification and management of CKD.** The majority of services for CKD diagnostics were available in the region at both the primary and secondary and/or tertiary care levels, with the exception of a crucial diagnostic service (pathology review of kidney biopsies), which was available in 8 of 12 responding countries (67%; Supplementary Figure S3).

**Outcomes of hospitalizations and death among people utilizing HD and PD.** Seven responding countries of the region reported relatively low first-year HD mortality (1%–10%), mirroring global estimates (Supplementary Figure S4). Four of the 10 countries where PD was available (40%) reported having low mortality rates (1%–10%) within the first year of initiating PD. However, these data were unknown in 5 countries (50%), thereby making comparison with global estimates difficult (Supplementary Figure S4). Similar to the global estimates, cardiovascular disease was the most common of cause of death in the majority of countries in the

region, regardless of modality. In addition, approximately 30% of countries ( $n = 4$ ) reported that 31%–50% of the people receiving KRT would require hospitalization within the first year of HD or PD. Access-related infection was the most common cause of hospitalization for people utilizing HD, and cardiovascular disease for people utilizing PD.

**Health information systems.** Official registries of CKD (nondialysis) and acute kidney injury were available only in St. Lucia, on a mandatory basis. No official registry for CKM was available in the region. Official registries of dialysis were available in five countries (42%; Aruba, Canada, Jamaica, St. Lucia, the US), whereas 4 countries (33%) had a transplantation registry (Aruba, Canada, Trinidad and Tobago, the US; Figure 3; Supplementary Figure S5).

**Barriers to optimal care.** The most commonly reported barriers to optimal kidney care across countries in the ISN NAC region were patient knowledge or attitude ( $n = 12$ ; 100%), followed by healthcare system availability, access, and capability ( $n = 9$ ; 75%), and economic factors ( $n = 8$ ; 67%). Physician availability, access, knowledge, and/or attitude, and nephrologist availability, were reported as barriers by 6 countries (50%) and 5 countries (42%), respectively.

**Advocacy and policy.** A majority of countries reported having a strategy for noncommunicable diseases that had either been implemented ( $n = 7$ ; 58%) or was under development ( $n = 3$ ; 25%). However, only 3 countries (25%) reported having CKD-specific strategies, whereas 4 countries (33%) had a CKD strategy incorporated into a general non-communicable diseases strategy that included other diseases. Seven countries (58%) recognized CKD as a health priority, and only 3 (25%) viewed acute kidney injury as a health priority. Comparatively, kidney failure and/or its treatment by KRT seemed to be higher on the list of government interests, with 10 countries (83%) recognizing it as a health priority (Supplementary Figure S6). Five countries (42%) did not have advocacy groups for any of the 3 categories of CKD, kidney failure, and acute kidney injury (Antigua, Aruba, Jamaica, Trinidad, and Turks and Caicos Islands). Only the US and Canada had advocacy groups for all 3 categories (Figure 3).

## DISCUSSION

The third iteration of the ISN-GKHA again highlights the heterogeneity in kidney care across the ISN NAC region. Although this region is composed of primarily high-income and upper-middle-income countries and is largely equipped with reasonable diagnostic and CKD management capacity, it still struggles to generate policies and practices that align with the cohesive kidney care programs recommended by experts.<sup>25</sup> Evident from the data is that in most of the 12 responding countries, the very costly treatment of kidney failure is prioritized, whereas systematic strategies for the prevention and management of CKD are lacking. Furthermore, even within the realm of kidney-failure management, in-center HD, the most medically and resource-intensive form of KRT, surpasses all other forms of KRT in terms of



prevalence and volume of patients, as well as need for treatment centers.

