

Implementation and Assessment of the HIV Enhanced Access Testing in the Emergency Department (HEATED) Program in Nairobi, Kenya: A Quasi-Experimental Prospective Study

Adam R. Aluisio, MD, MSc,¹ Joshua Smith-Sreen, MPH,² Agatha Oforjebe,¹ MD Wamutitu Maina, MD,³ Sankei Pirirei MD,³ John Kinuthia, MD, MPH,⁴ David Bukusi, MD,³ Harriet Waweru,³ Rose Bosire, MD, MPH,⁴ Daniel K. Ojuka, MD,⁵ McKenna C. Eastment, MD, MPH,^{6,7} David A. Katz, PhD, MPH,⁶ Michael J. Mello, MD, MPH,¹ Carey Farquhar, MD, MPH,^{6,7}

¹Department of Emergency Medicine, Alpert Medical School of Brown University, Providence, USA;

²Alpert Medical School of Brown University, Providence, USA; ³Kenyatta National Hospital, Nairobi, Kenya; ⁴Department of Research & Programs, Kenyatta National Hospital, Nairobi, Kenya; ⁴Center for Public Health Research, Kenya Medical Research Institute, Nairobi, Kenya; ⁵Department of Surgery,

University of Nairobi Faculty of Health Sciences, Nairobi, Kenya; ⁶Department of Global Health, University of Washington, Seattle, US; ⁷Department of Medicine, University of Washington, Seattle, US

Corresponding author:

*Adam R. Aluisio, MD, MSc, DTM&H

Department of Emergency Medicine, Alpert Medical School of Brown University

55 Claverick Street, Room 274

Providence, RI 02903

E-mail: adam_aluisio@brown.edu

Telephone: +1(401) 444-5826

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ABSTRACT

Background: Persons seeking emergency injury care are often from underserved key populations (KPs) and priority populations (PPs) for HIV programming. While facility-based HIV Testing Services (HTS) in Kenya are effective, emergency department (ED) delivery is limited, despite the potential to reach underserved persons.

Methods: This quasi-experimental prospective study evaluated implementation of the HIV Enhanced Access Testing in Emergency Departments (HEATED) at Kenyatta National Hospital ED in Nairobi, Kenya. The HEATED program was designed using setting specific data and utilizes resource reorganization, services integration and HIV sensitization to promote ED-HTS. KPs included sex workers, gay men, men who have sex with men, transgender persons and persons who inject drugs. PPs included young persons (18-24 years), victims of interpersonal violence, persons with hazardous alcohol use and those never previously HIV tested. Data were obtained from systems-level records, enrolled injured patient participants and healthcare providers. Systems and patient-level data were collected during a pre-implementation period (6 March - 16 April 2023) and post-implementation (period 1, 1 May - 26 June 2023). Additional, systems-level data were collected during a second post-implementation (period 2, 27 June – 20 August 2023). Evaluation analyses were completed across reach, effectiveness, adoption, implementation and maintenance framework domains.

Results: All 151 clinical staff were reached through trainings and sensitizations on the HEATED program. Systems-level ED-HTS increased from 16.7% pre-implementation to 23.0% post-implementation periods 1 and 2 (RR=1.31, 95% CI:1.21-1.43; $p<0.001$) with a 62.9% relative increase in HIV self-test kit provision. Among 605 patient participants, facilities-based HTS increased from 5.7% pre-implementation to 62.3% post-implementation period 1 (RR=11.2, 95%CI:6.9-18.1; $p<0.001$). There were 440 (72.7%) patient participants identified as KPs (5.6%) and/or PPs (65.3%). For enrolled KPs/PPs, HTS increased from 4.6% pre-implementation to 72.3% post-implementation period 1 (RR=13.8, 95%CI:5.5-28.7, $p<0.001$). Systems and participant level data demonstrated successful adoption and implementation of the HEATED program. Through 16-weeks post-implementation a significant increase in ED-HTS delivery was maintained as compared to pre-implementation.

Conclusions: The HEATED program increased ED-HTS and augmented delivery to KPs/PPs, suggesting that broader implementation could improve HIV services for underserved persons, already in contact with health systems.

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INTRODUCTION

There are approximately 38 million people living with HIV (PLH) globally, of whom 70% reside in sub-Saharan Africa.^{1,2} Although progress was made toward the UNAIDS 95-95-95 HIV control targets, they are at risk of not being achieved.³ In sub-Saharan Africa, Kenya has reduced the national HIV prevalence, however incidence reduction targets have not been met, and in 2021 there was a 7.8% increase in new infections.⁴ The epidemic in Kenya is driven by higher-risk persons who have been insufficiently reached and underserved by HIV Testing Services (HTS).⁴⁻⁶ These include key populations (KPs) of sex workers (SWs), men who have sex with men (MSM), transgender persons and people who inject drugs (PWID) in which HIV prevalence is five-fold higher than the general population.^{5,7} Additional priority populations (PPs) including men, young people (<25 years) and persons who use drugs have been insufficiently reached further contributing to epidemic propagation.⁸⁻¹¹ Young people in Kenya account for 42% of new infections and one in four Kenyan men with HIV are undiagnosed.⁵ To achieve epidemic control, these higher-risk persons must be reached for HIV testing and linkage to care.^{2,9} However with persistent HIV programming barriers stemming from structural and cultural aspects as well as stigma and discrimination,¹²⁻¹⁶ innovative service delivery approaches are needed.

Emergency Departments (ED) in low- and middle-income countries (LMICs) are an under-used HTS service delivery point with the potential to reach KP/PPs already in contact with health systems.^{17,18} In LMICs, EDs provide care to large numbers of patients who may not otherwise regularly access healthcare, and often for treatment of injuries.^{17,19,20} Data from sub-Saharan Africa shows patients seeking injury treatments have high HIV burdens and are often first diagnosed during those evaluations.²¹⁻²⁵ Globally, young people and men are most likely to experience injuries,^{26,27} and KPs have elevated risks for interpersonal violence, gender-based violence, and self-harm.^{28,29} In Kenya, data from the National AIDS and STIs Control Programme (NASCOP) demonstrates high prevalence of violence experienced by SW (48%), PWID (44%), and MSM (20%).³⁰ Given injury risk burdens among KP/PPs in Kenya and subsequent needs for emergency care, development of effective ED-HTS with a focus on engaging injured populations, represents a pragmatic approach to reach higher-risk persons already engaged in care.^{18,31}

Kenya's national HTS guidelines recommend HIV screening and targeted testing during all health-facility interactions with the goal of testing quarterly for KPs and every 6-12 months for PPs.⁸ Although this includes EDs, there is no specific program guidance to inform ED-HTS delivery. To address this, data from patient and healthcare provider stakeholders from the Kenyatta National Hospital (KNH) ED, in Nairobi, Kenya,^{32,33} were used to design the HIV Enhanced Access Testing in Emergency Departments (HEATED) program to improve ED-HTS delivery.

METHODS

This quasi-experimental prospective study evaluated implementation of the HEATED program using the Reach, Effectiveness, Adoption, Implementation, and Maintenance (RE-AIM) framework applied to systems, patient and healthcare provider level data.³⁴ Study periods included: pre-implementation (6 March – 16 April 2023), implementation (17 April – 30 April 2023), post-implementation period 1 (1 May – 26 June 2023) and post-implementation period 2 (27 June – 20 August 2023). Guidelines on implementation studies were adhered to in reporting these results.³⁵

Study Setting

The KNH ED, in Nairobi, Kenya provides 24-hour care access. At study initiation, there were 143 nurse, and physician staff members and eight HIV-services personnel working in the clinical setting. The ED offers continuous HTS with dedicated space and staffing for services. HTS is provided free of charge, using Alere Determine™ HIV-1/2 assays or OraQuick Rapid™ HIV-1/2 HIV self-test (HIVST) kits. Standardized records for all patients undergoing HTS are maintained using national reporting procedures, and any PLH identified is provided free follow up care at a government facility. Kenya's national guidelines stipulate that screening for, and delivery of HTS, should occur during facility-based healthcare encounters = and recommends testing frequencies of every two years for the general population, quarterly for KPs and every 6-12 months for PPs.^{5,36}

HIV Enhanced Access Testing in Emergency Departments Program

The HEATED program aims to increase ED-HTS delivery and improve engagement for underserved higher-risk persons by supporting HIV service for injured persons and KP/PPs. The program was designed to be a pragmatic multi-component intervention which employs setting appropriate micro-strategies focused on HTS sensitization and integration, task shifting, resource reorganization, linkage advocacy, skills development and education. The HEATED program was developed through qualitative research from healthcare providers and patient stakeholders from the KNH emergency care setting.^{32,33} Qualitative data were mapped to the Capability-Opportunity-Motivation Behavioral model for change and the Theoretical Domains Framework to identify data-driven micro-strategies to enhance ED-HTS.^{37,38} A multipronged implementation strategy including training and educating, changing infrastructure and developing stakeholder interrelationships was used to implement the HEATED program (Supplement 1).³⁹

Data Sources

Systems-Level Data

Systems level data were collected from standardized clinical sources. The ED triage register was used to identify numbers of persons treated during study periods. HTS registries provided data on facility-based testing, HIVST provision and follow up and identification and linkage to care for PLH. Data were abstracted by trained study personnel and into digital databases with continuous quality monitoring.⁴⁰

Data were collected from healthcare personnel. ED-HIV services providers were screened, consented and enrolled as participants. They were sampled during each study period using the Continuing professional development (CPD) Reaction questionnaire oriented to the research topic of ED-HTS for injured and higher-risk persons.⁴¹ The CPD-Reaction questionnaire is a validated instrument used in implementation sciences research, for assessing the impact of professional development activities on clinical behaviors.^{42,43} Anonymized data were collected during post-implementation period 2 from ED nurses and physicians via open ended self-completed surveys on perceptions of the HEATED program.

Patient Participant-Level Data

During pre-implementation and post-implementation period 1, data were obtained from enrolled patient participants. Trained study personnel present in the ED 24-hours a day collected standardized survey data. All patients ≥ 18 years, seeking injury care were eligible for participation. Injury designation used the standardized triage classification in the study setting.⁴⁴ Patients known to be pregnant, incarcerated persons and those unable or unwilling to provide consent were excluded.

After provision of written informed consent, patient participants had enrollment data collected as close to ED arrival as possible on sociodemographics, past medical and social histories, HIV risk factors including screening for KPs and PPs. PPs based on Kenya's national guidelines included young persons (18-24 years), victims of interpersonal violence (IPV), persons never previously HIV tested and persons with hazardous alcohol use (HAU).⁵ The Alcohol Use Disorders Identification Test (AUDIT-C) was used to identify HAU.^{45,46} At emergency care completion, patient participant data were collected on awareness and understanding of ED-HTS and services received. For patient participants who received ED-HTS, systems level data were linked and cross-referenced to validate report.

Evaluation Approach

HEATED program implementation was assessed using the RE-AIM framework.³⁴ The evaluation metrics for each dimension are shown in Table 1. Reach, effectiveness and implementation, data were assessed using systems and patient participant data. For adoption and maintenance, systems level data were used. CPD-Reaction scores from ED-HIV service providers were compared pre-implementation and post-implementation period 1. The constructs of intention and social influence, which represent willingness by the primary intervention agent to initiate a health behavior, were used for adoption. Constructs of beliefs about capabilities and moral norms representing the intervention agents' fidelity to deliver the health service were used in assessment of implementation. Final CPD-Reaction scores obtained during post-

implementation period 2, were used in assessment of maintenance, along with the longitudinal systems-level trends in HTS delivery

Statistical Analysis

The sample size was based on the outcome of increasing the proportion HIV test completed for injured persons seeking emergency care among enrolled patient participants. Prior data from the study setting demonstrated that 5.6% of injured patients completed ED-HIV testing.²⁵ To be able to identify a 10% absolute increase in the proportion of injured patients completing testing, a sample size of ≥ 175 participant per assessment period was needed (80% power, $\alpha < 0.05$).⁴⁷

Descriptive analyses were performed for systems level and participant level data using frequencies with percentages or medians with associated interquartile ranges (IQR) as appropriate. Level of agreement for 5-point scale Likert scale items were summarized using medians with IQRs. HTS data were evaluated as facility-based HIV testing and distribution of HIVSTs independently, and aggregated as ED-HTS. Moving biweekly averages for HTS with associated variance estimates were calculated and graphed over time. Comparative analyses based on study period were performed using Pearson χ^2 or Fisher's exact tests and Mann-Whitney tests as appropriate. Using the pre-implementation data as the baseline comparator, risk ratios (RR) were calculated with associated 95% confidence intervals (CI) for HTS cascade metrics for systems level and participant level data. An *a priori* subgroup analysis was completed on HIV testing for KPs and PPs among enrolled patient participants.

Ethical Approvals

The study was approved by the University of Nairobi ethics and research committee and the institutional review board of Rhode Island Hospital. All enrolled participants provided written informed consent.

RESULTS

Study Population

Systems-level

There were a total of 12,532 ED encounters during data collection periods. Of these, 3,050 (24.4%) received ED-HTS, with 696 pre-implementation and 2,354 post-implementation (Figure 1 Panel A). The majority of persons who received facility-based HTS were male and >25 years of age. Across all periods, approximately two-thirds of persons completing facility-based HTS had never previously been tested for HIV (Table 2).

Patient Participant level

During pre-implementation and post-implementation period 1, there were 2,578 injury encounters. Of these, 2,303 (89.3%) were screened, 605 (26.3%) met inclusion and were enrolled. During pre-implementation 19 of 318 participants received ED-HTS; and 182 of 287 participants received ED-HTS post-implementation (Figure 1, Panel B). Patient participant characteristics were similar between pre-implementation and post-implementation period 1. The majority of participants were male and approximately one-quarter were <25 years of age. KPs comprised 5.0% of patient participants pre-implementation and 6.3% in post-implementation period 1 ($p=0.508$). PPs were 67.0% of participants pre-implementation and 63.3% in post-implementation period 1 ($p=0.640$). Similar portions of participants had never been HIV tested 12.9% pre-implementation versus 12.6% post-implementation ($p=0.881$). One third of participants had a history of interpersonal violence (33.3% pre-implementation, 33.1% post-implementation, $p=0.952$) (Table 3).

Reach

All 151 ED personnel were reached through HEATED program sensitization. In-person sessions were attended by 45% of personnel, and all personnel received digital communications. All eight ED-HIV services providers completed HEATED program training on HTS for underserved higher-risk persons (Supplement 1). Among patient participants, screening at triage on interest in learning about ED-HTS

options increased from 3.5% pre-implementation to 46.7% post-implementation period 1 ($p < 0.001$). At ED care completion, patient participant awareness of ED-HTS options increased from 37.7% pre-implementation 76.9% to post-implementation period 1 ($p < 0.001$) (Table 5).

Effectiveness

ED-HTS, which aggregated facility-based HIV testing and distribution of HIVSTs, increased from 19.9% (95% CI: 18.6-21.3) pre-implementation to 28.5% (95% CI: 27.2–29.8) post-implementation period 1 and 23.8 (95% CI: 22.6-25.1) in post-implementation period 2. As compared to pre-implementation, systems level ED-HTS was significantly greater in the post-implementation periods (RR=1.31, 95% CI:1.21-1.43; $p < 0.001$) (Figure 2 Panel A). Identification of PLH non-significantly increased from 24 (4.1%) pre-implementation to 53 (5.1%) post-implementation period 1 and to 43 (5.0%) post-implementation period 2. Among those tested in the ED and found to be PLH, 73% were newly diagnosed. Linkage to care of eligible PLH was 71.4.% pre-implementation, 81.1% in post-implementation period 1 ($p = 0.454$) and 87.0% in post-implementation period 2 ($p = 0.242$). The number of persons distributed HIVST kits increased with program implementation and there was a significant increase in follow up of usage by ED-HIV services providers (Table 4).

ED-HTS significantly increased among patient participants from 5.7% pre-implementation to 69.0% post-implementation period 1. There were three patient participants identified as PLH. Figure 3 shows changes in HTS cascade delivery with HEATED program implementation stratified by participants as KPs/PPs or not. For KPs/PPs participants facility-based HIV testing increased from 4.6% pre-implementation to 72.3% post-implementation period 2 ($p < 0.001$). Among KPs/PPs completing facility-based HIV testing, 49% had multiple KP identifies and/or multiple categorizing PP characteristics (Table 5). As compared to pre-implementation, patient participants in post-implementation period 1 were significantly more likely to complete ED-HTS (RR=12.15, 95% CI:7.50-19.68; $p < 0.001$). This significant increase was also found in the KPs (RR=8.84, 95% CI:2.03-38.43; $p < 0.001$) and the PP (RR=15.22, 95% CI:7.74-29.94; $p < 0.001$) (Figure 2 Panel B).

Adoption

ED-HIV services personnel CPD-Reactions scores increased pre-implementation period to post-implementation period 1. For the construct of intention median scores increased from 6.3 (IQR: 5,8, 6.8) to 6.5 (IQR: 6.5, 7.0) ($p = 0.682$) and from 4.3 (IQR: 3.4, 4.7) to 5.2 (IQR: 4.3, 5.8) ($p = 0.014$) for social influence (Supplement 2). Anonymous feedback from ED healthcare personnel was mixed with some personnel indicating that the HEATED program improved testing and was used well. However, there was concerns noted that not all staff were engaged (Supplement 3).

Implementation

Among ED-HIV services personnel scores for CPD-Reaction constructs of beliefs about capabilities and moral norms significantly increased. Median scores increased from 5.2 (IQR: 4.7, 5.7) pre-implementation to 6.0 (IQR: 5.8, 6.3) post-implementation period 1 ($p = 0.013$) for beliefs about capabilities. For moral norms, median scores increased pre-implementation from 6.0 (IQR: 5.5, 6.0) to 6.8 (IQR: 6.0, 7.0) post-implementation period 1 ($p = 0.014$) (Supplement 2). During pre-implementation 3.8% of enrolled patient participants reported discussing HTS with ED personnel during care, which increased to 85.3% post-implementation ($p < 0.001$). There was a significant increase in agreement among enrolled patient participants that it was clear that ED-HTS was available with median Likert scores increasing from 2 (IQR: 1, 5) pre-implementation to 5 (IQR: 2, 5) post-implementation period 1 ($P < 0.001$)

Maintenance

In post-implementation periods 1 and 2, encompassing 16 weeks of systems level data, a significant increase in ED-HTS delivery was maintained as compared to pre-implementation. Figure 4 shows bi-weekly average proportional ED-HTS delivery. Facility-based HTS ranged from 13.9% to 19.1% during pre-implementation and from 17.1% to 25.4% post-implementation. Bi-weekly average HIVST

distribution ranged from 1.6% to 3.7% pre-implementation and from 2.5% to 8.4% post-implementation. CPD-Reaction scores for ED-HIV services personnel were persistently greater on follow up assessments during post-implementation period 2 as compared to pre-implementation (Supplement 2).