Efforts to “reverse the tide” toward a more home-based approach are underway in the US and Canada, 2 of the world’s largest users of KRT. In the US, the federal government enacted the Advancing American Kidney Health Executive Order in 2019 with the ambitious target of having 80% of KRT delivery be home-based dialysis or through transplantation.<sup>26</sup> The Centers for Medicare and Medicaid Services has changed reimbursement incentives to align with this priority.<sup>27</sup> Downstream effects of these policies are yet to be captured. In Canada, innovative assisted PD programs and approaches to reduce disparities in transplantation are under study.<sup>28–30</sup>

Policymakers in Caribbean countries could follow the initiatives underway in the US and Canada by focusing capacity-building efforts toward home-based and KT efforts. As data from the 2023 ISN-GKHA demonstrate, the prevalence of CKD is similar in Caribbean countries, compared with that in the US and Canada, yet the KRT incidence, prevalence, center prevalence, and nephrologist capacity are all drastically lower, indicating likely a lack of capacity for care of persons with kidney failure. In Jamaica, 5 public hospital-based units and a little over 20 private units are available to dialyze about 890 patients, once (20%) to twice (70%) weekly, with some (10%) receiving the recommended thrice-weekly treatment. All public units are at capacity, so those without health insurance have to pay an out-of-pocket average of \$90–\$117 per session.<sup>31</sup> In some countries, such as Grenada, dialysis capacity is being newly built,<sup>32</sup> and rather than an *ad hoc* unregulated growth in dialysis capacity, active policy management with incentives toward home therapies and transplantation may achieve a better mix of therapies. For example, home HD is not available in the Caribbean, owing to a lack of personnel training and exorbitant patient-borne costs of purchasing the machine, a financial disincentive that could be revised. Other PD initiatives in the region include a unique nurse-led PD clinic in Bermuda that encourages education, independence, and autonomy with dialysis treatment, and the rolling out of a PD program in the Turks & Caicos Islands shortly.

The COVID-19 pandemic highlighted another advantage of focusing on home-based therapies: in the face of personnel and supply shortages, home HD or PD enables a relatively easier pivot to telehealth services and a reduction in the need for healthcare or interpersonal contact, which has the added benefit of reducing infection transmission.<sup>33,34</sup> Similar benefits could be experienced during environmental disasters, especially with advanced planning, and are thus particularly relevant for Caribbean countries,<sup>35</sup> where residents have experienced rising temperatures and droughts, in parallel with sea-level rise, and 1 category-4 and 2 category-5 hurricanes in just the past 6 years.<sup>36</sup>

Unlike in the US and Canada, where deceased-donor kidney transplantation predominates, capacity for transplantation in the Caribbean is largely limited to living-donor

transplantation, with surgical capacity available in Jamaica, Trinidad and Tobago, and Barbados. In Trinidad and Tobago, a 15-year review of the National Organ Transplant Unit showed that 195 transplants were done between 2005 and 2020, with 24% from deceased donors, which nonetheless represented a dramatic increase in deceased-donor transplantation over time.<sup>37</sup> The authors highlighted the need for additional resources to support the deceased-donor registry and the organ-procurement process.

Limiting the surgical capacity for transplantation may represent a reasonable strategy, as developing high-volume centers of excellence may yield better outcomes<sup>38</sup>; however, cooperative intercountry agreements that underline clear pathways to surgery would be required to enable equitable access. Furthermore, post-transplantation care pathways are essential to realizing the upfront investment for the surgical procedure and organ procurement. Data on healthcare financing of both the surgical procedure and post-transplant care demonstrate high variability in payor mix, creating a chaotic situation on-the-ground where simplified pathways would enable access to and longevity of the best treatment option for KRT.

Despite the existence of numerous renowned training programs, all countries in the region reported having shortages of medical kidney-care professionals. In the US, a perennial ~10% deficit of HD nurses occurs,<sup>39</sup> with nearly 2000 open positions. Not only was this deficit worsened by the COVID-19 pandemic, but more strikingly, the nurse workforce is aging, and among new nurses, the levels of job turnover and dissatisfaction are high.<sup>39</sup> This situation likely feeds the interregional “brain drain” phenomenon, of which the Caribbean has a long history. Nearly 1 in 5 specialized nurses were emigrating from Jamaica, even prior to the pandemic.<sup>40</sup> Registered nurses are enticed by recruiters to migrate and are offered employment packages that Caribbean employers cannot match. The days of being bonded to a place of employment, based on receiving government scholarship and/or sponsorship, are dwindling, as nurses are able to pay back their bond with their newfound foreign salaries. At the moment, only one training institute in the Caribbean is dedicated to certifying nephrology nurses.<sup>41</sup> The program was launched in 2007, through the Ministry of Health & Wellness In-Service Department in Jamaica; a registered nurse there completes a 9-month didactic and clinical rotation in all areas of nephrology. After acquiring some experience, nurses have sought employment in North America or in another island jurisdiction that offers comparable, if not better, salary compensation than that in the US and Canada. A 3-semester dialysis technician program at the University of Technology, Jamaica that trained technicians has been closed for a few years. Therefore, interested persons from Jamaica and the Turks & Caicos Islands must complete a dialysis technician program in Texas in the US to meet their local accreditation process. No specialty-trained dietitians, clinical pharmacists, or social workers are dedicated to solely kidney care in the Caribbean. Unlike Canada and the US, which typically attract