DISCUSSION

The current study assessing implementation of the HEATED program demonstrates positive impacts on ED-HTS across the RE-AIM domains. The systems-level and patient participant data showed significantly increased testing services, suggesting that broader program development may represent a pragmatic approach to augment HTS delivery to higher-risk target populations. Considering the burdens of injury across sub-Saharan Africa requiring emergency care,^{26,27} particularly in underserved KP/PPs,^{28,29} and barriers to reaching those persons for HIV services,¹⁴⁻¹⁶ further evaluation of the HEATED program and leveraging of ED-HTS as a mechanism to contribute to reaching global HIV control targets is warranted.

The HEATED program used multi-modal approaches with in person trainings, digital contact for sensitization and one-on-one information delivery to reach all providers in the study setting. However, feedback indicated greater sensitization was needed, suggesting that program reach could have been improved. Although, more sensitization may have been beneficial, the significant increase in ED-HTS delivery with program implementation suggests that willingness to improve services was achieved. This is also supported by patient data showing a significant increase in triage screening for interest in learning about ED-HTS options during emergency care. As triage was performed by varying staff, the significant increase in screening suggests that the HEATED program reached intended providers. However, as ensuring all stakeholders are reached in an acceptable and consistent manner is crucial to HIV program delivery,⁴⁸ and given changes in staffing and policies that occur over time, it is likely the HEATED program could require more intensive and longitudinal sensitization to sustain gains in HTS impacts.

The primary outcome of effectiveness to improve ED-HTS among injured patient participants demonstrated that the HEATED program was associated with a significant increase in testing. Within the enrolled sample, one in every 18 patients was from a KP, and the majority of participants had characteristics for PPs. These data have external validity, with injury profiles from sub-Saharan Africa demonstrating high burdens among KPs,^{28,29} and the epidemiology of those most likely to suffer injuries being men, young people and persons who use drugs,^{26,27,49} supporting the importance of the ED setting for delivery of HTS. Additionally, as nearly half of enrolled patient participants had multiple KP identities and/or PP characteristics, and prior data has shown greater HIV vulnerability among such persons,⁵⁰ the ED may represent an important venue to reach individuals with compounding HIV risk. Although, there was a low number of PLH identified among the patient participants, the underserved population reached through the injury focus highlights the potential for ED-HTS to pragmatically deliver services to targeted groups already in contact with healthcare. The HEATED program approach is consistent with recommendations for HIV programming for KPs, men and young adults, in improving access to services by meeting persons where they are and reducing gender barriers and stigmatization by utilizing the lens of injury which is not dependent on population identity.^{10,12,13} As patient ED-HTS acceptability in sub-Saharan Africa is high,^{23-25,51,52} further study of how to ensure systems support healthcare providers to best achieve delivery will be beneficial to build from the HEATED program results.

Effectiveness in ED-HTS was reproduced in the systems-level data with significant increases in the post-implementation periods. The increase in overall testing suggests that the HEATED program, did not redirect HTS, but rather increased services. This is evident in the observed increase in testing of men, who made up approximately 80% of injury patients in the study setting. Considering the majority of those injured globally are men,^{26,53} and that men in sub-Saharan Africa are inadequately tested, diagnosed later and have higher HIV-related mortality than females,^{13,54} the ED represents a venue deliver person-centered care in a gender-neutral setting to men, consistent with WHO recommendations.¹³ In the systems level data, there was a non-significant increase in PLH identified and linked to care following HEATED program implementation. The current study was not designed to assess post-testing HIV care cascade outcomes, and albeit suggestive of positive down-stream impacts of the HEATED program this is hypothesis generating, and a sufficiently powered interventional trial is needed to robustly assess this. Although achieving the

UNAIDS 95-95-95 targets requires identification and linkage to treatment of PLH, status-neutral programming with interval testing and delivery of preventive interventions is also integral in epidemic control.^{2,55,56} As Kenya's guidelines recommend HIV testing quarterly for KPs and every 6-12 months for PPs,⁸ further development of ED-HTS is not only important in completing the request first step of testing required for antiretroviral therapy (ART) or Pre-exposure Prophylaxis (PrEP) provision, but would also support achieving delivery of interval testing to targeted populations.

Correlating with the significant increase in systems-level HTS, assessments of the primary intervention agents, ED-HIV services personnel, found sustained increases in assessments for constructs on program adoption and implementation. Patient participant data showed program implementation fidelity for HTS sensitization, with significantly more patients aware of services and discussing testing with ED healthcare providers in the post-implementation period. However, the linked systems-level and patient participant level data demonstrated that only 12% of persons from KPs were identified during their receipt of ED-HTS. As a component of the HEATED program was training ED-HIV services personnel on interacting with and delivering care for KPs, this suggests that the program did not sufficiently meet the provider needs and research to inform approaches to improve care for KPs from emergency care settings is needed.

With the quasi-experimental design, causality cannot be determined. Generalizability of the HEATED program in alternative settings with differing systems and resources is not known. However, as the program was designed to be pragmatic and adaptable to the relevant needs of a service delivery point it may be impactful in other settings, which requires further study. Due to the use of standard reporting tools from systems-level data, effects on preventative services such as risk reduction counseling, condom distribution and PrEP screening were not able to be assessed across study periods. Although, the RE-AIM framework was used, qualitative data focusing on adoption and implementation would have supported a more comprehensive evaluation of the HEATED program. As well, longer-term maintenance data on sustainability, costing analyses and outcomes on linkage to treatment would strengthen the application of program. To address this, and more robustly evaluate the HEATED program, a cluster randomized trial using mixed methods with a sufficient maintenance period and costing assessment is needed.

CONCLUSIONS

The HEATED program significantly increased HTS delivery and augmented testing to underserved populations seeking emergency care. The program assessment across RE-AIM framework domains showed favorable data suggesting that further implementation study could support pragmatic service improvements for higher-risk persons already engaged with health systems as a mechanism to support advancement towards HIV control targets.

Figures & Tables

Table 1. HIV Enhanced Access Testing in the Emergency Department Program Evaluation Assessment Metrics Across Study Periods

Dimension	Pre-implementation (March 6 - April 16)	Program Implementation (April 17 – April 30)	Post-Implementation (Period 1: May 1 - June 26)	Post-Implementation (Period 2: June 27 - August 20)
<i>Reach</i>				
Systems Metrics		Healthcare provider sensitizations		
Patient Participant Metrics	Patient triage screen for interest on learning about options for HIV testing		Patient triage screen for interest on learning about options for HIV testing	
	Patients aware of HIV testing at care conclusion		Patients aware of HIV testing at care conclusion	
<i>Effectiveness</i>				
Systems Metrics	HIV services cascade delivery: testing, identification of people living with HIV and linkage to care		HIV services cascade delivery: testing, identification of people living with HIV and linkage to care	HIV services cascade delivery: testing, identification of people living with HIV and linkage to care
Patient Participant Metrics	Patient HIV Testing completion		Patient HIV Testing completion	
	Patient HIV Testing completion among Key or Priority populations ¹		Patient HIV Testing completion among Key or Priority populations ¹	
<i>Adoption</i>				
Systems Metrics	HIV services personnel Continuing Professional Development assessments		HIV services personnel Continuing Professional Development assessments	Emergency Department healthcare provider program feedback
Patient Participant Metrics	Patient interactions with healthcare providers on HIV testing services during emergency care		Patient interactions with healthcare providers on HIV testing services during emergency care	
<i>Implementation</i>				
Systems Metrics	HIV services personnel Continuing Professional Development assessments		HIV services personnel Continuing Professional Development assessments	
Patient Participant Metrics	Patient understanding of option for emergency department HIV Testing		Patient understanding of option for emergency department HIV Testing	
<i>Maintenance</i>				
Systems Metrics	HIV services personnel Continuing Professional Development assessments		HIV services personnel Continuing Professional Development assessments	HIV services personnel Continuing Professional Development assessments
	Longitudinal delivery of HIV testing services		Longitudinal delivery of HIV testing services	Longitudinal delivery of HIV testing services

¹ Key Populations Key populations include sex workers, men who have sex with men, gay persons, transgender persons, and persons who inject drugs. Priority populations include persons 18-24 years of age, victims of interpersonal violence, persons who screened positive on the Alcohol Use Disorders Identification Test Concise, persons who never previously tested for HIV

Figure 1: Study Population

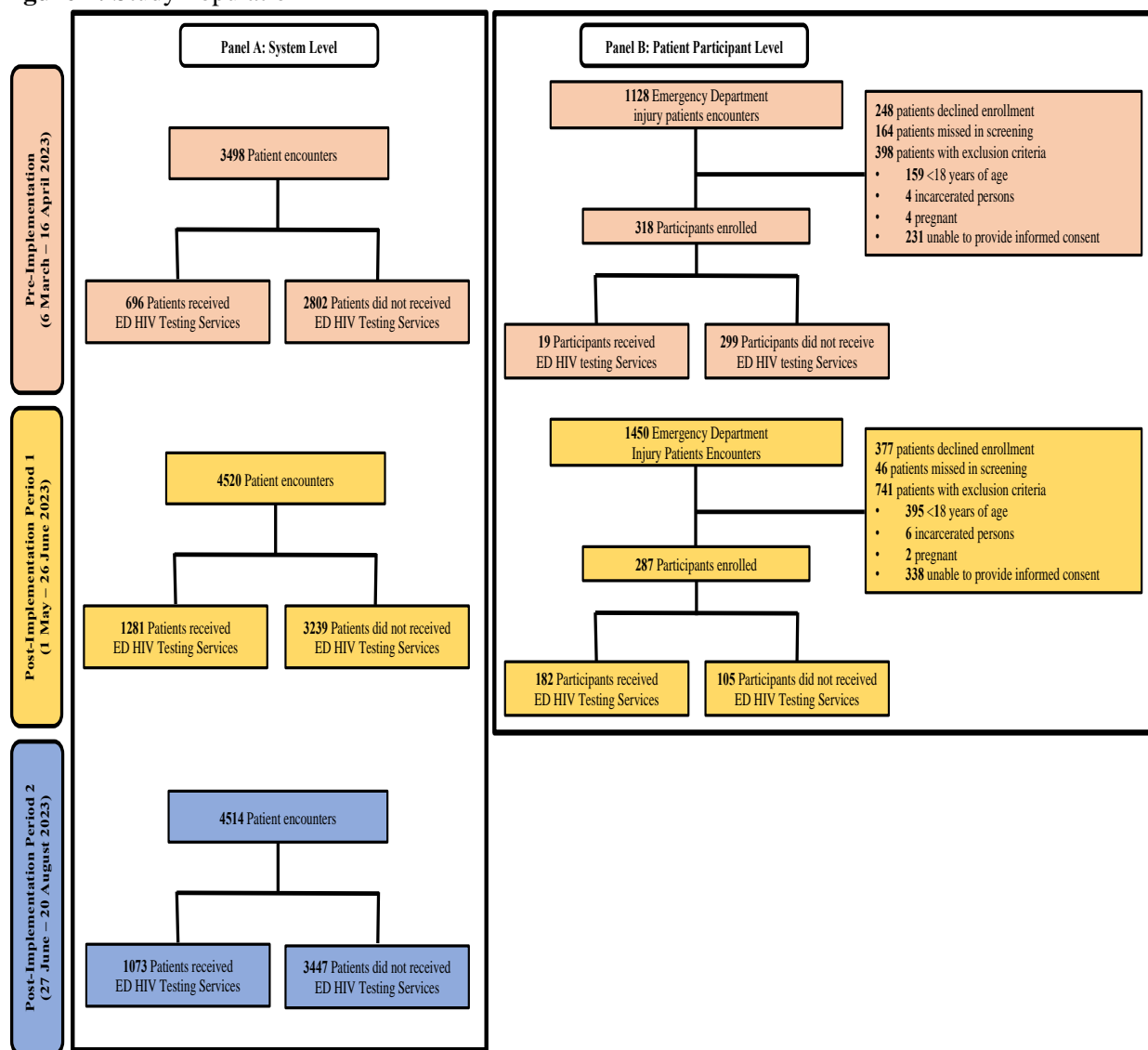


Table 2. System-level Data on Recipients of HIV Testing Services

	Pre-implementation (March 6 – April 16)	Post-Implementation (Period 1: May 1 - June 26)	p-value	Post-Implementation (Period 2: June 27 - August 20)	p-value
	n (%)	n (%)		n (%)	
Completed Facilities-based HIV Testing	585	1031		860	
Gender					
Male	296 (50.6)	574 (55.7)		503 (58.5)	
Female	286 (48.9)	456 (44.2)	0.046	350 (40.7)	0.008
Transgender	0 (0.0)	0 (0.0)		0 (0.0)	
Missing	3 (0.6)	1 (0.1)		7 (0.8)	
Age years (median)	34 (25, 43)	35 (27, 44)	0.313	33 (26, 43)	0.775
Age 15-24 years	95 (16.2)	164 (15.9)	0.861	159 (18.5)	0.270
Key Population ¹	1 (0.1)	3 (0.2)	1.00	10 (1.2)	0.058
Ever previously Tested for HIV					
No	381 (65.1)	673 (65.3)		565 (65.7)	
Yes	194 (33.2)	353 (34.2)	0.046	292 (36.0)	0.027
Missing	10 (1.7)	5 (0.5)		3 (0.03)	
Used HIV self-test in last 12 months					
No	571(97.6)	1020 (98.93)		857 (99.7)	
Yes	14(2.4)	11 (1.07)	0.038	3 (0.3)	<0.001
Persons accepting HIV self-test kits	111	250		213	
Gender					
Male	49 (44.1)	128 (51.2)		138 (64.8)	
Female	59 (53.2)	121 (48.4)	0.090	74 (34.7)	<0.001
Transgender	0 (0.0)	0 (0.0)		0 (0.0)	
Missing	3(2.7)	1(0.4)		1(0.5)	
Age 15-24 years	33 (29.7)	38 (15.2)	0.084	49 (23.0)	0.186

¹Key populations include sex workers, men who have sex with men, gay persons, transgender persons and persons who inject drugs.

Table 3. Patient Participant Characteristics

	Pre-implementation (March 6 - April 16)	Post-Implementation (Period 1: May 1 - June 26)	p-value
	n (%)	n (%)	
Age (median, IQR)	31 (25-38)	30 (24-38)	0.655
Young adult (18-24 years)	76 (23.9)	76 (26.6)	0.450
Gender			
Male	263 (82.7)	231 (80.5)	
Female	53 (16.7)	54 (18.9)	0.608
Transgender	1 (0.3)	0 (0.0)	
Missing	0 (0.0)	2 (0.7)	
Relationship Status			
Single	115 (36.3)	138 (48.3)	
Married	163 (51.4)	96 (33.2)	
In a monogamous relationship	17 (5.4)	32 (11.2)	
In a polygamous relationship	1 (0.3)	4 (1.4)	<0.001
Separated (still married)	16 (5.1)	10 (3.5)	
Wishes not to disclose	5 (1.6)	5 (1.8)	
Missing	1 (0.3)	2 (0.7)	
Education			
Primary schooling or less	91 (28.6)	97 (33.8)	
Secondary schooling or greater	225 (70.8)	188 (65.5)	0.328
Missing	2 (0.6)	2 (0.7)	
Employment Status			
Employed	236 (74.2)	233 (81.2)	
Unemployed	77 (24.2)	52 (18.1)	0.102
Missing	5 (1.6)	2 (0.7)	
Has Established Primary Care Provider			
No	260 (81.8)	234 (81.5)	
Yes	56 (17.6)	51 (17.8)	0.992
Missing	2 (0.6)	2 (0.7)	
Identifies as a Key Population ¹	16 (5.0)	18 (6.3)	0.508
Characterized as a Priority Population ²	213 (67.0%)	182 (63.4%)	0.671
Never Previously Tested for HIV	41 (12.9)	36 (12.6)	0.881
Hazardous Alcohol Use ¹	80 (25.2)	70 (24.5)	0.827
History of Interpersonal Violence			
No	212 (66.7)	192 (66.9)	
Yes	106 (33.3)	95 (33.1)	0.952
Condomless sex in last six months			
No	164 (51.6)	157 (54.6)	
Yes	142 (44.7)	117 (40.9)	0.904
missing	2 (0.6)	2 (0.7)	
Emergency Department Disposition			
Discharged	175 (55.0)	36 (60.0)	
Admitted	130 (41.0)	23 (38.3)	
Eloped	6 (1.9)	0 (0.0)	0.681
Missing	7 (2.2)	1(1.67)	

¹ Key Populations Key populations include sex workers, men who have sex with men, gay persons, transgender persons, and persons who inject drugs

² Priority populations include persons 18-24 years of age, victims of interpersonal violence, persons who screened positive on the Alcohol Use Disorders Identification Test, persons who never previously tested for HIV