physicians from across the world, the Caribbean countries struggle to retain physicians. In 2019, the Pan American Health Organization (PAHO) highlighted that poor working conditions, low wages, lack of promotions, and poor health-care infrastructure contributed to this issue.<sup>42</sup> A concerted effort was made to increase the number of employment posts for doctors, as many hospitals in the rural areas became accredited to provide internship opportunities. Over time, an increasing number of medical graduates could not obtain local postgraduate training, owing to a lack of such positions. Consequently, an increasing number of doctors undertake completion of an overseas medical licensing examination to enter their system as specialists. In addition to nephrologist shortages, only one fellowship-trained nephropathologist is available in the Caribbean (Jamaica), where samples for electron microscopy are shipped to Canada for analysis. The Caribbean also has a general lack of transplant surgeons, with those involved having trained overseas, where they often decide to remain. A transplant surgical fellow is currently training in the US and plans to return to Jamaica. Urgent innovative solutions to retain nephrologists and nurses,<sup>43</sup> such as reverse aid from recruiting countries or in-country time commitments, are needed to improve the access to and quality of care in the Caribbean countries.<sup>40,44</sup>

Although kidney failure is seen as a health priority in most countries in the ISN NAC region, formal health policies and advocacy groups targeting prevention and progression are both lacking in the region. With the advent of new treatments, such as sodium-glucose transporter inhibitors, which are broadly available and significantly reduce the risk of progression among persons with CKD, resources intentionally spent on improving uptake and access to these and other preventive therapies should form the backbone of kidney care. In addition to advocacy groups, networks of patients, scientists, and healthcare professionals, such as the Canadian Can-SOLVE-CKD initiative (Canadians Seeking Solutions and Innovations to Overcome Chronic Kidney Disease), work toward the creation of innovative kidney-care solutions with patients at the center.<sup>45</sup> Such initiatives are important for engagement of people with kidney failure and are a key avenue to improving kidney care.

In conclusion, this third iteration of the ISN-GKHA demonstrates that the ISN NAC region is among those that host the highest density of KRT programs in the world, and reasonably comprehensive CKD diagnostic and management capacity, compared with global programs, although heterogeneity exists, with significantly lower capacity in the Caribbean countries, compared to that in the US and Canada. Areas for improvement in kidney care, applicable across the region but to a varying degree, include programming to prioritize home-based modalities and transplantation as KRT, systems to train and retrain specialized nurses and physicians, and policies that funnel resources to CKD care and thereby invest in the most cost-efficient means to prevent kidney failure, rather than continually struggle to manage it. The 2023 ISN-GKHA had some limitations; these have been

discussed.<sup>3</sup> However, this work is important for guiding kidney-care policy in the ISN NAC region.