Table 4. System Level Emergency Department HIV Testing Services

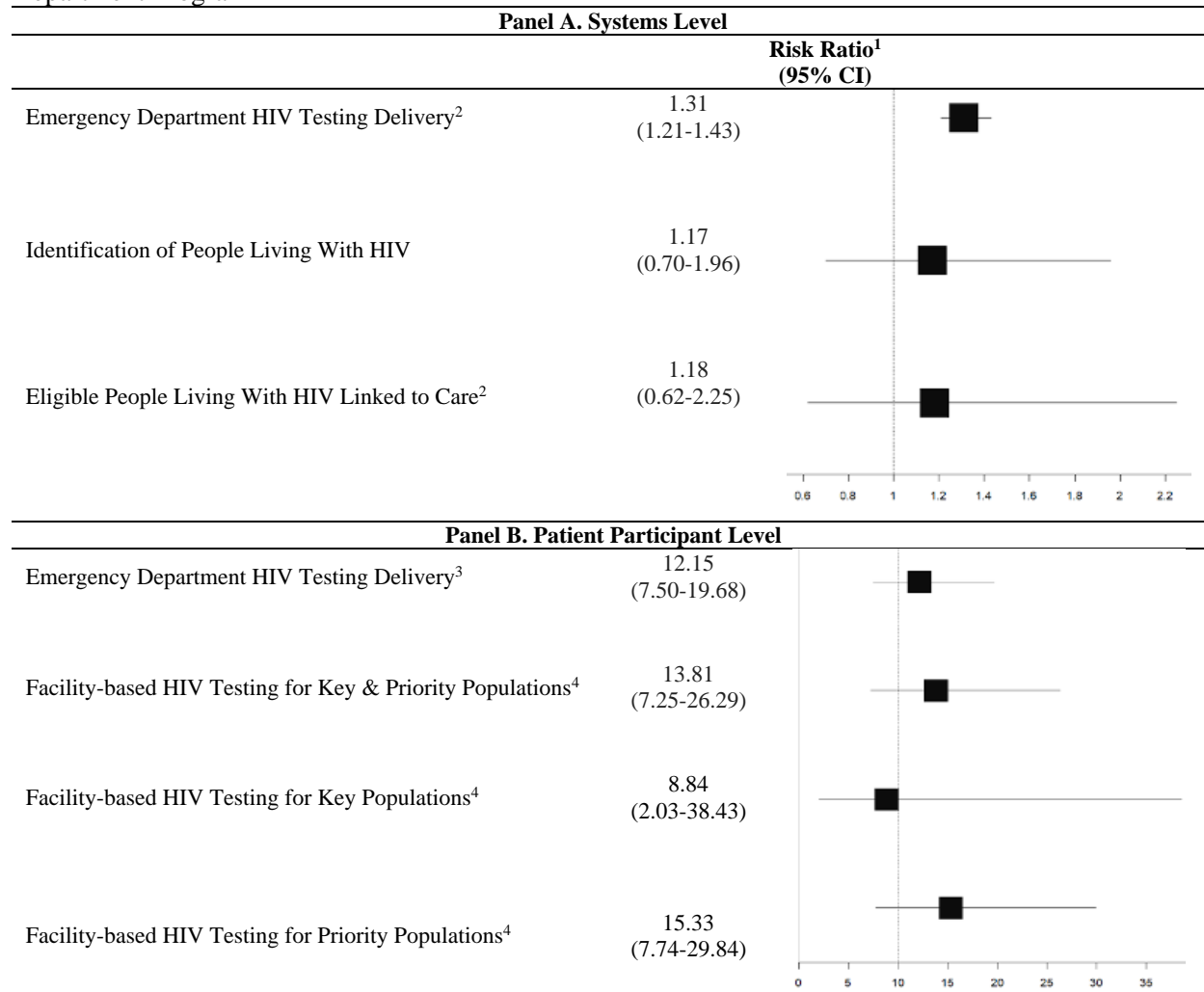
	Pre- implementation (March 6 - April 16) n (%)	Post- Implementation (Period 1: May 1 - June 26) n (%)	p- value	Post- Implementation (Period 2: Jun 27 - August 20) n (%)	p- value
Facility-based HIV testing	585	1031		860	
HIV Test Result					
Negative	560 (95.7)	977 (94.8)		816 (94.9)	
Positive	24 (4.1)	53 (5.1)	0.453	43 (5.0)	0.703
Inconclusive	1 (0.2)	1 (0.1)		1 (0.1)	
Positive HIV Test Results					
Previously diagnosed	8 (33.3)	13 (24.5)	0.555	15 (34.9)	0.239
New Diagnosis	16 (66.7)	40 (75.5)		28 (65.1)	
New Diagnosis Linked to Care					
No (declined)	4 (25.0)	7 (17.5)		3 (10.7)	
No (deceased)	2 (12.5)	3 (7.5)	0.657	5 (17.9)	0.447
Yes	10 (62.5)	30 (75.0)		20 (71.4)	
New Eligible Diagnosis Linked to Care					
No (declined)	4 (28.6)	7 (18.9)	0.454	3 (13.0)	0.242
Yes	10 (71.4)	30 (81.1)		20 (87.0)	
Previous Diagnosis Linked to Care					
No (Already linked to care)	7 (87.5)	8 (61.5)		10 (66.7)	
No (Declined)	0 (0.0)	0 (0.0)	0.201	2 (13.3)	0.651
Yes	1 (12.5)	5 (38.4)		3 (20.0)	
Previous Diagnosis Linked to Care (Eligible)					
No (Declined)	0 (0.0)	0 (0.0)	-	2 (40.0)	0.439
Yes	1(100.0)	5 (100.0)		3 (60.0)	
Provision of HIV Self-Test					
HIV Self-Test Recipients	111	250		213	
HIV Self-Test Follow-up Completed					
No	21 (18.92)	64 (25.6)		42 (19.7)	
Yes	0 (0.0)	186 (74.4)	<0.001	171 (80.3)	<0.001
Missing	90 (81.09)	0 (0.0)		0 (0.0)	
HIV Self-Test Reported Use					
No	-	10 (5.4)	-	10 (5.9)	-
Yes	-	176 (94.6)		161 (94.2)	
HIV Self-Test Reported Result					
Non-reactive	-	176 (100.0)		159 (98.8)	
Reactive	-	0(0.0)	-	1(0.6)	-
Inconclusive	-	0(0.0)		1(0.6)	

Table 5. HIV Testing Services For Patient Participants From Key and Priority Populations

	Pre- implementation (March 6 - April 16) N=216 n (%)	Post- Implementation (Period 1: May 1 - June 26) N=184 n (%)	p- value
Key & Priority Populations¹			
Not Receiving HIV Testing Services	206 (95.4)	51 (27.7)	<0.001
Receiving HIV Testing Services	10 (4.6)	133 (72.3)	
Key & Priority Populations¹ Receiving HTS			
Young Adult	1 (10.0)	14 (14.7)	
& Never Previously Tested for HIV	1 (10.0)	10 (7.5)	
& Hazardous Alcohol Use	1 (10.0)	1 (0.8)	
& Interpersonal Violence Victim	1 (10.0)	11 (8.3)	
& Sex Work	0 (0.0)	2 (1.5)	
& Never Previously Tested for HIV & Interpersonal Violence Victim	0 (0.0)	4 (3.0)	
& Interpersonal Violence Victim & Hazardous Alcohol Use	0 (0.0)	3 (2.3)	
& Interpersonal Violence Victim & Sex Work	0 (0.0)	2 (1.5)	
& Never Previously Tested for HIV & Sex Work & Gay	0 (0.0)	1 (0.8)	
& Interpersonal Violence Victim & Sex Work & Gay	0 (0.0)	1 (0.8)	
Never Previously Tested for HIV	0 (0.0)	4 (3.0)	
& Hazardous Alcohol Use	1 (10.0)	4 (3.0)	
& Interpersonal Violence Victim	0 (0.0)	1 (0.8)	
& Sex Work	0 (0.0)	1 (0.8)	
Hazardous Alcohol Use	1 (10.0)	20 (15.0)	
& Interpersonal Violence Victim	0 (0.0)	15 (11.3)	
& Sex Work	0 (0.0)	4 (3.0)	
& Gay	1 (10.0)	0 (0.0)	
& Interpersonal Violence Victim & Sex Work	0 (0.0)	2 (0.8)	
& Interpersonal Violence Victim & Person Who Injects Drugs	0 (0.0)	1 (0.8)	
& Interpersonal Violence Victim & Sex Work & Person Who Injects Drugs	0 (0.0)	1 (0.8)	
Interpersonal Violence Victim	2 (20.0)	30 (22.6)	
Sex Work	0 (0.0)	1 (0.8)	
Gay	1 (10.0)	0 (0.0)	

¹ Key Populations Key populations include sex workers, men who have sex with men, gay persons, transgender persons, and persons who inject drugs. Priority populations include young adult persons 18-24 years of age, victims of interpersonal violence, persons who screened positive on the Alcohol Use Disorders Identification Test for Hazardous Alcohol use, persons who never previously tested for HIV

Figure 2. HIV Services With Implementation of the HIV Enhanced Access Testing in the Emergency Department Program



¹Risk ratios outcomes based on comparison of data aggregating post-implementation periods 1&2 with the pre-implementation period as the baseline.