## APPENDIX

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National Renal Care, outside the submitted work; and serving as the Chair of the African Renal Registry and Co-chair of the South African Renal Registry. MBF reports personal fees (consulting) from Natera and Novartis; personal fees (speaker fees) from the Association of American Medical Colleges; and a leadership role as the President of the Latin American Association of Pediatric Nephrology, outside the submitted work. MDGDF reports personal fees from ProKidney; and grants from The Renal Research Institute, MONDO/Pediatric Investigation and Close Collaborative Consortium for Ongoing Life Outcomes for MONitoring Dialysis Outcomes (PICCOLO MONDO) Registries, outside the submitted work. DF reports grants or contracts from the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), Department of Defense, and Vertex, paid to his institution; royalties for patents related to APOL1 paid to his institution; consulting fees and payment for participation on the Data Safety Monitoring or Advisory Board from Vertex; payment and/or honoraria for lectures, presentations, or speaker bureaus from Sanofi Genzyme; and unpaid participation on the NIDDK Data Safety Monitoring or Advisory Board, outside the submitted work. CYH reports grants from Satellite Healthcare, royalties from UpToDate, consulting fees from Allen Shepherd & Lewis, King and Spalding, Triangle Insights Group, Lewis Brisbois, Aria Pharma, and McMasters Keith Butler; travel support from Satellite Healthcare, and participation on the LG Chem advisory board. HH reports personal fees from AWAK technology and Baxter Healthcare; and nonfinancial support from Mologic company, outside the submitted work. SK reports consulting fees for George Clinical, outside the submitted work. EVL reports royalties or licenses from Elsevier, McGraw-Hill, and Springer; consulting fees from AstraZeneca, Boehringer Ingelheim, GSK, Novartis, Calliditas, Otsuka, Travere, and Vifor; personal fees from AstraZeneca, Calliditas, Vifor, and GSK; and other financial or nonfinancial interests of joint venture with Fresenius (as partner of Associates in Nephrology, S.C.), outside the submitted work. EM reports grants from the National Institutes of Health (NIH), participation on the Data Safety Monitoring Board or Advisory Board for CKDu in Sri Lanka, outside the submitted work. BLN reports personal fees (advisory boards, speaker honoraria) from AstraZeneca and Boehringer and Ingelheim; personal fees (advisory boards) from Alexion, Bayer, and Cambridge Healthcare Research; and personal fees (speaker honoraria) from Cornerstone Medical Education, Medscape, and The Limbic, outside the submitted work, with all fees paid to The George Institute for Global Health. RPF reports grants from the National Council for Scientific and Technological Development and Fresenius Medical Care; consulting fees from Fresenius Medical Care, Bayer, AstraZeneca, Fibrogen, and Akebia, all paid to his employer; payment or honoraria for lectures, presentations, speaker bureaus, manuscript writing, or educational events from Fresenius Medical Care, Bayer, AstraZeneca, Novo Nordisk, Fibrogen, and Akebia, all paid to his employer; and has a leadership or fiduciary role with Kidney Disease: Improving Global Outcomes (KDIGO), the ISN and International Society of Peritoneal Dialysis (ISPD); and employment by Arbor Research Collaborative for Health, which runs the Dialysis Outcomes and Practice Patterns Study (DOPPS) programs (global support for the ongoing DOPPS Programs is provided without restriction by a variety of funders and is provided to Arbor Research Collaborative for Health and not to RPF). IT reports other (stock) from liberDi, outside the submitted work. MW reports grants from Canadian Institutes of Health Research, British Heart Foundation, Medical Research Future Fund, National Health and Medical Research Council, Health Research Council, Hamilton Academic Health Sciences Organization, and Vifor; other from Otsuka; nonfinancial support from Otsuka; other from Bayer, Pharmaceuticals, Novo Nordisk, Medical Research Council, Roche, and National Institutes of Health Research, outside the submitted work.

## FUNDING SOURCE

This article is published as part of a supplement sponsored by the International Society of Nephrology with grant funding to the University of Alberta (RES0033080).

## ROLE OF THE FUNDER/SPONSOR

The International Society of Nephrology provided administrative support for the design and implementation of the survey and data collection activities. The authors were responsible for data management, analysis, and interpretation, as well as manuscript preparation, review, and approval, and the decision to submit the manuscript for publication.