²Eligible People Living With HIV included those not currently on antiretroviral treatments and discharged from the hospital alive

³HIV Testing Delivery aggregates both facility-based HIV testing and distribution of HIVST kits

⁴Key populations include sex workers, men who have sex with men, gay persons, transgender persons, and persons who inject drugs. Priority populations include persons 18-24 years of age, victims of interpersonal violence, persons who screened positive for hazardous alcohol use on the Alcohol Use Disorders Identification Test, persons never previously HIV tested

Figure 3. HIV Testing Cascade Pre- and Post-implementation of the HIV Enhanced Access Testing in the Emergency Department Program Stratified by Key and Priority Populations

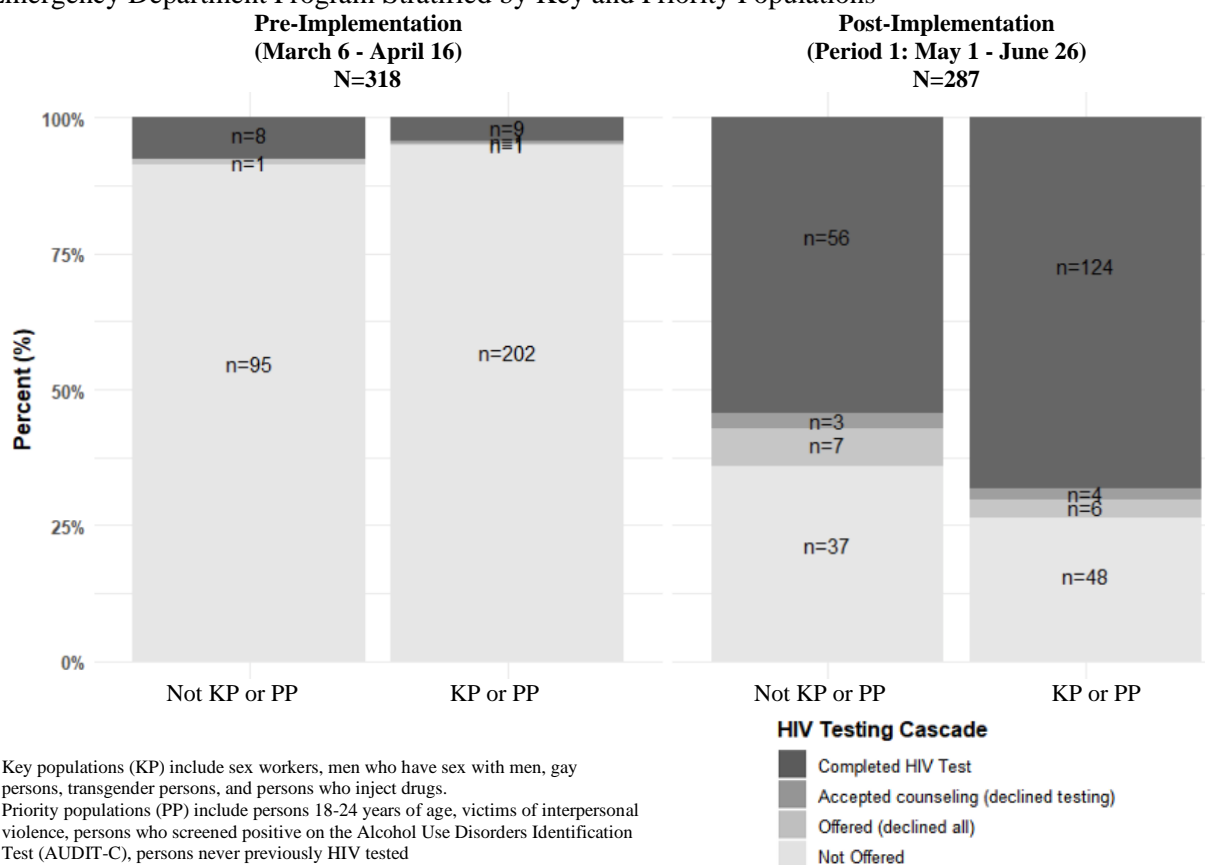
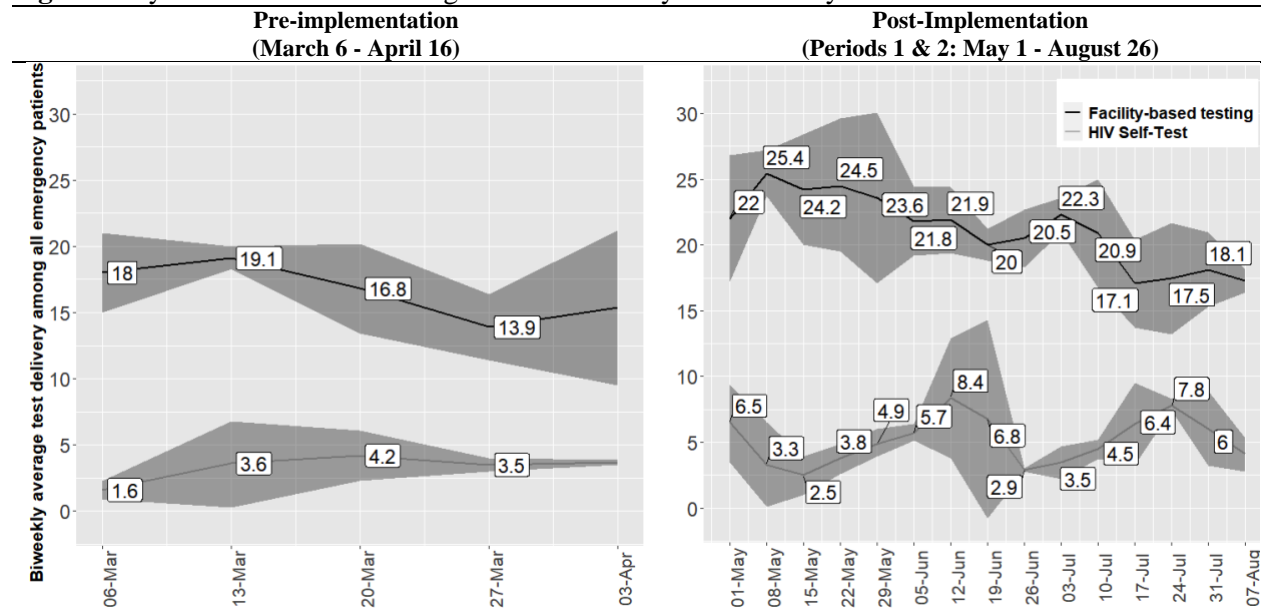


Figure 4. Systems Level HIV Testing Services Delivery Across Study Periods¹



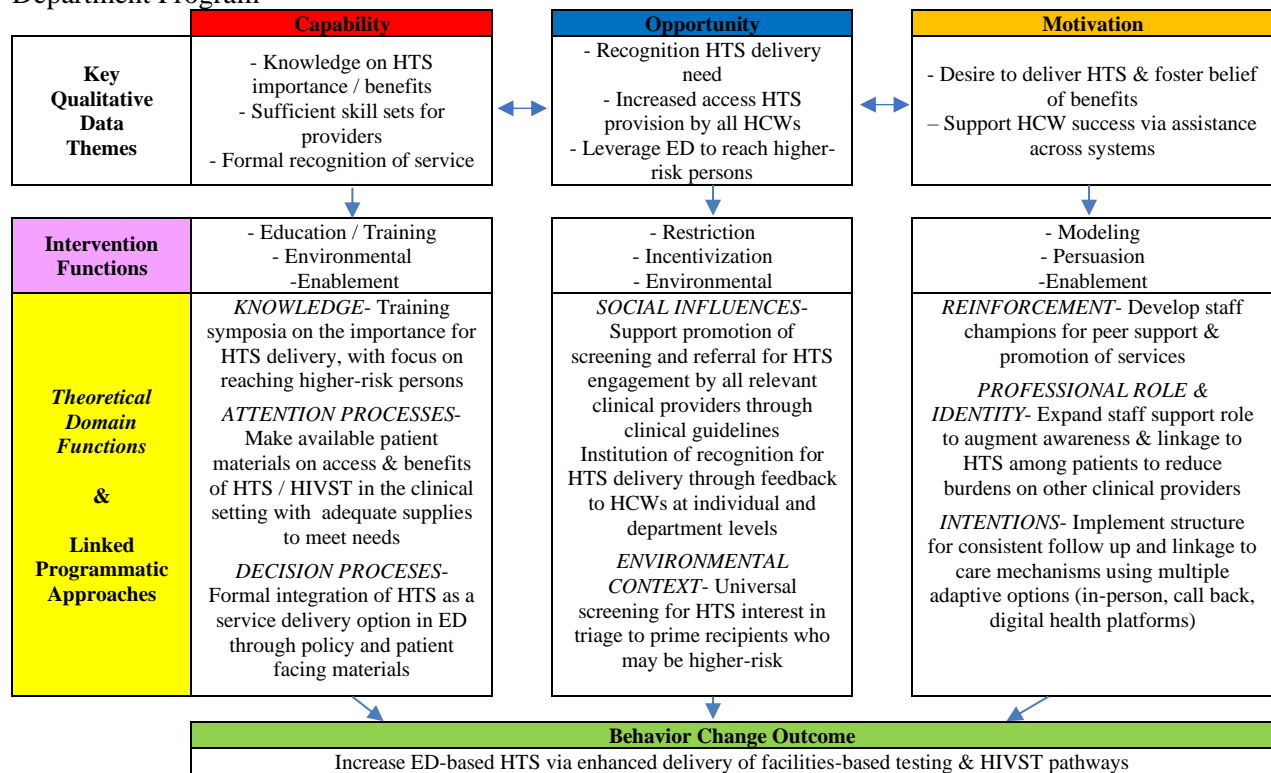
¹Biweekly average proportion of persons who received HIV testing services with associated 95% confidence intervals

Supplements

Supplement 1. HIV Enhanced Access Testing in Emergency Departments Program

Based on prior data from the Kenyatta National Hospital (KNH) study setting demonstrating potential to improve emergency department (ED) HIV Testing services (HTS) delivery, particularly among injured persons seeking care, qualitative studies were undertaken with healthcare provider and patient stakeholders. The qualitative research aimed to evaluate challenges and facilitators for HTS programming within the KNH ED. The Capability-Opportunity-Motivation Behavioral Model (COM-B), which examines health behaviors through three interrelated lenses, was utilized as a framework to overlay the key findings of the thematic analysis, and the Theoretical Domains Framework (TDF) was used to identify intervention functions to inform approaches to enhance ED-HTS programming. Following the initial design phase feedback sessions with healthcare and administrative personnel from the KNH setting were held to review and refine the design. This step resulted in the addition of external training from the Kenya National AIDS and STIs Control Programme (NASCOP) pertaining to Key Populations (KPs) for the ED-HIV services personnel. The HEATED program components across the COM-B model are shown and described below. All aspects of HEATED program were initiated during the implementation period (17-30 April 2023), except for the change made to the standard triage process in which a screening question on interest in learning about HTS during ED care was added at the start of the pre-implementation data collection period (6 March 2023). The implementation strategy was based on Expert Recommendations for Implementing Change and was multipronged and included micro-strategies aiming to change infrastructure, supporting clinicians, providing interactive assistance, train and educate stakeholders, develop stakeholder relationships, and engaging patients. This approach was used to provide an evidence-based program with components which were locally appropriate and feasible to be implemented.