## DISCLOSURE

RLJ reports consultation fees from Ministry of Health & Wellness (Jamaica) Hypertension Guideline Development Group; honoraria from AstraZeneca and Cari-Med, outside the submitted work. IE reports grants from Fonds de Recherche du Québec—Santé, outside the submitted work. SND reports research funding from Canadian Institutes of Health Research, Alberta Innovates, and Alberta Health services, outside the submitted work. LF reports personal fees (speaking) from Dr. Reddy's Pharmaceutical and Servier Latin America and the Caribbean, outside the submitted work. ST reports fellowship grants from the International Society of Nephrology–Salmasi Family and the Kidney Foundation of Thailand, outside the submitted work. MMYW reports grants from Michael Smith Health Research BC and Kidney Foundation of Canada; personal fees from George Clinical, Bayer, and AstraZeneca advisory board: CKD early identification and intervention in primary care, outside the submitted work. SA reports personal fees (salary) from The International Society of Nephrology (ISN), outside the submitted work. AKB reports other (consultancy and honoraria) from AMGEN Incorporated and Otsuka; other (consultancy) from Bayer and GSK; and grants from Canadian Institutes of Health Research and Heart and Stroke Foundation of Canada, outside the submitted work; and serving as Associate Editor of the *Canadian Journal of Kidney Health and Disease* and Co-chair of the ISN-Global Kidney Health Atlas. SD reports personal fees (salary) from ISN, outside the submitted work. JD reports personal fees (salary) from ISN, outside the submitted work. VJ reports personal fees from GSK, AstraZeneca, Baxter Healthcare, Visterra, Biocryst, Chinook, Vera, and Bayer, paid to his institution, outside the submitted work. DWJ reports consultancy fees, research grants, speaker honoraria and travel sponsorships from Baxter Healthcare and Fresenius Medical Care; consultancy fees from AstraZeneca, Bayer, and AWAK; speaker honoraria from ONO and Boehringer Ingelheim & Lilly; travel sponsorships from ONO and Amgen, outside the submitted work; and being a current recipient of an Australian National Health and Medical Research Council Leadership Investigator Grant, outside the submitted work. CM reports personal fees (salary) from the ISN, outside the submitted work. MN reports grants and personal fees from KyowaKirin, Boehringer Ingelheim, Chugai, Daiichi Sankyo, Torii, JT, and Mitsubishi Tanabe; grants from Takeda and Bayer; and personal fees from Astellas, Akebia, AstraZeneca, and GSK, outside the submitted work. SA reports grants from Doris Duke Award and Stanford Center for Innovation in Global Health, during the conduct of the study; personal fees from HealthPals, Inc, and Vera Therapeutics, outside the submitted work. All the other authors declared no competing interests.

## ACKNOWLEDGMENTS

The authors appreciate the support from the International Society of Nephrology's (ISN's) Executive Committee, regional leadership, and Affiliated Society leaders at the regional and country levels for their help with the ISN–Global Kidney Health Atlas.

## SUPPLEMENTARY MATERIAL

Supplementary File (PDF)

**Supplementary Table S1.** Burden of chronic kidney disease (CKD) in the International Society of Nephrology (ISN) North America and the Caribbean region.

**Supplementary Table S2.** Risk factors for chronic kidney disease (CKD) in the International Society of Nephrology (ISN) North America and the Caribbean region.

**Supplementary Figure S1.** Quality of dialysis and transplantation: (A) proportion of centers routinely measuring and reporting outcomes and (B) proportion of people initiating dialysis with an incremental start, in the International Society of Nephrology (ISN) North America and the Caribbean region.

**Supplementary Figure S2.** Within-country variation in the organization, delivery, and cost of kidney-failure care and access to kidney replacement therapy (KRT) in the International Society of Nephrology (ISN) North America and the Caribbean region.

**Supplementary Figure S3.** Availability of services for chronic kidney disease (CKD) monitoring and management (proportion of countries) at the primary and secondary and/or tertiary care level in the International Society of Nephrology (ISN) North America and the Caribbean region.

**Supplementary Figure S4.** Proportion of death and hospitalization in people living with kidney failure on dialysis in the first year of dialysis, globally and in the International Society of Nephrology (ISN) North America and the Caribbean region.

**Supplementary Figure S5.** Availability and basis of participation of “official” registries for conditions and treatments (proportion of countries) in the International Society of Nephrology (ISN) North America and the Caribbean region.

**Supplementary Figure S6.** Proportion of countries in which kidney disease is recognized as a health priority by the government in the International Society of Nephrology (ISN) North America and the Caribbean region.

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