Capability-Opportunity-Motivation Behavioral Model For the HIV Enhance Access Testing in Emergency Department Program









HCWs – Health Care Workers, Pts - Patients, HTS HIV Testing Services, PITC provider-initiated testing and counseling, HIVST - HIV Self-Testing, KP Key Populations

Capability

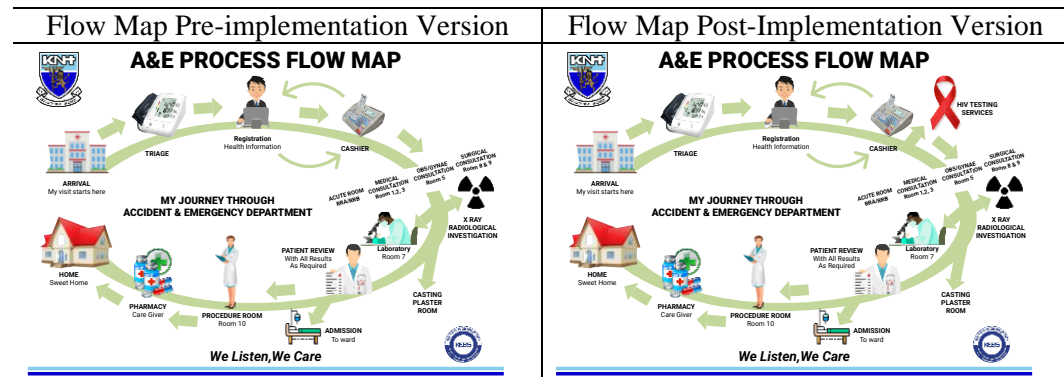
The domain of capability refers to an individual's physical and psychological ability to engage in a health behavior of increasing HTS delivery with a focus on higher-risk persons in the ED setting. The key intervention functions for capability were education and training, environmental restructuring and enablement. Components for the HEATED program for Capability were:

- **Sensitization symposia:** These training sensitized and provided educational information on the role and importance of HIV services in the ED setting and were held with staff inclusive of nurses, physicians, administrators and HIV services personnel. The content used NASCOP materials on HTS recommendations and policies as well as data from the study setting focusing on the local HTS landscape and how there exists opportunities to engage higher-risk persons for HIV services during emergency care, especially for injured persons. The sessions also provided an overview of the overall HEATED program and its components. These symposia were completed through multiple sessions and across varying venues in the ED. There were two sessions lasting 90 minutes in duration held through standard ED meeting mechanisms for continuing education and training, which were approved for professional development credit via KNH procedures. To help ensure support sensitization text messages on the program were sent to provider groups of nurses and physicians using their established communication list-serves with the ability to engage in discussion and clarification as needed with the healthcare champions who were nurse and physician members of the ED-staff. Additionally, four brief (15 minute) sessions were given during meetings with clinical staff in the ED space. The content was delivered by a combination of study team members and local HTS training personnel. During all sessions there was time allocated for questions and open-forum discussion.
- **HIV Services Personnel Engagement Training:** Based on the observed low engagement of injured persons during ED care and the overlap of this population with higher-risk groups (i.e. KPs, young adults and men) a focused training on engaging such persons was provided to the HIV services personnel. The training utilized existing materials and facilitators from NASCOP which are designed to train up healthcare providers around engagement of target persons for HIV testing and care. Within this training there was also dedicated sessions on engaging the ED injury population for HTS. The training sessions were held over two three-day periods to accommodate flexible attending for all HTS personnel.
- **Targeted advertising:** Prior to program implementation in the ED there existed minimal signage and written information on the availability of HTS. Using NASCOP resources awareness material in the form of signs and educational pamphlets were placed in six locations in the ED at strategic points to enhance patient knowledge on HTS.

Targeted Advertising (Kiswahili)	Targeted Advertising (English)
 <p>KUNA HUDUMA ZA KUPIMA VVU BILA MALIPO KATIKA A&E, NA VIPAJI VYA KUJIPIMA VYA UKIMWI BURE.</p>	 <p>THERE ARE <u>FREE</u> HIV TESTING SERVICES IN THE A&E, & <u>FREE</u> HIV SELF-TEST KITS.</p>
 <p>ULIZA MFANYAKAZI YOYOTE KATIKA A&E IKIWA ANAPENDEZA.</p> 	 <p>ASK ANY STAFF PERSON IN THE A&E IF INTERESTED.</p> 

- **HTS Integration:** Although the HTS services existed within the KNH ED space and care delivery system lack of coherent services integration was identified as a challenge to HTS. To address this

the three ED flow maps, which provide a throughput overview of a patients' ED care, were revised to include HTS (see figure). These replaced the existing versions in the clinical space.




- HIVST Supply chain:** Based on an identified need to ensure continuous access to HIV self-test (HIVST) kits the supply chain was supported during the assessment phase. This was done such that HIVST kits were only provided by study resources in the case that there was an interruption in the standard supply chain. Over the full assessment period an average of 22 HIVST kit per week were supplied to augment access. As increased access for HIVST kit delivery was in alignment with goals from NASCOP the augmentation of this resource within the implementation assessment was deemed to be consistent with the national trajectory for HTS in Kenya.

Opportunity

The opportunity domain refers to factors affecting the provision of the behavior ED-HTS delivery based on the physical and social environment that the behaviors must occur within. The primary intervention functions for opportunity to improve HTS were modeling, incentivization and education. Components for the HEATED program for Opportunity were:

- Promotion of HTS Patient Engagement:** To improve the engagement of healthcare workers and patients, and as such the opportunity for HIV services, a single universal screening question was added to the triage process with the goal of ensuring that all patients have an interaction with a care provider on the topic (Triage forms shown below). The question assessed for interest in learning about HTS during the ED care period and encompass a binary (yes or no) response. During the sensitization symposia the healthcare personnel were provide example language on how to ask this however, a standard script was not provided. The patient's response to this question was be noted in the standard triage documentation which the patient carries throughout their ED course and is reviewed by their clinical care team.

Updated Triage Form for HTS Interest Screening



KHNH A&E/ 2/18
ACCIDENT AND EMERGENCY DEPARTMENT
TRIAGE CHART

PATIENT'S NAME _____ AGE _____ SEX _____ Track NUMBER _____

CHIEF COMPLAINT _____

EMERGENCY SIGNS? YES TAKE STRAIGHT TO RESUSCITATION AREA.
 NO PROCEED TO VITAL SIGNS AND TEWS CALCULATION BELOW:

VITAL SIGNS: Blood Pressure: _____ HR: _____ RR: _____ Temp: _____ SPO₂ _____

LMP _____

TRIAGE EARLY WARNING SCORE (TEWS): Circle the appropriate box
 (Pediatric TEWS Charts on Back)

ADULT TEWS (OVER 12 YEARS)							
Adult TEWS*	3	2	1	0	1	2	3
Mobility:				Walking	With Help	Stretcher/Im mobile	
Resp Rate:		Less than 9		9-14	15-20	21-29	More than 29
Heart Rate:		Less than 41	41-50	51-100	101-110	111-129	More than 129
Systolic BP (mmHg):	Less than 71	71-80	81-100	101-199		More than 199	
Temperature (C°):		Cold OR under 35		35-38.4		Hot OR Over 38.4	
AVPU:		Confused		Alert	Reacts to Voice	Reacts to Pain	Unresponsive
Trauma?				No	Yes		
Subtotal:	_____	+	_____	+	_____	+	_____

Total TEWS = 7 → **If TEWS is 7 or More, patient is an Emergency**

ADDITIONAL INVESTIGATIONS
 RBS _____ Urine _____ ECG _____ PDT _____
 Interested in HIV Testing Y N Other _____

TRIAGE CODE: FROM THE SATS TRIAGE CHART AND/OR CALCULATION OF TEWS, CIRCLE THE APPROPRIATE TRIAGE LEVEL BELOW

EMERGENCY VERY URGENT URGENT ROUTINE

TRIAGED BY _____ SIGN _____ DATE _____ TIME _____

Disposition From Triage:

Acute Room <input type="checkbox"/>	OBS/GYN Room <input type="checkbox"/>	Clinic <input type="checkbox"/>
Room 6 <input type="checkbox"/>	Labor Ward <input type="checkbox"/>	Isolation Room <input type="checkbox"/>
Trauma Ward <input type="checkbox"/>	PEU <input type="checkbox"/>	Ward 42 (Mass Casualty) <input type="checkbox"/>
Surgical Area <input type="checkbox"/>	NBU <input type="checkbox"/>	Other <input type="checkbox"/>
Medical Area <input type="checkbox"/>	IDU <input type="checkbox"/>	

- **Longitudinal Feedback:** To improve the social environment and opportunity for HTS the HEAT program provided feedback to normalize and promote HTS at departmental and individual provider levels. This feedback provided updates on HTS metrics including but not limited to: provision of HTS (including HIVST), identification of PLHIV and linkage to care. The feedback was disseminated via digital communication to established ED provider groups on WhatsApp™ every two weeks during the post-implementation period. The feedback was framed in a positive manner and sent by the respective program champions to the nurse, physician and ED-HTS services personnel

Motivation

Motivation domain refers to the automatic and reflective processes that affect the stakeholders desire and ability to engage in the health behavior of ED-HTS. The main intervention functions in this domain to improve HTS were healthcare workers drive to deliver HTS (inclusive of conceptual barriers) and patients' perceptions of the impacts of HTS. Components for the HEATED program for motivation were:

- **Healthcare Worker Champions:** To support motivation and engagement in the HEAT program clinical personnel working in the ED were identified who were willing to provide peer-to-peer support within the clinical setting as needed. And through digital communication to ED provider groups on WhatsApp™. This included discussing HTS with ED staff and answering questions that peers may have. For healthcare champions there was one nurse, one physician and the facility director of HTS, these persons were provided a one hour additional training session with the study coordinator to ensure understanding of the HEATED program component and goals.
- **Linkage Peers:** A challenge identified for ED-HTS was the difficulty of HIV services personnel to be able to identify patients interested in testing due to overall volume. To support connection of those interested in HTS with the personnel able to provide testing access two linkage peers were placed in the clinical setting for 12 hours a day (7am-7pm). will be placed in the A&E to assist with patient-to-HTS-provider linkage. These personnel were primarily tasked with interacting with

patients to review and answer questions about their interest in learning about HTS, and if desired by the patient support their connection to the existing standard ED-HIV services personnel for HTS as appropriate. Although this specific role did not exist in the ED setting prior to the HEATED program there are in place peer-mentors who function primarily to assist with linking patients that test HIV positive to further care. As such the linkage peer role was deemed not to be a substantial alteration in the care delivery process of HTS and was accepted by the KNH HTS program.

- **HIVST Follow up Support:** During the qualitative study that there is Substantial attrition of follow up contact for persons who given HIVST kits was identified as a challenge to ED programming. To address this any person receiving HIVST kits were given a NASCOP created and approved informational packet which provides follow up options and mechanisms (see pamphlet below). Additionally, the healthcare worker champion from HTS services provided prompts on follow up goals and department level follow up metrics at standing meetings for the ED-HIV services personnel.

HIVST Kit Information Pamphlet

About HIV Self-Testing FAQs

any of you interpret a reactive (positive) result, you must visit a HIV Testing service provider at the facility/community for HIVST.

- I'm HIV positive. Can I use the HIV Self-Testing kit to test my child?**
You should never use the HIV self test kit on babies. For children, it is recommended to take them to the health facility for HIV testing.
- What should I do if someone wants to force me to take a test?**
The HIV prevention and control Act 2006 prohibits compulsory testing and therefore HIV testing without your consent is illegal. You have the right to refuse to take a HIV test or stop the procedure at any time if you feel not ready to know your status.
- Where can I get more information on HIV prevention, care and treatment?**
You can visit the nearest health/community facility or call the helpline for more information. You can also visit www.nascop.org for more information.

Remember

Testing for HIV is the only way to be sure your HIV status. HIV self-testing allows you to do this in private and in your own time.

An initial positive result must be confirmed by qualified healthcare provider.

NASCOP
National AIDS and STD Control Program (NASCCOP)

Ministry of Health, Kenya
P.O. Box 1934-00200
Nairobi, Kenya
Tel: 254 20 272549-9502
Call: 077 209 297
Email: head@nascop.or.ke

BE SELF SURE

Introducing the easy, safe and confidential way of HIV testing.

THE HIV SELF-TESTING KIT.

Know your HIV status at your own comfort and in your own privacy.

FAQS

About HIV Self-Testing FAQs

- What is HIV self-testing?**
HIV self-testing is a process whereby a person checks to see if he or she has been exposed to HIV. You can do this privately and in your own time.
- Is HIV self-testing the right option for me?**
HIV self-testing is the only way of knowing your HIV status. This is important in making informed choices about your health and lifestyle. HIV self-testing allows you to test yourself privately and at your own convenience. HIV self-tests are not suitable for those who are taking antiretroviral (ARV). If you think you have been exposed to HIV or are at risk of infection, HIV self-testing offers an opportunity for you to determine your status.
- Which HIV self-test kits are available?**
At present, there are two types of HIV self-test kits available, which detect the HIV virus using either a blood or oral fluid (saliva) sample.
- How reliable are HIV self-test kits?**
When used according to the manufacturer's instructions provided, both the blood and oral HIV self-tests are accurate.
- Where can I get a HIV self-test kit?**
Approved HIV self-test kits are available at most pharmacies and private health facilities. You can also visit www.nascop.org for more information on where to get a HIV self-testing kit.
- How do I conduct an HIV self-test?**
Follow instructions as provided by the manufacturer and the service provider.
- What should I do if my test result is reactive (positive)?**
If you interpret a HIV reactive (positive) result, it is important that you get a HIV test at a facility/community offering HIV Testing Services by a qualified health provider to know your status.
- What should I do if I test HIV negative?**
Remember that it can take up to 3 months after exposure to HIV for detect a HIV infection. Therefore, if you were exposed to HIV less than 3 months ago, you need to test again after 3 weeks to be sure that your status is truly negative. However, if you have not been exposed to HIV over the past 3 months and you conducted the test as instructed, then it is highly likely a negative result means you do not have HIV. If you continue to be at risk of HIV infection, you should continue to be tested every 3 months. You should also visit to a health provider about other HIV prevention options.
- If HIV cannot be transmitted through saliva, urine or sweat, HIV can be transmitted through contact with blood, vaginal and rectal fluids, and breast milk from an infected person.**
HIV self-tests detect if your body has been previously exposed to HIV. If it has, your body will have produced antibodies specific to HIV to defend itself against the virus. These antibodies can be detected from oral fluids (as well as in blood). The HIV self-test does not detect the actual virus.
- Can my partner and I test as a couple if only one of us tests HIV positive?**
You and your partner can test together in your privacy. Each of you should use separate test kits and conduct the test as instructed. A negative result means

Supplement 2. Emergency Department HIV services personnel Continuing Professional Development- Reaction Assessments Across Study Periods

Construct	Item	Pre-implementation (March 6 - April 16)		Post-Implementation (Period 1: May 1 - June 26)		P- Value	Post-Implementation (Period 2: June 27 - August 20)		P- Value
		Item mean (+SD)	Construct median (IQR)	Item mean (+SD)	Construct median (IQR)		Item Mean (+SD)	Construct median (IQR)	
Intention	I1	6.1(1.1)	6.3	6.1(2.1)	6.5	0.682	6.1(2.3)	7.0	0.309
	I2	6.3(0.7)	(5.8-6.8)	6.4(0.7)	(6.0-7.0)		6.7(0.5)	(6.5-7.0)	
Social influence	SI1	2(1.4)	4.3 (3.0-4.7)	3.8(1.8)	5.2 (4.3-5.8)	0.013	4.3(1.1)	5.5 (5.0-6.0)	0.014
	SI2	4.8(1.2)		5.8(0.9)			5.9(0.7)		
	SO3	5.0(1.7)		5.4(1.7)			6.1(0.9)		
Beliefs about capabilities	BCa1	6(1.1)	5.2 (4.7-5.7)	6.6(0.5)	6.0 (5.8-6.3)	0.012	6.9(0.4)	6.7 (6.3-6.7)	0.012
	BCa2	3(0.9)		5.1(0.8)			5.9(0.7)		
	BCa3	6.3(0.9)		6.5(1.1)			6.9(0.4)		
Moral norm	MN1	5.4(1.4)	6.0 (5.5-6.0)	6.5(0.8)	6.8 (6.0-7.0)	0.014	6.9(0.4)	6.8 (6.5-7.0)	0.011
	MN2	5.9(0.4)		6.6(0.6)			6.7(0.5)		
Beliefs about consequences	BCOL1	6.5(0.8)	7(6.3-7.0)	6.9(0.4)	7.0 (6.8-7.0)	0.461	7.0(0.1)	7.0 (7.0-7.0)	0.253
	BCOL2	6.8(0.5)		6.9(0.4)			6.9(0.4)		

Supplement 3. Healthcare Worker Open-ended Feedback on the HIV Enhanced Access Testing in the Emergency Department Program

Vocational Role	Feedback Responses (Selected)
Nurse	"Identify better resources for (HIV) testing and supporting the manpower helped the emergency department"
Nurse	"By sensitizing staff in department on the program of (HIV) testing of the patients the program improved care to those needing it"
Nurse	"Testing was easier with the HEAT work, as well as diagnosis and treatment"
Nurse	"The program helped get early diagnosis and early treatment hence better outcomes"
Physician	"I think that more newly diagnosed HIV patients were captured with the program in the emergency department"
Nurse	"HIV testing among trauma patients although improved was not consistent enough"
Physician	"The program was implemented but not all the staff were fully sensitized and engaged"

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